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104

THE CRESTON REVIEW

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Rod & Gun Club Busy July Session

The July meeting of the Rod and Gun Club on Thursday night last was a very busy one, one of the big items for discussion being the regulations governing hunting the coming season. In this connection the club favors no change in the seasons on bear, goat and ducks, but would make the geese season from Sept. 3rd until May 1st, 1923. On ruffled, spruce and willow grouse they ask a three weeks' season, from Sept. 16th until October 7th. For deer they advise a season extending from the end of September until December 15th, and would have the buck law apply to white tail deer only, with the kill limited to two of either species or three in all. These suggestions have gone into the Game Conservation Board, which meets about the end of the month to frame this year's shooting regulations.

The club has decided to take greater interest in trap shooting, and it was decided to finance this branch of activity by having all who are interested sign a petition and deposit $5, the money raised in this way to be used in the purchase of ammunition and clay birds and as soon as the supply arrives open the season and give each man $5 worth of ammunition in return for the five spot he advanced the club. The trap-shooting grounds are being put in shape and will be ready in about ten days, the Cranbrook trapshoots being expected here for a return match on opening day. The secretary of the local club has written Cranbrook thanking for the hospitality dispensed the Creston five who were at the divisional city for the shoot on Dominion Day.

The Creston club refused to endorse a resolution from Cranbrook which asks that a two-year close season be placed on trapping all fur bearing animals. It is felt here that in view of the limited amount of trapping done such action is unnecessary.

Provincial police McLaren has been asked to supply the club with a quantity of posters defining the fish and game laws, and the club will see that these are posted on all the streams and other likely spots. The committee in charge of the wild rice planting reported that on the sloughs they had been able to inspect the rice was coming along fine.

A petition is to be circulated for signature of all those interested who favor closing the Goat River from the Canyon to Kitchener—but not above that point—for two years. Fishery inspector Robinson is quite optimistic that if the closure is put on the stream he will be able to get a good supply of fry and re-stock the river. Until such time as a close season is enforced re-stocking is out of the question.

Lister

Jess Filmer and H. Langston, who are working in the Continental mine at Porthill, are visitors at Lister this week.

No time has been lost in securing a staff of teachers for next term, as it is stated that Miss Redpath of Nelson and Miss Roorks of Grand Forks will have charge of the Lister school next year.

Mr. and Mrs. Garland of Creston were week-end visitors with Capt. and Mrs. Rowbury, the two men trying out the fishing on Goat River with some success.

The annual school meeting on Saturday night was but fairly well attended. Trustee Mrs. Millington opened proceedings and then asked the meeting to appoint a chairman for the evening, George Chadley being the choice. As a former trustee, the late Mr. Brain, had resigned, and the other trustee, Mr. Atkins, is removing from Lister, it was decided to adjourn the selection of trustees until a later date, and in the meantime Mrs. Millington will look after school affairs. J. W. Read was the unanimous choice as auditor.

Although not entirely unexpected none the less regretted is the passing of A. W. Brain, who died at his home here on Monday evening, after a lingering illness arising from lead poisoning which he contracted late last fall, and which confined him to the hospital at Cranbrook for almost the last six months, he only having returned at the end of the week. The late Mr. Brain was one of the first residents of Lister, coming here in August, 1919, from the coast, he having been in business in Vancouver prior to joining up for overseas service. The funeral took place on Wednesday to Creston cemetery, Rev. G. Knox performing the last sad rites. Deceased was up to the time o his illness an active figure in the community life of Lister, and at the time of his death was chairman of the school board. The greatest sympathy is felt for Mrs. Brain and the three daughters and one son who are left to mourn his demise.

Miss Campion, principal of Lister school, announces the following promotions: From Junior Third to Senior Third Reader—Margaret Little 79, Dorothy Weston 71, Alex. Mitchell 68, Marvin Little 64, Albert Mitchell 60, Jessie Brain 56. On trial, Merle Charleson.

From Senior Third to Junior Fourth—Doris Millington 70, Frances Malthouse 69, Eva Brain 60, Cora Frampton 59, Jack Joky 58, Harold Frampton 50.

From Junior Fourth to Entrance Class—Clara Little, Ronald Brain.

Honor Rolls: Proficiency—Margaret Little. Deportment—Albert Mitchell. Regularity and Punctuality—Frances Malthouse, Cora Frampton, Marvin Little. Prizes: Neatness—Murielle Millington. Spelling—Dorothy Weston.

Promotions in the Junior Division are announced by Miss Irving as follows: From First Primer to Phonic Primer—Mae Millington, Wallace Sinclair, Irene Wellspring. Phonic Primer to First Reader—Billy Yerbury, George Mitchell. First Reader to Junior Second—Hilda Filmer, Margaret Chalmers, Albert Weston, Lucy Lye, Gladys Brain, Agnes Sinclair. On trial—Fred Yerbury, Geo. Frampton. Junior Second to Senior Second—Jack Bird, Fred Weston, Charlie Malthouse. Senior Second to Junior Third—Geo. Chudley, Arthur Thompson, Peter McKay.

Honor Rolls: Deportment—Jack Bird. Proficiency—Hilda Filmer. Punctuality and Regularity—Agnes and Wallace Sinclair. Spelling—Hilda Filmer.

Best Attendance: First Primer—Wallace Sinclair and Irene Wellspring equal. Phonic Primer—George Mitchell. Firt Reader—Margaret Chalmers, Hilda Filmer and Agnes Sinclair all equal. Junior Second—Charlie Malthouse, Fred Weston and Jack Bird equal. Senior Second—Geo. Chudley.

Kitchener

Mr. and Mrs. Fransen were week-end visitors with friends at Sirdar.

Mr. Sence of Spokane is located here at present, in charge of pole shipping operations for the Paulson-Mason Company.

Mr. and Mrs. Paulson and family, John Paul Mason of Tacoma, Wash., have been here for a week, and are occupying their summer cottage.

Mrs. Hunt and Miss Schmidt were week-end visitors with friends in Erickson.

The Paulson-Mason sawmill is expected to commence operations on Monday.

Mr. Crowe, manager of the Kitchener Timber Co., was a business visitor at Creston this week.

TENDERS FOR COMPLETING SCHOOL

Sealed tenders so marked will be received by the undersigned up till Saturday, July 22nd, 1922, for the completion of the unfinished room of the new school, which is to be finished same as room already occupied. Work to be completed by August 15th, 1922. Lowest or any tender not necessarily accepted. For all other information apply S. A. SPEERS, Secretary School Board, Creston.

Best Baseball of Season, Sunday

For what will probably be the final big game of the summer season the baseball management is providing what will assuredly be the best game of the year on Sunday afternoon, July 16th, when the Bonners Ferry nine, the class of all Idaho, will meet the Creston team.

In order to assure close, high grade ball Creston team is being reinforced, and for this occasion will have the services of Mitchell and Mickens, a battery that is not excelled in the whole Kootenay country. This will permit of the playing of Telford in left field, and Don Dewar will be located in centre, thus effectively plugging up all the weak spots on the defense and giving the locals a batting strength that ought almost carry through to victory. The lineup for Sunday afternoon will be:

Mitchell, p.
Mickens c.
McKelvey, 1b.
Atkinson, 2b.
Blemmenauer, ss.
Long, 3b.
Romano, rf.
D. Dewar, cf.
Telford, lf.
Reserves—K. Dewar, E. Taylor, C. Botterill.

With the assurance of top notch battery work backed up by the above array of fielding talent Creston will always be in the hunt and the fans will see the most exciting clash of the year. There should be a banner crowd out to support the homesters, and in view of the expense the club has incurred this year in bringing in the pick of the outside teams it is hoped the collection will be equally as generous as the attendance.

Erickson

The Erickson section opened the 1922 raspberry shipping season, the Sam Scott ranch having a crate for export on July 5th.

Mrs. T. Dixon, who has spent the past two months here with her sister, Mrs. E. Cartwright, returned to her home at Coronation, Alta., this week.

Miss Ruth Klingensmith was a visitor with Yahk friends a few days last week.

Miss Vaughan, principal of the Erickson school, got away at the end week for New Westminster, where she will spend the summer vacation with friends.

Mrs. John Graham left last week for Wetskiwin, Alta., where she will spend about a month visiting with relatives and friends.

Miss Ruby Palmer is home from Regina, Sask., to spend the summer vacation with her parents, Mr. and Mrs. M. R. Palmer.

Mrs. H. Campbell left at the first of the month for a holiday visit with friends at Hillcrest, Alta.

Frank Staples has gone to Grand Forks where he will again bein charge of the Staples Fruit Company, Ltd., operations at that point this year.

Mrs. Bundy and children got back last week from their holiday trip to Summerland and coast points.

At the annual school meeting on Saturday night everything passed off most harmoniously, W. W. Hall and E. J. C. Richardson being re elected trustee and auditor respectively for another term, and the sum of $2000 was voted to carry on school affairs with during the next twelve months.

Miss Vaughan, principal of Erickson school, issues that the following report on the year's work in Division I.: Honor Rolls: Proficiency—Kathleen Littlejohn. Deportment—Willis Wood Regularity—Edward Clark. Prizes for proficiency were also awarded Edith Palfreyman, Winnie Palfreyman, Effie Littlejohn, Jean Wood and Stewart Penson. Eleven pupils were awarded certificates in penmanship.

Promoted from Junior Third to Senior Third—Jean Wood, Stewart Penson, Edward Clark, Annie Botterill, Edward Martin, Beulah Penson, Richard Hall, Florence Craigie, Kenneth Davis.

Promoted from Junior Fourth to Entrance—Winnie Palfreyman, Effie Littlejohn, Jean Craigie, Robert Long, Beth Putnam, John Hall.

Perfect attendance—Maud Botterill, Edward Clark, Warren Harrison, Edward Martin, Edith Palfreyman, Winnie Palfreyman, Beth Putnam, Jean Wood, John Hall.

Miss Holmes final report on Division II. is as follows: Honor Rolls: Proficiency—Margaret Fraser. Deportment—Billy Wood. Regularity—Lloyd Cartwright.

Prizes for proficiency were also awarded Richard Thurston, Leila Foreman, Frances Handley, Muriel Thurston.

Promoted from First Primer to Second Primer—Lethe Davis, Muriel Thurston, Billy Wood. From Second Primer to Junior First Reader—Frances Handley, Sidney Scott, Sylvia Stinson, Maurice Kelsey Roy Penson, Clarence Botterill. From Junior First to Senior First Reader—Leila Foreman, Marion Foreman, Dennis Harrison. Senior First to Second Reader—Richard Thurston, Douglas Putnam. Second Reader to Junior Third—Margaret Fraser, James Hannley, Walter Dodds, Ruby Martin, Madeline Putnam. On trial—Allan Wood.

Perfect attendance—Lloyd Cartwright, Ruth Cartwright, Margaret Fraser, Frances Handley, Douglas Putnam, Sidney Scott.

Alice Siding

Mrs. Smith of Porthill is a visitor here at present with her daughter, Mrs. Dick Smith.

Messrs. Reed & Mather entertained their staff of berry pickers at the home of Mr. Reed at a dance on Saturday night. The supper was served by Mesdames Reed and Kelly and the evening was thoroughly enjoyed by all.

The annual school meeting took place on Saturday night. Victor Carr is again back in harness, succeeding John Johnson, whose term has expired, and Guy Constable was re-elected auditor. The amount voted to carry on the school this year was $300.

Mr. and Mrs. Halco, who have been visiting with Mrs. J. Parkin, returned to Michel on Sunday.

Strawberry season is closed so far as shipping at the Smith Crossing goes, and the shipping is hardly more than one-third of that of last year.

Mr. Alderson, who has been supervising operations on his ranch here, returned to Hosmer on Monday.

The first raspberries from this section were shipped on Monday, the Stewart and Vaness ranches each having a crate for export.

Mrs. and Bertell Carr, who have been visiting at Wynndel, returned on Tuesday.

The first Skinner irrigation system in the Alice Siding section is now in operation on the F. Rose ranch.

W. Gregory of Michel is hrre, helping with well-digging operations on the J. Parkin ranch.

Tenders are being called for by the trustees for the erection of a two-room cottage to be used as a teacher's residence on the school grounds, bids to be in by the end of the month.

E. Piche is the latest land buyer in this section. He has purchased 20 acres in the Lakeview heights section, just north of the Barraclough place, and is getting on with clearing operations. The sale was made by R Walmsley.

TENDERS FOR TWO-ROOM COTTAGE

Sealed tenders so marked will be received by the undersigned up till Monday, July 31, 1922, for the erection of a two-room cottage on the Alice Siding school grounds, building to be completed by August 20th. Lowest or any tender not necessarily accepted. For plans and all other information apply to W. H. MATHER, Secretary, Creston, B.C.

School Meeting Votes $8,200.00

An even two dozen ratepayers were in evidence at the annual school meeting at the schoolhouse on Saturday night which was, on motion, presided over by A. R. Swanson, with S. A. Speers, the trustee board secretary, taking down the minutes.

For the first time in several years there was a contest for the vacancy on the trustee board, the ballot, however, being in favor of R. B. Staples, the retiring trustee. For the eighth successive year Dr. Henderson was selected as auditor by acclamation.

The accounts for the year just ended showed that $10,816 had been spent on education the past twelve months. $4795 had been the district's share of the teachers' salaries, $4200 had been spent in erecting a two-room addition to the public school and equipping the one room which had been used for the primary scholars, the janitor work cost $600 fuel $235, and the balance had been eat up in various incidental expenses.

For 1922 the estimates had been pruned to the limit and by the exercise of the utmost frugality the trustees were enabled to keep the 1922 23 demand down to $8200. This year there will be an extra teacher to pay and the salary schedule is as follows: High school principal, $1120; second room high school teacher, $1070; public school principal $1120; teacher Division II., $795; Division III., $620; Division IV., $570; Divisiod V., $570. To this stipend, of course, must be added another $580, which is the department's contribution to the cost of education. The government has agreed to supply the desks for the new room in the high school and in consequence the trustees are hoping $500 will do all the other work required to put the room in shape. $345 will be needed to meet the insurance polices that expire this year, and it is hoped that now the cost of living has been reduced that notwithstanding an extra room to take care of the janitor will still be available at $600.

No complaint was registered as to adding a second room to the high school but a motion was passed that no pupil be allowed to attend the higher seat of learning unless he or she be a bona fide resident of the school district.

Wynndel

Monday saw the last straight car of strawberries shipped from here, making a total of eight carsfor the season. The berries, however, are still coming in good, the express shipment on Tuesday morning was 485 crates by the Co-Operative Fruit Growers, as well as a considerable shipment by Staples Fruit Co., Ltd.

Mr. Hale, postoffice inspector, of Calgary, paid an official visit here on Monday, and after going through the postoffice accounts took a tour around the berry patches here, and was delighted with the sight of all the red berries.

Misses Denny and Thompson, who have been assisting H. A. Bathie, jr., with his berry crop, returned to their home at Willow Point on Tuesday.

Miss Alice Piggott of Vancouver, has been the guest of Miss C. Rosindale, returned to the coast on Monday. She found the mosquitoes too much for her.

E. F. Post of Cranbrook spent the week-end here, looking up old friends, returning on Monday.

Raspberries started to move here last Friday, Mrs. J. B. Rudd being the earliest shipper.

Rawlings & Co. of Nelson have the new two-room schoolhouse under way, and expect to have the job completed in about six weeks.

Wynndel ball team cleaned up all comers in a regular baseball tournament at Creston on Sunday. They trimmed up Erickson 16 to 4—Erickson having previously beaten Creston. They next tackled a union Creston-Erickson team held them to a 3-3 score in five innings.

Be Vigilant

Eternal vigilance is the price of liberty. This is a maxim true in all walks of life, but it is especially true in the lives of Western Canada farmers during these admittedly trying years. Farmers with years of experience in these Prairie Provinces have come to understand conditions and well know what should be done, and can be done, better than anyone else, but the fact must be recognized that here in the West hundreds, yes thousands, of men are engaging in the work of agriculture who are more or less new to this country and have not yet gained that experience of conditions here which will enable them to combat adverse conditions, with the largest possible measure of success. It may, therefore, not be out of place, and, indeed, of some value, to emphasize one or two factors which are essential to success in this country.

At the time of writing agricultural conditions in Western Canada are distinctly favorable; more favorable in fact than they have been for some years. According to mid-June reports from all parts of the West the growing crop is most promising. Alberta has more moisture than in any season for five or six years past, and both Saskatchewan and Alberta have been visited with copious rains over large areas, with the result that all grain is making splendid growth. The reduction in the acreage sown to wheat in some sections is fairly well offset by increases in other grains.

But, let it be repeated, eternal vigilance is the price of liberty, and liberty for the Western farmer at the present time means security from the many dangers which threaten the growing crops. Some things he cannot prevent—hail, for example. But where it is impossible for him to adopt preventive measures, he can provide some measure of security through insurance. The wise man will make such provision. If his crop escapes, he can well afford to pay the premium; if he suffers hail losses, he is the gainer and all is not lost.

In recent years the West has suffered enormously from the grasshopper pest. Experience has now shown how to successfully combat this scourge, and preparations for so doing have been made by Governments and municipalities on a large scale. It remains for the farmers, individually and collectively, to unite their forces and through the most effective co-operation with official agencies fight this scourge to a finish. As the motto of the Rotary Clubs say: "It can be done." It remains for the farmers during a comparatively short period to put up a fight. It is a fight which, if waged successfully this year, will likewise bring results in improved conditions in the years to come.

Then there is the weed pest. It, too, must be fought. Unless it is, it will conquer in the end, and, unfortunately, it is not merely the slothful, lazy, indifferent farmer who suffers from it, but his industrious neighbor as well, and the community as a whole. In districts where the late, wet spring made cropping of the land impossible, farmers should this year wage unremitting warfare on weeds, and the neglectful farmer in this respect should be brought to book by municipal authorities. If the individual farmer who allows his land to run to weeds suffered alone, it would be serious enough; but when through his slothfulness and neglect whole districts are threatened he should and must be made to act in the public interest if he will not in his own.

As the season advances, and the grains and grasses ripen and dry, all possible safeguards against fire should be provided. Last year property loss in Canada from fire totalled over $45,000,000, or more than $5.00 for every man, woman and child in Canada, not to speak of the even more serious loss of life and others injured and maimed for life. Fire in these Prairie Provinces is a serious thing because such a large proportion of the population live in rural parts where it is well nigh impossible to provide efficient fire-fighting appliance. Prevention is better than cure, especially in the case of fire where too frequently there can be no cure. At harvest and threshing time especially, let it be repeated, that in the matter of freedom from fire, eternal vigilance is the price of liberty.

Parliament and Legislatures, spurred on by the farmer representatives and organizations, are struggling with the grain marketing problem, seeking to devise ways and means whereby the farmer will receive an adequate monetary reward for his toil and husbandry, but their best efforts will hardly net as substantial results as can be achieved by many individual farmers for themselves through the taking of absolutely necessary precautions and thereby preventing losses against which legislation will not protect them.

Constant vigilance, and the taking of simple, commonsense precautions for a few short summer and early Fall months may easily result in larger gains than all the legislation in the world can provide, and without which all legislation is futile.

BARELY LIVED THROUGH IT

A terrible experience had Edw. J. O'Connor, of Sault Ste Marie. From boyhood he writes: "I have been a constant sufferer from Asthma and Catarrh. My nose and throat was often stopped up, and I had disagreeable droppings from my throat. When an attack of coughing came on, it seemed as if I would barely lived through it. I would gasp for breath. Catarrhozone made me well. It's soothing healing action was exactly suited to my case." To those who suffer from Catarrh, Asthma, Throat Irritation and Bronchitis, Catarrhozone is highly recommended. Two months treatment one dollar, smaller sizes 25c & 50c at all dealers or The Catarrhozone Co., Montreal.

Very Close

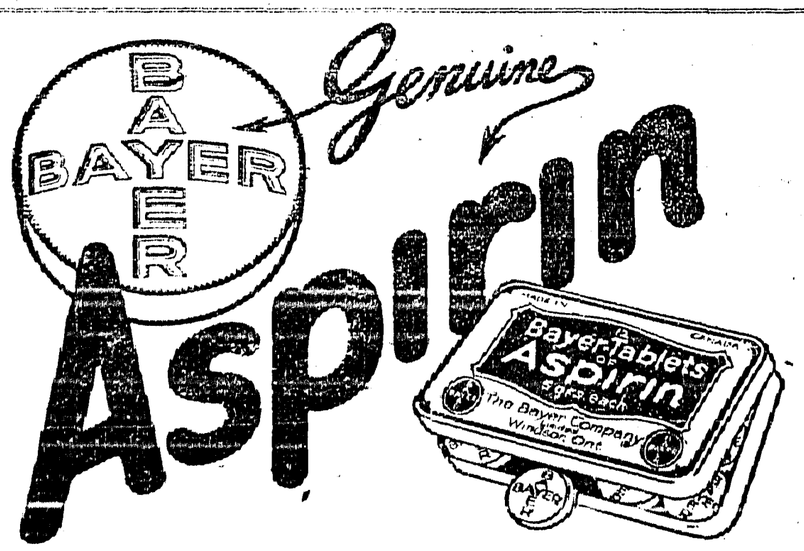
"Did you say your husband is fond of those clinging gowns?"

"Yes, very. He likes one to cling to me for about five years."

School Gardens

Child Led to Cultivate a Garden Will Likely be Willing to do Other Helpful Work

It is an easy but harmful practice for a child to be coddled, in school and at home, and left to play until the dominant idea of the child comes to be that the world owes it a living and the chance to have a good time. It is a little harder but a great deal more serviceable to teach the child at home and elsewhere that the world owes and will give it nothing that is not paid for in honest labor. The child who is led to cultivate a garden regularly will very likely be willing to do other helpful work when occasion demands and at the same time will be cultivating a character full of promise for the duties of later years. —Kansas City Star.



WARNING! Say "Bayer" when you buy Aspirin.

Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that tablets marked Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

HEART WOULD BEAT LIKE A TRIP HAMMER

Heart trouble has of late years become very prevalent. Sometimes a pain catches you in the region of the heart, now and then your heart skips beats, palpitates, throbs, or beats with such rapidity and violence you think it is going to burst.

You have weak and dizzy spells, sinking sensations, are nervous, irritable and depressed, and if you attempt to walk upstairs or any distance you get all out of breath.

We know of no remedy that will do so much to make the heart regain strength and vigor, regulate its beat and restore it to a healthy normal condition as will

MILBURN'S HEART AND NERVE PILLS

Mrs. Chadwick, Delhi, Ont., writes: —"I had palpitation of the heart, and the least exercise, such as going upstairs or up a hill, my heart would beat like a trip-hammer and at times I was dizzy-headed and had a sinking sensation as if my time were near.

A friend suggested I try Milburn's Heart and Nerve Pills, so I procured three boxes, and by the time the first one was used I began to improve. In all I took six boxes, and now although in my 66th year I feel like a young girl; no dizziness or heart-thumping, and can walk miles without fatigue. At time of sickness I weighed 120 lbs., now I weigh 150."

Price 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

New Flying Machine

Vickers Amphibian Viking First Vessel of Its Class to Reach Canada

The Laurentide Air Service has received from England a "Vickers Amphibian Viking," the first flying vessel of its class to reach Canada, and representing the latest thing in post-war airplane construction. The machine was purchased two months ago in England, and is to be used by the company as part of an air fleet of four similar planes for aerial observation and photography in connection with forestry patrol work.

WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Once a mother has used Baby's Own Tablets for her little ones she would not be without them. They are the ideal home remedy for the baby; being guaranteed to be absolutely free from opiates or other harmful drugs. They are a gentle but thorough laxative and have been proved of the greatest aid in cases of constipation, indigestion, colic, colds and simple fevers. Concerning them Mrs. Ernest Gagne, Beausejour, Que., writes: "I have used Baby's Own Tablets for constipation and colic and have found them so successful that I would not be without them. I would strongly recommend every mother to keep a box in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

A Cruise on the Great Lakes

Enjoy to the Fullest Extent the Trip East

The trip to Eastern Canada or the United States can be made doubly enjoyable by including the delightful cruise on the Great Lakes from Fort William and Port Arthur to Port McNicoll or Owen Sound on the Palatial Canadian Pacific Steamers "Keewatin," "Assiniboia," and "Manitoba."

Three sailings a week from Fort William and Port Arthur every Wednesday and Saturday to Port McNicoll, where direct connection is made with special train for Toronto, and every Thursday for Owen Sound. The Great Lakes trip is a delightful diversion to the East—Restful, cool and refreshing.

The Ticket Agent of the Canadian Pacific will be pleased to give full information as to rates, sailings, etc., and arrange every detail for an enjoyable trip. R 9

Soft corns are difficult to eradicate, but Holloway's Corn Remover will draw them out painlessly.

Up to Date

Jones.—So your boy is home from college. Does he take any interest in your farm?

Smith.—He's beginning to. He showed me where we could have a fine golf course and how simple it would be to turn the barn into a garage.

Minard's Liniment for sale everywhere

Value of Raisins

Raisins Make Plain Foods More Attractive and Healthful

Because of their valuable iron-content, delicious flavor and economy, raisins are becoming more and more popular in most every home. The addition of raisins to every-day foods makes them more tasty, and of greater health-benefit.

Many housewives have discovered too, that by flavoring with raisins they can popularize bread in their homes, making it one of the most attractive foods they serve.

The luscious sauce formed from the sugar of the raisins when they are baked in a loaf of bread, permeates the dough with a rich raisin flavor.

The sugar, in practically pre-digested form in raisins, is quickly turned into renewed vitality. When you are overworked and tired, it is because you have exhausted your energy. Then you need energizing nutriment, and a food like raisins, rich in sugar, will often revitalize you.

Organic iron, so plentiful in raisins, makes red blood. The blood assimilates it readily and none of the digestive organs are taxed. For building up enduring strength and energy there is probably no food combining this function with such a delicious flavor as raisins.

Many plain foods that you serve regularly can be made more attractive to every member of your household, and more beneficial in a healthful way, by adding raisins. This is especially true in warm weather, when the excessive heat saps so much of your energy. A good starter is raisin bread—buy a loaf from your baker tonight and serve it regularly. Its popularity in your home and its ability to replenish tired people toward the end of a warm day will surprise you.

Minard's Liniment Relieves Neuralgia

Among the natural history curios discovered by the Mount Everest expedition was a whistling hare.

Twenty-five years is the average life of a coin.

A WOMAN'S WORK IS NEVER DONE

It Seems So in Many Cases and Good Health is Always Necessary

Viscount, Saskatchewan.—"I took Lydia E. Pinkham's Vegetable Compound for weakness of the female organs. I had pains in the back and bearing-down pains in the abdomen and was in a general run-down condition. I could not sleep, rest or work and was quite unfit to do even slight household tasks. A friend told me about your Vegetable Compound and I in my turn truly recommend it, as my severe symptoms vanished and I am better in every way. I do my own work, look after my children and see to chickens, cow and my garden. I also recommend it for young girls who are weak and run down, as my 16-year-old daughter has taken it and is quite her own gay self again."—Mrs. Fred. Wiley, Viscount, Saskatchewan.

I Live On A Farm

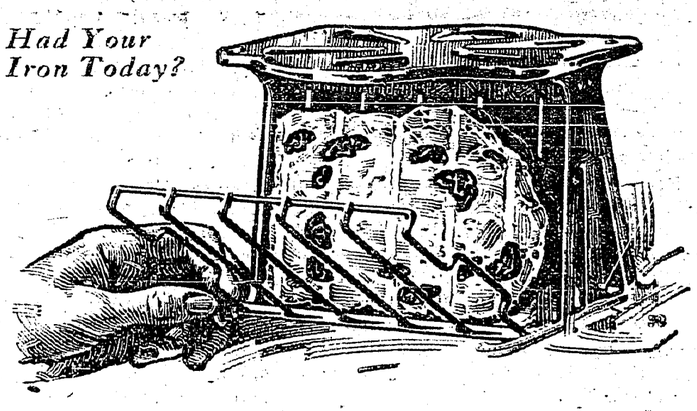
Upper New Horton, N. B.—"I have taken Lydia E. Pinkham's medicines and they have done me a world of good. Since then I have been able to do my housework and I have a lot of work to do as I live on a farm. Seeing your advertisement in the papers was what made me think of writing to you. I hope this will help someone else."—Mrs. Wm. B. Keiver, Upper New Horton, New Brunswick.

25¢ "MECCA" 25¢
OINTMENT
for Burns, Sores, Cuts, Etc.
Get Free Sample From Your Druggist

Automobile Roads in B.C.

Great activity prevails in the preparation of automobile roads for the summer's tourist traffic in B.C. A gang of three hundred men are now at work on the highway between Rossland and Cascade, which will connect the boundary with the Kootenay region and is expected to be completed this season.

Had Your Iron Today?



Toast It—
Delicious *Raisin* Bread

DO this some morning and surprise the family: Serve hot *raisin toast* at breakfast, made from full-fruited, luscious raisin bread. Let your husband try it with his coffee. Hear what he says.

Your grocer or bake shop can supply the proper bread. No need to bake at home.

Made with big, plump, tender, seeded Sun-Maid Raisins, and if you get the right kind there's a generous supply of these delicious fruit-meats in it.

Insist on this *full-fruited* bread and you'll have luscious toast.

Rich in energizing nutriment and iron—great food for business men.

Make most attractive bread pudding with left-over slices. There's real economy in bread like this.

Try tomorrow morning. A real surprise. Telephone your dealer to send a loaf today.

Blue Package

Sun-Maid *Seeded* Raisins

Make delicious bread, pies, puddings, cakes, etc. Ask your grocer for them. Send for free book of tested recipes.

Sun-Maid Raisin Growers,
Membership 13,000
Dept. N-44-12, Fresno, Calif.

105

Neutral Zone In Ireland May Solve Difficulties For North And South

Belfast.—The big neutral zone experiment, establishing a five-mile strip of neutral territory in the Pettigoe and Belleek district of the Ulster-Free State border, under a triple agreement by the British, the provisional and northern governments, is made effective, Premier Sir James Craig, of Ulster, told an interviewer.

Premier Craig said the military took complete control of two and one half miles on either side of the border, the Royal Ulster Constabulary taking one side and the Free State police, unarmed, occupying the other side of the border.

Premier Craig explained that the zone was an experiment, but if it proved satisfactory it might be extended to other portions of the border where disturbances constantly were arising, especially where the railway ran in and out of Free State territory past Lifford.

Sir James intimated that if the neutral zone system worked out as it was intended, it might supersede the proposed boundary commission which Ulster had refused to recognize. The zone would make no difference in the administration of local affairs.

"Military control in the zone," the premier continued, "will not mean martial law, which I regard as the negation of all law. The zone might last a few years until conditions have settled down and Ireland is quiet again. Our legal advisors on the spot recommend it as an experiment intended to deal with an exceptionally difficult problem."

Lord Mayor Coates said that when he visited the home of the late Field Marshal Sir Henry Wilson on the day of his assassination, Lady Wilson said to him: "I trust his death will be a benefit to the future of Ireland."

"From that moment," the lord mayor continued. "I resolved to make one more appeal to the inhabitants of Belfast. It is first to ask those who are Protestants, Unionists or Loyalists, out of respect to the memory of the late Sir Henry, and, second, all Roman Catholics, who very often complain that those of their religion are objects of attack—to ask every one in fact, to refrain for the next 10 days from all acts of violence and disorder and from all burning and looting. It is a bold request to make. God grant that it may be received in the spirit in which it is made."

MINARD'S "KING OF PAIN" LINIMENT

Blistered Feet, Sore Feet, Tired Feet, Burning and Aching Feet.

After a hard day's work or a long tramp and your feet are completely used up, bathe them in hot water, then rub them well with MINARD'S LINIMENT. It will relieve you and you will never be without a bottle.

WANTED — SALESMAN WITH Ford in each town. Make $150 weekly selling greatest Ford specialty invented. Milfred, 75 Jarvis, Toronto.

PETRIE'S MACHINERY TORONTO

WE make and can ship promptly
Honey Extractors — Hand and Power.
Uncapping Knives and Strainers,
Storage Tanks,
Hives, Supers and Fixtures,
Comb Foundation,
Smokers and Bee Veils,
Italian Queens
and all other Requisites for Bee Keeping
Send for Catalogue
RUDDY MANFG. CO., LTD.
Dept. D. Brantford, Ont.

Germans Could Build Long-Planned Tunnel

Minister of Public Works Submits Plan to French Government

Paris.—A huge war reparations plan under which the Germans who reconstruct France and also build the long-planned tunnel under the English Channel has been submitted by the Minister of Public Works, M. Le Troquer, to Premier Poincare, who has laid it before the French members of the reparations commission. The plan involves the use of German labor and materials to the extent of 20,000,000,000 francs.

The newspapers publishing the details fully approve the project, declaring that under it Germany cannot refuse to pay. They assert that if she is able to carry on the construction of railways and telegraph lines in Germany she is able to reconstruct the worn-torn areas in France and also to help build the canals, electric power plants and railways which are needed in France and which are now under partial construction.

Murdered!

Put right out of business, a whole family not of good honest folks—but of Corns—sore, troublesome corns that sting and bite. Putnam's Corn Extractor is the only painless sure relief for corns, it never fails, 25c everywhere.

Canada Should Advertise

Member of British Parliament Says We Should Tell the World What We Produce

Toronto.—Canada needs world-wide publicity, declared Sir Charles F. Higham, member of the British Parliament for South Islington, in an interview here. As an Englishman who is supposed to know what is going on in the world, he said he did not know very much about Canada because it did not advertise very much.

"I do not know the type of manufactures Canada can produce," Mr. Higham said. "What Canada is famous for is her fine soldiers—admitted as such by everybody who came into contact with them during the war, and the envy of all nations. They gave the world a great advertisement of Canadian manhood; now in peace times the same must be done for Canadian products in the world's markets."

Many Were Wounded In Hamburg Rioting

Disturbance Caused by Demonstration Over Rathenau Assassination

Berlin.—One man is reported to have been killed and ten others wounded in disturbances which followed a big demonstration in Hamburg over the assassination of Foreign Minister Rathenau.

While the crowds were dispersing they found fully armed police standing at strategic points under orders to shoot anyone who loitered. Disturbances followed and at one point where the demonstrators refused to move, the police fired.

Official announcement has been made that Chancellor Wirth temporarily had taken over the portfolio of foreign minister, made vacant through the assassination of Dr. Rathenau.

Larkin Denies Rumor of Resignation

London.—Hon. P. C. Larkin says the rumor that he may resign as Canadian High Commissioner is preposterous.

Despatches have been sent out of Ottawa to the effect that Hon. Mr. Larkin has intimated to Premier MacKenzie King that he would resign the high commissionership within the next few months and return to Canada as he was out of sympathy with the immigration policy of the Dominion Government.

WESTERN EDITORS

Reg. M. Oliver, Publisher of The Herald, Miniota, Man.

If You Have Neuralgia, Rub on "Nerviline"

Apply Nerviline to the sore spot. Notice the warm glow that spreads deeper and wider as Nerviline's soothing influence is carried deep into the sore tissue. How quickly the pain is eased. In a little while you have forgotten it, the soreness has actually gone. For Neuralgia, Sciatica, Rheumatism, Nerviline is a boon. Large 35c bottles. Sold everywhere.

Successful Chinese Trapper

Reaches Edmonton from Far North With Good Catch of Furs

Edmonton.—Mah Loo, Chinese trapper from Fort Chipewyan, is a visitor in the city, disposing of his winter catch of peltries from the Delta country at the mouth of the Athabasca iRver, where during the cold weather season he was successful in making a big catch.

Mah Loo is the pioneer Celestial of the north country, and though others of his nationality have strayed towards the Arctic Sea on the British Columbia and Yukon side of the border, so far no Chinaman has attempted to gain a living from the wilderness in Northern Alberta.

Jugo-Slav Agitators Have Been Sentenced

Five to Die and Others Get Long Prison Terms

Belgrade.—Following the trial of several hundred persons charged with agitating against the public security, five have been condemned to hang, seven were given twenty years at hard labor, and sixty-eight received sentences ranging one to sixteen years.

King Alexander has pardoned Steitch, the twenty-eight-year-old painter, who was condemned on Feb. 23 for his attempt to assassinate the King in June of last year.

For Catarrh.—It is one of the chief recommendations of Dr. Thomas' Eclectric Oil that it can be used internally with as much success as it can outwardly. Sufferers from catarrh will find that the Oil when used according to directions will give prompt relief. Many sufferers from this ailment have found relief in the Oil and have sent testimonials.

Claims Plot Against Life of Poincare

Member of French Parliament Accuses Communist Deputies

Paris.—Accusing Communist deputies in the French chamber of inciting a plot to assassinate Premier Poincare and demanding that a law be passed immediately authorizing the Minister of Justice to place the most violent members of the Communist party under arrest, Leon Daudet, royal member of Parliament, caused an uproar in the chamber. The debate developed into invectives against the Premier from the Communist benches in which the cry, "Poincare means war," was flung at M. Poincare by Deputy Ernest Laffont.

After Outdoor Sports
Summer's piercing sunshine tires and irritates the eyes. After bathing and other outdoor sports, use Murine. It soothes and beautifies. Sold and recommended by druggists everywhere.

MURINE FOR YOUR EYES

No General Election Before Next Session Announced By Premier

Ottawa.—Sir Louis Davies, Deputy Governor-General, in formally proroguing Parliament, reviewed legislation passed during the session which has closed. The act based on the report of the special committee on transportation costs would "effect immediate substantial reductions of freight rates in a manner which cannot fail to be of far-reaching benefit to all parts of the Dominion," it was declared.

Measures adopted for the returend men would do much to ensure fulfillment of the patriotic purposes they were intended to serve. By amendment to the election laws, full freedom of the franchise had been secured for additional thousands of Canadian women.

The Speech from the Throne, following a review of sessional work, stated that a conference between Federal and Provincial authorities on unemployment was being arranged.

J. T. Shaw (Progressive) West Calgary, asked whether the premier could give an assurance that redistribution would proceed the next general election.

"I think I can assure the Honorable Gentleman," replied Hon. Mackenzie King, "that there will be no election before the next session of parliament, and as soon as the next session convenes it is the intention of the Government to introduce a redistribution measure."

E. J. Garland (Progressive), Bow River, asked whether there would be a fall session of parliament.

Mr. King replied that in this matter he wished to consult the convenience of members of parliament and he understood from the three whips that it would suit the great majority of the members if parliament met early in January.

This announcement was greeted with loud cheers.

"The Right Honorable gentleman," commented the leader of the opposition, "has retired from his last possible position, not with good grace, but with as good grace as could be expected."

"I may remark," returned the premier, "that the leader of the opposition has accepted it with his usual grace."

"Because," answered Mr. Meighen, "he has now taken up the position that I have always occupied, and this is one of the great reforms that was promised which has turned out not to be a reform at all but merely a promise."

Thinks Ontario System Better

Drury Satisfied With Prohibition After Visit to B.C.

Toronto.—"In my opinion Government control of liquor is not anywhere near so successful as the temperance measure we have in Ontario—straight prohibition," said Premier Drury on his return from a fortnight's sojourn in British Columbia, one of Canada's two "wet" provinces.

"From the standpoint of temperance," he added, "I feel that the system we have in Ontario is the better one. I come back more satisfied than I was before that straight prohibition is the better of the two policies."

Plead Co-operation Between Provinces

Montreal.—The Canadian Society of Technical Agriculturists met at MacDonald College in convention with delegates present from all parts of Canada. Pleas for co-operation and better understanding between the provinces marked the opening addresses at the various gatherings.

AFTER EVERY MEAL
WRIGLEY'S

Satisfies the sweet tooth, and —aids appetite and digestion.
Cleanses mouth and teeth.
A great boon to smokers, relieving hot, dry mouth.
Combines pleasure and benefit.
Don't miss the joy of the new NIPS—the candy-coated peppermint tid bit!
Chew it after every meal.

Packed Tight— Kept Right

C16

WYNNDEL ROAD

TENDERS FOR CLEARING

SEALED TENDERS so marked will be received by the undersigned at Kaslo, B.B., up to Tuesday, July 25th, 1922, for clearing, stumping, grubbing and burning all timber, brush, stumps and roots on the right of way of the above road, from the Creston-Kuskanook road extending easterly for about 2450 feet, by 40 feet wide, to the southwest corner of Block 6, Sub lot 63, being approximately 2¼ acres.

The contractor to furnish all necessary tools and supplies. The work shall be commenced within ten days after acceptance and completed to the satisfaction of the undersigned before September 30, 1922.

The contractor will be responsible for any damage done to private property during clearing operations.

The lowest or any tender not necessarily accepted.

J. D. MOORE,
General Foreman.

GOVERNMENT HOUSE.
Victoria, June 16, 1922.

Present:

HIS HONOUR THE LIEUTENANT GOVERNOR IN COUNCIL.

On the recommendation of the Honourable the Attorney-General, and under the provisions of Section 7 the "Weekly Half Holiday Act" His Honour the Lieutenant Governour, by and with the advice of the Executive Council doth order as follows:—

That beginning with Wednesday, the 21st day of June, 1922, Wednesday in each week thereafter be appointed a day to be observed as a half holiday by all the employees in all the shops within that area comprised in Lots 524, 525, 526, and 891, Group 1, Kootenay District, British Columbia, within which area the town of Creston is situate, save and except those shops to which the "Weekly Half Holiday Act" does not apply.

J. D. MACLEAN,
Clerk of the Executive Council.

Loyal Orange Lodge, No. 2095

Meets THIRD THURSDAY of each month at Mercantile Hall. Visiting brethren cordially invited.

ERIC OLSON, W.M

CRESTON DAIRY

MILK

8 Quarts $1.00
Per Gallon ..... 45c.

A. COMFORT

B. A. MOORHOUSE
Provincial Land Surveyor
Surveys and Plans of all Descriptions.
Enquire R. Lamont's Office
CRESTON, B.C.

A Ford NOW Meets the Situation

Why let luxury (that you do not need), size (that you do not want), Speed (that you cannot lawfully use), lead you into buying a car that you cannot afford to own.

The new Excise Tax has come into effect, so laid down price of Ford cars are:

Touring . . . $770.59
Light Delivery 732.57
Chassis 637.54
(with Starter in each case)

Buy a Ford, it is lowest in price, Lowest in maintenance, cost lowest in depreciation, and provides anything you can ask for.

Creston Auto & Supply
R. S. DEVAN, Prop.

THE CRESTON REVIEW

Issued every Friday at Creston, B.C. Subscription: $2.50 a year in advance, $3.00 to U.S. points.

C. F. HAYES, Editor and Owner.

CRESTON, B.C., FRIDAY, JULY 14

Domestic Pack

During the session of parliament 113 applicants for divorce were presented to the senate and 102 were granted. Nine were not prosecuted and two were rejected. In 1913 the total number of applicants was only 36. Since then there has been a steady increase. Formerly divorce in Canada was regarded as a luxury of the rich. This is no longer the case. The applicants now came from all classes. Of the 104 cases heard this session, 63 were the application of husbands and 41 the applications of wives.

Judging by the selling price and shipping returns the dwellers on the prairie have, temporarily at least, sworn off on strawberry shortcake as well as theother forms in which the festive strawberry has hitherto been in demand in quantity. Advices from the coast are to the effect that the shipping season for "straws" is now over and that less than 70 carloads were shipped this year as compared with 160 cars in 1921—about 43 per cent. of a normal crop. Unless the people's appetite has undergone a sudden and radical change this short demand for strawberries surely presages an average raspberry market. In all regular and well governed households a few jars of canned raspberries are almost as great a necessity as salt and a Saturday night bath.

At the time of the provincial general election in December, 1920, there was quite a stirring fight between Messrs. Caven and Leitch for the honor of carrying the Tory standard in Cranbrook in the contest with Dr. King, then B.C. minister of public works, the nomination going to Mr. Caven. On July 4th the Tories had another nominating convention to select a candidate to carry the Conservative standard in the impending by-election and the honor was conferred on N. A. Wallinger with the greatest display of unanimity known in political history in East Kootenay. Mr. Wallinger may or may not prove to be the goat, but when the old Conservatide war horse Thomas Donald Caven is passing on a nomination with his gracious compliments one is reminded of the old saying that pigs may fly, but they are most unlikely birds. But, we shall see—when the ballots are counted.

Now that the British Columbia apple output has reached the point where an outlet for some considerable part of it has to be found overseas—and in which export movement Valley growers will have to participate if the prairie market is to be stabilized—more than ordinary interest should be manifest in the appearance here on July 26th, of J. Forsyth Smith, the Dominion Fruit Commissioner in Great Britain, who will speak at a meeting of the growers on the various aspects of the English market. Mr. Smith comes exceptionally well prepared to discuss the matter in hand. At one time he was editor of the Vernon News, and in that capacity had considerable opportunity to size up the growers side of the marketing problem. Later on he was the prairie fruit markets commissioner for the B.C. government where he undoubtedly acquired a thorough knowledge of the western Canada apple marketing situation, while for the last six years he has held down a similar post for the federal government in London. In view of this wide experience it is at once apparent that Mr. Smith should know what he is talking about, and certainly his appearance at this juncture is most timely, and under all the circumstances should assure a very large turnout at his meeting on the 26th.

In view of an impression that seems to be abroad in certain quarters that unless the hay lands on the Flats are fenced the Stockbreeders Association would not be in a position to prosecute persons who turn their stock on the hay lands without a permit within the closed seasons established by the department at Victoria, the following extract from a letter from the grazing commissioner, will be of interest. Mr. MacKenzie states: "It is a fact well established by court decisions that Governments do not have to fence their lands in order to prevent trespass by livestock. The driving or allowing livestock to drift on to Crown ranges of this province without a permit constitutes a trespass for which heavy penalties, under the law, may be imposed, and such cases are being dealt with severely in order that the legalized users may be protected."

After all there's nothing like going into business for yourself to find out just exactly how much money the boss is supposed to make. For years patrons of the dining cars who have been set back two bits every time they partook of a baked potato, and most likely double that account when a baked apple was consumed, and with all the other items on the menu in like proportion as to cost, the prevalent idea has been that there was big money in the dining car trade; couldn't help but be with so much service and silverware and so little in the line of foodstuffs. However that get-rich-quick idea was quite erroneous as a return brought down during the recent session of parliament shows that the dining cars on the government owned railways lost almost a quarter of a million dollars in 1921. Of course the deficit was met out of the revenues of the country—the income tax collected from the waiters possibly mitigating the circumstances in some slight measure.

The Province of Quebec has set one more trap to catch the fellow who through carelessness or cussedness fires the forests. The Government of that Province has issued an order that all who range the woods within its domain shall first obtain a permit through the Forest Department. The order, it is explained, will cause no hardship; the party travelling, camping, fishing, or whatever may be the purpose of the forest voyage will merely have to designate the purpose and the route. In other words, the Forest Department will have a fairly clear knowledge of its guests and what they are about. And if fires occur there will be somebody to ask as to the whys and wherefores. This looks like an intelligent bit of legislation in view of the appalling losses which are constantly occuring through bush fires, and one which other Provinces might well adopt.

Boys are accused of breaking the glass in the letter boxes at the New Denver postoffice.

Hot Weather Needs?

We can Supply them!

Ladies' Summer Underwear in Watson's Make

Sleeveless Vests, V neck, sizes 36, 38 40, at 40c.
Out sizes at 50c.
Full Dress, web finish, at 65c.
Sleeveless Combinations at 1.00, 1.45, 1.75
Child's Vests, all sizes, 30c.
Children's Combinations, all sizes, $1.15 each.
Children's Cotton Sweaters in Navy and White and Navy and Red, long sleeves, 60c

Men's Underwear

Athletics at 1.50
Spring Needle Combination at $2.00
Spring Needle Shirts and Drawers at $1.00

CRESTON MERCANTILE COMPANY
LIMITED

The Fruit Farmer

Like the grain grower, the fruit farmer finds the services of a bank indispensable in carrying on his productive industry.

If you have to solve financial problems in improving, harvesting, shipping or collecting payment for your crops, discuss the question with our local bank manager.

IMPERIAL BANK OF CANADA
CRESTON BRANCH,
C. W. ALLAN, Manager.

Your Ambition

whatever it may be, will be more easily achieved if you have created a strong ally in the shape of a Savings Bank balance.

It gives courage in present difficulties and confidence for the future.
No beginning is too small and no aim too high.
Open an account to-day.

THE CANADIAN BANK OF COMMERCE
PAID-UP CAPITAL - - $15,000,000
RESERVE FUND - - $15,000,000
CRESTON BRANCH, C. G. Bennett, Manager.

Transfer, Livery and Feed Stables

Sleighs and Cutters. Team Sleighs
Single and Double Harness and Supplies
Several Sets of Second-Hand Harness

Coal and Wood For Sale.

H. S. McCREATH
Phone 56 Sirdar Ave. Creston

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand Hams and Bacon
Finest Quality Cooked Ham
Lunch Meat
Bologna, &c.

are always to be had here. In meats nothing quite equals 'Shamrock' products.

P. BURNS & CO., Ltd.

A. Mirabelli

Shoe and Harness Repairing

Men's Half Soles, $1.25
Women's Half Soles, $1.00
Guaranteed for 6 months.

Secondhand Store in connection with business

Synopsis of Land Act Amendments

Minimum price of first-class land reduced to $5 an acre; second-class to $2.50 an acre.

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health, or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued, provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained in less than 5 years, and improvements of $10.00 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required.

Pre-emptor holding Crown grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes areas exceeding 640 acres may be leased by one person or company.

Mill, factory or industrial sites on timber land not exceeding 40 acres may be purchased; conditions include payment of stumpage.

Natural hay meadows inaccessible by existing roads may be purchased conditional upon construction of a road to them. Rebate of one-half of cost of road, not exceeding half of purchase price, is made.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from for one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

No fees relating to pre-emptions are due or payable by soldiers on pre-emptions recorded after June 26, 1918. Taxes are remitted for five years.

Provision for return of moneys accrued, due and been paid since August 4, 1914, on account of payments, fees or taxes on soldiers' pre-emptions.

Interest on agreements to purchase town or city lots held by members of Allied Forces, or dependents, acquired direct or indirect, remitted from enlistment to March 31, 1920.

SUB-PURCHASERS OF CROWN LANDS.

Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfilment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be distributed proportionately over whole area. Applications must be made by May 1, 1920.

GRAZING.

Grazing Act, 1919, for systematic development of livestock industry provides for grazing districts and range administration under Commissioner. Annual grazing permits issued based on numbers ranged; priority for established owners. Stock-owners may form associations for range management. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

Soldiers Memorial Nearing Finish

Work has now progressed so far on Creston's Monumental soldiers' memorial that it would now seem certain that the unveiling will take place not later than September—on Labor Day if the work can be completed by that time.

At the end of the week the Wilson quarry at Sirdar had the stone erected and finished ready for the cutting in of the names, while the four bronze wreaths that will adorn the top are on order in the Old Country and are expected to arrive within the next six weeks. As soon as the wreaths are on the way the work of cutting in the names will commence and no time will then be lost in proceeding with the unveiling.

In connection with the wreaths a matter of $65 is still required to finance this feature of the monument. Contributions have been received as follows for this work: Sirdar school children and citizens, $53; Creston Valley Red Cross Society, $50; Erickson school, $22; Lister school, $6; Huscroft school, $5.

There will be 25 names shown on the memorial, comprising the ones which are inscribed on the wooden pillar at the bank corner and also that of Harold Kemp, who was at one time a resident at Erickson. The detail as to names has been taken up with the G.W.V.A. and they have approved of the course adopted by the local memorial committee.

Arrangements for the unveiling ceremonies will be made by a citizens committee, which will be made up of one or more representatives of all the organizations and lodges in the Valley, and effort will be made to make the event in every way worthy of the cause.

The original memorial committee will appreciate it very much if those who subscribed to the memorial fund will at once pay in to C. G. Bennett, treasurer, the amounts they promised for this work. The amount outstanding is not large, the contributions overdue being invariably small but quite large in number. Now that the stone is practically completed the contractor is looking to be paid, and the committee are anxious to meet this abligation at once.

Canyon City

The United Farmers at their Saturday night meeting, July 1st, decided to request the provincial government to supply seed with which to plant the burnt over area in this district in order to choke off a sure crop of weeds and thistles. The committee working for the establishment of a postoffice here as well as the picnic grounds committee both reported progress.

At the conclusion of the next session of the United Farmers a meeting of all interested will be held for the purpose of forming a stockbreeders' association with the object in view of bringing in a purebred bull for the use of local cattlemen.

The ice cream festival and dance, which wound up the school year on June 30th, was successful to the extent of making $5 net for the piano fund.

Showery weather and the absence of wind has reduced the forest fire menace measurably. For a couple of days at the end of the month every man available was working as a fireman to keep the blaze out of the irrigation water shed as well as from the mill and lumber piles of Canyon City Lumber Company.

W. Witherhead of Yahk and Jock McRobb of Lumberton were Dominion Day week-end visitors at their homes here.

George Young, of Scarboro, Ontario, spent the past week with his brother, Hilton Young, here, while on a trip to the coast for the benefit of his health. In addition to farming he is also into fruit growing to some considerable extent, but states that the perfect pack and excellent grade of B.C. apples si steadily crowding the Ontario fruit off the best markets.

Principal Kolthammer has just announced the honor roll winners in Division I. of Canyon school for the past year as follows: Regularity, Edna Hickey. Deportment Florence Clayton. Proficiency, Signe Nelson.

Mrs. Pepperdine and two daughters of Calgary, Alta., are here on a month's visit with Mrs. Bateman.

Miss Muriel Knott, who has been teaching at Shuswap Lake, and Miss Frances Knott, who has been in attendance at the high school at Kaslo, are home for the summer holidays.

Miss Olsen of Spokane is a Canyon visitor at present, with her father Eric Olsen.

This week will see the completion of the new barn Hilton Young has erected on his ranch here. The structure is about 40 x 50 feet, and will provide amply for present needs in this line.

At the school meeting on Saturday night A. D. Pochin was re-elected trustee for another three-year term, and W. Searle was the choice for auditor. $1600 was voted wherewith to carry on the school the incoming year, which will provide a stipend of $1200 for Principal Kolthammer and $1050 for Miss Wood, teacher of Division II. Both teachers are expected to remain for another year.

N. A. Wallinger, former government agent at Cranbrook, has just been nominated as Conservative candidate for the pending bye election in that constituency rendered necessary by the resignation of Dr. King to become a member of the Liberal administration at Ottawa.

Remember

IMPERIAL POLARINE OIL (*Light Medium Body*) is the lubricant recommended for your Ford.

A Passenger You can't afford to haul—

Briefly, these are some of the results of using too heavy an oil for your Ford.

(1) Engine drag and loss of power.
(2) Improper oil distribution.
(3) An overheated engine.
(4) Excess carbon deposit.
(5) Unnecessary friction and wear.
(6) Large repair bills.
(7) Rapid depreciation.
(8) Excess fuel and oil consumption.

What is the remedy? Use Imperial Polarine Motor Oil (*Light Medium Body*), which is especially adapted to the mechanical requirements and operating conditions of your Ford engine.

Have your crank case cleaned and refilled today with Imperial Polarine Oil (*Light Medium Body*), and realize full Ford economy and efficiency.

IMPERIAL OIL LIMITED

Manufacturers and Marketers of Imperial Polarine Motor Oils and Marketers in Canada of Gargoyle Mobiloil.

Made in five grades for the proper lubrication of all makes of automobiles, trucks and tractors

KILL the Forest and you kill its payroll

FOREST products mean work and prosperity for you

FIRES in the woods cost the taxpayer $450,000 last year

KEEP a watch on your camp-fire and all lighted substances

DOWN with the high cost of carelessness!

TAXES must pay for fighting forest fites. Reduce your share

Fruit Boxes

We would advise placing orders now for Fruit Boxes and avoid the rush and possible disappointment later on. We will be able to give a very low price delivered to the orchard, and will give till Nov. 1 to pay for thew.

Canyon City Lumber Company
LIMITED

Select Laxative Medicine With Great Care

In debility and weakness, medicine should be mild and far reaching. Many pills and purgatives are too hard, are drastic instead of curative. Excessive action is always followed by depression, and knowing this Dr. Hamilton devised his pills of Mandrake and Butternut so as to mildly increase liver and kidney activity, so as to flush out the system of toning and regulating the bowels. Thus do Dr. Hamilton's Pills eliminate poisons from the body, thus do they restore clearness to the skin, thus do they renew health and strength. To keep your system in healthy good working order, regulate it with Dr. Hamilton's Pills, 25c all dealers or The Catarrhozone Co., Montreal.

MY CANADA

— BY —

ELINOR MARSDEN ELIOT

Published by Special Arrangement with the Author

(Continued)

I laughed. "I hope my application did not give you such a false impression," I said.

"I was just looking for false impressions," Miss Fiske replied. "When Dad said that you did not seem to have had the sort of experience that we wanted, and that he'd bet you were a lady that never done a day's work in your life—because you said 'shall' where we would say 'will'—I told him that I was going to have you anyway. You see," she finished apologetically, "I am the youngest of the family and the only girl, and I suppose I am spoiled."

After this explanation we talked with less constraint, and by the time we reached the farm I had classified Miss Gypsy as a new and very interesting specimen.

John Fiske is the proud owner of a model farm, and as such he has been photographed and interviewed for all the agricultural journals in the province. Unlike most of the farm homes we had passed, this one is surrounded by trees, the native poplars and Balm of Gileads, and magnificent Scotch firs that were planted thirty years ago by Mrs. Fiske when she came here a bride. The house stands on a natural terrace, and below this is a level stretch of lawn which reaches to the bank of the little river. At a good distance from the house are the barns and other outbuildings, among the latter being a galvanized-iron garage as obviously new as its owners.

"We'll just drive around to the kitchen door," said Miss Fiske. "Mother will likely be getting supper ready."

Mrs. Fiske came to meet us and welcomed me kindly, but I could see that she too was rather surprised by my appearance. I am beginning to think that I must have an awfully helpless look!

"Just set here a minute," she said, after we had been introduced, "while Orvetty takes the car to the garage." (She pronounces "garage" to rhyme with "carriage.") "I daren't leave these potatoes long enough to take you upstairs."

Mrs. Fiske is a fine-looking woman, and it is evidently from her that Gypsy inherits her beautiful skin and odd colouring. But it is also quite evident that Mrs. Mills's description of her as the stupidest critter she ever knew is not far wrong. Mrs. Mills probably did the best she could with a limited vocabulary, but if I were asked to describe Mrs. Fiske in one work, that word would be "bovine."

Gypsy came back in a few minutes and we went upstairs together. As we stood on the landing to admire the view, Mrs. Fiske called Gypsy back. In a moment she returned to me, smiling.

"Mother said I was to ask you if you would rather have the spare bedroom than the one that the other girls have had. I think that you will like the hired girl's room best—I know I do. Did you ever sleep on a feather tick in a room that is decorated by ten years' Christmas presents?"

I was obliged to admit that such a pleasure was still in store for me, and also that I would prefer to occupy the room that had been prepared for me. I have seen the feather tick and the Christmas presents since, and I think I chose wisely.

I was surprised to learn that the house contained a very up-to-date bathroom, the water for which is pumped by a gasoline engine from a well in the basement.

At the tea-table I met Mr. Fiske and the son, Fred. There is another son, the eldest of the family, who is married and living on a place of his own not far away. Gypsy tells me that Fred is to be married at Christmas, to the district school-teacher, and she adds that a teacher is as hard to keep in the country as a servant.

Mr. Fiske has four "hired men," but they do not have their meals with the family. In the old house, where room was at a premium, they did so; but now, at the risk of being called a snob, Mrs. Fiske sets the family table in the dining-room and the men eat in the kitchen. I have not read a great many stories of farm life in America, but in all that I have read the awkward labourer eating peas with a knife was one of the indispensable properties. Another illusion vanished.

When the evening work was done, Mr. and Mrs. Fiske and Gypsy and I met in the parlour to discuss my affairs.

Before I go any farther I must describe that parlour, the queerest mixture of good and bad taste that I have ever seen. A very good carpet was on the floor; and white lace curtains, elaborately draped and held in place by bows of red ribbon, covered the windows. The plush-covered "parlour-suite" was made all the more glaring by a few pieces of really good oak. The pictures ranged from the Pears' Soap school in massive gilt frames to properly mounted sepia prints. And at one end of the room was a mirror-set organ, while at the other was the player-piano which was a birthday gift from Mr. Fiske to his daughter. In the midst of all this grandeur sat Mr. Fiske himself, coatless and collarless.

Gypsy broke the silence.

"I guess you were right about Miss Eliot, Dad. I'm sorry I was so stubborn. But can't she stay and visit me until you find a really truly hired girl?"

"That is for Miss Eliot to say," Mr. Fiske replied with a kindly smile.

"Oh, I would love to stay, even if I did come under false pretences," I hastened to say; "but only if you will let me help around the house. I can do a few things, you know."

"Well, Mother, what do you say?" asked Mr. Fiske.

"I'd be real glad to have you stay, Miss Eliot," replied his wife. "Gypsy don't seem to take to the neighbours' girls, an' I often think that she must get lonely here all day with no young folks to talk to."

"Hurray!" exclaimed Gypsy. "I'm not such a dismal failure as an employment agent after all, am I?" And she hugged first her father and then her mother—and then gave me a shy little squeeze too!

So I wrote to Mrs. Arnold at once and told her I should be here as Gypsy's Fiske's guest for a couple of weeks, and then I felt that I could "turn right in and have a good time," according to Mr. Fiske's instructions.

For the benefit of philologists let me record that "right" is the most overworked word in the Canadian vocabulary.

(To be continued)

Backache

Backache is the outstanding symptom of kidney disease. Women often make the mistake of attributing other causes and overlook the derangement of the kidneys until serious developments have made it difficult to obtain permanent relief.

This letter points to a treatment which has been so thoroughly tried and proven so effective in the great majority of cases that you cannot afford to overlook it when cause arises for its use.

Mrs. Albert Brunet, R.R. No. 1, Ottawa, Ont., writes:

"I have used Dr. Chase's Kidney-Liver Pill for the past two months, having been afflicted with kidney trouble. I used two dozen medicine previous to [illegible] A friend told me to use Dr. Chase's Kidney-Liver Pills, and the second box made me feel a good deal better. I have now used about six or eight boxes, and am completely relieved."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 75c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Oxygen breathed in by any person can be measured by a newly designed apparatus.

Wise and experienced mothers know when their children are troubled with worms and lose no time in applying Miller's Worm Powders, a most effective vermifuge. It is absolute in clearing the system of worms and restoring those healthy conditions without which there can be no comfort for the child, or hope of robust growth. It is a most trustworthy worm exterminator.

Te English land league is three statute miles.

Unless worms be expelled from the system no child can be healthy. Mother Graves' Worm Exterminator is an excellent medicine to destroy worms.

The Proper Suggestion

When Bill went all to pieces. And what do you think his wife said to him?

"Who—What did she say?"

"Bill, collect yourself!"

Minard's Liniment for Dandruff

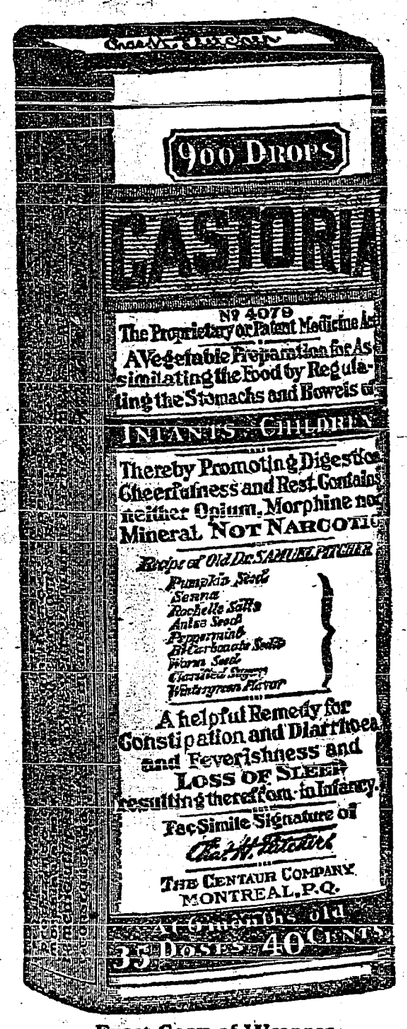
Are You Human?

A little baby. A little child. Don't they appeal to you? Doesn't your heart yearn to pick them up, to cuddle them close to you, to shield them from all harm? sure it does else you're not human. Being human you love them. Their very helplessness makes you reach out in all your strength to aid them. In health there's no flower so beautiful. In illness there's no night so black.

Save them then. Use every precaution. Take no chance.

When sickness comes, as sickness will, remember it's just a baby, just a child and if the Physician isn't at hand don't try some remedy that you may have around the house for your own use.

Fletcher's Castoria was made especially for babies' ills and you can use it with perfect safety as any doctor will tell you. Keep it in the house.



Exact Copy of Wrapper.

Children Cry For

Fletcher's

CASTORIA

A Word About Truth.

"Great is Truth, and mighty above all things." So says the Old Testament, yet it is equally true to-day. Truth shows no favors, fears no enemies.

From the inception of Fletcher's Castoria, Truth has been the watchword, and to the conscientious adherence to this motto in the preparation of Fletcher's Castoria as well as in its advertising is due the secret of its popular demand.

All imitations, all substitutes, all just-as-good preparations lack the element of Truth, lack the righteousness of being, lack all semblance even in the words of those who would deceive.

And you! Mothers, mothers with the fate of the World in your hands, can you be deceived? Certainly not.

Fletcher's Castoria is prepared for Infants and Children. It is distinctly a remedy for the little-ones. The BABY'S need for a medicine to take the place of Castor Oil, Paregoric and Soothing Syrups was the sole thought that led to its discovery. Never try to correct BABY'S troubles with a medicine that you would use for yourself.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

Airplane Flew by Itself

Remarkable Test With New Handley-Page Machine

The stability of the new Handley-Page W 8 B aeroplanes was demonstrated during a recent flight from Paris, when the pilot was able to fly with his hands off the controlling wheel from Beauvais, near Paris, to Croydon, a distance of roughly 200 miles. The directional steering was done by means of the rudder, the machine otherwise flying on a level keel, uncontrolled for nearly two hours.

Some 426,500,000 fewer postcards were posted in England in 1921 than in 1913.

Wretched from Asthma. Strength of body and vigor of mind are inevitably impaired by the visitations of asthma. Who can live under the cloud of recurring attacks and keep body and mind at their full efficiency? Dr. J. D. Kellogg's Asthma Remedy dissipates the cloud by removing the cause. It does relieve. It does restore the sufferer to normal bodily trim and mental happiness.

Better to hold your tongue today than regret your words tomorrow.

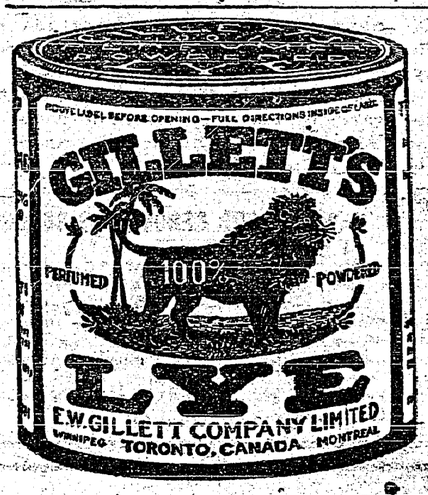
MACDONALD'S BRIER

The Tobacco with a heart

- Canada's Best Buy -

THE ECONOMY PACKAGE

½ lb - 85¢ (ALSO PROCURABLE ½ lb. PACKAGE 15¢)



WORLD HAPPENINGS BRIEFLY TOLD

King George has appointed the Prince of Wales a Knight of the Thistle.

Prince Yorinito Higashi-Fushimi, 55, scion of one of the oldest princely families and admiral in the Japanese navy, died June 26 at Hayima.

Since the assassination of Field Marshal Wilson and Dr. Walter Rathenau, both President Millerand and Premier Poincare have been closely guarded by detectives. Their homes also are surrounded by police.

Germany is suffering from a violent attack of spy fever. During the past four years 400 cases of espionage have been tried, and a prosecution which took place the other day was the 120th within twelve months.

The dignity of an Earl of the United Kingdom, with the hereditary title of the Earl of Ypres, has been conferred by King George upon Field Marshal Viscount French. The announcement was made in The Official Gazette.

Several thousand school children placed Canadian maple leaves and flowers upon the graves of Canadian soldiers at Shorncliffe Cemetery. The floral tributes included a massive wreath from the girl students of Talbot, Lord Roberts and Ryerson Schools of London, Ontario.

The Dominion Government will pay the Canadian Pacific Railway $32,000 for the removal of a span of the bridge over False Creek, Vancouver, B.C., to permit of the movement of vessels. An item in the supplementary estimates to provide for the payment of this amount to the C.P.R. has been passed.

L. E. Reid is training some of his carrier pigeons at Sault Ste. Marie, Ont., for use with the 10-passenger aeroplane which is to make a survey of the forest in the Michipicoten area this summer for the Spanish River Pulp and Paper Company. Already six of them have made the flight from Searchmont to the Soo, a distance of about 30 miles, in a little better than half an hour.

Something Special for the Fair Motorist.

A new thing in veils that will be a boon to the motorist is shown herewith. It is of chiffon, with an inset mesh face veil. The long ends are finished with elastic that slips over the hand forming a sleeve.

CATARRHAL DEAFNESS

is greatly relieved by constitutional treatment. HALL'S CATARRH MEDICINE is a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced, your hearing may be destroyed forever. HALL'S CATARRH MEDICINE acts through the blood on the mucous surfaces of the system, thus reducing the inflammation and assisting Nature in restoring normal conditions.

Circulars free. All Druggists.
F. J. Cheney & Co., Toledo, Ohio.

By the employment of a specialty devised low-temperature cooking process, investigators at the University of Illinois have succeeded in obtaining a good grade of coke from coals which seemed devoid of any coking property.

Time has Tested it.—Dr. Thomas' Eclectric Oil has been on the market upwards of fifty years and in that time it has proved a blessing to thousands. It is in high favor throughout Canada and its excellence has carried its fame beyond the seas. If it were double the price it would be a cheap liniment.

No Need to Change

Uncle John.—Willie if you could have your way who would you rather be than anybody else?

Small Willie.—Just me—if I could always have my own way.—Edinburgh Scotsman.

Keep Your Shoes Neat
2 IN 1
WHITE
Shoe Dressing
CAKE OR LIQUID

Canada's Extensive Trade

Stands First in Volume of Commerce Per Head of Population

Addressing the parliamentary committee of the League of Nations, Sir Charles Gordon, one of the Canadian delegates, stated that in volume of imports and exports Canada stood fourth among the thirty-four nations represented. In volume of commerce per head of population Canada stands first, and in export trade third, being being exceeded only by Great Britain and France.

THERE IS DANGER IN WATERY BLOOD

If Not Corrected Serious Results May Follow

In no trouble is delay or neglect more dangerous than anaemia, a poverty of the blood. It is very common in young girls and in persons who are overworked or confined within doors. It makes its approach in so stealthy a manner that it is often well developed before its presence is recognized.

But taken in time there is a tonic medicine which increases the number of red blood corpuscles thus enabling the blood to carry the life-giving oxygen to all the tissues of the body. Dr. Williams' Pink Pills have had much success in the treatment of this stubborn trouble because of this wonderful property.

The correction of anaemic conditions by Dr. Williams' Pink Pills is as certain as anything can be. Take as an example the case of Miss Mary D. Kelly, Charlottetown P.E.I., who says:—"My blood was thin and watery and my system very much run down. I could not do any work or walk upstairs without resting. I suffered greatly from headaches my appetite was poor and I was also troubled with indigestion. I began taking Dr. Williams' Pink Pills and in a short time the results showed they were just the medicine I needed. I only used six boxes but am now feeling stronger and better than I have done for several years. From my personal experience I can strongly recommend Dr. Williams' Pink Pills.

These pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

Tramp.—Could you give a poor fellow a bite?

Lady.—I don't bite myself, but I'll call my dog.

Prince Charles of Belgium is midshipman on the battleship which carried the Prince of Wales to India.

Circle Tours Through the Canadian Pacific Rockies

Delightful Trip Afforded for Tourists Over C.P.R.

By the most magnificent mountain and inland water trip in the world, passing through beautiful Banff, lovely Lake Louise, Field and Glacier thence to Arrowhead — steamer through the Arrow and Kootenay Lakes, winding in and out past majestic mountain peaks—touching at West Robson and Nelson enroute.

This delightful trip can be made in the opposite direction if desired and at remarkably low cost.

Any Canadian Pacific ticket agent will gladly give full information and arrange details.

Short Course for Publishers

Great Interest Being Taken in Conference of Western Weekly Newspaper Men

The first Short Course and Conference for Newspaper Publishers, which was held at Manitoba Agricultural College in August last year, provided four days of interest, value and enjoyment to the newspaper men who attended it and was the successful beginning of a community service of importance to the West. It is now an assured certainty that this year's Short Course and Conference, which likewise will be of four days' duration, beginning Tuesday, August 8, will be still more interesting and enjoyable and of greater value to those attending it. It will be a greater success, a success on a larger scale.

Governments and all other human institutions exist for the purpose of serving the community, and their justification for existence can be measured only by the value of their service to the community. The Department of Agriculture of Manitoba provides community service of many kinds and in varied ways; a large proportion of this service has Manitoba Agricultural College as its centre and basis of operation, and the improvement of agriculture, the betterment of the conditions of life and work of the men and women engaged in the basic industry of this country as its purpose. Every agency, method and system which serves that purpose serves and promotes the progress and prosperity of the country as a whole.

Nothing is more important in this connection than the promotion of a vigorous community spirit in every district. The local newspaper is, or should be, the voice of the community spirit. In co-operating with the local newspapers by means of the Short Course and Conference, Manitoba Agricultural College is thus doing a public service of inestimable value.

The committees in charge are making plans for the Short Course and Conference next August which will provide, as has been noted above, even more varied interest and enjoyment for each day than characterized last year's Short Course and Conference. The newspapermen who bring their wives with them will be doubly delighted, and so will their wives. There will be no lack of entertainment for either.

Manitoba Agricultural College, with its spacious buildings, beautiful surroundings, comfortable rooms and the good fare provided in its bright and airy dining hall, is an ideal place for such a gathering, especially in August.

The programme of addresses and discussions will afford opportunities of great value for the comparison of ideas, the exchanging of experiences and the assimilation of information. In addition there will be the newspaper competition conducted on similar lines to that of last year. The competition is open to newspapers published in towns of not more than 4,000 inhabitants between Lake Superior and British Columbia. Six prizes are offered besides the cup provided by the Linotype Company as the trophy for the winner of the first prize. There will also be two other competitions. One is for the cup offered by the Sales Managers' Association of Canada to the newspaper giving the best advertising service to local merchants during the month of July, 1922, and the other is the competition for the gold watch put up by the Toronto Type Foundry Co., Limited, for the newspaper giving the best local news service.

Los Angeles, Cal., was founded in 1781 by Spanish soldiers.

Minard's Liniment for Burns, etc.

MRS. FRANK WILKIE, of Syracuse, N. Y., formerly matron at the State Reformatory at Industry, N. Y., who says she is delighted with Tanlac since it restored her health after she suffered eight years.

"This is the first time in eight years that I have been free from stomach trouble and it is all because of the wonderful good Tanlac has done me," said Mrs. Frank Wilkie, 229 Cedar St., Syracuse. Mrs. Wilkie formerly resided in Buffalo and for two years was matron of the State Reformatory at Industry, N. Y.

"I was eating scarcely enough to keep alive," she declared, "for I would rather not touch a bite than suffer the misery I knew would follow. Even sweet milk disagreed with me. I was sick in bed for two and three days at a time, and gas on my stomach made such awful pressure on my heart it almost cut off my breath. I had horrible dreams at night and in the morning was all tired out.

"Well, the longest day I live I will praise Tanlac, for my improvement has been simply remarkable. I have no more heartburn, my appetite is wonderful, I can eat most anything I want, and my sleep is sound and restful. I am thoroughly delighted with Tanlac. It is wonderful."

Tanlac is sold by all good druggists.

All men of genius are said to have clear, slow-moving, bright eyes. This is the eye which indicates mental ability of some kind.

BEAUTY OF THE SKIN

is the natural desire of every woman, and is obtainable by the use of Dr. Chase's Ointment. Pimples, blackheads, roughness and redness of the skin, irritation and eczema disappear, and the skin is left soft, smooth and velvety. All dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample free if you mention this paper.

Dr. Chase's Ointment

MONEY ORDERS

A Dominion Express Money Order for five dollars costs three cents.

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author
H. CLAY GLOVER CO., INC.,
129 West 20th St., New York, U.S.A.

Let Taste and Health Take the Benefit

THERE'S a double delight in Instant Postum—that famous cereal beverage.

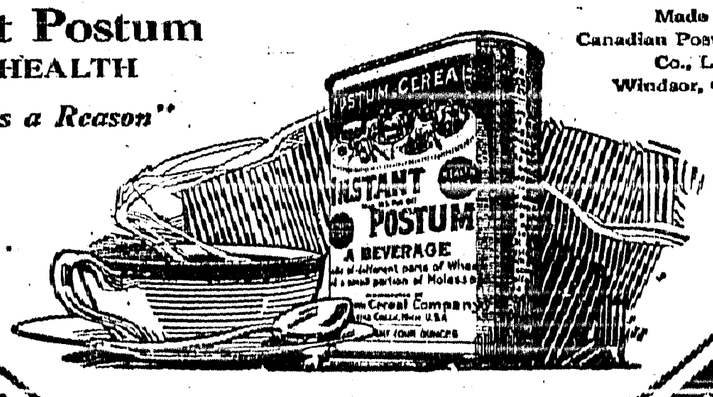
Taste finds the full satisfaction of a hot, comforting mealtime drink, and health finds a real friend—for Postum is free from any of the drug elements contained in tea and coffee.

Thousands of people all over the world use Instant Postum regularly as the *better* table drink.

Suppose you order Instant Postum from your grocer today. Note its refreshing taste and benefits to health. You, too, will be a regular Postum user, thereafter. Instant Postum is made instantly in the cup at the table, merely by adding hot water.

Instant Postum
FOR HEALTH
"There's a Reason"

Made by
Canadian Postum Cereal Co., Ltd.
Windsor, Ontario



Local and Personal

ICE—1c. pound delivered in Creston. Apply F. K. Smith.

Dr. Lille, dentist, will visit Creston professionally from July 24th to August 5th.

Mrs. Bert Nelson left on Monday for New Denver, and will visit with friends in the Slocan for the next few weeks.

Mr. and Mrs. McGuveran of Vancouver arrived on Monday, on a visit to the latter's parents, Mr. and Mrs. E. H. Small.

Bass fishing in the Kootenay commenced this week and several nice catches have been made in the back bend of the stream.

Miss Anna Anderson of the nursing staff of St. Eugene Hospital, Cranbrook, is at her home here for the usual two weeks' vacation.

G. C. Kimberley of the Imperial Bank staff is at Fernie for ten days relieving the cashier of the branch in that city, who is on his annual vacation at present.

Charles Faas, who has been making headquarters at Vancouver for the past six months, arrived in Creston on Monday, and will spend a few days with the family here.

Owing to a more abundant than usual supply of news we are unable to find room for a letter by "Hopeful" on the high cost of living in Creston. It will appear next week.

Mr. Hale of Calgary, Alta., post-office inspector for this district, made his annual inspection of Creston on Monday, and reports the office kept equal to the best in his whole territory.

FOR SALE—3 buggies, 5 democrats and 3 wagons, (heavy and light), all are in good order. Also three milch cows; one-half Jersey and two Holsteins. A. Nelson, (Erickson P.O.) Canyon

The evening of Monday, Sept. 4th, Labor Day, has been appropriated by the board of trade for their annual entertainment feature, the proceeds of which will be spent on publibity effort this fall.

Sam Whittaker, who has frequently relieved A. R. Swanson at the C.P.R. depot here, has just been installed as permanent agent at the station the railway has opened at Kimberley.

Almost $170 was disbursed in June by the provincial police in payment of bounty earned for the kill of crows. This is the biggest month's pay on record, and was almost totally earned by the Indians.

Growers are reminded of the meeting in Speers' Hall on Wednesday, July 26th, at which J. Forsyth Smith, the Dominion fruit commissioner in England, will speak on marketing apples in the Old Country.

FOR SALE—Holstein cow, 4 years old going 5, due to freshen August 18 (second calf). Also one Holstein heifer almost two years old. Guaranteed quiet and docile. $125 cash takes them both. Jock McKay, Lister.

FOR SALE—Three hundred and twenty acres near Arrow Creek, known as sub-lot 54. Purchaser may have choice of north or south half at $10 per acre, or the whole lot at $8 per acre. W. K. Esling, Rossland, B.C.

Ernest Ryckman, who has been located in San Francisco for almost the past four years, reached Creston the fore part of the week on a visit to his mother. Mrs. Ryckman and the children arrived here about three weeks ago.

According to the July bulletin issued by the Dominion department of agriculture the Valley apple crop is estimated to show a 30 per cent. increase over last year in the fall and winter varieties, while summer apples will be 50 per cent. less.

C. R. Ward of Cranbrook was here on a business visit this week. From all accounts Chautauqua was quite an expensive undertaking for those who guaranteed it at Cranbrook this year—fifty of them having to put up $12 apiece to make up the deficit.

Raspberry shipping is now under way, the warm spell which set in on Tuesday speeding up the ripening process. Unless more rain puts in an appearance immediately the raspberry crop will be even lighter than last year when about 5000 crates were shipped.

Sunday's clash with Bonners Ferry will probably be the last big baseball game of the season, and it will assuredly be the most exciting. Don't miss it. As considerable expense is entailed in bringing in these outside teams it is hoped the collection will be generous. Game called at 2 p.m.

For the July meeting of the Women's Institute tonight the feature will be an address on the work of the Society for the Prevention of Cruelty to Animals, which will be given by Mrs. Bowyer of Willow Point, who is addressing other points in the Kootenay in the interests of this work.

Routine business largely was transacted at the quarterly meeting of the library board on Monday night, at which a vote of thanks was extended all who have been so kind in giving books to the library, and particularly Mrs. Lyne, who has been exceptionally generous in donating volumes.

At a meeting of the Fruit Growers Union directors this week it was decided to proceed with the erection of the new warehouse on the day labor basis, and Geo. Hendren has been selected to supervise construction. Lumber is now being hauled and work on the cement basement will be under way immediately.

Showery weather prevailed over the week end, bringing with it welcome relief from almost a month of equatorial climatic conditions. The rainfall, however, was insignificant, and it is now at least five weeks since there was a general rainfall the prolonged heat is beginning to show its effect on some of the tree fruits.

With the best battery in East Kootenay and all the other weak spots in the Creston team strengthened the baseball match with Bonners Ferry on Sunday afternoon will assuredly be the fastest and closest of the year. Too, this will probably be the last big game of the year, so none should miss it. Play starts at 2 o'clock.

Norman Craigie has been receiving extensive congratulations the past few days on the occasion of his recent marriage to Miss Jean Young of Winnipeg, the happy event taking place at Calgary, Alta., the latter part of June. Mr. and Mrs. Craigie returned to Creston about a week ago and are nicely settled in the groom's residence on Park Road.

There has been quite an active demand for town property within the past couple of weeks, among the buyers being Mr. Berg, who recently arrived from Laird, Sask., who has purchased five lots in the Barton Addition, adjoining the Joy shoe shop. Mr. Ebbutt has also acquired a number of Barton estate lots in the neighborhood of his residence on Hillside Road.

MARRIED—At the Methodist parsonage, Creston, on Thursday evening, June 29th, by Rev. G. Knox, Miss Margaret Gross of Canyon City to Fred Waylett. Mr. and Mrs. Waylett have taken up housekeeping in the new residence on the R. B Staples ranch at Erickson, which the groom is managing this year.

At the annual school meeting on Saturday night the ratepayers concurred in the trustees recommendation to add another teacher to the high school staff, and voted $8200 to carry on the year's school work. R. B. Staples was re-elected trustee and Dr. Henderson auditor.

TENDERS FOR JANITOR WORK

Sealed tenders so marked will be received by the undersigned up till Saturday, July 22nd, for the position of janitor for the ensuing year of the seven-room public and high school at Creston, duties to commence September 1st, 1922. Lowest tender not necessarily accepted. S. A. SPEERS, Secretary School Board, Creston.

TENDERS FOR RENOVATING SCHOOL

Sealed tenders so marked will be received by the undersigned up to Saturday, July 22nd, 1922, for painting schoolroom and kalsoming basement of Canyon City school. Lowest or any tender not neccessarily accepted. All other information may be had from G. E. VANACKERAN, Secretary School Board, Canyon City.

BAKERY AND TEA ROOM

Moir's, Neilson's, Willard's Chocolates

ICE CREAM always on hand

Take some on your Picnics.

Bert Norris

Next Bevan's Garage

Have You Joined Creston & District

Fifteen Hundred Club

Yet?

Write the Secretary for Adplication Forms

Try the Drugstore First

For Perfect Health Clean Teeth are Essential

Neglect your Teeth and the result will be an unhealthy condition of the mouth, with broken, dirty and unsightly teeth, and poor health.

Proper Care will ensure good, clean, perfect, healthy teeth, with very little trouble.

Which is YOUR Choice? Poor teeth—poor health. Clean teeth—good health.

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Liquid Antiseptic ..... 35c.
Dental Creme ..... 35c.
Tooth Brushes ..... 35a.

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Mail Orders a Specialty. *Phone Service Prompt Attention*

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The $150 Tractor Crating and Freight Extra

Cuts the Cost of Cultivating

A Sprywheel and one man can do more cultivating than five men with wheel hoes. It pays for itself before the growing season is half over, in labor saved. The better crops you'll get are additional reasons for buying a Sprywheel now. Demonstrations gladly given.

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COOEY CANUCK RIFLE

For shooting Coyotes, Fox, Groundhogs, Gophers, Hawks and the pesky old black Crow, and all small game in season. Made of the finest bar steel, with genuine walnut stock, pistol grip, oil finished. Bolt action the strongest and (with our patented automatic Safety half-cock on the bolt) the safest and most reliable action made. Has eight grooved, accurate, hard-hitting barrel of the finest manganese barrel steel. The eight grooves gives it 25% more rifling than in other rifles. We have two "Cooey's left and

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Every part of our Rifle is thoroughly tested before our Red Tag Guarantee Card is attached. Remember the name—it gets the game.

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(*Union Made*)

Extra Denim; Extra Comfort; Extra Wear

"Headlight" Overalls

Dark Blue double and twist Denim, cut full and roomy, all seams triple stitched. This Overall cannot be beat for workmanship and material, and absolutely guaranteed to give good wear or we will replace them.

PRICE ..... $2.75 Pair

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