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FRIDAY, SEPTEMBER 7

FARMADE 2018

5 TO 8 P.M. AT UBC FARM

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FREE

SATURDAY, SEPTEMBER 8

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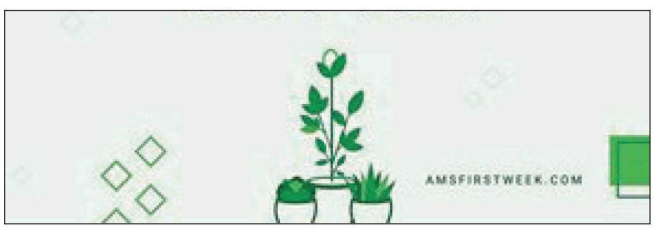

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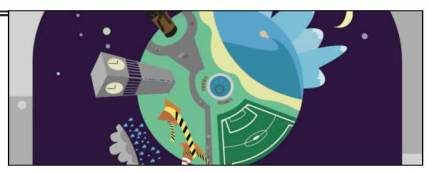
COVER BY

Claire Lloyd



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THE UBYSSEY

SEPTEMBER 5, 2018 | VOLUME C| ISSUE V

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LAND ACKNOWLEDGEMENT

We would like to acknowledge that this paper and the land on which we study and work is the traditional, occupied, unceded territory of the Coast Salish peoples, including the territories of the xʷməθkwəy̓əm (Musqueam), Sḵwx̱wú7mesh (Squamish), Stó:lō and Səl̓ilwətaɬ/Sel̓ilwitulh (Tsleil-Waututh) Nations.

OUR CAMPUS

Mayer was present during the making of a turtle on Erub.

SAMANTHA MCCABE

Dr. Carol Mayer turns intangible stories into powerful installations at the Museum of Anthropology

Vibhuti Wadhwa & Moira Wyton
Contributor & Features Editor

Dr. Carol Mayer's interest in museums started on a small scale — in fact, a miniature one.

"My grandfather owned a company that made models and dioramas for museums, and so, as a child, I was taken to museums quite a bit and shown his models in various museums," said Mayer, who is now the head of curatorial, interpretation and design at the Museum of Anthropology (MOA).

"Although it isn't a family tradition, perhaps because I was introduced to it at such a young age, it piqued my interest."

Now, after a master's degree at Cambridge and a PhD at the University of Leicester, Mayer is also an associate professor in the department of anthropology, specializing in the intersection of contemporary art and cultural studies, particularly in the South Pacific. Despite her passion, it wasn't always a straightforward path to curation for Mayer, who took an anthropology class on a whim during her undergraduate studies to fulfill an elective requirement.

"I thought originally that it was a fascination with the objects, but in the end, over many years, I realized that what has actually come out of it is an amazing set of relationships which I worked on for years," she said, noting that her career began as an assistant to an assistant at the Museum of Vancouver.

"It's relationships with those artists and those communities and people that I believe is the foundation of museum work."

For Mayer, curation is about telling stories as much as it is about procuring the objects themselves.

"Let's say if you look at a little plastic thing of the Eiffel Tower or something, it is what it is, but when you understand where it is from, and how it was collected and how you got it, and what it reminds you of, it becomes so much more. And that's kind of what the difference is, I think. It's a huge privilege to be able to be somewhere where things are being made."

One recent project in collaboration with an artists' centre on the Island of Erub — located between Australia and Papua New Guinea — Mayer had the opportunity to build unlikely relationships and to tell stories with global implications.

"Currents of the oceans up there [on Erub], bring the nets into that area, so the islanders pull the nets ashore, and the animals, of course they are all dead, very occasionally one will be alive, and [local residents will] save it, but usually they are dead, and then [the artists] create sculptures in the form of those animals [which are used] to bring attention to the fact that we are polluting the planet," said Mayer.

"The Museum can and does bring attention to global issues in the way the islanders are trying to. Perhaps we can just reach out a bit further than they can. And I think it is very important that as museum workers, we have the opportunity to advocate for how art can share these issues and connections."

After Mayer sent an email to the artists centre on Erub not knowing what she would get back, MOA now has a 12-foot-long hammerhead shark "swimming" through the galleries from the island itself. Mayer was also present during the making of a turtle, which was shipped and recently added to the MOA net sculpture collection, and is now working to bring two of them here to work on the installation and to create an interactive component wherein kids will be able to make tiny turtles themselves.

"With the objects in the Museum, once you've got them, stories start coming out from the object and the stories are usually about relationships. The museums become part of the relationship equation because they get to hold onto the triggers, and over time these relationships become stronger."

One thing Mayer is extremely mindful of is the relationship between curator and community, and how it has been historically exploitative.

"You can't just parachute in, like a tourist. Because what you will get is superficial [...] But if you get to know people and they trust you and they know you will do your best to represent them as accurately as you can and you spend time with them, you give them your time, then they will give you their time," she said.

"Curating is a very long process, it's not magic."

Mayer brings this same focus on community collaboration and connection-building to her role as a faculty member at UBC, where she sat on the committee to establish the African studies program in 2005. The interdisciplinary program is, to Mayer, a launching pad for opening up a dialogue on how museums are historically colonial institutions and how that could be changed.

"We get to evaluate how have we evolved from that image of colonial power to an image of community based work."

So much of Mayer's work to curate a place of learning and reflection at MOA focuses on how to responsibly tell stories and empower the individuals and cultures to whom they mean very much.

"When we discuss potency of objects, that goes back to the object having stories embedded in it," said Mayer, noting the turtle sculptures have shown how contemporary art can strengthen and empower a community.

"What's intangible about [an object] are its stories but also its history and you know it's meaning, its meaning to people and its meaning to cultures. And without all of that, the object is simply an object."

SAD //

Vancouver is one of the unhappiest cities in Canada, study suggests

Clare Skillman
Contributor

A recent study conducted by researchers from UBC and McGill suggests that Vancouver is one of the unhappiest cities in Canada — but UBC itself might be located in one of the city's happier neighbourhoods.

Entitled "How Happy Are Your Neighbours?", the study used upwards of 400,000 observations from Statistics Canada's Canadian Community Health Surveys and General Social Surveys, and examined 1,215 neighbourhoods in order to map the average 'happiness' by region across Canada.

Hugh Shiplett, co-author of the paper and PhD student at UBC's Vancouver School of Economics, explained that the measured 'happiness' has "less to do with emotive momentary experiences and more to do with the way that individuals evaluate the quality of their own lives."

The surveys would determine one's satisfaction with life (SWL) on a scale from 0 to 10.

Canada's SWL ranges from 8.33 in the happiest top 5 per cent to 7.7 in the unhappiest bottom 5 per cent of respondents. In an international context, this is quite high — but that half a point makes a real difference.

UBC is situated in one of the happier regions within Vancouver. CLAIRE LLOYD

"When you take the worst possible and the best possible experience and put those on a scale from 0 to 10, all of a sudden one point either way is a meaningful difference," said Shiplett.

Despite being one of the unhappiest cities, aggregates within Vancouver range from the happiest to unhappiest quintiles.

UBC is situated in one of the happier regions within Vancouver. The unhappiest regions are along the Expo Line corridor, parts of Surrey and parts of the eastern metropolitan area.

The two most important factors that seem to contribute to one's SWL are the quality of one's social connections and social comparisons, according to Shiplett.

Social connections can be described as how close one feels to other people or belonging to a group, whereas social comparisons are self evaluations of how one measures up to their peers. In the context of students, it's not just about finding a good study group and getting good grades, it's also about how well your grades compare to your peers and the class average.

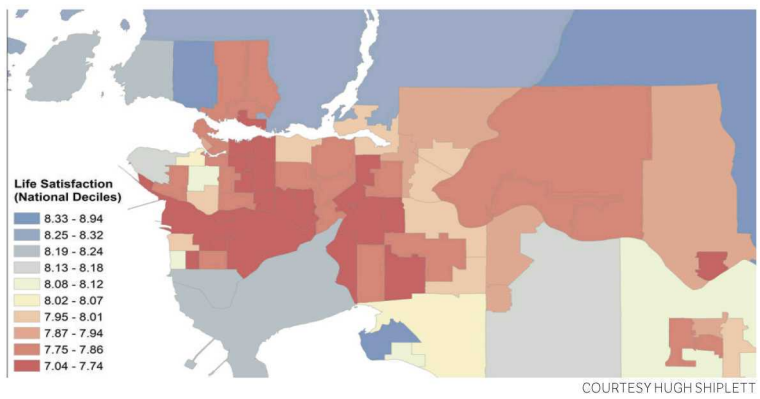
Strong social connections are generally correlated with a higher SWL, while strong social comparisons are correlated with a lower SWL.

It is important to keep in mind that these findings should be taken as correlative rather than causal.

"They're illustrative, they're descriptive and they can point to questions that are worth answering," said Shiplett.

However, Shiplett also said that the study's insights could help researchers understand the deeper reasons for unhappiness in urban areas in the future and remind the population that happiness differs wildly across neighbourhoods, classes and people.

"It's worth taking away that even in a single city, people experience very different existences," Shiplett said.

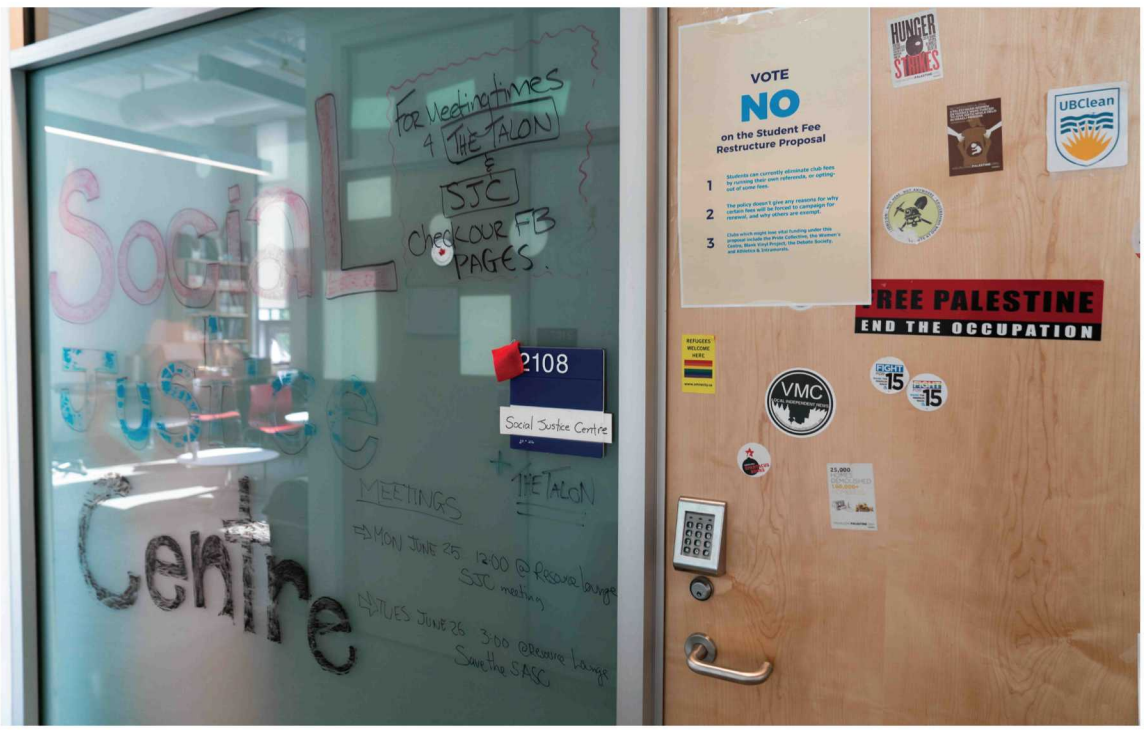


COURTESY HUGH SHIPLETT

The unhappiest regions are along the Expo Line corridor, parts of Surrey and parts of the eastern metropolitan area.

IMAGINE DAY //

'Radical, decolonial, and anti-oppressive': UBC Social Justice Centre plans alternative orientation booklet



"We're hoping to kind of kickstart a tradition ... bring back an old tradition and trying to revive and reinvigorate it." ELIZABETH WANG

Emma Livingstone
Contributor

For this year's Imagine Day, the UBC Social Justice Centre (SJC) revamped an old project to create and distribute an alternative orientation booklet that is "radical, decolonial, and anti-oppressive."

The "Resisting the University: An Alternative Orientation Booklet" aims to highlight voices of marginalized communities while discussing issues relevant to UBC and Vancouver, according to SJC Co-Chair Gabby Doebeli. It also includes information on dozens of campus groups that answered the SJC's open call for submissions or were contacted directly by the centre.

This is not the first time there has been an alternative orientation booklet on campus. The Knoll — the predecessor of The Talon, a student-run publication associated with the SJC — published "The People's Guide to UBC" in 2007, 2008 and 2010. Doebeli said the SJC was inspired to restart the project after a recent conversation with The Knoll's old members.

"We're hoping to kind of kickstart a tradition ... bring back an old tradition and trying to revive and reinvigorate it," Doebeli said.

According to Doebeli, the orientation booklet focuses on amplifying Indigenous voices, which includes listing Musqueam place names, a definition of UBC as a colonial institution and a discussion of what it means to be on unceded Musqueam territory.

"From my memory of my own orientation, there was no mention of Musqueam territory or the relationship to the land that we're on," she said. "And I think centering the fact that we're on unceded musqueam territory and what that means ... for myself, for example as a settler, and for the majority of non-Indigenous students [at UBC] is really important."

It also discusses campus issues like UBC's tuition increases and the AMS's politics. For instance, along with an introduction about the Sexual Assault Support Centre (SASC) provided by SASC itself, the SJC includes an article breaking down the the AMS's now-reversed decision to cut SASC's support service to maintain awareness of the issue.

"[It's] basically a re-cap of the UBC Resource Groups Collaborative's open letter," said SJC Co-Chair Jacob Fischer-Schmidt.

"We want to make sure this incident and this crisis doesn't just fade into the background and make sure it doesn't happen again."

Another aim is to increase awareness about and "build relationships of trust and solidarity between ... some really cool clubs on campus," Doebeli noted. She confirmed that 22 groups had made contributions mainly in the form of short introductions on their services or mandates.

The UBC Women's Centre, a fellow resource group, is one of the booklet's contributors. The centre's Co-President Niki Najm-Abadi hopes the booklet will raise awareness about the resource groups and activist organizations on campus in general.

"The resource groups are really hard to find physically, we're kind of hidden behind six different doors, so it's good that the broader UBC community gets to know how to find us if they do need resources," Najm-Abadi said.

"There's a history of silencing of marginalized groups, so this is like a good taking up of power and being like 'No, we're here.'"

Outside of UBC, the booklet discusses some of Vancouver's hot button topics including the Trans Mountain Pipeline expansion, the housing crisis and the upcoming municipal election.

While acknowledging that the project has been challenging in terms of coordination, Doebeli said that the booklet was distributed at the SJC's booth on Imagine Day and online through *The Talon*.

"[Orientation] is the first contact students have with the new year ... and it can mean so much ... and give a strong sense of welcome and community and it has a lot of potential," added Fischer-Schmidt.

"I hope that [the book] helps at least one but hopefully more students find their space on campus ... or find the places they can go to help make that space."

UNIVERSITY AFFAIRS //

UBC declines to change student-faculty relationship policy or release full Galloway report to main complainant, following open letter

Alex Nguyen & Zak Vescera
News Editors

UBC does not plan to ban student-teacher relationships or share the unredacted results of the investigation into allegations of sexual harassment and assault against former creative writing Chair Steven Galloway with the main complainant (MC).

"While we appreciate the ongoing interest around the Mary Ellen Boyd report, privacy law in B.C. is clear and prohibits the university from sharing the reasons for the decision to terminate him or the details of the investigation," wrote Senior Director of UBC Media Relations Kurt Heinrich in a statement to *The Ubyssey*.

The response comes a day after Joanna Birenbaum, MC's lawyer, published an open letter demanding that the university share the unredacted report with her client and institute a ban on student-faculty relationships.

UBC suspended Galloway with pay in November 2015 amidst "serious allegations," and appointed the Honourable Mary Ellen Boyd the following month to investigate them.

In her report, Boyd could not substantiate the allegation of sexual assault and noted that the two parties had a consensual extramarital affair.

FILE PATRICK GILLIN

Currently, MC has only received a redacted version, which she obtained in February 2017.

However, she also accepted that Galloway had "made increasingly inappropriate sexual comments and advances towards [MC] over a number of months in late 2010 and early 2011," and that "MC's failure to expressly object to [Galloway's] behaviour was the byproduct of the power differential between the two parties."

Galloway was fired in June 2016 due to "a record of misconduct that resulted in an irreparable breach of the trust," which led over 80 prominent members of the Canadian literature community to sign an open letter calling for his right to due process.

In June 2018, an arbitration decision awarded Galloway $167,000 in damages from UBC for a breach of his privacy. Grievance about his termination and a claim for his reinstatement, however, was withdrawn in February 2018.

Currently, the full Boyd report has only been made available to Galloway, while MC received a redacted version in February 2017.

In her open letter, Birenbaum argued that a lack of complete access to the letter was "preventing [MC] from responding to defamatory attacks on her character and causing harm and damage to her reputation."

The letter further argues that under UBC's sexual assault and other sexual misconduct policy, which came into effect in 2017, complainants are entitled to a copy of a report in cases of sexual misconduct.

In a written statement to *The Ubyssey*, Birenbaum reiterated that MC is asking for the release of the report only to herself as a complainant "in accordance with UBC's current policy," and not to the general public. She also said that MC has not asked for all of the reasons for Galloway's termination.

"UBC's statement to the Ubyssey avoids the question," Birenbaum wrote. "... UBC has provided no basis on which the report is continuing to be withheld from her. UBC should be reassuring current students that it will respect and follow its own policies and procedures, rather than stonewalling MC."

A subsequent statement from Heinrich clarified that investigations prior to 2017 are covered under the Freedom of Information and Privacy Act, which requires the university to redact information that is "irrelevant to the investigation's findings" or related to third parties. "If there are multiple complainants or multiple respondents, they will only receive the portions of the investigative report that are relevant to them," wrote Heinrich.

UBC did not directly comment on the letter's demand to ban student-teacher relationships, but reiterated its current policy.

"With regards to relationships between students and faculty, under UBC's existing policies, faculty members must avoid or declare all conflicts of interest, including those that involve consensual relationships with their students," said Heinrich in the written statement.

Under UBC's guidelines for faculty and staff, the school "[does not] necessarily discourage" student-teacher dating, but notes the "considerable risk" of such relationships.

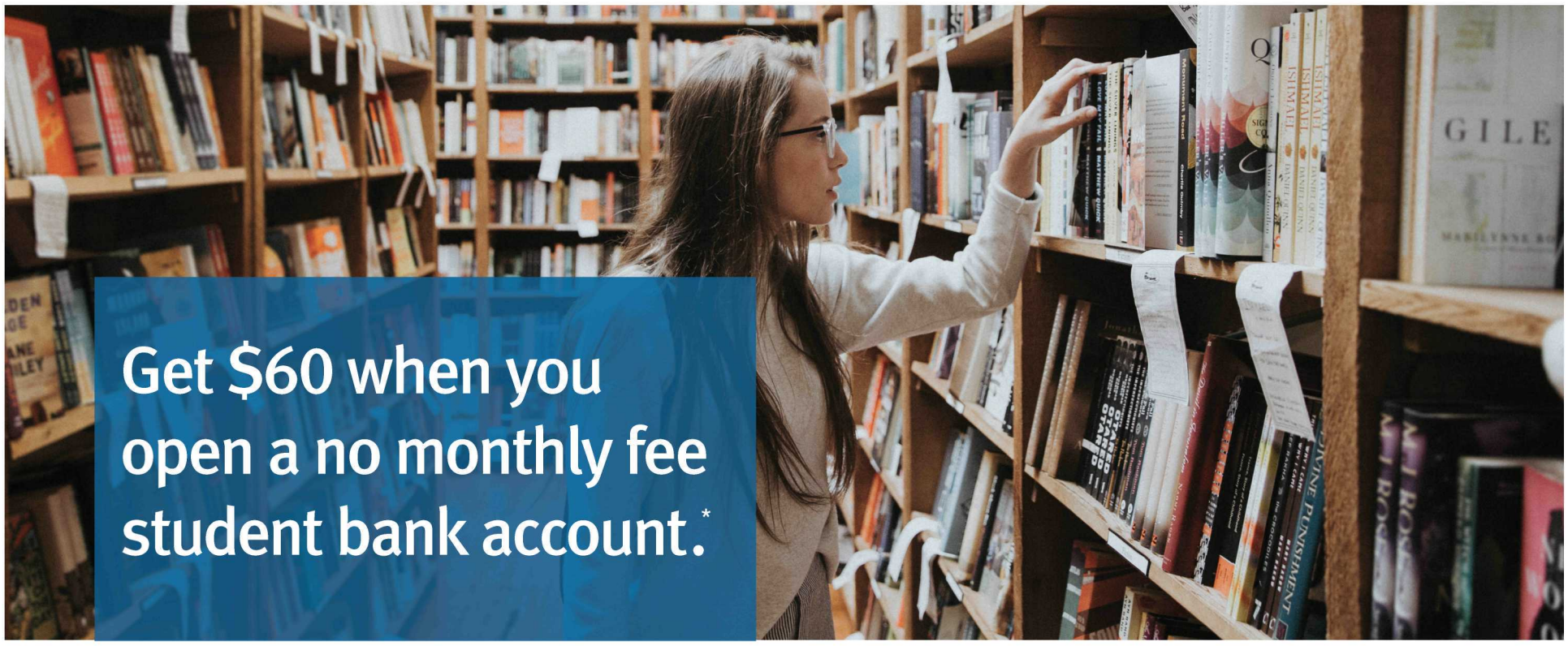
In response, Birenbaum pointed out the power imbalance in student-teacher relationships and its impact on students as "the vulnerable party."

"This is clearly inadequate, outdated and discriminatory," she wrote. "A Conflict of Interest policy fails to explicitly address the inherent institutional power imbalance in the teacher-student relationship, including the significant barriers to students resisting and expressing their lack of consent."

In 2016, then-UBC President Martha Piper briefly considered banning these relationships because of "how 'consent' and 'conflict' are defined in an environment where there is a power imbalance," but there was no change to the policy.

While Quebec passed a law with special measures to govern student-teacher relationships in 2017, no Canadian university prohibits them outright. However, several American universities including Harvard have banned relationships between faculty and undergraduate students.

"UBC needs to be proactive in protecting students rather than defending the rights of professors to sexual access to their students," said Birenbaum.



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INDIGENEITY //

UBC appoints a familiar face and a newcomer on campus to top Indigenous affairs positions

Alex Nguyen
News Editor

After a five-month search, UBC has appointed one familiar face and one newcomer to top positions in Indigenous affairs, both of whom were drawn to UBC for its longstanding and ongoing efforts to improve Indigenous representation.

Dr. Sheryl Lightfoot, a UBC associate professor of political science and First Nations and Indigenous Studies from the Lake Superior Ojibwe Band, is the senior advisor to the president on Indigenous affairs. Having begun her five-year term on August 1, she now guides the strategic plan in relation to Indigenous affairs on both campuses.

Dr. Margaret Moss, who has membership in the Mandan, Hidatsa, and Arikara Nations and equal lineage as Canadian Sioux, is an associate professor in the University of Buffalo's school of nursing and the university's assistant dean for diversity & inclusion. She will take over as the First Nations House of Learning's (FNHL) director on November 1, which serves to advance policies and programs that improve Indigenous students and scholars' university experience.

Until then, the FNHL will be overseen by Dr. Eric Eich, vice-provost and associate VP academic affairs, and FNHL Associate Director Debra Martel.

"I'm really pleased that we got two extremely talented individuals who will take up these two roles," said UBC Provost and VP Academic Andrew Szeri, who was the chair of the search committee.

Their appointments were announced in late July. ALEX NGUYEN

While these two roles used to be one position held by Dr. Linc Kesler, who recently stepped down, it was separated to accommodate expanding Indigenous initiatives on campus.

"The efforts of the university in the area of Indigenous affairs have expanded so much in recent years, it has become a very big job for one person," said Szeri, referencing the new Indigenous Strategic Plan, the opening of the Indian Residential School History and Dialogue Centre and general support related to the increase in UBC student, staff and faculty population. "We expect that to continue in the future."

"A REALLY EXCELLENT TIME AND A FIT"

"I think normally I wouldn't take on an administrative role at this point in my career," said Lightfoot, who is Canada Research Chair in Global Indigenous Rights and Politics.

"Again, normal doesn't apply to Indigenous issues in Canada or globally right now."

Lightfoot attributed her reason for taking on the role to UBC's early focus on Indigenous issues and commended the university's decision to divide the position, which will allow her to continue her scholarship at the same time.

"The fact that a university has an Aboriginal Strategic Plan in [2009], it was beyond what I could even comprehend in terms of progressiveness," said Lightfoot, "I've seen that continued ... so given all of that, and that's what my work is involved in, it seems like a really excellent time and a fit."

Looking ahead, maintaining the momentum that UBC has achieved in its response to the Truth and Reconciliation Commission of Canada (TRC) is on her radar.

"In some sense, UBC's response to the TRC predate the TRC by six years, so we are very well-positioned to lead the country," she said. "We don't want to lose that ground."

She also expressed the need to address "second-generation problems" — such as the unintended harm toward young Indigenous faculty created by Canadian universities' rush to recruit them — and the under-representation of Indigenous students in STEM fields.

"We made great stride in [arts, law, medicine], but there are a lot of other areas like engineering and science where we're severely under-represented ... If we talk about rethinking and redesigning for a more sustainable future, I think that's where we have to go."

"NIGHT AND DAY"

The view that UBC is ahead of the curve in terms of Indigenous initiatives was also what drew Moss to her new position.

"It's just night and day how far ahead [Canadian universities] are in Indigenous acknowledgment and history and so forth, so I'm thrilled to be able to go to a university where the needle has already been moved," Moss said. "Over here [in the US], it is a really heavy lift to get anybody to understand or think about Indigenous things at all."

But she pointed out that Canada and the US still share many similarities regarding the treatment of Indigenous peoples, especially when viewed from her background in law and nursing. Moss is notably the only American of Indigenous background to hold both nursing and juris doctorates, and she also wrote the first nursing textbook on Indigenous health.

"[The textbook] came out in 2015 so just recognizing that nobody until then knew too much about the differences in regional and tribal ... they are completely different depending on the region and culture and language group," said Moss.

"Your average nurse or healthcare professional didn't realize it, and I'm sure it's similar in Canada. Bringing understanding of that is also helpful."

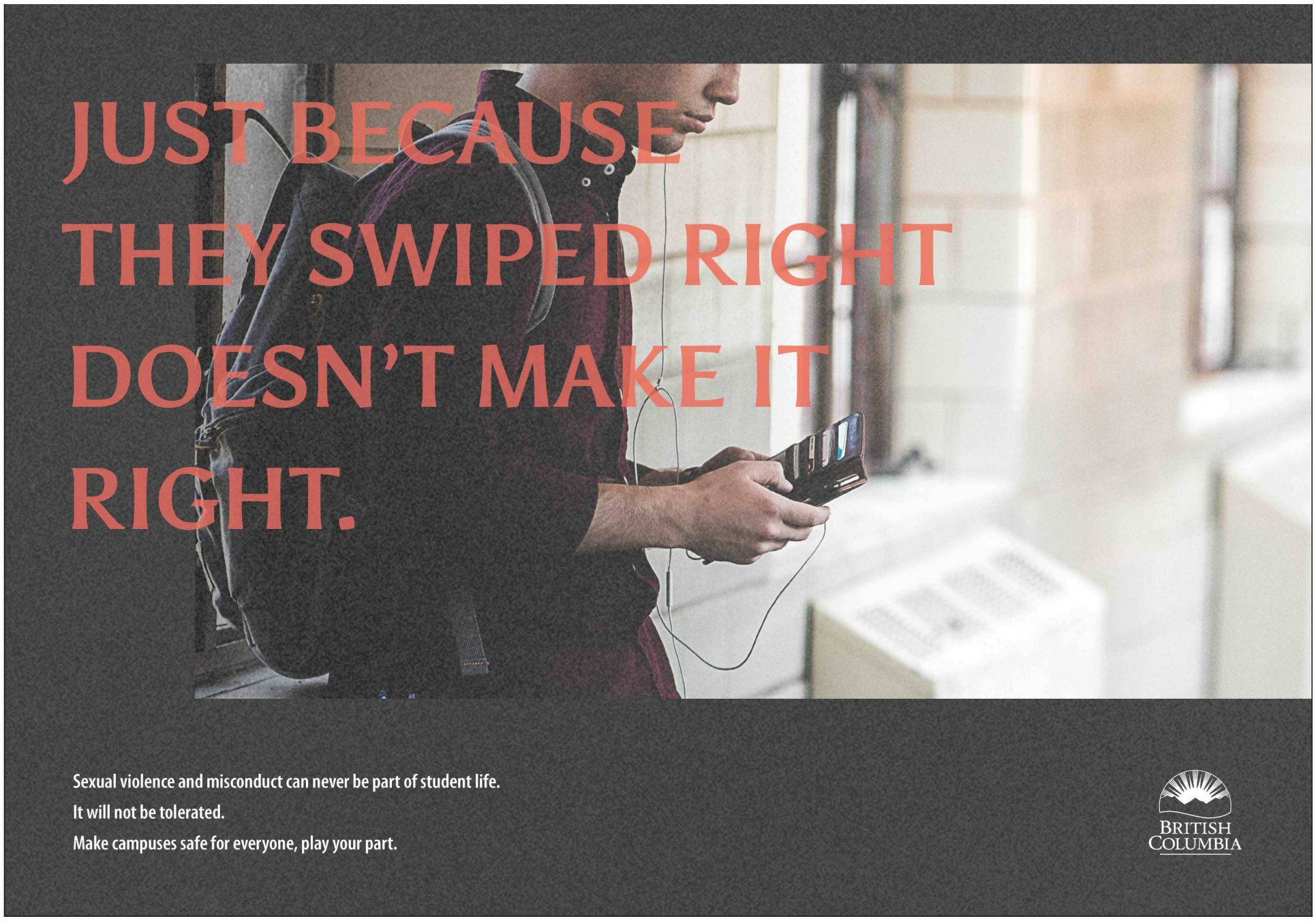
Accordingly, she will also be teaching a course each year in the school of nursing.

A newcomer to UBC who is yet to arrive on campus, Moss ultimately stressed learning about the university's culture, gaps and opportunities before laying out her concrete plan for the FNHL.

But she noted that the student aspect will be "one of the first things" to look at.

"I'm not saying that every Indigenous students has to come to the Longhouse [which houses the FHNL]," she said, "but I would like to make it more known — I'm not sure if they have all heard about it or used it."

"We're entering a new era," said Szeri. "... UBC and the Indigenous communities on campus and beyond will be really well served by [Lightfoot and Moss]."



LANGUAGE //

What do the Power Rangers, Superman and ancient humans have in common? UBC linguist Christine Schreyer

LUA PRESIDIO

Bridget Chase
Culture Editor

The film *Alpha* may take place 20,000 years ago, but the language that Keda, Tau and all of its other ice-aged characters speak is less than three years old. That's because Beama, also known as Cro-Magnon, is a "conlang," or a constructed language that was built specifically for the film by UBC Anthropology professor Dr. Christine Schreyer. But don't worry — if you don't speak Beama, you could also speak to Schreyer in Kryptonian, the language of Superman's home planet Krypton, or Eltarian, the language of an alien race in Power Rangers. She created both of those, too.

"After I got back from [working in] Papa New Guinea, I was interested in new languages. That included pidgins and creoles, as well as constructed languages. It was right around the time that *Avatar* came out, and ... people were learning Na'vi."

Schreyer surveyed the group, curious about their motivation behind learning a language only spoken on the fictional planet of Pandora. Her research was featured in *The Globe and Mail*.

"The production designer for *Man of Steel* happened to see [the article] ... he called me right away and said, 'Please come work with us.'"

Once her name became well-known in the industry, it opened up opportunities to write the language for the 2017 *Power Rangers* reboot, as well as the language for *Alpha* which is in cinemas now.

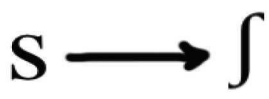
Schreyer began by pulling from historical linguistic textbooks and designing the grammar that would work best for the film. While the English language includes approximately 44 sounds, Beama has its own sound system that may be tricky for the average English speaker to learn. This includes sounds like:

LUA PRESIDIO

"[The director] was very interested in melodic word construction.... I also looked at the proto-languages that were around those time periods [as] estimated ancestral languages. ... The first thing I taught [all the actors] was the International Phonetic Alphabet.... Then I would record the words for them, they would practice with the audio and I would check back in with them on Skype."

This precision would be especially important since certain actors weren't even speaking the same version of the conlang. At one point in the film, two different groups meet and they end up speaking different dialects of the same language — another component that Schreyer had to design.

"The word for 'son' in the main character's language was 'sawa,' and then in the dialect it was 'shawa.' So the 's' turns into [an] 'sh' sound ... [Sounds moved] from alveolar to palato-alveolar," she said.



This means that the sound is made with your tongue bunched-up against the hard part (or palate) on the roof of your mouth. This shift, alongside certain vowel changes, made the two dialects easy to distinguish during dialogue.

"I wanted there to be, for the very dedicated fans, some kind of authentic difference in dialect. Because [these characters] weren't from the same place, there is no reason they would have had the exact same language," said Schreyer.

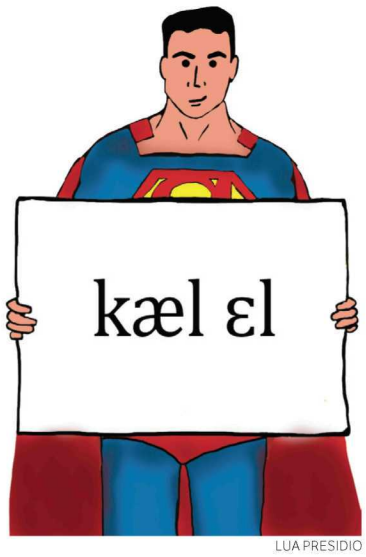
While the language learning materials are technically the film studio's intellectual property, Schreyer has already had a few people reach out to her asking how they could learn it, just as they did with her language for *Man of Steel*.

"Warner Brothers did a few things with Kryptonian, but never published the full vocabulary that was available, so now there are people scanning the internet trying to find all the tiny pieces of [it]."

Of course, Kyptonian and Beama are two very different languages, not only in terms of where they are spoken (space versus prehistoric Earth), but also in their fanbase. While *Alpha* is a new film with a new cast of characters, *Superman* has a canon that spans 80 years, with a lot of pre-existing material.

"... in Superman *Man of Steel* and *Power Rangers*, I drew on the canon for those words. So I knew the word Krypton was a word, or Kalel or Candor ... and I could use those as a guide for word construction," she said.

"*Superman* does have such a huge fanbase, so there are people who are trying to learn as much as possible ... I don't know if there will be dedicated fans to these [characters] from 20,000 years ago. The fandom levels are already different, so that might impact whether people learn it in the future as well."



LUA PRESIDIO

If you think this sounds like the coolest job ever, Schreyer teaches a course at the UBC Okanagan campus in which constructing a language is the final project.

"In my introduction to linguistic anthropology course ... the students learn about the pieces of linguistics and then they build languages, that's their final assignment," she said.

"So as they learn about phonology, they pick the sounds of their language and as they learn about morphology they put the sounds together ... I would often use the example of Na'vi and say 'Look, this is in the movies, it's a good thing you're learning about this!'"

If you're a conlanger in the making, you're in luck. Schreyer explained that there is something called the Language Creation Society, which is a group of people online who all share an interest in conlangs. On their online forum, people who need languages constructed for TV, films, books or video games will post job offers.

"That's how David Peterson got the job with HBO on *Game of Thrones*," she explained. Peterson submitted his portfolio and got chosen to create the now widely-known language of Dothraki.

Outside of her film career, Schreyer also works with languages spoken by people on modern day planet Earth. Specifically, she partners with Indigenous communities and teaches courses at the Vancouver campus in the First Nations Endangered Languages program.

But that doesn't mean that these topics necessarily have to exist in silos. Schreyer said that the knowledge she gained from working with Indigenous languages helped her career in constructed ones, and vice versa.

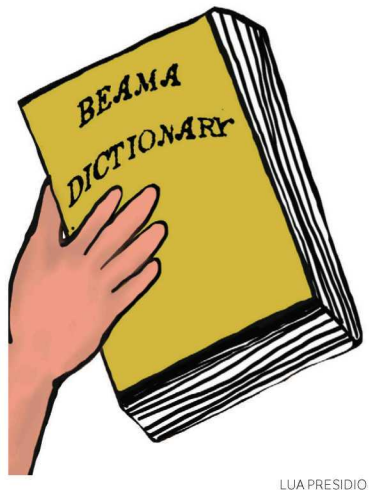
"One of the ideas I presented [for Kryptonian] was to use a similar writing system to the Cree syllabic system. So the characters in Kryptonian rotate based on vowel sound, similar to Cree syllabics. I actually put Easter eggs for Indigenous languages into Kryptonian! So to say hello in Cree you say 'tansi' and to say hello in Kryptonian you reverse the syllables and say 'sitan.'"

On the other hand, Schreyer's work with the Na'vi speakers helped provide context around speaker communities that develop out of nothing, and fuelled her research into how Indigenous language communities could model those tactics in language revitalization.

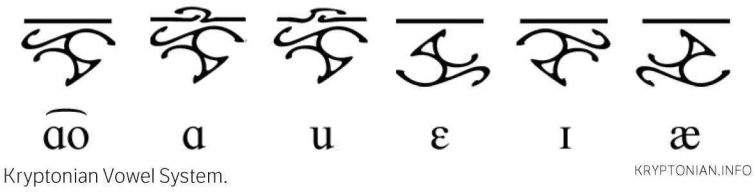
These conlang speaking communities are popping up around the world, and Schreyer argued that often they may be bigger fans of the language than they are of the source content itself.

"In my Na'vi research, [I learned that] in Russia they had really terrible subtitles for the *Avatar* movie so a lot of people ended up learning the language to figure out what the movie was about, and now there is this part of the population [that are] huge fans of the language but who didn't really like *Avatar* at all," she said.

"They might start out as fans of whatever the media is, but they fall in love with the language. The community forums are often so welcoming, so more than being a fan of a show people self-identify as being fans of the language."

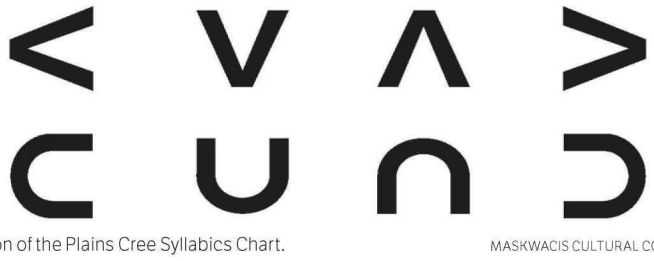


LUA PRESIDIO



Kryptonian Vowel System.

KRYPTONIAN.INFO



Section of the Plains Cree Syllabics Chart.

MASKWACIS CULTURAL COLLEGE

PODCASTS //

DOXA presents the inaugural *Vancouver Podcast Festival* with a true crime theme

Sammy Smart
Contributor

From November 8 to 10, DOXA Documentary Film Festival will be holding its inaugural *Vancouver Podcast Festival*. The festival will include live podcast presentations, workshops and panels, featuring Canadian podcasts *Someone Knows Something* and *Uncover: Escaping NXIVM* from the CBC, and American podcasts *In The Dark* and *You Must Remember This*.

The theme of this festival is "True Crime, True Justice," where the popular true crime genre of podcasts will be looked at through a social justice lens. Selina Crammond, DOXA director of programming, said the theme felt natural for kicking off the event.

"One of the nights is going to be focused on comedy, so putting a satirical spin on the true crime genre, another night's going to be focusing more on investigative journalism in crime, and then the other night is sort of looking critically at Hollywood and crime stories," Crammond said.

Andrea Gin, chair of the board of directors for the Documentary and Media Society and member of the festival's organizing committee, noted the rise in popularity of podcasting as a medium.

"CBC's been telling lots of these kinds of audience stories on the air for a long, long time," said Gin. "Now people are able to tell their own stories and put podcasts together at home on their computers ... it's enabled regular people to tell their stories in an audio format."

Gin believes this event will help local podcasters connect.

"We hope that this is going to be an event that pulls together all [of] the local podcasting community, and enables people to network and get to know other creators, and share ideas and share production tips," Gin said.

Crammond hopes that the worlds of documentary media and podcasting can connect together through this event, and that creators in these spheres have the opportunity to network and explore different formats of storytelling.

"[...] We're really hoping to build up an audience ... and look at the intersections [between podcasting and documentary film], how stories are being told in audio and film, and what's similar about them, what's different, and sort of expand on our community [of] documentary film fans," said Crammond.

VIDEO //

qeqən House Posts takes viewers on tour of Musqueam art and history across campus

View the video at http://tiny.cc/HousePostsVideo.

MARINA MCDUFF

Bridget Chase
Culture Editor

In a collaboration with the Helen and Morris Belkin Art Gallery, Musqueam community member Jordan Wilson wrote an illustrated, self-guided tour booklet of the Musqueam house posts on UBC campus, entitled *qeqən House Posts*.

Each of the posts came to UBC from different artists and collecting processes over the last century.

The tour starts in the UBC Botanical Gardens, where two posts were originally located 90 years ago. Wilson then takes readers through fields and buildings, and weaves the narratives that surround each of these individual works of art.

The Ubyssey connected with Wilson, who took us on a physical tour of the posts. Using his knowledge, we created a video version of the book, with Wilson narrating the route. The video can be found on our website.

Physical copies of *qeqən House Posts* are available at the Morris and Helen Belkin Art Gallery. (1825 Main Mall, UBC)

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APR 11 Cristina Pato Quartet
APR 17 Mariza
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FOOD //

Nosh Hunt: Satisfying scones

Hannah Feodorov
Contributor

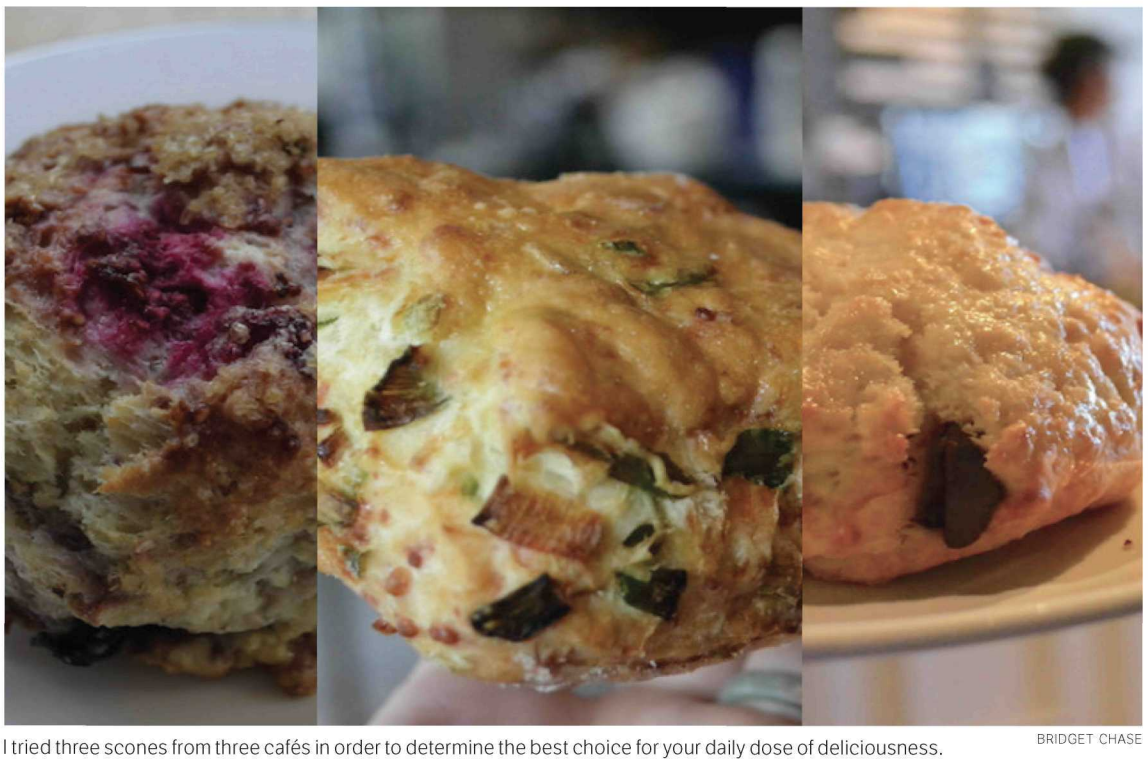
The scone may not look like much, but this versatile gathering of dough can either leave the consumer with the most delicious rock in their belly, or feeling relatively "meh." To save all UBC students from the crushing despair that is a disappointing dessert, I tried three scones from three cafés in order to determine the best choice for your daily dose of deliciousness. This review is entirely selfless — I understand if I am your new hero, but please save your thanks for later.

Great Dane Coffee is the first stop on my scone adventure. After trudging through the summer rain, I excitedly pull out my trusty laptop and settle on to one of the rustic wooden tables outlining the main entrance. I look over at the counter and notice the double berry scones' crust peaking modestly between its fellow pastries. Accompanied by a large cup of coffee, I begin my journey into the crispy hug of the massive delicacy.

It starts with a satisfying crunch. The top crackles in my mouth, releasing faint amounts of lemon and a dusting of brown sugar. The scone's substantial interior isn't too sweet, but still subtly counters the coffee's natural bitterness. The berries are just the right amount of tart, without being overly sour. Although Great Dane also offers sweeter options with the same crunchy tops, the berry versions are for those who appreciate the art of a hardy scone, while still enjoying the tartness of real fruit over sugar.

Next, I head to Loafe to try their savory cheddar and chive scone. Stealing myself a rare seat in the café's posh interior, I take my first bite. With an egg-washed top and a distinctly brunch-y feel, the inside of the scone reminds me of an omelet. The top is sadly lacking in crunch, but the scone still manages to be appropriately buttery without being too greasy. It has the perfect amount of onion and egg flavour, but the cheddar remains elusive. As I continue to munch away, I realize that this scone would probably taste much better if it were toasted.

The last stop on my scone tour is Boulevard, a cozy yet open café with tons of table space. With a large offering of buttery goods to choose from, I carefully select the scone most likely to fulfill my obsession for fruity flavours. Sitting at one of the front tables, I peel open the wrapper on my breakfast, and savour the smell of the Boulevard's chocolate orange scone. This scone may be good for the soul, but not for heart health. Struggling to push aside a few nagging facts from my summer nutrition course, I dive into yet another scone, only justified by the fact that I'm writing a review about it. The first bite reveals that the scone's consistency is flaky and buttery all the way though, with some gooey-ness near the centre and surrounding the melted chocolate chunks. The chocolate isn't too sweet, and gently compliments the essence of marmalade. Overall, it reminds me of a soft southern biscuit. Although I've never been to the south, I imagine this might be what it tastes like.



I tried three scones from three cafés in order to determine the best choice for your daily dose of deliciousness. BRIDGET CHASE

The scone adventure has come to its end, meaning it's time to give you the recommendation that will carry you into future classes feeling full. While all the campus cafés were able to bring something special to the plate, it was an obvious choice when it came to which one stole my stomach. Great Dane Café had by far the most satisfying scone. The berry scone's delicate balance of sweet and tart flavours, as well as it's superior top texture, was the only scone that managed to keep me coming back for more. Now go forth into the world and enjoy some good scones!

FOOD //

Homesick Cooking: Vietnamese in Vancouver

Alex Nguyen
News Editor

It started with waves of longing while watching the Vietnam episodes on Anthony Bourdain's *Parts Unknown*. Then it turned into an incessant gnawing from within, creating a vast emptiness that demanded to be filled.

At this point, it could either be homesickness or just my stomach crying out for something more substantive than a diet of instant ramen and donuts for the fourth day in a row. Either way, some hearty Vietnamese food would do the trick — it always does.

With many Vietnamese restaurants peppered across Vancouver, there is no shortage of places to go — the two places below, though, have been thoroughly tested and approved by myself and my family.

CAFÉ *XỨ HUẾ*'S *BÚN BÒ HUẾ*

Café *Xứ Huế* offers a no-nonsense, steamy bowl of *bún bò* (beef noodle) that might just be the best one in town. With a deep broth, complementary herbs and filled to the brim with beef slices, pork and pig blood cubes that look like tofu, it tastes like a firework explosion on the tastebuds and feels like a warm hug on a rainy day. More simply, *bún bò* is the spicier, more flavourful, and undoubtedly better version of *phở*.

The only downside is that the place is located near Kingsway and Gladstone, or deep in the far-off place that some UBC students might know as East Van.

Mr. Red Café. ALEX NGUYEN

MR. RED CAFÉ'S *BÚN CHẢ HÀ NỘI*

Mr. Red Café also serves *bún bò*, but it's their *bún chả* — a dry noodle dish served with grilled meat and herbs — that keeps me coming back for more.

Here, the glistening grilled pork slices and meatballs are kept tender in a bowl of diluted fish sauce that is a bit spicy from the chilli, a bit sweet and sour from the pickled daikon and carrot pieces, and a bit bitter from some pork slices that are more generously flamed.

Combined with the fresh side of herbs, the dish is in perfect balance. Umami, baby!

Café Xứ Huế. ALEX NGUYEN

Bún chả — a dry noodle dish served with grilled meat and herbs. ALEX NGUYEN

Bún bò — beef noodle, aka the undoubtedly better version of phở. ALEX NGUYEN

Bonus points and wrap up

Bonus point: Some of the figurines and decorations that Mr. Red Café has totally look like something my family had when we lived in Vietnam. Plus, lucky for you, there is a location on Broadway and MacDonald, so you don't have to go far.

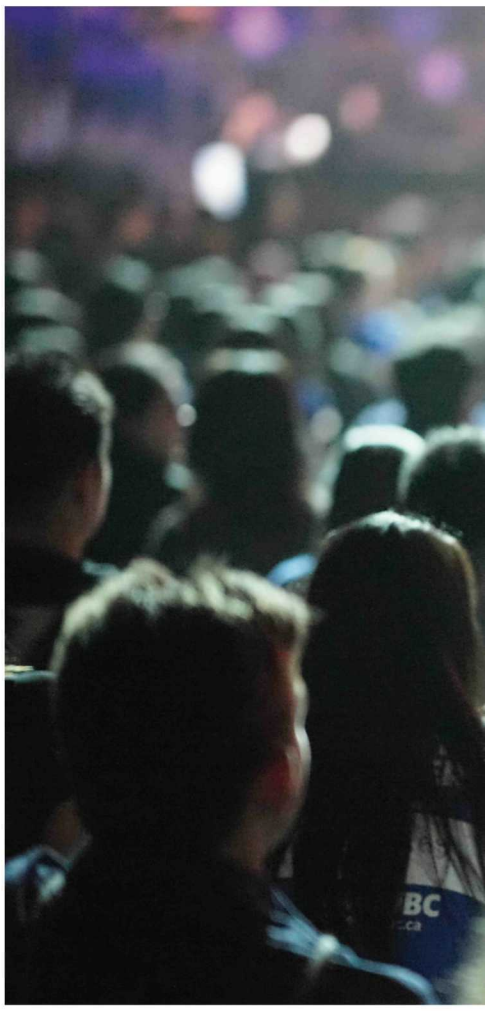
My final tip: always, always order a Vietnamese coffee with condensed milk, because it's pretty hard to mess up the authenticity of straight caffeine and sugar.

Know the best place in town to get your favourite, authentic homestyle dish? Email culture@ubyssey.ca *to write for the Homesick Cooking column.*

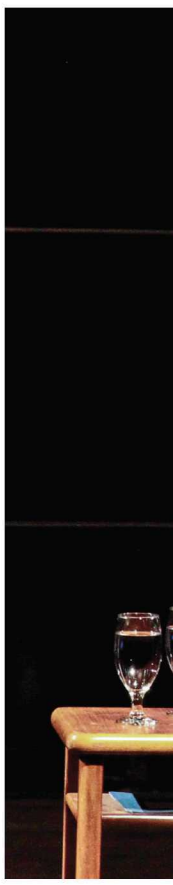
ALEX NGUYEN

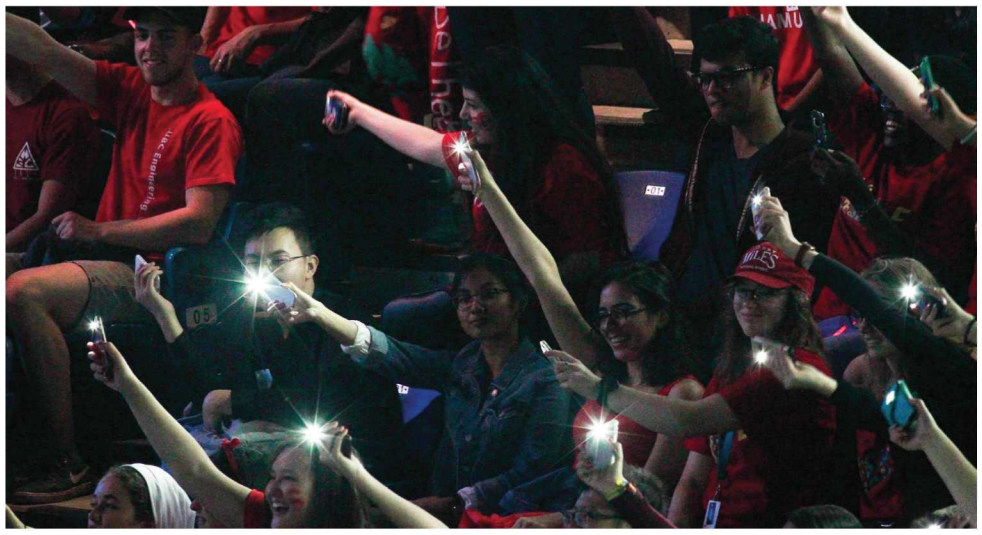
"Some of the figurines and decorations [at Mr. Red Café] that they have totally look like something my family had when we lived in Vietnam."

FLUOR
UBC Aerial Robotics

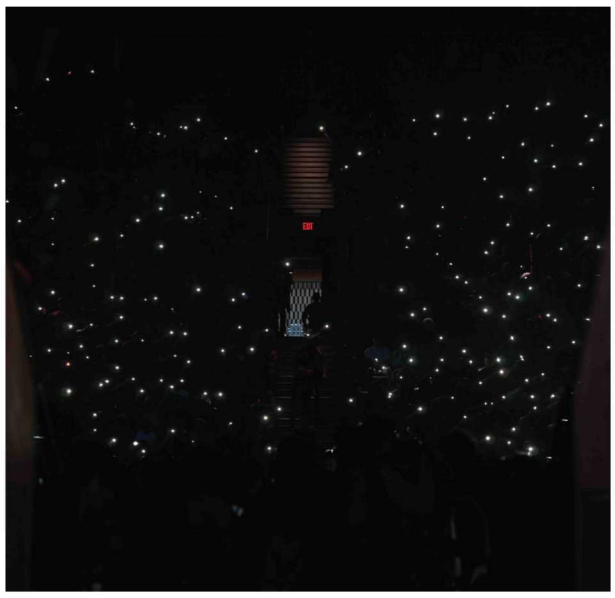


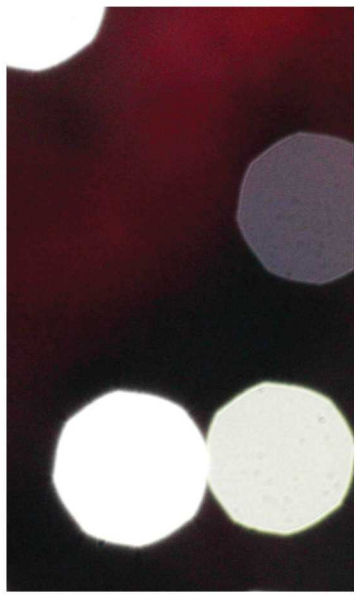
UBC
RECREATION





Photos by Elizabeth Wang, Jamie Zhao and Jason Huang





The Ubyssey's first week

B I N G O

Go to a frat party and immediately leave	Get naked at Wreck Beach	Get lost in Buchanan A, B, C, D or E	Dodge a bike	Get hit by someone on a bike
Actually speak to a professor	Listen to CiTR	Complain about the construction	Pull an all-nighter for no real reason	Sign up for a club (or 15)
Be passive aggressive with your roommates	Do all your readings for the only time, ever	VOLUNTEER FOR *THE UBYSSEY* (FREE SPACE BECAUSE WE KNOW YOU WANT TO)	Have a brief existential crisis	Laugh
Make a new best friend	Find out which alcohol you'll eventually hate	Actually move to the back of the 99 B-Line	Sleep through class	Get to class exactly on time
Fall in love with someone from afar	Get needlessly expensive stationery to hype yourself up	Buy that gym membership you won't use ever again	Have a good cry	Make a mistake choosing res food

100 YEARS!

How to be a heck of a volunteer for the gosh dang

UBYSSEY

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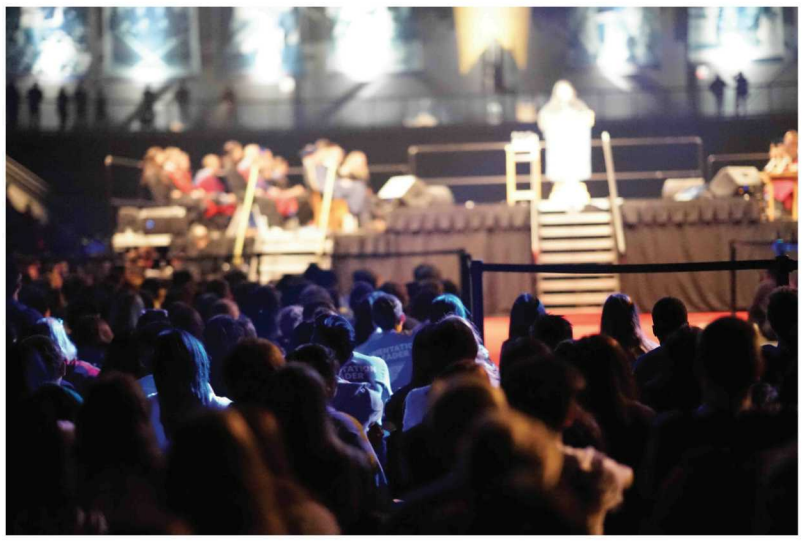
4. Do excellent things and get them in on time like the wonderful contributor you are.

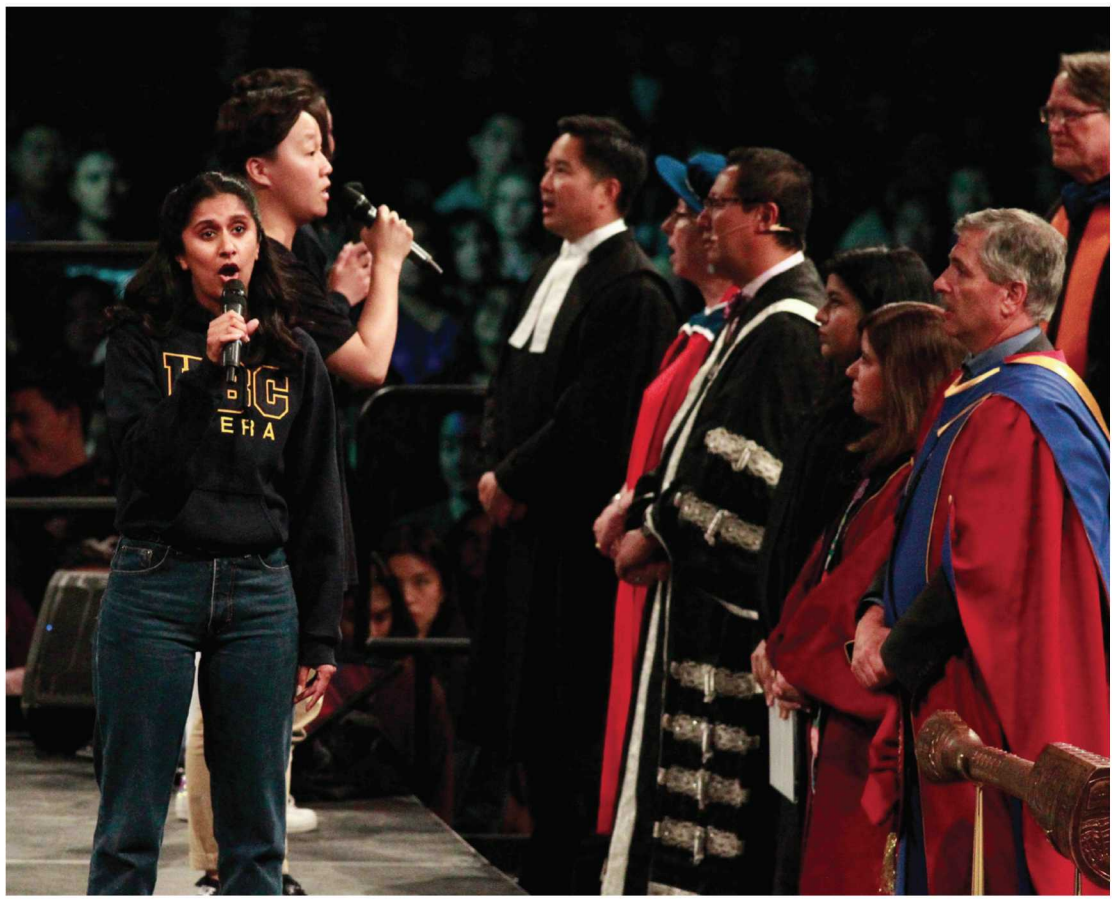
Anyone is welcome here. Enough said.

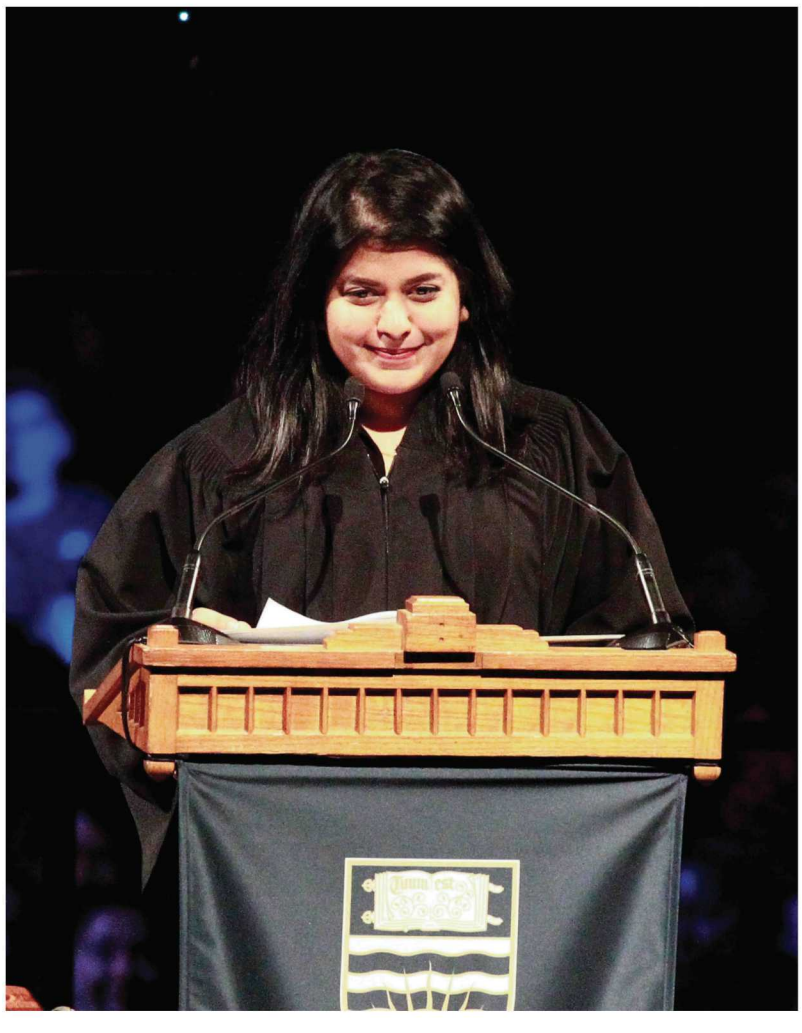
It's that simple! And if you have any questions, that's what the editors are here for.

ubyssey.ca/volunteer

metrovancouver







DOUG MITCHELL THUNDERBIRD SPORTS CENTRE
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BREAKING UP //

Ask Pawan: I still have feelings for my ex-girlfriend

Pawan Minhas
Advice Columnist

Sometimes the best thing to do is to talk it out with a friend. FILE JULIAN YU

With the new school year coming in, plenty of new relationships are on the horizon. Our previous issue focused on platonic relationships, and when you might need to cut some toxic ties. This issue focuses on the aftermath of a romantic relationship, but can still apply to any kind of relationship you find yourself walking away from.

"Hey Pawan,

I broke up with my girlfriend some time ago, but I always have admired her. She was my first. I miss her a lot and want to catch up with her. I just want us to be a part of each other's lives again. I've tried so many way to let go of her completely. I also pretend that I have completely moved on in front of my friends, but the truth is I never did. How should I approach this situation? How do I either move on completely, or bring her back into my life?

Sincerely,

A broken-hearted, regretful, anxious idiot"

My advice starts off from a place that can seem a bit disappointing, but I encourage you to bear with me when I say that I am not a professional and that this is only my opinion. This leads me right into the core of my advice: talk to someone close to you.

You mention that you've led your friends to believe that you've moved on, and I believe changing that is where the first step lies. I'm not saying that you need to shout it down Main Mall — just tell someone that you really trust or feel would understand. Letting someone in and telling them about your struggles to decide which way to go might just be the breakthrough you need to take an action. Simply talking to someone about how you feel and what the relationship was like could be enough to give you some idea of what you really want, and figuring out what's going through your head right now is a great primer for the next step.

If you find yourself with truly no one to talk to, here's plan B. If you're contemplating the merits of anything, it always helps to helps to take stock of what you're missing, especially if there's some emotional attachment to what you're considering — and boy, does it seem that way. When figuring out why the breakup happened, it might help to start from the beginning, sift through the good times at the start and try to pinpoint where things start getting dicey. Depending on how the breakup happened and who initiated it, you might find that — with a clearer head and more muted emotional responses that come with reviewing rather than experiencing — you can see things a bit differently. Maybe upon reflection you understand her side a bit more than in the heat of the moment, or you might see flaws in the relationship that were hidden, or you may realize that you were both blowing things out of proportion.

This also brings me to the section of the article that is to do with sobering thoughts: of the three scenarios just mentioned, the last is the most unlikely. After a relationship, especially one that meant a lot, both parties go through a lot of tumultuous emotions and feel a need to go back to the status quo, but usually there's something stopping them. That something is probably one of, if not the main thing that started making cracks in the relationship, or at least made them more visible. Not to say that there is no chance of reconciliation — because there are a thousand nuances to a human relationship that don't translate to a Google Forms submission — but I am saying something that has been said in this column before: temper your expectations.

Sadly, nuance and complexity are not something that come across easily when submitting a question online, but that's where the first bit of advice swoops back in. If you have someone around you that might be able to provide some perspective or at least be a board to bounce words off of for an evening, I recommend that you give them a call and ask for a bit of help with what weighs on you (a drink or two might assist).

Need advice? Send your questions, queries or problems to advice@ubyssey.ca, or submit anonymously at ubyssey.ca/advice!

MINDFULNESS //

Mind your mind: what type of mental health professional is right for you?

Sometimes, the initial step is the hardest, but also the most important one. FILE STEPHANIE WU

Daphnée Lévesque
Mindfulness Columnist

Navigating the mental health system can be disorientating, frustrating and discouraging. A lot of the time, people don't know where to start. This article outlines the different types of mental health professionals, in the hopes of detangling some of the strings associated with an already messy system.

General practitioners (GP), also known as primary care physicians or family doctors, are often the first point of contact. GPs are trained to recognize common symptoms of mental illness and can prescribe medications, but they do not typically provide counselling. If your mental health is deteriorating, seeing a GP is a first recommended step.

Psychiatrists, on the other hand, are medical doctors who specialize in treating mental health disorders. They are some of the most qualified experts in the field. They assess individuals, diagnose mental illnesses and prescribe medications. They typically do not provide long-term psychotherapy, instead providing medication management to their patients. In order to see a psychiatrist in Canada, you need a referral from a GP. Wait times vary depending on where you live and the severity of your concerns so unfortunately, people often have to wait months before seeing a psychiatrist. It's also important to note that not everyone with a mental health issue needs to see a psychiatrist or take medication; many people manage their conditions by getting medication from their GP as needed, undertaking lifestyle changes or seeking counselling.

Mental health nurses, or registered psychiatric nurses, also specialize in mental health care. They often work in a team and their roles vary depending on the environment. Some nurses work in psychiatric wards and residential treatment centers, others in family practices. Regardless, psychiatric nurses are qualified in crisis intervention, assessment and administration of medications. If you're ever in crisis and go to the hospital, you will most likely be evaluated by a psychiatric nurse first.

Case managers, social workers, mental health workers and occupational therapists are all individuals who also work in the field. They work in all sorts of clinical settings and provide all sorts of services. They help in areas such as school, finances and housing. Mostly, their task is to support their clients and assist them in accessing timely, efficient and client centered care.

I also want to discuss two terms that people use interchangeably: counselling and psychotherapy. According to the Canadian Counselling and Psychotherapy Association, there is a slight difference between the two. People seeking psychotherapy are diagnosed with a mental illness, and the therapy itself is in-depth and focuses on the "self." Counselling, on the other hand, is more focused on resolving problems that are presently happening in the person's life, such as a breakup, performance anxiety and going away to school.

Some people will see a counsellor once or twice, and others will choose to be in therapy for years. There's no one-size fits all and when it comes to choosing a therapist, it's helpful to know the differences between professionals, since "therapist" or "clinician" are umbrella terms: registered psychologists, social workers, registered clinical counsellors and licensed marriage and family therapists are all individuals that fall under the latter terms, and who are qualified to provide psychotherapy or counselling.

The designation and letters following someone's name does not matter at all. What matters is that the person you're seeing is providing you with adequate support or treatment. This means that the person you're seeing should provide evidence based or empirically supported treatments and use therapeutic approaches and models that are tailored to your needs. If meeting with a new therapist, don't hesitate to ask questions regarding their background and qualifications. Finally, the most important part is getting along with your therapist! You will intuitively know if you're a good fit.

Accessing professional help for your mental health can be a scary process. If you're not ready to reach out to a professional, I encourage you to turn to other supports. Friends, family members and peers are all good options. Why not join a support group, or connect with a friend? Sometimes, the initial step is the hardest, but also the most important one.

The authors of this column are not mental health professionals. If you need additional support, please contact Student Health Services, Sexual Assault Support Centre and/or the Wellness Centre. In case of an emergency, call 911.

SOCIAL MEDIA //

The UBC Twitter community is being destroyed by every other university in Canada

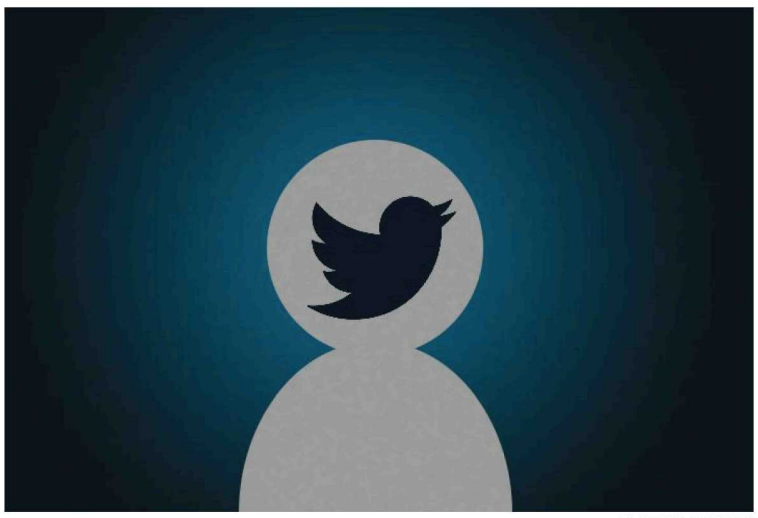
Tristan Wheeler
Blog & Opinion Editor

For all you Canadian university stans who can't get enough data, Twitter has put out an article comparing the Twitter activity of every university in Canada, and UBC is getting absolutely demolished by every other institution of higher learning in the country.

The analysis mainly looks at the last year of Twitter activity around and about Canadian universities. There are three major categories, all of which UBC is losing in: "most mentioned during orientation week," "most mentioned" and "most followed." The most mentioned university during orientation is Queen's University, an achievement potentially garnered from the gimmicky name "Frosh Week" and the fact that there's nothing else in Kingston to tweet about.

For the most-followed university in Canada, McGill tops the list as the only university with more than 100,000 followers, which is an interesting fact when you consider that UBC had roughly 15,000 more students enrolled than McGill in fall 2017.

The only category that UBC is even mentioned in is the "most mentioned on Twitter in 2018," but even then, we're beat by Ontario's juggernauts York University (#2) and the University of Toronto (#1).



Get more engaged, guys! FILE NATALIE MORRIS

Unfortunately, the UBC community is just not as plugged into the bird website as other campus communities across Canada. We'd like to think that it's because we have beautiful nature to look at instead of wasting time on the endless scroll, but that doesn't change the fact that we're losing at something.

While we might not be doing well on Twitter engagement, a quick look through Instagram indicated that Main Mall is probably the most Instagrammed place on any campus ever in the world.

NUTRITION //

How to eat cheap in university without opening a package of ramen

To save cash, get in the habit of packing a lunch the night before, even if it's just leftovers from dinner. FILE JOSHUA MEDICOFF

Zak Vescera
News Editor

First years, welcome to UBC! These next four — or, let's face it, five — years will be some of the most formative of your life. They'll also be expensive. If you're in an average student's income bracket, you're looking to save as much cash as you can so you can spend it on more important things, like textbooks you'll never read and pitchers of Lucky Lager at Koerner's.

To help you along on your academic crusade, here's a short list of tips to cut costs in the kitchen while still enjoying a relatively healthy diet.

Everyone's dietary needs are obviously different: you might not be able to enjoy certain foods on this list, and a 'Birds' linebacker doesn't eat the same amount of food as your average student. But these tips are a good place to at least get started on eating better while saving cash.

FORGET EVERYTHING YOU KNOW ABOUT COLLEGE COOKING

Top ramen. Frozen pizza. Regular pizza. Your typical "college foods" seem like a perfect deal for a famished student. But learning to cook quick, healthy meals isn't just better for you: it'll save you lots of money. Start by trying to cook soups, stews, pasta dishes and other easy, healthy and filling meals. You'll save money, eat better and develop a pretty funky new skill.

BUY IN BULK

If you're going to be eating a lot of it, buy in bulk. Go to your local Asian grocery store and invest in a massive sack of rice. That $11 might seem like a lot now, but it's a lot cheaper than continually buying the smaller $3 boxes from Safeway throughout the entire year. The same thing goes for non-perishable goods like oil, salt, spices, baking soda, canned goods and pasta.

SPLIT THE COSTS

Set up a cost-sharing system with your roommates to divvy up the bill on foods that you all continually buy. One big sack of potatoes is a lot cheaper than three smaller ones.

SEARCH FOR DEALS

We're not just talking about your Save-On-Foods card. Odds are your local grocer will have bargains on products that aren't selling. For example, the Chinese bakery near my house sells packets of awesome spices for $1 that usually cost four times that at the supermarket across the street.

DIVERSIFY YOUR GAINS

Meat is tasty. It's also pricey. Legumes like lentils, beans and peas are absurdly cheap in comparison, especially if you buy them dried. And unlike meat, they won't go bad in your fridge. We're not asking you to go veg, but give peas a chance.

CUT THE JUNK

If you're on a budget crunch, your first impulse should be to stop drinking alcohol. When that inevitably fails, you might need to look at other parts of your lifestyle. Sodas, chips and other indulgences are delicious, but they're expensive harbingers of the freshman 15. If you can't quit the sweets, maybe start baking — that way, at least, you're developing a new skill while still saving money and treating yo'self.

TAKE IT TO GO

If you're new to campus, you're about to learn very quickly that food here is not cheap. Lunch will usually run you about $10. To save cash, get in the habit of packing a lunch the night before, even if it's just leftovers from dinner.

INVEST IN SOME HARDWARE

Too lazy to cook? Split the cost of a slow cooker with your roommates and enjoy coming home to a ready-cooked meal. Can't quit the caffeine? Get a French press and some cheap ground coffee and take your cup of joe to school in a travel mug. You'll skip the Blue Chip line and save a solid two bucks on coffee every day.

DON'T LET IT EXPIRE

When you think about it, letting food go bad in your fridge is basically just trading money for rotting broccoli. Check your fridge regularly and plan to cook whatever is about to expire. Your roommates and your wallet will both thank you.

JUGO JUICE. AD

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SCICOMM //

Get your science communication fix at these five Vancouver venues

Elise Gallois
Contributor

Science communication (SciComm) is a bit of a buzzword at the moment, stemming in part from a desire to boost public engagement with cutting edge research that is often only made accessible to experts. Around the globe, more academics are engaging in public-facing science communication, through media such as journalism, documentaries, podcasts, art exhibits and even stand-up comedy.

Boasting tens of thousands of university science students, a burgeoning industrial science sector and a popular not-for-profit science centre that looms over False Creek like a futuristic golf ball, Vancouver is undoubtedly a city of nerds. Thankfully, the city offers a number of platforms through which science enthusiasts can share their passion with the public.

We've provided a list of some of the city's most innovative and entertaining science communication events. Why not get involved yourself?

SCIENCE SLAM

On your marks? Get set. Go! Each competitor in the Science Slam has five minutes on stage to communicate a scientific idea and compete for the grand title of Science Slam Champion. There are also science-themed prizes!

While the speakers are judged on the basis of scientific accuracy and ability to engage the crowd, this is a very relaxed and incredibly supportive night that is held at a variety of exciting venues like UBC's Beaty Biodiversity Museum and Science World. Past competitors have creatively woven dance into their sets, while others have dabbled in hilarious science-themed songwriting and prop comedy.

If you're keen to compete, drop an email to SciSlamCA@gmail.com. If you fancy coming along to watch, keep an eye on their social media accounts for new updates about their upcoming shows for the 2018/19 season.

NERD NITE

How do you improve a night out on the town? New, like-minded friends? Sure! Beer? If you want to! Highly entertaining mini-presentations on a range of scientific topics? Definitely! Nerd Nite Vancouver is the full package.

Hosted monthly at The Fox Cabaret, this is a firm favourite among professional scientists and science enthusiasts alike. Nothing beats escaping the sometimes monotonous world of university lectures like sharing drinks and bantering about cutting-edge knowledge with some of the city's sharpest minds.

If you'd like to contribute as a speaker, contact the Nerd Nite team via their website. If you just want to watch, drop by as a guest at one of the upcoming events on September 18 at The Rio Theatre, or October 24 at The Fox Cabaret.

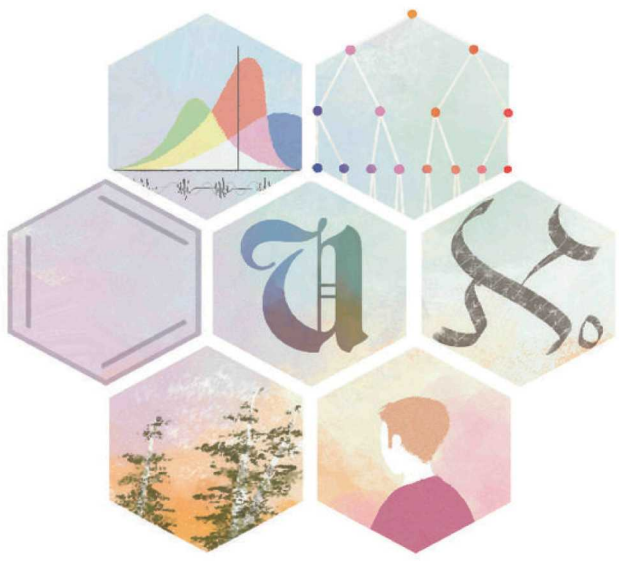
STORY COLLIDER

This is a very popular podcast that features stories from anybody who has been affected or influenced by science, be it academics, industrial scientists, comedians or artists. The one golden rule of Story Collider is for the audience not to learn anything new about science. This is because the focus of the talks is not to educate, but to share stories about how science has impacted your life. This has resulted in the production of hundreds of talks that are sometimes hilarious, sometimes heartbreaking, sometimes silly and always inspiring.

Story Collider hosts shows across the world, but often visits Vancouver. If you'd like to share your science story, apply online. In the meantime, why not catch up on their podcasts?

CAFÉ SCIENTIFIQUE

Sometimes, scientific ideas can seem inaccessible and difficult to digest. Thankfully, coffee helps the digestion process! At Cafe Scientifique Vancouver, experts volunteer their time to speak about their research and chat to non-experts and experts alike about the ideas that they think about on a day-to-day basis. Held at Yagger's Downtown, Café Scientifique is a very active group that hosts monthly events with distinguished speakers from a range of scientific disciplines.



Vancouver is undoubtedly a city of nerds. FILE JERRY LIN

Pop in to one of their events, held on the last Tuesday of every month. Contact the team at cafesci.vancouver@gmail.com to join their mailing list to find out more!

CURIOSITY COLLIDER

What will you learn when two worlds collide? The Curiosity Collider team believes that the arts, sciences and humanities need not exist as separate entities, and it champions scientists who collaborate with artists and vice-versa. Its Collider Cafe series features speakers who do interdisciplinary work and exhibitions of stunning works that cross the threshold between art and science, creating a meeting of the minds that is not to be missed.

You can submit your idea for a speaker talk or exhibition and get all the details about their upcoming events on the Curiosity Collider website.

FLIGHT //

UBC student named aviation award-winner

Chiu hopes to someday be able to merge her interests in aviation and neuroscience. COURTESY LARISSA CHIU

James Vogl
Science Editor

Aviation has been a part of Larissa Chiu's life for as long as she can remember. From a young age, her father shared his love of flying by spearheading family trips to airshows across the continent.

Those early experiences helped set Chiu, now beginning her second year at UBC as an undergraduate student in the faculty of science, on a path towards a hard-earned position as a young leader in the Vancouver aviation community.

Her achievements and her already-lengthy record of giving back to the aviation community earned her the Rising Star award from the Northern Lights Aero Foundation, a non-profit that promotes women's participation in aviation and recognizes outstanding individuals in the field. She will be honored at an award ceremony in Ontario on September 29.

One of the first major steps in that journey was when Chiu's parents enrolled her in the Air Cadets program at age 12.

While she was initially unsure about whether she wanted to stay in the program or not, Chiu was drawn to the aviation classes that the cadets offered. "I was always that academically-inclined person," she said. Through those classes, she learned some of the basics of flight, like the different axes on which planes move.

Eventually, Chiu learned about the glider pilot scholarship program offered by the cadets and, wanting to take her interest in aviation beyond the classroom, she submitted her application for consideration. She was accepted into the selective program, which only allots a small number of spaces for female cadets, in the summer of 2015 and began training to fly gliders.

"I was really proud of myself," Chiu said, "but also proud to be not only representing myself, but my squadron as well, and later on to know that I was representing a group of young women who aspire to be pilots."

Learning to fly gliders was both a challenging and rewarding experience and left Chiu with a number of important lessons, like the value of teamwork and quick decision-making, and how to move forward from mistakes.

She promptly began giving back, volunteering her time on the glider field and sharing her experiences with her fellow cadets.

Not satisfied with piloting only gliders, Chiu went on to receive her powered pilot's license in 2016, further expanding her aviation skill set. Six months after receiving her license to fly powered planes, she qualified as a familiarization pilot, allowing her to take young cadets up on flights to introduce them to the experience of piloting a small single-engine plane.

Chiu flew familiarization flights with the cadets for two years before aging out of the program. She loved being able to share her passion for flight with younger cadets and found it incredibly rewarding to be able to serve as a role model, inspiring others to pursue aviation like she had been inspired in the past.

"I started in that co-pilot's seat, or in the back, looking up to this pilot and thinking, 'One day I want wings, one day I want to be like that person,'" she said.

Chiu brought her love of flying with her to UBC, quickly becoming involved with the Aviation Club, which she now leads as president.

Outside of aviation, she has become increasingly drawn to neuroscience, holding a VP position in the UBC Neuroscience Club and doing lab research concerning children with learning disabilities.

Chiu hopes to someday be able to merge her interests in aviation and neuroscience by either researching some of the unique physiological effects that aviators and astronauts experience or by getting involved with a service like Angel Flight, which provides free air transport to care facilities for cancer patients.

When asked what advice she would give to young people aspiring to become pilots, Chiu highlighted the importance of persistence and doggedly pursuing goals no matter how lofty they may be.

"Keep dreaming," she said. "Know what you want and strive for it."

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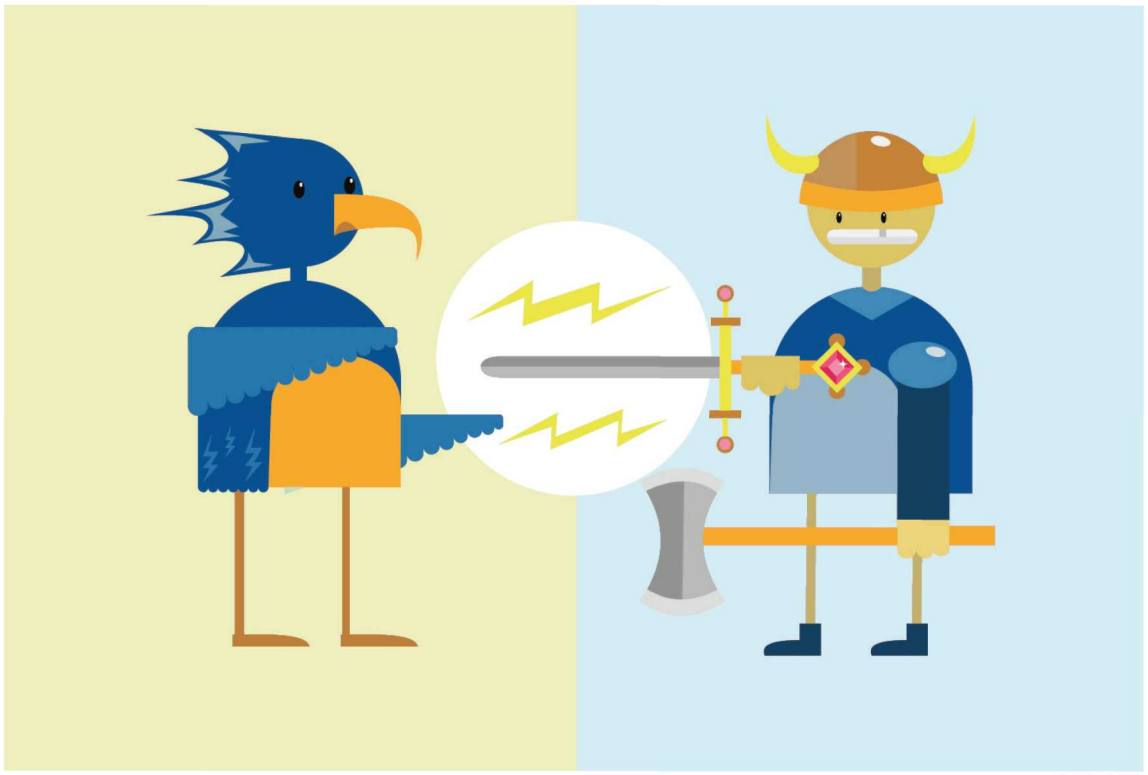
HARDWARE //

T-Birds and Vikes rivalry heats up with new Legends Cup

Lucy Fox
Sports Editor



The UVic/UBC competition continues this year — and with a trophy on the line. CLAIRE LLOYD

It's a new year for varsity, and with that comes a change to our regularly scheduled sports programming: a new title up for grabs.

On August 28, UBC and the University of Victoria (UVic) Athletics departments announced the launch of the Legends Cup Series which intends to highlight the continued rivalry between the two West Coast schools. And, with any sports series, there is hardware up for grabs: the Legends Cup trophy.

Varsity teams from six sports — soccer, rugby 15s, basketball, field hockey, cross-country and rowing — will be involved in the series. For each event between the two schools in each individual sport (be that a men's or a women's game), a tie will result in one point for each school, while a win will give the vanquishing school a three-point advantage in the ongoing points tally.

At varsity season's end, whichever school has the most points will hoist the inaugural Legends Cup trophy.

"We look forward to the inaugural season of competition for the Legends Cup which should add even more pride and celebration to an already long-standing rivalry between UBC and UVic varsity athletics," said Senior Athletics Director for UBC Gilles Lepine at the series launch. "There is such a rich history of varsity athletic success enjoyed by both universities and the opportunity to win the Legends Cup will only heighten the competition while also enhancing the atmosphere around regular season games between the T-Birds and Vikes."

"I first experienced the UBC versus UVic rivalry 38 years ago when I came across the water as a young guy with a couple of buddies to watch my first university basketball game," said UBC men's basketball head coach Kevin Hanson. "Since that game I've had the opportunity to be involved in 77 games between UBC and UVic. They're always memorable games and every year those contests are highlighted on my calendar. It is a great and respectful rivalry that will continue for many years to come."

The Cup opened on Saturday afternoon, with the women's soccer team claiming the first win of the series.

RECAP //

Weekend rundown: Young blood sets the tone for UBC soccer, football dominates at home

Michael O'Connor sends the ball downfield for UBC's offense. SALOMON MICKO BENRIMOH

Lucy Fox
Sports Editor

In varsity's opening weekend of the 2018/19 season, UBC's soccer and football teams got the blue and gold off to a flying start.

While men's soccer made it a two-game weekend, travelling first to the University of Fraser Valley on Friday before making their way back to T-Bird stadium for their home opener on Sunday, women's soccer set out to take the first points in the Legends Cup out at the University of Victoria on Saturday. And, with space available at the T-Bird stadium, UBC football made their home opener one to remember on Saturday night — claiming a big first win against the Manitoba Bisons.

Men's soccer settled for a 1-1 tie against the University of Fraser Valley Cascades and a 3-0 win against the Trinity Western Spartans, while the women's team claimed a 1-0 win against the University of Victoria Vikes. Football downed Manitoba 30-20.

Here's what you need to know about this past weekend's action:

STEERING THE TEAM TO VICTORY

Danielle Steer opened the scoring for UBC women's soccer season, netting the only goal in their game against the University of Victoria on Saturday afternoon and securing the first win in the Legends Cup tally for the 'Birds. Fellow striker Michelle Jang put up three shots in the game, just behind Steer, who had four — a promising start for the first-year.

CLARKE HAS EYE-CATCHING FIRST WEEKEND AS A T-BIRD

First-year striker Caleb Clarke netted two goals for the Thunderbirds men's soccer team over the weekend, one against Fraser Valley to keep UBC on a tie for the day. In Sunday's match up against Trinity Western, he scored one of UBC's three for the 3-0 win. The 25-year-old Richmond native joins UBC from Whitecaps FC and German team FC Augsburg.

GARDNER GRABS FIRST PLAYER OF THE GAME AWARD FOR MEN'S SOCCER

UBC rookie Thomas Gardner, a fellow Whitecaps recruit, earned man of the match honours in his first Canada West game on Friday. He notched four shots in the game, while playing a key role in the midfield for the Thunderbirds.

RECORD-SETTING WEEKEND FOR FOOTBALL'S O'CONNOR

Michael O'Connor tied the UBC record for passing touchdowns in football's 30-20 win over the Manitoba Bisons — his 71st of his 'Birds career, tying with a record set 40 years ago by Dan Smith. His completion rate also sits at 70.3 per cent, ranking him first in Canada West.

NAGATA NOTCHES IMPRESSIVE YARDS TOTAL AGAINST BISONS

Kory Nagata put up 229 all-purpose yards for UBC and scored two touchdowns on Saturday night. The third year caught a 21-yard pass from O'Connor midway through the third to put UBC up 23-13, and sealed the game with a 10-yard carry with just 1:20 left in the game. After one game, he tops the Canada West charts in yards per rush at 10.5.

NAMES TO NOTE //

Ones to watch: Women's soccer

Ryan Neale
Contributor

Last week, we featured some key players on the men's soccer and football rosters. This week, it's the women's soccer team's turn:

EMILY MOORE (GOALKEEPER: #1)

Now in her third year, Emily Moore has finally got the starting gig as goalkeeper. At 6 feet tall, she boasts plenty of height and length between the sticks, allowing defenders to feel confident in the case of any slip-ups. A fun fact: in her nine career starts at UBC, she's undefeated — posting a 6-0-3 record. If the 'Birds have any chance of bringing silverware home this season, they're going to need a strong campaign from Moore.

COURTESY APSHUTTER.COM

MICHELLE JANG (FORWARD: #13)

After netting three goals this pre-season, Michelle Jang is starting to generate some hype. The striker showed her ability to come up in the later minutes of games, scoring in the 55th and 82nd minutes. Jang will look to fight for minutes in a crowded UBC forward group, but if the pre-season is any indication, she is in for a promising year.

COURTESY APSHUTTER.COM

MELISSA BUSTOS (MIDFIELDER: #9)

Hailing from Manitoba and in her first year of eligibility, Melissa Bustos brings a technical style of play to the T-Birds midfield. She's a gifted passer and is not afraid to dribble — a punishing combo to any opponent's backlines. After being sidelined for a year due to injury, Bustos is ready to show her talented and dynamic repertoire to opponents and fans alike.

COURTESY APSHUTTER.COM

Fixtures

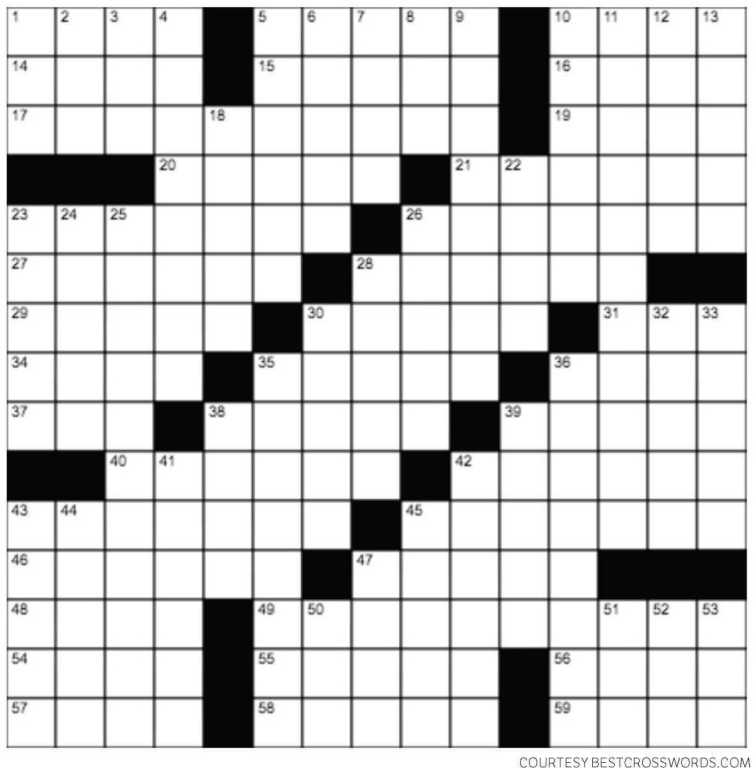
Sport	Home	Score	Away
Friday, August 31			
Soccer (M)	Fraser Valley	1-1	UBC
Saturday, September 1			
Soccer (W)	Victoria	0-1	UBC
Football	UBC	30-20	Manitoba
Sunday, September 2			
Soccer (M)	UBC	3-0	Trinity Western

	2	4	3	8				
					6			7
	5	8				4		
4				1				
			7		5			
				2				8
		1				6	7	
3			5					
				4	9	2	1	

COURTESY KRAZYDAD.COM

Welcome back, from *The Ubyssey*.

CROSSWORD PUZZLE



COURTESY BESTCROSSWORDS.COM

ACROSS

1- Witches;
5- Outmoded;
10- Pitchfork-shaped letters;
14- Egg;
15- Related on the mother's side;
16- Area of 4840 square yards;
17- Explosion;
19- Mend socks;
20- Watering hole;
21- Large quantity;
23- Pertaining to the stomach;
26- Sewage;
27- Jacob's favorite wife;
28- Male goose;
29- Great Lakes tribesmen;
30- Position;
31- Wrath;
34- City on the Rhine;
35- Common person of ancient Rome;
36- At a distance;
37- Med. specialty;
38- Bailiwicks;
39- Squirrel's prize;
40- Pants measurement;
42- Future ferns;
43- Saltlike compounds;
45- Ornamented tobacco pipe;
46- "Fighting" Big Ten team;
47- City on the Rhone;
48- Afternoon affairs;
49- Contemplation;
54- Silent;
55- Mellow Mel;
56- Fortuneteller's start;
57- French summers;
58- Did a blacksmith's job;
59- Preserve with salt;

DOWN

1- Coal scuttle;
2- Hail, to Caesar;
3- Kind of reaction;
4- Level;
5- Clockwise;
6- Caper;
7- Mai ___;
8- DDE's bailiwick;
9- Condemn publicly;
10- Flat-bladed oar;
11- Ladderlike;
12- Like some vbs.;
13- Have a feeling about;
18- Nostrils;
22- Shoppe sign word;
23- Diving bird;
24- Brother of Moses;
25- Sparkle;
26- Swedish imports;
28- Flash of light;
30- Entreaties;
32- Street show;
33- Dadaist Max;
35- Foretells;
36- Pert. to the sense of hearing;
38- Z ___ zebra;
39- Cop ___;
41- Sounds;
42- Cured, in a way;
43- Blackjack request;
44- Aboriginal Alaskan;
45- Serious wrongdoing;
47- Farming prefix;
50- That's gotta hurt!;
51- Terre Haute sch.;
52- ___ the fields we go...;
53- Miss-named?;