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OH MY GOD I JUST GOT IT SINCE 1918

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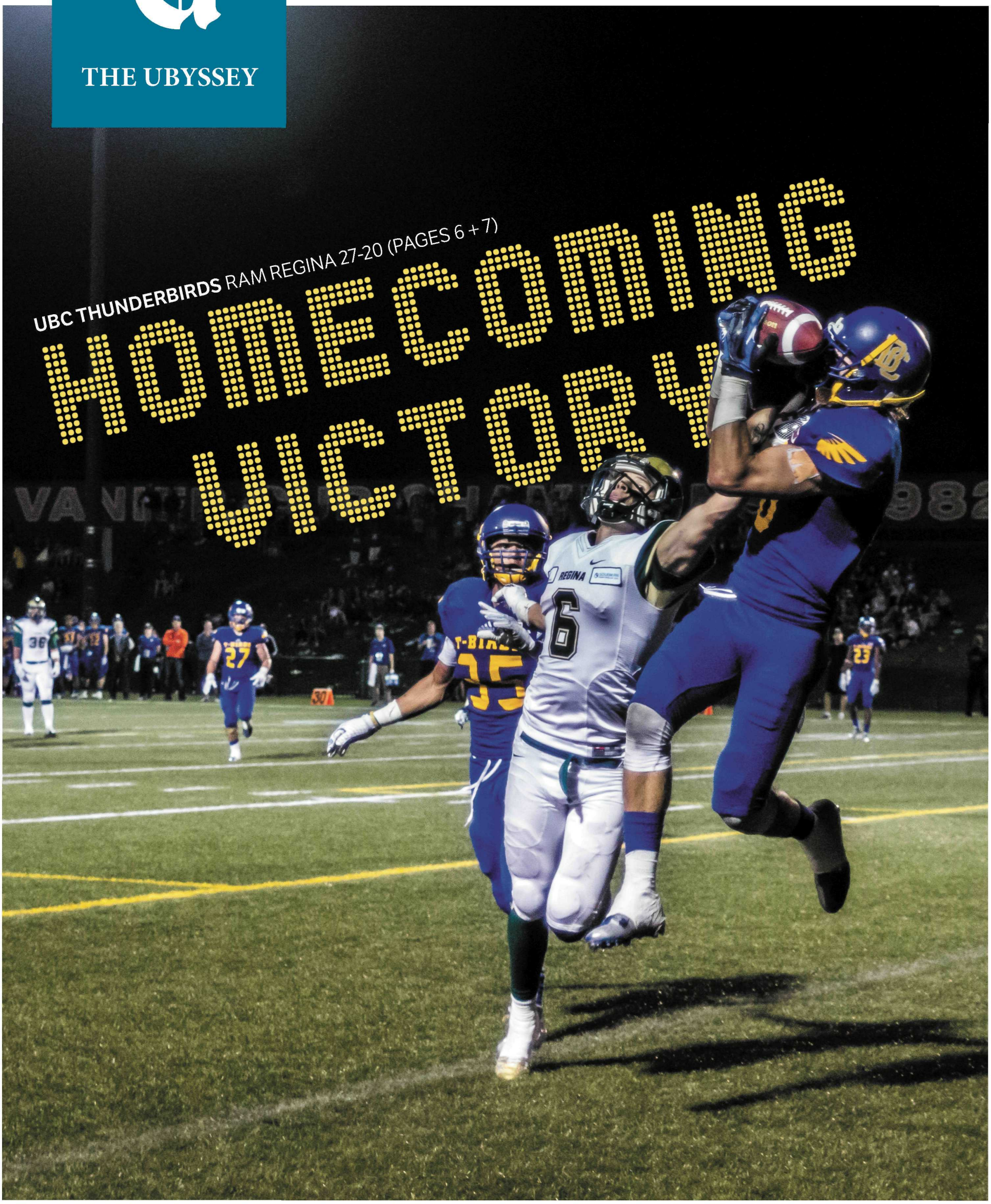

EVENTS

TUE 15-FRI 18

PANCAKE BREAKFAST 8:30 AM @ NEW SUB
A free pancake breakfast put on by the AMS at the Agora in the new SUB.

FREE

THUR 17

FEDERAL DEBATE 5-7 PM @ NEW SUB
A live screening of the Globe and Mail 2015 Federal Elections Debate in the Blackbox theatre in the new SUB.

FREE

FRI 18

FARMADE 3- 8 PM @ UBC FARM
An annual celebration of "community, local food and local Vancouver talent" at the gorgeous UBC Farm.

FREE (food costs money)

ON THE COVER

PHOTO/ART BY
Koby Michaels

Taylor Loffler makes game clinching interception.

Want to see your events listed here?
Email your event listings to
ourcampus@ubyssey.ca

THE UBYSSEY
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OUR CAMPUS

PHOTO KOSTA PRODANOVIC/THE UBYSSEY
Roger McAfee, former AMS president and *Ubyssey* editor, with UBC memorabilia at his Burnaby home.

Roger McAfee gives us a piece of his mind

Arno Rosenfeld
Features Editor

It has been almost 40 years since Roger McAfee oversaw the construction of the last "new" student union building at UBC. Now McAfee, who was also AMS president and editor of *The Ubyssey*, sits in the den of his Burnaby home, poring over photos and documents from his university years and laying out his version of what's gone wrong at UBC.

It's not just that Arvind Gupta resigned without an adequate explanation. It's not just that the new student union building — what the AMS calls the Student Nest — is inadequate by McAfee's standards. Nor is the problem that interim president Martha Piper — who studied physical therapy before receiving a Ph.D in epidemiology and biostatistics — is unqualified: "Ah, yeah, therapy. Slap-and-tickle girls, we used to call them," McAfee declares.

No, McAfee explained over beers, the problem runs deeper.

"UBC used to be a great learning institution. Students mattered and students counted," McAfee said. "Now it's a research institution."

"Students–" he pauses for dramatic effect. "They don't give a shit about students."

McAfee thinks the university shifted in the late 1970s from an institution focused on instruction to one focused on faculty and graduate student research. Done for prestige and fundraising purposes, McAfee said the shift has hollowed out the classroom experience and led to a gulf between university administrators and the student body. It's a compelling critique for students wondering whether they really came to university to sit in cavernous lecture halls to take first- and second-year courses from instructors who will never learn their names. So too, if administrators are beholden to senior faculty and the outside donors who fund their research, it makes sense that they'd turn their nose up at #IAmaStudent protests over tuition increases and housing fees.

McAfee speaks with some authority given his involvement at UBC decades ago. He recalls arranging meeting with the president by placing a simple phone call and walking over to the administration offices. When the AMS outgrew Brock Hall and needed a new student building, McAfee said they successfully outmaneuvered the president's opposition by taking plans directly to the Board of Governors — which approved them over "lots of booze" in the faculty lounge.

But McAfee's insults are so over the top that his deeper critique can lose its potency. Most everything is "shit," in his vernacular.

Martha Piper? "She was useless the first time around and she ain't gonna be any better this time."

An unnamed student BoG rep? "I [told her], 'Nobody knows what the hell you're doing — you don't report back to students!'"

Former president Stephen Toope, a widely respected human rights law attorney whose tenure at UBC was generally praised? "That dough head?"

The chair of the new SUB committee? "The guy who likes to hear the sound of his own voice forever."

Administrators with no background in student government have no place running UBC, in McAfee's eyes. Meanwhile, the people currently involved with student government as UBC have been co-opted by a university bureaucracy uninterested in helping students.

"What the hell is going on with you guys?" McAfee asked.

But to characterize the man as bitter, an old hack still grousing over petty matters would be wrong. Retired from a successful career as an attorney, first for the city of Vancouver and then in private practice, McAfee now writes regular articles and columns for maritime magazines and has self-published a few books about boating (how to repair your vessel, and such).

He'll also allow that some things have changed at UBC for the better.

PHOTO UBC ARCHIVES
Roger McAfee, then AMS president, with architect Warnett Kennedy.

For example, when he served on AMS Council the only women present were the secretary and the representatives from nursing and home economics.

McAfee also recalls a time when student housing supposedly took it upon themselves to lace the milk at Fort Camp cafeteria — which served a coed residence on campus — with saltpeter ("For the young guys, you put saltpeter in the milk and there's no hard-on possible, it doesn't happen."). He and a chemistry student countered with a threat to lace the drinking water with Spanish fly, an aphrodisiac of sorts, and says he got the housing director to stop tampering with the milk.

Of course, there's no proof saltpeter actually reduces libido and Spanish fly is an aphrodisiac exclusively for men and only in the sense that it leads to dangerously long-lasting erections and a host of side effects that can easily lead to death from even the slightest overdose. But as with all of McAfee's recollection of his university days, UBC's best, the story is entertaining, highlights how much things have changed and reminds us that student power often comes from showing up armed with facts and ready to fight.

Finally, despite his complaints, McAfee is damn impressed with what the new student union building represents. "I was so proud when one of the guys announced how much they spent on that building," he said. "Students have been building buildings at UBC — paying for them with their own dollar! — forever."

AMS //

Use of AMS Food Bank increases significantly

Sruthi Tadepalli
Contributor

"Give when you can and take when you need." The AMS Food Bank's motto is becoming more important as demand for its services increase while supply remains the same.

The AMS Food Bank has provided food and other donated supplies to students since 2006. It receives donations from local businesses such as Save-On-Foods and the UBC Farm, but recently they have not had enough to keep the shelves stocked.

The number of students visiting the AMS Food Bank increased from 540 to 680 this year. Over the summer, usage had more than doubled going from 80 clients to 220. According to AMS Food Bank Coordinator Jay Singh, the increase is due to more awareness of the Food Bank.

"Lots of people attribute the increase to factors such as tuition and rent, but the thing is it hasn't increased dramatically in the same way visits have. I attribute the increase to a job well done by last year's Food Bank Coordinator," said Singh.

All the publicity has allowed the Food Bank to help more people, but has made it more important that not only the needy know about the Food Bank.

PHOTO KOSTA PRODANOVIC/THE UBYSSEY

Due to increased awareness, use of the AMS food bank has increased a lot.

Singh says that his main goals this year are to continue increasing awareness of the Food Bank for those in need, but also to attract donors. Local businesses and UBC alumni have become more aware of campus hunger and provide assistance. However it is hoped that students will also make a difference.

"Every single undergraduate society has teamed up with us this year to have their own food drive every single month," said Singh.

In September, Arts will run the food drive and then in October Commerce will take over. In December, all the undergraduate societies will compete to see who can collect the most food.

Singh says that the majority of students in need of the Food Bank's services are graduate students as many of them have families. Individuals receive one bag of groceries six times per semester while families receive two bags.

"The people that use the service more often than not [use those six bags] over a couple weeks because they really need to use it," said Singh.

Although supply is struggling to meet demand, the Food Bank has seen a definite turn for the better over the summer. With the introduction of the new SUB, the Food Bank received a space triple the size of their space in the basement of the old SUB. A refrigerator was also installed so that clients will now have fresh produce available whenever they visit the Food Bank.

A new resource booklet is also being released with financial advice, cooking tips and contact information for different organizations that can provide any kind of support they need.

Singh explains that things like the resource booklet represent the Food Bank's goal of providing general support for their clients and their attempts to lower the stigma attached to visiting the Food Bank.

"The AMS Food Bank is more personal and in a more quiet location so they can come and go without anyone really knowing. There is a negative stigma around the Food Bank," said Singh. "They shouldn't feel bad about using it, it is there for them. Just don't think about it so much and use the service if you need it."

SUSTAINABILITY //

UBC expects to meet 2020 sustainability goals

FILE PHOTO GEOFF LISTER/ THE UBYSSEY

UBC on track to reduce GHG emissions by 67 per cent in 2020.

David Nixon
Contributor

UBC has forecasted that it is on track to meet its 2015 greenhouse gas (GHG) reduction targets of 33 per cent from 2007 levels.

UBC's next target is a 67 per cent reduction in GHG by 2020. The campus community is currently being asked to submit ideas for how to reach that goal.

"These were bold targets," said John Madden, director of Sustainability and Engineering for Campus and Community Planning. "Most municipalities had signed up for a 33 per cent reduction by 2020 so we're advancing that goal by five years."

The goals were originally set by UBC's first Climate Action Plan in 2010, building towards a 100 per cent reduction in GHG emissions by 2050.

In comparison, Vancouver is among the municipalities with a 33 per cent reduction goal by 2020, while the province of B.C. has committed to an 80 per cent reduction by 2050.

Although UBC has forecasted that it will reach its 2015 emissions targets, the university will officially report its emissions to the province at the end of the fiscal year in April so confirmation of the 2015 goal won't come until mid-2016.

Most of UBC's reductions up until now have been met by three key projects: the Academic District Energy System converting steam based thermal power to hot water for an expected 22 per cent GHG reduction; the Bio Energy Research and Demonstration Facility that burns wood byproducts as fuel for an expected 12 per cent reduction; and the continuous building optimization project that attempts to identify and eliminate wasted energy in existing buildings for an expected seven per cent reduction.

These projects should bring UBC to 41 per cent carbon emissions reductions. But with all three projects nearing completion, UBC is in a project lull until it receives and evaluates all its submissions from the campus community as part of the development of a new Climate Action Plan 2020.

"It's quite exciting right now because it's an opportunity to think about this if it's your area of expertise or even if it's not," said Madden. "There's nothing saying that if you're not a climate researcher you won't have a brilliant idea to address energy emissions."

A significant incentive for UBC's goals is the province's carbon tax. UBC's carbon emissions cost $2.5 million last year because of a tax of $30 per metric tonne of carbon emitted and a carbon offset tax of $25 per metric tonne.

But it's not just a financial motivation: UBC has a history of leadership in sustainability and is looked to as a leader among Canadian universities in the area.

"You can be proud being a student at UBC in realizing how far ahead our targets are compared to other universities ... it's evident that we really are leaders in [sustainability]," said Chiyi Tam, the AMS sustainability coordinator.

Madden points to the fact that some prestigious North American universities have recently identified UBC as an example of some best practices in sustainability and sought out advice accordingly.

Tam, for her part, said the AMS regularly receives requests from visiting scholars about UBC's sustainability plan and at the most recent student union summit she was flooded with questions about how to begin sustainability projects and how to engage students.

Submissions for ideas on how to meet UBC's target close September 27 and the best ones will be returned to the community for review before they go to the Board of Governors in the spring.

EVENTS //

Welcome Back BBQ: How did the artists get picked?

PHOTO ARJUN HAIR/THE UBYSSEY

Backyard BBQ was a success.

Vassilena Sharlandjieva
Contributor

Five musical groups performed at the 31st annual AMS Welcome Back BBQ last Friday. The event was part of the AMS's recently renewed commitment of growing their events portfolio.

When asked about how the AMS chose the performers at the event, AMS Event Coordinator Jenna Earnshaw said, "Generally [when] we choose artists we make sure we have enough Canadian content. And we also look at local artists because that's very important to us."

"We also look at what's popular at the time and what students are interested in," she added. "And we ask the students ... for feedback a lot of the times." To accomplish this, a "street team" goes out to ask students about what currently interests them.

Margot Kimmel, a third-year student, felt that the AMS was finally meeting the high standards of performing artists set by schools like UBCO.

"It's better than it was before. I think in the past the AMS [has] done their best to get good artists," said Kimmel. "But it hasn't been up to par, especially with UBCO.... I know for their Block Party they had some artists that were a bit more popular and I think here at UBC we could do better.... So I think this is getting in the right direction."

The AMS has many musical events in store for students this academic year. "We're hoping to have at least one big programming event every month," said Earnshaw. "We have... with the increased budget ... more ability to do that now."

Specifically, the AMS approved increasing the concert budget from $15,000 to just under $80,000. Plans for this money include more entertainment in the new SUB's Great Hall Space, as well as The Pit.

"We really want to use the budget to do as much in this new [Student Union] Building as we can," said Earnshaw.

For now, students seem satisfied with the results of the AMS's renewed commitment to bringing a good time to campus.

"Everyone wants to have a good time, and that's what we're here for," said third-year Elise Mance.

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We also have limited space available for on campus storage, please contact w11th@kitsministorage.com for details.

MENTAL HEALTH //

Policy changes may be coming to accomodate students with mental health issues

Emma Partridge
News Editor

Such accomodations include having a *W* (withdrawl) with an *E*, which represents extenuating circumstances.

FILE PHOTO JOSH CURRAN/THE UBYSSEY

Students have to make a wide array of decisions, some of which make them want to run and hide. Adding a time crunch to making such choices equals a lot of stress.

Sometimes students can't make the right decision in time, which results in a small notation that follows students through their time at university and beyond. For several weeks at the beginning of term, UBC students are at full liberty to drop courses. After the withdrawal date, if you drop a course, it's noted on your transcript by a *W*.

Adding more flexibility to this process is one of a host of changes to academic policies that the AMS and other campus partners, such as Access and Diversity, are looking into.

"The AMS [and others] ... have worked all throughout last year to research and do background information on a number of academic policies ... at the university that can change," said AMS VP Academic and University Affairs Jenna Omassi.

One thing that the various campus partners are considering is a later withdrawal date, or giving students the option of getting a W with an E (standing for extenuating circumstances).

"So if you have an extenuating circumstance it'll have a different notation on your transcript ... So grad schools can look at that and know that there was a legitimate reason why you had to drop the course," said Omassi.

While such changes could benefit the entire UBC community, students afflicted with mental health issues are a particular demographic taken into significant consideration.

"Some of these policies haven't changed in a long time and when they were made, maybe they didn't have mental health in mind and so we find that a lot of these do place barriers on students' mental health, and stress level in general," said Lina Castro, the AMS Mental Health and Well Being Commissioner, who was doing the research on possible changes and what other institutions were doing in terms of their own academic policies.

An ad hoc senate committee was created to bring the discussion around policy into the academic domain. According to Director of Access and Diversity, Janet Mee, these are truly preliminary discussions and any ultimate decisions will be the responsibility of senate.

"I would anticipate that this year's student senators will play a very significant role in bringing that work to the forefront," said Mee.

There are several other aspects of these preliminary conversations. According to Castro, something else that is under consideration is a fall reading break, which could coincide with the period when UBC counselling services sees the most students.

"It seems that the highest traffic for counselling services is right around November and October," said Castro. "[A] short break in that time would be very beneficial for students, especially students coming in, really stressed out, getting adjusted to their first year courses."

As well, policy 73, known as Academic Accommodation for Students With Disabilities, is under review this year. According to Mee, this policy was initially drafted in 1999 and considering that "usually policies get reviewed every five years ... it's really out of date."

Finally, Omassi would like to see more definitive standards for what needs to be included in a syllabus.

As Mee notes, changing academic policies is complex and there is always the option to make exceptions for students, but "the better option is to address the systemic issue."

APPS //

Companion app not making waves with UBC security

UBC won't be partnering with the creators of the Companion app any time soon.

PHOTO COURTESY COMPANION APP

Oscar Yu
Contributor

A new safety app called Companion is gaining popularity among students, partly because when a university partners with the app creators students gain particular benefits.

At UBC however, administrators are questioning the value of such a partnership, mainly due to concerns that students would eschew other, more effective services in favour of the app. When asked whether the AMS would consider a partnership with the app's manufacturers, Jenna Omassi, VP Academic; University Affairs, did not sound positive.

"It provides a nice alternative to the services that are offered," said Omassi. "However, I would provide caution that [although] this is another option, it does not substitute for the safety measures that UBC and the AMS have in place, such as Safewalk, Campus Security, and the new and enhanced Blue Phones."

Companion asks the user to input their point of origin and destination, then allows him or her to select contacts who will receive a message with a link to a map of the user's live GPS location as they walk home. As the user moves towards their destination, the app will be able to watch over their active path.

Not only can the user expect their friend to be keeping an eye out for them, the app also has unique "smart triggers" which detect abnormal behaviour during the journey, such as sudden changes in pace, removal of headphones or changes in route. At that point, the user can expect an "Are You Ok?" button to pop up on the screen that, if not pressed within 15 seconds, will send an alert to your companion.

If the user is located on a campus that has partnered with Companion, the app can also notify campus security if the trigger is set off to alert them of the user's location.

Despite gaining ground at other universities, Barry Eccleton, director of UBC Security, sees potential problems with a partnership.

"[We have] already been contacted by a few other similar apps with common interests of protecting the public and although they are interested, [we] are going to set it aside for now," said Eccleton. "In the future, an app such as this one would lose support, and cease to improve as the creators of the app will venture off to work on other projects."

Eccleton also questions the durability of such apps. "You don't know how good these are long term in terms of support and if the company will still exist in 12, 24, or 36 months time, to continue to support it... [an app is] something that is of interest to us but we are cautious about leaping in when there is no proven track record, and whether they will still be around."

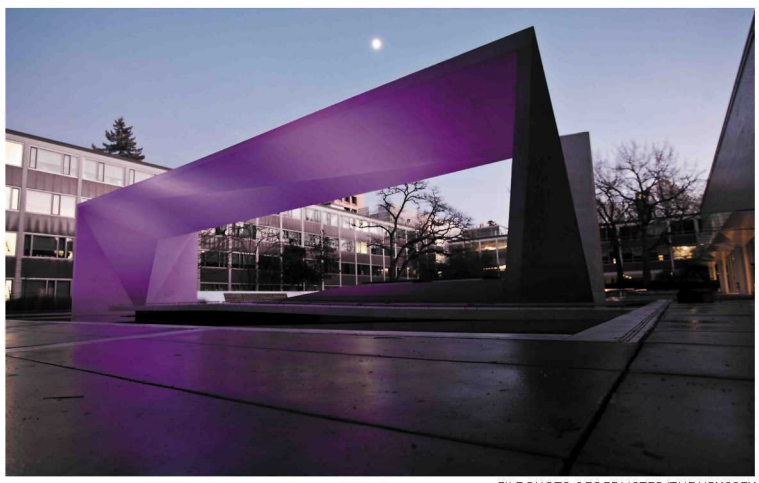
He strongly believes in the functionality of the Blue Phones placed around campus, which conjured the question, in the situation where blue phones are not available, would the app be a potential method of staying safe? Eccleton said no.

"In a situation of duress, no app will be able to save you – when there is an emergency you need to call 911," said Eccleton.

ARTS //

Showcasing UBC Arts and Culture District

Vicky Huang
Contributor



FILE PHOTO GEOFF LISTER/THE UBYSSEY

The night will feature multiple performances, galleries and exhibits.

Arts Night Out, happening before and after Harvest Feast on Thursday, September 24 will be an evening of free performances, shows, galleries and student exhibits for an expected attendance of 800 to 1,000 students, faculty, alumni, friends and families to enjoy in UBC's Arts and Culture District.

50 years ago, Bertram Charles Binning, then head of the department of fine arts, travelled around the world to top universities to find an answer to the question "what is the world doing in terms of fine arts?"

He found innovation, support for studio artists, and fine arts districts. Fast forward to the present, the Arts and Culture District will be launching with Arts Night Out as their pre-season opener. It is launched along with UBC's Centennial and is meant to be, according to UBC's new Arts and Culture District communications manager Deb Pickman, "a soft launch of radical experiments."

"It will be a flashpoint for arts on campus and to create a place for respite, relaxation and fun," said Pickman. "It's to create a unique gathering place for enlightening and inspirational experiences of the curated, creative, performing arts."

This is a joint initiative by the directors, heads and deans across several units but led by the Faculty of Arts. Arts Night Out has lots planned for the night to showcase as many different art forms as possible. Pickman advises to not plan the evening too much and attend events spontaneously.

"My advice is to simply follow your heart for your evening's agenda," she said.

It all starts with a pre-dinner event where the Millennial Time Machine will be opened to show off the flipped camera inside. This year's Harvest Feast will be closer to the Rose Garden and the Arts and Culture District and will be from 4:30 p.m. to 7:00 p.m. Afterwards, the Arts Night Out program is open for attendees to go where they please. Student ambassadors will be available as guides but the key point is to find whatever excites you. Galleries are open until 9 p.m.. A cash bar will be in the Chan Centre open for post-dinner drinks with a view.

The Arts and Culture District aims to create public space for the arts as well as character and community here at UBC.

At the Belkin Art Gallery, there will be two art exhibits. Film *Lexicon of Sexual Practices*, complete with a projectionist, will free up your mind to question your personal inhibitions. *Prohibited Imports* will be an exhibit of art books containing sensitive material with a twist on the definition of censorship. The Museum of Anthropology will be exhibiting Portuguese popular art and the 'city before the city' exhibit — or what was on campus before UBC. Around the district, there will be improv shows by UBC theatre grads, open rehearsals from UBC Opera ensembles, and a theatre technical rehearsal at the Frederic Wood Theatre.

Premiering at Arts Night Out will also be the Arts Roving Ticket Booth — a ticket booth on a tricycle. Designed and built by UBC Alumni and adjunt professor Jonathan Tippett, his creation will serve as a curated concierge experience around campus.

Tickets for the Harvest Feast include admission for Arts Night Out. For admission to just Arts Night Out, a can or two donation for the AMS Food Bank is recommended but not mandatory.

public consultation
climate action plan 2020

UBC is beginning the process to develop a new Climate Action Plan for the Vancouver campus. Our climate action target for 2020 is to reduce our greenhouse gas (GHG) emissions from 2007 levels by 67%.

Over the next 4 months, we will be seeking input from the campus community on what actions UBC could take to achieve this ambitious target. We want to hear what your ideas are for reducing campus GHG emissions, particularly on:

- Energy supply options
- Energy use in buildings (e.g. building design, maintenance and operations)
- UBC-owned vehicles
- Individual behaviours

UBC is on track to achieve the 2015 reduction target set out in the 2010 UBC Climate Action Plan. Join the conversation and help us set the stage for climate action success in 2020.

submit your ideas!
When: September 14 – 27 Where: planning.ubc.ca

Questions? Please contact Gabrielle Armstrong, Senior Manager, Consultation at gabrielle.armstrong@ubc.ca or 604-822-9984.

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COSTUME //

Zombies in Vancouver

ILLUSTRATION AIKEN LAO/THE UBYSSEY

Zombies terrorized the streets of downtown Vancouver.

Miguel Santa Maria
Contributor

The annual Zombie Walk took place in downtown Vancouver on the weekend of September 5. People from all walks of life bust out their make-up kits and costumes, shambling around town as zombies from all walks of death (zing). With the start of the academic year just right around the corner, I took it upon myself to witness one last weird summer gimmick before I myself become a walking corpse due to classes and work.

Unfortunately, because I couldn't find the time or money to invest in a makeup kit — and because I'd rather not get my innards accidentally shot off — I decided to stick to the sidelines and watch the undead apocalypse unfold before me. Or maybe I'm just a secretly boring person at heart.

Ground zero was the Vancouver Art Gallery, where the undead horde eventually assembled to unleash fear onto downtown commuters. Well, that and line up to the nearby hotdog stand for some cheap late-afternoon lunch.

Standing by the sidewalk along Robson facing the gallery around 3 p.m., the living corpses eventually started pouring in. Most of them were the usual fare of undead ghouls with all sorts of gross physical trauma. Some were incredibly detailed — one had her mouth shot out, teeth and tongue dangling from the face, while another was burnt to a crisp all over, flesh peeling off his body.

Of course, there were also those who just smacked some white make-up cream and fake blood all over themselves and called it a day — not that I can complain, given my position.

More impressive, however, were those who spiced things up instead of coming in as your usual generic brain-eating fodder. There were zombie Nazis, zombie goths, zombie 90s grunge rockers, old school green zombies, zombie Fresh Slice delivery girls, zombie Mario, and even zombie ghosts, because there's no such thing as being too dead. There were zombie BC Lions fans, zombie anime girls, zombie cheerleaders, zombie awkward nerd guy trying to woo said cheerleaders, zombie Spider-Men, zombie chefs, zombie forest spirits, zombie Jokers, cute adorable zombie children, and ... some random guy wearing a giant panda head.

Just because it was a Zombie Walk though, did not mean the living dead had all the fun. Various military and survivor cosplayers joined in, keeping the horde in check — from the STARS special forces of Resident Evil, to just Shaun, who'd rather be in the pub and wait for all this to blow over. Also, the grim reaper himself joined in on it, holding up a sign above everyone fittingly proclaiming that this was "the waiting list."

Of course, it wouldn't be a Zombie Walk without the actual — erm — walk, which started at around 4 p.m.. Now, if newcomers — myself included — were expecting something like a simulation of hordes of the walking dead overwhelming the streets of downtown in their wake, you'd be ... surprisingly wrong.

In contrast to my expectations, the reality was that the walk was mostly a single file death march trotting down along Robson surrounded by the VPD. Not to say the participants weren't having their fun — they lurched, growled, even screamed at onlookers and shared some laughs as well. Still, there was some odd humour in the fact it was something as out-there as zombies to ground me into reality.

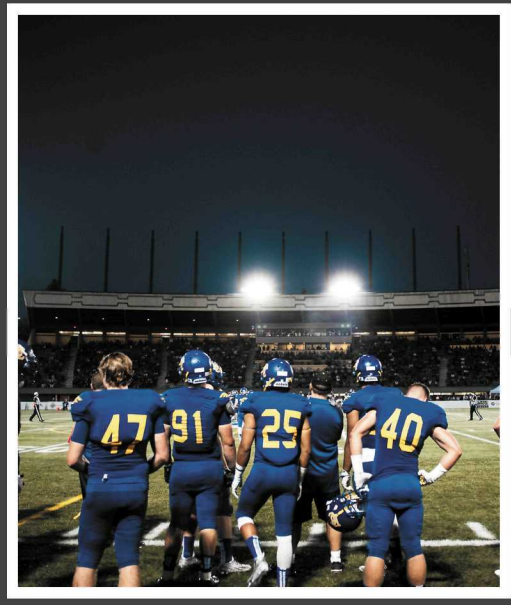
Speaking of onlookers, this is where it gets ironic. Whereas in most media it's the zombies menacing the populace, here it was vice versa: tons of spectators overwhelmed the marchers, shooting with phone cameras and even spilling into the zombie crowd themselves. At one point, there were so many watchers that it was difficult to see any of the zombies from a reasonable distance. This was already the situation at the Art Gallery too, prior to when the walk officially started.

Somewhere down the line as I walked with them, there were also a few faint heckles from frustrated drivers and street-goers. "Goddamn it, what is this?" and "Well, this is just stupid," were among some of the negatives I heard in the crowd. But the dead persevered, their tormented wails and hisses drowning out anything else. Though I don't think tormented is the right word — more like just downright having fun.

However, as I took into account these external remarks, the amount of people who'd rather snap an Instagram than actually take part, and finally, myself for not at least trying to let loose especially with summer coming to a close, a quote from popular fictional zombie killer Rick Grimes popped into my head.

"We are the walking dead."

UBC THUNDERBIRDS HOMECOMING



THE GAME RECAP

Bill Situ
Contributor

After falling 49-16 to Calgary in their first game of the season last year, UBC football earned their redemption by beating the Regina Rams in a home opening game with 6,950 spectators.

Regina was first to get on the scoreboard as a result of a rouge by Rams kicker Andrew Fabian. The Thunderbirds then responded with two touchdowns, both by receiver Alex Morrison, which took the team to a 14-1 lead over the Rams.

UBC's dominance over Regina continued into the second quarter. After a strong defensive play near UBC's end zone that prevented the Rams from scoring, the T-Birds scored a third touchdown and a field goal to increase the lead to 24-1 by halftime.

The first half witnessed a noticeably strong performance by UBC quarterback Michael O'Connor. O'Connor threw 240 passing yards while Regina quarterbacks Noah Picton and Tyler Vieira threw a combined total of 81 yards.

"The one thing that impresses me the most about him [O'Connor] is that he picks himself up after every hit.... He's going to be a difference maker," said Blake Nill, UBC head coach.

Despite a solid performance in the first half, UBC's performance began to weaken in the third quarter. The Rams kicked off the third with a field goal, two touchdowns and a team safety for a total of 16 points, narrowing the score to 27-17.

UBC's offensive struggles continued into the final quarter, where they did not score a single point. Regina scored a 32-yard field goal in the fourth to decrease the T-Bird lead by another three points.

The Rams nearly evened the score during the final minute of the game, but an interception by Thunderbird free safety Taylor Loffler in the UBC end zone preserved UBC's seven-point lead and allowed the team to emerge victorious, 27-20.

Nill attributes the performance of the team in the second half to the overall inexperience of the young players.

"We're going to have moments of inconsistency.... Most of our kids are so young right now that they just don't recover very well from adversity," said Nill.

Still, he believes these players have a chance at becoming more successful as the season progresses.

The Thunderbirds contended with the absence of star running back Brandon Deschamps, who suffered an injury during the previous game against Calgary.

"We don't have a replacement for Brandon [Deschamps] ... we need him back in the lineup," said Nill.

UBC football's next game is against the Manitoba Bisons, in Manitoba, on September 19.

THE UBC BLUE CREW IS GOING STRONG.

THE EXPERIENCE

Ben Gardiner and Jackson Runkle
Contributors

The first football game on home turf is truly emblematic of the Thunderbird spirit that lasts throughout the year. For "superfans" like us, UBC had the perfect game-day setup. The balmy 18 degree air was permeated with the rising excitement of a much-awaited Thunderbird season, a chance to welcome in this year's athletics with a UBC-style party. It was the kind of day on campus where you would be in the vast minority if you didn't have a Thunderbird logo emblazoned across your shirt. A rowdy pre-game party in the newly-minted student union building was the nesting ground for an infectious environment across campus. Homecoming.

By 3 p.m., the atmosphere in the new SUB rose from an excitable buzz to an explosion of T-Bird fans ready to show off their spirit (the free beer didn't hurt either). Amid a growing wave of blue and gold, UBC fans sipped on beer, waved flags and sang along to classic pump-up songs. Several hundred victory-thirsty fans gathered in the new SUB to prove their undwying T-Bird pride. But this was just the beginning.

The Great Thunderbird Trek spanned from the New SUB to Vanier and Totem residences, before storming the gates of Thunderbird Stadium. Awash in dorm-days nostalgia, the veteran fans pulled new and inexperienced students into the ever-growing squad.

We paraded down West Mall in an unmistakeable block of blue garb, with our blue and yellow faces, yelling chants of "U-B-C" all the while. It was true block party and clear to anyone watching that the 2015 Thunderbird fans had arrived in style.

The fans that we spoke with emphasized that generating school spirit on campus is a continuous focus for many campus organizations such as the Calendar, the Greek system and UBC Athletics (of course). It seems these groups are more often linking parties in tandem with sporting events at UBC. After all, we're all Thunderbirds and we all have a role in contributing to school spirit. As longtime "superfans" having attended every single T-Birds basketball game over the past two years, this year's Homecoming celebration is an optimistic sign to us — a strong indicator of the storm coming to UBC's varsity teams this season.

During the trek, we caught up with AMS President Aaron Bailey, who reminded us, "that our [athletic] program is amazing. We're the winningest team in the CIS, historically speaking, and nobody knows that." Bailey continued by explaining that for other large schools in Canada, there are huge alumni connections. For us at UBC, this can be a way to engage more holistically with the community, he said.

As for the game itself, we had never seen the stadium as packed as it was this year (neither had anyone else since 1989) and this only added to the already buzzing pre-kickoff vibes. The usually empty emerald hill opposite the stands was bathed in blue and gold. Spontaneous "Let's Go T-Birds" chants erupted in the crowd and fans exploded when the team marched through the stadium's main hallway before the game. The raucous cheers from the stadium, the drum beat spurring the "U-B-C" chants from the marching band and the bleachers filled with chaotic euphoria were all fuelled by the T-Birds three touchdowns in the first half. We were blown away by the fan engagement in every play. Students and alumni were absorbed in seeing every catch and purely satisfied when another crushing T-Bird tackle was delivered. No matter what, UBC fans were there for the team. We cheered them on for the big plays while encouraging them when they needed a boost in momentum. As the night continued, it was a picturesque setting. The sun set over the field with rays of light so gold they matched our team's colours. The Thunderbirds' tireless efforts brought individual fans together in one emphatic sense of unity.

At the end of the night, people were ecstatic over UBC's victory. But what's more exciting is the anticipation for the entire season of varsity sports that lies ahead. The homecoming game symbolically kicks off the entire athletic schedule, and wherever Thunderbirds play, Thunder-fans will be right there with them. It's what's necessary to feed the hunger of any UBC super-fan and our athletes who feed off that same energy.

PHOTOS BY
Jeremy Johnson-Silvers, Jack Hauen, Koby Michaels, Will McDonald and Kosta Prodanovic.

IN THE LOCKER ROOM

GO THUNDERBIRDS GO!

EVENTS //

FarmAde returns for 13th year

FarmAde is showcasing the best of the UBC Farm

PHOTO COURTESY MICHAEL THIBAULT

Anna Dagum
Contributor

For 12 years, friends of the UBC Farm have gathered mid-September to celebrate the farm that has been a part of UBC history since the university's founding. This year, FarmAde will take place Friday, September 18 from 3 to 8 p.m. Last year's event drew a crowd of over 1,500 people.

"FarmAde was born from an idea at an AMS Impacts Committee meeting in August 2003 and the first one was held six weeks later on Friday, September 26," said Nancy Toogood, former AMS Food and Beverage Coordinator who is heavily involved with the event. "The first event cost a total of $435 and we saw approximately 150 people come through the gate. The entire event was volunteer-driven."

FarmAde features a variety of activities such as square dancing, face painting, a barbecue, bubble wands and live performances from several different bands. This year, FarmAde goers can expect appearances by Washboard Union, Shout!WhiteDragon and The Luke Wallace Band.

"Everyone comes and there's a beverage garden and an opportunity to go on tours around the farm which is really popular," said Jenna Earnshaw, AMS Firstweek Coordinator. "On those tours, people get to learn a lot about the history of the farm and also about some of the different projects [the farm is] working on at the moment."

Some examples of projects the farm has worked on in the past have included the building of a yurt, four indigenous initiatives and various research projects. A host of volunteers are needed to help run the non-profit event and FarmAde is still currently accepting anyone interested in helping out on the day of the event.

"We have some incredible volunteers that come and put the hours in to really make this all happen," Earnshaw said. "It's one of those events that is such a community event... it's so great to have different people be able to help from all different areas of Vancouver and UBC."

FarmAde encourages everybody to come out to the UBC Farm to experience the event which will be showcasing a variety of UBC clubs including BrUBC, the UBC Brewing Club, whose booth is new to the event this year.

"It would be amazing to see 2,000 people come," Earnshaw said. "We definitely have the room for that. There's square dancing for everyone."

HEALTH //

Blending vegetables makes you healthy

Tisha Dasgupta
Contributor

Jackson and Steele are pioneers in students' health.

PHOTO COURTESY SMOOTHIE VEGGIES

Smoothies are easy to make — healthy and delicious — but often university students find it difficult to incorporate vegetables into theirs. Tonner Jackson and Michael Steele, two UBC alumni, are trying to solve that problem by bringing you Smoothie Veggies, a business venture that sells packaged vegetables for individual smoothies.

Recently graduated UBC varsity athletes, Jackson and Steele both feel that, as students, it is hard to eat healthy.

"I've been using a blender for years. But after coming to university, the pain point for me was including veggies in my smoothie," said Jackson.

Smoothies are an easy option, but it is difficult to store fresh bulk vegetables and know the right quantities to put in to make a good smoothie. To solve this problem, Jackson and Steele started growing their own vegetables in their backyard in late April. Locally sourced and organically grown, Smoothie Veggies sells two different strands of Swiss chard and three different strands of kale and mint. All three of these very self-resilient plants can grow all year in Vancouver weather and are densely nutritious. Kale and Swiss chard are extremely healthy with many essential vitamins, minerals and antioxidant properties. Mint relieves the tartness of the other two vegetables and gives the smoothie a better taste.

"Kale has that reputation... Swiss chard is even more densely nutritious, but not as in vogue right now as kale," said Jackson. "The mint provides a way to cut the tartness of the two vegetables so that it just tastes really good."

Smoothie Veggies source their vegetables from their partner, UBC Farms. The veggies are frozen as soon as possible after picking and packaged into individual smoothie-sized portions. Unknown to many, freezing vegetables immediately upon harvesting actually preserves the majority of the nutritional content.

"We've kept it very simple and transparent. The vegetables are grown on local UBC Farms, packaged here and delivered to your door," said Steele.

Together, each smoothie package adds up to an adult's recommended daily vegetable portion. A single order costs $25 and a weekly subscription costs $20. All deliveries are made on Sunday and each order contains seven packages — essentially a week's worth of Smoothie Veggies.

Graduates of Sauder Business School, Jackson and Steele have always discussed starting a business. When this idea struck them, they just had to give it a shot. "Even amidst our professional careers, Smoothie Veggies has been important to us," said Steele.

Jackson and Steele hope to increase the vegetable combinations that Smoothie Veggies offers and they are hoping to serve the Vancouver market well before expanding geographically. Jackson and Steele believe that in a fitness-conscious city like Vancouver, there will be a demand for their veggies.

"Right now, there isn't a similar product in the market on a local organic scale. And that's what makes us unique."

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ADVICE //

Ask Natalie: First week frustrations

PHOTO ILLUSTRATION KOSTA PRODANOVIC/THE UBYSSEY

NATALIE MORRIS
Advice Columnist

"Dear Natalie,

How do people make friends in class? I just sit there and say nothing. I hate participating and people are scary. How do I do this thing people seem to do so easily?"

First of all, friends just don't happen. You work for them and build lasting relationships based on mutual respect, creative compliments ("You are a unique unicorn, Isabelle.") and loving lovely people who love you back.

Talk to the people around you. Small classes are the easiest for this, especially language classes where you are nearly always asking each other questions. ("Was studierst du?" "Ich heiße Natalie.") But it'stotally doable in small discussions and even lectures. The same people are going to be in the same classes so at least you will be seeing them on a constant basis.

Ask questions ("What classes are you in?" or "Are you majoring in poli sci/chemistry/fine arts?") and remember to introduce yourself — possibly a few times. At least for me, I tend to forget names nearly as soon as they tell me, which makes me nervous to talk to them again since I might not get it right.

People seem to know each other because they have probably had classes together in the past, took the class together, or even are living in the same house. Chances are they didn't meet on the first day and become best friends — but that's been known to happen on occasion.

Making a study group is also a good choice. You already have something in common and an instant reason to see each other on a regular basis outside classes. It might be a little awkward to ask people if they want to join, but once it's up and running it will be easier to grow friendships as well as having study buddies for the midterms and final.

However, even if you do everything right, sometimes you just can't make friends in your classes. Don't get discouraged! People are busy with their own lives and sometimes are jerks — you don't want to be friends with them anyway.

"Dear Natalie,

First week of classes and I hate them. I'm in first year and a lot of my classes are just "Intro to Whatever" and they all seem boring. I'm just sitting in a lecture hall with 100 other first-years who care just as little as I do and it all seems pointless."

As you have had very few actual classes and you probably didn't even touch on any real content, I'd usually just say suck it up. 100-level classes are usually required for more interesting classes, and if you have any interest in the topic at all usually something of interest comes up later in the term.

But if you honestly are indifferent and already have new classes in mind (that have open seats) then you can drop your class before Sept 22 to completely withdraw from it without acquiring a "W." As long as you're not planning on majoring, minoring, or even interested in taking any other upper year courses in that subject, — go ahead.

If you're worried about dropping it, talk to an academic advisor about what the class would count towards or if it's safe to leave the class for something else that piques your interest. Just keep in mind that they may be a little busy at the moment with the new term and everyone trying to figure out their lives.

On a slightly different note, most first-year classes are full of hung over, uninterested, and tired-of-the-term-already students. Just because your class doesn't seem that excited about it doesn't make it necessary for you to be unhappy with your class. If you have a discussion or tutorial, that might make the class more engaging to you. Smaller groups and more conversation can do wonders.

I'd say give it a week. If you still hate it, move on.

YOU HAVE OPINIONS
Let's hear 'em.
opinion@ubyssey.ca

RESIDENCE HALL ASSOCIATION //

RHA conference attendance is beneficial

FILE PHOTO CHERIHAN HASSUN/THE UBYSSEY

SAMUEL YELLIN
Letter

This piece is in response to Jake Mullan's letter: "The Residence Hall Association is gratuitously self-indulgent."

First and foremost, I want to thank you for stepping up and becoming the first Ponderosa Commons President. It is quite the undertaking to accept a position with the potential to influence the future trajectory of the residence community in the building. Thanks, too, for ensuring that you are keeping the needs of residents in the foreground by ensuring the accountability of SHHS.

It seems to me that your biggest concern with the RHA is the expense incurred by sending delegates to conferences. While I agree that the expense is quite large, I must disagree with your position that sending delegates to conferences is a waste of money.

One of the reasons that any member of an organization or community would attend a conference is to share ideas with the hopes that those in attendance can learn from them for use in their future practices. Of course, it is inevitable that when there are social aspects to a conference, those memories will also be shared. Returning with

> *How can you work to best benefit the residents?... One way that has proven to be beneficial is through membership in NACURH."*

memories of social events displays the balance between educational sessions and entertainment.

Another reason is to get an external, objective opinion on any issues you may be facing, such as the student housing fee increase, with the hopes that an alternative perspective may bring about a solution.

A third reason is for networking. Having a network of individuals from, in this case, various educational institutions has the potential to help you, your committee and, by extension, the residents.

From my experience attending NACURH (National Association of College and University Residence Halls) and PACURH (its Pacific affiliate) conferences, I have been able to do all of the above.

Regarding the award bids: most, if not all, bid categories have at their core involvement with the residence community. If a bid were to win, in a sense, the residents have already won. It appears that you believe the best way to make UBC residences a better place to live is through increased funding for events or otherwise. One thing I learned at NACURH and PACURH conferences is how unbelievably lucky the RHA and area councils at UBC are when it comes to funding from SHHS. If other universities have found a way to make their residence communities fun and memorable with a significantly smaller budget for the RHA (or equivalent), surely you can stand up to the challenge as well.

After all of this, I suppose what it really comes down to is one thing — the residents.

How can you work to best benefit the residents who live in your area? One way that has proven to be beneficial is through membership in NACURH and participation at both regional and NACURH conferences. And if you think the travel expense is too much, you can always bid to host a conference at UBC.

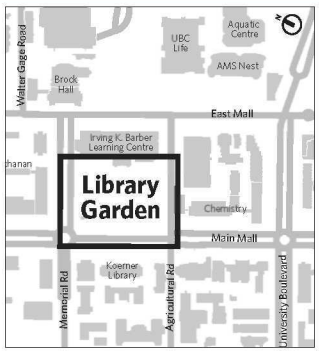
Samuel Yellin is a former National Residence Hall Honorary President and UBC alumnus.

Public Open House
Library Garden - October 1 and October 8

UBC is undertaking a process to **redesign the public green space between Memorial Road and Agricultural Road**, in front of the Irving K. Barber Learning Centre. This central location will **bring together students, faculty, staff, residents, and visitors** and will house the new **Indian Residential School History and Dialogue Centre**.

1 **Date:** Thursday, October 1, 2015 **Time:** 11:00AM – 2:00PM
Place: 2nd Floor Foyer, The Irving K. Barber Learning Centre, 1961 East Mall

2 **Date:** Thursday, October 8, 2015 **Time:** 11:00AM – 2:00PM
Place: Main Lobby, Robert H. Lee Alumni Centre, 6163 University Blvd



The introduction of the Indian Residential School History and Dialogue Centre to Library Garden provides a unique opportunity to re-envision one of the largest outdoor public spaces on campus.

Please join us at the public open houses to learn more and to tell us what is important to you about the space and what opportunities you see for its future.

Can't attend in person? Online consultation will run from **September 28 - October 12**. Visit planning.ubc.ca to learn more.

For additional information, contact: Gabrielle Armstrong, Senior Manager, Consultation, at gabrielle.armstrong@ubc.ca or 604-822-9984.

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SEASON PRIMERS

FOOTBALL

Bill Situ
Contributor

After a disappointing season in 2014, players, coaches and supporters of UBC football are hoping to see a more successful season ahead.

This year, UBC football will be under the leadership of a new head coach, Blake Nill. With three Vanier Cup appearances in the last nine years, six straight Hardy Cup Championships and a recent Canada West coach of the year title in 2013, Nill is one of the most successful CIS coaches around.

Joining Nill this year is new associate head coach and offensive coordinator, Steve Buratto. With over 40 years of coaching experience, Buratto coached the Calgary Dinos alongside Nill for the past two years, where they led the team to a Vanier Cup game in 2013.

"He's like a man with a PhD in football.... I go to him all the time if I need advice or input, so I appreciate sincerely having him on staff," said Nill.

In addition to coaching, this year, UBC football also has the top-ranked recruiting class of all CIS teams according to the Canada Football Chat and the team ranked seventh coming into the season. One of the recruits this year is Michael O'Connor. After being a redshirt at Penn State last year, O'Connor successfully played his first game with the Thunderbirds this year against Laval on August 29, where he threw an impressive 292 yards to take UBC to a 41-16 victory.

"It's very exciting knowing that we'll have a chance in every game to be competitive and to know that we have a lot of good players on the team," said O'Connor.

Other notable players to watch out for are returning brothers Marcus and Terrell Davis. Marcus has already set a record this season with a 102-yard touchdown pass, the longest reception in UBC's history. Terrell played his first collegiate game against Laval and had a team-leading six stops.

Thunderbirds football will also be receiving support off the field this year. After observing practices on August 19, Hall of Fame quarterback Warren Moon said he would be helping and advising the team throughout the upcoming season.

"The fact that he even knows about UBC football and shows some interest in it is very special, and so anything that Warren can give us will benefit the program," said Nill.

Last season, UBC football finished with a 2-6 record. But this year, the combination of on-field talent and off-field support should produce a successful season.

The Thunderbirds, under Nill's guidance, have taken to the field twice already. Travelling to Quebec, the Thunderbirds played against CIS powerhouse Laval in an exhibition match. In a game that surprised football fans across Canada, UBC walked over the Laval, winning 41-16, and out-throwing the Rouge et Or 352 yards to 161. The Thunderbirds were then routed by Nill's former team, the Dino's, 49-16.

Only time will tell if the team, with its revamped coaching staff, star-studded recruiting class and big donors can win games and, more importantly, draw a crowd.

WOMEN'S SOCCER

Olamide Olaniyan
Contributor

Last season, the UBC Thunderbirds women's soccer team bowed out of the Canada West in the quarterfinals, when they lost 3-1 to the Trinity Western Spartans (TWU) at Roger's Field in Langley. The next month head coach Andrea Neil resigned, ending her two-year tenure as coach and went on to pursue non-coaching opportunities.

For a winter, the 'Birds were out in the cold, uncertain about their future.

But their luck turned around in January when newly hired head coach Marisa Kovacs took leadership of the team. Half a year later, the team seems poised for success coming out undefeated in preseason competition. They tied the Warner Pacific Knights in their debut with Kovacs and then went on to win their next two games, rolling over Northwest Eagles of Kirkland, Washington with a 7-0 win and then defeating Western Washington Vikings 2-1 in the preseason wrap up.

But winning was not Kovacs' only goal during the preseason.

"My biggest goal as a coach in this preseason was not only getting us prepared with tactics and technical work, but more so, bringing the team together," said Kovacs, a native of Windsor, ON. "Team camaraderie, team cohesion [and] team bonding."

With a preseason record of 2-0-1, the T-Birds were off to a great start.

The 'Birds took this great start into their first games. Despite having their first two games on the road, the T-Birds have managed to beat their two biggest Canada West rivals, teams that crushed them at the closing of last season. They defeated the University of Victoria Vikes 1-0, thanks to a lone 45th minute goal by striker Jasmin Dhanda, and dished out a 2-0 loss to the Trinity Western Spartans — their first home loss in nearly two years.

One thing that is evident is that Kovacs is bringing a new style and new standards to an otherwise unchanged team, as this year's starting roster hosts the same faces as last year. The same team that contended last year for the Canada West will once again be taking on one of Canada's toughest and most competitive leagues.

"Initially coming in, I just wanted to assess where we were and where our strengths were and where we maybe needed to improve. Once I did that, I saw that we were an extremely talented side and I think we can definitely contend for the Canada West championship," said Kovacs.

This year, the UBC Thunderbirds will be hosting the CIS national championships, bringing the Gladys Bean Memorial Trophy to UBC for the first time in 25 years.

"I think we have a huge opportunity in front of us hosting nationals, and I don't think that is lost on the team. I think they understand that and they want to be successful this season," Kovacs said.

This could be the start of something new for the 'Birds. At the very least they can push themselves into Canada West prominence. But Kovacs' new Thunderbird team is not just looking to contend, they're going for the win.

"It is an extremely tough conference but I think that we have the talent and the determination this year to hopefully make a run at that," said Kovacs. "The motivation of hosting nationals is huge, and I think our players are up for the challenge."

"We don't just want to be a host, we want to earn our right to be there."

MEN'S SOCCER

Matt Langmuir
Contributor

The 2015 men's soccer season is underway and head coach Mike Mosher is looking to bring UBC its 14th national championship. Last year, the team lost to Alberta in the Canada West semi finals, preventing them the chance to capture a third straight title. With a number of exciting additions this year, Mosher expects to take his squad back to its winning ways.

"We've won 13 national championships in this program so that's where the bar is every year," said Mosher, who is entering his 20th season as head coach. "Whether it's a transitionary year with a lot of new faces or not, that's where the bar is — period."

Among the new faces this year is fifth year collegiate soccer veteran Justin Wallace, who believes his experience will be a big contributor to the team.

"I've played in a couple different leagues," said Wallace. "I've played in the college league, played in the NCAA. So, hopefully coming in as an older guy, I can help with the young guys as well as step up in some of the big moments and definitely some of the bigger games."

Having already proved his goal scoring ability in last week's preseason match against his former team SFU, Mosher spoke highly of the 2013 CCAA player of the year.

"I think Justin can be one of the best players in the country," said Mosher. "He's a terrific player and I think he's got the ability to maybe go on to the next level after this season with us."

In addition, Gagan Dosanjh is returning to the Thunderbirds after brief spells with the Whitecaps U23 team and the NASL's FC Edmonton.

Newly acquired goalkeeper Chad Bush is another player with professional experience, and one to watch, having spent one season with the Ottawa Fury. The 21-year-old freshman is regarded by Mosher as one of the best goalkeepers in Canada.

"[Bush] is the real deal in many ways. He can be a leader amongst our group as a whole. He trains really well; good role model for not only the other young goalkeepers but for the whole team."

Though pleased with the new talent on the squad, Mosher stressed that his team needs to communicate a little more and work together as a unit. Mosher stressed that the back four need to improve communications with each other and Bush to be an effective stopping power.

With the season only two months long, Mosher hopes his team is able to gel and build the team chemistry needed to make the run to nationals. Despite the obvious hints of concern, he remains confident in his team's ability.

"I'm confident in the group of players that we've got. We've lost some really good players, but we've added in a lot of quality and I think we've got a strong team that's capable of doing great things."

In their season opener, the team tied the University of Victoria, 1-1. The 'Birds dropped an earlier lead within seconds of earning it.

"The goal right now is to go and win the division and come first in the division and host a playoff game and then host the Canada West final four and then go to nationals."

Sex?

(Or making out, or touching, or whatever)

✗ | *Intoxicated (even a little) = **not happening**, get them pizza instead*

Consent is clear

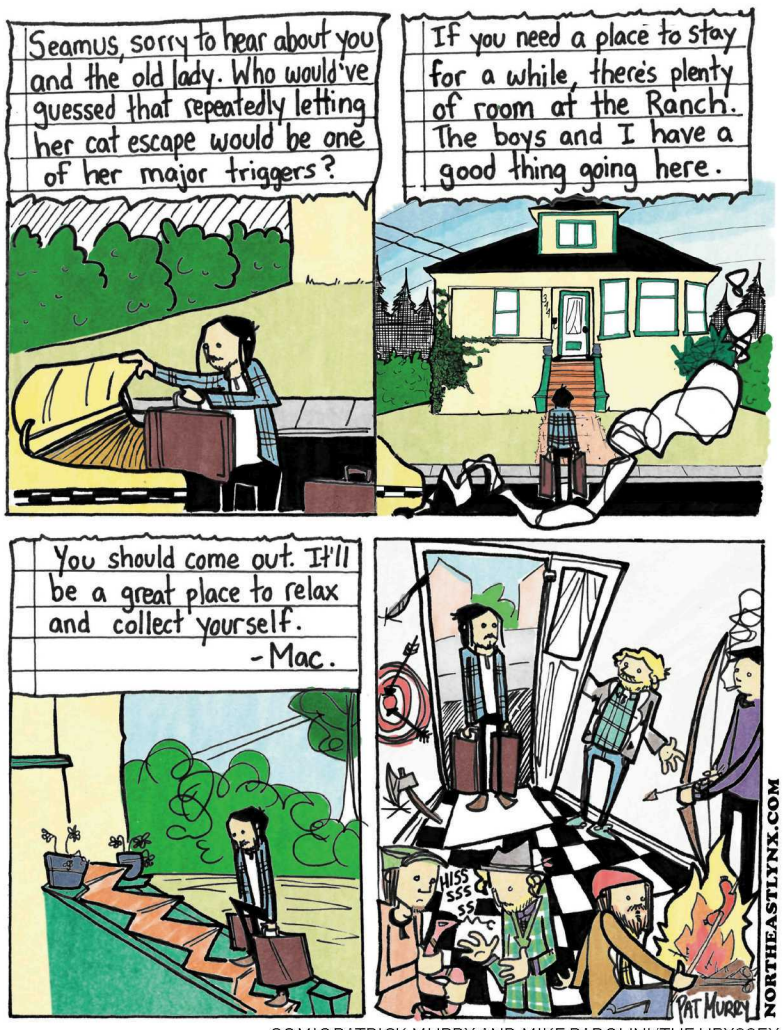
You always need a 'yes!'

- ✓ Enthusiastic
- ✓ Freely given
- ✓ Can be revoked at any time

You play a role in making this campus an awesome, safe, and caring place. Respect others and treat them the way they want to be treated. We're all connected, so let's be good to each other.

Learn more. Find support.

students.ubc.ca/consent



COMIC PATRICK MURRY AND MIKE PAROLINI/THE UBYSSEY

Life — on — Campus

COMIC JULIAN YU/THE UBYSSEY

P	A	T	R	I	O	T	I	S	M		W	A	T	T
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6	1	7	5	4	8	2	9	3

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