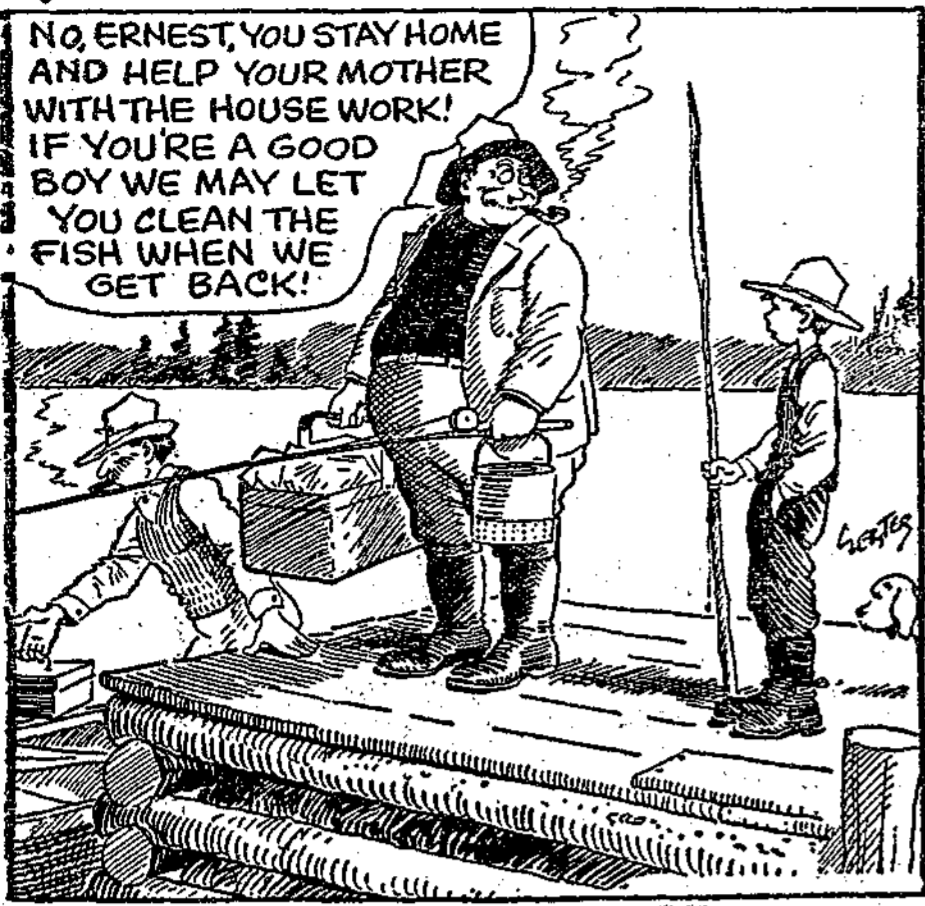


Life's Darkest Moment

A WEBSTER CLASSIC



NO, ERNEST, YOU STAY HOME AND HELP YOUR MOTHER WITH THE HOUSE WORK! IF YOU'RE A GOOD BOY WE MAY LET YOU CLEAN THE FISH WHEN WE GET BACK!

The Coast News

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Fred Cruice, Editor and Publisher.

Let's be Canadian!

Two press releases have come to the Coast News and in both can be found cohesion even though one advocates a "Be Canadian" week and the other talks of monetary matters.

The "Be Canadian" week release contains remarks from a speech by R. V. Yohe, president of the B. F. Gooderich company. He was addressing the Hamilton, Ont., Rotary Club and the crux of his speech may be in these words: "Until Canadians are sold on Canada she can't and won't sell herself to outsiders."

The release on monetary affairs comes from the Bank of Canada and is based on the 1959 report of the governor of the bank, Mr. J. E. Coyne which was tabled in the House of Commons where considerable debate ensued.

The points from the press release are Mr. Coyne's remarks that "it must be recognized that in a capital-hungry world we cannot in fact count on having ready access to foreign capital year after year on a large scale. The longer the process of attempted over-expansion or over-rapid expansion goes on the more difficult and painful will be the re-adjustments which will in time be forced upon us. We must in the end learn as a nation to live within our means and exhibit the strength and will to do so."

To continue with Mr. Coyne's report we quote further: "We can achieve by our own efforts and without foreign aid, a substantial increase in our productive capacity and standard of living. For the purpose of maintaining full employment, economic growth and a rising standard of living, we do not need to stimulate a temporarily high but unsustainable rate of consumer spending by means of more and more consumer credit or of capital expenditures on a scale greater than our own capacity and willingness to save out of annual production for that purpose. We would benefit more from greater diversification of our production, which could provide a higher average level of employment and one less exposed to the hazard of sudden changes."

If there is one way we can "Be Canadian" whether by the hour, day, week, month or lifetime it could be achieved by those with power to vote, taking advantage of the knowledge available in this paper age and getting down to "brass tacks" by returning to the somewhat overlooked fact that two plus two will make four and only four. This applies to all walks of life through the ranks of labor, employers and government at all levels. It is still "time to slow up," the theme of an editorial in the Sept 24 issue of the Coast News.

The happiness of your life depends upon the quality of your thoughts.

* * *

Co-operation needed

Complaints that this or that organization is not getting a fair break in the news columns of this publication crop up now and again and to keep the record straight here are some points to think over.

The average person has heard at various meetings Mr. A or Mrs. B nominated for the post of president or some other capacity. The reply usually from Mr. A or Mrs. B is that they already belong to three other organizations now and do not feel they can fake on any more.

Some of these people, who have no doubt taken the stand at various meetings mentioned above, somehow think the editor of the Coast News should personally service the 90 odd organizations from service clubs to women's auxiliaries that now exist on the Sunshine Coast.

Being human, the editor has limitations and like other humans can do so much and no more in a specified time. Picture his position with six meetings going on at points varying from Port Mellon to Pender Harbour? Anybody want the job of covering six meetings between the hours of 8 and 11 p.m.?

Quite a few organizations have found a way to help themselves by appointing a press representative who mails or sends in copy covering the club's requirements. This has worked out satisfactorily for them and can do so for all others.

Editors, like most people, have no desire to push themselves towards an early grave. On this basis, the Coast News editor suggests co-operation where possible. It is the only way. Anyone with a better solution should write it down and pass it on.

Remember the good ol' days... when charity was a virtue, not an industry?

Always do right. This will gratify some people, and will astonish the rest.

Home, to a small boy, is merely a filling station.

Brewers ask for easement in beer taxes

A plea for some relief from the burden of taxes now carried by the nation's beer drinkers was voiced in a submission to Finance Minister Fleming from the Dominion Brewers Association.

The brief pointed out that the additional federal taxes placed on beer during both the Second World War and the Korean emergency still remain in effect. Also, the brewing industry continues to pay sales tax on the special federal beer taxes, although this procedure was eliminated several years ago in the case of wine and soft drinks.

Taxes, with their influence on price, are a factor influencing the Canadian public in its present trend toward hard liquor drinking and away from beer, the brief suggests.

Per capita beer consumption today is actually four percent lower than it was six years ago, while per capita consumption of liquor has increased 13%, the brewers' submission said.

In support of their assertion that fiscal and regulatory measures could change a popular trend away from hard liquor and

toward more moderate beverages, the submission instances eight countries where such action has been successful. These countries are: United Kingdom, Denmark, Belgium, Poland, Colombia, France, Mexico Czechoslovakia.

Reduction of beer taxes in last spring's United Kingdom budget has had a marked effect on British beer consumption, the brief points out. In the six-month period before the tax reduction, beer sales had been down three percent from the same period the year before. In the six month period following the reduction, sales were up 10%.

Beer is considered a more moderate beverage than spirits by both experts in the field of alcohol studies and the public generally, the brief states. Canada today seems to be moving toward a drinking pattern similar to that in the U.S., where a much higher proportion of alcoholic beverages is taken in the form of spirits than in Canada, and a lower proportion in beer, the submission says. The U.S. alcoholism rate is twice as high as in Canada.

In contrast, in Belgium, which has the largest per capita consumption of beer in the world, the alcoholism rate is well below the world average, as well as below the world average, as well as below the rate in Canada.

Price is a major factor in the type of beverage a person buys, the brief says, and the brewers in Canada have done an effective job in trying to keep prices at reasonable levels. Since 1939,

while the Consumer Price Index has increased 100%, the average price of a case of beer has increased just 58%. But most of this increase was taxes, the submission points out. The government received two-thirds of the increase, the brewer only one-third.

The 25-page submission deals with cost factors affecting the price, as well as the question of profits. "The brewing industry has not shared in the great increase in profits enjoyed by Canadian industry generally during the post-war years," the brief says. During the past ten years, while the D.B.S. index of profits for all industries has increased 78%, and the index for all manufacturing has risen 60%, the brewing industry has had a 23% increase.

Further, there has been a steady downward trend in returns on capital invested in the brewing industry, the submission states. Since 1946 the profits on investment have dropped by 55%.

Turning to specific tax matters, the submission states that the 167% increase in federal beer taxes during World War II remains in effect. So does the further 31% increase levied during the Korean emergency of 1950. In addition, the industry pays sales tax on the excise duty, although this was remitted in the case of wine in 1950 and the soft drink industry in 1954.

Payment of the federal sales tax on the excise duty as well as on the sale price of the product has meant that last year's

sales tax increase had the effect of raising the sales tax on beer by 13% while the increase to the business community generally was 10%. Yet the brewing industry has been absorbing this extra sales tax in every province but one since its introduction last spring.

The submission comments: "The economic pressures outlined are making it increasingly difficult to hold prices at present levels, and without some tax relief it may be necessary to seek increases in the price of our products."

Two measures of tax relief are asked for: the repeal of the Korean emergency tax of 1950, and the elimination of the "tax on tax"—payment of sales tax on the excise duty component of the sale price.

Mating calls disturb quiet

(By A. J. C.)

Since early February the voice of the night in the woods that surround my lodge for a half mile in every direction has been the mating call of owls of two species, the Screech owl and the Saw-whet, opening the season by calling alternately. Except that the first-named is slightly larger and wears small, feathery ear tufts it is difficult to tell these two apart on the rare occasion when they are abroad in daylight, but their calls are quite distinctive.

Owls mate and nest early and as with all birds there is a close connection between the date and the abundance of food at the time when their nests are full of ever-gaping, young beaks — which is also the time of greatest peril for the white-footed deer mice of the woods!

It was R. W. Emerson, who said that if a man made a better mousetrap than his neighbors the world would beat a path to his door. A better one he might make but nature has already made the best in these two small-sized owls and both are welcome visitors to barn and feed-house. Left to themselves and not too closely regarded they attend strictly to business — even with a cat curled up in sleep on a grain-sack.

Small-sized by comparison with many other owls the Screech and Saw-whet are giants beside the Pygmy of our deep fir woods — the most elusive and most captivating of the whole family, a perfect miniature owl that can be hidden in one's two hands.

Even though he is more active in daylight than any other — being partly insectivorous — it is only by chance that a Pygmy is seen. He is known by his voice and is in full "song" at this time, calling from first daylight until mid-morning and again in the evening. Listen for a short, almost bell-like note repeated perhaps 20 times at brief and regular intervals followed by a pause while he flits to another station before opening up again.

Somewhere directly overhead there was a pygmy owl but peer as I might up into the screen of heavy foliage he remained invisible, and watching me all the time, no doubt, for while I searched he was silent and when I gave it up he called again immediately — and the derisive note in his voice may not have been all my own fancy! From the least to the greatest takes one to the Western Horned Owl, a fearsome creature measuring 22 inches from beak to tail and powerfully built, the terror of rabbits and grouse, and poultry about roosting time. Frequently seen at dusk but seldom heard he has the distinction of being the only predator against whom the potent weapon of the skunk — or civet cat in our district — is of no avail. The owl eats them, and surely with no competition! "Each to his own taste" — or is it lack of taste in this case? His "horns" are tufts of feathers but otherwise he is not bluffing!

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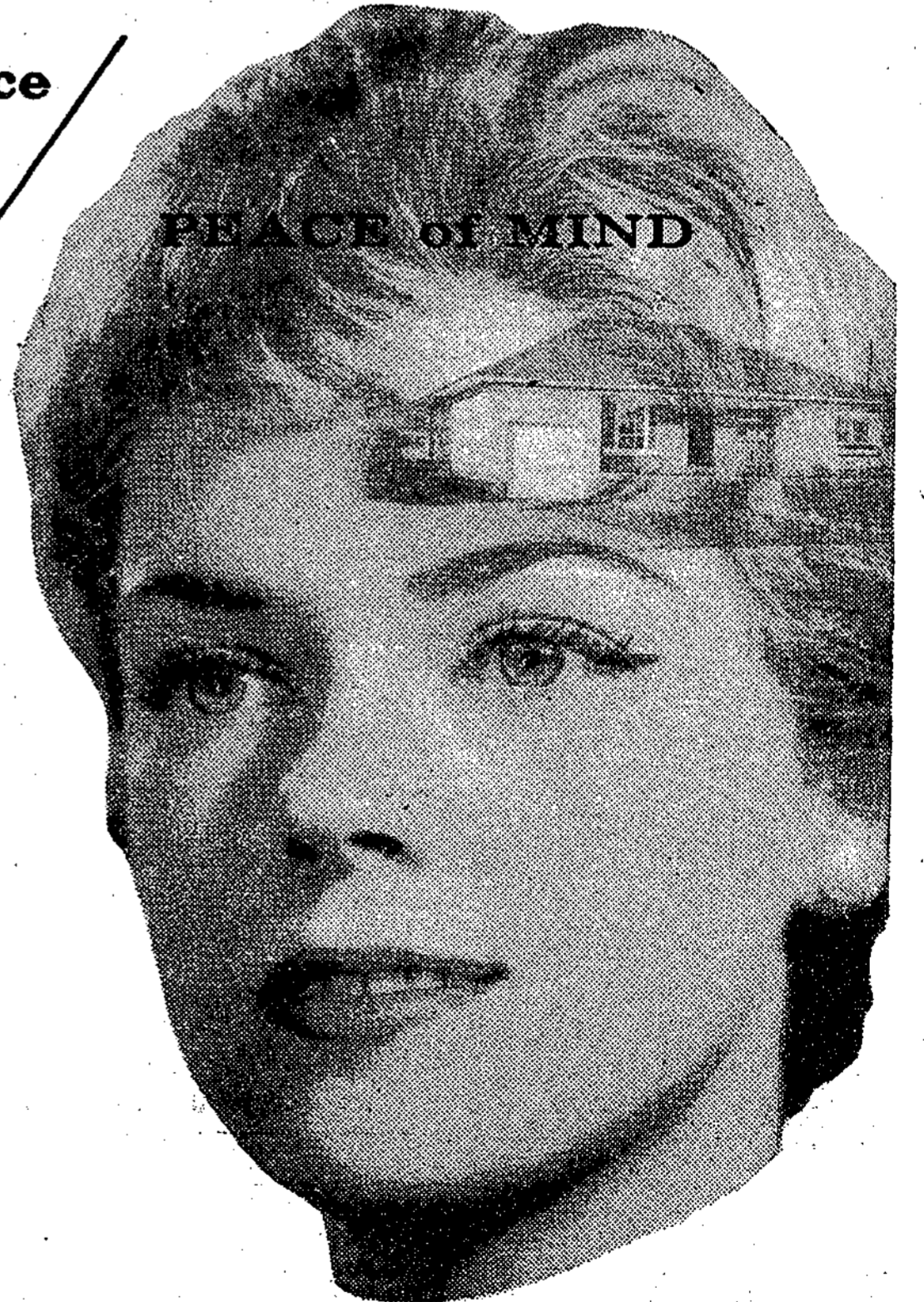
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Accommodation directory ready

The 1960 Directory of British Columbia Tourist Accommodations, published by the B. C. Travel Bureau, Department of Recreation and Conservation, lists 2,160 places to stay.

Hon. Earle C. Westwood, minister of recreation and conservation, announces that primary distribution of the popular "Green Book" for the current year is now underway.

rent year is now underway.

The handy 92-page directory contains basic information on 1,521 auto courts and resorts, 324 hotels, 110 fishing and hunting camps and dude ranches, 125 commercially-operated trailer parks and campsites, and 80 provincial camp and picnic sites.

The accommodations listed are all registered with the B. C. Travel Bureau, and the majority show their voluntary star-ratings for the guidance of their local and out-of-province holiday guests.

Also included in the current "Green Book" are area descriptions, fishing and hunting regulations and the locations of 272 boat-launching sites.

Supplies of the directory will be shipped during the next few weeks to automobile clubs, transportation and oil company touring services, Consulates, Chambers of Commerce and Travel Information offices across the length and breadth of Canada and the United States.

A duke is the highest rank of English nobles while a baron is the lowest.

Prime minister backs Boards of Trade

"The work accomplished in 800 communities by the members of the Boards of Trade and Chambers of Commerce makes a worthy contribution to Canada," Prime Minister John Diefenbaker has stated in endorsing Chamber of Commerce Week to be observed across Canada April 24-30.

In a message addressed to President Gordon Love of the Canadian Chamber of Commerce and sent on to Walt Nygren, president of Gibsons

area Board of Trade, the Prime Minister continued:

"These local organizations provide a forum for the consideration and discussion of questions of local, provincial and national interest; the national organization, acting as a clearing-house for their ideas and suggestions, assures that whatever proposals are finally adopted are of national importance to which public attention is directed, thereby making for well-informed public opinion.

Phone exchange in trailer

A 35-mile journey, through downtown Vancouver and over one of British Columbia's most spectacular coast highways, will be climaxed March 21 with the introduction of dial telephone service at Britannia Beach.

On Feb. 24, a 35-foot long, 11-foot high trailer housing a complete telephone exchange was towed from phone workshops in Vancouver to Britannia. At 9 a.m. on March 21, the equipment in the trailer will go into operation as the community's first public exchange.

When the trailer reached Britannia, its specially constructed triple-axle undercarriage was removed. Lowered on to wooden foundations, it became a white and green building harmonizing with its surroundings at the commercial centre.

The new telephone office will be unattended, apart from routine maintenance checks.

Bert F. Abram, district commercial manager for the company, said the exchange is one of the first of its kind in British Columbia. "This mobile

type of installation provides exchange service for a community much faster than would be possible if a permanent building were erected," he said.

At present 30 subscribers in the Britannia area are on toll stations. These subscribers will have their sets replaced by dial telephones, and in addition some 60 new subscribers will receive dial telephones.

Service will be provided initially to between 90 and 100 telephones, but the office has been designed with space for future growth.

CORRECTION

Sechelt Volunteer Fire Brigade corrects an item in the last issue under the caption "Sechelt man accident victim". Gilbert Yochlowitz, the victim of the accident is not and never has been a member of the Sechelt Volunteer Fire Brigade. The only connection the fire brigade had with the accident was in conveying the injured man in their ambulance to Porpoise Bay.

Easy-to-follow accident guide

In an effort to give motorists an easy-to-follow guide for the care of persons injured in traffic accidents, B. C. Automobile Association in co-operation with B. C. Division of the Canadian Red Cross proposes these eight basic first aid rules:
1. Do not move an injured person, unless there is immediate danger. If you must move him, pull him by the shoulder or feet while others support the trunk and head. Do not roll or twist the body.
2. Stop bleeding by pressing against wound with a clean cloth. Hold until bleeding stops.
3. If victim is unconscious, even temporarily, suspect a head injury. Keep him quiet. If you must move him, keep

him horizontal.
4. Shock is present in most injuries. Keep victim lying down and warm.
5. Burns are wounds. Exclude air to relieve pain. Cover with clean cloth. Treat for shock.
6. Stoppage of breathing — try to compress and expand chest alternately. Clear mouth and throat, and keep them clear. Everyone should learn how to apply artificial respiration.
7. Chest injuries — limit motion of chest by placing wide strip of cloth snugly around lower ribs. Do not tighten.
8. Fractures — immobilize the part injured by improvising bandaging.

Prohibition lasted 13 years, 10 months and 19 days in the United States.

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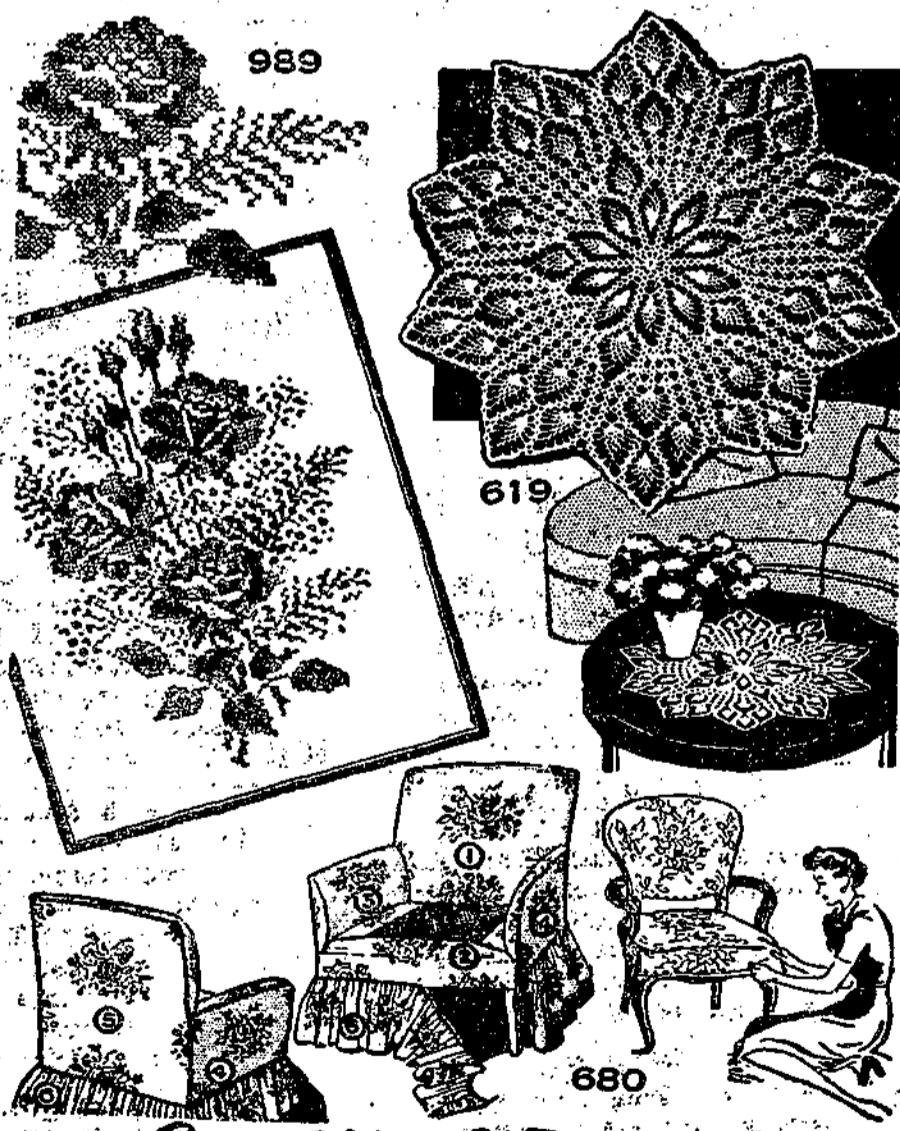
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Send THIRTY-FIVE CENTS in coins (stamps cannot be accepted) for each pattern, to Coast News, Needlecraft Dept., 60 Front St. West, Toronto, Ont. Print plainly PATTERN NUMBER, your NAME and ADDRESS.

New! New! New! Our 1960 Laura Wheeler Needlecraft Book is ready NOW! Crammed with exciting, unusual popular designs to crochet, knit, sew, embroider, quilt weave — fashions, home furnishings, toys, gifts, bazaar hits. In the book FREE — 3 quilt patterns. Hurry, send 25 cents for your copy.

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All glass lined tanks are manufactured at the same plant in Vancouver, regardless of the name
No. 30 Super Hot or Elko, 1 element \$74.90
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Roberts Creek

(By Mrs. M. Newman)

Mr. and Mrs. M. D. Broughton and son, Clyde, have returned to their home in Portland, Oregon, after a two week stay on the Sunshine Coast.

Convalescing in the General Hospital, Vancouver Mr. C. Cassidy of Beach Avenue, is making good progress following surgery.

Andrew Seed is still confined to St. Mary's Hospital, but is getting along well.

Getting rid of the grime and mud of winter weather, car owners are polishing their cars making ready for the dust of spring.

Some 40 members of Job's Daughters, prior to their regular meeting last Tuesday, entertained themselves with a pot-luck dinner at the Masonic Hall, under the supervision of Mrs. R. Taylor, their promoter of sociability. The girls took their school homework along to occupy them during the late afternoon hours, after which they did justice to a large assortment of foods.

Mrs. S. Fallowes was the lucky winner of the toaster which the Jobies raffled and Miss G. Swanson won the travel clock.

ACROSS

1. Source of cocaine
5. Talk
9. Precious stone
10. Listen to
11. Greedy
12. Stopped
14. Skin tumor
15. Not firm
16. Sloth
17. Builds
19. Form of the verb "have"
21. Retired
22. A spot of ink
23. Cut
26. Musical instrument
27. Flow forth
28. Distant
29. A hillside dugout
30. Having lids
34. At home
35. Costly
37. Anger
38. No person
40. Grieve
41. Feathered creature
42. Belonging to me
43. Tolerable
44. Java tree

DOWN

1. Enwrap
2. Think
3. A boulder
4. Mulberry (India)
5. Head cook
6. The black grouse

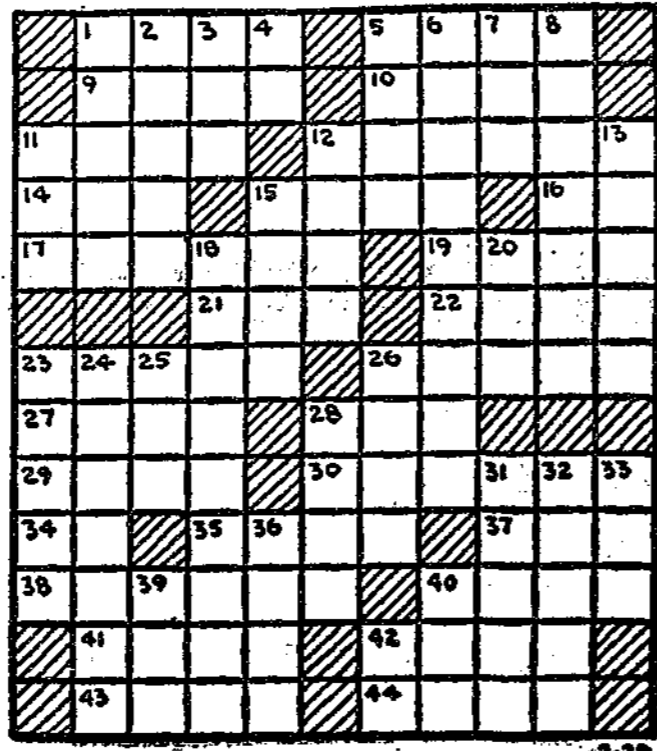
7. River in Latvia (poss.)

8. Crime of attempting to overthrow one's government
11. Solemn wonder
12. Price
13. The afore-said thing
15. Stupefy
18. Halls
20. A wing
23. European country

24. Associates on very friendly terms

25. Belonging to us
26. Couple
28. Censure harshly
31. Goddess of the hunt
32. American Indians
33. Lair

Your Weekly X-Word PUZZLE



This week's RECIPE

This dessert is equally good for party meals or family dinners. The flavor is excellent and the topping unusual.

Apple Puff Pudding

- 4 medium sized apples.
- 1/2 cup water
- 1 cup white sugar
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- Grated peel of 1 lemon
- 2 eggs, separated
- 1/2 teaspoon salt
- 3 tablespoons flour
- 1 tablespoon milk
- 4 tablespoons chopped nuts (filberts are good)

Peel, quarter, core and slice apples. Cook about 3 minutes in the 1/2 cup water. Pour into buttered 9x9-inch baking dish. Sprinkle with 1/2 cup sugar, cinnamon, nutmeg and lemon peel. Beat egg yolks until thick. Add 1/2 cup sugar, salt, flour and milk. Beat until smooth. Fold this into stiffly beaten egg whites. Spoon over apples. Sprinkle with nuts. Bake in moderate oven, 350 deg. F. for about 30 minutes. Makes 6 servings. Good warm "as is" or with cream or ice cream.

Deep Dish Apple Pie never fails to please. It's an easy-to dessert you'll want to make soon.

Deep Dish Apple Pie

- 6 cups peeled, sliced apples.
- 1/2 cup brown sugar
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 2 tablespoons butter
- 1/2 recipe pie crust
- Cream

Combine first 4 ingredients in deep dish. Dot with butter. Top with pastry. Brush with cream. Bake in hot oven, 425 deg. F. for about 40 minutes. Makes 6 servings.

Here's a light, fluffy dessert that's accented with lemon juice and rind. It's a favorite with everyone.

Apple Chiffon Delight

- 4 apples
- 2 tablespoons water

- 2 tablespoons lemon juice
- 1/4 cup butter
- 8 tablespoons white sugar
- 2 eggs, separated
- Grated rind of 1/2 lemon

Place sliced apples into pan with water and lemon juice. Cover. Cook slowly until soft. Press through sieve to remove core and peel. Place pulp in top of double boiler. Add butter, 6 tablespoons sugar and egg yolks. Mix well. Cook

over hot water, stirring until thickened. Beat egg whites with 2 tablespoons sugar until very stiff like meringue. Fold this into the warm apple mixture. Add lemon rind. Spoon into sherbet glasses. Chill. Makes 4 servings.

Visitors to the famous Columbia Icefields in the Rockies may explore the glittering reaches of this ancient glacier by snowmobile.

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Halfmoon Bay notes

By PAT WELSH

The Redwel recreation commission will hold its annual general meeting at the Community Hall, Thurs. March 31, at 7:30 p.m. Mr. J. B. Ostrum, regional consultant, community programs branch will be in the chair. All members are asked to attend.

Flight Lieut. Richard Laird, R.C.A.F., and family have arrived from Halifax and are guests of Richard's mother, Mrs. F. Lyons at Irishman's Cove. Richard has been posted to the Arctic Circle on Air Defence duties for one year. Mrs. Laird and family will reside in West Point Grey during his absence.

Mrs. C. McNutt of Calgary has been the guest of the Jim Coopers for a few days. Mrs. McNutt is Mrs. Cooper's sister and came to escort her mother, Mrs. W. Aberhart to Calgary for the summer months. They returned to Calgary Sunday.

Eight-year-old Carol Bleckman of Sun Valley was photographed for the Winnipeg Free Press playing in 20 feet of snow with her pet St. Bernard dog. Clair has been a frequent visitor to Welcome Beach for some years with her parents, Mr. and Mrs. C. Bleckman of Sun Valley. Mrs. Bleckman is the daughter of Mrs. E. Klusendorf of Welcome Beach. They will spend the Easter holidays with her.

Mr. and Mrs. Ken Klusendorf who have been the guests of Mrs. E. Klusendorf for a few weeks, are leaving this week for Victoria where they will visit his sister Mrs. B. Bath before returning to their home in the east.

Mr. and Mrs. E. White have

returned home from visiting their son in Vancouver. Mr. White is returning to Vancouver to enter Shaughnessy Hospital.

Desmond Welsh of North Surrey spent a few days with his parents at Irishman's Cove. Weekenders were Nora and Don Macdonald, Mr. and Mrs. S. LeFeaux and Mr. and Mrs. W. LeFeaux.

Mrs. M. Meuse of Hydaway went to Vancouver to meet her sister Mrs. Symons of Burlington, Wash.

Flying out from Illinois was Mrs. Bate of Hydaway. She has returned home but hopes to return shortly for the summer months.

Mr. and Mrs. Roy Doyle and family have moved into their new home at Halfmoon Bay.

Ships at Port Mellon

Grace Line's Santa Juana, New York registry, 10,000 tons, cruises at 15 knots, loaded pulp March 1 for South America.

Panama registered freighter Suerte, 10,000 tons, cruising at 10 knots, loaded pulp March 3 for United Kingdom.

Evanthia, Greek registry, 10,000 tons, cruising at 10 knots, loaded pulp for Atlantic seaboard.

British freighter Deerwood, 8,140 tons, 12 knots, loaded pulp March 17 for U.K. ports. Shasta, Malta, San Francisco registry, 15 knots, loaded pulp for South America.

All ships carried other cargo as well as Port Mellon pulp product.

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Effective April 1

The JOHN WOOD HARDWARE STORE will remain open until 12.30 p.m. on Wednesdays and

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FOR YOUR
RUBBER STAMPS
ASK
COAST NEWS

AVOID TRAGEDIES

More than 200 children die each year in Canada as a result of fire, according to the All Canada Insurance Federation. Never leave a child alone, the federation advises. When the child is left in charge of a baby sitter, leave written instructions as to what to do in an emergency. Baby sitters should know where you are going, and how to reach you.

Robert D. Wright, N.D.
NATUROPATHIC PHYSICIAN
Graduate of
Cal. Chiropractic College, etc.
MON., WED., FRI. — 1 to 4 p.m.
or any time by appointment
PHONE 172W — GIBSONS



TEENING UP for the advent of spring, CBC-TV stars George Murray and Joyce Hahn compare notes on their favorite sport, golf. But they have more than the game in common — they both sing. Joyce can be seen (and heard) every second Monday on Music '60 Presents The Hit Parade. George is emcee for the weekly Talent Caravan, on Thursdays.

NOTICE

R. S. Rhodes

Doctor of Optometry
204 Vancouver Block
Vancouver, B.C.

Announces he will be in Sechelt

APRIL 4

For an appointment for eye examination phone Mrs. Evelyn Hayes, Sechelt 95.

If anyone desires any adjustment or repair to their present glasses I will be pleased to be of service.

For parents only By Nancy Cleaver Copyrighted

In the diary, written when she was thirteen, Louisa Alcott, author of Little Women, wrote: "I have at last got the little room I have wanted so long, and am very happy about it. Mother has made it very pretty and neat for me. . . It does me good to be alone."

In a home where there is a large family, it is often difficult to arrange, if not a room, a place which belongs exclusively to each child. Here prized possessions can be kept, without danger of their being touched. Here a boy, or girl can retreat away from other people to read or think or day dream.

Extra space can sometimes be found by making a room in an attic or a basement. Do-it-yourself projects are very popular because they cut greatly on the cost of re-modelling if properly carried out. Advice on how best to spend money on wall board, ceiling or floor covering will be gladly given by experts employed by various commercial firms selling materials needed to build a new room.

Many magazines and newspapers carry features from time to time, giving definite instructions and approximate costs on remodeling. In one family, two girls shared a large bedroom in an older home. They both greatly appreciated a partition dividing the room into two rooms, one for each sister. An older boy who had to share his bedroom with a much younger brother, fixed up his own bedroom in the basement, at the time a recreation room was being built there, while another boy, with his Dad's help, made a room and hobby corner in the attic.

It is a sad reflection on an adult's upbringing, if a man or woman cannot be happy in his or her own company. Great emphasis has been placed on "togetherness," but is enough thought given to enjoyment of a solitary time? Each person has different tastes and abilities, and it is the wise parent who encourages a child's enjoyment in handicraft, reading, music and other activities which can be carried out alone.

Even the very small child should be left to play alone with his toys, for short periods of time, so that he will not become too dependent on his mother's company. She should be able to keep an eye on him. Good play equipment is sturdy and challenges a child's ingenuity. Blocks and a sandbox are both fascinating material for the child who is playing by himself.

It is a good plan to encourage a young child to enjoy picture books, story and nursery rhyme books, not only when he is read to, but also when he turns over the pages and looks at the pictures himself. Teach him to handle a book with care, not tearing or soiling the pages. An old record cabinet makes an excellent container for large sized books which often are too big for an ordinary bookcase. Coloring books or better still, large sheets of blank paper for drawing can be kept on one shelf with a box of large crayons of

Printed Pattern



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by Marian Martin

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Printed Pattern 9287: Misses' Sizes 12, 14, 16, 18, 20. Size 16 dress takes four yards 35-inch; capelet, one yard.

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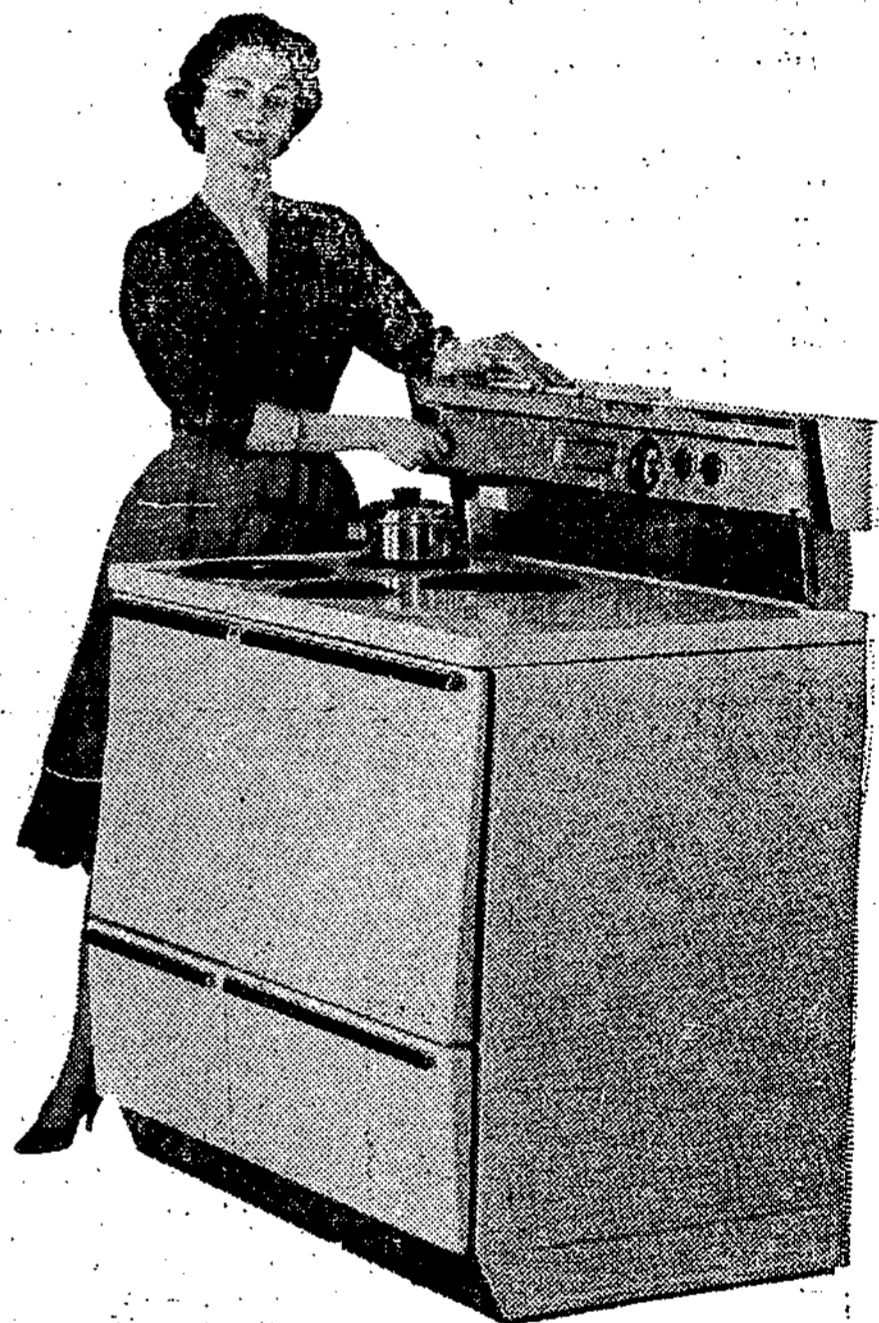
assorted colors. Few older individuals who enjoy reading or "making pictures" find time hanging heavy on their hands when they are alone.

When a child enters adolescence, his urge to be alone comes, in part, from his need to grow into greater independence of adult direction. He is impatient of mother's or father's too insistent probing into his private affairs. The answers he gives to their questions about where he has been, what he has done, whom he was with may be very brief and indefinite to his parents — but his reaction often is,

"Why don't they let me alone?"

Privacy to him is essential when he is phoning, especially a friend who is a girl. An adolescent expects his letters to be uncensored and not read and this is a courtesy which must be observed. A diary is a sort of confidant for many teen age girls, and we betide the person who tries to find it and discover the secrets on its pages. Privacy and having one's own friends and thoughts are all essential parts of a happy home atmosphere, especially in a family where children are in the higher grades at school.

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AUTOMATICALLY
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electric range!



To make all your cooking better and easier — today's electric ranges are completely automatic. With the new automatic ovens, you simply place your meal inside — set the time and temperature controls, and you're free to take care of other chores. Everything cooks safely, deliciously, without further attention!

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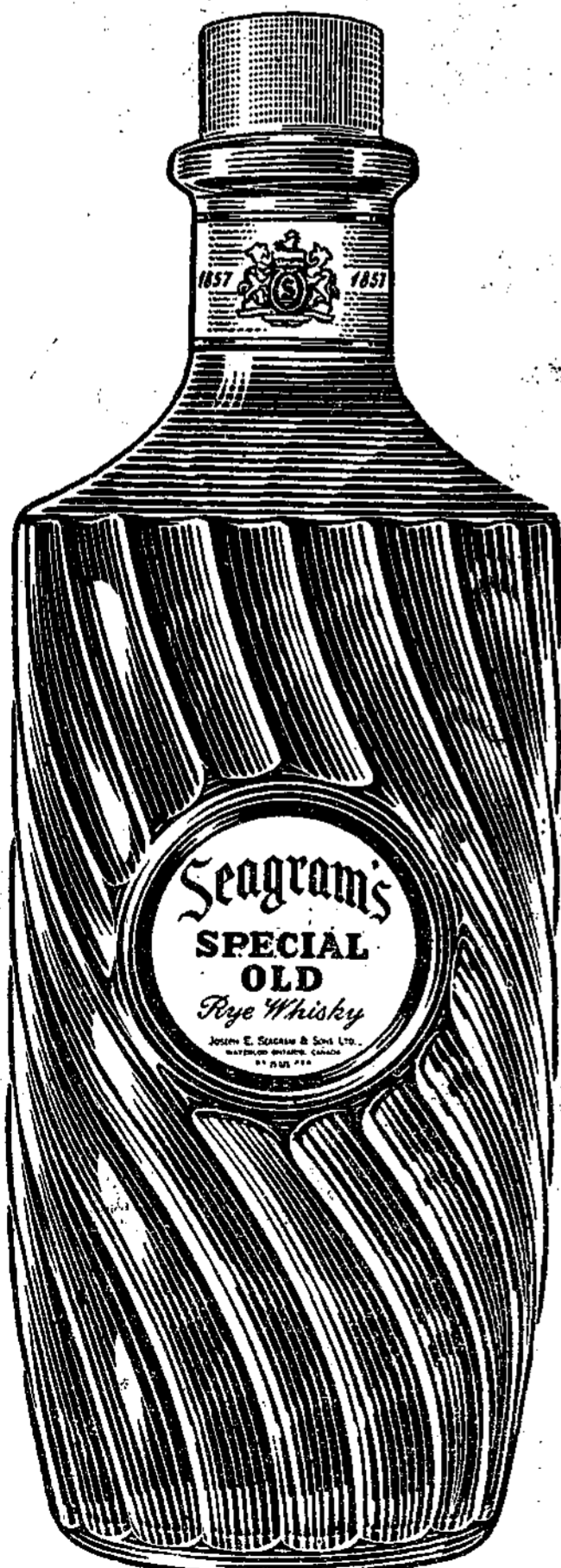
Yet with all their automatic features these new electric ranges are wonderfully simple to operate — as you'll discover for yourself when you ask your appliance dealer for a demonstration!

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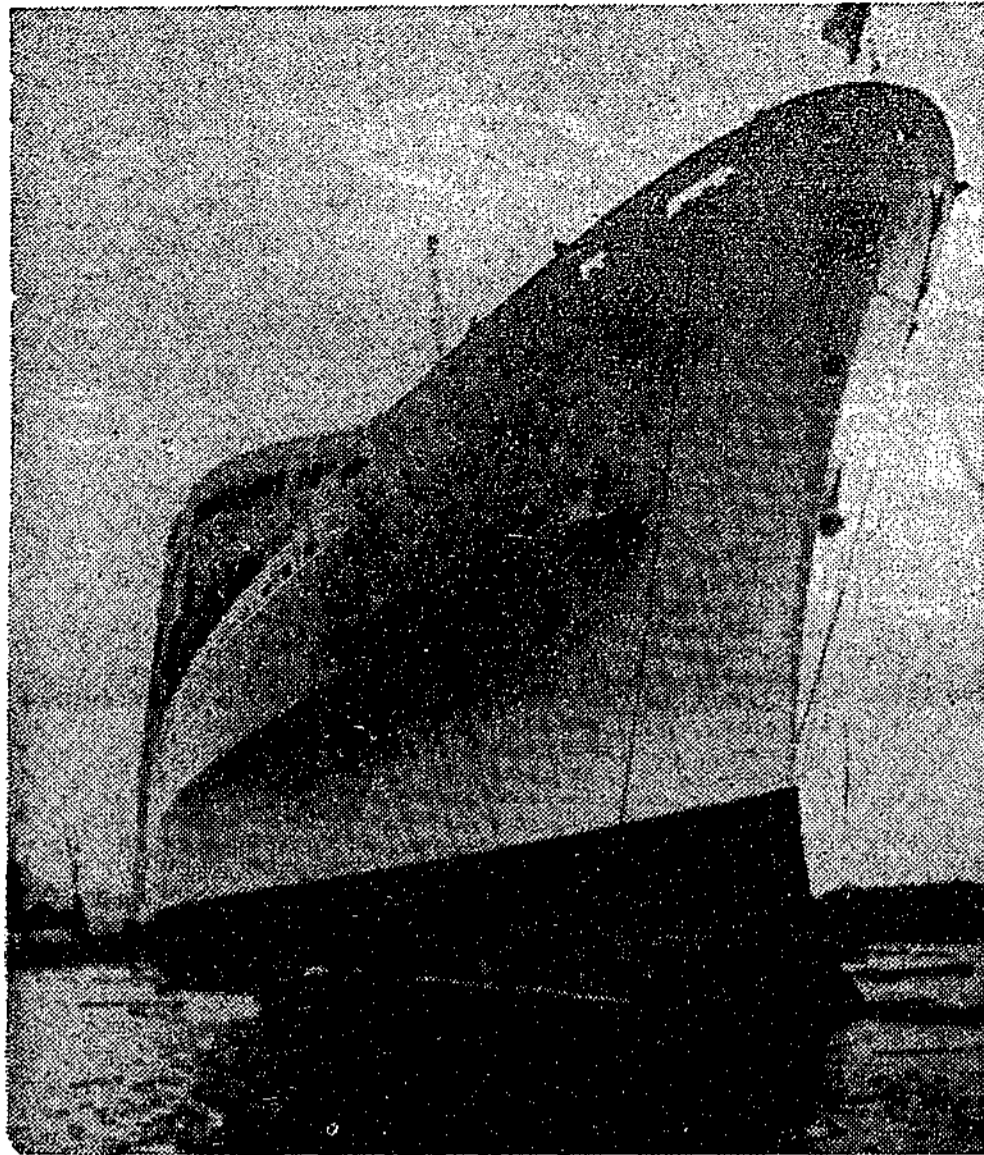
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RICHTER'S RADIO & TV CENTRE
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Try it — and taste
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LARGEST LINER built in the United Kingdom since the Queen Elizabeth, the 45,000-ton Orient & Pacific Lines' Canberra was launched March 16 in Belfast and will make her maiden voyage from London to Vancouver next year. The sleek, 27½ knot sea giant will be the ninth and largest O & P liner linking Vancouver with ports in California, Hawaii, the Orient, the Antipodes and around the world. She will accommodate 2250 passengers and 1000 crew.

Capitalize on your reverses By Archer Wallace

One day in the 60's of last century a 16 year-old lad waited anxiously in the waiting-room of a London doctor. He was the son of a clergyman and he hoped to become a minister himself. The doctor's verdict upset his plans. Gently he laid his hand on the boy's shoulder and said: "I am very sorry to tell you that you have a serious heart condition and consumption. I fear you cannot live long; certainly not in this English climate. In a drier climate, such as South Africa, you might live a year or two."

The lad, John Cecil Rhodes, born 100 years ago, first saw the light on July 5th, 1853. In search for health he went to South Africa where the dry bracing air restored him and where he lived for over forty years. By amazing industry and determination he became wealthy and endowed the famous Rhodes Scholarships, making it possible for 170 students a year to study at Oxford University with all expenses paid.

But the most exciting thing about Cecil Rhodes was the way he faced what seemed a crushing calamity that turned out to be a stepping-stone to a life of great usefulness. We shall remember him this July.

Another man who triumphed over difficulties was Dr. Edward Livingstone Trudeau. He was born in New York City, in 1848. He graduated from medical college in 1871, but two years later developed tuberculous and, as his biographer said: "The gates of life seemed shut in his face for it was believed that he had less than six months to live. When he went seeking health to a hunter's lodge in the Adirondacks he could hardly stand up and the man who showed him to his room said afterwards: "He weighed no more than a lamb-skin."

One winter night when on a sleigh-ride with friends he was overtaken in a terrible blizzard so that the journey lasted 48 hours. The experience turned out to have a wonderful effect upon him and for millions of

others living under the shadow of tuberculous. He felt so much better that he became convinced of the advantages of pure air and this led to the establishment of the Trudeau Sanitarium, the first institution of its kind to try open-air treatment for tubercular patients. Tens of thousands benefited at his hospital; among others, the writer, Robert Louis Stevenson.

Dr. Trudeau, who became universally known as "The Beloved Physician," lived to be over 77; always cheerful and useful. Shortly before his death he wrote: "The conquest of fate comes not by rebellious struggles but by acquiescence: learn your limitations and live accordingly."

Most of us think that life without obstacles would be ideal but that is a fallacy. We develop strength of character and serenity of mind by meeting our reverses and overcoming them. This is the unanimous verdict of history. The real heroes have been the "over-comers." The president of a great university said he had never known a student who came to register at college in a high-powered car, who ever amounted to much. He said: "It is a misfortune to be born with a silver spoon in one's mouth — that spoon has choked more than it has helped."

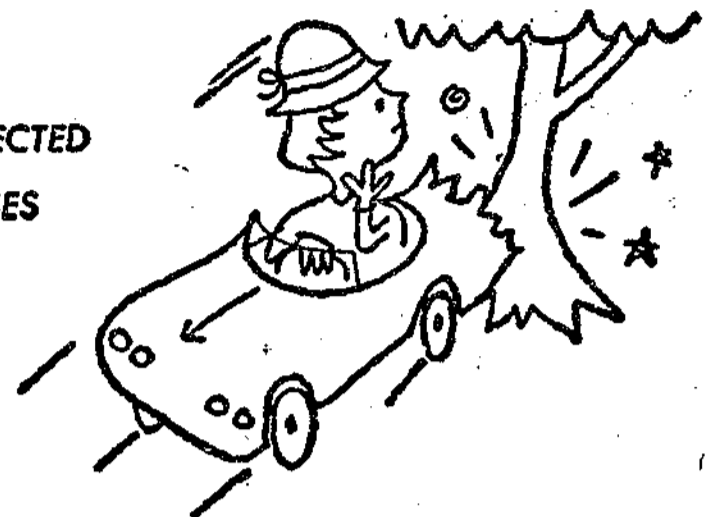
Modern times have seen exemplified no finer instance of hero-

ism than that of Lieutenant Robert F. Scott. This noble man, after being numbed by biting winds and blinded by driving snow, wrote: "The soul of man is stronger than anything that can happen to him." No one could read that brave sentence without feeling stronger and without becoming conscious of the essential worth of humanity. A scientist tells of a lady who

in mistaken compassion cracked a cocoon so that the butterfly might the more easily escape. She thought to save the creature a painful experience. Perhaps she did save it some pain but she did it an injury, for when the spoiled, pampered creature emerged, it was sickly and soon died. It is one of the deepest instincts of humanity which tells us that suffering need not be a calamity. It can be made a very precious experience.

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UNEXPECTED
EXPENSES



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SCOTIA PLAN

Driftwood By LES PETERSON

The continents must have their trails and roads for travel, but the seas are their own broad highway.

We must move in order to view the marvels of our hinterland, but if we remain at the ocean's threshold the wonders of the deep will beat a path to our door.

There is a fatal fascination in a strip of beach. For the greatest lure known is the lure of the unknown, and our beaches are the least-known spots on earth. Alternately land and water, yet truly neither, but a varying no-man's land between, they give and are of both the shore and the sea. Changing tides rake the sands and pebbles, and leave their signatures in an always different way, with the beach as their paper and driftwood as their ink.

Never was there less durable writing material, nor a more fickle author. For the scanner of driftwood must come every day to read what the tides have said, or he will miss some of their meaning. But to him who passes by each day, they hold up a page that brings him news from all the world. For the drifting particles that come, and stay a while, and go their way again, are not merely a cross-section of all that drifts about. Each piece is forever a freak and a phenomenon, and it has a story that it can tell better than any book could do.

We read of the commerce that passes from our ports, but can all the surveys ever bound say to us as much as one lonely orange that has escaped its ship

and made its way ashore? We know something of the glamour and the hazard that accompanies the fishing industry, but who would dare compete in its telling with the story-weaving art of a tarry gill-net float, or of a water-logged glass ball that may have drifted half way round the globe after breaking loose from its net? We learn of a shipwreck, but what pictured account of the heroism and the tragedy can give us the sudden twinge we feel at the discovery of a hatch-board or a battered piece of rib and planking lying at our feet?

This is the meaning of the sea; it is not a shimmering patch of blue that melts into the east and west, but as a bumpy by-way that carries human lives along, and sometimes drops them on its way. It is a story that began before the days of wood and sail; that will go beyond the time of steel and steam; written fleetingly yet with immeasurable care by fingers that fashion their words with little bits of driftwood.

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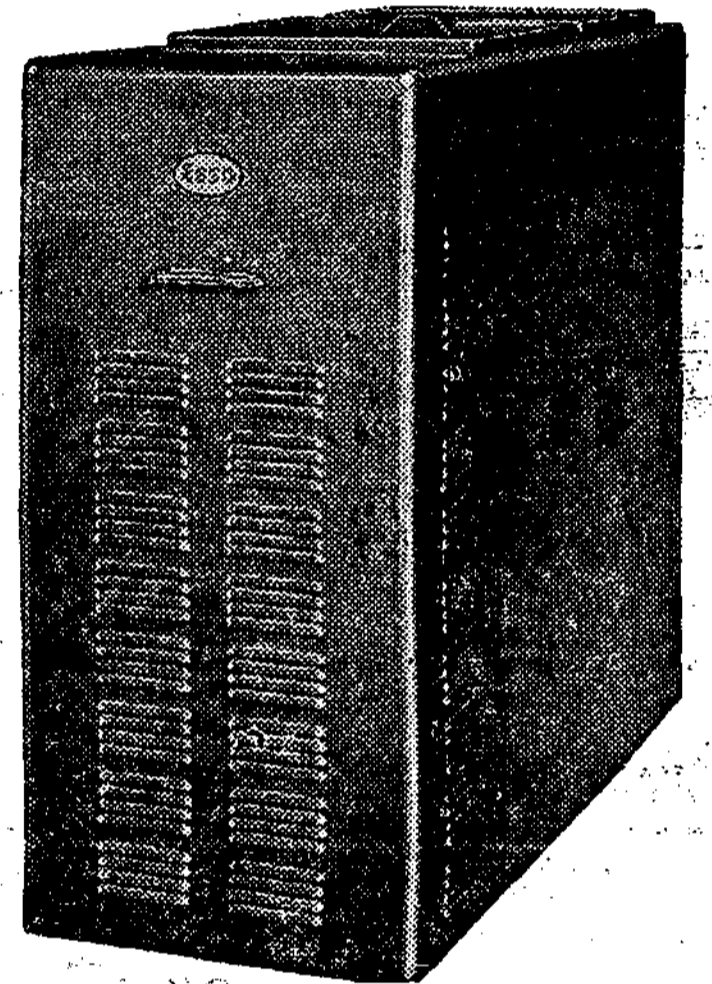
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WILSON CREEK

PHONE SECHELT 10

Sechelt news items

BY MRS. A.A. FRENCH

A newly wedded couple, Mr. and Mrs. George Flay, of Selma Park were guests of honor at a social evening by the Selma Park community club. Object of the evening was to introduce and welcome the bride who comes from Vancouver. The young couple, both ardent skin divers, were presented with a wedding present by the

club members which was a fitted picnic basket with accessories, a useful article on their diving adventures. George is well known here, his parents being old time residents. He operates the Sechelt Barber shop.

A Catholic Women's League meeting was held at Wilson Creek Community Centre with 30 members present. Mrs.

BUY EASTER SEALS — HELP CRIPPLED CHILDREN
—Sponsored by the Kiwanis Club

VERA LOWE SCHOOL OF DANCING DISPLAY

PENDER HARBOUR HIGH SCHOOL

Friday, April 8, 8 p.m.

Adults 50c — Children 25c

S.P.C.A. Annual GENERAL MEETING

Friday, April 8 - 8 p.m.

UNITED CHURCH HALL — Gibsons

SPEAKERS:

Mr. TOM HUGHES, Managing Director for B.C.

and

INSPECTOR TAYLOR, Special Investigator for B.C.

A new film dealing with the work of Vancouver Shelter will be shown

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APRIL 2 - SCHOOL HALL

7.30 p.m.

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8 Coast News, March 31, 1969

Pearl Tyson was in the chair in the absence of Mrs. Oscar Johnson. Members came from points as far as Port Mellon. An interesting talk on Indian affairs was given by Rev. Father J. Barnardo of the Sechelt Residential school. The meeting closed with a get-together period and refreshments.

Mrs. L. Benner is confined to bed after suffering a heart attack.

Mr. and Mrs. F. Holland of Vancouver visited Mr. and Mrs. O. Korgan for the weekend.

BOXING NOTES

The Peninsula Boxing Club will stage a ten bout club card at Port Mellon Community Hall, Thurs., March 31 at 7.00 Admission is 50c.

In the main event Rocky Zantolas will clash with George Gibb while tough Joey Gibson will again take on Jim Bothwell in the semi-windup.

Other bouts will line up this way: Pat Beaudoin vs. Hank Lavigne; Jim Mandelkau vs. Morris Lavigne; Kenny Verhulst vs. Jim Scorgie; Pat Keogh vs. Kurt Day; Bob Watson vs. Bob Crosby; Chuek Scorgie vs. Bob McLean and Sonny Evans vs. Russ Thomas.

BOWLING

Pee Wee Bowling League ended a successful season with a party on March 7 in the Bowling Alley. Orv Moscrip presented trophies to the winners.

Winning team was the Cannon Balls, — Randy DeLeener, Ray Moscrip, Clyde Higginson and Ronnie Caldwell. Trophies were presented to: Boys: High average, Ray Moscrip, 130; high two games, Clyde Higginson, 309; high single, Craig Gilbertson, 164 and most improved boy bowler, Philip Reeves.

Girls: High average, Kirsten Jorgenson, 108; high two games, Elouise DeLong, 298; High single, Phyllis Emerson, 190 and most improved girl bowler, Gail Newton.

The alley award for high single game was awarded to Ray Moscrip, 252.

Police Court

Appearing before Magistrate Andrew Johnston on a charge of being intoxicated in a public place at Sechelt, Samuel Newcombe of Sechelt was fined \$20.

The Janet Logging Company of Irvines Landing was fined \$50 for failing to pay an employee under the Semi-Monthly Payment of Wages Act. William Everett Hewer also of Irvines Landing was also fined \$50 for a similar offence.

Steven Littlejohn of Vancouver was sentenced to 15 days at Oakalla Prison Farm on a charge of driving while his licence was suspended. Littlejohn received a further 15 days concurrent for driving a car without due care and attention.

William Handy of Roberts Creek paid a \$150 fine for driving while his ability was impaired.

Ronald Wray of Sechelt was fined \$20 for being found intoxicated at Sechelt.

Walter Loitz of Sechelt was fined \$50 and ordered to pay damages of \$20.33 on a charge of wilful damage to a car parked in the parking lot at Wakefield.

FALLOUT MEETING

A group of people met at Soames Point March 17 to discuss nuclear fallout and devise ways and means of getting more people interested and aware of the damage radiation is already doing even in initial stages. Anyone interested can obtain further information by phoning Gibsons 435H or 97X.

RATEPAYER MEETING

Mr. J. B. Simeon of the department of social welfare will be speaker at the monthly meeting of Gibsons and Area Ratepayers' Association in United Church hall, Monday, April 4 at 8 p.m. There will also be a film shown entitled "A Friend at the Door."

Solution to X-word on Page 4

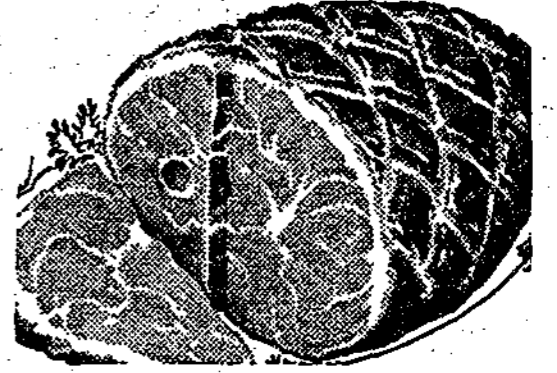
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