

HELP TO WIN THE WAR BY ECONOMY AND PRODUCTION

CANADIAN RED CROSS
AT THE FRONT

(By Mary MacLeod Moore.)

You in Canada have made sacrifices of time, money, pleasure and luxury that you might serve your sons fighting for you and for all the women and children of the British Empire, and for the countries they love. So I wish with all my heart that you could see, as we saw, how grandly the work for the Red Cross, made possible through your self-denial, is carried on in France.

As I looked, in the war zone, at the motor lorries carrying your gifts to the sick and wounded, as I saw the great stores at the Base packed full of comforts and delicacies and luxuries, and big and little things that mean some wounded soldiers are being made more contented, as we stood in the Recreation Huts full of men enjoying rest and amusement, as we heard on all sides what is thought of the work of the Red Cross, I thought of you in Canada, and I longed for the magic carpet that would transport you to France to see the result of your efforts, to know what your loving generosity has accomplished in the Field.

No organization in existence is more human, more sympathetic and appealing than the Red Cross. A truism, I know, yet worth repeating, for one realizes it at the Front as it is not possible in more peaceful surroundings.

Try to understand what it means to be in the thick of the most fearful fighting in surroundings of horror and desolation unspeakable. Think of the deafening noise, unceasing in its clamor, the mud, the sight of the torn and blood-stained men, lying dead or helpless, and of others staggering as best they can to the waiting wounded posts and to the dressing stations, each step taken in pain and weariness.

Think of the awful strain upon the medical men, the doctors and surgeons who are working at high pressure, as the men pour in, or are carried in, one after the other in a long stream. Every nerve is stretched to relieve immediate suffering and to send on the wounded as quickly as possible to make way for others.

Think of the men lying in the ambulances being carried away to the Casualty Clearing Stations and to hospitals, and later lying warm and safe in hospital beds.

Then thank God for the fact that your exertions and your money and the work of those who are representing you through the Canadian Red Cross Society are making the awful conditions tolerable.

Socks are among the comforts distributed to the wounded men in many places, and socks are worth their weight in gold to men who are cold and wet and in pain. (Here one branches off to reiterate that there are never too many socks. I read with horror of a Canadian woman who took back to Canada from England socks made for the soldiers because they were not wanted! Not wanted! When men are enduring cold and discomfort and wet, dry warm socks are a boon beyond understanding by people who have never known what it was to be miserable and in pain under appalling conditions.)

The Canadian Red Cross does not only supply medical needs, and give comforts for medical officers and men going into trenches, such as chocolate, socks, scissors, candles and pyjamas. It thinks beyond these things. The officer who was in charge until lately of the Advanced Dress realized that more light was wanted in dressing stations, where critical operations have been performed by the light of a candle stuck in a bottle. The Canadian Red Cross therefore installed portable electric light plants, equipped with ceiling lamps and hand lamps, so that the light might be thrown where needed. These plants are run by gasoline and two men can easily carry them up a trench.

The Canadian Red Cross also supplied the D. D. M. S. with the baths and pyjamas required in the treatment of mustard gas. In four hours from the time the D. D. M. S. asked for these supplies they were delivered.

The business methods of the Red Cross in France are entirely admirable. With all the munificence displayed there is no waste. Careful accounts are kept of everything received and distributed. Medical Officers and Matrons indent for what they want, and the list is made in duplicate signed and filed away for reference.

When you read of 176,476 cigarettes, 213 boxes of chewing gum, 25,350 pairs of socks, 350 lbs of chocolate, and 57 cases of lemons in one month, you begin to wonder what the war would have been like without the wonderful work of the Red Cross. There is hardly any helpful work in connection with the sick and wounded that the Canadian Red Cross has not undertaken and carried through.

It is not necessary to plead for a continuance of support for the work of the Canadian Red Cross. It is pledged already.

No word of mine is needed to stir the great warm hearts of the Canadian

AN APPEAL FROM
THE I. O. D. E.

To the Editor, Cranbrook Herald:
Dear Sir:—May I once more thru your paper draw the attention of your readers to the work being done by the I. O. D. E. in your city and its neighborhood and the reasons for the present appeal for further and increased financial help.

The Order throughout Canada has raised over Three Million Dollars for war purposes which has been given to the war funds of other organizations. Last year in and around Cranbrook alone we raised over \$2,400. Part of this has been forwarded to St. Dunstan's, Y. M. C. A. Children's Home at Halifax (for which the Order throughout the country has raised over \$12,700) and to the fund for the Navy League for which over \$50,000 has been raised but much the greater amount has been spent in the purchase and making of supplies for the Red Cross Society. Our funds for making these supplies are practically exhausted and our treasury is nearly empty. Our work is forwarded by us to the headquarters of the Red Cross Society in Toronto and by that Society is forwarded either to London, Boulogne or Paris for distribution wherever the need is greatest. The demand for these supplies is so great that at the present time 1,000 more cases of supplies a month are being asked for from the Red Cross warehouses than are being received and this shortage must be made good. This year we wish to increase our output in every direction and in the face of the increased cost of material we ask that on the 19th inst., Cranbrook will rally to our support and give even more generously than before. As an instance in cost, a hundred dollars last month provided 20 fewer suits of pyjamas than in the month previous. Our members cannot work unless money is forthcoming to place materials in their hands, the materials on which to sew or to print. A large part of our work is the knitting of thick socks of which we made over 400 pairs last year and this year to date more than 150 pairs. We are sometimes asked why these should be made by hand rather than machine knitted and the reason lies in the greater comfort and elasticity of the hand made article. A soldier in the trenches wears his socks for days together without any change and the more pliable they are the more comfortable the wear.

Our soldiers are expecting a big push this spring on the Western Front to meet which the women workers of the far west must do more than double their efforts and forward unceasingly a largely increased supply of hospital requisites.

The I. O. D. E. therefore appeal to all to help them in their efforts on March 19th when a house to house canvass is to be made, or to do "their bit" in securing comforts and necessities for the sick, the wounded, and prisoners of war, and to give help to others suffering through the war.

Thanking you for the insertion of this letter, I remain,

J. C. Leslie,
Regent, Kuskanoos Chapter,
I. O. D. E.

FARMERS' INSTITUTE

A meeting of the Farmers Institute was held on Saturday last and was attended by about 20 members. Among matters taken up were requisitions for "Gopher Death" and Seed Oats. A resolution was passed to request the erection of a loading platform and stock chute at Wycliffe station as the farmers there find a great hardship in shipping and unloading produce.

G. S. Harris of The Live Stock Branch, Victoria, will be in the district in the interests of Increased Hog Production on the 21st and 22nd inst. He will give talks on the above subject in the City Hall at 2.30 p.m. on Thursday, March 21st and at Staples Hall, Wycliffe on Friday 22nd at 2 p.m. All interested are invited to attend.

people, but have I, even dimly, shown you how your work and sympathy are valued? How the bread cast upon the waters is returning to you, the givers, in the gratitude of tired and painful men, enjoying unknowingly, or consciously the fruits of enthusiasm for the Red Cross? How each additional dollar, each pair of socks, each case of goods makes it possible to give ease and pleasure to more and more of the men—some of them only boys after all—who at the high tide of youth and vigor and hope, threw themselves against the enemy that we might escape untouched? If so, I am very thankful.

In France, where I have lately been, you feel the war at your shoulder. Almost the rustle of the wings of the passing Angel of Death can be heard; almost are you conscious of the souls escaping from their fleshly tabernacles.

The dead lie very still in their "little homes of clay." But there are the living. We can pay a title of our debt to them as they valiantly endure pain—for us.

THE FOOD CONSER-
VATION PROBLEM

Able Address given by Mrs. H. A. McKowan, at Women's Institute Meeting

The conservation problem that confronts the people of Canada—one might say almost exclusively the women of Canada—has two distinct and important phases.

On the one hand is the urgent need that we conserve certain foodstuffs—foodstuffs that up to now have been the mainstay of our regular diet—so that these may be available for our army and allies. And on the other hand is the necessity that, once having sent these foodstuffs, the housewife use all her intelligence in selecting substitutes that contain the same nutritive elements, so as to maintain the strength of the important army behind the army, and that of the growing generation.

The reasons for conserving have been so often and so plainly set forth that they need little emphasis. Those of us that profess to have a spark of patriotism should be willing, and indeed proud to refrain from using those things of which our soldiers stand in need, for anything that we can do for them can be but an infinitesimal part of what they are doing for us.

In speaking of the necessity that the army be supplied bountifully with foods of the highest nutritive values, Lord Northcliffe, in an address during his recent American tour, asked:

"Can we expect a man to perform the hellish task of fighting an adversary, thousands of feet high in freezing air—breathing oxygen that is pumped from his machine—on short rations? Or expect a man, standing in freezing trench mud, to resist cold and disease and retain his morale if he knows his food supply to be failing?"

Of course, we believe that, up to the present time, our soldiers have been well fed; that the need of conservation has not yet penetrated to the army kitchens; but we cannot be certain that, unless the diminishing of the world's food supply can be checked, this desirable state can be maintained. That eventually is something that we should never lose sight of.

In the light of recent world events we have almost forgotten that, at the beginning of the war, we marvelled at the bravery of the Russian soldier, who, with only one gun for every two men, and with nothing like enough ammunition, held their own and often more than their own in the face of hordes of the most highly equipped soldiers the world had ever known. A study of the history of the Eastern front reveals the fact that, in spite of the oppression of the Russian Autocracy, in spite of German propaganda, in spite of the working of the Bolshevik idea, the Russian soldier fought bravely and splendidly as long as he was well fed.

And all of history bears out the fact that all that any army has done.

A correspondent who had spent considerable time in the enemy lines once asked for an audience with Lord Kitchener, and it was granted with the hope that the general might learn something of the strength of the enemy. The correspondent began to tell of lines of giant guns that he had seen, of train load on train load of ammunition, but the great leader, who knew war, brushed all this aside. "Tell me," he said, "of their commissariat."

And the war-wise German high command, while professing themselves as powerless to prevent the weakening of their civil population or the spread of disease, have seen that, as far as possible the pinch of hunger has not been felt in the front line trenches.

We are told that France has three days' rations ahead, and Italy, at times, even less. If we fail to supply them, we will practically give them to the Germans, which act would react with terrible consequences to our brave army over there.

At other times the call of humanity comes to us, even over the stern cry of military necessity. If we could only fancy our children in the place of the countless numbers of helpless, bewildered little ones that go to bed hungry every night; where they are fortunate enough to have a bed to go to; who will grow up, if they live past the famine and pestilence that surrounds them, stunted in both physique and brains—surely then we would not consent to waste even a single crumb. It is all very well to send money into Belgium, France, Poland, Serbia, and Armenia, but if we have the food control in our hands, mismanagement it so that there is none left, of what use will the money be to them when they get it.

One does not want to be an alarmist or a pessimist, but we in Canada are apt to think that the danger is so far away that it is up to someone else to combat it.

The statement of Great Britain's premier that food will yet win the war has divided the nation into two armies; the front line army that carries on the actual fighting, and the home army that backs them up in the task. The home army is composed of every

man, woman, and child that is not in the front line army.

As the front line army has its departments,—the infantry, the cavalry, the navy and the aviation, so the home army has different fields. There is the business section that preserves the commercial fabric so that our soldiers will have a national structure to which they may return and fit in without conditions of chaos ensuing. There is the agricultural section which is the basis upon which the entire efforts of the home army will be built. The movement on foot to recruit 25,000 boys, to be called soldiers of the soil, for agricultural purposes during the coming summer will be a valuable addition to this division.

And by no means least, indeed, by all means greatest in the departments of the home army, is that of the housewife. For the first time in history she has come into her own. Without her, the food controller can do nothing. She is the food controller. It is a tremendous thought that on the efforts and patriotism of the homes of Canada and America depends the ultimate fate of Democracy.

Relief for the situation as it stands is to be accomplished in two ways; first by the greatest possible increase in production and secondly by a degree of substituting that will further conservation to the utmost limit.

This is an opportune time to begin to think of the matter of production, a time when every one who has a piece of ground, be it ever so small, can prepare to take part in the great spring drive of the home army, that will be necessary to consolidate the results of the spring drive of the army over there.

Those having a back yard with good soil can easily supply most of the vegetables required for their own tables. Those, as Mr. Gibson told us, are F. O. B. their own door, and thus require no tax on the present inadequate transportation system. For those whose back yard will not lend itself to gardening, there is the question of poultry raising. Mr. Hanna has said that no more patriotic work can be done by those who must remain at home than assisting in food production in this manner. A few hens can use up the table scraps and pebbles not available for other use, and are a great aid towards maintaining the present fashionable empty garbage pail. Beside furnishing eggs to assist in the meatless meals, the hens can raise chicks that will release just that much meat for exportation in the Autumn.

Speaking of turning table scraps into dollars by way of poultry, I quote, even at risk of making myself unpopular, the words of a statistician of the Western States who estimates that if all the food consumed by useless household pets was fed instead to poultry, the price of eggs could remain about twenty five cents a dozen and chicken dinners be a usual thing, even amongst the poorest.

It may be that many of us have never kept chickens or made a garden before. What then? There are many in the fighting army that had never before in their lives shot a German. The necessity arose and they did it. The comparatively pleasant necessity of production has arisen and we must produce.

Any information in the matter that is desired can be obtained free of charge from the government. Both the Dominion and Provincial agricultural bureaus will furnish pamphlets on poultry raising and gardening on city lots also on bee-keeping and all forms of production. These are so lucid that they may be understood by even the various layman and they do away with the excuse of ignorance, in not complying with the request that we produce as never before.

As I passed some boys on the street, one of them, with his eyes full of enthusiasm, exclaimed, "Gee, but I'd like to go to the front." There was energy, almost dynamic, that should be turned into account in the home army. I hoped that that boy's mother would give him a hoe, a plot of ground and some seeds. I think that, if she has the room, he could stand some chickens and rabbits as well. It is a strange fact we find no one ready to make sacrifices than the children who cannot grasp the reasons or the consequences of the efforts required.

During the coming four or five months, while the new crops and gardens are coming to maturity, conservation will be more than usually imperative.

The Government is asking that we use twenty five per cent. less wheat, which means that we will use three loaves where before we used four. At their request we are using half a pound of sugar where before we used one pound or even two. We are, or ought to be cutting down very materially our consumption of beef, and practically wiping bacon from the slate altogether. This is the essence of what we are asked to do for our soldiers. Surely we are doing it gladly.

But this conserving leaves gaps in our food programme. It takes away considerable of the strength—building elements of our diet. It is with the filling of these gaps that the minds of the women of Canada are concerned.

Intelligent substituting does not necessarily mean economy. Often it means the reverse. We notice that on

DEATH OF MRS.
JOHN LEVETT

The many friends of Mrs. Ellen Levett learned with sincere regret of her demise on Monday last and their sympathy is extended to Mr. John Levett in his bereavement. Mr. and Mrs. Levett have resided in this district for about twenty three years and have been held in esteem by all with whom they have come in contact. The funeral took place on Wednesday afternoon, the cortege proceeding from the residence to the Methodist Church where a largely attended service was conducted by the Rev. Thos. Keyworth.

Soon as a substitute comes into the limelight, its price seems automatically to rise until it is at the level of that of which it takes the place. We have almost forgotten the day when we served baked beans for reasons of economy. The figs and dates that we put into our cakes so that we need not ice them do not lessen their cost. Nuts, cheese, honey and many others of the substitutes that are important for their energy values are not exactly cheap. Economy is desirable, but not as the expense of patriotic service.

After studying the various material sent at my request by the food bureau, I have selected the ideas upon which the most stress was laid. Potatoes is one commodity that we are asked to use as much as possible, as they are a plentiful as well as a valuable food.

The grain substitutes for wheat,—rye, oats and barley, are to be had only in limited quantities, so we are doing a real patriotic service when we conserve these also by serving potatoes, not only for dinners, but for breakfast and luncheon as well. And it is amazing, the appetizing ways one finds to cook them when one comes to study the cook books for that purpose. Also, they are the one thing that stands in line with economy.

Another commodity that we are asked to pay particular attention to is fish. These require no expenditure of the grain crop to mature as do the other meats we eat, so that, when we eat them we are, in a roundabout way, conserving grain. As to food values, fish are rich in protein—the chief body building material, and in many cases—I may add, in other places, they furnish protein at less cost than meat, eggs and milk. We will hope that the efforts of the Government to place inexpensive fish within the reach of all will be extended to Cranbrook.

Cornmeal as a substitute is receiving widespread attention for two reasons: First, because, as to grain values, it compares favorably with all other grains, being somewhat less rich in protein but containing almost twice as much fat, and secondly because it is not available for foreign use, as it does not keep under various climatic conditions, and the people across the water do not understand its use. Its use wherever possible is an important factor in the housewife's food control.

There is a decided shortage in the world's sugar supply, but as the consumption of sugar, per capita, is higher in Canada than in almost any other country, we can cut it in two without danger of detriment to health. Besides the natural sweets, with which we may replace it—honey, maple sugar, molasses and corn syrup contain energy value that make up for a shortage of fats in other parts of the diet. While sugar is essential, our food department has asked us to use brown sugar wherever possible. Many prefer the flavor of this to the white.

Beef and Bacon—Bacon really means the whole carcass of the hog—are absolutely essential in the army. With a little trouble, which cannot be taken by the army cooks can obtain the same food values from fish, eggs, poultry, game, peas, beans, nuts and cheese.

Of fats, butter and lard are the two that are required abroad in their place we can use, for cooking, corn, cotton and peanut oils, as well as drippings. Butter has qualities that are essential to the human body, especially to growing children. Its use cannot be discontinued on our tables, but, owing to the growing scarcity of dairy products, we are asked to eliminate it entirely from cooking. Cakes can be successfully shortened with drippings or chicken fat; cookies with any of the vegetable oils. Deep fried dishes can be done away with entirely during the war.

As to eliminating waste, I think that very little need be said in this gathering. None of us are millionaires, with a retinue of hired help to waste our substance, and any tendencies toward wastefulness on our own part has been curbed, very largely, by plain necessity.

If not, it should stay our hand to know that she who wastes food, even food that could be used by her own or her neighbors chickens, is as guilty of treason as though she destroyed arms or ammunition; and that she who wastes food that might be shipped to the allies is directly responsible for the lives of the women and children who might have been kept alive by that food.

But while few of the housewives here indulge in serious waste, there is waste going on in the district to such an extent that the government has seen fit to take up the problem. This is in the camps about us. Most of these camps have Chinese cooks, some of whom are notorious for the amount that they waste.

The trouble in getting at the problem is that laws cannot be made for them alone. Nothing will catch them but the card rationing system to which we will undoubtedly come. Patriotic appeals, that have been resorted to for the rest of the population, have little effect on a Chinese cook.

(Continued on page four)

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THE CRANBROOK HERALD

M. A. Beale, Editor and Secretary
D. A. Kay, Manager
Cranbrook, B. C., March 14th, 1918

INTERNATIONAL CONFERENCE OF
WAR LECTURERS

We hear that an "International Conference of Lecturers" will be held at Washington, D. C., April 8th. to 13th. Canadian and Australian lecturers as well as lecturers from England and the United States will attend this Conference. The object of the Conference has been outlined by President Wilson: "To bring into review the whole mental content of the War." "To clarify the issues of the war and to combat insidious and unpatriotic errors." "To show that this is a struggle concerned with Democracy's meaning and imperative needs."

The Lecturers will be expected to arouse the spirit of the people. An army fights on its stomach; a nation on its spirit.

Some of the lecturers who attend this Conference will appear in Cranbrook on the Chautauqua platform this year.

It is authoritatively stated that thirty million people attended Chautauqua in Canada and the United States last year.

A great Chautauque Convention was held recently at Chicago. Hon. Geo. Creel, Chairman for the Committee on Public Information for the United States Government, and speaking for the President, said, "The Chautauques are almost as integral a part of the national defense as men and munitions."

The fact that Cranbrook will again be on the Chautauqua circuit this summer will be generally appreciated.

THE APPEAL OF THE RED CROSS

On March 19th the members of the I. O. D. E. will canvass the City and District for funds to carry on their splendid work in aid of the Red Cross and we believe they can be assured of a hearty response to their appeal. The magnificent work of the Red Cross in alleviating the sufferings of our brave boys at the front is becoming more and more realized as the war progresses. The War is terrible but the thought of what it would have been without the aid of the Red Cross makes one shudder.

An eloquent description of this organization is published in another column which should be carefully read by all; the writer vividly describes what it is accomplishing and one realizes the imperative duty devolving on all in assisting to keep up the needs of the Red Cross.

The Cranbrook Branch of the I. O. D. E. is doing splendid work but to enable them to carry on more funds must be forthcoming; the need is urgent, large shipments must be sent forward in preparation for the anticipated great battles on the Western front, another factor is the increasing cost of materials. The women of Cranbrook are prepared to give all the time required to make the articles and it is up to the men to see that they do not lack for funds. For those of us who are unable to offer our lives for the cause of Democracy, it is some consolation to feel that we have an opportunity of at least contributing to the work of the Red Cross and if we all give more than we can afford it is after all a small sacrifice compared to that of the boys who are in a literal sense defending our Homes and Families and we are sure the usual generosity of the people of the District will not be found wanting on March 19th.

In the words of Kipling:
"Our children give themselves that we may live
Unhurt behind the thunder of the guns,

Is it so great a thing that we should give
A little from our store to serve our sons?"

HONEST JOHN, THE "PATRIOT" PREMIER

There was an exquisite irony in the political chance, or mischance, which deprived Bowser of the leadership of his party in Victoria and, making him Leader of the Opposition, rendered the Liberal party into his hand and gave him Honest John, the new Premier, as something to be baited, tormented and made a sport of. Oliver and the rest of them dread Bowser far more than they ever learned to dread the devil and if only they hated Old Nicholas half as much as they hate W. J., they might order their harps for the heavenly choir any good day they please. Last Monday evening Bowser thought well of giving the government, the very amateurish government, a cayenne dressing. He dressed them up. He dressed them down. He dressed them round and about and on the bias. Thereat they raged furiously. He lanced them with sarcasm and salvaged their wounds with floutings and mockery. Three score and two times was he interrupted by actual count. Honest John pawed the earth and bellowed as loud as bellowing is permitted by parliamentary rules. The following evening it became the duty of the Premier to get up and reply to Bowser. That is what he was supposed to get up for; to reply; to refute the facts and arguments put forward by Bowser. Honest John did nothing of the kind.

The people of the old scriptural days who were personally acquainted

with Balaam, the prophet, and his belongings, never thought twice about that famous ass owned by the holy man; but when that ass became vocal, got the gift of speech and actually spoke, they recognized the animal as a supernatural, superhuman, or truly miraculous ass. That appears to be the fate of men who permit their ass to do the speaking for them. The Premier should have ridden and carefully controlled the ass of his temper instead of allowing the beast to open its mouth and say whatever it had a mind to say. He called Bowser a lunatic by implication. Charged him with being the owner of a political poison gas manufactory; and because the Leader of the Opposition founded certain of his arguments on the highest earthly plea we know, Patriotism, Honest John was unwise enough to make a statement that will cling to him during the rest of his political life as closely as ever his honesty did.

"Patriotism" said he, "is the last refuge of the scoundrel." Of course, no one would dream of calling the Hon. Premier a scoundrel, therefore, he cannot dwell with those who abide in the mansion, or the tabernacle of patriotism. Certainly not. But the man who had the hardihood to say such a thing in public in the present times must have been bereft of all reason; must have been literally beside himself and divorced from all restraint and common sense. By all accounts the Premier vented a tirade that will make some history both for himself and his unfortunate party. He has proven his utter unfitness for the position he occupies. We may reasonably ask if Honest John could make such a record for himself inside the four corners of parliamentary rules of procedure, what sort of a dish Bellinghame would have offered if the rules had been relaxed. Anyhow, if Bowser admits to the

possession of a glimmer of humour he must be thoroughly enjoying himself with the antics of the goat of Honest John Oliver, the "Patriot" Premier, which he has captured and leads captive to the delight of a sport loving public.

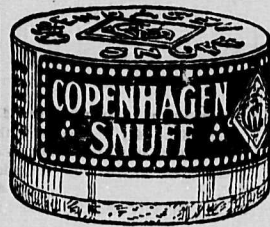
Remember the Day, March 19th, and be prepared to help the Red Cross.

The Entente leaders will settle Russia's score with Germany when they settle the general bill.

Do not help the Hun at meal time. Stocks are dangerously depleted, particularly in the case of cereals and meat. The problem is to "stretch" these supplies over the interval until the year's crops are harvested. We must do our utmost to help our Allies over the next few months when starvation will be threatening them dangerously.

Copenhagen Chewing Tobacco

IS THE WORLD'S BEST CHEW



It is manufactured tobacco in its purest form.

It has a pleasing flavor.

It is tobacco scientifically prepared for man's use.

After 38 years in the Liquor Business The Government Says Get Out

Liquor only exists for two purposes--to drink and to sell. Between our bonded warehouses in Montreal, Winnipeg, Dryden, Ont., and Virden, Man., we carry over a quarter of a million dollar stock of liquors. We can't drink it.

We've got to sell it, and have only a few weeks time to do it.

That's the "why" of this big price-cutting sale.

SPARKLING BURGUNDIES

	One Bot.	Case.
Regnier, pts.	\$1.50	\$34.35
Regnier, qts.	2.75	30.10
Saarebeck, pts.	1.75	40.10
Saarebeck, qts.	3.25	35.60
Mumms, pts.	2.25	45.85
Gilbey, pts.	3.75	41.10

(All pints 24 to the case.)

CHAMPAGNES

	One Bot.	Case.
Royal Aurora, pts.	\$1.50	\$34.35
Clapet Fils, pts.	1.50	34.35
Clapet Fils, qts.	2.75	30.10
Mumms, pts.	2.25	51.60
Mumms, qts.	4.00	43.85
Mumms, qts. Cordon Rouge, 1904	5.50	60.35
Pommery, qts.	4.00	43.85

(All pints 24 to the case.)

We pay War Tax.

BURGUNDIES (STILL)

	One Bot.	Case.
Macon, pts.	\$1.60	\$13.65
Macon, qts.	1.00	10.85
Pommard, pts.	.70	16.00
Pommard, qts.	1.25	13.60
Chamberlain, pts.	.80	17.25
Chamberlain, qts.	1.50	16.35
Hochiemer, pts.	.70	16.00
Hochiemer, qts.	1.25	13.60
Chablis, pts.	.60	13.65
Chablis, qts.	1.00	10.85

(All pints 24 to the case.)

COCKTAILS

	One Bot.	Case.
Congress Manhattan	\$1.45	\$16.35
Congress Martini	1.45	16.35
Manhattan Imperial	1.70	19.10
Angostura Bitters	1.00	
John Bull Bitters	1.00	11.00
Orange Bitters	1.00	11.00

IMPORTED PORT and SHERRY

	One Bot.	Three Bot.	Case.
Fine Old Port, qts.	.55	\$1.55	\$6.45
Fine Old Port, Imperial qts.	.80	2.30	9.25
Special Stag Port, qts.	.95	2.75	10.85
Oporto Special, qts.	1.25	3.65	13.60
Oporto Extra Special, qts.	1.50	4.40	16.35
Burmester's	2.00	5.90	21.85
Southard's "Pena"	2.00	5.90	21.85
Army & Navy	1.50	4.40	16.35
Morgan Bros.	1.75	5.15	19.10
Convido Port	2.75	8.10	30.25
Wilson's Invalid Port	1.15	3.35	12.50

SHERRIES

	One Bot.	Three Bot.	Case.
Fine Old Sherry	\$1.75	\$2.15	\$8.85
Jauruz Special	1.00	2.90	10.85
Jauruz Extra Special	1.25	3.65	13.60
Gonzales Royal	1.50	4.40	16.35
Gonzales Favorita	1.75	5.15	19.10
Gonzales 1870 Club	2.50	7.40	27.35
Morgan Bros.	1.75	5.15	19.10

We pay War Tax.

Two weeks' time to dispose of over a quarter of a million dollar stock--

and--

that's why we are coming to you.

Right now we have over 40,000 satisfied customers in Ontario, Manitoba, Saskatchewan and Alberta.

With these cut prices you can order from us--

pay all express charges--

and--

still save 25 per cent.

You will get just what you order--

because--

with our enormous stocks--

WE DON'T HAVE TO SUBSTITUTE.

SCOTCH WHISKEY

CASED GOODS--DISTILLERY BOTTLING.

	One Bot.	Three Bot.	Case.
Fine Old Scotch, qts.	\$1.45	\$4.25	\$16.35
Fine Old Scotch, Imp. qts.	2.10	6.20	23.50
Ferguson's House of Lords, qts.	1.90	5.60	20.75
Dewar's Special	2.45	7.25	27.35
Dewar's Special Liqueur	2.80	8.30	31.20
Dewar's Extra Special Liqueur	3.20	9.50	35.60
Gaelic Old Smuggler	2.60	7.70	29.00
Mackie's "White Horse"	2.60	7.70	29.00
Buchanan's "Red Seal"	2.45	7.25	27.35
Johnnie Walker's--			
Kilmarnock "White Label"	2.60	7.70	29.00
Kilmarnock "Red Label"	2.70	8.00	30.10
Kilmarnock "Black Label"	3.20	9.50	35.60
Greenlees "Grand Old Parr"	3.30	9.90	36.25
King Edward VII., V.O.P.	3.20	9.50	35.60
Mitchell's "Heather Dew," Imp. qts.	3.50	10.25	38.50

CANADIAN RYE

	One Bot.	Three Bot.	Case.
Fine Old, qts.	\$1.85	\$2.45	\$9.75
Fine Old, Imp. qts.	1.20	3.50	13.60
5-year Rye, qts.	.95	2.75	10.85
5-year Rye, Imp. qts.	1.25	3.65	13.60
7-year Rye, qts.	1.10	3.20	12.50
7-year Rye, Imp. qts.	1.60	4.70	18.00
10-year Rye, qts.	1.30	3.80	14.10
10-year Rye, Imp. qts.	1.70	5.00	19.10
Peerless, 1883, qts.	1.30	3.80	14.10
Peerless, 1883, Imp. qts.	1.70	5.00	19.10
G. & W. Ordinary	1.10	3.20	12.50
G. & W. Special	1.20	3.50	13.61
Walker's Old Rye	1.05	3.05	11.95
Walker's Imperial	1.20	3.50	13.60
Walker's Canadian Club	1.45	4.25	16.35
Seagram's '83	1.20	3.50	13.60

IRISH AND RUM

	One Bot.	Three Bot.	Case.
Rourke's 3-Star Irish, qts.	\$1.75	\$5.10	\$19.10
Rourke's 3-Star Irish, Imp. qts.	\$2.40	\$5.10	\$24.25
Burke's 3-Star Irish, qts.	2.45	7.25	27.35
Burke's 3-Star Irish, Imp. qts.	2.95	8.75	32.85
Jamaica Rum, qts.	\$1.45	\$4.25	\$16.35
Jamaica Rum, Imp. qts.	2.10	6.20	23.50
Rare Old Rum, qts.	1.70	5.00	19.10
Rare Old Rum, Imp. qts.	2.45	7.25	27.35
Finley's Gold Medal	2.45	7.25	27.35

CANADIAN AND IMPORTED DISTILLED LIQUORS IN BULK

All goods listed, direct from our own Bonded Warehouse, in 1, 2 and 3 gallon jars or 5 gallon kegs. No charge for jars or kegs.

SCOTCH

	1 Gall.	5 Gall.
Fine Old Scotch	\$6.75	\$33.75
10 Year Old Scotch	7.50	37.50
12 Year Old Scotch	8.25	41.25
Ferguson's House of Lords	9.50	47.50
Dewar's Extra Special	10.50	52.50
Whyte & Mackay Special	10.50	52.50
Kilmarnock Red Label	12.50	62.50
Gaelic Old Smuggler	13.50	67.50
Greenlees' Grand Old Parr (proof)	14.50	72.50

IRISH

	1 Gall.	5 Gall.
Fine Old Irish	\$7.90	\$39.50
Rourke's XXX	8.75	43.75
Burke's XXX	9.50	47.50

RUM

	1 Gall.	5 Gall.
Fine Old Jamaica	\$7.50	\$37.50
Rare Old Jamaica	8.50	42.50

Everybody knows that bulk goods are cheap--

or--

if--

you can only be sure of what you buy. That's the rub!

YOU MAY BE ABLE TO FIND BULK WHISKIES QUOTED LOWER THAN THESE--

but--

when you do, you can pretty nearly put it down that you would not be satisfied after you bought from them.

We recommend these bulk lines, and positively guarantee age, brand, purity and condition.

SATISFACTION OR YOUR MONEY BACK.

The GREAT WEST WINE CO., LTD., absolutely guarantee every bottle and case to be exporter's original bottling; and all bulk goods to be shipped direct from our BONDED WAREHOUSES without tampering, blending, or mixing whatever. Brand and age as stated.

HOW TO ORDER

Mail orders immediately to GREAT WEST WINE CO., LTD., Winnipeg, Man. Carefully list goods wanted, giving full particulars. Enclose remittance for the exact amount list prices call for. Goods will be shipped you, all packing and war tax paid; but Express or Freight, collect. In ordering quantities, it is safe to ship by Freight, thus cutting your charges to the minimum. Send all orders to Winnipeg. Shippers will be made from our Virden, Man., warehouse, saving you express charges. Express rate, Virden to Vancouver, approximately \$2.00 per case.

Orders by Telegraph, with Telegraph Remittance, Means Delivery to You in About Four Days.

GREAT WEST WINE CO., LTD.

WINNIPEG, MAN.

Warehouses at Montreal, Winnipeg, Dryden, Ont., Virden, Man.

The Years Ahead

should occupy our attention now. Not regret for time lost, but resolve to make the best of the time to come.

Let us examine your eyes today if you are doubtful about them. Let us give your eyes the best assistance possible — ease, relief, clearer vision, greater capacity for work. We guarantee a satisfactory service.

W. B. Wilson
MFG. OPTICIAN

Pyrex Transparent Baking Dishes

SPELL ECONOMY IN THE KITCHEN

The advantages of glass for cooking purposes are obvious. It is absolutely impervious and sanitary. It does not retain odors or flavors. It is strong and serviceable.

PIE PLATES, 10 inch \$1.25
BREAD PANS 1.25
UTILITY PANS 1.35
PUDDING PANS 1.75
OVAL CASSEROLES 1.75
ROUND CASSEROLES
..... \$2.25, \$2.50 and \$3.00
SEE WINDOW

F. PARKS & CO.
Hardware & Mill Supplies
Cranbrook - B.C.

"WHITE" SEWING MACHINES

MADE IN CANADA
FOR CANADIAN HOMES
WILL GIVE YOU

COMFORT EASE AND REAL PLEASURE WHILE SEWING



Can you think of any reason why there should not be one in your home?

W. Doran, Cranbrook Agent



The ORIGINAL and only GENUINE

Beware of imitations Sold on the merits of the

THE COEUR D'ALENE

Spokane, Washington

THE HOTEL WITH A PERSONALITY

This house has the happy distinction of being the favorite stopping place in Spokane for the people of British Columbia. We appreciate this patronage and do everything in our power to make you comfortable.

Our location is excellent — close to Great Northern Station and O. W. R. & N. — Milwaukee terminal, and within a minute's walk from the principal business houses and places of amusement.

See Steamship on Roof

TOWN TOPICS

Kilby frames pictures.

Aladdin Lamps and Supplies at Patmore Bros. 10-21

Warehouse and Stables to let. — Apply to Beale & Elwell.

WANTED—Painters and paperhangers.—R. C. Carr.

Easter Monday, April 1st, card party and dance in the Parish Hall.

Order your seeds from us. We have a full line.—Cranbrook Trading Co.

Modern up-to-date residence to let. Apply to Beale & Elwell.

A meeting of the Poultry Association will be held on Friday night, Feb. 15th at the City Hall at 8 o'clock.

Get an Aladdin Kerosene Lamp, Highest Award Panama Exposition, at Patmore Bros. 10-21

We are carrying a full line of boots and shoes.—Cranbrook Exchange, Armstrong Ave.

Whole and Cracked Corn, all kinds of poultry supplies.—Cranbrook Trading Co.

Beale & Elwell for Fire, Life and Accident Insurance.

WANTED—Painters and paperhangers.—R. C. Carr.

Sale of Home Cookery, etc., at the Palm, Saturday, March 16th, by the Ladies of St. Mary's Church.

Parker's Orchestra—open for engagements. Dance work our specialty. Phone 311.

Car of Prairie Hay and car of Oats and Bran just in.—Cranbrook Trading Co.

To users of Aladdin Lamps—Patmore Bros. have taken over the Aladdin Agency and will carry a stock of Aladdin Lamps and supplies. 10-21

Beale & Elwell, Notaries and Conveyancers, Safety Deposit Boxes to rent at reasonable rates.

We are carrying a full line of boots and shoes.—Cranbrook Exchange, Armstrong Ave.

Implements, carriages, wagons, harness and harness repairing, groceries and meat.—Cranbrook Trading Co.

A St. Patrick's dance will be held at the Parish Hall on Monday, March 18, from 9.30 to 1.30 under the auspices of the Tennis Club. No invitations. Tickets \$1.00 a couple, extra lady 50c.

Dressmaking Classes will be held at King Edward School every Tuesday evening from 7 to 9, beginning March 19th. Pupils to bring their own materials and patterns. Terms \$3.00 per month, payable in advance.

Sale of Home Cookery and Houseplants and slips of various kinds at the Palm, Saturday, March 16th, by the Ladies of St. Mary's Church. 10-21

The Women's Auxiliary to the G. W. V. A. are holding a Whist Drive on Wednesday evening, March 20th in the reception rooms of the Royal Hotel. A charge will be made of 25c per person.

Beale & Elwell will buy McGillivray Creek Coal and Coke Stock also International Coal and Coke. Holders of these stocks who desire to sell should communicate at once with Beale & Elwell.

The annual meeting of the Owners of Lot 3912 Group One, Kootenay District, will be held on Wednesday, March 27th, 1918, at 3 p.m. in the office of Beale & Elwell, when matters of importance in connection with the Irrigation Ditch will be discussed. Dated March 12th, 1918. 11-1 A. B. Smith, Sec. Committee.

A few things are still needed for the Soldier's Club Rooms. Any of the following articles will be gladly accepted: small tables, chairs and any furniture suitable for a bed-room. All articles will be called for if the donor will kindly leave their address with Mrs. W. Walter, 209 Armstrong Ave., Box 613, phone 316.

In contradiction of a statement in circulation, to the effect that the funds of the G. W. V. A. were used in connection with the whist drive which was held in the Association rooms, Wednesday evening, March 6th, the committee in charge wish to state that no funds of the Association were used in this connection; the evening's entertainment was financed by the members themselves.

S. S. Phillips, Pres.
E. B. Offin, Secy.

The young ladies who were in charge of the Mission Band, Knox Church, Sale of Fancy Work and Cookery, which was held in the Schoolroom on Saturday afternoon, March 2nd, are to be congratulated on the success achieved. The hall and tables were suitably decorated and many were the good things on display. During the afternoon musical selections were rendered by the Misses Heier, Worden and Marion MacKinnon. The sum of \$75 was realized after expenses were met.



The meeting of Knox Church Young People's Guild on Monday evening was of a devotional character. Mr. C. A. Pow occupied the chair and an address was given by Rev. H. Wright. The musical part of the proceedings included a duet "Beautiful Land" by Mrs. M. MacPherson and Miss M. Fallois; solo, "Abide with Me" Miss A. Maggee; and a quartet Misses Watt, Beech, Reekie and Mr. R. B. Forsythe.

T. Clauson appeared before Magistrate Arnold on Saturday, charged with an offence under the British Columbia Prohibition Act. The evidence disclosed that on Thursday evening last Chief of Police Hersey made a search of the Queen's Hotel and found a bottle of whisky and an empty flask in an upstairs clothes closet which Clauson stated was always left open. A fine of \$50.00 or as an alternative thirty days imprisonment was inflicted. Chief Hersey prosecuted and Mr. A. B. Macdonald appeared for the defence. It is understood that an appeal will be entered.

At the meeting of Queen Alexandra Lodge No. 424 Ladies Auxiliary to the B. of R. T., on Friday last, the members of the lodge took the opportunity of showing their appreciation of the services of Mrs. E. Bidder who until her marriage which took place recently occupied the office of Treasurer. An address was read by Mrs. J. Laurie and the presentation of a silver berry spoon and salad server, also a bouquet of white roses in cut glass vase, was made by Mrs. Dallas. The members of the Lodge and their guests sat down to a dainty supper at tables decorated with cut flowers and the colors of the Order. An enjoyable musical program was rendered. Mrs. Art Wallace was responsible for the arrangement of this part of the entertainment.

The case of E. B. Stevens should serve as a warning to any men who have been drafted for military service but imagine that they can evade their duty. The man named appears to be Canadian born and to have lived in the Dominion all his life with the exception of about a year spent in Detroit. While in the United States he registered and later came to Ontario, where he was required to report on entering the Dominion. He secured permission at London, Ont., in December last, to proceed to this Province and report at the B. C. Depot Battalion headquarters on January 7th after visiting his home in Cranbrook. He failed to report in person on the date named, although he appears to have been in correspondence with the military registrar. Transportation was sent here for Stevens and becoming aware of the facts Chief of Police Hersey, who would have been justified in arresting him, gave him warning to proceed to the coast without delay. The warning was not heeded and in accordance with instructions from Major W. M. McKay, Stevens is now being detained by the police pending investigation.

CARD OF THANKS

Mr. Lewis Cox and family wish to thank their friends and acquaintances for the many kindnesses and expressions of sympathy during their recent bereavement. 11-17

MILLINERY OPENING MARCH 21

Miss McLeod announces to the ladies of Cranbrook her Millinery Opening, showing all the latest creations in Spring Tailored Hats, Opening commences Thursday, March 21st.

CARD OF THANKS

Mr. John Levett desires to express his sincere gratitude to his many friends for their beautiful floral tokens of respect for the late Mrs. Levett and for their kindly sympathy in his sad bereavement.

A CORRECTION

In our last week's issue we inserted a card of thanks for Mrs. H. L. Lodge and family. We regret that through a typographical error we omitted the "s" in Mrs. making it read Mr. Lodge instead of Mrs. Lodge and family. The card should have read: Mrs. Lodge and family wish to express their appreciation of the many marks of sympathy shown them in their recent bereavement.

THE METHODIST CHURCH

Pastor, Rev. Thos. Keyworth.

There will be no service on Sunday morning owing to Pastor's absence from town. Services in evening at 7.30 at which the pastor will preach. Sunday School and Adult class 3 p.m. The Church Where you get a welcome

KNOX CHURCH, CRANBROOK

Rev. Hills Wright, Minister.

Services at 11 a.m. and 7.30 p.m. Sunday School at 3 p.m. Young People's Guild on Monday nights at 8 p.m.

Strangers and visitors to our City are invited to make Knox their Church home while in our midst. Seats are Free Everybody made Welcome

FORT STEELE TOWNSITE

Notice is hereby given by the undersigned, acting under the provisions of the Highway Act Amendment Act 1917 of his intention to close a portion of North Star Avenue from the South West boundary line of Rocky Mountain Avenue to the North East boundary line of Galbraith Avenue, shown in green, and to substitute lands adjoining taken from Blocks 22 and 23 in lieu thereof, shown in red and yellow on plan deposited with the Government Agent at Cranbrook.

J. H. King,
Minister of Public Works.
Victoria, 5th February, 1918. 7-5t

Corporation of the City of Cranbrook COURT OF REVISION

NOTICE is hereby given that the first sitting of the Court of Revision, for the purpose of correcting and revising the assessment roll of the City of Cranbrook and the Cranbrook School District, will be held on the 18th day of March 1918 in the City Hall, Norbury Avenue, Cranbrook, B. C., at 10.30 a.m. city time.

Persons having complaints to make against the assessment are required to hand same, in writing, to the Assessor, at least ten days before the above date.

Thos. M. Roberts,
Assessor.
Cranbrook, B. C.
February 14th, 1918. 7-5t



Income Tax Forms Are now available

Returns must be filed on or before 31st March

THE Dominion Income War Tax Act requires you to fill in one or more of the five special Forms provided before 31st March, 1918. In order to assist the public to understand just what is required of them, information on each Form is given below. Read carefully, then get three copies of the form that fits your case and fill them in. Answer all questions fully and accurately. For making false statements, a penalty of \$10,000 or six months' imprisonment, or both, is provided.

Individuals.—All persons unmarried, and all widows or widowers without dependent children, whose income is \$1500 a year or more, must fill in Form T1. All other persons whose income is \$3000 or more, use the same Form. Where any income is derived from dividends, list amounts received from Canadian and Foreign securities separately. Fill in pages 1, 2 and 3 only. Do not mark on page 4. Partnerships, as such need not file returns, but the individuals forming the partnerships must.

Corporations and Joint Stock Companies. no matter how created or organized, shall pay the normal tax on income exceeding \$3000. Use Form T2—giving particulars of income. Also attach a financial statement. Under Deductions, show in detail amounts paid to Patriotic Fund and Canadian Red Cross or other approved War Funds.

Trustees, Executors, Administrators of Estates and Assignees use Form T3. Full particulars of the distribution of income from all estates handled must be shown as well as details of amounts distributed. A separate Form must be filled in for each estate.

Employers must use Form T4 to give names and amounts of salaries, bonuses, commissions and other remuneration paid to all employees during 1917 where such remuneration amounted in the aggregate to \$1000 or over.

Corporation Lists of Shareholders.—On Form T5 corporations shall give a statement of all bonuses, and dividends paid to Shareholders residing in Canada during 1917 stating to whom paid, and the amounts.

Figures in every case are to cover 1917 income—all Forms must be filed by 31st March. For neglect, a fine of \$100 for each day of default may be imposed.

In the case of Forms T1 and T2, keep one copy of the filled in Form and file the other two with the Inspector of Taxation for your District. In the case of T3, T4 and T5, keep one copy and file the other two, with the Commissioner of Taxation, Dept. of Finance, Ottawa.

Forms may be obtained from the District Inspectors of Taxation and from the Postmasters at all leading centres.

Postage must be paid on all letters and documents forwarded by mail to Inspector of Taxation.

Department of Finance,
Ottawa, Canada

CORPORATION OF THE CITY OF CRANBROOK

Notice to Owners of Dogs
PUBLIC NOTICE IS HEREBY given to owners of dogs that the Dog License Fee is now due and payable at the office of the Chief of Police. Persons failing to take out the License in this behalf by the 15th day of March will be subject to immediate prosecution. The practice of the Police making a personal demand for this fee will not be adopted this year. Persons wishing their dogs to be destroyed are instructed to bring same to the office of the Chief of Police on the 14th and 15th of March next.

By Order of the Police Commissioners.
Cranbrook, B. C., February 28, 1918. 9-3t

RAW FURS Wanted

Trappers, Farmers, Ranchers!

It does not cost you anything to GET OUR CASH OFFER on your furs. Express them to us WE'LL PAY ALL CHARGES over a \$5.00 valuation. We make you our offer

AND HOLD YOUR FURS for your reply, returning them AT OUR EXPENSE

If not purchased. Try us. In Business Since 1888 Send for Price List

Special price paid for Dark Marth. Mackay & Dippie 218 8th Avenue, Calgary, Alta.

I. O. O. F. KEY CITY LODGE, No. 42

Meets every Monday night at 8 o'clock at Oddfellows Hall. Sojourning Oddfellows cordially invited. E. H. McPhee W. C. Adlard Secy. N. G.

CRANBROOK COTTAGE HOSPITAL

Private Nursing Home Licensed by Provincial Govt. Maternity and General Nursing Massage and Rest Cure. Highest References, terms moderate. Apply Mrs. A. Crawford, Matron Phone 259. P. O. Box 845 Address: Garden Ave. Cranbrook

KNIGHTS OF PYTHIAS

Cranbrook, B. C. Meets every Tuesday at 8 p.m. in the Fraternity Hall R. C. Carr, C. C. C. H. Collins, K. R. & S. Visiting brethren cordially invited to attend.

GURD & SPREULL

Barristers, Etc. W. F. Gurd G. J. Spreull CRANBROOK, B. C.

DR. F. B. MILES

DENTIST Office in Hanson Block OFFICE HOURS 9 to 12 a.m. 1 to 5 p.m. CRANBROOK, B. C.

Foot Specialist Coming to this Store

An expert on the Human Foot will be here one day

Thursday, March 28th

to tell our customers about foot comfort and how easily it can be attained.

Free Examination And Expert Advice

This specialist knows all about feet and how to overcome their troubles. He was personally trained by

Dr. Wm. Scholl

the foremost authority on the human foot and its troubles. He has the knowledge and the experience to tell, almost at a glance what causes that foot trouble that makes you suffer. He not only knows what the trouble is but also knows that



There is a Dr. Scholl Appliance or Remedy For Every Foot Trouble

and he can fit the proper appliance to correct your foot discomfort. Be sure to come in and let him demonstrate that you need suffer no longer. Remember, it is absolutely free. All are invited.



"Watch Your Feet"

WRIGLEYS

With the land forces and with the fleet

WRIGLEYS

gives solace in the long watch, it freshens and refreshes, steadies nerves, allays thirst, helps appetite and digestion.

The Flavour Lasts



Keep your boy supplied



Consolidated Mining & Smelting Co.

of Canada, Limited

Office, Smelting and Refining Department

TRAIL, BRITISH COLUMBIA

SMELTERS AND REFINERS

PURCHASERS OF GOLD, SILVER, COPPER, LEAD AND ZINC ORES
TABANAC BRAND PIG LEAD, BLUESTONE, SPELTER & COPPER

DISTRICT NEWS

MARYSVILLE

Alex Hodgson of Cayley, Alta., arrived in town on Wednesday. Mr. Hodgson, who was formerly Postmaster and General Merchant here, owns some very valuable mining property in the upper St. Mary's, a good description of which appeared in the "Herald" under the heading of "Mining Notes," a few weeks ago.

Jimmy Miller returned on Wednesday after spending two weeks at Cayley, Alta., the guest of Goldie Hodgson. While there Jimmy and Goldie took in the Harry Lauder concert at Calgary.

Mrs. B. Keer and Mrs. J. J. Dickson were Cranbrook visitors this week.

A. G. James and J. Vanderhaug furnished the music for the dance at Wycliffe on Saturday last.

Dan Burton and Mr. Meacham, of the C. P. R., visited the White Line Ranch on Thursday where they were called to claim certain horses found on the range.

WARDEN

Born—to Mr. and Mrs. Oscar Hellman, a ten pound boy, on March 9th. Tom Jones, formerly employed by the Crows Nest Pass Lumber Co., here, is doing thirty days for being caught in an intoxicated state in Cranbrook last week.

Mrs. J. Martin met with a painful accident last week while bringing in a pail of water. She slipped and sprained her ankle. We hope to see her out again soon.

Douglass Jones is leaving this week to join his family in the East.

J. P. Fink of the Fink Mercantile Co., Cranbrook, was in town on business this week.

Gus Kay has resigned his position at the post office here.

The Ladies of the Red Cross will be entertained at the home of Mrs. G. Sinclair, 102 N. Main St., next Thursday. Everybody welcome.

Mr. C. M. Pennock is away on a business visit to Revelstoke this week.

The Indians prophesy a dry summer again. I guess we will have to hand it to them this time.

MEETING OF ROD AND GUN CLUB

There was an attendance of 35 at the monthly meeting of the Rod and Gun Club held at the City Hall on Tuesday evening. The Club now has a membership of 110.

It has been found impossible to obtain any Hungarian or other partridges and it was therefore resolved that a quantity of quail be purchased for introduction in the District. A supply of pheasant eggs will also be procured.

Dr. F. W. Green handed to the Treasurer \$16.20 being balance on hand from the Cranbrook Gun Club, an organization that went out of existence some time ago.

COMPLICATIONS CAUSE BOY'S DEATH

Following a brief illness which came on following his apparent complete recovery from an attack of pneumonia, Richard Johnson, seventeen years old, son of Mr. and Mrs. William Johnson of this city, (Watertown, South Dakota,) died Sunday, March 3rd. Complications which followed pneumonia developed the fore part of last week, after he had recovered.

WANT ADS.

FOR SALE—1917 Chevrolet, run 3,000 miles, \$650.—Kootenay Garage.

WANTED—A cook, apply Mrs. G. H. Thompson. 11-21

FOR SALE—Hudson Touring Car in first class condition, apply Herald Office.

FOR SALE—Cheap, 5 passenger Touring Car in good shape.—The Kootenay Garage.

FOR SALE—Seven Roomed House with bathroom; two lots; good terms and bargain price.—Apply A. D. Bridges.

FURNITURE FOR SALE—Dining Room Set, wood stove and pipes, 2 single beds and mattresses \$50. Apply Cranbrook Drug & Book Co.

WANTED—2 furnished rooms for light housekeeping or board and room for lady and child six years, apply to Herald Office. 11-11

FOUND—Sorrel driving mare, branded on near hip, white streak down face, owner can have same by paying expenses. James, Marysville. 10-21

FOR SALE—Alberta Farms.—I have several farms in best localities in Alberta for sale on very easy terms to good farmers. Enquiry solicited.—R. E. Beattie. 11-21

CAN your Fruit and Vegetables, meat or fish, by the Steam Pressure System. Send for catalogue and prices of Home and Commercial Canning Plants. Equipment Dept., Vancouver Island Fruit Lands, Limited, Belmont Bldg., Victoria, B. C.

It Saves Doctor's Bills!

This is the Rev. A. D. McLeod's opinion of Zam-Buk. This clergyman, who lives at Harcourt, N.B., writing to the proprietors, remarks upon the unusual popularity which Zam-Buk enjoys in the homes of the people of his parish. He says:

"I know of nothing that can compare with it. Having charge of an extensive mission, over which I travel constantly, I meet with many sick and afflicted people, and I have been amazed at the good which Zam-Buk is doing daily."

I have learned, as an absolute fact, that for bad ulcers, old wounds, eczema and skin diseases of all kinds the healing powers of Zam-Buk are simply marvellous. For the painful ailment, piles, also, it is excellent. Many a doctor's bill is saved by the use of Zam-Buk."

For cuts, burns and scalds Zam-Buk is equally good. Nothing ends pain and heals so quickly. 50c box, 3 for \$1.25. All dealers or Zam-Buk Co., Toronto. Send 1c stamp for free trial box.

Zam-Buk

turned to work for two days, and his condition has been critical for the last three days.

The young man was ill for three weeks with pneumonia. Following this he had been up three weeks and the first of last week went to work for the City Bakery. Prior to the first illness, he was in the employ of the Heegaard Hardware company, where his father is tinner.

He is survived by his father and mother, four sisters and three brothers: Doris, Katherine, and Mabel, Stanley, Andy, and Will Johnson, all living at home and Mrs. L. Van Staveren in Cranbrook, British Columbia.

FOOD CONSERVATION PROBLEM

(Continued from page one)

and none whatever on that class of foreign labor that is employed in these camps.

While we are practising our economies, denying our children home-made candy and the sweets they love, it is not pleasant to know that in the camps are men who, when the shortage of sugar is mentioned, will grin as they put so much into their tea-cups that it cannot dissolve and goes out with the dish water.

There are those who think that the Food Control Bureau should attempt to control food prices, but when one comes to study the question of control of food prices one finds that it is a thing that cannot be done.

Take, for instance, butter. Suppose that the government set a fixed price, above which it might not rise. Take a farmer who has ten or twelve cows, and who, thus, contributes materially to the butter supply. This man finds that help is becoming scarce and at a premium, and that the price of the feed his cows consume has gradually risen to where it wipes out his profit on butter making entirely. The nation

AUCTION SALE

On Saturday, March 23rd, commencing at 1 o'clock a public sale of articles of every description will take place at the City Livery, Cranbrook Street.

I will sell cattle, horses, poultry, furniture, implements and any other article you wish to dispose of. Bring along anything you wish to sell. There is a buyer for everything and we will endeavor to locate them.

J. H. HAYES.

WATER NOTICE

Diversion and Use.

Take Notice that Peter Lund, whose address is Lebridge, Alberta, will apply for a licence to take and use 1500 acre feet of water out of Mark Creek, which flows southerly and drains into St. Mary's River near Marysville. The water will be diverted from the stream at a point about the Dam at Government Road crossing, Marysville, and will be used for irrigation purpose upon the land described at lots 2377-4045-6035-6068, (Group 1, Kootenay District.

This notice was posted on the ground on the eighth day of March, 1918. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914" will be filed in the office of the Water Recorder at Cranbrook, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

PETER LUND, Applicant

A. H. DeWolf, Agent.

The date of the first publication of this notice is 14th of March, 1918.

LIQUORS

SAVE MONEY

Send for Cut Rate

Price List

IMPERIAL EXPORT CO

CALGARY, ALTA.

eral thing for him to do it to take advantage of the high price of grain to sell it direct, to take advantage of the high price of beef to dispose of it, and thus save himself the considerable trouble of making butter. Who is to compel this man to go on making butter for our benefit, at a loss to himself?

The only thing the Government can do is to see that suitable substitutes are imported and made available, and to eliminate hoarding and middlemen's profits. These are the measures that steadied the price of butter last fall when we expected it to soar to the skies.

In closing, I would like to appeal for co-operation with, rather than criticism of the food bureau. Let us devote our time and energies to the consideration and accomplishment of our own part in the war. And let us remember that conservation is WAR; not a fussy notion of an over-pessimistic man in Ottawa, that we have been asked to humors.

I would appeal, also, that we in Cranbrook present an unbroken front in the home army, for it is only by concerted action that we can make our weight felt. The little that each can do seems unimportant until thought of in collective terms. One teaspoon of sugar saved daily by every person in Canada would total fifty five tons. That is a trench that the home army could take without a single casualty. Conceivably, the women of Canada could almost do away with the waste that is placed at fifty millions each year. We have all heard the statistics of the one slice of bread saved daily, and we can imagine what it would be if every

refreshments during the war.

public gatherings,—Institute meetings and the like,—would do away with Lloyd George's that we might do well to memorize. "I fear," he said, "the disciplined people behind the German army, the rationed family, the determined wife and mother, more than I fear the Imperial army itself."

We are proud to know that, man for man, our Canadian soldiers are more than the equal of the Germans. We know that the Germans know it. We are even modestly willing to believe the words of a neutral correspondent that, other things being equal, ten thousand Canadians could defeat twenty thousand Germans.

What of the army behind the army? Woman for woman, have we as much patriotism as the women of Germany? We know, of course, that her patriotic sacrifices have not been left to her own sweet caprices, but still; are we as willing to sacrifice?

We have men who can fight and still be men. We have the cause of right and of humanity on our side. Are these not worthy of our every sacrifice?

Would it not be fitting for each of us to hang a Union Jack in our kitchens, and under it, Britain's inspiring motto:

England Expects that Every Woman this day will do her Duty.

Ringworm--Scalp Sores

If you want speedy help try the D. D. D. Prescription. So easy to apply, not greasy or messy. It washes into the scalp and the relief is instant. Try it today on your guarantee.

D.D.D.

The Liquid Wash

Cranbrook Drug and Book Co.

When Tired and Nervous

If the end of the day finds you weary or irritable, with aching head and frayed nerves, you need something to tone and strengthen the system.

BEECHAM'S PILLS

are a remedy which quickly helps in restoring normal conditions. They act on the stomach, liver and bowels, and so renew the strength, and steady the nerves. A few doses of these world-famed family pills will

Bring Welcome Relief

Prepared only by Thomas Beecham, St. Helena, Lancashire, England. Sold everywhere in Canada and U. S. America. In boxes, 25 cents.

Prices quoted in this advertisement automatically cancel all previous price lists.

STUDY The PRICES

They are the lowest for genuine liquors—true to brand, strength, and quality—quoted in Canada.

REMEMBER—Even at these prices, Gold Seal Limited stands back of its goods. You know where to find us. Can you say as much of some firms that are offering you liquors today?

Gold Seal is not a mushroom "mail order" house that sprung up yesterday. It has for over twenty years been doing business here under a federal charter.

We pay all Express charges

Our prices are not F. O. B. at some far away point. They include all charges prepaid—the goods delivered to your door or nearest station.

We never substitute

We give full measure

We give full count

Hennessy's Three Star

Cognac—1 bot, \$4.00;

3 bottles \$11.55, cases

of 12 bottles \$15.00

SCOTCH WHISKY—BULK

Watson's No. 10 Dundee

Wm. Teachers & Son Old Glenlivet

McIntosh's Old Dundee Scotch

Sanderson's Old Private Stock "Mountain Dew"—16

years old; undoubtedly one of the finest Scotch

Whiskies imported to this country; a favorite for 75

years. 14.50

Old Glenlivet; popular for many years; excellent. 14.50

Caledonian Reserve Liqueur; aged for years in sherry

casks; a mild, mellow old whisky; wonderful flavor

The best obtainable from this famous line 14.00

White Horse Cellar—A famous old brand; liquor 13.50

Peter Dawson's "Perfection"—A very fine old liquor

whisky 13.00

Teacher's Highland Cream—A favorite; standard 12.50

Sanderson's "Glenlivet"—10 years old Islay Malt 12.50

"Mountain Dew"—The most popular Scotch Whisky in

Western Canada; very fine 12.00

"House of Parliament"—S. Henderson & Co., ten years

old, very uniform quality and flavor 11.00

Usher's "O. V. G."—An old vatted Glenlivet Scotch,

popular 12.50

Gold Bond Old Scotch Whisky—14 years in wood. Won-

derful old whisky; exceptional value 13.00

RYE WHISKY—BULK

H. Corby, 35 U.P. Old Rye 6.00

"Limited Reserve" Liqueur Rye 8.00

"Three Seal"—9 year-old; very fine and special blend 7.50

"Private Stock"—Special Liqueur 7.75

Gooderham & Worts' Special; standard all over Canada 8.00

B. C. Special; 11 years in oak; limited quantity 9.00

Pure Canadian Malt White Whisky; 8 years old 7.00

Gooderham & Worts' 8-year-old special shipment, fine 7.25

Joe. E. Seagram's "Waterloo," 30 U.P. 8.50

Walker's Canadian Club 8.00

Walker's Imperial 8.00

Hiram Walker's Old Canadian Rye 7.00

CASED BRANDY

(A case consists of 12 quart bottles)

Gold Seal Three Star—Gold Label; very old 2.50

Cognac of excellent flavor 2.50

Martin & Rogee Three Star—Silver Label 2.25

Delamare Extra Special XXX; gold label 3.00

Hennessy's Three Star Cognac 4.00

Lucien Favaud XXX Special Mark Cognac 3.50

Martell's One Star Cognac; limited quantity 3.75

Gold Bond XXX—(L'Eau d'or); large oval 3.75

quarts, Pale Cognac 3.75

COGNAC BRANDY—BULK

1 gal. Jug.

Meeukow XXXX Old Vintage Cognac 13.00

Ph. Richard's Cognac V. S. O. P. 10.00

Gold Seal Old XXX Brandy 14.00

Rizatt's Old Private Stock—Special vintage 1878 15.50

Rizatt's XXX Old Pale Cognac 9.50

"Gold Bond" Fine Old French Cognac Brandy; special. 12.00

WARNING

We do not substitute. Be

careful of deceptive adver-

tising. Many firms are offer-

ing liquors who can not supply

the brands quoted, but will

send you very inferior grades

Do not send money to out-

side firms unless you know

who they are. Many persons

have been very badly treated.

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England Expects that Every Woman this day will do her Duty.

AFTER SICKNESS THEY GAVE HER VINOL

And She Soon Got Back Her Strength

New Castle, Ind.—"The measles left me run down, no appetite, could not rest at night, and I took a severe cold which settled on my lungs, so I was unable to keep about my house-work. My doctor advised me to take Vinol, and six bottles restored my health so I do all my housework, including washing. Vinol is the best medicine I ever used."—Alice Record, 437 So. 11th St., New Castle, Ind.

We guarantee this wonderful cod liver and iron tonic, Vinol, for all weak run-down, nervous conditions.

Cranbrook Drug & Book Co., Cranbrook, B. C., also at the best drug-gists in all B. C. towns.

When Tired and Nervous

If the end of the day finds you weary or irritable, with aching head and frayed nerves, you need something to tone and strengthen the system.

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