Flounder.

Aquatic insects, worms, and small fish are the ordinary food of flounder, although it is not a choice feeder, and such dead animal matter as it finds disseminated among the mud is readily converted to its use. It is probably in part owing to this cause that the flesh is inferior to that of most of the other flat fish.

The flounder seems to live indifferently in salt, brackish, or fresh water, and appears to thrive equally well in all.