



# NURSING TODAY



## NEWS ITEM

### 1982-83 BUSY RESEARCH YEAR FOR NURSING FACULTY

The 1982-83 academic year will prove a busy one for School of Nursing faculty engaged in research. Seven new grants have been awarded this fall, five of them to faculty members who have just joined the School.

ELAINE CARTY has received a total of \$50,000 from the Mr. and Mrs. P.A. Woodward Foundation and from the Vancouver Foundation for a major study "An Evaluation of an Early Discharge Programme in a Tertiary Care Maternity Hospital."

As well, JUDY MOGAN and JANET KNOX have received a new \$800 UBC Humanities and Social Sciences grant for the design of an evaluation tool for measuring clinical teaching effectiveness.

Five new faculty have been awarded Humanities and Social Science grants for projects to be carried out during their first year at UBC. These are:

CONNIE CANAM -- Communication patterns in families of a child with cancer

JUDY LYNAM -- Immigrant women's descriptions of their needs and perceptions

MARILYN MARDIROS -- Cross-cultural comparison of factors influencing parents of disabled children

BARBARA J. MILNE -- Stress management program for inflammatory bowel disease patients

HELEN NISKALA -- Effects of participation in a home cardiac rehabilitation program

In addition to these seven new projects, other funded research underway in the School of Nursing includes:

CLARISSA GREEN -- Family Reaction to the diagnosis and treatment of cancer

DONELDA ELLIS and ROBERTA HEWAT -- Infant feeding project

ROBERTA J. HEWAT -- Relationship of anxiety and performance in first-year nursing students

DANIEL JONES -- Career patterns of baccalaureate nursing students

KATHLEEN SIMPSON -- Stress and coping mechanisms and their effect on genital herpes

NANCY WELLS -- Systematic relaxation techniques for surgical patients

DONELDA ELLIS -- Secondary students' beliefs and attitudes about breast-feeding

ANN HILTON -- Adaptation of patients to self home blood glucose monitoring and subsequent changes in diabetic control and lifestyle

JANET KNOX and VIRGINIA HAYES MORRIS -- Hospital related stress in parents of children with cancer

MAUREEN MURPHY and JO-ANN PERRY -- Confusion in the older adult: An assessment of its impact

LEE HEARN and JUDY MOGAN -- Obesity and infant feeding behavior

ROBERTA HEWAT -- Development of an instrument to assess women's attitudes to mode of delivery  
WINIFRED MILLS -- Pain attitudes in nursing students  
JUDY MOGAN -- Effects of contiguity between learning and administration of medication by injection

In addition to these grants, SHIRLEY BRANDT in the Division of Continuing Nursing Education is administering three funded programs: Critical Care Nursing for Non-Metropolitan Based Nurses, A Feasibility Study to Determine Need for Regional Instructors for Clinical Satellite Telecourses, and Preparation of a Portable Educational Program from a Videotaped Satellite Program.

### **UBC WILL HOST NATIONAL CAUSN MEETING IN JUNE**

The UBC School of Nursing will host the annual meeting of the Canadian Association of University Schools of Nursing June 1-4, 1983 on the UBC campus. The meeting will be held in conjunction with the meetings of the other Learned Societies.

Professor Patricia Valentine heads a committee of Win Mills, Ray Thompson and Janet Knox in planning for the event.

Theme is "Fashioning the Future." CAUSN members have been asked to submit abstracts for consideration in the planning of the conference program.

"Nurse educators need to work closely with colleagues to consider education programs to prepare nurses for the future," Prof. Valentine said. She hopes CAUSN members will submit a variety of innovative ideas for consideration.

Planning for the conference is just beginning and further details will be announced later. Meantime mark your calendars. UBC faculty are hosts and everyone should plan to attend.

### **VERNA SPLANE JOINS FACULTY**

One of Canada's best-known nurses, Verna Splane, has joined the UBC School of Nursing faculty on a part-time basis for the Spring term. She will be teaching N. 546, "Nursing and the Delivery of Health Care" starting in January.

Mrs. Splane recently completed a second four-year term as vice-president of the International Council of Nurses.

This year's recipient of the Canadian Nurses Association Special Award, she moved to British Columbia in 1973 after a five-year appointment as Principal Nursing Officer with the Department of National Health and Welfare in Ottawa. She served as a special lecturer in the School of Nursing from 1974 to 1977.

For the last 20 years she has been a Consultant to the World Health Organization and has served in many countries. She also recently completed a term as chair of the National Health Committee of the Canadian Red Cross and she was recently elected a member of the executive of the International Social Service, which meets twice a year in Geneva.

She holds a Bachelor of Science from Columbia University and a Master of Public Health from the University of Michigan. She was awarded an Honorary Doctorate of Laws by Queen's University in 1980.

### **LEARNING CENTRE ATTRACTS VISITING ACADEMICS AND CLINICIANS**

The UBC School of Nursing Learning Centre continues to attract visitors who wish to see the laboratory and audiovisual facilities available for students. The Centre has earned a reputation for innovations for student learning across Canada.

During October Dr. Joanne Scholdra, director, and Wendy Pickett, faculty member, both of the new University of Lethbridge School of Nursing toured the School and examined our resources to assist them in planning their proposed facilities.

As well, Tilly Bara, director of staff development, and Trudy Staley and Nancy Clark, medical-surgical instructors, from Vancouver General Hospital visited the Centre. They also reviewed the audiovisual resources available here for possible use in their educational programs.

### **DIVISION OF CONTINUING NURSING EDUCATION OFFERS WIDE RANGE OF PROGRAMS**

In addition to offering short courses and conferences and satellite programs, the UBC Division of Continuing Nursing Education offers several post-basic and post-graduate nursing programs.

The first was the post-graduate program in Critical Care Nursing, which was developed in response to the acute shortage of adequately prepared critical care nurses. The program is comprised of two parts - Level I and Level II. The Level I program is designed to prepare the nurse to enter the field of critical care nursing. The program was jointly developed by the UBC Division of Continuing Nursing Education and Vancouver Community College, Langara Campus. UBC has the primary responsibility to present the program to nurses in the interior regions of British Columbia. The Level II program has been designed to supplement the course content of the Level I critical care program. It expands on the concepts previously presented and the advanced theory necessary to nurse the patient in multisystem failure. The Level I and II programs together are equivalent to a six-month post-graduate course in nursing.

The Division will be offering three Level I programs in 1983 and the next Level II program will start in January.

The Division also offers a post-basic program in Inservice Education, a five-part program being presented in its third cycle in 1982-83. To date, 20 nurses have completed the program and more than 50 others have participated in one or more of the program's five parts.

The post-graduate program in Hospital Infection Control is now in its second year. This program consists of independent study, classroom study, field work and a study project. The present class has students enrolled from the lower Vancouver mainland, from the interior regions of British Columbia, and from the provinces of Alberta and Manitoba.

The post-graduate program in Long Term Continuing Care is also in its second year. It contains some of the elements of the other programs - independent study, classroom study and clinical practice. In addition it also has a management/leadership practicum.

The newest post-graduate program to be offered by the Division will be presented for the first time this spring. This program in Clinical Psychiatric Nursing consists of both Level I and Level II courses and is unique in that it provides for a home-based preceptorship.

For more information concerning these programs, contact:

Shirley L. Brandt, R.N., M.A.  
Assistant Professor and Director  
Continuing Nursing Education

### **NATIONAL CAUSN COUNCIL PROPOSES CONFERENCE ON MASTER'S EDUCATION**

At the meeting of the Canadian Association of University Schools of Nursing Council in Montreal November 10-11, it was proposed that a conference on master's nursing programs should be held. The idea was suggested by Margaret McLean of Memorial University, who said she would welcome exchange of information directly related to master's programs at a special conference to be held within the next year.

It was suggested that this special meeting be held in conjunction with the national annual meeting of CAUSN, which is to be held on the UBC campus in June 1983. DR. MARILYN WILLMAN, Director of the UBC School of Nursing, agreed to look into the proposal and to obtain additional information from council members before setting a date and planning a program.

In other business, the council supported the Canadian Nurses Association's background paper on nursing research in Canada and an update was presented on the CAUSN accreditation program.

As well, constitutional changes proposed last year by the Western Region CAUSN and presented to the meeting by WIN MILLS of UBC were ratified by all other regions. These will now be included in the CAUSN constitution.

During the meeting president Joan Gilchrist of McGill took office from retiring president Amy Zelmer of the University of Alberta. A gift of flowers and a donation to the Canadian Nurses Foundation in her name was presented to Dr. Zelmer during the ceremonies.

Elected to the position of president-elect was Marie France Thibeadeau of the University of Montreal. Secretary is Una Ridley of the University of Saskatchewan and treasurer is Lynette Mensah of Dalhousie.

### **OPEN LEARNING INSTITUTE COURSE ACCEPTED BY UBC OUTREACH PROGRAM**

The University of British Columbia School of Nursing has arranged to accept transfer credit for the Open Learning In-

stitute's course called "Understanding Research in Nursing" (Course #APST 450). With permission from the School of Nursing enrollees may have this credited as equivalent to "Introduction to Nursing Research" (NURS 304).

OLIVE SIMPSON, director of the Outreach Program for registered nurses, said this is the first nursing course offered by OLI that has been approved by the School of Nursing for transfer credit.

"Athabasca University in Alberta developed this course for use in the baccalaureate programs in that province," Prof. Simpson said. "The University of Victoria also has already arranged to accept it as a transfer course in its nursing program. Registered nurses planning to return for their baccalaureate degree can thus take some of their courses by distance learning."

### **MORE PRAISE FOR STUDENTS**

Pearson Hospital, Vancouver, has joined the ranks of "satisfied agencies" that have used UBC student nurses as health care workers for vacation relief.

A letter from B.J. Deans, Director of Nursing, says that the students' performance was "excellent."

"They demonstrated good knowledge while performing on a non-professional level without creating any problems with non-professional staff," she said in a letter to Dr. Marilyn Willman, Director of the School.

"The patients enjoyed their fresh, enthusiastic approach," she said, adding, "It has been a real pleasure to have them and we are looking forward to again hiring student nurses in 1983."

### **NEW IN THE LEARNING CENTRE**

During the last few weeks, students have shown an increased interest in and use of the facilities in the Centre. Faculty and Learning Centre Staff were kept especially busy during the nursing skills "Blitz Week." Apart from the many hours of "open practice," during this week 380 students attended a scheduled lab session of one type or another.

Several new audiovisual programs and equipment have been purchased and are expected to serve as effective teaching aids as well as tools for independent

study. For a complete list, please drop into the Centre.

### **New A-V Media**

An Active Partnership (American Heart Association, in cooperation with Stanford University School of Medicine, c1980). These seven slide-tape programs, each of about 25 minutes, show a client's active involvement in a cardiac recovery and rehabilitation program.

Parents at Risk (Williams and Ledger Ltd., 1981). A self-directed-learning manual assists the student to acquire knowledge and skill in assessment, preventive intervention and community follow-up activities for high-risk perinatal parents. A 25-minute videotape accompanies the print material and illustrates normal and abnormal parenting practices in labor-delivery-postpartum clinical settings. Nursing assessment and intervention is emphasized.

Physical Assessment: Neurological System (Concept Media, 1982). A series of seven filmstrips-and-tapes, each about 20 minutes, teaches underlying principles and specific procedures for assessing the neurological system.

### **Teaching Aids**

1 Dukane-mini-matic Sound Filmstrip Projector (ideal for faculty use as it is portable and can be taken to your office)

2 Singer Stack-type Slide Changers (to convert filmstrip projector into a slide projector)

1 Diplomat Screen 50 " x 50" (for projection purposes)

1 Simulated Crash Cart (almost fully stocked!)

### **Reminder**

T 186 is being converted into a pediatric practice area. Contributions of toys or decorations would be greatly appreciated.

-- Cheryl Entwistle  
Co-ordinator, Learning Centre

## **FACULTY NEWS**

CONNIE CANAM was one of the speakers at the annual meeting of the Canadian Association of Pediatric Hospitals in Sept-

ember. Her paper was on "Ethical Rights of Adolescents." The meeting was attended by physicians and hospital administrators from across Canada. About 30 registrants attended the session on legal and moral rights of patients, during which the paper was presented.

BETTY CHARNAW has taken on the job of Chairman of the Open House Planning Committee, a sub-committee of the Public Relations and Information Services Committee.

Apologies to JENNIFER CHUNG for misspelling her name in the "In Print" column in the October issue.

MARY CRUISE, former Associate Professor, School of Nursing, and Director, Extended Care Unit, Health Sciences Centre Hospital, has been selected as the Canadian Nurses Association's nominee for the 1983 3M International Council of Nurses Fellowship. She is one of the candidates put forward by the 95 ICN member countries for one of three 3M awards.

Professor Emerita HELEN GEMEROY was in Ontario in early October as a surveyor for the Canadian Council on Hospital Accreditation. A recent letter from Dr. Gemeroy brought us up to date on her "active retirement" in Victoria.

CLARISSA GREEN was a member of the faculty for the National Symposium of Nursing Research held in San Francisco November 18-20, 1982. Her poster presentation on her research with families of cancer patients was well received. DR. HELEN NISKALA also attended the three-day conference, which was titled "Advancing Clinical Practice in the 80s."

ANN HILTON's research project on Blood Glucose Monitoring Measures was a featured display among seven UBC booths at this year's Discovery Fair held in Robson Square October 20-28. Discovery Fair is a provincially sponsored display of current research and development projects from throughout the province. Each year the University takes part, but this is the first year that the School of Nursing participated.

GLORIA JOACHIM has been elected president of the Vancouver Chapter of the

Canadian Foundation for Ileitis and Colitis. This national association of lay and professional persons interested in these bowel diseases has 26 chapters across Canada.

MARGARET KLINGER presented a paper on "Relationship Between Health Perception and Compliance Behavior Following Myocardial Infarction" at the annual meeting of the Canadian Council of Cardiovascular Nurses in Calgary in mid-October.

WIN MILL's report of her study "Faculty Orientation as One Aspect of Socialization," January 1982, has been placed in the Curriculum Room of ACU 3rd Floor for general faculty access.

BARBARA MILNE was one of the speakers at the International Symposium on Hypertension Control in the Community held in Tel Aviv, Israel, in early November. Her presentation on "The Adverse Effects of Labelling Patients Hypertensive" was given before an audience of some 250 health professionals from around the world.

KATHLEEN SIMPSON will be doing a survey of nursing staff's perceptions of the delegation of responsibility and authority at the Surrey Memorial Hospital in December. She has just completed the report on a similar study at Valleyview Hospital carried out in August.

DONNA WILSON and JUDY DIETRICH once again put on a successful CPR Program for faculty members wishing to up-grade their skills in this area. Congratulations go to THIRZA MacCORMICK-JUBY, JUDY OLIVER, LINDA HUGHES, MARGOT DYER, BETTY CHARNAW and CAROL ANN POLOWICH for successfully completing the course. Faculty who have not taken the course may take it when it is offered again in the New Year!

## IN PRINT

CLARISSA P. GREEN and MARY ADLERSBERG. "The Myth of Individuality." The Canadian Nurse, Vol. 78, No. 10, November 1982, pp. 49-50.

B. ANN HILTON. "Does Diabetic Control Really Make a Difference?" The

Canadian Nurse, Vol. 78, No. 9, October 1982, pp. 49-52.

LINDA G. LEONARD. "Twin Pregnancy: Maternal-Fetal Nutrition." JOGN Nursing, Vol. 11, No. 3, May-June 1982, pp. 139-145.

LINDA G. LEONARD. "Breast Feeding Twins: Maternal-Infant Nutrition." JOGN Nursing, Vol. 11, No. 3, May-June 1982, pp. 148-153.

LINDA G. LEONARD and LORI WOTHERSPOON. "And Father Makes Three ..." The Canadian Nurse, Vol. 78, No. 3, March 1982, pp. 38-41.

HELEN NISKALA. "Problem Perception in Home Dialysis Patients and Health Professionals." Dialysis & Transplantation, Vol. 11, Number 11, November 1982, pp. 978-981.

MARILYN PORTER. "Bite Guard." In "Nursing Prescriptions." The Canadian Nurse, Vol. 78, No. 10, November 1982, p. 56.

## COMING EVENTS

### December 9, 1982

Faculty are invited to attend the NUS Christmas Party at 4:30 pm on December 9, 1982. The party is being held in Rooms 207-209 of the SUB.

### December 15, 1982

The School of Nursing's Annual Holiday gathering for faculty and staff will be held on Wednesday, December 15, 1982, from 3-5 pm in Salons A & B of the Faculty Club. Special guests at this year's reception will be MARGARET STREET and VERNA SPLANE, in recognition of the honors accorded them this year.

### December 15, 1982

The regular monthly meeting of the RNABC Nursing Research Interest Group will be held at 7:30 pm on December 15 at the RNABC Offices, 2855 Arbutus. Speaker will be Ann Taylor, Director of Prevention Programs, Vancouver Health Depart-

ment. She will speak on sources of funding for research projects. A discussion period and a wine and cheese party will follow. Further information may be obtained from Margaret Klinger 228-7439 or Judy Dietrich 228-7468.

### February 23-25, 1983

The annual meeting of Western Region CAUSN will be held at the University of Alberta from Feb. 23 to Feb. 25, 1983. Theme of the meeting is "Baccalaureate Nursing Education for the 80s" and the keynote address will be delivered by Dr. J.G. Kaplan, Vice-President Research, for the University of Alberta. For further information, see the School of Nursing bulletin board, or call Janet Knox (228-7480).

### March 11, 12 and 13, 1983

The University of British Columbia Health Sciences Faculties and Schools will host the UBC Open House on Friday, March 11, 10 am to 4 pm, Saturday, March 12, 10 am to 8 pm, and Sunday, March 13, 11 am to 4 pm. The School of Nursing will be taking part in several of the Open House special projects as well as presenting displays in the Instructional Resources Centre and in the School of Nursing. Plan to take part. Visitors welcome.

The Open House Committee would like to borrow pre-1950 uniforms for students to wear in an historical display during Open House in March. Care will be taken with the uniforms, but we would appreciate any assistance in tracking down some of these older uniforms for show purposes. Please get in touch with Betty Charnaw (228-7469) or Carol Ann Polowich (228-7489).

Faculty are reminded that items are welcomed for inclusion in the next issue of Nursing Today. These should be submitted in writing to Glennis Zilm. Deadline for the next issue (late January) is January 11, 1983.