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THE CRESTON REVIEW

Vol. XIV. CRESTON, B. C., FRIDAY, AUGUST 18, 1922 No. 28

Wynndel

Miss Topliss, principal of the school here, and her sister, left on Sunday for Winlaw, to spend the balance of the summer holidays with their parents, Mr. and Mrs. G. Topliss.

Pat Dow, who has been working here for the past three months, returned to his home in Creston on Tuesday, preparatory to taking a trip to the prairie.

Geo. Taylor and family of Lethbridge Alta., who were here doing some work on their place next the Ofner ranch, left for their home at the end of the week.

P. Andestad has the contract for building a new teachers' residence at the Alice Siding school. He started work on Tuesday, and expects to finish the job in about two weeks.

Monrad Wigen left on Tuesday on a business visit to Yahk. He returned home again on Wednesday.

Messrs. Piggott and A. Benadetti spent a few days at Glenlilly on a fishing trip last week, returning with quite a satisfactory catch.

Paul Hagen and some of his boys rowed down the lake for a few days' fishing last week, returning on Tuesday. They had very fair luck with the lake trout.

Mrs. T. Sadler and Mrs. M. Hagen, L. Piggott and Dorothy Butterfield and D. Butterfield left on Thursday for a week's camping trip to Sanca Creek.

R. Uri sustained a painful, though not dangerous, injury on Sunday last while riding a horse rounding up a bunch of horses off the track. The horse went to jump a gate and Uri, in getting off, caught his chin on timber and cut it badly.

Misses Allan, who have been staying with Mrs. R. Uri, since the beginning of the berry season, left for their home at Yahk on Sunday.

Mrs. J. Webb is running the boarding house for the Wynndel Box Factory.

Mrs. J. Woods and family of Creston were here on Suesday night for the Mansfield show, returning the same evening.

Mr. and Mrs. A. Joy and D. J. Dewar took a trip down to Sanca Creek in the latter's motor boat last week, and report the fish biting good. They had an accident with the motor and had to row considerable of the way home, but report an enjoyable outing nevertheless.

The M. Wigen packing shed was the scene of a surprise party in the shape of a dance in honor of R. Uri's birthday. A large crowd of young people attended, and a real good evening was spent by all. The music was provided by Mrs. W. J. Cooper and Miss D. Butterfield on the piano R. Andestad on the violin, and L. Moberg on the accordeon. A very fine supper was at midnight, after which dancing was continued until about 3 a.m.

Wynndel had a surprise visit from a travelling show on Tuesday night, when the Mansfield musical and vaudeville show got off the noon train and announced that they would hold a show and dance in the Clubhouse that night. Their music was of a very high order, also the vaudeville sketches, and some very clever trick playing on the guitar made up the programme. The hall was packed to capacity, and the dance was crowded, the music being provided by Mr. and Mrs. Mansfield on their guitars, all the latest tunes being played, and Mrs. Mansfield sang most of the numbers as well.

Lister

The settlement presents a little more sign of life now that most of the men are home from fire fighting in the Kitchener area.

City clerk Moffatt of Fernie is a visitor here this week with Jos. W. Bell, and both host and guest have been trying out the fishing at various streams in the Valley.

Gus. Charleson of Lumberton is spending the week with his family here.

Rev. G. Knox will be here on Sunday for the usual united church service, and this will probably be his last appearance until along in September as he expects to be taking his holidays before the end of the month.

Mr. and Mrs. Bert Hare and family were Monday night guests of Mr. and Mrs. Jacks. On the return trip to Creston that evening their Ford car went completely out of commission and they were forced to remain over night.

E. L. Langston successfully underwent his operation at the Oranbrook hospital on Thursday last, and is progressing so nicely that he expects to be home again early next week.

D. Todd, the L.S.B. surveyor is busy at present subdividing a couple of sections west of the settlement, which extend through to the Indian reserve.

A. R. Webb received the unwelcome intelligence late last week that his mother had died at White Rock, B.C., a couple of days previous. The late Mrs. Webb was a prominent resident of Cranbrook up till about six years ago, and was quite well-known at East Kootenay points where her services were in demand as a judge of needlework and domestic science at fall fairs.

The school board is looking for a janitor for the ensuing school year, and tenders will be received up till the 19th by the secretary, F. Powers.

Board of Trade

The August meeting of Creston Board of Trade on Tuesday evening last was quite largely taken up with a discussion of the irrigation situation, Chairman Adlard of the committee on agriculture, having his irrigation talk supplemented by talks by W. G. Littlejohn and L. T. Leveque of Erickson, both of whom are promiently identified with the Arrow Creek project. In order to speed up government action in getting the asked for independent engineer's report a joint committee of all the community organizations will be at once formed and every possible ounce of pressure brought to bear from every possible quarter to get the Arrow Creek project on the list for government financial backing next year. A considerable volume of correspondence and routine business was disposed of, and Messrs. Johnson Gibbs and Norris appointed a committee to take charge of the board's Labor Day dance, whilst Geo. Johnson was named to represent the board on the soldiers' memorial unveiling committee.

Kitchener

Mrs. Brown and daughter, Jessie, of Cranbrook, who have been here on a visit to Mrs. Fransen, have returned home.

Word has just been received from Cranbrook hospital that Mr. Crowe's condition is improving.

Gilbert Miller, who has been at the coast for a couple of months, has returned to Kitchener, and is at present on the staff of fire fighters.

Aubrey and Ruth McKowan of Cranbrook are here on a visit to their father at the Sash & Door Company mill.

Miss Helen Heise of Cranbrook is here at present on a visit to Clara Hunt.

The hotel known as the Marshall House is to re-open in a few days.

Sawmill owners in this section are patiently waiting for the forest fire danger to pass so that the men can be utilized to re-open the sawmills, which have been idle for at least a month.

LETTERS TO THE EDITOR

The Municipal Question

EDITOR REVIEW:

SIR—Before discussing the financial questions in connection with the proposed municipality, attention should be called to the fact that while it contains three public schools and a high school the areas of the three school districts extend beyond its limits. As the municipality could not collect school taxes outside its area the suggestion has been made that the schools be left under the control of the provincial government until such time as the municipality has made good and is ready to extend its boundaries.

With regard to organization the ward system is obligatory unless the majority of the electors vote to have it abolished. The powers of a Council to raise, expend and borrow money are set forth at length in the Municipal Act and the Local Improvement Act and the amendments thereto. The consolidated Municipal Act comprises over 200 pages and the Local Improvement Act of 1913 has had numerous amendments, so that within allowable limits of space one can only touch very briefly on the outstanding principles of municpal finance.

The possible sources of the proposed municipality under present conditions are the taxes on land and improvements, trading licences, statute labor and the per capita share of the liquor profits which last must be spent on schools or hospitals.

For the purposes of taxation it is provided that land shall be assessed at its actual value and improvements for the amount of the difference between the actual value of the whole property and the actual value of the land if there were no improvements. Rates on improvements shall not be upon more and may in the discretion of the council be upon less than fifty per cent of their assessed value, or improvements may be entirely exempted. Wild land rates may be up to five per cent of the assessed value. With these limitations the council has power to levy rates up to 20 mills on the dollar and in addition whatever may be necessary for school purposes and payments on any debts of the municipality.

With regard to borrowing powers no council shall have power to incur any liability beyond the municipal revenue for the current year for which it was elected except with the assent of the electors. And no by-law to which the assent of the electors is necessary shall be valid or have any effect unless the votes polled in favor thereof be at least three-fifths of the votes polled, exclusive of those lawfully rejected. This provision, however, does not apply to by-laws relating to works payable by local assessment.

It should be noted that any by-law empowering a municipality to install an irrigation system has to receive the assent of the Lieutenant-Governor-in Council as well as the electors. Further limitations on the borrowing powers of a municipality are that the aggregate of such debts, except for works of local improvement and school debts, shall not exceed twenty per cent of the total assessed value of the lands and improvements within its limits and the value of all revenue-producing public utilities owned by the municipality.

The Local Improvement Act deals with those works which specially benefit certain areas in a municipality and has to do largely with the opening, enlarging, etc., of streets, the building of sewers, bridges, extensions of existing water and light systems and the like. In District Municipalities the Council is empowered to purchase or construct water, sewerage, electric power, electric light, gas works or appliances for fire fighting. But this Act does not apply to irrigation works.

With certain exceptions by-laws may be passed either on petition or on the initiative of the Council without a petition. In the latter case, publication and service of notice has to be given owners of lots to be specially assessed and unless within a month of publication of the notice a majority of the owners representing at least one-half of the value of such lots petition the council not to proceed, the work may be undertaken. It is provided that a petition for a work of local improvement shall be signed by at least two-thirds of the owneas who must represent at least one half the value of the lots to be specially assessed. No attempt will be made here to explain the rather complicated provisions as to when the Council may or not provide that part of the cost of such work shall be borne by the whole municipality.

The cost of organizing the proposed municipality cannot be stated exactly, but would probably be about $2500.00. The ordinary running expenses, including the cost of the council and paid officials could probably be estimated at about $2000.00 yearly. The amount of the yearly revenue and the annual cost of public works such as maintenance, improvement and construction of roads and bridges would depend on the action of the council from year to year.

A study of the above data would lead to the conclusion that it is quite possible to lower the rate of taxation within the proposed municipality if it were organized. On the other hand it is quite possible that a council may spend money so freely that the cost of taxation would be raised above the present amount. The whole matter in the last analysis rests with the electors. If, as has happened in many municipalities, they elect representatives who are not careful in keeping down expenditures, and if they vote in support of by-laws for borrowing money to construct works, which, however desireable in themselves, may be to great a strain on our present resources and population, our last state will be worse than our first. But with wise administration it should be possible to either reduce taxation, or at the present rate of taxation to obtain conveniences which we do not now possess. I wish to express my thanks to Major Garland for his assistance and advice in preparing these letters. The figures relating to the provincial finances were compiled from the Public Accounts. G.A.M.Y.

Canyon City

Matt. Clayton is at work this week on his half-acre school-ground stumping and clearing contract.

The week-end rains appear to be helping the apple crop to size up a little better as well as giving the necessary touch to bring along their color.

Many of the men who have been on the fire-fighting crew are home again. Mr. Jory cutting his crew down at least 50 per cent at the end of the week.

Mr. Larson is here from Yahk at present, busy with the erection of a house on the L.S.B. land next the Wickholm place, which he purchased last fall.

Mr. and Mrs. Blair are moving back to the Reclamation Farm this week. Haymaking will start at the farm at the first of the week.

Ted Kemp is home from Lumberton at present, nursing a leg which was badly sprained when he fell off the new planer building on which he was working as carpenter.

The Ladies' Aid netted $27 at their lawn social and sale of fancy work and ice cream at the home of Mrs. Knott on Thursday last.

The Company's portable mill at Camp 3 is now running in fine shape with Harry White in charge, and Jack McKobb handling the edger. Shipping of lumber appears to be quite heavy, as three teams are kept steady on the lumber haul to the siding.

A number from this section were at Creston on Monday for the funeral of the late Mrs. George Hurry, who died at Cranbrook hospital on Saturday, and whose remains were brought home for burial from the Presbyterian Church the following afternoon. Rev. J. A. James had charge of the burial service, and the pallbearers were Messrs. Charles and John Huscroft, Tom Ross, Guy Browell, Frank Tompkins and Tom Hickey. Older timers will recall deceased as Miss Elliott, who came to Porthill about fourteen years ago with Mr. and Mrs. Hickey and family, and very shortly after was married to Mr. Hurry. The husband and four children survive. Although her passing was not unexpected news of her death has brought none the less sorrow to the many friends of the family, who extend sincerest sympathy in their heavy bereavement.

CORSETS

Well-known Corsets on sale at less than cost.

We are offering exceptional value to clear them as all of the models will not be stocked in future.

Mostly standard brand Corsets, medium low bust, long skirt.

The trade mark appears on every pair.

We invite your inspection of these values.

S. A. SPEERS
CRESTON

Have YOU Done Your Duty to Yourself and Your Family!

Join the Creston and District Fifteen Hundred Club!

Send application to Secretary, Creston, B.C.

White Cups

SPECIAL

40 doz. White Cups at

$1.50

per doz.

Creston Mercantile Company, Ltd.

DIET NOT EVERYTHING IN KEEPING HEALTHY

Your table may be loaded with food digestible and wholesome, yet you don't get strong. What's the trouble? The liver is lazy, stomach is overloaded, the bowels are not active. Relief is quickly supplied by Dr. Hamilton's Pills. They make weak, sickly people strong and well because they keep the system clear of impurities. Those who regulate the system with Dr. Hamilton's Pills don't have indigestion or constipated headaches, they feel enlived all over, because their system is kept in smooth running order. To revitalize and stimulate your whole being, to shake off lethargy and tiredness, nothing compares with Dr. Hamilton's Pills, which certainly bring good looks, good spirits, good health, 25c all dealers, or The Catarrhozone Co., Montreal.

MY CANADA

— BY —

ELINOR MARSDEN ELIOT

Published by Special Arrangement with the Author

(Continued)

XI.

Winnipeg,
July 5th, 19—

Mr. Brown called just as I was competing my last entry. And he has been here almost every day since!!!

At first I was a trifle uneasy, for I was not at all sure that he would know how to act—one never can tell what these unconventional Canadians are going to do. But he is really very good and kind, and his unconventionality is not of the embarrassing sort. He usually comes laden with magazines and chocolates, and twice he has called with a motor-car and taken Mary and me for a spin around the city.

Next week a party of us are going to visit the Agricultural College. A friend of Mary's who is attending the Normal School will be there. Each teacher is required to take a month's course in Agriculture and Domestic Science before she is granted her certificate. I should prefer to see the college when the regular classes are in session, but even this Teachers' Course will be interesting, I am sure, and I shall at least see the buildings and grounds. Mr. Brown is to be of the party, so the live-stock is sure to be properly introduced.

And in ten days I again leave Winnipeg. I am almost excited, and no wonder, for my destination is the Bingham ranch! Is it luck, or fate, or Providence, I wonder?

Sunny, bless her heart, opened the subject.

"Mother," she said one day after an unusually long silence, "why can't Miss Eliot come home with us?"

"Miss Eliot would not care to go so far away from her friends, dear," Mrs. Bingham replied. "Perhaps she and Mary can come out next summer, and we'll have a house-party for them and give them a really good time. It would be too quiet and lonely for her at the ranch now."

Then she turned to me. "I am dreading the winter, myself," she said. "My husband and Sunny and I always take a house in Carbon City for the winter months, but this year my doctor wants me to stay at the ranch and live outside as much as possible. I have not been very well, and he does not think that I shall get enough fresh air and sunshine in the town."

"You should try to find a companion," suggested Mrs. Arnold.

"I did think of sending to England for Jack's sister," Mrs. Bingham continued, "but I know she would simply die of homesickness. Then I thought of advertising for someone, but I don't care to be shut up for six months with a professional companion. So I have no plans made as yet."

"Mrs. Bingham," I began excitedly, "could I . . . would you let me . . . oh, I'd just love to go to Alberta if you'll only have me!"

"And I'd let you ride my very own horse," broke in Sunny, "and we could play we were Indians, and I know David would love you. Please let her come, Mother," she coaxed.

"I could wish for nothing better," said Mrs. Bingham; "but hadn't you other plans?"

Then I told her what had been the object of my visit to Canada, and how that object had changed in part, and finally it was decided that I should go home with her—to stay as long as we were both satisfied.

I went down to the Hudson's Bay Stores early the next morning and was measured for a riding-habit.

I think I shall like Mrs. Bingham very much indeed. She is a Canadian, a Winnipegger, and is not more than thirty. Mr. Bingham—who is coming down to go home with us—is English, ten years older than his wife, and also very nice—Mary is my authority.

The ranch is twenty miles from Carbon City, and Carbon City is a hundred miles from Nowhere, and there are no neighbours nearer than ten miles! But this seeming disadvantage is quite overbalanced by the fact that the mountains are visible—who would care for neighbours under such circumstances?

Sunny has chattered unceasingly since it was settled that I should go with them, until now I feel that I know everyone on the ranch, from Lee, the Chinese cook, to William, the goat.

There is an Indian Reserve just across the river from the house, so I shall have an opportunity to study "the only genuine Canadians."

Oh! I almost forgot a very important bit of news. Mr. Hartford was in the city one day last week and he called on Mrs. Arnold. I suppose Mrs. Fiske gave him the address.

And that reminds me that I have had a long letter from Gypsy. She tells me that they all miss me—and that Jeannie has "set up a young man" already. I was slow.

XII.

Winnipeg,
July 19th, 19—.

It is a good thing that I have my diary to confide in, for I am awfully worried. I would give anything I possess to talk with Father for an hour, and as it is I do not feel free even to write to him about my trouble.

To come to the point at once, I have received a proposal from Jerry Brown of Brownsville! It is now quite evident that in this matter, as well as in many others, Mary was right and I was wrong.

The catastrophe occurred after our visit to the Agricultural College. When we had inspected everything of interest there, we all went out to Assiniboine Park and had tea at the pavilion. Afterwards the party broke up into groups of two or three, and I found myself strolling down a woodland path—quite classical setting—with Mr. Brown.

"Rather a neat signboard, that," he remarked, pointing towards a notice just before us.

I followed the direction of his finger, and read this warning, which in large letters flaunted itself in the faces of the unsuspecting public:

"LOVERS' LANE
No Heavy Traffic Allowed"

"I wonder what the limit is?" I asked. "Nine stone for the women and eleven for the men would be a fair one, I think."

"Let me see," Mr. Brown calculated, "that would be a hundred and twenty-six and a hundred and fifty-four pounds, wouldn't it? Why don't you English people drop those pesky stones and do your weighing in an up-to-date style?"

"That is just how I feel about your Canadian money," I retorted.

He smiled as one will smile at a child. "If you'd just mention your objections to the folks at Ottawa, I'm sure they'd see what they could do for you" he answered.

If there is anything that makes me perfectly wild it is to be spoken to in that way!

"I suppose you'll not go quite nine stone?" he continued.

"No!" I snapped; "if I did I'd begin to starve myself."

"And I'm a little more than eleven," he went on mildly, "so we should strike a pretty fair average."

What was the man coming to? I soon found out.

"This park is pretty enough in its way, but it looks pretty small to me after being used to Saskatchewan," he said. "I've got the dinkiest little lake on my place, about a hundred yards from the house, that would make that there toy one look like a cupful of water to a thirsty ox."

(To be continued)

Strength

Strength of muscle does not indicate strength of nerves. On this account many people who look healthy enough suffer from nervous troubles and cannot understand what is ailing them. Sleeplessness and irritability are among the early symptoms. Indigestion and tired feelings soon follow.

Read this letter from an Ontario man:

Mr. W. L. Gregory, Charles St. E., Ingersoll, Ont., writes:

"I had been troubled for quite a while with indigestion. At times there would be a twitching of the nerves of my stomach; and I also found it difficult to get a good night's sleep. I am a moulder, and owing to the nature of my work my system became run-down. I took a treatment of Dr. Chase's Nerve Food, and found great benefit from this medicine. They did me a great deal of good. I have not been bothered at all with indigestion since, and can sleep much better. I have recommended Dr. Chase's Nerve Food to many of my friends, as I think it splendid for anyone run-down and needing a tonic."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto

What the Glass Contained

Counsel's perseverance is not always successful in eliciting the desired answer. "Was there anything in the glass?" asked the counsel of a somewhat reluctance witness. "Well, there was something in it," he replied. "Ah! I thought we should get at it in time," observed counsel. "Now, my good fellow, tell us what that 'something' was?" The good fellow took time to think over it; at last he drawled out: "It were a spoon!"

Miller's Worm Powders are a pleasant medicine for worm-infested children, and they will take it without objection. When directions are followed it will not injure the most delicate child, as there is nothing of an injurious nature in its composition. They will speedily rid a child of worms and restore the health of the little sufferers whose vitality has become impaired by the attacks of these internal pests.

The civilized people of the world use on an average, over three million matches every minute.

Another Thing

The benevolent man espied a little tot weeping, and said to her: "Now be a good little boy and stop crying."

The child replied, "I can't."

"Well, here's a penny. Tell me why you can't be a good boy?"

"'Cause I'm a girl."

It Testifies for Itself.—Dr. Thomas' Eclectric Oil needs no testimonial of its power other than itself. Whoever tries it for coughs or colds, for cuts or contusions, for sprains or burns, for pains in the limbs or body, well know that the medicine proves itself and needs no guarantee. This shows why this Oil is in general use.

A Bad Location

Two Jews met on a street in a western town. Said one: "I am all broke up; business is rotten, and I have lost all my money." "How so?" said the friend. "I see your sign still out on the second story of 19 Main Street." "Listen," said the first Jew; "I put in $5,000 worth of fixtures, $10,000 new stock, and insured for $30,000. Then the fire-engine company takes the lower floor and a swimming teacher the floor above me. Oi! Oi!"

A Flying Cabinet Minister

The first cabinet minister in Canada to utilize aircraft in the discharge of his official duties is Hon. Mr. Patullo, Minister of Lands of British Columbia, who left recently on a seaplane trip, visiting many points on Vancouver Island and the mainland coast. British Columbia now uses seaplanes as an essential part of its forest protection system, thereby economizing greatly the travelling time of its chief officers.

The publisher of the best Farmer's paper in the Maritime Provinces in writing to us states:

"I would say that I do not know of a medicine that has stood the test of time like Minard's Liniment. It has been an unfailing remedy in our household ever since I can remember and has outlived dozens of would-be competitors and imitators."

King George's Birthday Honors list included five new Peers, fifteen Baronets, and forty-two knights.

Maybe that hill is not there, after all—

VERY often the hill we seem to be climbing, after the middle years, is made out of the common mistakes of diet which starve tissues and nerves and slow down energies with faulty nutrition and stored up food poisons.

How smooth and level the path seemed to be when we were young.

Simple, natural food may level that hill to a smooth path again.

Suppose you try it!

Begin today with a dish of Grape-Nuts with cream or milk (fresh or preserved fruit, too, if you like) for breakfast or lunch. Keep up this crisp, delicious, strengthening food in place of heavy, ill-assorted, starchy breakfasts and lunches—and see if the old-time zest and speed on the old-time level path doesn't come back again.

Grape-Nuts—THE BODY BUILDER

"There's a Reason"

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ontario

WORLD HAPPENINGS BRIEFLY TOLD

With an army of five thousand "hikers" "General" Frank Riley hopes to march again to Ottawa at the beginning of October.

It is rumored in Jamaica that a disastrous hurricane in Cost Rica has caused widespread destruction of the banana crop.

The local offices of the White Star and Canadian Pacific Railway at Moscow, which were closed by the Soviet Government, have been re-opened.

Six million feet of lumber, valued at $350,000 and two houses at Trout Lake, North Bay, Ont., were destroyed by fire.

A new Polish Cabinet, headed by Dr. Julian Nowas, rector of the University of Cracow, as Premier, is gazetted.

Questioned in the House of Commons, London, regarding the interchange of teachers between Great Britain and the Dominions, a representative of the Government said arrangements had been made for recognizing the services of teachers going to the Dominions.

BEECHAM'S PILLS
Safest and best family medicine

Keep Your Shoes Neat
2 IN 1 Shoe Polishes

Measuring Electricity

Method Is Same As Used In Measuring Water

The language of the electrician is Greek to most people. While he talks glibly of volts and amperes and watts, they know only that they have to pay an electric light bill for so many units, and let it go at that!

Though electricity is not a fluid, most of its terms can be compared with water flowing through a pipe. Turn a stream of water onto the paddles of a water-wheel, the work that the wheel will do depends upon two things—the amount of water delivered every second and the pressure of the stream. The first is measured in gallons and the second in pounds.

In the case of electricity, however, the rate at which it flows is measured in amperes and its pressure in volts. The work which it will do is found by multiplying amperes and volts together, which gives the answer in watts, or units of energy.

The unit is 1000 watts, often called a kilowatt, which is the electrical equivalent of one horsepower.

You will find the number of watts they require engraved on most electric lamps, and from this you can discover what they will cost to use. A 25-watt lamp will use one unit of 1000 watts in forty hours' burning.

The ohm is another electrical instrument which can be understood by a comparison with water. Water flows easily through a large pipe, but if the pipe is narrow, only a small quantity can force its way through. What the pipe is to water, the wire is to electricity. The smaller the wire, the more difficult electricity will find it to pass, because the fine wire resists its flow. Wires are measured by their resistance in ohms.

Complete in itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make it effective. It does not fail to do its work.

Elephants never recover from pneumonia.

Sweden is a land of enlightenment; education is compulsory.

A Martial Obligation

"I must say those biscuits are fine!" exclaimed the young husband.

"However could you say those were fine biscuits?" whispered his mother as the fair bride went to get more from the kitchen.

"I didn't say they were fine, mother," replied the young man. "I merely said I must say so."

YOUR STARVED NERVES

The Cause of Neuralgia—Must be Treated Through the Blood

Neuralgia is the cry of the nerves for more and better blood. It means that the nerves are being starved. Like every other part of the body, the nerves are being starved. Only the nerves receive their nourishment through the blood. There is therefore no doubt that Dr. Williams' Pink Pills will prove beneficial even in extreme cases of neuralgia. These pills increase and enrich the blood supply, carrying to the nerves the elements they need, thus driving away the sharp, torturing pains which nearly drive the sufferer wild. The benefit given by Dr. Williams' Pink Pills in cases of this kind is shown by the case of Miss Carrie V. Fletcher, Ravenscliffe, Ont., who says:—"As the result of a severe wetting I got while out in a rain storm, I was attacked with neuralgia, from which I suffered greatly, and which kept me awake night after night. Although the pain diminished somewhat, I began to suffer in other ways. My appetite was poor; I got thin and had no energy. Indeed I was becoming a wreck of my former self. I was advised to try Dr. Williams' Pink Pills, and I am more than glad that I followed the advice, for they have restored me to my old-time strength. I cannot recommend the pills too highly and hope other persons in poor health will give them a fair trial."

You can get these pills through any dealer in medicine or by mail post-paid at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

At Alto, Crucero, in Bolivia, water freezes every night in the year, while at noonday the sun is sometimes hot enough to blister the flesh.

Minard's Liniment for Burns, etc.

Charles Baker, a British soldier, is still living unhampered although he has carried a bullet in his heart since the battle of Gallipoli.

THREE PIECE SUITS ARE VERY POPULAR

This trelaine three piece suit of heater and canton crepe has the slender lines so much desired at the present time. Tan wool is used in the embroidered motif, and the collar, which is very unique, is faced with crepe.

Mothers Value this Oil.—Mothers who know how suddenly croup may seize their children and how necessary prompt action is in applying relief, always keep at hand a supply of Dr. Thomas' Eclectric Oil, because experience has taught them that this is an excellent preparation for the treatment of this ailment. And they are wise, for its various uses render it a valuable medicine.

Export Saskatchewan Butter

Between 25 and 30 Carloads Will be Sent to Britain this Year

A representative of the Saskatchewan Co-operative Creameries has just returned from Europe after having made arrangements to export the bulk of the company's butter from Regina to Great Britain direct, and it is expected that between 25 and 30 carloads will leave Regina for the British Isles this year. Four cars are already on their way to the Atlantic coast.

"COLD IN THE HEAD"

is an acute attack of Nasal Catarrh.

Those subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous surfaces of the System, thus reducing the inflammation and assisting Nature in restoring normal conditions.

All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Saskatchewan Coal Shipments

The coal mines of Bienfait, Sask., are maintaining weekly shipments in excess of 2,000 tons, fifty-six cars leaving the past week with 2,146 tons. At the five collieries there is a total of 165 men employed.

Asthma Can be Cured. Its suffering is as needless as it is terrible to endure. After its many years of relief of the most stubborn cases no sufferer can doubt the perfect effectiveness of Dr. J. D. Kellogg's Asthma Remedy. Comfort of body and peace of mind return with its use and nights of sound sleep come back for good. Ask your druggist; he can supply you.

The United States post office uses 800,000 miles of twine every year, enough to girdle the earth 30 times.

Minard's Liniment for Dandruff

Alcohol, it is predicted, will in a few years replace gasoline as fuel for motor-cars.

Irresistible Eyes are those which are bright and sparkling. Keep your eyes young and beautiful through the daily use of Murine. It has stood the test of time. At all druggists.

MURINE FOR YOUR EYES

Suffered So Her Hair Turned Gray

Husband of Winnipeg Woman Tells About Her Terrible Experience

"I never would have believed any medicine could bring about such a change as Tanlac has done in my wife," said Harry Gray, of 126 Bryce St., Winnipeg, Manitoba.

"For many years she suffered from stomach trouble and bilious attacks which, of late, were so violent that she had to go to bed for two or three days at a time. She got to be very thin and as weak as a child. She had such terrible headaches and suffered so dreadfully that though still a young woman, her hair turned gray.

"But the way Tanlac helped her is remarkable. She has gained fifteen pounds and is the picture of health. Tanlac is the finest medicine in the world."

Tanlac is sold by all good druggists.

To "Manufacture" Eggs

London's newest industry will be Sterilized Egg, Limited, a company which has just been granted a provincial charter for $100,000. It is headed by Dr. A. Roy Routledge and has secured the Canadian rights for manufacture or equipment which it is claimed will keep eggs fresh for two years.

Paring a corn is both risky and ineffective. It is much better to use Holloway's Corn Remover and eradicate them entirely.

A Sure Sign

Editor.—Do you know how to run a newspaper?

Applicant.—No, sir.

Editor.—Well, I'll give you a trial. I guess you've had experience.

ECZEMA You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co., Limited, Toronto.

MONEY ORDERS

Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

BELTING FOR SALE

New and used Belting of every description shipped subject to approval. 5in. 5-ply new Rubber Belting, high grade quality, at 40c per ft. All others at lowest prices in Canada.—York Belting Co., 115 York St., Toronto, Ont.

MECCA THE HOUSEHOLD OINTMENT 25¢ TRY IT FOR BURNS, CUTS, SKIN DISEASES, ETC.

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author
H. CLAY GLOVER CO., INC., 129 West 24th St., New York, U.S.A.

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

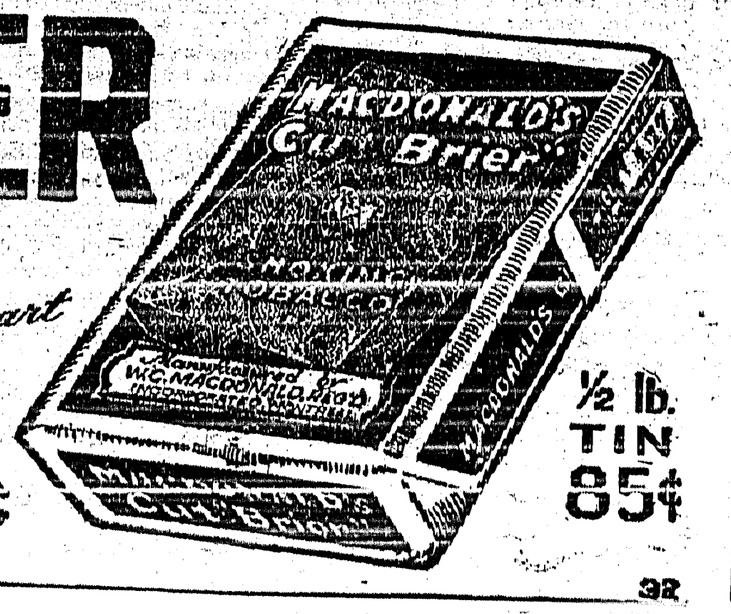
The "Home Comfort" RANGE

is now sold to the user direct from our factory.
Thousands of these Ranges in use over 20 years and still good Ranges.
Repairs for every Home Comfort Range made since 1864 quickly supplied.
The Wrought Iron Range Co of Canada, Limited
149 King St. W. TORONTO

PETRIE'S MACHINERY TORONTO

MACDONALD'S BRIER

The Tobacco with a heart



PACKAGES 15¢

½ lb. TIN 85¢

THE CRESTON REVIEW

Issued every Friday at Creston, B.C. Subscription: $2.50 a year in advance. $3.00 to U.S. points.

C. F. HAYES, Editor and Owner.

CRESTON, B.C., FRIDAY, AUG. 18

Local Prices and Others

EDITOR REVIEW:

SIR,—I am glad to note that my letter on the above subject has, at least, aroused a little interest, and has not fallen flat upon a work-weary world, but I must confess that I look in vain for any signs of encouragement.

Mrs. Manuel says that I was not accurate in my statement concerning prices of food in Creston. I sit corrected. I will amend my statement and say that the prices quoted by me were prices paid by me to Creston storekeepers, and that they represent, I believe, the prices charged at three out of the four general stores in the town, doing, collectively, may I assume, 90 per cent. of the trade. The remainder of Mrs. Manuel's letter is devoted to explaining why we should buy locally—at high prices, and why local prices are higher—an attempt, in fact, at justification.

The letter of the president of the board of trade is no more encouraging. It calls upon me for proof that it is difficult for me to give, i.e., proof that the outside prices quoted by me are everyday-in-the-year prices and not catch penny specials.

He infers that as up to the present I have done my buying locally all information I have as to outside prices is secondhand and valueless, and that I put myself into a position that to make comparisons I should undertake journeys to Cranbrook and Nelson, for example, and walk into the stores there and place my orders. I thank him for the hint. I believe I could on a fair-sized order save my fare and freight. He then concludes with promise that if such firsthand proof is forthcoming he will use his influence to bring about an investigation.

Now, Mr. Editor, no formal investigation is needed. The situation is simple: either the local storekeepers are making bigger profits than they used to make, or they are not; and either they can sell as cheaply as the storekeepers in other towns, or they can not. These are questions they can answer immediately, without investigation and without consideration of evidence, either first or second hand to be offered by me. If they feel they can do better by keeping prices up and allowing a good percentage of orders to leave town well, I suppose they will do so. If, on the other hand, they consider that a larger turnover at a lower rate of profit will pay them better then they will act accordingly. It is up to them to decide, and to show by their actions what is their decision.

I enclose for your inspection a four-page advertisement of a Vancouver house, showing what I understand to be everyday-in-the-year prices, seeing that there is a special list of cut lines at extra attractive prices on the front page. You will notice, for example, in the body of the list that Delmonte pork and beans No. 2 is 17 cents, while in the special list it is quoted at 15 cents. I believe I am right in stating that 25 cents is charged here for the same article. I have before me also the ordinary list issued by Calgary and Winnipeg houses and all these lists covering the whole range of groceries, etc., and not a selected few articles only, quote prices far lower than those ruling here.

A few years back Creston was a fairly cheap place to live in. It is now one of the dearest in the province, but the above is all second hand evidence, of course, and unworthy of consideration. So I suppose is the fact that several persons in discussing the situation with me have told me of the many dollars they have saved by sending away for their goods. One person stated that on a $50 order $10 was saved after paying freight, and another claimed to have saved $17 on an order of a somewhat larger total. Naturally, I am not at liberty to give the names of my informants, so second hand evidence this must remain.

As the foregoing is the only kind of evidence I can offer I will conclude this letter. Thanking you, Mr. Editor, for giving space to ventilate this matter I will, this time, subscribe myself, Yours, etc.

LESS HOPEFUL.

FOR SALE—Water power washing machine, good as new. Enquire Review Office.

Synopsis of Land Act Amendments

Minimum price of first-class land reduced to $5 an acre; second-class to $2.50 an acre.

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres, before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health, or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued, provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained in less than 5 years, and improvements of $10.00 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required.

Pre-emptor holding Crown grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes areas exceeding 640 acres may be leased by one person or company.

Mill, factory or industrial sites on timber land not exceeding 40 acres may be purchased; conditions include payment of stumpage.

Natural hay meadows inaccessible by existing roads may be purchased conditional upon construction of a road to them. Rebate of one-half of cost of road, not exceeding half of purchase price, is made.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from for one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

No fees relating to pre-emptions are due or payable by soldiers on pre-emptions recorded after June 26, 1918. Taxes are remitted for five years.

Provision for return of moneys accrued, due and been paid since August 4, 1914, on account of payments, fees or taxes on soldiers' pre-emptions.

Interest on agreements to purchase town or city lots held by members of Allied Forces, or dependents, acquired direct or indirect, remitted from enlistment to March 31, 1920.

SUB-PURCHASERS OF CROWN LANDS.

Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfilment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be distributed proportionately over whole area. Applications must be made by May 1, 1920.

GRAZING.

Grazing Act, 1919, for systematic development of livestock industry provides for grazing districts and range administration under Commissioner. Annual grazing permits issued based on numbers ranged; priority for established owners. Stock-owners may form Associations for range management. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

A Ford NOW Meets the Situation

Why let luxury (that you do not need), size (that you do not want), Speed (that you cannot lawfully use), lead you into buying a car that you cannot afford to own.

The new Excise Tax has come into effect, so laid down price of Ford cars are:

Touring . . . $770.59
Light Delivery 732.57
Chassis 637.54
(with Starter in each case)

Buy a Ford, it is lowest in price, Lowest in maintenance, cost lowest in depreciation, and provides anything you can ask for.

Creston Auto & Supply
R. S. BEVAN, Prop.

If Your Piano is worth anything it is worth

Expert Tuning

Any other kind will ruin it.

ALVIN E. PERKINS

a strictly independent tuner, and the best recommended man in Canada, with 30 years of valuable factory and other experience, stands for postively the best in the profession of tuning and repairing of pianos. Honesty of purpose and conscientious workmanship, and strongly indorsed by the best authority in Canada—piano manufacturers who are positively particular where they put their signature.

MR. PERKINS

will be in Creston within a month. Leave orders at Review Office.

CANCELLATION OF RESERVE

Notice is hereby given that the Reserve covering portions of Lot 274, Group 1, Kootenay District, situate in the vicinity of Creston, B.C., and subdivided as Lots 9553 and 9554, Group 1, Kootenay District, is cancelled for the purpose of disposing of same at public auction on a date to be later fixed by the undersigned.

G. R. NADEN,
Deputy Minister of Lands.

Victoria, B.C., August 7, 1922.

CANCELLATION OF RESERVE

Notice is hereby given that the Reserve covering Lot 491, Group 1, Kootenay District, situated in the vicinity of Creston, B.C., by reason of a notice published in the British Columbia Gazette on the 27th December, 1907, is cancelled for the purpose of disposing of the subdivision of same by public auction on a date to be later fixed by the undersigned.

G. R. NADEN,
Deputy Minister of Lands.

Victoria, B.C., August 7, 1922.

CANADIAN PACIFIC

SPECIAL RATES to

VANCOUVER EXHIBITION

August 19th to August 26th

GOING DATES—August 17th to August 25th.
RETURN LIMIT—August 28th.

Information and Tickets from

A. R. SWANSON, Ticket Agent, Creston.

THOMPSON MEMORIAL Opening Celebration

at

Lake Windermere Bungalow Camp

AUGUST 30th and 31st, 1922.

For particulars of fares apply

A. R. SWANSON, Ticket Agent, Creston.

To Holders of Five Year 5½ per cent Canada's Victory Bonds

Issued in 1917 and Maturing 1st December, 1922.

CONVERSION PROPOSALS

THE MINISTER OF FINANCE offers to holders of these bonds who desire to continue their investment in Dominion of Canada securities the privilege of exchanging the maturing bonds for new bonds bearing 5½ per cent interest, payable half yearly, of either of the following classes:—

(a) Five year bonds, dated 1st November, 1922, to mature 1st November, 1927.

(b) Ten year bonds, dated 1st November, 1922, to mature 1st November, 1932.

While the maturing bonds will carry interest to 1st December, 1922, the new bonds will commence to earn interest from 1st November, 1922, GIVING A BONUS OF A FULL MONTH'S INTEREST TO THOSE AVAILING THEMSELVES OF THE CONVERSION PRIVILEGE.

This offer is made to holders of the maturing bonds and is not open to other investors. The bonds to be issued under this proposal will be substantially of the same character as those which are maturing, except that the exemption from taxation does not apply to the new issue.

Holders of the maturing bonds who wish to avail themselves of this conversion privilege should take their bonds AS EARLY AS POSSIBLE, BUT NOT LATER THAN SEPTEMBER 30th, to a Branch of any Chartered Bank in Canada and receive in exchange an official receipt for the bonds surrendered, containing an undertaking to deliver the corresponding bonds of the new issue.

Holders of maturing fully registered bonds, interest payable by cheque from Ottawa, will receive their December 1 interest cheque as usual. Holders of coupon bonds will detach and retain the last unmatured coupon before surrendering the bond itself for conversion purposes.

The surrendered bonds will be forwarded by banks to the Minister of Finance at Ottawa, where they will be exchanged for bonds of the new issue, in fully registered, or coupon registered or coupon bearer form carrying interest payable 1st May and 1st November of each year of the duration of the loan, the first interest payment accruing and payable 1st May, 1923. Bonds of the new issue will be sent to the banks for delivery immediately after the receipt of the surrendered bonds.

The bonds of the maturing issue which are not converted under this proposal will be paid off in cash on the 1st December, 1922.

W. S. FIELDING,
Minister of Finance.

Dated at Ottawa, 8th August, 1922.

Local and Personal

H. A. Bleumenauer was a business visitor at Cranbrook on Monday, making the trip by auto.

Miss Margaret Webster of Calgary, Alta., is a visitor here with her parents, Mr. and Mrs. J. H. Webster.

M. M. Anderson of Winnipeg, Man., is a business visitor in Creston at present, and will be making this town his headquarters for the next few months.

Parents are reminded that the usual morning sessions of the Sunday school in connection with Christ Church are being resumed on Sunday after the usual summer vacation.

Miss Agnes Hobden was taken to the Kootenay Lake General Hospital at Nelson on Monday, where she successfully underwent an operation for appendicitus the following day. Mrs. Hobden accompanied her.

For the provincial Conservative convention that meets in Vancouver on the 20th the Valley delegates will be Col. Fred Lister, M.P.P., Major Mallandaine, C. B. Garland, F. H. Jackson, Hilton Young and W. W. Hall.

This month's reduction in freight rates will save the ranchers approximately $1 a ton on the haulage charge on hay, although the general freight tariff reduction is about 12 per cent., and a slight reduction is noted on the mileage rates.

A crew of men operating with half a dozen teams and scrapers started work on Monday putting in the roadbed for the spur track from the C.P.R. siding to the new Union packing shed. The spur starts in just beyond the stock corrals.

The Valley was favored with about one fifth of an inch of rain in the showery spell on Friday and Saturday. Beyond laying the dust, however, the wetness was not very beneficial. Since then early fall temperatures have prevailed.

Miss Helen McCaslin, who is in charge of the telephone office at Northport, Wash., and Miss Myrtle McCaslin, who is a student at the B.C. Universit, Vancouver, spent a few days here this week with their sister, Mrs. H. McLaren.

Saturday is the last day of Mawson Bros. big August clearance sale, and some super special attractions are offered in every department to make it the biggest business day of the sale. There are still three of the prize packages left in the grab bags.

Walter Long, who has been on the staff of the Imperial Bank for the past two years, has resigned his position, and for the next six weeks will help with operations on the ranch. A junior clerk to replace him is expected from the coast before the end of the week.

A new lot of 200 books have arrived for patrons of Creston public library and will be available on Saturday. The library building has been moved to the Institute lot next the Grand Theatre and will be open for business at the new location on Saturday afternoon.

Arrangements are well under way for the Board of Trade dance on the evening of Labor Day, Monday, Sept. 4th, which will be held in the ballroom of the Grand Theatre. The best possible music is being secured and the admission will be $1 which includes supper.

Mr. and Mrs. and Miss Hobart of Silverton, Ore., arrived on Tuesday, and are guests of Mr. and Mrs. H. Lyne, to be present at the marriage of Mr. Alvin Hobart, of the same town, to Miss Phyliss Lyne, the happy event taking place at Christ Church this (Thursday) afternoon.

C. O. Quist and son, Bert, who have combined business and pleasure on a motor trip as far north as Metiskow, Alta., for the past six weeks, got back at the end of the week. They report fair crops at most central Alberta points, but much heavier yields in the south part of that province.

Ernest Ryckman announces that he is this week opening out in his old line of plumbing and tinsmithing in the shop near the Grand Theatre, formerly occupied by shoemaker John Joy. He is prepared to take on any work in the tinsmith line and guarantees both satisfaction and right prices.

W. J. Gallipeau of the Spokane Cement Co., the firm that is making and laying the cement pipe in the Grand Forks iraigation system, spent a couple of days here this week investigating the pipe requirements of the Arrow Creek irrigation project. This firm will be a bidder on the pipe contract for this work when it is proceeded with.

What shall I do with the money? Many a holder of the Canadian Government bonds maturing December 1, 1922, has been asking this question. The advertisement of the Minister of Finance supplies an answer. The investor, by giving notice to the manager of any one of the branches of a chartered bank, can arrange to get new bonds bearing the same rate of interest, the highest possible security and a liberal rate of interest.

Business before the Women's Institute meeting on Friday afternoon was largely routine and a discussion of matters to come before the Kootenay-Boundary Institutes conference at Nelson at the end of the month. Mrs. Garland was named to act on the memorial unveiling committee, and Mrs. Downs will represent the institute on the joint committee that is being formed to speed up government action on the Arrow Creek irrigation project.

The meeting of the special community committee on Monday night to arrange for the soldiers' memorial unveiling exercises was forced to adjourn without being able to fix a definite date for the ceremony—due to the fact that as yet the contractor has not been able to secure a man to cut in the names of the fallen on the granite shaft. It was arranged, however, that Mrs. Garland will have charge of the children's musical features of the unveiling and Mr. Hendy will arrange for the other musical features which will be supplied by the band.

Mr. and Mrs. C. B Garland le t yesterday for Vancouver, where they will be present at the marriage of Mrs. Garland's sister, Miss Irvine, which takes place in that city on the 24th. The bride-to-be was until recently on the staff of Creston public school, and her many friends here extend hearty congratulations. Mr. Garland will attend the sessions of the Dominion Bar Association as well as the Conservative convention, and Mrs. Garland will return in time for the Kootenay-Boundary Women's Institutes conference at Nelson at the end of the month.

RUBBER STAMPS—Order your Grade, Variety and Name stamps from P. R. Truscott, Creston.

Card of Thanks

Mr. A. S. Evens and family of Camp Lister take this means of expressing their full appreciation of the many kindnesses and sympathy shown them in their recent bereavement.

WANTED—Immediately experienced lumber pilers and lumber jackers, good wages, will consider contract with experienced men. Wire us quick if interested. Also want bush men. B.C. Spruce Mills, Lumberton.

A. Mirabelli

Shoe and Harness Repairing

Men's Half Soles, $1.25
Women's Half Soles, $1.00
Guaranteed for 6 months.

Secondhand Store in connection with business

Teach the Children

Teach your children to save their money. Start the boy with a savings bank account, and encourage him by supplementing every fifty cents he saves, with another fifty from your own pocket.

All patrons, large or small, are assured courteous service in every branch of this bank. 306

IMPERIAL BANK OF CANADA
CRESTON BRANCH,
C. W. ALLAN, - - - Manager.

Character

SELF-INDULGENCE is admitted to be a sign of a weak, and self-denial of a strong character.

Are you building up both your character and your Savings Bank account by thoughtful economies and the deposit of all your surplus wages each pay day. 643

We welcome accounts, large or small.

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - - $15,000,000
RESERVE FUND - - $15,000,000

CRESTON BRANCH, C. G. Bennett, Manager.

Try the Drugstore First

ARE YOU TROUBLED WITH

Hot, Tired, Aching and Swollen Feet

Do your feet give off offensive odors; are they tired and aching at night, and perhaps raw and blistered; are they troubling you in any way? You can have relief, and here is the simple remedy: At night before retiring bathe the feet according to directions with

Nyal's Foot Bafh Tablets

Then dust them; also your footwear, with NYAL'S EAS'EM. Repeat in the morning.

It is essential that your footwear be changed as often as possible. A few days' treatment will convince.

BEATTIE-OATWAY, Ltd.

Mail Orders a Specialty. *Phone Service Prompt Attention*

SPRYWHEEL

The $150 Tractor Crating and Freight Extra

Cuts the Cost of Cultivating

A Sprywheel and one man can do more cultivating than five men with wheel hoes. It pays for itself before the growing season is half over, in labor saved. The better crops you'll get are additional reasons for buying a Sprywheel now. Demonstrations gladly given.

MULTIPLIES Man Power by FIVE

LIDGATE BROS.

Exclusive Agents

Fruit Boxes

We would advise placing orders now for Fruit Boxes and avoid the rush and possible disappointment later on. We will be able to give a very low price delivered to the orchard, and will give till Nov. 1 to pay for thew.

Canyon City Lumber Company
LIMITED

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand Hams and Bacon
Finest Quality Cooked Ham
Lunch Meat
Bologna, &c.

are always to be had here. In meats nothing quite equals 'Shamrock' products.

P. BURNS & CO., Ltd.

CAMPERS

the woods are yours to enjoy, but only if You keep them green

Put YOUR Fires Out

Nothing stimulates the digestion like KEEN'S DSF MUSTARD Freshly Mixed

115

The Short Work Day

Many things which are fine in theory, and in support of which seemingly incontrovertible arguments can be advanced, do not come up to expectations nor prove a success when the acid test of actual experience is applied. All right in theory, they are failures in practice.

Since the war, and in the topsy-turvy period which has been one of the aftermaths of the great struggle, quite a number of ideas over which people theorized have been given a trial. Russia has gone the limit in socialistic experiments, confiscating property, placing a ban on capital, and generally attempting to run the country on plans never before attempted, but which had for years been lauded and advocated by certain theorists. The world knows the result—Russia ruined, an outlaw among the nations, her people starving by the hundreds of thousands, her lands untilled to a great extent, and her great industries idle and useless.

In other countries, including Great Britain, United States, Canada and Germany, the experiment of greatly reducing the daily number of hours of work is being tried out with, as yet, no appreciable results of a beneficial character resulting to the workers, while the effect on industry and commerce generally, and on the living costs of all people has been disastrous.

Germany probably reveals the best example of the results of this experiment. Under the old autocratic form of monarchial Government, the workers of Germany had to work long hours. Following the revolution and the abdication of the Kaiser, a Workers' Government came into power. Hours of labor were greatly reduced, the old nine and ten-hour days being replaced by an enforced eight-hour day for all occupations, and to seven and six hours for certain arduous occupations. The experiment has not been a success, and, although Germany still has a Workers' Government, it is now proposed to add one or two hours to the workday. This policy is not one being forced on the workers; it is the labor leaders themselves woh see the necessity for the longer workday.

The theory back of the much shortened workday is that the free time thus provided for the worker is to go into the family life, recreation, study—in short, to enable the workman and his family to cultivate qualities valuable to the family, society and the coming generation, to improve health and generally enable the worker to devote more attention to his home and self-improvement. Germany, however, is learning by experience that shortening of the workday below a certain figure develops into a problem of disposition of the free time.

It is pointed out by a writer in The Saturday Evening Post that when a twelve-hour workday is shortened to ten hours the disposition of the two hours does not constitute a problem, but when this free time is extended from two hours to four or even six hours a day a civic and economic problem arises. It has been found that this free time is devoted to a marked extent to one form or another of waste. The waste, it is pointed out, is often economic, in that the free time is devoted to trivialities that reduce the family income for necessities. In a word, the fact is that the free time has, with many, not been devoted to social, cultural, or economic ends, nor even to recreation, but has been worse than wasted, resulting not in an improvement of the condition and health of the worker, but in all round loss to him and his family.

German labor leaders are awakening to the fact that their old theory that with a shorter workday, the output per hour would be increased is not working out in actual practice; that the physical condition and morale of the worker has not improved; and that the only way to increase production and thereby enable Germany to pay her debts and rehabilitate her industries, is to increase the workday. They realize that the present salvation and future hope of Germany depend upon increased production, and that this can only be achieved by longer hours of labor.

Germany does not stand alone in the need for increased production. The whole world suffers from the same need, and particularly industrially developed nations like Great Britain, the United States and Canada. If the shorter workday had resulted in the physical and intellectual improvement of the worker and his family, then the gain would have offset the loss in production, but when there is no gain in that direction, but only loss to add to loss, it is becoming increasingly evident that the extreme short workday is a mistake economically, both for the nation and the individual.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

BAYER Genuine

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross"

French Deserter Was Foolhardy

Arrested on Swiss Frontier After Defying Police for Years

A wealthy Frenchman, F. Bertrand, described as a deserter, has been arrested at Geneva at a moment when he had practically one foot on either side of the Swiss and French frontier line, in a cafe that straddles the border. The cafe is in the village of Saint Julien on the international boundary. Part of the building is in Switzerland and part in France.

Early in the war Bertrand settled in Geneva where, his accusers aver, he made a large fortune trading with Germany. He bought a villa and several automobiles, and led a life of pleasure. He said he was more French than German, and took pleasure in speaking against France, particularly in the cafe at Saint Julien where, safe on Swiss territory in one of the drinking rooms, he could be overheard and even seen by the French police in the rooms on the French side.

There the French listened to his annoying talk but, unable to catch him on the French side, they could not arrest him. Bertrand boasted that—when there was no police about—he would enter France and return without a passport.

Bertrand, after dining well, crossed the border by going from the room on the Swiss side to greet some friends. At the instant he passed the line into France he was pounced upon by two French gendarmes. He put up a fight, but was quickly subdued, handcuffed and carried away.

Strained Muscles, Sprains, Can Be Treated Quickly

In minor sprains, the muscle is strained a little and all that is needed is a vigorous rubbing with Nerviline. This draws the extra blood away—and permits the muscle to return to its normal condition. The supremacy Nerviline enjoys is owing to its penetrating power, it strikes deeply, that is why it removes deep-seated pains, and fixes up folks that have Rheumatism, Lumbago, Neuralgia and Sciatica. There is about five times the pain destroying power in Nerviline than you find in the average liniment. Sold everywhere, 35c per bottle.

Figures on the birth-rate in sixteen of the French Departments for the first quarter of the year show that the deaths exceed the births.

GUARD BABY'S HEALTH IN THE SUMMER

The summer months are the most dangerous to children. The complaints of that season, which are cholera infantum, colic, diarrhoea and dysentry, come on so quickly that often a little one is beyond aid before the mother realizes he is ill. The mother must be on her guard to prevent these troubles, or if they do come on suddenly to banish them. No other medicine is of such aid to mothers during hot weather as is Baby's Own Tablets. They regulate the stomach and bowels and are absolutely safe. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Speed of Fingers Differs

Right Hand Quicker and More Accurate Than Left

The fingers of your right hand are quicker and more accurate than your left, says the Popular Science Monthly.

The ring finger on your left hand shows a burst of speed whenever it can work with the forefingers of your right hand; and it slows down noticeably when it must team with the middle finger of your left hand.

Two fingers working together are faster than one going it alone. And a combination of two fingers on opposite hands is faster than two fingers on the same hand.

Practice, while it increases the speed of all fingers, tends to increase the rate of the slow ones more than the fast ones, thus overcoming the handicap of that one that lags naturally.

Minard's Liniment Relieves Neuralgia

Mlle. Jeanne Lamar, France's champion boxer, stopped her male opponent in a three-round bout held in Reading, Pa., recently.

Minard's Liniment for sale everywhere

SMOKE

in ½lb. tins and 15¢ pkts.

OLD CHUM

The Tobacco of Quality

McMurray Tar Sands

Shipment Sent to Britain to Undergo Extensive Tests

A car of the McMurray tar sands has been shipped to Swansea, Wales, this being the combination of 18 months of research by General Lindsay's chemists in London, Eng. A variety of tests have been made in England in addition to which processes for the extracting of oil from the bitumen have been studied in both France and Germany, and it is hoped that the experiments on the new carload will be successful and result in more extensive developments.

There were 425,022 persons ten years of age and over in the State of New York in 1920 unable to write in any language. In New York City there were 281,121 illiterates, of whom 270,788 were foreign-born whites.

BLACK LEG

100% PROTECTION FOR LIFE from *one* vaccination with Cutter's Liquid or Solid Blackleg Aggressin. Absolutely safe. Cutter's Solid Aggressin Injectors work just like Blackleg Pill Injectors. If Cutter's Aggressin is unobtainable locally, write

The Cutter Laboratory
"The Laboratory that Knows How"
Berkeley (U.S. License) California

N.B.—Old Style Powder and Pill Vaccines still made for those who prefer them.

AFTER EVERY MEAL

WRIGLEY'S NIPS

It's a DOUBLE treat —Peppermint Jacket over Peppermint gum

10 for 5c

Candy jacket just "melts in your mouth" then you get the delectable gum center.

And with Wrigley's three old standbys also affording friendly aid to teeth, throat, breath, appetite and digestion.

Soothing, thirst-quenching. Making the next cigar taste better.

THE FLAVOR LASTS

C17

AFTER EVERY MEAL

Appointing Officials For Operation Of The New Wheat Board

Ottawa.—James Stewart and F. W. Riddell, who were the chief executive officers on the Canada Wheat Board in 1919, have been asked to take the offices of chairman and vice-chairman on the new board which is being established under the legislation passed by the Dominion Parliament and by the Legislatures of Saskatchewan and Alberta.

The selection of Messrs. Stewart and Riddell was made by the Governments of Alberta and Saskatchewan, and the nomination was accepted by the Dominion Government. If these two men accept the task, their appointments will be made at once and they will be asked to come to Ottawa to make arrangements for the organization of the board.

The Dominion Government, it is said, feels that as the western provinces have the financial responsibility under the law, they should have the choice of the men to take charge. The appointment of the other officials will be postponed pending the receipt of an answer from Messrs. Stewart and Riddell, and their advice will be sought on that matter.

If these two find themselves unable to accept the task of managing the wheat board, it is understood that the Dominion Government will request Saskatchewan and Alberta to make other nominations.

The province of Manitoba has not yet taken action in regard to the wheat board, as the new government is not yet in the saddle. It is said here that provision will be made in the organization of the new board for the addition of directors to represent Manitoba, should that province desire to come in later.

Great West Bank To Quit Business

Sufficient Capital Not Subscribed to Secure Necessary Certificate

Winnipeg.—Announcement is made in an advertisement published here and signed by J. K. McInnis, of Regina, provisional president that the promoters of the Great West Bank of Canada have decided to wind up the affairs of the proposed bank and return money received from subscribers "less the reasonable expenses allowed by law." It is stated that sufficient capital was not subscribed to enable the promoters to secure from the treasury board the necessary certificate which would allow them to commence business.

Northcliffe Critically Ill

London.—Prayers for the recovery of Lord Northcliffe are being offered daily in the church at Barnet, at the request of Lord Northcliffe's mother, who lives near the little town in Hertfordshire.

The clergyman, in inviting the congregation to pray, said it was useless to disguise the fact that Lord Northcliffe was very dangerously ill.

British Aviator Reaches Ambala

Ambala, India.—Major W. T. Blake, the British aviator who is attempting to circle the globe by aeroplane, arrived here Aug. 2, having flown from Lahore. The weather in Northern India is very unfavorable for flying owing to monsoons.

Proven Value

When you take PE-RU-NA for Indigestion, Disordered Stomach, Nervousness, or a general run-down condition of the system, you are doing what hundreds of thousands of people have done before you. For half a century old, and has won an honoured place in homes throughout the length and breadth of the North American continent as the ideal tonic and blood purifier. It has proved its value; its prompt use has beaten off many a serious illness; and today, it is more widely used than ever before because it is the reliable remedy for everyday ills. Sold everywhere, because it is known, used and called for everywhere.

PE-RU-NA COMPANY
344 St. Paul St., Montreal

Appoint Fuel Committee

Have Supervision Over Supply of Coal For Canada

Ottawa.—The Dominion Government has appointed a central advisory fuel committee to have general supervision over the supply of coal and other fuel throughout Canada. The committee consists of Hon. W. C. Kennedy, Minister of Railways; C. A. Magrath and Fred McCort, of Montreal.

Premier Drury, of Ontario, has been in conference with Premier King and Hon. Mr. Kennedy on the fuel situation. The Ontario Premier, it is understood, is arranging for co-operation between his Government and the central advisory fuel committee.

The function of this central committee is regarded in Government circles as being consultative and supervisory. It is desired by the Government that the initiative in the supply of coal and other fuel should be taken by the provinces and municipalities and that the situation should be dealt with as far as possible through the ordinary channels of trade. If advice or information is desired by any of these other bodies the federal committee will be ready to step in; but there is no wish to exercise any control or to supplant the ordinary methods of supply.

"DR. FOWLER'S" Saved The Lives Of Four Children

Diarrhoea, dysentery, cholera, infantum and summer complaint are responsible for more deaths, especially among children, during the summer months than any other form of disease. According to statistics, in the City of Toronto alone, in the past five years out of 1,008 deaths of children, from diarrhoea, 757 died during the four summer months. It therefore behooves every mother to look after her children on the first sign of any looseness of the bowels by using Dr. Fowler's Extract of Wild Strawberry, a remedy that has been on the market for the past 77 years, and has been proven to be the best there is.

Mrs. Harold Sellers, Pennfield, N.B., writes:—"Dr. Fowler's Extract of Wild Strawberry saved the lives of four of my children when all other remedies failed. It stopped the vomiting and terrible diarrhoea with which they were troubled. I will always recommend it, and now always have a bottle on hand in case of emergency."

Price, 50c a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.

B.C. Salmon Pack Lowest In Years

Report Shows Decline in Catch in Every District

Victoria, B.C.—Although British Columbia still leads all the other provinces of Canada in fisheries production, the 1921 salmon pack was less than 50 per cent. of the average for the past ten years. The report of Hon. Wm. Sloan, Commissioner of Fisheries, for last year shows that the total pack in 1921 was 603,548 cases, as against 1,187,616 cases in 1920; 1,393,156 cases in 1919, and 1,626,768 cases in 1917. The catch in every district shows a decline.

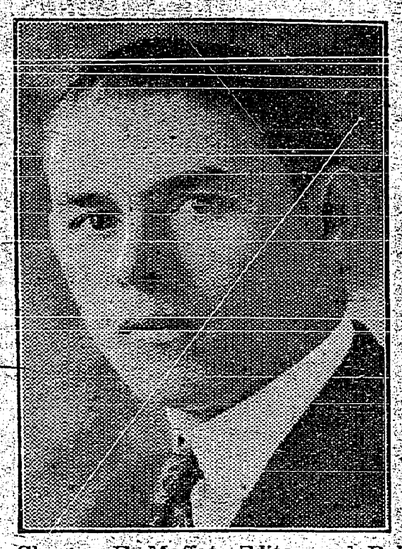
Meets Claims of Shipping Board

London.—The Government announced in the House of Commons that an agreement had been entered into with the United States Shipping Board for the settlement of certain outstanding claims with the British Ministry of Shipping by the payment to the United States Board of $12,000,000 including interest.

Denies Authorized Sale of Vodka

London.—The Russian trade delegation stated it had been authorized to say that the recent reports from Moscow to the effect that the Soviet Government was preparing to authorize the sale of vodka as a "pure invention."

WESTERN EDITORS



Chester E. Moffat, Editor and Publisher of The Rocky Mountain House (Alta.) Gazette; Editor and Proprietor of The Sylvan Lake (Alta.) World.

Killed By Blood Poison

Used an old razor for paring his corns. Foolish because 25c buys a bottle of Putnam's Painless Corn Extractor which for fifty years has been removing corns and warts without pain. No failure if you use "Putnam's." Refuse a substitute, 25c everywhere.

Bottomley Expelled From Parliament

Vote Taken After Reading Letter From Former Editor

London.—Horatio Bottomley, former editor of John Bull, has been expelled from the House of Commons by a vote of the members. After the speaker had read a long letter from him that he was neither guilty nor conscious of fraud, and stating that he had been made "the victim of appalling errors of justice," the vote was taken.

Bottomley's letter said he was unable to leave the hospital and expressed deep sorrow at having brought a slur on the House, which he loved. Continuing, he wrote that if the truth were known he thought the House, in its generosity, would grant him, not only its forgiveness, but its sympathy.

The reading of the letter was heard in dead silence.

China Wants Permanent Constitution

Pekin.—Parliament and President Li Yuan-Hung are in complete agreement over the adoption of a permanent constitution for China similar to that of the United States, the cabinet announced. The right of each province to maintain its own assembly is to be recognized. This, it is believed, will comply with the demands of the southern provinces for provincial autonomy.

It pays to patronize home industry. Buy from the merchants in your own town.

REMARKABLE LETTER

Canadian Woman Recommends Lydia E. Pinkham's Vegetable Compound

Winnipeg, Manitoba.—"I can not speak too highly of what Lydia E. Pinkham's Vegetable Compound has done for me. I was a nervous wreck and I just had to force myself to do my work. Life was a misery and work was a burden. Even the sound of my own children playing made me feel as if I must scream if they did not get away from me. I could not even speak right to my husband. The doctor said that he could do nothing for me owing to my condition, but told me to expect another miscarriage. My husband's grandmother advised me to take Lydia E. Pinkham's Vegetable Compound. I started it right away and everyone noticed what a different woman I was in a short time. I went and engaged my doctor and he did not know me, I was so well. I was able to do my work once more and it was a pleasure, not a burden. Now I have a 'fine bouncing baby' to use the doctor's own words. I am able to nurse her and enjoy doing my work. I can not help recommending such a medicine, and anyone seeing me before I took it and seeing me now, can see what it does for me. What it has done for me it can do for anyone in the same condition. I am only too pleased for you to use my testimonial."—MRS. EMILY DAVIS, 721 McGee St., Winnipeg, Manitoba.

Endeavor To Solve Delicate Problem Of International War Debts

London.—The British Government's note to Great Britain's allies in the Great War, reminding them that they owe Great Britain money and that she has a right to ask for payment, has thrown wide open the most delicate topic in international politics. The discussion of the question of debts owed to Great Britain had been studiously avoided by all concerned, apparently with a view on the part of the creditor nation that the time for grasping that nettle might most conveniently be indefinitely postponed.

The most cheerful view of the effect of the Earl of Balfour's note was that it will afford an understanding all round discussed of what are the policies and intentions of the governments concerned. It is considered that, next to repudiation, or an equivalent plea of inability to pay, uncertainty is probably the worst damage which Europe and the world of business could continue to suffer.

Within a few days—after this week's conference between Premiers Lloyd George and Poincare—the policies of both Great Britain and France should be made clear. The French position in one vital respect already is plain—that all European post-war indebtedness is linked together, and that any solution of the situation must depend upon what Germany may be willing or forced to do.

It is understood from the Paris correspondents of the London newspapers that France considers that any concessions to Germany in the matter of reparations and in help by a foreign loan should be balanced by similar concessions to France. Newspaper opinion is divided on the point whether Mr. Lloyd George's conference with M. Poincare will now be confined to a plan for dealing with Germany, or whether Lord Balfour's note will not force consideration of the wider field of inter-allied debts.

There is much curiosity among the public as to what important members of the cabinet were responsible for the strong line Lord Balfour's note takes, since it is believed there is considerable difference of opinion in the cabinet. Also there is curiosity as to how far the advice of Sir Auckland Geddes, British ambassador to the United States contributed to the framing of the note.

Inventor of Telephone Dies

Premier King Sent Message of Sympathy to Mrs. Bell

Ottawa.—Right Honorable Mackenzie King, Premier of Canada, sent the following message to the widow of Dr. Alexandra Graham Bell, the noted inventor, who died at his home in Nova Scotia.

"Mrs. Alexandra Graham Bell:

"My colleagues in the Government join with me in expressing to you our sense of the world's loss in the death of your distinguished husband. It will ever be a source of pride to our country that the great invention with which his name is associated is a part of its history. On behalf of the citizens of Canada, may I extend to you an expression of our combined gratitude and sympathy."

(Signed) "W. L. Mackenzie King."

May Spend Winter At Point Barrow

Amundsen Has Discharged Aviator Who Sailed With Him

Nome.—If Captain Roald Amundsen finds it necessary to postpone his trans-Polar flight, as foreshadowed in a message received here, he and Lieut. Oskar Omdal, who transferred from the exploration ship Maud to the schooner Holmes, will winter at Point Barrow, it is said here. Lieut. E. G. Fullerton, Canadian aviator, has been discharged from the services of Amundsen, which is taken here to confirm the report that Amundsen will not attempt before next summer to fly across the pole.

DISTRESS IN THE THROAT CAUSED GREAT ANXIETY

Not an uncommon experience, was that of Mrs. H. S. Wilmot, of Shulee, N.S.: "Many remedies failed, still splendid results were found in 'Catarrhozone.' I have been a most dreadful sufferer from Bronchial trouble and Catarrh. On damp days I would hawk and suffer great distress in my throat. I used all kinds of medicines but didn't get permanent relief till I used Catarrhozone. It strengthened my throat, stopped my cough, and made me well." Try Catarrhozone yourself—see what wonders it works on a bad throat, or colds, catarrh, bronchitis. Different from the old way, because you breathe Catarrhozone. Get the dollar outfit which includes the inhaler and last two months. Small size 50c. Dealers, The Catarrhozone Co., Montreal.

Famous Racers Perish in Fire

Lightning Struck Stables at Connecticut Valley Stock Farm

Hatfield, Mass.—Three famous racing stallions were burned to death when the Connecticut Valley Stock Farm was struck by lightning and totally destroyed.

The stable was valued at $50,000 and, in addition to this, about $40,000 worth of race horses locked in were burned to death. It was impossible to check up on all the horses, as many of them ran wild after they had been liberated. Among those burned were Peter Vonnia, a 7-year-old stallion by Peter the Great, valued at $15,000; the Earl of Chatham and Nelson Todd. Both of the latter were valued at $5,000.

Passengers Perish in Train Wreck

Riga.—Two hundred passengers perished when a five-car train was burned between Kiev and Schepetowka, says a report from Kiev. Included among the victims were eight Zionist pioneers, who were proceeding to join their group on the way to Palestine.

League Council Meets August 30

Paris.—The next meeting of the Council of the League of Nations has been definitely fixed for August 30 to Sept. 4, it was announced today. The sessions will be presided over by Dr. Quinones de Leon, of Spain.

Australia Approves Pacts

Melbourne.—The House of Representatives has ratified the treaties entered into at the recent Washington conference.

Canada's Forest Fires

Three Thousand Have Occurred This Years, Says Report

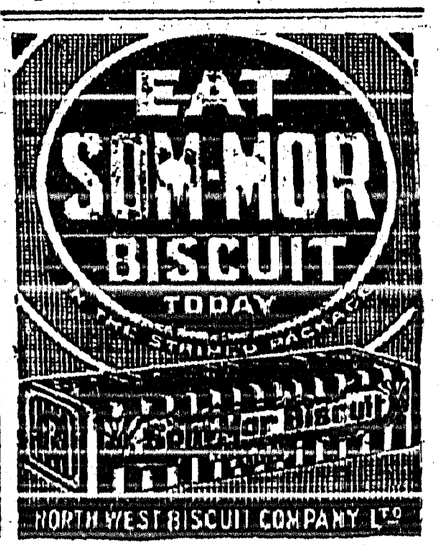
Ottawa.—Three thousand forest fires have already occurred in Canada this year, according to a pamphlet issued by the Canadian Forestry Association. British Columbia had about 1,400 of these fire and with Central Quebec has passed through the worst fire experience of many years. Airplanes and seaplanes are being used to great advantage in reducing this forest loss and have done excellent work in fighting the British Columbia and Quebec bush fires, transporting fire fighting pumps within one hour where travel by land and water formerly took 15 hours to two days.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher



Local and Personal

A. L. Cameron is a visitor with his son, Jim, at Cranbrook this month.

Guy Constable is at Vernon this week where he is attending directors meetings of the O.U.G. and Growers Sales Agency.

BAKERY AND TEA ROOM

Moir's, Neilson's, Willard's Chocolates

ICE CREAM always on hand

Take some on your Picnics.

Bert Norris

Next Bevan's Garage

CRESTON DAIRY

MILK

8 Quarts $1.00
Per Gallon..... 45c.

A. COMFORT

FOR SALE—Jersey cow, 4½ years old, second calf, $85. A. S. Evans, Camp Lister.

RUBBER STAMPS—Order your Grade, Variety and Name stamps from P. R. Truscott, Creston.

FOR SALE—Furniture for 3 room house, except range, $75. Write Mrs. Little, Camp Lister.

FOR SALE—Complete set of High School text books. Apply Phyllis Small, Creston Hotel.

MOWER FOR SALE—Massey-Harris 4-foot one-horse mower for sale at a bargain. S. A. Speers.

FOR SALE—Thirteen shares of stock in Creston Fruit Growers Union. Ltd. Apply H. B. Downs, Creston.

HORSES FOR SALE—One good team also single horses. Apply Office Land Settlement Board, Camp Lister.

Miss Alice Embree is spending a couple of weeks with Nelson friends, the guest of Miss Catherine Heald.

O. Stephens arrived from Vancouver on Friday to assume the position of junior clerk at the Bank of Commerce.

Mrs. Hopwood and two children left on Thursday last for Vancover, where they will spend the next couple of months visiting relatives and friends.

Rev. Mr. Hart of Rugby, England, who is here on a visit with Mr. and Mrs. H. Lyne, will preach at the morning service at Christ Church on Sunday.

Capt. Roland Ellis of Boswell was a business visitor in town on Tuesday, and states that the annual fall fair will be held in that town on September 18th.

It is officially announced that haying will commence on the flats on Monday, August 21st. Whilst haymaking operations are in progress the ferry will operate on Sundays this season.

Cranbrook Courier: Mrs. R. R. Piper of Nelson arrived in Cranbrook the first of the week to arrange for the shipment of her household goods to Nelson, returning to that city on Wednesday.

During July just over $350 was collected here for all classes of trading licenses for the last half of the year 1922. There is still some demand for motor licenses, the revenue from that source being $97.

Mr. and Mrs. R. McLeod left on Friday last for a couple of weeks' holidays with friends at Trail and Rossland.

Anglican Church Services

SUNDAY, AUGUST 20

CRESTON 8 and 11 a.m. — SIRDAR 7.30 p.m.

Merl. Olsen, formerly assistant at the C.P.R. depot, now at Fernie, is a motor visitor with Creston friends this week.

B. A. MOORHOUSE
Provincial Land Surveyor
Surveys and Plans of all Descriptions.
Enquire R. Lamont's Office
CRESTON, B.C.

Miss Davies of Fernie is here for her annual two weeks' vacation with her parents, Mr. and Mrs. A. E. Davies. Albert Davies is a holiday visitor with friends at Fernie.

Loyal Orange Lodge, No. 2095

Meets THIRD THURSDAY of each month at Mercantile Hall. Visiting brethren cordially invited.

ERIC OLSON W.M.

Another PRICE *Suggestion*

Muffins and Coffee Cake

BREAKFAST is too often eaten as a duty rather than a joy. The success of the day may depend upon the spirit of breakfast. Here are some breakfast dishes that will stimulate the most critical appetite.

(All measurements for all materials are level.)

MUFFINS

2 cups flour
3 teaspoons Dr. Price's Baking Powder
1 tablespoon sugar
½ teaspoon salt
1 cup milk
2 eggs
1 tablespoon shortening

Sift together flour, baking powder, sugar and salt; add milk, well-beaten eggs and melted shortening; mix well. Half fill greased muffin tins and bake in hot oven 20 to 25 minutes.

CORN MEAL MUFFINS

¾ cup corn meal
1½ cups flour
4 teaspoons Dr. Price's Baking Powder
½ teaspoon salt
2 tablespoons sugar
1 cup milk
2 tablespoons shortening
1 egg

Sift together corn meal, flour, baking powder, salt and sugar; add milk, melted shortening and well-beaten egg; mix well. Half fill greased muffin tins with batter and bake about 35 minutes in hot oven.

DR. PRICE'S CREAM Baking Powder

Made from Cream of Tarter, derived from Grapes. Produces food that is fine in flavor, even in texture, delicious and wholesome.

MADE IN CANADA

DATE MUFFINS

½ cup butter
1 egg
2 cups flour
2 teaspoons Dr. Price's Baking Powder
½ teaspoon salt
¾ cup milk
½ lb. dates

Cream butter, add beaten egg, then flour, baking powder and salt which have been sifted together, and milk. At the last stir in dates which have been pitted and cut into small pieces. Bake about 25 minutes in greased gem pans in hot oven. If a sweet muffin is desired, add ¾ cup sugar to dry ingredient.

COFFEE CAKE

2 cups flour
½ teaspoon salt
3 tablespoons sugar
4 teaspoons Dr. Price's Baking Powder
2 tablespoons shortening
⅔ cup milk

Mix and sift dry ingredients; add melted shortening and enough milk to make very stiff batter. Spread ½ inch thick in greased pan; add top mixture. Bake about 30 minutes in moderate oven.

TOP MIXTURE

2 tablespoons flour
1 tablespoon cinnamon
3 tablespoons sugar
3 tablespoons shortening

Mix dry ingredients; rub in shortening and spread thickly over top of dough before baking.

Send for FREE Cook Book—"*Table and Kitchen*"—149 Notre Dame East, Winnipeg, Can.

FREE with every $5.00 ....Purchase.... 3 lbs. SUGAR

To make **SATURDAY, AUG. 19,** give a mutually satisfactory finish to our Sale all over the store new low prices have been given in order to effect a complete clearance, and many and varied are the lines slated to go, of which the following give some idea of the further cuts that have been made:

CARSTEN'S LARD, 5-lb. Pail - - $1.00.

RICE, 6 lbs. - - 50c.

Fry's Cocoa, 30c.
reg. price 35c. tiu

Sealer Rings, 10c.
Gem and Perfect Seal, reg. 15c. pkg.

KIDDIE ALLS, clearing the balance of our stock at .... 85c.

Overalls, $1.45.
McKay's Blue Striped, reg. $1.85

Prints, 20c. yd.
Many yards, in light and dark patterns

We have generous stocks in all these lines, but at these prices they will quickly disappear, so shop early if at all possible. This is the last day of the Sale, and these values will hardly be repeated.

MAWSON BROTHERS