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THE CRESTON REVIEW

VOL. XII. CRESTON, B. C., FRIDAY, APRIL 2, 1920 No. 5

Women's Institute Favors Hospital

The meeting of Crestan Women's Institute, which had been postponed from March 12, on account of the flu epidemic, was held on Thursday afternoon last. The meeting was addressed by E. S. Schofield of the St. John's Ambulance Society, who gave a most interesting talk on First Aid and Home Nursing courses.

During his talk he pointed out that the end and aim of the society was to give first aid to the injured, to nurse the sick and prevent disease. Mr. Schofield touched particularly on the home nursing course, which he thought might be most applicable to a meeting of women, though many of them might like to take up first aid also. He said that in some places during the recent epidemic doctors had been greatly helped by volunteer nurses who had been trained in many cases only a fortnight in the first elements of nursing, the taking of tempratures and pulse rates, noting posture, respiration, etc.

One doctor was not sufficient in epidemics in a district such as this which covers such a wide territory, unless he can have the help of trained volunteers. who at present are very difficult to obtain. To overcome this difficulty it is necessary to organize in the slack season—not when illness is in our midst. In some part of Vancouver Island the St. John's Ambluance is well established, and is of great assistance to the doctors. In Duncan the Red Cross has established a district nurse, who is conducting a course in home nursing. In many cases a class in Home Hygiene is also conducted with very good effect, as many diseases are preventable if precautions are taken—tuberculosis for one. Women must to take up this work of education, and we should try to establish a district nurse here. The request for one, either of the Victoria Order of Nurses, or a district nurse and public health nursing centre must come from the women of Creston, and the best way is through the Women's Institute. Mr, Schofield kindly handed the president a list of useful medicines and their uses but owing to a shortage of space the list cannot be published until our next issue. At the close of his address Mr. Schofield was tendered a very hearty vote of thanks for his timely talk.

Some discussion followed, and letters were read on the subject of the public health nursing scheme, and that of supplying clothing to the needy residents in some of the rural districts of Southern Alberta, who are still in very urgent need. If any member has anything that they can spare, which they think might be useful, will they kindly leave them at the library any Thursday afternoon.

The matter of permanent hospital for Creston was also discussed, the president referring to letters on the subject from a couple of citizens, and as a result it was decided that the board of trade should be asked to take up the question of a hospital, and that the Women's Institute should assist in every way possible.

After roll call tea was served by Mesdames Henderson, Morrow, F. K. Smith and Miss Gobbett, and $3.35 was taken in the usual collection for institute purposes.

TRAFFIC TRUCK IS GREATLY FAVORED

Truck buyers in the British Isles are favoring trucks of American manufacture more and more in their purchases, according to advices received by the Southard Motor Sales Co. of Calgary, from the Traffic Motor Truck Coporation of St. Louis, Mo. The city council of Glasgow, Scotland, has purchased a Traffic truck for general utility work in and around the city. Traffic trucks are ably represented in this territory by the Northwestern Motor Co., Ltd. of Liverpool, England, who report this sale to be doubly significant because it not only demonstrates the supremacy of American made trucks over those of British and continental manufacture, but also establishes Traffic as the peer of American trucks in the opinion of the city council of Glasgow.

Glasgow is the third city in size and in importance in the British Isles. It has a population of one million inhabitants. The city council is considered one of the most progressive in the country, at the same time demanding full value for money expended.

The decision to buy a Traffic truck was announced after a severe competition, during which every important commercial vehicle—British, continental and American—was demonstrated. It is, indeed, a high tribute to Traffic to be chosen from the field. The Traffic, lowest priced 1000 lb. capacity truck in the world, owes its prestige to the fact that it is built to last, to give service and to satisfy. Traffic's durability, reliability and economy, both in price and operation, has made it the sensation of the truck field in the British Isles.

TRAFFIC TRUCK AGENT

WM. B. EMBREE

CRESTON

Wynndel

Mrs. H. A. Bathie left on Sunday for Creston.

Mrs. Dumphg and Mrs. McKnight, who have been staying with Mrs. Anderson, left on Thursday for Spokane.

J. Butterfield arrived in Wynndel on Saturday for his sister's wedding, returning to Balfour on Tuesday.

Miss Marie Hagen spent a few days in Nelson last week to be present at her sister's wedding, returning on Sunday.

J. C. Butterfield spent a few days at his home here last week. He is leaving Creston for Fernie, where he is taking a job trucking for a lumber firm.

Quite a party were at the Grossmith show and dance at Creston on Friday night, and despite the bad roads and trouble getting there report the trip worth while.

Dr. Henderson of Creston paid the school an official visit on Thursday, when he vaccinated all the children.

A special meeting of the Co-Operative Fruit Growers' Association was held in the schoolhouse on Wednesday evening.

Still another new settler has located at Wynndel, a Mr. McLeod who has taken a place above Paul Ofner's, and is busy clearing land.

Mrs. W. G. Laing and Mr. J. P. Brooke were guests of honor at a kitchen shower at the schoolhouse on Saturday night. A large number of friends assembled and a fine assortment of kitchenware was in evidence. The recipients would take this opportunity to thank all for their kindness and good wishes.

On Saturday, March 27th, at Nelson, Miss Rogna Hagen and Mr. Elias Uri were quitely married, by Rev. T. McClintock. The bridesmaid was Miss Maria Hagen, while the groom was supprrted by Mr. Sparkes. Mr. and and Mrs. Uri left Nelson on Sunday on a trip to Spokane, and after a short honeymoon will be back to Wynndel to make their home here. Everybody wishes them the best of good luck.

The home of Mr. and Mrs. E. Butterfield was the scene of a quiet wedding on Monday, March 20th, when their youngest daughter, Phoebe, was married to Bentiel Aubrey Pitt-Brooke Rev. J. S. Mahood officiating. Miss D. Butterfield was bridesmaid, while Mr. D. Butterfield supported the groom. After the wedding dinner a lively couple of hours were spent until train time, the happy couple going to Kaslo, where they will spend a short honeymoon, and on their return to Wynndel they will make their home in the house Jack has just erected on the Butterfield place—which he is going to run this year. A large party of friends gathered at the train to wish the happy couple bon voyage, and to shower them with rice, confetti and good wishes.

Fernie golf club has 47 members. Two dozen of them are ladies.

Sirdar

Mrs. G. Cam, who has been quite seriously indisposed of late, is now able to be around pretty mnch as usual, and was a Creston caller, Monday.

Mr. and Mrs. Bysouth and young son, who have been at Coalmont for for the past four months, got back last week, and are again occupying their ranch at Kuskanook.

R. Dennes has been busy of late considerable enlarging his boathouse, which is now roomy enough to accommodate any craft usable on the lake.

The Kuskanook was on the Nelson-Landing run the fore part of the week, and Mate Annette took advantage of being down this way to spend Monday with Creston friends.

Mayor Daly is again back to stay permanenely for a time. During his absence he familiarized himself in the art of fillling out income tax forms and will be pleased to advise citizens in this matter if they will call at the city hall.

Yardmaster Loasby is back to work again almost four weeks' vacation due to a severe attack of the flu.

Now the estimates are down all hands are looking for the crew to commence work on the Sirdar-Kuskanook road, which we are assured will be built this year.

—The steel laying crew is working west of Duck Creek, and have their headquarters still at Wynndel.

Local and Personal

BUGGY FOR SALE—In good shape, $40. W. H. Hilton, Creston.

A. Lindley of the B.C. Fruit Market, Lethbridge, Alta., and well known in the Valley fruit selling circles, spent a few days here the latter part of the week. He states that at present Southern Alberta is quite optimistic as to the 1920 crop. There is a splendid supply of moisture and with favorable spring weather undoubtedly a large area will be seeded.

The 30-acre Dr. Cartwright ranch, which fronts the C.P.R. beyond the Cook ranch, was sold last week to Messrs. Stanford of Calgary, who were here with the doctor closing the deal. There is very little orchard on the place, though most of it is about ready for planting, and it is the buyers' intentions to erect new buildings and get the place under cultivation and planted to trees.

Morgan Long got back last week from a months' trip to Sotsop, Elmo, Portland and Monteseno, Wash., having been summond to the latter place owing to the death of his brother. His son, Trennie, who is the Great Northern operator at that point, had the unique experience of having the boarding house at which he lodged burn down while he was in the hospital with the flu, thereby losing all his effects except those he had gone to hospital in.

At the congregational meeting of Christ Church on Tuesday night it was decided by those favoring the calling of a resident clergyman to have Rev. F. Yolland of Fernie come here for a conference on the matter as the majority favored him for the position provided a satisfactory arrangement can be made to provide him with equipment for working the outlying points in the Valley.

Rev. M. C. Campbell, Presbyterian pastor at Kaslo, was an enforced visitor at Creston from Wednesday to Thursday afternoon. En route home from Cranbrook he got off the train to speak with some friends at the station, and the discussion either became so exciting or the scenery so captivating—or a combination of both—that the train pulled out before Kaslo's popular divine woke up to the fact that he had not intended making even a 24-hour stop. Mine host Bell of the Creston Hotel told him all about reclamation and the many other attractions and commercial advantages of Creston during his stay here, and taking it all round the pulpiteer quite fully enjoyed himself.

Twenty-four cases of an excellent brand Scotch whiskey is at present under surveillance by the local police. It came in two lots to a local resident last week, but as the same party about two weeks ago had also taken delivery of another two dozen cases of the same stuff the guardians of the law naturally surmised the would-be recipient was stocking up heavier than was needful for medicinal purposes, and promptly clapped the necessary lein on the last shipment. If within thirty days the consignee fails to demonstrate that he needs these last 288 bottles the wet goods will be confiscated and the attorney-general seems in a fair way to become possessed of about $1200 worth of real hard stuff—as prices are at present.

Peekin Theatre

Easter Monday

APRIL 5th - 8 p.m.

Universal Special Attraction, and a show you will enjoy

Harry Carey

in

A Gun Fightin' Gentleman

The Earl of Jollwell was a bally rotter who wanted to pose as a hero; see what 'Chayenne Harry' did to him when he got him out west.

Canyon City

The Canyon local of the United Farmers, which has been out of business while the flu ban was on, is resuming its sessions again, and there will be a general meeting on Monday night at the schoolhouse.

Prospective land buyers have been numerous in this section the past two weeks, but so far we can not trace of any deals being closed.

The Chambers boys have just taken the contract for clearing a considerable area on the John Wood ranch, and are starting work immediately.

Mrs. C. Blair left a few days ago on an extended visit to the old home in England, Mr. Blair going as far as Winnipeg with her. She will probably be away until early fall.

Miss Colthurst, who has been here for a few months on a visit to her sister, Mrs. Pochin, has also left for home in Londog, England, and will be with Mrs. Blair on her trip across the Atlantic.

Canyon City Lumber Co. teams are pulling the drag behind the loads of lumber being hauled to the sliding, and now have the road in fine shape for travel.

John Johnson, who has been the longest and severest adult flu sufferer in this section, is now able to be around again, and is rapidly getting back to his oldtime self.

Provincial engineer Ramsay of Nelson, and bridge superintendent Kilpatrick of Revelstoke, were here on Tuesday inspecting the work on the high level bridge, and went away quite satiffled with the progress being made. The men are now at work forming the timbers and putting in the braces.

Swallows made their appearance at Grand Forks on March 17th this year, the earliest the oldest oldtimer can ever recall seeing them.

Christian science is proving so popular in Vernon these times that the denomination finds it necessary to secure newer and larger church premises. As a fin killer Christian science is almost worth while.

Almost $40,000 Loaned Locally

It will be the best of good news to our readers to hear that at last the provincial and dominion authorities—the latter through the Soldier Settlement Board—have at last come to an arrangement regarding the handling of Lister and other provincial settlement areas, and on terms which would seem to make it safe to predict that there should be little or no trouble for the soldier workers on these areas getting the expected loans as soon as their allotments are ready for the soldier settlement board valuators to make an intelligent appraisal.

This is the information brought by Capt. Patterson, a director of the Soldier Settlement Board, who was here on Saturday on an official visit, and after being at the coast attending a conference dealing with matters covering these settlement areas in B.C.

In conversation with The Review Capt. Patterson, after having made a tour of inspection of the Lister area in in company with Capt. Rowbury, stated that his inspection had satisfied him that Lister was a good settlement proposition. Undoubtedly the land was very desirable, and certainly the location of it was all that could be desired, and when it came to passing on loans for the different settlers the valuators would be instructed to make their appraisals with due regard to the special conditions that exist there and a careful study of the men's qualifications.

Asked as to the accurateness of a statement in the press sometime ago that the Soldier Settlement Board was discontinuing the purchase of improved places for returned men, Capt. Patterson stated that impression was erroneous. The board's policy was still to make loans on either improved or unimproved properties. As to how long the board would continue in business he pointed out that the board was created by act of parliament and until parliament repealed the act the settlement board would continue to operate.

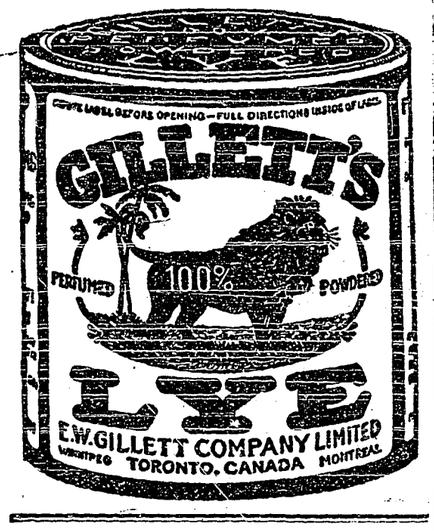
As to the work done locally the captain spoke in highest terms of the services of R. Sinclair Smith, the board's appraiser for the Kootenay's. At the board's head office few, if any, of the loans that Mr. Smith had recommended had been refused, while his business-like statements on the many valuations he had made had considerably simplified the work of the higher-ups in determining whether or not a loan should be made.

As demonstrating the great care that is taken in making loans Capt. Patterson pointed out that every applicant for a loan had to receive the approval of four sets of officials: The local valuator, the qualifications committee, the advisory loan board, and finally the finance committee, whose duty it was to keep informed on how the big financial institutions were handling loans of this nature in the various localities. The process will not only indicate the care that is taken but will also explain the length of time that sometimes elapses before loans which the local valuator approves are finally issued.

Figures that will also be of interest were furnished by the visitor covering a period of eighteen months that the Soldier Settlement Board has been actively at work. To date a grand total of $56,000,000 has been loaned by the board for the purchase of livestock and equipment and [illegible] of improvements. There have been 25,462 applications made for loans, of which 18,841 have been passed, 4363 rejected, and the balance either under consideration or awaiting inspection. The amount already spent on land purchases is just over $31,000,000. [illegible] loans aggregating $[illegible],000,000 have been made and $5,000,000 has been advanced for improvements and [illegible]

It is over two months since the C.P.R. has operated a train over the line between Kaslo and Sandon. Regularity of service which the company seems to be using little or nothing to remove is the cause of use them.

Better for you Coffee — Instant Postum — Boiled 2 minutes like Coffee — Cup for Cup — Instant — No Coffee Nerves — Grocers everywhere



Canada; A Nation In A League of Nations

Participation in the Great War carried Canada into world politics. Prior to the war many Canadians had got into the habit of referring to Canada as a nation, but when it came down to a definition of our legal and international status it had to be confessed that we were still a colony, a dependency of Great Britain. The Great War has finally changed Canada's position in the world. Great Britain no longer looks upon Canada, Australia and other overseas dominions as colonies or mere dependencies, but as sister nations with Britain herself, the whole united in one partnership of equality under one Crown and forming the British Empire.

Recognition of Canada's changed status is not confined to the Empire itself; it is now officially and legally recognized in an international sense by the admission of Canada as a nation in a world League of Nations, a League wherein Canada has equal standing and equal responsibilities with all the sovereign nations of the world. Canada's right to such a status may be questioned, and recognition delayed, by the United States Senate, but it is accepted and approved by all other nations, and the United States will either have to accept it or remain outside the League of Nations.

Because of this change in the international status of the Canadian Dominion, and the new responsibilities imposed upon Canada, it is not only right but necessary that our people should take an interest in, study, and endeavor to understand international questions, world politics, international finance, and all the many questions which have a vital influence upon the currents of the world's public opinion. No longer can Canadians be content to allow the British foreign office and the British Parliament to settle all international problems for us; we must now study, understand, and take an active part in the settlement of all such problems ourselves.

Undoubtedly one beneficial effect of this larger interest and vision in world affairs will be to broaden the view of our people in the consideration of domestic questions. As time passes we are likely to become less petty and parochial in our home politics as we learn the necessity of compromise, and a policy of give and take, in the settlement of the many knotty international problems created [illegible] geographical barriers, and racial [illegible] divisions. Administering a empire, the people of the [illegible] ago learned this les[illegible] and appreciation of [illegible] point, and, having learned it, it became Britain's greatest asset in successful colonial administration and world diplomacy. Canadians will learn the necessity of tolerance in dealing with great international problems, and by the appliration of a greater tolerance at home many of the prejudices which now retard Canadian development will fade away.

In the past Canadians have been too self-centred. Lacking that close intercourse with other nations and peoples, which our new international status will force upon us, we have failed to appreciate many of the fine qualities of races whom we have brushed aside as "foreigners"; we have failed to learn from them many things which would have added richness and variety and strength to the life of Canada; we have been too intent upon the practical problems of Canada and the reaching of solutions by ourselves without regard to the history of other nations, and have thus frequently made mistakes which could easily and ought to have been avoided by a consideration of the solution of similar problems elsewhere.

The introduction of the larger issues of world politics into the political discussions and life in Canada will not serve to weaken our interest in, or divert our attention from, domestic problems and issues; on the contrary, it should serve to strengthen the determination of our people to approach and settle them in a bigger way than ever before in order that Canada may become more and more united and better fitted to perform its part with honor and credit to itself as a nation in the League of Nations.

Formerly a debtor country to Great Britain, United States and other countries, Canada today has become a creditor nation. Belgium, Rumania, France and other countries are now in Canada's debt. We have a direct interest in their welfare and stability. Canada has established a great mercantile marine, with ships plying to ports in all parts of the world, and within a year or two the number of ships flying the Canadian flag will be two or three times greater than today. Canada's international trade and commerce is expanding by leaps and bounds. A new national consciousness is at work which is the outgrowth of the war and our new national status and dignity.

If this new consciousness is developed, and the people of Canada lay aside their old sectarian quarrels and bitterness, and set themselves energetically to the task of developing their own natural resources, and increasing production for world consumption, they will quickly find their Dominion forging ahead to that place which destiny intended Canada to occupy, and the hope of which was the inspiration of the fathers of Confederation, and the dream of our earlier pioneers.

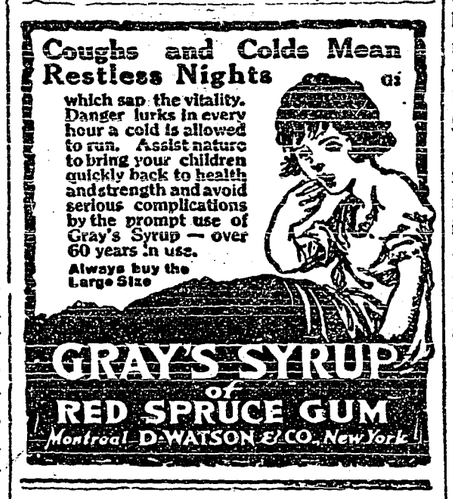
Remove Those Unsightly Warts

By applying Putnam's Corn and Wart Extractor. It cures corns, warts and bunions permanently, painlessly and surely. Every druggist in America recommends and sells Putnam's Extractor; it's the best, 25c per bottle.

Soldier Settlement Loans

Loans approved by the Soldier Settlement Board now total nearly $57,000,000, and some 35,213 returned men have passed the necessary tests to qualify them as agricultural settles. Up to February 14, the number of settlers' loans approved was 15,083, and over 12,000 were established on farms and have got a good start in their agricultural career.

CURE COWS' CAKED BAGS
With
EGYPTIAN LINIMENT
For Sale by all Dealers
Douglas & Company, Napanee, Ont.

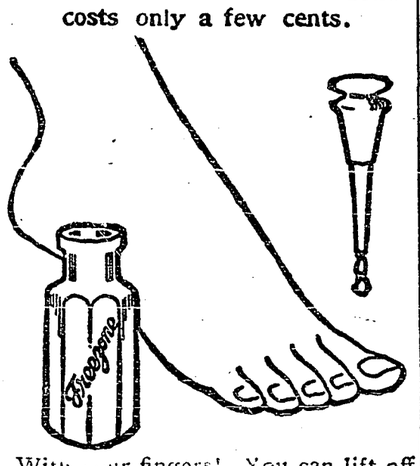


Airplane Comes Down to Business

The airplaine has now taken its place in the day's work. A telegraph trouble-hunter in the Panama Canal zone made the flight to a break fifty miles away, completed the repairs, and was back at his starting place in ten minutes less than two hours. The trip would have required three days by the method hitherto employed of horseback travelling through the jungle.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all, without one bit of pain or soreness. Truly! No humbug!

Spring Ploughing in British Columbia

Exceptionally favorable weather has been experienced for farming operations throughout February, says a report from Hazelmere, British Columbia, and the result is to be seen in the many newly ploughed stretches of land, much of it virgin soil newly cleared. There is every indication that seeding will be accomplished much earlier all round than was possible last year in this neighborhood.

"Cold in the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System.

All Druggists 75c. Testimonials free.

$100.00 for any case of catarrh that HALL'S CATARRH MEDICINE will not cure.

F. J. Cheney & Co., Toledo, Ohio.

Labor Bureau Places 33,399 Persons

During 1919 there had been 40,180 men and 4,668 women applied for positions through the government labor bureaus in Alberta. Of these, jobs were found for 30,018 men and 3,381 women. The cost of operation was [illegible]9,879 or $.92 per applicant and $1.19 [illegible]r placement. The cost to the province was $60.76, the remainder being borne by the Dominion.

Nine hundred and ninety-seven cutting tools alone are required in manu[illegible] a modern rifle. The rifle drill is one of the busiest of these. To supply 1,000,000 rifles, 94,000,000 holes must be drilled.

Minard's Liniment Relieves Neuralgia

Creamery Butter Production

Dairying Is Advancing Rapidly in Saskatchewan

F. H. Auld, Deputy Minister of Agriculture for Saskatchewan, is authority for the statement that creamery butter production in Saskatchewan has increased during the past year from 30 to 35 per cent., as compared with the year 1918. The increase in 1918 over the year 1917 amounted to 50 per cent.

Saskatchewan is fast coming to the front as a dairy producer, but even more rapid development is looked for in the future. Quality counts, and everything that can be done in the way of emphasizing the need for a higher quality of butter is considered a step in the right direction.

WHEN BABY IS CROSS

Mothers, when your baby is cross—when he cries a great deal and no amount of attention or petting cheers him—something is the matter. It is not the nature of little ones to be cross and peevish—the well child is a happy child. Give him a dose of Baby's Own Tablets, and he will soon be well again. The Tablets are a mild but thorough laxative, which regulate the bowels and stomach; banish constipation and indigestion; break up colds and simple fevers, and relieve the other minor ills of little ones. Concerning them Mrs. Oscar Bedard, Ste. Sophie, Que., writes: "Baby's Own Tablets are an excellent remedy for constipation. They relieved my little one when nothing else would, and I can strongly recommend them to all mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Farm Lands Sell for Over $100 Acre

Farm lands near Morden, Manitoba, sold for over one hundred dollars yesterday when the McCuish farm just east of the town sold for $105 per acre, the farm of Rove Henderson, adjoining Morden to the north, for $110 per acre.

Easier For Her to Dye Than to Buy

"Diamond Dyes" Turn Faded, Shabby Apparel Into New

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods,—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings—everything.

The Direction Book with each package tells how to diamond dye over any color.

To match any material, have dealer show you "Diamond Dye" Color Card.

Half the troubles we complain of are troubles because we complain of them.

Minard's Liniment Cures Burns, Etc.

The first Chinese ever called for jury duty was included in the panel before a New York judge.

When your brain works like a dog with three legs walks—you need BEECHAM'S PILLS

BEECHAM'S PILLS PATENT PRICE 25 CENTS ST. HELENS BEECHAM'S PILLS SAINT HELENS

An active brain must have pure blood, not poisoned with products of indigestion—or liver and kidney laziness.

Largest Sale of Any Medicine in the World. Sold everywhere in Canada. In boxes, 25c., 50c.

BABY'S OWN SOAP

In the interest of your skin, insist on Baby's Own Soap. Cleansing—Healing—Fragrant

"Best for baby—best for you."

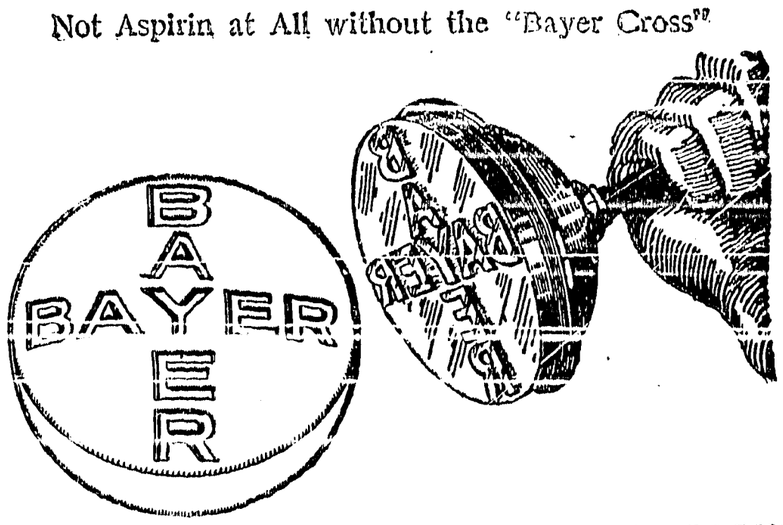
Albert Soaps Limited, Mfrs., Montreal.

Greatest of All Cunning

The greatest of all cunning is to seem blind to the snares which we know are laid for us; men are never so easily deceived as while they are endeavoring to deceive others. — Rochefoucauld.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



[illegible] lets positively identifies the only genuine Aspirin,—the Aspirin prescribed by physicians for over nineteen years and now made in Canada.

Always buy an unbroken package of "Bayer Tablets of Aspirin" which [illegible] Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Neuritis, Joint Pains, and Pain generally.

Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages.

There is only one Aspirin—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

than tea

Admiral Jellicoe's Advice Is Given On Naval Question

Ottawa.—If Canada decides to co-operate in the general naval needs of the empire it may be convenient to possess a basis on which to build up her fleet. The basis suggested under these conditions is a fleet unit, which it is considered that war experience has shown, should comprise in the case of Canada:

One battle cruiser, two light cruisers, six destroyers, four submarines, and two fleet mine sweepers.

The naval force suggested as adequate, purely for the protection of Canada's ports, comprised:

Three light cruisers, one flotilla leader, twelve torpedo craft, eight submarines, with one parent ship.

The above excerpts from the report of Viscount Jellicoe, admiral of the fleet, on his naval mission to Canada, which was tabled in the Commons by Hon. C. C. Ballantyne, Minister of Naval Service, indicate what this eminent authority on naval affairs considers are Canada's naval requirements if she is to play her part in empire affairs, and also if she is to protect her own shores. The report, which is not a lengthy one, after mentioning the subjects on which advice was requested by the Government of Canada, deals with the question of a Canadian navy under a number of specific heads. It mentions that naval assistance in the shape of cruisers, destroyers and other small vessels rendered during the last 18 months of the war by the United States was of great help in the institution of the system for protecting trade by convoy, and that without this help Great Britain would only have been able to use convoys to a sufficient extent to meet the submarine menace by abandoning some of her overseas expeditions.

Four suggestions ranging from a $25,000,000 fleet to one costing $5,000,000 are made by Admiral Jellicoe in his report. Although he does not state specifically what would be best of the fleets recommended for Canada as given above, he includes a table in his report which shows the cost of the various vessels mentioned. He placed the barrel cruiser at four million pounds, or about $20,000,000, and that of the light cruiser at approximately $2,500,000. He emphasises the importance of air work in the navy, stating that any navy to be complete must possess its proper complement of aircraft.

Egyptians Favor Freedom

Protest Against Suspension of the Assembly and Denounce the British Protectorate

London.—Fifty-two members of the Egyptian legislative assembly recently met at the house of Said Zagloul Pasha, who headed the Egyptian mission to the peace conference, and adopted a resolution proclaiming the independence of Egypt and the Sudan, according to dispatches from Cairo.

A resolution also protested against the suspension of the assembly, and denounced the British protectorate.

GEE, I'M HAPPY My Catarrh All Gone

Suffered Like a Boob for Years—Got Relief in Ten Minutes

Catarrhozone Did Cure

That's the way hundreds of the boys around town are talking since Catarrhozone got into the drug stores. Nothing on earth like Catarrhozone to really cure Catarrh, Colds or Bronchitis.

"Catarrhozone"—it isn't a drug—it's a healing vapor full of pine essences and healing balsams. It spreads over the surfaces that are weak and sore from coughing. Every spot that is congested is healed—irritation is soothed away, phlegm and secretions are cleared out, and all symptoms of cold and Catarrh are cured. Nothing so quick, so sure, so pleasant as Catarrhozone. Beware of dangerous substitutes meant to deceive you for genuine Catarrhozone. All dealers sell Catarrhozone, large size which lasts two months, price $1.00; small size 50c, sample size 25c.

Cost of New Parliament Building

Returns Tabled in House Show Considerable Sum Already Expended

Ottawa.—The new parliament buildings cost $6,954,116 to February 28 last, according to a return tabled in the house. The contractors are to receive eight per cent. on the total cost of the building, dating from February 3, 1916, up to the amount of $4,000,000, and seven per cent. on the cost in excess up to $1,000,000, it being understood and agreed that they are not to receive anything in excess of the cost of $5,000,000.

Architects receive five per cent. on the total cost of the work of reconstructing the parliament buildings, this commission to apply to the amount not exceeding $5,000,000.

Hope to Beat R-34

New York. — Word comes from Philadelphia that the United States navy is to build the biggest and fastest dirigible in the world. This ship, it is said, is to surpass in size and power the R-34, the British dirigible which flew from England to New York and back last summer.

Condemns Attacks

Berlin.—The German imperial government has issued a proclamation signed by Premier Bauer, condemning attacks on members of entente missions. It declares that the ministers of defence will act with the greatest severity in punishing excesses.

One Great Essential To a Woman's Health Is Her Nerves

Nature intended women to be strong, healthy and happy as the day is long, instead of being sick and wretched. But how can any woman be healthy and happy when the whole nervous system is unstrung. The trouble is they pay more attention to their social and household duties than they do to their health. Is it any wonder then that they become irritable and nervous, have hot flushes, faint and dizzy spells, smothering and sinking spells, become weak and nervous, and everything in life becomes dark and gloomy.

Milburn's Heart and Nerve Pills are the very remedy that nervous, tired-out, weary women need to restore them to the blessings of good health.

Mrs. P. H. Ryan, Sand Point, N.S., writes: "I have been a great sufferer from nerve troubles. I was so weak and nervous I could not sleep at night and my appetite was very poor. I could not walk across the floor without trembling. I had hot flushes and fainting spells. When I was on my second box of Millburn's Heart and Nerve Pills I began to feel better and kept on until I had used six boxes, when I felt like a different person. I am never without them in the house and recommend them to all who suffer with their nerves."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Wonders of Wireless

New Receiving Device Enabled People in Streets to Hear Discussion in Airplane

New York.—Conversation by wireless telephone between passengers in a navy biplane and a motor truck stationed at Broadway and 42nd street, during an exhibition over the city, was heard by persons standing around the truck at a distance of ten to fifteen feet. Hearing the voices from the occupants of the car attached to the gas-bag was possible, it was explained, through a recently devised receiving apparatus.

No Further Loans from U.S.

Washington. — The allied governments will receive no further loans from the United States government, [illegible]

Drury Government to Enforce Prohibition

Premier Assures Temperance Party That Act Will Be Made Effective

Toronto.—"It is our sincere desire to make the Ontario Temperance Act effective, and to enforce it in such a way that there will be no reaction, for we must not jeopardize the permanent cause of temperance in the provinces. We are as anxious as you to make the act effective, and we will move to that end as swiftly as possible, but with due deliberation."

Such was the assurance given by Premier Drury to a deputation of some 250 delegates from the Dominion alliance convention.

The Ontario branch of the alliance in convention unanimously decided that legal difficulties must be removed before it will ask for a provincial plebiscite.

Made Her Feel Like A Different Person

WHY MRS. MILES WOOD RECOMMENDS DODD'S KIDNEY PILLS

She had kidney troubles and her feet swelled, but she states she found the relief she looked for in Dodd's Kidney Pills.

Arden, Ont., March 15.—(Special.)—"Dodd's Kidney Pills made me feel like a new person." That is the statement of Mrs. Miles Wood, a well-known and highly respected resident of this place.

"I was troubled with my kidneys," Mrs. Wood continues, "and my feet swelled. I tried Dodd's Kidney Pills with the result that the swelling is nearly all gone and I feel better in every way.

"To any person who is bothered with kidney trouble or with their feet and legs swelling I would say 'use Dodd's Kidney Pills.'"

The women of Canada have come to look on Dodd's Kidney Pills as a standard remedy for their kidney ills. They act directly on the kidneys. They are purely and simply a kidney remedy. By putting the kidneys in good condition to strain all the impurities, all the seeds of disease, out of the blood they carry good health to every part of the body. Ask your neighbors if Dodd's Kidney Pills do not help all kidney ills.

The Amazon is estimated to be nearly 700 feet deep at a point 1,000 miles from the sea.

Sims Interprets Meaning of the British Message

Washington. — When the British Government sent a message to the United States Naval Department in 1917 saying Britain "appreciated" what the United States was doing to keep down submarines, it was merely a case of international politeness, Admiral Sims told the senate investigating committee.

"They were thanking us for sending six destroyers," said the Admiral.

Delay by the United States navy in getting into the war in earnest was again scored by Admiral Sims, who repeated his declaration that the failure of the United States navy to co-operate fully with the allies during the first six months after the United States' declaration of war cost half a million lives, fifteen billion dollars, two million five hundred thousand tons of shipping, and prevented a victory over Germany by July, 1918.

Assault on French Commission

Eight Men Drove Into Town Near Potsdam and Were Attacked By Inhabitants

Berlin.—Eight men, said to be members of a French aviation commission, who drove into Wernitz, near Potsdam, in a motor car from Berlin, were attacked by the inhabitants, who accused the men of poaching and summoned them to surrender. Four of the men obeyed, but the others tried to escape, one of them being wounded and later dying while being taken to a doctor. Two of the others later surrendered, and the fourth man escaped. The report on the incident has been transmitted to the French charge d'affaires here by an allied officer.

Von Hindenburg Again

Germany's Chief Military Training School Is Closed

Berlin.—The chief training school for cadets at Grosslichterfelde, Prussia, through which most of the officers of the German army passed, was closed, in accordance with the terms of the peace treaty.

There was an imposing military demonstration, attended by a number of officers in gala uniform, including Gen. Ludendorff.

Field Marshal Von Hindenburg telegraphed to the cadets that the services they had rendered the country would never be forgotten.

Further Attacks

Paris.—Members of the allied military commission at Breslau were attacked by a mob, but were saved from injury by intervention of the police. The allied representatives were hooted and some stones were thrown by the crowd before it could be dispersed.

Capitalists Multiplied Their Fortunes

While Working Man Gave His Mite to the State

London.—There are some interesting contrasts presenting economic conditions available here. Lord Colwyn, chairman of the income tax commission, gave the Manchester chamber of commerce three instances of inflated war fortunes. One man who was worth one million in 1914 had now multiplied it six times. Another man who had three million had multiplied it five or six times. Some aliens who came here during the war had capital of about £10,000. They got hold of things the government wanted, and their capital was now half a mililon pounds. Sir William Pearce, chairman of the committee on taxation of war wealth, told another gathering of a working man who presented the state with his entire war wages savings, amounting to 90 pounds, in recognition of the sacrifices of his fellow countrymen.

SUN LIFE ESTABLISHED NEW LANDMARKS *in* 1919

New milestones in the progress of the SUN LIFE ASSURANCE COMPANY OF CANADA were passed in 1919.

Applications received ..... **over $100,000,000.00**
Assets ..... **over $100,000,000.00**
Assurances in force ..... **over $400,000,000.00**

Gratifying progress was made in all other departments during the year.

SYNOPSIS OF RESULTS FOR 1919:

Assets as at 31st December, 1919	$105,711,468.27
Increase over 1918	8,091,089.42
Cash Income from Premiums, Interest, Rents, etc., in 1919	25,704,201.10
Increase over 1918	4,053,101.41
Profits Paid or Allotted to Policyholders in 1919	1,606,503.37
Total Surplus 31st December, 1919, over all liabilities and capital (According to the Company's Standard, viz., for assurances, the O^M. (5) Table, with 3½ and 3 per cent interest, and for annuities, the B. O. Select Annuity Tables with 3½ per cent interest.)	8,037,440.25
Death Claims, Matured Endowments, Profits, etc., during 1919	12,364,651.15
Payments to Policyholders since organization	91,227,532.30
Assurances issued and paid for in cash during 1919	86,548,849.44
Increase over 1918	34,957,457.40
Life Assurances in force 31st December, 1919	616,358,462.05
Increase over 1918	75,548,805.92
Life Assurances applied for during 1919	100,336,848.37
Increase over 1918	42,529,881.70

THE COMPANY'S GROWTH

YEAR	INCOME	ASSETS	LIFE ASSURANCES IN FORCE
1872	$ 48,210.03	$ 96,461.95	$1,064,350.00
1884	278,379.65	836,897.24	6,844,404.66
1894	1,373,596.60	4,616,419.63	31,528,569.76
1906	4,561,936.19	17,851,760.92	[illegible]
1914	15,052,275.24	64,187,636.38	318,299,835.00
1919	25,704,201.10	105,711,468.27	616,358,462.05

The SUN LIFE issues more ordinary assurances annually than any other Company of the British Empire.

SUN LIFE ASSURANCE COMPANY OF CANADA

1871 HEAD OFFICE MONTREAL 1920

W. B. MACAULAY, President

THE CRESTON REVIEW

Issued every Friday at Creston, B.C. Subscription: $2 a year in advance. $2·50 to U.S. points.

C. F. HAYES, Editor and Owner.

CRESTON, B.C., FRIDAY, APR. 2

Soldiers' Memorial

Something akin to the inspiration that prompted the saying that "Satan finds work for idle hands to do" would doubtless create a similar maxim to the effect that necessity will find tasks for idle public money to accomplish. And as locally demonstrating that there is some truth to the latter observation one has only to recall the uses that have, within the past two months, been found for the $1200 or $1500 that was last year guaranteed for a soldiers' memorial but which, owing to unforseen circumstances, has not yet been put to work.

The two latest suggestions that have been put forward are to use the money either for a public library building or in part payment for a cottage hospital to be erected at Creston. As a paid-up contributor to the memorial fund, and having exercised our vote and influence about a year ago in favor of a building, naturally The Review is heartily in favor of using the money in some direction that will benefit the living as well as paying fitting tribute to the fallen.

But our enthusiasm in this respect does not cause us to overlook the fact that on the memorial vote the standing was at least three to one — both numerically and in point of money subscribed —in favor of a monument, and we doubt very much if the subject were re-opened that the decision in favor of a tombstone would be reversed; there is little or no upkeep charge to a granite monument, but with a building running expense is a hardy annual that must be reckoned with.

Now that the flu ban has been lifted and people are feeling in the humor to discuss public matters a meeting of the guarantors of the memorial fund should be held to decide what action shall be taken. If a monument is still wanted it should be proceeded with on the best possible site. If it is decided that the memorial might better take the form of the hospital or other building monies should be returned those who have paid up so that they may recontribute on a scale in due proportion both to their means, as well as the increased cost that is inevitable if either a library, hospital or other building is ultimately decided upon.

Again the Hospital

For a time it looked as if Major Mallandaine's excellent suggestion regarding Creston's need in the hospital line was doomed to be "born to blush unseen and waste its sweetness on the Valley air," but word comes that the matter is not to be allowed to drop. At the Women's Institute meeting on Thursday the ladies very thoroughly discussed the matter and decided to vigorously co-operate in any move that is made to establish an an institution in our midst, and they are calling on the board of trade to take the preliminary steps to launch the project.

With the hospital scheme we believe most all are in full sympathy and it is hoped now that it has been brought to the public attention that it will be given the very serious and practical preliminary consideration it merits. And first and foremost is the detail of where is the money coming from —not only to build but also to maintain such an institution in a community where patronage is bound to be limited for the first year of two of its existence.

At the price of materials and labor today we believe we are well within the mark in saying that even the modest little hospital that some favor starting with could not be built and furnished complete ready for business under $6000. There will possibly be a government grant that will take care of a third of this. With the hospital opened it will be needful to have at least a competent nurse in charge with such other help as hospitals require, along with fuel, light, water, medical and surgical supplies, and the essentials to stock the hospital larder.

$3000 per annum will not be too high an estimate for all running expenses, toward which the government may contribute another 30 per cent. In other words for the first year Creston will require a matter of say $5000 of local money to handle its hospital —less whatever fees are collected. This is the way we figure it out roughtly. Whether your estimate is higher or lower, the all important question is can we raise the money, and keep on raising a couple of thousand each year to keep the institution operating in proper working order.

Between now and the possible formal introduction of the project let us not allow the sentimental or humanitarian aspects of the matter entirely obscure the equally essential and more difficult financial side of this question. Creston undoubtedly needs the hospital, and if all gave toward it in due proportion as the Lord has prospered them, it would not be difficult to erect, equip and maintain such an institution in worthy manner. But, can we get the money—in the absense of the lack of control of public affairs that exists in the Valley at present.

The Bank of Hamilton, which closed up shop at Penticton shortly after the war broke out, but which reopened its branch again about two weeks ago, is now preparing to build a modern bank building of its own in that town.

Seasonably Suggested

Pure Marquis Wheat for sale, Grade No. 1 Northern.

I am in a position to supply every man, woman and child in the Creston District with their Royal Household Flour. When meat, potatoes and butter are scarce there is real satisfaction in knowing that there is in Royal Household Flour a characteristic that has a satisfying effect on the appetite known only to the Ogilvie people, and found only in Royal Household Flour. Buy this satisfying, appetizing, gratifying, health-relying flour from the pure food man.

[illegible] Oats and Shorts troubles with T. M. EDMONDSON.

Do not forget to file your

Income Tax Return

on or before the 30th of April, 1920.

Dominion of Canada

Department of Finance

ALL persons residing in Canada, employed in Canada, or carrying on business in Canada, are liable to a tax on income, as follows:—

1. Every unmarried person, or widow, or widower, without dependants as defined by the Act, who during the calendar year 1919 received or earned $1,000 or more.

2. All other individuals who during the calendar year 1919 received or earned $2,000 or more.

3. Every corporation and joint stock company whose profits exceeded $2,000 during the fiscal year ended in 1919.

Forms to be used in filing returns on or before the 30th of April, 1920.

ALL INDIVIDUALS other than farmers and ranchers must use Form T 1.

FARMERS AND RANCHERS must use Form T 1A.

CORPORATIONS and joint stock companies must use Form T 2.

Penalty

Every person required to make a return, who fails to do so within the time limit, shall be subject to a penalty of Twenty-five per centum of the amount of the tax payable.

Any person, whether taxable, or otherwise, who fails to make a return or provide information duly required according to the provision of the Act, shall be liable on summary conviction to a penalty of $100 for each day during which the default continues. Also any person making a false statement in any return or in any information required by the Minister, shall be liable, on summary conviction, to a penalty not exceeding $10,000, or to six months' imprisonment or to both fine and imprisonment.

General Instructions.

Obtain Forms from the Inspectors or Assistant Inspectors of Taxation or from Postmasters.

Read carefully all instructions on Form before filling it in.

Prepay postage on letters and documents forwarded by mail to Inspectors of Taxation.

Make your returns promptly and avoid penalties.

Address INSPECTOR OF TAXATION, VANCOUVER, B.C.

R. W. BREADNER,
Commissioner of Taxation.

2

SAVE AND PREPARE

Success generally comes to those who go looking for it, and the man with a substantial Savings Account is always in a position to grasp good opportunities for investment or advancement.

Save! Open an account with this Bank at once. Interest paid at current rate. 199

IMPERIAL BANK OF CANADA

CRESTON BRANCH,

C. W. ALLEN, - - - - - - - Manager.

Tires and Tubes

along with Tire Repairing material have advanced but we will sell for March at old prices.

If you have an old tire with a bad blow-out get one of our Porcupine Blow-Out Boots; it will hold the life of the tire.

BRING IN YOUR CAR FOR AN OVERHAUL we have the repairs and will guarantee our workmanship

IF YOU WANT A FORD and don't book early don't cuss us if we cannot supply later.

CRESTON AUTO & SUPPLY

R. S. BEVAN, Manager.

LIME! SULPHUR!

We are now in a position to fill orders for Fresh Lime and Ground Sulphur.

Creston Fruit Growers Union LIMITED

BANKING SERVICE

This Bank is more than merely a safe place in which to deposit money; it is an institution whose purpose and policy is to assist in the wise direction of the financial and business interests of its customers.

Those who make full use of the exceptional facilities provided by this Bank extend the range of their business possibilities. 70A

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - - $15,000,000
RESERVE FUND - - $15,000,000

CRESTON BRANCH, C. G. Bennett, Manager.

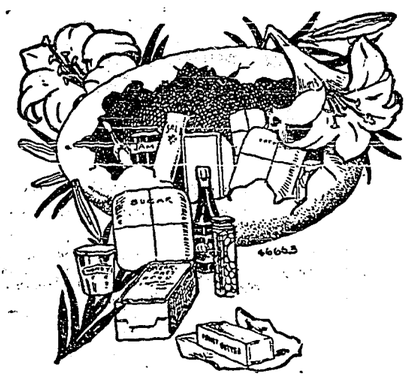
10-DAY TEA SPECIAL

We offer you

Broken Orange Pekoe Tea

put up in TEN-POUND BOXES at

$6.25 per box



Easter Dinner

will be enjoyed if you purchase pure foods, table delicacies and GOOD GROCERIES here. We carry an assortment of the best.

In thanking you for past courtesies shown us we wish you a joyous Easter, and solicit a continuance of your patronage.

S. A. SPEERS

GENERAL MERCHANT : CRESTON

This week's arrival of

New Spring ...Goods...

include a large shipment of

English Ginghams in Plain Grounds, Checks, Stripes, &c.
Nurse Cloth, Galateas, Muslins
Lawns, Voiles, Crepes
Shirtings, Madapolans
Cambrics, Long Cloths

These goods have been placed in stock and marked at prices that are hard to duplicate.

All above goods are true dyes, and are guaranteed fast in color.

Creston Mercantile Company

LIMITED

If you are needing

Brick or Shingles

now is the time to buy

We have just unloaded a car of these at Creston

Canyon City Lumber Company

LIMITED

Coming-Week Shows

Mary MacLaren has a role which gives her the opportunity of being really Mary. In the Unpainted Lady, which shows at the Peekin on Saturday night. As Gudrun Trygayson she portrays a wholesome, normal, healthy girl—with brains—and the typical Canadian woman's resourcefulness to take care of herself under the most difficult circumstances. She knows no class barriers—to her folks are just folks. She has come from the wheat fields of the middle west to a small town. To her this is a "city of adventure." Her fairy prince comes in the guise of the scion of one of the best families of Mullinsdale, but happiness does not come with him. Death intervenes and she is faced with a woman's responsibilities—the future of herself and child. How she returns to the wheatlands and as a farmerette succeede in making Mother Earth take care of her and her boy is a refreshingly different story.

Easter Monday

"A Gun Fightin' Gentleman," which shows at the Peekin, Monday night April 5th, with Harry Carey in the leading role, is a six-reel screen story of a cattle rancher, who in addition to being systematically cheated by the packing firm that buys his cattle, in due course loses possession of his holdings to John Merritt, the head of the concern. Merritt, in his efforts to get Harry out of the way fails to dispose of him by having one of his minions push Harry over a cliff. The scene shifts from country to city where he endeavors to settle with Merritt, and in this feature of the picture Merritt's daughter, an English earl, Harry and Merritt figure in numerous exciting episodes, including a pre-arranged hold-up of the girl in which the earl is to act the part of the gallant rescuer to the discomfiture and elimination of Harry. As the play turns, however, Harry is the rescuing hero, and after a series of thrilling incidents finally marries the girl, gets his property back, etc., etc., etc.

Wednesday Night

What would you do, if after a night at the cabarets you discovered a big bear in your bath room and it dawned upon you that you had bought the animal for a "pet." This may happen to you—this is the age of surprises—so you are advised to see "Jack Spurlock—Prodigal" at Peekin Theatre, Wednesday, April 7th, where George Walsh the William Fox star, as young Spurlock, solves the problem of disposing of the 400-pound Alaska bruin. Mr. Bear makes it interesting for the Harvard Faculty and his young owner before he is gotten rid of.

"Jack Spurlock—Prodigal" is the story of a young Harvard student's experience beginning after he had been dropped from Harvard because of his escapade with the bear. He was a self-reliant chap and when his millionaire father placed him in charge of his business he sought to make a good stroke by buying a few hundred carloads of onions not knowing that his daddy had already bought 500 cars. It works out all right, but before the film story is unfolded young Spurlock has many funny and thrilling experiences.

NEWS OF KOOTENAYS

Cranbrook Baptists subscribed $480 toward the Forward Movement—$120 of it in cash.

The Curlew creamery is now offering Boundary ranchers 70 cents pound for butter fat.

Now the rink has closed the moving picture theatre is resuming weekly shows at Kaslo.

At Vernon a man and team now costs the man who hires the outfit a matter of $10 a day.

The Fernie Free Press believes there is still seven feet of frost in the ground at Fernie.

J. H. McQuaid, of Sydney, C.B., is the new manager of the Bank of Commerce at Cranbrook.

The News claims that at least one parcel of residential property is sold daily in Vernon these times.

The new six room high school at Grand Forks will be build of cement blocks, supplied by local firms.

Trail will shortly be looking for a new English Church rector. Rev. R. H. Ragg is moving to Chilliwack in June.

Rev. J. H. Strawbridge has been secured as pastor of Fernie Baptist church. He has been at Nelson for a while.

Cranbrook had five cases of smallpox in the isolation ward of the hospital last week. It is of a mild type, however.

Vernon's tax rate is 37 mills this year, a raise of three mills due to having to provide increased school revenues.

Fernie reports quite a brisk movement in real estate and hardly a worth while house to be rented at any price.

The Kootenaian claims that the quality of booze some Alberta dealers are shipping their Kaslo clients is very poor stuff.

The Beattie-Noble drug store at Cranbrook is being considerably enlarged. The new addition will be exclusively for the ice cream parlor and confectionery departments.

At Fernie the telephone company has orders for 41 new telephone but at present can only promise to install a dozen of them.

Within the past five years almost 1500 children have been vaccinated at Fernie as a preventative measure against smallpox.

R. Hewat, who has been government agent at Fernie the past five years, has just been notified of his transfer to Kaslo.

Cranbrook war brides are to be guests at an at home and dance under Women's Institute auspices in that city on April 15th.

Codling moth is so bad in the Vernon district that it is likely a section of the orchards there will be quarantined this season.

Cranbrook citizens have the distinction of being the best taxed lot of people in the province this year. For 1920 the rate is 50 mills.

Kaslo's liveliest St. Patrick's Day celebration was at the Oddfellows' Lodge, where seven candidates received the initiatory degree.

The bees in the Slocan were the busiest in all the province last year, according to official report. They averaged 125 pounds of honey per hive.

The Review seems rather proud of the fact that Revelstoke cricket club is twenty years old. Chess and checkers are other favorite forms of amusement in that town still.

At Trail the council is asking the citizens to vote $85,000 which will be used to erect a new city hall, which will have commodious apartments for the fire fighting equipment as well.

Because of the recent police commissioners order that candy may not be sold except for consumption on the store premises, the druggists at Fernie will not open on the Sabbath in future.

The News states that the quick thaw coming before the frost was out of the ground about the middle of March gave some parts of the Okanagan the worst roads the country has ever known.

The Cranbrook Courier advocated taxing the bachelors of East Kootenay at least $5 a year. If single blessedness is the good thing these fellows seem to believe it is they get off cheap at a five spot.

Just received a consignment of

Pickled Herring
Finnan Haddie
Salt Cod
Cabbage
Celery

Just the things for spring eating.

Butterfield's DAYLIGHT STORE

Wynndel, B.C.

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand
Hams and Bacon
Finest Quality
Cooked Ham
Lunch Meat
Bologna, &c.

are always to be had here. In meats nothing quite equals 'Shamrock' products.

P. BURNS & CO., LTD.

Cranbrook council will buy a one-ton Ford truck for various city duties this year.

Strawberry Plants

McKim's Special Everbearing planted in April or early May will fruit in from eight to ten weeks, and continue to ripen the most delicious of all Strawberries until hard frosts in the late fall.

These berries were served to H.R.H. the Prince of Wales at Calgary, and were highly commended by him for their excellent flavor.

25 plants, prepaid, $2.00.
100 plants " $6.00.
1 00 " by express $25.00

W. J. McKIM, Nelson, B.C.

WATER NOTICE

DIVERSION AND USE

Take notice that C. D. Ogilvie, whose address is Wynndel, B.C., will apply for a license to take and use 75 gallons per minute of water out of a spring to be known as Deer Spring, located about 1500 feet from the N.W. corner of Block 18, Lot 279, Cory's Subdivision, in a northerly direction up on the side of Duck Creek Mountain. The water will be diverted from the spring in wooden or iron pipes along the boundary line of Blocks 27 and 20 and Blocks 26 and 19 to the northwest corner of Block 18, Lot 279, Cory's Subdivision, and will be used for irrigation and domestic purposes on Block 18, Lot 279, Cory's Subdivision. This notice was posted on the ground on the 28th day of February, 1920. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Nelson. Objections to the application may be filed with the said Water Recorder, or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B.C., within fifty days after the first appearance of this notice in a local newspaper. The date of the first appearance of this notice is March 12, 1920. C. D. OGILVIE, Applicant.

Synopsis of Land Act Amendments

Minimum price of first-class land reduced to $5 an acre; second-class to $2.50 an acre.

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres, before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health, or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued, provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained in less than 5 years, and improvements of $10.00 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required.

Pre-emptor holding Crown grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes areas exceeding 640 acres may be leased by one person or company.

Mill, factory or industrial sites on timber land not exceeding 40 acres may be purchased; conditions include payment of stumpage.

Natural hay meadows inaccessible by existing roads may be purchased conditional upon construction of a road to them. Rebate of one-half of cost of road, not exceeding half of purchase price, is made.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include All persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from for one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

No fees relating to pre-emptions are due or payable by soldiers on pre-emptions recorded after June 26, 1918. Taxes are remitted for five years.

Provision for return of moneys accrued, due and been paid since August 4, 1914, on account of payments, fees or taxes on soldiers' pre-emptions.

Interest on agreements to purchase town or city lots held by members of Allied Forces, or dependents, acquired direct or indirect, remitted from enlistment to March 31, 1920.

SUB-PURCHASERS OF CROWN LANDS.

Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfillment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be [illegible] proportionately over whole area. Applications must be made by May 1, 1920.

GRAZING.

Grazing Act, 1919, for systematic development of livestock industry provides for grazing districts and range administration under Commissioner. Annual grazing permits issued based on numbers ranged, priority for established owners. Stock-owners may form Associations for range management. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

Sickly Women Given Strength Vigor, Spirits

Many of the woes of womanhood are due to kidney weakness.

At first the back aches.

Then pains gather around the hips and lodge right in the small of the back.

To stoop or bend seems impossible.

Headaches are constant.

Unhappy existence. No pleasure in life when the body is overloaded with poisons that the sick kidneys can't filter out.

Bright's disease is the next stage, but it can be prevented by using Dr. Hamilton's Pills of Mandrake and Butternut. They cure sick kidneys and cure them permanently.

When the kidneys work properly pure blood is formed.

This means nourishment and strength for the whole body.

Backaches and dragging pains are forgotten. Irregularities disappear, vital energy is restored, and happy, robust health is once more established.

Dr. Hamilton's Pills for women's ills is the slogan of thousands today.

Enormous benefit in many ways follows their use, and no woman or girl can use medicine that will do their general health more good.

For the sake of your kidneys, for the sake of your liver, for the advancement of your general well-being, you can't improve on Dr. Hamilton's Pills, 25c per box.

Filling His Own Shoes

— BY —

HENRY C. ROWLAND

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(Continued.)

CHAPTER XX.

The litigation (a polite phrase for anything pertaining to equity in the Ottoman Empire) over the estate of Hamid Pasha was tiresome in the extreme, the object being apparently so to delay anything approaching a decision as to wear out the patience of the foreign claimant and thus to save for the Empire the ten per cent. of the whole which Ruggles might otherwise have expected eventually to receive.

In this the wily Turk met with the success which usually has attended his policy of procrastination. Ruggles, after several interviews with high officials, one being no less a person than the Grand Vizier himself, and appearing several times before a tribunal for the investigation of his claims as an heir, was politely informed that the case would be tried according to the regular procedure of the Ottoman law and that every justice would be rendered him. After that nothing happened.

Pembroke returned to England when Ruggles had been about three weeks at the Porte, and the latter was relieved to have him go, as the surgeon had grown moody and taciturn and inclined to avoid all social intercourse. His attitude toward Ruggles was [illegible] of a would-be suicide [illegible] rather resentment against the man who has thwarted him. It was understood between the two that Pembroke was not to see Roxana again.

At the end of six weeks, thoroughly disgusted with Ottoman "law" and its methods, Ruggles consigned the whole business to Mr. K[illegible], and returned to Paris. The summer had been a vile one in western Europe, and many people had preferred to remain in Paris, cooking and freezing alternately at the beaches and other resorts, so that with the usual influx of foreign visitors the city had rather lit[illegible] than the summer expect.

His household greeted him warmly, and from Miss Challand (for Mr. Elliot had tactfully resigned her office of matchmaker in favor of this lady) he received the gratifying news that [illegible] had [illegible] Monsieur on the part of her two sons, Maurice and Bertrand, aged respectively 27 and 24, [illegible] Alessandra. These young gentlemen, though not titled, were of a good family of prosperous manufacturers. [illegible] the death of their father [illegible]

Also, the hand of Roxana had been sought [illegible] Baron von Hertzfeld, [illegible] of the wealthiest bankers of that name, originally of St. Petersburg. The Von Hertzfelds were orthodox Jews, enormously rich and highly respected. Yakub, Roxana's suitor, was thirty years of age and a man of great charm and intelligence. He had been presented by an attache of the British Embassy.

"Of course," said Miss Challand, "she would have to embrace his religion. Do you think Hamid Pasha would have objected?"

"No," Ruggles answered. "All that Hamid Pasha objected to was an all-round infidel. What does Roxana think about it?"

"Nothing has been said to Roxana," Miss Challand answered. "She is a very odd girl, Mr. Ruggles. If it weren't for the clever things she sometimes says, one might almost think her dull. The others are tremendously interested in their new lives, and as merry as schoolgirls on a lark. But Roxana goes sometimes the whole day without speaking a word. Yet she seems happy, and is always extremely agreeable. She must see that Baron von Hertzfeld admires her tremendously, and she is always very nice to him, but then she is nice to everybody. It is a constant source of wonder to me to see how quickly these girls have adapted themselves to our customs. One would think that they were convent-bred."

"I guess Hamid Pasha had something of this sort planned for them for a long time," Ruggles answered, "and sort of trained them for it. Now, about Roxana. Maybe I'd better sound her a little on the subject of Von Hertzfeld. I'll try to get a chance to speak to her alone, to night after dinner. Of course, if she doesn't want him, she doesn't have to have him."

"What do you think of it yourself?" Miss Challand asked.

"Oh, I don't see anything against it. I've known lots of Jews that were mighty fine men. When I was working in the store the best friend I had was a Jew named Simon. He left there to study art. I'm going to look him up as soon as I get time and see how he's making out."

The household dined together, Ruggles presiding at one end of the table and Miss Challand at the other, between them such a galaxy of beauty as one might travel far and fail to find. Ruggles enjoyed these repasts, for odd as the assortment was they represented the first home atmosphere that he had ever known. The conversation at table was general and vivacious, Alessandra and Bulbul being the chatterboxes of the party, and Ruggles derived much entertainment from their childlike comments on people and things. When he himself spoke, the girls became quiet.

Roxana seldom volunteered a remark, although at first she had asked a good many questions, usually of Miss Challand, for whom she seemed to have formed an affection. Her manner to Miss Elliot was formally polite and to Darthea friendly and admiring. A musical artist herself, Roxana appreciated Darthea's skill with her brush, and nothing pleased her more than to be asked to the studio to sit and watch Darthea at her work. This did not often happen, as Darthea did not like to have her attention distracted when at her easel.

The evenings were usually spent in music and bridge, of which game Miss Challand was inordinately fond, and which the girls had acquired as young ducks learn to swim. Roxana alone took no interest in cards, preferring to amuse herself at the piano or harp while the others were at the bridge table. She liked, also, when the weather permitted, to throw a scarf about her tawny head and walk about the gardens alone. It was Miss Elliot's opinion that the girl was secretly homesick and pining for the soft airs which wafted down the Bosphorus, so she never interfered with these evening promenades.

Ruggles appeared to have brought back the fair weather from the south, for the day of his arrival in Paris was one of those bright but softly colored ones for which France is famed, and which, alas, are now becoming rare. The sky had been a drowsy, hazy blue and a soft breeze whispered through the high foliage of the ancient elms and acacias. After dinner the air cleared and the stars shone down from a lofty dome of deepest indigo, and the air was sweet in the garden with the flowering syringa. As they left the dining-room, Roxana lingered.

"I am going out in the garden," she said to Miss Elliot. "I wish to take the air."

"Very well, my dear," Miss Elliot [illegible], and [illegible] at Ruggles. "Do you like to play bridge after we have our coffee, Mr. Ruggles?" she asked.

"I don't know how to play," Ruggles answered. "I'll have to get you to teach me some day. I guess I'll go out and walk around a little with Roxana, if she don't mind."

Roxana's long lashes swept up and [illegible] them down again.

[illegible] and Ruggles led Roxana through the conservatory and out into the perfumed darkness. His stick slipped on the step, and instantly Roxana's hand closed on his arm with an amazing strength.

"Be careful, Ruggles Effendi," said her sweet voice in his ear. And Ruggles, while wondering at her strength, for she had saved him from a nasty fall, was at the same time conscious of a faint, exquisite odor, spicy and elusive, suggesting cinnamon and stephanotis, and which seemed to come from her hair.

They followed a little path and came presently to a wicker bench under a flowering catalpa, of which the snowy blossoms shone white against the dark, lustrous foliage.

"Let's sit down here," said Ruggles. "I want to talk to you, Roxana."

"I am listening, Ruggles Effendi."

She seated herself beside him, and Ruggles felt her breath on his cheek as she swayed toward him to look into his face, as though trying to read its expression in the gloom. Again he was conscious of the sweet, faint perfume. He leaned forward, resting his clasped hands upon the head of his cane.

"Do you like it here in Paris, Roxana?" he asked.

"Yes—now that you have come."

"Oh, what difference does that make?" Ruggles asked, a little awkwardly. "You like it anyway, don't you?"

"I would not like it without you," she answered, "because I love you. Can't you feel me loving you, beloved?" Her voice was like the first sweet, low, tentative note of a nightingale before its song; a prelude and a promise of the liquid notes to follow.

Ruggles could scarcely believe that he had heard aright; he was bewildered and confused. What did the girl mean? Then it flashed through his head that this childlike declaration was not to be taken in its literal sense, but merely as an expression of sympathy and liking. It would be outrageous to suppose that Roxana had fallen in love with him, or that, even if she thought she had, she would state the fact with such simple candor.

For Roxana's Oriental viewpoint of their relative positions was impossible to Ruggles. It was inconceivable to his Western mind. He saw himself as her guardian and protector and saddled with the responsibility of her future welfare, himself but a humble person from the middle class, essentially practical and possessed of some executive ability, but as far removed from Romance as a shoehorn. There is a certain type of person which, while gifted with imagery and capable of sentimental dreams, cannot apply personally the realization of such dreams. Such people knock repeatedly at the door of Romance, and then, when Romance comes, she comes in sober black with an umbrella and galoshes to enter their lives under the name of Smith or Brown.

Had Ruggles in his ramblings a-wheel possessed the imagination to have conceived such events as had happened him during the last few months, the romance of the fantasy would have dazzled him. But because they had actually occurred, poor Romance got no credit for them. The God of Things as They Are has scant time to waste on his impractical though charming brother, the God of Things as They Might Be.

(To Be Continued.)

Old Norse is still represented with wonderful purity by the modern Icelandic language.

DO YOU KNOW WHY

that old sore or skin disease of yours breaks out again? It's because the remedies you have been using do not get to the root of the disease, but remain on the surface. Try Zam-Buk! It penetrates to the underlying tissues, destroys all germs and cures from the "root" up. Hence Zam-Buk cures are lasting. All dealers, 50c. box.

Zam-Buk

OUT O' LUCK

Never mind! Just take Cascarets if Bilious, Constipated

Everyone must occasionally give to the bowels some regular help or else suffer from constipation, bilious attacks, stomach disorders and sick headache. But do not whip the bowels into activity with harsh cathartics.

What the liver and bowels need is a gentle and natural tonic, one that can constantly be used without harm. The gentlest liver and bowel tonic is "Cascarets." They put the liver to work and cleanse the colon and bowels of all waste, toxins and poisons without griping—they never sicken or inconvenience you like Calomel, Salts, Oil, or Purgatives.

Twenty-five million boxes of Cascarets are sold each year. They work while you sleep. Cascarets cost so little, too.

Food Jump in Britain

The cost of all principal articles of food in England rose in January to 136 per cent. over the pre-war level, and is 126 per cent. on rent, clothing, light and fuel, according to statistics prepared by the American Chamber of Commerce in London.

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."

Wanted it Unarmed

Over the telephone a worried voice addressed the proprietor of a small hardware store. The speaker began: "I come in your place today and bought one of them dollar alarm clocks, and you set it for me to go off at 5 o'clock in the mornin'. D'ye remember?"

"Yes," said the hardware man, "I remember."

"Well," went on the other, "I've just found out that I don't have to get up at 5 o'clock in the mornin'."

"Glad to hear it," said the hardware man, "but what do you want me to do about it?"

"I want you," said the customer, "to tell me how to unarm this clock."

Pains About the Heart

ANY derangement of the heart's action is alarming. Frequently pains about the heart are caused by the formation of gas arising from indigestion.

Relief from this condition is obtained by the use of Dr. Chase's Kidney-Liver Pills.

Chronic indigestion results from sluggish liver action, constipation of the bowels and inactive kidneys.

Because Dr. Chase's Kidney-Liver Pills arouse these organs to activity they thoroughly cure indigestion and overcome the many annoying symptoms.

Dr. Chase's Kidney-Liver Pills

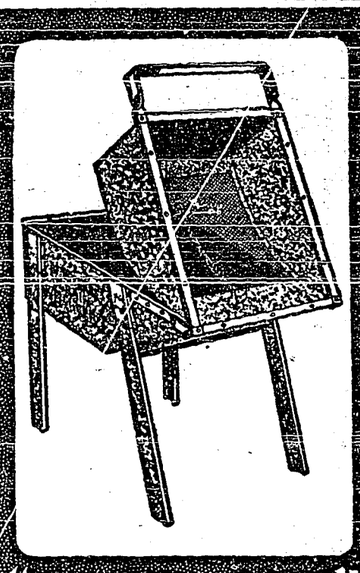
Forestall Colds, Chills and Influenza

Take

BOVRIL

Use Bovril in your cooking. It flavours, enriches, nourishes more.

The Body-building Power of Bovril has been proved by independent scientific experiments to be from 10 to 20 times the amount of Bovril taken.



"EASTLAKE" Grain Pickler

Quick in action—gives TOTAL IMMERSION —simple to operate— cannot get out of order —no waste of fluid.

Fill from bag or scoop, empty by tilting hopper, repeat as fast as you like.

An efficient, quick-acting pickler for busy Western Farmers.

ASK FOR OUR FREE PICKLER CIRCULAR AND PRICES.

195W

The Metallic Roofing Co. Limited
797 Notre Dame Ave. Winnipeg

Manitoba Flax for Holland

Ten tons of flax fibre, valued at $1,000 a ton, and 400 pounds of hemp fibre, an experimental crop from one acre sown in Beausejour, Manitoba, district, have been shipped to Holland for manufacture. The provincial department of agriculture holds that the soil is particularly adapted for production of this fibre, and, grown in proper rotation with coarse grains, will prove very profitable to the farmer.

Carpets of the Homeric age were generally white.

ECZEMA IN RASH CUTICURA HEALS

Very Itchy and Burned. Troubled Six Weeks.

"Our daughter's face came out in a rash that we were told was eczema. Her cheeks got sore and she rubbed causing loss of sleep. The breaking out was very itchy and burned so that I had to tie gloves on her hands to keep her from scratching.

"This trouble lasted about six weeks before I used Cuticura. I used one large box of Cuticura Ointment with two cakes of Cuticura Soap when she was healed." (Signed) Mrs. H. Gates, Blenheim Rd., Ott., Ont.

Cuticura Soap, Ointment and Talcum are ideal for daily toilet use.

For free sample each of Cuticura Soap, Ointment and Talcum address postcard "Cuticura, Dept. M, Boston, U. S. A." Sold everywhere.

Your Eyes

A Wholesome, Cleansing, Refreshing and Healing Lotion—Murine for Redness, Soreness, Granulation, Itching and Burning of the Eyes or Eyelids.

"7 Drops" After the Movies, Motoring or Golf will win your confidence. Ask Your Druggist for Murine when your Eyes Need Care. 8-18

Murine Eye Remedy Co., Chicago

FARMERS BREED PERCHERONS

The only breed of draft horses ever shipped back to England from Canada for breeding purposes were Percherons.
The greatest breed of draft horses in North America are Percherons.
The safest investment in draft horses today is Percherons.
A profit to own—A pleasure to handle.
You will make no mistake in your horse breeding this year if you use a Percheron sire.

WRITE FOR INFORMATION AND LITERATURE

Let us put you in touch with the best Canadian Percheron Breeds. Mention this paper when writing.

The Canadian Percheron Horsebreeders' Association

William A. Willson, Secretary, Calgary, Alberta

BAR U AND NAMAKA FARM PERCHERONS

The largest stud of the Pure-bred Percherons in the World. The first Percheron-breeding Farm Established in Canada. The only firm on the American continent from which British horsemen have selected Percheron breeding stock to establish studs in Britain.

Do not let the British breeders come to Canada and carry off all our best foundation stock. Do not be satisfied with the cheap cull stallions brought in by irresponsible dealers and stallion pedlars from the United States, when you can buy the best individuals of the best breeding raised right here in Alberta by men that have been in the breeding business for 25 years, and expect to remain in the business. We have seventy-four head of Pure-bred Percheron Stallions of our own breeding now on hand to select from. You can see their sires and dams, and if you cannot choose one from the lot to suit you we will give you every assistance in our power. Write for prices or come to Calgary, Alberta, and we will meet you and show you the stock at any time.—Address:

GEORGE LANE, CALGARY, ALBERTA

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

THE NEW FRENCH REMEDY.
THERAPION No. 1
THERAPION No. 2
THERAPION No. 3
No 1 for Bladder Catarrh. No 2 for Blood & Skin Diseases. No. 3 for Chronic Weaknesses.
SOLD BY LEADING CHEMISTS. PRICE IN ENGLAND 3s.
Dr. LECLERC Med. Co., Haverstock Rd., N.W.5, London.
3s. TRADE MARKED WORD 'THERAPION' IS ON BRIT. GOVT. STAMP AFFIXED TO GENUINE PACKETS.

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES and How to Feed Mailed Free to any Address by the Author
H. CLAY GLOVER CO., INC.,
118 West 31st-street, New York, U.S.A.

Cause of Early Old Age

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound. 10

Grain Inspector at Calgary Busy

An enormous quantity of grain is pouring into Calgary, Alberta, from country points and a record number of cars containing wheat, oats and barley are being inspected by the government grain inspector. On March 2nd they totalled 185.

Hire Canadian Airmen

Chinese Government Employing Aviators to Teach Chinese Students

Ten Canadian aviators are being hired at $1,000 per month each by the Chinese government to teach Chinese students. Two Vancouver boys who will be in the party have received papers for their signatures to enter the service of the Chinese, who have purchased a number of Vicker planes. The Canadian party expects to leave Vancouver in May for Pekin.

WHEN YOU SUFFER FROM RHEUMATISM

Almost any man will tell you that Sloan's Liniment means relief

For practically every man has used it who has suffered from rheumatic aches, soreness of muscles, stiffness of joints, the results of weather exposure.

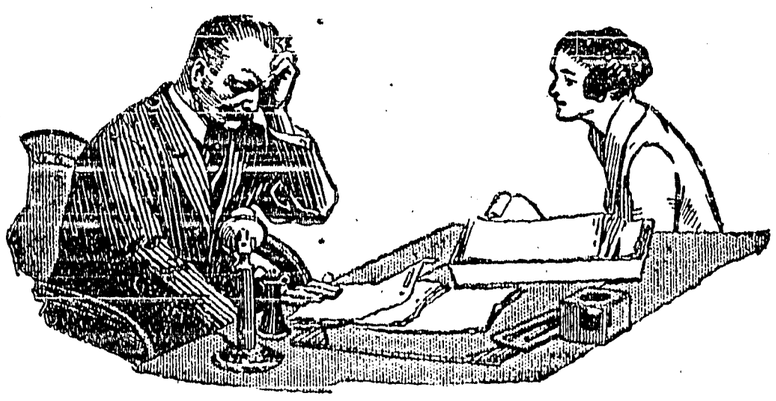
Women, too, by the hundreds of thousands, use it for relieving neuritis, lame backs, neuralgia, sick headache. Clean, refreshing, soothing, economical, quickly effective. Say "Sloan's Liniment" to your druggist. Get it today. 35c, 70c, $1.40. Made in Canada.

Sloan's Liniment *Keep it handy*

It is estimated that Ireland's peat logs contain the equivalent of 5,000,000,000 tons of coal.

Minard's Liniment for sale everywhere.

Mountains in the United States is 1,000 miles.



Old Age Deferred

BY DR. LEE H. SMITH.

Business men who must speed up the works and make business boom during these days—after the war—must recognize the necessity of keeping fit. When mind is befogged, when you have dull headaches or feel logy, when not "up to snuff," keep the bowels free with a mild laxative. In the morning take a tepid sponge bath (cold water may be used if it does not chill), follow with a brisk rub down; a sufficient "setting up" exercise in good air until you are in a warm glow. Have you tried it lately?

Don't let the poisons accumulate in the intestines either, but try a dose of castor oil the first thing on arising, or a pleasant laxative occasionally, such as one made up of May-apple, aloin and jalap, rolled into a tiny sugar-coated pill, and sold in every drug store as Dr. Pierce's Pleasant Pellets. Then a cup of hot water before breakfast, and you'll feel better than a king! If you continue in life thus, you can pass a Life Insurance examination at sixty.

If you wish to prevent old age coming on too soon, or if you want to increase your chances for a long life, you should drink plenty of soft (rain) or distilled water daily between meals. Then procure at the drug store Dr. Pierce's Anuric (anti-uric-acid). This "Anuric" drives the uric acid out and relieves backache and rheumatism, as well as kidney trouble. Anuric dissolves uric acid [illegible] hot tea dissolves sugar.

Sun Life Shows Large Gains

49th Annual Report Is Issued, Showing Tremendous Expansion

Several new and interesting records in the insurance business were made by the Sun Life Assurance Co. of Canada during 1919. The 49th annual report of the company has just been published and shows that the new business actually issued and paid for during the past year was $86,548,850, being an increase of $34,957,457, or 67.7 per cent., over 1918. The tremendous business of the Sun Life will be realized when it is stated that applications for new assurances retained during 1919 exceeded one hundred million dollars. The figure creates a distinct record in the insurance business of the Dominion, as no Canadian company has ever approached this total.

The business in force amounted to $416,358,462, showing an increase of $75,548,805. The assets of the company were increased by $8,091,089, and now amount to $105,711,468, while the report shows a net surplus of $8,037,440 over and above all liabilities and capital stock, which indicates the importance attached by the company to safety and protection. The company paid out to policy-holders and their beneficiaries $12,364,000, bringing the total amount paid out in this connection since organization to $91,227,532. Another record was made in regard to income with a total of $25,704,201, or an increase of $4,053,101 over the previous year.

Owing to the remarkable development in the business of Canada's greatest life assurance corporation, the directors feel that the business in the Dominion is due to enormously expand during the present year.

LOSS OF STRENGTH THROUGH INDIGESTION

The Stomach Can Only Do Its Work When the Blood is Rich and Red

Indigestion means loss as well as suffering to many people. Loss of strength, loss of time and loss of money follows indigestion, and debility continues as long as the indigestion remains. Workers suffer from indigestion because their hours are long, and often they cannot give proper time to meals. Then the appetite becomes fickle, digestion becomes feeble and the blood becomes impoverished. So the general health suffers; langor, nervous troubles and often sleeplessness follows. It is well to remember that the whole system relies upon good blood and that good blood is impossible unless the digestion is good.

The stomach cannot do its work unless the blood is made rich and red, and so new blood alone can cure indigestion. It is for this reason that a remedy like Dr. Williams' Pink Pills, which makes new, rich blood, cures indigestion and builds up the whole system. The great value of Dr. Williams' Pink Pills in cases of this kind is proven by the statement of Mr. R. E. Small, Wingham, Ont., who says: "The truthfulness of my statement can be proven by scores of my friends and acquaintances. I am a glove cutter by trade, and for six long years have at times been a great sufferer from complication of ills chiefly due to indigestion. Gas would accumulate on the stomach, causing me great pain. I would bloat up at times, and almost suffocate, and often when at work would be overcome by a drowsy oppression which was almost indescribable. Finally I began the use of Dr. Williams' Pink Pills, and after taking seven boxes I feel like a new man. The transformation they have made in me is simply remarkable, and while using them I gained thirteen pounds in weight. I may add that I began the use of Dr. Williams' Pink Pills as a result of what they did for a niece, who underwent a critical operation, and who did not regain her strength until she started using the pills. In her case they fully restored her health, and this encouraged me to begin their use, with, as I have already said, a complete restoration of health in my own case."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box, or six boxes for $2.50, from the Dr. Williams' Medicine Co., Brockville, Ont.

Post Office Finances

The report of the Postmaster-General, which was tabled in the Commons, shows a net revenue for the fiscal year 1918-1919 of $21,602,712, an increase of $257,318, as against an expenditure of $19,273,583, an increase of $1,227,026. The surplus of revenue for the fiscal year over expenditures was $2,329,128.

Minard's Liniment Cures Dandruff.

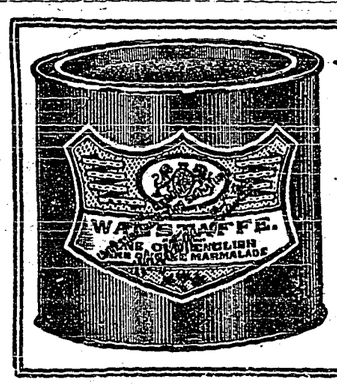
DON'T LET THAT COUGH CONTINUE!

Spohn's Distemper Compound

will knock it in very short time. At the first sign of a cough or cold in your horse, give a few doses of "SPOHN'S." It will act on the glands, eliminate the disease germ and prevent further destruction of body by disease. "SPOHN'S" has been the standard remedy for DISTEMPER, INFLUENZA, PINK EYE, CATARRHAL FEVER, COUGHS and COLDS for a quarter of a century. At all drug stores.
SPOHN MEDICAL COMPANY, Goshen, Ind., U.S.A.

DOMINION MEDICAL INSTITUTE

NERVE SKIN. BLOOD STOMACH & LUNG DISEASES
CONSULTATION FREE CORRESPONDENCE INVITED
70 Lombard St **TORONTO**



WAGSTAFFE'S

Real Seville
Orange Marmalade

All Orange and Sugar—No camouflage. Boiled with care in Silver Pans.

ASK YOUR GROCER FOR IT.

Will Abolish Conscription

All Conscripted Men Will Be Demobilized Before May 1

Conscription in Great Britain is to be abolished at the end of March, according to an announcement made by Winston Churchill, British Minister of War, in the House of Commons. This means that all conscripted men will be demobilized before May 1 at the latest. After that date the British army force will number about 220,000 exclusive of Indian troops. Any further reduction is improbable at present, owing to conditions in Palestine and Mesopotamia.

The Minister of War has estimated that 35,000 men will be required to keep order in Ireland, where only 25,000 were stationed before the war.

GIRLS! A MASS OF WAVY, GLEAMY BEAUTIFUL HAIR

Let "Danderine" save and glorify your hair

In a few moments you can transform your plain, dull, flat hair. You can have it abundant, soft, glossy, and full of life. Just get at any drug or toilet counter a small bottle of "Danderine" for a few cents. Then moisten a soft cloth with the Danderine and draw this through your hair, taking one small strand at a time. Instantly, yes, immediately, you have doubled the beauty of your hair. It will be a mass, so soft, lustrous, fluffy and so easy to do up. All dust, dirt and excessive oil is removed.

Let Danderine put more life, color, vigor and brightness in your hair. This stimulating tonic will freshen your scalp, check dandruff and falling hair, and help your hair to grow long, thick, strong and beautiful.

University of Alberta Building Extension

Contract has been awarded by the provincial government for the erection of a new medical building in connection with the University of Alberta. The cost of the structure will be about three quarters of a million dollars.

The contractors propose to begin work on the new building right away. It will be similar to the arts building at the University.

Introduction of phosphorus in 1834 made possible the use of matches.

For Spanish Influenza

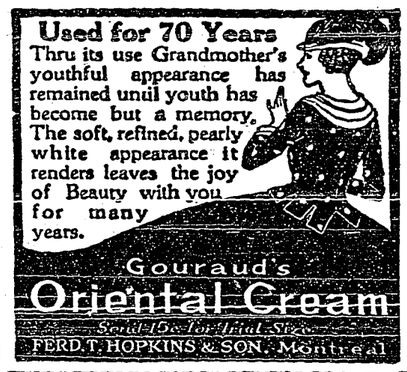
The Liniment that Cures All Ailments—

MINARD'S

THE OLD RELIABLE — Try It

MINARD'S LINIMENT CO., LTD., Yarmouth, N.S.

Used for 70 Years



Thru its use Grandmother's youthful appearance has remained until youth has become but a memory. The soft, refined, pearly white appearance it renders leaves the joy of Beauty with you for many years.

Gouraud's Oriental Cream
Send 10c. for Trial Size
FERD. T. HOPKINS & SON, Montreal

SINCE 1870 **SHILOH** 30 DROPS STOPS COUGHS

MONEY ORDERS

When ordering goods by mail, send a Dominion Express Money Order.

The Nile begins to rise in June and continues to increase until about the end of September.

Animals found on the eastern side of Sumatra differ entirely from those found on the western side.

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

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People all around where you live want to read, regularly, the most progressive weekly magazine in British Columbia—

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Vancouver, B. C.

Send me full particulars of offer.

Name .....

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Local and Personal

WANTED—A small house to rent for six months. Apply Miss Candy.

BIRTH—At Lister, on March 26th, to Mr. and Mrs. E. Thompson, a son.

HEIFER CALF FOR SALE—Jersey, 2 months old. Dr. Henderson, Creston.

DEMOCRAT FOR SALE—In good shape, $60. Enquire Review Office.

BIRTH—At Creston, on March 26th, to Mr. and Mrs. S. G. Foreman, a son.

DRAKE WANTED—Purebred preferred. State price. C. Kelsey, Erickson.

EGGS FOR HATCHING—Purebred Buff Orpingtons, $1.50 for 13. F. Mill, Creston.

FOR SALE—36 purebred S.C. Barred Rock hens, year old, $2 each. G. M. Wilson, Creston.

SEWING MACHINE FOR SALE—Imperial, good as new, $25. T. Trevelyan, Creston.

FOR SALE—6 good ranch horses, prices right. Canyon City Lumber Co., Ltd., Creston.

Mrs. McQuarrie, who has been a visitor with Mrs. Bohlee, left for Vancouver on Tuesday.

Mrs. Manuel left on Sunday for Fernie where she is spending a few days visiting friends.

Mrs. and Miss Frances Lyne spent a few days with Cranbrook friends the latter part of the week, returning on Monday.

EGGS FOR HATCHING—Purebred White Leghorns, heavy laying strain. Jas. Adlard, Creston.

Mrs. S. A. Speers left on Saturday on a month's holiday visit with friends at Medicine Hat, Alta.

COWS FOR SALE—One milch cow, part Jersey; grade Jersey yearling heifer. W. V. Jackson, Creston.

TOWN PROPERTY FOR SALE—Good house, and lot well planted to bearing fruit trees. Enquire Review Office.

EGGS FOR HATCHING—Purebred White Wyandotte eggs, $1.50 per setting of 15, $1.50. F. W. Ash, Creston.

The outbreak of smallpox amongst the Indians is being kept well in check, and few, if any, new cases are developing.

CANARIES FOR SALE—Singers and hens. Prices reasonable, and furnished on writing P. O. Box 361, Kaslo, B.C.

Easter services are announced for the usual hours at Holy Cross church on Sunday next, with Father Desmarais in charge.

WANTED to RENT—Responsible party will lease a four room (or larger) house, or ranch near town. State rental. Box 12, Review Office.

T. J. Crawford, who has spent the past four months in Vancouver, where he was taking a course in a motor and tractor school, got back on Saturday.

STUMP PULLER FOR SALE—Model 10 Kirstein one-man stump puller in A1 condition. $70 cash. For particulars apply Norman Craigie, Creston, B.C.

Citizens are reminded that Creston merchants inaugurate the Wednesday half holiday commencing next week. The half-day off will continue until the end of October.

The baseball players had their first work out on Sunday afternoon, and if the weather is right it is expected the first game of the season will be put on next Sunday afternoon.

Mr. and Mrs. Dan Speers, who have been living at Kitchener the past year, have moved back to Creston, and are to occupy the residence on the Mead ranch near the town park.

FOR SALE—Jump seat buggy, in first-class shape, two or four passenger. Also butter worker and shipping cream can, also in good condition. W. H. Watcher, Creston.

E. C. Hunt of Nelson, provincial horticulturist, spent a couple of days here last week, and reports the Valley orchards looking in promising shape for a fine 1920 crop in all lines.

E. W. Payne writes that our Erickson correspondent is in error in stating that Jos. Stinson has the contract for the W. W. Hall residence. Mr. Payne states that he is doing the work.

W. S. Bush and family have just arrived from Wasa, and propose making their home here for the next twelve months. They have leased the Quaife place, near the section house, and have taken possession.

Mr. and Mrs. Loveday are this week moving into the Presbyterian manse in which they will reside for the present. Mr. Loveday lately arrived from Vernon to assume the management of Creston Fruit Growers' Union.

J. H. Hibberson and J. W. McDonald, timber cruisers, Victoria, arrived on Monday, and after securing the necessary supplies, left on Tuesday morning for Corn Creek, where they will cruise some of the limits in that section.

Even the ten-cent hens have commenced the spring egg-laying campaign, with the result that the latter part of the week saw hen fruit take a further drop, to 50 cents a dezen. Dealers do not expect the price to recede much further.

T. Baines is the latest to dispose of his ranch property in the Valley, having this week sold his nine-acre place in the Alice Siding section to E. Orenski of Bellnve, Alta., for a sum in the neighborhood of $3600. It has a considerable planting of berries as well as some orchard.

The athletic funds of the public school were enriched a matter of about ten dollars the commission earned on the sale of tickets for the Grossmith concert. The girls will use their part of it for some basketball equipment, while the boys will blow their's in on some baseball outfit.

T. Kilpatrick of Revelstock, provincial bridge superintendent, and Wm. Ramsay, provincial engineer, Nelson, were here on Tuesday, inspecting the new high level bridge over Goat River. The men are now busy at the frame work and excellent progress is being made on its erection.

The Peekin Theatre resumed operations again on Saturday night, after a shutdown of a month due to the flu trouble. Manager Rodgers announced a showing of pictures for Easter Monday night, April 5th, the programme to include Creston's frvorite, Harry Carey, in "A Gun Fightin' Gentleman."

Capt. Patterson of Ottawa, director of the Dominion Soldier Settlement Board, was here on an official visit Saturday, during which he thoroughly investigated the Lister area. To date the board haye atready made loans totalling about $40,000 on improved places purchased in the Valley by returned men.

A Creston hospital was one of the chief topics of discussion at the March Women's Institute meeting on Thursday last. The ladies' are unanimously in favor of using the soldiers' memorial fund for such an institution, and will urge the board of trade to at once launch the project for the Valley's consideration.

March, which came in quite lamblike, went out like a lion as per schedule. Very high winds prevailed the first three days of the week, with every known variety of weather mixed in. The gales have had the effect of drying up the roads fairly well and road foreman Harris has already started repair operations.

Latest word from Vancouver, where Rev. R. G. Hamilton is undergoing medical treatment, is to the effect that he continues to make slow but satisfactory recovery, but at the present rate of recovery he will hardly be back to resume the Methodist pastorate until June—immediately after the annual meeting of conference.

The Leslie Grossmith concert company was greeted with a crowd that about filled the Peekin Theatre on Friday night, and a varied programme of a high order throughout was presented. Mr. Grossmith was well pleased with his reception and will in future stop off at Creton on all his concert tours across western Canada.

The biggest fine ever collected at court proceedings at Creston was gathered in on Tuesday last when Chris. Johnson, who gave his address as Spokane, was taxed $600 for entering Canada by auto without reporting to the customs authorities. Johnson is suspected to be in the booze carrying trade, getting his supplies at a point near Creston and rushing it across the boundary by auto under the cover of darkness. H. White, customs officer a Cranbrook was in charge of proceedings, with Const. Engle of the R.N.W.M.P.

Gardening Time is Here

For your convenience we carry a full line of up-to-date conveniences, including Farm and Garden Implements, Carpenter's Tools, Builders' and

SHELF HARDWARE

No matter what your needs, step in and look over our stock. We have too many conveniences to enumerate, and you may see some articles you have been wondering where to find.

Hardware & Furniture Supply Company

M. J. BOYD Manager

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Sonora

CLEAR AS A BELL

Everything comes to him who waits. But you will not wait when you have heard the SONORA. You will know it is machine you have been looking for. Models $105 to $1500

S. G. FOREMAN

NEXT PEEKIN THEATRE : CRESTON

Buy the Best

IT COSTS NO MORE

Dominion Tires and Tubes

Veedol Motor Oils Accessories

Authorized FORD Service Station

CRESTON SERVICE GARAGE

LIDGATE BROS. - - PHONE 81

Peekin

SATURDAY, April 3

MARY MacLAREN in

The Unpainted Woman

See Mary MacLaren in her most human picture.
Two-Reel Comedy

Chasing Her Future

WEDNESDAY, April 7

JACK WALSH in

Jack Spurlock—Prodigal

The funniest picture ever screened. See the 400-pound bear act.

Fox News. Ford Monthly

SATURDAY, April 10

MONROE SALISBURY in

The Blinding Trail

The greatest screen fight of them all. Better than in "The Spoilers," a drama of the north woods.

Ten Day Sale

of

Ladies' Wear

We are going entirely out of all lines of Ladies' Wear, and in order to effect a speedy clearance of our quite complete lines in this department we are putting on a Ten-Day Sale. If attractive prices are any idcentive to buying both for immediate and future needs we feel sure the lines listed below will move rapidly. Sale opens on Saturday, April 3rd, and will close the following Saturday, April 10th, Following are just a few samples of the generous reductions that prevail:

Pullover House Dresses, reg. $1.75; sale price $1.25
House Dresses, reg. 3.50; sale .. 2.75
House Dresses, reg. 3.00; sale .. 2.35
Flannelette Nightgowns, reg. 1.75; sale 1.35

Silk and Voile Waists Underwear, Aprons, &c. going at cost.

See display of these lines in our windows today, and don't miss such a rare opportunity to stock up for the summer at a saving of 25 per cent.

MAWSON BROTHERS

Better Service Lower Prices

PIGS FOR SALE

Yorkshire Pigs, a splendid strain for foundation stock ready for April delivery. Price (with papers) $15 each. A. B. SMITH, Box 852, Cranbrook.

RANCH PROPERTIES FOR SALE

1. Forty acres, including about ten acres of bearing orshard, two running springs. An ideal dairy location. Price $7000.
2. Forty acres, including about 25 acres bearing orchard, running spring, houses, barns, etc. Also good dairy location Price $12,000. Enquire Review Office, Creston.

RANCH PROPERTY FOR SALE

Nearly 5 acres choice level fruit land partly improved, good road and water, ideal home site near town. Cheap for cash. Apply owner, CHAS. MOORE, Creston, B.C.

FINE HOME PROPERTY FOR SALE

Comprises two-thirds of an acre with 120 bearing fruit trees, as well as strawberries, raspberries and currants, and two lots 50 x 120 feet. House is 6 rooms with basement and cellar, and good barn (with loft) 21x18 feet. $3000 for the whole property. R. BOADWAY, Creston, B.C.

Wednesday Half Holiday

We, the undersigned, agree to close our stores at 1 p.m., Town Time, on EACH and EVERY WEDNESDAY, commencing APRIL 7th and continuing until NOVEMBER 1st, 1920.

J. V. Orr.
S. A. Speers.
Mrs. J. R. Bruce
Hardware & Furniture Supply Co., Ltd.
A. D. Manuel.
Mawson Brothers.
P. Burns & Co., Ltd.
Creston Mercantile Company, Ltd.