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The Express

VOLUME IV. NORTH VANCOUVER, B. C., FRIDAY, APRIL 12. 1907. NUMBER 8

EDITORIAL.

THE TRIPLE CITY OF THE FUTURE.

Dowered with one of the great natural havens of the present time, North Vancouver divides with Vancouver the world-harbor of Burrard Inlet. Nature and the interests of the Canadian state have here largely predetermined the lines of development, and have evidently imposed on the port of North Vancouver the destiny of a triple city. The main railroad base as approved by the Dominion authorities is 100 feet wide along the wharfage level of the present town. To connect with the ocean highway, here bordered by miles of harborage, the land highways of the continent must converge upon the railway. The port, commercial emporium, and distributing district, themselves forming virtually the first town, will, with some industries which require wharfage, grow along the shoreline, embankments and piers, with sidings to the railway base, projecting to deep water as do the existing wharves. Closely hugging the landward margin of the shipping quarter, the second, or manufacturing town and mart, will parallel the wharfage line, and swallowing the adjacent villages of Moodyville and Mission to the east and west, must extend its lumber, iron and fishing industries in two wings over the tidal flats and traffic levels which flank the main basin of the harbor towards the First and Second narrows. Convincing evidence of this exists in the present location of the Moodyville mill, and the position selected for the Vancouver, Westminster & Yukon railway yards. The third or residential city will doubtless occupy, as at present, the higher levels, and should continue to spread rapidly over the neighboring elevations.

NORTH VANCOUVER THE PORT.

As regards the future importance of North Vancouver as a port, according to its advocates, it is difficult to see how Vancouver can ultimately hold its own as against the northern side of Burrard Inlet. It is even held probable that the century will see North Vancouver far out-distance Vancouver, both as port and transportation base. The reasons for this view are stated as follows:

First: Vancouver and North Vancouver have about equal lengths of frontage on the chief basin of Burrard Inlet. Here, however, the equality of natural conditions ceases, and the preponderance of advantage is vastly on the side of North Vancouver. Tributary to Vancouver, and west of the central harbor, there are six miles of shoreline extending to Point Grey, but this stretch is largely, if not altogether, unsuitable for shipping by reason of its shallows and comparative exposure. Of the ten miles of shoreline between the east boundary of Vancouver and Port Moody, several miles front on narrows where the current is prohibitive of wharfage slips, and almost the entire length is controlled by the Canadian Pacific Railway Company; which practically closes the more valuable parts to other railroads.

The Municipality of North Vancouver on the other hand, in addition to the central harbor basin, has between twenty and thirty miles of shoreline, after deducting from which the shoals and the frontage on the narrows, there remain possibly ten miles of valuable deep water frontage, besides a number of sheltered bays. This part of the Pacific litoral is an objective point of value from a railroad point of view, and is said to be coveted and even sought by several transportation companies at the present time. As its extent would accommodate a dozen railroads, with adequate shipping bases, without cramping other enterprises, it has real and great importance to Canada at large. If a single railway company were to receive a virtual monopoly or concession of this entire shoreline, the Pacific commerce of Canada on the whole north shore of its best harbor would be limited to and by the interests of such single transportation company. On the other hand, were shipping facilities judiciously accorded by the government to all railway companies seeking a base of operations in North Vancouver, commerce would pour through the port, the business of the Dominion would increase, and revenue rise in a way that could never be realized were Burrard Inlet virtually made over to two railway companies, one on the north, and one on the south shore. It is hereby neither contended nor insinuated that reasonable concessions to any particular railway company should be opposed; on the contrary, liberal encouragement should be extended to every genuine transportation concern, and special consideration should be shown to the first railroad entering a district. But even a transcontinental railway should be prevented corralling, as has already been done in one instance, an extent of shoreline which would tend to exclude other railroads, and thus prevent the natural growth of national commerce. In other words, it is against the interests of Canada that one railroad should get exclusive control of the shoreline of a port, because such control would give such one railroad exclusive access to the ocean and consequent monopoly of the ocean trade with the port in question. On such grounds, it is held that a great future for North Vancouver as a port depends on the wisdom and fidelity with which the national authorities deal with the asset which the country at large has in the shoreline of its best harbor on the Pacific.

The Regatta.

In accordance with a resolution passed at the annual general meeting the North Vancouver Boating Club will hold its first regatta of the season on Saturday, April 20, in the vicinity of their boathouse, starting at 2:15 p. m.

A large crowd will be over from Vancouver, and the following is the programme:

SENIOR (TUB) FOURS.

Boat 1—F. Diplock, bow; A. E. Kealy, 3; W. J. Butler, 2; W. B. Bunbury, stroke (Capt.)

Boat 2—C. E. Durston, bow; W. Shaw, 3; R. D. Marsden, 2; A. B. Diplock, stroke.

Boat 3—Dr. Campbell, bow; D. H. Dick, 3; F. J. Coutts, 2; J. Brown, 1.

Boat 4—H. Woods, bow; W. J. Irwin, 3; J. Turnbull, 2; W. Loutet, stroke.

SENIOR DOUBLE SCULLING.

(1.) A. B. Diplock and F. Diplock.
(2.) W. B. Bunbury and H. Woods.
(3.) A. E. Kealy and W. J. Butler.
(4.) J. Turnbull and J. Brown.
(5.) F. J. Coutts and W. Shaw.
(6.) W. J. Irwin and Dr. Campbell.
(7.) R. D. Marsden and W. Loutet.

JUNIOR (TUB) FOURS.

SAILING RACE.

TUB FOURS:

Municipal Council vs. N. V. Boating Club—Councillor W. F. Emery, bow; Councillor W. J. Irwin, 3; Engineer W. Loutet, 2; Reeve A. E. Kealy, stroke. J. Turnbull, bow; J. Brown, 3; W. J. Butler, 2; W. J. Bunbury, stroke.

It is the intention of the club to hold regattas once a month during the season

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The municipal council set in committee last night till 11 o'clock. About the only matter of importance was the discussion between Indian Agent Macdonald, Chiefs Harry and Dick and the members of the council regarding the extension of the water pipes to the Mission reserve. A proposition was made by the board, which will be laid before the tribe in the near future for their acceptance or rejection.

The final public meeting of the W. C. T. U. of North Vancouver, was held in St. Andrew's church last evening. A good sized crowd had assembled to listen to the able addresses on temperance that were delivered by the Revs. Mr. Gillam and C. C. Owen, of Vancouver, and also the singing of Mr. and Mrs. Banton, which proved a great treat.

The wrestling match has been arranged, Renshaw vs. Davies, which will take place at the Vancouver Athletic Club on May 1st.

ATHLETIC ASSOCIATION

The Athletic Association met in regular session on Monday night, President McKenzie presiding. Secretary Campbell was also in his place, with a fair attendance present.

The minutes of the previous meeting were read and adopted.

Alex. Philip, clerk of the municipal council, wrote stating that the council had decided to give the east end of Victoria park for the use of the club. Received with thanks.

The president brought up the matter of getting up a "bee" for putting the grounds into shape, which suggestion was unanimously approved.

Mr. P. Larson suggested that an appointment be made with the council to get all the men and teams to assist. He thought the council would agree to this. "I will give the use of a team, scraper and driver," said Mr. Larson, who was loudly applauded.

President McKenzie said that the municipal engineer should give the grade.

On motion of Mr. Larson it was resolved to appoint President McKenzie and Secretary Campbell to interview the council re men and teams.

A Wednesday afternoon was set as the day, the date to be settled later on.

The letter of the Boating Club regarding the proposed affiliation was referred to the executive committee to report on.

The committee having the smoker in hand reported that there would be a small balance to the credit of the club, probably $5.

Mr. Larson said he would donate the hall, for which liberality he was tendered a vote of thanks.

A unanimous vote of thanks was tendered President McKenzie, Secretary Campbell and the committee for their services in connection with the holding of the successful smoker. The president replied briefly.

The treasurer's statement showed a balance on hand of $70.52. On motion of Messrs. Burns and Clark the report was received.

Rev. Mr. Marsden suggested that competitions in different kinds of sport take place from time to time. This would give encouragement to those taking part, as well as making the evenings more interesting.

Mr. Bruce on moved, seconded by Mr. Smith, and carried, that a committee be appointed to get up boxing and wrestling matches, as well as other gymnasium work. After some discussion Messrs. Anson, Burns and A Smith were delegated.

The question of the proposed wrestling match, between R. Renshaw, member of the club, and Fred Davies, of Nanaimo, was brought up. The president said that the arrangements had not yet been completed.

The hall being in use on Friday night, the application for use of same by Mr. Williams was filed.

On motion of Messrs. Gibson and Marsden, Secretary Campbell and Mr. Moore were appointed to look after the piano.

The notification of the Foresters that they would vacate the hall was received and filed.

The president announced that T. Clark and W. Green were the winners of the whist tournament, which announcement was received amidst applause.

The secretary stated that Mr. R. H. Bryce had kindly donated two medals, valued at $25, for another whist tournament.

After a lengthy discussion the executive committee were instructed to see Mr. Bryce, with the object of getting him to agree to spending the money for more medals, so as to put them up for athletic contests as well.

The meeting then adjourned.

Clendenning & Company have secured the contract to build the pipe line road at Seymour creek. They have now part of their outfit at Scott's ranch. Weather permitting, they will employ about 100 men next week.

LOCALS.

The school board meets tonight.

As the date (April 20), of the proposed regatta approaches, the interest taken in this coming event grows. Late in the afternoons may be seen local contestants practising rowing on the inlet, prominent among whom are Reeve Kealy, Superintendent Bunbury, Secretary W. T. Butler, F. J. Coutts, Councillor Irwin, and others.

A grand Derby sweepstake drawing will take place in Larson's pavilion, on June 4th next.

Miss R. Rennie, of London, Ont., was visiting friends here on Wednesday. She left for Victoria on Thursday.

Ex-Engineer J. L. Betts paid the town a flying visit on Monday.

Mr. and Mrs. James Colclough, and son, Winnipeg, were here this week.

James C. Quicke, Toronto, arrived on Tuesday, and will locate here.

A private social hop will be held in Larson's pavilion tonight.

They started hauling crushed rock from Victoria park, and spreading it on Lonsdale avenue, commencing at the wharf, yesterday afternoon.

The ferry St. George will be laid off for repairs from Monday till Thursday next. The steamer North Vancouver will be put on the run, it having been recently overhauled and painted.

The Capilano hotel has been reopened for the season. D. W. Kells, the genial proprietor, intends putting on a tally-ho next week, when trips will be made daily.

Mrs. and Miss Proffit arrived from Seattle on Thursday, and will visit Mrs. J. A. McMillan for a couple of weeks.

Subscribe for THE EXPRESS.

The B. C. Electric Railway Company are hauling the North Vancouver Land & Improvement Company's stumping machinery, which will be put in use at once clearing lots on Queensbury avenue.

The "bee" of the North Vancouver Athletic Club, to clear Victoria park, will take place on Wednesday, April 24th.

An Undenominational Mission is being started in North Vancouver, and those having the work in hand propose holding an opening meeting in the near future, which will be announced through bills distributed throughout the city.

Something for the ladies: The Perfect Pantry, a combination of metal bins so constructed as to be absolutely insect proof, and a great labor-saver, which requires no floor space but is placed on the wall over the culinary table, is now on view at May & Burns' real estate office, where demonstrations will be made by the agents, Wright Brothers, during the next few days.

Prize Winners.

The B. & B. Kennels, of North Vancouver, made a remarkable record at the sixth annual show of the Victoria Kennell Club which closed last week, when over 200 dogs from all parts of British Columbia and the Sound cities competed for honors. The North Vancouver canines won first place in every class, numbering 29 and including the Canadian K. C. medal for the best spaniels; Victoria cup for best pointer; Dr. E. Hall's cup, field trial cup, Turner cup, Fraser medal and four specials. The North Vancouver representatives were: "Queenie," the greatest pointer in America, as she has won now both on the bench and in the field, in every city on the Pacific Coast. There were forty of the best pointers competing against her, but she won easily in every event, winning her fiftieth first-prize. This is a great showing—if not the world's record. The other winners were "Polly," a Japanese spaniel; "Chow," a Chow Chow, the only specimen in B. C.; "Diver" and "Sailor," otter hounds; "Star of the North," a huge St. Bernard.

Mr. G. B. Anderson, a wealthy Winnipeg gentleman, purchased "Polly" for the sum of $350. She was shipped east on yesterday's C. P. R. express.

Mr. R. H. Bryce is being complimented on all sides for his big successes, which he well deserves to be, as it was through his untiring efforts that North Vancouver can now boast of having the kennels with the greatest record of any in the world.

NORTH VANCOUVER FERRY & POWER CO., LTD.

Commencing Monday, March 18, the SS. ST. GEORGE will leave as follows:

VANCOUVER	NORTH VANCOUVER
*6.00 A. M.	*6.20 A. M.
*6.45 "	*7.20 "
8.00 "	8.30 "
9.15 "	9.40 "
10.15 "	10.40 "
11.15 "	11.40 "
12.15 P. M.	12.40 P. M.
1.15 "	1.40 "
2.15 "	2.40 "
3.15 "	3.40 "
4.15 "	5.00 "
5.15 "	5.40 "
6.15 "	6.40 "
7.15 "	7.40 "
8.15 "	8.40 "
9.15 "	9.40 "
10.15 "	10.40 "
*11.30 "	*11.45 "

*Not on Sunday.

G. E. JORGENSEN
Civil Engineer and B. C. Land Surveyor
'PHONE 2828
Railways, Bridges, Water Powers, Estimates, Superintendence of Construction, Maps of Townsites, Plans of Mining Claims, Blueprints of Sub-divisions.
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NORTH VANCOUVER.

'Phone 3.
W. NICHOLSON-LAILEY
ARCHITECT
NORTH VANCOUVER, B. C.

TENDERS WANTED.

TENDERS WANTED FOR CLEARING Lots one and two, re-sub-division five, Block 19, corner Lonsdale avenue and Seventeenth street.
The lowest or any tender not necessarily accepted.
Address N. V., EXPRESS Office.

Don't Go to Vancouver
When you want a job of Painting or Paper Hanging done. See
W. H. STONEY
SIXTH STREET
NORTH VANCOUVER.

JAS. GRAHAME & CO.
PAINTERS AND PAPERHANGERS
MURAL DECORATORS
GRAINERS GLAIZIERS SIGNS
LONSDALE AVENUE,
OPP. 13TH STREET.

MEN'S FURNISHINGS
TAILORING AND BOOTS AND SHOES
Our new Hats are here; our Spring Woollens are here. Our store and everything therein is new, bright and cheerful. Our prices are right.
Patronize Home Industry
CARL WOLF
THOMPSON BLOCK, - LONSDALE AVE.

The Brackman-Ker Milling Company report a splendid demand for their celebrated B.-K. chick food for young chicks. It is claimed by poultry experts to be the best on the market, and price is reasonable.

DISTRICT OF NORTH VANCOUVER.

TENDERS ARE INVITED BY THE Council for the work of Clearing 2,185 feet of ten-foot trails in D. L. 2003, and 1,660 feet of ten-foot trails to extend Lonsdale avenue north and King street.

Specifications can be had at the Municipal Hall, where sealed tenders must be lodged before 8 o'clock on Monday, the 15th inst.

ALEX. PHILIP,
C. M. C.

DISTRICT OF NORTH VANCOUVER.

APPLICATIONS ARE INVITED BY the Council for the position of Municipal Engineer. Applicants to state qualifications and salary expected, and to give references. For further particulars apply at the Municipal Hall, where applications will be received on or before the 15th day of April, 1907.

ALEX. PHILIP, C. M. C.

TIMBER NOTICES.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated in Jervis Inlet, New Westminster District: Commencing at a post situated at the S. W. corner T. L. 10304, commencing at a stake marked J. Isidore's N. E. corner post; thence south 40 chains; thence east 80 chains; thence south 40 chains; thence west 120 chains; thence north to the shore; thence east along the shore to the point of commencement.

ROBT. H. BRYCE.
March 15th, 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated in Jervis Inlet, New Westminster District: Commencing at a post marked J. Isidore, at the S. E. corner of T. L. 7610; thence 80 chains south; thence 80 chains east; thence 80 chains north; thence 80 chains west to the point of commencement.

ROBT. H. BRYCE.
March 15th. 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated in Jervis Inlet, New Westminster District: Commencing at a post marked J. Isidore, at the S. E. corner of T. L. 7610; thence 100 chains south; thence 64 chains west; thence 100 chains north; thence 64 chains east to the point of commencement.

ROBT. H. BRYCE.
March 15th, 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated in Toba Inlet, Coast District: Commencing at a post situated on the N. E. corner of T. L. 432, marked J. Isidore; thence 80 chains north; thence 80 chains west; thence 80 chains south; thence 80 chains east to the point of commencement.

ROBT. H. BRYCE,
March 15th, 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated in Toba Inlet, Coast District: Commencing at a post on the shore marked J. Isidore, situated 30 chains west from the S. W. corner of T. L. 9726; thence 80 chains east; thence 80 chains south; thence 80 chains west; thence 80 chains north to point of commencement.

ROBT. H. BRYCE.
March 15th, 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated on Bute Inlet, Coast District: Commencing at the N. W. corner T. L. 556, marked J. Isidore; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement.

ROBT. H. BRYCE.
March 15th, 1907.

NOTICE IS HEREBY GIVEN THAT thirty days after date I intend to apply to the Honorable the Chief Commissioner of Lands and Works for a special licence to cut and carry away timber from the following described lands, situated on Bute Inlet, Coast District: Commencing at a stake planted on the N. E. corner of T. L. 556, marked J. Isidore; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to point of commencement.

ROBT. H. BRYCE.
March 15th, 1907.

THE EXPRESS

NORTH VANCOUVER..... B.C.

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Subscription One Dollar per Year

J. B. WILLIAMS, ... Manager
GEORGE BARTLEY, ... Editor

A MOTHER'S MESSAGE TO MOTHERS

WHAT ZAM-BUK DID FOR HER CHILD

"If this statement is the means of leading some mother to introduce Zam-Buk to her home, I shall be very glad." So says Mrs. K. Watkins, of 26 Forgue Avenue, Montreal, and continues: "My boy, Walter (9), while attending school, contracted some sores. These spread, and became so bad that some of them on the heel and ankle made it almost impossible for him to walk. I used various ointments, but the sores persisted. One day Zam-Buk was recommended, and we got a supply. It seemed to take the soreness out of the place to which it was applied right away, and the wounds began to heal. In about a week's time the sores, which had defied other treatment, were completely healed, and there is now not a trace of sore on his body! I believe Zam-Buk to be the best balm ever produced."

When a mother rubs on to the delicate skin of children a balm or salve, she needs to be as careful as if she were giving a child an internal remedy. Zam-Buk is pure—free from all animal fat and all mineral matter, and may be applied with wonderful benefit—even to the skin of young babes. Zam-Buk heals sores, cures eczema, spring skin eruptions, ulcers, ringworm, itch, barber's rash, blood poison, bad leg, salt rheum, abrasions, abscesses, cuts, burns, scalds, and all skin injuries and diseases. Of all stores and druggists at 50 cents, or from Zam-Buk Co., Toronto, for price, 6 boxes for $2.50. Baseball players and athletes find it best embrocation.

Patient—Doctor, do you think that people are occasionally buried alive?

Doctor (reassuringly)—It never happens to my patients.—Berliner Illustrierte Zeitung.

Two men were killed and four wounded in a bomb explosion in the Bora quarter of Constantinople.

HEALTH IN SPRING

Nature Needs Assistance in Making New Health-Giving Blood.

Spring is the season when your system needs toning up. In the spring you must have new blood just as the trees must have new sap. Nature demands it. Without new blood you will feel weak and languid; you may have twinges of rheumatism or neuralgia, occasional headaches, variable appetite, pimples or eruptions of the skin, or a pale pasty complexion. These are sure signs that the blood is out of order. A tonic is needed to give new energy. Dr. Williams Pink Pills are the best tonic in all the world. They make new, rich blood—your greatest need in spring. They clear the skin, drive out disease and make tired, depressed men and women bright, active and strong. Mrs. John McAuley, Douglastown, Que., proves the great value of Dr. Williams Pink Pills in building up people who have been weakened and run down. She says: "Dr. Williams Pink Pills have been of great help to me. My blood was weak and watery and I was badly run down. But through the use of the pills my health was fully restored. I always recommend them to my friends who may be ailing."

There are fraudulent imitations of Dr. Williams Pink Pills, and to protect yourself see that the full name "Dr. Williams Pink Pills for Pale People" is printed on the wrapper around each box. Do not take any other so-called pink pills. If your dealer has not got the genuine, send to the Dr. Williams Medicine Co., Brockville, Ont., and get the pills by mail at 50 cents a box or six boxes for $2.50.

Rev. R. J. Campbell, the well known Congregationalist minister, made his first appearance on a socialist platform at Liverpool a few days ago.

A Liniment for the Logger.—Loggers lead a life which exposes them to many perils. Wounds, cuts and bruises cannot be altogether avoided in preparing timber for the drive and in river work, where wet and cold combined are of daily experience coughs and colds and muscular pains cannot but ensue. Dr. Thomas' Eclectric Oil, when applied to the injured or administered to the ailing, works wonders.

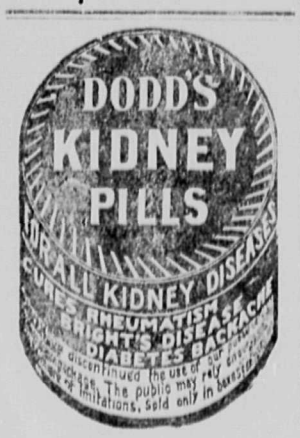
The buildings for the forthcoming great Irish International Exhibition are practically completed.

Minard's Liniment Cures Distemper.

London flower girls, who make a precarious living selling cut flowers at the street corners, may have their one day's credit system, which shopkeepers allow them, abolished.

The never failing medicine, Holloway's Corn Cure, removes all kinds of corns, warts, etc.; even the most difficult to remove cannot withstand this wonderful remedy.

Announcement was made at the last monthly meeting of the British Astronomical association that the next return of Halley's comet might be looked for on May 16, 1910.



THE FALL OF NATIONS

How Great World Powers Have Passed Into History.

MOST HAVE DIED FIGHTING.

The Struggle Between the Empire of the East and the Empire of the West. Venice, Its Secret Three and Its Long Reign of Terror.

Most countries which have died have gone down fighting. The Roman empire perished like that, and by the irony of fate the power of the Caesars came to an end far away from Rome.

After it had existed for centuries the Roman empire became so vast and unwieldy that it had to be divided into two, the empire of the west and the empire of the east. The capital of the former was Rome.

The empire of the west became so weak at last that it could make no stand against its enemies. Rome was sacked by the barbarians and eventually became not the capital of a vast empire, but the city of the popes, over which the pontiffs reigned as kings. The temporal power of the popes lasted till 1870, while the capital of Italy was first Turin and then Milan. Finally the city was taken without a real fight by the soldiers of the king of Italy.

The empire of the east had its capital at Constantinople. For centuries it was the greatest power in the world. But it became honeycombed with vice and enervated with pride and luxury; also it grew old and weak. Then in 1422 the Turks made a tigerish spring on Constantinople and took it by storm. The last of the Greek emperors died sword in hand, and his descendants are living in England today in very humble situations.

Egypt, once so powerful and so famous under the pharaohs, was conquered by Rome and was afterward swamped by the Moslems. The crescent was supreme in the land of the Nile, and the aforetime haughty Egyptians were slaves for a thousand years.

The great moguls used to reign in India. In the days of Queen Elizabeth the mogul—or emperor of Delhi, as he was sometimes called—was so powerful that he thought it a vast condescension on his part to receive an embassy from the maiden queen. But as time went on the great rajahs, or tributary kings, rebelled against the moguls. India was rent asunder by the wars between rival rajahs. This gave the Europeans a chance.

France at first held the upper hand and nearly conquered the land, but then England drove France back and seized the empire of the great moguls for herself. The heir of the moguls, by the way, still enjoys a pension given by the British government as a compensation for the throne lost by his ancestors.

Poland used to occupy a big place on the map of Europe. At one time it was much larger and stronger than Russia. The czar of Russia and the emperor of Austria were only too glad to be on good terms with the king of Poland, and there was no king of Prussia in those days.

Noble adventurers from all parts of the world flocked to the Polish capital at Warsaw, eager to serve in the Polish armies. The Duke of Monmouth, son of King Charles II. of England, thought of doing this.

But Poland perished through her own faults and follies. The mass of the common people were slaves in all but name. They were not allowed to move from one part of the country to another without leave, they could not own a foot of land, and they could never be sure that they might not be sold by the great noble they served to a new master; hence the nobles and the people never stood together in times of danger or disaster.

Poland was a big country, but it was divided against itself, and Russia, Prussia and Austria combined were more powerful. They all three joined hands, and each took a large share of Poland in 1772. That was the "first partition of Poland." The Poles submitted tamely, for they were still divided.

In 1793 the trio of robbers made a second swoop. Only the ghost of Poland was left. Another year saw the end of the tragedy. The last remnants of Poland were swallowed up by Russia, Prussia and Austria.

The fate of the republic of Venice is one of the most dramatic in all history. For hundreds of years the City of the Lagoons was one of the most powerful states in the world. Its doges ranked as the equals of the proudest kings. Its alliance was coveted by the greatest powers. Its government was one of sheer terrorism. The doge was hardly more than a splendid figurehead. All real power rested in the hands of the dreaded council of ten and the secret three. The latter were a trio of living mysteries and were known by name to practically no one in Venice.

Sometimes a man was one of the secret three and his own wife and children never dreamed it. Their most dreaded servants were masked mutes. If a Venetian, no matter how high his rank, was denounced by the council of ten or the secret three, he knew he was no better than a dead man. So the government of Venice was a terror to its own people and the outside world. Then Napoleon came upon the scene, and "the lion of St. Mark licked the dust."

"I have generally found that the man who is good at an excuse is good for nothing else," said Franklin to a servant who was always late, but always ready with an excuse.

AMERICAN VIOLINISTS.

New Methods In an Art That Is Old. A Pittsburg Romance.

One of the musical instruments whose popularity never seems to diminish is the violin, alias the fiddle. There is a story to the effect that one of the pioneer settlers of western Pennsylvania gave 1,500 acres of land in exchange for a beautiful instrument made by Steiner, the successor of the renowned Stradivarius, and the land thus given is the site of Pittsburg. Then there is the story of the violin maker in New York who bought up old rafters to turn into instruments, some of his choicest productions being carved out of the wood taken from St. Matthew's, a downtown church razed about half a century ago.

In the country districts the fiddler who presides at dances in barns or town halls is as prominent a figure as ever, and in the schools of music the student of the violin is in a fair way to become the nucleus of the future American orchestra, which today is largely made up of Europeans. In Boston George W. Chadwick, the well known composer, has introduced the practice of using members of the big Symphony Orchestra to sit alongside the pupils composing the Conservatory orchestra and "speed up" the performances. All advanced pupils are required to attend the rehearsals regularly, and the performances are under the direction of Mr. Chadwick himself. There is a good deal of public spirit behind this undertaking, for as the Symphony Orchestra has the support of a banker, Major Henry L. Higginson, so the Conservatory, where this amateur orchestra is training, has a magnificent concert hall, the gift of a Boston merchant, Eben D. Jordan.

Every player in this amateur organization is provided with a fine instrument, if not his own, then one loaned to him. One of the leading manufacturers of violins is authority for the statement that the instruments made in this country are worthy of comparison with any ever made of old and that it is a mistake to assume that the art of manufacturing fine violins passed away with the school of Cremona; hence the assurance that music students in the United States have as many if not more advantages at their disposal than those who study abroad.

In some parts of the country expertness with the violin is a feature of home training, but nowadays American music schools, particularly schools in cities where there are first class professional orchestras, are devoting more attention than ever to the development of players gifted with an aptitude for the art of Paganini.

Enemies Now.

Susan Sunflower—Heah am de engagement band dat Sam put on mah finger. Et sartinly do attract a lot of attention.

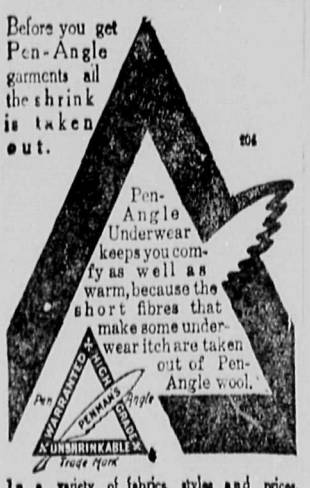
Hannah Hamm—Et ought to. Brass bands always attract attention.—Detroit Tribune.

A Marriage Warning.

In Germany all marriages have to be contracted before a register previous to the ceremony in church, which is optional. The law requires public notice to be given of the match, and this notice is generally exhibited in a box hung up at the town hall or other municipal building. The following official announcement appeared lately in a small town: "From today there is fixed at the town hall the new box, in which all those who intend to enter the married state will be hung."

Not Labor Lost.

The safe bore a paper stating that there was nothing of value within. Nevertheless the burglar blew the receptacle open, finding the statement correct. "Well," he remarked, gathering up his tools, "it's worth something to ascertain that there are still people who tell the truth."



In a variety of fabrics, styles and prices, in all sizes for women, men and children—and guaranteed by your own dealer.

THE SEPARATOR.

If Properly Handled It Will Prove a Splendid Investment.

Every progressive dairyman should have a hand separator. You can then give the calves fresh sweet skim milk. It is expensive to feed calves on whole milk, especially when you can sell the butter for 25 cents per pound and supply the fat taken from the milk by oilmeal or oil cake at a few cents per pound.

From the other side, the separator is certainly a splendid investment as a labor saver. It is also valuable as a means of getting all the butter fat from the milk. Get a good standard machine, but don't get a very small size unless you have only a very few cows. For ten to twelve cows we would certainly recommend a 450 to 650 pound per hour separator.

Cleaning the Machine.

Wash the machine every time it is used. Don't believe the agent who tells you that you can wash his machine by simply dipping the parts in warm water. Any one who has handled vessels in which milk has been kept knows that that is not so. Use a brush, not a dish rag, to wash each piece of the separator; then pour boiling hot water over the parts and allow to dry.

Use plenty of oil on the bearings, and thus greatly increase the life of the machine. Fasten the separator securely to the floor, take three minutes to speed it up, heat up the bowl with a little lukewarm water before separating, then flush out with a little clean water after the milk has run through to get all the cream.—Professor W. J. Elliott.

Aroostook Dairying.

I always wash my cows' udders with clean water and wipe them dry, milking with dry hands. We strain the milk through cheesecloth, folded twice, and use a separator. We like that because it saves a lot of milk cans or pans to care for, and, best of all, we can feed the warm, sweet milk to the calf. For ventilation in the stable I depend upon a two inch hole in the wall with a shingle to close over it in stormy weather. I feed through traps in front of the cows, and these are never very tight, so they always have fresh air in front of them. I clean the stable twice a day regularly in winter, and in the summer the stock are in the pasture night and day.—V. T. Lundval, Aroostook County, Me.

Dairy Talk of Today.

The handling of milk the first few hours after it has come from the cow has a great influence on its quality and the commercial value of the products made from it. The care of milk seems a simple matter, but better methods in our dairies are of the greatest importance to the success and reputation of American dairying.

Testing of Dairy Cows.

Officially authenticated testing of dairy cows is becoming more and more the leading feature of the work of breeders. These tests are regarded by the public as the true index of the value and of the capacity of all breeds. Practical dairymen are placing absolute reliance upon them as an invaluable aid in the selection of sires with which certainly to improve the capacity and profitable production of their cows.

Dairy Products In Demand.

The greatest profit is in selling milk and cream to customers, the next in having annual customers who will take either cheese or butter as it is made. Then follows the selling of cream to the creamery and, lastly, butter to the store trade as one can catch the market. There seems to be a constantly increasing demand for the products of the dairy which keeps pace with the increase of cows. There is a bright prospect ahead for all who wish to engage in this great branch of agriculture.—S. F. Emerson.

Where the Expense Comes In.

Professor W. J. Fraser of the Illinois College of Agriculture says, "It is what the farmer does not know about his cows that hurts." If he knew how expensive it is to keep a poor cow, he would not do it. Twenty-five good cows will earn more net than a hundred moderately good cows and more than 1,000 poor cows. The poor cows will not pay their way. In one case the cows will keep the farmer; in the other the farmer will keep the cows.

The Milking Machine.

The Farmers Advocate says: "We did not believe in the efficiency of the milking machine until we saw one at work. Now that we have been shown we cannot say too much in its favor. There are milking machines and milking machines, so be careful what you buy when you are approached by a smooth tongued milking machine salesman. So far as we know, there is only one or two approved makes of milking machines. Better go slow in the purchase of a machine and be sure you get a good one."

Culling the Herd.

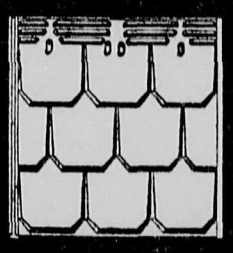
It is the constant aim of progressive dairymen to improve their herds, and such improvement must depend largely upon culling the herd and getting rid of the unprofitable animals.

Keep Out the Bacteria.

The most careful handling of milk after it is once infected with bacteria will not suffice to make a good product from it. The bacteria must not be allowed to gain ingress if clean, wholesome products are desired. Thorough washing with boiling water, or, better, live steam, followed by rapid cooling and subsequent exposure to the direct rays of the sun, is the only sanitary way of handling the dairy's utensils.

THE METALLIC ROOFING COMPANY, LIMITED

"EASTLAKE"



STEEL SHINGLES

TORONTO.

FOR THE ROOF

There's Truest Economy in choosing

"EASTLAKE" METALLIC SHINGLES

They last indefinitely.

Are fire, lightning, rust and leak-proof.

Fit together perfectly by means of their special patented side lock, can't possibly work apart.

And are more quickly and easily laid than any other shingle on the market.

Galvanized "Eastlakes" are heavily coated on BOTH sides with all the galvanizing material that will adhere to them.

Painted "Eastlakes" are thoroughly covered on both sides with reliable paint.

"Eastlakes" have been tested by years of service in all climates, everywhere giving thorough, lasting satisfaction.

Write and let us give you further information.

WESTERN CANADA FACTORY, 797 NOTRE DAME AVENUE., WINNIPEG.
HEAD OFFICE - TORONTO-

THE REALLY TASTY TOAST
For Breakfast, or Luncheon, is

TRISCUIT

Served with butter, cheese, or preserves, it is more Nourishing than bread, and more Toothsome than white flour toast. Unequalled and indispensable for light, quick lunches in winter weather.

TRISCUIT is the wafer of the equally wholesome shredded whole wheat BISCUIT

All Grocers. Send for the "Vital Questions Cook Book," prepaid.

CANADIAN SHREDDED WHEAT CO., LIMITED,
32 CHURCH STREET, TORONTO.

$200.00 IN CASH

AND NUMBERS OF VALUABLE PREMIUMS GIVEN AWAY FREE

Not One Cent of Your Money Required. Read Carefully if You Wish to Earn Part of the Above Amount.

Can you arrange the sets of mixed letters below, into the names of six well known wild animals; if so you can share in the distribution of the above Prize: Try: It is no easy task, but by patience and perseverance you can probably find three or four. It means money to you to do so.

To the person who finds the largest number of names, we will give the sum of One Hundred Dollars ($100.00) in Cash. To the person who finds the second largest number we will give the sum of Fifty Dollars ($50.00) in Cash. To the person who finds the third largest number we will give the sum of Thirty Dollars ($30.00) in Cash. To the person who finds the fourth largest number we will give the sum of Twenty Dollars ($20.00) in Cash. Should two persons send in equally correct answers for the first prize, the first two prizes will be equally divided between them, each receiving the sum of Seventy-Five Dollars ($75.00). Should three persons send in equally correct answers the first three prizes will be equally divided between them, each receiving the sum of Sixty Dollars ($60.00). Should four persons send in equally correct answers the whole sum of Two Hundred Dollars ($200.00) will be equally divided between them (each receiving Fifty Dollars ($50.00). And so on in like proportions. In order to help you a little we have put a mark under the first letter of each name.

No. 1 INOL	No. 2 READ	No. 3 OFLW
No. 4 IGRET	No. 5 UFLFAOB	No. 6 XOF

WE DO NOT WANT ANY OF YOUR MONEY!

We mean exactly what we say. We do not require you to send us any of your money. There is only one simple condition attached to this Competition (which is not to send us any of your money). When we receive your reply we will write you, explaining what the simple condition is. If you can find ANY of the names write to-day. ENCLOSING STAMP FOR OUR REPLY. Canadian Medicine Co., Montreal

SIMPLE AND LASTING

results are obtained from the use of **Alabastine.** "Homes, Healthful and Beautiful," our splendid new book, explains how **Alabastine** hardens and improves with age, will not rub off, and is pure and free from decomposing matter.

Send ten cents for a copy of "Homes, Healthful and Beautiful," with many dainty, new ideas for the decoration of your home.

Alabastine is sold by hardware and paint dealers everywhere—a 5 pound package for 50 cents.

Ask your dealer for tint card. NEVER SOLD IN BULK.

The Alabastine Co. Ltd.

160 WILLOW STREET, PARIS, ONT.

The famine-stricken Chinese have been practising cannibalism in localities where the distress is most acute.

STAMMERERS

The ARNOTT METHOD is the only logical method for the cure of Stammering. It treats the CAUSE, not merely the HABIT, and insures natural speech. Pamphlet, particulars and references sent on request.

THE ARNOTT INSTITUTE, Berlin, Ont., Can.

Burns

A slight burn of large area is often worse than a deep small one. The first thing to do is to exclude the air. Cover the burn with cotton batten and saturate that with the always ready relief,

JOHNSON'S ANODYNE LINIMENT

Remove the cotton in a few minutes and smear with vaseline, and dust with talcum powder or flour. Occasionally lay over this a cloth wet with Liniment. 25 cents, three times as much 50 cents. I. S. JOHNSON & CO., Boston, Mass.

FAILING EYESIGHT AND TORPID LIVER.

Good Sight and Good Health Returned when the Liver was Set Right by

DR. CHASE'S KIDNEY-LIVER PILLS.

To persons who have not considered the relationship of eyesight to general health this letter will prove especially interesting.

Mrs. A. R. Price, Nose Creek, Calgary, Alta., writes: "I write to tell you how highly we think of Dr. Chase's Kidney-Liver Pills, for they are unsurpassed for torpid liver, constipation, and kidney troubles. My husband derived great benefit from Dr. Chase's Kidney-Liver Pills a couple of years ago when he was feeling depressed and regularly out of sorts. His eyesight was failing and the lamplight hurt his eyes so he could not read at all and had made up his mind to see an oculist.

"I advised him to try Dr. Chase's Kidney-Liver Pills, thinking he was suffering from torpid liver. He did so and after using less than two boxes his eyesight entirely returned and he felt quite well again. We would never be without these pills in the house and I cannot speak too highly of them."

Dr. Chase's Kidney-Liver Pills are marvelously prompt and certain as a cure for sluggish action of the liver. While awakening the liver they also regulate the bowels and invigorate the kidney action.

In this way the filtering and excretory systems are thoroughly cleansed of all poisonous impurities and the cause of pain, sickness and suffering removed.

In every family there is need of just such a medicine as Dr. Chase's Kidney-Liver Pills to cure constipation, backache, biliousness, indigestion and *prevent dangerous and fatal diseases* of the kidneys and bowels. One pill a dose, 25 cents a box, at all dealers. Edmanson, Bates & Co., Toronto. To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

SIXTY-ONE UNKISSED YEARS

Milwaukee holds the record for the unkissed, according to a statement made under oath by William Bartel. Bartel is 61 years of age, and testified that he had never been kissed by a woman, nor had he ever kissed anyone. He was a witness in a case where a saloon had been raided as a disorderly house. It was intimated that Bartel had hugged and kissed a young woman present. Bartel denied the imputation, and with dramatic pose and flashing eyes said:

"I have never kissed a woman in my life, and no woman ever kissed me and never will, so help me God."—Milwaukee Dispatch to Chicago Record-Herald.

BE YOUR OWN BOSS. Little Capital Required. Will send you for $1.00, 20 Formulas and Processes—(regular price $3.00)—any one of which may make you a small fortune. Many are esvecially valuable to Farmers. They include Mirror Making—renovating old Mirrors—Brightening old gilt frames—making Imitation Stained Glass. To make Good Paint for about one cent a pound. Fireproof *Composition for Roofs—How to Fatten Calves*—Hunter's Secret for Catching Game—Secret Art Catching Fish—Also Chinese Method of Catching Fish—Arabian Charm for Training Horses. Many Veterinary Formulas Invaluable to every horse and stock owner. To make Old Apple Trees Young, and many others—KAY & CO., 1122 Caxton Bldg., Chicago.

The Italian government is again taking up the work of excavation at Herculaneum.

Mother Graves' Worm Exterminator does not require the help of any purgative medicine to complete the cure. Give it a trial and be convinced.

A swallow's speed has often been stated to be sixty miles an hour. Recent experiments prove that a swallow in a hurry can travel at the rate of 128½ miles an hour.

Non-alcoholic Sarsaparilla

If you think you need a tonic, ask your doctor. If you think you need something for your blood, ask your doctor. If you think you would like to try Ayer's non-alcoholic Sarsaparilla, ask your doctor. Consult him often. Keep in close touch with him.

We publish our formulas

Ayer's

We banish alcohol from our medicines

We urge you to consult your doctor

Ask your doctor to name some of the results of constipation. His long list will begin with sick-headache, biliousness, dyspepsia, thin blood, bad skin. Then ask him if he would recommend your using Ayer's Pills.

—Made by the J. C. Ayer Co., Lowell, Mass.—

You have heard of biscuits—and read of biscuits—and eaten biscuits—but you don't know biscuits—until you try Mooney's Perfection Cream Sodas. They are everything that the ideal biscuits should be.

The air-tight, moisture-proof package brings them to you fresh, crisp, inviting.

Practically every grocer in Canada has MOONEY'S. Yours will get them if you ask. In 1 & 3 lb. pkgs.

MOONEY'S PERFECTION CREAM Sodas

THE MOONEY BISCUIT & CANDY CO. STRATFORD CANADA

103

IN DOUBT

On a famous rifle range there was an important team match one day, and the men were firing in pairs, one for each team, side by side. The best shot on the home team was given to aiming so long that bets were made on whether or not he had gone to sleep at the firing point. Presently he withdrew his head from the stock of his rifle, lowered the barrel, and asked his opponent, in a low tone:

"Did I fire, or did you?"—Forest and Stream.

BABY'S DOCTOR

"With a box of Baby's Own Tablets on hand I feel just as safe as if I had a doctor in the house." This is the experience of Mrs. John Young, Auburn, Ont. Mrs Young adds:—"I have used the Tablets for teething and other troubles of childhood and have never known them to fail. Hundreds of other mothers are just as enthusiastic in their praise. Colic, indigestion, diarrhoea, worms, constipation and other little ills are speedily cured by this medicine. It is absolutely safe—always does good—cannot possibly do harm, and you have the guarantee of a government analyst that the Tablets contain no opiate or poisonous soothing stuff. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Six wireless telegraph stations are to be established in Alaska.

Minard's Liniment Cures Colds, etc.

Fully Posted.

"Could you do the landlord in 'The Lady of Lyons?'" asked the manager of a seedy actor.

"Well, I should think I might. I have done a good many landlords."

It Might Speak.

The Artist—Oh, ze madam has ze grand face. I shall make ze speaking likeness. Henpeck—Er—well, old man, you needn't go so far as that, you know.

Traitor.

"They say that he fell overboard as the ship rolled on its side."

"You might say that he left the ship in the lurch."—Yale Record.

Caribou Horns.

Not one out of every ten female caribou has horns. When they do have them, they are much smaller than those of the bull. The horns of the female have, however, in general many more branches than those of the bull, and they are much more regularly and finely formed. The cows carry their horns much longer than the bulls. They have been seen with their horns in the month of April. The old bulls shed their horns from the 10th to the last of November. They hardly ever carry them after the month of November. The young bulls shed theirs from the first of December until the middle of February. The younger the animal the longer he retains his horns.

Water Needles.

So penetrating is water at high pressure that only special qualities of cast iron will be tight against it. In the *early days of the hydraulic jack it was* no uncommon thing to see the water issuing like a fine needle through the metal, and the water needle would penetrate the unwary finger just as readily as a steel one.

Cash or Credit.

Women *should not get credit*. Neither should men. Cash is the cure. Tradesmen maybe would have a bad time for six or twelve months, and many a lady would have to "lie low," but in the end we would get both our trade and our money, and she would get her dress and at far less cost.—London Opinion.

The Vice Presidency.

"It's sthrange about th' vice prisidincy," said Mr. Dooley. "Th' prisidincy is th' highest office in th' gift iv th' people. Th' vice prisidincy is th' nex' highest an' th' lowest. It isn't a crime exactly. Ye can't be sint to jail f'r it, but it's a kind iv a disgrace."—"Dissertations by Mr. Dooley."

His Hope For Revenge.

Judge (to barber sentenced to death)—If you have a last request, the court will be glad to grant it. Barber—I should like to shave the prosecuting attorney.

To be able to have the things we want, that is riches, but to be able to do without, that is power.—Macdonald

A SETBACK.

Why a Denver Society Man Did Not Call on the Girl.

The gasoline runabout stopped and refused to budge. In it was a good looking young woman. She pushed levers and turned wheels, but the machine remained still. A well dressed young man quite well known in Denver society came along. He knew very little about autos, but the girl's looks attracted him. "Here's a chance," he thought, "to work a little bluff and make the acquaintance of a peach."

Raising his hat, he asked if he might not try to help her out of her predicament. To be sure he might. So he went to work. He looked in the machine, and then he talked to the girl. Next he looked under it, and then he had a little talk with the girl. He managed to kill ten minutes pretending to look for the trouble and incidentally becoming acquainted with the girl. Finally he took hold of the crank and gave it a twist. The engine began to puff, and the machine was in readiness to start.

"Oh, thank you very much," said the girl.

"It was a pleasure to assist you, I assure you," he replied. Then he grew brave. "May I ask your name?" he said.

She smiled and told him. He gave her his card. "Come and see me some time soon," she said.

"I'd like very much to," was his reply. "Where do you live?"

She gave him her number. "I'll be up tomorrow evening if you don't mind," he said.

"All right," was her reply. She started the machine and then stopped it again. "Would you mind coming around to the back door when you call?" she asked.

He was surprised. "What—the back door?" he said, looking puzzled.

"Yes," she replied. "I'm the second maid up there."

He smiled a sickly smile and moved away hurriedly. No, he didn't keep the engagement.—Denver Post.

In the Sickroom.

Pearl—I am awfully jealous of that pretty trained nurse. I wish they had engaged a homely one to attend George.

Ruby—But she is only taking his pulse.

Pearl—Yes, but what guaranty have I that she might not take his heart?—Chicago News.

THE LATE MR. C. B. RECORD,

FOUNDER OF THE RECORD FOUNDRY.

Reproduced above, is a portrait of the late Mr. C. B. Record, the founder and original head of the Record Foundry & Machine Co., of Moncton, N.B., and Montreal, P.Q.

Previous to Mr. Record going into the manufacture of stoves, those used in Canada were almost wholly of American manufacture. The character of the work turned out by the Record Foundry & Machine Co., at once gave their stoves a standing, and as a result a very large business soon grew up, largely owing to *Mr. Record's untiring industry* and perseverance against many obstacles.

Although Mr. Record retired from active business as far back as 1879, the solid basis on which he had established the industry, has resulted in its growth from a sturdy pioneer into one of the largest stove manufacturing plants on the northern half of the American continent. With two large plants, one in Moncton and one in Montreal, the Record Foundry & Machine Co. are known from Halifax to Vancouver, and their "Calorific" and "Admiral" furnaces and "Penn Esther" ranges recognized as the standard of Canadian excellence.

There were launched by Scottish *shipbuilders during January and February* of this year sixty-two vessels of 82,854 tons. This is easily the largest output on record for the first two months of the year.

Your Doctor

Can cure your Cough or Cold, no question about that, but—why go to all the trouble and inconvenience of looking him up, and then of having his prescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE for a quarter.

Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you as quickly?

Why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doctor whenever a Cough or Cold appears.

SHILOH will cure you, and all druggists back up this statement with a positive guarantee.

The next time you have a Cough or Cold cure it with

SHILOH

605

PROFITABLE COWS.

Some Valuable Points on Building Up a Dairy Herd.

The dual purpose cow does not exist. All progressive farming of later days makes the dividing line all the more distinct between the beef and dairy breeds. The farmer has not yet been found who can produce a herd of cattle that shall lead in both dairy and beef products at the same time. I assume that we are aiming to have the *best dairy herds and make as much* money as we can.

First let me insist that every dairyman shall select the dairy breed that suits him best, taking into consideration, among other things, climate, food he is prepared to furnish, kind of barn he has, market for his milk and his personal taste. Decide and act promptly in the matter.

Get a Good Sire.

Next purchase a pair or trio, and with them lay the foundation of a pure bred herd. If expense makes this impracticable, purchase a registered sire and get a calf from a cow with good *record of production. Get the best* possible sire of the breed chosen, as he is half the herd.

The next step in grading up a herd is to be sure not to inbreed. When you have heifers old enough to breed, purchase for them another sire.

When the third, fourth or fifth grade has been reached, you will have a profitable herd, which, while it cannot be registered, will show splendid results.

Another step—do not breed any heifer until she is nearly or quite two years old. Breeding heifers too young is the leading cause of every ill bovine flesh is heir to, and the balance may be charged to inbreeding.

Food and Care.

Food and care bestowed upon a herd form an important part in this upbuilding of the herd. Cruelty and profanity may largely counteract the effect of a proper amount of protein, an unbalanced temper spoil the result of a balanced ration, and comfortable quarters are needed as much as proper food.

Poor and unprofitable cows should be picked out and disposed of, the safest process being to weigh the milk and test for butter fat. One thing more—we must look well to the health of the herd. We can buy healthy cattle and largely keep them so if we will supply pure air and sunshine as well as food and water.

Success in building up a dairy herd will depend largely upon the love and interest you put into the work, combined with talent, skill and energy.—Rev. E. F. Pember Before Maine Dairymen's Association.

DAIRY WISDOM.

Remember there will be no advancement, no upgrading, unless you have secured the best bred, most prepotent animal at the head of your herd that is obtainable. Improvement only comes through the superior qualities of the males used.

Have a wrench, a screwdriver and a small hammer just for use around the separator and other buttermaking machinery and never use them for any other purpose.

Just because it's colder and you may not be able to smell the odors from the cream separator so plainly, don't imagine that it doesn't need just as careful cleaning.

Because the cow falls off in milk it does not always follow that she is sick. There may be something wrong with her feed. Look into that. Often it is the man and not the cow at all.

Do not under any circumstances feed hay or fodder while milking.

The filthy cow stable makes itself known in the flavor of the milk.

Manage your cows so you can know where a shrinkage takes place.

It is not always necessary to buy expensive stock to improve your dairy.

Exposure to storms and cold causes a shrinkage that cannot be fully restored.

Expensive barns and stables are not necessary for the production of sanitary milk. Common sense, cleanliness and quick cooling are the three main points.

Some people salt the cows as they make good resolutions—only occasionally. Do it regularly and do it well.—Kimball's Dairy Farmer.

In some cases where cows have been milking for a long time there is some difficulty in churning. The addition of one or two fresh cows in the milking herd will often overcome the difficulty.—Farm Journal.

The best way to bring cream to the proper temperature is by putting the cream can into a pail or tank of very warm water. Stir gently until the cream is of the proper temperature. Never churn in a cold room. The butter will be cheesy if you do. The churning room should be about the temperature of the cream.

Salt thoroughly rubbed around on the inside of the churn after it has been rinsed with hot water is a first rate thing to make it clean and sweet. Rinse the salt out with water.

Dry cows should be fed so as not to take on much flesh. Keep them in model condition, and they will yield better.

It is only by testing cows that the dairyman can tell whether they are yielding a profit or making a loss. It is the only way by which he can with absolute certainty weed the nonpaying animals from his herd.

The faculty of appropriation is developed and fixed in the individual cow *by usage and habit*. No cow is good enough to yield her owner a large profit under poor care and ill treatment.

Many a cow that is good at chewing grass and licking up cornmeal and bran is poor on the udder business.

Test It as You Will "SALADA"

GREEN TEA

Is Guaranteed to be Absolutely Pure and of Incomparable Quality.

Lead Packets Only, 40c, 50c, and 60c Per Lb. At All Grocers.

Great Naval Basin Opened.

At Davenport, England, the new Keyham docks, which in connection with the artificial basin thirty-five acres in extent form the greatest naval dockyard scheme in the world, were opened Feb. 21. From this basin entrance is made into three docks 740 feet long and forty-five feet deep.

Right Now.

The master of a large southern plantation would fire off a small cannon every evening at 6 o'clock as a signal to the people living on his land. One evening at the time for the usual boom the master was away. Two of his colored men, John and Jim, had long desired to fire the cannon, but had never had a chance to do so. They decided to make the trial on this afternoon, but thought that it would be best for them to have the cannon make no sound. It was decided that Jim should hold a water bucket over the mouth of the cannon while John did the actual discharging. Soon there was a great boom, and John looked up, to find that his friend was gone.

When the master returned, John was very busy in the field.

"John," said he, "where is Jim?"

"He went down to the spring afteh a bucket o' watah, sah."

"When is he coming back?"

"Well, sah, ef he come back like he went, he's sure due heah now."—Lippincott's Magazine.

Another Bit of Expert Testimony.

"No," said the beautiful girl, "I cannot be yours."

"Why not?" he demanded, with a good deal of dignity.

"I don't think it would be wise for me to become the wife of a man who—please don't ask me to explain it. I do not wish to hurt your feelings."

Folding his arms across his breast and assuming his proudest look, he said:

"*I must insist that you finish what* you were going to say."

"Well, then, if you will have it, I am afraid you have an exaggerated ego. The next time you ask a girl to be your wife don't do it as if you thought you were conferring a favor upon her."—Chicago Record-Herald.

The Flagging Energies Revived.—Constant application to business is a tax upon the energies, and if there be no relaxation, lassitude and depression are sure to intervene. These come from stomachic troubles. The want of exercise brings on nervous irregularities, and the stomach ceases to assimilate food properly. In this condition Parmelee's *Vegetable Pills* will be found a recuperative of rare power, restoring the organs to healthful action, dispelling depression, and reviving the flagging energies.

Women are to be appointed to the police force of Ghent, Belgium, according to Chief of Police Von Mesermael.

Minard's Liniment Cures Diphtheria.

"Sir, I want your daughter's hand."

"You may have it with the greatest pleasure, dear boy, if you'll take the one that's always in my pocket."—Baltimore American.

State of Ohio, City of Toledo, Lucas County,

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the city of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence this 6th day of December, A. D. 1886.

A. W. GLEASON, (Seal.) Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation

Tired Ted—Yes, madam, I've been a solicitor for fifteen years.

Mrs. Handout—A solicitor!

Tired Ted—Yes'm; I solicited cake and pie.—Chicago Journal.

A Horse with a Strained Shoulder

is sound as a dollar in 24 hours after you rub the sore spot with Fellows' Leeming's Essence.

It gives instant relief in all cases of Strains, Bruises and Swellings — draws the pain right out — strengthens the weak back, shoulder or knee.

Whether you have one horse or twenty, accidents are liable to happen any time. Keep a bottle of

Fellows' Leeming's Essence

handy so you can have it when needed.

50c. a bottle. At dealers.

NATIONAL DRUG & CHEMICAL CO., LIMITED, MONTREAL. 16

Mountain of the Sacred Footprint.

Adam's peak, or Mount Samanala, a rugged mountain in the island of Ceylon, is known throughout the orient as the "Mountain of the Sacred Footprint." In a flat, rocky basin at the foot of this mountain in stone as hard as blue granite there is the perfect imprint of a gigantic human foot, five and one-half feet long by two and one-half feet wide. The Ceylonese Brahmans have a legend to the effect that the imprint was made by Adam, our first parent, but the Buddhists declare that it could have been made by no one but Buddha

They Drive Pimples Away.—A face *covered with pimples* is unsightly. It tells of internal irregularities which should long since have been corrected. The liver and the kidneys are not performing their functions in the healthy way they should, and these pimples are to let you know that the blood protests. Parmelee's Vegetable Pills will drive them all away, and will leave the skin clear and clean. Try them, and there will be another witness to their excellence.

Two deaths occurred among the 5,554 white laborers in the canal zone during February. The sick rate was 24 to every 1,000 persons for the month. The annual death rate has fallen to 4.2 per 1,000.

I was cured of Acute Bronchitis by MINARD'S LINIMENT.
Bay of Islands. J. M. CAMPBELL.

I was cured of Facial Neuralgia by MINARD'S LINIMENT.
Springhill, N.S. WM. DANIELS.

I was cured of Chronic Rheumatism by MINARD'S LINIMENT.
Albert Co., N.B. GEO. TINGLEY.

The income tax bill as presented by the French government is being amended so much in the lower house that it is believed it will not pass.

The merits of Bickle's Anti-Consumptive Syrup as a sure remedy for coughs and colds are attested by scores who know its power in giving almost instant relief when the throat is sore with coughing and the whole pulmonary region disordered in consequence. A bottle of this world-famed Syrup will save doctor's bills and a great deal of suffering. Price 25 cents, at all dealers.

An immense natural cave of great beauty has been discovered underlying three of the principal streets of Constantine, Algeria.

Minard's Liniment Cures Garget in Cows.

Drumhead court-martial, the Russian government's most terrible weapon for visiting summary vengeance upon revolutionists and others, was attacked in the duma and probably will be abolished.

PASTOR AND PEOPLE PRAISE PSYCHINE

(PRONOUNCED SI-KEEN)

A Marvellous and Triumphant Record of Victory Over Disease.

No medicine has ever effected as large a number of wonderful and almost marvellous cures as Psychine. It has had one continuous record of victories over diseases of the throat, chest, lungs and stomach. Where doctors have pronounced cases incurable from consumption and other wasting diseases Psychine steps in and rescues numberless people even from the very verge of the grave. Coughs, Colds, Catarrh, Bronchitis, Chills, Night Sweats, La Grippe, Pneumonia, and other like troubles, all of which are forerunners of Consumption, yield quickly to the curative powers of Psychine.

Mrs. Campbell, one of the many cured, makes the following statement:

I cannot refrain from telling all who suffer of my remarkable recovery with Psychine. In April, 1902, I caught a heavy cold which settled on my lungs and gradually led to consumption. I could not sleep, was subject to night sweats, my lungs were so diseased, my doctor considered me incurable. Rev. Mr. Mahaffy, Fort Elgin Presbyterian Church, recommended Dr. Slocum's Psychine to me, when I was living in Ontario. After using Psychine for a short time I ate and slept well, the night sweats and cough ceased.

Months ago I stopped taking Psychine, as I was perfectly restored to health and to-day I never felt better in my life. Psychine has been a godsend to me. MRS. ANDREW CAMPBELL, Cottonwood, N.W.T.

PSYCHINE never disappoints.

PSYCHINE has no substitute.

There is no other medicine "Just as good."

At all dealers, 50c. and $1.00 per bottle. If not write to

DR. T. A. SLOCUM, Limited, 179 King St. W., TORONTO

Dr. Reet's Kidney Pills are a sure and permanent cure for Rheumatism, Bright's Disease, Pain in the Back and all forms of Kidney Trouble. 25c per box, at all dealers.

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NORTH VANCOUVER.

LOCALS

Miss Ralston, Duncans, V. I., has taken charge of the Lynn Valley school.

Will Ritchie, of the C. P. R., Winnipeg, after visiting friends here for a few days, returned to the Prairie Capital today. He is on a vacation for his health. While here he met his old school teacher, A. R. Steacy, who taught him at Norris, Man., in 1882.

The road near Capilano bridge is about completed. Mr. Snider is the contractor.

Miss Calbick, the popular Moodyville school teacher, has been absent from her school on account of illness for a few days.

It is to be regretted that the Western Corporation has decided to go out of the building business. This enterprising company was the first to locate here for the purpose of erecting houses and other buildings, and it is to its credit that it put up over 50 per cent. of the structures in the municipality. After careful consideration the corporation decided that as it produced lumber and other building material, that it would be unfair on its part to compete with other contractors who were expected to purchase their supplies in North Vancouver. When the Western Corporation first started business here there was no firm or contractors in the business, and the company took up this branch for the purpose of expediting the growth of the Ambitious City. The decision of the company referred to above is certainly very fair and generous, and it is to be hoped that all contemplating building here will not forget to patronize the Western Corporation and home industry.

Two more scows have been started at Wallace's shipyard for Macdonald, Marpole & Company.

Complaint is being made by teamsters about the road at the wharf at Lonsdale avenue. It should be gravelled and put in condition as soon as possible. Yesterday one of a team of horses hitched to a heavy load fell and was nearly choked.

FOR SALE—Cleared, graded and fenced lot, 50x140 feet, on Fourth street; fine view. Apply at this office.

WANTED—For one day per week, a woman to iron. Apply to Mrs. J. Gross, Chesterfield avenue.

WANTED—To purchase a house and lot, or cleared lot, on Fourth or Fifth street, North Vancouver; must face south and command view of inlet. Quote cash and terms, if any. Address P. O. Box 14, North Vancouver.

WANTED—Waitress. Apply at the Palace Hotel.

An April Day.

The sun is bright, the breeze is light;
The robins sing the carols of spring,
In the morning.

The clouds arise and fill the skies;
Heavy showers for the flowers;
Weather's turning.

Beside the brook, gladness forsook;
The waters roar, and sea gulls soar;
Day forlorning.

St. John's Vestry.

The annual vestry meeting of St. John's church was held in the parish room on Wednesday evening, when the congregation was well represented. Venerable Archdeacon Pentreath presided.

Following gentlemen were elected to represent the parish: Lay delegates to synod, Messrs. H. A. Shaw, A. H. Scriven and A. Sherwood; sidesmen, Messrs. Valentine Smith, A. B. Diplock, A. D. Nye, H. A. Shaw, A. F. Beasley and A. Sherwood; wardens, Messrs. W. P. Peacey and A. E. Crickmay; auditor, A. H. Scriven. Foregoing gentlemen were all elected unanimously.

After general discusaion it was arranged that the chairman, Archdeacon Pentreath, confer with Mr. Marsden as to his continuing in charge of the parish for another year, and that a special general meeting be called to hear Mr. Marsden's decision on Friday, April 19th, at 8 p. m., in the church. A very cordial vote of thanks to the chairman brought the meeting to a close.

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Thompson Block, - - NORTH VANCOUVER.

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Box Cal Bluchers, leather lined, double sole.....$4.00

Velvour Calf Bluchers, leather lined, double sole.....$4.00

Vica Kid Bluchers and Bals, leather or canvass lined; a daisy boot.....$4.00

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Is a glorious beverage—quenching and satisfying. Remember there's no other "just as good"—insist on getting Rainier.

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We are now cutting Cordwood. Place your orders with us for Cordwood.

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Owing to change of the ferry time schedule following will obtain:

FIRST STREET

Leaving Queensbury Avenue at 5:30 a. m., 6:30 a. m., 7:55 and five minutes to the hour until 10:55 p. m.

Leaving Keith Road and Forbes Avenue at 6:00 a. m., 7:00, a. m., 8:25, and 25 minutea past the hour until 11.25 p. m.

LONSDALE AVENUE

Cars will run every 20 minutes.

All boats are met by the cars.

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BUY IT AT McMILLAN'S, and be ready and waiting for THE MAN WITH THE PRIZES. He's Coming Sure.

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Call in and see what you can get in your own town. You will be surprised how much parcel-carrying you can save.

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