

# The Grand Forks Sun

Legislative Library  
Kettle Valley Orchardist

18TH YEAR—No. 21

GRAND FORKS B. C., FRIDAY, MARCH 21, 1919

Tell me what you know is true:  
I can guess as well as you.

\$1.00 PER YEAR

## BY AIRPLANE VIA GRAND FORKS

From Vancouver to Calgary and Edmonton via Crow's Nest Pass Is Proposed

The Vancouver World last Saturday announced that in cooperation with the Aerial League of Canada it is promoting an aerial flight across the Rocky mountains. The plans include a flight from Vancouver to Calgary via the Crow's Nest Pass, thence to Edmonton and homeward via the Yellowhead pass and Kamloops, with a preliminary flight to Victoria and return. It is stated that only Canadian and British airmen are eligible to compete, using machines of Canadian or British make.

## MORE THAN SHE BARGAINED FOR

There is an amusing example of the ambiguities that lie hidden in our English tongue in the following story that we found in a recent newspaper. A lady, according to the narrator, wrote to an officer at Fort Sam Houston as follows: "Mrs. Smy he requests the pleasure of Capt. Bunker's company at a dinner on July 17, at seven o'clock."

The next day she received this note:

"With the exception of three men who have the measles and one who is in the guardhouse, Capt. Bunker's company accepts Mrs. Smythe's kind invitation with pleasure."

## ONTARIO APPLES COMING BACK

While nearly all other lines of agriculture have enjoyed unwonted prosperity in the last four years, apple growers, speaking generally, have labored under exceptional disabilities, says the Toronto Globe. The labor shortage has told with special severity on orchardists because the labor available has been turned to the production of absolutely essential food products. While, too, field crops, as a whole, have been at least up to the average in the last few years, returns from apple orchards have run much below the average. Finally, the embargo on exports greatly limited the market for such apples as have been grown, and because of that embargo the whole marketing situation has suffered from disorganization.

The year 1919 promises, however, to witness an entire change in the situation. Present prospects are for a liberal crop on those trees that escaped serious injury in the exceptional winter of 1917-18. Labor will more easily be obtained than at any time since 1914; and, after four years of shortage, the people of Great Britain are hungry for Ontario apples. Most important of all, however, is the revived spirit of optimism among growers generally, as evidenced by the enthusiasm manifested at the meeting of the Northumberland and Durham asso-

ciation, reported in Country Life department of today's Globe.

It can not be expected that there will be any superabundance of apples this year. The heavy mortality in trees a year ago precludes any possibility of this, but at least there is reason to hope for heavier fruiting than in any year since 1914. There is good reason to hope, too, that growers will obtain returns for their labor much more profitable than has been the rule for years past. It looks as if the turn of the tide has come for Ontario's apple industry.

## WOOD ASHES FOR FERTILIZER

For two or three years hundreds of thousands of people who have hitherto used coal for all fuel purposes will, in part at least, use wood. Many factories will make it their chief dependence, and a considerable number of shops that get their power from waterfalls will use wood for heating. The situation is not without its advantages, for, unlike coal, wood as fuel furnishes a valuable by-product for the farmer. On account of the difficulty of getting potash, fertilizers are at present extremely high in price. But wood ashes contain a large amount of potash, and, except that they lack nitrogen, they furnish a complete fertilizer. The lime in them sweetens the soil so that nitrogen-storing plants, such as beans, peas and clover, can grow on their roots the nitrogen fixing bacteria that can not live in sour soil. Thus, in a secondary way, wood ashes are a complete fertilizer for such plants. They also increase the growth of cabbage, carrots and corn. But it is not advisable to mix them with barnyard manure.

The advice has often been given not to use wood ashes on potato land. The reason is that such use of them is likely to cause scab. The advice is good if the crop is intended for the market; but if the potatoes are to be raised for home use, a liberal application of wood ashes will increase the crop without doing any harm, for scab is only skin-deep, and does not affect the flavor. Besides, rolling the seed in sulphur virtually eliminates the likelihood of scab. Putting the ashes on the soil the year before or scattering them on the snow in winter is another way of reducing the likelihood that they will cause scab. With ashes from \$25 to \$30 a ton for fertilizer, the man who burns wood has a possible rebate on his firewood bill that is not to be despised.

## "Mr. Speaker"

An English election story is told of J. W. Lowther, who has filled the speaker's chair in the British house of commons with distinction for thirteen years. He was once canvassing for election to parliament when he accosted a farmer one day, and adopted sweet persuasive measures to the usual end. "Vote for you?" exclaimed the farmer, who had secretly cast in his lot with the opposite faction. "Vote for you? I would sooner vote for the devil."

"But supposing your friend does not stand," said the canvasser, suavely, "will you give me your vote in that event?"

## PROVINCE'S FOOD PRODUCTION

Increase in Fruit Is Feature—225 Tons of Honey. Seed Value Total \$50,000—500,000 Hens Are Laying

Figures showing the remarkable increase in British Columbia food production and export, particularly in fruit, were produced in the legislature at Victoria Wednesday night by Hon. E. D. Barrow, minister of agriculture. He promised that future development would be carried on along safe and sane lines.

Shipments of fruit to the prairies in 1919 totaled 29,125 tons, valued at \$3,033,000, and in the last four years the shipments had increased in value from \$690,000 to the figure of more than \$3,000,000, an increase of 790 per cent in quantity and 338 per cent in value.

British Columbia now had one million hens, half of them laying. Hammond, in the Fraser valley, which had a small fruit crop failure in 1914, went in for poultry, and now had 15,000. Egg laying contests in the province have resulted in an average per hen per year of 154 eggs. The average all over Canada is only 72.

The honey production in 1918 was 225 tons, as against only 30 tons seven years ago. The increase in value was from \$6800 to \$126,000. Fifty thousand dollars worth of seeds have been grown in the Okanagan in the last year. The government would give encouragement to this new industry, he promised.

## WHAT STRAWBERRIES SHALL WE PLANT AND WHY?

[EXPERIMENTAL FARMS NOTE.]

Strawberries are grown either for home consumption or for market. While those grown for market should be as good as those grown for home use, the fact is that in some cases those produced for market are grown more because of their productiveness and shipping quality than because of their flavor and general palatability.

The most popular variety, taking the whole of Canada, is undoubtedly the Senator Dunlap. This is a very hardy variety, and the fruit is handsome in appearance, good in quality, and is an excellent variety for canning. It is desirable both for home use and market. Like all varieties, it has some faults, the chief one being that on account of its making such a large number of plants, the fruit begins to get small too early in the season in parts of Canada where dry, hot weather often occurs during the fruiting season; hence, where there are such conditions some other sort is desirable, and in the Parsons Beauty and Glen Mary there are two commercial varieties which are succeeding very well in many places in Canada, especially in eastern Canada. These are both large varieties and

keep their size well to the end of the reason. The Parsons Beauty is better in quality than Glen Mary and the latter is not very desirable for home use, but both should be tried to determine which succeeds best in the particular locality and soil where they are grown. The Williams is a fine berry, which is a very popular commercial sort in western Ontario, but is not very popular in most other parts of Canada. It has a white tip which increases its shipping qualities but lessens its value when it is to be eaten raw. Splendid is a rather early variety which has made a good record in eastern Canada, and Beder Wood is also another reliable early sort. The Marshall is one of the best in quality but must be grown under high cultivation in eastern Canada to get fair crops and is not now much grown on account of its light cropping, but on the lower Mainland of British Columbia it does well and is one of the best commercial varieties there. The Magoon is also a commercial variety which is also grown mainly in British Columbia.

The foregoing are the leading commercial varieties in Canada, although to these might be added Sample, Pocomoke and Warfield as succeeding very well in some places. For the prairies, a variety called Dakota, rather small in fruit but very hardy, has proved one of the most reliable, though Senator Dunlap also does well if well cared for.

The best varieties for home use in eastern Canada are Senator Dunlap, Bubach, Parsons Beauty, and Wm. Belt, the latter and the Bubach being large varieties of good quality. In British Columbia the Royal Sovereign, Paxton, and Marshall are three of the best for home use. The two former are English varieties not satisfactory except in the mildest sections of the Dominion. The Everbearing strawberries are particularly desirable for home use, and two of the best of these are Progressive and American.

## Foch's Cigar

Talking about smoking to one of the members of Foch's staff, during his recent visit to London, he told the interviewer that he believed the famous general smoked the same cigar since the war started. He always has it in his mouth. Before meals he carefully lays it on the table, and after meals it goes back into the mouth. The same procedure is gone through when he goes to bed. He never lights it, and is never seen smoking a lighted cigar, though one group photograph at least shows him pulling a cigar.

## His Guide for Next Day

One afternoon just before it was dark, a farmer told his shepherd to count some sheep which had been driven into a field.

The shepherd made his way to the field, and proceeded to count.

Before he could check them all it became dark, so he went home.

The next day, as he was on his way to the field to count the other sheep he met the farmer, who stopped him, and said: "Did you count the sheep, shepherd?"

"Well, sir," answered the man, "I counted some of 'em, and then it got too dark to see the others, so I stuck up a stick where I left off counting, so that I should know where to begin today."

## MUST FINANCE EXPORT TRADE

In Proportion as the People Place Their Savings at Government's Disposal Will Credits Be Made Available

"Thousands of Canadians made their first real move in saving by purchasing small lots of Victory bonds on the instalment plan. Thousands more can make a start by buying War Savings Stamps, which cost \$4.02 during March, on the same basis, the instalments being 25c Thrift Stamps and paid at the convenience of the saver," said a member of the local committee on national war savings today. "The War Savings stamp is redeemable by the Canadian government on January 1, 1924, for five dollars.

"Men, women and children can not only purchase these thrift stamps at the banks or post offices, but they may buy them or take them in change at a large number of stores throughout the country, representing every branch of the retail trade.

"By means of the War Savings plan the people are enabled to furnish the Canadian government with the money to provide the credit necessary to finance sales to other countries.

"Since June, 1918, the Dominion has advanced \$240,000,000 to the British government for this purpose, as follows: Imperial munitions board, \$132,000,000; for the purchase of Canadian grain, \$55,000,000; for dairy exports, \$35,000,000; for the sale of the British Columbia salmon pack, \$4,000,000; for other exports of food, \$10,000,000.

"Whether or not Canada's export trade will be maintained at high levels will depend upon the extent to which Canadians advance the money to finance it. In proportion as they save and place their savings at the disposal of the government will credits be made available."

## THE WEATHER

The following is the minimum and maximum temperature for each day during the past week, as recorded by the government thermometer on E. F. Laws' ranch:

	Max.	Min.
March 14—Friday.....	44	32
15—Saturday.....	36	31
16—Sunday.....	40	18
17—Monday.....	43	28
18—Tuesday.....	48	36
19—Wednesday.....	49	29
20—Thursday.....	45	21
Melted snow.....		.08
Rainfall.....		.06

## The Reason Was Obvious

According to an English periodical, two ladies were talking of a naval officer who had received many medals and decorations.

"But isn't he getting tremendously fat?" exclaimed one of the ladies. "He seems to be putting on flesh every day."

"Well, what can you expect, my dear?" answered the other lady. "The poor man has to fight a cannon somehow for all his medals."

# The Grand Forks Sun

AN INDEPENDENT NEWSPAPER

G. A. EVANS, EDITOR AND PUBLISHER

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FRIDAY, MARCH 21, 1919

## Confidence Essential

THE mighty things which have been accomplished in Britain in the past few years has been the result of the unification of interests of those who work in the office and those who work in the plant. The willingness of all to do what was possible brought about an increased production and developed changes on a new and permanent basis.

There is no argument as to whose was the guiding hand. David Lloyd George has stood out prominently, and his attitude has been one of fair play, so that the greatest good would follow to the country as a whole. Who is there who would say that his policy has not been beneficial? And now that the war is over, who would say that such a fair-minded policy should not continue?

It has been proven that if labor and capital unite in the common aim of each, doing its best, cooperating all along the line, and coordinating their forces, everybody benefits. If that is the case, then anything which tends to separate labor and capital, which would interfere with their common interests, detracts from the pleasure and profit of both. Such an outside element finding its way into industry, destroys the congeniality of working forces—it is like sand getting into the bearings of machinery. The result is destruction without any benefit whatever.

After years of effort in building up a great productive system in Britain, in uniting forces which have always had greater or lesser differences, David Lloyd George views with some apprehension the entry of that force which has disrupted Russia, which is tearing the vitals out of Germany, and which even threatens America. It is a force like a great wind-storm that blows hard and tears things up, leaving ruin in its path. It is cyclonic in its tendency, and is beyond control, it continues until it is exhausted.

"There is one condition for the continued efficiency of this country," the British premier says, "namely, confidence. Bolshevism is the poison that kills efficiency. Russia proves that; Russia will not begin the building up of a productive system until Bolshevism has worked itself out. All classes must give confidence to those who have brains, to those who have capitals, to those with hearts and hands to work."

If people have confidence in one another, they are sure to get along amicably together. It is this amity that the outside element is seeking to destroy today. They tell the workingman that he is being abused, that he is underpaid, and if they can not work it that way, they sow seeds of distrust by pointing to the manner in which the rich man enjoys himself while the laborer is chained to his job. They suggest everything that will breed distrust—that will undermine that confidence that is essential to cordial relations. If they can bring about a strike of some kind, which places the workingman strictly up against it, they tell him he will stultify himself if he goes back to work without getting what he went on strike for, and once they get him to that point they feel they have accomplished something. There is much talk of the referendum and recall in the labor party's politics, but does the work-

ingman always get the chance of a referendum when a strike is proposed?

What happens when strikes are called without due consideration by those concerned is shown by the events at Seattle a few weeks ago. It was hoped that if leverage could be brought to bear on the shipbuilders that any demand could be made. It turned out to be a case of trying to grab at too much and losing all. Contracts were cancelled, and at this writing it look as if the end of shipbuilding was in sight in the big yards to the south.

Confidence, contentment, efficiency—the three are inseparable. Without confidence there is no contentment, and if we are not happy we can not work satisfactorily. We should carefully scrutinize any element that interferes with our aims and hopes. The more insidious it is, the more careful should be our scrutiny.

The Kelowna Courier makes several incorrect guesses as to the meaning of the word "sowmill." Any pig should know that a "sowmill" is a scrap between two sows.

## News of The City

A meeting of the Farmers' Institute was held at the home of J. T. Lawrence on Thursday night last for the purpose of discussing the proposed irrigation project in this valley. It was decided to send two delegates to Victoria, and Messrs. J. T. Lawrence and W. K. C. Manly were selected to go to the coast to interview the government and to urge that work be started on the scheme as soon as possible. They left for the coast on Saturday. A subscription amounting \$110 was taken up among the business men of the city to defray their expenses, and this sum was swelled by contributions to the extent of about \$32 by the ranchers of the surrounding district.

Pte. Tom Wilkinson, M. M., and Mrs. Wilkinson were expected to return to Cascade last night from England, Tom and a brother, Dick, enlisted in the early part of the war. Dick was killed in action and Tom was wounded last summer, but he won the military medal about the same time. Cascade was prepared to give him a grand reception.

Mrs. F. Lathe, who has been visiting her father, D. Smith, in Nelson for a couple of weeks, left that city yesterday to join her husband in Chile.

Pte. Ludy Frankavitch left last night for Vancouver to obtain his discharge from the army.

Robert Campbell and Douglas Carter are somewhere between the late firing line and Grand Forks. It is expected that they will return to this city next week.

Leo Mader came down from the Rock Candy mine this week to recuperate from the effects of a severe attack of influenza.

W. H. Beach, of Christina Lake, was a visitor in the city on Saturday.

W. S. Robertson, who has been an influenza patient in the hospital for a number of weeks, has recovered sufficiently to return to his home in Cascade.

The influenza ban was lifted last Saturday. The disease is pretty well stamped out now, and if the people will only exercise common horse sense and not lose their heads over shows, public meetings and public dances the pest will soon be as rare as a last summer's rose.

A. D. Morrison is remodeling the interior of his jewelry store.

The Central and high schools reopened last Monday with an average attendance.

Corp. R. McIntyre, of Revelstoke, is visiting in Cascade at the home of his aunt, Mrs. R. Davis.

W. Anderson, of Vancouver, was a business visitor in Cascade this week. He was formerly superintendent of the West Kootenay Power company's plant at Cascade.

Miss Ethel Fraser, of Greenwood, is visiting Mrs. George Stanfield.

Born—In Grand Forks, on March 14, to Mr. and Mrs. B. Hacking, a son.

## Eyestrain will affect the mental and physical development of your child

Many parents, while particularly careful of their children's health and food, neglect entirely the condition of their eyes. While the child's eyesight may appear normal, often there exists a strain or weakness that seriously affects the health. This condition is aggravated by study and school work and in time will likely result in serious trouble. A visit to a competent optician will determine the exact condition and if any defect exists the trouble can be corrected. Later on this may be more difficult. We give expert advice, competent and reliable service.

A. D. MORRISON

## Grand Forks Transfer Company

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"The Saturday Evening Post" for less than five cents a copy, \$2 50 a year. "The Country Gentleman" for less than four cents a copy, \$1 75 a year, including postage. A. R. Dorais, Authorized Agent, 632 Broadway West, Vancouver, B. C.

You can not reach The Sun's numerous readers except through its advertising columns.

Job Printing at The Sun office at practically the same prices as before the big war started

## END STOMACH TROUBLE, GASES OR DYSPEPSIA

"Pape's Diapepsin" makes sick, sour, gassy stomachs surely feel fine in five minutes.

If what you just ate is souring your stomach or lies like a lump of lead, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach-ache, you can get relief in five minutes by neutralizing acidity. Put an end to such stomach distress now by getting a large fifty-cent case of Pape's Diapepsin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder caused by food fermentation due to excessive acid in stomach.

25c buys a Thrift Stamp.

## SYNOPSIS OF LAND ACT AMENDMENT

Pre-emption now confined to surveyed lands only. Records will be granted covering only land suitable for agricultural purposes and which is non-timber land. Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions, with joint residence, but each making necessary improvements on respective claims. Pre-emptors must occupy claims for five years and make improvements to value of \$10 per acre, including clearing and cultivation, of at least 5 acres, before receiving Crown Grant. Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health or other cause, be granted intermediate certificate of improvement and transfer his claim. Records without permanent residence may be issued provided applicant makes improvements to extent of \$300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained on these claims in less than 5 years, with improvements of \$10 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years. Pre-emptor holding Crown Grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land. Unsurveyed areas, not exceeding 20 acres, may be leased as homesteads; title to be obtained after fulfilling residential and improvement conditions. For grazing and industrial purposes, areas exceeding 640 acres may be leased by one person or company.

PRE-EMPTORS' FREE GRANTS ACT. The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

## TOWNSITE PROPERTY ALLOTMENT ACT

Provision is made for the grant to persons holding uncompleted Agreements to Purchase from the Crown of such proportion of the land, if divisible, as the payments already made will cover in proportion to the sale price of the whole parcel. Two or more persons holding such Agreements may group their interests and apply for a proportionate allotment jointly. If it is not considered advisable to divide the land covered by an application for a proportionate allotment, an allotment of land of equal value selected from available Crown lands in the locality may be made. These allotments are conditional upon payment of all taxes due the Crown or to any municipality. The rights of persons to whom the purchaser from the Crown has agreed to sell are also protected. The decision of the Minister of Lands in respect to the adjustment of a proportionate allotment is final. The time for making application for these allotments is limited to the 1st day of May, 1919. Any application made after this date will not be considered. These allotments apply to town lots and lands of the Crown sold at public auction.

For information apply to any Provincial Government Agent or to G. R. NADEN, Deputy Minister of Lands, Victoria, B. C.

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### A Good Cigar Is a Smoke

Some horrid man smoked a cigar not long ago in the room where Mrs. Minnie Grinstead was dining, says the New York Tribune, little suspecting she would have her revenge in a way given to few women. He did not know, of course, that she was the first woman legislator in the state of Kansas.

Mrs. Grinstead promptly introduced a bill to prohibit smoking in public dining rooms. Her masculine colleagues passed the bill—but not until an artful masculine colleague had tacked on an amendment which provided that "smoking in public places shall be unlawful except where cigars, merchandise and stocks of merchandise are kept for sale." Mrs. Grinstead, unused to legislative tactics, voted for the joker, and now discovers there are few lunchrooms which can not boast a stock of merchandise consisting of at least a package of gum.

Women legislators are going to have a hard time taking tobacco

away from smoking lawmakers. Men may vote for prohibitive measures, but are prone to tuck on amendments prohibiting the use of face powder, cosmetics and lipsticks. As Kipling discovered some years ago, "A woman is only a woman, but a good cigar is a smoke."

### Perpetual Motion

"Well," said the kind hearted housekeeper, "I don't know as there's anything here a man like you could do. Wait a minute, though. Do you know anything about clocks?"

He did not; but he was not the sort of man to decline business, and he declared that his father had been a clockmaker, and that in his youth he had been lulled to sleep by the ticking of innumerable clocks.

"Well, there's one here that's been stopped for ten years. Mend it, and you shall have what you want."

He managed to get his dinner before tacking the timepiece; but when he had taken that clock to pieces and

put it together again, he found it would do nothing but strike. Do what he would he could not make it leave off.

"Hey," said the hostess, "what have ye done now?"

"Mum," he replied. "I've put it right for you. Of course, it's striking a little too much now; but, remember it's been standing silent for ten years. You must allow it to make up for lost time!"

### Bulldog Beatty

"Early in everything," That is the motto of Admiral Beatty, Britain's naval hero. In the service he is known as "Bulldog Beatty," by reason of the tenacity with which he fastens on to any job he is called upon to tackle.

The navy swears by him, and he is proud of his men. After Jutland the Huns boasted of the destruction of his ships. Beatty simply replied:

"The battle cruiser fleet is alive and has a very big kick in her." Fortunately for them, the Huns did not wait for the kick.

Beatty's naval record is amazing. He was a commander at twenty-seven, a captain at twenty-nine, and rear-admiral at thirty-eight—the youngest on record. Nelson was a year older when he was appointed rear admiral.

### 10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

### Germany's Dictator

Although often referred to as a saddler and tanner, Herr Ebert, Germany's dictator, is really a journalist. In his early days he was apprenticed to a harness-maker, but at the age of twenty-one he became the editor of a Socialist newspaper, his articles in which attracted much attention.

A keen debator and clever politician, he has great influence among the organized workers of the Fatherland.

He now says that no true German would have treated the unfortunate Belgians as they have done. But it won't be forgotten that when Bethmann-Hollweg proclaimed that "necessity knows no law," and that Germany was "hacking its way through Belgium," he was one of the Socialist majority which cheered itself hoarse.

### TAKES OFF DANDRUFF, HAIR STOPS FALLING

Save your Hair! Get a small bottle of Danderine right now—Also stops itching scalp.

Thin, brittle, colorless and scrappy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a small bottle of Knowlton's Danderine from any drug store. You surely can have beautiful hair and lots of it if you will just try a little Danderine. Save your hair! Try it!

War Savings Stamps Promote Thrift.

Resolve to save during 1919.

Make a "Saving" Resolution.

## IT'S THE STEADY ADVERTISING That Brings the Steady Trade to You

Isn't the news of your store something like the news of the whole city?

There is news every week in Grand Forks --- some weeks more than others --- but every week there is news.

Isn't there news in your store every week? Isn't there something to advertise?

Your customers are shopping every week. Aren't you losing many of them the weeks you do not advertise?

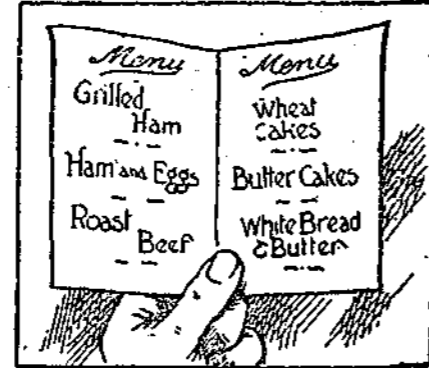
It's the steady trade that counts with a store --- it's the steady advertising that brings the steady trade.

RESOLVE --- To use newspaper space regularly, and be sure it is in THE GRAND FORKS SUN, the paper that reaches the most consumers in this valley.

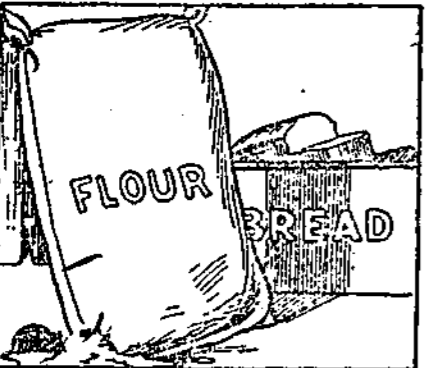
### WHEN FOOD IS WASTED:



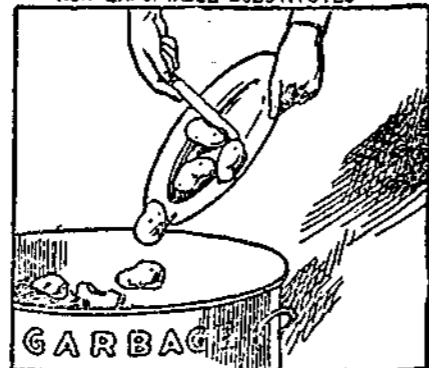
WHEN TOO MUCH IS SERVED AT ONE MEAL



WHEN WHEAT FLOUR, BEEF AND BACON ARE USED RATHER THAN NON-EXPORTABLE SUBSTITUTES



WHEN FOOD IS ALLOWED TO SPOIL IN THE HOME



WHEN FOOD WHICH COULD BE EATEN IS THROWN INTO THE GARBAGE PAIL



WHEN FOOD IS CARELESSLY PARED OR TRIMMED



WHEN FOOD IS CARELESSLY OR IMPROPERLY COOKED

FOOD IS WASTED WHEN THE BEST POSSIBLE USE FOR THE WINNING OF THE WAR IS NOT MADE OF EVERY PARTICLE OF IT

The GRAND FORKS SUN  
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From You Every Week

# THE WHITE IS KING

Of all present-day Sewing Machines. Why buy a machine at which you have to sit in an awkward position, when you may just as well have one with which it is a pleasure to sew? The White Rotary Sit-Strate is just the machine you want. Sold on easy monthly payments by

**Miller & Gardner**  
Complete Home Furnishers



## News of the City

Pte. Dodson returned from overseas on Monday, and was met at the station by the "welcome home" committee. He was wounded four times and had two brothers killed in the Great War.

Sergt. A. N. Mowat is reported to be enroute to this city from England.

Pte. Sam Austin, a brother of Mrs. Currie, of this city, was killed in France on February 15 by falling off a ladder backwards from a height of about thirty feet. He died an hour after the accident.

Mr. and Mrs. Sydney E. Allen, of Grand Forks, are at Long Beach, California, for a short visit with Mr. and Mrs. F. W. Allen.

Pte. Murray Janes is expected to return to the city next week from overseas.

Corp. J. D. Hunter returned on Friday from Vancouver, where he received his discharge from the army.

Jeanette Parent, aged two years and eight months, daughter of Mr. and Mrs. Louis Parent, of Billings, died at the Grand Forks hospital last Thursday night.

The Kelowna board of trade is making an effort to have a road built between McCulloch and Carmi, a

distance of twenty-six miles. This road would link the North Thompson, Okanagan, Boundary and Kootenay districts together, leaving only five miles to be constructed to take it right through to the prairie.

Mr. and Mrs. Dan Biner and family have returned to Phoenix from a trip to California.

After living in the Boundary for seventeen years Mr. and Mrs. T. H. Paulsen and son, of Paulsen, have removed to Victoria.

Mrs. L. A. Mauly left the latter part of last week for Chicago.

Mr. and Mrs. James Cadou left on Thursday for a week's visit to Spokane.

Fred Daly returned the latter part of last week from Vancouver, where he obtained his discharge from the army.

T. Padgett and J. W. Holmes have returned from a visit to Spokane.

Thomas E. Kirkpatrick and Mrs. Elizabeth Snifer, both of this city, were married at the manse last Thursday evening, Rev. Hillis Wright performing the ceremony.

Picture—if you can—the baffled and crestfallen expression on the face of a plumber who has just received his first bill for automobile repairs from a confirmed garage man.

"The Saturday Evening Post" for less than five cents a copy, \$2.50 a year. "The Country Gentleman" for less than four cents a copy, \$1.75 a year, including postage. A. R. Dorais, Authorized Agent, 632 Broadway West, Vancouver, B. C.

Jail Visitor—My friend, have you any religious convictions? Prisoner—Well, I reckon that's the right word. I was sent here for robbing a church.

You can read The Sun one year for \$1.00.

## "CASCARETS" WORK WHILE YOU SLEEP

For Sick Headache, Sour Stomach, Sluggish Liver and Bowels—Take Cascarets tonight.

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.

## The Origin of Doughboy

How many of our readers know why American soldiers are called "doughboys"? Stars and Stripes gives this explanation:

The term "doughboy" dates from the civil war, when army wit was aroused by the large, globular brass buttons on infantry uniforms. Some one—he must have been a sailor—dubbed the buttons "doughboys," because they reminded him of the biled dumplings of raised dough that are so frequently served in ships' messes and are known to all sailors as "doughboys."

Originally the name applied only to infantrymen, but the American expeditionary force applies it to all branches and all grades of the service.

## A Blank, as Usual

Teacher—Now, children, I want you to make a drawing of what you would like to be when you grow up.

Little Girl—Please, I would like to be married, but I don't know how to draw it.

## LEMONS WHITEN AND BEAUTIFY THE SKIN

Make this beauty lotion cheaply for your face, neck, arms and hands.

At the cost of a small jar of ordinary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It is marvelous to smoothen rough, red hands.

## BOOT REPAIRING

TAKE your repairs to Armon, shoe repairer. The Hub. Look for the Big Boot.

## A Complete Stock of Jewelry and Silverware

Everything that can please and charm your friend. Before going elsewhere, give us a call and inspect our stock.

## Timberlake, Son & Co.,

"Quality Jewellers"

Bridge Street, - Next Door B. C. Telephone Office  
Fine Watch Repairing a Specialty

## The Frown or Smile Depends on You!

Everyone responds to courtesy, face to face or "telephone to telephone." Not one person in a hundred is "set" in his telephone manners; not one in a hundred will reply with deliberate brusqueness if the smile in your voice reaches him, or her.

A genial telephone voice makes that true cordiality which is the basis of successful business and real friendship.

## BRITISH COLUMBIA TELEPHONE COMPANY, Ltd

## FOR SALE

Bids will be received by the undersigned for all or any of the following articles:

- 1 3" heavy wagon, in good condition, with box.
- 1 2 1/2" heavy wagon running gear.
- 1 light express (spring) wagon.
- 1 set heavy bob-sleighs.
- 1 neckyoke.
- 2 sets whiffletrees.
- 1 horse collar.

GEO. R. McCABE,  
Chairman Board of Works.

Buy War Savings and Thrift Stamps.

## ACREAGE

One mile from centre of city, near Kettle river, fine parcel 5 acres, suitable for market gardening or chicken ranch. Good 8 room house, cellar, sleeping porches; good well of water; barn, chicken house. Can be rented for \$10 per month, or for sale cheap. Small cash payment, balance long time.

Address owner,  
**Mrs. IDA CORYELL,**  
Cascade Locks, Oregon, U.S.A.

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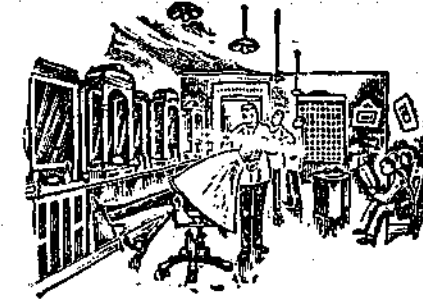
## PICTURES

AND PICTURE FRAMING

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Upholstering Neatly Done  
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We are registered with and recognized by the United States War Trade Board and all of the Collectors of Customs under license P. B. F. 30, and you can send your furs direct to us by our tag or any tag, changed to suit, if marked "Furs of Canadian Origin," and your furs will come right through.

## FAIR GRADING

The rules and ethics of the Exchange do not permit of sending out alluring price lists, yet we give you an exact and expert grading and pay you at a rate of five to twenty-five cents more on the dollar than the average advertising fur company, as we cut out all middleman's profit in dealing direct with you.

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