Steno No. 1095 U

Daily Diary

Oct 26/49.

Brief review. Arrived Geneva July 31st & reported for duty Aug 1st. Olive Baggallay arrived two weeks previously. Already I have been in four different offices. The nurses have been made very welcome, although at some points ignored. A. Helen Martikainen arrived Sept 1st as Health Educator. A very welcome addition to the staff. We need a social worker and a dentist to make the professional group more complete. Dr Williams returned from her survey trip in Italy about a week after I arrived. She is now on home leave and returns shortly to go to India as M&C.H. Consultant. Budgets for 1951 are now being vetted — such long-term planning. I wonder how many of these plans will actually be fulfilled by the end of that year.

Recently Dr Kjellberg, Dr Downs, and I have been making some field trips in Geneva. There are two purposes in mind. The real one is to see the resources in Geneva so that we may be better able to give advice in relation to the survey of the canton which is to be made in connection with the establishment of an Institute of Public Health. Dr Grasse is leaving this survey to the Bon Secours School of Nursing and Miss Douvillard has asked for our assistance. The second and official reason is to see what the resources are for practical demonstrations during the Post Congress Seminar to be held in Geneva next August. Our first visit was to

Goutte de Lait

The nurse in charge was away on holiday. We met the lay person in charge who told us about the organization. Private. Easier to do for the mothers than to teach! Bottles not sterilized. Milk not boiled in winter. Cereals mixed with milk. No egg or meat until one year old. Also make soups. Miss Douvillard said this was the nearest

approach to a C.H.C. in Geneva. 99 formulas being made & nearly all different.

Maternité – Prof. de Watteville. An enthusiastic doctor. Going to build a new maternity hospital, but not going to plan for rooming in. Mlle Raymond the nurse in charge. Did not learn much about nursing but understand they are very short. Have a school for midwives – rather poor group who go in for midwifery. The maternity O.P.D. is directed by another Dr. ~~and~~ this position is also another chair in the University so there is no carry through of records etc.

Pouponnière de Grange-Canal.

Institution for well babies (up to 6 yrs) – social cases. Good physical care but that is all. However the children seemed happy. Mlle Borsinger, the woman who owns & directs the institution a rather doubtful character. Smuggled children over from France during the war. Less mouths for the Germans to feed, so no doubt they were very glad.

Clinique Infantile Prof. Gautier. Mlle Bentz. Quite a parade. No c.d. techniques. 124 beds, now have 60 babies. 10 Sisters plus 14 students. Nurses work 60 hrs. a week in Switzerland. Previous to last march was 76 so they are quite happy with the 60. Go on at 6:45–12, 12:30–6, 6:30–7; or to 8 with one hour off. 1½ days off per week.

Aide et Conseils aux Future Mères Volunteer organization. Mme Faull in charge. She is a pharmacist who gives about three days a week to this organization. A few mothers come to be instructed in the making of clothes. They sent out cribs with all the trimmings. Pathetic! A wonderful opportunity to teach but nothing done.

Visited the Infant Nurses Course at Zurich Oct 20. and went with Marjorie Douvillard to the Kinderspital at Zurich & Basel and the Pouponnière at Vevey. Miss Kehlstadt, a swiss district nurse, organized the course. One month of theory to start. Rather too much emphasis on the organizations in Switzerland and very little on pediatric nursing. Good physical care given in hospital but no opportunity for mental health. Brought back the brochure from the famous Pouponnière Nestlé at Vevey and showed it to Dr Hargreaves. His remark - "Looks to me like a hygienic hell!"

To-day (Oct 26th) staff meeting at which Dr Eliot gave a report of her recent trip to India. Nutritional deficiencies seem to be at the root of many of their health problems. She expressed admiration for the amount of good work being done with such inadequate equipment and few personnel. Dr Kohn told of his trip to Austria & Hungary and gave some indication of the very strong opposition to having experts, consultants etc. They want equipment but not with a proviso that personnel must accompany it. He told of an interview he had in Hungary with Anna R-- Minister of Health. She started off by saying that she was a very frank person and that she would state their views in that manner. They want equipment but not personnel. Some of the equipment requested was very complicated. Dr. Kohn replied by saying "Now suppose, by some magic, I could give you an electro microscope to-morrow, have you anyone here who could operate it?" She replied that they were a very intelligent people and if given the instructions they could learn. Dr Kohn replied "My father was a tailor and I fooled around with a machine for several years but you wouldn't wear the dress I could make!"

Oct 28. Staff meeting to-day in which Dr. Eliot introduced again the idea of working parties. It was surprisingly acceptable & before the meeting was over three working parties were organized — on In-Service-Training and Briefing for staff, Dr Haynes to select, — one on ways of being of assistance to Govts, Dr Kohn to select, — and thirdly on Health Demonstration Areas, Dr Meeter to select. Happily I have arrived on the later. I would have been most disappointed not to and it was just a streak of luck that I did. Dr Kohn asked for Olive for his! Marti gave a very excellent presentation on Health Education. A wonderful opportunity to follow on about public health nursing but it was missed. Olive spoke about the Expert Comm. and the proposed study of the p.h.n. & s.w. As the time was short there was no discussion.

The past day and a half I have been tabulating requests for the sections within the Div. for 1950 for the S.E. Asia and East. Med. regions. In relation to nursing more in S.E. Asia and nearly all under UNICEF. and MCH. Very few from other region. They don't know what to request. It was noticeable that where the personal approach is made there are requests.

Read a report on Afghanistan last night — 120 doctors (most poorly trained) for 12,000,000 people!

Oct. 31. Marti left yesterday for India. Had party Sat. night — Olive, Miriam Slight, Bob Bogue. Dr Lippo — went to Russoir & had Croute 3 ilegs.

Nov 1. Worked on book lists and V.D. Health Ed. statement. Also got letter off to regional directors re collecting material for Zurich. Lunch with Mr. Paul Blanc. He was 19 years in Montreal as managing director of Hoffman Drugs. He is more Canadian than Swiss in his outlook.

Nov 1. Received a letter from Dr Mani commenting on remarks I had made to Miss Naber re supplies. Apparently Regional Office has taken the matter of M.&C.H. equipment up with UNICEF who are going to provide. No reference was made to N.Q.

There are many policies which will have to be ironed out before we have smooth relationships. Susan Haines in during afternoon. She was very disturbed about conditions in the refugee re-settlement camps in Italy. They are having a great many infant deaths. Die of dehydration and chronic enteritis. Apparently Italian nursing is on a very poor level, and the medical is not much better. The Italian doctors are not prescribing intravenous therapy or the like. Dinner with Olive, Kingdom & Miss Cannon. Susan couldn't come.

Dr Williams came back Monday — on her way to India. Has put on weight but certainly does not look well. Think she will continue to dictate re nursing in S.E. Asia. Personally, I feel she makes rash judgments and we will have difficulty.

Nov 2 Visited "Maison des Petits" A kindergarten and first grade of school. Modern for Geneva. About 80 children. School hours from 8:30–11 & 1:30–4, even for 5 year olds. Group activity must be limited because quarters are crowded. The children, the rooms, their work too neat for words. Free expression not encouraged. Seats are not in traditional rows but no attention given to best light etc. Did not see any play quarters inside, or any evidence that children have mid-morning or mid-afternoon nourishment. School nurse visits about three times a year.

Party at Dr ~~Williams~~ Leppo's for Dr Williams. Met Mrs Miller, Mrs Bonne, Dr & Mrs Laski of FAO. for first time.

Nov 3. Wrote past descriptions for Sarawak positions. Cannot help but wonder if there is a definite plan behind their requests or are they sort of hit and miss according to the conditions of the moment. They want a P.H.N (Dental) as N.Z. scheme. Are there p.h.n's? Also a midwife tutor & a public health tutor as well as a pediatric sister to develop the School of nursing at Penang. - Miss Cannon in for dinner. She is a fat, jolly, Irish girl. Must have method in her work and intends to have records. Will be the only European on the malaria team in Siam. Has never seen a snake! — Dr Williams off to India.

Nov 4. Meeting of Health Demonstration area committee. All a very nebulous thing as yet. Assurance from finance that can go ahead now & employ an administrator to proceed with plans. Dr Clemens brought up question of whether or not anything was to be done about economic development. Need for F.A.O. to join in.

Nov. 7. Week-end trip c̄ Miriam Slight to Gruyères, Fribourg, Morat & Neuchâtel. Cost $ 13.05 each!

Visit to "Les Ecureuils" — two foster homes in Canton of Geneva. Served to take the bad taste of previous visits out of my mouth. Both houses beautifully situated on the lake. Supported by a private org. which is state subsidised. In each a directress & two assistants (cook & maid) In one house 15 children ranging in age from 3½ yrs to 18. Out of the 15 there are 9 brother & sister combinations. Children do not have to do any work but all play their part. All go to the village school. Ten get through a nightly bath in ¾ hour! The directress of the second house is a little more motherly. She comes from Vaud & the other from Geneva. Many more individual touches in the rooms in the second & all more homey. Two little girls (4 & 5) stood by her as she talked & when we were passed some sweets they never asked for any or were given any. She told us of a little boy of 10 who may be adopted. He goes every Sat. to visit his prospective parents but has not decided yet if he wants to go permanently. He says he will

decide next summer. As there will be no other children it would be a bit sad if he decided to go! Swiss law that can't adopt if under 40 or have children of own.

Nov 8. Reviewed personnel files and revised file box.

Nov 9. Staff meeting in A.M. The most interesting report was given by Dr Clement on his visit to the Cameroons. The meeting was one called by the Tri-partite countries, G.B, France, and Belgium in relation to nutritional problems in the Cameroons. Not one Black African was represented & not one representative was from a rural area. Only two had any knowledge of the nutritional problems in these countries. FAO & WHO were only asked as observers.

In the afternoon Olive & I conferred c̄ Marjorie Douvillard at her school re the nursing part in the Pediatric Congress & following meetings. Suppose I have really let myself in for something when suggesting a p.h. nsg demonstration. Dennis after with Marjorie D and Mlle Cortesse of Nsg Div. of Swiss Red Cross. They have some sort of control of the Swiss School of nursing of which there are about 30.

Nov 10 Approval of plan for Malaya received. Now have to recruit 4 people — pediatric instructor, p.h. instructor, midwifery tutor, & dental hygienist.

Nov 11 Need more work — something for which responsible myself. Will read all I can re Egypt now but if that project should fall through then I must talk to Olive & D Miller. Why not do some preparatory work on the health demonstration area?

Div. of P. of H. staff meeting. Dr. Clements told about difficulties of U.S. Treasury finding $200 to get Dr. Smith (going as W.H.O Consultant on V12) from Washington to Salt Lake City. This own suggestion adopted by the Executive Board that the country being visited pay per diem & travel, backfired! D.C. also told about nutrition course being held in

Cairo Jan – March.

Nov 14. Read the following in Jarvis "Three Deserts" In refering to his posting to Sinai:

" .... but it is after all one's job in life that counts — the locality is merely a secondary consideration — and the most interesting and satisfying work a man can undertake is one that combines production and construction, whether it takes the form of buildings, bridges, roads, education, agriculture, or improvement of stock. I am thankful, therefore, that Chance, a mere spin of Fortune's wheel, sent me to serve as an administrator to a backward race in a neglected wilderness, as every task one undertook was of necessity a step forward — a well here, a road there, and always at the back of one's mind Dean Swift's immortal words: "Whoever can make two ears of corn grow where only one grew before would deserve better of mankind than the whole race of politicians put together."

Mr Denis Chapman, Director of Research for the University of Liverpool who is here at present conducting a study on the E.C.E. meetings for UNESCO spoke to some of the staff. A very stimulating and outspoken speaker. Spoke of close relationships of interests of social scientist & doctor but was outspoken in his criticism that the Dr. did not realize this. Slammed his own country & the med. profession there. Said the social status system of Florence Nightingale was responsible for the fact that 1/3 of hospital beds in England are empty. Mentioned the study which was made in England re diphtheria immunization. The study was instigated to obtain facts to justify the heavy expense of advertising which had already been made. It revealed that the greatest number who had been immunized were influenced by the

leather, then the nurse, & then the doctor. Not by the advertising. ∴ better to spend poster money in organizing means for these three to extend their personal influence.

Nov 15 Snow on the Jura beautiful this a.m. Le Bise blowing but most of the leaves still clinging to the trees & becoming a lovely golden yellow. Last night Miss Dourvillard, Miss Grandchamp & Miss Gissler came in to dinner & we discussed the Geneva survey.

Extracts from Miss Nussbaum's report.

She is Matron of 2000 bed San. in Greece. Nursing & domestic staff of 500 people. Only 6 grad. nurses. Has a one-yr school started Aug 1st 60 students.

"The surgical pavilion taken over by the School, consists of two sections each with 60 patients (1st & 2nd floor = total 120 patients). To these are added an average of 10 more patients on the ground floor or basement. There are 30 students working on this pavilion, no practical nurses, and only 2 graduates to supervise the 3 8 hour shifts of the students. Every day from 10 a.m to 12 a.m all the students have to attend their lectures in the amphitheatre, consequently the wards of the entire surgical pavilion are left in the charge of two or one graduate nurses. Since the beginning of Oct. the surgeons have again started their daily operations, and there is average of 4-7 newly operated patients per day, with only 2 graduate nurses on duty for both sections it is unavoidable that the patients coming from the operating-theatre are left without supervision during the time they require to recover from the operative shock. Besides the nursing care, the graduate nurses of the pavilion have to attend to the doctor's visiting hours, the distribution of food, and the administrative work of their section (entry certificates, leave of the patients, fetching the drugs from the pharmacy, laundry, etc) which, especially the latter work, requires a couple of hours attendance each morning. The graduate nurses are obliged thus, to be on duty 10 and sometimes 12 hours daily.

"The operating-room has no appointed graduate supervisor. Through the kindness of Dr Maccas (chief surgeon of the G.R.C Hospital) a graduate nurse was lent to "Salvia" for the

period of four months, in order to re-organize the service of the operating-theatre. The four months have elapsed on Oct 15th and Miss Sotiropoulou is due to return to her hospital. The program of the One-year School in "Sotiria" includes 6-8 weeks practical training in the operating-theatre for each student. This part of the training cannot be put in force as long as no graduate nurse is appointed and as long as only 4 practical nurses are working in the operating department and often have to rely on the services of a cleaner(!) to help them in the theatre.

"The other two School clinics (pathology - 75 patients, which has a large number of very severe cases, and the Children's pavilion = 92 patients) have only one graduate nurse each, who remains alone on the wards from 10 a.m. to 12 a.m. One more graduate nurse has to work in rotation on each of the 4 clinics the day the nurse in charge is off duty.

"Thanks to a special arrangement made between the State School of P.H. Nursing and the Ministry of Hygiene Nursing Section, the School has been sending to "Sotiria" for the period of 2½ months (Sept. 1st to Nov. 15th) 4 of their third-year students for their tuberculosis affiliation period. These students are assigned 1 on each of the School clinics during the morning hours (from 7 a.m. to 3 p.m.). Their help has and is still certainly very valuable but it is only for a temporary period and their number is extremely limited.

"No graduate supervision is carried out during the night. Both the School clinics and the clinics of the Sanatorium, a total of over 200 patients, are left in charge of young students in the first case, and of unsupervised practical nurses in the rest of the Sanatorium. In order to have a certain amount of control on what takes place during the night hours, it is necessary that I or one of the day graduate nurses make a night inspection throughout the Sanatorium once or twice a week, lasting 4 hours. (usually from 12:30 a.m. to 4-4:30 a.m.) Although better than nothing at all, this

supervision is a sporadic contact, which cannot last much longer, as the duties and disciplinary rules are constantly being violated and neglected the proof of which can be certified by my numerous reports submitted to the Director General.

"Last but not least, there is only one young graduate nurse in charge of the whole teaching program of the School. Miss Papadopoulou, although very young, has proved an excellent sister-tutor and is carrying out her duties to my complete satisfaction. I may add that without her work, co-operation, and efficiency the school could never have reached, in so short a time, the satisfactory progress and level it has achieved after only 3 months activity. But Miss Papadopoulou cannot continue to work the overtime now to sacrifice all her strength as she has done up to now. She has duties to give, to work over each doctor's lecture with the 55 students, prepare the students for the examinations, supervise their practical work on the wards and keep up with all the writing and manoeuvring work required in a Nursing School.

"A satisfactory or successful Nursing School, even if it is only a one-year program, cannot be carried out unless a proper graduate staff is appointed. I cannot truthfully be responsible for the successful training of 55 students, nor of the re-organization of the nursing service of an Institution with a 225-0 bed capacity, as long as I have a responsible staff of only 6 young graduate nurses, who, I must state, are giving the best of their strength, health and capacity to accomplish an overwhelming job.

"In order to carry out only reasonably satisfactory work the One-Year School in "Sotiria" requires 6 more graduate nurses, that is a total of 12 nurses. They would be placed as follows:

1 sister-tutor and 1 assistant; 2 graduate nurses on each of the 4 School clinics; 1 supervisor for the operating-theatre; and 1 night supervisor. This staff represents the minimum number required. To this

has to be added a capable assistant-matron, as the duties and responsibilities cannot be carried out alone.
Furthermore, the time has come where I have to have an assistant so as to gradually pass on to her my authority and prepare her for the day when she will have to take over the position of Matron of the Sanatorium."

Nov 16. Olive away this week to Paris and Brussels. Very little doing here so far. Re reading TB survey of Switz. No T.B. Dept. in Federal or Cantonal Govt's. Rate for Switz. 81, for Canto of Geneva 110. 20% of cattle infected with bovine T.B. Although facilities for pasteurization of milk in all major cities only about 5% is done. Reasons. (1) people have always been encouraged to boil milk (2) difference in cost. ~~44~~ 70c.

Nov 17 Studied Janet Welch's Mg Ed. for African Colonies. An excellent book which all team nurses should have.

Nov 18. Dr Orkney's report in from Ceylon. Very poor conditions there in State Hospital in Colombo. Gov't has sanctioned 100% overcrowding. Result the 1000 bed hospital has an average of 2000 - 2500 patients. Very few nurses. Mrs Jannuike the only p.h.n. doing teaching does not want any foreign nurses. Two American p.h.n's recruited by Rockefeller to teach p.h. found conditions so poor they are concentrating on the basic course. Dr Orkney suggests 9 foreign nurses through UNICEF — 3 pediatric sisters, 3 clinical sisters & 3 nurse midwives. Question value of putting in our nurses into such an unsatisfactory set-up.

Nov. 21. Olive back from trip. Miss Wenger in to go to London for month in pediatrics & then to Sarawak. Seems like a good solid common-sense type and she will do a good job, even though she might not have all the refinements of technique of some. To dinner at Mesinezzi's.
Saw three films reviewed:
Your Children And You: Presents the growth & develop.

process from the child's point of view. Very good as a basis for discussion in schools of nursing etc. Suitable for parent groups in Britain & America. 3 vols.

Your Children's Eyes: Very good for anatomy of eye. Good for high schools and possibly for students in school of nig.

Defeat Diphtheria: Poor. Negative teaching. Out of date in that suggests starting toward at one year.

Nov 22
Still fooling around getting post allotments signed — Dr Miller or Dr Fang! What an administrative muddle! Letter from Ruth, that she would accept offer if made.

Nov 23
Meeting at Bon Secours School with Miss Dowillard & Miss West re Congress etc. program. In the evening IRO girls in — Susan, Jane Bow, Miss Baird, Miss Heafy, Miss Rouffignon, and also Olive & Miriam. Had a nice time.

Nov 24
American Thanksgiving. Went to American Community Dinner & Dance.

Nov 25
Elizabeth Brackett here to discuss research project. Meeting Fri afternoon with working group on briefing program. Very keen group. A challenge to be working with such people.

Nov 26
To Bon Secours School to meet with Elizabeth & the nurses re the survey in Geneva. On Fri A.M. Dr Trakt, Dr Georgiewski & Dr Haygreaves saw Dr Gasset and WHO is charged with the responsibility of drawing up specification for new Institute of P.H. This perhaps puts a new light on our survey. It is urgent to get the nursing part done since the 6th of Dec. the nurses of Swiss are going to vote on where they want their new school to be situated.

Nov. 28.
Usual routine. Not really enough to do — probably I should get busy and make work. Yesterday went to Annecy with Miriam Slight.

Nov 29-30. Routine. Miss Vissiher to arrive to-morrow; no other members yet for Korea Team

Dec 1. Read Miss Ruth Doran's report on visit to Finland (confidential copy from Dr Dunham). Outlines 2 yr. midwifery program. Also tells of plans to incorporate midwifery in the basic course of one of the schools of Nig. Not all are in favor of this. Miss Snellman is because "she sees in the future the need for combining the preparations of p.h. nig and midwifery in one person, rather than placing a p.h.n. and midwife in one area, and this is a suggested beginning to develop this type of preparation." In two schools of Nig in Finland p.h. nig is included in the basic course. "The aim of the College of Nursing is to develop these educational programs on a university level and to develop the school as an independent college of the University of Helsinki." Approx. 100 students prepared in p.h.n. ~~each~~ yr. Law — 1 p.h.n for every 4000 & 1 midwife for every 5000.

1947 P.H.N — 768 p.h.n's
426 vacancies
1200 more actually needed

Midwives — 850 midwives
55 vacancies
350 in institutions

District Nurses 173 Bedside
312 Deconcise
400 Visiting Housekeepers
? San. Insp.

Miss Vissiher arrived. Has already been to Holland!

This shows lack of proper planning and co-ordination in recruitment.

Dec 2-6. Marti returned from India on Sat. Lots of interesting things to tell. Dr Taylor also arrived. It is going to be very interesting doing the survey with her. Think we have similar ideas. Marti reported to staff on Wed. In India salaries of Health visitors $20-32 per mo, nurses $24-48, and Drs. $80-128. Very busy getting ready for Egypt and fighting a heavy cold.