LEG. JAN 24 1923 VICTORIA, B.C.

THE CRESTON REVIEW

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Wynndel

The Co-Operative Fruit Growers had their annual meeting on Tuesday evening, January 9th, everything passing off very harmoniously, the election of the 1923 board of directors being the chief feature of the evening's business. The following constitute this year's executive: E. Uri, T. Davies, John Bathie, John Wigen and O. J. Wigen.

Nels. Winlaw was compelled to leave for his home at Nelson the middle of last week, where he is laid up with a severe attack of erysipelas, but is now recovering nicely.

Rev. J. A. James had quite an innovation at the Presbyterian service at the community hall on Sunday afternoon, when he used candle light to very effectively illustrate his address on "The Light of the World."

A. H. Piggott sustained quite a heavy financial loss on Monday, when his Jersey cow died.

The shipping statement presented by the Co-Operative Fruit Growers show that last year almost 10,000 crates of strawberries were handled, as well as over 600 pails of straws that went to the jam factory. Raspberry shipments are assuming quite a large total, the 1922 shipping being over 1200 crates.

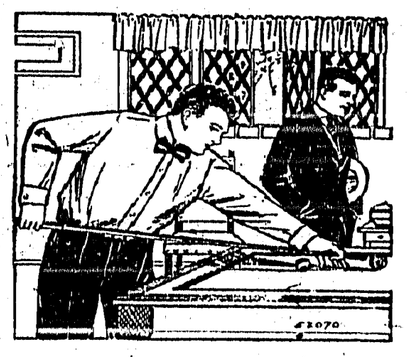
An irregular supply of lumber kept down the 1922 output of the M. Wigen box factory considerably, the year's total output being just under 100,000, about two-thirds of which was apple boxes.

Wynndel Ladies' Aid Society are hoping that all will keep St. Valentine's Day, February 14th, open, as they are putting on an oldtime dance in hard-times costume, and hope that all dancers will turn out in force and support them in making the evening a big success.

Many of the schoolmates of Earl Pease, who until recently lived at Alice Siding, will be pleased to hear that he is to be married on January 17th, with his old friend, "Dutch," Edward Butterfield, acting as best man on that occasion.

Mrs. Eakin and Mrs. Packman were hostesses at an enjoyable social evening on Friday, at the home of the former. About twenty hands of whist were played, the prizewinners being Mrs. T. A. Dunseath and Mrs. C. D. Ogilvie. Booby prizes were awarded Mrs. Vic. Johnson and Harry Bathie, sr. A dainty supper served, and this was followed by singing by the whole party. A thoroughly enjoyable time was spent by all.

Matt. Hagen's new house was thoroughly "warmed" for him on Saturday night, when a large porportion of the inhabitants of Duck Creek assembled there and had an oldtime social evening with songs and dance. The music was supplied by Fred Penson, who was afterward aided by Baul Hagen, Monrad Wigen and Mr. Woods, while Mr. Mason kindly obliged with some of his well-known mirth creating comic vocal numbers. The evening was certainly a success, and much enjoyed by all.



Enjoyment for those who like the sport of a good game of Billiards.

Consideration for the pleasure of our patrons has been onr aim in fitting up our place, where you will fiud the best tables, best cues, and best lights in town.

Come in any time and test your skill.

Exchange Billiard Hall

A. E. FRENCH, Proprietor

Canyon City

Canyon minstrels are having practices twice a week since the first of the year, and are rapidly rounding into shape for their first public appearance next month

After a three-day shutdown the sawmill commenced sawing again on Monday, the freeze-up on Saturday enabling log hauling to recommence. However another rainy spell arrived Tuesday night and the skidding is again in jeopardy.

Dr. Henderson is making frequent visits to Canyon at present, his worst cases being at the Bergen and John Johnson homes.

A. G. Samuelson is these days doing the walking boss job on his tie cutting contract, where he has a gang of ten men at work getting out about 5000 pieces. He has a swelling of the muscles of his arm that is too painful to permit of him working.

Mr. Humble has joined up with Johnson Brothers, who are speeding up operations on the logging contract they have with J. B. Winlaw.

The United Farmers announce that they are going to be "at home" at the Saturday night meeting, which is taken to mean that after the business of the meeting has been disposed of a line of oldtime sociability will be dispensed.

The Saturday evening whist last week was at the home of Mr. and Mrs. Pochin at which ten tables of players participated with the high scores being made by Mrs. McPhatter, Mrs. Wetherhead's guest, and Guy Browell, whilst Miss Sadie Wood and T. R. Mawson distinguished themselves at low scoring. The hostess was assisted by Mrs. Van Ackeran and Mrs. Guy Browell, and all enjoyed the evening immensely, the lunch bringing operations to an end about 11.30.

God's Crucible

One of the most interesting scenes in "God's Crucible," the picturization of Ralph Connor's novel, "The Foreigner," which is released beneath the Hodkinson banner, takes place in a cave where the hero—admirably played by Gaston Glass,—discovers coal and thereby attains to the financial independence which makes it possible for him to sue for the hand of the beautiful Gladys Coburn. This scene is exactly as the author described it when he wrote the story and is an absolutely true version of the exact way in which coal was discovered in the famous anthracite mines in Canada.

When the scene was being filmed—in fact when all the mine scenes were being filmed,—the officials of company who were desirous of helping to the limit of their powers, showed their anxiety to cooperate by declaring a half holiday in the mine so that Director MacRae and his company of players could work unhindered. They went even further by offering the services of the miners employed who entered into the spirit of the thing so admirably that the scenes in "God's Crucible" which show the coal mine in full blast are marvels of technical perfectioh.

"God's Crucible" has been booked at the Grand Theatre for Saturday night.

FOR SALE—Bed and spring, $9, child's cot with spring and mattress, $6; Butter churn, $2.75, 28 Plymouth Rock pullets, all laying, $1 each. Fruit sealers, 80c. to $1.50 dozen. Fruit in sealers, 50c. quart. Kitchenware. Mrs. F. Tees, Creston.

Lister

Mr. and Mrs. Jack Johnston were at Lister a few days last week from Klockmann Idaho, where Mr. Johnston is employed at present.

Mr. and Mrs. Vinc. Liddicoatt have returned to the area, and expect to remain for at least a month. He is busy finishing his house, and they are staying in the McLeod residence until such time as their own is completed.

Amongst the new arrivals here is Mr. Johnston, who has recently come out from England, and is staying with his cousin, R. T. Milner at present.

Mr. Demchuk and family, who have purchased a piece of land adjoining the Hurry ranch, are busy with clearing operations, and expect to plant out about five acres to orchard in the spring.

James Huscroft and family are now occupying the residence of the late W. R. Huscroft.

Fred Weston is busy with a clearing contract at Canyon, working on a partnership contract with Charles Burgess.

A dance was held at the schoolhouse on Saturday night, for the purpose of raising money for the piano fund, and was a huge success, James Duncan was the organizer, and Mrs. Lister kindly gave her services at the piano, and a most enjoyable time was spent. Lunch was served about 11 p.m., and there was quite a number of guests were present from Canyon and Huscroft.

In consequence of secretary Powers resignation a meeting will be held in the schoolhouse on Saturday, January 20th, to elect a new secretary for the board of school trustees.

The school has taken on quite a new appearance since the Christmas holidays, the floors having been re-oiled and other improvements made.

Local and Personal

Although finance is anything but plentiful Mawson Brothers report their January clearance sale business fully up to expectations, and for the closing day, Saturday, are offering some tremendous bargains to close the event.

Guy Constable left on Saturday for Vernon, and will spend the next ten days in the Okanagan, attending a directors meeting of the O.U.G., the annual meeting of the B.C.F.G.A., and the meeting of the growers' committee at Kelowna while away.

All interested are remined of the extraordinary general meeting of the members of the agricultural association which will be held on Monday night, at 8 o'clock, in Speers' Hall. All who are anxious that a fall fair be held in 1923 should be on hand.

According to the figures submitted at the board of trade annual meeting, the shipments of fur from Creston last year were worth a total of almost $10,000. Almost 2200 mu-krat pelts were shipped, some 365 weasel, 125 mink, and a few over 100 marten skin, with 11 bear hides.

All farm products are improved by the use of Traiangle Fertilizer. Yields are increased, the feeding value of forage crops improved, and all fruit, both large and small, show more firmness and color, and stand up better. For distance shipments ask Creston Fruit Growers Union to book your order.

Creston friends of Mr. and Mrs. O. P. Wisler, who moved from Creston to Camptonville, Calif., about ten years ago, will be pleased to hear of the marriage of their daughter, Greetice, to Thomas O. Borne at the home of the bride's parents early in January. The newlyweds will reside at Stockton, Calif.

25 YEARS TO PAY—The Soldier Settlement Board of Canada have several FARMS for sale to Soldiers or Civilians at ten per cent. down and the balance in 25 annual payments at 6 per cent. Several to rent for 1923. For particulars write to District Superintendent, Soldier Settlement Board, Vernon, B.C.

Freezing weather at the end of the week followed by about four inches of snow on Sunday night, provided sleighing for about two days, but the heavy rain of Wednesday morning pretty well spoiled the slipping. While the hauling was good there was a rush to get the balance of the hay cut home from the flats.

The annual meeting of the Presbyterian Mission Band was held at the home of Mrs. Speers on Monday of last week, when the following officers were elected for 1923: Superintendent, Miss Katherine Moore; President, Miss Edith Couling; Vice-President, Marion McDonald; Secretary, Louise Nickel; Treasurer, Helen Moore.

The five-day short course school in agriculture, which closes today, has been quite well attended, some of the sessions attracting an interested crowd of about forty, while the smallest crowd in evidence was never less than twenty. This is a big gain over the attendance records at the school held here in 1918, and the lecturers were well pleased with the success of the school throughout.

The wooden soldiers' monument that has decorated the bank corner since the early spring of 1917, was dismantled this week by officials of the local G.W.V.A. The "Shrine," as many familiarly called it, was quite unique in that it was the first soldiers' memorial of any kind erected in the whole province. The monument has been carefully stored away by the G.W.V.A., and will be kept as a Creston relic of the great war.

Stricken suddenly ill when visiting a patient of the Kootenay Lake General hospital at 4.45 on Monday afternoon, Mrs. R. R. Piper of Nelson died in that institution on Tuesday morning at 8.30 o'clock. Mrs. Piper whose husband is an accountant in the local office of DeWolf & Ham, the Yuir road contractors, has been a resident of Nelson since last May. Deceased, who was more familiarly known as "Pat" Carlson, was a graduate nurse of St. Eugene Hospital, Cranbrook, in which city Mr. Piper was wedded just about a year ago. The remains were taken to Fernie for burial today, (Friday) in which city her mother resides. The sorrowing husband has a host of friends in Creston, who extend sincerest sympathy in his heavy bereavement.

HEIFERS ESTRAY

Came to my ranch, December 1st, one black yearling heifer, no brands visible. Owner can have same on proving property and paying expenses. A. D. POCHIN, Canyon.

Came to the premises of the undersigned on or about Dec. 1st, one red mooley heifer, three or four years old. Owner can have same on paying expenses. W. G. WILSON, Erickson

We have received a shipment of the well known

DAYFOOT SHOES

and invite your inspection.

This line is one of the best Work Shoes we can buy.

They are warranted solid leather and absolutely guaranteed.

S. A. SPEERS

Erickson

BIRTH—On January 11th, to Mr. and Mrs. Milt Beam, a son.

R. J. Long left on Sunday for Kelowna, where he is attending the annaul meeting of the B.C. Fruit Growers Association, as one of the delegates from Creston Valley.

D. Linn of Creston is this week moving into the new house he has had erected on the Spence ranch, which he purchased last fall.

L. Leveque, who has been a patient in the Vancouver military hospital for about two months, arrived home the fore part of last week, and looks much improved in health.

Fred Waylett is making Creston his day headquarters this week, being on the Mawson store staff for the annual January sale.

Rev. H. Varley of Creston was here on Sunday afternoon, for the usual monthly Church of England service in the schoolhouse.

Miss Mounee, who is the dairy lecturer at the short course school at Creston this week, was a guest of Miss Green, the new Erickson school princial several days of her stay in the Valley.

Mr. and Mrs. J. B. Palmer of Tregerne, who have been on a visit at the old home since the golden wedding celebration at Christmas, left at the end of the week for a visit with friends at coast points.

Mr. and Mrs. D. S. Timmons were genuinely surprised on Friday night last when about thirty of the neighbors, young and old, arrived about 8 o'clock to spend the evening at the Timmons home, and with cards music and dancing, and a sumptuous lunch had a most enjoyable night of it. The winners at whist were Mrs. Jas. Cook and Mr. Palfreyman, while Miss Florence Wood took home the low score ladies' prize.

There was a fair turnout of members for the annual meeting of Erickson local of the United Farmers on Tuesday night last. President Leveque occupying the chair. With very few exceptions all last year's officers were re-elected as follows: President, L. Leveque; vice-president, E. A. Penson; secretary treasurer, W. G. Littlejohn; executive, J. M. Craigie R. A. Palfreyman, E. S. Cuming and E. W. Harrison. This local can very well claim to have been quite the most active of the five U.F. organizations in the Valley the past year. Considerable money was saved members through the U.F. handling powder purchases as well as glass, and undoubtedly U.F. activity had a great deal to do with the C.P.R. deciding to put in the new depot here this spring.

GRAND THEATRE Saturday, JANUARY 20

Taken from Ralph Connor's great novel, "THE FOREIGNER." A picture taken in the Canadian North West.

"I Had Bilious Attacks and Stomach Weakness"

Mrs. Wm. Robinson, Yonker, Sask., writes:

"I suffered from stomach and liver trouble, and used to have bilious attacks so bad that I could do nothing for weeks at a time. My stomach would be so weak that not even a drink of water would stay on it. On my sister's advice, I began to use Dr. Chase's Kidney-Liver Pills, and must say that they have made me feel like a new woman."

DR. CHASE'S KIDNEY-LIVER PILLS

One pill a dose, 25 Cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

Stop The Suffering And Loss

Statistics appearing in official Government reports do not, as a rule, make very interesting reading. They are, however, frequently most instructive, but because they constitute what is termed "dry" reading, few people take the trouble to study them, and the lessons conveyed are, therefore, largely lost to the public. The compilation of these statistics and their publication cost a lot of money. Even if people generally do not read and study the facts and figures presented, the money is not lost nor wasted because such information forms the basis upon which Governments and other public bodies formulate policies and act.

A few days ago the annual report of the director of vital statistics for the Province of Saskatchewan for the year 1921 was made public, and, inasmuch as conditions in the three Prairie Provinces are not materially different, the information therein set forth, and the conclusions to be drawn therefrom, may be considered as applicable in large measure to all these Provinces.

According to this report, 6,170 deaths occurerd during the year, or 463 less than in the preceding year, a most gratifying fact. But there are other facts noted in connection with this mortality record which are not gratifying, nor to the credit of the people of an enlightened country. For instance, over one-third of all deaths were of infants under one year of age. Yet it is safe to say that, if propr pre-natal care had been taken, and reasonable care taken following birth, the vast majority of these little ones could have been saved.

This report discloses the fact that 311 persons died of tuberculosis. This figure, however, was less than one-half that of 1920 when 691 deaths from tuberculosis were reported. Here, then, is another most gratifying fact. It proves that the persistent campaign being waged against the White Plague is having the desired effect, and it would seem to establish the truth of the statement that it is possible to stamp out his dread disease, just as yellow fever and smallpox have practically been removed from the list of diseases which scourge the human race.

Another feature of the report is not so encouraging. It records an increase of fifty per cent. in the number of deaths from cancer. The fact is also noted that the death list from cancer is steadily rising, the rate being only 18 in every 100,000 population in 1914 but 39.3 in 1921, or more than double.

Deaths from communicable diseases in 1921 totalled 928, or 399 less than in 1920, which is certainly good news. But before Saskatchewan boasts of this record, it should give earnest consideration to the further statement in the report that the number of deaths from scarlet fever and diphtheria was much higher than in the preceding year, and that the estimated loss to the Province from deaths through communicable diseases totalled no less a sum than one and three-quarter millions of dollars. Yet we find people, including legislators and municipal councillors, criticizing and opposing grants for public health work and prevention services, municipal hospitals and municipal nursing services.

People complain bitterly of the losses sustained by the West through high freight rates, customs tariffs, and inadequate grain marketing methods, yet they view with apparent indifference and little concern an annual loss of millions of dollars, and thousands of precious lives, which loss could largely be overcome through the exercise of proper preventive measures and care.

Some attention has been given in this column during recent weeks to the important subject of immigration and Canada's need for a larger population. That series of articles was introduced by an argument for the creation of conditions which would enable people already in the country to make a success of their farming activities, and thereby retain population we now have, because it surely is realized that our own people are preferable to incoming and untried immigrants. It is even more important that, to the full extent of our power, we should create conditions which will save to Canada the children born in this country—our native born.

Yet Saskatchewan alone lost through death in 1921 no less than 2,413 children under the age of one year, and of this number over 1,200 died within one week of birth. That is to say, one out of every five deaths in Saskatchewan is a baby less than seven days old. Neither an all wise Providence nor nature intended that such things should be, and such figures should impress the people of the West with the imperative necessity of re-doubling their efforts during this new year to prevent disease, and thereby not only save life but mitigate much of the suffering in the world, the bulk of which is directly caused through disease.

"Cascarets" 10c

Best Bowel Laxative When Bilious, Constipated

To clean out your bowels without cramping or overacting, take Cascarets. Sick headache, biliousness, gases indigestion, sour, upset stomach and all such distress gone by morning. Nicest physic on earth for grown-ups and children. 10c a box. Taste like candy.

Rather Aggressive

"How do you like school, my little darling?" asked the fond mother, after his first day at school.

"It's fine," he replied. "I've licked two boys already for calling me mother's little darling."

If somebody would only pull the sled up the hill for me life would be one long, delightful slide.

Look to Your Eyes

Beautiful Eyes, like fine Teeth, are the result of Constant Care. The daily use of Murine makes Eyes Clear and Radiant. Enjoyable, Harmless. Sold and Recommended by All Druggists.

MURINE for Your EYES

An Important Ruling

Money May Be Recovered If Wrong Person Paid

A ruling of importance to banks has been delivered in the Court of Appeal, Montreal. Under it, whoever pays a debt to a person believing him to be the creditor of the debt, but who is not, may recover against the person receiving payment.

On this principle an appeal by the Bank of Hochelaga to recover a sum of $473.05 paid by them to A. Mathieu et al in error, when the actual creditor was the trustee of the estate of the late Hon. Wilfrid Provost, was maintained.

Soft corns are difficult to eradicate, but Holloway's Corn Remover will draw them out painlessly.

Pioneer Manitoba Fruit Grower Dies

A. P. Stevenson, Manitoba pioneer fruit grower, is dead in California a report states. Mr. Stevenson was among the first farmers of the west to make a success of fruit growing. On the Stevenson farm a few miles northwest of Morden, every variety of small fruit, from strawberries to peaches, was grown.

A young man seldom realizes how dear his best girl is until he goes broke trying to make her wishes come true.

Minard's Liniment for Neuralgia

Household Hints

Valuable Recipes For the Busy Housewife

Baked Bananas With Sultana Sauce

¾ cup Sun-Maid Sultana raisins.
1 cup boiling water, 1 cup sugar.
1 teaspoon butter, 1 teaspoon vanilla.
2 tablespoons cornstarch.
8 bananas.

Pull down a section of the banana peel, loosen the pulp from the rest of the peel; remove all coarse threads and replace fruit in its original position in the peel. Set the bananas in a granite pan into the oven and cook until the peel is blackened and the pulp is soft (about 20 minutes in a moderate oven).

Cook the cleansed raisins in the boiling water adding water as needed. Mix and sift the sugar and cornstarch and add to the raisins. Stir until boiling then let simmer for ten minutes, and add butter and flavoring. Remove bananas from the peel to a hot plate, pour the sauce over them and serve at once.

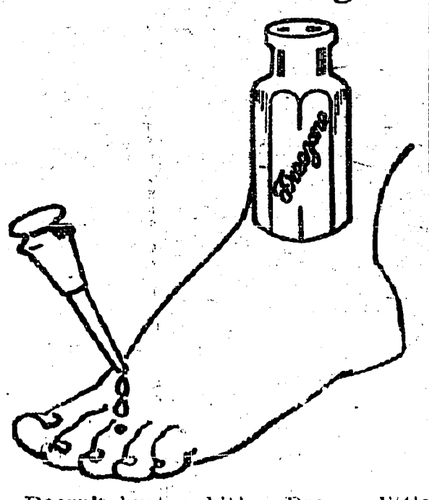
Delicate Party Cake

½ cup butter, 2 cups flour.
4 egg whites, ¾ cup hot water.
½ cup nut meats, 1 teaspoon lemon juice.
½ cup Sun-Maid raisins.
2 teaspoons baking powder.
1½ cups sugar.

Cream together the butter and sugar; sift together the flour and baking powder; put the hot water into the butter, and then gradually add the flour and baking powder. Lastly beat in the beaten whites of the eggs. Bake in two layers in a moderate oven. Put together with a filling made by running the raisins and nuts through a meat grinder, adding the lemon and a little confectioner's sugar and thoroughly blending. Frost top with a white icing and decorate with candied or maraschino cherries.

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn betwen the toes, and the calluses, without soreness or irritation.

Mahogany veneer is being used in England for the surface of airplane wings as this material successfully withstands all kinds of weather.

Minard's Liniment for Burns & Scalds

An ounce of keep-your-mouth-shut is worth a pound of try-to-square-yourself.

Unless worms be expelled from the system, no child can be healthy. Mother Graves' Worm Exterminator is an excellent medicine to destroy worms.

Embarrassing

"Why don't you praise your wife's cooking once in a while? It makes her feel good."

"I'm afraid to try. Every time I say anything is particularly nice it turns out to be something that was purchased at the store."—Boston Transcript.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher

The Good Old Days

Do Not Compare Very Favorably With Twentieth Century

A Scottish journal says: Those who lament the good old days and compare them favorably with our own should be told that "till the beginning of the seventeenth century chairs for ordinary household use were unknown. Hats were worn at meals. Washing formed no part of the morning toilet even in Charles II.'s time, and very few in any country in Europe washed their faces every day. The value of forks did not become general until the eighteenth century, and food was picked from the general dish and raised to the mouth with the fingers.

As one reads such records one comments heartily, Give me the twentieth century and its ways!—Presbyterian Witness.

The Druggists All Agree, That "Putnam's" Is Best

The oldest corn remover on the market is Putnam's Corn Extractor, and it is the best. Your corns will all drop out after a few treatments with this painless remedy. Failure impossible. Refuse a substitute for "Putnam's," 25c everywhere.

Saskatchewan School Trustees Association

Eighth Annual Convention to be Held In Moose Jaw

The Eighth Annual Convention of the Saskatchewan School Trustees Association will be held in St. Andrew's Presbyterian Church, Moose Jaw, Sask., on Wednesday, Thursday, Friday, February the 21st, 22nd and 23rd, 1923.

Each school district in the province is entitled to send a delegate who can be appointed at the annual meeting or by the trustees themselves. The expenses of the delegates can be paid by the school district.

The annual membership fee is $2.00 and should be forwarded at once with the name of the delegate and the district, to the Secretary, J. H. Cunningham, 1920 Smith St., Regina.

Delegates are requested to secure a single fare first-class railway ticket over every railway travelled at the same time obtain from the agent a standard certificate. If the agent has no standard certificates, get a receipt for the money paid.

The fare of all delegates will be pooled. All resolutions must be in the hands of the Secretary, 1920 Smith St., Regina, before February 10th. Resolutions should be signed by trustee or district sending them in.

This year's convention will be the most important to date and indications are that the attendance will exceed that of any previous years.

Among the speakers already arranged for, are, Hon. Chas. A. Dunning, Premier of Saskatchewan; A. H. Ball, M.A., L.L.B., Deputy Minister of Education; J. H. McKechnie, M.A., D.Paed, Chief School Inspector; Archibald Mitchell, Forestry Department; John McKay, B.A., B.D., President of Manitoba College; Norman McRaye, celebrated Canadian entertainer.

Invitations have been extended to Hon. MacKenzie King, Premier of Canada; Prof. Walter Jessup, President of the University of Iowa; Prof. Lotus Coffmann, Dean of the College of Education, University of Minnesota; President Suzzallo, University of Washington, Seattle; Prof. Holden, of Chicago, the most eminent agricultural authority in America.

Through the kindness of the Canadian Pacific Railway Company, the wonderful moving picture films of Canadian scenery will be exhibited at the evening sessions.

Through the courtesy of the Leader Publishing Company, a radio concert will be put on for half an hour before each evening session.

Clemenceau Says Career is Over

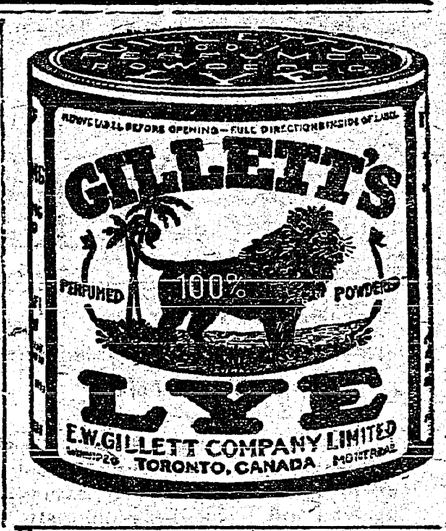
Georges Clemenceau, France's noted war-time premier, returned to Paris from a thirty-nine day trip to the United States. He indicated by a few casual phrases that if there was any import to his visit the American people would get it. "They have got sense enough," he declared.

He added that for him, his journey was the chapter that ended his career.

China and Sumatra are practically immune from appendicitis.

Tiranxa, capital of Albania, is now the "top capital" of Europe.

Minard's Liniment for Rheumatism



Danes Coming to Canada

Two Hundred Danish Families Planning to Take Up Farming Here

On account of the great unemployment in Denmark, 200 families, all farmers, of the northern part of Jutland, intend to emigrate to Canada. It is stated that the Canadian Government has promised to place land and facilities at their disposal.

Representatives of the emigrants have asked the Government for financial help to make the voyage to the Dominion, but they have not yet had an answer to their request.

MOTHER!

Clean Child's Bowels with "California Fig Syrup"

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste from the tender, little bowels and gives you a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

His Use

"So your wife likes to have you go shopping with her, does she?"

"Yes, she gets me to make the selection and then she takes something else."

Apples Kept for Five Years

Alterations in a cold storage plant in Zillah, Wash., uncovered three boxes of apples that had been kept chilled for five years. The fruit is in excellent condition.

Keep Them Growing

Children who are over-thin, listless or delicate, should take

Scott's Emulsion

regularly every day as an aid to growth and sturdiness. *Nothing surpasses Scott's Emulsion as a tonic-nutrient for a child of any age.*

Scott & Bowne, Toronto, Ont. 20-06

SMOKING TOBACCOS

Natural Leaf

Virginia-Burley Mixture, 1 lb.	80c
Extra Fine Burley, 1 lb.	70c
Medium Strength Burley, 1 lb.	50c
Havana Mixture, 1 lb.	80c
While it lasts mixt, 1 lb.	40c
5 lb. lot prepaid by mail	$3.00

Barnard's Tobaccos, Leamington, Ont.

MONEY ORDERS

It is always safe to send a Dominion Express Money Order. Five dollars costs three cents.

FOR SALE

YARN — WONDERFUL VALUES and colors, samples free.—Georgetown Woollen Mills, Ont.

League of Nations Talk at Institute

The initial 1923 session of Creston Valley Women's Institute in the Parish Hall on Friday afternoon, proved to be one of the busiest in the history of the organization, it being almost 5.30 before the slate was cleared of business and adjournment could be taken.

The chair was occupied by president Mrs. C. Garland, with the new secretary, Mrs. James Cherrington, duly installed, and after considerable routine business had been disposed of the ladies were favored with an address on the "League of Nations" by Rev. Harold Varley, rector of Christ Church, Creston, who in interesting fashion sketched the rise and scope of the League, emphasizing the point that it was a permanent fixture in international affair due to its being of divine origin. In connection with the league Mr. Varley emphasized the necessity of the electorate casting their ballots for men of ability in view of the fact that any one of the many elected representatives might be called as one of the Canadian delegates on the League of Nations.

A resolution from Creston Great War Veterans asking the Institute to endorse a resolution to be forwarded the federal authorities requesting that Armistice Day be made the legal Canadian Thanksgiving Day, was laid over for further consideration.

Mrs. Lyne reported fully on correspondonce she had had with the federal department of imigration in connection with the influx of Orientals, in which the Ottawa authoritie outlined regulations that had recently been adopted that should considerably restrict the incoming of Chinese. Due to certain treaty regulations the control of the Japanese was not so easy.

Miss Mounce, who is to be here this week lecturing on dairy work at the short course school in agriculture, will be tendered reception at the home of president Thursday afternoon to which all the Institute members and friends were invited.

The select committee to strike the Institute standing committees reported their selections, the recommendations being adopted without amendment, and the makeup of the committees is as follows:

Home Economics—Mrs. James Maxwell, Mrs. Fred Smith.

Legislation—Mrs. C. F. Hayes, Mrs. John W. Dow.

Immigration—Mrs. H. Lyne and Mrs. E. Mallandaine.

Agriculture—Mrs. George Cartwright, Mrs. T. M. Edmondson.

Publicity—Mrs. James Cherrington.

Public Health and Child Welfare—Mrs. J. W. Hamilton and Mrs. Henderson.

Education and Better Schools—Mrs. C. B. Garland, Mrs. S. A. Speers.

Social and Musical—Mrs P. G. Ebbutt and Mrs. R. B. Staples

Local Neighborhood Needs—Mrs. H. McLaren, Mrs. M. Young.

Institute Work and Methods—Mrs. John E. Hayden, Mrs. G. A. M. Young.

Home Industries—Mrs. Arthur Atkinson, Mrs. C. G. Bennett.

Miss Annie Smith pleased all with a well selected piano solo, and the tea hostesses were the directors, Mesdames C. B. Garland, John E. Hayden, R. B. Staples, James Cook and H. Lyne.

Money for Reilef Work

Creston Red Cross Society having been reorganized in November, 1921, for the sole purpose of establishing a Red Cross Public Health Nurse in the district, and this object having been abandoned in accordance with a resolution passed at a general meeting on April, 13, 1922, and all memberships having expired in June and July of last year, and not beee renewed, the executive of the branch met Monday to consider the question of the disposal of the funds still on hand, amounting to $131. $50 of this amount was voted to the school board to be used for a drinking fountain and sink in the primary room, and a relief committee was formed to dispose of the balance as needed for the purpose of relief. This committee consists of Mrs. Garland, Mrs. Henderson, Mrs. Speers, Mrs. F. Smith and Mrs. J. W. Hamilton, and they will be glad to hear of any cases of needs, which the funds at their disposal will be available for.

Card of Thanks

Mr. and Mrs. Leslie McInnes take this means to express their grateful thanks to the millmen and all those other neighbors who worked so hard to save their household effects in the best possible condition on Thursday last. Also for the many kindnesses shown since.

HOUSE FOR SALE—Lot 6, Block 28, Creston; plastered inside and out, water. Also Lot 7, Block E. Price, $600.00. Apply Box 608, Cranbrook.

CATTLE ESTRAY

Came to the premisises of the undersigned first week in December, three head of cattle—two heifers and one steer. Steer is black and white; one heifer red, mooley; other heifer is Jersey, showing ringworm. Owner can have same on proving property and paying expenses. L. N. LEAMY, Creston.

NOTICE TO CREDITORS

of First Meeting where Assignment Made—Bankruptcy Act.

In the matter of the estate of Walter V. Jackson, of Creston, in the Province of British Columbia, Rancher authorized assignor.

NOTICE IS HEREBY GIVEN that Walter V. Jackson, of Creston in the Province of British Columbia, did on the 6th day of January, A.D. 1923, make an authorised assignment to the undersigned.

NOTICE IS FURTHER GIVEN that the first meeting of the Creditors in the above estate will be held at the office of C. B. Garland, Creston, British Columbia, on the 27th day of January 1923 at 2 o'clock in the afternoon.

To entitle you to vote thereat proof of your claim must be lodged with me before the meeting is held.

Proxies to be used at the meeting must be lodged with me prior thereto.

AND FURTHER TAKE NOTICE that if you have any claim against the Debtor for which you are entitled to rank, proof of such claim must be filed with me within thirty days from the date of this notice for, from and after the expiration of the time fixed by subsection 8 of section 37 of the said Act I shall distribute the proceeds of the debtor's estate among the parties entitled thereto having regard only to the claims of which I have then notice.

Dated at Nelson British Columbia, this Fifteenth day of January 1923.

JAMES H. DOYLE.
Authorized Trustee.

JERSEY BULL ESTRAY

Came to the premises of the undersigned on or about December 16, 1922, one Jersey bull, about two years old, no brands visible. Owner can have same on proving property and paying expenses. PETER NECEFERO, Creston.

MARE AND COLT ESTRAY

Came to the mill premises of Canyon City Lumber Company, Ltd., at Canyon City, on or about the first of the week in December, one bay mare with a star on forehead, with bay sucking colt. Owner can have same on proving property and paying all expenses.

NOTICE

The Goat Mountain Waterworks Company, Limited, hereby give notice that it has applied to the Board of Investigation for an order extending until 31st December, 1925, the Schedule of Tolls which it is now authorized to charge for water, except that the charge for washing machines driven by water shall be $2.00 per month, and then only with special permission, in writing, at the option of the Company.

A copy of the said Schedule has been filed in the office of the Water Recorder at Nelson, and at the Comptroller at Victoria, B.C.

The application will be heard in the board room, Parliament Buildings, Victoria, B.C., on Monday, the 29th of January, 1923, at 10 a.m.

Objections to the application shall be filed with the Board of Investigation in writing before the 22nd of January, 1923, or they will not be taken into consideration.

Dated at Creston this 30th day of December, 1922.

THE GOAT MOUNTAIN WATERWORKS COMPANY, Limited.

Nelson Assessment District

Notice is hereby given that a Court of Revision and Appeal, under the provisions of the "Taxation Act" and "Public Schools Act," in respect of the Assessment Rolls for the year 1923, for the Nelson Assessment District, will be held at the Court House, Nelson, B.C., on Monday, the 29th day of January, 1923, at 10 o'clock in the forenoon.

Dated at Nelson, B.C., this 10th day of January, 1923.

JAMES O'SHEA,
Judge of the Court of Revision and Appeal.

DEPARTMENT OF LANDS

NOTICE!

Application for Grazing Permits for the Season of 1923.

Application for permits to graze livestock on the Crown range within each grazing district of the Province of British Columbia, must be filed with the District Forester at Cranbrook, Fort George, Kamloops, Nelson, Prince Rupert, Williams Lake, Vancouver and Vernon, or with the Commissoner of Grazing, Parliament Buildings, Victoria, B.C., on or before March 15, 1923.

Blank forms upon which to submit applications may be obtained from the District Foresters at the above named places, or from the Department of Lands at Victoria, B.C.

G. R. NADEN,
Deputy Minister of Lands.

Department of Lands,
Victoria, B.C., January 4, 1923.

FOR SALE

TENDERS FOR

SAWMILL PLANT

DONKEY ENGINE, Cable and Blocks

STOCK of LUMBER

STANDING TIMBER

Sealed separate Tenders for the above mentioned articles, endorsed "Tenders for Purchase of Saw Mill, etc.," will be received by the undersigned up till 12 o'clock noon on the 29th day of January, 4923:

SAW MILL PLANT

Capacity 20,000 feet per 10-hour day, and including:

Engines: 1 Southwark 12 x 14 complete centre crank Pickering governor.
1, 9 x 12 HS and C class A Heavy Duty horizontal steam engine with side crank 48 x 12 Fly Wheel, belted governor with automatic stop.
Wheland 3 Block carriage with heavy friction feed; 2, 15-16 saw arbour.
Wheland 3-saw edger complete. Cut off saw frame and arbour.
Set of trimmers, homemade.
Boiler: 66 x 18 Murray Iron Works return tubular 100 lbs. pressure, complete with twin safety valves, whistle, water column steam guage, injector. Set in brick with Dutch oven front.
Pump: Fairbanks-Morse duplex 4 1-2 x 3 x 4.
Planer and Matcher: Cowan No. 249, 34 x 6 to to match 11-2 x 16, complete with jointer heads, matcher heads with expanding shimer and flooring heads regular equipment with 14 x 18 tight and loose pulleys. Blower and pipe for removing shavings from planer.
Carriers: To carry sawdust from main saw and edger to Dutch oven. Heavy endless chain to carry away slabs and refuse.
Main drive shaft 3 7-16.

DONKEY ENGINE

10 x 12 Washington Iron Works, complete with valves, whistle, lubricator, etc., and about a mile of main line and haulback. Also a few heavy blocks.

STOCK OF LUMBER IN YARD

Approximately 500,000 feet board measure. Good assortment.

TIMBER LICENSES

Numbers 7146 and 7149, containg approximately Ten Million feet good merchantable timber.

Terms cash, or cash with deferred payments satisfactory to Land Settlement Board may be arranged. Cheque equal in amount to 5 Per Cent. of bid must accompany each tender.

The above Plant, Timber, etc., is situated at Camp Lister, near Creston, B.C., and can be viewed at any time on application to Captain A. H. Rowberry, Land Settlement Board, Camp Lister, B.C.

Highest or any Tender not necessarily accepted.

JAMES PATERSON,
Purchasing Agent,
Parliament Buildings,
Victoria, B.C.

Land Settlement Board,
Victoria, B.C.,
Dec. 12, 1922.

Profitable Opportunities

are offered to-day for investment in Government and Municipal Bonds, yielding a high return. The purchase or sale of such securiti s can be arranged at any of our branches.

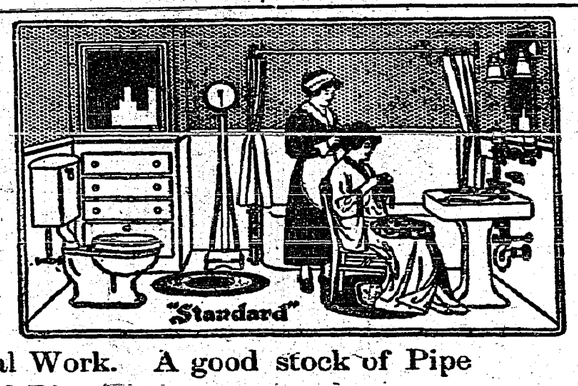
Our monthly list of offerings will be sent on request. 671

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - - $15,000,000
RESERVE FUND - - $15,000,000

CRESTON BRANCH, C. G. Bennett, Manager.

Hot Air
Steam
and
Hot Water
Heating



Sheet Metal Work. A good stock of Pipe and Pipe Fittings on hand.

E. W. RYCKMAN,--Creston

Now is the Time

Prepare your Buildings for Winter

We have just the kind of Lumber you need to do this work.

Protect your house from Fire by building a Brick Chimney

We have the Brick!

Also Lime, Cement, Shingles, Lath, Mouldings, &c.

Canyon City Lumber Company
LIMITED

For a long time we have been unable to offer such values as these!

36-inch Scrim, taped borders at per yard — — — — 25c
in White and Cream

Scotch Madras, 36-inch, 45c.; 45-inch at per yd. — 60c

Nottingham Lace Net, 36-inch, at per yard — — — 45c

72 ouly handpainted China Cups and Saucers, each — 25c

Kermis shape Cup and Saucer, each — — — — — 35c

CRESTON MERCANTILE COMPANY
LIMITED

The Secret of Good Health

Assist Nature back to normal action

Take

When Nature requires assistance, she will not be slow in conveying to you an intimation of the fact. Decline of energy, inability to sleep well, headache, biliousness, constipation, a general sluggishness of mind and body and any sign of digestive "unrest" should impel you to seek the aid of a reliable medicine without delay. There is no better—no surer—no safer—than this proven remedy.

Beecham's Pills

Sold everywhere in boxes

25c—40 pills
50c—90 pills

A Greater Canada

With the closing of the year, and the dawning of a new year with all its possibilities and opportunities, it is inevitable that the thoughts of a sane and progressive people should turn to questions having to do with the further development, the prosperity, the happiness and contentment of their own land. And in taking that forward look Canadians will surely realize that, when all other subjects have been discussed and analysed, the one thing needed above all others to promote the welfare of their Dominion is a largely augmented population. That is to say, the subject is, and must continue to be, a paramount issue in 1923 and succeeding years until Canada can rejoice in a population commensurate to its vast area and almost inexhaustible wealth of natural resources.

It makes little difference which one of the numerous problems confronting Canada as a nation is examined; in practically every instance it will be found that the problem is acute because there are so few people to handle it. The amount of taxation that has to be carried, Federally, Provincially or as municipalities or school districts, is unduly burdensome because there are too few people among whom it can be distributed. There are losses in railway operation because of the enormous mileage required in a country stretched for thousands of miles across a continent and inhabited by a mere handful of people. School houses erected and teachers employed to instruct a small group of children whereas double the number could be provided for at practically the same expense—and even these small groups have to be collected from unreasonably long distances in all too numerous cases.

The construction roads, telephones, the maintenance of postal routes and other services through districts having such scanty population that the services in question pass by miles of unoccupied lands and are consequently excessive in cost to the few who have to pay, or be denied such services.

Every quarter section or half section of land to be settled on means a lessening of burdens for the occupant of every other quarter section in the same district. It means the possibility of better schools, better roads, better telephone service, better postal and transportation facilities. It means bringing the doctor, the dentist, the church, nearer the farm home. It means better marketing facilities in the nearby market town, better stores in which to make purchases, better selection of goods to choose from, improved service all round.

The people of Canada can hardly fail to appreciate the truth of these things, yet for some reason or other the average man displays little or no active interest in the great national question of immigration, and such interest as the average man does display seems to find expression in the urging of objections to any and every policy that is advanced to promote the incoming of new settlers, whereas the interests of all would best be served by urging the advantages to be derived from such additions to the wealth producing power of the country.

If on New Year's Day a positive announcement could be made that 100,000 new settlers would be located in the three Prairie Provinces during 1923 a degree of confidence would be given to everybody in this country such as they have not felt for years. It would be the signal for a revival in business which is so badly needed. Capital, now timid of investment, would become courageous; with the opening of Spring building operations would become brisk in preparation for the new comers; manufacturing industries would get busy on the goods these people would need; railways would proceed with much needed branch lines along which these people would settle and thus bring relief to hundreds of farmers now isolated from markets. In a word, everybody now in the country would be busy in work of one kind or another in preparation for this increased population. Instead of immigration increasing unemployment, it would, we repeat, create work for all.

In this fashion only can a new country be built up and become prosperous. It will never be prosperous by merely standing still. That means not progress, but stagnation. Vacant lands are of no value; they are made valuable only through settlement and the productive activity of man. Western Canada has millions of acres of vacant lands: what it now needs is men, and women, to give these lands their rightful value.

Canada's energies throughout 1923 may well be directed to the encouragement of the immigration of the right type of settlers to this Dominion. It is not necessary that they have much money. What is required is that they have health, being sound mentally, morally and physically, and a will to work. Such people will prove a valuable asset to Canada, and in Canada they will achieve success.

GASSED OVERSEAS SHELL SHOCKED and RHEUMATISM

Mr. F. M. Blaquiere, Morinville, Alta., writes:—"After three years service overseas I returned to Canada almost a complete wreck. I had been gassed, and was suffering from shell shock and rheumatism, and was so nervous I could not sleep at night. I tried many medicines and doctors, but none of them did me any good for any length of time. I got so bad, in the Fall of 1919, my hands were so shaky I could scarcely hold anything, and it seemed as if I had a steel band pressing on my head. The least excitement would almost drive me into fits, and my whole system seemed to be in disorder. I had cramps in my legs nearly every night, and hot and cold chills running up and down my back nearly all the time. One day I decided to try Milburn's Heart and Nerve Pills, and after I had taken six boxes I began to feel better. I kept on using them and after a while I was completely relieved."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Justice In Far North

R.C.M.P. Sergeant in Role of Constable, Coroner and Magistrate

A remarkable story of the manner in which "white man's justice" is taken to the far north is unfolded in a recent report to headquarters by Staff-Sergeant Joy, of the Royal Canadian Mounted Police. Sergt. Joy has been investigating the murder of Robert Janes, a white trader, at Cape Crawford, the extreme northern corner of Baffin Land.

During his investigations Sergt. Joy acted in turn in his capacity of constable, coroner and magistrate. He conducted the autopsy, held an inquest, issued warrants for the arrest of three natives, brought them in, presided over the preliminary police court enquiry, and committed the three to stand trial for murder.

The last chapter of this strange story is not yet written. Next summer a judge of the supreme court will travel north and preside over His Majesty's Court in some unheard of trading post.

Appeal From Germany

Letter is Received by Dominion Command of G.W.V.A.

"But a few dollars from you would make joyful hearts and the thought of you will bring us nearer together," is the appeal contained in a letter received by the Dominion Command, Great War Veterans' Association, from the German National Association on behalf of cripples, widows and orphans of the Great War. The letter, which was written in German, was signed by Alfgred Brandhorst, and was forwarded from a suburb of Berlin.

"France," he writes, "knows no limits of hatred, and a new war is at the gates, perhaps within a short time. The thought of it," he adds, "makes us shiver, as we know how much new misery will be brought through it."

Herr Brandhorst appeals to the G.W.V.A. to "work with us towards the end of having people brought to an understanding."

Do Large Breaths Hurt? Is Your Chest Wheezy?

Proper treatment is a vigorous rubbing of the chest, neck and sore side with good old Nerviline. This wonderful liniment sinks into the tissues where the pain is seated and gives instant relief. That catch disappears, all sense of soreness goes quickly. Just try Nerviline for chest tightness, coughs, colds and soreness. It's a wonderful liniment, saves the whole family from numerous minor ills and should be in every home. Large bottles, 35c at all dealers.

Our grand business undoubtedly is not to see what lies dimly at a distance, but to do what clearly lies at hand.—Thomas Carlyle.

THE WAY TO BE WELL

Good Health Maintained Through Rich, Red Blood

There are many men and women who, every few weks, have spells of weakness, during which time they are little better than invalids; yet at other times they feel very well. Why does their health fluctuate so?

In the case of men worry and overstrained nerves are usually responsible for this state of unfitness and inability to face the anxieties of daily life.

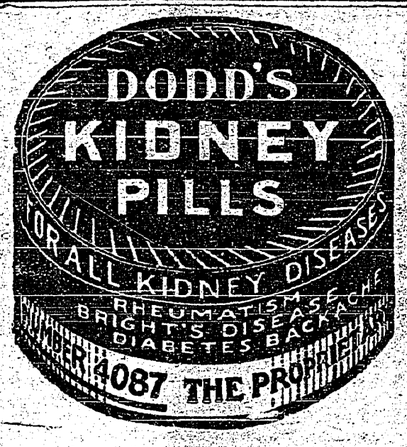
As for women, her back aches, she is dizzy with sick headaches, and often has stabbing pains in the side. The only real health is all-the-year-round health; and the secret of it is good, red blood and plenty of it. One way to keep the blood in good condition is to take Dr. Williams' Pink Pills. There is scarcely a nook or corner in Canada where someone will not be found who will tell you the benefit they have had through the use of these pills. And the reason is that through the improved condition of the blood they strengthen and tone up the nerves of worried, enfeebled men and women, and at the same time have given new vigor to pale, delicate girls and thin weedy boys. The value of these pills in all run-down conditions is shown by the statement of Mrs. Lawrence Brown, Walton, N.S., who says:—"When I began taking Dr. Williams' Pink Pills I was in a weak, bloodless and nervous condition suffering from all the depressing symptoms that accompany this run-down state of health. I had taken much medicine but it did not do me any good, and as I had a family of small children, I was much discouraged. Then reading about Dr. Williams' Pink Pills I decided to try them, and I can honestly say that I feel these pills have saved me from prolonged misery. My health is now good, and we now keep the pills in the house for use as a family medicine."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Through numerous wanings and revivals, the game of croquet is traceable back to the ancient Gauls.

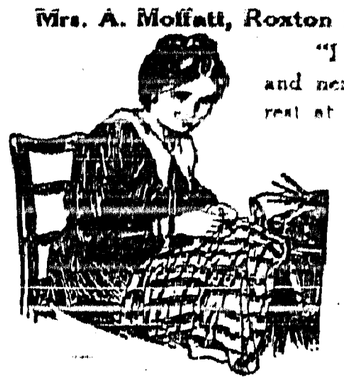
Minard's Liniment For Garget in Cows

A dollar found is less valuable than a quarter earned.



"I Can Now Do My Work Without Feeling Tired"

Mrs. A. Moffatt, Roxton Falls, Que., writes:



"I suffered from a run-down system and nervous debility. I could not sleep or rest at night, and felt so weak I could not walk any distance. I took several tonics, but they only helped me while I was taking them. Mother advised me to take Dr. Chase's Nerve Food, and I felt great benefit from the first box, and continued taking several boxes. To-day I feel like a new woman, and am able to do my work without that dreadful tired feeling."

DR. CHASE'S NERVE FOOD

50 Cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto

"YOUR TEETH"

THE SCISSORS TEETH

By Rea Proctor McGee, M.D., D.D.S., Pittsburgh, Pa.

Incisor is the Latin name for scissors. The four front teeth above and the four front teeth below are called the incisors because they cut like scissors. They were really intended to cut food, but it seems to be customary to use them to cut threads, bite off cigar ends, sharpen lead pencils, hold pins, nails, pillowslips, packages, tickets, transfers and anything else that requires a third hand. The two large teeth in the centre above are called the upper central incisors. The two little ones in the centre below are the lower central incisors. The teeth on each side of the central incisors above and below are the lateral incisors or side cutters. If you will notice your own front teeth, you will find that the upper teeth close in front of the lower teeth. They pass each other just like the blades of a pair of scissors. These teeth enable us to bite off foods, particularly bread, fruits and vegetables. They support the centre of the lips and help to give expression to the face. In speaking and in singing they have a very wonderful effect in moulding the column of air that carries the sound from the vocal cords.

The tip of the tongue does the most remarkable acrobatic stunts just back of these front teeth to make the delicate variation of space that is needed to pronounce words so that they will sound right to other people's ears. The delicacy of fingering on the strings of a violin even in the hands of a great artist is crude compared to the wonderful team work between the tip of the tongue and the incisor teeth. Damage to these teeth means impaired speech, ruined facial expression and loss of the power to bite off food. It is very injurious to use the teeth for a third hand or for an emergency tool kit. The incisors are so necessary for so many things that they deserve the best of care.

One of the commonest complaints of infants is worms, and the most effective application for them is Mother Graves' Worm Exterminator.

Beating Clever Forgers

Families of great wealth—such as the Rockefellers and Vanderbilts—use two sets of signatures. One is for their correspondence and the other is for their checks. It is just a stumbling block that is put in the way of clever forgers.

CATARRH

Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic, taken internally, and acts through the blood upon the mucous surfaces of the system. HALL'S CATARRH MEDICINE assists Nature in restoring normal conditions.

All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Would Do Her Best

Charles M. Schwab says that his neighbors are forever offering to sell him things. Not long ago one man tried to sell him a cow. When Mr. Schwab inquired about the breed and age of the animal he did not receive very satisfactory answers. Finally he asked: "How much milk does she give?"

"Mr. Schwab, I don't know," was the reply, "but she's a good-natured cow and she'll give all she can."—Boston Transcript.

Minard's Liniment For Warts, Corns, Etc.

Where Horses Are Safe

No Danger of Having Them Stolen in New York

New York may have thugs of virtually every description, but a horse thief is almost unknown in the greater city. A horse is probably as safe anywhere in New York as in the most rural and honest hamlet in the United States. Take the official records of the Police Department as authority for the statement that in the first ten months of the current year but four horses have been stolen from their owners. During the same period 5,822 automobiles and trucks of various sizes, ages and shapes were taken. It should be added, however, that thirty-three horses and wagons containing no merchandise were made away with, and thirty-seven horses with wagons filled with goods. But in these cases the wagon rather than the animal was the objective. The true, dyed-in-the-wool horse thief takes only animals that are unattached.

HELPS A WEAK THROAT STRENGTHENS THE VOICE RELIEVES BRONCHITIS

By Breathing the Healing Balsams of Catarrhozone, You Are Made Well Without Using Drugs

You breathe through the Catarrhozone inhaler medicated air that is full of healing, soothing balsams; full of piney antiseptic essences that resemble the air of the pine woods in the Adirondacks. This piney vapor has a truly marvelous action on weak throats. It brings strength and health to the bronchitic, stops that hacking cough and difficult breathing. You can't find anything for weak-throated people more beneficial than Catarrhozone. It means heaven on earth to the man that has had bronchitis, catarrh or throat irritation. You will realize this the first time you use Catarrhozone which is a scientific preparation specially designed for diseases of the nose, throat and bronchial tubes. Get the large size, it lasts two months, costs $1.00. Medium size, 50c; sample size, 25c. All storekeepers or the Catarrhozone Co., Montreal

This One Is No Exception

"That girl next door is a wonder at the piano," remarked the caller. "That's so," replied the hostess wearily. "For wonders never cease."—Boston Transcript.

For Burns and Scalds.—Dr. Thomas' Eclectric Oil will take the fire out of a burn or scald. It should be at hand in every kitchen so that it may be available at any time. There is no preparation required. Just apply the oil to the burn or scald and the pain will abate and in a short time cease altogether.

Small Store, Big Rent

The smallest fruit store in town is the West 42nd Street. It is a hewed in window box and only large enough for the proprietor. The rest of the space is occupied by his wares, which he passes to the sidewalk patrons. His rent is $50 a week.—New York Correspondent.

For Sore Throat, Cold In The Chest, Etc.

MINARD'S "KING OF PAIN" LINIMENT

YARMOUTH, N.S.

A DOCTOR IN A TIN BOX!

Sounds strange, does it not? Yet that is how Mr. J. Cartier says Zam-Buk is regarded by his family. Mr. Cartier, who is a member of the family of the late Sir George Cartier, is Justice of the Peace and Assistant Clerk of the Circuit Court, Montreal. He first discovered the wonderful power of Zam-Buk by using it for eczema, which it completely ended. Since then his family is never without it.

"Allow me to express my gratitude," he writes, "for the benefit I have derived from the use of Zam-Buk. I have proved that it is, without doubt, the finest remedy for eczema. Its general healing and curative powers are immense. We call it 'Our Family Doctor,' and are never without it."

Mothers should see that Zam-Buk is always handy, for not only does it end pain, draw out inflammation and prevent blood-poisoning, but it heals skin diseases and injuries in the shortest time possible. All dealers, 50c. box.

Zam-Buk

An Aid to Appetite

"Why don't you eat your apple, Johnny?"

"I'm waitin' for Peter. It tastes much better when another feller is lookin' on."

Catarrhal Conditions

Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood upon the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE gives the patient strength by improving the general health and assists Nature in doing its work.
All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

It's a smart woman who can make her own clothes so that her neighbors will not suspect it.

Dragged Down by Asthma. The man or woman who is continually subject to asthma is unfitted for his or her life's work. Strength departs and energy is taken away until life becomes a dreary existence. And yet this is needless. Dr. J. D. Kellogg's Asthma Remedy has brought a great change to an army of sufferers. It relieves the restricted air tubes and guards against future trouble. Try it.

Protecting Wild Life

Canada has led other countries in the matter of conserving wild life, the migratory bird treaty now in force between the United States and this country being largely the work of Canadians who saw in time the inevitable consequences of the inroads that were being made upon the game and bird population of North America. The treaty referred to was the biggest single piece of legislation aimed to protect wild life ever put upon the statute books of two great nations.—From the Ottawa Citizen.

WORLD HAPPENINGS BRIEFLY TOLD

Dr. Charles Andrew Powers, widely known surgeon, President of the American Society for Control of Cancer, dropped dead in Denver.

France has released the last German war prisoners. They were undergoing punishment for offences against the common law committed during their detention as war prisoners.

The Chilean Government has sent invitations to all the American nations to participate in the Pan-American conference to be held at Santiago, beginning March 20, 1923.

Notice has been given in the Chamber of Deputies favoring the extension of the franchise to the women of France. The minimum age limit would be 30.

Homeless men in Montreal to the number of over 1,100 were provided with Christmas dinners by the social service agencies, and these were followed by moving pictures and other entertainment.

The Orient Express, due in Athens was recently snowed in by a blizzard in the Macedonian mountains for 24 hours. Among the passengers on the stalled express were four Near East relief nurses.

The largest air liner yet built in Great Britain has passed official tests. It accommodates 24 passengers and three-quarters of a ton of luggage. At top speed the aeroplane makes 100 miles an hour.

Lord Mountbatten, who has just returned from an extended honeymoon in America, has been appointed to the battleship Revenge, effective January 10. The Revenge is the flagship of the first battle squadron, now in the Mediterranean.

George A Willis, superintendent of messenger boys for the Boston News Bureau, was shot and instantly killed by two bandits, who robbed him of the boys' payroll. The hold-up occurred in the basement of the plant. The bandits escaped.

The last horse-drawn fire engine in New York has just been mustered out of service. It was in a Brooklyn station. Horses have pulled fire apparatus in this city since 1865, and the final performance was made the subject of appropriate ceremony.

For Catarrh.—It is one of the chief recommendations of Dr. Thomas' Eclectric Oil that it can be used internally with as much success as it can outwardly. Sufferers from catarrh will find that the Oil when used according to directions will give prompt relief. Many sufferers from this ailment have found relief in the Oil and have sent testimonials.

A Careful Star

A new star has been found which travels 2,500,000 miles an hour. So far as known, it has never been charged with hitting a pedestrian.—Toronto Telegram.

Genuine

"BULL" DURHAM TOBACCO

Ear Tags For Hogs

The Livestock Commission announces that an approved ear tag has been devised for marking commercial hogs. Tags will shortly be available for distribution to farmers wishing to ship co-operatively or sell according to grade at local shipping points. Arrangements are being made for distribution in the various provinces.

Though the world may owe every man a living, only the persistent collector gets it.

Great Singer Attracted Birds

Jenny Lind Could Fill Carriage With Feathered Songsters

One of the prettiest stories heard about Jenny Lind came from a little old lady who went down to the dock to greet the old steamer, Atlantic, that brought the Swedish Nightingale to this country in the fall of 1850 amongst the booming of cannon and the cheers of 40,000 people who waited hours to see her. During part of the journeying of Lind in America, much of the distance had to be covered by stage. While going through the woods, Lind would have the coach stopped in order to listen and talk to the birds. So great was her power of attracting them with her own warbles that one day the inside of the coach was so filled with the feathered songsters that her manager was afraid for her safety.

Worm's, however generated, are found in the digestive tracts, where they set up disturbances detrimental to the health of the child. There can be no comfort for the little ones until the hurtful intruders have been expelled. An excellent preparation for this purpose can be had in Miller's Worm Powders. They will immediately destroy the worms and correct the conditions that were favorable to their existence.

One Thing Needed

"Mama, Tige's begging. Must I give him a piece of my cookie?"

"Of course you must——"

"Well, I haven't any cookie!"

Time has Tested it.—Dr. Thomas' Eclectric Oil has been on the market upwards of fifty years and in that time it has proved a blessing to thousands. It is in high favor throughout Canada and its excellence has carried its fame beyond the seas. If it were double the price it would be a cheap liniment.

In Palmyra, Syria, there is a flying physician who locates and visits his patients among the wandering Bedouin tribes by means of an aeroplane.

Minard's Liniment for Coughs & Colds

First Measurement of Earth

Eratisthenes, head of the Alexandria Library, first measured the circumference of the earth in 245 B.C.

PILES Do not suffer another day with Itching, Bleeding, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. 60c. a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample Box free if you mention this paper and enclose 2c. stamp to pay postage.

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author
H. CLAY GLOVER CO., INC.,
129 West 24th St., New York, U.S.A.

IF YOUR VETERINARIAN Uses "Cutter's" Serums and Vaccines he is doing his best to conserve your interests. 25 years concentration on one line counts for something.
The Cutter Laboratory
"The Laboratory that Knows How"
Berkeley (U.S. License) California

RUPTURE KILLS 8,000 ANNUALLY

Eight thousand persons each year are laid away—the burial certificate being marked "Rupture." Why? Because the unfortunate ones had neglected themselves or had been merely taking care of the sign (swelling) of the affliction and paying no attention to the cause. What are you doing? Are you neglecting yourself by wearing a truss, appliance or whatever name you choose to call it? At best, the truss is only a makeshift—a false prop against a collapsing wall—and cannot be expected to act as more than a mere mechanical support. The binding pressure retards blood circulation, thus robbing the weakened muscles of that which they need most—nourishment.

But science has found a way, and all truss sufferers in the land are invited to make a test right in the privacy of their own homes. The PLAPAO method is unquestionably the most scientific, logical and successful self-treatment for rupture the world has ever known.

The PLAPAO PAD when adhering closely to the body cannot possibly slip or shift out of place, therefore cannot chafe or pinch. Soft as velvet—easy to apply—comparatively inexpensive. To be used whilst you work and whilst you sleep. No straps, buckles or springs attached.

Learn how to close the hernial opening as nature intended so the rupture CAN'T come down. Send your name and ten cents, coin or stamps, today to PLAPAO CO., 452 Stuart Bldg., St. Louis, Mo., for trial treatment and instructive information.—(c) P.L.

A wholesome drink for cold weather

A PIPING hot cup of Instant Postum meets the cold weather need for a comforting hot drink with no disagreeable after-effects.

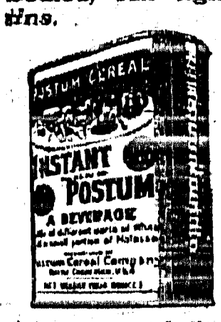
Both tea and coffee contain Caffeine, a drug, which often causes headache, nervousness and loss of sleep.

Instant Postum is a pure and wholesome beverage made from roasted wheat. It contains no Caffeine, nor any other harmful ingredient whatsoever.

Young and old alike can safely enjoy the delicious, full-bodied flavor and the healthful comfort of Instant Postum, at any time during the day or night.

Just try it for awhile this winter, instead of tea or coffee, and notice the improvement in your health.

Sold by Grocers Everywhere in Sealed, Air-tight tins.



A generous sample tin of Instant Postum will be sent, postpaid, for 4c in stamps. Write:

Instant Postum FOR HEALTH

"There's a Reason"

Canadian Postum Cereal Company, Limited
45 Front St., E., Toronto Factory: Windsor, Ontario

WHITE LAUNDRY—I am prepared to do washing and laundry work of all kinds. Silk shirts and all fine linen done by hand. Charges reasonable. Mrs. Webb, next Review Office.

Apple shipments from Valley points last year were about 155,000 boxes, and the horticulture department officials figure there are at least 18,000 boxes in storage.

Try the Drugstore First

Going at Less than Cost!

Balance of our stock of

CHINA

This is an opportunity for every lady to buy odd pieces of good China at bargain prices. Be sure and get in on this special offer.

BEATTIE-OATWAY, Ltd.

Mail Orders a Specialty. *Phone Service Prompt Attention*

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Under New Management

Solicits an opportunity to supply your needs in everything required to keep your car in the best possible running order.

We will at all times endeavor to give you the best possible quality in Accessories, Repairs and Workmanship at the lowest possible price for real service.

STAPLES & PIERSON

Local and Personal

C. B. Garland was a business visitor at Nelson a few days the fore part of the week.

Mrs. W. S. McAlpine is away on a couple of weeks' holiday visit with her parents at Proctor.

J. W. Dow was a business visitor at Spokane a couple of days last week, returning on Friday.

The Banff Orchestra are due to visit Creston on the evening of Monday, January 29th, at the Grand Threatre ballroom.

F. B. Pearce, who is teaching the school at Boswell for a few months, spent the week end at his ranch home here, returning on Sunday.

Rev. H. Varley is starting to organize a class for confirmation at Christ Church, the bishop of Kootenay being due to visit the parish some time in May.

Mrs. M. J. Boyd, who was operated on at the Nelson hospital last week, continues to make a satisfactory recovery, and will probably be home before the end of the month.

Rev. J. A. James was at Nelson on Wednesday, assisting at the funeral service of Rev. J. B. Stirling, Presbyterian pastor at Nelson, who died in that city on Saturday evening.

The ladies of Holy Cross Church are entertaining at a whist drive in Speers' Hall tonight, with cards due to start at 8 o'clock prompt. Lunch will be served, and the admittance is 50 cents.

The milder weather we have been enjoying for a few weeks has started the hens in to lay in considerable quantity, and as a result the stores are only paying 40 cents a dozen for fresh eggs.

There are so few appeals against this year's assessment in the Creston Valley that no court of revision will be held in town, but the regulation sitting of the court will take place at Nelson on the 29th.

The speakers at the short course school in agriculture will be guests at a complimentary banquet this Thursday evening, at the Norris cafe. The affair is being handled by Creston local of the United Farmers.

Joe Atkinson was advised on Thursday last that Mrs. Atkinson, who is at her home in Vernon, had given birth to a baby daughter the day previous, and that both mother and child were doing nicely.

At the meeting at Vernon last week to complete the organization of the new farmer-labor political party, to be known as the Progressives, Jas. Adlard was elected to the executive as the East Kootenay representative.

Carpenters are at work putting in new stairways and otherwise remodelling the top floor of the Mallandaine building, which has been leased for two years as a Masonic lodge room, and will be occupied exclusively by that order.

FOR SALE—Bed and spring, $9 child's cot with spring and mattress, $6; Butter churn, $2.75. 28 Plymouth Rock pullets, all laying, $1 each. Fruit sealers, 80c. to $1.50 dozen. Fruit in sealers, 50c. quart. Kitchenware. Mrs. F. Tose, Creston.

Lidgate Bros. have just completed the installation of an electric light at the top front of the garage, which is equipped with a reflector that throws the light full on the big sign, and anyone in quest of a garage can hardly miss seeing the Creston Service sign. The firm have just been notified of their appointment as Chevrolet agents for this district.

For

Pianoforte, Organ and Singing Lessons

apply

ARTHUR COLLIS, Creston

P.O. Box 76

Anglican Church Services

SUNDAY, JANUARY 21

CRESTON 8 and 11 a.m. — SIRDAR 7.30 p.m.

CATERING IN ALL ITS BRANCHES

CRESTON BAKERY and TEA ROOM

Moir's and Neilson's Chocolates.

Hot Lunches

Tea, Coffee, Cocoa Bovril

Bert Norris

Next Bevan's Garage

DON'T FAIL TO SEE THE

New Superior 1923 CHEVROLET

We have been appointed Chevrolet agents for this district and expect to take delivery of a shipment of these cars soon.

Since its appearance on the market last fall, this car, with its over twenty-five improvements, has proved to be the fastest selling fully equipped automobile made.

Watch for further particulars and announcements.

CRESTON SERVICE GARAGE

LIDGATE BROS. - - *PHONE 81*

SUGAR 6½c. POUND..

10-lb. sack of Sugar at 65c with every $5 worth of other goods purchased Saturday.

SATURDAY, JANUARY 20th, the GREAT BANNER DAY OF THE SALE

We intend that it should be the record day, not only of this sale, but of any sale in our history. With this object in view we have arranged an unprecedented list of bargains, which should fill the store with buyers all day. Here are a few of our Sale-end specials :

Royal Crown Bath Soap. reg. 15c.; sale 5 for 50c.

Prints. Clearing our stock of light and dark patterns at *20c. yard*

Swift's Silverleaf Lard 5-lb. pails, $1.15

Northwest Family Sodas. per carton, 30c.

Eddy's Red Bird Matches Saturday special. 40c.

Broken Pekoe Black Tea. Saturday special, 40c. lb.

Pride of Canada Maple Syrup $1.15 per quart tin

Mackinaw Coats. Wilkin's Brand, reg. 9.50 at $6.95; reg. 11.00 to clear at $7.95

Seeded or Seedless Raisins. Saturday special, 20c. lb.

Ginger Snaps 20c. lb.

MAWSON BROTHERS