A Merry Christmas to All Our Friends and Patrons

The Grand Forks Sun

And KETTLE VALLEY ORCHARDIST

TWENTY-FOURTH YEAR—No. 7 | "Tell me what you Know is true I can guess as well as you." | FRIDAY, DECEMBER 19, 1924

Legislative Library

D. M'PHERSON NOMINATED ON FIRST BALLOT

President of Local Liberal Association Will Contest This Riding in Approaching By-Election

Douglas McPherson, the well known garageman and president of the Grand Forks Liberal association, was nominated on the first ballot at the Liberal convention in this city on Tuesday evening, receiving 24 votes against the 18 votes cast for E. C. Henniger, late member for this ridiug in the provi cial legislature. Mayor T. M. Gulley, of Greenwood, was also proposed, but he declined to allow his name to go before the convention. Mr. McPherson therefore will be the Liberal candidate to contest this constituency in the approaching by-election to fill the vacancy caused by the death of the late John McKie.

According to general impression, the election will not be held until next May or June.

In spite of the extremely cold weather that prevailed the convention was well attended, and considerable enthusiasm was manifested by the delegates. O Wheeler, of Rock Creek, was in the chair, and J. A. McCallum of this city acted as secretary. The principal speakers of the evening were E C Henniger and Candidate McPherson.

The eastbound train did not reach Grand Forks until 9:30. and the convention was a midnight affair. The delegates from the west returned home on Wednesday morning's train, which was also several hours late.

Mr. McPherson, the nominee, was for many years in the service of the Canadian Pacific railway in the Kootenay and Boundary districts, and worked for many years as train dispatcher and as station agent at Greenwood. At the latter place he is well known. He came to Grand Forks about three years ago and engaged in the g rage business which he is at present conducting.

A Mighty Appetite

In robuster ages and in a more primitive society there used to be much popular interest in the sort of competition in which the prize went to the man who could dispose of the largest amount of food in a given time A contest of that sort, says the Argonaut, was organized in a mining cown in the north of England. One competitor, a gaunt collier six feet in height and broad in proportion, succeeded in disposing of a leg of mutton, a plentiful supply of vegetables and a plum pudding washed down with copious draughts of ale.

He was unanimously declared the winner and was being triumphantly escorted home when he tu ned to his admirers and said:

"Eh, lads, say, don't say nowt o' this to my old woman, or she won't gie me no dinner."

Avoid Damage By Mailing Your Christmas Parcels Early

Every business man knows the exceptional amount of busiuess that is done during the Christmas season. This heavy business means not only a rush at the stores but also an exceptionally busy time at the post office. It is important, therefore, that mailings which can be made in advance of the rush season be cleared away; for instance, there are calendars mailed in large quantities in December which if held until the last minute so congest the mails that delay results. Moreover, during this busy time, there is always the greater possibility of damage being done to the calendars themselves. Business men are urged, therefore, to post calendars as early in the season as they possibly can. The calendars will not lose any of their attractiveness or advertising value if this is done, and a better postal service will result.

Newspaper Errors

Every now and then some subscriber rises to denounce a newspaper for mistakes which appear in its columns. A contemporary quotes with approval this plaint of an eastern editor who tired of constant complaints about editorial mistakes:

"We made a mistake in last week's paper, he wrote. "A good subscriber told us about it. The same day there was a letter in our post office box that didn't belong to us. We called for 98 over the telephone and got 198. We asked for a spool of No. 50 thread and when we got home we found it was No. 60. The train was reported 30 minutes late. We arrived at the depot 20 minutes after train time and the train had gone. We got our milk bill and there was a mistake of 10 cents in our favor. We got sick and the doctor said we were eating too much meat. We hadn't tasted meat for two months. We ordered a tin of black shoe polish and later found they gave us brown. The garage man said the jitney was missing because it needed a new timer. We cleaned a spark plug and it has run fine ever since. Yes, we made a mistake in last week's paper."

Government Not Embarrassed

With the session of the legislature tn its sixth week, there is less chance than ever of the governm nt being seriously embarrassed this year. Four votes have been taken in the house and every one has won easily by the administration. The Provincials, who had been expected to embarrass the Oliver forces, have voted against the government only once, and that on a minor matter.

Only An Empty

Six-year old Freddy, a city-bred youngster, was on his first visit to his uncle's farm. At breakfast he heard that his uncle's Jersey cow had been stolen during the night.

"That's a good joke on the man who stole her," was Freddy's comment.

"Why," asked his uncle.

"Why, just before supper last night the hired man took all the milk out of her."

Old-Age Pensions

Hon. William, Sloan, provincial secretary, is strongly advocating the establishment of old age pensions. He has asked the legislature to favor a resolution to Ottawa calling for such a step to be taken by the federal authorities The minister claims that old age pensions are paid in many parts of the world and their adoption has lessened unemployment.

ToRelieveUnemployment

For the purpose of relieving unemployment in British Columbia, the government has set aside $150,000 and will carry on constructive public works to as great an extent as possible in aiding those out of work Road work will be started immediately in districts where unemployment is felt the most keenly. While Premier Oliver does not expect to get full value for the money spent, on account of weather conditions at this time of year, he explains that he could not ignore the universal demand for some measure of relief.

"Bilmey, Bill, since oid 'Erb came out of jail wiv 'is blinkin' 'air cut and shave 'e's too proud to speak to anyone."—Passing Show.

BEER BY GLASS; 26 YEA, 14 NAE

Ridings That Voted Wet Will Get a Chance to Buy the Beverage in Small Quantities

Victoria, Dec. 17 —Beer by the glass will be granted in districts that gave affirmative majorities on the June plebiscite, the legislature decided at midnight last night by defeating a motion from Dr. E J. Rothwell to delete the beer clauses from the liquor act. The formal vote was recorded in the house today as 26 to 14.

Attorney General Manson voted against beer, saying the whole issue was raised by the breweries, and not by the people.

Premier Oliver broke down as he announced that he must vote for carrying out the terms of th plebiscite submitted to the people in good faith.

R. H. Pooley reminded the government he had last year predicted such an impasse.

The house also defeated by 27 to 13 a later motion by Chris McRae to have the beer sold only in government dispensaries

THE WEATHER

The following is the minimum and maximum temperature for each day during the past week, as recorded by the government thermometer on E. F. Law's ranch:

	Max.	Min.
Dec. 12—Friday	35	30
13—Saturday	38	32
14—Sunday	34	30
15—Monday	38	27
16—Tnesday	6	–3
17—Wednesday	2	–12
18—Thursday	2	–16

An Affair of Fish

As the following anecdote from the Life of the Rt. Hon. Sir Henry Campbell-Bannerman, by J. A. Spender, sufficiently prov s, great kings and statesmen do not continually talk political shop. In an English newspaper there appeared a picture that bore the title, Is It Peace or War? In it Campbell-Bannerman, who was then premier of Great Britain, was talking with King Edward. Round them the visitors were standing at a respectful distance.

A friend of the premier said to him later, "The artist has hit you off very will."

Campbell Bannerman looked at the picture quizzically. "Would you like to know what the king was saying to me?" he inquired.

The friend said he should

"He wanted to have my opinion whether halibut was better baked or boiled," replied the premier.

A BIG JOB

Mail Christmas Presents Early

Now is the time to see about those Christmas presents you are going to send to your friends and relatives. The earlier you mail them the better chance your parcels have of reaching their destination before Christmas. A great many people wait until the last few days before Christmas, at a time when the post office is choked up with mail. Consequently there is bound to be a certain amount of delay to some parcels, and yours may be among the unlucky ones. So when the postal authorities ask you to have your parcels mailed as early as possible, you can see that it is for your own good. Above all, be sure to have wrapped carefully, as a tremendous amount of mail passes through the post office during the Christmas season. If you do this your parcels will stand the strain of Christmas mail condition and arrive in good order.

Timber Royalties

"We should not try to collect our pound of flesh from the timber industry just because we have the power under the law to do so," declared Hon. T. D. Pattullo, minister of lands, in the legislature when discussing the new timber royalties. He claimed that the new levy will provide an increase in government revenue, but at the same time it will not "kill" the lumbering industry, an event which might have occurred had the anticipated increase of royalties gone into effect after January 1.

High Praise From the Opposition

High praise has been given by W. A. McKenzie, Conservative, Similkameen to the government for its expenditures on behalf of the feeble-minded.

"I'll never criticize the spending of money on these institutions after looking over them this year," he remarked in the legislature.

Hon. William Sloan, provincial secretary, pointed out that more institutions of this nature would be required, because of the big increase in mental patients.

Another step which may be taken to cope with this situation will be the passing of legislation preventing the marriage of feeble-minded persons.

He'd Stand Without Hitching

"Does your new clerk seem to be a steady fellow?" asked the customer of the proprietor of the drug store

"Steady?" repeated the proprietor. I should say he was steady! If he were any steadier, he'd be motionless."

A Life Job

"Your hardware dealer has employed me to collect the bill you owe him," said the collector on being ushered into the customer's office.

"You are to be congratulated," said the customer, "on obtaining a permanent position."

Next to Yellowstone National park, the most important geyser region in the world is at Rotorua in New Zealand.

DR. KINGSTON WILL LEAD THE CONSERVATIVES

Pioneer Grand Forks Physician Nominated to Contest This Riding in Coming By-Election

Tonight, at the Conservative convention in this city, Dr. C. M. Kingston, of Grand Forks, was the unanimous choice as candidate for member of Grand Forks Greenwood constituency in the provincial legislature, the seat having become vacant by the death of the late John McKie.

Delegates were present from all parts of the district. The doctor's name was the only one placed before the convention, and his nomination was made unanimous amid considerable enthuziasm.

Dr. C. M. Kingston, the choice of the convention, is one of the oldest pioneers of Grand Forks, and is recognized as one of the foremost physicians and surgeons of British Columbia. He has done a great deal to advance the development of the district by interesting himself in public institutions and industrial enterpriaes. The development of the mining industry in the Boundary country is also indebted to his liberality and public spiritness He is popular and well known all over the district.

Didn't Have Enough Gasoline

John D. Rockefeller is said to have told this one on himself recently:

"I was traveling in the central part of New Jersey this summer to visit some of the spots where I spent my childhood. My car had stopped and I was looking around, when an old farmer came up and started to talk to me. He didn't know who I was and chatted about five minutes, when he asked where I was going.

"'I am going to heeven,' I replied with a smile.

"'Get out,' he said, 'you ain't got enough gasoline.'"

If John D. hasn't enough gasoline, who has?

Prescribing for the Unwilling

The soldiers marched to the church and halted in the square outside. As one wing of the edifice was undergoing repairs, there was room only for about half of the company.

"Sergeant," ordered the captain, "tell the men who don't want to go to church to fall out."

A large number did so at once.

"Now, sergeant," said the captain, "dismiss all the men who did not fall out and march the others in; they need it most."

Go West, Young Woman

In the course of a lecture on economics, says the Tatler, the lecturer mentioned the fact in some parts of America the population consisted almost entirely of men. "I can therefore recommend the ladies to emigrate to those districts," he added jocularly.

At that a young lady in the audience rose in high dudgeon and prepared to leave the hall. As she was making a rather noisy exit the lecturer remarked with a smile: "I did not mean, however, that it should be done in such a hurry."

"What, 50 cents to row me across! Last time it was only a quarter."

"Yes, but the water has risen."

Worse than being bored is trying to act as if one were having a good time when one isn't.

The Grand Forks Sun

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FRIDAY, DECEMBER 12 1924

Christmas

It is generally accepted by the churches of Christendom that our Saviour was born on December 25, therefore New Year's day has nothing to do with His birth. According to this ruling, had He been still on earth, He could not have commenced hi 1924th year until December 25, 1924.

A very picturesque Christmas ceremony takes place at the old church of St. George's, Gravesend, England, when David Varchell's charity is distributed. The custom has been observed for over 200 Christmases, being interrupted only when the church building was burned down about 150 years ago. Forty persons each receive a loaf and a new sixpence. The preacher of the anniversary sermon receives $2.50 under the terms of the will of David Varchell. The churchwardeu and the caretaker each receive 50c and $1 25 is spent on candles for the illumination of the candelabra which Varchell presented to the church. Twenty boys. who, during the week have been clothed from Varchell's fund, stand up in the corporation pews while the preacher refers to the author of the gift, about whom hardly anything is known but the name.

In Scotland in the fifteenth century Yule Girth, or Sanctuary, was proclaimed seven days before Christmas, and for three weeks, until Up-halie day, no court had power to prosecute or punish. The spirit—although not the letter—of the practice still survives in the Shetland Isles, where Up halie day will be celebrated on January 7 with many curious ceremonies This quaint old custom was so abused that it has been practically modified and no lawlessness and excesses are prohibited, to the great regret of habitual law breakers.

The Puritans were bitterly opposed to Christmas and all Christmas festivities. The very name smaked to them of priestcraft. Any person who observed it as a holiday in old New England by forbearidg of labor, feasting or any other way, was to pay a five shillings fine, so desirous were they to "beate down every sprout of Episcopacie." When the Church of England estalished Christmas services in Bostou toward the end of the seventeenth century, Judge Sewall waged hopeless war against Governor Beicher over it, and praised his son for not going with other boy friends to hear the novel and attractive services. Christmas could not be regarded till the nineteenth century as a New England holiday, though in certain localities, such as old Narragansett, two weeks of Christmas visiting aud feasting were entered into with zest by both planters and slaves for many years prior to the revolution.

The mistletoe is a parasite plant which has defeated all attempts to raise it directly from the soil. The roots insinuate their fibres into the woody substance of the host trees, and live entirely at the expeuse of their sap. The stems and leaves of the mistletoe, it is curious to observe, are incapable of absorbing moisture. Mistletoe is of little, if any, use to man, but was held iu high veneration by the Druids, and connected with many of their superstitions. The mistletoe of the Druids, however, was exclusively found on the oak tree, and it possibly first acquired their esteem from its great rarity, for its appearance on that tree is so uncommon that many people are inclined to think that the mistletoe of the Druids must have been another plant altogether. The custom of hanging mistletoe as Christmas decorations seems to have arisen from a practice of the Druids' youths, who went round the houses bearing branches yf mistletoe to announce the entrance of the New Year. It is also interesting to note that this plant flourishes in the Gulf of Mexico and in the West Indies.

The Mexican Christmas is a strangely mixed week of sports, revels and religious observances. The "Passioh Play" never fails to attract great crowds, nor do the bull fights. In the Philippines grand masses are held in the churches in the morning. Great chains of flowers are carried to the churches by children singing Christmas songs, bands preceding them. In the afternoon there is dancing and merrymaking. In Spain the religious note is predominant at Christmas and there are curious performances of mystery plays. In the south of France there is a quaint custom of blessing the Yule log, not unlike that of England, and on December 25 there is a great family supper. In Norway they have a pretty custom. Above every ridge pole is hung a sheaf of wheat, a Christmas feast for the birds.

Christmas Carol

Carol, sweetly carol,
A Saviour born today;
Bear the joyful tidings,
O bear them far away.
Carol, sweetly carol,
Till earth's remotest bonnd
Shall hear the mighty chorus
And echo back the sound.
Carol, sweetly carol,
Carol sweetly today,
Bear the joyful tidings,
O bear them far away.

Carol, sweetly carol,
And when the angel throng
O'er the vales of Judah
Awake the heavenly song;
Carol, sweetly carol
Goodwill and peace and love,
Glory in the highest
To God who reigns above.
Carol, sweetly carol, etc.

Carol, sweetly carol,
The happy Christmas time.
Hark! the bells are pealing
Their merry, merry chime.
Carol, sweetly carol,
Ye shining ones above
Sing in loudest numbers,
Sing redeeming love.
Carol, sweetly carol, etc.

—FRANCES J. VAN ALSTYNE.

If a man is wise, one angry word does not lead to another.

Ancient History

[TAKEN FROM TWENTY-YEAR OLD SUN FILES.]

John Houston and Dr. Rose are already enjoying a spirited campaign for mayoralty honors in Nelson. Without knowing anything about his opponent, we pick John to win, for he has done great service in promoting the interests of Nelson, and he never "backed up" on his convictions, no matter how strong or how unexpected the opposition was.

Christmas trees will be held in the Methodist and Presbyterian churches next week on Thursday and Friday evenings, respectively.

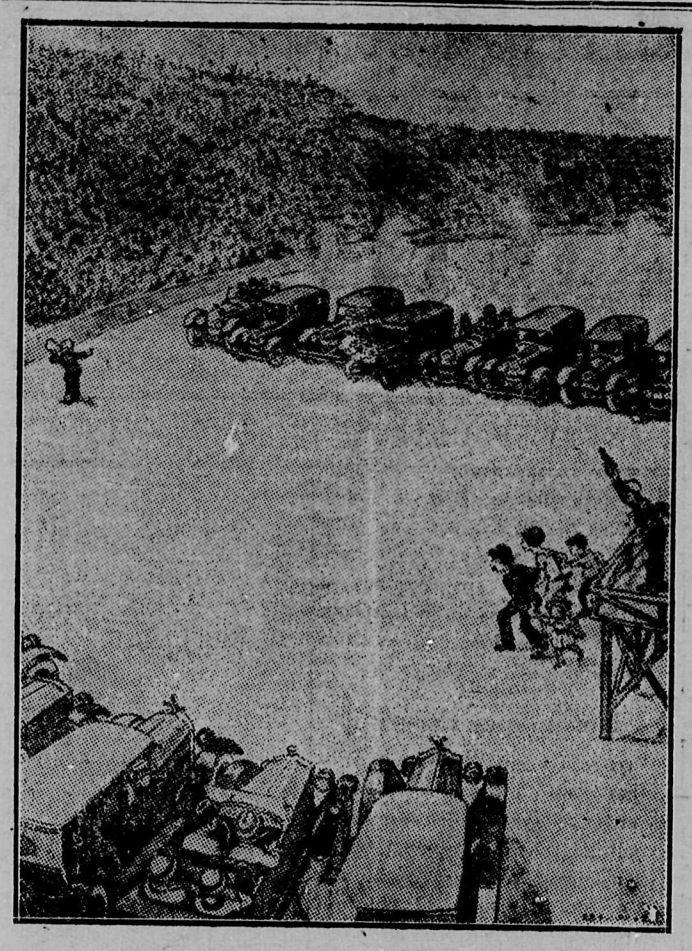
Last Saturday E. C. Henniger & Co. purchased the commission business of Mr. Folger on Second street. The new owners will conduct the business at the old stand.

The C.P.R., the S F. & N. and the Kettle Valley lines have issued joint ore rates from Ymir, B.C., and Chewelah, Wash., to the Boundary smelters. The rate ou $15 ore from either point is $1.75 per ton. The rate on $10 ore from Ymir is $1.50 per ton and on $25 ore $2.50 per ton.

The backbone of the winter is stiffening every day.

The Phoenix branch of the Great Northern railway will probably be completed by New Year's.

Skating rink work is being rushed so that the rink can be opened on Christmas day.



Automobile vs. Pedestrian Exhibit

"Did the speaker electrify his audince?"

"No, he merely gassed it."

Here and There

Of the 20,000 harvesters who went west this summer over Canadian Pacific lines, 14,000 are known to have returned east, according to C. B. Foster, Passenger Traffic Manager, Canadian Pacific Railway, and it is thought that many others have returned, while several thousand are believed to have accepted positions in the west for the winter.

An indication of the increase in the value of effects being brought into Canada by settlers from the United States is shown in the latest report to the Department of Trade and Commerce. From April 1 to September 30, effects so classified were valued at $3,129,333, as compared with $2,666,467 in the same period last year, an increase of $462,872.

A feature which will add greatly to the attractions of Vancouver, B.C., as a winter resort, to say nothing of increasing its summer allurements, will be the new golf course to be laid out there at a cost of $120,000, exclusive of land. Work on the course will commence next spring. Fees will be merely nominal, fifty cents being charged for an 18-hole round, $2.50 for a month's play and $20 for a year. Play will be open to any member of the public.

Immigrants entering Canada during the 12 months ending October 31, 1924, totalled 134,189, as compared with 126,744 in the corresponding period of 1922-1923, according to the Department of Immigration and Colonization. These figures are more encouraging in view of the fact that the number of Canadians emmigrating to the United States has to some extent decreased, while the number returning from the United States is on the increase, according to the department.

On November 29th, Hon. Marguerite Shaughnessy, daughter of the late Lord Shaughnessy, chairman of the Canadian Pacific Railway, performed the launching and christening ceremony at the Clydebank yards of John Brown and Co. when the new Canadian Pacific S.S. Princess Marguerite, named in her honor, was slipped into the water. The Princess Marguerite is the second of the two vessels recently ordered by the Canadian Pacific for the company's British Columbia coastal service.

An entirely new service between Montreal, Toronto and Winnipeg, operating on the fastest schedule yet established for these cities, was instituted by the Canadian Pacific Railway on December 4. The new train, leaving Montreal at 6.15 p.m. daily, and Toronto at 9.45 p.m. daily, reaches Winnipeg at 9 a.m., 39 hours, 45 minutes after leaving Montreal and 36 hours 15 minutes after leaving Toronto. Express shippers are especially benefitted, as shipments reach the terminal cities in time for delivery on the second day after leaving, instead of on the third as formerly. Passengers gain a business day and earlier connections for more distant points, on reaching their destinations. As the eastbound train of this service connects direct with the Frontenac for Quebec city, passengers and express bound for that point also gain greatly by reduced time.

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A Thousand Stories in Lake District of Manitoba Says Canadian Authoress

Martha Ostenso Gave Best First Novel of Year that Setting

Miss Martha Otenso; who was awarded the $13,500 prize and royalties on the book for the best first novel submitted during the past year in a contest organized jointly by Dodd, Mead & Company, Pictorial Review and Famous Players-Lasky Corporation, is a twenty-four-year-old school teacher from Manitoba. Miss Ostenso's novel will be serialised, filmed and published in book form in 1925. The story, which is called "The Passionate Flight," deals with the farmers of the Western Prairies and portrays the romance of one whose ambition to soar beyond the black loam led to dramatic consequences.

More than 1,500 manuscripts were submitted. The judges state that Miss Ostenso's was so far superior that no other story seriously rivalled it.

A brief sketch of her life and the circumstances which inspired her novel, as related by Miss Ostenso, follows:

"Where the long arm of the Hardangerfjiord penetrates farthest into the rugged mountains of the coast of Norway, the Ostenso family has lived in the township that bears its name since the days of the Vikings. The name means 'Eastern Sea,' and was assumed centuries ago by an adventurous forbear who dreamed of extending his holdings over the mountains and through the lowlands of Sweden eastward to the very shores of the Batlic. Although his dreams never came true, the family name recalls it and the family tradition of land-holding has persisted unbroken; the part of the land that borders the lovely fjord is still in its possession, handed down from eldest son to eldest son.

"My father, a young son, was free to indulge his roving disposition. A few years after his marriage to my mother he decided to emigrate to America.

"My mother's parents lived high up in the mountains, remote from the softening influence of the coast towns. At their home it was, near the little village of Haukeland, that I was born. This, the first of many small towns in which I have lived, is known to me only through hearsay, for when I was two years old we came to America.

"The story of my childhood is a tale of seven little towns in Minnesota and South Dakota. Towns of the field and prairie all, redolent of the soil from which they had sprung and eloquent of that struggle common to the farmer the world over, a struggle but transferred from the Ostensos and Haukelands of the Old World to the richer loam of the new. They should have a story written about them—those seven mean, yet glorious little towns of my childhood! In one of them, on the dun prairies of South Dakota, I learned to speak English. What a lovely

Martha Ostenso

language I found it to be, with words in it like pail and funeral and alone, and ugly words, too, like laughter and cake and scratch! What strange sounds the new words made to me.

"Later, in another of the little towns, I learned that it was fun to make things with words. It was while living in a little town in Minnesota that I became a regular contributor to the Junior Page of the Minneapolis Journal, and was rewarded for my literary trial-balloons at the rate of eighty cents a column. In the public school of that little town there still hangs, perhaps, a large print of a rural scene in a resplendent frame, with a neat name-plate at the bottom of it. That also came from the Journal, in recognition of an essay which, in my eleven year-old opinion, placed me abreast of Emerson.

"When I was [illegible] years old, I bade good-bye to [illegible] Little Towns. My father's restless spirit drove him north to the newer country. The family settled in Manitoba.

"It was during a summer vacation from my university work that I went into the lake district of Manitoba, well towards the frontiers of that northern civilization. The story that I have written lay there, waiting to be put into words. Here was the raw material out of which Little Towns were made. Here was human nature stark, unattired in the convention of a smoother, softer life. A thousand stories are there still, to be written.

"My novel lay back of my mind for several years before I began to write it. In the intervals of those years, spent as a social worker in a great city, I often compared the creaking machinery of skyscraper civilization with the cruder, direct society of the frontier. Slowly, as my work among the needy brought me nearer and nearer to the heart of the city, the border life began to be limned clearly against the murkier background of my work-a-day scene.

"A year ago last summer I returned to Manitoba. The approach to remembered scenes renewed my interest in my story, the character stood out clear-cut at last, and I made the first draft of the novel.

"I was not satisfied with the result and laid the manuscript aside, with no definite purpose regarding it. It was not until spring that I returned to the city and learned of the Curtis Brown contest. It was with diffidence and reluctance that I was persuaded by friends, who thought well of the early draft and its possibilities, to rewrite it in time to submit it for consideration. At best, I felt, if it were as good as my friends said, it might not be wholly ignored.

"I leave it to the scientists and pseudo-scientists who argue interminably about the relative influence on men of heredity and environment to decide the responsibility for whatever merit my story may have. The blood of the Norsemen! The Seven Little Towns? Perhaps—I do not know. No—but I have my own very unscientific opinion. It won't bear stating, but this much may be said of it: It has something to do with magic and fairies and all the other impossible, beautiful things that I believe in."

"Bring me a ...."

At the top are seen the chefs at work on the new train which operates between Montreal and Winnipeg over Canadian Pacific lines in 39 hours 45 minutes, daily. Below, a comfortable meal with a landscape changing many times with each course.

How would you like to be called upon to prepare a meal for 125 or more people in a kitchen 21 feet long and a little over 6 feet wide, in which four other than yourself were working, and in which all your stores and supplies were kept? You might consider it a fairly tall order, and yet day after day many men are doing this very same thing at least three times a day in the kitchens of the railway dining cars which render travelling hotel service across the continent. In addition to the space mentioned, the kitchen and dining room staff have only a pantry seven feet by six in which to work, yet who has not wondered at the seeming magic with which the waiters produce at very short notice the choicest of foods and drinks, cooked and garnished to tempt the most dainty appetite and appease the most hungry?

The key note of this remarkable service is, of course, system, and then training. Investigating, one finds that each class of food has its own refrigerator, and that each refrigerator and ice-well, each drawer and each of the innumerable lockers are so arranged as to permit of ready access with the minimum amount of lost motion. Everything has and is in its place, the seperate refrigerators being provided in order to avoid absorption of odors from the pungent variety of foodstuffs by those of a more delicate quality. The cooking is done on a broiler in the case of steaks, fish and ham, etc., or on the large coal range. Dairy products and fruits are stored in the pantry where silver, glass-ware and crockery is kept.

The preparation of the menu card is done under the personal supervision of the superintendent and a full set of bills of fare covering all meals to be served on the run, are handed to the steward and chef. They make out a requisition for the necessary quantity of supplies, basing their estimate on the average travel, and all foodstuffs are checked and examined as to quality by the Chef personally as they are placed in the car, and put into the receptacles provided. Everything is then ready for the preparation of the meal. There is, however, a great deal of work to be done before the "first call" is made.

Stock has to be prepared for soup, poultry and fish cleaned, garnitures cut, vegetables cut and many other things. The Chef sees that everything possible is prepared ahead, but will not permit the preparation ahead of such items as require to be prepared as ordered. All broiled foodstuffs and such things as toast and eggs for instance must be prepared only as ordered.

As to the division of duties, the Chef prepares soups, sauces, cooks all roasts, frys and grills all meats and generally supervises the work of the kitchen staff. Second cook makes all pastry, puddings, cakes, muffins and coffee; third cook peels all vegetables and assists the second cook with the other work; fourth cook is a general utility man and does the washing of dishes, pots and pans. The fifth cook, sometimes called the pantryman cuts bread, butter and prepares salads, grape fruit, oranges, etc. This division of labor permits of the service of meals just as quickly as passengers can partake of them, and very often one kitchen staff in the Canadian Pacific dining car service will turn out nearly 400 meals in the course of one day.

YOUNG AT 50

Dr. Legard's New Life Tablets

Imparts to the Old and Middle aged **Youthfulness, Energy** and **Fitness,** retards mental and physical decay, thus promoting longevity, Preserves the arteries and tissues. Sufferers from Deafness with its many distressing accompanying ailments as Head noises, deriveal most immediate benefit. Calm refreshing sleep assured Gloom, Depression and Nervousness is banished under the influence of these Life giving Tablets Wrinkles, hard lines and blemishes disappear. The skin becomes clear, light and elastic and the complexion bright and smooth Think of the blessings of perfect health, the possesion of few; the joy of a clear Youthful appearance and tingling blood, of lustrous hair, bright eyes and health-tinted cheeks; the beauty of radiant life and the realisation that Time has been put back Ten years to the envy and admiration of your friends, and the unbounded satisfaction of yourself Can you allow a golden opportunity like this to pass? Remember there are no arduous rules to follow, no restriction on diet, nor are there any ill effects after. On the contrary it gives the entire system a feeling of exhaltation with increased mental and bodily vigour. Why not look and feel **30** at **50?** Do not delay, commence the treatment at once. You will never regret the slight cost incurred for such incalculable benefits The price of these Marvellous Tablets including Mail Charges is **3 Dollars** per bottle, dispatched in plain wrapper on receipt of amount.

Obtainable from

Dr. Legard's Laboratories,
106, Liverpool Road, Barnsbury, London, England.

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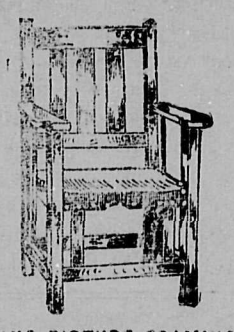
PICTURES



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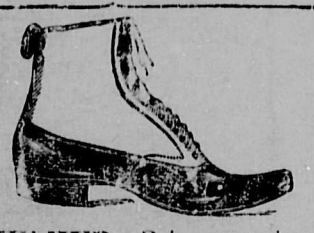

THE HUB—Bring your boot and shoe repairs to my shop for neat and prompt work. Look for the big boot.—GEO. ARMSON

DO YOU WANT THE PEOPLE TO READ YOUR ADVERTISEMENT

People take The Sun because they believe it is worth the price we charge for it. It is therefore reasonable to suppose that they read its contents, including advertisments. This is not always the case wifh newspapers that are offered as premiums with chromos or lottery tickets

WE DO NOT WANT CHARITY ADVERTISING---

Advertising "to help the editor." But we do want business advertising by progressive business men who know that sensible advertising brings results and pay. If you have something to offer the public that will benefit them and you as well, the newspaper reaches more people than a bill board

SUN READERS KNOW WHAT THEY WANT

and if you have the goods you can do business with them

100

News of the City

The many friends of Mr. and Mrs. F. J. Miller will be highly pleased to learn that Mrs. Miller's condition is considerably better than it was a week ago and that there are now strong hopes of her recovery.

T e condition of Dan McDonald, the Grand Forks carpenter who is in the Nelson hospital with a broken leg, the result of a twenty foot fall while at work on construcfion work at Bonnington Falls recently, is reported to be favorable.

A contemporary says that Wednesday morning arrived several hours late in Grand Forks. We were up quite early on the above mentioned morning but we did not notice the phenomenon.

J. D. McDonald, of Portland, and daughters, Mabel and Jessie, were called to the city this week on account of the serious illness of Mr. McDonald's daughter, Mrs. F. J. Miller. Mr. McDonald was formerly an alderman of Grand Forks.

E C. Henniger's father passed away in Nova Scotia a couple of weeks ago at the ripe age of 91 years. He was physically and mentally active up to the time of the death.

The public and high sch ols closed today for the two weeks' midwinter vacation. After the holida s the high school will reopen in the new building.

Kenneth Campbell, who is a student at the University of British Columbia, returned home on Wednesday to spend the holidays with his parents, Mr. and Mrs. R. Campbell.

D. McPherson made a business trip to Midway last Friday;

Judge J. R. Brown held a sitting of the county court in Greenwood last Tuesday. There were only two cases on the docket and these were postponed until January 27 at 10 a.m.

Those who post parcels of merchandise for the United States shou d understand that they are sent by the Canadian post offices to a United States border customs office, and not direct to the office named in the address. At the border customs office the parcels are examined for customs duty. Owing to the immense volume of business at the Christmas period there is apt to be del y in the handling of the par cels, and the public are advised to post all Christmas parcels for the United States in exceptionally good time.

The eighth annual meeting of the shareholders and directors of the Christian Community of Universal Brotherhood, Limited, was held in Brilliant this week. The meeting decided in favor of a policy of strict economy. Peter Junior is president but Calakoff will act for him until he arrives in the country.

Mail your Christmas parcels early and give the post office a chance to deliver them in good time and undamaged. You get betier service by avoiding the rush period, so do not wait until the last minute. Also be sure to pack carefully and address fully. Give your mail the attention you want it to receive.

The public is requested to note that on Christmas day the post office wickets will be open for two hours only, from 9 till 11 a.m. As the wickets will not be open again during the eay, those persons looking for mail or parcels are kindly asked to not forget the hours.

The ninth winter carnival at Banff, Alta., will be held from February 7 to 14, 1925. The curling bonspiel in connection with the carnival will run concurrently from February 9 to 14. Revelstoke has fixed its carnival dates for February 3, 4 and 5, 1925.

Tourists to the number of 100,000 are estimated to have entered the Province of Nova Scotia during the past season. These people have left approximately $7,500,000 in the province, an increase of 25 per cent. over the previous year. The number of motor cars entering the province during the tourist season exceeded 11,000.

Canada Book Week was held from December 1 to 6 this year. Addresses, radio broadcasting and special displays in stores throughout the country drew attention to the objects of the week, which are to promote the reading of good books generally and to foster Canadian literature. The week was, as usual, a distinct success.

It matters not how long you have lived, but how well.

The foolhardy recklessness of certain motorists was recently strikingly illustrated at a public crossing on the Canadian Pacific Railway line at Blind River, Ontario, when a speeding auto approached the crossing so rapidly that the driver was unable to pull up, and ran his car into the side of a train which was passing at the time. Fortunately, no one was injured.

In recognition of its excellent exhibits at the 1924 exhibition at Toronto, the Canadian Pacific Railway has been awarded one of the medals specially struck off for presentation to the Dominion and Provincial governments, and to a limited number of other exhibits whose high class entries in the live stock and agricultural departments won them championship prizes.

The plans for the construction of an immense amusement centre at Victoria, B.C., to be called the Crystal Gardens, have just been announced by the Canadian Pacific Railway, which is responsible for the scheme. The gardens will include a salt water swimming pool 150 feet long, and a series of dancing floors, with tea rooms and gymnasium. Great quantities of plants, vines and shrubs will be grown in the structure, which is on the lines of a vast conservatory, containing 36,000 square feet of glazed glass roof surface.

A considerable increase in the sheep population of Canada, which has declined since 1920 from 2,255,020 to 1,575,000, is expected as a result of the recent importation by Alberta ranchers of 400 Rambouillet rams. These animals are merinos, with fine wool, bred in France from Spanish merino stock. Louis XVI obtained the first flock as a gift from the King of Spain. A harem of 20,000 western range ewes will be provided for the Alberta purchase. The enterprise is important, on account of the prevailing world shortage of wool.

To acquire knowledge is easy if you are not ashamed to confess your ignorance.

A Gift That Is a Compliment

In the gift you receive you can sometimes see yourself as others see you, and the view is not always flattering. It may be a jazz record, or n gaudy tie, or a book that you would hate to have found on you if an auto bomped you into dreamland. And you can't really blame the giver. Knowing you well, he concludes that you crave that sort of think. On the other hand his gift may convey a subtle compliment—a gift of The Companion for instance It is a tribute to your good taste, to a certain idealism he has perceived in your make-up, to the impression you give that life is real and earnest and not merely a game of skittles. You may be sure that anybody who thinks slightingly of The Companion as a gift is himself making life a game of skittles—and very little else.

The 52 issues of 1925 will be crowded with serial stories, short stories, editorials, poetry, facts and fun. Subscribe now and receive:

1. The Youth's Companion—52 issues in 1925.
2. All the remaining issues of 1924.
3. The Companion Home Calendar for 1925 (sent only on request.)

All for $2 50.

4. Or include McCall's Magazine, the monthly authority on fashions.

Both publications, only $3 00.

THE YOUTH'S COMPANION,
Commonwealth and St. Paul St.,
Boston, Mass.

Subscriptions received at this office.

TENDERS WANTED

IN THE MATTER of the Estate of John Holm, deceased, intestate.

TENDERS will be received by the undersigned up to the 22nd day of December, A.D. 1924, for the purchase of an undivided half interest in all minerals, precious and base (save coal and petroleum), which may be found in veins, lodes, or rock in place, in and under all that parcel or lot of land situate in Osoyoos Division of Yale District and numbered 973, Group one, on the official survey of the said Osoyoos Division of Yale District, and known as the "Caledonia" mineral claim, and in the right to the use and possession of the surface of such mineral claim.

The highest or any tender not necessarily accepted.

Dated at Grand Forks, B. C., this 9th day of December A.D 1924.

C. F. R. PINCOTT.
Solicitor for the Official Administrator.

BARGAINS

Get the habit of trading at our store

We have exceptionally good bargains in all our departments

DONALDSON'S
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A full stock of **Raisins, Currants, Dates, Figs.** Everything to make your Christmas cakes and puddings. Prices right. Give us a trial order.

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IT brings the whole country for miles around within easy reach. Have you seen the new models? They're as graceful as swallows! As bright as new coin! As weatherproof as a duck? Automobile Steel Bearings. Frame of English Seamless Steel Tubing. Hard Maple Rims. Hercules Brake. Everything complete. Real Quality. Real Value. Easy Terms. We are the people to mount you right.

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SYNOPSIS OF LAND ACT AMENDMENTS

PRE-EMPTIONS

Vacant, unreserved, surveyed Crown lands may be pre-empted by British subjects over 18 years of age and by aliens on declaring intention to become British subjects, conditional upon residence, occupation, and improvement for agricultural purposes.

Full information concerning regulations regarding pre-emptions is given in Bulletin No. 1, Land Series, "How to Pre-empt Land," copies of which can be obtained free of charge by addressing the Department of Lands, Victoria, B.C., or to any Government Agent.

Records will be granted covering only land suitable for agricultural purposes, and which is not timberland, i.e., carrying over 1,000 board feet per acre west of the Coast Range and 5,000 feet per acre east of the Coast Range.

Applications for pre-emptions are to be addressed to the Land Commissioner of the Land Recording Division, in which the land applied for is situated, and are made on printed forms, copies of which can be obtained from the Land Commissioner.

Pre-emptions must be occupied for five years and improvements made to value of $10 per acre, including clearing and cultivating at least five acres, before a Crown Grant can be received.

For more detailed information see the Bulletin "How to Pre-empt Land."

PURCHASE

Applications are received for purchase of vacant and unreserved Crown lands, not being timberland, for agricultural purposes; minimum price of first-class (arable) land is $5 per acre, and second-class (grazing) land $2.50 per acre. Further information regarding purchase or lease of Crown lands is given in Bulletin No. 10, Land Series, "Purchase and Lease of Crown Lands."

Mill, factory, or industrial sites on timber land, not exceeding 40 acres, may be purchased or leased, the conditions including payment of stumpage.

HOMESITE LEASES

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites, conditional upon a dwelling being erected in the first year, title being obtainable after residence and improvement conditions are fulfilled and land has been surveyed.

LEASES

For grazing and industrial purposes areas not exceeding 640 acres may be leased by one person or a company.

GRAZING

Under the Grazing Act the Province is divided into grazing districts and the range administered under a Grazing Commissioner. Annual grazing permits are issued based on numbers ranged, priority being given to established owners. Stock-owners may form associations for range management. Free, or partially free, permits are available for settlers, campers and travellers, up to ten head.

A Bargain in Newspapers

An Opportunity to Win $5,000

A Beautiful Art Calender Free

The Grand Forks Sun has concluded an arrangement with The Family Herald and Weekly Star of Montreal by which we can offer the greatest bargain ever given to newspaper readers

The offer includes a full year's subscription to both papers, an art calendar with a most beautiful picture subject ready for framing, and an opportunity to win a prize of $5,000 cash.

In the Federal Election of 1921 there were 3,119,306 votes cast out of a total of 4,435,310 names on the voters list.

How many votes will be polled in the next Federal Election?

The Family Herald and Weekly Star are offering Ten Thousand Dollars in prizes for the best estimate, and our arrangement with the publishers of that great weekly gives every Grand Forks Sun subscriber an opportunity to make an estimate and perhaps win the capital prize of $5,000. Some person will win. Why should it not be you?

Read This Bargain

The Grand Forks Sun Costs $1.00 per Year.

The Family Herald and Weekly Star Costs $2.00 per Year.

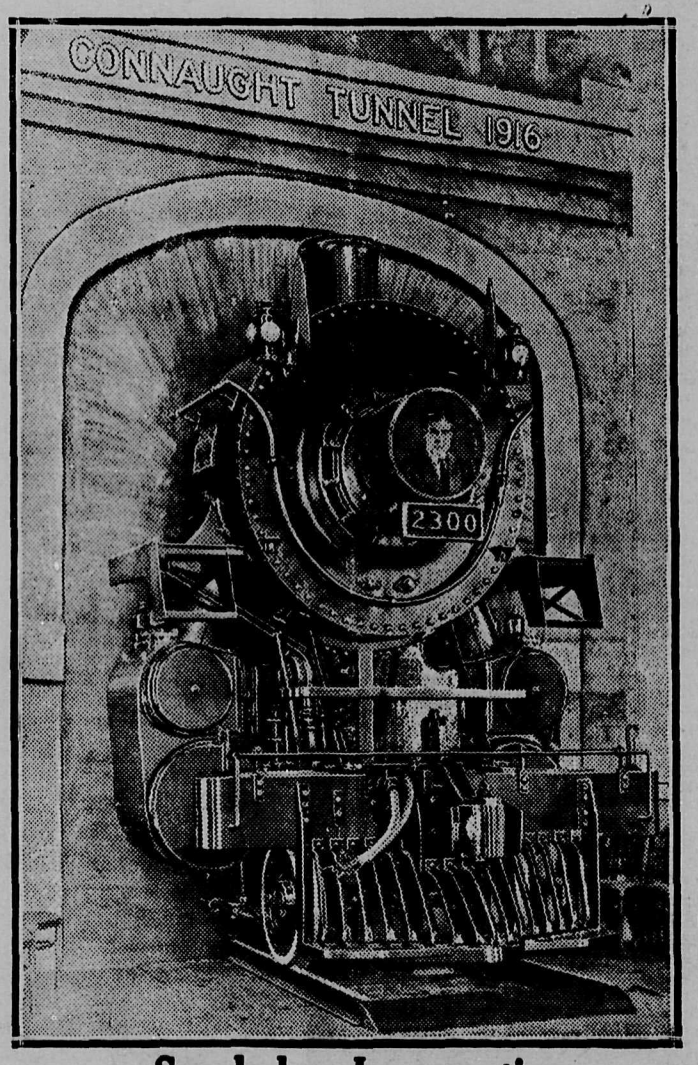
We now offer a full year's subscription to both papers, including a copy of The Family Herald Art Calendar and the right to make one estimate in The Family Herald Election Contest.

All for $2.00

Estimates must be made at time of subscribing, and no changes will be permitted afterwards.

Order Now at This Office

The GRAND FORKS SUN



Smokeless Locomotive

Built of wood at the Angus Shops, this full sized model of one of the latest type locomotives was designed originally as a feature of the dinner decorations at the Chateau Frontenac on the occasion of the Quebec conference of the Canadian Pacific Railway officers. Equipped with bell, whistle and electric lights, not a bolt or bar is lacking to mar the illusion which is that of a perfect engine coming through the wall against which it is placed. The headlight holds a portrait of E. W. Beatty, president of the Canadian Pacific. At the Toronto Exhibition, August 23rd to September 5th, the model will be given a prominent position in the Company's exhibit.