

Farmers Enjoy Perfect Weather for Picnic and Happy Crowds Gather

A more perfect day could not have been chosen for the Farmers' 3rd of June Picnic at Hullcar. Bright and warm, and the hills, following several days of showers, were green with foliage and bright with flowers.

There was no dust along the way and the picnic grounds were ideal for lounging about and enjoying the sunshine or participating with the crowds in the field sports pulled off in the afternoon. Arrangements were made making it convenient for those bringing lunch baskets to get all the hot water required. Light refreshments of all kinds were sold on the ground. There seemed to be hundreds of automobiles going and coming, all bearing their loads of picnickers. The principal event of the day was the address by Hon. E. D. Barrow, minister of agriculture. This was preceded by a few remarks by Dr. K. C. McDonald, who expressed his pleasure at being present and meeting so many old friends.

Mr. Barrow made a splendid impression, and his practical, common-sense talk was well received. Mr. Barrow is a large man—large in stature and large in vision—and he has the faculty of seeing things clearly and saying what he has to say direct to the point. His talk as a farmer to farmers met with ready response from the large audience gathered to hear him.

Mr. Barrow briefly explained the policy the department of agriculture was attempting to carry out. First of all, he recognized the importance of developing the co-operative spirit in all matters connected with the farmer and farming. He was not in favor of the idea of cutting out the middleman in the matter of marketing. The farmer, he said, should produce the stuff in quantities large enough to control the marketing and leave it to the middleman to dispose of it, but at a fair profit and not at a profit of 100 to 200 per cent. By co-operating in buying and selling and in growing, harvesting and shipping, the farmer should be able to dictate the price to the consumer and to the middleman, and this price should be one that would give all parties a reasonable profit.

Mr. Barrow by way of illustration, referred to what was lost to the farmer last year in potatoes through lack of organization. The evaporators on this side of the line sent over to Washington and Oregon for potatoes and brought them in to break the price asked by B. C. growers, and the evaporators across the line sent over here for potatoes and shipped them out of B. C. to break the price over there. It is this sort of thing that must be stopped, and it can only be stopped by co-operative growing and selling. There must be co-operation not only between ourselves, but between the consumer and producer and the middleman of this and other provinces.

In the matter of land settlement, Mr. Barrow said he was touring the province to meet the farmers more particularly with the idea of listening to them talk than of talking to them. He wanted to hear from them their own idea of their needs. He would be returning this way about the end of June and would then get around among the farmers and hear them on their requirements. At the same time, it was the intention of the department to endeavor to form some scheme of closer settlement of the unsettled portions of the province. He thought it was a crime to continue the land settlement policy of the past. The idea of letting men take up land miles away from any means of transportation and encouraging them to spend the better part of their lives clearing land that wouldn't grow anything when cleared, and with no means of getting their produce to market if they could grow it, was to him en-

tirely wrong. He believed it was possible to get a better system, and it was his intention to seek to work it out.

Mr. Barrow congratulated the farmers on the excellence of the outlook for this district. The appearance of the crop, he said, was evidence of great soil fertility and close attention to thorough cultivation. The speaker warned his hearers of the great loss sustained by a lax observance of the Noxious Weed Act, and said that steps were going to be taken to bring about the eradication of this pest if possible.

Soldiers of the Soil

Boys enrolled as farm helpers in the Soldiers of the Soil organization, under the auspices of the Canada Food Board, are doing good work with the seeding. In Ontario 15,000 boys have enrolled, many of whom are now on the land; in Manitoba over 1,000 are at work; in Saskatchewan 1,100 are placed; in Alberta 624; in British Columbia 540; in Nova Scotia 1,398; in Quebec over 1,000 have been already enrolled. New Brunswick and Prince Edward Island are still to be heard from but the enrollment is under way.

JUNE 3RD. AT VERNON

Enderby Baseball and Hose Reel Teams Walk Off With Winnings

A number of autos from Enderby and Armstrong carried passengers to Vernon June 3rd to participate in the celebration which was held there on that day. The celebration proved a great success. In addition to three baseball games and one lacrosse, they had various races, and a travelling circus added to the gaiety. There was a large crowd from the various Valley towns and great interest was taken in the several field events.

The baseball game between Vernon and Enderby resulted in a walk-over for Enderby, the score standing 21-6 at the close. Enderby's line-up showed the names of Dill ss; Fuller p; Wilson 3b; Patten 1b; S. Fisher 2b; W. Jones cf; L. Landon c; G. Graham rf; Brash lf.

The Kamloops-Vernon game was won by Kamloops, 6-8; and that between Kelowna and Kamloops went to Kelowna 4-7.

The lacrosse game by the Kelowna team against one made up of Vernon, Armstrong and Enderby players was declared a draw, both sides scoring 8 goals.

In the hose reel hub-and-hub race and wet test the Enderby team won everything.

EMPIRE DAY CELEBRATION

Meeting Held to Close Up the Business of Committees

A meeting was held in the City Hall last Friday evening to close up the business of the Enderby celebration. The secretary reported as follows:

Received from City\$314.00
Expenditures—
To E. B. Dill, Chm Sports 72.00
D. J. Welsh, speakers com. 20.00
E. R. Harkins, music com. 80.00
A. McPherson, decoration 70.00
H. M. Walker, advertising 30.00
Mrs. O. M. Speers, meals 9.50
King Edward Hotel, meals 29.50
Mrs. E. M. Allenborough, 3.00

\$314.00
Refund from Sports Com \$3.50
Turned in by secretary 3.50

Reports were turned in by the chairmen of the several committees, showing the details of expenditure of the moneys put in their hands. Mr. McPherson reported having received \$5 as a donation to the parade prizes from Mr. S. Teece, \$3.00 of which was added to the prizes given to the boys on decorated bicycles, while the balance of \$2 was turned in to the committee to be put in with the amount to be turned over by the city to the patriotic funds.

Mr. Welsh reported that the sum of \$5 had been turned back by Dr. K. C. Macdonald to be handed over for patriotic purposes, and he was going to put it the credit of the Y.M.C.A.

Preparations for Registration Now About Completed Ready for June 22nd

Ottawa, June 5th.—Preparations for the registration by Canada's registration board of the man and woman power in the Dominion on Saturday, June 22nd, are proceeding. As every British subject over the age of 16 years is required to register it is estimated that the number of registrations will be in the neighborhood of 5,000,000, and the task of taking it will be a colossal one.

The Canada Registration Board is making every effort to secure the services of volunteers in connection with taking the registration. School teachers throughout the country are being counted upon for assistance. Already women and labor organizations have responded splendidly to the request for assistance, and now nearly 800,000 members of fraternal societies are being appealed to.

On the Sunday before registration day it is proposed to have a message on registration delivered from every pulpit in Canada. Arrangements are also being made for using the motion picture theatre to acquaint residents with their duties in connection with the registration.

The campaign of newspaper publicity which starts this week

is expected to clear up a great many misunderstandings that have prevailed in the past with regard to registration. Starting as it does some three weeks before the date of registration, it will furnish citizens throughout the country with an opportunity to familiarize themselves with the objects of the movement and the methods to be adopted in securing the census of Canada's man and woman power. After it is over there will probably be few people who do not understand why the work has been undertaken and will be carried through.

A pamphlet of instructions to deputy registrars and their assistants has been issued by the Canada Registration Board. One of its paragraphs states that, subject to the approval of the registrar, "the board would sanction plans to open schools on each evening during the week preceding registration day, the registration of employees in the premises upon which they are employed, opening of booths at lodge meetings, meetings of women's institutes, and other similar gatherings where the opportunity would be presented of effecting the registration of large numbers with the minimum of time and labor."

The Big Push

A special cable to the Mail and Empire of Toronto from London says:

The Craonne Plateau, all of which the Germans have swept, starting from the valley of the Ailette River, was considered one of the strongest points in the French line, on account of the formidable artillery fire which held it. Relying on this artillery, the line in this sector was thin.

"If the Germans intend to go after Paris, it is pointed out here, they will endeavor to develop their gains along the line on which they have started, but if their object is to split the Allied armies and cripple the channel ports they will strike for Amiens. They probably struck where they did in the hope that the positions would be unprotected.

"The original attack was made with only twenty divisions, as against forty-four on March 21st, which served to give it the appearance of a feint.

"The sector attacked was held by the French 6th Army, under General Maistre, and four or five British divisions were on the right between Berry-au-Bac and Bernicourt, a gap known as the Laon Gate, because it passes under the Butte de Craonne straight to Laon. They held their positions splendidly, when the French centre bent back they had to retire, and now hold a line between Joincourt and Conserreux, where they are repelling attacks.

"There has been no break in the line, but the salient created by the German push is one they can not be allowed to preserve, military experts declare, and a counter-attack is probably now being prepared.

"The German progress on the plateau is regarded as serious, and probably surprised the Germans themselves. The Allied reserves are now being brought up, and it is confidently expected the salient will be greatly modified if not actually straightened out."

Farewell Service Rev. R.W. Lee

Divine service will be conducted in the Armstrong Methodist Church on Sunday next, at 11 a.m. and 7.30 p.m. by the Rev. R. W. Lee. The subject of the morning address will be, "The Church, the Stay of the Truth," while in the evening Mr. Lee will speak on the subject, "Why I Ought to Go to Church." This will be the last occasion on which Mr. Lee will preach as pastor of the local Methodist Church. A cordial invitation is extended to all to be present at these services.



PUBLIC NOTICE

DOCUMENTS TO BE CARRIED

by every male person who is not on active service in any of His Majesty's Naval or Military Forces, or in the Naval or Military Forces of any of His Majesty's Allies, and who apparently may be, or is reasonably suspected to be, within the description of **Class One** under the Military Service Act, 1917, who for any reason may have claimed that he is not within **Class One** under the Act.

NOTICE is hereby given that, under the provisions of an Order in Council (P. C. 1013), of the 20th April, 1918, upon and after the 1st day of June, 1918, every male person who is not on active service in any of His Majesty's Naval or Military Forces, or in the Naval or Military Forces of His Majesty's Allies, and who apparently may be, or is reasonably suspected to be, within the description of Class One under the Military Service Act, 1917, by whom or on whose behalf, it is at any time affirmed, claimed or alleged that he is not, whether by reason of age, status, nationality, exception, or otherwise, within Class One under the Military Service Act, 1917, as defined for the time being or that, although within the said Class, he is exempted from or not liable to military service; shall have with him upon his person at all times or in or upon any building or premises where he at any time is,

member of any other society or body, a certificate of the fact signed by an officer-holder competent so to certify under the regulations of the church, order or denomination, society or body, to which he belongs; or

EXEMPTION

If it be claimed that he is exempted from or not liable to military service by reason of any exemption granted or claimed or application pending under the Military Service Act, 1917, or the regulations thereunder, his exemption papers, or a certificate of the Registrar or Deputy Registrar of the district to which he belongs evidencing the fact; or

OTHER CLASS

If it be claimed that he is not within the Class, or that he is exempted, not liable or excepted upon any other ground, a certificate of two reputable citizens residing in the community where he lives having knowledge of the fact upon which the claim is founded and certifying thereto;

FAILURE TO CARRY REQUISITE EVIDENCE

If upon or after the 1st day of June, 1918, any such male person be found without the requisite evidence or certificate upon his person or in or upon the building or premises in which he is, he shall thereupon be presumed to be a person at the time liable for military service and to be a deserter or defaulter without leave;

PENALTY

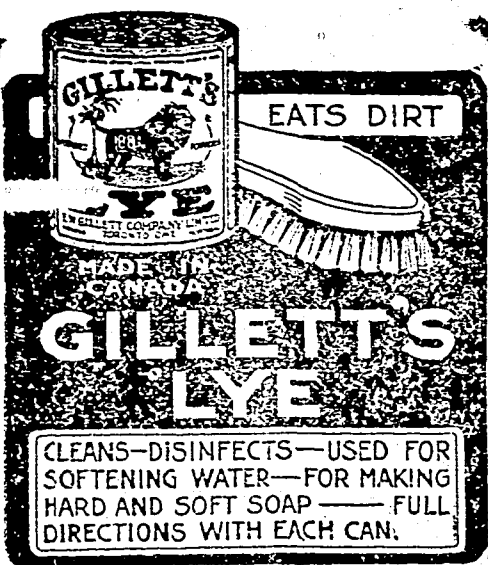
And he shall also be liable upon summary conviction to a fine not exceeding \$50 or to imprisonment for a period not exceeding one month, or to both such fine and imprisonment; and moreover, any such person may forthwith be taken into military custody and may be there detained and required to perform military duty in the Canadian Expeditionary Force so long as his services shall be required, unless or until the fact be established to the satisfaction of competent authority that he is not liable for military duty.

FALSE CERTIFICATE

The use, signing or giving of any such certificate as hereinbefore mentioned shall, if the certificate be in any material respect false or misleading to the knowledge of the person using, signing, or giving the same, be an offence, punishable, upon summary conviction, by a penalty not exceeding five hundred dollars, and by imprisonment for any term not exceeding six months and not less than one month.

ISSUED BY THE MILITARY SERVICE BRANCH
OF THE DEPARTMENT OF JUSTICE.

Ottawa, May 22, 1918.



Soul-Hunger in Palaces

The soul, like the "messenger from Mars," has never seen money and knows of no charm of it. There are desires, there is hunger that cannot be reached by the check book.

It is the coarser side, the more brutal in us—the animal, in fact—which is satisfied with money, but there is that within us which money cannot minister to—which money does not attract.

This finer character element feeds on love and service. Fame does not touch it, riches do not appeal to it, nor do houses or lands satisfy it.

This divine self, this ideal, is starving for food in many a palace, is a pauper in the midst of wealth, is hungry for an impalpable food. All that wealth can buy only gives it dyspepsia. Fine tapestries and costly furnishings and bric-a-brac have no power to satisfy its longings.

Do You Kill Time?

Are you a time killer? Do you stand about talking when you should be disposing of duties that press upon you?

Do you hang around home when you should be at your office? Do you put off till 9.30 o'clock the things that might as well be done at 9?

Do you lag through a task instead of attacking it with all steam on and pushing through it briskly?

Do you fritter away a single hour of the day that might be useful in benefiting your health, improving your mind or helping your business?

If so, stir yourself. You are out of the American spirit. You are not even standing still. You are going backward. If you do not look out the rest of America will leave you far behind. Stir yourself today—this morning.

Pure Maple Sugar

2 bars for..... 25c

Delmonte Strawberry Jam

Tins, 2's..... 35c

Matches

Per pkt..... 20 and 30c

Buy your supply now before price is raised.

Phillips & Whitehouse

Phone 48 Armstrong

MAT. HASEN

Auctioneer and Livestock Salesman

ARMSTRONG B.C.

I have a wide acquaintance amongst buyers. Consult me when you want to hold a sale. Also send me particulars of any surplus stock you wish to dispose of.

PHONE No. 34

Care and Intercropping of Young Orchards

(Experimental Farms Note)

The call for greater production will be with us for years yet even though peace were here today and it behooves all farmers with young orchards to get them producing food and at the same time improve the physical condition of the soil. Humus, or decayed vegetable matter, must never be forgotten in this work. The slogan of the Dry Belt farmer might be: "Humus in the soil buys Victory Bonds."

Now, a ten acre orchard in clean cultivation, costs as much for irrigation and cultivation as though this ten acres were producing crops. To maintain soil fertility, the good farmer puts his farm under a rotation and the orchardist must bear this in mind also. A very suitable rotation would be:

Two acres vegetables of all kinds, tomatoes, melons, etc.

Two acres oats, seeded to clover.

Two acres clover, manured and plowed in the fall and worked well in spring for soiling crops.

Two acres soiling crops for hogs, sheep or the cows.

Two acres roots, potatoes, mangels, carrots, etc.

Vegetables for sale, tomatoes, cucumbers, peppers, melons and egg-plants, etc. have proved successful crops in the Dry Belt. Clover in the orchard is by far the easiest crop to handle for turning under, also for producing a good amount of hay.

Oats would be seeded down to clover and cut as hay and let ripen for grain. Soiling crops would come in rotation, first fall seeded rye, say one acre, barley and peas half an acre sown early and half an acre oats and peas sown ten days or two weeks later. By the time the rye is off, the barley and peas will be coming on for cutting and then the peas and oats. The rye land should be irrigated, plowed and seeded to barley and tares and rape; the barley ground seed to hairy vetch and the oat ground to rye for next spring. If the barley and peas or oats and peas are getting too ripe before finished cutting green, harvest as hay, when the peas begin to be fairly large in the pods cut for hay. Let the crop make in the cock and in this way bleaching will be avoided.

The cheapest way for absentee lot owners to handle young orchards is to divide the 10 acres into three parts of 3, 1-3 acres each. Seed down to clover six and two-thirds acres

and put the remainder into potatoes, beans or some hoed crop and as soon as the crop is harvested seed down to fall rye for a cover for winter. Plow this in the spring and seed to clover. Three and one-third acres of the clover should have been plowed under the previous fall for hoed crop the next season and so rotate the crops, always to have two-thirds clover and one-third hoed crop. This reduces the cost of working the land, is bringing in a cash crop every year and is improving the soil. The question of soil improvement has to be considered more than it has been, and with manure scarce and fertilizer high we have to resort to turning under vegetable matter, especially legumes, to keep our soil improving instead of deteriorating.

Skim-Milk Substitutes

(Experimental Farms Note)

The use of milk-substitutes for the weaned pig has received considerable attention on the Experimental Farm System. An average of results for three years' work at Ottawa with tankage reveals the following facts:

1. That as an addition to a ration already containing milk, oil meal is superior to tankage.

2. That a direct replacement of milk by tankage shows the lowest gain and the highest cost of production of the five rations fed.

3. That the lots receiving no tankage usually made highest gain at the lowest cost.

4. That tankage, while useful in correcting unbalanced ration showed up poorly, when added to rations already showing variety and fair balance, particularly illustrating the comparative value of skim-milk.

Grain, oil meal and milk required 1.39 pounds meal per pound gain; grain, tankage and milk, 1.64 pounds; grain, tankage and water, 2.59 pounds; and grain and milk, 1.54 pounds.

As mentioned, these results were obtained from an experiment in triplicate, or carried on similarly in three consecutive years. That tankage, however, may be regarded as a fair substitute for milk, while by no means equalling it, would be indicated by an experiment at the Experimental Station at Brandon.

Here three lots of pigs were fed, No. 1, grain only; No. 2, grain and tankage; No. 3, grain and buttermilk.

While high gains at a low ex-

pense were particularly in evidence as the result of feeding buttermilk, a very considerable reduction in cost of production and a marked increase in gains, are seen where tankage was added to the straight grain ration. Grain only made gains of .92 pounds daily costing 9.8c per lb; grain and tankage, 1.39 lb daily costing 7.1c per lb; grain and buttermilk, 1.57 pounds daily costing 6c per lb. This bears out what has been pointed out, that as a balance for a ration low in protein, or for weaners, or a ration lacking milk, tankage has a place, but that, as an addition to an already balanced and suitable ration, no adequate return is likely from the use of the high priced meat by-product.

A further qualified comparison of milk substitutes for pigs weaned was afforded at Ottawa in 1917. Here skim-milk was fed to all lots; meal and milk; meal, milk and 10 per cent tankage; meal, milk and 10 per cent fish meal. The grain and milk lot gave slightly cheaper gains and was superior in condition, indicating that the addition of the concentrates was not economical.

For growing hogs fed on dry lot or outside paddock, milk showed to distinct advantage at Ottawa in 1917 in self-feeding trials. Hogs fed meal in self-feeders with skim-milk in troughs gave gains of 1.05 lbs daily costing 5.3 cents per lb. Meal, self-fed, with tankage replacing milk with another lot, gave gains of .52 lbs daily costing 10.2 cents per lb. The skim-milk fed lot required 1.79 lbs meal and the tankage fed pigs, 3.9 lbs meal per lb gain.

In the experiments above referred to, all lots were practically identical in age, weight and thrift, at the start of operations.

Skim-milk is the natural food for the weaned and weaning pig. Tankage, blood meal and fish meal, where these feeds are procurable, may be regarded as fairly efficient substitutes.

CARD OF THANKS

Editor OKANAGAN COMMONER:

Dear Sir:—

Will you please find space in your valuable paper for the following letter of thanks and appreciation? There is a saying that "Many can help one, where one cannot always help many." The true spirit of this proverb was fully carried out by the kind people of Armstrong who have so generously come to the assistance of those who suffered by the recent fire.

On behalf of Mrs. Naylor and myself I wish most sincerely to thank all those kind friends who so generously responded to the call for help, and to say that we appreciate their kindness very much. I remain yours truly,

HARRY STORR.



Canada's Registration Its Purpose and Application

CANADA faces the gravest crisis in her history. Four years of war have taken from the Dominion a heavy toll in talent and labor, yet despite the shortage of man power, our Allies still depend on Canada to maintain her own fighting forces at full strength and to increase her exports of food and war materials, so vital to them, and to the successful prosecution of the war.

Every ounce by which Canada can increase her food production and every ounce Canada can save in her food consumption is needed for export to the Allies.

Should the war continue for another year, food cards and a rationing system may have to be instituted. It is the duty of Canada to be prepared for whatever situation circumstances may force upon her.

It is quite probable that before the war is won our Government may have to place restrictions upon the occupations in which men and women may engage. In such an event the Government wishes to be in a position to render all possible assistance in keeping our population usefully and profitably employed.

Registration Day, June 22nd

These conditions point to the necessity of Canada knowing the exact capabilities of her men and women at home.

All persons residing in Canada, male or female, British or alien of 16 years and over, will be required to register on June 22nd and truthfully answer the questions set forth upon the registration card.

It is not the Government's intention to conscript labour in any form, but to assist in directing it wisely,

so that every available unit of human energy may be utilized to the best advantage.

The information procured through registration will be used—as an aid to the Military Authorities in procuring the men necessary to maintain "Canada's First Line of Defence"—to mobilize all units of available labor in the Dominion and direct them from less essential to more essential occupations—to establish and intelligently administer a system of food rationing should that become necessary.

Issued by authority of Canada Registration Board

MacLachlan Hardware Co.

ARMSTRONG, B. C.

Dairy Supplies--Butter bowls, butter spades, butter ladles, sanitary Daisy pail, cream cans, delivery cans, skimmers, crocks from 1 to 6 gallons, cream separators, etc. See our stock and get our prices before buying.

Haying Tools--Hay forks, hay rakes, scythes, snaths, steel cable for hay carriers, machine oil, oil cans, scythe stones, grinding stones. We can take care of your wants in all these lines at lowest prices

Wagons--at \$1.25, \$2.25, \$2.40, \$3.75 and \$6.75 each.

Washing Machines--Motor washers \$24.50, the Eden electric combined washer and wringer for \$150.00. Have a look at this washer, it is certainly a labor saver in the kitchen.

Binder Twine

PHONE 47

Barb Wire

BANK OF HAMILTON

Established 1872

Capital Authorized, \$5,000,000
Capital Paid-up, \$3,000,000
Surplus, \$3,500,000

SEND YOUR BOY AT THE FRONT
A FIVE FRANC NOTE FOR \$1.00

Can be used to buy little comforts, close behind the firing lines.

FOR SALE BY

BANK OF HAMILTON

H. L. PAYNTER, Mgr.

ARMSTRONG BRANCH,

41-C

Armstrong Growers' Ass'n. SEED

Wheat, Oats, Barley, Spring Rye, N. W. Dent Corn, Timothy, Clover, Vetch, Rape, Sludstrop, Long Red and other Mangel Turnip and Beet seed for late gardening Golden Bantam Corn, Squash and Citron Alfalfa Culture

H. S. Timberlake, B.O., Graduate Optometrist

Jewelry

Birthday Gifts

Wrist watches for the boys

going overseas--

WHAT BETTER GIFT?

Timberlake, Son & Co.

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Agent for McLaughlin, Dodge and Chevrolet Automobiles.

REPAIR WORK GUARANTEED.

Tires, accessories, oil, etc. always on hand. Storage batteries recharged. Prestolite tanks exchanged. Fairbanks Gas Engines. J. I. Case Machinery.

"Storage." Use our free air station

"When Pa Puts on His Evening Suit"

Whenever Pa and Ma have got to go to some place swell And Pa must wear his evening clothes, you ought to hear him yell. He starts in grumbling days before and says to Ma that he Can't understand why people want to cause him misery. "You needn't think I'm goin' to rig up for that affair, If it's a dress suit party," says he, "I won't be there!"

But Ma, she doesn't say a word, she's heard that tale before, And Pa goes on: "If there's anything that really makes me sore It's to have to squeeze myself into that spike-tailed coat, And be in agony all night. That sure does get my goat! You needn't plan on bein' there, I'm tellin' you what's so, If they want spike-tails on the men I'm not a-goin' to go!"

And then the party night comes round an' Pa sits down to tea, An' Ma has got her hair all crimped as pretty as can be; She's all fixed up to go except to slip into her gown, So's she'll have time to wait on Pa an' get his dress suit down, An' put the buttons in his shirt an' straighten out his tie, An' Pa just grunts, an' eats, an' says: "It must be nice to die."

As soon as Pa goes up the stairs, then all our troubles start In gettin' Pa dressed up to go we all must play a part; I get his shiny shoes, an' Sis gets out his fancy vest, An' Ma keeps humpin' all the time and has no chance to rest, Coz Pa don't stay in one room when he puts his dress suit on, If we had eighteen bedrooms, he'd make use of every one.

He turns the house clear upside down; you'll find on every chair Some garment that he's taken off or just about to wear. And all the time he's growlin' that he'd rather go to bed, Or tellin' of a hundred things he'd like to do instead Of goin' where he's goin', but at last away they scoot, And once again Ma's landed Pa into his evening suit.

KELOWNA DISTRICT HARD HIT BY FROST

Estimated That Loss Will Reach Half a Million—Tomato and Stone Fruits Suffer Most

Probably the hardest blow which has ever visited the Southern Okanagan came along in the early hours of Friday morning, Victoria Day, when promise of an excellent and bountiful season was dashed to the ground by six degrees of frost and its disastrous results. The warm weather which had prevailed a few weeks before had tempted many to set out their young tomato plants, with the result that Friday morning's frost destroyed probably a million and a half of young plants. This is thought by many to be less disastrous than at first appears. Practically all agree that if the tomato crop had all matured under a good season that the crop would have been far larger than could have been taken care of in the district. On the other hand, the loss remains and the cost of labor and planting and preparing will have to be written off as a loss and will of course remain so even if other crops be planted or more young tomato plants are forthcoming.

By far the most serious loss lies in the fruit crop, low lying districts being practically wiped out of many varieties. The frost appears to have played strange pranks, jumping over some places and putting its full power of destruction into others.

Accounts and particulars of

the amount of loss vary greatly from different districts, but it is believed that it may run as high as half a million dollars in the Kelowna district. Okanagan Mission and Rutland appear to be the hardest hit, Glenmore probably suffered a fifty per cent loss while the K. L. O. Benches and Ellison almost escaped completely. There is not the slightest doubt that the plum, prune and pear crop will now be a poor one, while it is estimated that the apple crop here has been shortened by between 250,000 and 300,000 boxes. The total acreage in tomatoes appears to have been in the neighborhood of 336 acres.—Kelowna Courier.

"Demoralizing the Public"

Evidence of the growth of the movement in favor of making the Patriotic Fund a purely government institution provided for out of taxation was afforded when the B. C. Methodist Conference, assembled at Wesley Church, went on record in favor of the abolition of the voluntary system so far as the finances were concerned, but retaining the present machinery and the voluntary services now given for its administration. A combination of voluntary and taxation methods found some support, while there were not wanting those who declared the present method of raising funds was demoralizing the public. Incidentally, Dr. Albert T. Moore inveighed against raffles as a means of raising patriotic funds.

NEWS AND VIEWS

J. P. McConnell, formerly with the Saturday Sunset and other publications in Vancouver, is now connected with the Food Department at Ottawa. After leaving the coast he went to New York City, where he engaged in newspaper work until recently.

The Manchester Guardian, one of the most influential British newspapers, as well as a number of others, strongly condemn the new Canadian censorship regulations. The Canadian regulations are more drastic than any put in force in England.

"I have seen some of your boys in hospital wards gassed, shell-shocked, maimed—one of them had to be carried in a sack because he had lost both legs. Yet I come home here to this side of the Atlantic, and find people quarreling about the new restaurant regulations."

That Western Canada is on the eve of one of the largest land movements that has ever taken place from an actual settlement standpoint is the opinion of J. Wardrop, immigration agent of the Canadian Northern Railway, who returned from a trip over the branch lines in the three western provinces.

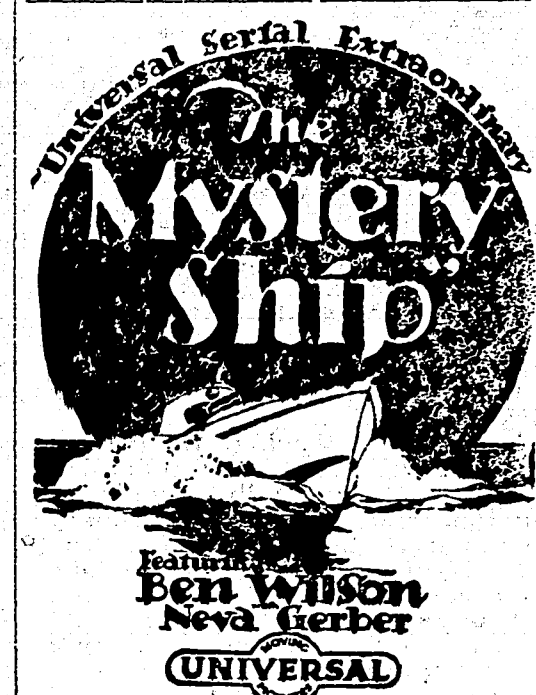
"Lloyd George, Rhonda, the food controller of France, Clemenceau, and the ministers in charge of agriculture and food supplies over there have their eyes not only on the Western front, but on US. If we do not send enough food they cannot be held responsible for the result of the war. That is their message."

More than five million pounds of binder twine will be distributed by the Grain Growers association this year, or an approximate increase of two million pounds compared with last year. The price will be about 25 cents f.o.b. head of the Great Lakes, and financing of this department of the business alone will require a sum of \$2,225,000.

Major A. Megraw has received notification from Ottawa that the scope of his work as Inspector of Indian Agencies has been extended to cover all of British Columbia. Chief Inspector Ditchburn and Major Megraw now constitute this department for this province. Inspector Tyson, who had part of the coast and northern sections under his control, having been retired from office. Major Megraw is also given power to subpoena witnesses, etc., and conduct any investigation into Indian affairs in British Columbia.

Three hundred and twenty acres of land in B. C. have already been sown this year for the production of seed for root crops. In 1917 not more than 75 acres were doing duty in this connection. The satisfactory advance noted in a most vital branch of agriculture is a tribute to the climate of B. C. and augurs well for the future of the industry which may reasonably be expected to assume such proportions as will not only remove the dependence of this Dominion on the United States and United Kingdom, but will enable her to enter the competitive markets with her own products for sale.

I have a hand stump puller which has only cleared a few acres. Most satisfactory puller on market and in excellent condition. Greatly reduced price. E. O. Manchee, 123 Bay St., Toronto.



Lest We Forget

Enderby is an incorporated town on the S. & O. branch of the C. P. Railway 23 miles from Sicamous Junction, 28 miles from Okanagan Landing, 15 miles by good automobile road from main C. P. R. line at Salmon Arm. Altitude 1165 ft. Incorporated area 655 acres. Population: within corporate limits (Dom. census 1911,) 835; beyond limits, in surrounding district (estimated) 1,000 or, in all, about 1,800. Town is charmingly situated among low, green hills, at the head of navigation on the beautiful Shuswap river at a point where several tributary valleys converge and which seems to have been marked out by nature herself for a distributing, industrial and social center. The principal industry, at present, is lumbering. The saw mills have an annual capacity of 10 million feet, daily loading capacity 300,000 ft. There is a first-class roller mill here of 300 to 400 bbls., daily capacity, not working at present but in perfect order and ready for operation. There is a good hotel, excellent stores carrying all the usual lines of merchandise, a bank (Montreal), brickyard, livery stable, garage, printing and newspaper office, (pub. The Okanagan Commoner, serving the Enderby, Armstrong and adjoining districts), cottages, hospital, opera house, modern schoolhouse (cost \$60,000.00) with graded and high school departments and agricultural instructor, four churches, masonic and other lodges, two daily trains, electric light, local and long distance telephone, municipal water supply. District is excellent for mixed farming; ample rainfall, no irrigation needed. Enderby apples won Banksian Silver Medal at Royal Horticultural Show, London, Eng., year 1910.

"The present situation in Europe requires that we give every comfort and assistance to the Allies. Whatever the result of the new German onslaught may be, we cannot hope that Europe's plea for additional food supplies will become less."—Mr. Herbert Hoover.

Application forms are in all post-offices or may be had from Mr. James H. Beatty, "S. O. S." Office, Parliament Buildings, Victoria, B. C. Food will help in winning the war.

Court of Revision

PUBLIC NOTICE is hereby given that the Court of Revision for the above Municipality will be held in the Municipal Hall, Armstrong, on Saturday, June 8th, at 10 a. m., when all complaints against the assessment will be heard. All appeals, complaints or objections must be in writing, and delivered to the assessor at least ten clear days before the first sitting of the Court of Revision. Dated this 4th day of May, 1918. L. E. FARR, Clerk.

A. McCULLOCH, VERNON, B.C.

Manufacturer and Wholesaler

—of—

PURE, REFRESHING, AERATED WATERS

and

AGENT FOR THE FAMOUS
CALGARY "CHINOOK"

BEER AND SODA

One must drink to live—to live to drink. And few things are more refreshing, invigorating or desirable, during the hot, dusty days of summer than a cool drink of these PURE, SPARKLING AERATED WATERS, or the Tonic Qualities of the non-alcoholic hop beverages.

Send for Price List

Our Motto:

"SERVICE and QUALITY"

YOUR BUSINESS DESIRED

Mail and phone orders given prompt attention.

Phone 49
Vernon, B.C.

C. CREED

Real Estate and Insurance Agent.

Auctioneer and Live Stock Saleman

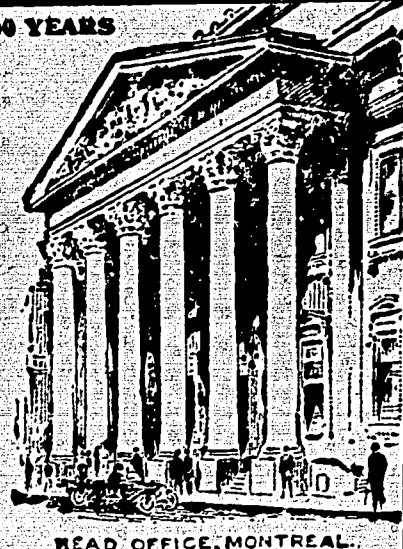
ARMSTRONG, B. C.

BANK OF MONTREAL

ESTABLISHED OVER 100 YEARS

Sales Notes Collected

Farmers will save themselves much delay and possible loss by making Sales Notes payable at The Bank of Montreal—and leaving such notes in our care for Collection.



D. R. CLARKE,

Supt. British Columbia Branches.

VANCOUVER.

C. B. Winter, Manager, Enderby Branch.

BRANCHES IN OKANAGAN DISTRICT

Armstrong, Kelowna, Princeton, Summerland, Vernon.

We Keep a Good Supply of Chick Food & Remedies

Baby Chick in pkgs. or bulk at 7c per lb.

Chick Developer at 6c per lb.

Special for this week in Pickles

Sweet Gherkins, regular 30c per lb. for 25c

Sweet Mixed, reg. 30c, for 25c

TEECE & SON, 'PHONE 48

Bell Block, Enderby

Mr. Merchant

The next time you require anything in Commercial Printing—

Letterheads
Loose-Leaf & Standard
Billheads
Envelopes
Circular Letters
Business Cards
Etc.,

Tell us your needs and let us give you an estimate on the cost. We can give quick service and produce Job Printing that satisfies, at live and let live prices. Phone or write.

THE WALKER PRESS
Enderby

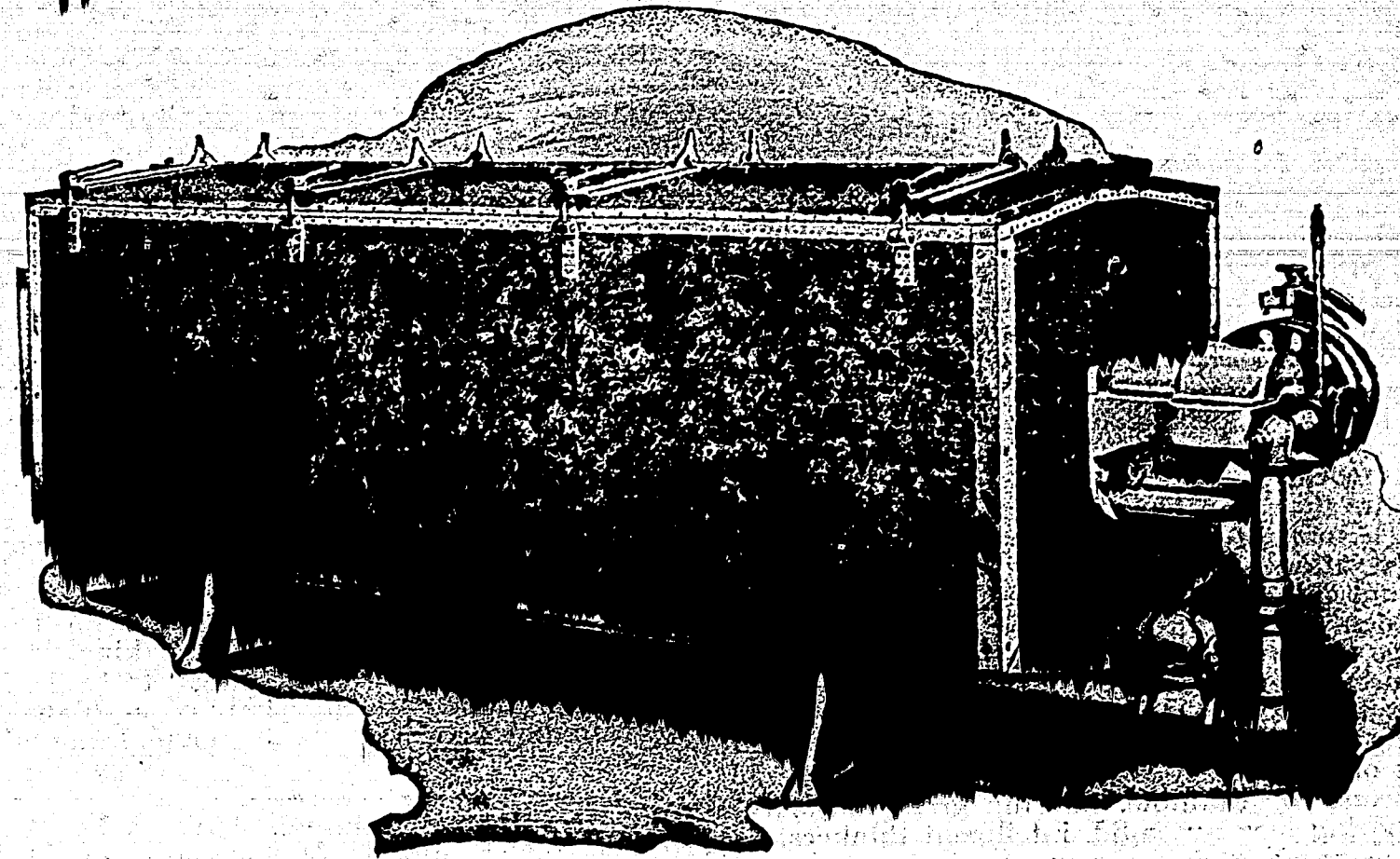
THE CARY PRESS
Armstrong



New 300 Gallon DeLaval "Acme" Pasteurizer

JUST INSTALLED BY

NORTHERN OKANAGAN CREAMERY ASSOCIATION



completes the equipment for turning out the very best of "Meadowbrook" and "Armstrong" brands of butter and "Arctic Velvet" icecream

WATCH US GROW

Okanagan Commoner, Subscribe Now, Two Dollars a year

Okanagan Commoner

In which is merged the Armstrong Advertiser and Enderby Press.

Published every Thursday at Armstrong, B.C., at \$2 a year, by WALKER & CARY.

H. M. WALKER, Editor & Manager.

Advertising rates: Transient, 40c an inch first insertion, 25c each subsequent insertion. Contract advertising, \$1 an inch per month.

THURSDAY, JUNE 6, 1918

FARMERS WANT TO KNOW

At a meeting of the Northern Okanagan Farmers' Institute held in Enderby last Saturday afternoon, the president, Mr. Wm. Monk, of Grindrod, was appointed delegate to attend a convention being held at Kelowna this week, for the purpose of hearing and discussing all matters coming before the meeting, relating to agriculture. This is the first convention to be held under the new Institute regulations. Heretofore the annual convention of Farmers' Institutes was held in Victoria, where delegates from the 140 Institutes in the province would gather. It was found to be too unwieldy, and an amendment to the act was brought in dividing the province into nine districts. Each of these districts are to hold conventions and resolutions formulated at these district conventions are to be taken to general conventions to be held at the coast made up of only one delegate from each of the nine district conventions. Resolutions from each local institute are taken to the district meeting and threshed out there, then to the provincial meeting. At the Enderby meeting last Saturday the farmers present took a strong stand on the Asiatic question. The feeling of the meeting was unalterably opposed to Asiatics, and further, that it is up to the government to let the public know what are the "imperial reasons" which have heretofore been sounded whenever the question of passing legislation restricting Asiatics has come up. The feeling was expressed that there was neither rhyme nor reason in allowing the menace to grow about our British Columbia homes for "imperial reasons" we were not permitted to know.

The following resolution was passed:
Whereas, the fact that the young men of our province are now being drafted to fight the battles for imperial rights, and their places are being rapidly filled by Asiatics, and

Whereas, Asiatics are now getting hold of land by lease and freehold, and are organizing to go into the markets against the resident farmers of the district, and

Whereas, whenever legislation has been asked for preventing Asiatics from holding land by freehold the reply has always been that for imperial reasons legislation of this character is impossible, therefore be it

Resolved, that we, members of the Northern Okanagan Farmers' Institute view with alarm the continual incursion of Asiatics upon the white man's domain, and we respectfully ask the Government to state what these imperial reasons are; and further

Resolved, that we request immediate legislation that will prevent the further menace of our homes and home communities by the present movement of Asiatics in this Province, and particularly in the Okanagan Valley, through acquiring land by long-term lease and freehold; and as a means of bringing about better conditions, and the saving of our home communities for the boys who have been drawn to France when they return from the war, be it further

Resolved that legislation be passed making all leases now held by Asiatics terminate not later than one year after peace is declared, and that no further sale of lands to Asiatics be permitted, now or hereafter.

Here's a fact. The nightingale builds but one nest in a season. In this nest she lays just five eggs. If, by chance, these eggs are destroyed—then the miracle—through Desire she re-creates anew, laying five more eggs, and completes the joys of motherhood.

AUTOCRATIC ARROGANCE

Saturday Night, of Toronto, usually so sane and interesting on all public questions, seems to have an autocratic-bol on its neck when it comes to discussing the rights of labor. Speaking of the Winnipeg strikes it says:

"The proper course to pursue would be to conscript every male striker of whatever age, and order him back to work; and to apprehend female strikers under the statutes covering idleness. The proper medicine for the conspirators who have headed the movement is the bullet."

It looks as if we have some real little Kaiser Bills in this democracy of ours. If our memory serves us rightly and the reports were true, the medicine suggested by Saturday Night is exactly what the strikers of Germany got some weeks ago, and Saturday Night and the press generally featured it as another demonstration of brutal Kaiserism. It was only a short time ago when that hard-headed, far-seeing leader of men, Chas. M. Schwab asserted that "we are at the threshold of a new era," and "the man who labors with his hands, who does not possess property, is the one who is going to dominate the affairs of the world."

In the face of a broad statement such as this from a man of Mr. Schwab's calibre, the pin-headed utterance of Saturday Night is a joke. England did not give her strikers the bullet when they demanded a greater share of war's excess profits. Nor will Canada. Mark this: Whether our moneyed men like it or not the laboring man of Canada is going to demand—and get—what is coming to them. There may be hot-heads in the ranks of labor—just as there are in the ranks of the press, for example, but the great majority of laboring men are solid, intelligent thinkers, quite as much so as the men of money who presume to lord over them. And these laboring men are not going to take advice from anyone suggesting the bullet as the proper medicine for their complaint. It is just such rabid utterances as this from Saturday Night that bring about bloodshed and resultant horrors.

Don't be a spasmodic advertiser. It's constant dripping of water that wears the stone away.

IMPUTING FALSE MOTIVES

We publish in our correspondence column another letter from Mr. J. H. Patten on pigs. We have no desire to give undue publicity to this sort of thing, nor yet restrict public discussion, but Mr. Patten takes such a contemptible view in his deductions, and his argument seems so unfair that we feel called upon to make some explanation. Let it be known, however, that this is Mr. Patten's last communication in the Commoner on this question. Why? Because Mr. Patten deliberately falsifies facts and draws on his imagination to make out a case against the Commoner, in support of the position he has taken against Mr. Murray. He has gone beyond all reason in imputing to the Commoner false motives in holding over the publication of his letter of two weeks ago. The letter was crowded over one week by what we considered better local news. As for the Commoner going to Mr. Murray and becoming his "solicitor," as Mr. Patten states, that is an imputation that can only come out of a weird imagination. The facts are these: Mr. Murray did not know the Patten letter was in our hands, or in existence, until he read it in the Commoner. No doubt, when Mr. Patten drew down his cheque for his hogs, and found the commission of one-fourth of a cent per pound had been deducted by the commission man, he did not then and there take the matter up with Mr. Murray as a businessman should, but hid himself home and in the seclusion of his closet worked upon his imagination to make a case against the man who bought his pigs. Then he comes to the Commoner with the letter instead of going to Mr. Murray with his complaint, and expects the Commoner to become a party to his attack on the one man in the deal who was, in our humble opinion, deserving of commendation for his enterprise and public spirit. When Mr. Murray read the Patten letter in the Commoner he threw the paper down, feeling that a real injustice had been done him, and he did not know until the next day that the Commoner had replied to Mr. Patten, when the fact was pointed out to him by a friend. So much for Mr. Patten's case against the Commoner.

We will now explain why the Commoner took up the matter editorially. It was not in defence of Mr. Murray. We have talked to a number of farmers who sell their hogs to Mr. Murray—men who probably sell twenty hogs to one sold by Mr. Patten—and all expressed themselves entirely satisfied with Mr. Murray's method and cash payments. Therefore we do not think any defence of Mr. Murray is necessary, either by himself or others. What the Commoner is aiming at is to expose and discourage this chronic knocking of our business institutions by such men as Mr. Patten. If Mr. Patten has as few facts to support his case against Mr. Murray as he has to support his case against the Commoner, then Mr. Murray can well afford to say nothing, for every knock of the Patten type is a direct boost for the one knocked.

We have nothing to add to what was said editorially in our issue of May 23rd. We have every confidence in the great majority of our farmers, who are practical men and earnestly seeking by co-operative methods to better their condition and develop the agricultural industry along progressive lines. But we have little use for the type of man, farmer or anything else, who enters into a business deal, draws down his money, apparently satisfied, then hikes home and writes something to the press about the other fellow getting the best of him. We haven't any posies in our flower garden for men of this type.

If there is any ground for complaint why not complain before accepting the money? If hogs can be sold at a higher price independent of Fred Murray why not sell them? What is the use of imputing false motives to this neighbor or that, when in reality there is nothing to support the imputation but the random thoughts of a perverted mentality?

Mr. Murray's method of doing business is the simplest and most straightforward of any. As we understand it, he pays the Calgary price for hogs and deducts one-quarter of a cent per pound to cover costs in gathering up the hogs and shipping them in carload lots. The last shipment brought 19½ cents per pound, and he paid the farmers 19¼ cents. Mr. Patten's statement that the farmer pays two commissions is on a par with many of his other statements. If Mr. Patten wants all there is in the pig and on him—even to the curl in the tail—he will have to establish a curing plant and can what he cannot smoke or devour. In the meantime our farmers will continue to raise pigs and sell them to Mr. Murray or someone else, at the market price less the selling cost and feel that they are making big money. If they are not satisfied with the price they won't sell. Very few of them will be so unfair as to accept the price, take the money, then turn and "knock" the man who buys and ships the pigs.

"I THINK SO"

Those war correspondents responsible for so much speculative stuff cabled from London camouflaged as war news should be reminded of the story of two lions. "If a lion," he story runs, "having grown to full size, should be made exempt by his parents from catching game, they capturing his prey for him meanwhile teaching him by lectures the theory of hunting so he would later be better prepared to catch game for himself wouldn't there be a grave risk that this protected lion would fall prey to another of his kind who had been educated by doing things, instead of merely talking about them? I think so, or not, as the case may be. Although, of course, I may be mistaken."

Why does British Columbia have to eat Alberta beef for six months of the year?

Why is 90 per cent of British Columbia's ham and bacon imported from Alberta, Toronto and Seattle?

Why is British Columbia's lamb and mutton almost all imported from the United States?

Why is most of British Columbia's supply of turkeys, geese, ducks and chickens imported from the United States, the prairies and Ontario?

Why does British Columbia send \$3,000 per day to Alberta for butter and eggs?

ENGLISH AND CANADIAN PRINTS

Special purchase and a big table full of English and Canadian Prints; light grounds medium and navy blue; 1000 yards.

Price per yard 25c

BLUE DENIM

400 yards of Cadet and Butcher Blue Denims; very heavy durable cloth; actual 50c values,

For, per yard 35c

WOMEN'S STRAP SLIPPERS

Black Kid Strap Shoes, low heels, wide and comfortable; one strap; excellent for hot weather. All sizes;

Price, per pair \$2.35

MEN'S FOOTWEAR—All Sizes

New Lasts in a splendid selection of Men's Boots; black calf, Vici kid, gun metal; narrow, medium and wide fittings; values worth to \$10.00 pair;

Price, per Pair \$8.50

LADIES' SHOES—All Sizes

Black calf vamps with black cloth tops; lace style only; medium heel; a splendid shoe for every-day wear.

Price, per pair \$3.95

BOYS' BOOTS, Sizes 1 to 5

All strong school boots for hardest wear; in gun metal, calf and kid leathers.

Price per pair \$3.95

HEAVY ENGLISH FLANNELETTE SHIRTS

Large sizes only; \$1.50 value;

To Clear 65c



Mail Order Department H.

VERNON, B. C. BRITISH COLUMBIA INTERIOR STORE

CORRESPONDENCE

To the Editor of the COMMONER:

Your vigorous defence of Mr. Fred Murray, and equally vigorous, though unprovoked attack on myself in your issue of May 23rd certainly proved a genuine surprise to me, as it was to a goodly number of your readers who were anxious to hear what explanation Mr. Murray had to make. Surely a man capable of working out such a scheme as that complained of in my letter, should be able to defend it if he thought it was "the right thing to do."

Then when the editor of THE COMMONER comes to the rescue with his reserves—mostly gas and smoke—we felt curious to know why the editor should feel called upon to put in his oar into something which didn't concern him in the smallest degree.

My letter was in the hands of the editor ten days before publication, so that this reply was under process of incubation for that length of time, but the result is not very creditable to either Mr. Murray nor his solicitor as I suppose we may call the editor.

The issue was plain enough. My complaint was that instead of paying the price for our hogs that he quoted, Mr. Murray kept back part of the money which I claimed he had no legal nor moral right to do. Of course Mr. Murray can't defend such an act, but turns it over to the editor of the local paper to make the best of a bad situation. The editor commences with a bombardment of smoke balls to becloud the issue, makes a furious and indiscriminate attack upon the farmers, charges them with blocking the wheels of progress. They won't do any thing themselves, nor let any one else do it. We are afraid that the editor has had a bad attack of brainstorm. He certainly writes well, but it's no use, people are not going to be deceived by such clap trap as that.

We have no disposition to belittle any services that Mr. Murray may have rendered to the farmers of the district, but let me say this, that there are as many hogs produced here today and will be a year from now if Mr. Murray wasn't in existence. No one will dispute his right to payment for all he does, but we do dispute his right to take it out of the farmer. If P. Burns & Co. appreciated Mr. Murray's services one half so highly as does the editor, they would see that he was well paid, and not placed in the humiliating position of taking money that he has no right to in order to get his pay.

It will be noticed that the editor doesn't say any where in his article or bill of defence that Mr. Murray's actions are right. He fights shy of that, but raises a great hue and cry against the farmer for sins of omission and commission (which doubtless the farmer will duly appreciate) and concludes with this: "Anybody that will kick at a quarter of a cent a pound on pig bringing 19½ cents on the hoof is mighty hard up for something to kick about."

Now that's just where the trouble starts. If Mr. Murray had attempted to take say 2 cents a lb. as his commission, the whole community would have been down on him, but why not? If it's right to take a quarter of a cent it's just as right to take one or two cents. The fact is that we have so much of that kind of thing our moral perception has become so blunted that we fail to notice it or only with a shrug, unless it happens to be something flagrant. Then we call it a big steal or graft. Happily newspapers as a

rule are down on that kind of thing. Newspaper editors are supposed to be and should be leaders and moulders of public opinion and morals as well, but when we see the editor of a newspaper such as the COMMONER not only open his columns but writes editorials condoning and defending questionable methods to say the least, it seems easy and natural to conclude that given the opportunity he wouldn't hesitate to practise what he preaches.

Now, Mr. Editor, this letter is far longer than I intended, but I would like to add a word as to the way out. It is manifestly impossible for the farmer to pay two commissions on hogs fattened on ground over bran. That's what we are doing whether we realize it or not. Now why can't we have Mr. Fred Murray appointed P. Burns' accredited agent for this district, and let the other fellow stay out. There is no one whom I would like as well to see take it. Ninety per cent of the hogs in the summer East or West are being bought by local agents, and I think it is the most satisfactory way. But I never knew a case before where a commission was exacted at both ends. I repeat what I said in my first letter. I don't feel a particle of resentment towards Fred Murray. I believe that he has made a mistake. We have all done that—I may say the same in regard to the editor, though I wouldn't know him from Adam. To show my sincerity I am willing to assist in getting names to a requisition to P. B. & Co. to have Mr. Murray appointed as suggested. There isn't a man in the Valley who would refuse to sign.

J. H. PATTEN.

LEARY GARAGE

D. C. LEARY, Proprietor

FORD DEALER

Repairs to all makes of cars. Phone 22

ARMSTRONG, B.C.

THE STORE FOR MEN WHY YOU SHOULD SHOP HERE

25 Doz MEN'S BLUE DENIM Overalls
Sizes 38 to 44; good wearing quality; fresh color; \$2.00 value;

To Clear at \$1.35

MEN'S COTTONADE PANTS, Superior
Superior quality; neat grey striped Cottonade; a material that will wear; sizes 38 to 42 only; \$2.25 value; Special \$1.65

To Clear at \$1.65

MEN'S KHAKI PANTS
Extra heavy drill, sizes 40 to 42 only. \$2.25 value
Special \$1.35

50 Doz MEN'S LINEN COLLARS
Arrow, W. G. & R., and Tooke makes; broken sizes; regular 25c each.

To Clear, each 5c

MEN'S SUMMER PYJAMAS
Made of fine quality Cotton Taffeta; in white, blue and tan; silk frog fasteners.

Per Suit \$2.25

A Special in MEN'S WORK SHIRTS
95c
Extra heavy Flannelette; fancy stripes sizes 15 and 15½ only; value \$1.75;

Value, \$1.75; to Clear 95c

MEN'S TWEED PANTS
Heavy and light weight Tweeds and imported Worsteds, in greys, browns, mixtures and dressy stripes; suitable for hard wear and appearance, and priced away below present values;

Per pair \$3.00 to \$6.50

AVALON THEATRE

LEE MORRIS, Prop.
ARMSTRONG, B. C.

WEDNESDAY NIGHT—The Great animal picture, "Beloved Jim"

SATURDAY MATINEE and NIGHT
"THE MYSTERY SHIP"
6th Episode

DOMINION DAY—July 1st—Continuous moving picture show from 1 p.m. to 9 p.m. Grand ball at 10 o'clock.

COMING—Monday, June 27th—CHARLIE CHAPLIN in "I.A.M."

SECRET SOCIETIES

A.F. & A.M.
Enderby Lodge No. 40
Regular meetings first Thursday on or after the full moon at 8 p.m. in Masonic Hall. Visiting brethren cordially invited.

S. H. SPEERS
C. H. REEVES
Secretary

ENDERBY LODGE
No. 35, K. of P.
Meets every Monday evening in Masonic Hall. Visitors cordially invited to attend.

CHAS. HAWKINS, C. C.
H. M. WALKER, K. R. S.
R. J. COLTART, M. F.

PROFESSIONAL

A. C. SKALING, B. A.

Barrister, Solicitor,
Notary Public.

INSURANCE

FILL BLK. ENDERBY, B.C.

DOMINION DAY CELEBRATION

SPEND DOMINION DAY
WITH YOUR FRIENDS
IN ARMSTRONG. BIG
PROGRAM OF SPORTS
AND ATTRACTIONS
ARE BEING ARRANGED

JULY FIRST AT ARMSTRONG

Armstrong District News in Tabloids

Mrs. E. McPherson of Enderby visited Armstrong relatives on Tuesday.

Service will be held in St. James' Church next Sunday morning at 11 o'clock.

Miss M. Tooley is visiting friends at Vernon for a few weeks, leaving Armstrong on Saturday.

Mr. and Mrs. H. Mead returned on Tuesday from a two-weeks visit with relatives at Mansfield, Wash.

D. P. F. Collis and T. Phillips left last Sunday for Salmon Arm on their way to join the Royal Air Force.

Mr. I. T. Piggott has rented the Capt. Wallace farm from Reeve W. H. Kearny, and moved on to it this week.

Contractor Ferguson informs us that he has plenty of work, but says he finds it hard to get the right kind of help.

Mrs. O. McPherson motored over to Salmon Arm last Thursday to meet Mrs. G. Gemmill and daughter who will visit her for a while.

Charlie Chaplin will be seen in his greatest comedy at the Avalon Theatre, Armstrong, on Monday, June 24th. Children's matinee at 4 p.m.

It's the steady trade that counts with a store—it's the steady advertising that brings the steady trade.

Messrs. W. G. Weatherston and H. W. McMartin, inspectors for the Bank of Hamilton, were in Armstrong last Wednesday to inspect the local branch.

Mr. R. J. Fletcher made a trip to Grand Forks the past week, going by the Crows Nest and coming back by motor car. He reports the road very good with here and there a bad spot.

The regular monthly meeting of the W. C. T. U. will be held on Friday, June 14th, at 3 p.m. in the Hall of the Methodist Church, and the Mothers' Circle will meet at 3.30 after the W. C. T. U. meeting.

The officers of the W. C. T. U. elected for 1918 are: President, Mrs. Arnott; vice-president, Mrs. Gamble; 2nd vice-president Mrs. Parks; correspondence sec., Mrs. Empey; recording sec., Mrs. T. Thomas; treasurer, Mrs. Empey.

The Domestic Science and Manual Training class will give an exhibition of their work in the City Hall, Friday afternoon, June 14th, from 2.30 to 7. Tea will be served in the domestic science room. Parents and the public generally are invited to attend.

Your customers are shopping every week. Aren't you losing many of them during the weeks you do not advertise?

Mr. H. L. Poynter, manager of the local branch of the Bank of Hamilton, motored to Salmon Arm last Wednesday to meet Mrs. Poynter on her return from Vancouver.

Mrs. E. T. Petar received a telegram on Tuesday from Sgt. T. S. Wilson, stating that he had arrived in Halifax on June 3rd. Sgt. Wilson was wounded last October and has been laid up ever since. Armstrong people will be pleased to welcome him home, as another of our boys who has given his best for the Empire in her hour of need.

Capt. J. D. Wilson, of Forbes, Sask., a big sheep rancher, and vice-president of the Canadian Co-operative Wool Growers, is to be at Armstrong, June 11th, and will give a lecture on the wool clip of this year, hoping in this way to arouse greater interest in the work of the wool growers association. Wool growers should make a special effort to hear Mr. Wilson.

Mr. R. J. Fletcher, proprietor of the Okanagan Garage, reports the sale of two Chevrolet cars the past week, the buyers being Mr. A. Reeves of Enderby and Mr. G. G. Rieswig of Armstrong. Although there is some difficulty in obtaining this very popular car, Mr. Fletcher has so far been able to fill his orders and can still deliver a few more of this model.

ARMSTRONG RED CROSS

Wednesday, May 29th, the regular monthly business meeting and tea was held in the Red Cross rooms. Mrs. King, president, presided.

A communication was received from J. M. Wright, Esq., with a cheque enclosed for \$428.75, this being the legacy of the late Major Wolfenden to the Armstrong Red Cross. This was most gratefully received by the society, coming as it did at a very opportune time.

After considerable discussion it was decided that the Red Cross unite with the Soldiers' Home Comfort Club on July 1, and serve lunch afternoon and evening in the vacant store recently occupied by F. L. Simington. Mrs. Brett, Mrs. Buckley and Mrs. Empey were appointed a committee to meet with one from the S. H. C. Club to make all arrangements for refreshments, helpers, etc.

It was decided that \$50 of the legacy just received be forwarded to the Prisoners of War Fund, in memory of Major Wolfenden.

Mrs. W. Smith and Mrs. F. Murray were the hostesses at the tea.

Wednesday, June 12th, will be packing day. All those who have finished articles please have them in.

THE BIG OFFENSIVE!

Notwithstanding the big attacks on our stocks the line is unbroken; the reserves have been brought into play and we can still show a big range of staple, fancy dry goods, and boots and shoes of every description at prices that mean big savings.

EVERYTHING TO BE SOLD AS QUICKLY AS POSSIBLE. MUNROS ARE GOING OUT OF BUSINESS.

Women's Colored Dresses

In Gingham, Percales and Linens at less than the price of the cloth today; prices: \$1.25; \$1.45 to \$2.95 each

FALL UNDERWEAR

Our entire stock of Fall Underwear for Children, Misses, and Ladies, is to be cleared at slaughter prices. Buy now and save money.

LA DINA & D. A. CORSETS

Everybody knows No. 4000, the famous spiral bone corset, sold by all leading stores for \$5.00; Our clearing price \$2.95. Our No. 260 D. & A. Corset, a splendid summer weight, to clear at \$1.45. Extra light-weight summer corset, No. 188 D. & A., closing out at 90c

Sheeting and Pillow Cotton

72-in White plain sheeting, .45c yd 80-in heavy White sheeting, .55c yd 44-in Circular Pillow Cotton, closing out prices .40c & .35c yd Bleached Striped Huckaback, 18-in wide, our price .20c yd 25-in Linen Huckaback, fancy design, to clear .60c & .50c yd 70-in Linen Table Damask, now selling for .85c yd All our Table Damasks marked at going-out-of-business prices.

CASHMERE HOSE

Lay in a stock of Cashmere Hose now while you can buy at the right prices: Fine-weight Cashmere at 50c pr Medium weight, Cashmere, 45c pr Splendid value pure wool, .75c Dr. Jaeger's fine pure wool, .95c

MIDDIES and SKIRTS

Children's Middie Waists, in plain white and colored trimmings; clearing price .85c Ladies' Middie Waists, with and without belts; fancy trimmings and plain, to clear .81.25 All our entire stock of wash skirts to clear at cut prices.

MIDDY CLOTH, PIQUE, Etc.

42-in White Middie Cloth; exceptional value .40c yd 38-in Indian Head correct weight for summer wash skirts .35c yd 36-in Pique, heavy weight, for Ladies' wear .45c yd 34-in Pique, just the thing for children's wear; our clearing price .40c yd All our Jap Crepes in plain and stripes; to be cleared at .29c yd Seer Sucker Crepe for underwear, in white, pink and blue, 22 1/2 yd 42-in Cotton Voiles in colors only, worth today 50c a yard; to clear at .29c We still have some Gingham left, selling out at .15c yd

A. Munro & Co. Armstrong, B. C.

News Boiled Down of Enderby District

Isn't there news in your store every week? Isn't there something to advertise?

Stewart Glen came in from the coast on Tuesday, he having been exempted for one month.

When out for a motor drive on Sunday stop over at the King Edward Hotel, Enderby, and try those chicken dinners.

Thos. Hughes returned from Alberta this week, glad to get home. Not that he loves Alberta less but the Okanagan more.

In the report published last week by the Enderby Trench Comfort Club the name of Mr. Harvey appeared as a donor. It should have read Mr. Hartry.

Mr. C. E. Strickland returned from Alberta points this week, glad enough to get back to the Okanagan and better pleased than ever with the home community.

Mrs. Speers wishes to acknowledge a donation this week of \$1.50 from Mrs. Mackay, of Didsbury, Alta., to the Trench Comfort Club. Mrs. Mackay. These will have the job in hand also sends her good wishes to all.

Tax notices were issued from the City Hall, sharp on time, on Friday last. Payment by June 30th will entitle property owners to the greatly increased rebate provided for by the recent amendment to the Municipal Act.

Mr. A. R. Rogers, owner of the Okanagan Saw Mills, spent the past few days in Enderby looking over his business interests here. Mr. Rogers reports the crop outlook in the Northwest very favorable.

W. J. Woods returned to Enderby on Monday, having finished seeding on his Alberta wheat ranch. Mr. Woods says there is an unlimited amount of wheat in that section but it cannot be sold owing to government regulations. Thos. Woods, whose ranch is near that of his brother, has signed up for overseas and Mr. Woods expects to have to look after both ranches this season.

Mr. Chas. W. Little, of Mara, resigned the secretaryship of the Northern Okanagan Farmers' Institute last Saturday, and Mr. J. Monk, of Grindrod, has been appointed to the position. Mr. Monk has been handling the Institute's powder magazine business at Grindrod some time and the combining of the office of secretary with his other Institute work will make it very convenient for the members.

Mrs. Tomkins and son returned from Eastern Canada on Wednesday morning where they spent the past few months.

The regular monthly business meeting of the Enderby Red Cross will be held on Tuesday, June 11th, at 4 p.m. in St. George's Parish Hall.

The members of the Enderby Red Cross Society wish to thank all who helped to make their refreshment booth on the Recreation Ground on May 24th such a success. The total proceeds were \$83.35; expenses \$17, leaving a net balance of \$66.35.

Word was received this week that Flight-Lieut. Jas. Glen has been promoted to Flight-Captain. It was his flying squadron which recently sunk the great German airman, Rythovon, who had 70 allied machines to his credit, and Capt. Glen feels justly proud of the distinction. And so are we all proud of 'Jim'.

Mr. Graham Rosoman is officially notified that he has been appointed to take charge of the registration of all citizens of Enderby on June 22nd. He is notified to appoint six deputy registrars and four assistants to each registrar—thirty in all. These will have the job in hand from 7 a.m. to 10 p.m. and the services of all are to be given without remuneration as a patriotic duty. The job must be finished in one day.

A wire came in on Wednesday from Mrs. Walter Lambert, Beamsville, Ont., stating that her husband, Flight-Lieut. Walter Lambert, had been seriously injured in a crash of his flying machine at the training school. Flight-Lieut. Lambert returned to Canada this spring from England where he had been in active flying operations for several months. He was sent home as instructor and was in charge of a squad of new men when the accident took place.

Birthday Presents

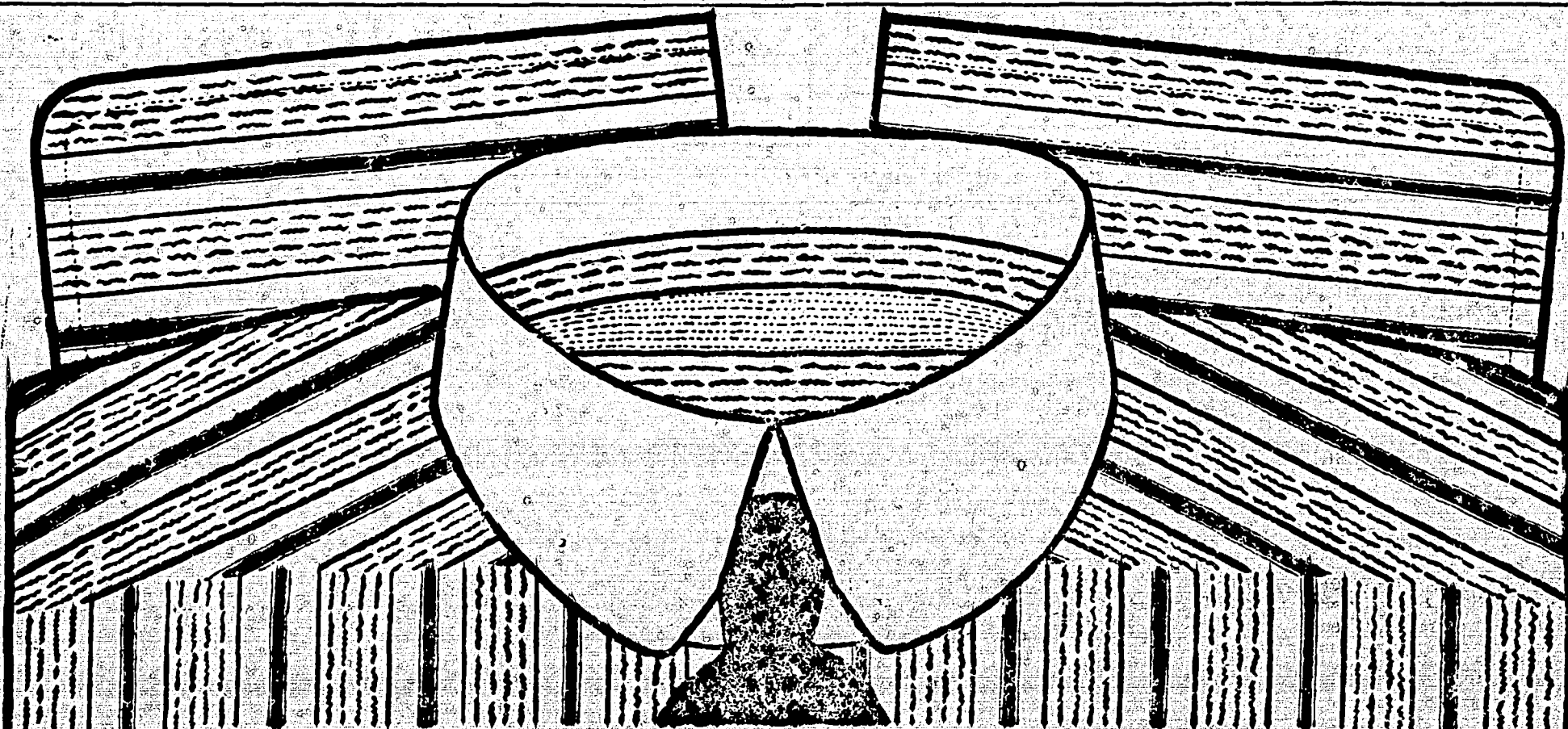
For the Baby, Boy, Girl, Father, Mother or Friend.

Our selection is varied so that your wants are complete.

Subscription taken for all newspapers at publishers' rate.

E. T. ABBOTT

Drugs, Stationery and Tobacco.
ARMSTRONG, B. C.



BARGAINS IN SHIRTS

A large assortment of fine shirts with stiff cuff

These are excellent values, all sizes 14 to 16 1/2, \$1.10, \$1.35 and \$1.65

A good quality shirt, fine black stripe, French Cuff, all sizes to 16 1/2, \$1.00

Linen Collars 10c., 6 for 50c

A. D. RENAULT & Co
Armstrong, B. C.

Making New Men Out of War Veterans

Not the least of the problems concerned with after-the-war conditions will be the rehabilitation of returned soldiers. The question is of such proportions and magnitude that we have almost ceased asking, "What will we do with the returned soldier?" and instead we are asking, "What will the returned soldier do with us?"

As far as possible we should take it for granted that the men desire to return as fast as possible to civilian life and again pursue the ordinary walks of society. While justly proud of having faithfully performed their duty and "done their bit" there is little desire to impose upon society.

Together with other ministers of the city it was my privilege recently to accept the invitation of Lieut.-Col. E. W. Cooke to visit the Convalescent Hospital and Vocational Shops at Tuxedo Park and to come thereby into close contact with the work of the Invalid Soldiers' Commission and view at first hand some of the problems connected with the returned soldier. Since then, I have been going closely and carefully into the whole problem. The effect upon my mind has been almost revolutionary. Questions connected with demobilization and rehabilitation are tremendous in their magnitude. I have come to feel that they are not insoluble. If the general public will manifest the same interest and co-operation as the Commission reveals foresight; if with good will it shares the anxiety of the men to refit themselves for society, the problems are already on their way to solution.

Re-Education

The work on the whole falls into two main groups, medical and vocational. Included in the first of these groups is the work of re-education. It consists in the main in the restoration of function to injured muscles and limbs; and where it has been found necessary to furnish artificial limbs, in the education of the patient in their use.

The equipment in the Tuxedo Hospital is simply marvellous. First there are the great cheerful hospital wards—a model of cheerful lighting and cleanliness. Next there are the various operating rooms for the treatment of functional and muscular disorders. The results that have been achieved are wonderful. I need give but two examples. For instance, here is a man who has lost his left arm and three inches out of the forearm of his right arm, the muscles being controlled by a steel splint. One would conclude that he would be absolutely useless. Not so, however. Due to careful re-education he is today earning his living as an expert draughtsman and I have been told that he can successfully compete with any man who has the full use of his two arms and hands. Or again, here is a man with an artificial hand. It seems almost uncanny to see him handle a pen. Yet with this hand he is

able to write a better penmanship than many a man with a perfect hand.

Finding Occupations

Among those who have come back there are thousands who, while they are anxious to return to society, are disabled to such an extent as to prevent their following their previous occupations. The problem which is uppermost, then, is to find some occupation in which they can earn a living as competently-trained men. This is the work of the vocational department.

It was the number of splendidly equipped workshops and the variety of occupations and trades taught which proved a source of surprise to most of the clergy. I understand that there is hardly an occupation for which a man cannot be fitted if he has desire and capacity for it; from the milking of a cow to the preaching of a sermon, the mending of a sole or the singing of a solo.

I do not pretend to give a complete list. Let me recall, however, some of the shops visited.

First there are those connected with the machine and metal working trades—automobile engineering, farm tractor and farm machinery, blacksmithing, general machine and metal work, oxo-acetylene welding, etc. In each of these trades are expert instructors and splendidly equipped shops.

Second, there are those connected with the wood-working and building trades—carpentry, building construction, cabinet making, wood turning, etc.

Then there are classes dealing with the designing and theoretical end of various trades—machine drawing, architectural drawing, draughting, building costs, etc.

There were also other trades—printing, shoemaking and repairing, sign-writing, electrical engineering, plumbing, etc. In fact my memory fails to recall all the various trades actually taught.

In addition to these there are other courses of education, such as general education, civil service, shorthand and typewriting, bookkeeping and accountancy, telegraphy and all that pertains to general office life.

Then last, but not least, was that connected with outdoor life—from horticulture to agriculture, from chicken raising to cattle breeding.

Here was one of the best equipped trade schools in the Dominion of Canada. In every room an atmosphere of cheerful industry prevailed. The men apparently take a pride in their work. The eagerness with which most of them seek to refit themselves for society and self-support is simply inspiring. It goes to show that the returned men will not be an army of loafers but self-respecting and self-supporting citizens.

One of the most interesting facts is that most of the instructors are returned men. This goes to create a spirit of comradeship throughout the institution, for it makes a college for returned men conducted by returned men. We visited the artificial limb factory. Here were returned men making legs and arms for those who had suffered with them on fields of battle.—Dr. Horace Westwood in Winnipeg Tribune.

Living in the "Now"

Making men live in three worlds at once—past, present and future—has been the chief aim of organized religion has done. To drag your past behind you, and look forward to sweet rest in heaven is to spread the present very thin.

The man who lives in the present, forgetful of the past and indifferent to the future, is the man of wisdom.

The best preparation for tomorrow's work is to do your work as well as you can today. Live right up to your highest and best! If you have made mistakes in the past, reparation lies not in regrets, but in thankfulness that you now know better.

It is true that we are punished by our sins and not for them; it is also true that we are blessed and benefited by our sins. We, having tasted the bitterness of error, can avoid it. If we have withheld the kind word and the

look of sympathy in the past, we can give doubly, and thus, in a degree, redeem the past. And we best redeem the past by forgetting it and losing ourselves in useful work.

It is a great privilege to live.—The Philistine.

PROTECTION OF FORESTS

Rangers Appeal to Public to Keep Vigilant Lookout for Small Conflagrations

Several forest fires have already occurred in various parts of Canada this year. In practically every case the cause was traced to human hands—a neglected campfire, a tossed-away cigarette, or similar act that at the moment appeared trifling. Settlers, anxious to burn their "slash" in the hottest weather without obeying government regulations are a prolific cause of forest fire every year.

The rangers of this province are asking the co-operation of every man, woman and child this year so as to keep the forest losses down to a minimum as a matter of decent patriotism. Special efforts are being made to provide fire fighting equipment but the main task is to prevent fires from starting. This is a comparatively simple matter if every camper puts out his campfire, every smoker extinguishes his cigarette and match before tossing away, every settler guards his clearing fire. When a bush fire is seen, instant word should be sent to the nearest ranger, railroad agent or municipal officer.

How to Prolong Life

Moderation in eating, drinking, and physical indulgence.

Pure air out of the house and within.

The keeping of every organ of the body as far as possible in constant working order.

Regular exercise in all kinds of weather; supplemented in many cases by breathing movements, and by walking and climbing tours.

Going to bed early and rising early and restricting the hours of sleep to six or seven hours.

Daily baths or ablutions according to individual conditions; cold or warm, or warm followed by cold.

Regular work and mental occupation.

Cultivation of placidity, hopefulness and cheerfulness of mind.

Employment of the great power of the mind in controlling passions and nervous fear.

Strengthening the will in carrying out whatever is useful, and in checking the craving for stimulants, anodynes and other injurious agencies.—Sir Hermann Weber, M.D., F.R.C.P., before the Royal College of Physicians of London.

The Measure of Success

In a recent magazine story of a Yale-Harvard boat race, the captain of the Harvard crew is deposed a few days before the contest—because of conditions over which he had no control. In a conversation with his mother over the affair she utters these words: "You have tried your best; you rowed as well as you knew how, and the crew was everything to you, as it ought to be. But some day you will have larger troubles, and they, too, shall pass away, and more and more you will return to the simple gospel which I have tried to teach you—that there is only one standard by which to judge success or failure. Is the thing worth while, and have you done your best in the best way to gain it?"

Such a standard is worthy of all acceptance. Judged by this criterion how many successes would be counted as failures, and failures stand forth as successes!

Holding to Ideals

The sacrifice and idealism of all good soldiers should not end with their return to their homes and hearths, but should be carried on into the paths of peace. They should become a model of public spirit and high-hearted endeavor for the rest of the community to follow. Let them adopt this role and all demands for help and co-operation which are within the bounds of possibility will never fail to meet with ready response.—G. W. V. A. Veteran.

Learning and Age

Men of thought have always been distinguished for their age, says "Chambers' Journal." Sophocles, Colon, Pindar, Anacreon and Xenophon were octogenarians. Kant, Buffon, Fontenelle, Goethe and Newton were over 80. Michaelangelo and Titian were 89 and 99 respectively. Harvey, the discoverer of the circulation of the blood, lived to be 80. Many men have done excellent work after they have passed 80 years. Landor wrote his "Imaginary Conversations" when 85; Isaac Walton wielded a ready pen at 90. Hahnemann married at 80 and was still working at 91. Michaelangelo was still painting his giant canvas at 89, and Titian at 90 worked with the vigor of his early years. Fontenelle was as lighthearted at 98 as at 40, and Newton at 83 worked as hard as he did in middle life. Cornargo was in far better health at 95 than at 30 and as happy as a schoolboy. At Hanover Dr. Du Bolsy was still practising as a physician in 1897, going his daily rounds at the age of 103. William Reynolds Salmon, M.R.C.S., of Cambridge, Glamorganshire, died on March 11th, 1897, at the age of 106. At that time he was the oldest known individual of indisputable authenticated age, the oldest physician, the oldest member of the Royal College of Surgeons, of England, and the oldest Free Mason in the world.

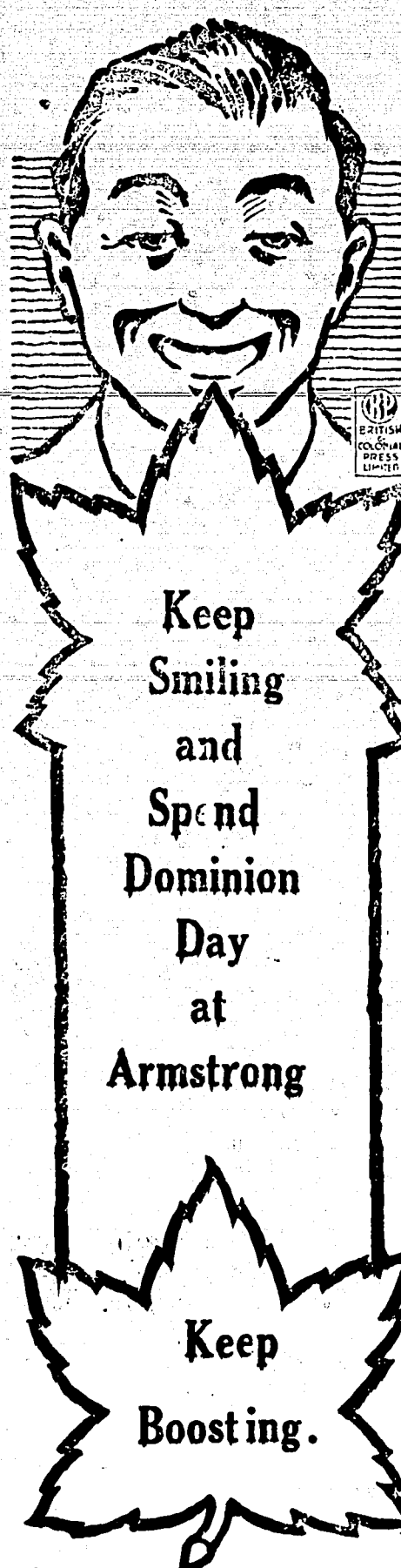
The Universal Law

Transplant a wild rose and it may be cultivated and cultured into a thing of beauty and remain so as long as it is in association with the higher expression of mentality. But return it to the depths of the woods and it will soon degenerate to its natural wild state. The same is true of man, as per example of the dusky cannibal the church brought from the depths of Africa and gave the highest form of education possible, and then returned him to his own people to labor for the God of the church. The world knows the sequel. It is but proof of the law of association, demonstrating that but one law exists for the natural government of all materialized life, whether vegetable or animal. But it more forcibly demonstrates the power of mentality over natural order.

OKANAGAN HOTEL

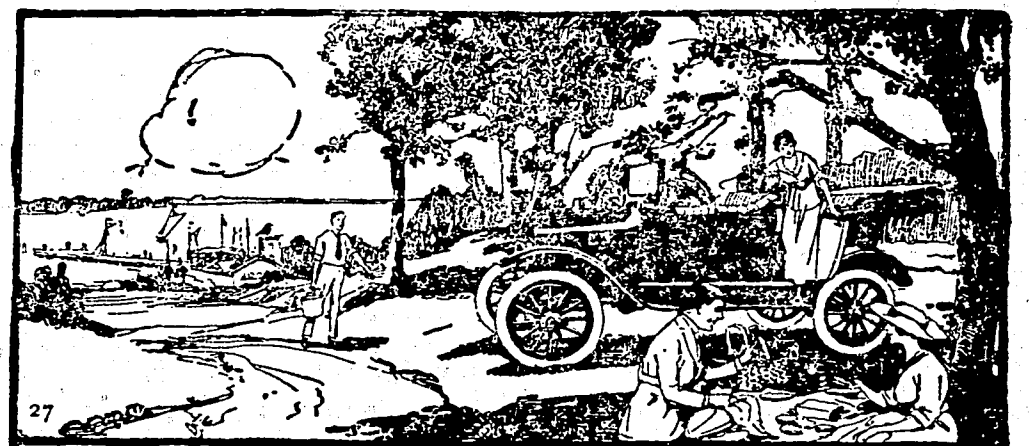
A fine line of Soft Drinks Always on Hand

When you want a pleasant, cooling, refreshing drink in the warm summer evenings, come to Armstrong's leading hotel.



Keep Smiling and Spend Dominion Day at Armstrong

Keep Boosting.



The Joy of Motoring

LET the Ford car introduce you to the beauties of Nature and the outside world. Let it take you into the country, or along the lakes where the air is fresh and sweet.

A Ford car will open up new fields of pleasant possibilities for you and your family and at the same time serve you faithfully in business.

No doubt you have felt the need of a car—your wife has often said, "I wish we had a car," so why not buy one now? There is no other car that gives such good value for the money invested as a Ford. This is why the Ford car is so popular everywhere.

The Ford is powerful, easy to drive, economical, enduring. It is the car you need.

Ford
THE UNIVERSAL CAR

Runabout - \$575
Touring - \$595
Coupe - \$770
Sedan - \$970
Chassis - \$535
One-ton Truck \$750

F. O. B. FORD, ONT.

GEO. A. RANDS, Dealer, Enderby, B.C.

D. C. LEARY, Dealer, Armstrong, B.C.

Are you going to do any Building or Repairing This Season?

THE FOLLOWING ARE GOOD VALUES:

Cull Boards	10.00 per thousand
No. 2 Dimension, 2x4 and 2x6	15.00 per thousand
Green Blocks	\$2.00 per load
Dry Blocks	\$ 2.50
Planing Mill Wood	2.25

OKANAGAN SAW MILLS, Ltd. Enderby

More Profit to the Buttermaker

The Dominion law against the selling of butter without the words "Dairy Butter" or "Creamery Butter"—as the case may be—printed on the butter wrap, is a blessing in disguise to the average farmer. In the first place, if his butter wrappers are neatly printed with his name and the brand of the butter on the label, the storekeeper can readily sell the butter at 5c a pound more than he can get for butter wrapped in paper that is not printed, and the butter-maker gets the advantage in 5c a pound more for his butter from the merchant. Add 5c a pound to the butter you sell. Sell 100 pounds and the additional amount you would get for your butter in printed wraps means \$5.00 in your pocket. \$4.75 or \$4.50 will pay for 1000 butter wraps nicely printed with your brand, name and address thereon. You will see, therefore, that to have your butterwraps printed means money in your pocket.

It is the duty of every butter maker to comply with the law in this matter. Some butter makers have only a cow or two, and make so little butter that it does not appear to them that they can afford to have their butter wraps printed. They do not like the idea of having 500 or 1000 butter wraps on hand. To accommodate this class of buttermakers, we have printed up a quantity of "Custom" Butter Wraps. They are printed with the words "Fresh Dairy Butter" but do not bear the name of the maker. However, these wrappers fill the requirements of the law governing this point, and can be bought in small quantities at the rate of 65c a hundred in 100 or 50 lots. If you do not require butterwraps in larger lots, take these wraps in lesser quantities.

500, Single Order. - \$3.75

1000 " " - 4.75

When run with other orders, \$3.50 and \$4.50

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Quiet Talk and a Hint on Thought Influence

What Are You Getting Out of Life Each day

What does each day bring to you? Worry, work and discontent? Are you dreading the dawn, and do you fret and rebel at the fate which has been imposed upon you, and do you weep and pray for better things to come? If this is your habit of thought, says Ella Wheeler Wilcox, you are placing an impassable barrier between yourself and any possible future happiness.

You are training your mind to despondent mental habits and these habits will pursue you no matter how conditions will change for the better.

This is not a theory. It is a scientific fact. I have known a woman to dwell with morbid persistency upon her really unhappy life, and to shut away all suggestions that it could change for the better with a dogged pessimism. And when, later, conditions did change (through the efforts of others), and she was given ideal surroundings and every affectionate care and attention, she found herself unable to change her way of looking at life. From morning to night, year after year, she was despondent, discontented and complaining. She had developed the gloomy and pessimistic part of her brain and atrophied the optimistic portion by misuse.

If you should tie your right arm to your side and not use it for years it would become enfeebled and in a measure paralyzed. When, some day, you undertook to put this hand to work you would find it incapable of obeying your command.

If you never allowed your child to walk, but kept it in a perambulator till it was grown you could not expect it to walk.

It is precisely so with the mind. It must practise the habit of pleasant and hopeful thoughts before it can enjoy any blessing or event to the full. Begin today to give yourself a kindergarten training in thinking pleasantly. No matter how miserable and burdened your life may be, look for some one bright thought, some beauty in nature, some hour of rest, some sweet little hope, and dwell upon that for a few moments until you can feel a thrill of joy in your heart.

Look at other lives and realize the fact that you wouldn't exchange your lot in the entire with any other human being of your acquaintance. Then be glad you are yourself and go to work to make yourself what you wish to be.

You have an idea that powerful qualities lie in you to change the conditions of your lot for the better.

But it is useless to change them unless you change your way of thinking about your present environment.

Find something to enjoy each day and look forward to more enjoyment tomorrow. Do not be discouraged if your hopes do not materialize at once, the delay is temporary. Remember what seems evil to you in your life is only masquerading. In the Sanskrit the word good means that which exists, and Evil, that which has no existence.

So it is plain to see how far back the metaphysics school obtains its idea that all is good. Good is the only thing which lasts, and once you fix this idea in your mind you will find it most inspiring and helpful. Misfortune is only temporary. Be cheerful in that conviction and learn the habit of happy thinking.

Influence of Surroundings

Surroundings have a lot to do with one's appreciation of anything. You might be very hungry, for instance, but on entering a restaurant where everything was dingy and dirty, in which the crockery was very much chipped, thick and not even clean, where the sense of smell was offended by the mixed odors of fish, flesh, onions and all kinds of vegetables, where the floors, tables and napkins were dirty, where the waiters were greasy-jacketed and generally untidy, your appetite would disappear as if by magic. Nothing would appeal to the eye or the nostrils. No matter how good the fare, you could

not eat heartily amid such surroundings.

Let the same food placed before you in the cheap, untidy restaurant be served to you in the Waldorf-Astoria, or some fashionable restaurant, with the accessories of delicate china, snowy drapery, silver, and amid palms and flowers and lights, with uniformed and attentive waiters to anticipate your wishes, and you will eat with a relish that which in different surroundings almost nauseated you.

Successful merchants who have made a study of business methods are as well aware of this susceptibility to surroundings and general appearances. They cater to the eyes as well as to the judgement and common sense of their customers. They pay men large salaries to "dress" their windows attractively, so as to "draw" patrons. With the aid of tempting show windows, a choice arrangement of wares, and the general attractiveness of their stores, and backed by polite, neatly dressed clerks, they sell goods which would become shopworn on the shelves of less effectively arranged stores on the very same street.

The same principle is true in many other kinds of business. If a man enters a barber shop, for instance, and sees soiled towels scattered around, one in use, perhaps, on a customer, or if he sees dirty shaving mugs, hair brushes, combs, and other toilet articles that are not scrupulously clean, he is at once prejudiced against the place and will not return.

We are often, it may be unconsciously, greatly influenced by appearances. An attractive personality clothed in a well-made and becoming dress will often win against more solid acquisitions when combined with a disagreeable personality and slouchy, unbecoming dress.

Straight For the Goal

In the days of early railroad-building, in laying a track through hilly or rough country, engineers went around most of the hills and curves, followed the valleys, and often turned aside from even slight obstructions. Many young men, in laying the tracks of their careers, follow the methods of early railroad construction. They avoid each hill of difficulty, go around long curves, turn aside from every obstruction, no matter how trifling, and always follow the line of least resistance.

In our day, however, railroad engineers, in laying a track follow as direct a route as possible. They go through hills, tunnel mountains, and span gorges, not only because a straight line is the shortest distance between two points but because it lessens the risk of being wrecked.

A young man who believes that making a life is more important than making a living will follow the methods of the modern railroad engineer. He will not shrink from the obstacles that spring up in his path. He will not creep around hills or mountains of difficulty. He will forge the way to his goal by the most direct and the shortest route, no matter what opposes his passage.

It costs a railroad company more to tunnel mountains and

span chasms than it would to build its road around these obstructions, but the time saved to its passengers and the risks avoided by following the safest and most direct route more than trebles its profits.

So, it costs a young man more in energy and perseverance to span chasms of ignorance, to force his way through mountains of difficulty in order to attain a sound education and special training for his work; it takes more effort and self-denial to build a straight well-made road through the hilly, rock-strewn country of Life, than to make a long, winding, uneven road by avoiding the hills and rocks of opposition; but, like the engineer, you will find yourself more than trebly repaid for your trouble in forcing your way through all obstacles to the goal.

A straight road for one's career means honesty, the respect of those who have any dealings with you, the confidence of your bank, good credit, a high standing in your community, influence, individual power, more opportunity for doing good, and crowning good of all, it means self-approval.

The Power of Purpose

We can all measure the outward triumph of a man's life but we rarely measure the force out of which the triumph emanated. Men suddenly emerge into the blaze of fame, and then the world wakes up and wonders how it all happened. There is no such thing as luck in any world over which God presides. What, then, is the secret? It is purpose. The great victories which men praise are won first of all in a man's own soul. The great men who stamp themselves ineffaceably on the ages

are always the men who are capable of conceiving a purpose clearly and of following it courageously through evil and good report. You may sweep aside as relatively trivial all questions of the range of their gifts, the scope of their intellectual life. The great thing which you have to reckon with is the immense strength and heroic persistence of their purpose.—W. J. Dawson.

Advice to a Wife

The late Frederick R. Coudert, the lawyer, was once visited by the daughter of an old friend. The young woman—a bride of less than a year,—commented the interview by tearfully declaring that she never, never would go back to her husband, and that she wanted Mr. Coudert to begin a suit for separation forthwith.

"On what grounds?" asked the lawyer.

"Oh, everything you can think of," sobbed the bride.

"Cruelly one of them?"

"Yes, horrible cruelty. Why, Mr. Coudert, he never calls me any of the pet names he used to before we were married."

"And, of course, you remind him of the omission?"

"Of course I do," sobbed the visitor, producing a fresh handkerchief.

"I thought so. Now," said the lawyer, in a fatherly tone, "if there's one thing a husband dis-

likes, it is the resurrecting of the fool things he said during his courtship. Go home, remember that you are a wife now, and remember also, that a husband's method of showing his affection is different from that of a lover. My opinion is that he has advanced matrimonially while you insist in still living in the 'airy, fairy' period of your life."

MADE IN ARMSTRONG

Ladies' Suits

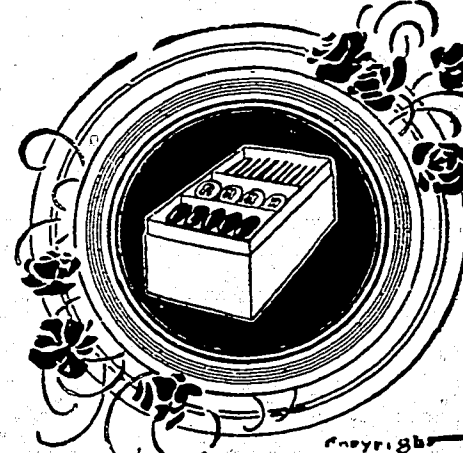
Men's Suits

Clothes Cleaned, Pressed
Altered and Repaired.

ALEX. ADAIR

CAN YOUR FRUIT AND VEGETABLES

Meat or fish by the Steam Pressure System. Send for catalogue and prices of Home and Commercial Canning plants.
Equipment Dept. Vancouver Island
Fruit Lands, Ltd. Belmont Bldg.
Victoria, B. C.



Fresh line of Moir's
Chocolates just in.

Star Bakery
Armstrong, B. C.

J. Z. PARKS

Shoe Repairer

Every class of repairing done
Hand sewn work a specialty.

Come in and see, my special
lines of boots and shoes.

"Leekie's" Best in the West
in many varieties

Also many other well known
makes in stock

The Shoe Hospital

Armstrong B. C.

BULL FOR SERVICE

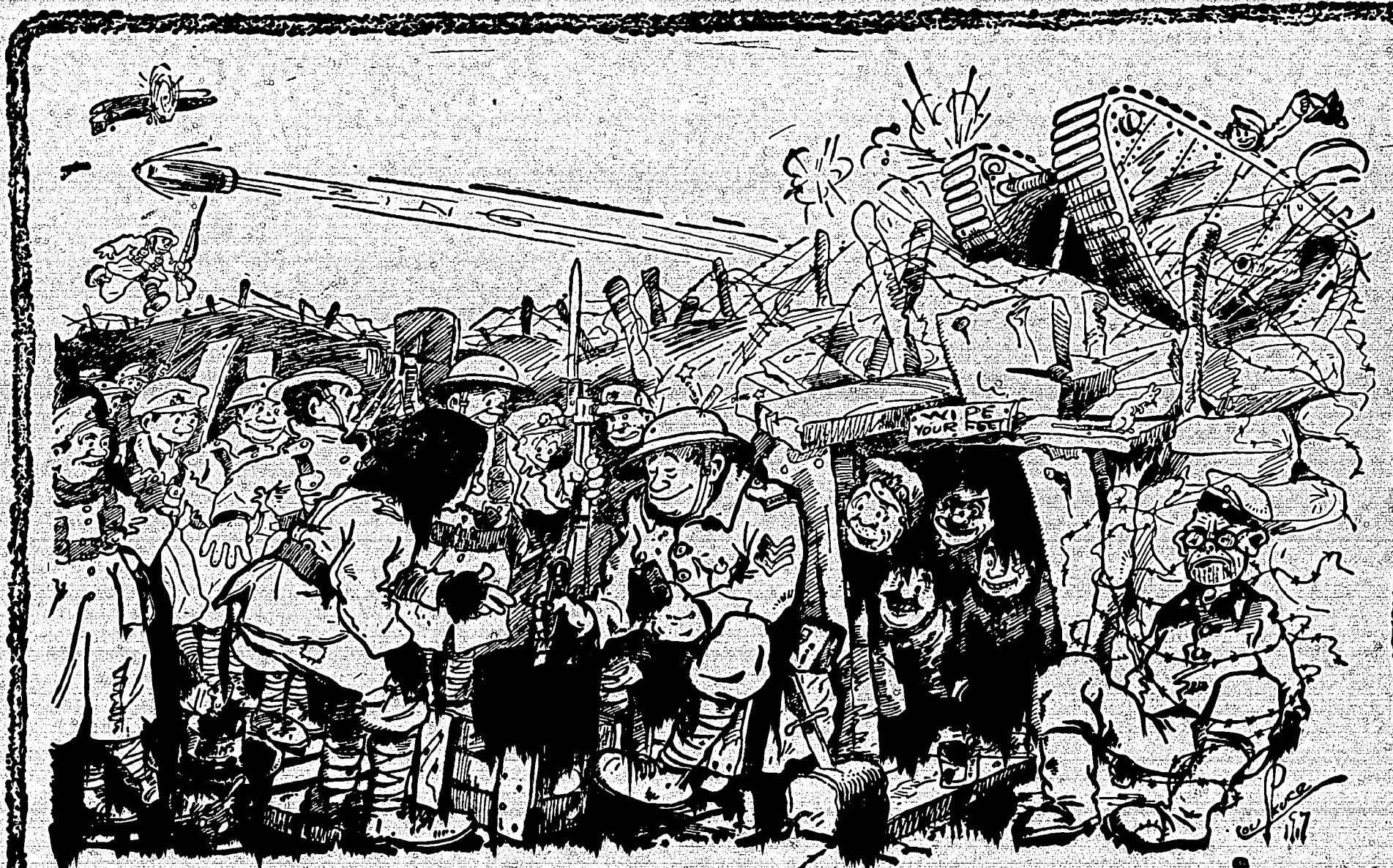
Registered Holstein Bull, with
grand dairy records. Service fee,
\$2.00.

TURNER & DONALDSON,
Enderby.

King Edward

A name that stands for the best in hotel service

King Edward Hotel, P. H. MURPHY Enderby
Proprietor



\$200.00 REWARD!

THIS PICTURE HAS NO TITLE

For the Best Title for This Picture we are Offering the Following Prizes:

First Prize, \$100.00 Second Prize, \$50.00 Third Prize, \$30.00
Fourth Prize, \$15.00 Fifth Prize, \$5.00

CONDITIONS

- 1—Write your answer on a plain sheet of paper with your name and address at the bottom of the page,—write nothing else or your answer will be disqualified.
- 2—Your answer must contain not more than twelve words, but may contain less than twelve words.
- 3—IMPORTANT. Go to your grocery and buy a ten-cent package of Cowan's Supreme Chocolate, cut out neatly the colored Maple Leaf from the package and pin it to your answer. If you fail to pin the Maple Leaf to your answer your title for the picture will be disqualified.
- 4—Only one answer is allowed for every Maple Leaf enclosed. In other words, if you enclose three Maple Leaves from three packages you are entitled to three answers for the best title to the picture, or as many answers as you have Maple Leaves enclosed.

- 5—Mail your answer to Mr. L. L. Berry, care of Kirkland & Rose, Water Street, Vancouver, B.C., who are the Cowan Company's Agents in this city. Do not send any letter to Toronto, as this competition is exclusively for British Columbia.
- 6—Your answer must be in before June 14th, as this competition closes on June 15th.
- 7—Your answer need not contain the words, "Cowan's Supreme Chocolate," unless you wish to use it.
- 8—The Cowan Company Limited reserves the right to be the sole judges in this competition, and their decision as to the winners will be final.
- 9—The winning titles will be published in all papers throughout British Columbia during the first two weeks in July of this year.

IN CONCLUSION READ THIS

Do not forget this fact, that if you do not win a prize you have the Cooking Chocolate. Well now, what are you going to do with it? Here is what to do: Wait for a few days and every person who sends in an answer to this competition, enclosing a Maple Leaf from the package of Supreme Chocolate, will receive free a beautifully illustrated Recipe Book, just off the press, containing one hundred recipes for Supreme Chocolate and Perfection Cocoa. When you get this book you will know what to make and how to use this special Unsweetened Cooking Chocolate. Remember the name.

This Competition is Exclusively for British Columbia.

COWAN'S
—SUPREME—
CHOCOLATE
For Cooking Purposes, Unsweetened.

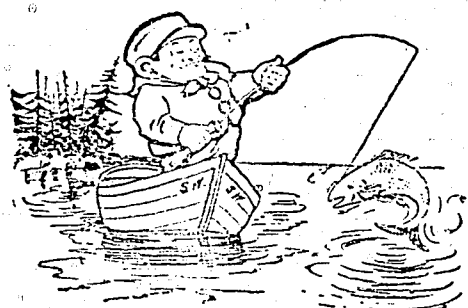
BC-2

QUEEN'S UNIVERSITY
KINGSTON ONTARIO
ARTS
MEDICINE EDUCATION
APPLIED SCIENCE
Mining, Chemical, Civil, Mechanical and Electrical Engineering.
HOME STUDY
Arts Course by correspondence. Degree with one year's attendance or four summer sessions.
Summer School Navigation School
July and August December to April
19 GEO. Y. CHOWN, Registrar

I PAY CASH for POULTRY
and EGGS

Shipments solicited whether large or small. Remittance made on day of receipt of goods at prevailing market prices.

A. E. SAGE Armstrong, B.C.



Going Fishing?

Fishing Poles—Cheap Bamboo Poles 15c
3-piece, jointed Steel Rods, 10-foot long... each \$3 & \$3.50
3-piece jointed Split Bamboo, 10-ft long, each \$2.50
REELS at 65c, \$2, \$2.25 & \$3.50
LINES—Cotton lines, 10c & 20c
Braided linen lines 25c
Genuine Cuttyhunk linen line 25 yds 50c
Crimson Rambler line, 20 yds 25c
Saline, Enameled Silk line, 25 yds \$1.28
FLY HOOKS—50c doz, 5c each
Gut Hooks 40c doz
Spoon Bait, 40c each
"Stewart" Spoons 25c each
"Kimbo" trout casting spoon 35c
"Tacoma" spoon 25c
"Harting" gold spoon 50c
Tyce Salmon Bait 50c tin
Gaff hooks 10c
Brass Swivels 5c ea
Gut Casts, 6-ft long 25c ea

ALARM CLOCKS—will get you up on time.

"Canada" alarm \$2.00 Sleep Meter \$2.50
Parker \$3.50 & \$4 Big Bend \$4.00

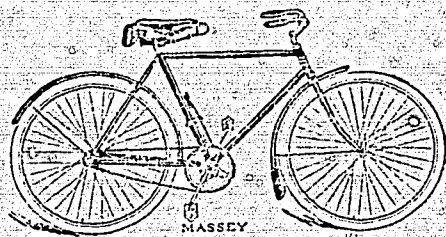
Calf Weaners 50c & 85c
Corn Planters 2.50
Cow Bells 35c, 50c, 65c, \$1, 1.25
Cow Bell Straps 75c
Sheep Bells 40c
Mica Axel Grease 20c tin
Sheep Shears \$2.00 pr.

**YOU
NEED
THOSE
GOODS
NOW**

CROCKS—Now is the time to preserve your eggs. We have just received a new stock.
1 gal. Crock, 70c; 2-gal \$1.00
3-gal, \$1.40; 4-gal, \$1.75;
5-gal, \$2.00. These prices include covers.

ARTILLERY CARS & Wagons for the boys at the following prices: \$7.50, \$4.00, \$4.50; \$5.00, \$4.00, \$4.50; \$5.00, \$4.00, \$4.50; something new, each \$2.50

BUY YOUR BOY A BICYCLE; either Massey or Standard



\$50.00

Bicycle tubes, tires and other accessories carried in stock

BARB WIRE, per spool of 80 rods \$7.00
in lots of 10 spools \$6.75

HOG FENCING, per rod 65c
POST HOLE AUGERS—get the "Hall"—absolutely the best made each \$3.00

CUPS & SAUCERS

E. L. & S. design; old prices \$2.50 doz
Cups only 1.75 doz
We have just opened up a new stock of these.

Order Your Binder Twice Early. Get Our Prices

MacPhail-Smith Hard'e Co. Ltd.
CORNER HARDWARE ARMSTRONG, B.C.
PHONE 33

CLASSIFIED ADVTs.

LOST—Between Armstrong and Vernon; 1 headlight and nickel-plated rim. Finder please leave at Commoner office, Armstrong, and be rewarded. It

WANTED—6 or 8 horse power kerosene engine; with or without centrifugal pump. Turner & Donaldson, Enderby.

NOTICE—The Clydesdale stallion, JIM BELMONT will stand at the Steptey Ranch the balance of this season, Friday afternoons and Saturday forenoons. Geo. Stowards. 43-1

FOR SALE—About 130 cement blocks; cement block and brick machine with pellets; lawn vase mould; cement mixer with tools; lot and building if desired; also good house for sale or for rent. Apply J. A. Glen, Enderby.

FOR SALE—Young pigs; 5 weeks old; also 15 goslings and 3 geese. Apply Geo. Holtby, Armstrong. 2

WANTED—General housework by the day. Mrs. Ikeda, care K. Imanaki, Box 240, Enderby. 431f

PIANO FOR SALE—Good instrument; reasonable terms. Apply Mrs. E. A. Norman, Armstrong. 431f

LOST—Heavy mackinaw coat; Inc 1st; on Vernon Road, near Campbell's. J. Fowler. It

YOUNG PIGS FOR SALE—Ready to wean. Apply, J. Teward, Armstrong. 43-1f

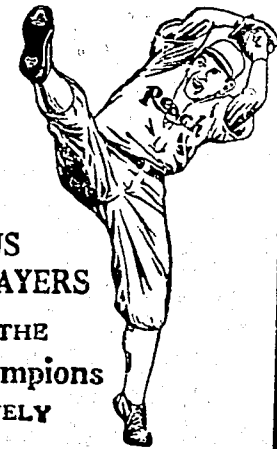
PLANTS FOR THE GARDEN—For Sale by the Home Comfort Club, on Saturday, the 8th, at McPhail-Smith Hardware—Asters, Snap Dragons, Phlox, Petunias and Stocks; all at 10c per dozen. These plants have been donated to the Comfort Club by Mr. Cuthbert.

ONE-TON TRUCK—A Belsize car, suitable for truck or passenger; in thorough working order; possesses very powerful 4-cylinder engine; quickest demountable rims; in thorough running order; good tires, and 3 spare ones. Snap at \$350; terms. A. J. Heywood, R. R. 1, Salmon Arm. Phone Heywood Store. 41-3

Joints, even if fresh, which have been exposed in a shop, should always be washed in a little vinegar and water, and then dried with a clean cloth.

Reach
Base Ball
Goods

MAKE
FAMOUS
PLAYERS
USED BY THE
World's Champions
EXCLUSIVELY



Fishing Tackle

Extra Special Bargains

In fishing tackle and sporting goods. We are closing out these two lines.

H. S. BEST

Armstrong B. C.

ENDERBY RED CROSS

Receipts for May \$62.90
Receipts Victoria Day 53.25
Disbursements—Red Cross \$100.00
Prisoners of War 8.00
Donated to expense fund
Vancouver 5.37
Stores 1.35
Water Rate90
Express on ice cream 1.40
Donations—Helper Milk
Mrs. Ellison Milk
Mrs. Woods \$1.00
Mrs. Nichol 1.00
Mrs. McKee 1.00
Prisoners of War Fund
Donations—Mrs. Brown \$1.00
Mrs. Winter 2.00
Raffle of quilt 22.20
Sale of jam 1.00
Friend 1.00
Miss Gibbs 10.00
N.Y.Z. 2.00
Collected in bank55
Tea Rooms 8.00

The handsome crochet quilt so kindly donated by Mrs. Gaylord in aid of Enderby's five adopted prisoners of war was drawn for on May 24th, and won by Mrs. A. D. Strouger. The sum of \$22.20 being added to the fund.

DISTRICT NEWS

Mr. and Mrs. Geo. H. Dobie returned from the coast last week. They visited Enderby on Saturday.

The Grindrod sawmill is nearly built by A. Tomkinson. They cut the first logs this week.

Matt Weir is opening a blacksmith shop at Grindrod.

We will pay cash for your wool, hides, rugs and rubbers. I. V. Sauder, Vernon, B. C.

E. O. Wood, B.C.L.S., of Salmon Arm came into Armstrong on Tuesday to do some surveying in this district.

Isn't the news of your store every week worth telling to the people of the district?

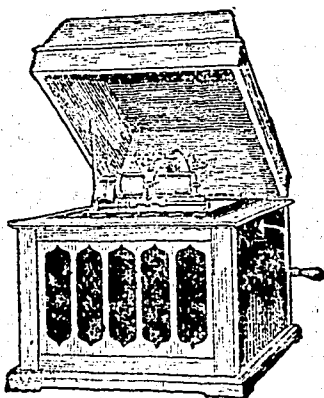
Canada's Crops

The Canadian farmer has increased his stride. He is responding to the nation's call for increased production in a remarkable manner. An authority in Winnipeg, whose judgement is reliable, estimates that thirty million acres will be put under crop this year. The increase in acreage seeded with wheat will be in proportion to that of other grains. We may therefore expect an acreage in wheat of eighteen million acres. The total amount of all grains seeded a year ago was 25,000,000 acres. What will the yield be from the acreage sown with wheat? The average for five years ago was twenty-two bushels per acre. On this fair basis of calculation the country may expect a yield of at least 300,000,000 bushels. If conditions during the summer prove exceptionally good, as they were in 1915, a 400,000,000 bushel crop is within reason. Even then the country would fall short of its share in supplying Europe's need, to the extent of 100,000,000 bushels. Nevertheless, handicapped as this country is with the labor shortage, the effort being put forth by the farming community is splendid.

Business men—or men in business—who do not hold the interest of the people of the district by advertising in the home paper are the sure enough "slackers." It takes the combined effort of all in business to keep the buying mind centred upon a town and the tradesman who does not hold up his end is throwing the burden upon his neighbors.

YOU NEED THE ENCOURAGING, INSPIRING INFLUENCE OF MUSIC AS MUCH AS THE SOLDIERS, AND THE NEW EDISON

Diamond Amberola



Will satisfy your music needs better than anything else. Have one ON FREE TRIAL From

The Edison Distributors
Vernon, B. C.

ALIEN CITIZENS

Sir Robert Borden Tells Why They Cannot Be Maltreated
In response to a petition from the people of Nanaimo to the Dominion government with regard to the alien labor question, Sir Robert Borden has prepared a memorandum which he has given to J. C. McIntosh, M. P. for the information of his constituents. It refers to the insistent demand there has been for the conscription of enemy aliens for labor purposes and that their earnings should be appropriated by the state, but points out the disadvantages of such a course from the standpoint that the national interest would greatly outweigh any possible advantage.

Such discriminatory legislation, Sir Robert Borden says, would instantly provoke reprisals on the part of the enemy states. Such reprisals would take a harsh form, and they not only would be visited not only on Canadians but on all British subjects at present held in enemy territory. "We neither desire nor expect to compete with the enemy in barbarity," says the premier.

In conclusion Sir Robert Borden says:

"The government appreciates the natural feeling of irritation which has arisen over this question in some sections of the country, but it is certain that the measures proposed to allay this feeling would, through the very great expense and loss of productive power involved, result in a direct and substantial detriment to the national interest. The government would therefore be derelict to their duty in adopting such measures. After all, if the assumption is true that these people are unfriendly the present position (whereby their greatest productive power is secured) simply means that they are working and producing in our interest against that of their own country."

Second hand stamp pullers—one hand power and one horse power. These machines have been slightly used but are as good as new. Both machines have given every satisfaction. E. O. Manchec, 123 Bay St., Toronto.

It takes two men to hold a razor edgewise to the wind in Alberta these days.



Save time and have a telephone installed

If you know a way to SAVE TIME—
If you know a way to SAVE LABOR—
If you know a way to SAVE FUEL—
Then you know how to help your government. Knowing how is not enough—YOU MUST DO IT.

OKANAGAN TELEPHONE CO.

FOREMAN & ARMSTRONG ARMSTRONG, B. C.

Savings to be Made in our Men's Furnishings and Clothing



Mens caps in new styles and colors. Prices 65c 90c to \$1.90

Men's work shirts in good wearing materials. we can save you money on your purchases Made up in cloth of khaki, drill, Cottonades, Oxfords, etc. Prices 90c to 1.50

Men's Clothing, Youths' Clothing and Boys' Clothing

See our large range of men's tweed, serge, and worsted suits.

Blue Judio Serge suits for men, all wool Fast Dye \$24.00 and 26.00

Brown and grey mixture tweed Five Rite make \$13.00 to 21.00

Worsted suits for men, excellent New stock \$14.00 to 21.00

Youth's suits with long pants to fit the growing boy from 16 to 18 years finished, equal to the men's suits

Prices from 11.00 to 14.00

Boy's bloomer suits, tweeds and worsteds, sizes 24 to 34.

Prices from 5.50 to 9.00



Mothers' Circle

The Mothers' Circle will meet Friday June 14th at the Methodist Church Hall at 2.30. The Rev. Stott will address the meeting, his subject being "What I have learned about children." We hope all mothers and those interested in children will attend the meeting, as we know what a treat it will be to hear Mr. Stott.

For the July meeting we hope to have Mrs. Campbell Brown of Oyama address the meeting.

Mrs. D. McLean and family moved in from Grand Prairie last Friday and are now living in the house recently vacated by John McCallam, the latter moving on to the Fader ranch.

Tenders Wanted

Tenders will be received by the undersigned for the whole output of buttermilk at the creamery for the coming ten months from June 1st. Tenders to be in the hands of the Secretary not later than noon, Monday, June 10th, 1918.

Northern Okanagan Creamery Association
A. E. Sage, Secretary.



Poultry in season

All kinds of fresh fish and meat

GEO. R. SHARPE
WHOLESALE - RETAIL BUTCHER

Picture Post Cards

Will always be in demand, especially if they are new lines. At this store you will always find A LARGE VARIETY including new local views and Comics.

The Popular Variety Store

CLIFF ST. Enderby

Your every want in the Hardware, Plumbing and Heating Line can be supplied by us at the Lowest Prices

Puritan White Enameled Refrigerators \$17.00 and \$21.00
Screen Doors \$2.10, \$2.25, \$2.45
Screen Windows 35c and 40c
Famous Florence Automatic Wickless Oil Stoves three burners \$17.50
Daisy Barrell Churns, No. 0, \$11.25; No. 1, \$11.50; No. 2, \$12.75; No. 3, \$13.25
Wood Butter Bowls 45c to \$2.00

We stock the Maytag Multi-Motor washing machines with swinging reversible wringer

This machine is run by gasoline engine under the tub. You can wash and wring at the same time. Also will run Separator or any other small farm machinery. This is a labor-saver that will be appreciated by every farmer. Call for practical demonstration in our store.

FULTON HARDWARE CO. LTD.
PLUMBING, HEATING, INSULATING

ENDERBY, B. C.