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THE CRESTON REVIEW

VOL. XIV. CRESTON, B. C., FRIDAY, FEBRUARY 2, 1923 No. 52

Sirdar

Word came on Monday that Miss Rosie Pascuzzo was to undergo an operation for appendicitus at Cranbrook hospital the following day, and as no advers reports have arrived it is assumed she is progressing nicely.

C. M. Loasby got home from Cranbrook on Friday, where he had spent eleven days in the hospital recovering from throat trauble he ran into while holidaying at Edmonton, Alta.

Mr. and Mrs. Goodman were week end visitors with Cranbrook friends, returning on Monday.

Arthur Dibbin was a Monday business visitor at Creston.

Will Goodman, who has been working at the C.P.R. depot at Michel for some modths, is home at present.

Dr. Henderson of Creston made a professional visit to Sirdar on Monday Most of the children who have been laid up with sickness of one sort and another are around again and back at sdhool studies. The doctor made the trip by auto and found the travelling not too bad.

Mr. Dennes, sr., is a visitor with Spokane friends this week, and will be leaving shortly on an extended holiday trip to the Old Country.

Mrs. J. H. Webster of Creston was a week-end visitor with Mrs. Loasby, Mr. Webster taking a cutter drive down with the children on Sunday for a few hours' visit.

Rev. H. Varley will be here on Sunday morning for the usual Church of England service at the schoolhouse.

Jim Pascuzzo, who has been in quarantine for at least a month due to catching scarlet fever, is making a speedy recovery and will be out shortly.

Arthur North, another of those who had a serious time of it with the prevailing cold, is able to be up and around the ranch a little, but so far has not been seen in town.

Wyndel

The Co-Operative Fruit Growers are busy cutting and hauling their 1823 ice supply.

Skating having been stopped by the ling fishers are now on the job, and every evening sees some of them hunting the creek for the delectable finny one.

The Co-Operative trading store is putting up an ice house and contemplate stocking at least fifty tons.

Monrad Wigen got back on Sunday from a trip to Spokane.

Mrs. Benadetti was hostess at a party for the young folks on Saturday and everyone reports a real good time. Mr. Benadetti returned home on Thursday.

Mas. Irving and Mrs. Joy were joint hostesses on Friday to a crowd of about sixty guests. Whists and dancing were the features of the evening. Prizes were awarded Miss D. Butterfield and Mr. Piggott, while boobv honors went to Mrs. Dunseath and F. Gregory. Old time dances as well as the more modern jazz were indulged in, and with everyone feeling good, wide-awake and lively a very enjoyable and most successful evening was spent.

Reg. Price had quite a narrow escape this week from a nasty accident. Various parts of the rigging giving way dropped the wagon pole between the horses which, being scared, immediately bolted, leaving Reg. perched all alone in the wagon. The team was stopped down by Winlaws and after a generous use of the universal Canadian remedy—hay wire—he was able to continue his journey in safety.

Postmaster Butterfield occupied the chair at the growers meeting at the old schoolhouse on Friday afternoon, which was addressed by Boyd Oliver, an associate of Aaron Sapiro, the well-known co-operative selling organization organizer, who is directing the formation of the B.C. Co Operative Growers, Ltd., which it is hoped will handle the marketing of the 1923 fruit crop. Mr. Oliver in practical fashion explained how similar organizations had brought prosperity to the orange prune and raisin growers of Calif., and assured that if the plans of the big new British Columbia organization were given the support of 80 per cent. of the fruit tonnage of the province, similar success and consequent prosperity would be experienced by the fruit men all over British Columbia. Just at present it is not definitely known whether the berry crop will this year be handled by the new firm, but if it is not Mr. Oliver strongly urged the Wyndel growers to back up whatever selling arrangements the Berry Growers' Association might make. It is surmised that the Creston Valley and the country to Boswell will have the power to elect one director to handle the affairs of the new organization. The meeting was also addressed by L. E. Taylor of Kelowna, who is accompanying Mr. Oliver on his tour. Mr. Taylor is president of the B.C. Fruit Growers' Association, and he made a strong plea for an increased membership from this district. At the close of his address Mr. Oliver was closely questioned on a number of subjects on one of which he very definitely stated that in the matter of selling the wholesaler and jobber were necessary to the success of the effort. Messrs. Bennett, Hayes and Allan of Creston board of trade, along with Jas. Compton and Robt. Stark, representing the growers, accompanied the speaker on his trip. Considering it was an afternoon meeting and organized on two days' notice, there was a large and representative turnout of local ranchers.

Lister

Mr. and Mrs. George Jacks were agreably surprised and entertained at their home on Wednesday night when a goodly crowd of young and old friends from Lister, Canyon and Erickson favored them with a surprise party, which was a highly successful rocial affair.

Misses Redpath, Hardisty and Land, and Messrs. Head, Barnhard and the Williams brothers made up a party from here that attended the Banff orchestra dance at Creston on Monday night.

W. G. and Lewis Littlejohn and Miss May Littlejohn of Erickson were calling on Lister friends on Sunday.

Ed. Langston was down from Kimberley to spend the week-end at his ranch at Camp Lister.

Owing to the inclement weather the hockey match scheduled for Sunday last had to be postponed for a week. The teams are the Wildcats, headed by Miss Redpath, while Miss Ruby Lister captains the Prairie Flowers. Considerable money has been wagered on the struggle with Prairies seven decided favorites. The teams have an excellent sheet of ice on the Edward slough.

The social evening at the school on Saturday was quite a unique affair, the fore part of the evening being spent in games and competitions, after which came lunch at about 11. Dancing was then indulged in. The collection taken helped reduce the debt on the piano by several dollars.

R. T. Milner has become a convert to the possibilities of the poultry business and is going in for them on quite a large scale with the White Leghorn breed.

Walter Wright is another poultryman who is going to specialize on his new White Leghorns, having just taken delivery of a couple of fine purebred cockerels from a Vancouver Island fancier. Mr. Wright will be quite the largest poultryman in the area, his new hen house being big enough to take care of 250 birds.

COTTAGE FOR SALE—The cottage and two lots on Victoria Ave., Creston, lately occupied by C. B. Garland, ideal location, $1500 on terms; 5 per cent. off for cash. Apply A. W. COULTER, Milton, Ontario.

Maj. Mallandaine Heads Fall Fair

A three-day fair, to be held the last week in September, was the unanimous decision of the very large and representative meeting of members of Creston Valley Agricultural Association held in Speers' Hall on Monday night, the session being necessary due to the fact that the eleven directors chosen at the annual meeting in December were not at all unanimous that a 1923 fair was advisable, and they had resigned in a body in order that the special meeting would be free to accept or reject their views regarding 1923, and if rejected to give the meeting a free hand in choosing an entirely new directorate.

The meeting selected C. F. Hayes chairman of the gathering, and after he had outlined the necessity for the call of the meeting, this fact was further emphasized by W J. Truscott, one of the December-elect directors, who had carried on the association affairs since then until the present, Mr. Truscott then be named secretary to the meeting.

After those present had been given opportunity to discuss the whole 1923 situation and finding the overwhelming majority of sentiment in favor of a bigger and earlier fair, nominations for the 1923 directorate were called for, after a motion to accept the resignations of the previous directors had been put and carried. Those chosen to handle this year's fair are:

President—Major Mallandaine.
Vice-President—C. F. Hayes.
Directors—Geo. Johnson, C. O. Rodgers, Col. Fred Lister, M.P.P., C. G. Bennett, O. W. Allan, Sam Moon, W. J. Truscott, Geo. Cartwright, G. E. VanAckeran.

The new board comprises five businessmen and six farmers, with the directors representing every point in the Valley. The directors were given the necessary authority to secure a secretary, and the chair named Messrs. Mallandaine, Rodgers and Bennett a committee to act in that respect.

At the adjournment of the meeting the directors assembled in initial session with Major Mallandaine presiding, who thanked those present for honoring him with the position. He had been at the head of Creston's first fall fair ten years ago, and he hoped he would give the same efficient service and have the same hearty support in his 1923 effort in the same direction. He also expressed appreciation of the work done by Mr. Truscott in handling the situation between the regular annual meeting of December and the Monday night session.

Tentative dates for the 1923 fair were set for September 24, 25 and 26. While the slightly earlier date may cause the later variety of apples to be shown before they have attained perfection as to color it was pointed out that the September fair should bring out a better display of plums, tomatoes, pears, and some other varieties of produce, to say nothing of greatly increasing the possibilities of the flower show.

C. O. Rodgers has donated a silver cup, along with which will go substantial cash prizes, for the best twenty box lot of apples shown at the fair, any one or mixed varieties being eligible. In addition to filling out the fruit section an effort will be made to have this draw outside competition both in the twenty-box lot as well as other sections.

C. F. Hayes was again named chairman of the prize list committee along with Sam Moon, G. E. Van Ackeran and W. J. Truscott, and if money will permit it is the intention to enlarge the canned goods section, which at present only admits of jam, jelly and pickles.

Geo. Johnson heads the finance committee, and with him are associated C. W. Allan and C. G. Bennett, whilst the grounds committee is made up of President Mallandaine, C. O. Rodgers, Geo. Cartwright and Col. Lister.

Important Notice!

To enable us to purchase supplies to the best advantage it is important that you notify this office as soon as possible your estimated requirements of

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LIME - SULPHUR SOLUTION
FERTILIZERS
SEEDS

PLEASE DO IT NOW!

Creston Fruit Growers Union Limited

Local Committee Report

All Creston growers, in fact every one in the district, who is interested in the developments which are tending towards a solution of marketing problems will want to know that the committee appointed by the first growers' meeting is still acting under the chairmanship of C. G. Bennett, and will continue to act in the interests of local growers until such time as there is a definite proposition to place before the ranchers of the Valley for their acceptance or rejection.

At the request of the Growers' Committee, which has been in more or less continuous session in the Okanagan, delegates have been sent out from time to time. The local committee felt that no report was necessary in connection with the work of these delegates as this has been entirely covered by the reports which have been published in all the papers of the province.

The work of organization is now in the hands of a committee of ten, and it is expected that this committee will complete their labors about February 15th, when they will have a definite proposal covering all important points to place before the growers, and will also have completed revising the contract which is to be the keystone of the organization. Guy Constable has been appointed a member of this committee of ten, and met the local committee on January 29th, leaving the following day for Vernon to resume his work there.

There is no doubt whatever that Mr. Constable is giving valuable assistance to this committee. The Creston district, on account of its geographical position as regards certain markets, has problems to solve which are peculiar to no other district in the province, and if the Creston ranchers are to fall in line with the new movement it is essential that these problems be taken care of. Mr. Constable understands the situation and it is felt that the proposition that he will have to place before the growers here is almost sure to be acceptable to them.

The local committee feels that the proper course of procedure is for the district to take no definite action as a whole until the contracts are completed and have been presented to Okanagan growers for their signature.

Creston represents a comparatively small percentage of the total tonnage of the province and it would appear unwise to canvass the district with a proposition that might or might not be acceptable to the individual growers of the Okanagan. On the other hand once the Okanagan more or less unanimously accepts the completed contracts the work of signing up local growers would be very much simplified.

Erickson

The James Maxwell home was the scene of operations of the West Erickson surprise party squad on Friday night, when about thirty of the younger and older residents happened in unexpectedly for a night at cards and other amusements the whist honors going to Miss Gladys Wood and E. Botterill, whilst at poor playing Mrs. Palfreyman and Dpif Weir were the most proficient of the visitors. A sumptuous lunch was brought along and certainly the affair was enjoyed by all present.

Erickson was well represented at the Oliver Taylor growers meeting at Creston on Thursday afternoon, and when it came to questioning both our lady and men delegates kept the speakers busy quite a bit of the time.

Messrs. Oliver and Taylor were motored over the Erickson area on Friday morning by R. B. Staples, making a call at the R. J. Long ranch where the visitors were so taken with the unexcelled quality of the Long Delicious that a box of them were sent by express to Mr. Oliver's California home at Los Angeles.

W. G. Littlejohn this week received the bronze medal which accompanied the third prize he won or Snow apples at the Imperial Fruit Show, London, last October. It is of generous size and attractive design, and much prized by the recipient.

The Young & Clements ranch is the first to put 1923 rhubarb on the market, having a supply for Creston trade on Saturday. They are producing it under glass and is a most attractive article.

Jas. Cook, who is doing pruning on the R. B. Staples ranch at present, reports cutting off a limb of 1922 growth that shows a length of almost 63 inches. This is from one of the trees grafted to Rome Beauty and is a fair sample of growth under irrigation.

Apple shipping was resumed at the end of the week when the Staples Fruit Company loaded out a straight car of R. J. Long's Delicious, that went east to a Lethbridge house on Saturday afternoon.

The annual meeting of the shareholders of Creston Valley Co-Operative Association was held at the store on Saturday afternoon, at which directors for 1923 were elected as follows: M. R. Palmer, E. W. Harrison, G. P. Smith, J. M. Craigie, T. R. Mawson, Eric Olson and G. E. VanAckeran. Under Mr. VanAckeran's management the store has had a very prosperous year-end and report has it that shareholders are likely to be paid a dividend on the paid up capital.

Gerald Timmons left at the end of the week for Cultus Creek where he is working for the present.

COMING!

Eye Specialist

For a pair of glasses to be satisfactory they must be ground from an accurate formula. For a formula to be correct it must be based upon a thorough, scientific examination of your eyes.

A hundred per cent. efficiency in your day's work demands 100 per cent. eyesight.

More than 80 per cent. of headaches are caused by eye strain.

Don't wait until strain compels you to look after your eyes.

Give your eyes the aid and ease they demand before INJURY DEVELOPS.

Murdoch McLeod

Optical and Optometrical Specialist, will be at

Beattie-Oatway Drugstore

MONDAY, FEBRUARY 5th

Have your eyes examined now.

It's different —
Gold Standard Tea
— and "better." 30

The New Year

Happy New Year! With each recurring new year this seasonable greeting and wish is extended by millions of people to each other. In some cases, no doubt, it is done as a mere matter of form, but probably the vast majority of people do sincerely hope that the incoming year may bring a larger measure of happiness and a greater prosperity to their friends and neighbors, their country and the world.

The extending of this old-time wish, "Happy New Year," if it is a sincere wish, implies much more than the utterance of the words. It imposes an obligation. If we sincerely wish that the new year may be a happy one, it is our duty to put forth the best that is in us to assist in bringing about a realization of our desire. And if all our New Year greetings and hearty handclasps are accompanied with a resolve to interpret them in definite actions throughout the year there is not the slightest question but that the new year now dawning will be a most happy one.

There is every reason why 1922 should far surpass 1921 in happiness and prosperity for all. It is inconceivable, for instance, that these Western Canadian Provinces should experience a repetition of the disasters which overtook the agricultural producers this year. Several years of poor crops in various sections of the country culminated this year in a crop, satisfactory on the whole so far as quantity of grain was concerned, but which, in the aggregate, did not yield to the producers the costs of production. Large in volume as the crop proved to be, it was a debt-producing crop rather than a debt-paying crop. Such a condition is not likely to be repeated in 1922.

Industrial conditions were far from favorable during the year now closing, with the result that, not in Canada alone, but to an even greater extent in other countries, there was unemployment. The concensus of opinion now seems to be that the worst in this respect is past and that the new year will show a steady improvement.

While taxation must for some years continue to be heavy in order to pay the war bills of the nations, the cost of living is steadily falling, so that the wage earner and the heads of families can look forward to a larger measure of relief on this score.

A survey of world conditions is also hopeful. The dark cloud which has been hanging over our Empire in connection with Ireland, and which threatened to break in a terrible storm of civil war, seems about to be dissipated. After long centuries of turmoil, agitation and strife, the Irish question appears to be on the eve of an amicable settlement.

The much heralded Washington conference of the nations on the limitation of naval armaments has been a wonderful, almost a miraculous success. The nations have found a basis of agreement to end the costly and dangerous race for naval supremacy. The probability of future wars is thus greatly lessened, and along with the removal of that threat, which was paralyzing the financial, industrial, commercial and political world, confidence is returning and with it renewed business activity is certain. The reduction in the burden of taxation will likewise be considerable and will become more and more apparent as time passes.

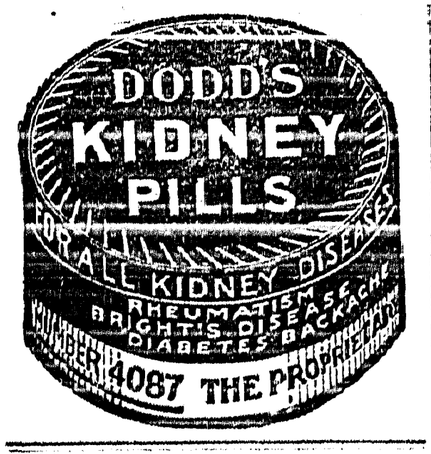
All these circumstances give assurance that it is no idle wish to extend the greeting "Happy New Year." What the world has long lacked is confidence. Let confidence be restored, and economic conditions will soon right themselves. It should, however, be borne in mind that each individual citizen can exert a powerful influence in the right direction. Never more than now was there a time when the dead past should be allowed to bury its dead. Rather, like St. Paul, the Canadian people should forget those things which are behind and press toward those things which are before.

Pessimistic feelings should be curbed. Blue ruin talk rigidly avoided. Expressions of confidence and words of hopefulness and encouragement should flow from every mouth, and our actions should be in keeping with our words. If a person finds himself or herself indulging in pessimistic feelings and the language of discouragement and despair, they should stop short. Such an attitude neither benefits themselves nor anybody else. It is a positive detriment to progress, destroys confidence, and is a constant source of unhappiness.

Begin the new year right by cultivating a cheerful and hopeful disposition. It will make for happiness, your own and others. It is the basic foundation for a "Happy New Year."

Arrest Ends Vendetta

As the only way to end a vendetta going on since 1915 between the de Lucia and Florillo families in Naples, the police have arrested both families, numbering 40 persons. Two small children, a boy and a girl, remain and are proving affectionate playmates.



Separation, But No Alimony

A peaceful, quiet separation, no damage done, everybody happy again —that's the situation when you divorce your corns. Try Putnam's Corn Extractor. Acts like magic, no pain, no failure, success every time. Refuse a substitute for "Putnam's," 25c everywhere.

Liverpool's New Cathedral

When Completed Will Be Loftier Than Westminster Abbey

Liverpool Cathedral, the first portion of which is nearing completion, will be larger than York Minster and loftier than Westminster Abbey when it is completed. It stands on a commanding site, 155 feet above the Mersey, and will occupy together with the Chapter House and Lady Chapel, over 100,000 square feet, which exceeds the area of any other English cathedral. A congregation of 2,500 will be able to assemble in the choir and eastern transepts, while the entire building will accommodate 8,000.

Minard's Liniment used by Veterinaries

Catch Correct Time By Wireless

Jewellers In Paris Have Installed Small Outfits

Fifteen hundred small wireless outfits have been installed in Paris jewelry watch and clock stores to enable the jewellers to catch the correct Greenwich meridian time as it is sent daily at ten o'clock by the Eiffel Tower. Formerly the exact time had to be obtained from the observatory by telephone.

The installation is simplicity itself. The outfit, about nine inches in diameter is hung on a nail in the cellar or along a water or gas pipe serves as a "ground wire" while the removal of the bulb from a nearby electric light and the insertion of a contact plug take the place of antennae. It can be done in five minutes.

The outfit can be regulated to hear everything that is sent out from the Eiffel Tower. The correspondent listened in when the press matter was being sent out one day, and the signals were clear and easily heard.

Pains in Back, Limbs and Side Yield to "Nerviline"

If you have failed to secure relief from other remedies, rub on lots of good old "Nerviline" the strongest, most penetrating pain relief on the market. Nerviline acts quickly on small pains and is the surest to drive out the big ones. It's because every drop of Nerviline rubs in because it has the ability to sink in deeply that it drives away pain that ordinary oily Liniments won't touch. Large 35c bottles at all dealers.

Banks In Canada

Eighteen chartered banks have over 4,500 branches in Canada and others in the West Indies, South American and Europe. The Canadian banking system is an admirable one. All notes issued by banks must be secured, dollar for dollar, by gold or dominion notes.

THE HEALTHY MAN HAS THE BEST CHANCE

Is Always Full of Life and Energy—Failures Are Weak and Bloodless

Some men seem to have all the luck. If there are any good things going these men seem to get them. If they are business men they are successful; if they are workmen they get the foreman's job. They have the power of influencing people.

The same is true of women. Some have the charm that makes men seek them out; others are neglected. But this is not luck. It is due to a personal gift—vitality. Men and women of this sort are never weak, puny invalids. They may not be big, but they are full of life and energy. The whole thing is a matter of good blood, good nerves and good health. Everyone would wish to be like this and the qualities that make for vitality and energy are purely a matter of health. By building up the blood and nerves, sleeplessness, want of energy, weakness of the back, headaches and the ineffectual sort of presence which really comes from weakness can be got rid of. Dr. Williams' Pink Pills have made many weak, tired men, vigorous, and many pale dejected girls and women, rosy and attractive, by improving their blood and toning up their nerves. If you are weak, low-spirited or unhealthy, try Dr. Williams' Pink Pills and note their beneficial effect.

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

B.C. Needs People

It is hardly necessary to emphasize the necessity of encouraging tourist travel. The tourist is the advance guard of new population. Out of those who come and see for themselves there are many who return to stay. Discontinue the invitation and travel will cease. What California has done British Columbia should be able to do. Population is our urgent need. But advertising is essential.—Victoria Times.

MINARD'S
"KING OF PAIN"
LINIMENT

FOR RHEUMATISM

Lumbago, Neuralgia, or any other pain, apply Minard's Liniment to the aching spot and get quick relief. Minard's is the remedy your grandmother used. There is nothing to equal it.

FOR SALE EVERYWHERE

Railroad Man Says Smothering Spells Have Disappeared

"I had just about given up hope of ever getting well, but Tanlac has fixed me up fine and I want to pass the good word along to others," said Bernard Breen, well-known clerk for the Grand Trunk Railway Co., residing at 232 River Ave., Winnipeg, Man.

"Two years ago I had an operation, and after this it seemed that I just could not get to feeling right again. I was very weak, and indigestion had such a hold on me I was actually afraid to eat. I just had to force down enough to keep me alive, and after each little meal I had such awful pains and cramps it nearly drew me double. Gas would form on my stomach and bloat me until my heart acted queerly and I could hardly get my breath. I had awful smothering spells and had to sit up night after night and just fight for breath and suffer agony every minute.

"Well, I tried so many medicines without getting any help I was pretty badly discouraged. Then I came across a Tanlac testimonial which described my case so well I decided to give the medicine a trial. My appetite picked up, and now I'm eating heartily of just anything I want and never have a bit of trouble with my stomach. I sleep like a log every night and always get up feeling fine. I certainly feel thankful for the good Tanlac has done me."

Tanlac is sold by leading druggists everywhere.

Retired Postman Has Good Record

No Complaint Made In Forty Years of Service

During 40 years' service as a postman at Windsor, it is estimated that W. Kimble, who is retiring, has walked a distance equal to ten times round the world—or 248,000 miles. He has acted as Court postman to Windsor Castle during the latter part of his service, and has never once been on sick leave or had an adverse entry placed against his name.

Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and assisting Nature in restoring normal conditions.

All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

A Novel Dinner

French Provincial Press Celebrate Promotion of President

A novel dinner party was given in Paris when the French provincial press met to celebrate the fact that M. Real, the president of their organization, had been raised to the dignity of Commander of the Legion of Honour.

Each newspaper arranged for a special dish representative of the culinary art of its region to be brought to Paris by train or motor car. The Petite Gironde supplied the finest Bordeaux wine. The Press of Rouen sent a Rouen duck cooked in the best Normandy fashion, and other provincial organs sent fish, game and cheese.

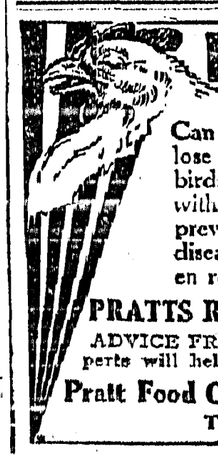
Nights of Agony come in the train of asthma. The victim cannot lie down and sleep is driven from his brain. What grateful relief is the immediate effect of Dr. J. D. Kellogg's Asthma Remedy. It banishes the frightful conditions, clears the passages and enables the afflicted one to again sleep as soundly and restfully as a child. Insist on the genuine at your nearby druggist.

French scientist has taken an X-ray photograph of a bone through a brick wall 250 yards away.

Minard's Liniment for Distemper

Threads of gold used in India for making lace are so fine that 1,100 yards weigh only one ounce.

Use MURINE Night and Morning
Keep Your Eyes Clean - Clear and Healthy
Write For Free Eye Care Book Murine Co., Chicago, U.S.A.


ROUP
Can be cured. Don't lose your valuable birds. Act quickly with sick birds and prevent spread of disease by this proven remedy.
PRATTS ROUP REMEDY
ADVICE FREE. Our poultry experts will help you. Write
Pratt Food Co. of Canada, Ltd.
Toronto

Armistice Day at Covent Garden

Man Who Forgot to Observe Silence Was Censored

When the silence fell on Covent Garden Market on Armistice Day, porters stood still beneath their piled baskets, barrows were halted and hats were removed. The only sound was that of an old man counting and throwing cabbages two by two from his wagon to a costermonger with his barrow. "Twenty-eight—thirty—thirty-two," rang clearly through the garden. It was too much for one market-man, who called in a constrained voice: "Hi—you with the cabbages—have you no sense?" The old man looked up, muttered: "I'm sorry—I forgot," and sat down on the edge of the wagon, slightly shifting his cap. The silence ended. "Thirty-four" came the call with another couple of cabbages.—The London Daily Telegraph.

Miller's Worm Powders prove their value. They do not cause any violent disturbances in the stomach, any pain or griping, but do their work quietly and painlessly, so that the destruction of the worms is imperceptible. Yet they are thorough, and from the first dose there is improvement in the condition of the sufferer and a cessation of manifestations of internal trouble.

The first recorded plague generally recorded throughout the world was in 767 B.C.

ECZEMA You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co., Limited, Toronto.

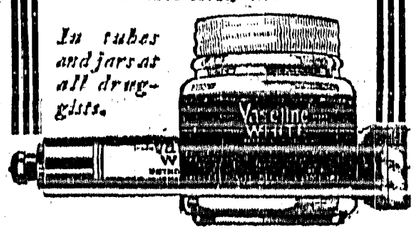
Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author
H. CLAY GLOVER CO., INC.,
118 West 31st Street, New York, U.S.A.

Vaseline
Trade Mark
WHITE
PETROLEUM JELLY
An application of "Vaseline" White Jelly brings grateful relief when applied to cuts, burns, chafed skin, etc.
CHESEBROUGH MANUFACTURING COMPANY (Consolidated)
1880 Chabot Ave., Montreal.
In tubes and jars at all druggists.



SAYS TANLAC IS WORTH ITS WEIGHT IN GOLD

"Honestly, I wouldn't take one thousand dollars for the good I got from Tanlac, to say nothing of what it has done for my wife and our little five-year-old boy. It has been worth its weight in gold to each one of us," is the unqualified statement made a few days ago by Albert Edward Payne, a well-known carpenter of 403 Dewdney St., Regina, Sask.

"As to my own experience, I don't hesitate to say I believe Tanlac saved my life. I had grown so run-down and weak from stomach trouble that I was losing two and three days a week, and at times more than a week on a stretch from my work. My weight dropped down to one hundred and twelve pounds and I was so miserable that life was almost unbearable.

"I was just about ready to give up when a clerk at one of the drug stores put me on to Tanlac. That was the turning point with me, for I began to pick up and feel better almost immediately. It wasn't long until my stomach was in good shape and I tipped the scales at one hundred and fifty-two pounds. Tanlac also built my wife up to good health and made a husky, robust child of our little boy, and nobody could shake my faith in it. Tanlac is the family medicine at our house now."

Tanlac is sold by all good druggists.

WORLD HAPPENINGS BRIEFLY TOLD

The death is announced of David Lindsay, 66, noted explorer, through whose pioneering the great West Australian gold field was discovered.

Interior China, with one doctor to every 400,000 people, has been a land of widespread misery, due largely to ignorance and superstition.

Germany's floating debt increased during the first ten days of December 123,000,000,000 marks, to a total of 962,000,000,000 marks.

A disarmament conference to deal with land and sea armaments between all Governments having diplomatic relations with the United States is proposed by Senator King.

Comrade Ioukoff, famous Bolshevist hangman, who executed more than two thousand persons in this manner since 1920, hanged himself, according to dispatches from Moscow.

While police searched a house in Chinatown, Vancouver, for hidden drugs, a carrier pigeon flew in bearing a tube of cocaine. Two men were arrested.

A Canadian In Ireland

Men With Spirit Who Are Saving the Irish Free State

It is perhaps not generally known that among the editors of the Dublin Freeman's Journal, just ordered by Republicans to leave Ireland under pain of death, is a well-known Canadian. Mr. H. N. Moore, son of the Rev. T. Albert Moore, the prominent Methodist divine, has been managing editor of the Freeman for the past four turbulent years. His offices have been raided in turn by Sinn Feiners, Black and Tans, and Republicans, the paper's presses have been destroyed, the building riddled with bullets, but Moore, with a threat of death constantly hanging over him, has steadfastly kept his course. When the Republicans smashed the Freeman's press, Moore and Martin Fitzgerald got out the edition on a handbill and defied their enemies. Later on an emissary of O'Maille, the most desperate of the Republicans, called at Moore's residence and placed into his wife's hands an ultimatum to the effect that his failure to change the policy of the Freeman would be punished by certain death. The only reply was an editorial calling for a more ruthless policy toward O'Maille and his associates.

It is this spirit that is saving the Free State. Men like Cosgrave, Mulcahy, O'Higgins and their associates pursue their duties dogged by the shadow of death. That they go on, steadfast and unafraid, is the best proof that Ireland has within her the spirit that will guarantee her future life.—From the Ottawa Journal.

If Tormented With Corns, Use Good Old "Putnam's"

It's really a simple thing to remove your corns, and without pain, if you apply Putnam's Painless Corn Extractor. It acts like magic, lifts out the corn, root and branch, leaves the skin smooth as silk. No failure with "Putnam's," 25c everywhere.

Did His Best

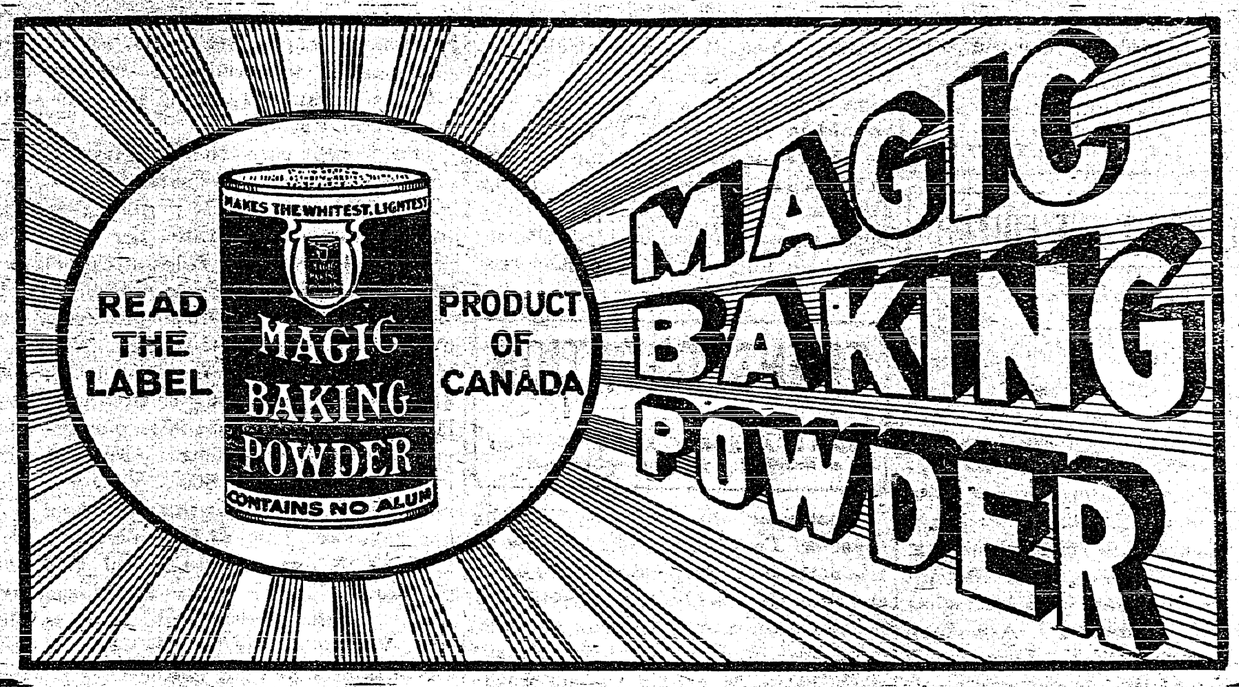
A western exchange tells of a speed maniac who ran head-on into a seven-story office building and after regaining consciousness weakly murmured, "I blew my horn."—Boston Transcript.

Miller's Worm Powders will clear the stomach and bowels of worms, so that the child will no more be troubled by their ravages. The powders are sweet to the taste and no child will object to taking them. They are non-injurious in their composition, and while in some cases they may cause vomiting, that must not be taken as a sign that they are nauseating, but as an indication of their effective work.

Absence from church was a punishable offense in the seventeenth century.

Minard's Liniment For Distemper

In Spain a woman's mantilla is held as sacred and cannot be sold for debt.



Mines Still In Baltic Sea

Have Caused Loss of Many Vessels Since War

All ships leaving ports on the Baltic Sea have been warned of the renewed danger of mines, many of which have been found in various parts of the sea during the last month.

The lastest casualty laid to mines is the loss of the Finnish lightship Storbotten, which was blown up by a mine off Aland in September. Five of the crew of ten were lost. The loss of many vessels since the war is believed to have been caused by the mines.

The sea was reported to be mine free after German boats had been sent to clear the waters last summer. It is now alleged that this job was not well done and that there is still much danger from these floating derelicts.

For Frost Bites and Chilblains.—Chilblains come from undue exposure to slush and cold and frost bite from the icy winds of winter. In the treatment of either an excellent preparation is Dr. Thomas' Eclectric Oil, as it counteracts the inflammation and relieves the pain. The action of the oil is prompt and its application is extremely simple.

To Protect Child Labor

More than 10,000,000 persons are said to have indorsed the petition asking for an amendment to the United States Federal constitution which would empower Congress to limit or prohibit the labor of children under the age of sixteen.

Corns are caused by the pressure of tight boots, but no one need be troubled with them long when so simple a remedy as Holloway's Corn Remover is available.

Norway sends 200,000 tons of ice to London every year.

Household Hints

Valuable Recipes For the Busy Housewife

Rich Fruit Cake

1½ cups shortening, 2 cups sugar.
4 cups flour, 1 wineglass brandy.
6 eggs, ½ pound blanched and chopped almonds.
½ pound English walnuts (broken in small pieces), 1 teaspoon salt.
½ pound stoned and chopped dates.
1 pound Sun-Maid seeded raisins.
1 pound glaced cherries.
1 teaspoon baking powder.
½ cup New Orleans molasses.
½ cup cold black coffee.
1 teaspoon grated nutmeg.
2 teaspoons powdered cinnamon.
1 teaspoon powdered cloves.

Cream shortening and sugar together, add eggs, well beaten, beat five minutes, then add coffee, soda mixed with molasses, brandy, flour, sifted with salt and spices. Now add raisins, currents, dates, cherries cut in halves, and nuts. Mix carefully and turn into greased and papered tin and bake in moderate oven two and a half hours. Brandy may be omitted. Sufficient for one large cake.

Cherry Raisin Sponge

Canned red cherries, 2 egg whites.
1 tablespoon granulated sugar, 2 tablespoons sugar, salt.
¼ cup cold water.
¼ cup of boiling water.
¾ cup Sun-Maid seedless raisins.
½ cup cherry juice.
Shredded almonds or cocoanut.
Whipped cream, 1 tablespoon granulated gelatine.

Drain juice from the cherries, soak the gelatine in cold water and dissolve by adding the boiling water and cherry juice and set aside to cool. When it begins to thicken beat with egg beater until frothy, then beat in stiffly beaten egg whites and a few grains of salt. Then add the cherries cut in halves, seedless raisins, cut in small pieces and cooked until tender and drained well, and the sugar. Turn mixture into a slightly oiled mold and chill thoroughly. Unmold to the serving dish, garnish with whipped cream and sprinkle with shredded almonds or cocoanut.

No More Asthma. Dr. J. D. Kellog's Asthma Remedy sounds the death knell of this trying trouble. It stops the awful choking and painful breathing. It guards against night attacks and gives renewed ability to sleep and rest the whole night long. Much is claimed for this remedy, but nothing but what can be demonstrated by a trial. If you suffer from asthma try it and convince yourself of its great value.

To Guard Public Health

Says Social Hygiene Should Be Given Greater Attention

Creation of a strong local committee to take up the question of social hygiene, co-operation of the clergy and educational authorities, and the organization of classes for parents, were urged by Mr. Justice Riddell, of Toronto, President of the Social Hygiene Council, at a luncheon held in Ottawa recently. Mr. Justice Riddell, who was accompanied by Dr. Gordon Bates, Secretary of the Social Hygiene Council, stressed the need for greater attention to social hygiene and for the creation of normal conditions of health for the community.

Minard's Liniment For Colds, Etc.

A Clever Cook

A woman, teaching in a well-known college for girls near Boston, vouches for the truth of this story. She presided over one of the college dining tables at which sit a dozen students. One day some curly lettuce was brought on. A freshman looked at it and exclaimed:

"How clever of the cook to crimp it that way. How does she do it?"—Boston Record.

SAVED BABY'S LIFE

Mrs. Alfred Tranchemontagne, St. Michel des Saints, Que., writes:—"Baby's Own Tablets are an excellent medicine. They saved my baby's life and I can highly recommend them to all mothers." Mrs. Tranchemontagne's experience is that of thousands of other mothers who have tested the worth of Baby's Own Tablets. The Tablets are a sure and safe medicine for little ones and never fail to regulate the bowels and stomach, thus relieving all the minor ills from which children suffer. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Bank of England has its own water supply, an artesian well, 400 feet deep, which supplies 7,000 gallons an hour.

ECZEMA You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample of Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co., Limited, Toronto.

MONEY ORDERS

Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

FOR SALE

YARN — WONDERFUL VALUES and colors, samples free.—Georgetown Woollen Mills, Ont.

Cook's Cotton Root Compound

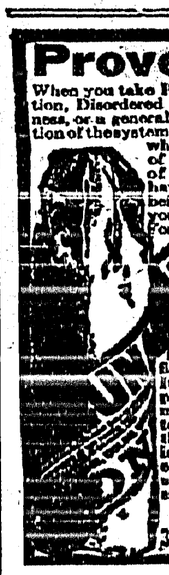
A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author H. CLAY GLOVER CO., INC., 129 West 24th St., New York, U.S.A.

Proven Value

When you take PE-RU-NA for Indigestion, Disordered Stomach, Nervousness, or a general run-down condition of the system, you are doing what hundreds of thousands of people have done before you. For half a century PE-RU-NA has been an honoured place in homes throughout the length and breadth of the North American continent as the ideal tonic and blood purifier.



It has proved its value; its prompt use has beaten off many a serious illness; and today, it is more widely used than ever before because it is the reliable remedy for everyday ills. Sold everywhere, because it is known, used and called for everywhere. 3

PE-RU-NA COMPANY 344 St. Paul St., Montreal

Rosy Cheeks and Sparkling Eyes —

GOOD HEALTH, the signs of which are so plainly written in looks and actions, comes from within—the natural result of right food, such as Grape-Nuts.

Crisp, delicious and soundly nourishing—easily digested and quickly assimilated—Grape-Nuts brings happy smiles at the breakfast table and happy feelings afterward.

All the family will thank you for including Grape-Nuts in your grocery order today. It's ready to serve in a moment with cream or milk.

Grape-Nuts THE BODY BUILDER

"There's a Reason"

Made by Canadian Postum Cereal Company, Limited
45 Front Street, E., Toronto Factory: Windsor, Ontario

THE CRESTON REVIEW

Issued every Friday at Creston, B.C.
Subscription: $2.50 a year in advance.
$3.00 to U.S. points.

C. F. HAYES, Editor and Owner.

CRESTON, B.C., FRIDAY, FEB. 2

LETTERS TO THE EDITOR

The Fall Fair

EDITOR REVIEW:

SIR,—I attended last Monday's meeting to the call, "Let all good men and women come to the aid of Creston fair." It should be supported. Some undercurrents seem to warn me that women were not very welcome at that meeting. The men of Creston and district may know all about fairs but what about good manners? Are men losing their chivalry? However, I think some of the women can render most useful assistance.

Although I live in the backwoods I am not in a rut. I never exhibited anything at the Creston fair, because I am rather a professional in my line, and it would be unfair to the others. I have watched Creston's culinary efforts growing from crude attempts to the now accomplished art and I am proud to think that now the women of Creston can vie with any other district, and it is only now that it would be interesting for me to enter the game.

I do not approve of gambling devices, but I do approve of sports, such as merry-go-rounds, etc., for children, and ball or other games, and races for the men, women and horses. I will be well over two score years before the fair, and I am willing to run a race with anyone of my age.

As to the date, the earlier date is more preferable in my estimation. All vegetation and pears and plums, especially are best early in September. King apple should give the others a chance, too—he should be charitable. If you would be kind enough to voice my opinion at the next meeting I shall gladly stay at home. Hoping I have made myself clear, and with profound apologies. ONLOOKER.

TRANSPORTATION

Speech by R. E. STAPLES to this Toast at Board of Trade Annual Dinner.

Last year on replying to the toast on Transportation I drew to the attention of the Board's guests the fact that while the Province of British Columbia had been successful in securing a Commodity Tariff with rates favorable to the transportation of fruit the Creston district, to most prairie points, to all intents and purposes had no such rate. In other words our particularly favorable situation as regards prairie markets enabled us to ship more cheaply under the regular general Mileage Tariff than we could ship under the Commodity Tariff. That is to say the Commodity Tariff failed to give us the advantages due on account of our nearness to markets.

Looking back we cannot help but feel how fortunate we were in having made this speech last year; fortunate in this regard, that we could not have made it in January, 1923, for the reason that a change in the Commodity Tariff covering fruit shipments went into effect on November 1st, 1922, and gave us just what we have been asking for. We were doubly fortunate in this regard for it gives us at least one talking point for this year, namely, that of pointing out to you the great advantages we now enjoy with regard to favorable freight rates as compared with, say, the Okanagan Valley.

Our freight rate to Calgary is now 65c. as comdared with Vernon's freight rate of 71c., giving us an advantage of $21.00 per car. Our freight rate to Edmonton is 90c. per 100 lbs., Vernon rate 95c., our advantage $17.50 per car. Freight rate to Lethbridge 56c., Vernon's rate 86c., our advantage $105.00. Freight rate to Medicine Hat 65., Vernon's rate 95c., our advantage $105.00 per car. Freight rate to Drumheller 80c., Vernon's rate 98c., our advantage $63 per car. Moose Jaw $1.01, Vernon's rate $1.13, our advantage of $42 per car. Regina same as Moose Jaw. Swift Current our rate is 90c., Vernon's rate is $1.04, our advantage is $49 per car.

No comment is necessary on the face of these figures. We are certainly in a position to be congratulated upon the favorable freight rates we now enjoy; rates which were obtained at least in part as a result of the efforts of your members.

Perhaps some of you may consider that the rates I have quoted are in themselves cause for dissatisfaction, when I mention the fact that the C.P.R. gets fifty cents a box as their share, from the average grower, and it is needless to say anything further about freight advantages.

We are alway very ready to blame the other fellow for our trouble, and so long as he is not in a position to kick-back we are usually quite unconcerned as to whether we blame justly or unjustly. There is one thing I would like to say, in this connection, and I trust you will overlook a personal reference to our own Company who this year have been the means of finding distribution for a proportion of the valley's main product.

In turning over our shipments to the transportation company we signed something over 2000 shipping receipts and bills of lading; probably not a great amount numerically as most of our shipping was done in carload lots.

In connection with these 2000 bills of lading not one single mistake occurred on the part of the transportation company; none of our shipments were delayed unduly, and we did not have to wait for one single hour for cars or other shipping accommodations; no losses occurred through the failure to deliver telegrams promptly, or through errors in telegrams, and in no single instance during the season were we treated with discourtecy by Railway employees.

It just occurs to us that this comes pretty close to being a record for efficient service, and efficient service always costs money. We do not know whether or not transportation rates are too high; we have not seen any actual proofs either way; but we do know that this valley has received invaluable service from the transportation companies this year; service that they could well afford to pay a high price for rather than to accept a cheaper service at cheaper rates.

Communities should be willing to pay fair prices for desired results in efficiency, just along these lines, and along the lines that do not depart very much from our subject.

This 1923 meeting would fail to accurately keep record of the Valley's important events if it did not mention the rock road now practically completed between Creston and Erickson. Some people whose front doorsteps are not being served by this road, may not get particularily jubilant about it and some people may be inclined to discount anything I say because I have interests in the Erickson district personally.

Such people are not sitting in our gathering to-night; there is not a man here but who realizes that the mud hole that used to exist between here and Crawfords, corner was the greatest detriment to business that this town had before the rock road overcame it, and they also know that the road which is being rocked, out at Erickson, had gotten into a practically impassible condition had nothing to equal it anywhere in the valley; in fact no less a person than the Minister of Public Works pronounced it the worst piece of road in British Columbia in a cultivated district.

You business-men of Creston are able to measure and appreciate just what this road has meant to Creston. All of us who are big enough to look into the future and plan for a good town for the whole valley know, further than this, that the Erickson people gave very serious thought just a year or two ago for a village of their own, and no one could blame them for so planning, who had to drive over the Erickson roads.

The rock road has made that planning no longer necessary or desirable—a mightly fine thing for Creston and for the whole valley. Again we have results in service, and again we have costs.

We sell the choicest flour;
We stock the purest feed;
The volume of our business
Proves this in very deed.
Our egg mash is a wonder;
It makes old biddy lay.
Burns' fertilizer beats them all—
The same applies to our hay.
Be not weary in well doing,
For there will surely come a day;
The reward will be the greatest
Who to evil can say nay.

Grand Theatre . . . . . Saturday, Feb. 3

"What has this man been to you?" her husband demanded.

And Julie, who had prayed that that question never would be asked, made her confession.

"My husband!" she replied.

"And you were divorced!"

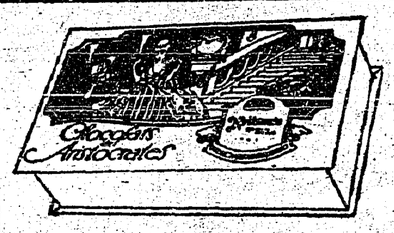
"No!"

"Then you were still married to him when you married me!"

"Yes—but I had to do it!"

You'll find new heights of dramatic art in this story of a girl who was bigamously guilty, yet innocently bigamous.

As Strange a Drama as you have ever seen.



CRESTON BAKERY and TEA ROOM

Hot Lunches

Tea, Coffee, Cocoa
Bovril

Bert Norris
Next Bevan's Garage

A. Mirabelli
Shoe and Harness Repairing

Men's Half Soles, $1.25
Women's Half Soles, $1.00
Guaranteed for 6 months.

Synopsis of Land Act Amendments

Minimum price of first-class land reduced to $5 an acre; second-class to $2.50 an acre.

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres, before receiving Crown Grant.

Where pre-emptor in occupation not less than 5 years, and has made proportionate improvements, he may, because of ill-health, or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued, provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained in less than 5 years, and improvements of $10.00 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required.

Pre-emptor holding Crown grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes areas exceeding 640 acres may be leased by one person or company.

Mill, factory or industrial sites on timber land not exceeding 40 acres may be purchased; conditions include payment of stumpage.

Natural hay meadows inaccessible by existing roads may be purchased conditional upon construction of a road to them. Rebate of one-half of cost of road, not exceeding half of purchase price, is made.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from for one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

No fees relating to pre-emptions are due or payable by soldiers on pre-emptions recorded after June 20, 1918. Taxes are remitted for five years.

Provision for return of moneys accrued, due and been paid since August 4, 1914, on account of payments, fees or taxes on soldiers' pre-emptions.

Interest on agreements to purchase town or city lots held by members of Allied Forces, or dependents, acquired direct or indirect, remitted from enlistment to March 31, 1920.

SUB-PURCHASERS OF CROWN LANDS.

Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfillment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be distributed proportionately over whole area. Applications must be made by May 1, 1920.

GRAZING.

Grazing Act, 1919, for systematic development of livestock industry provides for grazing districts and range administration under Commissioner. Annual grazing permits issued based on numbers ranged; priority for established owners. Stock-owners may form Associations for range management. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

CATTLE ESTRAY

Came to the premises of the undersigned first week in December, three head of cattle—two heifers and one steer. Steer is black and white; one heifer red, mooley; other heifer is Jersey, showing ringworm. Owner can have same on proving property and paying expenses. L. N. LEAMY, Creston.

HEIFERS ESTRAY

Came to my ranch, December 1st, one black yearling heifer, no brands visible. Owner can have same on proving property and paying expenses. A. D. POCHIN, Canyon.

Came to the premises of the undersigned on or about Dec. 1st, one red mooley heifer, three or four years old. Ownea can have same on paying expenses. W. G. WILSON, Erickson

JERSEY BULL ESTRAY

Came to the premises of the undersigned on or about December 16, 1922, one Jersey bull, about two years old, no brands visible. Owner can have same on proving property and paying expenses. PETER NECEFERO, Creston.

Loyal Orange Lodge, No. 2095

Meets THIRD THURSDAY of each month at Mercantile Hall. Visiting brethren cordially invited.

ERIC OLSON W.M

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand Hams and Bacon
Finest Quality Cooked Ham
Lunch Meat
Bologna, &c.

are always to be had here. In meats nothing quite equals 'Shamrock' products.

P. BURNS & CO., Ltd.

DEPARTMENT OF LANDS

NOTICE!

Application for Grazing Permits for the Season of 1923.

Application for permits to graze livestock on the Crown range within each grazing district of the Province of British Columbia, must befiled with the District Forester at Cranbrook, Fort George, Kamloops, Nelson, Prince Rupert, Williams Lake, Vancouver and Vernon, or with the Commissoner of Grazing, Parliament Buildings, Victoria, B.C., on or before March 15, 1923.

Blank forms upon which to submit applications may be obtained from the District Foresters at the above named places, or from the Department of Lands at Victoria, B.C.

G. R. NADEN,
Deputy Minister of Lands.

Department of Lands,
Victoria, B.C., January 4, 1923.

Discuss New Co-Operative Plans

Unexcelled service with high grade fruit at a fair prize, with not less than 80 per cent. of the 1922 tonnage controlled, very briefly states the policy to be adopted by the Co-Operative Growers of B.C., Ltd., the big new province-wide co-operative fruit handling concern, that is expected to market the B.C. fruit crop this year, according to Boyd Oliver, who spoke here on Thursday afternoon—Mr. Oliver being closely associated with Aaron Sapiro, the famed co-operative marketing expert, who has been largely responsible for successfully organizing similar industries in various parts of the United States.

Although called on less than two days' notice Speers' Hall was thronged with a gathering of at least 125, practically all of whom were growers, there being a representative turnout of women on this occasion. C. G. Bennett, chairman of the local growers committee presided, and very briefly introduced the speakers, Mr. Oliver being accompanied on his speaking trip—which will include fourteen meeting in twelve days, at the principal fruit centres of the province—by L. E. Taylor, the newly elected president of the B.C. Fruit Growers' Association.

Mr. Taylor confined himself entirely to sketching events that had led up to the bringing to British Columbia of Mr. Sapiro and Mr. Oliver, and assured that the provincial government had shown keen interest in the new move and were prepared to lend every assistance—financial and otherwise—that it is possible to extend.

Mr. Oliver is a very practicalspeaker, and carries conviction due to the fact that he is intimately and directly acquainted with the same movement to establish the orange growers of California on a sound a profit-paying basis.

Throughout his address he emphasized the fact that the new organization did not seek to monopolize the fruit business, nor were there to be any bullying methods of getting growers to sign up. He felt that the grower-shipper and independent shipper had a perfect right to be in the business if they so desired. The aim of the Co-Operative Growers of B.C., Ltd., was to get everybody into the organization by rendering a service and paying prices that would make it worth their while to belong.

He explained that it was obligatory for the new organization to sign up on five-year contracts 80 per cent. of the tonnage shipped in 1922 before contracts in the Co-Operative Growers would be binding. He was exceptionally optimistic that 90 per cent. could be secured—judging by the way the new movement was being received in the Okanagan.

Mr. Oliver did not believe that even 80 per cent. was needful; in California the orange growers had made a success of their co-operative scheme—on which the B.C. organization in designed—with a start of 40 per cent. of the total state orange output, and even today they only controlled 70 per cent. Today some other California co-operative bodies had been so successful that in the poultrymen's organization there were 98 per cent; raisin growers, 95 per cent; prune growers, 88 per cent.

Indicating the prosperity that followed the co-operative marketing idea, Mr. Oliver stated that in California this year 88 per cent. of the men on the land operated at a profit, even in a very bad year, but that outside the co-operationists very few farmers had a profit to show for 1922 operations. On a turnover of $5,000,000 Mr. Oliver believed the big B.C. co-operative concern could be operated on a margin of 1 per cent. overhead.

According to Mr. Oliver there is no such word as fail in the California co-operative lexicon, and the growers in that state had had even more disastrous experiences. If the orange growers plan of standing fast as one selling concern and having the fruit buyers bid for the crop, rather than the growers almost coax buyers to relieve them of their oranges, had won out, surely with the California experience to guide them the B.C. Co-Operative Growers should be able to save themselves from further disaster.

Mr. Oliver stressed the matter of immediately setting to work to widen the market and increase the demand all round for B.C. apples. He recommended increasing the export trade, the storing of fruit at likely buying centres, and whole heartedly advised an extensive advertising campaign. By the use of printers ink alone the California raisin growers had increased the demand for that fruit by almost three hundred per cent.

In the getting of results in marketing salary should not be over considered when the right man was available. The prune growers cheerfully paid their central manager $25,000 a year.

While a committee of ten are still at work drafting the new concern's by-laws, constitution, etc., and framing a contract that will be satisfactory to the varying interests in different fruit districts, Mr. Oliver pointed out that the Co Operative Growers would be handled by a board of 17 directors. There would be 14 voting districts in B.C. and each of these would elect a director, except that at Vernon and Kelowna these two centres would have two directors, and the seventeenth man would be an outstanding business man, who would be chosen by the Associated Boards of Trade of B.C.

A voting district would be made up of all the Co-Operative locals in a given area, it being presumed that Creston Valley, and possibly Boswell, would be one district. Representatives from each local in this area would meet and select their director, and so on with each voting district. The seventeen directors would meet and select either from within or without the 17 directors elect an executive of three or five members, as may be finally decided upon, and this latter executive, subject to some supervision by the directors, would hire the general manager and staff to manage the Co Operative Growers affairs.

As soon as the new constitution and by-laws are available Mr. Oliver expected that further meetings would be held to further enlighten the growers on the new plan, and then the work of signing up the five-year contracts would commence.

After his address Mr. Oliver announced that he was prepared to answer all questions submitted him and he was kept fairly busy in this line for at least another hour, matters pertinent and otherwise to the undertaking being levelled at him from all parts of the hall, several of the ladies taking a hand in this feature of proceedings.

On Friday afternoon President Bennett of the board of trade, and several of the businessmen of town and some growers, accompanied Messrs. Oliver and Taylor to Wynndel, where another meeting was held in the community hall, at which Mr. Oliver dealt at some length with the berry marketing question; at present it is not the intention to take on the selling of soft fruits.

Journeys Far and Near

IN travelling, a reserve fund must be carried to meet emergencies. Cash may be lost or stolen. Our Traveller's Cheques, issued in various amounts to fill your requirements, are safe and convenient. Try them.

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - - $15,000,000
RESERVE FUND - - $15,000,000

CRESTON BRANCH, C. G. Bennett, Manager.

Hot Air Steam and Hot Water Heating

Sheet Metal Work. A good stock of Pipe and Pipe Fittings on hand.

E. W. RYCKMAN,--Creston

Now is the Time

Prepare your Buildings for Winter

We have just the kind of Lumber you need to do this work.

Protect your house from Fire by building a Brick Chimney

We have the Brick!

Also Lime, Cement, Shingles, Lath, Mouldings, &c.

Canyon City Lumber Company
LIMITED

For a long time we have been unable to offer such values as these!

36-inch Scrim, taped borders at per yard — — — — 25c
in White and Cream

Scotch Madras, 36-inch, 45c.; 45-inch at per yd. — 60c

Nottingham Lace Net, 36-inch, at per yard — — — 45c

72 ouly handpainted China Cups and Saucers, each — 25c

Kermis shape Cup and Saucer, each — — — — — 35c

CRESTON MERCANTILE COMPANY
LIMITED

Send It By Mail

Don't jeopardize the safety of your money by keeping it in the house until you can conveniently go to the bank. Send it by registered mail to any branch of this bank. You will receive immediate acknowledgment, and the money will be credited to your account.

IMPERIAL BANK OF CANADA
CRESTON BRANCH,
C. W. ALLAN, Manager.

The Secret of Good Health

Assist Nature back to normal action

Take

When Nature requires assistance, she will not be slow in conveying to you an intimation of the fact. Decline of energy, inability to sleep well, headache, biliousness, constipation, a general sluggishness of mind and body and any sign of digestive "unrest" should impel you to seek the aid of a reliable medicine without delay. There is no better—no surer—no safer—than this proven remedy.

Beecham's Pills

Sold everywhere in boxes

25c—40 pills
50c—90 pills

A Greater Canada

With the closing of the year, and the dawning of a new year with all its possibilities and opportunities, it is inevitable that the thoughts of a sane and progressive people should turn to questions having to do with the further development, the prosperity, the happiness and contentment of their own land. And in taking that forward look Canadians will surely realize that, when all other subjects have been discussed and analysed, the one thing needed above all others to promote the welfare of their Dominion is a largely augmented population. That is to say, the subject is, and must continue to be, a paramount issue in 1923 and succeeding years until Canada can rejoice in a population commensurate to its vast area and almost inexhaustible wealth of natural resources.

It makes little difference which one of the numerous problems confronting Canada as a nation is examined; in practically every instance it will be found that the problem is acute because there are so few people to handle it. The amount of taxation that has to be carried, Federally, Provincially or as municipalities or school districts, is unduly burdensome because there are too few people among whom it can be distributed. There are losses in railway operation because of the enormous mileage required in a country stretched for thousands of miles across a continent and inhabited by a mere handful of people. School houses erected and teachers employed to instruct a small group of children whereas double the number could be provided for at practically the same expense—and even these small groups have to be collected from unreasonably long distances in all too numerous cases.

The construction roads, telephones, the maintenance of postal routes and other services through districts having such scanty population that the services in question pass by miles of unoccupied lands and are consequently excessive in cost to the few who have to pay, or be denied such services.

Every quarter section or half section of land to be settled on means a lessening of burdens for the occupant of every other quarter section in the same district. It means the possibility of better schools, better roads, better telephone service, better postal and transportation facilities. It means bringing the doctor, the dentist, the church, nearer the farm home. It means better marketing facilities in the nearby market town, better stores in which to make purchases, better selection of goods to choose from, improved service all round.

The people of Canada can hardly fail to appreciate the truth of these things, yet for some reason or other the average man displays little or no active interest in the great national question of immigration, and such interest as the average man does display seems to find expression in the urging of objections to any and every policy that is advanced to promote the incoming of new settlers, whereas the interests of all would best be served by urging the advantages to be derived from such additions to the wealth producing power of the country.

If on New Year's Day a positive announcement could be made that 100,000 new settlers would be located in the three Prairie Provinces during 1923 a degree of confidence would be given to everybody in this country such as they have not felt for years. It would be the signal for a revival in business which is so badly needed. Capital, now timid of investment, would become courageous; with the opening of Spring building operations would become brisk in preparation for the new comers; manufacturing industries would get busy on the goods these people would need; railways would proceed with much needed branch lines along which these people would settle and thus bring relief to hundreds of farmers now isolated from markets. In a word, everybody now in the country would be busy in work of one kind or another in preparation for this increased population. Instead of immigration increasing unemployment, it would, we repeat, create work for all.

In this fashion only can a new country be built up and become prosperous. It will never be prosperous by merely standing still. That means not progress, but stagnation. Vacant lands are of no value; they are made valuable only through settlement and the productive activity of man. Western Canada has millions of acres of vacant lands; what it now needs is men, and women, to give these lands their rightful value.

Canada's energies throughout 1923 may well be directed to the encouragement of the immigration of the right type of settlers to this Dominion. It is not necessary that they have much money. What is required is that they have health, being sound mentally, morally and physically, and a will to work. Such people will prove a valuable asset to Canada, and in Canada they will achieve success.

GASSED OVERSEAS SHELL SHOCKED and RHEUMATISM

Mr. F. M. Blaquiere, Morinville, Alta., writes:—"After three years service overseas I returned to Canada almost a complete wreck. I had been gassed, and was suffering from shell shock and rheumatism, and was so nervous I could not sleep at night. I tried many medicines and doctors, but none of them did me any good for any length of time. I got so bad, in the Fall of 1919, my hands were so shaky I could scarcely hold anything, and it seemed as if I had a steel band pressing on my head. The least excitement would almost drive me into fits, and my whole system seemed to be in disorder. I had cramps in my legs nearly every night, and hot and cold chills running up and down my back nearly all the time. One day I decided to try Milburn's Heart and Nerve Pills, and after I had taken six boxes I began to feel better. I kept on using them and after a while I was completely relieved."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Justice In Far North

R.C.M.P. Sergeant in Role of Constable, Coroner and Magistrate

A remarkable story of the manner in which "white man's justice" is taken to the far north is unfolded in a recent report to headquarters by Staff-Sergeant Joy, of the Royal Canadian Mounted Police. Sergt. Joy has been investigating the murder of Robert Janes, a white trader, at Cape Crawford, the extreme northern corner of Baffin Land.

During his investigations Sergt. Joy acted in turn in his capacity of constable, coroner and magistrate. He conducted the autopsy, held an inquest, issued warrants for the arrest of three natives, brought them in, presided over the preliminary police court enquiry, and committed the three to stand trial for murder.

The last chapter of this strange story is not yet written. Next summer a judge of the supreme court will travel north and preside over his Majesty's Court in some outward of trading post.

Appeal From Germany

Letter is Received by Dominion Command of G.W.V.A.

"But a few dollars from you would make joyful hearts and the thought of you will bring us nearer together," is the appeal contained in a letter received by the Dominion Command, Great War Veterans' Association, from the German National Association on behalf of cripples, widows and orphans of the Great War. The letter, which was written in German, was signed by Alfgred Brandhorst, and was forwarded from a suburb of Berlin.

"France," he writes, "knows no limits of hatred, and a new war is at the gates, perhaps within a short time. The thought of it," he adds, "makes us shiver, as we know how much new misery will be brought through it."

Herr Brandhorst appeals to the G.W.V.A. to "work with us towards the end of having people brought to an understanding."

Do Large Breaths Hurt? Is Your Chest Wheezy?

Proper treatment is a vigorous rubbing of the chest, neck and sore side with good old Nerviline. This wonderful liniment sinks into the tissues where the pain is seated and gives instant relief. That catch disappears, all sense of soreness goes quickly. Just try Nerviline for chest tightness, coughs, colds and soreness. It's a wonderful liniment, saves the whole family from numerous minor ills and should be in every home. Large bottles, 35c at all dealers.

Our grand business undoubtedly is not to see what lies dimly at a distance, but to do what clearly lies at hand.—Thomas Carlyle.

THE WAY TO BE WELL

Good Health Maintained Through Rich, Red Blood

There are many men and women who, every few weks, have spells of weakness, during which time they are little better than invalids; yet at other times they feel very well. Why does their health fluctuate so?

In the case of men worry and overstrained nerves are usually responsible for this state of unfitness and inability to face the anxieties of daily life.

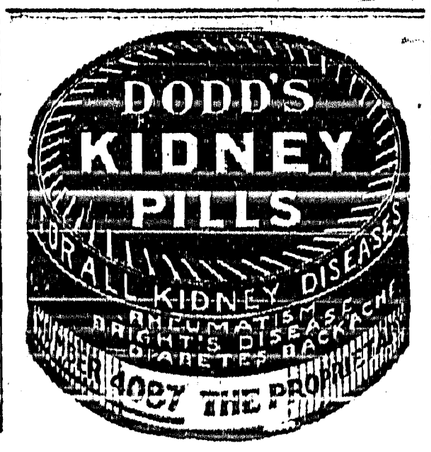
As for women, her back aches, she is dizzy with sick headaches, and often has stabbing pains in the side. The only real health is all-the-year-round health; and the secret of it is good, red blood and plenty of it. One way to keep the blood in good condition is to take Dr. Williams' Pink Pills. There is scarcely a nook or corner in Canada where someone will not be found who will tell you the benefit they have had through the use of these pills. And the reason is that through the improved condition of the blood they strengthen and tone up the nerves of worried, enfeebled men and women, and at the same time have given new vigor to pale, delicate girls and thin weedy boys. The value of these pills in all run-down conditions is shown by the statement of Mrs. Lawrence Brown, Walton, N.S., who says:—"When I began taking Dr. Williams' Pink Pills I was in a weak, bloodless and nervous condition suffering from all the depressing symptoms that accompany this run-down state of health. I had taken much medicine but it did not do me any good, and as I had a family of small children, I was much discouraged. Then reading about Dr. Williams' Pink Pills I decided to try them, and I can honestly say that I feel these pills have saved me from prolonged misery. My health is now good, and we now keep the pills in the house for use as a family medicine."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Through numerous wanings and revivals, the game of croquet is traceable back to the ancient Gauls.

Minard's Liniment For Garget in Cows

A dollar found is less valuable than a quarter earned.



"I Can Now Do My Work Without Feeling Tired"

Mrs. A. Moffatt, Roxton Falls, Que., writes:

"I suffered from a run-down system and nervous debility. I could not sleep or rest at night, and felt so weak I could not walk any distance. I took several tonics, but they only helped me while I was taking them. Mother advised me to take Dr. Chase's Nerve Food, and I felt great benefit from the first box, and continued taking several boxes. To-day I feel like a new woman, and am able to do my work without that dreadful tired feeling."

DR. CHASE'S NERVE FOOD

50 Cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto

"YOUR TEETH"

THE SCISSORS TEETH

By Rea Proctor McGee, M.D., D.D.S., Pittsburgh, Pa.

Incisor is the Latin name for scissors. The four front teeth above and the four front teeth below are called the incisors because they cut like scissors. They were really intended to cut food, but it seems to be customary to use them to cut threads, bite off cigar ends, sharpen lead pencils, hold pins, nails, pillowslips, packages, tickets, transfers and anything else that requires a third hand. The two large teeth in the centre above are called the upper central incisors. The two little ones in the centre below are the lower central incisors. The teeth on each side of the central incisors above and below are the lateral incisors or side cutters. If you will notice your own front teeth, you will find that the upper teeth close in front of the lower teeth. They pass each other just like the blades of a pair of scissors. These teeth enable us to bite off foods, particularly bread, fruits and vegetables. They support the centre of the lips and help to give expression to the face. In speaking and in singing they have a very wonderful effect in moulding the column of air that carries the sound from the vocal cords.

The tip of the tongue does the most remarkable acrobatic stunts just back of these front teeth to make the delicate variation of space that is needed to pronounce words so that they will sound right to other people's ears. The delicacy of fingering on the strings of a violin even in the hands of a great artist is crude compared to the wonderful team work between the tip of the tongue and the incisor teeth. Damage to these teeth means impaired speech, ruined facial expression and loss of the power to bite off food. It is very injurious to use the teeth for a third hand or for an emergency tool kit. The incisors are so necessary for so many things that they deserve the best of care.

One of the commonest complaints of infants is worms, and the most effective application for them is Mother Graves' Worm Exterminator.

Beating Clever Forgers

Families of great wealth—such as the Rockefellers and Vanderbilts—use two sets of signatures. One is for their correspondence and the other is for their checks. It is just a stumbling block that is put in the way of clever forgers.

CATARRH

Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic, taken internally, and acts through the blood upon the mucous surfaces of the system. HALL'S CATARRH MEDICINE assists Nature in restoring normal conditions.
All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Would Do Her Best

Charles M. Schwab says that his neighbors are forever offering to sell him things. Not long ago one man tried to sell him a cow. When Mr. Schwab inquired about the breed and age of the animal he did not receive very satisfactory answers. Finally he asked: "How much milk does she give?"

"Mr. Schwab, I don't know," was the reply, "but she's a good-natured cow and she'll give all she can."—Boston Transcript.

Minard's Liniment For Warts, Corns, Etc.

Where Horses Are Safe

No Danger of Having Them Stolen in New York

New York may have thugs of virtually every description, but a horse thief is almost unknown in the greater city. A horse is probably as safe anywhere in New York as in the most rural and honest hamlet in the United States. Take the official records of the Police Department as authority for the statement that in the first ten months of the current year but four horses have been stolen from their owners. During the same period 5,822 automobiles and trucks of various sizes, ages and shapes were taken. It should be added, however, that thirty-three horses and wagons containing no merchandise were made away with, and thirty-seven horses with wagons filled with goods. But in these cases the wagon rather than the animal was the objective. The true, dyed-in-the-wool horse thief takes only animals that are unattached.

HELPS A WEAK THROAT STRENGTHENS THE VOICE RELIEVES BRONCHITIS

By Breathing the Healing Balsams of Catarrhozone, You Are Made Well Without Using Drugs

You breathe through the Catarrhozone inhaler medicated air that is full of healing, soothing balsams; full of piney antiseptic essences that resemble the air of the pine woods in the Adirondacks. This piney vapor has a truly marvelous action on weak throats. It brings strength and health to the bronchitic, stops that hacking cough and difficult breathing. You can't find anything for weak-throated people more beneficial than Catarrhozone. It means heaven on earth to the man that has had bronchitis, catarrh or throat irritation. You will realize this the first time you use Catarrhozone which is a scientific preparation specially designed for diseases of the nose, throat and bronchial tubes. Get the large size, it lasts two months, costs $1.00. Medium size, 50c; sample size, 25c. All storekeepers or the Catarrhozone Co., Montreal

This One Is No Exception

"That girl next door is a wonder at the piano," remarked the caller. "That's so," replied the hostess wearily. "For wonders never cease."—Boston Transcript.

For Burns and Scalds.—Dr. Thomas' Eclectric Oil will take the fire out of a burn or scald. It should be at hand in every kitchen so that it may be available at any time. There is no preparation required. Just apply the oil to the burn or scald and the pain will abate and in a short time cease altogether.

Small Store, Big Rent

The smallest fruit store in town is the West 42nd Street. It is a hewed in window box and only large enough for the proprietor. The rest of the space is occupied by his wares, which he passes to the sidewalk patrons. His rent is $50 a week.—New York Correspondent.

For Sore Throat, Cold In The Chest, Etc.

MINARD'S "KING OF PAIN" LINIMENT

YARMOUTH, N.S

ECZEMA IN RASH CUTICURA HEALS

Very Itchy and Burned. Troubled Six Weeks.

"Our daughter's face came out in a rash that we were told was eczema. Her cheeks got sore and she rubbed causing loss of sleep. The breaking out was very itchy and burned so that I had to tie gloves on her hands to keep her from scratching.

"This trouble lasted about six weeks before I used Cuticura. I used one large box of Cuticura Ointment with two cakes of Cuticura Soap when she was healed." (Signed) Mrs. H. Stares, Blenheim Rd., Galt, Ont.

Cuticura Soap, Ointment and Talcum are ideal for daily toilet uses.

Soap 25c. Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, St. Paul St., Montreal. Cuticura Soap shaves without mug.

World Happenings Briefly Told

Rats are doing damage to Richmond dykes on Lulu Islands, B.C., by working under and through them.

According to information received in Calgary, a small flow of oil has been struck at Walsh, Alta., just east of Medicine Hat.

The loss of a nickel cost the life of 13-year-old John Martin, of New York. He opened a subway grating to recover it, and fell to the tracks underneath in the path of a train.

Information gathered by the Northwest Grain Dealers' Association was that farmers in the three western provinces have 31 million bushels of wheat left to market.

Jerome Napoleon Bonaparte, great-great-nephew of the famous Napoleon, declared in New York that he was not giving serious consideration to an invitation to ascend the throne of Albania.

Announcement was made by the Provincial Government that Colin Groff, a member of the staff of the Calgary Albertan, has been appointed publicity commissioner for the province of Alberta in succession to the late James McCaig, whose death took place some time ago.

Word was received by the Canadian Government Merchant Marine of the arrival at Novoroossk, Russia, of the steamer Canadian Seigneur with the first consignment of the 500 tank cars, manufactured for the Russian Soviet Government by the Canadian Car and Foundry Company, of Montreal.

A well-defined earthquake was registered at Gonzales Observatory, Victoria, on Dec. 18th, commencing at 7.40 a.m., the maximum vibration being registered at 7.51 a.m., and the vibration lasting two hours. The distance is estimated at 1,200 miles, or in Northern Mexico.

A Whistling Mouse

Only One Known That Can Mimic Birds

The town of Ocie in Ozark County, Mo., makes a bid for fame with a whistling mouse, the first of its kind.

Whether this mouse has been imbibing too freely of Ozark "corn licker," or whether it thinks it is a mocking bird, is not clear.

It was discovered in the home of W. H. Hampton, a merchant at Ocie, and apparently had wandered in from the woods for the winter.

The mouse can mimic a quail, mocking bird or any other bird, according to the Rev. Walter E. Fish, missionary for the American Sunday School Union of Springfield, who vouches for the authenticity of the story. It keeps up a continuous whistle and chatter all day and night, ceasing only when it hears strange voices in the building. Fortunately, the Hamptons are not superstitious, and attach no significance to the mouse's performance.

POSSIBLY YOUR OWN WIFE

She may not look so young and pretty as she used to. If her cheeks are hollow and pale, if she is tired and nervous, her system needs a good regulating with Dr. Hamilton's Pills a real medicine that is noted for restoring the bloom of health to sickly girls and women. Dr. Hamilton's Pills tone up the entire system. Complexion quickly becomes rosy, spirits rise, strength increases daily. Health, vigor and good looks will soon return to a faded woman, if she uses Dr. Hamilton's Pills. Sold everywhere, 25c per box, or from the Catarrhozone Co., Montreal.

Crerar Re-Elected President

United Grain Growers Elect New Officers for the Year

Hon. T. A. Crerar was re-elected president of the United Grain Growers, Limited, at a meeting of directors held at Winnipeg. C. Rice Jones was re-elected first vice-president and general manager. J. J. McLellan, Purple Springs, Alta., F. J. Collyer, Welwyn, Sask., and John F. Reid, Arcadia, Sask., were elected to the executive. John Kennedy, of Winnipeg, was elected second vice-president.

E. J. Fream, Calgary, and F. M. Black, Winnipeg, were re-appointed secretary and treasurer respectively.

Dyed Her Sweater And Silk Stockings

Each package of "Diamond Dyes" contains directions so simple that any woman can dye or tint faded, shabby skirts, dresses, waists, coats, sweaters, stockings, hangings, draperies, everything like new. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade, or run.

New Idea

The waiter had been very slow in serving dinner, and the diner was exasperated to the point of sarcasm.

"Now, waiter," he said, "bring me a coffee and liqueur, and while you're away you might send me a postcard now and then."

A "balanced diet" may sound confusing to many people

The facts, as explained here, are simple.

The secret of a "balanced diet" is to have food containing all the elements needed for proper nutrition. These elements are protein, to nourish the tissues; starch and sugar to furnish energy; fat to supply heat; and mineral salts to provide the material necessary for building nerves, brain, and tooth and bone structure.

Grape-Nuts, the nourishing cereal made of whole wheat flour and malted barley, served with cream or milk, is a complete food for young and old alike.

Go to your grocer today and get a package of Grape-Nuts. Eat it with milk or cream for breakfast; or with stewed fruit, jelly or jam, as a delicious dessert for lunch or dinner.

Every member of the family will relish this palatable and nourishing food—

Grape-Nuts—the Body Builder
"There's a Reason"

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.

RHEUMATIC ACHES QUICKLY RELIEVED

THE racking, agonizing rheumatic ache is quickly relieved by an application of Sloan's Liniment.

For forty years, folks all over the world have found Sloan's to be the natural enemy of pains and aches.

It penetrates without rubbing.

You can just tell by its healthy, stimulating odor that it is going to do you good.

Keep Sloan's handy for neuralgia, sciatica, lame back, stiff joints, sore muscles, strains and sprains.

At all druggists—35c, 70c, $1.40.

Made in Canada.

Sloan's Liniment (Pain's enemy)

The Newspapers Win

Results Show There Is No Better Advertising Medium

Value of newspapers for advertising has once more been demonstrated by an extensive survey made by United States army officers of all means of publicity used last summer to secure candidates for the citizens' military training camp at Plattsburg. Each candidate who attended the camp was asked how he learned of the camp and the responses from these answers have been carefully checked. In the drive for candidates every possible means of publicity was used, including show cards, addresses in public gatherings and personal solicitation. The survey of results of these means of publicity shows that newspapers informed nearly 50 per cent. of all candidates.

NOTHING TO EQUAL BABY'S OWN TABLETS

Mrs. Alfred Naud, Natagan River, Que., writes:—"I do not think there is any other medicine to equal Baby's Own Tablets for little ones. I have used them for my baby and would use nothing else." What Mrs. Naud says thousands of other mothers say. They have found by trial that the Tablets always do just what is claimed for them. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus banish indigestion, constipation, colic, colds, etc. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Attack of Liver Complaint

The telephone rang and the bookkeeper answered it, as the Boston Transcript tells it. "Yes, madam, this is Wilkins' market." "This is Mrs. Blank. I want you to know that the liver you sent me is most unsatisfactory. It is not calf's liver at all; calf's liver is tender and—" "Just a moment, madam, and I'll call the proprietor." "What is it?" Wilkins asked. The bookkeeper surrendered the phone. "Mrs. Blank," he said. "Liver complaint."

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Remover is within reach of all.

German Water Flare Found In England

Picked Up In Woods And Sent To Air Ministry

A German water flare has been found in Mar Forest, Deeside. Flares of this type were dropped by Zeppelins to enable the commander to ascertain whether he was flying over land or water.

This particular flare, which was found by a ghillie and handed by him to the Prince of Wales, who sent it on to the air ministry, was no doubt dropped by the ill-fated Zeppelin L-20, which left Germany with nine other airships on the mornings of May 2, 1916. The L-20 crossed the coast of Scotland at Lunan Bay and flew on past Montrose, where it turned inland, and flew past Brechin over the Forest of Mar and within 15 miles of Balmoral. It crossed the Monadhliath Mountains and the Caledonian Canal. It then altered its course and flew east by north and dropped four bombs in the north of Aberdeenshire, they re-crossed the coast near Cruden Bay.

Over the North Sea the L-20 met heavy winds and was driven against high land at Handhaes in Norway, on the morning of May 3. The airship was badly injured and fell into a fjord and sank. Her commander was Captain-Lieutenant Stabert.

Minard's Liniment for Colds, etc.

Lace and Chiffon Grace the Tea Hour

By Marie Belmont

The tea-time hour can find no more charmingly feminine garment than this creation of rose chiffon and gray lace, trimmed in wide bands of Australian opossum. The warm rose tone of the chiffon gives just enough color to the neutral gray, while the flying side panels add their finishing touch of smartness. Speaking of panels, it seems that the straight-line frock will never again relinquish these added bits of extra length, now they have annexed them. Indefinite hemlines, too, remain at the height of the mode, as bespoken in the bit of gray lace which finishes the rose chiffon skirt. For the wearer who desires striking effects rather than softer tones, the same gown is suggested in black lace over white satin, with monkey fur fringe instead of the wide fur bands.

Nation-wide Fame.—There is scarcely a corner of this great Dominion where the merits of Dr. Thomas' Eclectric Oil have not been tried and proved. It is one of the world's most efficient remedies for sore throat, lame back and many other ailments arising from inflamamtion. Rubbed on the skin its healing power is readily absorbed, and it can also be taken internally.

Arabian Vinegar Best

The vinegar made by the Arabs is said to be far superior to any other.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying a reliable remedy—Mother Graves' Worm Exterminator.

Bolshevians Eat Clay Sauce

The Bolshevians prepare from clay a sauce that adds relish to their potatoes.

You're Constipated! Take "Cascarets" For Liver, Bowels

Sick headache, biliousness, coated tongue, or sour, gassy stomach—always trace this to torpid liver and delayed, fermenting food in the bowels. Cascarets work while you sleep. They immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels. Get a 10-cent box now and let "Cascarets" straighten you out by morning.

Mother, Quick! Give California Fig Syrup For Child's Bowels

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste from the tender, little bowels and gives you a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

HALIFAX EXPLOSION WRECKED HER NERVES

The reader will, no doubt, remember when a few years ago there was a collision in the Halifax, N.S., Harbor and one of the munition ships was blown up, causing great loss of life and laying a large portion of the city in ruins, and causing a great deal of suffering and distress among the inhabitants.

Mrs. Winfield Dill, now of Windsor, N.S., was living in Halifax at that time and went through this trying experience and the shock wrecked her nerves. She writes as follows:—"I was living in Halifax at the time of the explosion, and it wrecked my nerves so that I could not do my housework. I would take such nervous spells I would be under the doctor's care.

I saw Milburn's Heart and Nerve Pills advertised, so I took two boxes, and they helped me so much I took six more, and now I am completely relieved. I can recommend them to anyone suffering from heart and nerve trouble."

To all those who suffer from nervous shock we would recommend our

MILBURN'S HEART AND NERVE PILLS

as the best remedy to tone up the entire nervous system and strengthen the weakened organs. Milburn's Heart and Nerve Pills are the original heart and nerve food having been on the market for the past 27 years. Price, 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Swiss Have Joint Dairies

Switzerland has many co-operative cattle associations, besides joint stock dairies in every village.

Useful in Camp.—Explorers, surveyors, prospectors and hunters will find Dr. Thomas' Eclectric Oil very useful in camp. When the feet and legs are wet and cold it is well to rub them freely with the Oil and the result will be the prevention of pains in the muscles, and should a cut, or contusion, or sprain be sustained, nothing could be better as a dressing or lotion.

Butterfly Farms in England

In England are several farms devoted entirely to the cultivation of butterflies and moths.

Minard's Liniment for Garget in Cows

Before calling a man a liar, be sure you are right—then don't.

RAW FUR COLLECTORS AND TRAPPERS get highest prices for your furs. Ship them to me. I have more than satisfied others. You too are sure of best returns. Write for tags and price list. Reuben Wolff, 114 West 30th St., New York.

MONEY ORDERS

Send a Dominion Express Money Order. They are payable everywhere.

NOTICE

TOURISTS TO VANCOUVER, VICTORIA, SEATTLE, CALIFORNIA AND OTHER WINTER RESORTS

SEND for superbly illustrated booklets giving full and reliable information covering excellent Dollar a Day hotels, Good Apartments at reasonable rates, Houses for Rent, best Restaurants and general information that will save you endless trouble and considerable money.

Sent postpaid on receipt of 10c for postage. Address Editor, The Traveller, Drawer K, Imperial Block, Vancouver, B.C.

CORNS

Lift Off with Fingers

Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the callouses, without soreness or irritation.

Local and Personal

BIRTH—On January 28th, to Mr. and Mrs. A. E. French, a son.

COW FOR SALE—Freshened January 6th, good milker, J. W. Wood, Canyon.

PULLETS FOR SALE—Ten Sussex pullets, laying, $1 apiece. Mrs. Stocks, Creston.

AUTO FOR SALE—McLaughlin car, in good shape, cheap. Come and look it over. C. Maxwell, Creston.

Fully 125 growers, including quite a sprinkling of ladies, were out for the Oliver meeting on Thursday afternoon last.

Silver tea under the auspices of the Presbyterian Ladies' Aid, St. Valentine's Day, Wednesday, February 14, 3 to 5.30 p.m.

The ladies of Holy Cross Church are entertaining again this evening at whist at Speers' Hall at 8 p.m. Admission 50c.

Mrs. E. Cannell and young son, Edward, of Seattle, Wash., are Creston visitors at present, guests of Mr. and Mrs. C. H. Hare.

FOR SALE—14 Black Minorca hens, Wallach's prize-winning strain, excellent birds for breeding from, $1.25 each. P. G. Ebbutt, Creston.

Rev. J. A. James got back on Tuesday from Grand Forks at which point he took charge of the Presbyterian church services last Sunday.

Mrs. Boyd, who has been a patient in the Nelson hospital the past two weeks, got back on Friday afternoon, and is rapidly regaining her former good health.

Leonard Varley arrived from Lancashire, England, on Saturday, and will make an extended visit with his brother, Rev. H. Varley, at Christ Church rectory.

LOST—A red and white spotted heifer, year and eight months old, branded SK on left ribs. Anyone knowing where it is please notify R. STEWART, Creston.

Before ordering your new suit see the new samples of materials just in from the Tip Top Tailors. Only one price, $27, and we guarantee perfect fit. Mawson Brothers.

Lidgate Bros., who have taken over the agency for the Chevrolet car, have just taken delivery of two of the 1923 models, which they are demonstrating to prospective auto buyers.

FOR SALE CHEAP—Set ranch sleighs 2-inch runners, $40. Single horse sleigh, box and two seats, shafts and pole, $50. Democrat, practically new, $75. W. Morrow, Creston.

Mesdams Bennett and Varley were hostesses at a Christ Church Guild tea at the Bennett home on Saturday afternoon, which was largely attended the cash intake being almost $10.

Sheriff Doyle of Nelson was a business visitor here on Saturday, presiding at a meeting of the creditors of W. V. Jackson, who early last month made an assignment to the sheriff.

P. R. Truscott left on Friday for Nelson, where he is undergoing treatment in the hospital in that town at present. Mrs. Truscott is with him, visiting at her home in Fairview.

Murdoch McLeod, the well-known Cranbrook eye specialist, will pay Creston a professional visit on Monday, and can be consulted at Beattie-Oatway drugstore.

The Women's Institute February meeting is announced for Friday afternoon, 9th, at the Parish Hall at 3 o'clock. The meeting will be in charge of the committee on public health and child welfare.

The Valley has been in the grip of another touch of real winter weather since the first of the week, with a miniature blizzard prevailing throughout Monday. The mercury registered one above zero on Thursday.

The attention of returned men is called to the fact that at the request of the Military Institute the authorities at Ottawa have asked the R.C.M.P. to strictly enforce the law regarding the unlawful wearing uniforms.

Creston is due to have a series of evangelistic meetings next month in the Presbyterian church, having combined with the Methodists in bringing in Evangelist Robinson, who is accompanied by a soloist and pianist.

Apple shipping was resumed at the end of the week, both the Union and Staples Fruit Company loading out cars. There is quite a good demand for apples at present, Wagners being prominent in the enquiries for fruit.

There was a turnout of sixty five couples at the Banff orchestra dance at the Grand Theatre ballroom on Monday night. The music was of the usual high order, the floor perfect, and a splendid lunch was served by Caterer Norris.

PIANO FOR SALE—Chickering grand piano, medium size in art mahogany, a striking example of this master builder's achievement, magnificent tone, reasonable price and terms. Write for details. Willis Piano Co., Ltd., Nelson, B.C.

D. R. Stewart of Calgary, inspector of postoffice, paid Postmaster Gibbs an official visit on Tuesday, and found everything in the best possible shape, with the indications that the 1922 postal business at Creston will equal the best year since the office was opened.

J. P. Cook almost lost his team of heavy horses in the Kootenay on Tuesday afternoon. When about midstream with a load of hay the team went through, and it took fully an hour's hard work by himself and other hay haulers to rescue the equines from the icy waters of the river.

The ladies' presbyterial of the synod of Kootenay is due to have its annual meeting in Creston this year, extending over two days, and will open about February 21st. The Ladies Aid are handling the event, and delegates are expected from every congregation from Cranbrook to Grand Forks.

Guy Constable was home for the week-end from Vernon, where he is working on the committee of ten that is formulating the constitution and contract for the Co Operative Growers of B.C., Limited. That his services are rated high is indicated that in the balloting for the committee Mr. Constable polled the highest vote of the lot.

At a special meeting of the Ladies' Aid on Tuesday afternoon last at the home of Mrs. Speers, it was decided to expend practically the entire 1922 balance on renovating the interior of the Presbyterian church, including the re-varnishing of the furniture. Mr. Adlard's tender for the work was accepted, the job to be completed by the middle of February.

Word has just reached Creston of the marriage at Lethbridge, Alta., on Thursday last, of John Barraclough and Miss Rowena Bliss, both of Creston. They are spending a short honeymoon with friends at Calgary and Fernie, before returning here to reside. Both are well-known in Creston's younger set, and heartiest congratulations are extended.

Misses Wade and Creighton were hostesses at the "Bachelorage" on Thursday night to a party of about twenty of their girl friends, the evening being spent at military whist, with the big scoring honors going to Misses Barrigan, Phyllis Small, Wade and Mrs. Cherrington, while the consolation winners were Misses Louise Bevan, Vickers, Elsdon and Erickson. A sumptuous lunch was served just before adjournment and the evening was immensely enjoyed by all present.

Canyon City

Wm. Stewart is a business visitor in Spokane this week.

Ernest and Gordon Vance have gone to Coeur d' Alene, Idaho, where they are working in a mine.

Local ranchers have made good use of this week's excellent sleighing and have completed hauling their hay from the flats.

Putnam and Palmer have completed their log hauling contract to the Siding for G. J. Bayle, and on Thursday started in on a tie haul for the same party.

Canyon City Lumber Company, Ltd., have re-started the Kelly truck, with Guy Browell at the wheel, on the tie haul, and are utilizing five four-horse teams on the mill log haul.

The Burns dance on Friday night at the schoolhouse was very largely attended, over thirty couples being in evidence, who on the good floor and to excellent music by T. R. Mawson and Ted Swanson, had a splendid time, with Piper Ross favoring with several bagpipe selections to give the affair the real Scotch accent. The supper was from caterer Norris of Creston and very much enjoyed. The function will nett the piano fund $24.

Peter Burns is away to Ottawa, Ont., where he is visiting his parents, whom he has not seen for several years.

Groyer Kifer and Ted Swanson have taken a log-sawing contract with Johnson brothers, who are operating in the Winlaw timber.

The feature of the United Farmers' meeting on Saturday night was a discussion of all angles of the community hall proposition, but no definite policy was decided upon.

Playthings of Destiny

Merit attaches to the whole production of "Playthings of Destiny," starring Anita Stewart, showing at the Grand, Saturday, Feb. 3rd. Seldom has such a dramatic story been told so skillfully, and rarely has an author hit upon a series of instances so certain to hold the interest of an audience. Combining these with the excellent talent of the cast, and the splendid sittings and effects that have been procuraed, and "Playthings of Destiny" becomes worthy of classification with the best screen entertainments.

A short sketch of the plot of the story would give an entirely wrong impression of it. To say that a woman is deceived into committing bigamy, despite the fact that her entire love belongs to the first man she has married, sounds bizarre, but the circumstances which lead to just this situation in 'Playthings of Destiny" are of the sort that no other course is possible for Julie Laneau, the character portrayed by Miss Stewart, to pursue.

It is the best worth-while screen entertainment that has been shown here in many months.

Anglican Church Services

SUNDAY, FEBRUARY 4

CRESTON 7.30 p.m. — SIRDAR 8 and 10.30 a.m.

For *Pianoforte, Organ and Singing Lessons* apply *ARTHUR COLLIS, Creston* P.O. Box 76.

A. BOND
PLASTERER
PLAIN & ORNAMENTAL CONCRETE WORK
(Canyon) ERICKSON P.O. B.C.

BOAR FOR SERVICE

Registered Berkshire Boar for service, $3. R. STEWART, Alice Siding.

SATURDAY and MONDAY SPECIAL

Northwest Family Sodas

PACKAGE

30c.

The popularity of our Soda specials is so marked that we offer them again for Saturday and Monday buying.

Favorites with youngsters and grownups alike—and of excellent keeping qualities.

If you have not tried Northwest Sodas previously try them at this attractive price—and you'll use no others.

MAWSON BROTHERS
Better Service — Lower Prices

We have received a shipment of the well known

DAYFOOT SHOES

and invite your inspection.

This line is one of the best Work Shoes we can buy.

They are warranted solid leather and absolutely guaranteed.

S. A. SPEERS

KEEP CLEAN!

TRY A BAR OF

LORIE CASTILE SOAP

a Pure French Castile, specially imported at 35c. per bar of 12-oz. weight.

The Soap that's Best.

We carry complete line of

Toilet Soaps

and can supply the needs of all.

Try the Drugstore first.

BEATTIE-OATWAY, Ltd.

Mail Orders a Specialty. — *Phone Service Prompt Attention*

GRAND THEATRE Wednesday, FEBUR'Y 21

Kissing a Princess

is a pastime few know, an experience thrice thrilling if your rival envies you and threatens—as Black Michael did Rudolf Rassendyl — to make each kiss your last.

For particulars about this particular royal caress, see

The Rex Ingram Production of

The Prisoner of Zenda

by Anthony Hope

Scenario by Mary O'Hara
Photography by John F. Seitz
Dramatization by Edw. Rose

CRESTON AUTO & SUPPLY
Under New Management

Solicits an opportunity to supply your needs in everything required to keep your car in the best possible running order.

We will at all times endeavor to give you the best possible quality in Accessories, Repairs and Workmanship at the lowest possible price for real service.

STAPLES & PIERSON

DON'T FAIL TO SEE THE

New Superior 1923 CHEVROLET

We have been appointed Chevrolet agents for this district and expect to take delivery of a shipment of these cars soon.

Since its appearance on the market last fall, this car, with its over twenty-five improvements, has proved to be the fastest selling fully equipped automobile made.

Watch for further particulars and announcements.

CRESTON SERVICE GARAGE

LIDGATE BROS. — PHONE 81