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THE CRESTON REVIEW

VOL. XI — CRESTON, B. C., FRIDAY, FEBRUARY 14, 1919 — No. 1

Union Re-Elects Its Old Officers

The most harmonious and all-round satisfactory annual meeting of Creston Fruit Growers Union. Ltd., was the 1919 gathering in the Auditorium on Tuesday afternoon, which was in charge of President Compton, and an attendance of about 75 of the shareholders.

The president's address was verbal and very brief. 1918 had been by long odds the best year the Union had ever had, and even better things were in prospect for this year, to provide for which the directors were arranging for a warehouse at Erickson to adequately handle the ever-increasing volume of business there. Some improvements in the way of increased accomodation will also be provided at Creston. Mr, Compton thanked the growert for the increased support the Union had received and the utmost confidence that had been shown in the office staff as well as the directors.

Owing to Manager Staples having been called to Vancouver for a meeting of the B.C. Fruitgrowers Association special committee that is preparing to fight the increased express rates, the manager's report was read by J. W. Hamilton, and will appear in full in our next issue.

Mr. Hamilton had a carefully-prepared statement on the year's financial statement, which had been duly audited, saying, in part:

"The first item of interest in connection with your Balance Sheet is the disappearance this year of the Contingency Loss Account. This account was originally created to provide for sundry accounts in your ledger which were of a very doubtful character. Some of these have been on your books since 1913. At the end of 1915 it was thought advisable to create an account to provide for them. These old accounts have again this year been carefully revised and as there is apparently very little chance of your recovering anything further from them they have been written off. The necessity, therefore, of your Contingency Loss Account ceased to exist.

The mortgage loan of $1000 on your real estate becomes due in April, and as we have ample funds in hand there will be no difficulty in meeting it when due. The disappearance of this loan will relieve you of quite an expense in interest which you have been paying on a non-revenue producing asset. Reserve Fund of $1000 is a new account created this year. I will refer to it again more in detail as to the function of this account later on.

Accounts payable only stand at $419.02, and since making up your accounts they have been paid. Turning to the Assets side of your balance sheet the value of your real estate has been reduced by a sum of $140 from the figures it stood at in 1917 for depreciation. It is difficult to arrive at a just valuation of this property, but until you commence to utilize it for your business it is as well to include it in the policy which has now been inaugurated of allowing a portion of your yearly earnings to be used for depreciations.

We have also treated your warehouse in like manner and have written off a sum of $200 to cover depreciation. At the present time you could not erect a similar building for the amount the present one cost you, but it as well to take time by the forelock so that when costs of building material and labor drop to normal again your building will not show an inflated value in your balance sheet.

Accounts receivable is $4243.08. This is very much larger than we should have liked to have seen outstanding at the end of the year, but owing influenza epidemic quite a large number of firms found their business very much disorganized and payments were somewhat delayed. We have only outstanding at the present time some $055, which we hope to receive shortly.

Turning now to your Profit & Loss Account the first item of expenditure is Salaries account of $3921.05. This shows an increase of $1552.53 over the amount paid in 1917. To, however, handle your very large increase of business it was neccessary to have almost continuous extra help in the warehouse at Creston, besides extra casual help when carload lots began to move. We also had to cope quite a large volume of business at Erickson, which necessitated an outlay in salaries largely in excess of previous years. It is interesting, however, to note that for salaries and commissions paid in 1913 $3634. In 1914 $3702. In 1915 $2993, in which years your business made quite substantial losses, and it was not till 1916 that salaries paid were in any way in proportion to your revenue. The next item is General Expenses Account. This also shows an increase by $614, but taking into account your increased business it does not show any great advance; in fact we still have a long way to go till we reach the high water mark of 1915 when our expenses reached the sum of $2389, being about $1000 over present total.

On the credit side you have commissions earned of $12,092.63, and after deducting your expenses, and allowing for bad doubtful debts and depreciation you carry to your No. 2 account the respectable surplus of $5768.26.

Before referring to your Profit & Loss Account No. 2 in detail it will, I am sure, be of interest to trace how the first item of $4349.24 on the debtit side of that account is arrived at. Omitting the cents, and including in expenditure total amount written off for bad and doubtful debts, etc., each year. In 1913 your total expenditure was $5326, and revenue $4303, and the loss of capital shown in your balance (which included items from 1912) was $1039. In 1914 your expenditure was $6874, against a revenue of $4098, a further loss of $2776, which added to previous year's loss of $1039 brought your capital loss to $3815. In 1915 your expenditure amounted to $8801, against revenue of $6913, a further loss of $1888. increasing your loss to $5703. In 1916 your expenditure totalled $3979 against a revenue of $4368, a surplus of revenue over expenditure of $386, and your capital loss of $5703 was decreased by this surplus to $5316. In 1917 your expenditure was $4015, against a revenue earned of $4983, showing a further surplus of $966, thus reducing your capital loss of $5316 to $4349 shown as balance from 1917 in your present profit and loss account No. 2. The surplus of revenue over expenditure for 1918 is $5768.26. This sum, therefore, entirely wipes out your capital loss and leaves you with a surplus of $1419.02.

It has been fully remarked that now that the Union has done as well they will pay a dividend, and by so doing establish confidence. Gentlemen, there are only two parties that require to have confidence in the Union. The first is, undoubtedly, yourselves; for unless we have produce for sale our Union is a failure. What confidence do you require and must have? That the Union can sell your produce, obtain a fair market price for it, and finally be able to pay you for it within a reasonable time, and unless we can do this a small dividend would, I am sure, be of little use in establishing confidence.

The second parties are the ones from whom you purchase your supplies These people are not concerned much about what you pay out in dividends but what you have left in your business. It is essential that you first make your Company financially strong, and then dividends will follow in good time.

You have realizable assets made up of bills receivable, merchandise, cash and accounts receivable amounting to $8218.79, and if you deduct from this sum the amount of the mortage loan and accounts payable (the only amount owing by you) you have a sum of $6758. Your fixed assests of real estate, warehouse and office furniture amounts to $3391.02, giving you a total of $10,150.02 face assets. Your liability on share capital is $8730., thus giving you a surplus of $1419.02 over all liabilities. This makes the present value of your $5 share about $5.82½ When all accounts receivable are paid you will have quite a large sum in actual cash which will enable you to undertake some much-needed improvements.

All the old officers were re-elected by acclamation, as follows:

President—Jas. Compton.
Vice-President—John Blinco.
Secretary—J. W. Hamilton.
Directors—W. Mather, R. B. Staples, F. Putnam, E. Cartwright, Jas. Adlard.

Before adjourning W. V. Jackson briefly outlined the terms on which it was proposed that the Farmers' Institute trading department might be merged in with the Union business. The opinion of those present was in favor of the amalgamation.

President Compton also reported on a meeting the night previous that the growers had had with Mr. Skinner of the Okanagan, at which central pack was discussed. Mr. Skinner is the man who introduced the system into the Okanagan, but owing to the limited output as well as the distance some of the fruit would have to be hauled, he advised caution in tackling central pack for another two years.

Duck Creek Has Lively Days Ahead

Duck Creek bids fair to become world-famous over night.

Commercial war has been declared between the two forces known locally as the Allied and the Central Power.

The Allied constitute the old, solid members of the local co-operation headed by O. J. Wigen. The Central Power constitutes the well-known trinity headed by the only residential German in the burg.

You can locate these two almighty armies on the map of West Kootenay by moving your finger along the line of the Crow's Nest Pass Railway as it winds its way along the east slope of the famous Kootenay Valley till it gets to an equally famous strawberry centre marked Wynndel.

The Allied forces are understood to have signed an ironclad ailiance to fight the Central Power to a finish if a truce or peace pact is not signed The Allied forces are now entrenched on both sides of this branch of the C.P.R., within the corporate limits of this strawberry burg.

And the Central Power opposing them are by no means a foe to be despised, as besides their well-known propaganda campaign, have strategetical locations occupying elevated positions and enabling it to look down upon its adversary.

You can locate the forces of the Central Power more precisely by starting at a point on the map about one block S.E. of Mr. Ashley Cooper and drawing a line in a north-west to north direction till you strike the intersection of Duck Creek, which constitutes the northern boundary possessed by our only German fruitgrower.

It is considered that in this conflict no submarines are to be utilized—the water is considered too shallow—but commercial cruisers are permissible. The guns are to consist of pens: the bullets, strawberries; and the explosives, brain power.

It will be a fair and clean contest and neutral growers are respectfully requested to take their respective positions. THE ALLIED.

Erickson

Erickson has still another appendicitus patient at the Cranbrook hospital. The latest is Aubrey Kemp, who was taken there on Monday, and underwent the operation successfully on Tuesday morning. Mrs. Kemp accompanied him.

Latest word from Cranbrook is that Maud Botterill is coming along fine after a similar operation, and Mrs. Botterill will probably be home at the end of the week.

W G. Littlejohn loaded out a car of apples and potatoes the latter part of the week. This with the Union cars leaves very few apples in the Valley for export. Some of the fruit in this car brought as high as $2.50 a box.

Mrs. H. B. Downs returned on Tuesday from quite an extended holiday at coast points.

Mr. and Mrs. R. B. Staples left on Tuesday on a trip to the coast, which will include stops at Seattle, Victoria and Vancouver. Roy is attending a session of the executive of the B. C. Fruit Growers Association in the latter city.

Mr. and Mrs. J. M. Craigie were hostesses at whist on Friday night to a company of friends that filled seven tables, with the evening's honors at cards going to Mrs. Cotterill and James Maxwell in the high scoring department, and Miss Kate Boffey and A. E. Penson taking home the consolation prizes. Refreshments were served after cards, followed by other amusements, with the best of good times prevailing throughout the evening.

A number of the boys from here who have been working at the mill at Canyon City returned on Tuesday night. The mill has closed down owing to a shortage of logs.

Wynndel

Miss Elliott of Medicine Hat arrived last week to spend a few days with Mr. and Mrs. Reece, who are in the Grady house for the winter.

Paul Ofner is busy these days getting out a 20-cord supply of wood for the school, for which he was recently awarded the contract.

Paul Hagen is around again these days after an illness that kept him in bed for a couple of weeks.

Surprise parties are the order of the day at present. On Saturday night Principal Dewar was thus favored, and a most enjoyable time was had. Who will be next?

Monrad Wigen left this week for Spokane on a business visit.

H. Rosendale has been busy on the Co-Operative annual statement the past week, with the annual meeting called for some night this week.

O. Ringheim of Boswell is the latest investor in Wynndel lands. He has purchased 40 acres from C. Biafore, situated near Washout Creek, R. Lamont of Creston putting the deal through. There is a house on the place but it is mostly wild land.

Another young son arrived at the home of Mr. and Mrs. Sam Moon on Friday last.

Rev. T. McCord is attracting good congregations to the Presbyterian service he holds fortnightly in the schoolhouse. His next visit is on Sunday.

Mr. and Mrs. Rosendale entertained a party of five tables at Five Hundred one evening last week, when a very sociable time was spent. Five Hundred is becoming quite popular, and is likely to replace whist.

Cranbrook farmers' institute is bringing in eight purebred bulls this spring which have been purchased by members.

CALF ASTRAY

Came on to my ranch the fore part of January, black and white heifer calf (brown tint down back), six months old. Owner can have same on proving property and paying costs VICTOR CARR, Creston, B. C.

HEIFER ASTRAY

Strayed from Kitchener last fall, red heifer, 2 years old in April. White mark on face and some white on body. Branded OH on left hip. Reward to party giving information leading to [illegible] B.C.

COLT LOST

Strayed from the Yale pasture late last summer, colt coming 2 years old, white face, hind feet white. Reward. Notify G. CARTWRIGHT, Erickson.

Board of Trade 1919 Committees

In the absence of President Constable the February meeting of Creston Board of Trade was presided over by Vice-President Bevan, and enjoyed an attendance of fifteen members.

The business was very largely routine. A wire was read from Mr. Constable, who has been at Victoria, interviewing the government on different matters affecting the Valley, briefly relating his success on some of the more important matters discussed. As he will be home this week there was no discussion on his report, as he will be making a full statement to the Board possibly at a special meeting to be held in a few days.

A letter was read from J. D. Moore the Kaslo constituency road foreman, stating that some improvements had been made on the road to the flats by the Burton and Simister ranches, and that further work would be done this year if funds were available.

The board will make a grant of $12 to further the work of the Canadian Trail Association provided that organization has credentials as to its usefulness that will warrant such a grant being paid, and the secretary will do the investigating.

For the committee to strike the board's 1919 standing committees Dr. Henderson reported as follows:

Finance—R. B. Staples, R. S. Bevan and Geo. Johnson.

Publicity—C. F. Hayes, C. G. Bennett, Dr. Hendersou.

Transportation—C. O. Rodgers, A. R. Swanson, R. B. Staples.

Roads and Bridges—F. V. Staples W. H. Crawford, C. O. Rodgers.

Legislative—Dr. Henderson, W. V. Jackson, S. A. Speers.

Agriculture—Jas. Compton, F. H. Jackson, John Blinco.

Irrigation—R. Stark, W. B. Embree, C. G. Bennett.

Reclamation—G. Constable, J. W. Hamilton, W. B. Embree, C. F. Hayes, C. Moore.

Fall Fair—E. C. Gibbs, H. K. Oatway, W. V. Jackson, R. R. Piper, G. Mawson, Jas. Adlaed.

The report was accepted without any discussion.

A letter was to hand from Capt. Brown of Nelson, who is in charge of the C.P.R. steamers in the interior, stating that in view of the board's request he had instructed the boat captains to make the stop at Boswell on the west trip whenever there was express or freight for that point. In the past the call at Boswell has only been made westbound when there were passengers to get off; express and freight being carried through and unloaded on the return trip next morning.

Sirdar

Mr. and Mrs. R. Dennes, who have been visiting Spokane friends for a week, returned on Friday.

Mesdames Aspey, Ross and Dennes were among the callers at Creston this week.

Sirdar fell down badly on the Red Cross drive, nothing at all having been collected as yet, although some of the ladies have renewed their memberships.

Over at Lewis island the cattle are reported to be wintering in fine shape in the open. Ike has the baler busy at present putting up a quantity of hay for export.

Mrs. Ike Lewis and Mrs. Mert McCullough were week-end visitors at Creston, where the latter will possibly remain until the return of her husband early next month.

R. H. Ross is making a slow but sure recovery, and is about feeling as well as ever now

Frank Topham was a welcome visitor here from Cranbrook on Monday, looking about as good as ever after a severe tussle with pneumonia when the flu was at its height.

Mrs. G. Cam and children, including the youngest son, which was born at Creston January 29th, returned to their home here on Monday.

ROYAL YEAST

The reason for changing the shape of Royal Yeast Cakes is that it is easier to wrap square cakes by machinery than round cakes. Each package will contain five cakes instead of six but the quality and quantity of yeast will be the same as formerly.

E. W GILLETT COMPANY LIMITED
TORONTO, CANADA
WINNIPEG MONTREAL

Would Take the Chance

Pat, whose regiment was in action, became quite overcome by fright and started on a run for the rear. An officer called on him to stop, shouting: "Stop, or I'll fire at you!" Pat increased his speed. "Foire away!" he yelled. "Phwat's wan bullet to a bushel of 'em?"

LIFT YOUR CORNS OFF WITH FINGERS

How to loosen a tender corn or callus so it lifts out without pain

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this Cincinnati authority.

He says that a few drops of a drug called freezone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug dries at once and simply shrivels up the corn or callus without even irritating the surrounding tissue.

A small bottle of freezone obtained at any drug store will cost very little but will positively remove every hard or soft corn or callus from one's feet.

If your druggist hasn't stocked this new drug yet, tell him to get a small bottle of freezone for you from his wholesale drug house.

Brave Children

Cowardly Boche Cannot Frighten Them

The English, French and Belgian children have proved themselves worthy of their gallant fathers. Undismayed and unafraid, in spite of the bombs and airplane raids and all the other horrors that Germany has visited upon their countries, they have gone to school, helped in every way they could and acted quite as if nothing were happening.

The visit of submarines to American waters has shown the equally brave and fine spirit of the Canadian and United States youngsters. One little girl, Anita Cheney, obeyed orders like a soldier when the boats were lowered, and in the humble days that followed, adrift in the sea without sufficient food or water, she made no complaint and kept up the spirits of the whole party.

The Boche cannot even frighten the children with their cowardly methods. All the allied nations' children, women and men stand together to win this war.

Nervous People who drink tea or coffee find substantial relief when they change to POSTUM

This pure, wholesome table drink does not contain "caffeine" or any other harmful, nerve disturbing ingredient.

"There's a Reason"

Wasted Food and Leather

United States Fisheries Bureau Is Indignant

One hundred and fifty "blackfish" (or about that number) ran ashore and were stranded on the beach of Nantucket Island recently.

This becomes more interesting when it is understood that blackfish are not fishes at all, but small whales from fifteen to forty feet long and weighing from one to three tons apiece.

They were driven up on the beach by fishermen and allowed to die there—just for sport. No use was made of them. The huge carcasses simply rotted and poisoned the air.

The meat of these whales was worth in the market twenty-five cents a pound. Their hides, for leather, were worth eight cents a pound. The oil derivable from their jaws (the finest known for certain lubricating purposes) was worth $8 a gallon.

This is "conservation" Massachusetts style. Naturally the United States fisheries bureau is indignant. So likewise the food administration. But what can they do about it?

In 1879 1,500 blackfish ran ashore at Provincetown, near the tip of Cape Cod. They all went to waste. Nobody had the gumption to turn them to any useful account.

The blackfish is a silly mammal. If one of a herd happens to run ashore, the others will follow it. Two or three men in a boat, getting outside of a bunch of them and banging on tin pails and shouting, can so frighten them that they will all rush for the beach and become hopelessly stranded.

Every careful and observing mother knows when her child suffers from worms. She also knows that if some remedy be not speedily applied much harm will result to the infant. The best application that can be got is Miller's Worm Powders. They drive worms from the system and set up stimulating and soothing effects, so that the child's progress thereafter is painless and satisfying.

India Has Given Over 1,000,000 Men

Soldiers are Fighting on All Fronts—War Loans and Other Supplies Also Large

Gen. Allenby's great victories in Palestine and Syria in which India has played a preminent part, made the time opportune to place on record the answer of India to the call to arms issued by the British empire.

Indian troops have borne their share of the war in France, Mesopotamia, Egypt, the Dardanelles, at Saloniki, East Africa and in Central Asia. Up to July 31, 1918, India had contributed no fewer than 1,115,189 men to the British army.

The first Indian war loan reached the sum of £40,000,000 sterling, and the second loan has reached even a greater amount.

India has sent to the various theatres of war more than 1,500 miles of railroad track, 50 engines and 4,500 cars.

Mothers Value This Oil.—Mothers who know how suddenly croup may seize their children and how necessary prompt action is in applying relief, always keep at hand a supply of Dr. Thomas' Eclectric Oil, because experience has taught them that there is not better preparation to be had for the treatment of this ailment. And they are wise, for its various uses render it a valuable medicine.

Canadians Assist U. S.

Mr. T. B. Kidner, formerly with the department of soldiers' civil re-establishment, and who was largely instrumental in originating the work of vocational training for disabled soldiers in Canada, has been loaned by the Canadian government to the United States federal board for vocational training to assist and advise on the inaugural of similar work in this country. Dr. J. C. Miller, formerly district vocational officer for the same department in Alberta, also has been appointed in the United States as supervisor of the establishment and operation of district vocational offices, the appointment being effective August 1, 1918.

Ragged Robin and Dingy Douglas were talking over the day's doings as they ate bread and cheese under a haystack.

"I begged a woman for a glass o' sour cold tater, a cup of coffee, a pair o' duds and a place to sleep, an' she slammed the door in me face," groaned Ragged Robin.

"Yer silly chump!" cried Dingy Douglas. "That's what yer get for puttin' all yer bags in one ask it!"

The Cafeteria System for Hogs

Takes Away Much of the Drudgery and Is Better for the Porkers

Much of the drudgery is taken out of hog feeding by the use of the self-feeder. According to investigations carried on at the Experimental Farm at Ottawa, hogs, after they have reached a certain age, do better when fed in this way provided the proper mixtures are used. Strange to say, when properly handled, dangerous and wasteful overfeeding is not so likely to occur with the self-feeder as when meals are given at stated hours. It has been shown that the hogs are the best judges of when they should take food. The feeder is fully described in Special Circular No. 15 obtainable at the office of the Publications Branch of the Department of Agriculture at Ottawa. This bin-like receptacle is easily made at a cost of about $10 even when new lumber is used in its construction.

THE AFTER EFFECTS OF DREADED LA GRIPPE

Worse Than the Disease Itself—Victims Left Weak, Nervous and Worn Out

La Grippe, or Spanish influenza as the epidemic now sweeping over all America is called, is one of the most dangerous diseases known to mankind. Anyone who has felt its pangs is not likely to forget the trouble. La Grippe, or influenza, starts with a slight cold and ends with a complication of troubles. It lays the victim on his back, it tortures him with fevers and chills, headaches and backaches. It leaves him a prey to pneumonia, bronchitis, consumption and other deadly diseases. Its after effects are often more serious than the disease itself. It is quite possible to avoid la grippe by keeping the blood rich and red by the use of Dr. Williams' Pink Pills—a tonic medicine which enriches the blood and strengthens the nerves. If, however, the disease attacks you, the patient should at once go to bed, and call a doctor before complications set in. That is the only safe thing to do. But to recover your strength after the severity of the attack has passed, you will find Dr. Williams' Pink Pills an unsurpassed tonic. Through the use of this medicine all the evil after effects of this trouble will be banished. This has been proved in thousands of cases throughout Canada, where in previous seasons la grippe has attacked them. Among the many thus restored to full health is Miss Irene Bootes, Portsmouth, Ont., who says:—"I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in my own case. Last winter I had a severe attack of la grippe and it left me weak and all run down. I had severe pains in the chest and under the arms, palpitation of the heart and attacks of neuralgia which left me with the feeling that life was scarcely worth living. I was advised to try Dr. Williams' Pink Pills and began their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradually my strength returned, my appetite improved, and in a little more than a month I felt all my old time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink Pills, and I shall always have a good word to say for them."

Dr. Williams' Pink Pills not only cure the disastrous after effects of la grippe, but are also a specific for all troubles due to poor blood, such as anaemia, rheumatism, indigestion, women's ailments, and the generally worn out feeling that affects so many people. You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Five Million Died of Starvation

It is estimated that nearly five million people have died of starvation or malnutrition during the war. This total is more than half the population of Canada.

Minard's Liniment Cures Garget in Cows.

Kept Busy

Brown—All things come to him who waits!

Jones—Yes, a chap has to hustle constantly to escape the things that he doesn't want.

YOU say you have no time to talk insurance. What will your widow say?

Write for pamphlet to-day.

THE EXCELSIOR LIFE INSURANCE CO.

WINNIPEG SASKATOON EDMONTON VANCOUVER

(Agents Wanted in Unrepresented Districts)

Ingram's Milkweed Cream

Two Sizes—50c and $1

For 32 years Canadian women have found Ingram's Milkweed Cream the most efficient toilet preparation on the market for keeping the complexion clear and colorful, preventing windburn and pimples, keeping the hands soft and white even when in dishwater daily, and warding off hang nails from the fingers. It has therapeutic qualities no other emollient possesses.

Always have a box of Ingram's Velveola Souveraine Face Powder (50c.) in the house. A mere touch and oiliness and perspiration disappear. It covers up blemishes and gives you a clear, flawless complexion. It stays on. At your druggist's there is a complete line of Ingram's toilet products including Zodenta for the teeth (25c).

A Picture with Each Purchase

Each time you buy a package of Ingram's Toilet aids or Perfume your druggist will give you, without charge, a large portrait of a world-famed motion picture actress. Each time you get a different portrait so you make a collection for your home. Ask your druggist.

F. F. Ingram Co., Windsor, Ont. (118)

They Know the Way

West Indian turtle catchers declare that newly hatched turtles possess an uncanny instinct of the direction in which the nearest water lies. Even when the eggs have been taken inland and hatched several miles from the sea, the little turtles will point in a direct line toward the salt water, and at once begin to make their way toward it.

No child should be allowed to suffer an hour from worms when prompt relief can be got in a simple but strong remedy — Mother Graves' Worm Exterminator.

Greater Wheat Acreage Needed

The Canadian wheat crop for 1918 has proved disappointing, despite the increased efforts to put a larger acreage into crop. This effort must be renewed for 1919. Victory is in the air. Canada must not relax in her task of furnishing supplies. It is important that the greatest possible wheat acreage be plowed this fall. The United States crop this year was fortunately a big success. Next year it will be Canada's turn. The allies depend upon us.

To Men Who Live Inactive Lives.—Exercise in the open air is the best tonic for the stomach and system generally; but there are those who are compelled to follow sedentary occupations and the inactivity tends to restrict the healthy action of the digestive organs and sickness follows. Parmelee's Vegetable Pills regulate the stomach and liver and restore healthy action. It is wise to have a packet of the pills always on hand.

The Wool of the Llama

The wool of this curious animal is largely in use in Bolivia, where the traveller may see Indian women sitting before their huts and spinning the wool, while they watch their flocks. These women use hand looms, on which they make blankets and shawls.

TAKE NOTICE

We publish simple, straight testimonials, not press agents' interviews, from well-known people.

From all over America they testify to the merits of MINARD'S LINIMENT, the best of Household Remedies.

MINARD'S LINIMENT CO., LTD.

Many New Companies Registered

During the two weeks ending October 11, twenty-two new companies, with an aggregate capital of approximately three and a half million dollars, were registered by the provincial secretary of Alberta. Among the companies incorporated were three large farming concerns whose authorized capitals amounted to $1,500,000, $1,000,000 and $300,000, respectively. The registry offices of the first two are at Calgary, and of the last named at New Dayton, Alberta.

Easy to Remember

Dr. Reid, a celebrated medical writer, was requested by a literary lady to call at her house, and he said he would be charmed to do so.

"You won't forget the address," she said. "No. 1 Chesterfield street."

"Madam," said the doctor, "I am too great an admirer of politeness not to remember Chesterfield, and, I fear, too selfish to forget No. 1."—British Weekly.

A Senseless Discussion

"Every man has a right to his own opinion," said the argumentative man. "That's what I say," exclaimed Senator Sorghum, in a tone of slight irritation. "What is the sense of your putting up a discussion in an effort to take my opinion away from me and substitute yours?"—Washington Star.

Minard's Liniment Cures Distemper.

His Master's Voice

Captain (sharply)—Button up that coat!

Married Recruit (absently) — Yes, my dear.—Border Cities Star.

MONEY ORDERS

The safe way to send money by mail is by Dominion Express Money Order.

Keep your shoes neat

2 IN 1 SHOE POLISHES

LIQUIDS and PASTES

for BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES

PRESERVE the LEATHER

THE F. F. DALLEY CORPORATIONS Ltd., HAMILTON, CANADA.

How to Purify the Blood

"Fifteen to thirty drops of Extract of Roots, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case." Get the genuine at druggists.

NURSING

Earn from $10 to $25 a week. Learn without leaving home. Booklet sent free. ROYAL COLLEGE OF SCIENCE, 709 B 6 Spadina Ave., Toronto, Can.

Wood's Phosphodine: The Great English Remedy. Tones and Invigorates the whole nervous system, makes new Blood in old Veins. Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

TYPHOID is no more necessary than Smallpox. Army experience has demonstrated the almost miraculous efficacy, and harmlessness, of Antityphoid Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than house insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from use, and danger from Typhoid Carriers. THE CUTTER LABORATORY, BERKELEY, CAL. PRODUCING VACCINES & SERUMS UNDER U. S. GOV. LICENSE

THERAPION THERAPION

THE CRESTON REVIEW

Issued every Friday at Creston, B.C. Subscription: $2 a year in advance; $2.50 to U.S. points.

C. F. HAYES, Editor and Owner

CRESTON, B.C., FRIDAY, FEB. 14

Vol. XI., No. 1

With this issue THE REVIEW gets off to a fairly good start on the eleventh year of a not altogether uneventful career. Under ordinary circumstances the anniversary would have attracted little more than passing nntice. This natal day, however, possibly we should feel just a little more satisfaction than usual at still being able to do business at the old stand.

In addition to wartime conditions which have taken a heavy toll of weekly newspapers in R.C., under date of August 28, 1918, we have a letter from the local school principal in which he informs, among sundry other uncomplimentary things, that he was making new friends every day, and that it would only be a matter of time till we would be put out of business.

Knowing, as THE REVIEW always has, that the principal in his way is about "the mildest-mannered knave that ever scuttled ship or cut a throat—if one may borrow the well-known phrase—we lost no sleep over the threat, and now the year has closed it is gratifying to note that in the past twelve months our commercial printing and advertising trade was the best ever, and that comparing our circulation at present with a year ago a quite encouragiug increase is shown—despite such persuasion and pressure as the principal brought to bear npon his midsummer friends.

Whether the principal's boycott still prevails we are unable to discern, but if he is taking even but a little satisfaction out of his efforts to "get" THE REVIEW we trust he will not weary of the well-doing; we can stand a little extra prosperity over and above the 1918 standard. And, we trust, if from time to time we find some cause to reciprocate this displeasure that our attentions will be received in che same cordial spirit.

But if we may be permitted to admonish the principal our suggestion would be that, for a time at least he devote the energy he is wasting on THE REVIEW to improving his faculties so that in due course children may receive something better than what Inspector DeLong terms "average teaching" for the $125 a month now given the school head. And by strict attention to school matters only possibly in the fulness of time the principal may be spared further disgraceful and humiliating incidents such as he figured in a few days ago in his unsuccessful effort to administer corporal punishment to a nine year old scholar.

With all its faults THE REVIEW looks forward with confidence to the year just opening. Never before in its history has the Valley needed a live newspaper quite so urgently as it does at present. As a newspaper and citizen we believe Creston Valley might go further and fare worse than THE REVIEW and its present editor.

LETTERS TO THE EDITOR

Favors Monument

EDITOR REVIEW:

SIR,—At this time. when some consideration is being given as to the form which the proposed memorial to our Creston soldiers should take, I diffidently suggest that something in the way of an oberious monument would be more appropriate than a dedicated building. The idea of a building does not seem sufficiently disinterested. A marble monument, on which the honored names would be inscribed, with a drinking trough for horses at its base, might combine beauty with merciful utility.

CAMPBELL BLAIR.

NEWS OF KOOTENAYS

In six months last year $1435 was collected in amusements taxes at Nelson.

The monthly pay at Trail smelter now runs between $140,000 and $150,000.

Police court fines at Nelson fell off a matter of $4000 comparing 1918 with the preceding year.

Kaslo has organized a branch of the Navy League, which starts with a membership of twelve.

Cranbrook Methodists cleaned up $300 at their anniversary doings the last Sunday and Monday in January.

H. F. McKinnon is serving his fifth term as mayor of Revelstcke. The town is almost twenty-one years of age.

Partly due to daylight saving income from the electric light plant at Nelson last year was $6000 less than in 1917.

Cranbrook farmers' institute is bringing in eight purebred bulls this spring which have been purchased by members.

There being no ice skating at Kaslo the youngsters of the town have taken to roller skating on the cement sidewalks.

Postmaster Lefroy of Vernon, who has been overseas for three years. got back last month, and has resumed his old position.

White tail deer are getting scarce in East Kootenay and it may be necessary to establish a close season for a couple of years.

C. R. Macdonald has been secretary of Reyelstoke fire brigade for 20 years. The fire fighters have only been organized 21 years.

The ice crop at Greenwood is fairly satisfactory. The Pacific Hotel has just put up 80 ton of it, which was at least 24 inches thick.

The $2000 commission earned on the sale of Victory Bonds at Nelson will be turned over to the furnishing fund of the new hospital.

There is practically no demand at present for lead and copper, and these metals are stacking up in great piles at the Trail smelter.

Revelstoke has been selected as a demobilization centre for the returned troops destined for the Yale, Cariboo and Kootenay districts.

At Grand Forks the mild weather has a tendency to bud the the trees. At Nelson snowdrops were in bloom the last week in January.

Kaslo is worrying for fear there will be no ice harvested this year. The natives insist on haying their two per cent. ice cooled before indulging.

Lieut. O. R. Matthews, the re-turned-soldier postmaster at Greenwood, has resigned to take a position with a mining company at Princeton.

At Cranbrook the farmers' institute is busy trying to have the creamery operating this year. Owing to insufficient cream it was out of business in 1918.

Trail is still averaging about two dozen flu cases per week, the more notable victims being the school teachers, three of whom were off duty last week.

At Greenwood the town clerk has been on the job for 21 years and at the last council meeting he was given a $50 present and the promise of a raise in pay.

Nelson Presbyterian Church picked up 47 new members last year. the communion roll showing 272 names. For the year the Ladies, Aid Society gathered in over $1000.

Owing to the fact that A. McQueen holds the position of provincial assessor and collector at Kaslo, he has been notified that he cannot accept the office of alderman in that city.

Mrs D. D. Bruce of Kaslo has shown the Kootenaian editor two pansies and one rose which she makes affidavit blossomed and bloomed during the month of January this year.

Trail's hard drinkers were regaling themselves with some 5 per cent. beer last week, the product of the Nelson brewery, the makers thereof having since had to face a police court charge.

$4.00 grows to $5.00

And each dollar grows in value.

Have You Bought Your THRIFT Stamp TODAY?

As a means to secure War-Savings Stamps buy THRIFT Stamps REGULARLY. Thrift Stamps cost 25 cents each and 16 on a Thrift Card represent $4.00 in buying a W-S.S.

The Dominion of Canada will pay you $5.00 in 1924 for each War-Savings Stamp you buy this month for $4.00.

Thrift Stamps are sold by patriotic dealers everywhere.

War-Savings Stamps are sold wherever you see this sign

Get Your Feed Order Cards

Ladies and Gentlemen—In about another week's time I intend to issue the order cards, and in the meantime I am getting the very best prices obtainable for flour and feed. I have now come to a point of decision as to where I can get the very best mill product. I have tried out three mills, and have now found which is the best—by test. When a mill man puts out the very best stuff you are able to judge the character of the man and thus when you write to him you naturally feel you are writing to a man of noble character and genuine principle which after all is in itself the keynote of a successful business life. Those are the men with whom I like to deal, and to whom I feel I can safely introduce their mill product to my many conscientious and painstaking customers who represent the best there is in the Creston Valley. I hope you will be prepared to give orders large enough so that I will be able to dispose of the full car or nearly so. My first importation of pure refined sulphur is here and nearly all sold, and if you want more you will do well to order quickly as time is moving rapidly. Your friend. T. M. EDMONDSON.

TIMBER SALE X 1596

Sealed tenders will be received by the District Forester, Cranbrook, not later than noon on the 21st day of February, 1919, for the purchase of License X 1596, to cut 200,000 feet b.m. Fir, Tamarac and Yellow Pine on an area adjoining L. 893, Nr. Wyndel, Kootenay District.

One year will be allowed for the removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Cranbrook, B.C.

Watches have Advanced 25 Per Cent. in the last Year

Therefore it is advisable to have your old one repaired for the following reasons:

1. Many of the older watches are made of much better material than the same watch if bought to-day.

2. The repairs as estimated would make your watch the same as new, and would be guaranteed for a year.

3. An examination aud estimate will cost you nothing.

J. V. ORR

Is there any Meat in the House?

This is the first question that presents itself to the housewife if an unexpected visitor drops in for a meal. But why worry?

Shamrock Brand Hams and Bacon
Finest Quality Cooked Ham
Lunch Meat Bologna, &c.

are always to be had here. In meats nothing quite equals 'Shamrock' products.

P. BURNS & CO., Ltd.

ROBT. LAMONT

NOTARY PUBLIC
INSURANCE — REAL ESTATE
DEALER IN COAL

CRESTON - - B.C.

SYNOPSIS OF LAND ACT AMENDMENT

Pre-emption now confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land.

Partnership pre-emptions abolished, but parties of not more than four may arrange for adjacent pre-emptions, with joint residence, but each making necessary improvements on respective claims.

Pre-emptors must occupy claims for five years and make improvements to value of $10 per acre, including clearing and cultivation of at least 5 acres, before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health or other cause, be granted intermediate certificate of improvement and transfer his claim.

Records without permanent residence may be issued provided applicant makes improvements to extent of $300 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained on these claims in less than 5 years, with improvements of $10 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years.

Pre-emptor holding Crown Grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, provided statutory improvements made and residence maintained on Crown granted land.

Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions.

For grazing and industrial purposes, areas exceeding 640 acres may be leased by one person or company.

PRE-EMPTORS' FREE GRANTS ACT.

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made retroactive.

TOWNSITE PROPERTY ALLOTMENT ACT.

Provision is made for the grant to persons holding uncompleted Agreements to Purchase from the Crown of such proportion of the land, if divisible, as the payments already made will cover in proportion to the sale price of the whole parcel. Two or more persons holding such Agreements may group their interests and apply for a proportionate allotment jointly. If it is not considered advisable to divide the land covered by an application for a proportionate allotment, an allotment of land of equal value selected from available Crown lands in the locality may be made. These allotments are conditional upon payment of all taxes due the Crown or to any municipality. The rights of persons to whom the purchaser from the Crown has agreed to sell are also protected. The decision of the Minister of Lands in respect to the adjustment of a proportionate allotment is final. The time for making application for these allotments is limited to the 1st day of May, 1919. Any application made after this date will not be considered. These allotments apply to town lots and lands of the Crown sold at public auction.

For information apply to any Provincial Government Agent or to

G. R. NADEN,
Deputy Minister of Lands,
Victoria, B. C.

Everything in Lumber

Canyon City Lumber Company
LIMITED

Banking Service

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

THE CANADIAN BANK OF COMMERCE

C. G. BENNETT — Manager Creston Branch

Dandruff Kills the Hair

Cuticura Kills Dandruff

Try one treatment with Cuticura and see how quickly it clears the scalp of dandruff and itching. On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Rinse with tepid water. Repeat in two weeks. Nothing better or surer.

Sample Each Free by Mail. Address postcard: "Cuticura, Dept. N, Boston, U. S. A." Sold by dealers throughout the world.

BLACK KNIGHT STOVE POLISH

Will not Burn — Easy to Use

KEEP YOUR STOVE BRIGHT

A Record to Beat

A keg of butter has been found in an Irish bog in good condition, although it is thought to be two hundred years old. This will put our cold storage kings on their mettle.—Quebec Telegraph.

Sold Flags to Belgians

Hun Did Surreptitious Business With Public of Zeebrugge Before Leaving

When the Germans withdrew hastily from the north seashore of Belgium they left behind a series of fortifications all the way from Zeebrugge to Nieuport.

The entire shore is one continuous line of redoubts, reinforced concrete dugouts, trenches and barbed wire entanglements, with gun pits about every 50 yards. The Germans carried off most of the guns, but they retired so hastily they had to leave a large number behind. An old woman resident of the town told the correspondent, who wondered at the profusion of Belgian flags, that a German trader had visited Ostend some days before the evacuation and surreptitiously sold thousands of Belgian flags. "Is this not truly German?" she asked.

Many other residents had hidden their Belgian flags from the invaders.

CHILDHOOD AILMENTS

The ailments of childhood—constipation, indigestion, colic, colds, etc.—can be quickly banished through the use of Baby's Own Tablets. They are a mild but thorough laxative which instantly regulate the bowels and sweeten the stomach. They are guaranteed to contain no harmful drugs and can be given to the youngest baby with perfect safety. Concerning them Mrs. Alcide Lepage, Ste. Beatrix, Que., writes:—"Baby's Own Tablets were of great help to my baby. They regulated her bowels and stomach and made her plump and well." The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Her Master's Voice

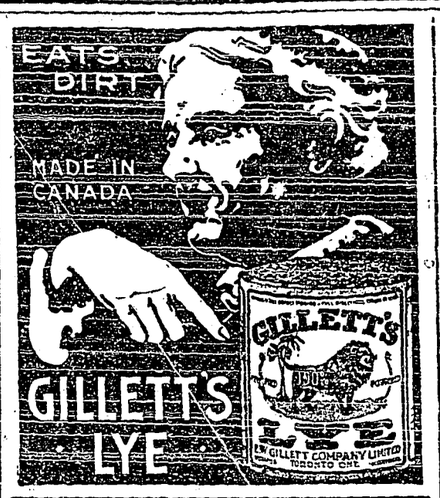
Head of the House—"Where are you going, my dear?"

His Better Half—"Where I please."

Head of the House—"But when will you be back?"

His Better Half—"When I choose."

Head of the House—"Ah, yes! Of course! But not later. I could not permit that."—Passing Show.



When Alberta Was a Ranch

Interspersed With Beautiful Mountain Streams and Lakes

Alberta in 1882 was, says Mr. A. S. Carlos, writing in the Edmonton Bulletin, one immense range, interspersed with beautiful clear mountain streams, lakes and springs. Fort Macleod, Calgary and Edmonton were the only places of any importance—three genuine western towns.

In 1882 and 1884 many large ranches were established in the Macleod country. At Pincher Creek, 30 miles southwest, there were many small ranches which carried from three hundred head, besides the large concerns, such as the Cochrane, the Waldron and Winder in the Porcupine Hills north of Pincher Creek. Thirty miles north of Macleod was Leavings, headquarters for the Winder ranch on Willow Creek. The Cochrane ranch people, besides having a ranch southwest of Macleod, had a lease of all the country from Shaginappi Point, three miles west of the present C.P.R. station, to Morleyville.

Minard's Liniment Cures Diphtheria.

Hand made, fancy bread in Canada went off the market on March 15, under the Canada food board's new regulations. Standard war flour, meaning flour about two per cent. coarser than ordinary, may only be used for bread from henceforth.

Show True Spirit Of Co-Operation

Farmers Turn in and Harvest Crop of Neighbor Who Meets With Accident

Co-operation of the altruistic kind was recently exemplified amongst the Grain Growers of the Blaine Lake district, according to a communication received at the central office, Regina, says the Leader.

During harvest operations Roy Miner, a charter member of the Speers Grain Growers' association, had the misfortune to lose his left hand. His fellow members rallied to his assistance with a will and by the aid of ten or twelve binders cut the remainder of his crop. Others turned out with mowers and rakes and gathered together enough hay to see him through one year. Not content with this the executive of the Grain Growers' association decided to hire a man and pay his wages for a month.

D. Jupp, secretary of the Speers G. G. local, in forwarding this information, winds up his letter with the remark: "I believe a spirit like the above permeates the entire personnel of our associations in Saskatchewan."

On Sale Everywhere.—There may be country merchants who do not keep Dr. Thomas' Eclectric Oil, though they are few and far between, and these may suggest that some other oil is just as good. There is nothing so good as a liniment or as an internal medicine in certain cases. Take no other. The demand for it shows that it is the only popular oil.

Concrete Ship Ends Long Trip

The concrete ship Faith, first of its type built for ocean cargo carrying and hailing from San Francisco, has arrived safely at a Gulf port, according to word received by agents of her owners. The vessel, after carrying 2,000,000 feet of lumber from California to Chile, took on a load of 4,000 tons of nitrate and came through the Panama Canal.

The Faith, which was "poured" rather than built, stood the sea experience without damage, her agents said, and is ready to sail for another port as soon as her unloading and reloading is finished.

Miller's Worm Powders attack worms in the stomach and intestines at once, and no worm can come in contact with them and live. They also correct the unhealthy conditions in the digestive organs that invite and encourage worms, setting up reactions that are most beneficial to the growth of the child. They have attested their power in hundreds of cases and at all times are thoroughly trustworthy.

So Annoying

The latest example of English as she is spoken comes from Egypt, where a native interpreter, who had overstayed his leave, wrote the following letter to his chief:

"My absence is impossible. Someone has removed my wife. My! but I am annoyed."—New York Sun.

Minard's Liniment Co., Limited.

Gentlemen,—Theodore Dorais, a customer of mine, was completely cured of rheumatism after five years' of suffering, by the judicious use of MINARD'S LINIMENT.

The above facts can be verified by writing to him, to the Parish Priest or any of his neighbors.

A. COTE, Merchant.

St. Isidore, Que., 12 May, '98.

Strange Little Homes in the West

Bivouacking supersedes the usual system of permanent billets during the summer months in France. Given a little ingenuity it is wonderful how comfortable a home can be constructed by the aid of a few strips of timber and a piece or so of corrugated iron. The interior is lined with ground sheets, an upturned empty ration box serves as a table, a shell case does duty as a vase for a nosegay of poppies and cornflowers. To be complete, bivouac must be named. In a certain vale in Picardy may be found, "Cafe Praps Knot," "Rhododendron Rendevous," "McKonicky Lodge," "Liars' Lair," and the "Wirewasters' Institute"—the latter being tenanted by linemen of the signal service.

Corns cause much suffering, but Holloway's Corn Cure offers a speedy, sure, and satisfactory relief.

The Food Value of Cheese

Cheese is the only real substitute for meat. Bread and cheese is, indeed, a most perfect diet. Men have habitually done many hours' hard manual work with bread and cheese as their chief food. Margarine is a fairly satisfactory alternative for butter. There is no substitute for cheese. The two principal dairying provinces of Canada are Quebec and Ontario, the former leading in the production of creamery butter and the latter in the production of factory cheese. Out of a total of 3,446 creameries and cheese factories in Canada, 1,084 are in Quebec. The total number of patrons or dairy farmers, supplying milk and cream is 221,192 of whom 79,145 are in Quebec.

SATISFYING RELIEF FROM LUMBAGO

Sloan's Liniment has the punch that relieves rheumatic twinges

This warmth-giving, congestion-scattering circulation-stimulating remedy *penetrates without rubbing* right to the aching spot and brings quick relief, surely, cleanly. A wonderful help for external pains, sprains, strains, stiffness, headache, lumbago, bruises.

Get your bottle today—costs little, means much. Ask your druggist for it *by name*. Keep it handy for the whole family. Made in Canada. The big bottle is economy.

Sloan's Liniment Kills Pain

MONEY ORDERS

Remit by Dominion Express Money Order. If lost or stolen, you get your money back.

Believed in Signs

An elderly farmer hitched his team to a telegraph post.

"Here," exclaimed the policeman, "you can't hitch there!"

"Can't hitch?" shouted the irate farmer. "Well, why have you a sign up, 'Fine for Hitching?'"—Presbyterian Standard.

HOW'S THIS FOR CORNS? LIFTS 'EM OUT QUICK

You can peel your corns off, lift them out by the roots, do it without pain and quickly, too, if you first apply a few drops of Putnam's Corn Extractor. Putnam's shrivels up the corn, makes it look like dead skin, uproots it completely. The beauty about Putnam's Extractor is this—it acts without pain—does it's work quickly and costs but a quarter in any drug store in the land. Get it today.

Painting Salmon Red

Very Successful Until Health Authorities Interfered

Red is the preferred color for salmon flesh. It is the "dog" salmon's misfortune to have meat of a dirty grayish hue, so that it is almost unmarketable.

Recently, however, a fish dealer in Boston made a delightful discovery. It was that some salmon-colored paint (which he happened to be using for painting a truck) would transform a dog salmon offhand into a fish of the most expensive variety.

The way it worked was really remarkable. It appears that the stuff was a coal tar product, and when freely applied with a brush so saturated the meat with dye as to give it a fine salmon-red tint clear through.

Unfortunately, the local health authorities, lacking appreciation of the fine arts, seized the fish and the paint, and shut up the studio.

"Whatever is the Matter, Jack, You Don't Look Well!"

"OH, I'm all right."

"But you're not. You look so worried and tired."

"Well, I haven't been sleeping very well lately."

"No, and you don't seem to have any appetite. I think you ought to take something to tone up your system."

"Oh, no, I don't need any medicine. I guess I will soon be all right."

"But you should not neglect yourself, for that is just the way I was before I had nervous prostration, and you know what a long time I was laid up."

"Well, I haven't any time to be laid up that's a sure thing."

"I know what I am going to do. I am going to get half a dozen boxes of Dr. Chase's Nerve Food and see that you take it regularly."

"You know, Jack, that nothing seemed to help me like Dr. Chase's Nerve Food, and I am sure it will be just as good for you."

"You will take it, won't you?"

"I'll do most anything to get feeling better, for I know I have been losing my grip on business lately."

"I get up feeling tired in the mornings, and have to drive myself to do the work that used to be a pleasure for me. I have got in the way of putting off matters that need attention, and hate to meet people when I know that some energy will be required to discuss business deals with them."

"You'll take the Nerve Food, won't you?"

"Oh, I'll let you be the doctor, and if the Nerve Food builds me up like it did you I'll soon get back my old-time vigor and be able to make things hum. I have been rather discouraged lately, but I can see now that the trouble is in the condition of my nervous system. So you get the Nerve Food and we'll see what it will do."

Dr. Chase's Nerve Food, 50 cents a box, 6 for $2.75, all dealers, or Edmanson, Bates & Co., Limited, Toronto. Every box of the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.

Thousands of under-nourished people have found that Grape-Nuts food — a scientific blend of nourishing cereals — helps wonderfully in building health and happiness.

Needs no Sugar

Canada Food Board License No. 2-024

A FREE BOX

Here's a chance to prove to your own satisfaction, and at our expense, that Zam-Buk *does* end pain and heal sores and skin diseases.

Mail this advertisement and 1c stamp (for return postage) to Zam-Buk Co., Lamont St., Toronto, and we will send you free box.

ZAM BUK
SHOULD BE IN YOUR HOME

Practical Politics

"Did you ever break a promise?"

"I try not to do anything so violent," replied Senator Sorghum. "If a promise has to be disposed of I don't break it. I let it fade away."—Washington Star.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood on the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking

F. J. CHENEY & CO., Toledo, O.

Sold by all druggists, 75c.

Retribution at Home

While his mother was away on a visit Johnny didn't say his prayers. Upon his mother's return there was a reckoning.

"Why didn't you say your prayers, John?"

"Well, you see, it was this way, ma: I forgot to say them the first night an' nothin' happened. 'N then I didn't say them the next night an' nothin' happend, 'n so I decided I wouldn't ever say 'em again if nothin' never happened."

And then something happened.—Scranton Times.

Corns cannot exist when Holloway's Corn Cure is applied to them, because it goes to the root and kills the growth.

"Five bushels of wheat will provide bread for a soldier on the firing line for a whole year. Five bushels of wheat will keep the life in two adults or three children in the refuge camps of Europe. It isn't a matter of money, but of actually saving human life.

AutoStrop SAFETY RAZOR

of National Service

GEN. CURRIE has stated repeatedly that the morale of our troops is without equal.

He knows that this is due to two things—discipline and smart appearance.

The officers are responsible for discipline—the AutoStrop for smart appearance.

The AutoStrop Safety Razor has been of National Service in keeping, with the aid of soap and water, the faces of many of our soldiers in a fresh, clean, comfortable condition.

Your soldier will appreciate more than anything else, an AutoStrop—the only razor that automatically sharpens its own blades, therefore, the only one that is permanently ready for service.

Price $5.00

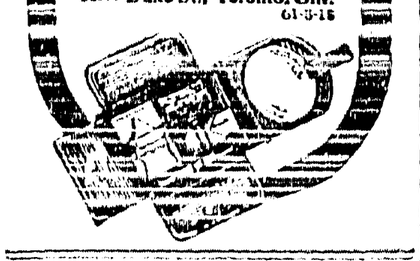
At leading stores everywhere

22c. postage will deliver an AutoStrop Razor Overseas by first class registered mail.

AutoStrop Safety Razor Co., Limited

83-87 Duke St., Toronto, Ont.

61-3-15



English Diners Will Want Furs

Severe Fuel Rationing for Hotels and Restaurants

Well-lighted and heated hotels and restaurants will be unknown in England this winter. The rationing of hotels and restaurants and the catering trade generally, under the fuel and lighting order is being specially dealt with by the coal controller, who urges proprietors of these establishments to assist in every way by careful use of coal, gas and electricity, and asks the public to co-operate by not demanding fire and light that can possibly be done without.

The coal controller points out that every form of display by means of lighting, though it may be more apparent than serious, nevertheless is a subject of comparison and comment, and would set a bad example to the householders who are showing every intention to use less coal and light in their homes. He asks for subdued lighting in lounge and dining rooms, for its abolition in show cases, and for the ban of multiple lights in bedrooms.

It is essential that guests should realize that hotels and restaurants are severely rationed for light and fuel, and it is confidently hoped that the public, by sound and sensible support, will help to put the national interests before comfort and luxury.

"Neurasthenia," said Mrs, Biggums to her cook, "I think we will have some chicken croquettes today out of that leftover pork and calves' liver."

"Yes'm," said Neurasthenia, called Teeny for short. "An' we got a little bread dressin' what went wid the pork, mum. Shall I make some apple sauce out'n hit, mum?"

PEELS OFF A CORN WITHOUT ANY PAIN

Is it magic, no, scientific—a wonderful combination discovered that will shrivel up the toughest old corn you ever saw. The name of this remedy is **Putnam's Corn Extractor.** It's a corker the way it loosens a corn; makes it peel right off in a solid lump without the slightest pain. Results talk. **Putnam's** gives results and costs but a quarter. Sold everywhere.

Bounties in B. C.

Prices and Regulations Adopted by Western Province

Regulations have been adopted by an order in council of the lieutenant-governor of British Columbia providing bounties as follows: Mature coyotes $2, young coyotes $1; mature timber wolves, black or grey, $10, young timber wolves $5; mature cougars $15; young cougars $7.50; big-horned owls or snowy owls $1. The head or carcass of the owl, and in the case of animals the pelt, must be produced. An applicant for a bounty, unless he be an Indian, must offer for inspection his firearms license or badge. Any person purchasing a pelt from an Indian may obtain the bounty for the Indian by producing the pelt. Justices of the Peace or Bounty Commissioners are required to examine both ears of each pelt of every timber wolf or couger, and if a hole be found in either ear the application for bounty is to be refused. If the ears are found intact, a hole is to be cut in the left ear. Any government agent can pay the bounty on coyotes if the application and certificate, together with the pelt, have been produced.

Drives Asthma Before It. The smoke or vapor from Dr. J. D. Kellogg's Asthma Remedy gives asthma no chance to linger. It eradicates the cause. Our experience with the relief-giving remedy shows how actual and positive is the succor it gives. It is the result of long study and experiments and was not submitted to the public until its makers knew it would do its work well.

Wheat Yield Shows Slight Decrease

An average yield of twelve and a half bushels per acre for spring wheat and sixteen and a half bushels for fall wheat for all Canada is given by the Dominion bureau of statistics in its preliminary estimate of average yields per acre of the principal grain crops of Canada during 1918. Last year fall wheat averaged twenty-one and a half bushels per acre while for the ten year period, 1908-17, the average was twenty-three bushels. Spring wheat averaged fifteen and a half bushels last year and nineteen bushels for the decennial period.

For other crops the respective averages are in bushels per acre: Oats, 33 as against 33¾ and 35⅓; barley, 25½ as against 23 and 27; flax, 5¾ as against 6½ and 10¼.

Minard's Liniment Cures Diphtheria.

Voluntary Rations Plan

New Brunswick has adopted a voluntary rationing scheme for the homes of her people. This plan was prepared in conference of representatives of local food committees, women's institutes and domestic science teachers. It was revised and approved by the Canada food board. Similar plans are being formulated in the other provinces, revised in certain minor details to fit local conditions.

Use more soup

Put in plenty of vegetables and rice or barley. Even with poor stock delicious soups can be made by adding a dash of

BOVRIL

23

Canada Food Board, Licence No. 13-442

Germany in the Toils

The losses sustained by the Huns in the fighting up to the beginning—not the end—of the first week in September were so enormous that 30,000 men were taken from Krupp's factories and packed off to the front within four hours. They were given no chance of deserting! It was the same with a large number of boy recruits who had finished their training. They were also sent off without being allowed final leave.

Germany has also hundreds of Belgians besides prisoners working night and day on the fortifications of the Rhine. The work had been stopped for over a year; but evidently the great allied advance has caused consternation in Germany.

Marking a new step in the development of the port of Vancouver as a wheat distributing point, Australian wheat was on September 17 for the first time in history bulked and cleaned at the Canadian government elevators, preparatory to being shipped to the Old Country.

The Hun Faces Defeat

Does Not Show Single Quality Which Has Made French Strong

France, for four years, has lived, kept her courage and sustained her effort though the brute has been in her backyard. With her northern towns razed, with her middle country towns in artillery range and with "Mamselle Bertha" paying iron visits to the hospitals and orphanages of Paris almost daily, the heroic French have smiled, prayed and fought. Of the English and Italians the same is true. Zeppelin raids at home, military reverses at the front and hosts of other complication have not deterred them or weakened their spirit. Now, with the reversal of things in order how does the German act? We are not yet on his soil, we have assailed none of his cities, we have gained no military advantage that inconveniences or injures his home people, yet we find him squealing like the pig he is. Dashing madly hither and yon, following one peace proposal with another, shifting responsibility for the conflict, launching his warning against the "American peril," he shows not a single quality of the many that have made the French, for example, strong, determined and fine in the face of bad fortune.—Buffalo News.

THE FALL WEATHER HARD ON LITTLE ONES

Canadian fall weather is extremely hard on little ones. One day it is warm and bright and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Got His Chance

Visitor—What became of that fellow who used to sit around the store here and tell how he'd run this war?

Citizen—He's got his chance. He left with the last draft contingent.—Montreal Star.

DARTING, PIERCING SCIATIC PAINS

Give way before the penetrating effects of Sloan's Liniment

So do those rheumatic twinges and the loin-aches of lumbago, the nerve-inflammation of neuritis, the wry neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing bruise.

The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada.

Sloan's Liniment Kills Pain

New Shell Orders Near Half Billion

Canada Has Produced to End of September 68 Million Shells

It is officially announced that up to September 30 manufacturers in Canada had produced 68,000,000 shells and 75,650,000 forgings.

The war authorities are making preparations is if there was no peace in sight, and orders on a larger scale than ever are being let by the imperial munitions board. The orders for the coming year will run nearly half a billion dollars.

It is an awful shock to a sweet young bride to see the man who fervently vowed he loved "her only" in all the world to show a healthy interest in a broiled lobster when he might be looking into her eyes.

Minard's Liniment Cures Colds, etc.

Women on British Farms

There are now about 270,000 women working on farms in Great Britain.

Growing Old Together

THIS aged couple, mellowed by time and the experiences of life, are happily growing old together.

They are happy because they are healthy. Life is still full of interest to them, and they are wide awake to new ideas.

These are the kind of old people that everybody likes. For, in spite of the years, they are cheerful and optimistic.

It is only natural that the blood should get thin and vitality wane as age advances, but there are ways of keeping up the quality of the blood and maintaining health and vigor.

Very many men and women have found in Dr. Chase's Nerve Food exactly what they need to restore energy and strength and keep them healthy and happy.

As an example Mr. Stephen J. Leard, North Tryon, P.E.I., writes: "At seventy-five years of age my heart gave out and became very feeble and weak in action and would palpitate. My nerves also became weak, and I could do nothing but lie in bed in a languishing condition, losing strength and weight. In that condition I began using Dr. Chase's Nerve Food, and am cured. Had I not obtained this treatment I would now be in the box with the roof over my head. At eighty-one I have an energy which means go, and I am writing this letter so that old people like myself may prolong their lives and enjoy life by using this great medicine."

There can be no doubt that this treatment contained exactly what was required to build up Mr. Leard's system.

We are constantly receiving so many letters of this kind that we can, with the greatest confidence, recommend people of advanced years to put Dr. Chase's Nerve Food on trial, as a means of restoring and maintaining health and vigor.

Here is another interesting letter. This time from a lady:

Mrs. Joseph Lalonde, Hydro Glen, Ont., writes: "I have to thank you very much for what your medicines have done for me, especially the Nerve Food and Kidney-Liver Pills. I was so run down and nervous last summer that I was in bed most of the time, unable to do any work. I have also been troubled with my kidneys for over twenty years, and tried every doctor I know of without any permanent results, but I can say that Dr. Chase's Nerve Food and Kidney-Liver Pills have made me feel quite different. Since taking this combined treatment I have been able to do my housework, and although I am now 70 years old, I feel [illegible]"

("I know Mrs. Joseph Lalonde, and believe her statement regarding Dr. Chase's medicines to be true."—W. P. Flannery, Postmaster.)

Dr. Chase's Nerve Food, 50 cents a box, 6 for $2.50, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Only the genuine bears the portrait and signature of A. W. Chase M.D., the famous Receipt Book author, on every box.

Announcement

We are dealers in the following cars :

FORDS $690.00
f.o.b. Ford, Ont.

CHEVROLET $1075
f.o.b. Cranbrook.

BRISCOE $1375
f.o.b. Cranbrook

DODGE BROS. $1835
f.o.b. Cranbrook

Have an Expert Mechanic, and carry a full line of parts.

Remember, too, I am here to stay;

CRESTON AUTO & SUPPLY CO.

R. S. BEVAN, Proprietor. CRESTON, B.C.

Alice Siding

Morgan Pease, who has been at Trail for the past six weeks, arrived back on Sunday, and will remain on the ranch for the next few months.

Pte. John Barraclough, who has been home on leave for the past few months, got word to report at Calgary on Wednesday, when he is expecting to get his discharge.

Morgan Long got back the latter part of the week from a month's holidays with friends at Washington state points. Trennie is remaining at Colfax, where he has a situation in a railway telegraph office.

F. W. Ash was conscripted into postoffice duty at Creston last week, during the illness of Postmaster Gibbs, who expects to be back on the job any day now.

Mrs. Fred Taylor had to be taken to the Cranbrook hospital on Tuesday to undergo an operation for appendicitis. Mr. Taylor accompanied her, and at last reports was coming along fine after the operation.

Mr. and Mrs. W. A. Pease returned on Saturday from a ten weeks' holiday jaunt that took them as far south as Los Angeles, Calif., and report a great time while away. Owing to the prospect of Earl getting back from overseas any day now, their vacation was shortened up a couple of weeks.

The prophets who have a cold snap figured out for March will very much oblige by delivering the goods. The ice crop is hardly worth the harvesting at present—and ice we must have.

WANTED—Baby carriage, slightly used. Write Box 37, REVIEW OFFICE.

Kitchener

C. G. Bennett of Creston was a business visitor here between trains on Thursday last.

E. Butterfield of Wynndel was here between trains on Thursday, coming this far this far to meet his daughter, who is en route from England to visit her parents at the strawberry metropolis.

Mrs. J. Frame returned from Trail last Thurday, on account of sickness. She left for Spokane on Sunday, where she will undergo an operation.

C. R. Paulson, who has just recovered from a severe attack of the flu at his home in Spokane, returned to Kitchener last Thursday.

Mrs. W. Lythgoe of Yahk came down on Saturday for the basket social, returning on Sunday.

F. Staples and Mr. McKown returned to Cranbrook, Saturday.

Dr. Henderson of Creston was here on a professional visit between trains on Sunday.

Miss A. Lythgoe left for Spokane on Sunday, where she will have some dental work attended to.

Mr. Giroux was a business visitor at Yahk on Sunday, returning the following day.

A very enjoyable evening was spent by all at the whist drive and basket social held in the schoolhouse last Saturday night. Cards were indulged in from 9 till 11, and the ladies' first prize a silk collar, was won by Miss Clara Butts. Gent's first prize, a shaving cup, was won by E. Bassard, Then came the sale of the baskets, with G. Dandero auctioneer, these bringing $62

Very Special Offerings for Men for ONE WEEK Only

Mostly in cooler-weather lines, it's true, but with February hardly half gone and all March yet to come, the shrewd buyer will give these attention. These are genuinely old-time values, and better quality goods cannot be had wholesale at the original prices these lines carried.

PANTS

Men's heavy all-wool check Pants, reg. price $6.00, now $5.00
Men's heavy Tweed Pants, reg. price $5.85, now 4.05
Men' medium weight Pants, reg. price $4.35, now 3.05

MACKINAW SHIRTS

Men's red checker Plaid Shirt, double shoulders and arms, reg. price $9.00, now $7.95

Men's red checker Plaid Shirt, reg. price $5.75, now $5.00
Men's [illegible] Plaid Shirt, reg. price $3.75, now 3.00

Men's heavy Atlantic Underwear, reg. price per suit $3.50, now $2.95
[illegible] $2.95

These goods [illegible] at the prices for CASH ONLY

Mawson Brothers

GENERAL MERCHANTS

Local and Personal

FOR SALE—Saddle pony, seven years old.—H. L. Crosthwait.

Mrs. M. Beninger is spending the week with friends in Cranbrook.

WANTED—Second hand democrat. State price. Apply REVIEW Office.

C. O. and Floyd Rodgers were visitors at Spokane a couple of days the latter part of the week.

Mrs. R. Sinclair Smith is at Pincher Creek, Alta., on a visit to her mother, who is seriously indisposed.

Mrs. Leach and children left on Wednesday for Kimberley, where Mr. Leach is working, and where they will reside in future,

The 17th of March has been booked by the Presbyterian Ladies' Aid, on which date they propose to have the Feast of Nations,

Mrs, Bamford, who has been Mrs, Dow's guest for a couple of months. left for Fernie on Saturday, where she will reside in future.

A short-course school in agriculture is announced to open at Creston on March 11, and continue throughout the week. Full particulars later.

Jim McDonald of Winnipeg, well-known here a few years ago as tie inspector for the C.P.R., was shaking hands with Creston friends over the week-end.

Mawson Brothers sale of winter goods closes at 10 p.m., Saturday. Exceptional values are being offered the like of which will not be available again for some time.

The Red Cross treasurer acknowledges the following cash receipts for the week: T. Harris, $5; Women's Institute, $3; Tuesday afternoon tea, $4.80, and sundrios 10 cents.

Creston Farmers' Institute is meeting in special session on Saturday night in the Auditorium, to discuss merging the trading department with the Fruit Growers' Union business.

Although the turnout of workers at the Red Cross rooms these Tuesday afternoons is hardly up to standard, the receipts from the teas keep up remarkably well. This week Mesdames Cook and Goodwin were hostesses, and the intake was $4.80.

Geo. Freeman, a Medicine Hat business man, was here on Saturday hoping to be able to purchase a car of apples and a couple of cars of spuds. He also looked some of the ranches over with a view to buying, but found owners diffident in stating prices on their property, as well as being none too anxious to sell.

The Methodist Ladies Aid cleaned up at least $65 on their 20th Century Tea and entertainment on Thursday night last in the Auditorium. Supper and light refreshments were served throughout the entire evening the intake from which was in the neighborhood of $100, a very large crowd being in attendance. The programe was furnished by the Creston orchestra, an address by Rev. R. W. Lee of Cranbrook, vocal numbers by Mrs. Foreman and Miss Ella Dow, while Mr. Choulton, who is visiting F. B. Turner, delighted the audience with a number of 'cello selections,

New home made rug for sale, 2½ x 4 feet. Enquire REVIEW OFFICE.

Pruning shears, including the long-handle kind, at Mawson Brothers.

Rev. T. McCord is at Nelson this week, for the spring meeting of Kootenay Presbytery.

Russell Leamy. who has been at the Nelson hospital for the past month, returned home yesterday.

Creston merchants have signed up for the Wednesday half-holiday for 1919, to commence March 5th.

Sam Whittaker, former assistant at the C.P.R. depot here, but now at Wardner, is spending a few days with Creston friends.

Will exchange farm horse for milch cow. Also a spray pump for hand or power to exchange for dairy cow.—Jas. Compton, Creston.

HATCHING EGGS—White Wyandotte, Regal strain. Imported, $1.75 setting of 14. Same kind not imported $1.25.—F. W. Ash, Creston.

The Valley was favored with another snowfall of about six inches on Saturday night, but Sunday's rain and Monday's mildness made short work of it.

At the annual meeting of Creston Fruit Growers Union on Tuesday afternoon, Jas, Compton was re-elected president, and all the old board of directors re-elected.

The Ladies' Guild of Christ Church are entertaining at a whist drive tonight in the Parish Hall, with cards prompt at 8.30. 50 cents admission, which includes supper.

All accounts outstanding against the Emergency hospital must be turned in by the 1st of February, at which time final payment will be made and the hospital books closed for keeps.

The Presbyterian Ladies Aid are having afternoon tea and sale of cooking, candy, and some articles of children's wearablts in Speers' Hall tomorrow afternoon from 3 to 6 o'clock.

John Chittick arrived from Calgary on Monday to take the position of repair superintendent at the Bevan garage. He has been eight years in auto repair work in that city and comes recommended as a first-class mechanic. Mr. Chittick has also seen overseas service in both land and sea forces.

The Red Cross work secretary's bulletin for the week is as follows: Mrs. Thurston, 2 petticoats; Mrs. C. Hall, 3 suits pyjamas and a pair of socks; Mrs. L. McInnes, petticoat, drawers and 2 amputation caps; Mrs Hayes, petticoat; Mrs. G. Nicholls, 2 pairs socks; Mrs. McMurtrie, pair of socks and amputation cap; Mrs. Goodwin, pair socks; Mrs. Cook, pair socks and amputation cap.

Kaslo Presbyterians are after the scalp of the town policeman due to the fact that the annual conregational meeting last week was rudely disturbed due to the fact that boys heaved snowballs at the kirk door and windows.

Watch for our Announcement Next Week.

S. H. Speers

Special Values

Flannelette
White, 31 inches wide, at 30c.
4 pieces, striped, 35-in. wide, at 35c.

Dimity
Assorted checks, at 30c.

Table Linen
55-inch at 80c.

Irish Table Linen
56-inch at $1.10.

Men's Work and Dress Shirts
Sizes 14½ to 18

Creston Mercantile Co.

LIMITED