The Abbotsford Post

With which is incorporated "The Huntingdon Star"

VOL. XVI., No. 8. ABBOTSFORD, B, C. FRIDAY, JUNE 28, 1918 $1.00 PER YEAR

VICTORIA
Provincial Library

47

LIME SALT

By the barrel By the ton

COAL FEED

By the ton By the ton

TIRES and TUBES
Always on Hand

We also buy Eggs and Poultry

Abbotsford Feed Store

CISSY

A friend of the soldiers who has had experience in GRAPHOLOGY, offers to tell the character of the readers of this paper, from their handwriting.

Specimens are to be written on one side of the sheet of unruled paper and to consist of a quotation, poetical or otherwise, of at least four lines. It is not necessary for the writers to sign their names. Any nom de plume, or initial that will distinguish each one's own delineation will suffice.

With each specimen, we ask for the small sum of ten cents and all proceeds will be devoted equally between the Patriotic and Prisoners of War Funds.

Address all correspondence to Box 6, Mission City, B. C.

P. E.—Sensitive, orderly, refined, prudent, reserved, clear minded, unsophisticated, generous, even-tempered, very conscientious, very unselfish, possessed of good powers of mental concentration and persistence

MARGARET—Sensitiveness, sublimity, love of order, dignity, ambition, a self-conscious reserve, though at times over-confidential, tact, policy, imagination, also a great deal of active determination. (Am always glad to get twenty-five cents for two delineations.)

CARISSIMA—Fondness of outdoor pursuits; caution, sublimity, penetration, self-sacrifice, firmness, sense of duty, and honor, ideality, great kindness and sensitiveness.

DYCE—Executiveness, combativeiveness, very strong individuality, order, comparison, human nature, self-esteem, caution, approbativeness and power of assertion.

COMPETITIONS FOR BOYS AND GIRLS

Through the action of the Minister of Agriculture, the Hon. T.A. Crerar, arrangements have again been made the "Canadian Bankers' Competi- sociation co-operate with the Department of Agriculture in providing a liberal sum of money to be offered in prices for calves and pigs exhibited by boys and girls under 17 years of age, at one fair in each district —either a county, township or school fair.

These competitions are known as the "Canadian Bangkers' Competition," and are linked up with the activities of the Live Stock Branch of Agriculture. They represent an effort to increaso interest in live stock and constitute a part of the active campaign for more and better stock inaugurated and carried on by that departmunt. The general suport accorded to t he movement, by the Canadian Bankers Association, affords a practical demonstration of the attitude of the banks towards the live stock industry, and the active participation of the Association in this campaign is bound to strengthen and create general interest in farm live stock.

A Canadian Bankers' Competition will be held at a large number of shows this year, and boys and girls should lose no time in finding out all about them. The calves and pigs must be fed at least six weeks by the boys and girls who exhibit t hem, so that it is very important to act promptly in securing a copy of the rules and other information.

Full information regarding the Competition can be obtained from the manager of any branch bank in the locality where a fair is held.

NEW LICENSING REGULTAIONS.

The licensing regulations of the Canada Food Board repuire that every licensee shall place on every letterhead, contract, order, acceptance of order, invoice, price list, quotation, and advertisement issued the words, "Canada Food Board License Number", followed by the number of license, and shall show the name of the license under which the business is carried on.

It is illegal for licensees to issue any advertisement which does not contain this information. The Canada Food Board calls the attention of advertisers to t he fact that this information is required by law, and that their advertisements cannot legally be published unless they conform to the Food Board's regulations in this respect.

The following trades are now under license.

Grocers, wholesale and retail.

Bakers, manufacturing and retail.

Manufacturers of breakfast foods and cereals.

Millers, Retail Butchers.

Fish dealers, wholesale and retail.

Flour and feed dealers, wholesale and retail.

Dealers in fresh fruit and vegetables, wholesale and retail.

Produce dealers, wholesale and retail.

Canners, Packers.

On and after July 1 licenses will be required by confectionersr (manufacturers only) and by proprietors of public eating places. The regulations with regard to advertising becomes applicable on that date to these classes also.

PASTE THIS IN YOUR HAT.

When to Ship to Calgary from the Fraser Valley.

The folowing table will help growers to ship on the right days to Calgary.

	Train	Train	Train
Tuesday	2	—	14
Wednesday	2	4	14
Thursday	—	4	14
Saturday	2	—	14
Sunday	2	4	14

Other points shipping L.C.L. should arrange date of shipment so as to avoid arriving on Tuesday night or Wednesday and on Friday night to Sunday night.

Mr. J. A. Hargitt of Hargitt Motors, Limited, has just received another shipment of Ford cars. "Joe" is a hustler for selling cars. Wonder how he does it?

MRS. COLIN H. CAMPBELL,
Of Winnipeg, Man.

Ridgedale Notes

(From Our Own Correspondent)

Ridgedale Red Cross workers shipped to Vancouver Central Depot during the month of June the following articles:

12 Pairs Socks.
12 Stretcher Caps.
12 Housewives, filled.
6 Face Cloths.
6 Suits Pyjamas.
30 Towels.

On Registration Day the ladies took advantage of the occasion and served refreshments Starawberries and cream with cake; also raffled a fancy quilt which together brought them in the nice sum of $17.00 to be added to their Red Cross material fund, Mr. Auty of Straiton winning the quilt.

Mrs. Mathews and children of Vancouver are the guests of Mrs. Farr, Snr.

Mr. Reid with a party of friends motored to Vancouver on Friday.

Mrs. Neeley of Tacoma, Wash with her family are visiting her mother, Mrs. Joe Smith.

Miss Greenwood of Bellingham is visiting Miss Celeste Page.

Miss Sidney, senior tecaher and Miss Page, junior teacher, have both resigned their positions as teachers in Ridgedale school. We are sorry to lose them both and wish them success in their new field of labor.

Mr. H. F. L. Kelso came out to register on Saturday 22nd.

NEW MUNICIPAL ACT.

When the Union of British Columbia municipalities meets this autumn there will be but few amendments recommended by the differen municipalities to the Municipal Act. The opinion of the representatives of the various districts is that an entire new act is necessary to meet the altered conditions, and the rough draft as preptared by the executive of the union and dealing particularly with assessment and taxation systems will be before the convention for consideration.

Some of the proposed clauses dealing with municipal assessment are very far-reaching and will no doubt create a complete revision of the system of taking the annual valuation on the lands of the municipalities.

Before the convention meets Reeve Bridgeman, president of the union, is endeavoring to cement the rural and suburban municipalitics together again. Some of the rural districts will come back to the union, while others are still of the opinion that they can gain nothing by attending because they are out-voted by the cities and suburban districts.

PERSONALS

Mrs. J. King intends visiting with her mother, Mrs. Foot in Vancouver, for two weeks and then going up the coast for the remainder of the month.

Mr. Wiggins and family are going to move to Vancouver next week. They will be missed as Mr. Wiggins has been going in and out among the people for some time.

Mr. McGeorge has been tuning pianoes through the valley recently.

Mrs. Gazley is having the Gazley hall repaired by the Vancouver City Roofing Co. Hope it will be a success this time.

The Ladies Aid Society will hold their meeting at home of Mrs. Wm. Roberts on Wednesday afternoon, the 3rd of July.

Dr. T. A. Swift is away for a rest at present.

Mrs. P. R. Edwards and Miss Musclow of Vancouver are the guests of the former's parents, Mr. and Mrs. Ziegler, this week.

Mrs. Alanson gave a party on Thursday afternoon for Emily and Jack to their many little friends. About thirty guests were present.

Mr. and Mrs. Rickerson, of Bellingham, were the guests of Mr. and Mrs. McMaster last week end.

Mrs. McMenemy, Mrs. Thomas and Mrs. Frazer were the guests of Mrs. Starr, Sumas, last Friday.

Miss Annie Nelsin is home after spending several months in Vancouver at the Sprott-Shaw Business College.

Miss Vivian Peele is home from Vancouver.

Mr. Gilmore has moved his family up to Abbotsford to live. They formerly resided in Vancouver.

A pleasant afternoon was spent at the home of Mr. and Mrs. Dan Smith on Thursday in honor of the school teachers, Miss Urquhart and Miss Graham. A contest was conducted and Mrs. Robert Thomas was the lucky one. She came first and won a delightful little prize. Later a dainty luncheon was served. Among those present were the Misses Urquhart, Graham, Simlet, Gillen, Miss Annie and Selma Nelson, Mrs. Wiggins, Mrs McPhee, Mrs. Kenedy, Miss Grace Kenedy, Miss F. Musclow, Mrs. Zeigler, Mrs. P. R. Edwards and Mrs. Eby.

Mrs. Mathews of Victoria is visiting her friend Mrs. Wm. Ware.

Mrs. McMaster has been visiting her son in Bellingham.

Master Clyde Thomas is spending his holidays with his grandma, Mrs. Messick of Bellingham.

A strawberry social was held on the lawn at the home of Mr. and Mrs. Boyd last Friday night under the auspices of the W. A. A good crowd was there and the social was quite a success.

A meeting under the auspices of the W. C. T. U. was held on the 18th atthe home of Mrs. Boyd to receive report of the delegates who attended the convention held in Victoria. Mrs. Tapp the president was in the chair, and Mrs. Robertson gave a graphic account dwelling on the new resolutions and business items, particularly on the militia and war departments. Other speakers were heard and after serving light refreshments the meeting came to a close.

Mrs. Elmer Campbell of Bellingham was visiting her sister Mrs. T. Cougan this week.

CHINA OFFERS TO HELP JAPAN

London, June 22.—Chinese soldiers are available for co-operation with the Japanese at Harbin and near the Siberian frontieer and if necessary more will be sent, Gen. Tuan Chi Jui, the Chinese premier and war minister, told the Peking correspondent of the Daily Mail. The premier added.

"The threatening situation on our frontiers certainly demands safeguards. We do not want the Bolshevik in China."

With refenence to Chinese participation in the war on the European battle fronts, the premier said:

"I would like to help the allies and would be glad to send 40,000 or 50,000 troops, but am prevented by financial difficulties and the activities of the provincial rebels."

Mr. James Gillen was at Mission City this week writing on his exams.

MRS. TORRINGTON
President of the National Council of Women for 1917-1918 who presided at the Brantford convention.

A WORD WITH FRASER VALLEY AND OTHER GROWERS

Your M. C. asked a leading broker why his firm did not make a greater effort to secure his barb from B. C., instead of Walla Walla. His reply was: "They are not reliable, having no central selling agency. They sell individually to anybody at varying prices. We are not safe in handling their produce."

The existence of two associations was referred to and the come-back was: "They are not true to their organizations. They only use them when they are stuck."

One must admit the situation looks from here as described. You are a large growing district, superior in many ways to any other in the province. You are not buying in the cheapest market nor selling in the best. You cannot get up-to-date facilities nor better railway accommodation because you lack sufficient unity of purpose. You have "too many cooks" on the selling end. You compete against one another. The price of your sod stuff is marred and is regulated by the inferior stuff you ship out. You have no standard, no discipline or rules that can be inforced. Your Rasps and Blackberries have no superior.

Confidence is the basis of business Have you confidence in yourself as a district? If not, why not?

You can excell by unity. District organizations arranging a season's programme and carrying it out would enforce stability. Enforce your rules as to pack, etc., and secure the respect of all fair buyers.

A few words convey the remedy. Organize with your associations and be loyal to it.

HATZIC RHUBARB.

The last car of Hatzic rhubarb arrived here on Tuesday and was sold by Thursday at $1.40 per case. Another car which is on order is almost all spoken for.

Barb growers might be interested in the following table:

Price of barb F.O.B. Hatzic	$1.00
Freight, per box	.27
Icing	.07
Refrigerator car service	.01
Brokerage	.05
	$1.40

The car contained small and irregular stuff which may indicate a falling off of the supply.

Local barb is selling at 4c. a lb. wholesale. It is good but small, and the supply limited.

Walla Walla barb is quoted today at $1.50 F.O.B. shipping point.

Registration day passed quietly and so far as we have heard all have registered.

Mrs. Furlott took exception to the item appearing in last issue of this paper stating that she "ran her car into Mr. Morgan's car, etc." She says it not so, most emphatically, and it is just possible that she is right as she is an expert driver and knows the rule of the road.

THE ABBOTSFORD POST

Published Every Friday

J. A. Bates, Editor and Proprietor

FRIAY, JUNE 28th, 1918.

At a recent convention of the W. C. T. U. it appears the ladies expressed their views in regard to sending cigarettes to the boys overseas, but we are glad that the meeting in the Royal Albert Hall of the Ottawa branch of the Army and Navy veterans decided to "meet the language of intemperance and intolerance with that of moderation."

There is too much solicitude regarding the welfare and uplifting of the boys overseas in some quarters. If they do not do anything worse than smoke cigarettes while fighting the battles of freedom against the Huns and militarism, we think they are doing well. It may or may not be injurious to smoke cigarettes; it is nothing as compared with the depravity and atrocities of the enemy, and if a cigarette will soothe a moments pain or give the soldier a few moments of pleasure we believe the cigarette is a benefactor to the soldier boys at the front. Will the ladies name anything else that will take the place of the cigarette?

The soldier boys do not as far as we know attack any of the weaknesses of the ladies of the W. C. T. U. They are too busy fighting in the cause of freedom and liberty,

The question of the morals of the boys at the front has been upheld by some very good authorities and it looks like Hun propaganda to accuse the boys of some of the crimes they are accused. Let us rather work along acknowledged lines of welfare for the boys. There are many of them. They need all kinds of comforts, and there is room in the Red Cross Society and the Prisoners of War Society for ALL the ladies of Canada.

Progressiveness of the Japanese is shown by a law enacted by the Oriental government to encourage highway transportation by granting subsidies to owners of motor trucks and passenger automobiles. Instead of discouraging the use of motor vehicles by unwise legislation and discriminatory taxation the Japanese government now awards subsidies ranging from $250 for small imported cars to $1,000 for motor trucks built in Japan. The English and French governments have paid subsidies for some years to owners of trucks that met the military specifications, but Japan is the first country to give official recognition to the utilitrian value of the passenger automobile.

In British Columbia in unorganized districts it costs a man money for a licence to run a car He pays $10.00 for the privilege of having a car or for the privilege of applying for a licence, then he pays his $10.00 each year for his licence. Then the car is taxable. This year he pays double taxation on its estimated value by the government. And apart from this he is given roads to drive over that would make a man's hair grey.

A man may have a $800 or a $1000 team, harness and buggy and yet he does not have to pay these heavy taxes for that privilege, although such an outfit ies any more than a good team ury as a car.

It is time that automobiles were not looked upon as luxuries any more than a god team of horses.

Besides expediting business, we look upon the car as a benefactor to a community. Most people of a thoughtful turn of mind have long since come to the conclusion that a car is a road maker of the very highest grade. We have better roads today than ever before with but half the money spend on them. Years ago the government voted double the money for Dewdney riding that is voted today, and yet the roads of Dewdney are on the whole better today than they were ten years ago. It is the automobile driven over the road. It must be, and we are prepared to back up our assertion.

The markets comissioner in his report this week gives some fair advice to the fruit growers to organize. It will be a happy day for this district when the right kind of a man comes along and whips all the growers into one big strong union that will market its fruit through one source. Then will the bank account swell and prosperity reign supreme.

The Duke of Marlborough says that the British are the most skilled agriculturists in the world.

The plan to adjourn politics in the U. S. has caused a lively campaign for the presidental election in 1920.

Advertising When Trade not Needed

Generally a firm advertises when they want to secure more business. Large amounts of money are laid out in local and national campaigns with the idea of familiarizing the public with certain lines of goods.

The value of this method has been proved so often and so conclusively that it can be accepted as a fact.

But when the business has been secured, when the goods have found their way into the homes of the people, there is often a tendency to let the advertising slide—to use half pages instead of whole ones—to advertise at intervals instead of continuously.

A good example of the reverse of this has come to our notice. It is on the outside back cover of Canadian Grocer, and is an appeal from the Lake of the Woods Milling Co., Ltd., to the retail grocery trade of the Dominion, the top line reading, "We Ask you to Sell LESS Flour."

The advertising points out the need of the fullest co-operation with the Food Controller, and urges grocers to do their part in trying to point out to customers the necessity for economy at home in order that the forces at the front may be supplied.

The company has all the business it can handle, and yet it uses full pages to tell people the need for going easy on the flour supply, and naming many substitutes that can be employed successfuly to do this.

Too many firms make the mistake of thinking that the public mind is of adamant, and that once their advertising campaign has been carried to the point of making an impression on the public mind it will remain for all time to come. It will do no such thing.

The Lake of the Woods Milling Co. see the advisability of advertising even when they do not need business They are keeping their name and ideals before the consumers of the country, and protecting themselves against the time when, under normal conditions, they will once more be in open competition with other firms selling a similar line.—Priater and Ppublisher.

Not so many years ago real estate men used to be fond of telling of money that they might have made. They rolled under their tongue with great satisfaction the fact that they might have bought lots at ten dollars a foot and worked them off on some other lobster at fifty and sixty per inch. Today the same walls of regret come from other lines. Tin sells today at $1.25 to $1.30 per lb., while not so many months ago it was trading around thirty cents. Pig iron used to meet the old Buffalo price of $12.80 per ton, but at present the seller with a pen of iron pigs can pull down four times that amount. Plating chemicals now cavort at two, three and four times the old lists, while high speed steel is on a double and plus list on top of that. So when it comes to speaking of prices that were and prices that are the real estate man is simply going to get elbowed off the edge of the platform.

Speeding the Gospel in An Auto

Windsor, May 30.—Rev. H. W. Crews, pastor of Central Methodist Church, told his congregation at a church meeting last night that he felt impelled on account of the war to decline a $200 salary increase which had just been voted him unanimously. It was decided, however to set aside this sum annually, the money to be used for the purpose of the pastor's automobile.

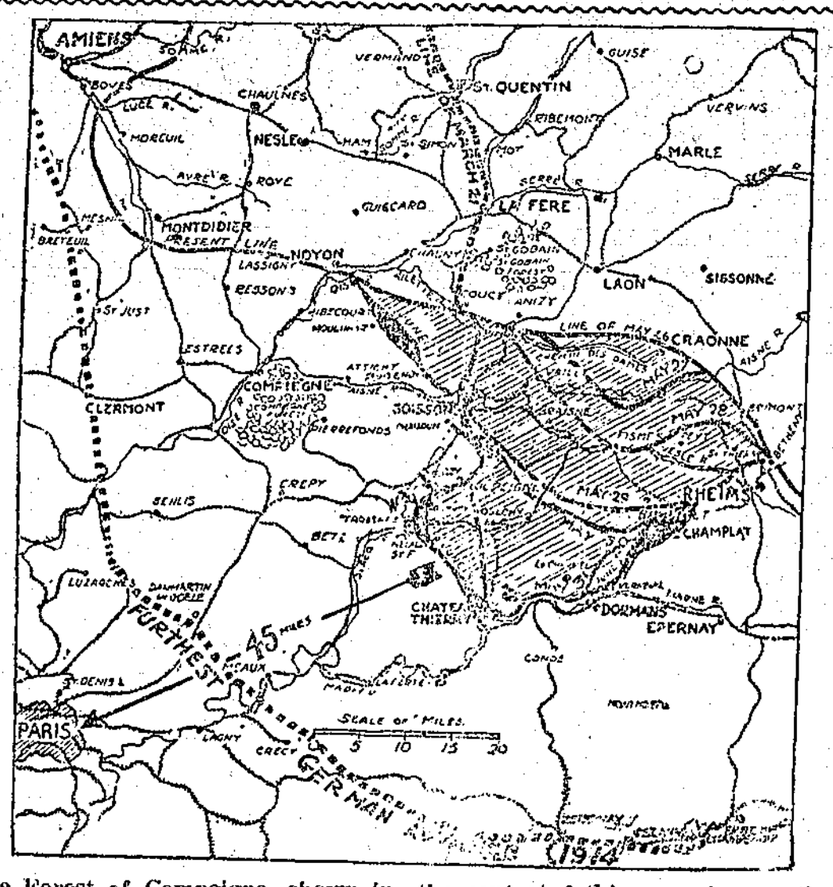
The need of the passenger automobile in business for farming operations is too generally known to require comment. But when a church congregation officially recognizes the necessity of a motor car for the pastor in attending to his duties, it just goes to show how essential the automobile has become in modern business and social life. The passenger automobile could no more be dispensed with now than the telephone.

WATCH GREASE CUPS

To the motorist who realizes that 25 per cent. of the power delivered by his engine is lost in friction, the question of lubrication is one of paramount importance. Grease cups are gone over, oil reservoirs are watched carefully, bearings are inspected regularly and frequently cleaned.

Care in the selection of lubricants is important to him, as he realizes that each bearing, gear or spring requires its particular kind of lubricant. Engineers who are experts in the line of automobile lubrication point out that plain oils and greases squeeze out under great pressure and heat.

Johnson, a bachelor, had been to call on his sister, and was shown the new baby. The next day some friends asked him to describe the new arrival. The bachelor replied: "Um—very small features, clean shaven, red faced, and a very hard drinker."



The Forest of Compeigne, shown in the centre of this map, is now the chief German objective, it being regarded as one of the keys of the road to Paris.

THE TELEPHONE
EVERY TIME

Summer days are business days. With longer daylight one wishes to do as much as possible. Have recourse to the telephone. With its assistance, you can crowd much work into few hours. It will save you money as well as time.

Or, perhaps, you have recreation in view and want to get through with the day's duties. Again, the telephone is the one great assister. Long calls or short calls, its conversation—action every time.

BRITISH COLUMBIA TELEPHONE Co.
Limited

THE DRIVE FOR BOTTLES.

Now that we are learning to abhor waste, it is permissable to inquire what becomes of all the empty bottles. There must be more than 900,000,000,000 of them scattered around the basements of the nation. Most of these, I am told, were acquired when Mother's blood was impoverished and she needed a tonic. Still, I notice that the janitors are taking them out of the congressional office building in the national capital, where the Mother aliil is not possible, by the truckload.

However, we should be chary of criticism; we are all poor ,weak mortals. Perhaps you also have bought a case or two for Mather in case she should need a tonic. You might be surprised at what you would find if you rummaged the basement.

I think the next Red Cross Campaign, or the war saving stamp enterprise, or the liberty bond drive, ought to glimpse the possibility of marketing the empty bottle. Washington, Oregon and perhaps a few other states, would go clean over the top if their empty bottles were marketed for war support. There are patriots in Seattle, Portland, Tacoma, Spokane and other centers who could contribute a truck load if they were sure no unnecessary advertising would attach to t he philanthropy, and most of the smaller towns could unquestionably earn honor flags. There are a great many citizens who have either got to move their house or their bottles, and for these the next bottle drive would be a boon.—Seattle P.-I.

RECLAMATION SCHEME

Sumas Lake Project is Referred to a Special Board.

Every encouragement was given to a committee of the Vancouver Board of Trade, representing the farmers and business men's convention, which waited on the provincial government a day or two ago.

Resolutions which were passed at the recent farmer's convention in Vancouver were presented to the government, and in every instance, members of the delegation found the government extremely sympathetic, and anxious to further the interests of the farmers, it is said.

In connection with the Sumas lake dyking scheme, the government was asked to procure first class expert advice as to the suitability or otherwise, of putting the lake under control. The government has referred this matter to the land settlemnt board, which is proceeding at once to colect information and data to report to the government soon. Itis understood that should the land settlement board report favorably on a reclamation scheme, the government will give the project immediate consideration.

Concerning a resolution touching on the hard surfacing of Fraser Valley roads, Premier Oliver referred to t he extensive transportation systems in the valley and the heavy expenses incurred in providing such roads at the present time.

Hon. Dr. King, minister of public works, was authorized however, to secure all information possible and now experimenting on a stretch of road outside Victoria.

A third resolution, dealing with the mosquito pest in the Fraser Valley was also presented to the government and it was pointed out to the delegation that the government had this matter under consideration last session, but were forced to drop it owing to circumstances over which they had no control. The government promised the delegation every assistance and within the next two or three weeks an announcement will be made.

J. H. JONES
Funeral Director
AGENT FOR HEADSTONES
Phone Connection. Missfon City

JUNE BY THE FRASER

Oh! it's June, Oh! it's June!
And the pretty, pretty moon
Shines o'er the silvery Fraser, smiling down.
Where the Froggie girls and chappies
Are so happy, happy, happy,
Asthey spoon, ast hey spoon.

Oh! it's June! Oh! it's June!
With the roses all in bloom,
The fragrance of the hayfields,newly mown
And the robins doing rob'ry,
Stealing cherry ripe and strawberry
For it's June! for it's June!

Oh! it's June! Oh! it's June!
Anr we'll auto by the moon,
Where the clear mountain streams are
Rushing down:
With the pretty maidens, so dreamy
And their breath so strawberry creamy,
For it's June, For it's June.

G. WISICUMS.

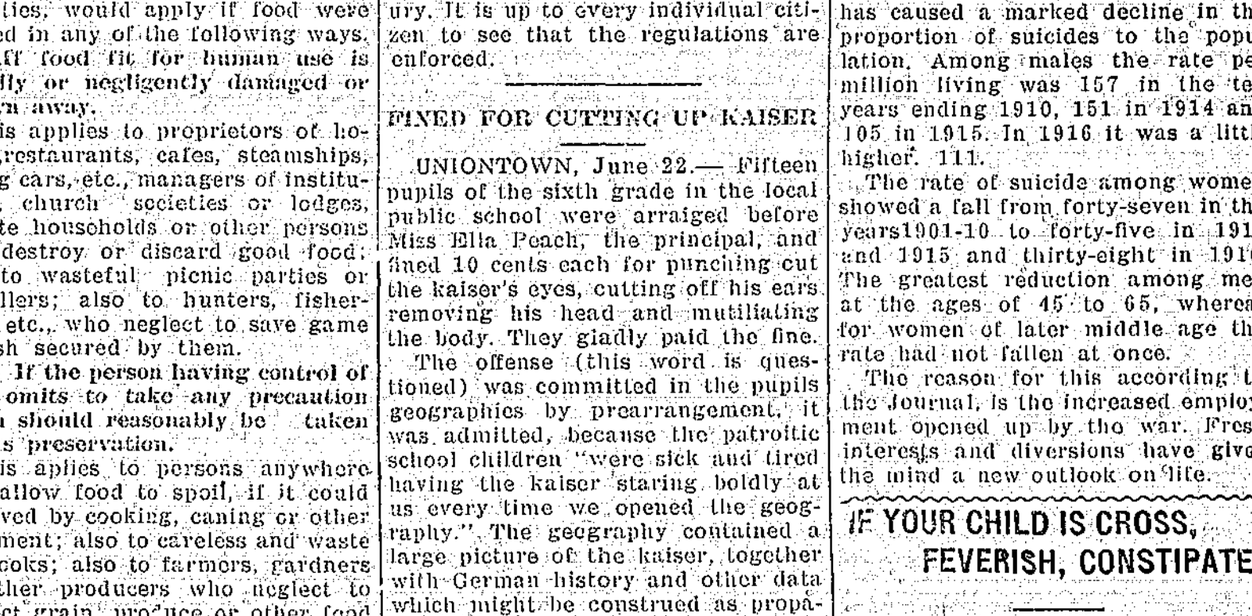
There are four people who do not advertise. The dead, the miser, the ignoramus and the guy who is too bashful to see his name in print.

REV. J. G. SHEARER, D. D.

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little Stomach, Liver and Bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhœa, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.



Palestine Crusaders training in Canada. Major D. Walkley, in charge of the Jewish battalion recruited in the U. S. and Canada for service in Palestine. The battalion is in training at "a point in Eastern Canada."

"FAGS"

By Corporal Jack Turner

When the cold is making ice cream of the marrow of your bones,
When you're shaking like a jelly and your feet are dead as stones,
When your clothes and boots and blankets, and your rifle and your kit,
Are soaked from Hell to Breakfast, and the dugout where you sit
Is leaking like a basket, and upon the muddy floor
The water lies in filthy pools, six inches deep or more;
Tho', life seems cold and mis'rable and all the world is wet,
You'll always get thro' somehow if you've got a cigarette.

When you're lying in a listening post 'way out beyond the wire,
While a blasted Hun, behind a gun, is doing rapid fire;
When bullets whine above your head, and sputter on the ground,
When your eyes are strained for every move, your ears for every sound—
You'd bet your life a Hun patrol is prowling somewhere near;
A shiver runs along your spine that's very much like fear;
You'll stick it to the finish—but, I'll make a little bet,
You'd feel a whole lot better if you had a cigarette.

When Fritz is starting something and his guns are on the bust
When the parapet goes up in chunks, and settles down in dust,
When the roly-poly "rum-jar" comes a-wobbling thro' the air,
'Til it lands upon a dugout—and the dugout isn't there;
When the air is full of dust, and smoke, and scraps of steel, and noise
And you think you're booked for golden crowns and other Heavenly joys,
When your nerves are all a-tremble, and your brain is all a-fret—
It isn't half so hopeless if you've got a cigarette.
When you're waiting for the whistle and your foot is on the step,
You bluff yourself, it's lot of fun, and all the time you're hep
To the fact that you may stop one 'fore you've gone a dozen feet,
And you wonder what it feels like, and your thoughts are far from sweet;
Then you think about a little grave, with R.I.P. on top,
And you know you've got to go across—altho' you'd like to stop;
When your backbone's limp as water, and you're bathed in icy sweat,
Why, you'll feel a lot more cheerful if you puff your cigarette.

Then, when you stop a good one and the stretcher bearers come
And patch you up with strings, and splints, and bandages, and gum
When you think you've got a million wounds and fifty thousand breaks,
And your body's just a blasted sack packed full of pains and aches;
Then you feel you've reached the finish, and you're sure your number's up,
And you feel as weak as Belgian beer, and helpless as a pup—
But you know that you're not down and out, that life's worth living yet,
When some old war-wise Red Cross guy slips you a cigarette.

We can do without MacConachies, and Bully, and hard tack,
When Fritz's curtain fire keeps the ration parties back;
We can do without our greatcoats, and our socks, and shirts and shoes,
We might almost—tho' I doubt it—get along without our booze;
We can do without "K.R. & O.," and "Military Law,"
We can beat the ancient Israelites at making bricks, sans straw;
We can do without a lot of things and still win out, you bet
But I'd hate to think of soldiering without a cigarette.

DONT WASTE FOOD.

The order-in-council aganist waste making it an offense subject to heavy penalties, would apply if food were wasted in any of the following ways.

1...If food fit for human use is willfully or negligently damaged or thrown away.

This applies to proprietors of hotels ,restaurants, cafes, steamships, dining cars, etc., managers of institutions, church societies or lodges, private households or other persons who destroy or discard good food; also to wasteful picnic parties or travellers; also to hunters, fishermen, etc., who neglect to save game or fish secured by them.

2. If the person having control of food omits to take any precaution which should reasonably be taken for its preservation.

This aplies to persons anywhere who allow food to spoil, if it could be saved by cooking, caning or other treatment; also to careless and waste ful cooks; also to farmers, gardners or other producers who neglect to protect grain, produce or other food against deterioration or loss; also to merchants who allow candy, fruit or other food to spoil by exposure in windows,or open to flies, dust, moisture, etc.; also to persons who, through careless storage, leave food accessible to rats, mice, or other vermin; also to handlers who cause waste by careless packing or shipping; also to public or private carriers, who are negligent and cause waste or deterioration.

3. If any one procures for any purpose a greater quantity than is reasonably required and any part becomes unfit for human food.

This applies to dealers and others, including private households who hoard food, if any part of it spoils because of inadequate storage facilities or for any other reason; also t o persons who, through careless buying, purchase more for current consumption than they require.

4. If the person who has the disposal of food unreasonably retains it until it goes bad.

This applies to producers, dealers, or private individuals who fail to market or otherwise dispose of food in excess of their own requirements in time to prevent waste; also to those who refuse to sell at a loss, if current prices require, in order to avoid food waste.

The penalties are a fine of not less than $500 or more than $1000 or imprisonment up to three months, or both fine and imprisonment. In the case of dealers, waste may also result in cancellation of the Canada Food Board License.

It is the duty of each municipality in Canada to enforce the regulations against waste within its municipal limits,and when a fine is imposed as a result of proceeding instituted by a provincial or municipal officer, such fine shall be paid into the provincial or municipal treasury. It is up to every individual citizen to see that the regulations are enforced.

GIRLS! WHITEN YOUR SKIN WITH LEMON JUICE

Make a beauty lotion for a few cents to remove tan, freckles, sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant, creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. Your It is harmless, and the beautiful results will surprise you.

FINED FOR CUTTING UP KAISER

UNIONTOWN, June 22.— Fifteen pupils of the sixth grade in the local public school were arraiged before Miss Ella Peach, the principal, and fined 10 cents each for punching cut the kaiser's eyes, cutting off his ears removing his head and mutiliating the body. They gladly paid the fine.

The offense (this word is questioned) was committed in the pupils geographies by prearrangement, it was admitted, because the patroitic school children "were sick and tired having the kaiser staring boldly at us every time we opened the geography." The geography contained a large picture of the kaiser, together with German history and other data which might be construed as propaganda laudatory of the kaiser, some of the older pupils said, and it was finally decided to rid thebook of this objectionable page. Accordingly, after school conveyned the first act of the pupils was to take their geographies from their desks. take sharp pencils and punch out the kaiser's eyes. Next his ears were severed then his head, after which the fine.

After the pupils were fined it was announced by the school authorities that the page to which the students objected will be removed from all the geographies in use in the school.

Twenty returned soldiers are working on the Nicomen Island dykes.

SUICIDES FALL OFF SINCE WAR STARTED

London, May 7.—The British Medical Journal finds that the war has caused a marked decline in the proportion of suicides to the population. Among males the rate per million living was 157 in the ten years ending 1910, 151 in 1914 and 105 in 1915. In 1916 it was a little higher. 111.

The rate of suicide among women showed a fall from forty-seven in the years1901-10 to forty-five in 1914 and 1915 and thirty-eight in 1916. The greatest reduction among men at the ages of 45 to 65, whereas for women of later middle age the rate had not fallen at once.

The reason for this according to the Journal, is the increased employment opened up by the war. Fresh interests and diversions have given the mind a new outlook on life.

IF YOUR CHILD IS CROSS, FEVERISH, CONSTIPATED

Look, Mother! If tongue is coated, cleanse little bowels with "California Syrup of Figs."

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again.

Sick children needn't be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure.

Ask your druggist for a bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups.

ANNOUNCEMENT

THE PRINTERS ARE NOW AT WORK ON

Wrigley's British Columbia Directory

IN FIVE MAIN SECTIONS

Compiled and Printed in British Columbia—Endorsed by B. C. Government Boards of Trade, Manufacturers' Association and other bodies

BRITISH COLUMBIA YEAR BOOK—One hundred pages of official data, covering Agriculture, Lands Timber, Mining, Fisheries, Shipbuilding and Public Works, prepared by the various Departments. This section will cover fully the development in British Columbia.

GAZETTEER, describing over 1900 cities, towns, villages and settlements within the Province, showing location, distance from larger points, how reached and by what lines, synopsis of local resources, population, etc.

ALPHABETICAL DIRECTORY of all business and professional men., Farmers, Stock Raisers, Fruit Growers, etc., in all towns and districts.

CLASSIFIED DIRECTORY of Manufacturers, Retailers, Producers, Dealers, and Consumers, listing all products from the raw material to the finished article.

TRADE NAMES AND TRADE MARKS—A list of popular trade names alphabetically. If you want to know the manufacturer or selling agent of a trade-name article, look up this section.

INCORPORATED CITIES—All gazetteer information in the Directory of the incorporated cities of the Province will be prepared by either the City Council or the Board of Trade, thereby official.

ADVERTISING BRITISH COLUMBIA—It is necessary to continue to advertise British Columbia outside of the Province, in order that tourists and settlers will continue to come. With this aim in view, a copy of the Directory will be placed in leading Libraries and Boards of Trade throughout the Canadian Prairies, Eastern Canada, the United States and abroad. The Directory will be used by prospective tourists and settlers as an official guide of the Province.

The Subscription price of the Directory is $10.00, express paid.

WRIGLEY DIRECTORIES, Ltd.

212-213 METROPOLITAN BLDG. VANCOUVER

FROM THE FRONT

(From the Fraser Valley Record)

Pte. "Dud" Bryant in writing to a friend in Mission City, says: "I have just returned from my seven days' landing leave, and believe me I had the time of my life. I left camp with nine pounds ($45), my return ticket to Glasgow, which is given to you free of charge as the Imperial Government controls the railroads over here, my sugar pemit and my meat permit. We left Seaford in a train of ten coaches at 9 a. m. Monday morning, and arrived at Lewis, a large manufacturing city, at 9:25. This is the junction where you branch off to London, which we arrived at 1 a. m. All along the line we passed through a lot of small towns, some of them manufacturing and others coal mining towns. The passenger coaches here are not the same as in Canada. The cars are divided into compartments, eight compartments to a car. Each compartment seats six, three facing each other. They have no steps, the doors of the compartment being level with the station platform. Before you start a guard locks the door of each compartment and opens it at each station you stop at. We arrived at Victoria station in London, the largest railway station in the world, where there is a train arriving and leaving every minute of the day. It is marvellous how they keep track of the trains running in and out of the depot. We were met at the depot by a Y.M.C.A. captain and a lieutenant, one of the military guides, who direct you where to go, and what trains to take for the different parts of England, Scotland and Wales. The train that I was to take left Euston station, which is in another part of the city, and you have to take a street car to get there. All the street cars in London run underground. After we went out of the station we went into a doorway of a large building which had a large sign above it, "Underground." Here we walked down about 50 stairs, which is practically a street, about half a block long, with stores, all lit up with electric lights. The cars run three coupled together and run on the three rail system, and travel about 40 miles an hour. We got off at Charing Cross, the centre of London, and instead of coming up stairs to the surface, we walked along a large hallway about 35 feet to a moving stairway that took us down 150 to 200 feet to the other street cars, which they call the tubes. They also run every two minutes with three cars coupled together. They are double tracked and run through tunnels of white polished tile all lighted by electric lights. We got off the tubes at Euston street and walked along a hallway to a large elevator, which holds 62 people, that tookus up to the surface. We then went to the Y.M.C.A. building where we left our haversacks and overcoats. We then took a walk down the street to the Eagle hut, the American Y.M.C.A. building, where we had dinner. Here there are all nationalities of soldiers, American, Australian, New Zealand, Belgian, French, Italian, even Hindoos, who are quite sociable and mix withyou quite freely and greet you with the words, "Hello Canada." After dinner another fellow and I spent the afternoon riding round on the top of the penny busses, the only thing that looks like a street car but runs by gasoline through the main strets and centres, such as Pisadilly Circus, Oxford Circus, etc. We would start out on the top of a buss and go as far as it went from Charring Cross, then come back to where we started from on the tube, and then go out in another direction on a buss and double back on the tube. Soldiers and sailors ride free of charge on the underground and tube. After supper at the Y. M. C. A. building, six of us were sitting in the corner talking, when an American officer, Lieut S——— came in and invited us to go to the show with him. He had two boxes at the St. George theatre which was a vaudeville show. The point that amused me was that they allow smoking while the show goes on, and places on the back of the seat to strike matches on. When the show is half over they have a ten minute intermission to serve tea or coffee and cake. There are no lights in London at night, all blinds are drawn and the only light visible is a small one which shows the policeman in the middle of the street. We got the 11:30 p.m. train from Euston station for Glasgow. It is called the "Flying Scotchman" and arrives there at 9 a. m.. This train does not carry sleeping cars so we had to sit up all night and sleep the best way we could. On arriving at Glasgow, I went to the Overseas Club, which is run for the bereflt of soldiers and sailors visiting there. It is a large building like the Hotel Vancouver and accommodates 970. All the help is voluntary and is done by the different patriotic clubs. The first thing I did after breakfast was to go to the Food Controller's and get my permit for sugar and meat, then I went to a grocery store and got my 14 ozs. of sugar. It looked funny to see the civilian people in the store with a little tin box getting their 7 ozs. of sugar, which has to do them for a week. You people over there want to consider yourselves lucky in regards to "eats", as the civilians here are all on war rations. They are only allowed an ounce of sugar a day and three ounces of meat, and before they can buy these they must have a permit from their Local Food Controller's office. These are only two of the many foodstuffs that are rationed. Soldiers and sailors get twice as much as the civilians. Butter is only a name over here, they use an imitation called margarine. There is no white bread, only war bread which is practically brown bread.

I spent Tuesday afternoon going through the Glasgow museum and art gallery and on Wednesday visited the large locomotive works. Just before going to dinner I was greatly surprised by running into Charlie Reed from Mission. He used to work on the C.P.R. section. He came over with the 225th Kootenay Batt., has been to France and this is his second time of being wounded in the hip. He limps a little. He and I spent the day together taking in the sights of the city. Thursday afternoon I went to Edinburgh, an hour's run on the train Glasgow. Here they do not have electric cars, but double deck cable cars, so I took in the city on the cars. I also visited the famous Linlithgow castle, which is as old as the hills and still in a good state of preservation. Also visited Loch Lomond an hour and a half's run from Glasgow, which is nothing to speak about, more than it is a farming district, and has a small settlement as a kind of summer resort. I returned to Glasgow by the river Clyde.

After viewing other interesting sights in the city, I returned back to Seaford. While riding on one of the busses, I remarked to a young fellow next to me, "look at that dirty loking building," when an old gentleman behind me taped me on the shoulder and told us that the building was over 300 years old. I was introduced to a French soldier, and all the antics he went through. He shook hands with me, then put his arms around me and kissed me on the right cheek and then on the left. It was explained to me that this is the way they greet one another in France. Ye Gods!

Tea, coffee, pie and cake were given to us at all the stations along the line by the ladies; they also hand you a cigarrette and light it for you.

After all the sights I have thus far seen, there is none yet can touch the grand old Province of B. C., even their farms don't compare with those of the Fraser Valley or the Prairies. Most of the motor cars in London have big bags on the top of them filled with gass which they use instead of gasoline You don't see many young fellows in England or Scotland, alltheir places being taken by women, who are postmen, teamsters, conductors, etc., even to the farms and shipwards.

One thing I noticed in the outskirts of London was large tracts of land all staked of into plots 25x10 feet and rented out to tenants to grow vegetables. They have to cut the grass off in sods of 12x24 squares and in the fall they have to put the sods back again. Another thing I noticed the people used for kindling wood small trees or branches half an inch round, stuff we would not think of putting into the stove.

Bill Swan, of Hatzic Island, left here last Thursday for Sterling, Scotland, to join the Forrestry Battalion. I met Lieut. Chas. Bray, formerly of Mission, here. "Charlie" is looking fine but somewhat stouter than when he left there. He is one of the officers in charge of the rifle range.

Ross Bar, one of the Barr boys from Mission won first prize, 25 shillings and four days leave, at the rifle range for having the highest score out of "F" and "G" company. He is now classed as a marksman, also his brother, W. J. Barr, and are entitled to wear the crossed guns on the left sleeve of their coats at the cuff."

"Dud" winds up by saying: "Be sure and send the Fraser Valley Record regularly, as you can't realize how good it makes you feel to read it over here. You read it over half a dozen times, and the rest of the Mission City boys are tickled to death to have a look at it."

Gerald Ketcheson writing home to his parents from Mesopotamia in April says:

As a result of the non-arrival of any "Blighty" mails lately, we are not very busy at the P. O. I have had four half-days off this week which is nearly as much as I have had off altogether in the last two months. It has given me time to get my correspondence up to date. We are in summer clothing now, knee pants, called "shorts" and sun helmits. The thermometer gets up to about 80 degress in the day time, but it is still rather cool at night. The weather at present is all that one could wish, and if it would only stay like this we would have nothing to complain of.

The first horse show ever held in Mesopotamia tak place last Thursday and Friday I was there on Thursday afternoon and the many interesting sights were wotrh the five mile walk out. It was held on the desert near an old Turkish fort and the weather was all that could be desired.

One of the most interesting exhibits of the show was the famous Bulloch, Rajah, who receives from the Indian government a pension of one anna a day for rescuing a howitzer gun from the mud at Sha'aibah during the early days of the campaign. He is a huge jet black animal with enormous horns. I have a good picture of him which I am going to keep along with a number of others I obtained.

There were half a dozen huge black water buffaloes from Karachi. They have very little hair on them and their skin shines like polished ebony. Incidentally they are thes acme of ugliness.

The exhibit of sheep was interesting, also the goats. None of them are like any seen in the west. Needless to say, the lot contained some real Persian lambs.

The biggest exhibit, of course, was that of the Arab horses, ridden by the wild desert Arabs in their costumes of several thousand years ago. There were very keen competitions as all the horses were good and looked much alike.

Thenthere was the exhibit or riding camels and the camel races. First prize in the latter went to Sheikh Ibrahim of Zobier, whose camel "Wetheeha" was ridden by Aleyan ibu Mahmud.

Altogether the various uniforms, and the bright dress of the natives combined to make a never-to-be-forgotten picture which I wish you could have seen. The day was very hot so the cool of the evening was much appreciated for the walk home.

We had a bit of a sand storm tonight, but a thunder storm came up soon after it started and now there is plenty of mud, which is nothing unusual this spring. The date palms are just coming into bloom now. Theflowers are almost too small to be seen, so have nothing in the way of beauty about them. The flowers of the producing tree all have to be fertilized so the Arabs are all very busy now. I believe the dates ripen towards the end of August.

I have not touched my Arabic book lately but am picking up some Hindustan as we have three Hindus in the P. O. and I hear it continually. I hope to know something of both languages before I see B. C. again.

Hoping to have some letters to answer when I write again. I am, with love to all as ever, your loving son, GERALD.

The following letter was received by the Postmaster who has handed it over to the Fraser Valley Record:

June 18th, 1918.

2138208
1st Canadian Reserve,
Seaford, Sussex, England,
To the Post Master,
Mission Junction,
Dear Sir:

I am one of the boys who left Vancouver on the 19th April and appreciated the way in which we were given cigarettes, etc. I could not get an address there but if you know of any girl who would care to write to me why give her my address.

Yours truly,
HARRY WRIGHT.

GREAT IMPROVEMENT IN PACK

Calgary Friday morning.

The arrivals from the Fraser Valley are numerous this morning. Strawberries are now being packed by many in a manner similar to the best pack that comes in. Some reputed packers down there will have to improve to keep pace with the new method. Make it unanimous. The improvement is welcomed mostly by wholesalers, who can always sell good berries when well packed. The result will mean better returns to the growers.

The next thing to do is to cut down your acreage of Marshalls. These berries are the trouble makers. They are course, soft, and will not stand shipping. They make good jam.

The school closed this week for the summer holidays.

A subscriber writes to ask why it is that a Ford car wants to go into an oat field. We pass it along.

The Fraser River remains about stationery these days—just a few inches lower than last week—now 19 feet 8 inches.

Your Ad. in This Paper

Will Find the Right People

BECAUSE THE RIGHT PEOPLE ARE LOOKING FOR YOUR AD.

If you COULD (although, OF COURSE, you can't) stop every man you meet on the streets and ask: "Do you want to buy a pair of shoes?" (Or any other kind of goods) You might find half a dozen who would say "Yes." Perhaps not one of these, however, would want to buy the article you want to sell.

If your advertisement, however, were to be printed in these columns this week, it would "stop" EVERY MAN IN TOWN WHO WANTS TO BUY SHOES, OR CLOTHES, OR ANY OTHER ARTICLE—and it wouldn't "stop" anyone who didn't want to buy. That's the beauty of the advertising way of finding a buyer. The ad. finds the buyer through the simple process of being easily and readily found BY the buyer. And if, among the prospective buyers of goods, there is one to whom your goods would be a bargain, and your ad. is a convincing one, you'll sell what you want to sell.

(THIS SPACE FOR SALE)

DRESSMAKING and SEWING of any kind. Apply to Mrs. Stewart, Weatherhead Cottage, corner of Washington and Stave Lake Road, Mission City, B. C.

ADVICE TO HUSBANDS!

Be sure and have your wife get her bread at the bakery this hot weather. It will save her health and doctor bills.

Our Bread will Please You

ALBERT LEE, Grocer and Baker

See me now about that Insurance

FIRE :-: LIFE

Etc., Etc.

I have a large and splendid supply of Raspberry Canes for sale at low prices. Finest quality.

A. McCallum
Abbotsford

Alexandria Hotel

Farmers' and Travelers trade solicited.
Newly Furnished
Thoroughly Modern

M. MURPHY, PROPRIETOR
HUNTINGDON, B. C.

ABBOTSFORD DISTRICT BOARD OF TRADE

President, Hope Alanson Secretary, N. Hill
of Abbotsford, B. C.

Meeting Held First Monday of Each Month

Write the secretary regarding manufacturing sites with unexcelled shipping facilities and cheap power or information regarding the farm and fruit lands of the district, and industries already established.

BUTTER WRAPPERS

Now is the time to get your supply of Butter Wrappers for summer months.

Get them at BATES' PRINTING OFFICE.