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THE CRESTON REVIEW

VOL. XI. CRESTON, B. C., FRIDAY, FEBRUARY 28, 1919 No. 3

Below will be found a full list of those contributing to the Red Cross drive for funds last month. All told $424 was taken in. Special mention is due the men who canvassed the Valley for the Victory Loan who were good enough to turn over the commission thus earned to this cause. Without this assistance the $385 asked of the Valley would hardly have been realized. It should also be stated that donations were limited to $2 per person, though no objection was raised to anyone contributing $2 for each and every member of the household. The collectors, contributors and amounts given are as follows:

CRESTON—

Mesdames Smith and Cherrington	$ 49 45
Mrs. Cock	28 00
Mrs Fralick	15 00
Mrs. Mallandaine	9 75
Rev. T. McCord	14 00

ERICKSON—

Mrs. Botterrill	$ 34 50
Mrs. F. V. Staples	19 50

CANYON CITY—

Mrs. Con. Hall	$ 43 25

DEER LODGE—

Miss E. Dow	$ 13 60

ALICE SIDING—

Mrs. Jas, Compton	$ 22 50

WYNNDEL—

D. J. Dewar	$ 36 00

SIRDAR (no collector)	$ 4 00
Memorial Service Collection	$ 11 20

VICTORY LOAN COMS.

G. Constable	$ 3.00
Alex. Smith	4.50
C. O. Rodgers	32.25
S. A. Speers	21.75
Jas. Compton	8.00
E. C. Gibbs	9.75
W. W. Hall	6.25
W. H. Morris	20.00
C. Brousson	9.25
D. J. Dewar	8.00
	$123 25
Total	$424 00

DEER LODGE—
Miss Dow, Collector.

Mrs Boadway	$ 35
Miss E Dow	2 00
Mrs Hurry	1 00
Mr & Mrs C Huscft	3 00
Mrs Jim Huscroft	25
Mrs John Huscroft	1 00
Mrs Lyon	2 00
Delbert Lyon	2 00
Mrs Smith	2 00

SIRDAR—No collector.

Mrs Loasby	$2 00
Mrs Tuohey	2 00

CANYON CITY—
Mrs Hall, Collector

A J Anderson	$2 00
Wm Browell	1 00
F E Browell	1 00
Mrs C Blair	2 00
Mrs Bergeren	1 00
Peter Burns	1 00
W Carver	50
R J Chambers	1 00
A friend	1 00
Mrs Hodnett	1 00
Mr & Mrs C S Hall	2 00
Mrs Hussack	2 00
Mr-Mrs Jn Johnson	2 50
Mr & Mrs Knott	1 00
W C Loubridge	1 00
T R Mawson	1 00
Mrs McKim	25
T McRobb	1 00
Teddy Maberg	1 00
Mrs L McInnes	1 00
S Petroschuk	1 00
Mrs Pochin	2 00
Helen Pochin	25
Mrs Rhodes	50
D Rodgers	1 00
F M Rosen	2 00
A Rosen	25
A G Samuelson	1 00
Mrs Ted Swanson	1 00
Mrs Simpson	1 00
Mrs A G Swanson	1 00
Mrs Wesling	1 00
A Wickholm	1 00
Mrs Witherhead	2 00
Mrs Wood	50
Mrs Wearmouth	1 00
Mrs VanAckeran	2 00
Mr VanAckeran	50

ERICKSON—
Mrs Botterill, Collect'r

Mrs Attwood	$2 00
Mrs E Botterill	2 00
Mrs W G Birney	1 00
Mrs Brownrigg	1 00
E S Cuming	2 00
Mrs Dodds	1 00
A Duperry	2 00
H B Downs	2 00
Mrs S G Foreman	2 00
J Graham	50
H Hilton	50
Mrs Haskins	2 00
Mrs H Hamilton	2 00
H Hamilton	1 00
Mrs Kelsey	2 00
Mrs Kemp	2 00
Mrs Leadbeater	1 00
W G Littlejohn	1 00
Mrs R J Long	2 00
Mrs F Putnam	2 00
Mrs J Stinson	1 00
Mrs S Scott	1 00
Mrs Winger	1 50

ERICKSON—
Mrs F Staples, Col'tr.

Mrs Beam	$ 50
Mrs Craigie	2 00
Mrs G Cartwright	2 00
Mrs E Cartwright	2 00
W W Hall	2 00
Mrs F Klingnsmith	1 50
Mrs Palmer	2 00
Miss J Palmer	2 00
Mrs Penson	50
Mrs Richardson	1 00
Mrs R Staples	2 00
Mrs F Staples	2 00

WYNNDEL—
D J Dewar, Collector.

Mrs E Butterfield	$2 00
John Bathie	1 00
W Cooper	1 00
Carl Carlson	1 00
D J Dewar	2 00
A Cooper & family	5 00
Mrs M Hagen	1 00
Mrs G H Hanson	1 00
Mrs Paul Hagen	2 00
Jack Johnson	5 00
S Moon	1 00
Mrs F Penson	1 00
N Ramstad	5 00
E & R Uri	2 00
John Wigen	1 00
O J Wigen	1 00
Carl Wigen	1 00
Monrad Wigen	1 00

ALICE SIDING—
Mrs Compton, Colctr.

J R Bohlee	$1 00
Mr & Mrs Compt'n	4 00
Mrs Constable	1 00
Victor Carr	1 00
Mrs Churchill	50
Mrs Collis	1 00
Miss Dodd	2 00
Miss Foxall	1 00
Mrs M B Long	1 00
Mrs W Mather	2 00
Mrs M Miller	1 00
Mrs McMurtrie	2 00
G Marshall	50
T Mason	50
Mrs H Reed	2 00
Mrs Sinister	1 00
Mrs Stace Smith	1 00

CRESTON—
Mrs Cook, Collector

Miss H Andrew	$2 00
S Bysouth	2 00
Mrs Boffey	2 00
Mr & Mrs J Cook	4 00
Mrs Cotterill	2 00
Mrs W H Crawford	2 00
Mrs H A Dodd	2 00
Mrs Forward	2 00
Mrs J W Hamilton	2 00
J W Hamilton	2 00
Mrs Jas Maxwell	2 00
Chas Moore	2 00
Mrs Ryckman	1 00
Mrs Walmsley	2 00

CRESTON—
Mrs. Fralick, Collectr

Mrs Crosthwait	$2 00
Mrs Fralick	2 00
Miss V Gobbett	1 00
Herb Gobbett	1 00
Mrs Gibbs	2 00
Mrs Hobden	1 00
G Mawson	2 00
C Olsen	1 00
Mr & Mrs F Smith	3 00

CRESTON—
Mrs Mallandaine, C'lr.

Mrs Belanger	$ 50
Mrs Dow	2 00
Mr Ding	25
Mrs Meade	1 00
Mrs Mallandaine	2 00
Mrs S A Speers	2 00
Mrs M Young	2 00

CRESTON—Rev.
T. McCord, Collector.

Mr & Mrs Blinco	$3 00
" Cherrington	4 00
H Devine	50
Mrs Lyne	50
Mrs McCord	2 00
Mrs Piper	50
Mrs Stark	1 00
Mrs Sherwood	50
H Taylor	1 00
Mrs Watson	1 00

CRESTON—Mesdames A. Smith and Cherrington, Collectors.

Mrs A Anderson	$ 75
Andy Anderson	2 00
R S Bevan	2 00
C Brousson	2 00
Mr & Mrs Bennett	4 00
M J Boyd	2 00
Mrs Bunt	1 00
Miss Candy	50
Mrs Ebbutt	2 00
Mrs Embree	2 00
Miss A Heath	2 00
Mr & Mrs Hayes	4 00
Miss E Hendren	1 00
Mrs Henderson	2 00
Mr&Mrs W Jackson	2 25
Geo Johnson	2 00
Miss Kane	2 00
Mrs Learmonth	1 45
Jack Lamont	2 00
Mrs Manuel	1 00
Mrs Oatway	2 00
J V Orr	2 00
Mrs Payette	50
Mrs C O Rodgers	2 00
Alex Smith	2 00
Mrs R S Smith	50
Mrs C Taylor	50
Mrs G Young	2 00

Creston Fruit Growers Union
LIMITED

R. B. STAPLES
Manager

J. W. HAMILTON
Treas. & Accountant

IN PLANNING FOR THE MAKEETING of your 1919 crop keep in mind the present strong financial standing of your Company, and also the fact that the Union has secured for you during the past two seasons the highest prices paid by any shipping organization in B.C. Our plans for the coming season include, in addition to a much improved selling service, the building of a large shipping and packing house at Erickson.

It is expected that negotiations will be completed for the taking over of the trading operations of the Farmers Institute during the next few days. This department of the business will be directly under the control of the manager, and every effort will be made to give all customers courteous treatment and satisfactory service. We hope that all former customers of the Institute will give us an opportunity to figure on their needs in this department.

Local and Personal

Members of the Farmers's Institute, particularly those who are handling cattle, are reminded of the meeting on Saturday night, at the Auditorium to discuss the community breeding of livestock question. A large crowd and free and frank discussion is hoped for.

The girls of town were hostesses at a dance in the Parish Hall on Friday night, with Mrs. Foreman and Mrs. F. Staples supervising things generally. Dancing was the feature, with lunch about midnight, and a much enjoyed evening is reported by all the guests.

Everybody got a letter on the Tuesday noon mail, when Assessor Ferguson favored with the 1919 tax notices. The new assesment is generally speaking, on the up grade. It would look as if a court of revision would have to be held here to handle the grist of prospective appeals.

T. W. Bundy, who has been here from Wardner since the first of the year relieving A. R. Swanson at the C.P.R. depot, had to knock off the latter part of the week, owing to a severe touch of rheumatism, and left on Wednesday for the hot springs treatment at Halcyon.

The Creston Red Cross is calling for donations of castoff children's garments, provided these are whole and clean. These are for the use of the refugees in Belgium and are urgently needed. These having any they will donate please leave them at any of the stores before March 15th.

The last car of this winter's supply of coal came along from Lethbridge on Friday. The colder turn to the weather off Sunday created some demand for it. Just at present the unusually early spring that seemed imminent up till Sunday looks as if it might delay its arrival until the usual time.

Major Mallandaine, who was busy two years ago recruiting the Creston Forestry Draft, and who has been overseas with that corps since April, 1917, got back on yesterday's noon train looking about the same as ever. Mrs. Mallandaine, who went to the coast to meet him last month, returned with him.

NEWS OF KOOTENAYS

Rev. H. Wright of Grand Forks is the 1919 moderator of Kootenay presbytery.

Report has it that an Italian who recently died at Sandon left a bank account of $10,000.

Since the War Savings Stamps have been on sale Kaslo citizens have invested in almost $3000 worth of them.

The King George Hotel at Kaslo has purchased a Studebaker car and will have an auto bus service from the boats and trains.

The report is current that the Granby Company will close its Grand Forks smelter and cease operations at Phoenix very shortly.

Pastor Wright of the English Church, Rossland, has announced his retirement from the ministry in that city to go farming in Saskatchewan.

Trail's second moving picture theatre is reopening for business this month, after being closed for a year or more. A returned soldier hailing from Nelson will run it.

$2,000,000 worth of new stock was recently sold to shareholders of the Trail smelter. The funds will be used to improve the power plant at Bonnington as well as to enlarge the copper refinery at the Trail smelter.

Trail citizens waylaid R. F. Green on his visit to that city this month and asked him to get an appropriation for $150,000 federal building, which will include quarters for the Mounted Police detachment that has been promised West Kootenay.

Sirdar

Sirdar friends were shaking hands with Pte. Horace Wright of Kuskanook who got back a few days ago from the overseas fighting. He is accompanied by his bride, to whom he was wedded a few months ago. At present they are on a trip to Nelson.

Mrs. Lowery and her guest, Miss Moore, returned a few days ago from a short visit at Cranbrook, where they were the guests of Mayor Cameron and wife.

The snow plough came in from Cranbrook on Monday morning—the second trip only of the winter so far.

In chronicling Sirdar's lift in the Red Cross drive, in addition to $4 contributed by two members, mention is due W. H. Morsis, who turned over the $20 earned in commissions on the sale of Victory Bonds last fall.

Rev. J. S. Mahood will be here on Sunday night for the usual monthly English Church service in the schoolhouse.

Mrs. North, who is doing the collecting of funds to pay the school janitor's salary, wishes to acknowledge the following donations for the month of January: 50 cents each from Mesdames Tuohey, Gammon, Grundy, Rodgers, Cameron, Jones, Lombardo, and Messrs. North, Cherbe, and Pascuzzo.

Mrs. Cam was at Creston a couple of times the past week consulting Dr. Henderson, the youngest son being in poor health.

Mrs. Loasby is this week entertaining two Cranbrook friends, Mrs. W. Cameron and daughter, Mrs. Patterson.

Kitchener

Geo. Young and Jack Hayden of Creston returned to Kitchener last Wednesday, and are busy doing further work to their claims here.

H. A. McKown returned from Nelson on Saturday.

R. Spring of Spokane was a Kitchener visitor a few days lest week.

Mrs. Geroux went to Cranbrook on Wednesday to have some dental work attended to, returned on Friday with her daughter, Laura, who has been away for the last three weeks.

Last Sunday night was the coldest Kitchener has had this winter the thermometer falling to 10 below zero.

Mrs G. A. Hunt was a week end visitor at Creston, the guest of Mrs. G. Johnson.

V. Geroux was a Cranbrook visitor on Friday, returning on Saturday.

J. Frame returned on Saturday from Nelson.

A very enjoyable evening was spent by all at the dance given by Mr. and Mrs. Johnson in the Kitchener Hotel on Saturday night. The music was fine, and a very dainty lunch was served.

Tom Midford was a week-end visitor at Creston. W. Belanger of Creston was a Kitchener visitor between trains on Sunday.

O. Geroux, who has been working at Nelson the last couple of months, returned home on Sunday.

There will be a dance, instead of a basket social, in the Kitchener schoolhouse on Saturday, March 1st.

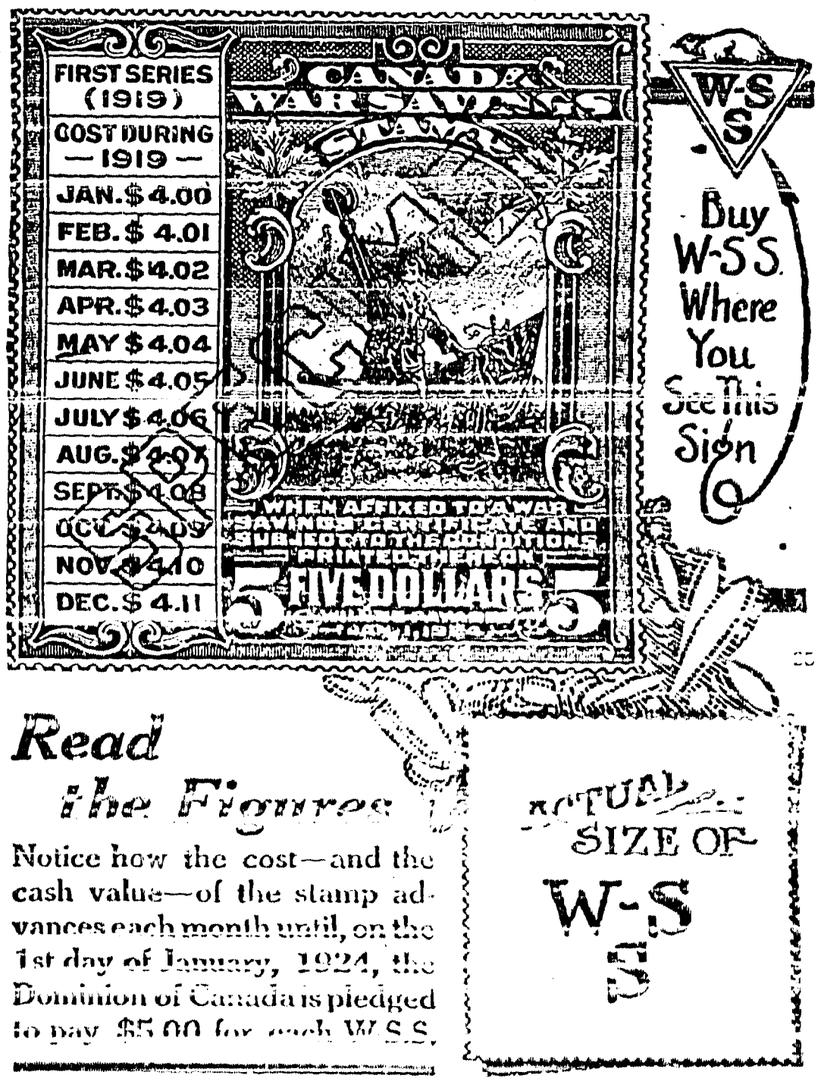
Miss E. Butts and her sister, Clara, accompanied by Mr. Porter of Corbib, left on Monday for Nelson.

High Class Concert

A concert that should attract the attendance of the Valley's numerous admirers of good music is arranged for Friday evening next, at the Auditorium. It is largely a 'cello recital with the assistance of a couple of well-known vocalits, as well as the Creston orchestra. The entertainment is being given by Mr. J. K. Chorlton, who has just taken charge of the orchestra, but who has already become quite widely and decidedly favorably known as a 'cellist. THE REVIEW can vouch for his ability on the instrument and with this fact established a perusal of the evening's programme, which follows, will convince that the concert will be strictly first-class. The numbers are:

1. Overture—'The Best Yet.' Orchestra.
2. 'Cello solo—"Humoreske." Mr. J. K. Chorlton.
3. Song, 'cello obligato—"Sunshine of Your Smile." Miss Francis Knott.
4. 'Cello solo—Nearer My God to Thee (imitating the pipe organ). Mr. J. K. Chorlton.
5. Song, 'cello obligato—"Perfect Day" Mrs. Downs.
6. 'Cello solo—"The Broken Melody." Mr. J. K. Chorlton.
7. Selection—"Dawn of Love." Orchestra.
8. Song—Selected. Miss Francis Knott
9. 'Cello duet—Miss Kane and Mr. J. K. Chorlton,
10. 'Cello solo—"Aye Maria." Mr. J. K. Chorlton.
11. Song—Selected. Mrs. Downs.
12. Selection—"La Rose." Orchestra.

The admission to the concert has been set at the popular price of 50 cents, and the first number will be at 8 prompt, The concert will be followed by a dance, with the orchestra supplying the music, and for which an extra charge will be made.



Read the Figures

Notice how the cost—and the cash value—of the stamp advances each month until, on the 1st day of January, 1924, the Dominion of Canada is pledged to pay $5.00 for each W.S.S.

ACTUAL SIZE OF W-S-S

In order to reach the highest point of perfection each of the new square Royal Yeast Cakes will be wrapped and sealed in waxed paper by machinery. This makes them practically airtight, and keeps them fresh longer.

E. W. GILLETT CO. LTD.
TORONTO, CANADA
WINNIPEG MONTREAL

ROYAL YEAST CAKES

EDITORIAL

The Value and Power of Co-Operation

This is an age of organization, of consolidation, coupled with co-ordination of effort and co-operation in effort. These became the watchwords of the financial and business world in the latter years of the nineteenth century, and resulted in the creation of great financial, transportation, industrial and commercial combines and the amalgamation of many small concerns and systems into huge enterprises. Many economies were effected and improvements made from which the people benefited, but, alas, the centering of great wealth and power in the hands of the few also led to great abuses and widespread corruption in public life.

The organization and consolidation of capital had its sequel in the organization and consolidation of labor, the latter being compelled to this action in order to defend itself and protect its interests as against the former. Thus two mighty forces were arrayed one against the other. Now, however, it is coming to be generally recognized that these two groups, instead of being antagonists, should be partners and co-workers, that the best interests of the one are indissoluble from the other, that there should be co-operation the one with the other and a co-ordination of effort for the welfare of both.

In the conduct of the Great War the need for the most intense organization was quickly recognized, but it took longer to impress upon all the allied nations the equal necessity of consolidation, of the closest possible co-operation, of co-ordination of effort to the common end desired by all. And it was not until thorough co-operation and co-ordination of effort under a united command was effected that the allies moved steadily and irrisistibly forward to victory.

With the organization of capital, commerce and labor for the advancement of their own interests, it soon became apparent that that great body of men engaged in agriculture must likewise organize if they were to entertain any hope of success in bringing about the removal of handicaps and abuses under which they as a class labored. The difficulties in the way of perfecting an organization of men scattered all over the rural sections of the country were so enormous as to deter action for many years, and such attempts as were at first made ended in failure, until it came to be almost accepted as a maxim that what was termed Big Business, and the workers in centres of population, might successfully organize, such action was not possible among farmers.

With the dawning of the twentieth century, however, agricultural conditions had become so acute in Western Canada that a handful of courageous farmers determined to make the attempt to unite their forces. The Grain Growers' Association was formed, with a result now known to all the world. In the short space of seventeen years, the Grain Growers' Association has become the strongest organization in numbers and influence in this country, having over 100,000 members in the three Prairie Provinces.

With organization the power of the individual members was consolidated into a mighty force. After making common cause against the handicaps and abuses which were throttling all their efforts, and having succeeded in large measure in securing redress, the organized farmers next turned their attention to giving practical effect to the principles of co-operation in the management of their own business affairs, and again with unparalleled success.

In unity there is strength, but the strength of a chain is measured by its weakest link, and the strength of an organization is limited by its weakest member. The farmers' organizations and their great co-operative undertakings have accomplished some wonderful things in their brief history, but even greater opportunities for usefulness will present themselves in the new era upon which the world is now entering. In order that they may exert their full power and influence for good they should receive the united support of all the people, and in every district farmers and others who have hitherto held aloof from these great semi-public institutions should enroll as members and contribute their part to the common cause of all.

No man in a community should live unto himself or for himself alone. He has a duty towards others and in the discharge of that duty he will receive more than he gives. This is true not only in regard to the particular organizations to which reference has been made, but in connection with the religious, moral, educational, municipal and social life of the community. All recent history proves that by organization and co-operation great reforms can be effected and lasting achievements recorded which are utterly impossible of realization by the effort of individuals. But by organization, co-operation, co-ordination of effort mountains of difficulty can be removed and permanent good accomplished.

The joy of feeling fit and fresh rewards those who heed the laws of health, and keep the babits regular with

BEECHAM'S PILLS

Largest Sale of any Medicine in the World. Sold everywhere. In boxes, 25c.

PEMUINA
PEERLESS
GIVES AN INTENSE HEAT
WILL NOT CLINKER
LASTS ALL NIGHT
NOT A ROCK IN A CARLOAD
Ask Your Dealer
COAL
COAL SELLERS, Limited
Western Canada's Largest Coal Distributors
305 Union Trusts Building
Winnipeg, Man.

No one need endure the agony of corns with Holloway's Corn Cure at hand to remove them.

A Rough Customer

Landlady (to unshaven boarder)—See here, young man, you'll have to shave oftener. You've worn out nearly all the pillow cases in the house.

Minard's Liniment Cures Diphtheria.

Delegates Use French

Paris. — Despite the solemn decision of the peace conference that English should be the official language of the sessions, the American and British delegates, and the eloquent, gesturing interpreters are the only ones to abide by the rulings. All the others, including Chinese and Japanese, speak French.

CHILBLAINS
Easily and Quickly Cured with
EGYPTIAN LINIMENT
For Sale by All Dealers
Douglas & Co., Prop'rs. Napanee, Ont.

Many Soldiers Released Daily

London. — Thirty thousand men are now being demobilized daily, compared to eight thousand two weeks ago, while the rate of demobilization will shortly be forty thousand daily, it is announced. If this process is continued for two months Britain would be left without organized bodies of disciplined troops in any part of the world wherein she has been involved during the war.

Dr. Chase Their Family Doctor

Experience Has Proven the Dependability of the Well-known Medicines of the Great Receipt Book Author

Hyas, Sask., Feb. 5.—Many Western homes are far from doctors and druggists. On this account it is necessary to have at hand such medicines as may be needed in case of sickness and disease.

In the great majority of these homes you will find Dr. Chase's Medicines, and frequently a copy of Dr. Chase's Receipt Book. These letters will give you some idea of the satisfactory results which are obtained by the use of Dr. Chase's Kidney-Liver Pills as a means of regulating the kidneys, liver and bowels, and thereby avoiding serious disease.

Mr. Sam Gerber, Hyas, Sask., writes:

"We have used Dr. Chase's Kidney-Liver Pills in our family for five years, and find them excellent for all kinds of kidney and liver troubles. My wife and I both suffered, on and off, for about three years with pains in the back. We sent for five boxes of Dr. Chase's Kidney-Liver Pills, and they did us more good in two weeks than anything we ever used before. They regulated the action of the kidneys and we can truly say they cured us.

"My son has used Dr. Chase's Ointment for Barber's Itch, and it cured him in a few days. We think Dr. Chase's Medicines the best we ever used."

This statement is endorsed by O. Jacobson, Postmaster.

Mr. E. E. Curson, Coleville, Sask., writes:

"I have used your Kidney-Liver Pills for six years, and during that time have never felt better. I take about two pills every week, and they keep my blood and kidneys in working order. I think if others were to follow my example they would get rid of that headache, and many other complaints one hears so much about."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box. At all dealers, or Edmanson, Bates & Co., Limited, Toronto. Look for the portrait and signature of A. W. Chase, M.D., on the box you buy.

Air Force to Be Maintained

London. — Regulations just issued show that the authorities here are determined to maintain the air and other forces. No colonel of 48 will be allowed to remain in the force unless he has three years' service in war. A special board has been appointed to interview all Canadians for permanent commissions. Future pay allowance wil lnot necessarily be as good as those now in force.

Soft White Hands

Follow use of Cuticura Soap and Ointment. At night bathe them with the hoap and hot water. Dry and rub in the Ointment. Wear old gloves during night. Sample each free by Mail. Address post-card: "Cuticura, Dept. 19, Boston, U.S.A." Sold by dealers throughout the world.

Spanish are Restless

Barcelona, Spain. — The situation in Barcelona is becoming disquieting and numerous street fights occur daily, especially at night, between Catalonists and followers of Count Romanones, the Spanish premier. Several persons have been wounded in these clashes. It was reported that two were killed in a clash, but the minister of the interior issued an official denial, saying that they were wounded.

The police are making wholesale visitations to private houses and many weapons have been found and confiscated.

With so thorough a preparation at hand as Miller's Worm Powders the mother who allows her children to suffer from the ravages of worms is unwise and culpably careless. A child subjected to the attacks of worms is always unhealthy and will be stunted in its growth. It is a merciful act to rid it of these destructive parasites, especially when it can be done without difficulty.

Hard to Beat

Despite the fact that the precipitation in Southern Alberta in 1918 was the lowest on record, summerfallowed land produced wheat crops running as high as thirty-five bushels to the acre, while twenty bushel crops were quite common. These results were obtained on a precipitation throughout the season of 7.37 inches, as recorded at the Dominion experimental farm at Lethbridge, Alberta. They are hard to beat in any country and show that Alberta's soil is right.

WELL SATISFIED WITH BABY'S OWN TABLETS

Mrs. Emile Malette, Montpelier, Que., writes:—"I have used Baby's Own Tablets for some time and am well satisfied with them. They are surely the best medicine I know of for little ones." What Mrs. Malette says thousands of other mothers say. Once they have used the Tablets for their children they would use nothing else. The Tablets are a mild but thorough laxative; are absolutely free from opiates narcotics or other harmful drugs and may be given to the youngest baby with perfect safety and good results. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Sometimes a man's silence speaks volumes for his discreetness.

As a vermifuge there is nothing so potent as Mother Graves' Worm Exterminator, and it can be given to the most delicate child without fear of injury to the constitution.

A miser is a man who carries his money in a purse that closes easier than it opens.

It Will Prevent Ulcerated Throat.—At the first symptoms of sore throat, which presages ulceration and inflammation, take a spoonful of Dr. Thomas' Eclectric Oil. Add a little sugar to it to make it palatable. It will allay the irritation and prevent the ulceration and swelling that are so painful. Those who were periodically subject to quinsy have thus made themselves immune to attack.

Of bad things you own bad temper should head the list.

Minard's Liniment Cures Garget in Cows.

Alberta Horse Sells for $35,000

That Alberta-bred horses are gaining a high place in the estimation of breeders on the North American continent is evidenced by the fact that several remarkable sales are being recorded. The latest is Sir Ovan, sold to Eaton Marshall, of Kentucky, for $35,000. This is an Alberta-bred hrose, his sire being Sinbad and his dam Lucy C., whose sire was Orson and his grandsire Ormond.

Other big sales are being reported from different parts of the country, with Alberta thoroughbreds well favored.

Alberta Cattle in Demand

Buyers from the United States have been picking up a lot of first class feeders in Central Alberta lately. In fact most of the animals they have been getting hold of were ready to sell as beef. A firm of St. Paul cattle dealers are said to be responsible for the movement.

From Camrose, Alberta, one of the biggest shipments of cattle that ever left the local yards was sent to St. Paul last week. It consisted of about 350 head and formed an entire train load.

GIN PILLS FOR THE KIDNEYS

A FREE SAMPLE BOX

A free sample box will convince you that Gin Pills are the most trustworthy remedy for all derangements of the kidneys and bladder. Write to—The National Drug & Chemical Co. of Canada, Limited, Toronto, Can. U.S. address: Na-Dru Co. Inc., 202 Main St., Buffalo, N.Y.

A Quick Relief for Headache

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Mother Seigel's Syrup will correct faulty digestion and afford relief. 8

LADIES WANTED TO DO plain and light sewing at home, whole or spare time, good pay; work sent any distance; charges paid. Send stamp for particulars. NATIONAL MANUFACTURING COMPANY. Montreal.

MONEY ORDERS

Buy your out of town supplies with Dominion Express Money Orders. Five dollars costs three cents.

AN AGENCY

Worth from $2,000 to $5,000 a year in any small town or rural community can now be arranged for by men with energy. Write NOW to Canadian Automatic Ltd., 424 Chambers of Commerce, Winnipeg.

Facing Great Industrial Activity

New York. — Predicting that the country will get "back into its normal swing" within six months after the signing of the armistice, William B. Wilson, secretary of labor, declared in an address here that the nation faces eight or ten years of "the greatest industrial activity ever known."

Colds Cause Grip and Influenza
LAXATIVE BROMO QUININE Tablets remove the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on the box. 30c.

Where British Advance

Amsterdam. — British forces, according to a report received here from Berlin, have advanced from Baku and occupied the trans-Caucasian railroad. The report adds that the British have also occupied Petrovsk and Astrakhan, at the mouth of the Volga river.

Royal Arrowroot Biscuit

A strengthening food for child or grown up. Makes brawn and muscle

Som-Mor Biscuit

—a richly flavored Soda Biscuit.
—salted or plain.
—in striped packages only.

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Anglo-American Understanding

Paris. — Every day that passes increases the certainty that Britain and the United States have reached an agreement on all fundamental questions and are working closely together. Both nations have made concessions; Britain has accepted the U. S. views as to certain vital phases of the league of nations and the U. S. has surrendered to Britain with respect to the old contention regarding freedom of the seas says a U. S. press correspondent.

No regret should be wasted over this surrender for it was the weakest point in the American program. Their original conception grew out of the controversies first with Britain and then with Germany over the rights of neutrals. The United States claimed the privilege under the existing sea laws of trading freely with both sides; Britain contended that while these laws were applicable in former times they were not so any longer since modern wars are fought, not between professional armies and navies, but between whole peoples. Everybody is a combatant in a certain sense and therefore everything is contraband. The United States practicaly acceded to this view, when on entering the war, they helped the allies to tighten the blockade.

The chief cause of the present concession to Britain is the realization that the day is indeed past when wars can be fought according to rules. The league of nations may make all the rules it pleases; but when a great conflagration sweeps the world and the nations again plunge into a desperate life and death struggle all rules will be in vain for nobody will observe them. The real evil is not the breaking of war rules but war itself. Why, therefore, waste efforts in drafting rules which would be better expended towards preventing war altogether?

The best preventive plan yet suggested is the establishment of a league of nations. If a strong league, with suitable limitations of armaments, can be organized, the whole question of the freedom of the seas immediately becomes a secondary one. This reasoning may be considered the basis of the present warm Anglo-American understanding.

For Return of Kaiser

Paris. — Field Marshal von Hindenburg, according to the Echo de Paris, is endeavoring to bring about the return of former Emperor William, after the meeting of the national assembly. Leading German manufacturers in Westphalia are said to be interested in the plan. The newspaper adds that the former emperor wrote to Premier Ebert that he would accept whatever residence Germany was assigned to him. Ebert is said to have replied that only the national assembly would be qualified to decide the question.

Strike Movement is Spreading in Belfast

City by Night Is Now in Total Darkness

London. — It is estimated that nearly 200,000 men and women are idle in the United Kingdom and Ireland because of strikes in various trades, creating one of the most serious situations industrially that the country has had to face in many years. Half of the strikers are in Belfast, where the strike movement is continuing to spread.

The city of Belfast by night is now in virtually total darkness, the hospitals being the only places where lights can be shown without danger of attacks by strikers. Everywhere else the display of light has caused either the stoning or the storming of the premises. In cases where such drastic action was not taken the people were forced by threats to screen their lights. Even in the private houses it is not considered safe to use more than one candle and the supply of candles is rapidly diminishing.

Consider Adriatic Question

With View to Determine Merits of Claims Put Forward

Paris. — A commission, consisting of four admirals representing Great Britain, the United States, France and Italy, has been in session at Fiume inquiring into the occupation of various forts along the eastern coast of the Adriatic.

This occupation came to the attention of the meeting of premiers held in London early in December prior to the arrival of President Wilson. It was decided to ask four admirals to make an inquiry with a view to determine the merits of respective claims being put forward in that region.

Meetings of the commission have been suspended indefinitely, it is said, owing to the withdrawal of the Italian representative, who is understood not to be in entire accord with his colleagues as to the desirability of the inquiry.

May Use Parcel Post

New York. — Parcel post may be used to combat the high cost of living in Greater New York. A plan to use the postal facilities to carry food into New York from the rural districts direct from producer to consumer, at a great reduction of prices to the people, is being investigated by Postmaster Patten. It will probably be put into operation in the near future, it is stated.

German Army Mobilized

Paris. — Two full corps of German troops have been assembled by the general staff to march against the Poles and eight troop trains are passing through Frankfort-on-the-Oder daily, according to a Zurich despatch to the journal quoting the press of Baden Baden.

Buys Canada's Airplanes

American Will Inaugurate Aerial Service Throughout Canada

New York. — The New York Sun says:

"Roy U. Conger, a nephew of Edwin H. Conger, United States minister to China at the time of the Boxer rebellion, gave his certified check to Sir Joseph Flavelle, representing the British ministry of munitions, and Director Morrow, of the imperial aircraft board, and thereby became the owner of the entire aircraft equipment, costing more than $10,000,000, which was provided by Great Britain and used by Canada in training Canadian air fighters.

"The transaction was closed at Toronto, and the job of assembling 350 airplanes, 700 airplane engines, millions of spare parts, thousands of spare propellers, wings, cameras and other equipment, was at once begun under the direction of F. G. Erickson, of Toronto, Mr. Conger's Canadian representative.

"The whole equipment will be moved from the Royal Flying Corps training fields at Armour Heights, Rathburn, Mohawk, Beamsville and Borden to the field at Leaside, the use of which, rent free, has been granted to Mr. Conger for six months by the Dominion government.

"The price paid was not divulged at the request of the British government, but it was only a fraction of the original cost of the equipment.

"Mr. Conger's plans for the use and disposal of the stupendous equipment are merely in the making, but the greatest feature of them is the immediate development of airplane comemrcial routes in Canada. Absolutely convinced that heavier than air machines are to be the principal transporting medium and vehicles of the future for passengers, mail and express, and, in time, indeed, for heavy freight, the New Yorker proposes to establish out of his new department, regular commercial service by airplane between the principal Canadian cities. He has already taken measures, he said, to secure landing fields in the larger Canadian cities, and will have the sympathy and co-operation of the Dominion government in the project."

Capture of Perm Ended Reds' Reign

In Three Months Whole Population Would Have Perished

Omsk, Central Siberia. — Death stalked the streets of Perm until the city was captured by General Gaida, according to the official report of an investigator who has just returned from the Ural front. So terrible were conditions under the Bolshevist regime that the frightened people of Perm have not yet recovered. It is said that the few pedestrians encountered there were emaciated, with livid lips and a constant nervous trembling of the head and hands. There are no children less than a year old in Perm, all having died, says the report, which adds that in three months the whole population would have perished. There are well authenticated cases of torture, according to the report. Peasants were forbidden last June to take provisions into their territory. Some people hid supplies, but these were found and seized by the Bolshevists, who spread terror throughout the whole region near Perm.

More German Trickery

Faulty Knowledge of English Gives Scheme Away

Ottawa. — Germany has lost the war, but not its old time commercial trickery, according to advices received from overseas by the director of public information. Fred James, official correspondent with the Canadian corps, writes from Bonn, Germany, as follows:

An example of how the Germans are eager to get trade is shown by the fact that Canadian and imperial military buttons, shoulder badges, etc., are on sale in the stores of Bonn and vicinity, the product of a factory at Coblenz.

They are very good imitations and might pass as British made if the manufacturers' knowledge of English were not faulty. On the back of the buttons is stamped "Extra fein."

Apply Internationalism to Captured Hun Colonies

London. — The British imperial war council has accepted President Wilson's theory of internationalization as applied to the captured German colonies, notwithstanding energetic protests from the representatives of the Dominions, says the Daily Mail's Paris correspondent.

"These protests," says the correspondent, "have been of the gravest character. The South African representatives believe acceptance will give the greatest encouragement to the rebel forces in South Africa which it ever has received during British administration. The Australian delegates fear that Australian public opinion will regard it as [illegible] unsatisfactory and inexplicable. The Dominion representatives generally, though very reticent, are greatly perturbed.

The Daily Mail cites Arabia and Mesopotamia as place where the possible inhabitants are capable of self-determination and would have their wishes put into effect by the league of nations.

Regarding safeguards under which the mandatories would administer to the countries whose people are not ripe for self-determination, the Daily Mail says President Wilson proposes that the safeguards shall be settled by the peace conference or the league of nations, they being varied according to local conditions.

"President Wilson doubtless has before him," the correspondent continues, "the principles of colonial administration as those which the league must enforce by safeguard and the British view appears to be that under this system, while formal adhesion is given to President Wilson's theory, the right of government by mandatory power will not differ in effect from the British imperial conception. This view induced the imperial cabinet to accept President Wilson's plan, but an examination into the steps to be taken for putting it into effect already reveals the gravest difficulties.

"It involves three difficulties of paramount importance.

"First—Who is to pay for the development of the territory?

"Second—What rules regarding tariffs are to be observed? and,

"Third—Are the mandatories to be allowed to exclude people or capital they do not wish to enter?

"President Wilson believes all these can be settled by separate consideration of the case of each territory. He even foresees the possibility of the league having revenue derived from constituent members, which might be spent in developing lands which it will nominally own.

"French, Italian and British colonial opinion is that any system of international control always has proved a failure and always will, and that the only right of interference which the league ought to assume would be the right to call to account any power whose government is injurious to the interests of the inhabitants.

"The colonial delegates declare that public opinion in their countries is quite incapable of appreciating the idea of administration under President Wilson's scheme, which may under certain circumstances, not differ materially from actual possession."

Ludendorff Lives Under an Alias

London. — Gen. Ludendorff, former quartermaster-general of the German army, has returned to Berlin, and is living in a small villa under an assumed name, according to an Exchange Telegraph company despatch from Amsterdam, because he fears hostile demonstrations. The general is said to have placed his services at the disposal of the government, which, it is added, declined them with thanks.

Ypres as Memorial

London. — The decision of the Belgian government to maintain Ypres, the scene of several battles between the British and the Germans, in its present condition as a permanent memorial is endorsed heartily by British press and public opinion.

"Ypres will be a memorial," says the Westminster Gazette, "in which future generations may learn the horror of war, there is nothing more impressive than the site of the stricken city with the skeletons of its once wonderful buildings rising gaunt into the sky. In a sense there are few things more beautiful. To patch it up would be impossible. Everyone, therefore, will welcome the decision that the remains of the old city shall be left intact instead of being cleared away.

"The east abounds in the ruins of the last vestiges of once glorious civilization which have been overthrown. Ypres will stand for centuries as a reminder that civilization itself cannot be overthrown and as a monument to the generation sacrificed in its defence."

Trouble in Holland

Suspected Strangers Under Police Supervision Will Be Interned

The Hague. — Again threatened with revolution, several towns in Holland are taking measures independent of government action. In Arnhem all the public buildings, post and telegraph offices are occupied by troops and civic guards. The Hague is known to be a centre of Bolshevist propaganda and suspected strangers who are under police supervision will probably be interned in a camp or on an island.

The minister of marine recently made a statement in the second chamber to the effect that when the revolution was threatened in November the fleet made arrangements with the revolutionaries to steam up to those towns that were accessible. This report caused a sensation. The union of naval officers at De Helder, the Dutch naval base, passed a resolution which they sent to the government and the states general urging the entire re-organization of the naval man power. They advised that all the men should be dismissed from the service with compensation and that a new system be adopted whereby all layers of the population would be represented in the fleet. The union urged the immediate institution of a mixed committee in which the civil element should predominate to consider these questions.

Italy Apologizes

Washington. — Rear-Admiral Niblack, commanding American naval forces in the Adriatic, informed the navy department that the action of the Italian authorities in hauling down the American flag on the steamer Dinara was due to a misunderstanding and that the Italian commander had apologized and ordered the flag restored.

Must Re-take Narva

Stockholm. — Premier Lenine, according to a report from Reval, has ordered the Bolsheviki troops to retake the town of Narva from the Esthonians within a week, to sack the town and to kill all the bourgeoise. Lenine is reported to be staying in the town of Yamburg, east of Narva.

CANADIAN BOOKS OF IMPORTANCE

Three Times and Out
By Nellie L. McClung
This is the story of Private Simmons and his three attempts to escape from different German Prisons, as he told it to Mrs. McClung. You will enjoy reading one of the most thrilling stories of the War.
Cloth. Price $1.50.

The Next of Kin
By Nellie L. McClung
This was one of last year's big successes, and is still in popular demand. A copy of Mrs. McClung's Next of Kin should be in every Canadian home. Cloth. Price $1.25.

Willow the Wisp
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This great Outdoor Story is probably the most widely reviewed book this year. If you enjoy Gene Stratton Porter's books, buy this at once.
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Harbor Tales Down North
and
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Both by Norman Duncan
These two books are the last manuscripts of Norman Duncan, and are considered his best Labrador Tales.
Cloth. Price $1.35 each.

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THOMAS ALLEN
Publisher
TORONTO

Express Rates Fight

R. B. Staples got back on Saturday after about twelve days absence at coast and interior points assisting with the preparation and presentation of the case to the Dominion Railway Commission protesting against the new schedule of rates the express companies are seeking to put into effect.

The B.C. Fruit Growers Association has been fighting the proposed increases in the interests of the growers. This work the Association placed in the hands of a permanent committee consisting of R. M. Winslow and Prof. F. M. Clement; Mr. McNaughton representing the coast and island districts, Mr. Catherwood the Hatzic district, B. Macdonald the Okanagan, and R. B. Staples the Kootenay.

The committee met in Vancouver on Feb. 13th for the purpose of preparing a case for the growers that would cover the needs of all districts; that would cover all essenal points and at the same time eliminate anything that would overlap or be in any manner contradictory. It was decided to present the main case at the sitting of the commission at Vernon on the 18th. Mr. Winslow handled the argument, each member of the permanent committee and many local growers giving evidence covering special points covering the case of each district, and also substantiating the points covered by the main statement presented by Mr. Winslow.

Briefly Mr. Winslow pointed out that shipments originate almost entirely on the Dominion Express Company, and their statements show the following: 1916, 3,937,163 pounds of B.C. fruits and vegetables. 1917, 10,526,784 pounds, and 1918 13,583,973 pounds.

The 1918 shipments subdivided into three main divisions of the province were as follows: Vancouver Island, Coast and Thompson River points, 4,705,977 lbs. Shuswap and Okanagan, 7,062,838 lbs. Kootenay, 1,815,158 lbs.

The Express association suggests an increase of 25 per cent. on western rates, but as they propose further the abolition of the present commodity tariffs. and that the L.C.L. rate on fruits and vegetables be 75 per cent. and the carload rate 60 per cent. of the new merchandise rates, the effect is: 1. To increase our rates about 90 per cent L.C.L. and 84 per cent carloads. 2. The old rates were approximately flat rates, but the new ones are on a mileage basis. The following table shows how the new rates compare with the old ones, with Creston as shipping point:

L.C.L. to—	Present.	Proposed
Calgary	1.90	2.70
Edmonton	2.25	3.15
Saskatoon	2.50	4.30
Regina	2.40	3.60
Brandon	2.50	4.75
Winnipeg	2.55	5.20

Carload to—	Present.	Proposed
Calgary	2.00	2.16
Edmonton	2.00	2.52
Saskatoon	2.00	3.42
Regina	2.00	2.88
Brandon	2.00	3.78
Winnipeg	2.00	4.14

3. With regard to carload express they propose to raise the minimum from 17,000 to 20,000 lbs. and cancel the unloading-in-transit privilege.

In his argument Mr. Winslow stated that the B.C.F.G. Association "is very strongly of the opinion that the changes proposed will be most damaging to our industry and in some branches will tend to destroy it.

"Having heard that one intention might be to force our goods into freight we wish to establish first that a big proportion of our present express shipments cannot possibly be marketed by freight. All berries and currants must move by express, and the same is, generally, applicable to cherries.

"There are many new or small sections where tonnage is too small for freight movement at present and these must ship express or [illegible] considerable portion by express. The Dominion Express Co. statement for 1918 shows 1,418,248 lbs. shipped from 47 points, each shipping less than 255,000 pounds in the season and 1,361,862 lbs. shipped up by mixed carloads, a total of 2,779,150 pounds, or 20 per cent. of the total movement. Shipments to supply between carloads, and accommodation shipments generally, require express. Further, there is the movement to points not readily supplied out of carload shipments. Altogether, express is absolutely essential for a big part of our product, and necessary for another large part.

"It may be contended that express being essential the traffic would manage to bear increased charges. We are emphatically of the opinion that it will not, and that the effect will be most lamentable from the standpoint of both producer and consumer. We propose to show that, per lb., our products net the grower such a figure that even half a cent a lb. is a serious matter, while increases of one to four cents a pound express put shipments of many products out of the qusstion. If there is any hope of getting the increase out of the consumer it can only be because we have not been quoting all the market will stand. The effect of doubling the rates to Manitoba and Saskatchewan would be to shut us out of those markets almost altogether. We would be surrendering those markets, not to Ontario, but to Oregon and Washington. The competition of these states, which together produce four to ten times as much of each kind of fruit as B. C. does, is the basic factor in the marketing of our fruit, and we must therefore meet, day by day, and crop by crop, their quotations and their products.

Forced out of Manitoba, and part at least of Saskatchewan, by Washington and Oregon products landed at their express rates now in effect, of $2.30 per 100 pounds, our nearer markets would be glutted until we reduced shipments and of necessity production.

We imperatively need wide distribution. We require the whole of the prairie markets, and unless we can get them and hold them, our industry must be contracted. The abolition of the flat rate principle would thus greatly aggravate the ill-effect of any increase of rates.

The states of Washington and Oregan dominate and regulate our entire industry. Their laid down costs rule our market to such an extent that short crops or heavy crops in British Columbia have so far been secondary price factors. In consequence, the extension of our markets is very largely a matter of displacing their products; and comparative advantages they enjoy over us are directly disadvantages to us; and when the disadvantage is one that can be remedied, it should be remedied.

In the recent tariff issued by the United States Railway Administration, effective January 1st, 1919, on Washington and Oregon fruits:

1. Carload fruit rates are not based on any arbitrary percentage of merchandise tariffs, but are distinct and separate, and probably on a basis of what the traffic requires.

2. Carload rates approximate to a flat basis. The following tables illustrate.

Seattle to—	1st Cl.	2d Cl.	Fruit
Regina	5.90	4.50	2.30
Moose Jaw	5.90	4.50	2.30
Brandon	6.65	4.72	2.30
Winnipeg	6.90	5.05	2.30
Spokane to—			
Regina	5.61	4.50	2.30
Moose Jaw	6.64	4.72	2.30
Brandon	6.36	4.72	2.30
Winnipeg	6.91	5.05	2.30

In presenting the case for the the Kootenay district Mr. Staples drew attention to the fact that in two ways this district might be said to differ from other main districts in the province. Of the movement of fruit out of the Kootenay by express over half originates at points at which the transportation company maintained no agent. The shipments out of the Kootenay are largely L.C.L., and owing to the nature of the districts will have to continue L.C.L for some years. With regard to flag stops it was pointed out that the movement from these points must be profitable to the express company since with the same equipment and employees the company is able for a part of the year to greatly increase their earnings without any corresponding increase in expenses. Strong emphasis was laid on the fact that the movement must continue to be L.C.L. and that any adjustment of rates that tended to favor carload shipments at the expense of L.C.L. would be a very serious thing for the Kootenay country as well.

HEIFER ASTRAY

Strayed from Kitchener last fall, red heifer, 2 years old in April. White mark on face and some white on body. Branded OH on left hip. Reward to party giving information leading to recovery. O. A. HUNT, Kitchener, B.C.

To Solve Canada's Employment Problem

EVERYONE in Canada should understand just what the Government is doing to solve the unemployment problems that may arise through the demobilization of our fighting forces.

(1) Employment Offices.

So that everyone—male or female, soldier or civilian—can get quickly such jobs as are available the Government is cooperating with the Provinces in establishing a chain of Public Employment Offices. Employers are being urged to make use of these offices to secure any help they need. Farmers, for example, who need hired men should apply to the nearest office. There will be a Public Employment Office in every town of 10,000 people—and wherever the need for one exists. There will be 60 different offices in all—one-half are already in operation.

(2) Employment Opportunities.

The war held up much work that will now be carried on at once. Public works, shipbuilding, roadbuilding, railway work—construction of bridges, improvement of road-bed, making of new equipment—these will provide new opportunities for employment. In addition, the Government has sent a Trade Mission overseas to secure for Canada a share in the business of providing materials and products required for reconstruction work in Europe. It has also set aside the large sum of $25,000,000 to be loaned through the Provinces to encourage the building of workmen's houses. This will mean much new work in the spring.

(3) Land and Loans for Soldiers

To help soldiers become farmers the Government has developed a programme that includes the providing of land, the granting of loans, and the training and supervision of those inexperienced in farming. At present, the soldier is granted, free, in addition to his ordinary homestead right, one quarter-section of Dominion lands. He also receives a loan up to the maximum of $2,500.

These original plans are now being broadened. If Parliament passes the new proposals during this session, the Soldier Settlement Board will be able to buy suitable land and re-sell it to the soldier at cost.

Land up to the value of $5,000 may be bought by this plan—the money to be repaid in 20 years. The low interest rate of 5 per cent. will be charged. These new proposals will also permit the Soldier Settlement Board to loan the soldier-farmer up to $2,500 for purchasing equipment, etc., in addition to $5,000 loan on his farm.

FROM WAR TO PEACE

The Repatriation Committee

OTTAWA

Looks Like Spring Has Arrived

PRATT'S Stock Food. .75c
" Poultry Food . 60c
" Liquid Louse Killer . . . 75c
Robinson's Louse Powder 75c
Oyster Shell 4c lb
Flax Seed, 72 1-2c. lb.
Linseed Meal, 12 1-2c. lb.

It looks like winter was about over. All the outward and visible signs indicate it, and the weather prophets are inclined to take that view also.

Therefore not a bit too early to start conditioning your Horses, Cattle, Poultry, etc., for spring work and change of season.

Our advice is to stick to the preparations that have given highest satisfaction in past seasons, and would remind that we have a fine stock of the following at the very attractive prices shown opposite.

We are also well stocked with ROCK SALT, FINE SALT, COARSE SALT.

Money cheerfully refunded if goods are unsatisfactory

S. A. SPEERS
GENERAL MERCHANT

ESCAPED FROM GERMANY

THE REVIEW is fortunate this week in being able to give its readers the first of two instalments of a story giving in interesting style and detail the events that make up a successful escape from a German prison camp by one of the Valley's own recruits to the great war. Readable under any circumstances, the narrative will be doubly interesting when readers are informed that the story is written by one of those who made the escape, the fortunate soldier being Pte. R. C. Royston, who was one of five who enlisted at Creston with the First Canadian Contingent, in August, 1914. At the time of joining up Pte. Royston was working for W. A. McMurtrie, but prior to that was employed at Erickson and Canyon City, and is thus quite widley known hereabouts. The second instalment will appear next week. Pte. Royston writes:

In January my friend F. O. Blades came back into Giessen Camp from a working party where he had been working together with 8 French and British on farms. Hearing that another friend of mine, Spiers, was there we decided to try and get back to the same place as the weather became a little warmer. We finally decided to try and get out as early in March as possible. In the meantime Blades got a job in the stores where there was kept old military clothing and also civilian clothes which had been confiscated from the prisoners by the Germans at different times. This was rather a lucky stroke as one of the difficulties we had encountered in previous attempts was the procuring of civilian clothes. However by the middle of February we had secured a good outfit of chocolate, biscuits, and salt bacon, together with civilian clothes, maps and compasses. The latter three by bribing and theft, the former by saving up out of our parcels from home. In spite of frequent searches we managed not to lose anything and on March the first Blades and myself were warned by the Germans that we were going out the next day to the farm. A Belgian who worked in the officers' mess had arranged this part of the job for us and had put our names down as soon as prisoners were demanded for this particular place.

Usually prisoners are thoroughly searched before leaving the camps for working parties, but again by bribing we managed to evade this, and wearing our civilian clothing under our others we reached the village of Prath safely, and although searched by sentry in charge of the party we managed to get everything safely into the room where we slept. Spiers was very glad to see us and especially the clothes and maps which he had not been able to obtain. We had worked for about a week here when another man Durrant arrived. This also had been previously arranged and we were now a party of four.

After studying a table of the moon we decided to attempt the escape on or about April the first as this would allow us fourteen days for the journey to the frontier by which time there would be no moon.

Our room where we slept and were locked in every night was situated in a farm house. The family sleeping in two rooms on the ground floor and ourselves directly above. The windows were all barred with iron bars and barbed wire and there was about twenty feet of a drop to the ground. The most obvious way was, after cutting through the bars, to slide down a rope to the ground. However this plan had several disadvantages. Firstly that every sound we made could be heard by the Germans below, and also the sentry who slept on our floor but in a separate room, and secondly that the windows of the room below were in a direct line with ours and so if we employed a rope to slide down on we would at least have to touch the lower windows and probably make some noise which would almost for certain arouse someone, as the beds were right up against the windows and the family consisting of eight were always very suspicous of us. In addition there was a dog kept which would bark at the least provacation. Sometimes he would sleep outside the house and at and at other times on the landing outside our room. After some discussion we decided on the following plan: To cut through the ceiling of our room into the attic above, which was used as a kind of store room, and then to lower ourselves by a rope through a wooden door in the eaves of the house and under which in a direct line no windows would have to be passed. The only two things which made this plan doubtful was whether we could obtain sufficient rope, it being necessary to have about fifty feet, and secondly if it were possible to pierce the ceiling which was composed of, as far as we could ascertain, of twelve inch square beams placed about a foot apart.

We finally decided on this latter plan, and on the Saturday night before Easter Sunday we each arrived back in the barrack with coils of rope under our coats, which we had taken from the different farms on which we worked in the day time. We had an anxious day on Sunday as it was possible one of the farmers would notice that he had had some rope stolen. However the evening arrived without anything happening, and we were counted and locked in by the sentry at 9 o'clock as usual. At ten we started operations on the ceiling and by half past eleven we had made a hole big enough to squeeze through. Just as we thought that things were going rather nicely, the sentry entered the house and coming upstairs listened just outside our door. This was quite a regular thing but none of the prisoners had ever remembered him coming in at this hour, and although all had managed to get on to our beds, we did not look exactly if we were enjoying pleasant dreams as most of the blankets had been spread under the hole to catch the falling refuse. However he unlocked the door and came in about a couple of feet. After looking round he muttered something and went out, leaving us in a state of severe nerve shock. How he never saw the hole in the ceiling or the blankets on the floor I do not know but I would have liked to see his face next morning when he recollebted that he had locked in and had never noticed anything.

After this we waited for an hour to give the sentry time to get to sleep and in the meantime the ropes were joined up and knotted. We all managed to get up safely into the attic and could hear the dog who that night was sleeping in the house, sniffing at the staircase that led to the attic.

Durrant was first lowered into the yard, but touched a slate on the side of the house which fell into the yard, making what seemed to us the noise of a cannon. He then made his end fast to some machinery which was in the middle of the yard, thus leaving the rope at an angle of sixty with the house and so that the only place we were actually in contact with the house was right at the top of the door. Spiers next slid down and did not make much noise. Blades, however, who went next knocked another slate down, and a dog in a neighboring farm who had previously barked when the first slate fell started to bark in earnest. As soon as Blades was off the rope I was on and coming down like an express train as it seemed certain that someone would hear the dog and come out to have a look round. Spiers was holding on to the rope at the bottom to keep it taut and just as I was about ten or twelve feet from the bottom let go to steady me, the sudden jerk, however, was fatal and I fell on to the back of my head and was completely knocked out, but fortunately not making much noise. I lay still for some time and they thought I had broken my neck. After some discussion Blades and Durrant decided to go on and Spiers to stay with me in case I should come to, We had previously decided in case of accidents to split up in this way so that at least two of us would have a chance in the event of such things happening. However just as they were going I commenced to groan, which neccessitated the plugging of my mouth with pocket handkerchiefs. After a few minutes more I was pulled up and helped to walk, but did not properly regain consciousness for two or three hours although I was walking quite well.

We managed to make about ten miles and landed up in some forests and decided to stay there for the day. Except for some small boys who were bird nesting and came rather too close to be pleasant we passed the uneventful day. We made fairly good progress the next three nights although the country is very mountainous. On the second night we crossed the Larne by a road bridge which was on the outskirts of a town, but being about 12 o'clock no one was about the town and we crossed unobserved. On the fourth day we decided not to follow our plan of following along the Rhine and crossing it near Bonn, but to cross at once at Bendorf. We decided on this so as to save all the difficult travelling on the east side of the Rhine, which is much more hilly than that on the west.

[Concluded neqt week

Grand Forks was greatly shocked on Sunday last when a funeral arrived at the city cemetery before the grave to receive the corps was little more than half dug. 3

ROBT. LAMONT

NOTARY PUBLIC
INSURANCE — REAL ESTATE
DEALER IN COAL

CRESTON - - B.C.

SYNOPSIS OF LAND ACT AMENDMENT

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions, with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres, before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained on these claims in less than 5 years, with improvements of $10 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years.

Pre-emptor holding Crown Grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes, areas exceeding 640 acres may be leased by one person or company.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

TOWNSITE PROPERTY ALLOTMENT ACT.

Provision is made for the grant to persons holding uncompleted Agreements to Purchase from the Crown of such proportion of the land, if divisible, as the payments already made will cover in proportion to the sale price of the whole parcel. Two or more persons holding such Agreements may group their interests and apply for a proportionate allotment jointly. If it is not considered advisable to divide the land covered by an application for a proportionate allotment, an allotment of land of equal value selected from available Crown lands in the locality may be made. These allotments are conditional upon payment of all taxes due the Crown or to any municipality. The rights of persons to whom the purchaser from the Crown has agreed to sell are also protected. The decision of the Minister of Lands in respect to the adjustment of a proportionate allotment is final. The time for making application for these allotments is limited to the 1st day of May, 1919. Any application made after this date will not be considered. These allotments apply to town lots and lands of the Crown sold at public auction.

For information apply to any Provincial Government Agent or to

G. R. NADEN,
Deputy Minister of Land,
Victoria, B. C.

Special Values

Flannelette
White, 31 inches wide, at 30c.
4 pieces, striped, 35-in. wide, at 35c.

Dimity
Assorted checks, at 30c.

Table Linen
55-inch at 80c.

Irish Table Linen
56-inch at $1.10.

Men's Work and Dress Shirts
Sizes 14½ to 18

Creston Mercantile Co.
LIMITED

WEDNESDAY Half-Holiday

We, the undersigned, hereby agree and pledge ourselves to close our places of business on EACH and EVERY WEDNESDAY AFTERNOON from One O'clock p.m., dating from MARCH 5th to NOVEMBER 1st, 1919:

P. Burns & Co., Limited
Creston Mercantile Co., Limited
A. D. Manuel
J. V. Orr
Mawson Brothers
Creston Drug & Book Co.
S. A. Speers

Everything in Lumber

Canyon City Lumber Company
LIMITED

Banking Service

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

THE CANADIAN BANK OF COMMERCE

C. G. BENNETT — Manager Creston Branch

ZAM-BUK

Purely Herbal—No poisonous coloring
Antiseptic—Stops blood-poison
Soothing—Ends pain and smarting, etc.
Pure—Best for baby's rashes.
Heals all sores.

50c. box. All Druggists and Stores

COOK'S COTTON ROOT COMPOUND

A safe, reliable regulating medicine. Sold in three degrees of strength No 1, $1, No. 2 $3, No. 3, $5 per box. Sold by all druggists, or sent prepaid in plain package on receipt of price Free pamphlet Address THE COOK MEDICINE CO Toronto, Ont. (Formerly Windsor.)

KEEP YOUR SHOES NEAT

2 IN 1 SHOE POLISHES

LIQUIDS and PASTES

for BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES

PRESERVE the LEATHER

THE F.F DALLEY CORPORATIONS Ltd. HAMILTON, CANADA

A Cure for Pimples

"You don't need mercury, potash or any other strong mineral to cure pimples caused by poor blood. Take Extract of Roots—druggist calls it "Mother Seigel's Curative Syrup—and your skin will clear up as fresh as a baby's. It will sweeten your stomach and regulate your bowels." Get the genuine. 50c. and $1.00 Bottles. At drug stores. 5

THE NEW FRENCH REMEDY. No1. No2. No3.
THERAPION Used in French Hospitals with great success, CURES CHRONIC WEAKNESS, LOST VIGOR & VIM, KIDNEY, BLADDER, DISEASES, BLOOD POISON, PILES. EITHER No. DRUGGISTS or MAIL $1. POST 4 CTS. SOLE AGTS. Co. 90, BEEKMAN ST. NEW YORK of LYMAN BROS TORONTO. WRITE FOR FREE BOOK TO Dr. LE CLERC MED. Co. HAVERSTOCK RD. HAMPSTEAD, LONDON, ENG.
THERAPION EASY TO TAKE SAFE AND LASTING CURE. SEE THAT TRADE MARKED WORD 'THERAPION' IS ON BRIT. GOVT. STAMP AFFIXED TO ALL GENUINE PACKETS

Food Value of Milk

There is undoubtedly no food so essential to the development of mankind as milk. First, it is the only food which man can take from infancy and produce growth to maturity. Second, milk if taken in liberal quantities is the greatest disease resisting food found in the entire category of foods; and third, it is one of the most economical of all foods. Milk is still the cheapest animal product on the market.

Your Labor Counts—every minute of work you do helps some soldier who is fighting over there! This war is being fought as truly in the household and in the work-shop as it is in the trenches!

Some of our Canadian women are borne down physically and mentally by the weaknesses of their sex. They suffer from backache, dragging sensation, very nervous and pain in top of head. If they ask their neighbors they will be told to take *a Favorite* Prescription of Dr. Pierce's which has been so well and favorably known for the past half century.

Weak women should try it now. Don't wait" begin today. This woman's tonic and nervine will bring vim, vigor and vitality. Send Dr. V. M. Pierce, Buffalo, N. Y., 10c for trial pkg. tablets.

V. C. Heroes of the War

During the past four years of the war no fewer than 474 Victoria Crosses have been awarded for deeds of valor. In the first year of war 83 Crosses were awarded, and the second year furnished 78. With the enormous growth of the British fighting forces in all the theatres of war the number increased to 145 in the third year, and there was another rise to 168 in the fourth year.

Compared with such a record the 182 V. C.'s for the Indian Mutiny, 11 for the Crimean War, and 78 for the South African War seem insignificant, but in comparison to the number of troops engaged the Crosses awarded during the last four years have been fewer than in previous wars.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood on the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking F. J. CHENEY & CO., Toledo, O.

Sold by all druggists, 75c.

Takes Hotel Linen

Swiss Proprietors of Places in Foe Lands Complain Bitterly

Swiss hotel keepers who have hotels in Germany are very much annoyed by the way in which the German authorities have just requisitioned the hotel table and household linens. One Swiss, who has a large and flourishing hotel in Frankfort, told the World that the Germans have just requisitioned 70 per cent. of his hotel, house and table linen in that city.

"We are getting the same treatment as the German hotelkeepers," he said. "I was paid two-fifths of the pre-war price of my linen, which, of course, I can never replace, even at the old price, let alone at what they have promised to pay me. I did not get cash for the stuff, but a kind of "I.O.U." which, I suppose, will be made into cash some day. There is not any linen at all in Germany, and the stuff being requisitioned is used for the wounded for bandages, and for small children who can't wear substitutes in Leipsic, hotelkeepers have told visitors during the big fair time that they must bring their own sheets when they stop the night."

When asked about trade, he said: "We are doing a very big trade and served tea to 300 people every afternoon, too. At least it is called "tea," though I'm sure I can't tell you what it is really—some herb or other gathered by the German school chidlren in their free time. One of the great troubles we hotelkeepers in Germany and Austria have to deal with now is the enormous number of boots stolen in hotels, when put out to be cleaned. When I was in Berlin last week a hotel was visited by one of these boot snatchers, who cleared off with every pair of boots put out to clean, and then left very early in the morning before even the cleaner was up. The row those victims made was awful. Not a visitor in the hotel but had had his boots stolen. They have sued the hotel owner for damages, and as these boot robberies are getting to be every day events, even in good hotels, the German tribunals are now deliberating as to whether or not the hotel proprietors are responsible. The question is now being discussed with great zest in Germany, which used to be so honest that you might have left your pocket book outside the door and found it untouched in the morning. But the war has changed all that. Thieves flourish all over Germany in a way that alarms the police greatly. I should have my business in Germany ruined if the police there knew I had been talking about the country."

Minard's Liniment Cures Colds, etc.

Not Easy to Rob

Stately Swan Can Put a Spurt on When Required

[illegible] lakes and water holes [illegible] by swamps are the favorite [illegible] places of the Australian [illegible] as a correspondent in the Sydney Bulletin. On the still water [illegible] construct a huge raft of air-dried reeds, which, with rushes and grass piled upon it, would weigh [illegible] and is sufficiently buoyant to support the weight of a man. In a [illegible] nest on top, from [illegible] to fifteen large white eggs are [illegible] side of [illegible] the owner of the [illegible] a worryful time. On [illegible] attached persistent efforts [illegible] to secure for [illegible] He hooted [illegible] that he usually now [illegible] a spirt on [illegible] When long neck [illegible] through [illegible] Then a [illegible] the [illegible] along [illegible]

Waste Good Food

Alien Loggers Refuse to Eat Warmed Over Food

Considerable attention is being paid on the Pacific coast at present to the subject of food extravagance in the logging camps. Evidence has been secured that shows that the loggers, a large majority of whom are aliens exempt from military service, will not work unless provided with the very best food available and that these gentry turn up their noses at a warmed-over dish. In view of the stringency of the rules and regulations issued by the Canadian food board, and which the ordinary citizens are endeavoring loyally to carry out, public indignation is strong that no attempt has been made to deal in a similar manner with the logging camps. Imperial munition board camps included. A cook in one of the Vancouver Island camps said of conditions there: "Three pails of absolutely good food are thrown away after every meal, nine pails a day, and of this quantity, not over two pails could be regarded as legitimate for the garbage tin. All the rest is thrown away because of the rule that food is not to be served on the table a second time.

VICTIMS OF LA GRIPPE

Left Weak, Disheartened and An Easy Prey to Other Troubles

A Nova Scotia Man Tells How He Found New Health and Strength

If you have had an attack of la grippe, or Spanish influenza you are not out of danger until your blood is restored to normal.

Influenza leaves behind it weakened vital powers, thin blood, impaired digestion, and over-sensitive nerves. In this condition the system becomes an easy prey to deadly pneumonia, bronchitis, nervous prostration, rheumatism and even consumption. Ask anyone who has had an attack of influenza what their present condition of health is and most of them will answer "Since I had the grippe I have never been really well." This general feeling of weakness will continue until the blood is built up again, and for this purpose nothing can equal a fair treatment with Dr. Williams' Pink Pills. From first to last dose these pills make new, rich, red blood which reaches every organ and nerve in the body, and through this weak, despondent victims of influenza are transformed into cheerful, healthy, happy men and women.

Among the many victims of la grippe who proclaim the value of Dr. Williams' Pink Pills is Mr. Amos Kaulback, of Petite Riviere, N. S., who says:—"I was taken down with a severe attack of la grippe, or influenza. After a time the early symptoms of the trouble left me, but I did not regain my usual strength, and I had always been a strong man. There were times when I felt I could hardly crawl about, and I was so run down I could scarcely go about my business. I continued taking medicine but it did me no good. Then I found the trouble was affecting my digestion and the disagreeable feeling from this added to my general misery. I was finally advised to take Dr. Williams' Pink Pills, and I decided to try them. I had only been taking the pills a few weeks when I found my strength returning, my appetite improved, and still continuing the use of the pills a few weeks more found me restored to my old-time vigor. I can most strongly recommend Dr. Williams' Pink Pills to all who have passed through an attack of influenza, as a safe medicine for renewing their strength."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50c a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

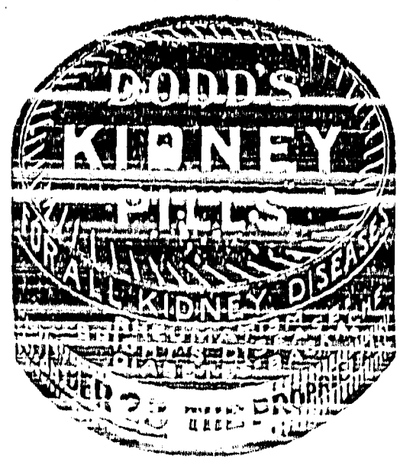
Kickers, Read This

"De man dat's always kickin'," said Uncle Eben, "ain't got any real trouble on his mind. When real trouble comes you is generally too stunned to kick."—Washington Star.

A pleasant medicine for children is Mother Graves' Worm Exterminator, and there is nothing better for driving worms from the system.

Boosy Brennan (trying blarney)—It's a foine day, yer honor.

Judge—You are right, and the amount of yours will be $10.—Los Angeles Times.



Old Dutch Cleanser

For taking the smears and stains off painted woodwork Old Dutch is unequalled. Use it for cleaning cooking utensils, floors, bath tubs, sinks, and anything else that is hard to clean.

It's better and cheaper than soap or any other cleaning material.

Dickens Could Have It

A bookseller advertised for a porter for his bookshop. Among the applicants was an Irishman gifted with more muscle than wits. He walked into the shop and glanced about rather uncertainly. Finally his eyes rested on a big notice suspended high above the door over a table covered with books:

"Dickens' Works All This Week for Sixteen Shillings."

This announcement at once inflamed the applicant's temper.

"Oi came in to git the job," he shouted to the proprietor; "but Oi'll not care for it. Dickens kin wurruk all the week for sixteen shillings if he loikes. Oi'll not. Ye'd better kape Dickens."

And out he strode.

Don't Submit to Asthma. If you suffer without hope of breaking the chains which bind you, do not put off another day the purchase of Dr. J. D. Kellogg's Remedy. A trial will drive away all doubt as to its efficiency. The sure relief that comes will convince you more than anything that can be written. When help is so sure, why suffer? This matchless remedy is sold by dealers everywhere.

Model Workers' Houses

Wonderful Model Dwellings for Artisans Erected in Rome

In answer to a plea for the "nursery school," a correspondent, writing to the Scotsman, points out that at least in one country in Europe ideal home and attention for the little ones are provided. "I refer," he continues, "to the wonderful model dwellings for artisans erected in Rome in pre-war days by Signor Talmo, engineer and social worker who, with a limited liability company in Rome—over 60,000 persons. The dwellings consist of large blocks built round a square, with gardens, and a large green in the inner quadrangle. All are fitted with electric light, steam heating, and hot water. Stringent regulations as to cleanliness are enforced, and so all are kept fresh and airy. Good baths are installed, for which a small charge is made, and many household arrangements which space prevents me from quoting. For the needs of the over-worked mother and the little ones from 3-6 years of age a nursery school with mistress and assistants is provided on the premises, and teaching given on the Montessomri method. Attendance varies from 40-70. Medical care and skilled nursing are given free of charge to the little ones. The rental is about $2 per month for each room, and houses are of 2, 3 or 4 rooms. The system is run on co-operative lines, and is a sound business concern. Of its priceless value in the uplifting of the workers, educationally, morally, and physically, words fail to express."

Minard's Liniment Cures Distemper.

Josh Billings on Milk

"Your note on Josh Billings," writes a subscriber to the New York Outlook, "reminds me that while a young college student I heard Josh Billings deliver his lecture "On Milk." He had placed on the platform table a pitcher and a glass. As soon as he was introduced, he poured milk from the pitcher into the glass, took it up looked at it, and said: 'I have seen several articles on milk; I have read some facts written on milk; but the best thing I ever saw on milk was cream.' Then he drank it and went on with his lecture. He did not mention or refer to milk in any way again. His lecture consisted of an unrelated collection of pithy sayings which held his audience to the end."

What She Was Doing

I found a blooming bride one day bending with a stern and severe air over a dry-looking volume.

"What are you reading?" I asked.

"An excellent work," she replied, "called 'Happiness in Marriage.'"

"What advice," I said, "does it give to wives?"

"I don't know," she answered, "I'm reading the advice to husbands."

Sorry She Was Married

"And when you told him I was married," said the girl who had jilted him, "did he seemeto be sorry?"

"Yes," replied the other, "he said he was very sorry—although he didn't know the man personally."—Tit-Bits.

Revive the Jaded Condition—When energy flags and the cares of business become irksome; when the whole system is out of sorts and there is general depression, try Parmelee's Vegetable Pills. They will regulate the action of a deranged stomach and a disordered liver, and make you feel like a new man. No one need suffer a day from debilitated digestion when so simple and effective a pill can be got at any drug store.

Angry At Small Penalty

Great indignation has been aroused in Switzerland because a sentence of only three months in a fortress has been given the German aviator who on October 8 shot down an unarmed Swiss captive balloon on Swiss territory. The Swiss lieutenant in the balloon was killed.

Minard's Liniment Cures Garget in Cows.

The Farmerette

"Oh, Jones," said the botanist, "I see a pair of overalls working in the field. I wonder if it's a man or a woman?"

"You say it's working? Then it is a woman!" — Richmond Times-Despatch.

Ingram's Milkweed Cream

Two Sizes—50c and $1

No ordinary emollient can compare with Ingram's Milkweed Cream. For it is therapeutic and curative in effect as well as softening and cleansing. Used daily it keeps the complexion free of blemish, tones up the delicate tissues, and holds the youthful color and freshness all women want to retain. There is no substitute, no "just as good."

Ingram's Velveeta Souverainé Face Powder (50c.) is a delicate fine-textured powder that blends and harmonizes with the complexion. It conceals little defects in the complexion, banishes sallowness and shine and yet can scarcely be detected. There is a complete line of Ingram's toilet products, including Zodenta for the teeth (25c.) at your drug store.

A Picture With Each Purchase

Each time you buy a package of Ingram's Toilet aids or Perfume your druggist will give you, without charge, a large portrait of a world-famed motion picture actress. Each time you get a different portrait so you make a collection for your home. Ask your druggist.

F. F. Ingram Co., Windsor, Ont.

Mar. 7 1919

EXTENSION SHORT COURSE

IN

AGRICULTURE

AT

CRESTON

ON

MARCH 11, 12, 13 & 14

To be offered by the Faculty of Agriculture of the University of British Columbia

---

The Course will include Lectures and Demonstrations on

Soils and Crops : Feeding and Judging of Dairy Cattle
Judging of Horses : Fruits and Fruit Growing
Care and Handling of Milk and Cream

P. A. Boving, F. M. Clement, J. A. McLean and W. Sadler, all of the University staff will take part in the 4-day Program, which has been arranged as follows:

TUESDAY, MARCH 11

9.30—Soil Fertility.....P. A. Boving
10.15—Feeds.....J. A. McLean
11.00-12.00—Mistakes in Fruit Farm Practice—F. M. Clement
1.30—Why Milk Sours.....W. Sadler
2.15-4.00—Feed and Care of the Dairy Herd—J. A. McLean

WEDNESDAY, MARCH 12

9.30—Small Fruits in British Columbia.....F. M. Clement
10.15—Manures.....P. A. Boving
11.00-12.00—Herd Improvement.....J. A. McLean
1.30—Artificial Manures.....P. A. Boving
2.45-4.00—Demonstration in Buttermaking.....W. Sadler

Thursday Evg.

7.30—The University of British Columbia.

8.00—The College of Agriculture.

THURSDAY, MARCH 13

9.30—Strawberries.....F. M. Clement
10.15—Handling of Milk.....W. Sadler
11.00-12.00—Orchard Cultural Methods.....F. M. Clement
1.30—Judging of Dairy Cows.....J. A. McLean
2.45-4.00—Judging of Horses.....J. A. McLean

FRIDAY, MARCH 14

9.30—Alfalfa.....P. A. Boving
10.15—Spray Materials.....F. M. Clement
11.00-12.00—Clover and Grass Mixtures.....P. A. Boving
1.30—Pruning.....F. M. Clement
2.45-4.00—Community Breeding.....J. A. McLean

Meetings will be at the AUDITORIUM

JAS. COMPTON, W. V. JACKSON
R. B. STAPLES, Local Committee

Kill the Germs of Catarrh

By Acting To-day You Can Quickly Cure Catarrh and Avoid Bronchitis, Perhaps Consumption

Most Agreeable and Surest Cure Is Catarrhozone, Which Cures Every Curable Case

Catarrhozone proves especially good in those chronic cases where mucous drops down the throat, sickens the stomach, and pollutes the breath. When the nostrils are stuffed, only a few breaths through the inhaler are needed to clear the passages, and where there is coughing and sore bronchial tubes, the soothing, healing properties of Catarrhozone act almost as magic.

Once you stop taking medicine into the stomach and get the healing oils and pure balsams of Catarrhozone at work you can be sure of quick and lasting cure for nose colds, catarrh, weak lungs, bronchitis, and speaker's sore throat.

The complete $1.00 Outfit of Catarrhozone is sufficient for two months' treatment, and is guaranteed. Smaller size, 50c, at all dealers, or the Catarrhozone Co., Kingston, Ont.

The City or Country, Which?

Rural Y.M.C.A. Striving to Bring Before Young People Advantages of Country Life

In the recent years there has been a great deal of discussion about the city-ward movement and we are always wondering why the country people have been so dissatisfied, especially when, in a great many cases, their economic conditions have been good.

It is often the case that the boys of well-to-do farmers have gone to the city and have taken a position that would not pay them over one-half what they could have made on the farm. They have stinted themselves and lived in unfavorable conditions but at the same time, have felt sorry for the "slow" boy who has remained in the country.

Many reasons are advanced why conditions are thus, some of which are good and many that will be hard to ever overcome, but there are many causes that could be remedied if we look into the matter clearly.

Perhaps the greatest trouble is the fact that from every angle the boy or girl is not shown the inherent value of the country life. In many cases the teacher is using the country school as a stepping stone for the city and naturally fails to see any great value and advantages of the country life. The minister is often preaching in the small country church with the vision of great city congregations and a magnificent building. Many well-meaning parents are influenced by the lure of high wages of the city to send their sons and daughters from the farm. With all this to contend with is there any wonder that the boy would be dissatisfied with rural surroundings.

Among the many agencies that are trying to combat this evil is the Rural Y. M. C. A., which, as a local organization, is striving to develop leadership that will clearly bring before the young people the many natural advantages of the country life. Working with the home, church and school, it is helping to make the country life more idealized.

Through co-operation with the universities and agricultural colleges, it is bringing the very best talent to assist in the upbuilding of community life. It is showing the young people that those who may be in farming are, in the long run, better off intellectually and economically, than the boy who has been lured to the city with its over-estimated opportunities.

As agriculture is the basic or industrial, as well as our moral and economic structure, too much thought cannot be given to its betterment and conservation.

The help of [illegible] is the number of [illegible]

MURINE Granulated Eyelids, Sore Eyes, Eyes inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort. YOUR EYES [illegible]

W. N. U. 1249

Big Potato Crops With Electroculture

Experiments Show Scheme to Be Profitable

Striking experiments in electroculture were carried out by the South Wales Electrical Power Distribution Company during 1917 and 1918 on a two-acre plot of ground near Pontypridd. As regards ploughing and manuring, the whole plot was treated alike, but electroculture was applied to only a portion of the ground, the remainder serving as a "control" for the purposes of comparison. Potatoes were planted under precisely similar conditions over the whole area, and during 1917 the electrified portion yielded a crop heavier by 17.2 per cent. than that of the control portion. In 1918 the increase out of electroculture was 12.6 per cent., the reduction being explained on several grounds, such as that a smaller area of electric wires was used and that part of the controlled plot had had the benefit of electrification in the previous year. Experiments were also made with oats in an adjoining field, and although they were not carried out very thoroughly, they point to an increase of 25 per cent. in grain and 17 per cent. in straw. On the potato patch the wires were first arranged as a 6 foot rectangular network supported on insulators 6 ft. 6 ins. from the ground; in August, 1917, the height was reduced to 5 feet. During the 1918 experiment the wires were spaced 9 ft. apart, with no cross wires and were kept about two feet above the haulms. The network was fed through a transformer and rectified with current at between 30,000 volts and 39,000 volts, according to the degrees of weather; the amount of current taken varied from 2.5 milliamperes in dry and from 4 to 7 in wet weather during 1917, and from 0.35 to 0.8 during 1918. The apparatus never failed, even in the wettest of Welsh weather. On dark nights the wires could be seen glowing, and even the tips of the grass in the rectifier were touched with light. Insects seemed to avoid the wires, but occasionally they settled upon the networks, where they glowed and were electrocuted. Although the voltage is so high the current is so low that there is no danger to anything but insect life. Horses are extremely susceptible to electric shock, but one which broke into the network retired undamaged, although carrying a good deal of wire with him. These experiments confirm the promising claims made for this application of electricity to agriculture which is being carefully studied by a special subcommittee of the British board of agriculture.

Agricultural Extension Schools

Short course schools during the winter months are becoming more and more popular every year in Western Canada. From January to March these courses will be given at fifty places in Manitoba. At some places the courses are of two weeks duration, others one week, and at others four-day courses are given. Such subjects as gas engines, live stock, field crops, farm bookkeeping, cement construction and home economics are included in the longer course. Special courses, each of a week's duration are devoted to dairying, poultry-raising and bee-keeping.

For Increasing Development

The announcement in a Saskatoon paper to the effect that one of the dry goods houses in the city had increased its capital seven-fold, shows the confidence which is expected in the future development of the country by business men. Other firms are also increasing their capital and operations. Saskatoon is in the centre of a rich and fertile country which is growing more prosperous every year, and which is reflecting its prosperity in the city's growth. It is typical of [illegible] in Western Canada.

Saskatchewan's Butter Exports

[illegible] cars of butter, valued [illegible] exported from Saskatchewan last year. This is a gain of eighteen cars over the number sent [illegible] in 1917, and an [illegible] is due to higher prices that were ruling in 1918 over those of the previous year. Notwithstanding this the year's working [illegible] satisfactory progress.

Every man has a work to do proportionately to his abilities and opportunities. A. A. Hodge, D.D.

Livestock Sales

How Alberta's Live Stock Industry Is Growing .....

The growth of the livestock industry in Alberta is reflected in the increase in business at the stockyards at Calgary and Edmonton during the last four years.

In 1914, there were forty pens in the Calgary yards, and 42,311 head of stock were handled. By 1917 the accommodation had been considerably increased and the business had doubled, 92,578 head of cattle passing through the yard in this year. Last year showed still further progress, no fewer than 145,545 cattle being handled, in addition to increased numbers of hogs and sheep. Since 1914 the accommodation has been gradually increased until there were 240 pens in the yards last year. But the limit of expansion is still a long way off, and further enlargements will have to be made to meet the ever increasing trade.

The business at the stockyards at Edmonton is likewise growing fast. The number of cattle handled in 1918 was about one and a half times greater than in the previous year. During the year the accommodation of the yards was doubled, but here, too, further extensions will have to be made shortly to keep up with the business.

A very interesting feature of the livestock business in Alberta last year is that almost one-half of the cattle received went back to the country for finishing.

Will Feel Effects For Generations

War Cost Every Individual in Dominion $250.00

Toronto. — Speaking at the Canadian club here on the purpose and plans of the national war savings committee, Sir Herbert Ames, chairman of that committee, at the outset referred to the losses sustained by Canada during the war.

"Sixty thousand men," he said, "are coming back broken in health and maimed in limb. We can, with a somewhat greater definiteness, estimate financial losses. First comes the actual costs of the war; the disbursements made in raising, equipping and maintaining our troops. This will approximate $1,400,00,000. Then we have assumed—and rightly—the burden of supporting the widows and assisting the disabled men. This obligation capitalized, would represent an indebtedness of not less than $600,000,000 more. While it is probably yet too early to accurately determine what financial burden the war has placed upon Canada, I think we may assume that it represents a capitalized amount of at least $2,000,000,000; that is to say, a debt of $250 on every inhabitant in the Dominion. As yet we are unconscious of this burden, but it is inevitable that we, and those who come after us, should feel the effects of this war for generations.

"Serious though the situation is in Canada, the outlook is hopeful and we believe that Canada will be one of the first nations of the world to emerge from the incubus of the war."

SAT UP IN BED TO GET HER BREATH

Palpitation of the heart, shortness of breath, inability to lie on the left side, feelings as if smothering, oppressed feeling in the chest, dizzy and faint spells, tired, weak, worn out feeling, involuntary twitching of the muscles, sleeplessness, restless, etc., all point to the fact that either the heart or nerves, or both, are not what they should be. Any of these conditions should be remedied immediately so as to avoid a complete breakdown of the whole system.

Milburn's Heart and Nerve Pills will bring energy to the weakened constitution, strengthen and regulate the heart, and tone up the tired, overstrained nerves.

Mrs. William Steeves, Chemical Road, N.B., writes:—"I have been a great sufferer from nerve troubles and palpitation of the heart, which was so bad I had to sit straight up in bed to get my breath. I could not lie on my left side at all. I tried doctor after doctor, also several different remedies but got no help from them. My mother insisted on me trying Milburn's Heart and Nerve Pills. By the time I had used one box, I was feeling very much better. I took in all three boxes, and now I am in perfect health and can enjoy a good sound sleep, and can lie on my left side without any trouble."

Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

SPOHN'S DISTEMPER COMPOUND TRADE MARK

FOR GREATER HORSE EFFICIENCY GIVE

SPOHN'S DISTEMPER COMPOUND

The rigor and changes of winter weather reduce your horse's vitality. In such condition, he is susceptible to contagious disease. His efficiency is lowered if his system is not able to withstand exposure to disease. SPOHN'S will keep your horse in condition and free from disease. Prevents and relieves DISTEMPER, INFLUENZA, PINK EYE, COUGHS and COLDS.

Buy from your druggist.

SPOHN MEDICAL COMPANY. GOSHEN, INDIANA, U.S.A.

HIRST'S PAIN EXTERMINATOR

DON'T SUFFER PAIN—BUY HIRST'S!

and be prepared against attacks of rheumatism, lumbago neuralgia, toothache and earache. Equally effective for relieving swollen joints, sprains sore throat and other painful ailments. For over 40 years a family friend. Don't experiment—buy Hirst's—always have a bottle in the house. Has a hundred uses.

At dealers or write us. HIRST REMEDY CO., Hamilton, Canada.

Lake Building Record

Fort William, Ont. — New buildings to the value of $535,615 were erected in Fort William during the year 1918, according to the building inspector's report. The largest amount almost half of the total, was expended on the construction of the elevator and plant of the Canadian Feed Manufatcuring Co. In all 115 permits were issued during the year. The plumbing inspector reported that he had issued 107 plumbing permits in 1918.

Symptoms That Tell Of Biliousness

HOW TO PREVENT AND CURE

Are you dizzy?

Does your head swim?

Does everything turn dark when you rise from stooping?

Are you constantly suffering from headache?

Are you short of breath after going upstairs?

Is your tongue coated and furred?

These symptoms give warning that your system needs a thorough cleansing—all poisons must be flushed out. The remedy is Dr. Hamilton's Pills. Marked benefit immediately follows their use.

These famous pills loosen the bowels and stop constipation; they act on the liver and kidneys, make them strong and vigorous.

This ensures health and purity for the blood and consequently the whole system benefits.

No other medicine tones and braces like Dr. Hamilton's Pills; they at once cure biliousness, headache, dizziness, poor color, coated tongue, and all diseases arising through fault of the stomach, kidneys, or liver; try them.

Results prove the merits of Dr. Hamilton's Pills, 25c per box.

To the Farmers of Canada

Canada should Develop the Chilled Beef Trade Right Away

Dr. G. C. Creelman, commissioner of agriculture for the province of Ontario and principal of the Ontario Agricultural College, Guelph, addressing the Agricultural Club of Ottawa at the University Club Rooms there, repeated a message to the farmers of Canada from Right Hon. R. E. Prothero, secretary of state for Great Britain:

"I asked him for a message to the farmers of Canada," said Dr. Creelman, "and he told me that they wanted our chilled beef and that Canada should develop the chilled beef trade right away in preference to the live cattle trade. He urged that there should be no delay. He also said that after the war Great Britain would not devote so much effort to raising hogs because they could be fed cheaper on this side of the Atlantic and as long as she can get pork products from this continent she would be satisfied to do so."

Dr. Creelman, remarking on the present hold-up in the bacon purchases said that while he had no direct information he regarded it as merely a temporary congestion.

Alberta Cattle Make Records

Western Canada has been conspicuous in the Chicago beef round-up its performance being spectacular, says James E. Poole, the writer on live stock matters, in a recent article. The [illegible] records at $18.25 to $18.50. These prices, of course, represented top loads, but strings of Alberta cattle have gone over the scales at $15.50 to $16.65, prices at which packers were in the characteristic attitude of Oliver Twist. It has been a profitable season for the western cattleman with grass, which many were without.

Approaching Immigration

Growth of Centres of Population of Prairie Provinces

The rapidity of the growth of the centres of population of the prairie provinces during the years nineteen hundred and nine, nineteen hundred and ten and nineteen hundred and eleven are almost unprecedented. Looking back one can only compare the phenomenal development of hamlet into village, and village into city with the mushroom growth attendant on mining and oil booms. Fortunately the opportunities that called people from all countries of the world to share in our heritage were chimerical. The bounteous hand of nature really held the reward to which the finger of opportunity beckoned.

During the last four years the whole world has read "Canada." There is no veil of speculation now over what she has to offer.

The result is beyond peradventure. The troops returning to Canada will be the immediate vanguard of a continuous march of immigration.

It is high time that the construction phase of the problem presented by the fast approaching increase in population of Western Canada should be taken out of the talk stage into the stage of action.

Rather unfortunately, because of the impression left with that section of the public that needs and wants to build, the two years directly preceeding the war saw a slump in the prices of building materials.

Building has been practically at a standstill for three years. If instead of that condition we had had during the whole interval a steady, healthy demand for buildings and the demand as it has risen had been satisfied, the cost of structures now would be higher than it was at the beginning of the period.

Those who need buildings are awakening to the fact that with a quick increase in population will come a quick call for increased housing accommodation; office space will suddenly be at a premium; infant industries will, over night, become lusty youths shouting for room in which to develop. They are making preparation accordingly.

Seeds Off Restricted List

The Canada food board has been informed that field and garden seeds have been removed from the restricted export list of the United States, and that American shippers in future do not require licenses for shipments of seeds coming into the Dominion.

The removal of United States restrictions on flour also extend to Canada.

Sure! High Heels Cause Corns But Who Cares Now

Because style decrees that women crowd and buckle up their tender toes in high heel footwear they suffer from corns, then they cut and trim at these painful pests which merely makes the corn grow hard. This suicidal habit may cause lockjaw and women are warned to stop it.

A few drops of a drug called freezone applied directly upon a sore corn gives quick relief and soon the entire corn, root and all, lifts out without pain. Ask the drug store man for a quarter of an ounce of freezone, which costs very little but is sufficient to remove every hard or soft corn or callus from one's feet.

This drug is an ether compound and dries in a moment and simply shrivels up the corn without inflaming or even irritating the surrounding tissue or skin. Clip this out and pin on your wife's dresser.

TO-DAY

in medicines, as in every other necessity, the public is satisfied with nothing but the best! This explains the ever-increasing demand for Zam-Buk. Not only is this great balm the best household remedy to-day, but it is also the most economical.

Zam-Buk's superiority is due to the fact that it is *all medicine*, containing none of the coarse animal fats or harsh mineral drugs found in ordinary ointments. Again, the medicinal properties are so highly concentrated that they contain the maximum amount of healing, soothing and antiseptic power, so that a little of this balm goes a long way.

Another reason why Zam-Buk is most economical. It will keep indefinitely and retain to the last its strength and purity. Best for skin diseases and injuries, blood-poisoning and piles. All dealers, 50c. box.

Zam-Buk

Increased Building Activity Noted

The year 1918 saw considerably more building undertaken—both in the cities and in the country—than in any previous year since the outbreak of the war. The value of building permits issued in some cities were more than twice as great as in any previous year since 1914. In other cities thirty to fifty per cent. more building was undertaken last year than in any of the three previous years. The outlook for the building trade in 1919 has, of course, considerably improved since the signing of the armistice.

A Foe to Asthma. Give Asthma half a chance and it gains ground rapidly. But give it repeated treatments of Dr. J. D. Kellogg's Asthma Remedy and it will fall back even faster. There is no half way measure about this remedy. It goes right to work and drives asthma out. It reaches the inmost breathing passages and leaves no place for the trouble to lurk. Have it by you for ready use.

An electric heater, which may be placed in a bath tub after it has been filled to raise the water to any desired temperature, is an American invention.

A Purely Vegetable Pill.—The chief ingredients of Parmelee's Vegetable Pills are mandrake and dandelion, sedative and purgative, but perfectly harmless in their action. They cleanse and purify and have a most healthful effect upon the secretions of the digestive organs. The dyspeptic and all who suffer from liver and kidney ailments will find in these pills the most effective medicine in concentrated form that has yet been offered to the suffering.

There are mentioned in the Bible the names of 19 different precious stones, six metals, 104 trees and plants, 35 animals, 39 birds, six fishes, 11 reptiles, 30 insects and other small creatures.

AVOID COUGHS and COUGHERS!

Coughing Spreads Disease

SINCE 1870

SHILOH

30 DROPS-STOPS COUGHS HALF THIS FOR CHILDREN

ASTHMA INSTANTLY RELIEVED WITH ASTHMADOR

OR MONEY REFUNDED. ASK ANY DRUGGIST or write Lyman-Knox Co., Montreal, P.Q. Price 60c.

COOK'S COTTON ROOT COMPOUND

A safe, reliable regulating medicine. Sold in three degrees of strength. No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid in plain package on receipt of price. Free pamphlet. Address THE COOK MEDICINE CO. *Toronto, Ont. (Formerly Windsor.)*

THE NEW FRENCH REMEDY. No. 1, No. 2, No. 3. THERAPION Used in French Hospitals with great success, CURES CHRONIC WEAKNESS, LOST VIGOR & VIM, KIDNEY, BLADDER, DISEASES, BLOOD POISON, PILES. EITHER NO. DRUGGISTS or MAIL $1. FOR 4 CTS. POUDRE CO., 50, DEPARTMENT [illegible] TORONTO. WRITE FOR FREE BOOK TO DR. LE CLERC MED. CO. HAVERSTRAW, N.Y. (FORMERLY LONDON, ENG.) THE NEW DRAGEE-TASTE REMEDY EASY TO TAKE THERAPION SAFE AND LASTING CURE. SEE THAT TRADE MARKED WORD 'THERAPION' IS ON EACH BOX. REFUSE INFERIOR SUBSTITUTES.

BARS IMMIGRATION

Washington. — Prohibition of immigration for four years after the war, except from Cuba, Mexico, Canada and Newfoundland, was agreed upon unanimously by the house immigration committee.

Chairman Burnett announced that he would ask for a special rule to permit early consideration of the measure by the house.

A number of amendments accepted permit the admission of relatives of aliens already in this country and of persons skilled in certain occupations and professions.

New Zealand Casualties

Wellington. — New Zealand's casualties in the war are placed at fifty-seven thousand, nine hundred and thirty-two, of which sixteen thousand five hundred are killed. There were only forty-five prisoners.

THE TREASURE OF GOOD HEALTH

Easily Maintained Through the Use of Dr. Williams' Pink Pills

There is not a nook or corner in Canada, in the cities, the towns, the villages, on the farms and in the mines and lumber camps, where Dr. Williams' Pink Pills have not been used, and from one end of the country to the other they have brought back to bread-winners, their wives and families the splendid treasure of new health and strength.

You have only to ask your neighbors, and they can tell you of some rheumatic or nerve-shattered man, some suffering woman, ailing youth or anaemic girl who owes present health and strength to Dr. Williams' Pink Pills. For more than a quarter of a century these pills have been known not only in Canada, but throughout all the world, as a reliable tonic, blood-making medicine.

The wonderful success of Dr. Williams' Pink Pills is due to the fact that they go right to the root of the disease in the blood, and by making the vital fluid rich and red strengthen every organ and every nerve, thus driving out disease and pain, and making weak, despondent people bright, active and strong. Mr. W. T. Johnson, one of the best known and most highly esteemed men in Lunenburg county, N.S., says:—"I am a Provincial Land Surveyor, and am exposed for the greater part of the year to very hard work travelling through the forests by day and camping out by night, and I find the only thing that will keep me up to the mark is Dr. Williams' Pink Pills. When I leave home for a trip in the woods I am as interested in having my supply of pills as provisions, and on such occasions, I take them regularly. The result is I am always fit. I never take cold and can digest all kinds of food such as we have to put up with hastily cooked in the woods. Having proved the value of Dr. Williams' Pink Pills, as a tonic and health builder, I am never without them, and I lose no opportunity in recommending them to weak people whom I meet.

Dr. Williams' Pink Pills should be kept in every home, and their occasional use will keep the blood pure and ward off illness. You can get these pills through any medicine dealer, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

The Dutch proposal to put the kaiser on an island will be all right if the island is in the tropics, and inhabited by mosquitoes and cooties and a volcano.

Minard's Liniment Co., Limited.

Sirs,—I have used your MINARD'S LINIMENT for the past 25 years and whilst I have occasionally used other liniments I can safely say that I have never used any equal to yours.

If rubbed between the hands and inhaled frequently, it will never fail to cure cold in the head in 24 hours. It is also the Best for bruises, sprains, etc.

Yours truly,
J. G. LESLIE.

Dartmouth.

Planned to Defeat Italy

Vienna. — General von Hoetzendorff, former Austrian chief of staff, said in an interview that he was forced to relinquish his command because he insisted that all military efforts be concentrated against Italy.

"The defeat of Italy would have meant the collapse of the entente," he declared.

Minard's Liniment Cures Colds, etc.

One reason why a man's life is so much fuller than a woman's is that he spends nearly three-quarters of it in hunting up things for a woman to do.—Helen Rowland.

RENNIE'S SEED ANNUAL 1919

A CATALOGUE containing complete and interesting information on how to improve and increase your productions of both flowers and vegetables. This catalogue is superbly illustrated in colors and shows practically all the varieties of garden plants which can be grown successfully.

Everyone With a Garden,

whether large or small, will find this book full of useful and practical gardening hints. Let it help you make your garden a great success this year.

Expert advice is given on what to plant, when to plant, and how to plant, under various soil conditions. Follow this advice and your garden will be the envy of your fellow gardeners.

Send for a free copy
It will be mailed on request

Wm. RENNIE Co., Limited
394 Portage Ave.
WINNIPEG

High Prices for Army Horses

Horses From Western Canada Do Good Work in War

Praise of the way in which Western Canadian bred horse acquitted themselves in France has been very generous by returning soldiers. The following extract from a letter from Major General McRae, telling of the disposal of some of these animals after their hard service shows that this praise has not been overdone.

"You will be interested to know that we kept some of the Western horses we purchased in the winter of 1914 and 1915 in the service here until a few days ago, when they were sold by public auction in London, the quartermaster-general taking advantage of the situation in order to get rid of them before the break in prices. They were a particularly fine bunch, the heavy draughts brought on an average $450 and the highest price paid for any draught horse was $700 for an Alberta gelding now eight years old. The light horses brought on an average $250. Had these horses been sold before the armistice was signed they would have brought considerably more money."

Piles Cured in 6 to 14 Days
Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. Stops Irritation; Soothes and Heals. You can get restful sleep after the first application. Price 60c.

Entirely Domestic Question

Paris. — President Wilson told a delegation of women representing the working women of France, who called upon him to urge that the peace conference include women suffrage among the points of settlement, that much as he sympathized with their cause, he felt that it was entirely a domestic question for the several nations. He said he believed that it would be considered quite outside the province of the conference if it "undertook to dictate to the several states what their internal policy should be."

DOCTOR URGED AN OPERATION

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—"Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to an operation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me."—NELLIE B. BRITTINGHAM, 609 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

RUSSIA IS ALARMED

Vladivostok. — According to statements in the Russian press, all parties are alarmed at the reports of the allies' retirement from Siberia in the spring or summer.

Prominent men of many shades of political opinion declare there will be a carnival of murder and rapine as the result of the withdrawal, as the situation points to a war of extermination of either the upper classes or the Bolsheviki.

Lumber Industry of Manitoba Busy

An energetic program is being prosecuted in the lumbering camps of Northern Manitoba this year. On the Carrot river 300 men are at present employed. The opening of a big mill is contemplated by May 15, with 250 men, working day and night shifts. It is expected to get 16,000,00 feet of lumber on the river this season.

She Took Her Father's Advice

AND DODD'S KIDNEY PILLS SOON HELPED HER BACKACHE

How Mrs. Beaudoin Found Complete and Permanent Relief From Her Kidney Trouble

Fisherton, Man., Feb. 3. (Special). —"I have taken your Dodd's Kidney Pills for kidney trouble, and they have completely cured me."

These are the words of Mrs. Arthur Beaudoin, a well-known resident of this place, and it is no exaggeration to say she voices the sentiment of a large number of the people of Manitoba. They have had kidney trouble; they have used Dodd's Kidney Pills; they have found them good.

"Yes," she says, in speaking of her case, "I suffered from kidney disease for six months before I was married in October, 1917, and two weeks after I was married I was laid up. The doctor gave me no relief. My father advised me to take Dodd's Kidney Pills. I commenced to take them at once, and a few days after I felt better. I continued to take them until I was perfectly cured. I will always keep them in the house, as they are my best friends."

Dodd's Kidney Pills have been used to treat rheumatism, sciatica, diabetes, dropsy, sore back, gravel, and other similar ills. That they continue to give satisfaction is evidenced by their ever-growing popularity.

If you haven't used Dodd's Kidney Pills, ask your neighbors about them.

Lady—How much is this meat?

Butcher — Twenty-eight cents a pound, ma'am.

Lady—That's awful high. I guess it's that aviation meet I've been reading so much about lately.

UNFIT TO LIVE—MUST DIE

The verdict rendered a thousand times when corns get sore. Do them to death by Putnam's Corn Extractor; it cures painlessly in twenty-four hours. Use "Putnam's," the only vegetable remedy known, price 25c at all dealers.

Rumor is Unfounded

Canadians "Presumed Dead" Have Not Been Found in Germany

Ottawa. — Following the publication of an unfounded rumor to the effect that some 1,500 Canadian soldiers, previously reported "missing and presumed dead," had been located in Germany since the signing of the armistice last November, the militia department here has been deluged with letters from all parts of Canada from the next of kin of men falling in this category.

The publication of the rumor has had distressing results, in that relatives of soldiers reported "missing and presumed dead," have had hopes revived only to again be shattered. The militia department characterizes the story as a "hoax" and is taking steps to discover its origin.

Wish to Unite With Swiss

Berne. — Petitions circulated in the district of Voralberg on the Austrian frontier, urging a union with Switzerland, have met with surprising support. In the first 20 towns and villages where the petitions were circulated, 90 and 98 per cent. of the citizens signed them. They are addressed to the Swiss government and the peace conference.

Minard's Liniment Cures Distemper.

In most cases a man doesn't realize how lucky he is when a woman refuses to marry him.

WHEN NEURALGIA ATTACKS NERVES

Sloan's Liniment scatters the congestion and relieves pain

A little, applied *without rubbing*, will *penetrate* immediately and rest and soothe the nerves.

Sloan's Liniment is very effective in allaying external pains, strains, bruises, aches, stiff joints, sore muscles, lumbago, neuritis, sciatica, rheumatic twinges.

Keep a big bottle always on hand for family use. Made in Canada. Druggists everywhere.

Sloan's Liniment Kills Pain

30c 60c. $1.20

Celebrated Kaiser's Birthday

Buenos Ayres. — Commenting on the birthday of the former German emperor, one of the afternoon papers said:

"Though it is impossible to find in Europe any who will celebrate the kaiser's birthday, there are many here who did. Even the German schools were closed, teaching the children homage to the author of the Lusitania crime. Why must Buenos Ayres have this blot upon it?"

Catarrhal Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Cure acts thru the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hall's Catarrh Cure. Circulars free. All Druggists, 75c.

F. J. CHENEY & CO., Toledo, O.

Has Successful Year

The year 1918 was again a successful one for the Saskatchewan Co-operative Elevator Company. No less than 27,066,261 bushels of grain was handled through the company's 298 country elevators and over railway platforms. The company's terminal elevator at Port Arthur, Ontario, was opened early in the year, and handled up to the end of July, 4,000,000 bushels of grain. Figures for the second half of the year are not yet available. Now a new hospital elevator, with a capacity of 600,000 bushels, is nearing completion, and is expected to be ready for business during the present month.

It is not hard to die. It is harder a thousand times to live. To die is to be a man. To live is only to try to be one.—H. W. Beecher.

Anyone can pay for Advertisements

but—

I am the sole dealer for this District for CHEVROLET CARS

The grade of GASOLINE I handle COSTS over 50 Cents a gallon, and I cannot sell for less than present prices.

No musical instruments handled—Jews Harps included

CRESTON AUTO & SUPPLY CO.

R. S. BEVAN, Proprietor. CRESTON, B.C.

PRINTS at 35c. Yard

FAST COLORS - ASSORTED PATTERNS

Made of fine quality cotton, you will find these very desirable for women's, misses' and children's wash garments, fine even weave and splendid finish. At this price we guarantee you the best value in town. In the Dry Goods section we also mention—

White Cotton White Voile White Lawn Striped Flannelette
Curtain Scrim Glass Towelling Roller Towelling

We have a nice assortment of Bath and Hand Towels in white and colored.

Better Service **MAWSON BROTHERS** Lower Prices

GENERAL MERCHANTS

Local and Personal

Embree & Foreman sell gasoline at 50c. a gallon.

Mawson Bros. dry goods announcement is decidedly interesting.

See our new spring samples for Hobberlin-made-to-measure men's suits. S. A. Speers.

For want of space budgets from Canyon City and Erickson are unavoidably held over till next week.

House dresses. A nice line in likable goods, popularly priced, at Mawson Brothers. Also black apron oilcloth.

The Presbyterian Ladies' Aid has its March meeting at the home of Mrs. Watcher next Friday afternoon, at 2.30 prompt.

Easter Monday night, April 21st, has been appropriated by the Creston Board of Trade for something unique in the entertainment line.

HATCHING EGGS—White Wyandotte, Regal strain. Imported, $1.75 setting of 14. Same kind not imported $1.25.—F. W. Ash, Creston.

See our stock of ladies' spring coats in different style and shades. S. A. Speers. Also ladies' fine silk hose in black, white and champagne colors.

The morning service at the Presbyterian Church on Sunday will be specially for the children, and a hearty invitation is extended both young and old.

E. McConegal got back the latter part of the week from a business trip to Spokane. He expects to move to Kitchener in a few days to take charge of one of the Paulson camps.

VEGETABLES For sale, white cooking beans at 9 cents a pound, or $7 per hundred weight. Also white on[illegible]

The directors of Creston Fruit Growers Union had their initial meeting on Monday night, the chief business of which was the engaging of R. B. Staples as manager, and J. W. Hommton as accountant and treasurer for 1919.

Our trade readers particularly will be interested in the full page announcement [illegible] Read it, and then [illegible] things [illegible] throughout the four days.

New home made rug for sale, 2½ x 4 feet. Enquire REVIEW Office.

Embree & Foreman have the agency for the famous Cleveland tractor.

BIRTH—At Canyon City, on Feb. 22nd, to Mr. and Mrs. L. H. Faulkner, a son.

Mrs. G. A. Hunt of Kitchener was a week-end visitor with Mrs. Geo. Johnson.

WANTED—Second-hand, one-horse wagon, low, with iron wheels. A. North, Sirdar.

Embree & Foreman are agents for Columbia grafonolas and New Scale Williams pianos.

There will be morning service only in Christ Church on Sunday, followed by celebration of Holy Communion.

WANTED—Live hens and ducks. Top cash price paid by Dong Barney at Pacific Restaurant, next drugstore.

The P. Burns Co. are utilizing the Moyie ice for this year's cold storage use. Two cars of it came in the fore part of the week.

Remember Creston stores inaugurate the Wednesday half-holiday next week—March 5th. All places of business close at 1 sharp.

FOR SALE—A Holstein and two Jersey heifers. Also a White Wyandotte and two Barred Rock roosters.—A. Anderson, Victoria Ave., Creston.

The high cost of living is coming down. One of the local blacksmith shops has notices up announcing a 20 per cent. cut in horseshoeing charges.

Aunt Susan's Visit will be the attraction at the Auditorium on Friday evening, March 21st, under Presbyterian ladies auspices. If you can't laugh don't come.

The local Methodists were favored with services on Sunday, Rev. J. F. [illegible] of Nelson, taking [illegible] again on March 9th.

Mrs. (Dr.) Munns of Thedford, Ont., who has been a visitor with her sisters Mrs. Rose and Mrs. Watcher, the past few weeks, left on Monday for Moose Jaw, where she will spend a short time, en route east.

The committees of the three churches are getting things in shape for the first of a series of united services about Sunday evening March 23th. One of the halls in town will be utilized for these services.

Creston Valley Agricultural Association annual meeting on Tuesday night attracted a large and enthusiastic attendance, and besides the usual annual meeting features much other business connected with the 1919 fair was handled. The old officers were all re-elected. The treasurer's statement showed a $400 balance on hand. Owing to a shortage of space a full report of the meeting is deferred until next week.

The delegates to the Associated Boards of Trade convention got back on Sunday. Guy Constable was favored with a place on the executive of the big association, which is to be thoroughly reorganized so as to give a service worthy of name.

The Red Cross treasurer acknowledges an intake of $33.60 for this week, as follows: Women's Institute, $2.45. Canyon City Auxiliary, $25. Two memberships, $4. Tea, which was in charge of Mrs. G. Cartwright Mrs. F. V. Staples, $2,15.

The Red Cross work secretary's budget is light this week, only a half dozen articles coming in, as follows: Mrs. Orr, child's petticoat and drawers. Mrs. Frailick and Mrs. Bennett, suit pyjamas each, and Mrs. Cook, a pair of socks and an amputation sock.

The attention of the public is specially called to a postoffice department notice asking that all persons posting mail to troops overseas put the sender's name and address on the mail in question. The men are being returned in large numbers this will greatly assist in the return of the mail to the senders.

The Valley was favored with an old time blizzard on Sunday morning, which raged for half a day putting church services and Sunday schools completely out of business. The wind was from the north east and certainly had a north pole flavor to it. The mercury got down to one above zero here, but at Cranbrook 23 below was recorded.

W. Ramsay, district provincial engineer, Nelson, and J. D. Moore, road foreman, Kaslo, were here the latter part of the week on official business. Mr. Ramsay made a sketch of the Cook crossing with a view to submitting plans to the Railway Commission and having the road opened as a regulation railway crossing, thus eliminating the two gates now in use.

Creston orchestra is now up to seven-piece standard, and has just come under the leadership of Mr. J. K. Chorlton—a conductor of wide experience who has already made a marked improvement in the orchestra's playing. The other members are Messrs. Cuming and Hull, violins; Miss Kane 'cello; Mrs. Foreman, piano; P. R. Truscott, cornet; W. B. Embree, trombone; and Gerald Craigie drums. They will make their first appearance under their new conductor at the recital on Friday next.

Creston Red Cross made a shipment of supplies to headquarters at Toronto on Friday, consisting of two bales. In No 1 was 18 suits pyjamas, 18 pairs socks, 2 day shirts, 17 amputation socks, 21 stretcher caps, 72 handkerchiefs, 1 scarf, and a quantity of old linen. The other contained 20 suits pyjamas, 28 pairs hand knit socks, 6 pairs wristlets, 11 stretcher caps, 9 trench caps, 6 T bandages, 2 many tailed bandages, 1 triangular bandage, 1 abdominal bandage, 192 handkerchiefs.

Chas. Moore returned on Saturday from a three-weeks trip that took him as far west as Victoria. Returning he was at Kamloops for the annual convention of the United Farmers of B.C. the outstanding feature of which was the launching of a project for the establishment of a powder plant on the C.P.R. main line between Kamloops and Revelstoke. The capital required is $25,000, to be subscribed by the farmers of the province for the erection of the plant, which will take about three months. The estimated cost of production of a box of stumping powder is about $3.47, and factory f.o.b. price is about $5, which includes all overhead charges.

Order Cards Due Today

Ladies and Gentlemen,—My order cards should reach you today, and I am pleased that I can give you very low prices indeed on Wheat, Corn, Oats and Barley. You will note that wheat is $3 per ton cheaper than last car, while corn is $10 per ton less, with barley $9 less, and oats $5 less. Rolled oats are a lot cheaper. Bran and shorts are very high, but I believe there is enough in stock at Creston without ordering, though if you order I will secure the same for you if possible. I would advise you to get in a large stock of these cheaper feeds as the price may advance and these prices are subject to market fluctuations. There is no change in the flour prices. Order cards must be in by Wednesday March 5th. I wish to thank the people for coming to the ranch for their stuff when they knew I was overstocked. These prices are for grain either whole or chopped. Your friend, T. M. EDMONDSON.

TIMBER SALE X 1599

Sealed tenders will be received by the District Forester, not later than noon on the 6th day of March, 1919, for the purchase of License X1599, to cut 1000 Tamarac Ties on an area situated near Sirdar, Kootenay District.

One year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Cranbrook, B.C.

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand
Hams and Bacon
Finest Quality
Cooked Ham
Lunch Meat
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are always to be had here. In meats nothing quite equals 'Shamrock' products.

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We wish to announce that we are building a Garage, and have the agency for the following cars:

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CHEVROLET BABY GRAND $1585
MAXWELL TOURING CAR $1300
Chevrolet One-Ton Truck with Express Body, $1865

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