UBC NURSING

NURSING TODAY

DIRECTOR'S REPORT

Another year is nearly complete and I would like to take this opportunity to thank faculty, staff and others associated with the school for their contributions to the many activities involved in maintaining the School's strength and stability.

I also want to thank the many faculty who have given extra time this year to special assignments and committees and to assisting in the exploration of ways in which the School can carry out its activities more efficiently and effectively.

We have many reasons to be proud, not the least of which are the more than 140 baccalaureate and 5 master's graduates who will complete the program in May and begin making a variety of contributions in the health care system.

These are trying times for all, but also times of opportunity and challenge. I hope we will continue to address the problems together and to support one another and the School.

-- Marilyn D. Willman, RN, PhD
Director of the School

NEWS ITEMS

NURSING EDUCATION CONFERENCE SUCCESSFUL

More than 150 nursing educators, representing every school of nursing in the province, attended the Nursing Education Conference held March 2, 1985. UBC Nursing faculty served as the core organizing group of this important one-day conference that met to discuss common interests and issues surrounding the future of nursing education in the province. Thirty-five nursing faculty and 17 graduate students from UBC attended.

Norma Murphy, Project Coordinator for Entry to Practice for the Canadian Nurses Association, gave the keynote address. Presentations were made by faculty members from the colleges and universities.

During the conference, delegates formed into workgroups and raised several points of concern common to schools of nursing throughout the province.

Roberta Hewat, one of the conference organizers, said the most important aspect was the communication links formed for all the nursing educators. Those who attended recommended that such conferences be held on a regular basis.

MAJOR GRANT GOES TO TRANSCULTURAL NURSING PROJECT

An Indo-Canadian Women's Health Project, for which Pamela Thompson, Instructor in the School of Nursing, is principal investigator, has received two grants totalling $49,000. The grants include $40,000 from the Health Promotion Directorate, Health and Welfare Canada, and $9,000 from the Dynacorp Research Corporation in Vancouver. The project was planned in conjunction with the Immigrant Services Society.

The project will develop, implement and evaluate a health education program for Indo-Canadian women. The women will be tested before and after an eight-week, 16-session education program and again after three months to find out how much of the health teaching is retained.

The research follows earlier studies by Ms. Thompson to find out whether there was a need for health teaching for immigrant women and which groups might benefit most. The proposed educational program will feature health promotion, nutrition and child care and will be offered in Punjabi. A self-help health teaching booklet is also to be developed and printed in Punjabi as part of the project.

Planning stages began in January, with the main part of the program to be given in early summer, Ms. Thompson said. Data collection will be completed in October.

SHEENA DAVIDSON RESEARCH GRANT GOES TO TWO UBC FACULTY

Roberta Hewat and Donelda Ellis, both of the UBC faculty, are the first winners of the Sheena Davidson Nursing Resarch Grant. The $2,000 award was announced on March 8, 1985.

The title of their proposed study is "A Comparison of the Effectiveness of Two Modes of Breast Hygiene on the Pathogen Content of Expressed Breast Milk." It will be carried out this summer.

The Sheena Davidson Nursing Research Fund was established in memory of a much-loved and respected member of the School of Nursing faculty who was killed in a motor vehicle accident in December 1980. Strong support for the fund was given by the School of Nursing and the Nursing Alumni Division. The fund is administered through the UBC Alumni Division.

Last fall the fund reached its goal of $20,000 and interest from this money will be used to finance an annual grant for research in maternal/child nursing and for study of issues related to childbearing or early childrearing periods.

CAUSN THEME: THE IMAGINATIVE FUTURE

The theme for the Western Region meeting of the Canadian Association of University Schools of Nursing will be "Innovation in Nursing Education: The Imaginative Future." The UBC School of Nursing will host the meeting, which will be held at UBC in February 1986.

Cheryl Entwistle is serving as UBC Member-at-Large and attended the meeting in Edmonton this past February to issue the official invitation to CAUSN members.

During the last decade, university schools have tried to strengthen the scientific and academic foundations of nursing and are now poised for another important step, she said. They now must address the specific and significant forces of change that are pressing on the Western World.

These include changes in demographic patterns, realities of scarce economic resources, explosions in technology and information and rise of autonomy and independence in the nursing role, she said. A call for papers will be issued early in the fall, but nurse authors and researchers are urged to think now about how to best present information on these "imaginative leaps."

All UBC Nursing faculty are urged to join CAUSN and take part in the local group's activities. Membership in CAUSN includes a subscription to Nursing Papers, the only nursing research journal to be published in Canada. UBC meetings are held at noon of the first Thursday of each month.

ALUMNI REUNION DINNER

Dr. Peter Grantham of the UBC Department of Family Practice will be the speaker at this year's "Reunion Dinner" of the UBC School of Nursing Alumni. The dinner will be held on May 16 at the Graduate Student Centre on campus; dinner is at 6:30 p.m. with a no-host social hour to start at 5:30.

Graduates of the Class of 1925 will be honored guests at the dinner. Graduates celebrating the 50th, 40th and 25th anniversaries will also be recognized at the event.

Faculty members are reminded that they are considered Alumni of the School and that this is an excellent opportunity to meet graduates of the program. This year, graduates attending may bring a guest as well. Reservations for the dinner can be made by calling Liz Owens at the Alumni Office, Cecil Green Park at 228-3313.

BSN OUTREACH UPDATE

The UBC BSN Outreach program has had a most successful year. To date, 101 students have applied to take courses by Outreach for credit toward a BSN. Some are doing make-up courses to be eligible for admission; some are full-time or part-time students enrolled in the winter sessions but taking additional courses through Outreach during the year. As well, nurses and others are

taking the BSN Outreach courses for professional development.

Students working toward a BSN may now complete up to 20.5 of the required 38.5 units without being enrolled on campus during the regular winter sessions.

N305-Professional Issues I is the latest course to be completed and it will be offered for the first time this summer. Mary Regester and Janet Ericksen have developed this course and will be the tutors for it.

N302-The Nursing Process is also being developed, with a target date of January 1986 for presentation. Ada Butler, JoAnn Perry, Sally Thorne, Linda Hughes and Leslie Redman are the course authors. Potential students are being advised to complete as many electives and non-clinical courses as possible before enrolling in N302 as the 5-year completion date for the program begins with admission to N302.

Special thanks are due to Janet Ericksen, Kirsten Hyde and Mary Regester, who have devoted a great deal of time in developing N305, N405 and N406 and acting as tutors when these courses are offered. These authors have been innovative and creative in pioneering courses for Outreach.

-- Olive Simpson
Director, BSN Outreach

BUSY YEAR FOR CONTINUING NURSING EDUCATION

Continuing Nursing Education has once again had a busy year, with 9 short courses being offered, many of them in various centres around the province as well as in the Lower Mainland area. These short-term courses have ranged from the use of computers in nursing to workshops introducing the latest research in maternal/child care to workshops on improving writing skills for those in nursing management positions.

In addition, the Critical Care Nursing programs proved again extremely popular and programs were completed in Prince George, Kelowna, Kamloops and Vancouver. The most frequently requested program has been Critical Care Level I -- Hospital Implemented. This program provides nurses living outside the Lower Mainland with an opportunity to take the course, classroom sessions and clinical experience in their own agency. Consultation and program materials are provided by UBC on a contract basis.

In Vancouver, the Level I part-time evening program continues to be filled to capacity. In addition the Level II, or advanced portion of the course, is now being offered on a regular basis. Last year, this curriculum was redesigned using the UBC Model for Nursing. The program allows nurses to work during certain phases and is therefore more affordable for those now working in critical care. Marilyn Porter coordinates the Critical Care programs with Lorna Wood as instructor and Pamela Miller as part-time evening instructor.

Continuing Nursing Education has also been involved this year in presenting lectures and workshops by visiting scholars on campus. Two still to come include: Dr. Lorraine Wright and Dr. Maureen Leahey of the University of Calgary, authors of Nurses and Families: A Guide to Family Assessment and Intervention, who

will present a two-day workshop May 26-27 on Family Interviewing Skills; and Dr. Greg Stoddard and Ms. Roberta Labelle of the University of McMaster will present a one-day workshop May 6 on Economic Evaluation of Health Care Programs. This latter program is co-sponsored with the UBC Health Care and Epidemiology Alumni Association.

-- Louise Tenn, Director
Continuing Nursing Education

GRADUATES CELEBRATE AT BANQUET

On March 15, the BSN graduating class celebrated the completion of the program with a buffet dinner and dance at the Four Seasons Hotel. Fantastic food, entertaining speeches and excellent company helped make the evening very special for all.

The event was attended by Dr. Marilyn Willman, Director of the School, and by Dr. Axel Meisen, Dean Designate of Applied Science, and Mrs. Meisen. Faculty members Barbara Milne and Jan Walker were guest speakers and delivered entertaining speeches that also gave encouragement for our future careers in nursing.

This year, the graduating class encouraged students to invite family and friends as well as escorts to the banquet. This helped add to the success of the evening -- and we hear that Robyn Hunter's grandparents had a wonderful time.

Class valedictorians were Patricia Wright (RN) and Cathy Dilworth (generic). They made us look back to all of the term papers and stressful times in a humorous way -- and we found we could actually laugh at these experiences.

The Class of 1985 used the occasion to present a "Grad Gift" to the School. Dr. Willman accepted a gift of a cassette recorder for the Learning Centre.

-- Katrina Bardos
4th year class president

GLOBAL HEALTH CONFRENCE SPONSORED BY CUNSA

On a snowy Saturday morning in early February, 75 people crowded into a nursing classroom to hear Keynote Speaker Mary Ann Morris of Oxfam talk about the Oxfam Third World Health Project and the World Health Organization's goal of "Health for all by the Year 2000."

The UBC chapter of the Canadian University Nursing Students' Association (CUNSA) co-hosted, with Oxfam, the day-long conference. Participants were student and faculty from several health disciplines on campus as well as health workers and interested people from the community.

Nine workshops were offered. These included: "Nicaragua as a Case Study in Health for all by the Year 2000" by Marilyn Mardiros, assistant professor of nursing, UBC; "Healthy Business," a video and discussion on pharmaceuticals lead by Jan Thiessen, MSN student; "Health Professionals' Role in Disarmament," by Isobel McDonald, BSN student; and "Infant Nutrition in South Africa," by Nora Whyte, MSN student.

Following the workshops, participants divided into small groups to discuss ways to translate information into strategies for action. These strategies -- which included a recommendation for another similar conference -- were reported at a final plenary session.

-- Isobel McDonald
UBC CUNSA Delegate

FACULTY NEWS

Joan Anderson will give the keynote address, "Trends in Nursing Research," at the 3rd Annual Nursing Research Workshop to be held Saturday, April 20, 1985. The conference, sponsored by the Nursing Research Interest Group of the Registered Nurses' Association of B.C., will also include a presentation by **Ruth Elliott** and will be chaired by **Kathleen Simpson.**

Connie Canam was one of the major presenters at "Teenage Parenting in the 80s: Choices and Skills," a conference for teens, parents of teens and community workers held in Vancouver February 22-24, 1985. She presented a workshop on setting up a "Peer Helper" program for professionals who work with teens, another for teens themselves on becoming peer helpers and a full-day workshop on sexuality open to all registrants. The conference was sponsored by the YWCA BC Task Force on Teenage Pregnancy and Parenthood.

Donelda Ellis presented a paper on "How Pediatricians Can Help Mothers Succeed with Breastfeeding" at the North Pacific Pediatric Society Conference held in Vancouver on March 8, 1985. The conference was attended by some 150 pediatricians from Washington, Oregon, Alberta and B.C.

Cheryl Entwistle, Carolyn Iker, Louise Tenn and **Jan Walker** were faculty representatives at a special School of Nursing display set up as part of the "Nursing Fair" at a major shopping mall in North Vancouver March 9, 1985. The Nursing Fair was sponsored by the North Shore Chapter of the RNABC.

Clarissa Green was both a speaker and a workshop facilitator at the special interdisciplinary conference on "Promoting Health Care: Can We Afford Not To?" held on Friday, February 22, 1985 on the UBC campus. The two-day conference was sponsored by Continuing Education in the Health Sciences.

Roberta Hewat has been appointed by the Board of Directors of the Registered Nurses' Association of B.C. to represent university schools of nursing on the Association's "Entry to Practice Committee."

Four UBC faculty -- **Elizabeth Johnson, Gary Johnson, Judy Oliver** and **Mark Starr** -- will present a two-day workshop on "Computers in Nursing: A Beginning"on May 31 and June 1, 1085. The workshop, which is sponsored by Continuing Nursing Education, is open to nurses throughout the province.

LEARNING CENTRE

Computer Assisted Learning (CAI) has gradually been added to the School of Nursing undergraduate curriculum during this academic year and is now a useful and accepted part of the basic program.

More than half the members of the first year class have used "Gericalc" to evaluate their ability to calculate medication dosages. Their reports indicate that they not only favor CAI over other instructional methods for this content but also that they would like more such CAI materials.

Second year students use "Medcalc" and "Regulating IV Rates of Flow" for practice or for remedial work in making accurate calculations of medication doses.

An interactive video program called "Crisis Intervention with Families" is being used this Spring with a number of third year students to assist them in learning ways to intervene with families and assess their methods through trial and error without detriment to families.

Fourth year students are encouraged to take advantage of the program "Nursestar." This computer-generated selection of questions from the RN exams sponsored by the US-based National League for Nursing should be helpful for those preparing for the forthcoming Canadian examinations as well.

-- Judy Oliver
Learning Centre

IN PRINT

DONELDA J. ELLIS. "Breastfeeding Attitudes and Beliefs of an Australian Capital Territory Sample of Secondary School Students." Breastfeeding Review (No. 5), December 1984, pp. 22-26.

DONELDA J. ELLIS and ROBERTA J. HEWAT. "Do We Support Breastfeeding Mothers?" Breastfeeding Review (No. 5), December 1984, pp. 27-30.

CAROL JILLINGS. "The Experience of Acute Illness: Impact on Psychosocial Needs." Critical Care Nurse, Vol. 5, No. 1, January/February 1985.

CAROL JILLINGS. "Concepts Relevant for Critical Care Nursing: The Knowledge-Practice Connection." Critical Care Nurse, Vol. 5, No. 2, March/April 1985.

GLORIA JOACHIM. Book Review. The Canadian Nurse, Vol. 81, No. 3, March 1985, p.64.

GEMMA M.M. van AMELSVOORT JONES (4th year student). "Validation Therapy: A Companion to Reality Orientation." The Canadian Nurse, Vol. 81, No. 3, March 1985, pp.20-23.

M.J. LYNAM. "Support Networks of Immigrant Women." Social Science and Medicine (Accepted ; In Press).

M.J. LYNAM. "Teenagers' Rationales for their Food Behaviors: Directions for Teaching." Nursing Papers (Accepted; In Press).

BARBARA J. MILNE. "Effects of Labelling and Treating Hypertensive Patients." Journal of Chronic Diseases (Accepted; In Press).

J.E. Knox and JUDITH MOGAN. "Important Clincial Teacher Behaviors as Perceived by University Nursing Faculty, Students, and Graduates." Journal of Advanced Nursing (Accepted; In Press).

M.J. Stewart, J.E. Innes, SARAH SEARL and C. L. Smillie (eds.). Community Nursing in Canada. Agincourt, Ont., Gage, 1985.

COMING EVENTS

Saturday, April 20, 1985 -- 3rd Annual Nursing Research Workshop, sponsored by the Nursing Research Interest Group of the RNABC. Keynote speaker is **Joan Anderson** of the UBC School of Nursing on "Trends in Nursing Research." Fee. Further information from NRIG or through **Margaret Klinger** at 228-7439.

Monday, April 22, 1985 -- Meeting of the Lab Educators of B.C. at 1330 hours at Douglas College. Anyone wishing further information should call **Cheryl Entwistle** at 228-7449.

Friday, May 10, 1985 -- UBC Nursing Research Day. The UBC School of Nursing is sponsoring its second annual "research day" to offer health professionals and students an opportunity to learn of research projects being carried out by UBC Nursing faculty and MSN students. The day is open to all and there is no fee although prior registration is required so rooms can been booked. For information, call **Joy Winkler** at 228-7430.

May 31-June 1, 1985 -- "Computers in Nursing: A Beginning." A two-day workshop presented by UBC Continuing Nursing Education at the UBC School of Nursing. Program faculty are **Elizabeth Johnson, Gary Johnson, Judy Oliver** and **Mark Starr**. For further information call Continuing Nursing Education at 228-3055.

This will be the last issue of Nursing Today for an indefinite period. The editor, Glennis Zilm, left the faculty at the end of March and the School's financial resources will have to be devoted to its teaching programs. The positive response to the newsletter has been gratifying. We will try to keep our readers informed of School and faculty activities in other ways.