The District Ledger

Industrial Unity Is Strength — The Official Organ of District No. 18, U. M. W. of A. — Political Unity Is Victory

No. 40, Vol. VIII. — THE DISTRICT LEDGER, FERNIE, B. C., MAY 29, 1915

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LEGISLATIVE LIB. MAY 31 1915 VICTORIA, B.C.

First Aid Competition At Michel, B.C.

The following is a report of the First Aid competition held at Michel, B. C., May 24th, 1915, under the auspices of the St. John's Ambulance Association.

The following five teams entered the field:

Team No. 1.—R. Spruston (capt.), A. Waddington, H. Ferryman, R. Taylor, J. Tantrum (patient).

Team No. 2.—R. Stacey (capt.), C. Tyler, W. Touhey, J. Spruston, T. Horrocks (patient).

Team No. 3.—J. Touhey (capt.), S. Hampton, H. Parkinson, A. Clarkson, W. Lord (patient).

Team No. 4—A. Frew (capt.), J. Redhead, A. Lyne, J. Lyne, T. Phillips (patient).

Team No. 5.—Ed. Heyes (capt.), W. Savage, J. Marsh, A. Newton, A. Ball (patient).

The test case was as follows:

A man is at the top of a ladder attending to or repairing electric cables. Suddenly he falls to the ground. On examination he is found to be unconscious, the right foot is turned slightly outward, and you find crepitus one inch above the ankle joint, also extensive hemorrhage from the palm of the left hand. On examining the pupils of the eyes, one is dilated, the other contracted. One side of the body is limp, face flushed, breathing stertorous pulse slow but full, temperature slightly raised. The hospital is situated at the top of a hill. Treat the case and take him to the hospital.

100 Points were awarded for the case if full marks were obtained. In addition, an oral examination was held, for which 50 points were allowed if full marks were obtained, or a total of 150 points.

The teams were called to the field in the following order:

No. 2 Team, first; No. 4 Team, second; No. 3 Team, third; No. 5 Team, fourth; No. 1 Team, fifth.

The spectators were treated to an excellent exhibition of what can be done by trained men in First Aid. The bandaging and stretcher work was as good as could be seen in any mining camp in the country. The oral work could have been better, though some of the men showed an excellent knowledge of the technical side of First Aid.

Two prizes, each of 5 gold medals, were awarded to the winning teams. These medals were purchased by the St. John's Ambulance Association of Michel, B.C., and were really worth winning, being of the first class order.

The judges of the event were as follows:

J. Johnston, Coleman, Alta.; J. Quinn, Michel, B.C.; G. O'Brien, Inspector of Mines, Fernie, B.C.

The first prize was awarded to R. Spruston's team, the second to R. Stacey's team.

The discounts were awarded according to the schedule arranged by the Executive Committee of the combined St. John's Ambulance Association, of Michel, Fernie and Coal Creek.

To complete the day's proceedings, a concert and dance was given by the Michel members of St. John's Ambulance Association when Mr. Thos. Russell, superintendent of the colliery, presented the medals to the winning teams.

On Saturday evening last the members of the 54th Kootenay Regiment now recruiting in this city were entertained at a smoking concert in the Victoria Hall. From start to finish the smoker was the livest affair ever attempted, both the artistes and audience enjoying themselves in turn. Speeches were delivered by S. Herchmer and Dr. Bonnel, and at the suggestion of the former a subscription was taken up with a view to helping those men who had been prevented from enlisting owing to defective teeth. The Fernie Brewery Company presented each man of the Fernie contingent with a handsome hollow ground razor, upon the blade of which was engraved the name of the Brewery. The men very much appreciated the gift and expressed their good wishes for the future of the brewery in various ways. The total sums colelcted at the door and taken up for the teeth collection was:

Taken at door for Patriotic Fund $103.50. Teeth Fund, $200.00.

Mrs. George Dingsdale, wife of Geo. Dingsdale, received telegraphic notification from the Militia Department on Tuesday that her husband had recently been wounded in action. Mr. Dingsdale was a member of the 2nd contingent leaving Fernie, but was drafted when at the training camp at Victoria, to the Princess Patricias, when reinforcements for that unit were called for. He was a miner and has a wife and two children residing in this city. His brother, J. Dingsdale, was also a member of the second contingent. Up to the present there have been only three casualties reported in Fernie's second contingent.

INFORMATION WANTED

Wanted information as to the whereabouts of Jack Standridge. Description—Height, 6 feet; age, 28; eyes, dark brown; hair, brown. Last heard from in Hosmer employed as a miner.

P. E. Wilson, formerly Judge Wilson, of Cranbrook, headed the polls for school trustee at the Fort George recent election.

$7,500 FOR RELIEF

Executive Board Meet

The first meeting of newly elected Executive of District 18 met in Fernie on Tuesday to Thursday. There were present: W. L. Phillips, President; Wm. Graham, Vice-President; A. J. Carter, Secretary; H. Martin, Fernie; E. Christie, Bellevue; J. Larsen, Lethbridge, and F. Wheatley, Bankhead, also International Board Member D. Rees.

Many matters concerning the work of the District were dealt with, the one most important being that regarding the unemployed problem. It was decided to distribute amongst the membership the sum of 7,500 dollars with a view of giving relief to the most urgent cases. The Board recognized their inability to adopt any practical scheme that would be the means of alleviating the distress that is common throughout the District, but as will be noted by the wire sent to Premier Borden were of the opinion that the Federal Government should act in the matter immediately:

Copy of Night Lettergram Sent to Premier Borden

"R. L. Borden, Premier, Ottawa.

"The unemployed question in Eastern British Columbia and Alberta, is a matter with which we, the Executive Board of District 18, U. M. W. of A., has been seriously concerned, especially in view of the fact that the coal miners, represent the large majority of workers in the localities under our jurisdiction, we would respectfully state that we have from time to time received promises from the Provincial Governments that they would cope with the situation, but nothing practical has been accomplished. We are firmly of the opinion that your Government should take such steps that will at least meet the urgency of the situation.

—A. J. CARTER, Secretary.

COKATO SCHOOL—AN APPEAL

To the Editor, District Ledger.

Dear Sir,—With your permission we desire to inform your readers and the public generally, that progress is being made with the building of a school at Cokato.

To everyone conversant with this suburb of Fernie, the necessity of a school is apparent, but to those who do not know the situation it will be as well to state a few facts. There are 16 families living within a radius of half a mile of the section house; that we have more than 30 children of school age; that of these only nine attend school and walk to Fernie, where school accommodation is overcrowded. The above facts were brought to the notice of the education department, who advised us to commence a voluntary school and granted three hundred dollars towards the building fund.

The Crow's Nest Pass Coal and Coke Co. were approached through Mr. W. R. Wilson, which resulted in them giving an acre of land (our own selection) free, for the school site. The land was surveyed May 21st, and a start was made to clear the brush. Mr. Alfred Cummins, the surveyor, very kindly gave us a donation of ten dollars towards the erecting of the school.

We have ordered lumber, etc., to the amount of funds in hand, and steady progress is now being made in the erection by one competent carpenter. The other labor is being given gratis by the residents.

And now we must leave our case in the hands of the good people of Fernie and trust that they will be generous in their contributions and thus enable us to give the children of Cokato an education, which must prove not only advantageous to them individually, but will mean the raising of better citizens for Canada.

Contributions will be thankfully received at the Home Bank of Canada for the Cokato School Board and acknowledged in the local press.

Thanking you for courtesy of publication,

Yours, etc.,
ROBT. DRAPER.

THE BAND QUESTION

On behalf of the Fernie City Band Mr. Carrie produced a petition which had been circulated amongst the members containing the signatures of nineteen unanimously favoring amalgamation.

Mr. Wm. Dickenson, on behalf of the Fernie-Coal Creek Excelsior Band stated that a ballot taken amongst their membership showed a unanimity against amalgamation.

Mr. T. Biggs, speaking on the subject stated that their band welcomed everybody to join without regard to nationality, provided the applicant was a brass instrument player, as it was the intention to have the Excelsior Band exclusively brass.

The membership of the Excelsior Band is 19, and that of the City Band 25.

A motion was then made to adjourn.

INTERNED AT LETHBRIDGE

On Friday night the C. P. R. station was more than usually thronged with sightseers to witness the departure of a large batch of aliens who had been detained at the Boundary line attempting to enter the United States in defiance of the law.

There were 23 of these prisoners of war who had been arrested under an escort of the 54th Kootenay Boundary Regiment, consisting of Black, Boyce, Brooks, Crow, Dutlie and McLean.

This batch of interns will be confined in the detention camp at Lethbridge until the end of the war where we are reliably informed they are well fed and sheltered, and have plenty of opportunity for exercise.

The names of the interns are:

John Humiauk, Mike Duke, Adorin Semitok, John Skaradulk, John Harentok, John Nikel, J. Kolinchuk, T. Komik, P. Kuhly, [illegible] Mik, [illegible] Frik, H. Kozing (Coal Creek), Tom Kosht, J. Zeryki, S. Kosur, Nick Blaynuck, Tony Koleryck, Mike Dougsh, Wesayl Kumie, John Tipes. The last-named (Tipes) is from Bellevue, and he handed the sum of $92.00 over to the authorities to be forwarded to his wife. Owing to the length of time it takes to send military prisoners from this district to Vernon the detention camp for all points from Nelson east is now Lethbridge, Alta.

SOCK DAY

Saturday, May 22nd, was Sock Day throughout the Province of British Columbia, and to judge by the number of paper red cross tags displayed by Fernie citizens, quite a number of the soldiers will be recipients of woollen footwear.

BEAVER MINES

Harry and Mrs. Drew and family removed from Beaver Mines to Pincher Creek last Saturday. It is their intention to settle in the last named for a time at least.

The Beaver Hotel, Beaver Mines, will be sold by public auction on May 31st. The sale is said to be forced by Mr. Swanstrum, builder, of Edmonton. The refreshment bar has been closed since April 15th, but the dining room was open under management.

LETHBRIDGE NOTES

Monday being Victoria Day, the school children of Lethbridge were given a picnic in Galt Gardens. The North Lethbridge schools marched down to the city, the miners' band leading them. All the children met in the city, and headed by the miners' band, the and fife band marched to the gardens. Unfortunately the rain started in good and it was found necessary to abandon the sports for the day, and the children were given a free ride home on the street cars by the city.

Mayor Hardie has left here for Ottawa, accompanied by other mayors of the west, to interview the Dominion Government re the unemployed question.

A committee appointed by Lethbridge Local Union met in the Miners' Hall to get all the names of persons in distress. Four hundred names were handed to the Mayor of Lethbridge, along with two resolutions, one from the miners and one from the Lethbridge Trades and Labor Council.

A. J. Carter and William Graham were here on Thursday and were in attendance at the Trades and Labor Council meeting.

All the farmers around Lethbridge report their crops are looking good after the rain.

The mines here are working about the same, one and two days per week. No. 3 mine only resumed work on Tuesday after being idle for three weeks.

The battery boys left Lethbridge on Friday for their new camp in Calgary. They were given an hearty send off, the miners' band and Lethbridge fife band were on deck.

RETURNS FROM SOCK DAY

The Regent and members of the Mount Fernie Chapter I. O. D. E. wish to heartily thank the public for their most generous response to their most generous response to their appeal for socks for the soldiers.

The collection amounted to $282, which will be expended in socks and 867 pairs of socks to the present.

They wish to thank Mrs. Lane and Mrs. Edgar, of West Fernie, Mrs. Gash, Miss Ruth Wilson, Miss Alice Wilde, Miss Haddad, Miss Ruth McLean and Jack Wood, who although not members of the order, worked most unselfishly for the cause, also Mr. Wm. Greenhill, of Coal Cr[illegible] a donation of $30.00. Miss [illegible]wn, Miss Murray and Miss [illegible] head the list of collections [illegible] and 127 pair of socks.

Miss Alice Wil[illegible] and 94 pairs comes second.

With the money expended in socks the numbers will amount to 1407 pairs.

Donations received this week are as follows:

Pupils Miss McDonald's class—23 [illegible].

Mrs. Bowe—Old linen, fomentations.

Pupils Miss Murray's class—58 bandages, 500 mouth wipes.

Miss J. Andre—200 mouth wipes, 17 bandages.

[illegible] School [illegible]—[illegible] pairs socks and $1.50.

Nurses Fernie Hospital—14 bandages.

Miss McKury's school children—1 dozen pair socks.

Mrs. Barnes—1 pair socks.

Mrs. R. M. Young——1½ lb. wool.

Mrs. Huntington—12 pairs socks.

Mrs. W. R. Wilson—16 sheets, 6 pillow covers, $4.75 for wool.

Mrs. Elly—1 pair socks.

Mrs. Lees, sr.—1 pr. socks.

Mrs. Lees, jr.—1 pr. socks.

Trites-Wood Co—5 dozen pr. socks.

J. W. Bennett, Grand Chancellor of the Knights of Pythias, and Alex. Church, representative from the local lodge, were westbound passengers Tuesday morning en route to Rossland to attend the annual convention which takes place in that city this week.

NO CRIMIAL CASES FOR ASSIZES

The Supreme Court Spring Assizes opened here on Wednesday morning presided over by Mr. Justice Macdonald. Deputy Sheriff M. A. Kastner officially opened court and then advised His Lordship that there were no criminal cases to be tried upon this occasion. He then followed the custom upon occasions of this kind by presenting the learned judge with a pair of white gloves. His Lordship replied as follows:

"Mr. Sheriff and gentlemen, I am pleased to accept this as a token that there are no criminal cases to be tried at this Assizes. I might say, in passing, it has been a matter of great pleasure to know at this time of depression, the time of distress through our country that there is so little crime prevalent at Revelstoke, Nelson and more particularly here. It shows our own people, and I speak in that of the Anglo-Saxon, are not in these times of great excitement like this, giving way to feelings which would exercise or bring about crime. The absence of it is also evidence that the foreigners are keeping in restraint at this time and it all speaks well for the administration of justice, law and order. When you consider the mixed classes of people you have in this district, it is certainly something to be proud of—no cases to be tried in Fernie for the first time since the Fernie Assizes was established. Not overlooking trial taking place in the interval, between the Assizes, such as speedy trial cases and those before the Police Magtrate, there has been no crime of such a nature as to be sent before the judicature assizes upon this occasion.

The following members of the Fernie bar were in attendance: Mr. Sherwood Herchmer, Mr. John J. Martin, Alex. I. Fisher, Frank C. Lawe and Alexander Macneil. The civil work was then taken up, there being only one action—Harry France versus the Crow's Nest Pass Coal Co., Limited, an action for damages on account of injuries received while in the employ of the defendant company. Mr. Alexander Macneil of this city and Mr. M. A. Macdonald, of Vancouver, B.C., appearing on behalf of the plaintiff. Messrs. Herchmer and Martin for the company.

The Fernie Riding Liberal Association held a meeting in Ingram's Hall, Wednesday evening, when a large number of local Liberals turned out, upon the occasion of the visit of Mr. M. A. Macdonald of Vancouver, who was the principal speaker of the evening. Mr. Macdonald delivered a very interesting address of one hour's duration, during which time he endeavored to thoroughly acquaint the local Liberals with the policy of that party, and also in a very forcible manner condemned the policy of the present Government, much to the satisfaction of his partizan audience. Mr. A. I. Fisher, Liberal nominee for this riding, and Mr. A. Macneil, President of the Association, were among the other speakers of the evening.

On Friday evening, when the section crew of the Great Northern Railway Co. were coming home from work, a child ran across the track in front of the speeder, escaping injury only by a hairbreadths. Unfortunately, in some way or other one of the men, Nick Brizco, stumbled off, the car passed over his body before jumping the rails and throwing the other men into the ditch. The injured man was picked up and brought in to town, but expired just as he was being lifted into the ambulance. Deceased was a Russian and is believed to have a wife and family in the Old Country.

MINERS' LICENSES

Don't forget that all Free Miners' Licenses expire on the 31st day of May.

FERNIE POULTRY AND PET STOCK ASSOCIATION

On Saturday evening last, Mr. J. R. Terry, Chief Poultry Instructor, Department of Agriculture, Victoria, lectured to a well attended meeting of the Fernie Poultry and Pet Stock Association. He spoke on brooding and care and feeding of chicks. At the conclusion of his address he gave a demonstration on killing and plucking. The next regular meeting of the Association will be held on Tuesday, June 1st, in Ingram's Hall.

It is evident from the list of casualties received this week that the 2nd contingent is now at the front. The name of Peter McGovern, of Natal, appears among those wounded and missing.

France vs. C. N. P. Coal Company Ltd.

This action came on for trial before Mr. Justice Macdonald in Fernie yesterday. The action was dismissed, but it is considerable consolation for the workingman to know that the point of the case in which the average worker is concerned was decided in the plaintiff's favor. The Crow's Nest Pass Coal Co. were found by His Lordship to have been guilty of negligence in not providing a safe place for the workman to work in while operating the dinkey or locomotive for hauling coal. All coal companies hereafter found guilty of using locomotives which are not standard types, or in which the motorman is not protected by a sufficient cab or by flanges projecting from the rear of the buffer or buffer-beam, to prevent cars from interlocking with the rear of the locomotive, will be liable for any accident which occurs in consequence thereof. The reason why the action was lost was because the court found the plaintiff guilty of contributory negligence and of having accepted the risk of his employment for increased pay.

Mr. A. Macdonald and A. Macneil appeared as counsel for plaintiff, and Messrs. Herchmer and Martin for the defendant company.

The football match between teams from the 107th Regiment and the 54th Battalion, held on Wednesday evening at Hughes' Park, resulted in a scoreless battle. The proceeds obtained from the gate were donated to the Patriotic Fund.

The special attractions in the city on Monday evening were the Bachelors dance and a dance under the auspices of the Ancient Order of Foresters. The management of the Isis had a special drawing for three five dollar gold pieces.

James Tulley, who is now a member of the Royal North West Mounted Police, with headquarters at McLeod, is spending a few days with his parents here.

Neil McArthur, a member of Fernie's first contingent, writes to friends in this city to the effect that he was at the time of writing safe and sound, and encloses therein a very interesting souvenir in the form of a piece of material upon which is inscribed "From somewhere where the sun shines in France." The souvenir, Mr. McArthur explains in his letter, was secured by him from the remains of a German irigible baloon, which was brought down within the British lines.

On Sunday evening the Italian residents, headed by the City Band, paraded around the town playing martial airs in celebration of the information received that Italy had at last decided to enter into the fray on the side of the Allies. Speeches were delivered by local citizens from the steps of the City Hall, and the air was repeatedly punctuated by loud cheering and "Vivas!"

Mr. and Mrs Schagel, of West Fernie, entertained a number of their intimate friends, who are now members of the 54th Battalion, to a farewell dinner party on Wednesday evening.

The regular monthly tea of the Methodist Ladies' Aid will be held at the home of Mrs. A. G. Burns, 8 Dalton Ave., on Tuesday from 3.30 to 6 p.m.

The secretary of the local Patriotic Fund acknowledges with thanks the receipt of $4.75 from Capt. Moffatt, being the proceeds of a collection at the football match between teams of the 54th and 107th regiments, May 26th, 1915.

Word was received in town Saturday that R. F. Herring, who was in the employ of the Great Northern here when he volunteered from Fernie, met death at Languemary on the 24th of April.

The musical service will be repeated at the Methodist Church on Sunday evening next, when an entirely new program, including violin solo, vocal solos, anthems, and Yorkshire hymns will be rendered. All welcome.

The local poundkeeper, who was only recently appointed, has become involved with the local authorities, inasmuch as he has distributed a large number of license tags, for which he has not made an accounting. He is being held in custody, pending an investigation, and it is anticipated that full restitution will be made.

Fernie Recruiting Office is still keeping up its record this week as a consistent institution, as there has not been an idle day this week, although on Wednesday it dropped below the average, there only being one recruit added to the list, this being William Cowan, who has not been finaly accepted, inasmuch as he has not been before the medical examiner. When he is finally sworn in, it will bring the number for this week up to eight, or a grand total for Fernie Recruiting Office of sixty-nine (69) or over two-thirds of the allotment from this station.

Connor on The Fallacy of Reform

One of the finest examples of what reforms have accomplished can be found in the industrial history of England. Looking back to the latter part of the eighteenth century we find that an industrial revolution took place reflecting the discoveries and inventions of that time. In 1770 James Hargreaves, a weaver of Standhill, invented the spinning jenny; 1771 Arkwright invented the water frame; 1779 Crompton invented what is called the "mule," because it combined the qualities of both previous inventions; 1785 Dr. Cartwright invented the power loom, and in the same year James Watts' steam engine was used by a cotton manufacturer as a substitute for water power.

All these discoveries had the effect of altering completely the economic foundation of English society. The death knell of domestic industry was sounded; what remained to be altered was the political power of the landed aristocracy.

The industrial revolution in England extended over a longer period than in other European countries. The last twenty years of the eighteenth century gave to the rising manufacturing class enormous economic advantages which could only be utilized by capturing political power so as to enable them to break own all man-made barriers in the way of the demand for world markets.

About this period the landowning class controlled political power and enacted the Corn Laws, which were huge tariff barriers to keep out European corn and maintain the English market for themselves. The result of this was reflected in high prices of food stuffs. The manufacturing class wanted to get a cheaper wage slave; also to trade their textile products in a European market. Their interests [illegible] political party. From then on this same Liberal party has professed to be the friend of the working class and has been accepted as such when, in reality, they are the real expression of the interests of the capitalist class who are the enemies of our class.

The Anti-Corn Law agitation was commenced and those laws finally repealed, placed the capitalist class in the saddle of political power. From then on the line of demarcation between the capitalist class and the working class becomes clearer. The workers who thought the elimination of the Corn Laws would improve conditions were sadly disappointed. The only advantage was the increase of manufacturing as a result of more economical methods, with a greater degree of exploitation. The workers great mistake is that he is interested more in producing commodities than in the ownership of these commodities when produced.

The great Liberal party, with a slight variation in the title at times, to Labor party, has advocated and passed many reform bills. To the superficial observer they seem to be doing good. Take for instance a compensation act. They will say, "If it wasn't for such laws to protect the workers, where would they be?" Quite a question and very few seem to get beyond it. Here is the only answer. The working class is the goose that lays the golden egg; when the existence of the goose is endangered he squacks and who comes to the rescue? The REFORMER.

What is the revolutionary position? It is to advise the goose to keep the golden egg, as that is the means whereby he lives, and by doing so eliminates the possibility of anyone encroashing upon his existence so that the reformer is no longer necessary.

In England, and all other places where industry develops a growing unemployed army is the result. This reflects itself on the labor market in such a way as to leave the workers helpless in their struggle over the price or general conditions under which they sell their commodity—Labor Power; the result being that they are ground down to the lowest point possible. Capitalist production, anticipating demand, keeps as large a stock of commodities on hand as possible. This condition made necessary a new storage system for perishable commodities, such as P. Burns, Swift, and others with their great refrigerating systems to preserve meat. Free wage workers are perishable, they must consume a certain amount of food, clothing and shelter daily in order to live and work. Capitalist society only allows those to live who have the money to pay for that right. The free wage worker can only get the money by first selling the only thing he has for sale, himself—Human Energy or the commodity, labor power.

The capitalist system has such a [illegible] of the commodity labor power on hand that some ways and means must be found to store it. This storage system is very well demonstrated in the bread lines, soup kitchens, and other charitable institutions for preserving the surplus slaves over a period when the demand is low. In the case of a refrigerator ice is consumed; in the case of the wage slave his energy is preserved by this soup. The expense in the one case of preserving, I do not suppose, is greater than the other; at any rate the principle is the same.

Along comes the saviours of society, the Reformers, with an old age pension. Seeing that a man is too old at forty, the system had to find some kind of a pasture where the worn out slaves could live in luxury the rest of their lives as a reward for hard work.

Then there is government insurance, supposed to have alleviated the workers by making the master and government pay a share of the insurance for the workers' benefit. Lovely; ain't it? Parasites helping the workers out. Lloyd George shows, as a re-

(Continued on Page Two)

Vindication of The Worker

By Horatio Bottomley, Editor of "John Bull."

The British workman has been vindicated. After all, there is no serious shortage of munitions, and apparently there is no need for any panic legislation; whilst as regards the Drink evil, it does not exist. That clearly is the reading of the Prime Minister's speech at Newcastle—always assuming, as of course, I do, that it was intended as a message to the nation, and was not a mere complimentary visit to one particular branch of war workers, against whom no charge of slacking could be made. To treat the matter in any other light would be absurd, as obviously Mr. Asquith has too much to do just now to be able to trot about the country on a series of social functions. Besides, every newspaper, and especially every Government organ, heralded the speech as a great historic pronouncement of the industrial situation and of the Government's policy towards it. We were to be told the truth at last—and I rather fancy we have got it.

We always do get the truth from Mr. Asquith. By no means deficient in emotional temperament, his heart is always under the control of his head—although I can recall more than one occasion when the struggle between the two was severe. Mr. Lloyd George on the other hand, has a heart that is always running away with him—but, he is Welsh, whilst Mr. Asquith is a Yorkshireman. You have only to send a deputation to the Chancellor of the Exchequer, armed with statistics of drink and drunkenness, and play upon his heartstrings with pictures of ruined homes and desolated workshops, and you have him. Nothing will convince him that, so far as the evil exists at all, it is a local and strictly limited incident of an abnormal situation, and that it may be both unwise and unfair to tar the whole [illegible] of the country with [illegible] sible and fugitive minority. Thus, although throughout his Newcastle speech the Prime Minister never once referred to the Drink question, Mr. Lloyd George is still convinced that it is a serious factor [illegible] will have to be dealt with in a drastic manner. Personally, I think he has been considerably misled.

Certainly, if the figures quoted by Mr. Asquith are correct, the Tyne workers are putting up a splendid record, whilst I am delighted to know that since my visit to the Clyde the time sheets have registered a marked improvement. So long, however, as you have a sudden influx of more or less unskilled and casual workers, earning money to which they are unaccustomed, you will inevitably have a certain amount of excessive drinking.

But it is well that Mr. Asquith has spoken. His speech will not only cheer the heart of our Allies, but will spread consternation in the ranks of the enemy when they learn that, after all, our men can be relied on to put in their best work in their country's cause and are not a nation of shirkers and drunkards. I confess that I have viewed with indignation the prospect held out to the Germans, entitling them to say: "Look at the British; where is their patriotism—where is their interest in the war? It has become necessary for the Government to close every public-house in the country in order to obtain the necessary supply of munitions of war?" I have said before, and I repeat, that if such a charge be true, then indeed we are a decadent race, and we deserve to be wiped off the face of the earth.

No doubt there has been some shortage in production, but the causes have been special, and I believe that at the present time there has been a great speeding up in the various yards and shops, and that so far as the present capacity of the existing works is concerned, the output is now satisfactory on both sides of the border. But [illegible] Why did not the authorities, immediately on the outbreak of war, commandeer every factory in the land capable of turning out munitions of war? I know that Mr. Asquith tells us that in September last he appointed a committee to deal with the matter. But what did the committee do? We are having too much Government by Committee. What is the War Office for if not, in time of war, to be prepared with the necessary means of warfare? And the same remark applies to the Admiralty. And what about that Committee of Imperial Defence that use to meet in such secrecy?

CITY OF FERNIE

DOG LICENSES

[illegible] The owner, possessor, or harbourer of every dog or bitch which runs at large within the limits of the City of Fernie, or the owner, possessor, or harbourer of any dog or bitch [illegible] City of Fernie, whether such dog or bitch runs at large or otherwise, shall [illegible] fee of

$3.00 for each dog
$5.00 for each bitch,

and upon [illegible] be entitled to receive a Dog Tag, and the dog or bitch for which such license fee is paid shall have around his or her neck a collar or strap to which shall be attached the before mentioned Dog Tag, and any dog or bitch found, not wearing such Tag shall be liable to be captured, impounded or disposed of as provided by By-Law No. 131, being the "Dog License By-Law" of the City of Fernie.

Notice is hereby given that all persons owning, possessing or harbouring any dog or bitch is required to purchase at the Police Office a Tag for each dog or bitch owned, possessed or harboured.

A. C. BROWN,
Chief of Police

TO RENT—Comfortable two-roomed Shack; close to town. Apply, A. G. Burns, 8 Dalton Ave.

The District Ledger

Published every Thursday evening at its office, Pellatt Avenue, Fernie, B.C. Subscription: $1.00 per year, for Dominion of Canada; $1.50 per year elsewhere (in advance). An excellent advertising medium. Largest circulation in the District. Advertising rates on application. Up-to-date facilities for the execution of all kinds of book, job and color work. Mail orders receive special attention. Address all communications to the District Ledger.

J. W. BENNETT,
Editor-Manager

Telephone No. 48 Post Office Box No. 380

UNION LABEL — PHILOPHILICA — FERNIE B.C.

THE IRISH PARLIAMENT

The subject incident to the war have so filled the public mind that questions under other conditions which would have been considered as momentous are now ignored if not entirely overlooked.

In 1914 the Government of Ireland Act was passed and found its way on the Statute Book on the 18th of Spetember. "On and after the appointed day there shall be in Ireland an Irish Parliament consisting of His Majesty the King, and two houses, namely, the Irish Senate and the Irish House of Commons." So runs the opening clause of this long deferred act. The "appointed day" is defined in the Act as "the first Tuesday in the eighth month after the month in which the Act is passed."

Hence, as the Act was passed in September, it should have come into operation on the first Tuesday in May. "The Irish Parliament" so runs the act, "shall be summoned to meet not later than four months after the said Tuesday. According to this the dreams of the restoration of a Parliament in Dublin should be realized not later than next September, hence if between now and that date the war is brought to a close elections in Ireland will be prominently in the lime light.

This question has been the means of keeping one section of the Irish arrayed against the other for years past, and now that it is practically a consummation, the workers of Ireland will find their condition but little different under the domination of those born in Ireland to what obtained when the much hated Sassanacy was in the saddle.

WHAT ABOUT THE DEPENDENTS OF INTERNS?

One of the problems confronting the authorities growing out of the internment of alien enemies is the means to be adopted for the welfare of dependents of these men.

Among the twenty-three men who were taken from here Saturday last and interned at Lethbridge are several whose wives and children are living in the camps of the Crow's Nest, and now that the breadwinner is taken away they are left stranded, save for such slender resources as the husband and father may have handed over to them. The position of these unfortunates demands immediate attention.

We realize that in attempting to get out of the country they were breaking the law, but we know in several instances their object in so doing was to seek employment elsewhere, because of inability to obtain it on this side of the line.

The men [illegible] been arrested on account of the infraction; the punishment for so doing is internment during the war, but that their dependents should suffer is contrary to the laws of humanity.

Owing to the difficulties some of these prisoners of war may have in making their plaints known in English, we would urge upon the military authorities the necessity of engaging an interpreter to ascertain from every intern where his dependents are and having corroborated the statements, in the cases of those resident in Canada, they will become wards of the Dominion.

GUILTY OF FIGHTING FOR THE WORKERS' INTERESTS

The arrests and imposition of lengthy prison sentences upon John R. Lawson, David Robb, Ben Richardson, and Louis Zancanelli because of activities on behalf of members of their own class in the mine troubles of Colorado, which had for its [illegible] 1914, should prove to the most obtuse the oft-repeated saying: "There's one law for the rich and powerful and another for the poor."

The resolution issued from headquarters [illegible] be studied carefully and then acted upon expeditiously.

The serious crime (?) these men have been charged with is their zeal on behalf of the miners, therefore, it is the bounden duty of every worker to rally to their support in compliance with the official circular.

OFFICIAL

The following resolution was unanimously adopted by the International Executive Board at a meeting on May 15th, 1915:

"Whereas, The organic laws of all states and the Federal Government as well guarantees to every citizen charged with the commission of a crime, a fair and impartial trial; and

"Whereas, The conduct of the cases by the prosecution in Colorado against John R. Lawson, David Robb, Ben Richardson, Louis Zancanelli and others who are either members of the United Mine Workers of America, or were associated with them during the recent strike, justifies the belief that it has been ordered that they must be convicted regardless of the fact as to whether or not they are guilty; the selection of the jury, the attitude of those who administer the law, the testimony of witnesses who were in the employ of the coal operators and the finding of verdicts which are unsupported by the evidence submitted, all justify this conclusion; and

"Whereas, We are convinced that the prosecution of these men is nothing more than persecution because they are and have been identified with the United Mine Workers of America; this belief is justified because the authorities in Colorado have never brought to justice a single individual who may be guilty of the atrocious murder o fthe wives and children of the striking miners at Ludlow; to the shame of Colorado the perpetrators of that horrible crime still remain unpunished; therefore, be it

"Resolved, that the International Executive Board representing directly 500,000 mine workers throughout the American continent protest against the action of those in Colorado who are prosecuting our fellow workers; that we call upn all those in Colorado who are prosecuting our fellow workers; that we call upn all those who believe in maintaining for each and every person all the rights guaranteed him by law, to join with us in this solemn and emphatic protest; and be it further

"Resolved, That we call upon our Local Unions, Sub-District and District organizations to hold protest meetings and adopt suitable resolutions demanding that equal and exact justice be accorded our fellow workmen in Colorado when brought to trial for alleged offenses with which they are or have been charged; and be it further

"Resolved, that we extend to John R. Lawson, David Robb, Ben Richardson, Louis Zancanelli and others of our fellow workers in Colorado charged with the comfession of criminal acts, our sincere sympathy and we pledge to them the best legal defense obtainable and our best efforts to secure for them a fair and impartial trial."

Signed on behalf of the International Executive Board, United Mine Workers of America.

JOHN P. WHITE, President.

FRANK J. HAYES, Vice-President

WM. GREEN, Secretary-Treasurer.

To the Officers and Members, United Mine Workers of America.

Brothers,—We are highly pleased to advise you that the strike in Eastern Ohio is at an end and that we have won the most clear cut and decisive victory ever achieved in the history of our organization. For fourteen months more than 13,000 miners have been on strike, asking for the enjoyment of the righs guaranteed them under the provisions of the Green Anti-Screen Law. The agreement just concluded provides for the mine-run method of weighing coal and the mine-run price, for which they are contending. These were the two cardinal principles for which they fought and sacrificed during this long and trying contest.

It mus be especially pleasing to the members of our union and their friends everywhere to know that the mine-run system has been completely established throughout Ohio. This strike could not have been won had it not been for the splendid cooperation given by the mine workers of the entire country. The money raised by the fifty cent per month assessment enabled the striking miners of Eastern Ohio to carry on the fight until success was attained. All, therefore, can rejoice in the gratifying outcome.

We appreciate the sacrifices you have made. On account of very poor working in many mining sections, the payment of the fifty cents per month assessment has been not only burdensome but a sacrifice as well. We have been desirous of discontinuing the payment of this assessment at the earliest possible moment. At the present, however, many members of our organization are being prosecuted in Colorado for alleged crimes. We will afford them every legal proection within our power. In addition we find it necesary to supply further relief to the families of the striking miners in Eastern Ohio for a few weeks at least until a general resumption of work takes place.

We, therefore advise you that the fifty per cent per month per member, international assessment now being paid will be discontinued on and after July 1st, 1915. All local unions will pay this assessment until that time, and all local unions who are in arrears are required to pay what they owe immediately.

We congratulate the striking miners of Eastern Ohio upon their loyalty to the organization and the spirit of solidarity which they have displayed. We thank each and every member of our organization for the cooperation and support which they have so generously given.

Fraternally yours.

JOHN P. WHITE, President.

FRANK J. HAYES, Vice-President.

WM. GREEN, Secretary-Treasurer.

Connor on the Fallacy of Reform

(Continued from Page One)

sult of such legislation, a wonderful improvement in the Exchequer but no one has been able to prove that it decreased the unemployed problem or gave the workers a greater share of their product.

During the early factory period in England women and children were hired in such large numbers that, as one Dr. Aiken stated in 1795: "As a result of improved machinery, domestic life was seriously endangered on account of female labor in the factories." Laws against child labor have been enacted. Why? Because continued exploitation of children would mean physical degeneracy of the slave, in other words, would mean the death of the goose that lays the golden egg. Then the reformer gets busy exposing the horrors of child labor and the workers begin to look around and agree with him. They think he is a marvellous individual, he is so clever and sympathetic. But if one of their own class, who has been looking around at conditions, digging beneath the surface of things, gets out and tries to expose the attitude of these reform movements, the working class will say that he is too radical. The working class must realize that the job they worship so religiously is crucifying them. It is not a job they need, but the knowledge that they produce the wealth of the world, that there are facilities of production in existence to enable the working class to produce more than enough food, clothing and shelter, to supply the wants of every man, woman and child.

The voters of B. C. have been asked to build railroads at every election past; these railroads have been built and the B. C. voters are no better off. Railroad policies should interest only those who own them.

Compensation acts are to compensate those who produce the wealth of the world. There is no clause in these acts for injured politicians, stock exchange patrons, shareholders in the Standard Oil, or the C. P. R., but those who run the industries of this country are to be compensated by those who do nothing but live on the wealth that the working class produce. Just fancy a couple of robbers holding you up for a hundred "bones," and just as they were getting away assistance comes and holds them up. Would you make a settlement to let them off if they gave you ten dollars? Why! you would want the whole cheese back and you wouldn't be satisfied till you got it. Well, capitalism exploits from the working class all the wealth they produce and gives them back wages with which they can buy their hay and oats. When election time comes, with the great variety of parties and a greater variety of promises, anywhere from a railroad policy for the benefit of some railroad magnates, to free passes on the trains for the unemployed to take advantage of when searching for the elusive job, the workingclass are trying to decide whether it is time to give the other fellow a chance instead of realizing that there is nothing but the straight revolutionary ticket that can express their class interest. Don't leave it to anyone else to do your thinking, use your own think tank.

Liberal, Conservative, Republican, Democrat, or any other party with a demand more immediate than the overthrow of capitalism cannot represent the interests of the class conscious proletarian. Between them the workers who have the power to decide are in the same position as the chicken would be if it was asked whether it would have its head chopped off with a single bladed axe or a double bladed axe.

The slogan of the Socialist Party of Canada is Education; study Socialist literature; forget these American expressions such as "I should worry," "Let George do it," because George won't do it. The working class must understand that no one will emancipate them; they must do it themselves.

At the coming elections those of you who wish to protest against the institutions of capitalism can do so. Remember! It is more intelligent to vote for what you want even if you don't get it, than to vote for what you don't want and get it.—TOM CONNOR.

Piles two Years Cured by ZAM-BUK

Mr. W. J. Donovan, of New Edinburgh, Ont., writes, "For two years I suffered with bleeding piles. The pain was most intense. I tried first one and then another of the so-called remedies, but without effect. At last I decided to try Zam-Buk. This gave quick relief from the dull gnawing pain, and perseverance with Zam-Buk entirely cured me."

Mr. Henry S. Fougere, Poulamond, N.S., says,—"I suffered terribly with piles and could not find anything to give relief until I tried Zam-Buk. The first few applications eased the pain. I continued using Zam-Buk and am now completely cured."

The above letters are taken from hundreds which have been received from men and women have ended their suffering from piles by using Zam-Buk. Why not do likewise

Whether it be Piles, Eczema, Ulcers, or other skin disease, Zam-Buk gives quick relief. As soon as applied, the rich herbal essences, of which Zam-Buk is composed, penetrate right to the root of the trouble, stop the irritation and stimulate the growth of new healthy tissue. Zam-Buk is the best cure for Cuts, Burns, Bruises, Piles, Eczema, Chapped Hands, Cold Sores, Ulcers, and all skin diseases and injuries. All druggists and stores, or postpaid from Zam-Buk Co., Toronto. Price 50c. box, 3 boxes $1.25.

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Send this article, name of paper, and 1c. stamp (for return postage) to Zam-Buk Co., Toronto.

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RIDERS WANTED as agents for our high grade bicycles. Write for low prices to THOS PLIMLEY'S CYCLE WORKS, VICTORIA, B.C. . . . . .

CHICKENS FOR SALE—Several of last year's hens for sale. Apply, F. Kennedy, McPherson Ave, Fernie.

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List of Locals District 18

No.	Name	Sec. and P. O. Address
[illegible]	Bankhead	J. Wheatley, Bankhead, Alta.
431	Beaver Creek	J. Loughran, Beaver Creek, via Fincher, Alta.
431	Bellevue	James Burke, Box 36, Bellevue, Alta.
1163	Blairmore	Wm. Archer, Blairmore, Alta
949	Burmis	T. G. Harries, Passburg, Alta
[illegible]	Carbondale	J. Archer, Carbondale, Coleman, Alta.
1387	Canmore	Michael Warren, Canmore, Alta.
2633	Coleman	J. Johnston, Coleman, Alta.
2877	Corbin	R. Garbitt, Corbin, B.C.
1126	Chinook Mines	P. Swanston, Chinook Mines, Commerce, Alt.
2314	Fernie	Thos. Uphill, Fernie, B. C.
1267	Frank	Evan Morgan, Frank, Alta.
1058	Hillcrest	Mack Stigler, Hillcrest, Alta
571	Lethbridge	R. Peacock, Box 24, Lethbridge, Alta.
1189	Lethbridge Collieries	Frank Farringham, Coalhurst, Alta.
2329	Maple Leaf	T. G. Harries, Passburg, Alta.
2334	Michel	Richard Beard, Michel, B. C.
2352	Passburg	T. G. Harries, Passburg, Alta.
192	Taber	A. Patterson, Taber, Alta.
1328	Georgetown, Canmore	Max Hunter, Georgetown, Canmore, Alta.
937	Brazeau Mines	Jas. Bewsher, Nordegg, via Rocky Mountain House, Alberta.

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News of The District Camps

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COAL CREEK NOTES

A wave of prosperity struck the camp last week, the mines working five shifts straight. Wednesday was an idle day.

The football club entertained Fernie club on Saturday last, and William Porter, of Michel, handled the whistle. The game was not without its incidents, but Coal Creek won by 5—0.

Mr. and Mrs. T. Barnes and family, of Michel, were the guests of Mr. and Mrs. J. Worthington, Coyote street, during the week-end.

Supt. Caufield and family paid a visit to Michel during the week-end, returning to camp on Monday.

Owing to the lengthy programme of events scheduled for the sports, and the inclemency of the weather, the committee decided to hold the heavy and light weight wrestling competitions on Thursday evening, commencing at 7 o'clock. Wm. Collier will referee.

Born—To Mr. and Mrs. Wm. Davidson, Railway View, Sunday, a daughter. Mother and child well.

General Manager Wilson visited the sports field on Monday and donated $10 to each of the stalls on the field to enable the children assembled to be regaled with candies, ice cream, etc. The kiddies were loud in their appreciation. Mr. Wilson also presented a prize of $5 for the ambulance competition.

Fernie-Coal Creek Excelsior Band enlivened the proceedings at the sports up here on Monday. Marked improvement was noticed in the band since their last visit.

The music for the dance held in the Club Hall on Monday evening was rendered by Miss Townsend (piano), and Messrs. McLeod and Page, 1st and 2nd violin respeceively. The wee sma' hoors saw the close of an enjoyable affair.

Don't fail to see the children in the patriotic flag drill at the grand concert on Wednesday, June 9th. Tickets now on sale.

The news of Italy's declaration of war with Austria was celebrated up here by the Italian community; many of the other nationalities helping them celebrate.

Church Notices

Methodist Church—2.30 p.m., Sunday school and Bible class; 7.30 p.m., Gospel service by supply.

Presbyterian Church.—2.30 p.m., Sunday School; 7.30 Service by Mr. Kay, student missioner of Saskatchewan.

Born—To Mr. and Mrs. Dave Martin, a daughter.

Following are the winning figures for mat and cushion that were raffled recently at Coal Creek by Mr. Green: Mat, No. 23; Cushion, No. 44. We regret that owing to the figures being mislaid they have not been published before.

COAL CREEK SPORTS

The following is a list of events and winners.

Girls' handicap (11 to 14 years), 100 yards—1 Elsie Hugall, 2 May Hughes, 3 Ivy Puckey.

Girls' Handicap (8 to 11 years) 75 ards—1 Beatty Coughlin, 2 G. Lamont, 3 H. Haile.

Girls' Handicap (6 to 8 years), 50 yards—1 E. Hesketh, 2 P. Atherton, 3 D. Boardman.

Girls' Handicap (6 years and under) 25 yards—1 A. Marchant, 2 M. Reed, 3, M. Millburn.

Egg and Spoon Race, 100 yards—1 H. Marchant, 2 N. Millburn, 3 M. Martin.

Longest Football Kick (10 to 14 yrs.)—1 M. Martin, 2 M. Haile, 3 J. Joyce.

Skipping Contest (10 to 14 years)—1 M. Martin, 2 L. Cook, 3 Ivy Puckey.

Skipping Contest (10 years and under)—1 J. Green, 2 V. Drew, 3 E. Cartmell.

Single Ladies' Skipping Contest—1 H. Young, 2 V. Hesketh, 3 N. Millburn.

Married Ladies' Skipping Contest—1 Mrs. W. Atherton, 2 Mrs. T. Morrison, 3 Mrs. J. Mitchell.

Married Ladies' Race, 75 yards—1 Mrs. J. Mitchell, 2 Mrs. T. Morrison, 3 Mrs. T. Birkett. Close finish.

Single Ladies' Race, 75 yards—N. Millburn, 2 H. Young, 3 E. Joyce.

Boys' handicap, 100 yards (11 to 14 years)—1 P. Caldwell, 2 H. Puckey, 3 J. Gibson.

Boys' Handicap, 80 yards (8 to 11 years)—1 J. Corlett, 2 A. Hausen, 3 H. Buchanan.

Boys' handicap, 50 yards (6 to 8 years)—J. Lamont, 2 W. Martin, 3 T. Puckey.

Boys' handicap, 25 yards (6 years and under)—J. Millburn, 2 L. Buchanan, 3 A. Evans.

Potato Race (scratch) 50 yards—1 J. Gibson, 2 J. Monks, 3 W. Glover.

Sack Race, 100 yards (scratch)—1 J. Gibson, 2 J. Monks, 3 D. Nee.

Three-legged race, 100 yards (10 to 14 years)—Monks and Eckersley, W. 2 Glover and D. Nee, 3 Gibson and Patterson.

Three-legged Race, 80 yards (10 and under)—1 H. Buchanan and H. Martin, 2 J. Corlett and A. Nausen, 3 J. Hughes and W. Puckey.

Longest Football Kick (10 to 14 years)—1 J. Gibson, 2 R. Joyce, 3 D. Nee.

Longest Football Kick (10 years and under)—1 J. Hamer, 2 F. Atherton, 3 J. Corlett.

Standing Jump (10 to 14 years)—1 J. Gibson, 2 N. Patterson, 3 W. Glover.

Standing Jump (10 years and under)—1 W. Puckey, 2 J. Hughes, 3 W. Millburn.

Wheelbarrow race, blindfolded—1 R. Martin, 2 D. Nee.

Wheelbarrow race, blindfolded—1 M. Nee, 2 F. Smith.

Boys' handicap, 100 yards (16 years and under)—1 [illegible] Smith, 2 J. Newberry, 2 R. Joyce.

AMBULANCE COMPETITION AT COAL CREEK

The first competition in First Aid to the Injured in connection with the Ambulance Classes held up here, was staged on Victoria Park on Monday. The grand stand and bank was crowded with enthusiastic spectators and among the assembly was noticed General Manager Wilson. Prior to the competition, Walter Joyce addressed the crowd on the advantages of the ambulance classes, after which the following teams lined up:

1st Team—J. Caufield (capt), J. Hall, J. Parker, R. Alstead and J. Ferguson (patient).

2nd Team—R. Johnstone (capt.), C. Larmont, T. Branch, T. Reid, and H. Martin (patient).

3rd Team—Ed. Harrison (capt), W. Branch, J. Millman, Ike Hale, and J. Young (patient).

Dr. Burnett then gave the tests as follows, all teams having the same test:

1st. Test—Fractured lower jaw and broken ribs right side.

2nd Test—Fractured right forearm and hemorrhage from wound above left ear.

3rd Test—Fractured thigh, crushed right hand and wound in forehead.

Removing patient home on stretcher, via stone wall and other obstacles.

4th Test—Artificial respiration; man in state of insensibility pulled from river.

The awards were made as follows:

1st Team—100 points, 1st prize.

2nd and 3rd Teams—98 points each; divided 2nd and 3rd prize.

Mr. W. R. Wilson donated the 3rd prize, $5.00.

The efforts of the contestants reflect great credit upon all concerned, and we hope the competitive spirit will stimulate them to still further achievement.

HAVE YOU WEAK LUNGS?

Do colds settle on your chest or in your bronchial tubes? Do coughs hang on, or are you subject to throat troubles?

Such troubles should have immediate treatment with the rare curative powers of Scott's Emulsion to guard against consumption which so easily follows.

Scott's Emulsion contains pure cod liver oil which peculiarly strengthens the respiratory tract and improves the quality of the blood; the glycerine in it soothes and heals the tender membranes of the throat.

Scott's is prescribed by the best specialists. You can get it at any drug store.

Scott & Bowne, Toronto, Ont.

MICHEL NOTES

By "Square Deal."

The annual smoker held by the Michel and District Angling Association at Martin's Hall, Natal, was declared by all to be one of the best concerts held in this locality. There was lots of everything, talent, refreshments, etc., and a bunch of real good fellows.

We are sorry to announce the death of Mrs. V. Brandeis, who met death by drowning. It seems that the unfortunate woman was an inmate of the hospital, and during the night of the 23rd last she left the hospital without having been seen by anyone, and walked into the creek. Her body was found on Monday morning at Natal. There is a husband and five small children left to mourn their loss.

We are glad to learn that Mrs. Jess Mansfield has recovered from her illness sufficiently to be able to leave for her home.

The Italian patriots of Michel, on the receipt of the news that Italy had entered the war, marched in great strength, headed by the band, from Natal to Michel, thereby showing their appreciation of Italy's declaration.

The baseball game at Michel between the Crow's Nest and Michel resulted in a win for the home team. The score was 9—5.

Mayor T. Uphill and a number of the prominent Fernie Citizens were at Michel on Tuesday last with the intention of raising a Patriotic Association. Before leaving they had succeeded in forming a branch of the society and had a strong committee lined-up who will get to work right away in an endeavor to work up concerts, etc., for the raising of money which will go to securing additional comfort for the dependents of those at the front.

(Received too late for publication in last issue.)

The mines here are still going ahead and working on an average of four days a week, which we trust will continue. However, we would not advise any workers to come to Michel, as there are quite a number of men who are still waiting for a job.

We understand that the Italian Co-Operative Store will be opened on or about the first of the coming month of June, and if reports be true it will undoubtedly be a great success. If we can buy at whole sale prices, plus running expenses, we expect to secure our goods at least twenty per cent cheaper than we are now doing.

The supper and dance held at Crahan's Hall, Michel, under the auspices of the Michel Football Club, was pronounced a great success. The boys wish to thank all who so ably assisted them in their efforts.

Coal Creek Football team were visitors to Michel on Saturday last, and a very closely contested game followed between the rival teams, the result being 1—0. (But the boys claim you might have done better, Paddy.)

There is a rumor current that the coal company here are considering the advisability of installing a coal crusher, since it seems that our demand is soon to be chiefly coke. A little additional work would certainly be acceptable, and we trust that there is some truth to what we hear.

The Natal Electric Power Company we are told, may possibly go out of business, the plant having been run for some time past at a loss, and it is now up to the people of Natal to do what is fair, especially the [illegible] who have not, so far, installed [illegible] generally admitted that without the electric light this town would be in darkness—therefore, let there be light, boys.

James Mansfield, aged 12 years, son of Mrs. Jess Mansfield, of the Elk [illegible] recently came up to his younger sister at their home, died on Thursday night and was buried on Friday, May 14th. The Rev. Mr. Curry, Presbyterian Minister, officiated. Mrs. Mansfield wishes to thank their many friends for the sympathy extended to them in their bereavement.

A grand wedding took place in our little burg on Monday last, the principals being Mr. Pete White, and Miss Krall. It was well attended, while the dance in the Opera House that followed was quite a feature of the celebration. Good luck is what we wish the newlyweds.

Shiloh

The family remedy for Croup and Colds

25¢

COLEMAN

A public meeting under the auspices of the Liberal Association was held in the Opera House on Wednesday evening. The Hon. Chas. Stewart, Minister of Public Works, was the speaker of the evening, and in the course of his remarks touched upon everything and anything but the all absorbing question of the day and a solution to the unemployment general all over the country.

The Union Sports were held on the athletic grounds on Monday in showery weather, which somewhat cleared away as the day wore on. The following were the winners in the different events:

Girls' race (14 years)—E. Morris, L. Johnston.

Girls' race (12 years)—H. Perdue, L. Mitchell.

Girls' race (10 years)—L. McVey, C. Williams.

Girls' race (7 years)—N. Derbyshire J. Kemp.

Girls' skipping (14 years)—M. Cox, H. Atkinson.

Girls' skipping (12 years)—J. Kemp, L. Washholm.

Boys' race (16 years)—S. Stotmans, J. Knowles.

Boys' Cracker Race (14 years)—F. Merry, J. Bouch.

Boys' race (12 years)—R. Edey, C. Edey.

Boys' Cracker Race (10 years)—S. Machin, F. Henriett.

Boys' race (12 years)—R. Brashne, J. Bouch.

Boys' race (7 years)—J. Johnston, J. Fauville.

Boys' wrestling match (16 years)—J. Cliffe, Fernie Beck.

Single ladies' race—E. Morris, M. Larrigan.

Married Ladies' Race—Mrs. T. Smith Mrs. G. Fairhurst.

Men over 40 years race—G. Grafton, J. Stotmans.

Old mans' race—R. Easton, J. Foster.

100 Yards (open)—G. Pelleteir, F. Beddington.

220 Yards (open)—F. Beddington, T. Sudworth.

100 Yards (confined to both local unions)—F. Beddington, J. Nash.

Place kick—D. Montgomery.

Football match (Coleman vs. Frank), Frank 3 goals, Coleman 2 goals.

Bicycle Race—J. Destabeles, E. Statmans.

President Phillips and Tom Connors, Socialist candidatet for Fernie Riding, delivered addresses in the evening from the verandah of the Grand Union Hotel, which brought an enjoyable day to an end, notwithstanding the poor outlook earlier in the day.

The Football Club dance was one of the most successful dances that has been held this season, 72 couples being present.

Born—May 23rd, to Mr. and Mrs. T. A. Sadler, twins, son and daughter.

Born—May 22nd, to Mr. and Mrs. E. Ash, a son.

Born—May 22nd, to Mr. and Mrs. A. Flynn, a son.

Born—May 18th, to Mr. and Mrs. V. Galbeno, a daughter.

Work around here is still the same as at last report. The International mines worked two days in the week and McGillivray mines three days.

BELLEVUE

We are pleased to record that Mrs. Williams, wife of the superintendent, is making a rapid recovery from her injuries received by being thrown whilst driving home from Blairmore.

Mr. McDonald, of Burmis, whilst driving home from Bellevue on Saturday night, was thrown from his buggy and rather badly injured. He was brought back to the Bellevue Hospital and attended to by Dr. Mckenzie.

Mrs. Fred Henson underwent a serious operation this week, but thanks to the skill of Dr. McKenzie she is making a rapid recovery.

The Rev. Mr. and Mrs. Cook are away on a two weeks' vacation. Mr. Ed. Christie will occupy the pulpit on Sunday next.

Mr. and Mrs. Walter Miller, who left here about twelve months ago on a trip to the old country, have returned.

Our baseball enthusiasts were indulging in that sport on Sunday afternoon.

The last quarterly official board meeting for the year ending May 15th, was held in the Methodist Church. The reports of those in charge of their various activities showed a fairly satisfactory years' work, with the exception that a large number of active church members had left the district, and the balance sheet had an adverse showing of some $250. Steps are being taken to reduce this somewhat, as Messrs. Christie and Cousen's are out soliciting subscriptions from the general public. After the subscription list is closed it is hoped that the board will be able to avail themselves of this column to publish an itemized account. Some changes were made in the personnel of the board.

A hard times dance was held in the Workers' Hall on Victoria Day.

Four members of No. 1 haulage crew were up before Inspector Junkett charged with [illegible] general haulage. Three of them were fined $10 and costs, and the fourth was charged. Secretary Burke was present on behalf of the accused.

Mr. Lees, who has been running the picture show in the Workers' Hall for some few months, has found it necessary to discontinue for the present.

A number of our Austrian members who were laid off in making an attempt to cross the line in search of a job, were stopped by the authorities and are now interned at Lethbridge.

The officers of the Salvation Army stationed at Coleman held an open-air meeting in this burg on Tuesday night.

Board Member Christie is attending the board meeting held in Fernie this week.

The weather man held up the traditions that are associated with Victoria Day in these parts, rain being plentiful until the evening. In spite of the rain some forty of our sports took in the Coleman sports.

Sir Richard McBride is expected back in B.C. early in June. Report has it that his visit to the old country will result in an increased exportation of canned B. C. products.

THE BLOOD IS THE STREAM OF LIFE

Pure Blood Is Absolutely Necessary To Health

"FRUIT-A-TIVES" PURIFIES

These Wonderful Tablets, Made of Fruit Juices, Are The Best Of All Tonics To Purify And Enrich The Blood.

Pure, rich blood can flow only in a clean body. Now, a clean body is one in which the waste matter is regularly and naturally eliminated from the system. The blood cannot be pure when the skin action is weak, when the stomach does not digest the food properly, when the bowels do not move regularly, when the kidneys are strained or overworked.

Pure blood is the result of perfect health and harmony of stomach, liver, bowels, kidneys and skin.

"Fruit-a-tives", by their wonderful action on all these organs, keeps the whole system as clean as Nature intended our bodies to be clean.

"Fruit-a-tives" tones up, invigorates, strengthens, purifies, cleans and gives pure, rich, clean blood that is, in truth, the stream of life.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for $2.50 trial size 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

There is more Catarrh in this section of the country than all other diseases put together and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

P. Carosella

Wholesale Liquor Dealer

Dry Goods, Groceries, Boots and Shoes, Gents' Furnishings

BAKER AVENUE

BRANCH AT HOSMER, B.C.

KING'S HOTEL

Bar supplied with the best Wines Liquors and Cigars

DINING ROOM IN CONNECTION

W MILLS, Prop

Fernie-Fort Steele Brewing Co., Ltd.

Beer and Porter

Bottled Goods a Specialty

THE Bellevue Hotel

COMMERCIAL HOUSE

Best Accommodation in the Pass.—Up-to-Date — Every Convenience.—Excellent Cuisine.

SUITABLE FOR LADIES AND GENTLEMEN

J. A. CALLAN, Prop. BELLEVUE, Alta.

H. G. GOODEVE CO. Ltd.

The Complete House Furnishers of the Pass

Hardware Furniture

We will furnish your house from cellar to garret and at bottom prices. Call, write, phone or wire. All orders given prompt attention.

If you are satisfied, tell others. If not satisfied, tell us.

Coleman - Alberta

F. M. THOMPSON

Company - "The Quality Store"

Groceries, Dry Goods, Crockery and Everything in Shoes

See us for the best in

Men's Suits, Shirts & Shoes

Our Spring Shipments of these Goods are all to hand and the assortment is complete with the smartest goods and best possible values.

We have unloaded this week a Car of Flour and Feed

Purity Flour 98lbs $4.00 nett

Gold Seal 98lbs $3.60 nett

Also Bran, Shorts, Crushed Corn, Whole Corn and Feed Oats

Phone 25 Blairmore, Alta.

The Store That SAVES You Money

Real Economy-Our Specials

Ladies' Ready-to-Wear Department

Suit Special, $9.50

A good assortment of Suits at a very low cost. In the lot there are values as high as $25 to $35 for **$9.50**

Colors are, navy, black, grey and tweed. Size, 16 to 38.

Special Saturday $9.50

DRESSES

9 Silk Dresses at $8.50

In Crepe de Chine, Messaline, Pongee, Taffetta; colors, Copenhagen, navy, black, grey and brown; sizes 16 to 38.

Saturday Special $8.50

CORSET COVERS

Covers neatly made; trimmed with lace and embroidery; extra good value at **65c.** Size, 34 to 44.

LADIES' MUSLIN COMBINATIONS

Combination made of good quality of cotton; neatly trimmed with lace. Regular price, $1.50

Saturday Special ..... 95c.

Dry Goods Dept.

45-Inch Curtain Nets

Extra good values, strong double thread. A big range of pretty lace effects to select from.

Saurday Special .....25c. yard

18-Inch Linen Towelling

Made from a specially selected flax. Makes dandy roller towels. Good dryer.

Special .....2 yards for 25c.

Money Savers in our Gent's Department and Ladies' Ready-to-Wear Dept.

LADIES' AND CHILDREN'S FOOTWEAR

Special in Ladies' Tan Shoes.

These are odd lines and broken sizes we will clear out at a very low price. Made in button and Blucher styles, up-to-date lasts. Regular values from $4.00 to $5.50.

Special for Saturday .....$2.95 pr.

Ladies' Black Button and Blucher Shoes at $2.50 pr.

Made in all leathers, patent, vici kid and gun metal; a good variety to choose from. Regular prices, $3.75 to $5.00.

Special for Saturday .....$2.50 pair

Childs' and Girls' Shoes and Slippers at $1.75

Made in button and blucher styles, in patent and vici kid leathers. Regular values to $2.75.

Special for Saturday ..... $1.75 pair

LADIES' HOSIERY SPECIAL

In cashmere, lisle and lisle thread lace. These come in all colors, also white and black. Values up to 65c.

Special .....35c. Pair; 3 Pair for $1.00

REMNANTS! REMNANTS! REMNANTS!

Two tables piled high with remnants of Dress Goods, Prints and Ginghams, Cotton Crepes, Embroideries, Ribbons, etc. There are a lot of very useful lengths, suitable for children's school dresses, pinafores, etc. Come early and get your pick.

STRAW HATS

New Blocks in Men's Split Straw Hats are now being shown. See these in our Clothing Department.

MEN'S OUTING SHIRTS

We are showing a big range of Men's Outing Shirts with collars attached in white and plain colors. Also new stripe effects. All sizes, 14½ to 18.

Saturday Special ..... 95c. each

MEN'S NECKWEAR

25c. Each New Silk Plain Each 25c.

Knitted and Plain Ties, in great variety of patterns, on sale Saturday at ..... **25c.**

MEN'S BLACK CASHMERE SOX

Our regular 35c. Black Cashmere Sox will be on sale Saturday at **4 Pairs for $1.00**

All sizes, 9½ to 11½.

MEN'S RAINCOATS ON SALE

A new shipment just received of high grade English Paramette Raincoats; absolutely waterproof; in light and dark fawns. These coats are sold regularly at $20.00 to $25.00.

On Sale Saturday while they last at $12.50

See Us For Suk Shirts

We carry the best range of Habitane and Pongee Silk Shirts in the city; all colors and sizes in stock.

Our Grocery Specials For Saturday

Mrs. Stewart's Liquid Blue, 2 for	.25
Krinkle Corn Flakes, 4 for	.25
Rolled Oats, 8 lb. sack	.40
Riley's Toffee, per lb.	.35
Slab Fruit Cake	.30
Cowan's Chocolate Emblems, per lb.	.40
Lipton's Cocoa, ½ lb. tin	.25
Lowney's Cocoa, ½ lb. tin	.20
Heinz Tomato Catsup, pts.	.25
Kelowna Peaches, 3 lb. tins	.25
Evaporated Peaches, per lb.	.10
Tip Top Salmon, 2 tins	.25
Wagstaff's Clover Honey, 5 lb. pail	$1.10
Lipton's Pure Fruit Jelly Tablets, 3 for	.25
Wagstaff's Marmalade, 4 lb. pail	.60
Angelini Olive Oil, gallons	$2.25
Angelini Olive Oil, ½ gals	$1.25
Red Cross Pickles, qts.	.30
Siam Rice, 4 lbs.	.25
Holbrook's Sauce, per bottle	.35
Holbrook's Vinegar, qts	.25
Special Blend Bulk Tea, 2 lbs.	.75
Carrots, 16 lbs.	.25

The Store of Quality

TRITES-WOOD COMPANY, LTD.

Money Saving Prices

BRANCHES AT FERNIE, MICHEL, NATAL AND COAL CREEK

First Aid Instructions For Miners

By M. W. Glasgow, W. A. Raudenbush and C. O. Roberts

(For the benefit of our many readers interested in First Aid we begin this week the reproduction of Miners' Circular No. 8, published by the U. S. Bureau of Mines. These instructions are also appearing in the United Mine Workers' Journal, to whom we are indebted for the loan of the cuts accompanying the text.)

The Muscular System

Muscle tissue or the flesh forms a covering for the skeleton and gives to the body its contour or shape. Muscles are simply masses of muscle fibers surrounded by connective tissue supplied with blood vessels, bound together into bundles of different length, breadth and thickness. There are two kinds of muscle, namely, voluntary and involuntary.

Voluntary muscles may be connected to bones, cartilage, ligaments or skin, either directly or by cords or tendons, and are made to contract and relax through the power of the will.

Involuntary muscles are not attached to bones but are found in the arteries, veins, intestinal canal, and other internal organs. The involuntary muscles act independently of the will without our even being conscious of such action.

Muscular fibers can shorten, lengthen and thicken. When a muscle contracts, its two ends and consequently whatever may be attached to those two ends are brought nearer together; in this way a man can move and through his limbs can perform work.

Fig. 4—The surface muscles of body.

Tendons

Tendons are strong fibrous cords of a white glistening appearance which serve to attach muscles to bones. They vary in thickness and length and may be round or flat; they are inelastic and are useless unless attached to a muscle.

Suggested Topic for Further Study

Tendons; conective tissue.

The Skin and its Appendages

The skin forms the outside covering of the body; it is the special organ for the sense of touch; it also acts as an excretory organ. It consists of two layers, an external (the epidermis) and a deep or true skin (the dermis).

The appendages are the hair and nails. At the edges of the openings leading to or from the interior of the body, the skin ends and its place is taken by a soft reddish tissue, the mucous membrane, which forms a smooth, velvety lining for the interior of the respiratory, digestive and urinary tracts.

Suggested Topic for Further Study

Mucous membrane; serous membrane; glands.

The Vascular System

The blood of the body is a nutritive fluid; it is contained in a practically closed system of tubes, the blood vessels, within which it is kept circulating by the action of the heart. The circulation of the blood through the blood vessels, arteries, capillaries, and veins is known as the vascular, or circulatory, system.

Uses of the Blood

The uses of the blood are as follows:

To be a medium for the reception and storing of matter from outside, such as oxygen and digested food, and for conveying this to all parts of the body.

To be a source whence the various tissues of the body may take the materials necessary for their nutrition and maintenance and whence the secreting organs may take the constituents of their secretions.

To be a medium for the absorption of refuse matter for all the tissues and for the conveyance of such matter to those organs whose function it is to separate it and cast it out of the body.

To warm and moisten all parts of the body.

The Heart

The heart, which acts like a pump for the circulatory system, keeps the blood disseminated through all parts of the body in order that it may give nourishment to the tissues. It is a hollow conical shaped muscular organ about 5 inches long, lying in the chest cavity between the lungs with its base upward to the right and its apex downward to the left. It contains four chambers, two auricles and two ventricles, arranged in pairs. The right auricle communicates with the right ventricle, and the left auricle with the left ventricle, but the chambers on the right side do not directly communicate with those on the left side.

The Arterial System

The arterial system begins at the left ventricle in a single large trunk, the aorta. (See Fig. 5.) Three large arteries branch off from the aorta near the heart for the supply of the head, neck, arms and hands. The aorta traverses the thorax and abdomen, giving off other branches, large and small, for the supply of the various organs and tissues that it passes on its way. In the abdomen the aorta divides into two main branches for the supply of the legs and feet. The larger branches, wherever given of, divide and subdivide into branches of very minute diameter. The minute branches pass into capillaries. Capillaries are a network of fine vessels that transmit the blood from the minute branches of the arteries to the minute veins.

The Venous System

The venous system begins in small vessels that are slightly larger than the capillaries from which they spring. The vessels unite into larger and larger veins until they terminate in the two venae cavae (large veins) which empty into the right side fo the heart.

The arteries and veins are continuous with each other by means of the heart and by means of this fine network of small vessels and capillaries.

The Circulation of the Blood

From the right side of the heart the blood passes through the pulmonary artery to the lungs, then through the small arteries and capillaries and veins in the lungs, and thence through the large veins leading to the left side of the heart. Hence there are two circulations through which the blood must pass, the one and shorter circuit from the right side of the heart to the lungs and back again to the left side of the heart, the other and larger circuit from the left side of the heart to all parts of the body and back again to the right side of the heart. In the arteries the blood has a bright or scarlet red color and is circulating away from the heart. Therefore bleeding from an artery may be known by the bright red blood that flows, usually in gushes, with each beat of the heart. The blood in the capillaries is also bright red in color but in case of bleeding from these small vessels the blood oozes slowly from the wound. The blood in the veins is dark red or blue in color and is circulating back to the heart. Bleeding from a vein may be known by a continuous flow of dark red or blue blood.

The Respiratory System

The essential part of respiration (breathing) is the exchange of the carbonic acid gas in the blood for the oxygen in the air, which takes place in the lungs. The respiratory apparatus consists of the nose, pharynx, trachea (windpipe), bronchial tubes and lungs.

The nose is not only an organ or respiration, but also of the sense of smell. Through the nose the air is warmed and moistened; the olfactory nerve (nerve of smell) protects the lungs to some extent from the inhalation of harmful gases. Never breathe through the mouth.

The pharynx, which is also a part of the alimentary tract, is a conical sac forming the throat or back of the mouth. It is composed of muscles and membranes. It is about 4½ inches long and is lined with mucous membrane, which is continuous with that of the nose and mouth.

Extending from the lower part of the pharynx are the openings of the esophagus (gullet) and the larynx (voice box) the former lying behind, the latter in front. The larynx forms a part of the respiratory apparatus, but has also a more special function of being the principal organ of speech.

The trachea or windpipe is a cylindrical tube about 4½ inches long extending from the larynx down the front of the neck into the thorax, where it divides into the bronchial tubes.

The bronchial tubes divide into a great number of small branches, which in turn divide into still smaller branches and finally terminate in numberless small dilated cavities or pounches, known as the air cells. These air cells in turn form lobules, which together make up lobes that form the lungs.

The lungs are two large, slate-colored, cone-shaped, membranous sacs composed of a soft, spongy and very elastic tissue. The interior of the sacs communicates freely with the outside air through the bronchial tubes, trachea, etc., whereas the outside of the sacs is protected from atmospheric pressure by the walls of the chest. The atmospheric pressure on the inside of the lungs expands them until they fill the entire thoracic cavity. If the wall of the thorax is opened so as to make communication with the outside air, or if the wall of the lung is pierced so that the air can communicate with the pulmonary cavity, then at once the lung shrinks or collapses, because the pressure is equalized in the outside and inside of the sacs. The lung substance is composed chiefly of air cells. The walls of the air cells consist of very thin layers of lining cells surrounded by wide, thin-walled blood vessels. By this arrangement only a very delicate membrane is interposed between the air on the one side and the blood on the other, so that gases are readily exchanged between the two. The venous blood from the system is brought to the capillaries of the lungs. The air cells receive the carbonic acid gas and waste matter with which the blood is laden. A new supply of oxygen is taken up by the red blood cells. In this manner the change from venous to arterial blood is effected in the lungs.

Respiration or breathing is an involuntary act and occurs in health 16 to 20 times per minute. It is the method by which oxygen is taken into the body and carbonic acid gas is expelled. If the body is to properly perform its function and life to continue, oxygen must be constantly supplied. Continued breathing of stuffy or stale air impairs the vitality and renders one liable to disease. Air low in oxygen or containing much carbon dioxide is unfit for breathing. The prolonged breathing of such air will produce a condition of asphyxia and finally death. To insure good health, it is estimated that a person requires at least 1,000 cubic feet of air space, and the air breathed should be frequently renewed through proper ventilation.

The Digestive System

The digestive or alimentary apparatus consists primarily of a long tube composed of the mouth, pharynx, esophagus, stomach, and intestines, with the salivary glands, liver, and pancreas as accessory organs. This canal is about 30 feet long and varies in diameter. It extends from the mouth to the anus. Its functions are, first, to separate the nutrive material from the food and expel the residue from the body; and, second, to convert the nutritive matter into such form that it can be easily absorbed into the blood and be utilized by the tissues as food.

To get a clear understanding of how this is accomplished a knowledge of the separate parts forming the digestive apparatus is necessary. The question of food, its preparation, digestion, and assimilation is such a vital one and so affects health and efficiency that a thorough knowledge by first-aid men of the anatomy and physiology of the digestive system seems essential.

Suggested Topic for Further Study.

The mouth, teeth, tongue, and salivary glands, the part they play in digestion; the stomach as a digestive organ; the small intestines; the large intestines; the liver, its part in digestion; the pancreas, its part in digestion; foods, their relative values.

The Excretory System

Excretion is the process of removing all waste of the tissues from the body. These waste products are carbonic acid gas, salts, urea, and water. They are continually brought into the blood by the circulation through the capillaries. Life and health depend upon the blood ridding itself of these poisonous products through the lungs, skin and kidneys.

Suggested Topics for Further Study

The lungs as an excretory organ; the skin as an excretory organ; the kidneys as an excretory organ.

The nervous System

The different systems of the body are kept in touch with each other by the nervous system and the functions and workings of the organs are controlled and regulated by it. The elements comprising the nervous system are nerve cells or centers, and nerves. The nerves are round cords consisting of nerve fibers which form connections between the centers and ends of the nerves. The fibers can transmit nervous impressions and are of two kinds, according to the function they perform. Those that convey impressions from their tips to their centers are sensory nerves; those that transmit impressions from these centers to the parts with which they are connected are called motor nerves. The nerve centers are bunches of nerve cells and are distributed in the brain, spinal cord, and ganglia. They receive and send out nervous impressions.

The nervous system is divided into the cerebrospinal and sympathetic systems; the former is composed of large nerve centers in the brain and spinal cord, the latter is a series of small centers termed ganglia running along on either side of the spine. The nervous system is too complex to be discussed in detail here.

(To be Continued next week)

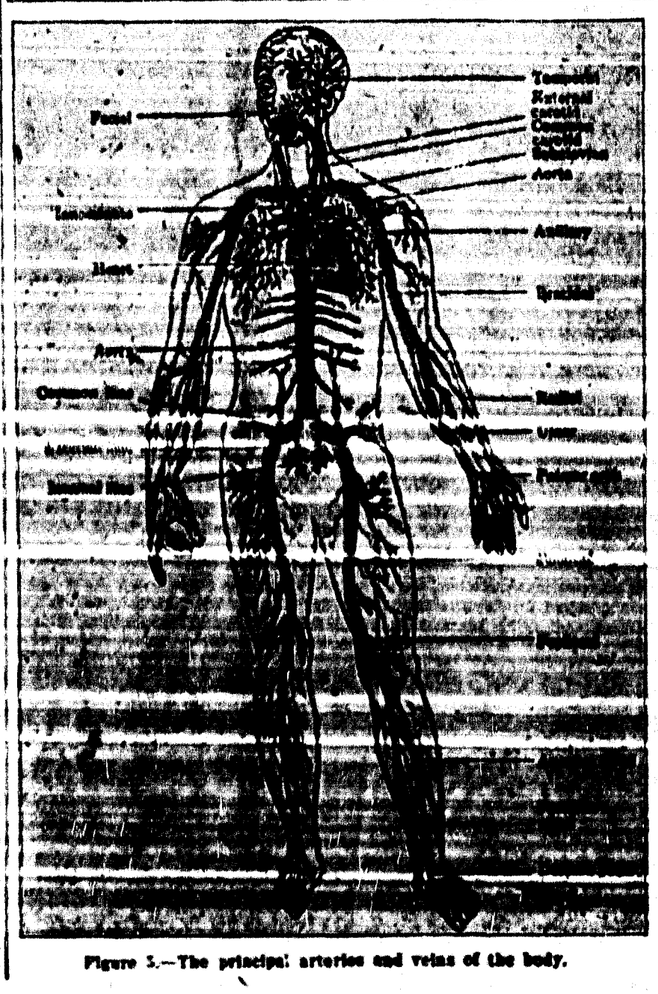
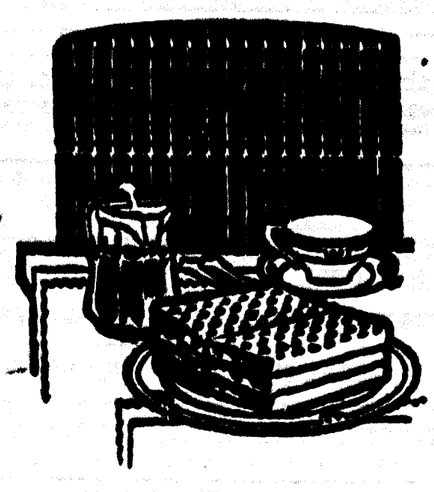


Figure 5.—The principal arteries and veins of the body.

Prisoners of war are kept on the payrolls. If incapacitation results in an exchange of prisoners, he appears on the pension roll and of cause is taken off the regimental roll.

The mobilization of the 54th Kootenay and Boundary Regiment will take place on June 6th instead of May 28th as previously announced.



Dr. Price's CREAM BAKING POWDER

Sixty years the standard

Dr. Price's is free from alum or any doubtful or unwholesome ingredient. It is made from Cream of Tartar, derived from grapes, pure and healthful beyond any question.

Do you feel satisfied that the baking powder you are using is absolutely safe and certain?

Have you read the label to see if it contains alum?