Mt. Pleasant Advocate

Devoted to the interests of Mt. Pleasant and South Vancouver.

ESTABLISHED APRIL 8TH, 1899. WHOLE NO. 420. MT. PLEASANT, VANCOUVER, B. C., SATURDAY, MAY 4, 1907. (NINTH YEAR.) VOL. 9, NO. 4

WHY NOT

HAVE YOUR TEETH EXTRACTED?

PAINLESS, and by the most Skillful Operators known to the profession. OUR SPECIALISTS ARE ALL GRADUATES, LISCENSED BY THE BOARD OF EXAMINERS FOR BRITISH COLUMBIA. We give you a Written Protective Guarantee for 10 years with all Dental Work.

NEW YORK DENTISTS

147 Hastings st. Telephone 1566.

Office Hours: 8 a. m., to 9 p. m.; Sundays 9 a. m., to 2 p. m.

Local Items.

Changes for advertisements should be in before Thursday noon to insure their publication.

:o:

Davidson & Stark, the Mt. Pleasant Photographers, are making the popular Stamp Photo.

:o:

Mrs. Albert Honess of Victoria, is the guest of Mrs. Joseph Tays, 102 Seventh avenue.

:o:

The many friends of Mrs. Ternan, Eighth avenue, will be pleased to learn she is recovering from a very serious illness of acute pneumonia. Mrs. Ternan has been very ill for three weeks

:o:

MOUNT PLEASANT METHODIST CHURCH.

Evangelist J. L. McComb will preach in the morning, subject: "The Soul Neglected." In the evening Mr. G H. Morden will preach.

:o:

Miss Powell of Victoria, visited Mrs. R. Whitney this week. Miss Powell came over to meet her mother who returned on Wednesday from a year's visit with her daughter Mrs. F. C. Davidge of Toronto.

:o:

SPRING ITEM.—Lawn Mowers sharpened and repaired at Gray's Bicycle & Repair Shop, 2313 Westm'r ave

:o:

Mr. and Mrs. M. H. Gibson and little son, of Minneapollis, are visiting their aunt and uncle Mr. and Mrs. J. W. Morrison, 2644 Quebec street. Mr. and Mrs. Gibson purpose spending the summer in Vancouver.

:o:

No prettier or more Stylish Millinery than Mrs. Merkley's Spring Display.

:o:

Mrs. A. W. McLeod and children left Thursday to join the Rev A. W. Mc Leod who has assumed the pastorate of the First Baptist Church of Nanaimo Mr. McLeod's many friends on Mt. Pleasant will wish him every success in his new field of Christian work.

:o:

For your Ice Cream and Candies go to the Mt. Pleasant Confectionery Store (Chas. Homewood prop.). Ice Cream sold in any quantity, put up in neat boxes

:o:

Mr. Bert Murray arrived from Winnipeg on Sunday last. Mr. Murray has been in charge of the Mailing Department of the Winnipeg "Free Press," and has assumed a similar position on "The World." "Bert" will be a member of the Maple Leafs Senior Lacrosse team.

:o:

FINE LOTS in South Vancouver: $50.00 cash; price $150.00.—Mrs. R Whitney, "The Advocate" Office, 2450 Westminster avenue.

:o:

MOUNT PLEASANT BAPTIST CHURCH.

Anniversary Services.—Rev. F. T. Tapscott of Victoria, will preach at both services, and will deliver an address on Monday night when a musical program will be arranged by Miss May George. Sunday morning there will be Communion Service and receiving of new members.

:o:

Now is the time to have your house photographed. Have it done by the Mt. Pleasant Photographers, Davidson & Stark, corner Ninth and Westminster avenues.

:o:

The "social evening" on Tuesday evening given by the Girls' Entertaining Society, to the members of St Michael's Church and their friends, was most enjoyable. The songs, rendered by the "Friends of the Girls" were heartily applauded, many being encored. Two dialogues entitled "Mendicant," and "Country Cousins," were exceptionally good. A vote of thanks was passed, to the President and "The Girls" for the splendid entertainment. Refreshments and ice cream were served.

:o:

Before starting on a shopping tour look over the advertisements in the ADVOCATE.

STOVES & RANGES

All kinds—all prices. Air-tights from $2.50 up.

GRANITEWARE, TINWARE, WOODENWARE, in fact, everything for the home.

We are always pleased to have you call and inspect our stock

J. A. Flett, Ltd. Mt. PLEASANT HARDWARE STORE. Tel. 447.

New Spring FOOTWEAR

We now have a nice variety of New Boots and Shoes for Men, Boys', Ladies' and Children.

See us before buying your next pair.

Our prices are right.

W. T. MURPHY

2415 Westminster avenue

Mt. Pleasant.

FLOWER & Garden Seeds at

THE Independent Drug Co.

Finest Lawn Grass mixture, 25c per pound.

Dominion Express Money Orders issued.

J. O. REDDIE, Manager.

Cor. SEVENTH & WESTMINSTER AVENUES. 'Phone 2236.

MT. PLEASANT.

Signet Rings

Among the few articles of jewelery that are worn by men are the heavy, plain or chased, all gold Signet Rings with the initials or crest engraved.

Let us show you our collection of [illegible]me Signets just received from our factory. They range from the small ladies' ring to the extra heavy gentlemen's ring that will stand the roughest useage.

HENRY BIRKS & SONS Ltd.

JEWELERS & DIAMOND MERCHANTS

Corner Hastings and Granville Sts.

GEO. E. TROREY, Managing Director.

THE Best

After Grippe Tonic

IS

Flint's Syrup of Hypophosphates

Tones up the system and makes you feel good. Large bottle

$1.00

at

M. A. W. Co.

Mt. Pleasant Branch.

'Phone 790. Free Delivery.

"The Advocate" 6 months for 50c.

For local news subscribe for THE ADVOCATE only $1 for 12 months.

For Sale or to RENT

the old Mt. Pleasant Methodist Church Building corner Ninth and Westminster avenues; apply to

H. O. Lee, 2425 Westminster Ave 'Phone 322

Now is the Season for

Evaporated Peaches, Evaporated Prunes, Evaporated Pears,
" Apricots, " Apples, " Figs,

Also JAMS and JELLIES in cans, glass and jars — From 2 for 25c up, to 50c for 5-lb tins.

We carry large lines of the above goods. QUALITY in all cases guaranteed.

CALL and SEE US.—We have many New Goods to show you.

J. P. Nightingale & CO.

Westminster & Seventh Aves. Mt. Pleasant.

Telephone 1360.

King's Meat Market

R. Porter & Sons. 2321 Westminster Ave.

Wholesale and Retail

Dealers in all kinds of FRESH and SALT MEATS. Fresh Vegetables always on hand. Orders solicited from all parts of Mount Pleasant and Fairview. Prompt Delivery. FRESH FISH DAILY. Poultry in season. Tel. 2306.

The Northern Bank

Mt. PLEASANT BRANCH

Cor. Westminster and Ninth avenues.

Drafts and Bank Money Orders issued.

A General Banking Business transacted.

We invite you to start an account in our

SAVINGS DEPARTMENT

WITH ONE DOLLAR.

OPEN SATURDAY NIGHTS, 7 to 9 o'clock.

J. E. HAWKSHAW, Manager

Lawn Grass Seeds

Clover and Timothy Seeds, Pratt's Poultry and Animal Foods. Pratt's Lice Killer, Holly Chick Food, Beefscraps, Etc. FLOUR and FEED.

S. KEITH Corner NINTH avenue & WESTMINSTER ROAD.

Telephone 1637.

THE ROYAL BANK of CANADA

Incorporated 1869.

Mt. Pleasant Branch

Capital Paid-up .... $3,900,000.
Reserve Fund.. .... $4,390,000.

DEPOSITS OF ONE DOLLAR and upwards, received and interest allowed thereon. Compounded FOUR times yearly.

OPEN SATURDAY NIGHTS from 7 to 8 o'clock.

A GENERAL BANKING BUSINESS transacted.

W. A. Schwartz, Manager.

If you miss THE ADVOCATE you miss the local news.

Wallpaper

These bright days show up your rooms and no doubt there is one or two that need papering. We have the kind you want from 5c per roll up

If you wish to hang the paper yourself we will trim it for the asking.

You will find our prices reasonable, and the men quick and clean.

Wm. Stanley & Co.

—PAPER-HANGERS—

NORTHERN BANK BLOCK

Ninth and Westminster avenues.

'PHONE A1695.

Read the New York Dental Parlors advertisement in this paper, then go to New York Dental Parlors for your work

100,000 CAFE

GRANVILLE STREET

White Cook.

First-class in every respect.

Vancouver's Leading Restaurant

MISS E. BUFFAM, Prop.

The Canadian Bank of Commerce

SAVINGS BANK DEPARTMENT.

Deposits of ONE DOLLAR and upwards received and interest allowed thereon.

Bank Money Orders issued.

A General Banking Business transacted.

OFFICE HOURS: 10 a. m. to 3 p. m.

SATURDAYS: 10 a. m. to 12 m., 7 to 8 p.m.

East End Branch

444 Westminster avenue. C. W. DURRANT, MANAGER.

MAY 8 - 1907

Legislative Assembly

DARREL of THE BLESSED ISLES

By IRVING BACHELLER,

Author of "Eben Holden," "D'ri and I," Etc.

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(Continued.)

They looked up at him and then at each other, Letitia laughing silently, S'mantha suspicious. For many years fun had been a thing far from their thought.

"Play checkers?" he inquired.

"Afraid we couldn't," said Miss Letitia, answering for both.

"Old Sledge?"

She shook her head, smiling.

"I don't wish to lead you into recklessness," the teacher remarked, "but I'm sure you wouldn't mind being happy."

Miss S'mantha had a startled look.

"In—in a—proper way," he added. "Let's be joyful. Perhaps we could play 'I spy.'"

"Y!" they both exclaimed, laughing silently.

"Never ate chicken pie like that," he added in all sincerity. "If I were a poet I'd indite an ode 'written after eating some of the excellent chicken pie of the Misses Tower.' I'm going to have some like it on my farm."

In reaching to help himself he touched the teapot, withdrawing his hand quickly.

"Burn ye?" said Miss S'mantha.

"Yes, but I like it," said he, a bit embarrassed. "I often go and—put my hand on a hot teapot if I'm having too much fun."

They looked up at him, puzzled.

"Ever slide down hill?" he inquired, looking from one to the other after a bit of silence.

"Oh, not since we were little," said Miss Letitia, holding her biscuit daintily after taking a bite none too big for a bird to manage.

"Good fun," said he. "Whisk you back to childhood in a jiffy. Folks ought to slide down hill more'n they do. It isn't a good idea to be always climbing."

"'Fraid we couldn't stan' it," said Miss S'mantha tentatively. Under all her man fear and suspicion lay a furtive recklessness.

"Y, no!" the other whispered, laughing silently.

The pervading silence of that house came flooding in between sentences. For a moment Trove could hear only the gurgle of pouring tea and the faint rattle of china softly handled. When he felt as if the silence were drowning him he began again:

"Life is nothing but a school. I'm a teacher, and I deal in rules. If you want to kill misery load your gun with pleasure."

"Do you know of anything for indigestion?" said Miss S'mantha, charging her sickly voice with a firmness calculated to discourage any undue familiarity.

"Just the thing—a sure cure!" said he emphatically.

"Come high?" she inquired.

"No; it's cheap and plenty."

"Where do you send?"

"Oh," said he, "you will have to go after it!"

"What is it called?"

"Fun," said the teacher quickly, "and the place to find it is out of doors. It grows everywhere on my farm. I'd rather have a pair of skates than all the medicine this side of China."

She set down her teacup and looked up at him. She was beginning to think him a fairly safe and well behaved man, although she would have been more comfortable if he had been shut in a cage.

"If I had a pair o' skates," said she faintly, with a look of inquiry at her sister, "I dunno but I'd try 'em."

Miss Letitia began to laugh silently.

"I'd begin with overshoes," said the teacher. "A pair of overshoes and a walk on the crust every morning before breakfast; increase the dose gradually."

The two old maids were now more at ease with their guest. His kindly manner and plentiful good spirits had begun to warm and cheer them. Miss S'mantha even cherished a secret resolve to slide if the chance came.

After tea Sidney Trove, against their protest, began to help with the dishes. Miss S'mantha prudently managed to keep the stove between him and her. A fire and candles were burning in the parlor. He asked permission, however, to stay where he could talk with them. Tunk Hosely, the man of all work, came in for his supper. He was an odd character. Some, with a finger on their foreheads, confided the opinion that he was "a little off." All agreed he was no fool, in a tone that left it open to argument. He had a small figure and a big squint. His perpetual squint and bristly, short beard were a great injustice to him. They gave him a look severer than he deserved. A limp and leaning shoulder complete the inventory of external traits. Having eaten, he set a candle in the old barn lantern.

"Waal, mister," said he when all was ready, "come out an' look at my hoss."

The teacher went with him out under a sky bright with stars to the chill and gloomy stable.

"Look at me," said Tunk, holding up the lantern as he turned about. "Gosh all fishhooks, I'm a wreck!"

"What's the matter?" Sidney Trove inquired.

"All sunk in—right here," Tunk answered impressively, his hand to his chest.

"How did it happen?"

"Kicked by a hoss; that's how it happened," was the significant answer. "Lord! I'm all shucked over to one side. Can't ye see it?"

"A list to sta'b'rd; that's what they call it, I believe," said the teacher.

"See how I limp," Tunk went on, striding to show his pace. "Ain't it awful?"

"How did that happen?"

"Sprung my ex," he answered, turning quickly, with a significant look; "thrown from a sulky in a hoss race an' sprung my ex. Lord! Can't ye see it?"

The teacher nodded, not knowing quite how to take him.

"Had my knee unsot, too," he went on, lifting his knee as he turned the light upon it. "Jes' put yer finger there," said he, indicating a slight

Sidney Trove began to help with the dishes.

protuberance. "Lord, it's big as a bog spavin!"

He had planned to provoke a query, and it came.

"How did you get it?"

"Kicked ag'in," said Tunk sadly. "Heavens, I've had my share o' bangin'! Can't conquer a skittish hoss without sufferin' some—not allwus. Now, here's a hoss," he added as they walked to a stall. "He ain't much t' look at, but"—

He paused a moment as he neared the horse—a white and ancient palfrey. He stood thoughtfully on "cocked ankles," every leg in a bandage, tail and mane braided.

"Get ap, Prince," Tunk shouted as he gave him a slap. Prince moved aside, betraying evidence of age and infirmity.

"But"— Tunk repeated, with emphasis.

"Ugly?" the teacher queried.

"Ugly!" said Tunk, as if the word were all too feeble for the fact in hand.

"That's what he is! Look out! Don't get too nigh him! He ain't no conscience, that hoss ain't."

"Is he fast?"

"Greased lightnin'!" said Tunk, shaking his head. "Won twenty-seven races."

"You're a good deal of a horseman, I take it," said the teacher.

"Waal, some," said he expectorating thoughtfully, "but I don't have no chance here. What d'ye 'spect of a man livin' with them ol' maids?"

He seemed to have more contempt than his words would carry.

"Every night they lock me upstairs," he continued, with a look of injury. "They ain't fit fer nobody t' live with. Ain't got no hoss but that dummed ol' plug."

He had forgotten his enthusiasm of the preceding moment. His intellect was a museum of freaks. Therein Vanity was the prodigious fat man, Memory the dwarf and Veracity the living skeleton. When Vanity rose to show himself the others left the stage.

Tunk's face had become suddenly thoughtful and morose. In truth, he was an arrant and amusing humbug.

It has been said that children are all given to lying in some degree, but seeing the folly of it in good time, if, indeed, they are not convinced of its wickedness, train tongue and feeling into the way of truth. The respect for truth that is the beginning of wisdom had not come to Tunk. He continued to lie with the cheerful inconsistency of a child. The hero of his youth had been a certain driver of trotting horses who had a limp and a leaning shoulder. In Tunk the limp and the leaning shoulder were an attainment that had come of no sudden wrench. Such is the power of example, he admired, then imitated and at last acquired them. One cannot help thinking what graces of character and person a like persistency would have brought to him. But Tunk had equipped himself with horsy heroism, adorning it to his own fancy. He had never been kicked, he had never driven a race or been hurled from a sulky at full speed. Prince, that ancient palfrey, was the most harmless of all creatures and would long since have been put out of misery but for the tender consideration of his owners. And Tunk—well, they used to say of him that if he had been truthful he couldn't have been alive.

"Some time," Trove thought, "his folly may bring confusion upon wise heads."

(To Be Continued.)

CLERKS' HOURS IN GERMANY

An Effort to Do Away With the Long Midday Interval.

A discussion is going on in commercial circles in Germany regarding the respective merits of the English and German systems of arranging the hours of work in banks, company offices and big business houses.

It has always been customary in Germany for clerks and accountants and all workers of this class to begin work considerably earlier than is the case in England and to terminate work in the evening much later than is usual in London. Work begins in German offices, as a rule, at 8 o'clock in the morning and is frequently not concluded before 8 o'clock in the evening. Partial compensation for the early beginning and late termination is obtained by taking a two hours' pause at midday, but even with this break the total hours worked in German offices considerably exceed those in English offices, especially as a half holiday Saturday is still an exceptional arrangement in Germany.

An agitation is now going on for the abolition of the long midday interval and of the introduction of the hours of work usual in English offices. Many German business men, however, resist the innovation and persist in maintaining the old fashioned system.

Many German stockbrokers, company directors, directors of banks and captains of industry adopt a curious arrangement by which they dine at 3 o'clock in the afternoon and afterward return to their offices from 6 till 8 o'clock in the evening.

Those Germans who have practical experience of office work in England are unanimous in declaring that English clerks do just as much in six or seven hours as German clerks in nine or ten hours and advance this as a strong argument in favor of the general adoption of the English hours of work in offices.

A few of the big banks in Berlin have already got as far as a working day of eight hours, from 9 o'clock in the morning till 5 o'clock in the afternoon, with two hours less Saturday, when they close at 3 o'clock.—Berlin Letter in London Standard.

Electricity In the Home.

In a $3,000 or $4,000 house it is a very common matter to wire for electric lights, but by giving the subject a little further attention with your electrical contractor and the architect it is possible to arrange outlets for lighting socket heating devices at very little extra expense. Such receptacles would be taken off from the lighting wires in a very simple manner. The cost of operating later at lighting rates would not be large, for the reason that the electrical devices which will be used on such a circuit consume only a small amount of electricity and are generally used for only short intervals. They would comprise, for example, the chafing dish, the coffee percolator, heating pad, cigar lighter, shaving mug, curling iron, baby milk warmer, small frying pan and many others.—Cassier's Magazine.

A Bale of Cotton.

In order to see how far a certain bale of cotton was shipped before being manufactured into goods W. H. Parks, Jr., of Ennis, Tex., placed a note in a bale which was shipped in the autumn of 1905 asking the person who finally received and opened it to write to him and tell him where the cotton was used and what price was paid. The bale traveled many thousands of miles, as is shown by this letter, which Mr. Parks received recently from Reval, Russia, which is situated on the Baltic sea:

Reval, Russia, Aug. 23 (Sept. 5),

The bale of cotton in which your letter and blank memorandum were found was received at the Baltic mill, Reval, Russia, via Bremen, bought from Gebruder Fritze of that city at 6.35d. a pound.

The Faithful Little Guide.

Ofttimes I have seen a tall ship glide by against the tide as if drawn by some invisible towline with a hundred strong arms pulling it. Her sails hung unfilled; her streamers were drooping; she had neither side wheel nor stern wheel. Still she moved on stately in serene triumph, as if with her own life. But I knew that on the other side of the ship, hidden beneath the great hulk that swam so majestically, there was a little toiling steam tug with a heart of fire and arms of iron that was hugging it close and dragging it bravely on, and I knew that if the little steam tug untwined her arms and left the tall ship it would wallow and roll about and drift hither and thither and go off with refluent tide, no man knows whither. And so I have known more than one genius, high decked, full freighted, wide sailed, gay pennoned, that but for the bare toiling arms and brave, warm-beating heart of the faithful little wife that nestled close to him so that no wind or wave could part them would soon have gone down stream and been heard of no more.—Oliver Wendell Holmes.

A Fatal Sleep.

Hugh Miller, the Scottish geologist and writer, was one of the most illustrious of sleepwalkers. Miller, who had been addicted to somnambulism in his youth, found his restlessness return while he was engaged upon his "Testimony of the Rocks." He used to wake in the morning feeling, as he said, as if he had been abroad in the night wind, dragged by some invisible power and ridden by witches. On the night of his death he slept alone. In the morning they found him stretched dead on the floor with a bullet through his breast. He had written a note to his wife: "My brain burns. I must have walked, and a fearful dream rises upon me. I cannot bear the horrible thought. My brain burns as the recollection grows." So intense had been the poor fellow's anguish that to make certain his end he had torn back shirt and vest and placed the muzzle of the pistol to his naked flesh.—St. James' Gazette.

The Fractured Leg.

A visitor was going through the children's surgical ward of one of the city hospitals when he spied a little fellow with his legs in the air and his weight resting on his head and shoulders. Going closer, he saw that the boy's feet were fastened with ropes which passed through a pulley above. At the other ends of the ropes were weights, just heavy enough to hold the boy's legs in the air without lifting him entirely off the bed.

"What's all that about?" asked the visitor. "Doesn't it hurt him?"

"Not at all," answered the physician who was accompanying. "He doesn't look unhappy, does he? That's the way we always handle fractures of the leg with a child. Otherwise the youngsters squirm around so that they work the splints loose. Only one of this boy's legs is injured, but they are both swung in the air for his greater comfort."

Sorrows of a Humorist.

"This thing of being a humorist is about the saddest thing I know," sighed Simeon Ford. "An ordinary person can have his moods and humors as he pleases, but I must always be on the job. I am constantly being invited out, not because I'm liked for myself alone or because of my manly beauty, but because I am expected to entertain the assemblage. The rest of the company may be as dull as dishwater, but if I do not shake up the gathering with a few jokes the hostess glares at me and really feels resentful. I may be sunk in the slough of despond, but just as soon as I take my seat all lean forward and eye me expectantly. My son, never get a reputation for being funny. It is the most mournful thing on earth."

Teeth of Chambermaids.

Have you ever noticed that every chambermaid who has been taking care of the hay and feathers for a number of years is usually devoid of a few teeth of the upper "case?" Veteran chambermaids can seldom show a full set of upper teeth. The absence of the ivories is explained as follows by a downtown dentist: "The teeth of the maids which I replace with artificial ones are pillowcase teeth. They are constantly used in putting on pillowcases and are not strong enough to stand the strain. Their work is a constant wear and tear on the teeth."

A Tree Freak.

A rare proof of the vitality of certain trees is offered by a poplar in the village of Gunten, on the Lake of Thun. When, about twenty years ago, a fountain was placed before the post-office building of that place the builders used for a shank and girder of the water conduit a young poplar trunk which they drove into the ground and in which the pipe was inserted. After a short time the trunk began to throw out shoots, and today it is a tall tree, with heavy foliage. The water pipe is now completely overgrown, and it is a strange sight to see a jet of water stream forth from the interior of the uninjured tree.

LATE SIR WILLIAM HINGSTON.

"Canada's First Great Physician" Title Often Applied Him—How He Deserved the Honor.

"Canada's first great physician" was a description often applied to Sir William Hingston, who has died in Montreal. On the principle that great men lived before Agamemnon, the popular idea of Sir William may have been unjust, but it is undoubted that he was the most famous medical man Canada had produced up to the time Prof. Osler became so widely known. His career has been no longer than it has been distinguished, both in public life and in his profession. In the latter he stood quite abreast of the most successful American doctors for a quarter of a century, and hardly a week went by without bringing to him some patient from the United States who believed that in his own country there was no physician quite as capable as the doctor at Montreal. Although 78 years old at the time of his death, Sir William's standing among the medical men of the country remained what it had been for a generation.

Won Honors Abroad.

He was born in Montreal in 1829. His father had come to Canada as adjutant of the famous Hundredth Regiment and fought through the War of 1812. After the disbanding of the regiment, in 1819, Col. Hingston took up his residence on the Chateauguay River. He died when his son was only 18 months old. William received his early education in Beauharnois, and then, at the age of 15, entered the Montreal College. His first year there gave a promise of a brilliant future, for he captured three first and two second prizes out of a possible five. His first intention, after leaving school, was to become a chemist, and he spent two years in preparation. At the end of this time he had concluded to become a doctor, and entered McGill, graduating in 1851. Afterward he proceeded to take a post-graduate course at Edinburgh, and continued his studies in several European countries. Of honors he won in Europe one was membership in the Imperial Leopold Academy, and he was the first Canadian to so distinguish himself. Then he returned to Montreal and began the serious business of his profession. For surgery he had a peculiar aptitude, and it is recorded that in 1867, on a visit to Edinburgh, he performed a most difficult operation at the request of Sir James Simpson, one of the greatest surgeons living, and a keen admirer of the Montreal doctor.

The First In Canada.

As surgeon of the Hotel Dieu Hospital, he was able to practice his art over a wide field, and soon his skill was known far and wide. It was when filling this post that Dr. Hingston had the honor of performing for the first time in Canada a number of difficult operations, removal of the kidney, excision of the knee, and excision of the tongue and lower jaw being among them. He was one of the organizers of the McGill University Society, and a resuscitator of the Medico-Chirurgical Society of Montreal, the first secretary of the Dominion Medical Society, and afterwards its president. When Bishop's College Medical School was organized he was appointed professor of surgery, but soon resigned. In 1876 he was chosen by the International Council to represent Canada at the Philadelphia Medical Congress, and in 1867, when the congress met at Washington, he was again offered this honor. So one might continue the list of professional honors, concluding with knighthood in 1895. There is hardly any distinction open to a Canadian medical man that he had not received.

Mayor of Montreal.

As a public man Dr. Hingston first came before the people of Montreal as a candidate for the Mayoralty in 1875. He received about ten votes to his opponent's one, and, as he stated at the time, "without having spent one moment of time or one shilling of money to obtain a position which no one should seek, but which, coming as it did, no one was at liberty to decline." He was re-elected by acclamation, but declined a third term. The period of his Chief Magistracy was one of unusual importance, especially at the time of the Guibord affair. For the wise and moderate manner in which he discharged his duties Mayor Hingston received the thanks of the Governor-General, Lord Dufferin.

He has been a frequent contributor to the medical journals, and not infrequently his papers interested a far wider field of readers than the medical profession. For example, a well-considered essay on the climate of Canada and its relation to human life was a step in removing an ignorant prejudice that is now fast disappearing.

Hit Back.

Walking along a road in the remote west of Ireland, two tourists were passing one of the cottages, or, as they are better known in the country, cabins, of the peasantry. This particular cabin was even a more than usually dilapidated specimen of its class, and the chimney, consisting mainly of the remains of an old top hot, presented a comical, if pathetic, appearance.

Tipping his friend a wink, one of the tourists accosted a youth who was sitting contentedly on a fence.

"I say, my boy," he said, "does that chimney draw well?"

"Shure, thin, it does," was the prompt reply. "It draws the notice o' ivery fool that passes by!"—London Journal.

The Mark That Tells

Trade marked thus in a variety of styles, fabrics and prices for women, men and children. Form Fitted. Dealers are authorized to replace instantly and at our cost, any Pen-Angle garment faulty in material or making. 206

Pen-Angle trade-mark (in red) on every Pen-Angle garment, tells you it will fit and won't shrink,—your own dealer so guarantees it. Underwear thus trademarked is softer, warmer, *more* flexible, better wearing.

BETTER UNDERWEAR

THE GOVERNMENT AND ZAM-BUK

SURVEY OUT FROM FORT WILLIAM TAKES A SUPPLY OF THIS USEFUL BALM.

Zam-Buk, the favorite household balm and salve, is now adopted as "The Doctor" by leading parties engaged in surveying various parts of the Dominion lands.

Mr. Henry Hall, writing from Fort William, says: "Having proved how beneficial Zam-Buk is in cases of cuts, skin injuries and diseases, I determined to keep a supply handy. Being engaged to go on a survey, I thought it would be a most useful thing to take along. I obtained a supply in Fort William and very well it was I did so. I may say that pretty nearly every day it was called into requisition by one or other of the party for cuts, bruises, burns, or some injury or other. It is wonderful how quickly Zam-Buk takes the soreness out of cuts, burns, bruises and injuries; and on our survey it earned golden opinions from all who had occasion to try it. I have found it very fine for skin disease, and I can strongly recommend it as a household balm."

Mr. Lascelles Scott, one of the leading Government analysts, says: "I have no hesitation in certifying the entire purity of Zam-Buk, which in my opinion is excellently adapted for skin injuries and diseases." Zam-Buk cures cuts, scalds, burns, bruises, eczema, scalp sores, ringworm, ulcers, abscesses, chapped places, Spring pimples, blood poison, chronic abscesses, etc. As an embrocation it relieves rheumatism, neuralgia and sciatica. All druggists and stores sell at 50c. a box, or from Zam-Buk Co., Toronto, for price. 6 boxes sent for $2.50. Send 1c stamp and we will mail you free sample box.

Canada has 6,000 miles of waterways from the St. Lawrence to the Mackenzie, with only 150 miles of land break.

DEAFNESS CANNOT BE CURED

by local applications, as they cannot reach the diseased portion of the ear There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

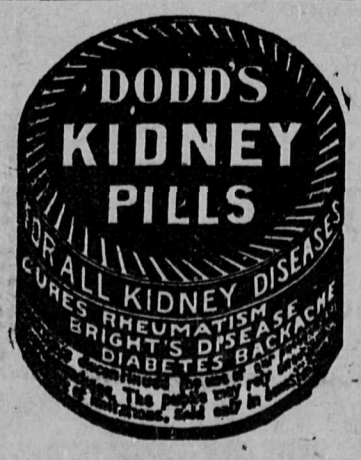
An old gentleman, pointing to his favorite dog, said proudly:

"That dog certainly seems almost human at times."

"Yes," said his wife, "he growls over his food as much as you do."—Minneapolis Journal.

Have you tried Holloway's Corn Cure? It has no equal for removing these troublesome excresences as many have testified who have tried it.

The many-sided character of Canadian immigration is shown in the fact that during the last fiscal year there were arrivals in the Dominion from 54 countries in the world (including the British Isles and the United States) representing the chief races of the five continents. Some 46 171 from the West Indies, 340 from Newfoundland, 89 from New Zealand, 7 from Persia, and 18 from Egypt.



Price of Platinum.

Platinum, ounce for ounce, is now worth more than half as much again as gold, while the demand for platinum, like the demand for other metals, has increased. There has been talk of an export duty on the metal produced in Russia, and a rumor that such a duty was about to be imposed was given credit for causing the recent sharp advance in the price of the metal; but the export tax plan, it is reported, has been definitely abandoned, and the Russian government will make special inducements to encourage prospecting. French investors are heavily interested in the industry. The largest producer and also an extensive buyer of crude platinum in the Urals is a French company operating a large refinery in Paris. It should be noted that the imports of platinum into the United States, which is a large consumer, during 1905, were valued at $2,173,263, as against $1,879,155 in 1904, an increase in value of $294,108. Considering the increased demand for platinum, the gain in importation is slight, but if the high price and scarcity of the metal be taken into account the wonder is that there was not a large decrease in the quantity imported.—Industrial World.

WEAK AND WORN OUT.

Dr. Williams' Pink Pills Give New Strength to Overworked Women.

The life of a domestic is a hard one. She toils from early morning till late at night; her work is never done. Often she is too busy to get out of doors for a breath of fresh air. Unless her blood is kept rich and pure this close confinement wears on her health. Her strength will fail; she may lose her appetite, become pale and dyspeptic. In fact she is in danger of a general breakdown. Such was the condition of Miss Marie Anne Fleury, of Ste. Anne de la Perade, Que., before she used Dr. Williams' Pink Pills. She says: "For a number of years I have been a servant. Up to a year ago I always enjoyed the best of health, but suddenly I was seized with pains in my side, my appetite left me, I became dyspeptic and lost all strength. I consulted a doctor who told me I was suffering from general debility. I was forced to stop work and for three months I followed the doctor's treatment, but without benefit. I was advised to try Dr. Williams' Pink Pills, and as I had often read of the cases they cured, I decided to do so. I only took eight boxes before I was cured and today I am stronger than I ever was. My digestion is good and I can now go about my work without fatigue. I owe a debt of gratitude to Dr. Williams' Pink Pills for what they have done for me and I strongly advise other weak sickly girls to give them a trial."

Miss Fleury's case is one of many that Dr. Williams' Pink Pills have cured after doctors' help had failed. The success of these pills lies in the fact that they strike right at the root of the trouble—the blood. Other medicines simply act on the symptoms of the trouble—and may relieve, but they do not cure. Dr. Williams' Pink Pills make new rich blood—that is why they cure dyspepsia, rheumatism, anaemia, heart palpitation, headache, backache and the ills of women; all these are caused by bad blood—Dr. Williams' Pink Pills cure them all because they make new blood. For sale at druggists or by mail at 50 cents a box or six boxes for $2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

The Yukon district is almost as large as France.

Bickle's Anti-Consumptive Syrup is an unparalleled remedy for colds, coughs, influenza and diseases of the throat and lungs The fame of the medicine rests upon years of successful use in eradicating these affections, and in protecting mankind from the fatal ravages of consumption, and as a neglected cold leads to consumption, one cannot be too careful to fight it in its early stages. Bickle's Syrup is the weapon, use it.

"Dad," enquired Freddy, "what is a 'figure of speech?"

"Where's your mother?" asked "Dad," cautiously.

"She's downstairs," answered the boy.

"Well, then," began "Dad," "a figure of speech, my son, is a woman."—Harper's Weekly.

Itch, Mange, Prairie Scratches and every form of contagious itch on human or animals cured in 30 minutes by Wolford's Sanitary Lotion.

"Did I understand you to say that this boy voluntarily confessed his share in the mischief done to the schoolhouse?" asked the magistrate, addressing the mother, who held a small, dirty, struggling boy by the hand.

"Yes, sir; he did," replied the mother, jerking her offspring into momentary inactivity. "I had to persuade him a little, but he told me the whole thing voluntarily."

"How did you persuade him," asked the magistrate.

"Well, first I gave him a good whipping," said the determined-looking little woman, "and then I put him to bed without any supper, and took his clothes away, and told him he'd stay in bed till he'd confessed what he'd done if 'twas for the rest of his days, and I should whip him again in the morning.

"In less than an hour he told me the whole story, voluntarily."—Companion.

Roof your Buildings with "EASTLAKE" Metallic Shingles

Made in Canada 21 years

Warranted made of better material, more accurately and scientifically constructed, will last longer and cost less for labor in applying than any other metal shingles.

RUST, FIRE, LIGHTNING AND STORM PROOF

We are manufacturers of all reliable kinds of SHEET METAL BUILDING MATERIALS. No cheap trash. Careful, thorough and prompt attention to all enquiries. Prompt shipment and right prices. Catalogue upon request. Write for prices.

The METALLIC ROOFING CO. OF CANADA, Limited

TORONTO AND WINNIPEG

European Peace.

A league of peace already pretty well exists in Europe by virtue of circumstances. Austria-Hungry is full of domestic dissensions; Russia is slowly grinding herself to pieces by the attempt to maintain an absolute and tyrannical domestic system, and is up to her eyes in debt to France; France has a good many millions invested in Russia, and cannot do otherwise than shape her policy so as to make the investment good; Germany is building a great navy, and the completion of this task is of far more importance to her than any military adventures, while all that Italy and Great Britain wish for us is to be let alone.

Have you a Skin Disease?—Tetter, Salt Rheum, Scald Head, Ringworm, Eczema, Itch, Barber's Itch, Ulcers, Blotches, Chronic Erysipelas, Liver Spots, Prurigo, Psorisis, or other eruptions of the skin—what Dr. Agnew's Ointment has done for others it can do for you—cure you. One application gives relief. 35 cents—87

Lawyer (cross-examining witness)—Are you sure you didn't dream that, Mr. Ruggles? By the way, do you believe in dreams?

Witness—Not as a general thing, but I know they come true sometimes.

Lawyer—Oh, they do, do they? Can you mention a specific instance?

Witness—Yes, sir. You remember, Mr. Ketcham, you paid me $5 the other day that you had been owing me a year. Well, I had dreamed the night before that you met me on the street and paid it. I was so strongly impressed with that dream that I hunted you up the next day, you recollect, and dunned you for it.—Chicago Tribune.

It Lays a Stilling Hand on Pain.—For pains in the joint and limbs and for rheumatic pains, neuralgia and lumbago, Dr. Thomas' Eclectric Oil is without a peer. Well rubbed in, the skin absorbs it and it quickly and permanently relieves the affected part. Its value lies in its magic property of removing pain from the body, and for that good quality it is prized.

Canada has a continous waterway of 2,384 miles from the mouth of the St. Lawrence to the head of Lake Superior.

Minard's Liniment Co., Limited.

Have used MINARD'S LINIMENT for Croup; found nothing equal to it, sure cure.

CHAS. E. SHARP.

Hawkshaw, N. B., Sept. 1st, 1905.

Canada's three northern districts of Mackenzie, Ungava and Franklin are larger than China proper.

Dropsy is one Positive Sign of Kidney Disease.—Have you any of these unmistakable signs? Puffiness under the eyes? Swollen limbs? Smothering feeling? Change of the character of the Urine? Exhaustion after least exertion? If you have there's dropsical tendency and you shouldn't delay an hour in putting yourself under the great South American Kidney Cure.—86

The boundary line between Canada and the United States is 3,000 miles long—1,600 by land, 1,400 through water.

It Is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parmelee's Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

The multimillionaire was asked if he would take the stand.

"Oh, I don't know," he answered, "what's the stand worth?"—Philadelphia Ledger.

W. N. U. No. 628

Handicapped.

"Have the Eskimos adopted any of the ways of civilization yet?" asked the young man with the plastered hair.

"Exceedingly few," said the arctic explorer. "Think how costly it would be, for instance, to put on a full dress suit up there and wear it to tatters in one evening."

Some people couldn't get ahead if they didn't push someone else behind!

The Family Physician

The best medicines in the world cannot take the place of the family physician. Consult him early when taken ill. If the trouble is with your throat, bronchial tubes, or lungs, ask him about taking Ayer's Cherry Pectoral. Then take it or not, as he says.

Ayer's

We publish our formulas

We banish alcohol from our medicines

We urge you to consult your doctor

Bilious attacks, sick-headaches, indigestion, constipation, dizzy spells—these are some of the results of an inactive liver. Ask your doctor if he endorses Ayer's Pills in these cases. The dose is small, one pill at bedtime.

—Made by the J. C. Ayer Co., Lowell, Mass.—

BROOKS' NEW CURE FOR RUPTURE

Brooks' Appliance. New discovery. Wonderful. No obnoxious springs or pads. Automatic Air Cushions. Binds and draws the broken parts together as you would a broken limb. No salves. No lymphol. No lies. Durable, cheap. Pat. Sept. 10, '01.

SENT ON TRIAL. CATALOGUE FREE.

C. E. BROOKS, 3619 Brooks' Bldg., MARSHALL, MICH

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining *food*. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in ¼-lb. and ½-lb Tins.

The women teachers of New York believe they will win their fight to be placed on an equality with men teachers in the matter of salary. Their battle cry is "equal pay for equal work."

Minard's Liniment Cures Distemper.

Visitor—Henri, I have got some nice sweets in my pocket for you. I will give you one when I go.

Henri—Well, go now, can't you?—Bon Vivant.

Dr. Slocum's Great Tonic and Disease Destroyer

PSYCHINE

(PRONOUNCED SI-KEEN)

Used in Thousands of Homes in Canada

THOSE WHO don't know what Psychine is and what it does are asking about it.

THOSE WHO do know what Psychine is and what it does are using it. They regard it as their best physician and friend.

THOSE WHO use it are being quickly and permanently cured of all forms of throat, chest, lung and stomach troubles. It is a scientific preparation, destroying all disease germs in the blood and system. It is a wonderful tonic and system building remedy, and is a certain cure for

COUGHS,	Bronchial Coughs,
LA GRIPPE,	Chills and Fever,
Colds,	Difficult Breathing
Pneumonia,	General Weakness
Bronchitis,	Female Troubles,
Catarrh,	Fickle Appetite,
Weak Voice,	Hemorrhages,
Sleeplessness,	Night Sweats,
Nervousness,	Consumption,
Malaria,	Catarrh of the
Anaemia,	Stomach.

All these diseases are serious in themselves, and if not promptly cured in the early stages are the certain forerunners of Consumption in its most terrible forms. Psychine conquers and cures Consumption, but it is much easier and safer to prevent its development by using Psychine. Here is a sample of thousands of voluntary and unsolicited statements from all over Canada:

Dr. T. A. Slocum, Limited:

Gentlemen,—I feel it my duty to advise you of the remarkable cure affected by your Psychine and Oxomulsion, which have come under my personal observation. Three men, well known to me, Albert Townsend, Hazel Hipson and John McKay, all of Shelburne County, were pronounced by the best medical men to have consumption, and to be incurable and beyond the reach of medical aid. They used Psychine and Oxomulsion and they are now in good health.

I feel it a duty I owe to suffering humanity to state these facts for the benefit of other sufferers from this terrible disease.

Yours very truly,

LEANDER McKENZIE, J.P.,
Green Harbor, N.S.

Psychine, pronounced Si-keen, is for sale at all up-to-date dealers. If your druggist or general store cannot supply you, write Dr. T. A. Slocum, Limited, 179 King Street West, Toronto.

A Natural Laxative

Inward cleansing is as necessary as outward bathing. To keep the bowels free and regular is of even greater importance than to keep the skin-pores from becoming clogged. The neglect of either invites disease. Everyone needs a natural laxative occasionally, to free the bowels of accumulated impurities For this purpose take

BEECHAM'S PILLS

the greatest boon ever offered to those who suffer from the ills that follow constipation. For over fifty years Beecham's Pills have been famous as a Stomach corrective, a Liver regulator and Bowel laxative. They never gripe nor cause pain. Powerful purgatives are dangerous. Avoid them. Use Beecham's Pills. They give relief without doing violence to any organ. Their action is in harmony with physical laws. Take them regularly and the necessity for their use becomes less frequent. They are a natural laxative and a positive cure for Constipation, Biliousness, Indigestion, Sick Headache and Dyspepsia.

Prepared only by the Proprietor, Thomas Beecham, St. Helens, Lancashire, Eng.

Sold everywhere in Canada and U. S. America. In boxes 25 cents.

Mt. PLEASANT ADVOCATE.

(Established April 8, 1899.)

OFFICE: 2450 Westminster avenue.

ENGLISH OFFICE—30 Fleet street, London, E. C., England Where a file of "The Advocate" is kept for visitors.

MRS. R WHITNEY, Publisher.

Subscription **$1 a year** payable in Advance.

5 cents a Copy.

Tel. B1405.

VANCOUVER, B. C., MAY 4, 1907.

Important News Items of the Week.

April 27.—President Roosevelt, the diplomatic, naval and military representatives of thirty-seven of the nations of the world, and the governors of a score of states, participated to-day in the opening exercises of the Jamestown Tercentennial Exposition. While the exposition, which is to be open until November 30th next, is still far from complete the unfinished condition of the buildings and grounds was not allowed to interfere in any way with to-day's celebration of the three hundredth anniversary of the first English settlement in America.

Another big question of provincial rights has turned up. This time it is the incorporation of fire insurance companies. The question is whether the companies incorporated by the province of Ontario can do business outside this province. Involved in this question are the rights of thousands of companies all over the province, representing capital of up to nearly $10,000,000. Involved is also a matter of $150,000 or more of revenue each year to the province. But it affects every other province in Canada as well as Ontario. The question will be argued before the Supreme Court at Ottawa on May 7, when T. Ritchie, K. C., and Thomas Milvey, K. C., Assistant Provincial Secretary, will represent Ontario. The case will probably go to the Privy Council.

The Dominion Parliament prorogued, after a session extending from Nov. 22nd.

April 28.—Foreign Secretary Grey is taking advantage of the presence of the colonial premiers in London to obtain the first-hand views of Sir Wilfrid Laurier and Sir Robert Bond on the questions pending between the United States and Canada and Newfoundland respectively.

Interest in the labor situation at Toronto is becoming more intense daily in that city. Though several of the unions have passed successfully through troublesome periods, and have arranged for at least another year, they are in the midst of a fight for better conditions, and trouble is said to be rapidly approaching for others. At present there are on strike 225 picture frame workers, 16 marble workers, 55 plumbers, 30 painters, in all over 500. Printers, bookbinders, pressmen, feeders, stereotypers, plumbers, structural iron workers, street railway employees, coopers, coal drivers, teamsters and sheet metal workers have made demands for an advance in wages, and it is reported that many of them will be compelled to fight to get it. The structural iron workers and sheet metal workers are looked upon as probable strikers for May 1st, with the plumbers on May 15th.

April 29.—Hon. E. R. Emmerson is suing the Fredericton Gleaner for libel, the damages asked is $25,000.

Practically all work has been stopped at Prince Rupert.

The Empress of China made the run between Hong Kong and Vancouver in 17 days, 15 hours and 42 minutes.

April 30.—It is expected there will be a strike of the Longshoremen's Union at Seattle on May 15.

The 250 cabman who have been on strike in Toronto will return to work, leaving all matters of dispute to Judge Winchester as a sole arbitrator. It is not likely the o[illegible]

ers will recognize the Union, but will likely grant the increased wages asked.

A revolt is in progress in Montenegro, caused by the government inaugurating a campaign against the radical party.

May 1.—A C. P. R. train was wrecked about 75 miles east of Fort William; three employees were killed.

Within a very few days work on the active construction of the eastern division of the Grand Trunk Pacific, extending diagonally through New Brunswick, from the Quebec boundary to Moncton, will be commenced. The two principal contracts have been awarded.

Two special G. T. R. trains left Toronto with 300 settlers for the North-West. About a third of the party were women and children.

May 2.—The Sovereign Bank of Canada has passed into the control of J. P. Morgan, the great financier of New York.

Secretary Phillips of the G. T. P., declares there is no truth in the report that the Grand Trunk would abandon Prince Rupert for North Vancouver.

The following trades are on strike in Toronto: Lathers 125, cab drivers 250, gilders and picture frame workers 200, marble cutters 20; total 545

May 3.—General Botha, Premier of the Transvaal, sprang a surprise at the Imperial Conference today by the declaration that he was uncompromisingly opposed to a commercial preference within the Empire. Sir Robert Bond, Premier of Newfoundland, spoke in a similar strain. Mr. Herbert Asquith, Chancellor of the Exchequer, in a strong speech, opposed preferences, saying they would involve the setting up of a new fiscal system which would be an infringement of the root and principle of free trade. While the colonies might hold preferential trade to be to their interests His Majesty's Government held that free trade was vital to the interests of the United Kingdom and they could not accept anything undermining that policy, even experimentally.

It is unofficially reported at Fernie that the miners have decided to return to work. The agreement, about which so much secrecy has been observed practically means the achievement of the closed shop principle. The increase under the agreement ranged from five to twelve per cent.

NOTICE is hereby given that the partnership of C. A. Godfrey, E. F. Gerster and J. A. Flett heretofore subsisting under the name of Godfrey, Gerster & Co., has been dissolved by mutual consent as from the 1st day of April, 1907. J. A. Flett having retired from the said firm.
Dated this 12th day of April 1907.

Subscribers are requested to report any carelessness in the delivery of this paper.

Nursing Mothers and Over-burdened Women

In all stations of life, whose vigor and vitality may have been undermined and broken-down by over-work, exacting social duties, the too frequent bearing of children, or other causes, will find in Dr. Pierce's Favorite Prescription the most potent, invigorating restorative strength-giver ever devised for their special benefit. Nursing mothers will find it especially valuable in sustaining their strength and promoting an abundant nourishment for the child. Expectant mothers too will find it a priceless boon to prepare the system for baby's coming and rendering the ordeal comparatively painless. It can do no harm in any state or condition of the female system.

Delicate, nervous, weak women, who suffer from frequent headaches, backache, dragging-down distress low down in the abdomen, or from painful or irregular monthly periods, gnawing or distressed sensation in stomach, dizzy or faint spells, see imaginary specks or spots floating before eyes, have disagreeable, pelvic catarrhal drain, prolapsus, anteversion or retro-version or other displacements of womanly organs from weakness of parts, will, whether they experience many or only a few of the above symptoms, find relief and a permanent cure by using faithfully and fairly persistently Dr. Pierce's Favorite Prescription.

This world-famed specific for woman's weaknesses and peculiar ailments is a pure glyceric extract of the choicest native, medicinal roots without a drop of alcohol in its make-up. All its ingredients printed in plain English on its bottle-wrapper and attested under oath. Dr. Pierce thus invites the fullest investigation of his formula knowing that it will be found to contain only the best agents known to the most advanced medical science of all the different schools of practice for the cure of woman's peculiar weaknesses and ailments.

If you want to know more about the composition and professional endorsement of the "Favorite Prescription," send postal card request to Dr. R. V. Pierce, Buffalo, N. Y., for his *free* booklet treating of same.

You can't afford to accept as a substitute for this remedy of known composition a secret nostrum of unknown composition. Don't do it.

CASCADE

THE BEER Without a Peer.

Brewed right here in Vancouver by men of years and years and years experience, and a brewery whose plant is the most perfect known to the Art of Brewing. Is it any wonder that it has taken a place in the hearts of the people which no other beer can supplant? Doz., quarts **$2.** Doz., pints **$1.**

Vancouver Breweries, Ltd.

Vancouver, B. C. Tel. 429

For Sale at all first-class Saloons, Liquor Stores and Hotels or delivered to your house.

Elbert Hubbard's Sayings.

The Cheerful Loser is a Winner.

Only character counts—and then it doesn't, unless used for human service.

Before you can manage men you must learn to manage yourself.

In loaning money the moral character of the borrower counts for more than his financial worth. Get busy on your character.

The mind of the average "educated" man is like a great tract of land, of which only one little corner is cleared and cultivated in order to secure an L. L. D.—all the rest is simply prairie-dog town. Get your mental acres under the hoe!

"You have a model husband," said the lady who was congratulating the bride.

The next day the bride bethought her to look up the word "model" in the dictionery, and this is what she found: MODEL: A small imitation of the real thing

As I said before, God Himself cannot make a man or woman worthy of consideration except in the crucible of industry. Work is not a curse. Indolence is a beastly mother, breeding no high purpose and no sweet sentiments, nothing but the imps of selfishness. Earning one's bread by the sweat of one's brow—whether on the outside or the inside—is not a curse. God help the children of the rich, the poor can work. I have no patience with the rich loafer, I think much less of him than I do of the poor loafer, and I have no more respect for the female loafer—a loafer is a loafer—nothing more need be said, nothing worse can be said. —*John J. Lentz.*

—"The Advocate" is always pleased to receive from its readers any items of local interest such as notices of people visiting on Mt. Pleasant or of local residents visiting outside points, all social affairs, church and lodge news, births, marriages, etc.

Mt. Pleasant Lodges.

I. O. O. F.

Mt. Pleasant Lodge No. 19 meets every Tuesday at 8 p. m., in Oddfellows Hall Westminster avenue, Mt. Pleasant.

Sojourning brethren cordially invited to attend.

NOBLE GRAND—Stanley Morrison.

RECORDING SECRETARY—H. Patterson, 120 Tenth avenue, east.

LADIES OF THE MACCABEES

Alexandra Hive No. 7, holds regular Review 2d and 4th Tuesdays of each month in Knights of Pythias Hall Westminster avenue.

Visiting Ladies always welcome.

Lady Commander—Mrs. N. Pettipiece, 25 Tenth avenue, east.

Lady Record Keeper—Mrs. J. Martin, Ninth avenue.

L. O. L.

Mt. Pleasant L. O. L., No. 1842, meets the 1st and 3d Thursday of each month, at 8 p. m., in the K. of P. Hall

All visiting Brethren cordially welcome.

J. Martin, W. M., 124 Ninth avenue, east.

Samuel Moore, Rec. Sec'y., South Vancouver Postoffice.

I. O. F.

Court Vancouver 1328, Independent Order of Foresters meets 2d and 4th Mondays of each month at 8 p. m., in Oddfellows' Hall.

Visiting brethren always welcome.

CHIEF RANGER—A. Pengelly.

RECORDING SECRETARY—M. J. Grehan, 337 Princess street, City.

FINANCIAL SECRETARY—Ralph S. Cummings, "Advocate" Office, Mt. Pleasant

CANADIAN ORDER OF CHOSEN FRIENDS.

Vancouver Council, No. 2[illegible], meets every 2d and 4th Thursdays of each month, in I. O. O. F., Hall, Westminster avenue.

Sojourning Friends always welcome

E. R. Flewwelling, Chief Councillor 2542 Ontario street.

Mrs. O. G. Kinnie, Recorder 348 Seventh avenue, east.

REAL ESTATE!

Two 25-ft. lots, ½ block from Westminster avenue, $650.

3 lots on Westminster avenue, corner, $8.500.

Sixteenth avenue, 6 lots, 50x190, $500 each.

Corner, 50x100, Ninth avenue, $3.000.

Property on Westminster avenue, bringing a rental of $160 per month.

2 33-ft. lots, 9-roomed House, orchard small fruit.... $3.650

Beautiful 9-room House, gas and electric light, convenient to car; Thirteenth avenue.

Lot 26x132 on Westminster avenue, two-storey building, in fine condition; leased for 2 years; title perfect. Price ..... $14 000.

One lot, 35x120, on Westminster avenue; price $500, $200 down, balance on easy terms.

5 Lots (corner) Westminster avenue, 80x132; price $8.500, terms.

Six-room house on Howe street, $1.200 cash, balance on easy terms.

Beautiful house, 4 lots on corner, in Grandview. Lovely home

Beautiful corner, fine house on property: In desirable part of Vancouver

$4.500

Buys 44-ft. on Westminster avenue. Good business property. Increasing in value all the time. For sale exclusively by

2 Choice Acres near city; suitable to sub-divide; good buy; favorable terms.

$500 Buys

a lot 25x122 on Westminster avenue, near city limits.

$200 cash.

$1 500

buys a fine lot on Lorne street. The finest location on this street. Buy now before the price goes up; $800 cash, balance 6 and 12.

LOTS on FOURTEENTH Avenue

$450, $475 and $500 each—half cash. These lots are high and level.

List

Your Property with

Mrs. R. Whitney, 2450 Westminster avenue, "Advocate" Office.

Mrs. R. Whitney

2450 Westminster ave.

Local Items.

Mrs. J. J. G. Thompson is convalescing from a week's illness.

:o:

Mrs J. L. Powell has been ill for about a week, but is improving.

:o:

Mr. and Mrs. Vernon Cole have returned from their wedding trip and are living at 350 Sixth avenue.

:o:

Beautiful Spring Hats, latest styles at Mrs. W. W. Merkley's.

:o:

Mr. Al Murphy of Seattle, is visiting his parents Mr and Mrs. Jas. Murphy, Twelfth avenue.

:o:

Mrs. Kickbrush of Chilliwhack, has been visiting Mrs. P. Ryder and Mrs. O. G. Kinnie this week.

:o:

Capt. H. B. Walton, 531 Ninth avenue west, will give free treatment by the Electric Rays all next week, from 1 to 9 p. m, to prove the merits of this mechanical discovery for all pains and discoveries.

:o:

Flint's Bromo Grippe—best cure for cold in the head—25c a box at the M. A. W. Co.'s Postoffice Drug Store.

:o:

On Saturday afternoon last a fire broke out in the Vancouver Rackett and after it was extinguished and the Firemen had gone back to the hall, another fire broke out in the Abernethy building, adjoining the first one on fire. Damages to the extent of about $1,000 was done by the fire. Gray's Bicycle Store, Mr. Clark over the Rackett, and the Abernethy building were the sufferers from the flames. The fire was caused from a chimney.

:o:

Thompson's Cream of Witch Hazel—best for chapped hands. At Mt. Pleasant M. A. W. Drug Store.

:o:

Attention is called to the advertizement of Crocker Brothers, wood dealers. This firm is well-known on Mt. Pleasant and its business is steadily growing, there being four teams now employed in delivering wood. They give god big loads of wood at the lowest market price, and make a specialty of dry cedar wood. Their 'phone number is 914. Remember them when you need wood.

:o:

Mrs. Janet C. Kemp, D. S. C. of the L. O. T. M., gave a tea at her home on Ninth avenue, in the interests of Alexandra Hive No. 7, Thursday afternoon and evening. The following ladies contributed to a most enjoyable impromptu program. Mrs. Hicks sang "There grows a Bonny Brier-bush in our Kail-yard," and to an encore "Within a mile o' Edinborough toun"; piano selections by Mrs. and Miss Neil. Misses Webb, Skinner and two vocal solos by Miss Paul were pleasingly rendered. Mrs. Kemp spoke on the objects and financial success of the Order. About fifty guests were present and were served dainty refreshments. Mrs. F. Budlong and Mrs. J. Wilson assisted the hostess.

:o:

At a meeting of the Quarterly Board of Mt. Pleasant Methodist Church on Monday evening, it was decided to extend a call to Rev. J. P. Westman, Cranbrook, B. C., to succeed Rev. A. E. Hetherington. Rev. Mr. Westman has a splendid record as a successful minister and is a good speaker. Whoever succeeds Rev. A. E. Hetherington must be a successful man; as Mr. Hetherington has by his sincere and faithful work advanced the church wonderfully in all lines of its activity during his three years pastorate. Rev. M. Hetherington is a man who can co-operate with the workers of his church in every branch and thus utilizes the services and ideas of all for the work of the church, this, coupled with his devotion and personal industry, has made his ministry the most successful, so far, in the history of the church. Rev. Mr. Hetherington will become Assistant Principal at Columbia College, New Westminster, assuming his duties in September.

:o:

The persistent advertizer is the chap who wins out The "occasional" ad isn't really a very good business proposition.

Use Royal Crown SOAP

THE BEST IN THE WORLD. Drop us a post card asking for a Catalogue of Premiums to be had free for ROYAL CROWN SOAP WRAPPERS.

ROYAL CROWN SOAP CO.

VANCOUVER, B.C.

Keeler's Nursery

for Flowers, choice Pot Plants in variety, Ornamental Trees and Flowering Shrubs, also a choice lot of Privet for hedges. You will find my prices reasonable.

Nursery & Greenhouses, corner of Fifteenth and Westminster avenues.

THE CHEAPEST PLACE IN THE CITY.

TIMBER LICENCES.

NOTICE is hereby given that thirty days after date, I intend to apply to the Honorable Chief Commissioner of Lands and Works, for a special License to cut and carry away timber from the following described lands situated in Sayward District: North Rendezvous Island, situate between North end of Read and Raza Island, and containing 640 acres more or less.

FRED NEWMAN.

Read Island, April 20, 1907.

NOTICE is hereby given that thirty days after date I intend to apply to the Hon Chief Commissioner of Lands and Works for a special license to cut and carry away timber from the following described lands situate in Sayward District, Cortez Island: Commencing at a post planted about two miles South of the mouth of Vondonop Creek, on North shore of a Salt lagoon, marked W., and thence sixty chains east, thence twenty chains south, thence south to to shore of Salt lagoon, thence along shore to place of commencement, and containing by admeasurement 640 acres more or less.

E. W. WYLIE.

Red Island, April 26th, 1907.

Woman's Realm.

To cut a skirt from striped or plaid goods place the centre of the front gore exactly over the centre of the plaid or stripe. The same thing should be done when cutting a circular skirt. Then place the edge of the cut gore, or the width for a circular skirt, to the uncut material, matching the crosswise lines by moving it up or down a block or a stripe, as needed; and so on, cutting the remaining portions or gores of the skirt.

For a skirt with a bias seam at the centre-front, begin by folding over one end of the material even with the selvedge, or only part-way over if a full bias is not desired. Then cut off the triangle-like end and lay this edge even with your pattern at the bottom of centre-front. After cutting out this width lay the uncut goods above it, matching each line and plaid. Cut the other half of the skirt by that which you have already finished. When basting together edges that require matching, place the stripes or figures together and put the point of a pin through the design to be connected; then turn the point down again through your connecting material pieces. Stay all bias seams (when not attached to lining) with seam-binding, which costs about a cent a yard.

As this season's trimmings are so largely bias folds, bands or flounces, on the checked, striped or plaid gown it will be necessary to cut these on a true bias. To do this fold over the end of your goods even with the selvedge and cut off the corner. From this end you may cut any width you desire, remembering to match at every seam and to handle the bias pieces carefully, basting the turned-under edges with fine thread in small stitches.

These instructions are the same for cutting out almost all that the home dressmaker may handle, whether shirtwaists, bodices, skirts or the ordinary costumes.

For Local News Read THE ADVOCATE

Presentation to a Popular Young Business Man.

Mr. Charles E. Netherby, the retiring manager of the local M. A. W. Drug Store, was surprised by a party of his friends on Tuesday evening and presented with a handsome 21-jewel gold watch and chain. On the front of the watch a monogram, "C. E. N.," was beautifully engraved and in the back of the case was engraved "Presented to C. E. Netherby by Mt. Pleasant friends, April 30th, 1907." Dr. W. F. Coy read an address and Mr. W. R. Owen presented the watch. Mr. Netherby was taken completely by surprise, but managed to make a pleasant little speech of acceptance and thanks in which he expressed his deep regard for Mt. Pleasant and its people; he hoped to come back in the near future and open a large first-class drug store. Mr. Netherby passed cigars and his friends bid him good-bye and wished him a pleasant holiday trip. Those in the presentation party were: Doctors Allen, Coy and Hart, W. R. Owen, G. A. Cruickshank, N. Russell, J. P. Nightingale, H. O. Lee, H. W. Howes, R. S. Cummings. Mr. Netherby is very popular among the business men, as well as with the general public.

To Mr. C. E. Netherby:

Dear Sir,—When your friends learned that you had resigned from the management of the M. A. W. Drug Store and that you intended leaving Mt. Pleasant, they thought it a fitting opportunity to ask you to accept a present from them which they hope will be a daily reminder of their regard; also to express their regret at your departure. We assure you it is a pleasure to us to have this opportunity of expressing our sense of the pleasant relations that have always existed the years you have been among us. We are most pleased to learn it is not your intention to leave the city, and hope you will have a very pleasant and enjoyable holiday.

We have no lack of confidence in your future success, as we know that the conscientious fidelity which has characterized your management for others must be succesful when applied to the business you intend starting for yourself.

Please accept this Gold Watch and Chain with the very best wishes of your Mt. Pleasant friends.

Signed on behalf of your friends:

N. Allen,
W. R. Owen,
G. A. Cruickshank.

The following names were attached to the address:

Dr. W. D. Brydone-Jack, Dr. Robt. Lawrence, Dr. N. Allen, Dr. W. F. Coy, Dr. E. D. Carder, Dr. J. B. Hart, "The Advocate," No. 3 Fire Hall, The Vancouver Breweries, Ltd., Mrs. W. W. Merkley, Mrs. H. P. DePencier, W. R. Owen, H. O. Lee, E. H. Peace, G. A. Cruickshank, J. P. Nightingale, G. W. Jamieson, W. A. Schwartz, W. T. Murphy, W. D. Muir, H. Williamson, S. McClay, J. P. Lawson, Oscar McCutcheon, C. Ternan, H. W. Howes, H. J. Foote, F. Trimble, Russell & McCuaig, G. G. Lyall, S. W. Keith, C. Peters.

Advertize

—IN—

"The Advocate"

I like to read advertisements. They are in themselves literature; and I can gauge the prosperity of the country by their very appearance."—William E. Gladstone.

Advocate $1 for 12 Months

Argyle House

The Big Bargain Dry Goods Store of B. C.

Our BARGAIN List

Manufacturers' Samples of Children's Silk, Lace, Lawn and Nainsook Pinafores. Manufacturers' Samples are better than regular stock, you buy them at a big discount and get a larger variety.

Children's Japanese Silk Pinafores, worth $1.00 for 60c each
" " " " " 1.25 " 95c "
" " " " " 1.50 " $1.00 "
" " " " " 1.75 " 1.25 "

Children's White Lawn and Nainsook Pinafores worth 25c for 15c each.
" " " " " " 30c " 20c "
" " " " " " 50c " 35c "
" " " " " " 60c " 45c "
" " " " " " 75c " 50c "
" " " " " " $1.00 " 75c "
" " " " " " 1.25 " 90c "

Children's Linen Coats, worth 80c for 60c each
" " " " $1 " 75c "

J. Horner,

139 Hastings street east.

Between Westminster and Columbia avenues. 'phone 877.

Have Fine Lots in South Vancouver also ACREAGE

2450 Westminster ave.

List Your Property

with Mrs. R. Whitney, 2450 Westminster avenue.

There is a great demand for vacant lots.

There is a great demand for houses to rent.

Residential property is also in great demand.

List your property now.

E. & J. HARDY & CO.

COMPANY, FINANCIAL, PRESS and ADVERTISERS' AGENTS.

30 Fleet St., London, E. C., England
Colonial Business a Specialty.

SUNDERED.

By Geraldine Meybrick.

They go from us, our well-beloved dead;
But, ev'n as sailors by the northern star,
We steer our course by lights that shine afar,
And trust to come at last, unhindered,
(When that our days of diligence be sped),
Unto the blessed regions where they are,
Into their gracious presence, with no bar
Between our souls and theirs, nor any dread

But ah, for those who, living, heap up scorn
Against us; make a barrier of wrong
Or dull indifference; who have uptorn
Affection by the root! Though we be strong,
Though we be faithful, we may not come nigh.
These are our lost ones, and not those who die!

—NOTICE—

Personal notices of visitors on Mt. Pleasant, or of Mt. Pleasant people who visit other cities, also all local social affairs are gladly received by "The Advocate."

:o:

THE ADVOCATE is the best advertising medium where it circulates. Tel. B1466

50 YEARS' EXPERIENCE

PATENTS

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DESIGNS
COPYRIGHTS &C.

Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is probably patentable. Communications strictly confidential. Handbook on Patents sent free. Oldest agency for securing patents.

Patents taken through Munn & Co. receive *special notice*, without charge, in the

Scientific American.

A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, $3 a year; four months, $1. Sold by all newsdealers.

MUNN & Co. 361 Broadway, **New York**
Branch Office, 625 F St., Washington, D. C.

CORRECT ENGLISH, HOW TO USE IT.

A Monthly Magazine devoted to the Use of English. Josephine Turck Baker, Editor.

$1 a year; 10c for Sample Copy. Agents Wanted. EVANSTON, Ill., U. S. A.

Partial Contents for this Month.—

Course in English for the Beginner course in English for the Advanced pupil. How to Increase One's Vocabulary. The Art of Conversation. Should and Would: how to use them. Pronunciation. Correct English in the Home. Correct English in the School. Business English for the Business Man Studies in English Literature.

BUSINESS NOTICE.

Local Advertising 10c a line each issue

Display Advertising $1.00 per inch per month.

Notices for Church and Society Entertainments, Lectures, etc., WHERE THE OBJECT IS TO RAISE MONEY will be charged for.

All Advertisements are run regularly and charged for until ordered they be discontinued.

Transient Advertizers must pay in advance.

Notices of Births, Marriages and Deaths published free of charge.

☞ Subscribers who fail to get "The Advocate" on Saturday morning please notify this office. Telephone B1466.

HEALTHFUL

Because of its Purity and Freedom From Coloring Matter.

"SALADA"

GREEN TEA

Lead Packets Only, 40c, 50c, and 60c Per Lb. At All Grocers

HIGHEST AWARD, ST. LOUIS, 1904

STAMMERERS

The ARNOTT METHOD is the only logical method for the cure of Stammering. It treats the CAUSE, not merely the HABIT, and insures natural speech. Pamphlet, particulars and references sent on request.

THE ARNOTT INSTITUTE, Berlin, Ont., Can.

Medicine Made for Mothers use

JOHNSON'S ANODYNE LINIMENT

For Internal and External use. Cures croup, colic, cramps, coughs, sore throat, burns, bruises, bites and any soreness. 25 and 50 cts. At all druggists.

I. S. JOHNSON & CO., Boston, Mass.

Warranted to Give Satisfaction.

Gombault's Caustic Balsam

Has Imitators But No Competitors.

A Safe, Speedy and Positive Cure for Curb, Splint, Sweeny, Capped Hock, Strained Tendons, Founder, Wind Puffs, and all lameness from Spavin, Ringbone and other bony tumors. Cures all skin diseases or Parasites. Thrush, Diphtheria. Removes all Bunches from Horses or Cattle.

As a Human Remedy for Rheumatism, Sprains, Sore Throat, etc., it is invaluable. Every bottle of Caustic Balsam sold is Warranted to give satisfaction. Price $1.50 per bottle. Sold by druggists, or sent by express, charges paid, with full directions for its use. Send for descriptive circulars, testimonials, etc. Address

The Lawrence-Williams Co., Toronto, Ont.

Nurses' and Mothers' Treasure

—safest regulator for baby. Prevents colic and vomiting—gives healthful rest—cures diarrhoea without the harmful effects of medicines containing opium or other injurious drugs. 42

Cures Diarrhoea

25c.—at drug-stores. National Drug & Chemical Co., Limited, Montreal.

No Infraction of Rules.

As an express train was going through a station one of the passengers leaned too far out of the window, overbalanced, and fell out. He fortunately landed on a sand heap, so that he did himself no great injury, but, with torn clothes and not a few bruises, said to a porter who was standing by:

"What shall I do?"

"You're all right, mister," said the porter. "You're ticket allows you to break your journey."—Tit-Bits.

HEALTHY BABIES.

Healthy babies are good babies—it is only the sick child that cries all the time. Mothers, if you want to see your little ones smiling and happy give them Baby's Own Tablets—there is a smile in every dose. The Tablets cure all the little ailments of childhood arising out of a disordered condition of the stomach or bowels. They are good for all babies and are sold under the guarantee of a government analyst to contain no opiates or harmful drugs. Mrs. F. D. Kirk, Dumfries, N. S., says: "I always use Baby's Own Tablets for the ailments of my little ones and find them a splendid medicine. A few doses always restores them to perfect health. I would not be without the Tablets in the house." The tablets are sold by druggists or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Mackenzie river is, with its tributaries, 2,500 miles long—equal to the distance from Liverpool to Halifax.

W. N. U. No. 628

COVERED WITH BOILS!

HOW BILEANS PURIFY THE BLOOD

Spring pimples, boils, skin rashes and eruptions are just now rampant. The most scientific corrective and blood purifier is Bileans, the herbal remedy. Mr. Thos. Hesselwood, an employee of the Consumers' Gas Co., Toronto, says: "Bileans are the best blood purifier and liver corrective I have ever met with. Pimples and boils broke out all over my neck. My blood seemed absolutely filled with impurities and poisons. My liver was disordered, too, and I was dull, weak and ailing. Bileans purified my blood and cured the boils and pimples; they also toned up my system—gave me vim and energy, and filled me with life and vigor!"

Reader, Bileans can do the same for you! All druggists and stores sell them at 50 cents a box, or from Bilean Co., Toronto, for price. 6 boxes for $2.50. Send one cent stamp for sample box.

Use for the "x"-ray.

Even such tricks as hiding jewels in hollow shoe-heels or swallowing diamonds cannot longer be depended upon to cheat the customs officials. In the French government tests of the "x"-ray detective of Alphonse le Roux, persons representing smuggling passengers have been examined without removal of clothing or any indignity except being detained a few moments before the apparatus, and so rapid is the process that 167 persons received attention in forty-five minutes. On these individuals were articles of many kinds, variously concealed. Watches were revealed in the hem of a woman's skirt, a tiny locket under a young man's tongue, watch chains and a bracelet in the coils of a woman's hair, card-cases in a man's shoes, and even buttons—proving the presence of gloves—under the clothing over a man's chest. Tried on postal packages, without breaking seals or untying strings, all kinds of articles were shown in the most innocent and unlikely places.—Philadelphia Ledger.

A Pill for Generous Eaters.—There are many persons of healthy appetite and poor digestion who, after a hearty meal, are subject to much suffering. The food of which they have partaken lies like lead in their stomachs. Headache, depression, a smothering feeling follow. One so afflicted is unfit for business or work of any kind. In this condition Parmelee's Vegetable Pills will bring relief. They will assist the assimilation of the ailment, and used according tc direction will restore healthy digestion.

A Marvelous Machine.

A machine which threads a thousand needles a minute is at work in a Swiss factory. The purpose of the machine is to thread needles that are placed afterwards in a loom for making lace. The device is almost entirely automatic. It takes the needle, carries it along, threads it, ties the knot, cuts the thread off a uniform length, then carries the needle across an open space, and places it in a rack. The work o. threading these needles was formerly done by hand.

Eighty Years Old—Catarrh Fifty Years

Dr. Agnew's Catarrhal Powder cures him. Want any stronger evidence of the power of this wonderful remedy over this universal disease? Want the truth of the case confirmed? Write George Lewis, Shamokin, Pa. He says: —"I look upon my cure as a miracle." It relieves in ten minutes.—89

Canada contains one-third of the area of the British empire.

Minard's Liniment Cures Colds, etc.

When Thomas A. Edison was living in Menlo Park a visitor from New York said to him one day:

"By the way, your front gate needs repairing. It was all I could do to get it open. You ought to have it trimmed, or greased, or something."

Mr. Edison laughed.

"Oh, no," he said. "Oh, no."

"Why not?" asked the visitor.

"Because," was the reply, "every one who comes through that gate pumps two buckets of water into the tank on the roof." — New Orleans Picayune.

"THE DESIGNER."

The early spring number of "The Designer" has a useful and interesting array of household matter and fiction. The first fifty pages are mainly devoted to the display and description of gowns designed for spring and summer wear, and to the illustration of the accessories that go with them. The end of the book is reserved for articles relating to household affairs, among which are the three sections of matter contributed by the readers of "The Designer" containing many practical bits of advice about children, homes and wage-earning. Simple entertainments, suitable for little home evening affairs, are always given in "The Designer," and in the March number some verse suitable for recitation is included. The Puzzle pages, the Fashion Notes for Men, the practical advice about how to make and keep oneself beautiful, the lectures by a florist on how to grow flowers—all regular departments of the magazine—are full of especial interest this month.

The Fiction is made a feature in the March number. A continued story by Miles Bradford, author of "Carlotta and I," is begun, entitled "Economy Farm." Also, Edith Parker Johnson, now a resident of Korea, has contributed an interesting article called "An American Garden in Korea." Besides these, there is a story by Edwin L. Sabin and a particularly graceful little poem of Minna Irving's.

Minard's Liniment Cures Diphtheria.

Vancouver to the Klondike.

Application will be made to the Dominion parliament to incorporate a company to build a line of railway from the northern boundary of British Columbia to Dawson City by way of the most feasible route. The applicants for Yukon River Valley road are Messrs. Henry Blitz and Louis Auerback, of Boston. The significance of this application will be realized when it is pointed out that at the last session these gentlemen secured a provincial charter for a railway line from Vancouver to the northern boundary of the province, known as the British Columbia, Northern and Alaska company.

Dear Mother

Your little ones are a constant care in Fall and Winter weather. They will catch cold. Do you know about Shiloh's Consumption Cure, the Lung Tonic, and what it has done for so many? It is said to be the only reliable remedy for all diseases of the air passages in children. It is absolutely harmless and pleasant to take. It is guaranteed to cure or your money is returned. The price is 25c. per bottle, and all dealers in medicine sell 314

SHILOH

This remedy should be in every household.

EXCITED NERVES, TWITCHING MUSCLES

System Exhausted by Worry and Loss of Sleep--Perfect Health the Result of Using

Dr. Chase's Nerve Food.

Such cures as this make it impossible to doubt the restorative influence of Dr. Chase's Nerve Food.

Mrs. E. J. Vanderburgh, of Eastern Welland avenue, St. Catharines, Ont., states: "For twenty-one years I was badly afflicted with heart trouble, nervousness and cramps in the limbs, also twitching of the muscles and nervous headaches. I became weak, debilitated and emaciated. My condition was distressing and I was made worse through worry and loss of sleep.

"I tried a hundred remedies in vain and reading about Dr. Chase's Nerve Food I decided to try it. After having used half a dozen boxes of this preparation my old trouble had entirely vanished and I was enjoying better health than I had since girlhood. I am now past middle life and am in perfect health. I would not take worlds today and go back to my former state."

There is more or less mystery and doubt as to the specific action of many drugs, but it is positively and definitely known that iron forms new red corpuscles in the blood, or, in other words, makes the blood rich and nourishing.

But iron alone cannot be taken into a delicate stomach. The great secret of the success of Dr. Chase's Nerve Food is in the way iron is combined with certain other restoratives so as to make a preparation that can be used with the greatest benefit by even the most weak and delicate person.

Dr. Chase's Nerve Food is also slightly laxative as well as tonic in influence, and while building up the system insures the regular and healthful action of the digestive, filtering and excretory systems.

If you would enrich the blood, strengthen the nerves and replace weakness and disease with health and vigor use Dr. Chase's Nerve Food; 50 cents a box, 6 boxes for $2.50, at all dealers, or Edmanson, Bates & Co., Toronto.

Otherwise Occupied.

"Why can't I get my number?" demanded the man.

"Line's busy," replied the telephone girl.

"I don't believe it."

"It's so, just the same. Some cowboys have borrowed it to hang a horse thief with."—Louisville Courier-Journal.

Use the safe, pleasant and effectual worm killer, Mother Graves' Worm Exterminator; nothing equals it. Procure a bottle and take it home.

Canada extends over 20 degrees of latitude—from Rome to the north pole.

A Sour Stomach and a Sour Temper travel hand-in-hand and are the precursors of mental and physical wreck. Nine hundred and ninety-nine times in a thousand food ferment (indigestion) is the cause. Dr. Von Stan's Pineapple Tablets keep the stomach sweet—aid digestion—keep the nerve centers well balanced — they're nature's panacea — pleasant and harmless. 35 cents.—88

Towne—That's the local weather forecaster who just passed us.

Browne—Indeed? He isn't a very healthy-looking man, is he?

Towne—No; he says the climate here doesn't agree with him.

Browne—Yes? I wonder if that's why he keeps changing it so much?

The distance from Halifax to Vancouver is greater than from London to Halifax.

Minard's Liniment Cures Garget in Cows.

Mrs. Harris (looking up from a letter—I'm so glad we sent Harry to a boarding school. I knew he would make his mark. He says he is already considered one of the best scholars.

Mr. Harris—Let me see that letter. Why that isn't "scholars," it's "scullers."—Chums.

EASTLAKE STEEL SHINGLES

WRITE FOR PRICES

METALLIC ROOFING CO. LIMITED. WINNIPEG

DEHORNING STOPS LOSS.

Cattle with horns are dangerous and a constant menace to persons and other cattle. Dehorn them quickly and with slight pain with a

KEYSTONE DEHORNER

All over in 3 minutes. Not a harsh method. Leaves a clear, clean cut. Cows give more milk; steers make better beef. Send for free booklet.

E. B. McKenna, Picton, Ontario, Can.

Get Your Roofs Shingled Right

It's Less Money And Less Work

Tools A-Plenty

You can put on a roof that will last a hundred years and be the right kind of a roof every minute. Or you can put on a ten-year roof that will probably leak after the first rain hits it, and keep leaking till it is rotted away.

Either roof will cost you about the same in money at the start.

But the "Oshawa"-shingled roof will be FIRE-PROOF—literally; and wind-proof—actually; and lightning-proof—positively. That's the hundred-year roof!

And that "Oshawa"-shingled roof will be weather-proof for a century. We'll GUARANTEE in every way for a quarter-century—from now till Nineteen-Thirty-Two.

Guaranteed in writing for 25 years—and you needn't ever paint it, even! That's saying something, isn't it?

What would your mill-man say if you asked him to guarantee cedar shingles for even ten years? He certainly would make remarks!

And even the best cedar-shingled roof will be leaking badly inside of ten years. Seven out of ten of them leak the first time it rains. No wood-shingled roof is fire-proof for a minute, and the first high wind that catches a loose shingle—whoosh! goes half your shingled roof over into the next township.

104

Yet cedar shingles cost you just about the price of these guaranteed "Oshawa" Shingles—28-guage toughened steel, double galvanized—good for a century, guaranteed in writing till 1932,—fire-and-wind-and-weather-proof and lightning-proof.

Four-dollars-and-a-half a square buys "Oshawa" Galvanized Steel Shingles—ten feet by ten feet. Compare that with the present price of cedar shingles—how does it strike you?

And you can put on these "Oshawa" Galvanized Steel Shingles yourself, easily,—with no tools but a claw-hammer and snips. Simplest thing you know—can't get 'em on wrong.

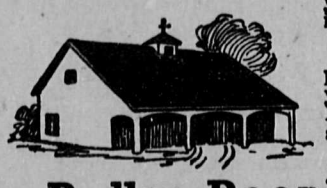
"Oshawa" Shingles lock on all four sides—whole roof is practically one sheet of double-galvanized steel, that never needs painting.

"Oshawa" Galvanized Steel Shingles are GUARANTEED in every way for Twenty-Five Years Ought to Last a Century

And GUARANTEED—don't overlook that. Guaranteed in writing, over the seal of a company with a quarter-million capital,—guaranteed in plain English, without any ifs or buts, for 25 long years.

That's the argument in a nutshell—cost the same as wood-shingles; fire-proof, water-proof, rust-proof, lightning-proof; easier to put on; and GUARANTEED. That's the "Oshawa" proposition!

Tell us the measurement of any roof, and we'll tell you exactly what it will cost to roof it with less work and for less money.



Plenty of facts that concern your pocket-book come to you as soon as you ask for our free book, "Roofing Right." A post card will do to ask on.

Why don't you ask now?

The Pedlar People Of Oshawa

MONTREAL 321-3 Craig St. W. | TORONTO 11 Colborne St. | OTTAWA 423 Sussex St. | LONDON 69 Dundas St. | WINNIPEG 76 Lombard St. | VANCOUVER 615 Pender St.

"PAGE FENCES WEAR BEST"

Made of High Carbon Wire,—we'll prove it to you. COILED—not crimped. This makes it still stronger in service. It stays taut. Painted WHITE over heavy galvanizing—rust proof. Experienced dealers to erect it. Leads all in sales —as in merit. Get illustrated booklet and 1907 prices before buying.

209

THE PAGE WIRE FENCE COMPANY, LIMITED, Walkerville, Toronto, Montreal, St. John, Winnipeg

NOVELTIES AT THE OPERA

PARIS, Jan., 1906.

WITH each passing week the opera becomes more brilliant. Saturday night the loges presented a scene rivaling "Salambo's" African splendor—celebrated in national opera. Gowns of soft, pale tints, as well as creamy white (the latter have only recently reappeared), were all brightened by some daring touch either in trimming or an accessory, head-dresses being the most noticeable. The exceptional few who were without a head ornamentation seemed to lack finish to their costumes.

Empire wreaths are seen in great numbers—the most persistent of Empire styles yet seen. One exquisite Parisienne wore a gold wreath and gold slippers with a white lace Empire gown. Aigrettes—worn by very young women—are wonderful bunches of heron or paradise feathers, fastened in place with a jewel and standing off to the side nine or ten inches. Louis Seize wreaths, poised coquettishly on the pompadour, make a pretty note of color—roses or violets sprinkled with sparkling gold dust.

There is usually an Empire scarf or feather boa matching the color of the flower chosen.

Over a gown of black chiffon a young matron had draped a black scarf, beaded in crystal. This she repeated in a narrow band of brilliants, diagonally crossing her waved pompadour. To be "a la mode" you must have some touch that lightens the costume, but take good care not to overdo it; that is where Parisienne taste gets in its subtle work. Imagine a velvet gown, richest sapphire blue in color, its round neck and elbow sleeves edged with creamy lace, and carried with it, unconsciously leading you into all the beautiful hidden lights of the shimmering velvet, a tiny peacock fan of iridescent sequins.

There is another new fan much in favor with girls who are not yet "out"—for the opera is their great privilege. Get somebody to paint you one of these fans, if you aren't equal to it yourself, for it has been discovered they all come from a certain place in the Boulevard des Capucines, where an amusing little madame explains, with excusable pride in her invention, that each is painted by hand so no two are exactly alike. They are done in bold black or white on a ground tinted to your own choosing, which, at the same time, cunningly blends with kitty's stylish bow. But the eyes! greenest green, impudent, droll, threatening, pleading—a peep into every sort of soul known to kittendom.

Such a fan is worth its weight in gold for breaking the ice of conversation—these meek little French demoiselles are wise in their generation. Though their plaited hair is tied on their necks with a quiet, brown velvet bow, let me tell you, messieurs, that soft frizzy pompadour is nothing more than an artistically ruffed up Marcel undulation. E. D.

SECRET OF WARM FEET

THE golden rule in cold weather is to keep the extremities warm, and the first and most important rule for carrying it out is never to be tightly shod. Boots or shoes that fit tightly prevent the free circulation of the blood by pressure; but when, on the contrary, they do not embrace the foot too firmly, the space left between the shoe and the stocking has a good supply of warm air. The second rule is never to sit in damp shoes. It is often supposed that unless shoes are positively wet it is unnecessary to change them while the feet are at rest. This is one of the greatest fallacies, for when the least dampness is absorbed into the sole in its evaporation it absorbs the heat from the foot, and thus perspiration is dangerously checked. This can be easily proved by trying the experiment of neglecting the rule. The feet will be found cold and damp after a few minutes, although, on taking off the shoe and examining it, it will appear to be quite dry.

SEIZING OPPORTUNITIES

I THINK it was some wise old chap in Elizabeth's time who said: "There is an hour in each man's life appointed to make his happiness, if then he seize it," but it is that seizing business that's the rub. If only opportunities came to us ready labeled, it would be dead easy to take advantage of them, but they don't.

Early training may have something to do with our blindness. We haven't learned to look out for the things that may come our way, and very few capabilities spring into life full-grown. Kindergarten babies of today are given building blocks and lumps of clay with which to make things—not necessarily special things, but something, and the principle is a good one.

Competition is a big incentive to work, and the human atom who sees his neighbor in the adjoining chair constructing a man-of-war out of some bits of three-cornered wood is apt to call upon his own imagination, and watch for a chance to build something more wonderful. He is seeing his opportunities, that baby.

There never was a successful invention patented that there did not come before the public, half a dozen claimants who had thought of the same thing, and who were just getting their plans into shape when the other fellow dumped the full-fledged scheme on the market. It is no doubt true that they did think of it, but if they couldn't see the opportunity to present it first, the other fellow is not to blame.

It's the same way with every sort of work. If we don't see our chances for writing a certain article, for doing a particular sketch, for designing a little accessory of dress, somebody else, who is a little more on the alert, will, and she'll get the credit for it, too.

Carrying Good Breeding Into Business

"I WONDER why it is," said the woman who thinks about things, pensively, "that so few people think it worth while to carry good breeding into their business relations? I know plenty of women who pride themselves on always doing and saying the correct thing in their own or other people's houses who make you think of Fiji Islanders off on a vacation when they are let loose in an office or store."

"They haven't time to be polite," said the woman who works for a living, tersely. "It takes longer to get into your clothes when you wear frills than it does when your wardrobe consists of the Scriptural sackcloth, and, naturally, it takes longer to put trimmings on your manners." The woman who thinks about things shook her head.

"Some women put more energy and time into one nasty speech than they would need for a whole manual of politeness," she answered, "so it isn't necessarily because they are hurried. Besides, I am not confining my observation to women who are hustling around getting their bread and butter, though, heaven knows, there is room enough for improvement with them, too! Did you never notice the woman of leisure when she goes shopping or has business dealings with any one—especially a fellow-woman? You'd think she couldn't carry her politeness and her pocketbook around at the same time!"

"Some women do act as if they had to get every 'please' and 'thank you' through the custom house, they're so sparing of them," admitted the woman who works for a living, thoughtfully; "but, all the same, I stick to my old opinion, that hurry is at the root of most rudeness. If you are busy, and in a rush, you are naturally much more absorbed in your work than in other people's feelings, and, if one or the other has to be given the go-by, it is apt to be in the feelings. The same rule works with the woman of leisure. She goes on a shopping expedition, fired with the determination to buy everything on a half-yard list within four hours; and—sad as it is, I must confess the truth—experience teaches that other people are more apt to uphold their end of the line, if they know their failure means your turning nasty." The other woman still looked unconvinced.

"That's no reason for being disagreeable in advance," she said, "and I don't like the principle. It seems to me, if every woman would just start out with the idea that she was going to be considerate and well bred in her business dealings, we might—"

"Suppose you lead off," interrupted the woman who works for her living, with a twinkle in her eye. "The cause seems to be a good one, but"—she opened her desk energetically—"I am afraid you will find the way of the reformer, like that of the transgressor, pretty hard."

RAINY-DAY CLOSET

RAINY days often mean trouble in the household where there are plenty of children, and some one has suggested that the mother of such a brood would do well to provide herself with a rainy-day closet.

To it will find their way special playthings, reserved for state occasions; pictures, scrap books, paste pots, scissors, old magazines and paint boxes. Anything, in fact, that can provide indoor amusement. When the rainy day comes round the closet may be opened and a distribution of its blessings made.

Children delight in novelty, and the very fact that there is a special treat reserved for the days when the sun doesn't shine will go a long way toward alleviating any disappointment over the putting off of out-of-door games and pleasures.

HEALTH THROUGH HYGIENE

REDUCING FLESH

By Dr. Emma E. Walker

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LIGHT, moderate exercise for a short period will have very little effect in reducing flesh. If you have allowed yourself to become awkward and heavy, it will take very serious attention on your part to reduce this superfluous fat. It is only through vigorous exercise and profuse perspiration that this can be accomplished.

An actress famous for her beauty, and now approaching middle life, has solved this important problem by swathing in flannel the overdeveloped parts and throughout an hour's vigorous exercise, drinking freely of hot water. These are legitimate aids in reducing flesh.

Choose a few exercises and practice them faithfully, constantly increasing the number of repetitions and you will be rewarded by a return of symmetry and elegance of figure.

To make the waist small and flexible try this exercise of body raising. Stretch out on top of a table face down. With the feet held, or caught at one end of the table, bend the body at the hips over the opposite end of the table. Now, with feet firmly held, hands at back of the neck, elbows well back and head up, chin in, bring the torso to a horizontal position; bend downward toward the floor, then backward to horizontal position again; repeat three times. Do not practice this exercise if you find it strains the muscles of the back, as serious results may ensue without proper precautions. Always have an attendant when this exercise is taken. Do not take it alone.

The waist will be much smaller when the trunk is uplifted and the internal organs held high, in proper position, than it is when they are allowed to sag. The wearing of corsets is not the way to reduce the waist naturally.

Following a simple exercise will accomplish this within hygienic limits. Take standing position, slightly advancing the right foot; sway the body well forward, throwing the weight onto the forward foot; raise the arms upward, hold well back, at the same time inhaling the breath gently and slowly, until, by the time the arms are fully extended upward, the lungs will be fully inflated. Hold this position for a moment, then exhale the breath quietly, allowing the arms to descend to their normal position, at the same time relaxing the muscles.

To reduce the double chin.—The various neck exercises are a wonderful help in reducing a double chin. Stretch the head first to one side as far as possible, and then to the other. Extend it backward as far as possible—first directly back—and then twisting the head at various angles. All of these movements put the flabby muscles of this part on the stretch and help to tone them up.

In order to reduce a fat, ugly back, practice with a broomstick, using it as a wand. Keep it always behind the back; raise and lower it, jump with it in your hands, twist and turn and swing it, always working with it behind you.

FORTUNE-TELLING BY CARDS

FORTUNE-TELLING, in one form or another, will probably never lose its popularity as a means of entertaining people. Most of us are egotists enough to enjoy peeps into the future, even if we've no faith in it.

To the would-be amateur fortune-teller a word of caution should be given: don't tell bad news, even if the cards reveal it, to any one, no matter how impressive it makes the fortune; and be particularly careful what you tell those credulous mortals who are to be found in every group. If you do tell bad luck, tell it in conjunction with something good, so that its force is broken. Otherwise, some one is certain to worry over it, ridiculous as taking such things seriously seems to those of us whose nerves are not easily upset.

Ask the person whose fortune you are to tell to make a wish, while you shuffle and reshuffle the cards. Then lay them, face down, upon the table and ask her to cut them in three piles. Look at the cards in each pile separately. If, in the one in which the nine of hearts is found, there are two aces, the cards foretell the getting of her wish.

Discard the spot cards below the sevens, and take out a queen (or king) to represent your "client." For a dark woman the right queen is that of spades; dark hair and blue eyes take a heart, chestnut hair and brown eyes a club, and a fair woman a diamond.

Lay the face card down on the table and lay out four at a time of the pack left after discarding, placing one on the left of the face card, one on the right, one above and one below. The cards the card faces (the queen's head is always turned to one side) tell what is to be; those behind her, what has passed; those over the card, what is, or will be, in her mind, and those below her, what she triumphs over.

The significance of the cards, according to an old colored "mammy" whose readings were a never-failing source of delight to "young white folks," and a creator of awe among her own people, are as follows:

Spades: ace—love, or, coming upside down, sickness; ten—something immediate, or a disappointment (the "or," of course, depending upon the other cards which appear with it); nine—despair, or a quarrel; eight—in the far future; seven—vexation, annoyance.

Clubs: ace—a letter, some testimonial of distinction and honor; ten—a journey; nine—a proposal, a present; eight—prosperity and success in business; seven—inheritance, gain, profit.

Hearts: ace—your home; ten—a wedding; nine—betrothal, the "wish" card as well; eight—great surprise; seven—falling in love, a love affair.

Diamonds: ace—great prosperity, news; ten—immediate pleasure, meeting a long-absent friend; nine—sickness or money; eight—pleasant information; seven—flattery.

The face cards mean people, light or dark, according to the rules given for determining the individual's card; and the kings mean older men than do jacks.

Read according to the groups rather than from each card, letting the meanings of the cards "give and take" from each other.

Three cards of one kind coming together signify: 3 aces—a great surprise; 3 tens—finding a new friend; 3 nines—a removal; 3 eights—something unexpected; 3 sevens—a loss; 3 jacks—deceit and treachery; 3 queens—a quarrel; 3 kings—a warning. The cards following tell the nature of the meaning.

A little practice—and a good deal of imagination!—will result in your learning to tell a very interesting fortune in a little while; and then—prepare to be in demand!

THE HOUSEMOTHERS' EXCHANGE

A WESTERN member contributes a list of household helps that remind us pleasantly of the valuable "briefs" for which we are indebted to our brotherly "Private Secretary." If I had ten times the space which is now adjudged to be our lawful proportion, I should gladly bring into the light sundry excellent communications that lie in my Exchange drawer. Necessity knows no choice, and one long letter would swallow up our tiny corner.

Dear and worthy friends and willing workers! I may not plagiarize Sydney Smith's advice to the young author who submitted a manuscript to the great wit for his "candid criticism."

"Before I read it let me advise you to revise it and strike out every other word," said the elder writer. "You will be astonished at finding how much it will strengthen your style!"

I do plead for short, pithy letters. They will be read by more people and with more attention than longer papers, and room can be made for them where I should like to have our practical women and would-be learners represented. Say what you have to say, and then stop!

Have I ever told in this Corner our family anecdote of the guinea pig? One of our small boys was told to "pick up a guinea pig by the tail and see his eyes drop out." The 4-year-old thus described the failure of the experiment:

"I couldn't take him up by the tail, for he hadn't any! It wasn't cut off or broken off, either. The guinea pig just stopped there!"

Take the story to hearts, dearly beloved. Do not withhold our rightful tale of helpful letters. Help us, and let us help you. But when the story is done, stop there!

Small Things That Help in the Kitchen

1. Set a dish of cold water in the oven to keep the bread from burning while baking.
2. Lemons will keep fresh if put into an uncovered jar of cold water. Change the water every two or three days.
3. Salt will remove stains from oilcloth table cover. Rub hard with a flannel, dampened, not wet, with water.
4. Baking soda, rubbed hard on tinware with a piece of damp paper, will clean and polish it.
5. Cut off the top of an old soft shoe and sew the leather between two thicknesses of cloth, and you can iron without burning your hand.
6. If the lamp wick will not turn up easily and evenly, pull out three or four threads lengthwise in different parts of the wick. Try it in your oil stove.
7. Keep a large, sound apple, that is not too fragrant, in your cake-box to keep the cake moist.
8. To drive away ants, mix salt, pepper, borax and sugar together and scatter on the pantry shelves.
9. Here is a new way to manage a pot roast: Put the meat into a large granite pan or pail that has a top. Season to taste, pour in a cupful of hot water, fit the top on tightly and set the pail in the oven. Cook slowly for three hours for beef, two for lamb or young mutton, not removing the cover until the meat is done. Then take up the meat and keep hot while you make gravy of the liquid left in the pan.
10. I have been much interested in the Exchange. This is my first visit. If any member has an old bureau or bookcase in attic or woodshed for which she has no use, your humble servant would be thankful to get it. Yours for help,

HOUSEKEEPER.

Will you add to the other "helps" you offer your address in full? I hope to have occasion to make further use of it, and that we have now is incomplete.

Fruit Punch and Salad

You flatter me by asking for the formulas for fruit punch and fruit salad you had when you lunched at my house last summer. It gives me pleasure to inclose recipes. You may rely upon them as exact. They have been often tried in my family.

C. C. (Elizabeth, N. J.).

Fruit Punch.

Add to the juice of one can of pineapple that of six lemons and three oranges, one can of rich preserved strawberries and one of the same quality of preserved cherries.

Sweeten to taste and let all stand for two or three hours. Add, then, a quart and a cupful of iced water and a large cupful of chopped ice. If you wish, you may also add a pint of claret.

Fruit Salad.

Put into "individual" cups three strawberries to each, canned or fresh; some grated pineapple, a teaspoonful of orange pulp and the same of grapefruit; a very little syrup from preserved ginger; a teaspoonful of lemon juice, one of raspberry juice, a little sugar and fill up the cup with maraschino cherries. Set in ice until very cold. Eat from the cups.

I can testify the punch was as nectar and the salad was as ambrosia to my thirsty self on the June day of the memorable luncheon that introduced a dozen of us women to the delicacies aforesaid.

From a Young Housewife

Apropos of the fruit salad, we have a request from a young housewife in Memphis, Tenn.:

I am ashamed to tell you how little I know of real housekeeping, but proud to repeat that my John told my mother-in-law last night that I bid fair to be as good a cook as herself in time. I do mean to do my very best to justify his praise of one who married within a year after she left school. And, as "Rosa" says to "Martha" in her distractions, "When do girls get time to learn anything of the most important of a woman's professions?"

I, for one, am determined to study hard until I "get there."

Now for my petition: John was at a "stag supper" the other night, and there was a fruit salad that just captivated his gastronomic heart. He says it "looked like grapefruit on the outside and tasted like everything good inside." He is sure he "detected celery and banana, and there was mayonnaise dressing." Can you put me in the way of getting the recipe from this most masculine analysis? I am, or I was, a country girl, and rather "new" to modern fancy dishes. But I should dearly love to surprise my dear boy with that particular salad some Sunday night.

We keep but one maid, and I get supper every other Sunday. I must tell you that I can make beautiful mayonnaise dressing. The rest of the salad is what bothers me. Do you suppose he really "detected" what he thinks he did?

R. S. H. (Memphis, Tenn.).

I am sure that he did detect the ingredients he named. As positive, also, that the captivating mixture was served in the skins of grapefruit. Try this recipe when your next Sunday evening "at home" comes around:

Cut the inner and crispest stalks of celery into half-inch lengths. Skin a banana and cut it into neat cubes. Do the same with a tender tart apple. (A "snow apple" would be good for this purpose.) Have ready a couple of halved grapefruit, from which you have removed all the pulp so carefully that you have not torn the skin of either half. Cut the pulp taken from one of the halves into small pieces in size corresponding to the apple and banana dice. Put all these into a chilled bowl and set in the ice or in a very cold place for half an hour. You do not need to be reminded that the mayonnaise should be made first of all, and left out in the cold while you are preparing the rest of the ingredients? The emptied halves of the grapefruit should lie in ice (cracked) until you are ready to make ready for serving. Then empty, wipe and fill them with the fruit mixture as soon as you have poured the mayonnaise into the bowl and tossed the contents up lightly with a silver fork to insure thorough incorporation of fruit and dressing. Put a half teaspoonful of the mayonnaise on the top of each portion of fruit and serve the filled skins upon small plates.

Let me know if this is what won John's heart, and how he receives the Sunday night surprise.

Suggestions for Churning

May a practical butter maker suggest to "Mrs. A. H." that a small barrel churn is preferable to the old-fashioned "dasher" churn? In using the more modern vessel, as soon as the granules of butter appear on the surface of the milk, pour in a dipperful of cold water, and, when the clots are all formed and collected on the liquid, drain off the buttermilk through the hole provided for the purpose. Stop this with a cork, and pour in a bucket of cold water in summer, warmer in winter—say from 56 to 60 degrees. Fit on the lid and turn the churn several times. Drain away the water and salt while the butter is still in the churn. Stir with a round stick, used for this purpose alone. A butter paddle will do. Wait fifteen minutes, then, with the lid still fastened down, turn as in churning, and the butter will be thoroughly worked and the salt evenly distributed. It may now be moulded into pats or packed in boxes that come for the purpose, holding from one to five pounds.

This is a much easier and quicker way than the old method of lifting the butter out into a bowl, working, setting away and working again.

And if "Mrs. A. H." wants to make money with her butter, she can get two cows, and, with a cream separator, she would find the work would be done most expeditiously with the barrel churn, and, as I have indicated, with more satisfactory results. Mrs. F. E. G. (McNabb, Ill.).

How to Hull Corn

I get so much good out of the Exchange that I should like to help a wee bit. So I venture to answer "I. L. W.," who asks for a recipe for hulling corn.

Soak the corn over night in warm water—almost hot. In the morning drain off the water; put the soaked corn into a kettle; cover deep with hot water, adding to each quart of corn two tablespoonfuls of baking soda. Cook gently until the hulls will slip off when the grains are rubbed in the hand. Pour off the soda water; cover the corn with pure cold water and rub off the hulls, changing the water several times as it becomes clouded by the hulls. When the corn is cleaned, return to the kettle, pour in plenty of cold water, and bring again to the boil. This done, drain once more, cover with cold water, salt to taste, and cook tender. It is now ready to eat.

Our grandmothers used lye to loosen the hulls, but the soda will do the work as well.

I have tried to make this as short and as plain as possible.

MRS. E. E. C. (Union, Ill.).

You are to be congratulated on your success. We thank you.

A Wish Gratified

I saw in your Corner that "I. L. W., of Buffalo, N. Y.," wants a recipe for hulled corn.

I have made it every year for ten years according to an easy and simple formula. I have had so much help from The Exchange in the past that I should like to return a little of it.

First, let me thank you for sending my name to two dear ladies—one in Trenton, N. J., one in Philadelphia. The books they have given me were so much nicer than we had expected that we are overjoyed. And they have written such friendly letters that I almost feel as if they were personal friends instead of utter strangers.

I suppose, if we only knew it, that there are lots of good things we all could do for others, poor though we may be.

Hulled Corn for "I. L. W."

Soak half a peck of corn over night in lukewarm water. On the morrow put it into a large pot; cover deep with cold water; add three heaping teaspoonfuls of saleratus, or of baking soda, and boil gently until the hulls will rub off easily in the hands. Drain, and wash the corn until the water runs clear. Cover again with cold water and boil for half an hour. Wash once more. Proceed in this way until the corn is tender, and the last water in which it is boiled is not at all discolored. At first it will be very red, but each washing will make it lighter. It will take several hours to make it ready, but it requires no care while in cooking. I keep the corn in an open crock covered with water until it is used up.

I fry it in bacon fat for the table. It seems like a tedious operation, but it is good enough to repay one for the trouble of preparing it.

A. F. D. (Spencerport, N. Y.).

You are right! There are many, many good things we can do to make life brighter and easier for others, if we only keep our eyes and hearts open. You have done one kind thing in taking a busy woman's time to write out the recipe another woman wants.

A Bit of Information

Here is a bit of information that has fluttered down upon my desk like a leaf of wholesome pot-herbage:

Perhaps you know already that gasoline is very good for cleaning bathtubs, sinks, etc.? I find it far better than kerosene. Gasoline evaporates and leaves no unpleasant odor. M. B. (Chicago).

In using it you cannot be too careful not to have so much as a spark of fire in the room, or artificial light of any kind. It is not a week since a worthy housemother poured two gallons of gasoline into the stationary tubs in her laundry, trusting to the assurance of the man who sold it to her that it would not ignite unless brought into direct contact with flame. There was a low fire in the range within six feet of her, and the range was red from the hotter fire of ironing day. The day was stormy, and kitchen doors and windows were closed. The gas thrown off by the gasoline in the process of cleaning a gown filled the room, and an explosion followed. The credulous worker will carry all her life the scars left by the luckless experiment.

Real Plum Pudding

I inclose recipe for a real English plum pudding. The last Christmas was the third we have spent in America, and our fourth since we were married. My brother came a long way to pass the holidays with us, and we had a good time cooking all manner of home dishes.

Grandmother's Plum Pudding.

(English).

(N. B.—This pudding will keep for a year if tied up in a cloth and hung in a dry pantry.)

One pound of raisins and the same of currants; two pounds of fine breadcrumbs; one-quarter of a pound of mixed orange and lemon peel; half a pound of beef suet; half a pint of rum or brandy, one large carrot, eight fresh eggs; one ounce of bitter almonds; one grated nutmeg; one-quarter teaspoonful of salt; one pound of sugar; one teaspoonful of baking powder.

Chop the suet fine, adding a little flour as you crumble it. The breadcrumbs must be fine and dry. Peel and scrape the carrot. Blanch the almonds in boiling water, skin, and let them get cold and brittle before chopping them fine. Shred the orange and lemon peel very small with a pair of sharp scissors. Beat yolks and whites separately, and dredge the fruit thickly with flour. Add a little milk to soak the crumbs, or the pudding will be too dry.

The brandy goes in last. Butter the pudding bag on the inside; pour in the prepared batter, leaving room to swell; put into a pot of boiling water and keep up the boil for eight hours, replenishing the water from the boiling kettle when it sinks away so low that the pudding is exposed. It must be well covered all the time.

The carrot and crumbs keep the pudding light.

Sauce for the Plum Pudding.

Beat a quarter of a pound of butter to a cream, adding, drop by drop, a glass of sherry and half as much brandy. Then stir in a tablespoonful of sugar.

When done, the sauce should look like rich cream.

Yet another "tip" before I wind up my letter. When sending magazines by express, cut out all the advertisements, and save about six pounds on twelve books. I am sending another batch to New York to names given through The Exchange.

I thank you for the hint about washing. I tried it, and it was successful. I do it in half the time I used to take. I washed my curtains according to The Exchange rules, and they are beautifully white.

M. C. (Chicago).

Another Pudding Recipe

From a second English woman we have still another recipe for the far-famed plum pudding. I give both formulas, and a jury of housemothers may decide upon their respective merits. I do not presume to offer an opinion. In competition there is life.

As an English woman, I do not like to see our national dish—English plum pudding—misrepresented. It always seems to hurt my feelings.

We English never use butter in plum pudding. I give below a recipe for the real sort. Try it and see how rich it is.

"The Real Sort."

A good pound of beef suet, chopped fine; 1 pound of seeded raisins, 1 of currants, 1 of Sultana raisins, 1¼ of best brown sugar, a good ¾ of a pound of flour, a good ½ pound of stale bread crumbs, part of a nutmeg, 1 tablespoonful of powdered allspice, 10 cents' worth of blanched almonds, chopped very fine; ½ pound of mixed citron and lemon peel (more of citron than lemon), cut up very fine. I put ten eggs in mine, but six will do. Whip them thoroughly, and then drop gradually ¼ pint of brandy into the eggs. Mix thoroughly; tie up in a cloth, taut (I use ¾ of a yard). Plunge into boiling water and keep well under the surface. Boil ten hours; six hours when you make it four more when you are going to serve it—say at Christmas. It will keep a year if hung up in a cloth.

Brandy Sauce for the "Real Sort."

One pint of milk sweetened to taste, brought to a boil and thickened with the yolk of one egg and two teaspoonfuls of cornstarch, with a liberal dash of brandy. Stir the brandy into the boiling milk and keep stirring fast for three minutes.

ENGLISH HOUSEWIFE.

A Man Favored

"A man and a brother" sends in a request which is not germane to the usual tenor of our exchange, but in courtesy we admit it.

Kindly tell me where I may find these verses, by an anonymous writer, I think. The first lines are as follows:

It is dull and dark and gloomy,
With the windows facing north;
This, the old Colonial mansion,
From the ivy peering forth.

M. R. H.

—May 4, 1907—

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Cash $1.000. Will exchange for city property.

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One 42-ft corner lot on Westminster avenue; $8 00, cash $505.

Double corner on Tenth avenue; price $1.950, easy terms.

Two choice lots on Ninth avenue; price on terms $1.600, cash $1.000, balance 6 and 12 months; price all cash $1.525. These are very desirable lots.

$4.500, ½ cash—will buy **44-ft. front on Westminster ave.** Good business property.

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Young Peoples Societies.

SUNDAY.

Loyal Workers of Christian Endeavor meet at 15 minutes to 7, every Sunday evening in Advent Christian Church, Seventh avenue, near Westm'r ave.

MONDAY.

Epworth League of Mt. Pleasant Methodist Church meets at 8 p. m.

B. Y. P. U., meets in Mt. Pleasr Baptist Church at 8 p. m.

TUESDAY.

The Y. P. S. C. E., meets at 8 p. m in Mt. Pleasasant Presbyterian Church

Mt. Pleasant Mail, (Postoffice.)

The letters are collected from the Mt. Pleasant Postoffice at the following hours:

7:30, 9, 10:30 a. m.,
13:30, 15:15, 16:45 o'clock.

All classes of mail leaves at 10 a. m., and 8 & 10:30 p m.

Mail arrives at 9:30 and 3:15 p. m.

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LOCAL ITEMS.

BOY WANTED at the M. A. W. Drug Store

:o:

Mr. Cecil A. Hale of Calgary, is visiting friends on Mt. Pleasant.

:o:

Mr. W. G. Davidson will leave Sunday for a business trip to Portland.

:o:

Mrs. (Dr.) Brett Anderson and Mrs (Dr.) H. D. Burritt left Wednesday for a week's visit to Seattle.

:o:

Mr John Ford of Manitoba, has bought a home on Seventh avenue, and will reside on Mt. Pleasant.

:o:

Mr. N. A. Webb from Dauphin, Man., brother-in-law of Mr. W. R. Owen arrived in the city on Saturday and will locate on Mt. Pleasant.

:o:

"The Bulkley Pioneer" is a new weekly paper which is devoted to exploiting the resources and every advantage of the Bulkley Valley country. It is ably edited and contains interesting instructive articles and news items of that Northern country.

:o:

Work on the Robson Memorial Church at Epworth is progressing rapidly and it is expected the corner-stone will be laid on Saturday, May 11th. When completed the church will hold 200 people. It is situated at the corner of the Flett and Flemming roads, one block south of Clark's Park, and one block west of Cedar Cottage station.

:o:

The Concert given by Miss Mignon Duke at Knox Church on Thussday night, will no doubt remain a prominent feature of the present musical season. This talented young lady never sang better, and her different numbers brought forth storms of applause. The best numbers were "To-night," by Zardo, and "Kathleen Mavorneen." Miss Duke was capably assisted by Miss Fowler of St. John, N. B., and Mr. L. H. J. Minchin.

:o:

The Epworth League of Mount Pleasant Methodist Church has elected the following officers for the ensuing year: President, H. H. Armstrong; 1st Vice, Mr. Copeland; 2nd Vice, Miss M. C. McCaine; 3rd Vice, Miss Alberta Dickey; 4th Vice, Mr. Proud; Secretary, Miss L. Copeland; Treasurer, Miss H. Burritt; Organist, Miss Edna Kinch.

:o:

Prof. G. P. Hicks. Musical Instructor in the Public Schools, gave the pupils of the Fourth and Fifth Readers a fine Recital on Thursday afternoon at the High School, among those taking part were Miss Ella Walker, Miss Leulla Webber and Miss Ritchie. The object of the Recitals is to cultivate a taste for the better class of music among the school children. "Music ennobles those who study it, as well as those who hear."

:o:

Mr. R. Meek of South Vancouver, who has lived in Vancouver over twenty years, has, as many know, suffered for about 12 years with Salt Rheum in his legs. He has spent hundreds of dollars on medicines and doctors, has made two trips to California, to the Hot Springs and has never been benefitted, he is now under the Electric Rays treatment, given by Capt. H. B. Walton, 531 Ninth avenue west, and has received more benefit in six treatments than in 12 years with medicine.

:o:

—NOTICE.—

"The Advocate" wishes any carelessness in delivery reported to the Office, telephone B1695.

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