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PIONEER DRY GOODS STORE.
Same prices, and in some cases cheaper than city.

The Express

H. A. SHAW
Real Estate and Insurance
You will find it greatly to your advantage to see me before closing any deal.
LONSDALE AVE. N. VANCOUVER

JUL 5 1906
VICTORIA, B. C.

VOLUME II. NORTH VANCOUVER, B. C., FRIDAY, JUNE 29, 1906. NUMBER 19.

THE DOMINION DAY CELEBRATION

Canada's Natal Day Will Be Duly Celebrated with Vigor and Vim on Monday, July 2nd, in North Vancouver.

On the shores of the great Pacific ocean, Canada's natal day will be celebrated in the embyro ambitious city of North Vancouver in such a way as will do proud to an empire whose power and might and majesty are the wonders of storied centuries. Children of this great dominion, we glory in the tradition and history of that proud guard of human progress, we send a message of love across a broad continent and wide sea to the old folks at home, with the assurance that we glory in the prowess and courage and proudly boast ourselves, daughters in our mother's house, if mistress in our own.

It is fitting then, that the vast industrial progress made, the civilization that characterizes British institutions, the ever increasing movement towards philanthropic effort and religious upbuilding, that we on this fringe of the continent duly celebrate the birth of a dominion long out of its swaddling clothes and just entering upon a magnificent destiny. Proud as we are of the old land, prouder still are we that under Canadian skies it was fated that life for us should have its beginning, and he were an ingrate and unworthy of his birthright, who did not glory in the magnificent progress which his native land is making under the wise counsel and capable administration of his majesty's councillors.

On this occassion, as ever, the oceans join hands and sing the sweet song of freedom, justice and liberty. North Vancouver joins in the glad procession, welcomes the stranger within its gates, and ensures a delightful holiday to all those who participate with us in what cannot help being a joyous occasion. Our gates are open, the latch-string only needs to be touched, and there will follow one of the most memorable days of fun and frolic that will resound to the credit of this new city and give joy to those privileged to share in the festivities.

The tastes of everyone have been catered for. North Vancouver will put its best foot foremost and promises to do that. A brilliant success is herewith assured.

It's up to the weather.

Prepare for Dominion day.

Everybody should decorate.

Who said it would rain on the First?

The Vancouver councill is coming. Welcome.

Buy an official celebration badge on the First of July.

Don't let anything come between you and a good time.

North Vancouver's first annual Dominion day celebration.

Make the Dominion day celebration outshine all others.

Five first-class brass bands will dispense music on the coming gala day.

Have a good time on the First and help everyone else to do the same.

"Eat, Drink and Be Merry On the First for the Next Day You May Die."

The same hose reel that the Vancouver team won all its contests with some years ago will be used on Monday on First street The teams competing are: Cedar Cove, Steveston, Indian Mission, Vancouver old-timers and North Vancouver.

Several bets are already up on the horse races.

A large number will take in the dance in the Pavilion in the evening.

The ferries will ply between here and the city every fifteen minutes on Monday.

The music committee saw to it that there would be plenty of bands on hand.

All that now remains is for the sub-committees to carry out the details to ensure success.

The sports committee have determined that only three minutes will elapse between events.

Get Cudney & May, the local sign artists, to paint you an artistic sign for the First of July.

The decoration committee will dress the town second to none in its holiday attire for Dominion day.

Great interest is being manifested in the motor boat race which takes place on the First of July.

"The Sorrows of Satan" won't be in it compared with the celebration committee's sorrow if it rains on the First.

A young lady, not many blocks away from this office, will be one of the contestants in the ladies' rowing race of a mile.

The K. of P. excursion, from Bellingham, per steamer City of Whatcom, will arrive here at noon. About 800 are expected.

Vancouver City held an official Dominion day celebration annually for 20 years. North Vancouver should hold it the same number of years.

The committee is especially pleased with the programme it will be enabled to run off for the amusement and benefit of our guests, our visitors and our citizens.

The local hose team is very speedy. At practice the other evening, Chief Dick tried to lead the pace on a bicycle, but was distanced. By Monday the team will fairly fly.

The whole aim and motto of the committee has been: "The best celebration yet held in B. C.; the entertainment, sports and attractions, and the most successful Dominion day to date."

The celebration committee are doing great work, among the faithful is to be found the Barber, Bert Campbell. Common usage the past week back has established a custom of when you want a shave first go and find the barber. He will doubtless be found in the back room of P. Burns & Company's butcher shop, with an air of profound wisdom, contemplating a formidable array of figures and other data, bearing on programmes and sports. By making a mental note of this you will probably save yourself time, should you wish a shave before Dominion day.

Following are the committee who arranged for the first annual Dominion day celebration at North Vancouver:

General committee—R. Chance, Geo. Bartley, A. R. Steacy, C. MacKenzie, J. G. Phillippo, J. A. McMillan, Birt Campbell, J. C. Williams, Dr. Dyer, H. R. Heffell, J. E. Jorgenson, Chief Joe Capilano, C. Mee, H. M. Ransay, J. A. Fullerton.

J. G. Phillippo, chairman; Geo. Bartley, secretary; H. R. Heffell, treasurer.

The following sub-committees were struck:

Reception—Reeve and council, J. C. Keith, A. St. G. Hamersley and Alex. Smith.

Finance committee—R. Steacy, A. Gibson, J. A. McMillan, C. McKenzie, J. C. Keith, A. E. Kealy, W. J. Irwin, W. Morden, P. Larson.

Music and dancing—B. Campbell, R. Chance and Dan Martin.

Transportation—J. G. Phillippo, Geo Bartley, A. St. G. Hamersley, A. R. Steacy and H. R. Heffell.

Decoration—W. J. Irwin, P. Larson, J. J. Woods and Alex Gibson.

Field sports—C. McKenzie, Dr. Dyer, B. Campbell, G. H. Dick, Alex. Gibson, R. Chance and G. R. Rothwell.

Aquatic sports—Roy Wheeler, C. E. Durston, Dr. Dyer, Captain Gosse, Dan Martin, J. J. Woods, J. N. J. Brown, G. E. Jorgenson.

Printing—Geo. Bartley and J. G. Phillippo.

THE PROGRAMME.

10 A.M. AQUATIC SPORTS

1. Open Amature Lapstreak Outrigger Skiff; 2 Miles with Turn.
2. Tub Race. 50 Yards
3. Ladies Single Skull with Coxswain; 1 Mile with Turn.
4. Four Oared Gig; 1 Mile.
5. Greasy Pole.
6. Double Skull Lapstreak Outrigger; 2 Miles with Turn.
7. Boys' Double Skull Lapstreak Outrigge, under 16 years; 1 Mile with Turn.
8. Ladies' Double Skull Row Boats with Coxswain; 1 Mile with Turn.
9. Double Canoe Race; 1 Mile with Turn.
10. Four Oared Lapstreak Freshmen's Crew; Two Miles with Turn.
11. Amateur Single Skull for Residents of North Vancouver, Special Prize presented by Mr. J. N. J. Brown.
12. Motor Boat Race.
13. Indian Canoe Race, 11 Paddles.
14. Indain Log Rolling Contest.
15. Indain Boys' Canoe Race, 11 Paddles.
16. Indian Tub Race, 50 Yards.

1 to 2, P.M. INDIAN SPORTS, ESPLANADE.

1. 200 Yards, Dash.
2. 100 Yards Dash.
3. Old Man's Race.
4. Boys' Race. Under 16 Years, 100 Yards.
5. Boys' Race, Under 16 Years, 25 Yards.

5 to 6 P.M., Victoria Park.
Indian Lacrosse Match.
Band Concert in the Evening.

2 to 2:30 P.M., Field Sports, First Street.

1. Sack Race.
2. Potatoe Race for Girls.
3. 75 Yards Dash for Boys.
4. 100 Yards Dash, Open.

The Official Programme of the Day's Doings in Detail—Field and Aquatic Sports, Horses Race, Etc., Etc.

5. 100 Yards Dash, Amateurs.
6. 220 Yards Run, Amateurs.
7. ¼ Mile Run, Amateurs.
8. ½ Mile Run. Amateurs.
9. Egg Race for Ladies. 25 Yards.
10. Blindfold Race with Coach, 50 Yards.
11. Boot Race, 50 Yards.
12. Three-legged Race, 100 Yards.
13. Military Relay for Fraternal Orders.
14. Ball Relay for Boys.
15. Married Ldies' Race, 50 Yrds. Golden West Sop Race.
16. Single Ladies' Race, 50 Yards.
17. Wheel Barrow Race, 100 Yards.
18. Obstacle Race. 100 Yards.
19. Hose Race for Firemen.

2 to 4 P.M., Children's Sports on Green, Esplanade.

1. Boys' Race. Under 10 Years. 50 Yards.
2. Girls' Race, Under 10 Years, 50 Yards.
3. Boys' Three-legged Race.
4. Hop, Step and Jump.
5. Broad Jump.
6. Girls' Potatoe Race.
7. Boot Race Boys.
8. Boot Race, Girls.
9. Lovers' Race.
10. Boys' Potatoe Race.

2 to 4 P. M., Caledonian Sports. Esplanade.

1. 100 Yards Dash.
2. 200 Yards Run.
3. Running Long Jump.
3. Running Long Jump.
4. Pole Vault.
5. Running High Jump.
6. Putting the Shot.
7. Tossing the Caber.
8. Sword Dance.
9. Highland Fling.
10. Scotch Hornpipe.

Horse Races.

1. Gentlemen's riding race—Cup, value $50.
2. Half-mile race, open—Prize, $50.
3. Half-mile pony race, 14 hands, best two heats in 3—Prize, $50; entrance fee, $5.
4. Cowboy race, half-mile dash, horse used for cow purposes—Prize, $25; entrance, $2.50.
5. Half-mile dash, Indian pony race—Prize, $25.

OFFICERS.

Judges.—Messrs. Steacy, Dyer and Jorgenson.

Time Keepers.—Messrs. Girson, Raffel and McMillan.

Referee.—C. McKenzie.

Starter.—Mr. Bothwell.

Clerk of Course.—S. Campbell.

Scorer.—Geo. Bartley.

Announcer.—G. C. Walker.

Chief Marshall.—D. G. Dick.

Entries are limited and must therefore be made at once.

For Entry Blanks, apply at Campbell's Barber Shop or P. Burns & Co., Meat Market, North Vancouver, or at Vancouver Athletic Club, Vancouver.

Re Ferry.

To the Editor of THE EXPRESS:

Sir,—There are two things that may spoil our local Dominion day celebration: the first is a wet day, which we devoutly pray may not be; the other is in the town authorities' power to see does not happen, and that is the ferry company. At present it looks as if the transport service on that day will be in an awful tangle. There has been so many changes made lately, none of which has been to the public's advantage (with the solitary exception of the half-hourly service), that we cannot help expressing grave doubts as to the ferry company's capacity to handle the big crowd such as we hope may result next Monday. What is the reason the wharf on this side is left to take care of itself, and after dark it is a menance to public safety? There used to be a few lights, but now there is only one. Yours truly,

NORTH VANCOUVER.

North Vancouver, B. C., June 28, 1906.

Liquor Question.

To the Editor of THE EXPRESS:

Sir,—I have been instructed by the committee of householders appointed by the public meeting of April 27th, to ask you to be so good as to publish the following report: "The committee felt it their duty to ascertain the wishes of the people with regard to the proposed hotel license. A largely signed petition has been presented to the commissioners and supported by counsel. The commissioners have consequently postponed the issue of a license, and the question cannot be brought up again until their next meeting in September. In the meantime the committee propose to learn the wishes of North Vancouver with regard to the sale of "liquor" on Sunday and its consequences. We feel that a great step forward is made when those in authority are given the opportunity of hearing both sides of a question." Faithfully yours,

RICHARD MARSDEN.

North Vancouver, B. C., June 6, 1906.

Church Notices.

ST. ANDREW'S PRESBYTERIAN CHURCH, SIXTH STREET.

Service on Sunday as usual at 11 a. m. and 7:30 p. m. Morning subject, "The Early Christian Church"; in the eveninn, "God's Seal."

Sunday school at 2:30 p. m.

Moodyville school at 7:30 p. m.

Lynn valley school at 7:30 p. m.

Christian Endeavor on Wednesday at 7:30 p. m. in the church.

Choir practice on Saturday at 8 p. m. in the church.

Strangers welcomed to all these services.

Pastor: Rev. J. D. Gillam, M. A.

ST. JOHN'S CHURCH, CORNER OF SEVENTH AND THIRTEENTH STREETS.

Third Sunday after Trinity, July 1st — HOLY COMMUNION (plain), 8 a. m.

Wednesday—Evensong and preparation for HOLY COMMUNION, 8 p. m.

Friday—Evensong and practice at 7:40 p. m.

Next Sunday, July 8th—HOLY COMMUNION (sung) at 11:30 a. m.

Every Sunday—Mattins, evensong and sermon, 7:30 p. m.

First Friday of the month—Guild devotional service, 4:30 p. m.

The HOLY COMMUNION on Sunday, July 1st, will be offered as a special Act of Thanksgiving to Almighty GOD for the privileges He has bestowed upon us as citizens of this great Dominion, and of Intersession for His aid in the carrying out of our great responsibilities.

LOCALS.

Mrs. J. Bowe, Alkali Lake, is visiting friends here.

Capt. Cates dug new potatoes in his garden on Monday.

Miss Kirkpatrick, Ashcroft, will spend the summer here.

John Elwood, Bellingham, paid the town a flying visit on Sunday.

Arthur G. Smith, barrister, has opened offices in the Thompson block.

Miss R. Pelon, sister to Mrs. Grosse, First street, is ill and under the doctor's care.

J. Davies, of North Vancouver, returned from a trip to California this week.

A young Nimrod, from Vancouver, caught a young deer in North Vancouver on Tuesday.

Miss Gladys Peacey entertained a large number of her Vancouver and North Vancouver young friends last Monday afternoon in honor of her birthday. All enjoyed themselves to the fullest. Miss Peacey proved to be an admirable hostess.

J. N. J. Brown has put up a silver medal for the one-mile single-scull race on Dominion day.

There are extraordinary fine specimens of roses now at Coroner A. B. Diplock's residence.

The White Smith gooseberries, grown by H. Williams, are the finest we have seen this year. They are as large as pigeon eggs.

John V. Black, photographer, Vancouver, will take several celebration pictures on Monday.

S. Martin, of the Western Corporation, broke his leg on Monday while log rolling. Dr. Dyer set the injured limb.

Lady Evelyn Montfort, London, was a guest at the Hotel North Vancouver on Tuesday.

Mr. R. T. Chapman, C. P. R. train dispatcher at Brandon, wife and child are guests of Mrs. Geo. J. Phillippo of this city this week.

Mrs. J. J. Godfrey has returned to North Vancouver after a prolonged visit to Fisher Main, H. I.

Geo. A. Binney and family, of Tacoma, are guests at the Hotel North Vancouver.

E. J. Mitchell, of Pincher Creek, Alberta, was in town this week. He reports business good in the prairie country.

Is is said a man dies but once and lives again. We're thinking that some men in order to get a drink in the next world, after trying to pull the cork out of a bottle of spirits with their teeth, will die again.

THE EXPRESS has not at present on its official staff a marine architect; but if our "butter in" knows anything about timber as being evidence of strength, the tug now building in Wallace's shipyard, North Vancouver, should be able to withstand the crushing strain of the ice floes in the Artic. We are pleased to note a tendency on the part of the citizens of North Vancouver, both in public and private life, to do permanent work, and do it well.

THE EXPRESS

NORTH VANCOUVER - - - B. C.

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GEORGE BARTLEY,
Managing Editor

J. BURR GIBBONS,
Advertising Manager.

MOUNTAIN CLIMBING IN THE ROCKIES

Great Exploit of Canadian Alpine Club—Alpenstock In the Descent—Lady Describes the Trip.

Katherine McLennan, special correspondent of The Mail and Empire, writes from Banff, B. C., under date of May 2:

The enthusiasm about mountain climbing has grown apace since the organization of the Canadian Alpine Club in Winnipeg last month. So much so that already a few energetic members have tasted the pleasures and difficulties of a mountain climb in April.

It would be difficult for anyone with a heart in tune with Nature to resist the alluring sunshine and the exhilarating atmosphere of Banff. So when we found ourselves in this beautiful spot, surrounded by mountains and with all conditions favorable, it was not surprising that Mt. Rundle, rearing its magnificent outline against a cloudless sky, attracted us to take a view from its summit.

At six o'clock on April 13 a party, consisting of a lady and five gentlemen, members of the club, was to be seen leaving the Grand View Villa, filled with the spirit of conquering glee and well equipped to battle with rocky ascents and slippery snow slopes. Each member of the party was provided with an alpenstock or an ice-axe, these being indispensible to a successful climb. Two rucksacks, well-stored with a variety of good things to eat and drink, a rope in case of emergency, and wraps to put on as we neared the summit, were carried by different members of the party. After a pleasant walk down the bridle path, and thence for a short distance through a wood of pine and balsam, we arrived at the base of the mountain. For some distance the ascent is made through a sparsely-wooded district, but gradually the face of the mountain grows more rocky, until at the height of 2,000 feet above the valley of the Bow River one encounters very steep, rocky cliffs. At this stage in our expedition we rested frequently, being refreshed by the contents of the rucksacks and enlivened by the well-told stories of our Scotch and Irish friends; for our party had a fair representation of each of those countries, which have given us so many tales of wit and humor. Looking north-westward from our first resting place, we were much impressed by the ever-winding Bow River, threading its silvery course in and out among the mountains. In the background, Pilot Mountain, looking like a sleeping giant, and Mount Bourgeau were conspicuous.

Presently peak after peak arose as far as the eye could see; and ascending a little farther, we were filled with delight by sighting, in the far distance, Mount Assiniboine, towering 11,860 feet above sea level. Having passed entirely out of the timber district, we encountered a snow-field, which, being frozen, retarded us very little. For an hour we had a fairly difficult pull up the last snow-clad steeps to the arête, seen at sky line from the valley. But we were well rewarded when at twelve o'clock we found ourselves at our point of destination—the lower of the twin peaks. We had hoped to attain to the higher peak, but found the gulch between the two quite impassable. The ascent to the second peak can be made by following the valley of the Spray River farther to the south, and starting from the other side of the couloir. However, even to be on this lower peak is a great privilege and not so small a climb either, as it means a height of over 4,500 feet above the valley. From here one looks westward for miles upon an ocean of snow-capped peaks, each one apparently grander than the other, and changing almost momentarily, as they are shadowed by fleeting clouds or lighted up by the sunshine. A sensation of awe overcomes one when looking down the eastern face of Mount Rundle. This side of the mountain is a sheer precipice, falling 3,000 feet to rock ridges below, which impresses one with the grand scale of Nature's architecture. In the valley is seen again the graceful Bow, with its bare cut banks from which rise those strange formations known as the Hoodoos. These are pillars of clay, standing erect from the cliffs and much feared by the Indians. To the north are the sparkling blue waters of Devil's Lake, so called because tradition maintains that evil spirits inhabit its shores. On either side of it rise Mount Inglismaldie and Mount Aylmer, the latter the highest peak in this vicinity.

We would linger long on the summit to drink in all the glories of the surrounding landscape, but a cold penetrating wind forbade more than a comparatively short stay. Having secured a few photographs, and once again taking in the panorama which lay all around us, we retraced our steps, and as quickly as possible descended this highest slope. Striking the timber line again, we sat around a friendly fire, and enjoyed a lunch as only mountaineers can enjoy it. Here we rested and took a few more photographs.

Then occurred the most exciting part of the day's outing, when after the initiation of the lady in the proper use of the alpenstock much of the distance was covered by glissading down the snow. We were reminded of the days when tobogganing was in vogue as we stood up, and putting both feet together, were able to slide down the snow slopes with much rapidity. The sensation resembles that of skiing on a large scale.

Six o'clock found us again at the villa—a little tired and footsore, but well repaid by having experienced the delights of a climb in our Canadian Rockies. A plunge in the hot sulphur basin soon made us forget that our muscles had been a bit tired. Indeed, some members of the party were already looking for more fields to conquer. But these we decided to leave until July 9th, when many hope to become "original members" of the Canadian Alpine Club, by graduating at the official climb of "The Vice-president," which is to be made at its first summer camp, to be held at the summit of the Yoho Pass.

Missing Statuary.

"Excuse me," said the old lady with eyeglasses in the art gallery, "but haven't you got any more figgers in marble?" "These are all, madam," replied the polite attendant. "Is there any particular one you are looking for?" "Yes, I wanted to see the statue of limitations my husband was telling about."

Canadian Capital In Mexico.

One of the notable features of present-day progress in Mexico is the heavy investment of Canadian capital in this country. The Canadian colony here is not a numerous one, but its members make up in enterprise what they lack in numbers. They are a most welcome addition to the growing foreign population here, for they bring good sense, industry, and alert minds. It is certainly most remarkable that a country with some 6,000,000 people should be rich enough to finance great undertakings in Cuba, Rio de Janeiro, and the City of Mexico. It is, however, well known that the Canadians are, per capita, the greatest buyers of foreign products and ware in the world. Their trade is immense in comparison with their numbers. This, we must explain, is due to their energy and their possession of a country abounding in resources, and to their intelligent exploitation of those natural elements of wealth.—Mexican Herald.

Made Him Exclaim.

"Yes, siree!" he exclaimed, "Mose is sure a sick man. He's got exclamatory rheumatism."

"You mean inflamatory rheumatism," explained the better-informed colored man; "de word 'exclamatory' means to yell"

"Yes, sir. I know it does," quickly responded the other, in a tone of decided conviction, "and dat's just what de trouble is—de man jest yells all de time."

Saving Niagara.

The question as to whether Niagara should be used solely as a source of mechanical power or be preserved as a beautiful and wonderful natural feature has come up in our day for permanent decision. There are some minds that have decided for themselves in favor of the former proposition, but they seem fortunately to be in a minority both in Canada and in the United States. Niagara is to be preserved both in what have been called its "little loveliness" and in its grandeurs. America is "practical." It has allowed its forests to be dangerously diminished, it has allowed Niagara to be seriously threatened, but American sentiment when once aroused is irresistible, and American sentiment has declared in favor of Niagara as Niagara.—Century.

Collecting Fares In Montreal.

The manner of collecting the fare on street cars in Montreal is decidedly unique. Under no circumstances can the conductor touch the fare, which must be deposited by the passenger in a fare box, which is presented as the passenger enters the door of the car. The conductor will make change or sell tickets, but the passenger deposits the fare, whichever it may be, in the box. The coin or ticket does not fall until the conductor presses a button. This gives opportunity to see if the amount is correct and the coin genuine. When once the coin drops it cannot be removed except in the company's office. After the cashiers count the day's receipts the count is checked by weighing the different coins and also the tickets.

BRITISH LEAVE CANADA.

Garrison Soldiers Depart From Halifax and Esquimalt—Canada's Defenders—The Last Quebec Garrison.

A milestone on Canada's road from a pioneer colony to a great nation is the departure of the last British soldiers from these shores. In March the great docks and fortifications at Halifax were handed over by the regulars to the Canadian Government, and now Esquimalt is evacuated. Canada is now responsible for her own defence. In a military sense she has come of age. The change, however, is external. The incident will strike future historians and that part of the world at large that is interested; in essentials nothing is altered. The chief difference is that the expense of maintaining the garrison at Halifax and that at Esquimalt will be borne directly by Canadians.

Canada's Defenders.

Since 1855, when the foundations of our militia system were laid, Canada has been building up a defensive force of her own quite distinct from the troops that the Imperial authorities thought necessary to station here. Before that time all our officers were British, paid by the Crown, while the soldiers were Canadian yeoman. The growth of this country and that of the United States westward called attention to our tremendous frontier, to defend which would require an immense standing army. The maintenance of such a force was clearly an impossibility, so that more and more dependence was placed upon a volunteer service, and less and less upon the British regulars. The Trent affair and the American threat of invasion had swelled the latter force to some 13,000 men, but thenceforward the number was steadily reduced.

The Last Quebec Garrison.

In 1871 the last Imperial battalion to garrison Quebec—the 60th Royal Rifles—embarked, and from that date onwards all the military property, save that at Halifax and that afterwards created at Esquimalt, B. C., was passed over to Canada. It was during 1870 and 1871 that the fortifications and the munitions of war belonging to the Imperial Government passed to the care of Canadians. The New Fort at Toronto was the first place to be given up. That was passed over on July 15, 1870. The Old Fort was transferred on Sept. 26, the same year. The Kingston fortifications came into our possession in September, 1870; the Montreal works in December of that year, and the great fortifications of Quebec on Dec. 2, 1871. The Imperial authorities retained control of the vast and impregnable fortifications at Halifax and those of Esquimalt, as they were important squares on the checkerboard of the naval policy.

The Influence of the Regulars.

Fortunately for the enemy, it has never been necessary to prove the military worth of the British troops composing either of these garrisons. Nevertheless their influence has been an important factor in the life about them, and on the history of British Columbia is deeply engraven the character of some of the officers and men who were sent there by the British War Office. The military occupation of the province dates from 1858, when a body of Royal Engineers reached Esquimalt by way of Panama. The location of their camp is known even to-day as Sappertown. After the engineers came a body of carpenters and the main body of the troops. Near Sappertown there was a hamlet known as Queensborough, a name which caused some pain to the English officer in charge, who objected that a Royal name should be given to the settlement that was less important than several of its neighbors. He conferred with the colonial authorities, but they did not share his sensitiveness, and finally the matter was referred to Queen Victoria, who decreed that New Westminster should be the name of the city that was to be.

The Building of a Province.

The first Anglican church in New Westminster, Sappertown, was designed and built by the soldiers, and also the first school-house. Later they surveyed and laid out Victoria, Hope, Yale, Lytton, Douglas, Lillooet, Clinton, and Richfield, and established the lands and works department, and Government printing office in Victoria. They guarded the gold taken out of Cariboo, and published the first newspaper for British Columbia. One of them was appointed colonial treasurer, and established the mint and assay offices. The mint was soon discontinued, and the coins that issued from it are prized by numismatists to-day. As British Columbia grew in importance, and became a self-governing province, the leadership of the soldiers was manifested in social life, and in sports and athletics. British Columbia is to-day the most English in outward appearance and customs of any of the provinces, largely because of the English officers and men who have been stationed at Esquimalt.

Our Defence a Problem.

The cities on the coast felt particular regret at the severance of the ties that have bound the redcoats to this country. All Canada is sorry to see them go, but should ever the occasion arise, we may be sure they will hasten back again as fast as transports will carry them. In the meantime it is our duty to seriously consider the problems of defence that must now be faced.

The Strenuous Life In Toronto.

The young man or woman living in the average country town longs for the city life. It is not so much the desire for improvement in their position, as the desire to revel in the glamor of exciting and pleasurable sights. Stay home, youngster! You are a thousand times better off. The writer has had twenty-five years of Toronto, and after ten months of country life and a return to the city for the last two weeks I would not come back again for a kingdom. The awful struggles for place, and to keep up appearances is driving into bankruptcy and insanity. I notice hundreds of pale, wan girl faces, in the offices, on the streets, everywhere. Every nerve and muscle of the young man, or woman, is strained to the utmost in order to keep pace with the fast city life. Stay where you are, young man and young woman. City life is a mere bauble, a delusion, and a snare.—Southampton Beacon.

Honesty.

"That man is so honest he wouldn't steal a pin," said the admiring friend.

"I never thought much of the pin test," answered Miss Cayenne. "Try him with an umbrella."—Washington Star.

Bails 'Em Out.

De Style—Gotrox gets his chauffeurs from France. Where do you get yours from?

Gunbusta—From the station house generally.—

Rice.

Rice is improved by many washings before cooking. The more it is washed the better, as the loose starch is thus removed and each grain becomes more distinct. It should be washed until the last water is absolutely clear to be at its best.

WHAT WOMEN SUFFER.

At All Ages They Need the Rich, Red Blood That Dr. Williams' Pink Pills Actually Make.

A woman needs medicine more than a man. Her organism is more complex, her system more delicate. Her health is disturbed regularly in the course of nature. If anything happens to interfere with that natural course she goes through unspeakable suffering. In fact the health of every function and the health of every moment in a woman's life depend upon the richness and regularity of her blood supply. That is the simple scientific reason why Dr. Williams' Pink Pills are worth their weight in gold to women of all ages from early girlhood up—they actually make the rich red blood all women need.

Mrs. Edwin Ward, Brooksdale, Ont., says "For years I suffered from those ailments that make the lives of so many of my sex miserable. I would take weak spells and become so nervous that I could not go about. My stomach was out of order, and I frequently vomited the food I took. Headaches and backaches afflicted me nearly all the time. Then I took a severe cold which settled on my lungs, and I went to an hospital for treatment. I had the best of care, but the doctors gave me little hope of recovery. My face and limbs became swollen and my system racked with a harsh dry cough. As the doctors did not look hopefully upon my case I decided to try Dr. Williams' Pink Pills. By the time I had taken half a dozen boxes there was a great change for the better. I still continued to take the pills until I had used thirteen boxes, and I am now enjoying perfect health. I have no hesitation in saying that I believe Dr. Williams' Pink Pills saved my life."

Dr. Williams' Pink Pills cured Mrs. Ward by actually making the new blood her system needed. That is what Dr. Williams' Pink Pills do, but they do it well. They don't act on the bowels. They don't bother with mere symptoms. They go straight to the root of the trouble in the blood. That is why they cure all blood and nerve troubles like anaemia, female irregularities, indigestion, rheumatism, headaches and backaches, sciatica, nervous prostration and St. Vitus dance. Substitutes and imitations won't cure, purging medicines only make you worse, therefore you must get the genuine pills with the full name "Dr. Williams' Pink Pills for Pale People" on the wrapper around every box. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

The Beauclerk.

Henry I. of England was surnamed Beauclerk. He was one of the few kings of his time who could read and write.

The Hyacinth.

The hyacinth is indicative of jealousy. In the Greek legend the plant sprung from the blood of one who died for love. The name was derived from that of Hyacinthus, a boy beloved by Apollo.

The Victors' Crowns.

The Greeks gave a crown of laurel to the victor in the Pythian games, but the victor in the Olympian games had a crown of wild olives, the victor in the Nemean games a crown of green parsley and the victor in the Isthmian games a crown of dry parsley or green pine leaves.

Our First Sugar.

The first sugar manufactured in this country was made in New Orleans in 1796.

Biliousness.

For biliousness in the morning before breakfast drink the juice of a lemon in a glass of cold water without sugar and chew a teaspoonful of whole flaxseed half an hour before each meal

THE success of pastry depends upon the flour. Bread and pastry must be more than merely appetising; they must be wholesome, digestible, nourishing.

The flour depends upon the wheat and the way it is milled.

Royal Household Flour

is made from spring wheat only. It is milled by the newest and best machinery. It is purified by electricity.

Use it and you get bread not only light, crisp and appetising, but also wholesome, digestible and nourishing.

You will better your baking by buying Ogilvie's Royal Household Flour from your grocer.

OGILVIE'S ROYAL HOUSEHOLD

Ogilvie Flour Mills Co., Ltd.
Montreal.

"Ogilvie's Book for a Cook," contains 130 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE.

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GLEANINGS.

Korea is taking more to beer drinking than either Japan or China.

There are caught annually on the German coast 10,000,000 pounds of shrimps, most of which are netted at depths of thirty or forty feet.

In order to put a stop to the practice of binding women's feet the Chinese board of education has issued an order prohibiting the sale of small shoes.

Hungry vultures have attacked men and women in the valley of Couchs, canton of Valais. A bull was so seriously injured in a fight with them that it had to be killed.

Exactly a hundred lives were lost in fires which occurred in London last year. Forty-six of the victims were under eight years of age, and fourteen were over sixty. In almost every instance the fire was due to carelessness and the lack of ordinary precautions.

A British trades unionist has sued for an injunction to prevent the labor organization to which he belongs from levying assessments upon him under pain of expulsion from the union to pay the salary voted a labor member of parliament who belongs to a party hostile to that of the injunction seeker.

THE ROYAL BOX.

When King Edward was Prince of Wales he was known in familiar circles as "Teddy Wales."

King Leopold of Belgium delights in a collection of ancient timepieces, one of the most valuable being a masterpiece which beloaged to Marie Antoinette.

The late Czar Alexander III. of Russia was once considerably embarrassed by a circus of performing fleas, sent him by Prince Henry of Reuss as a birthday present.

The young king of Spain is an expert in the use of the sword. When a child he practiced with wooden swords with the young nobles of his court. His marvelous ability was even then noticeable, and he is now considered one of the most expert of the royal fencers of Europe.

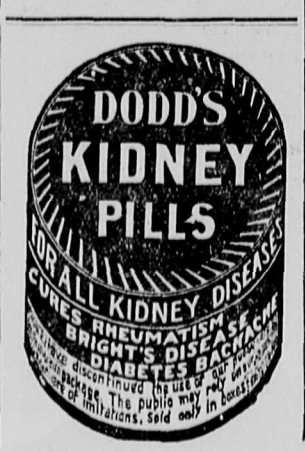
What is undoubtedly the largest collection of picture postal cards in the world is the property of the Prince of Wales' eldest son. The collection includes cards from every country in the world and is now growing almost too bulky for convenient handling, there being more than 10,000 cards.

A Viper and a Bottle.

Canon Tristam, the distinguished English ornithologist, who died recently, kept among his treasures an ordinary soda water bottle that once served him in good stead, according to the Buffalo Commercial. Once on his travels he seized upon what he thought was a lizard in the sand, but which proved to be a deadly horned viper. His Greek boatman, scared almost to death, offered no assistance. Suddenly spying an empty soda water bottle, the canon, with great presence of mind, forced the head of the reptile down the neck and slowly uncoiled the remainder of its anatomy from his hand.

Japanese Oysters.

Oysters are so plentiful in the inland sea of Japan that they are sold in the restaurants of that country for 5 cents per dozen.



A boy's hair grows one-half slower than a girl's. In boys the average rate of growth is 3 feet 3 inches in six years, being an average of .018 inches per day. During his twenty-first and twenty-fourth years a man's hair grows quicker than at any other period. It takes an eye-lash twenty weeks to reach a length of .429 inch, and then its life is from 100 to 150 days. By means of a camera, the wink of an eyelid has been measured, and it was found that twenty winks can be made in four seconds.

Dr. J. D. Kellogg's Dysentery Cordial is a speedy cure for dysentery, diarrhoea, cholera, summer complaint, sea sickness and complaints incidental to children teething. It gives immediate relief to those suffering from the effects of indiscretion in eating unripe fruit, cucumbers, etc. It acts with wonderful rapidity and never fails to conquer the disease. No one need fear cholera if they have a bottle of this medicine convenient.

The success of the exhibition of Holman Hunt's picture, "The Light of the World," in Australia, has been unprecedented in the history of art in the old world, 302,183 persons passing through the turnstiles at Sydney in twenty-five days.

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.
MRS. A. LIVINGSTONE.
Lot 5, P.E.I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.
Mahone Bay. JOHN MADER.

I was cured of a severely sprained leg by MINARD'S LINIMENT.
JOSHUA A. WYNACHT.
Bridgewater.

Large bodies of excellent sandstone have been found in the banks of the Saskatchewan some sixty miles above Edmonton.

Mother Graves' Worm Exterminator has the largest sale of any similar preparation sold in Canada. It always gives satisfaction by restoring health to the little folks.

THE WRITERS.

Jerome K. Jerome has the middle name of Klapka.

Kipling was christened Rudyard because his father proposed to his mother on the lake of that name.

H. G. Wells in his youth often wrote 8,000 words a day, but now he confines himself to 1,000 words—300,000 words a year—two books.

Mark Twain is very fond of collecting odd obituary poetry and has a scrapbook, which he prizes very highly, containing 3,000 specimens.

The memoirs of General Kuropatkin, a work covering the Russo-Japanese war, are being published in Moscow under the direction of the author.

The most remarkable thing about the career of Justin McCarthy is the tremendous amount of work he has been able to accomplish. Novelist, journalist, historian, politician and party leader, he has found time to travel widely and to cultivate delightful social relations with most of the leading literary, artistic and political people of his time.

First English Watches.

The first English watches had weights and were used as pocket clocks. They had only one hand and required to be wound up twice a day. The dials were of silver and brass, and the cases were unglazed, but opened at the back and front, and were four or five inches in diameter, about the size of a common dessert plate.

Straw Hats.

Straw hats were first heard of in England during the reign of Queen Elizabeth. There is a record which shows that during the reign of James I. Lord William Howard paid the then large sum of $18 for two straw hats.

SUNLIGHT SOAP

$5,000 REWARD will be paid to any person who proves that Sunlight Soap contains any injurious chemicals or any form of adulteration.

is equally good with hard or soft water.

If you use Sunlight Soap in the Sunlight way (follow directions) you need not boil nor rub your clothes, and yet you will get better results than with boiling and hard rubbing in the old-fashioned way.

As Sunlight Soap contains no injurious chemicals and is perfectly pure, the most delicate fabrics and dainty silks and laces may be washed without the slightest injury.

Your money refunded by the dealer from whom you buy Sunlight Soap if you find any cause for complaint.

Lever Brothers Limited, Toronto

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WHIRLIGIG OF FORTUNE

HOW THE MIGHTY GO DOWN AND THE WEAK GO UP.

"Bluest Blood" and the Longest Descents In England Are Among the Great Middle Class—A Plantagenet Who Was Engaged In Cobbling—A Butcher and a Toll-Gatherer Entitled to Quarter the Royal Arms.

It is a fact well known to all students of family history, said a genealogical expert to a writer for London Tit-Bits, that, if you want to find the "bluest blood" and the longest descents, you must go, not to the peerage, but to the great middle classes, and even lower, and that many a proud wearer of a duke's or an earl's coronet to-day has a *pedigree which will not compare for* distinction with that of some of his tradesmen or tenants. Yes, I know this is a *surprising statement, but it is a* sober statement of the truth.

There are very few of our present peers who can trace their descent from the great nobles of the days of chivalry or earlier. The founder of one line of marquesses was an innkeeper; of a line of earls a grazier, and so on, and many of the greatest aristocrats of our time owe their rank and wealth to the enterprise and luck of city apprentices. To quote Burke:

"Let us look back only as far as the year 1637, and we shall find the great-grandson of Margaret Plantagenet, herself the daughter and heiress of George, Duke of Clarence, following the cobbler's craft at Newport, a little town in Shropshire. Nor is this the only branch from the tree of royalty that has dwarfed and withered.

"If we were closely to investigate the fortunes of the many inheritors of the royal arms, it would soon be shown that 'the aspiring blood of Lancaster' flows through very humble veins. Among the lineal descendants of Edward of Woodstock, Earl of Kent, sixth son of Edward I., King of England, entitled to quarter the royal arms, occur a butcher and a toll-gatherer—the first a Mr. Joseph Smart of Halesowen, the latter a Mr. George Wilmot, keeper of the turnpike gate at Cooper's Bank, near Dudley.

"Then again, among the descendants of Thomas Plantagenet, Duke of Gloucester, fifth son of Edward III., we discover Mr. Stephen James Penny, the late sexton of St. George's, Hanover Square—a strange descent from the sword and sceptre to the spake and pickaxe!"

The last head of the great Scottish house of Lindsay and, de jure Earl of Crawford, died in 1744 in the capacity of ostler in an inn at Kinkwall in the Orkneys, and in four generations the descendants of Sir Richard Knightley of Fawsley (the head of one of the oldest and most distinguished families in England) and his wife, daughter of the great Protector Somerset, ended as obscure London tradesmen—drapers and oil men outside the city gates.

Sir Thomas Convers, the head of a family which had held vast estates, owned castles and enjoyed high rank in the north of England almost from the days of the Conquest, died a pauper *in a Durham workhouse.* A grandson of Oliver Cromwell and a kinsman of Thomas Cromwell, Earl of Essex, served behind the counter in a Snow Hill shop, while one of his nieces ended her days in a workhouse, and of his great-nieces one married a butcher's son and the other a Cambridgeshire shoemaker.

Among peasants and laborers, farmers and small tradesmen are many descendants of the great feudal houses of Scrope and Grevstoke, Neville and D'Arcy, and many another noble stock who can claim kinship with our bluest blooded peers and royal descents galore, while in the pedigree of the Duke of Northumberland figure farmers and haberdashers, husbandmen and paperstainers.

Walking.

An average walking pace of a healthy man or woman is said to be seventy-five steps a minute.

Sheet Anchor.

The "sheet anchor," the name given to the largest anchor carried by a vessel, is really "shote anchor," and so called because of its great weight, which makes it easy to shoot out in case of emergency.

Patent Rights.

Every patent contains a grant to the patentee, his heirs or assigns, of a right to manufacture the article specified during the term of seventeen years.

Milton.

Milton was plain in his eating, as in everything else. His breakfast was a bit of bread and cheese or a chop and a glass of milk.

The Song of the Hair

There are four verses. Verse 1. Ayer's Hair Vigor makes the hair grow. Verse 2. Ayer's Hair Vigor stops falling hair. Verse 3. Ayer's Hair Vigor cures dandruff. Verse 4. Ayer's Hair Vigor always restores color to gray hair. The chorus is sung by millions.

"Before using Ayer's Hair Vigor I had very thin and very poor hair. But I continued to use the Vigor until my hair greatly improved in every way. I have used it off and on for the past ten years."—MRS. M. DRUMMOND, Newark, N.J.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of

Ayer's SARSAPARILLA. PILLS. CHERRY PECTORAL.

Gardening In America.

Gardening in America has reached what one might call the "awkward age." Neither a man nor a country goes a-gardening in early youth. "Men come to build stately sooner than to garden finely," as Bacon once said, and as every garden writing body has repeated until Sir Francis in Elysium *must regret he ever made the remark,* which none the less is true. Gardening is essentially a middle aged enjoyment, and America being, as nations go, still young, her garden craft has the faults of youth. It has its incongruities, inharmonies, and it often mistakes size and expenditure for excellence.—Century.

The Three Cent Piece.

The silver three cent piece was authorized by act of congress March 3, 1851, and its coinage was begun the same year. Its coinage was discontinued Feb. 12, 1873.

Luther's Bible.

A museum in Berlin has Luther's Bible which he used in his study. Its margins are covered with notes in the reformer's handwriting. It was printed in Basel in 1509 and is in an excellent state of preservation.

Church Was Her Refuge.

One stormy Sunday morning the pastor of a church in a small Ohio town was much gratified to observe in his congregation a woman who lived some distance away.

At the conclusion of the service the pastor congratulated the faithful one, saying, "I must commend your bravery in coming such a distance through this *terrible storm.*"

Much to his chagrin the woman replied: "Well, pastor, it's this way: My husband won't go to church, and he's that cross on Sunday morning after breakfast that I just naturally have to go somewhere to escape him."—Pittsburg Post.

Sunlight Soap is better than other soaps, but is best when used in the *Sunlight way. Buy Sunlight Soap* and follow directions.

At the Fair of all Nations at Niagara Falls, Lady Laurier, in a draw, secured the handsome silk petticoat from the Irish booth.

A Soothing Oil.—To throw oil upon the troubled waters means to subdue to calmness the most boisterous sea. To apply Dr. Thomas Eclectric Oil to the troubled body when it is racked with pain means speedy subjugation of the most refractory elements. It cures pain, heals bruises, takes the fire from burns, and as a *general household medicine* is useful in many ailments. It is worth much.

Miss Catherine Hennessy, aged over 70, after 52 years continuous service in the Moncton public schools, sent her resignation to the school board.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business *transactions, and financially* able to carry out any obligations made by his firm.

Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists.

Take Hall's Family Pills for Constipation

An agitation to introduce motor busses into Calgary has been instituted in that city and is exciting favorable comment.

Minard's Liniment used by physicians

New Westminster people are up in arms on the question of the local Chinese and their plural wives.

A Pleasant Medicine.—There are *some pills which have no other pur*pose evidently than to beget painful internal disturbances in the patient, *adding to his troubles and perplexi*ties rather than diminishing them. One might as well swallow some corrosive material. Parmelee's Vegetable Pills have not this disagreeable and injurious property. They are easy to take, are not unpleasant to the taste, and their action is mild and soothing. A trial of them will prove this. They offer peace to the dyspeptic.

It is reported that the Reston-Wolseley line will be open for traffic on Oct. 4.

Keep Minard's Liniment in the House

A Dog and a Telephone.

An up to date dog is one that answers the telephone. The senior partner of an influential London firm has taught his dog not only to guard the office during his absence, but also to *report "All's well" during the time the* premises are closed at week ends. One of the old fashioned telephones, which does not require that the receiver should be taken off its holder, is fixed up in the office, and under this the dog stands. His master rings up the office and then calls until the attention of the dog is aroused, when the canine caretaker barks loudly to show that all is well with him and with the office.

Voyage.

Voyage was formerly any journey, whether by sea or land it did not matter.

Great Military Engineer.

Vauban, the great engineer, had conducted several sieges at twenty-five, was marechal-de-camp at forty-three and commissaire general of fortifications of France at forty-five.

Shrewd.

Shrewd once signified evil or wicked. Thomas Fuller uses the expression "a shrewd fellow," meaning a wicked man.

In the Same Boat.

The Duke of Leeds before succeeding to his title was active in politics. Once when canvassing he came upon an English shoemaker, whose vote he solicited. "Sorry," said the shoemaker, "but I'm not going to vote for any bloomin' aristocrat. I can't afford it. I've got four children to bring up." *"That's nothing," replied the duke,* "I've got five, and they are all girls." The shoemaker came up and touched him on the arm. "All right, old chap," he said. "You shall have my vote. It seems to me we are both in the same boat, and we'd better stick together."

Doctors and Medicine.

When a doctor does not have much faith in medicine it is a sign that he is a good doctor. The best doctors are those who give good advice rather than medicine; advice that is simple and has common sense back of it. Too many people imagine they can abuse themselves and hire a doctor to make them as well as ever for $2. Nothing *in it.*

Misunderstood.

Farmer—Where have you been all this time? And where's the old chest*nut mare? Didn't you have her shod,* as I told you? Jarge—Shod! Law, no, master! I bin a-buryin' she. Didn't I think thee said "shot?"—London Globe.

BABY ALWAYS WELL.

"I have nothing but good words to *say for Baby's Own Tablets,"* says Mrs. A. Dupuis, of Comber, Ont., and she adds: "Since I began using the *tablets my little boy has not had an* hour of sickness, and now at the age of eight months he weighs twenty-three pounds. I feel safe now with Baby's Own Tablets in the house, for I know that I have a medicine that will promptly cure all the minor ills from which babies suffer. I would advise all mothers and nurses to use Baby's Own Tablets for their little ones." These are strong words, but thousands of other mothers speak just as strongly in favor of this medicine. Sold by all medicine dealers or by mail at 25 cents a box by addressing The Dr. Williams Medicine Co., Brockville, Ont.

Controller Ward is of the opinion that instead of buying the portraits of mayors of recent years, Toronto should try to get those of the mayors of long ago.

Great Things from Little Causes *Grow.—It takes very little to derange* the stomach. The cause may be slight, a cold, something eaten or *drunk, anxiety,* worry, or some other simple cause. But if precautions be not taken, this simple cause may have most serious consequences. Many a chronically debilitated constitution to-day owes its destruction to simple causes not dealt with in time. Keep the digestive apparatus in healthy condition and all will be well. Parmelee's Vegetable Pills are better than any other for the purpose.

The university of Sofia is about to add instruction in English speech and literature to its curriculum, and the professor has to be chosen after competitive examinations.

Minard's Liniment lumberman's friend

A Kicking Horse.

A kicking horse may be cured by tying one of his fore legs with a rope to the hind leg on the other side. Then, as soon as he commences to kick, he jerks his front leg off the ground and goes down in a heap. Two or three doses of that kind will cure the worst case possible.

Spiders.

Spiders always come out of their holes shortly before a rain, being advised by their instinct that insects then *fly low and are most easily taken.*

The Gnat's Mouth.

The gnat's mouth consists of a small lancet for piercing the skin. This instrument is inclosed in a delicate sheath, and beneath it there is a pumping apparatus for drawing out the blood of the victim. The gnat is so small that the red corpuscles of the blood would be too large for its system, and it sucks only the serum

A Battle In the Sea.

Did you ever see bluefish charge a school of menhaden at sea? That is something worth seeing. The bluefish throw their lines forward until they almost surround the menhaden, and they attack them flank and rear. The menhaden fairly make the water boil in their efforts to escape, while all around *the enemy is at them tearing relent*lessly. Into all this commotion comes a great shark. It's a picnic for the shark, a school of menhaden all herded up for its benefit. It swims leisurely *into the midst of them, opens its mouth* and takes in half a dozen menhaden at a gulp. It swims around and bites out half a dozen more from the school. It gorges itself without effort. But the menhaden are not nearly as much disturbed by the presence of the monster swimming about among them as they are by the charging bluefish. The shark takes half a dozen fish or more at a bite, while the bluefish only bites a piece out of a single fish, but there is only one shark, while there may be *thousands of bluefish plunging* and tearing incessantly and killing and maiming at every stroke. The shark's a brute, but under such circumstances the menhaden have less of fear than they have *of contempt for him.*

A Photographic Warning.

The following story of a young lady living in the country who came to London to be photographed is told by M. A. P. and vouched for by a well known London photographer. After some days the lady, Miss B., was informed the photograph was not a success, and another sitting was suggested. This she agreed to, but again was informed that the photograph was *a failure There was a third sitting.* In two days' time she received an urgent letter from the photographer asking her to come up to his studio and to bring a friend with her. Miss B. went, *accompanied by her mother,* and was shown the amazing results of the three sittings. The pictures of the girl herself were quite good, but in each plate there was to be seen standing behind her the figure of a man holding a dagger in his uplifted hand. The features, though faint, were clearly discernible, and Miss B. recognized them as those of her fiancee, an officer in the Indian army. The effect of this experience was so great that after a few days she wrote out to India, breaking *off the engagement.*

The Ant's Mouth.

The ant's mouth consists of a pair of powerful mandibles. In the case of warrior ants, which do the fighting of an ant community, the mandibles are the most prominent feature of the insect. They are so strong that when fixed in the flesh of an enemy the ant's head may be pulled off before the mandibles will lose their hold.

It is only necessary to read the testimonials to be convinced that Holloway's Corn Cure is unequalled for the removal of corns, warts, etc. it is a complete extinguisher.

The human hair *forms a profitable* crop. Five tons are annually imported by the merchants of London. The *Parisian harvest is upward of 200,000* pounds, equal in value to $400,000 a year.

Ask for Minard's and take no other.

Making a Felt Hat.

A felt hat is made by a pneumatic process. A conical cup perforated with holes is provided. The air beneath is exhausted and by a curious device the felt is forced evenly to all parts of the outside of the receiver, and thus by *the strong pressure and rush of the air* is thrown upon the frame and distributed, thus forming the basis for the hat.

Prose.

To prose once signified to write in prose rather than in verse, and a prosy man was one who preferred to clothe his ideas in prosaic rather than in metrical form.

The Golden Eagle.

The average golden eagle weighs twelve pounds, is three feet from the tip of his bill to the tip of the tail and has wings of seven feet spread.

REKINDLES LIFE IN THE NERVE CELLS

And by Increasing Nerve Force Restores Vitality to Every Organ of the Body

Dr. Chase's Nerve Food.

Suicide, insanity, falling sickness, paralysis: These are some of the results of wornout nerves. No one would neglect a disease so dreadful in its results as nervous exhaustion *if the danger were only realized with* the first symptoms.

The time to begin the restoration *of the nerves by the use of Dr.* Chase's Nerve Food is when you find yourself unable to sleep at nights, suffering from headaches or neuralgic pains, indigestion or weak heart action.

Loss of flesh and weight, growing weakness and debility, a tendency to neglect the duties of the day, gloomy forebodings for the future, are other indications of depleted nerves.

You cannot liken Dr. Chase's Nerve Food to any medicine ever used. It is a nerve vitalizer and tissue-builder *of exceptional power.*

Naturally and gradually it rekindles life in the nerve cells and forms new *red corpuscles in the blood—the only* way to thoroughly cure nervous disorders.

Mrs. W. R. Sutherland, St. Andrews, Man., writes:

"In February, 1903, I was stricken with paralysis fell helplessly on the floor and had to be carried to bed. The doctor pronounced it a bad case as I had no power in my tongue and left leg. I remained in that condition for six months without obtaining *benefit from the doctor's pres*criptions or other medicines.

"My husband advised me to try *Dr. Chase's Nerve Food and by the* use of this treatment all symptoms of the disease had disappeared. I can now talk plainly, my leg is all right and I can do my house work. I am grateful to be cured by so wonderful a remedy."

Mrs. George Fuller, Lakeland, Man., writes:

"I am very glad to be able to state that I have received great benefit from the use of Dr. Chase's Nerve Food. It has cured me of nervous headache from which I used to be a *great sufferer, and I am no longer* troubled with twitching of the nerves in the arms and legs that I used to *have as soon as I went to bed.* I am grateful for this cure and shall always recommend Dr. Chase's Nerve Food to anyone suffering as I have."

Dr. Chase's Nerve Food; 50 cents, at all dealers, or Edmanson, Bates & Co., Toronto.

IT IS PURE!

This is the paramount feature of

"SALADA"

CEYLON GREEN TEA

Free from dust, dirt, and all foreign substances.

Lead Packets Only, 40c, 50c, and 60c per lb. At all grocers. Highest Award St. Louis 1904.

HARDY FROST-PROOF FRUIT TREES AND SHRUBS.

Wanted at Once—Reliable and energetic men in all parts of Manitoba, and North West, to sell reliable Nursery stock.

Exclusive rights to sell Hardy Hybrid Apples, originated by Dr. Wm. Saunders of Ontario Experimental Farm, Ottawa, and successfully tried and fruited at Brandon and Indian Head Experimental Farms.

Complete canvassing outfit and liberal terms to the right persons.

Apply at once to E. D. SMITH, Helderleigh Nurseries, Winona, Ont.

Established over a quarter of a Century.

LINCOLN'S WIT.

That and Ridicule Were His Weapons of Offense and Defense.

Wit and ridicule were Lincoln's weapons of offense and defense, and he probably laughed more jury cases out of court than any other man who practiced at the bar.

"I once heard Mr. Lincoln defend a man in Bloomington against a charge of passing counterfeit money," Vice President Stevenson told the writer. "There was a pretty clear case against the accused, but when the chief witness for the people took the stand he stated that his name was J. Parker *Green, and Lincoln reverted to this* the moment he rose to cross examine. 'Why J. Parker Green? What did the J. stand for? John? Well, why didn't the witness call himself John P. Green? That was his name, wasn't it? Well, what was the reason he did not wish to be known by his right name? Did J. Parker Green have anything to conceal, and, if not, why did J. Parker Green part his name in that way?' And so on. Of course the whole examination was farcical," Mr. Stevenson said, *"but there was something irre*sistibly funny in the varying tones and inflections of Mr. Lincoln's voice as he rang the changes upon the man's name, and at the recess the very boys *in the street took it up as a slogan and* shouted 'J. Parker Green!' all over the town. Moreover, there was something in Lincoln's way of intoning his questions which made me suspicious of the witness, and to this day I have never been able to rid my mind of the absurd impression that there was something not quite right about J. Parker Green. It was all nonsense, of course; but the jury must have been affected as I was, for Green was discredited and the defendant went free."—Frederick Trevor *Hill in Century.*

Tennessee.

Tennessee is the Volunteer State, the name being acquired during the Seminole war, when a large number of volunteers went forward from Tennessee to take part in the struggle.

A Costly Fad.

One of the most extravagant of woman's fads on record was that of a Frenchwoman, the Marquise de la Roche-Fontelle, who, it is said, had her bed decorated with orchids. These were changed three times a week at a weekly cost of nearly $1,000.

Base Deceiver.

"Great scheme Clara has for making people think she is studying music, isn't it?"

"What is it?"

"Carries her lunch in a music roll."—Milwaukee Sentinel.

Modern Version.

Gunner—If hens become extinct we can no longer say a man is henpecked.

Guyer—No; I suppose then we will have to say he is incubator pecked.—*Chicago News.*

Sometimes Different.

Mr. Wise—You can't judge a man till you hear him talk.

Mrs. Wise—At home or out in company?—Detroit Free Press.

A LABEL

Like This

Attached to any Garment is a Guarantee of

GOOD MATERIAL GOOD WORKMANSHIP and Good Wearing Qualities

When Buying OVERALLS, PANTS, VESTS, SMOCKS, or WORKINGMEN'S SHIRTS

See that each article bears a label like above

Insist on Getting

"King of the Road" Brand

And Take no Other

EVERY GARMENT GUARANTEED

Wilson's FLY PADS

Three hundred times better than sticky paper.

NO DEAD FLIES LYING ABOUT

Sold by all Druggists and General Stores and by mail.

TEN CENTS PER PACKET FROM

ARCHDALE WILSON, HAMILTON, ONT.

When Remitting by Post, use

Dominion Express Money Orders and Foreign Cheques

The Best and Cheapest System of Sending Money to any Place in the World.

Absolutely Safe

Purchaser is given a receipt, and if *order or cheque* is LOST or DESTROYED, the amount will be promptly REFUNDED. No red tape. For *full information and rates call on* Local agents.

A TORONTO MAN TRIES

Something New and is Delighted. Feels Like a Boy.

Mr. M. N. Dafoe

Mr. M. N. Dafoe, 29 Colborne St., Toronto, says:

"I have been a sufferer from dyspepsia for years. I have been treated by doctors and have taken many medicines with only temporary relief. Since using Dr. Leonhardt's Anti-Pill I can eat anything the same as when a boy. I find they regulate both stomach and bowels. My old time vigor has returned, so that my spirits are buoyant and temper normal. I give all credit to this wonderful remedy—Dr. Leonhardt's Anti-Pill."

All dealers or The Wilson-Fyle Co., Limited, Niagara Falls, Ont. 601

Insanity is infrequent in India, according to a blue book issued this week. In Bengal in 1904 the ratio of insane was 2.97 per 1,000 population, against 34.7 in England.

North
Vancouver
Real Estate

We have enquiries for good Business and Residential property. List yours with us. We do the business. Consult us before buying.

A. Smith & Co'y
Junction Block
North Vancouver.

NORTH VANCOUVER

1867 1906

Dominion Day Celebration

MONDAY, JULY 2, '06

Aquatic Sports, 10 a. m.
Indian Sports, 1 to 2 p. m.
Field Sports, 2 to 2:30
Children's Sports, 2 to 4
Caledonian Sports, 2
Horse Races, 3:30

DANCE AT NIGHT

$50 REWARD

Will be paid for the detection and conviction of parties who are drstroying my advertising signs in North Vancouver.

S. GINTZBURGER,
The North Vancouver Specialist
161 Cordova Street.

B&K

Rolled Oats
Flour
Hay and Feed
Seeds

ALL ORDERS DELIVERED

The Brackman-Ker Milling Co.
Limited.

Harry Mitchell, local manager, Lonsdale Avenue.

Fine, healthy Tomato and Cauliflower Plants, grown from Sutton's Seeds, always on hand.

Western Corporation, Ltd.

Having in operation a sawmill in North Vancouver we are prepared to deliver all kinda of LUMBER AND BUILDING MATERIAL at Vancouver City Prices. Call and see for yourselves.

412 Hastings Street West, Vancouver, B. C.

LOWNEY'S CHOCOLATES

Sweet and Delicious. Try Them and Be Convinced.
ALL PRICES. At . . . . . .

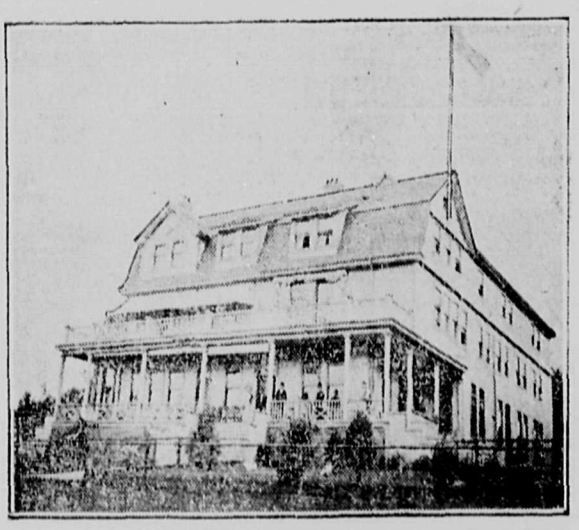
McDOWELL'S DRUG STORE.
NORTH VANCOUVER, B. C.

RAINIER BEER

Is a glorious beverage—quenching and satisfying. Remember there's no other "just as good"—insist on getting Rainier.

PACIFIC BOTTLING WORKS
Vancouver, B. C.

HOTEL NORTH VANCOUVER



P. Larson, Prop.

Dominion Day
North Vancouver

.. FIELD GAMES ..

A varied list of Sports is being prepared by the Committee having the matter in hand

AQUATIC SPORTS

Monday, July 2
1906

GEO. BARTLEY, Secretary

SMOKE THE
TERMINUS CIGAR
CLEAR HAVANA FILLED

NOTICE

To Property Owners

NORTH VANCOUVER OWNERS WISHING TO DISPOSE OF LOTS, BLOCKS OR ACREAGE ARE REQUESTED TO PLACE SAME WITH

Irwin & Billings
Corner Lonsdale and 5th St., North Vancouver

BOARD AND ROOMS

ICE CREAM PARLORS, SODA FOUNTAIN

CIGARS, TOBACCOS ETC.

PURO RESTAURANT, THE ESPLANADE

STANLEY PARK
Ale and Stout
In Bottles, Kegs and Jars.
The Royal Brewing Co., Ltd.
TEL. 361.

PART IV.

"WATER CLAUSES CONSOLIDATION ACT, 1897."

1. This is to certify that the Vancouver Power Company, Limited (hereinafter called the "Power Company"), specially incorporated pursuant to Part IV. of the "Water Clauses Consolidation Act, 1897," on the 25th day of January, 1898, for the purpose of exercising the rights, powers, privileges and priorities in and by part IV. of the said Act created, granted and conferred, has, in addition to its undertaking, approved of by the Lieutenant-Governor in Council, by Certificate of Approval, dated the 14th day of February, 1902, submitted its further undertaking to the Lieutenant-Governor in Council for approval, and that the said further undertaking, as shown by the documents and plans filed, has been approved, and that the same is as follows:—

The construction, equipment, operation and maintenance of an electric street railway or tramway within the City of North Vancouver and the District Municipality of North Vancouver, and District Lots 272 and 273, New Westminster District, for the conveyance of passengers and freight; the erection, construction, operation and maintenance within the said City of North Vancouver, District Municipality of North Vancouver and District Lots of electric works, power houses, generating plant and such other appliances and conveniences as are necessary to supply the said City of North Vancouver, District Municipality of North Vancouver, and District Lots with public and private lighting and heating, and power for manufacturing and industrial purposes; and, in connection therewith, the construction of a transmission line from the Power Company's present transmission line where it now crosses Boundary Road in Hastings Townsite by the most feasible route to and through the said City of North Vancouver, District Municipality of North Vancouver and District Lots. Together with all such rights, powers and privileges as may be necessary to effectually carry out the terms and conditions of three several agreements made by the Corporation of the District of North Vancouver with the Vancouver Power Company, Limited, which said agreements were ratified and confirmed by the "North Vancouver City Incorporation Act, 1906."

The waters at present recorded by the Power Company from Lake Coquitlam and from Lake Buntzen will be utilised to generate the power required to operate the said further undertaking of the Power Company, and it is proposed to transmit such power through a transmission line from the Power Company's present transmission line where it now crosses Boundary Road in Hastings Townsite, and thence by the most feasible route to and through the said City of North Vancouver, District Municipality of North Vancouver and District Lots.

2. And this is further to certify that the first part or portion of the said undertaking and works to be constructed will be about five miles of street railway or tramway, commencing at the foot of Lonsdale avenue, in the said City of North Vancouver, and continuing along said avenue till Twenty-first street, with such branch lines therefrom as shown on plan filed by the Power Company; the construction of the sub-station and transmission line to and through the said City of North Vancouver, District Municipality of North Vancouver and District Lots.

3. And this is to further certify that the Power Company shall have duly subscribed before it commences the construction of the said further undertaking and works, or exercises any of the powers in that behalf conferred by the "Water Clauses Consolidation Act, 1897," Part IV., one thousand (1,000) shares of one dollar ($1.00) each. The further amount of capital required to fully complete the first part of the said further undertaking and works is to be immediately provided by the loan of one hundred and ninety-nine thousand dollars ($199,000.00), to be made by the British Columbia Electric Railway Company, Limited, to be secured by mortgage bonds of the Power Company in sterling or decimal currency carrying interest, or by such other form of security as may be agreed upon between the Companies.

4. And this is further to certify that the time within which the said further capital to be subscribed, namely, one thousand dollars ($1,000), in addition to capital already subscribed, is to be subscribed, is fixed at one month from the date hereof, and the time in which the first part of the said further undertaking and works, as set forth in paragraph 2 hereof, is to be commenced shall be before the expiration of one month from the date hereof at least; and the date at which it shall be in operation is fixed at twelve months from the date hereof; and the date at which the remainder of any portion of the said further undertaking and works hereby approved may be constructed and be put in operation is fixed at the time or times, or, within the time or times fixed for the continuance of the three said several agreements as therein set forth, which said agreements were ratified and confirmed by the "North Vancouver City Incorporation Act, 1906."

Dated this 18th day of May, 1906.

A. CAMPBELL REDDIE,
Deputy Clerk of the Executive Council.

Electric Light

The Poles for the distribution of Electric House-Lighting are now arriving at our Poleyard. Prospective customers are respectfully requested to file their applications for Electric Light as soon as possible, so that the construction of these lines may be taken in hand at once.

British Columbia Electric Railway Co., Ltd.

BANK OF BRITISH NORTH AMERICA

CAPITAL, $4,866,666. RESERVE, $2,043,997
Head Office in Canada, Montreal.
H. STIKEMAN, General Manager; J. ELMSLY, Supt. of Branches

Branches in British Columbia—Ashcroft, Greenwood, Hedley, Kaslo, Rossland, Trail (Sub Branch), Vancouver, Victoria, Duncans, and Dawson, Y.T.

Savings Department—Deposits received from $1 upwards.

Office, Cor. Lonsdale Ave. and Esplanade, North Vancouver, B. C.

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Barrister, Solicitor, Notary, Etc.
THOMPSON BLOCK, NORTH VANCOUVER, B. C.

GEO. E. McCROSSAN, M. A., L. L. B.; S. D. SCHULTZ, B. A.; A. W. HARPER, B. A.
McCROSSAN, SCHULTZ & HARPER
Barristers, Solicitors, Notaries, Etc.
OFFICES—B. N. A. Building, Vancouver, and Junction Block, North Vancouver.

A. M. BEATTIE Notary Public, General Auctionee
167 Cordova Sreet, Vancouver, B. C

He sells at rooms or private house or buys outright all classes of household goods or bankrupt stocks for cash.

REAL ESTATE

He has some of the finest business and waterfront property in North Vancouver. See him at once if you think of picking up property in this section. Be wise, BUY NOW, and you will make money. :: ::

BISCUITS BISCUITS

The World-renowned Biscuits made by Carr & Co., Carlisle, only 25c. per Pound.

J. A. McMILLAN, the Esplanade