YOUR PRINTING
Can not be done any better, and not quite so well anywhere else hereabouts. Our type and machinery is complete and The Review prices are right

THE REVIEW

Classified Ads.
Make your little Wants known through a Classified Advertisement in The Review - - - Phone 59

VOL. 5 COURTENAY, B. .C. THURSDAY MAR. 29 1917 NO. 19

Auction Sale

Happy Valley, 2 Miles from Courtenay

I have received instructions from Mr. Walter Brown to sell by auction on his premises as above on

THURSDAY, next MARCH 29
10 head of grand Dairy and Young Stock
2 2-year old Colts, sire Dean Swift

Sale at 2 o'clock prompt. No Reserve
Terms—$50 and under cash ; over $50, approved joint note for 6 months with interest at 8 per cent.
Further particulars from

GEO. J. HARDY
LAND AGENT AND AUCTIONEER

Telephone 10 COURTENAY

COMOX LUMP COAL

$6.00 Per Ton
Delivered in Courtenay

All Orders Will Receive Prompt Attention

D. KILPATRICK
Phone 43 Courtenay

What does the Puntledge River do for Courtenay?

It lights our streets, business houses and residences.
It cooks our food.
It prints our " Review "
It runs our machine shops.
It charges our storage batteries.
It pumps our water.
It makes our sausages.
It washes and irons our clothes.
It presses our suits.
It runs our sewing machines, and many other things too numerous to mention,
Although it is but a humble stream it does its work just as well as the mighty Niagara does all these things for the great cities of the East.
It does them better than anything else could possibly do.
It is the Ever Willing Servant. It stands ready to do your bidding twenty four hours of the day, and three hundred and sixty-five days in the year.
Its power is furnished to us through a wire and exactly where it is needed.
It does its work silently, and it brings not the least bit of dirt with it, and it leaves not the slightest bit of dirt behind it.
If you have any work for this wonderful servant to do just phone

Courtenay Electric
Light, Heat and Power
Company Limited

Local Lines

J. W, McKenzie Sr. is at Victoria this week on a business trip,

Corporal Jones left on Monday morning for Esquimault,

Winter still lingers in the lap of spring. Three snowfalls have been recorded since the 21st,

Mrs. Robt. Christie will be At Home Wednesday, April 4th., and on the 1st Wednesday of the month hereafter.

Easter Holiday excursion rates will prevail on the E. and N, Ry, good going April 4, 6 and 9, final return on April 9, Fare and 1-5 for round trip.

The annual meeting of the Comox Co-Operative Society will be held on Monday evening, April 2nd at the Creamery offices. The Directors wish to have as many of the shareholders as possible present,

Work has commenced on the foundation for two stores on Union Street for Mr. J. B. Bailey. They will be occupied by Harry Loggie, boots and shoes, and W. G, Robertson, Druggist.

Angus Beaton, one of the first Courtenay boys to enlist for overseas service returned home, minus his left hand, on Tuesday afternoon's train He was met at the station by the Mayor, and members of the council, and a large number of his friends. The public school children marched to the station, In the procession coming from the station were sixteen autos a number of buggies and an almost endless line of pedestrians,

For highest prices in hides, scrap metal and old rubbers, see W. Douglas, Courtenay.

Lost—On Monday, March 19, Jersey heifer calf about four months old, solid fawn color. Finder please communicate with R. U. Hurford.

For Sale—Good Garton Seed Oats all cleaned, per ton $43. Also some hay and straw, baled, Apply Bridges Bros.

Ranch to Rent—Tenders will be received up to April 1st for renting the Russel ranch, Lower Road Sandwick, near Headquarters. Apply to Mrs. Russel, Box 86, Comox

Children's and Misses stockings in great variety and prices at Sutliff's.

Go to McBryde's for quality bread,

Notice—If you have any copper Brass, zinc, lead, rags, bags feathers, rubber, write to the Canadian Junk Co., 509 Johnston St. Victoria, B, C,

Sutton's seeds are RELIABLE and it always Pays to get the best. Write for catalogue. F. R, F. Biscoe. Comox P. O, Also agent for Layritz Nurseries, All stock propagated near Victoria, and acclimatized to Vancouver Island, Thoroughbred White Wyandotte eggs $1.50 per setting.

Seed wheat for sale, blue stem, J. L, McGirr, Royston, B. C.

Wood For Sale—$4 per load cash Teaming and carting done. L. Alexander, Courtenay.

Born, on March 2nd. at Comox, to Mr, and Mrs H, W. Bailey, son.

Pte, R, B, Pendergast was home from Victoria on a few days leave last week.

All ladies who have Red Cross work completed will please hand it in to either Mrs, Parkin or Mrs, Fairburn on or before Saturday, March 31st.

The department of Forestry will hold an examination of candidates for the position of Assistant Forest Ranger in Corutenay on April 18th and at Campbell River on the 17th,

Miss Smith is going on nicely by latest reports, and hoped to be out of the hospital early this week, Everybody will welcome her return to our midst, and the ladies are anxiously awaiting the spring opening.

Mr. Monteith, Manager of the Victoria Transportation Co. of Victoria, Mr, Sutherland, Manager of Simon Leiser & Co., and Mr. J, Thompson, of the B. C. Garage, Cumberland, were visitors in town on Friday afternoon.

The funeral of the late Walter Gage took place on Sunday at the Sandwick cemetery. He was an old resident af Comox and his remains were iollowed to the grave by a large concourse of friends. While the cortege was coming down the Siwash hill Mr. J. Knight's horse took fright and ran away. After passing the procession came to grief at the bottom of the hill Mr. Knight was thrown out and severely shaken up, but has apparently regained his usual robustness.

T. D. Hind died suddenly at Vancouver hospital on Monday.

A reception will be tendered to Pte, Angus Beaton at the Agricultural Hall on Tuesday evening.

The Auditor's report of the Citys accounts for last year, being published this week shows the receipts to have been $14 387,99, the expenditure $12,855,00, Balance on hand and in bank $1,532,99. The balance soeet showed liabilities of $4,452,93, with assets of $15,273,-48, The unpaid taxes amount to $7004,24,

Anglican Church Notes

11.00 St. John's Sandwick, Matins and Sermon.
7.00 Holy Trinity Cumberland, Evensong and Sermon,
7.30 St. Mary's, Grantham, Evensong and Sermon,
3 p. m. Sunday School, at St. Jonh's, Courtehay.
Good Friday services.
At St, John's, Courtenay, at 11. and at St. Peter's. Comox, at 11 a. m,
Intercession with short address at St, Peter's Comox, on Thursdays at 7.15 p. m. and at St. John's Courtenay, on Friday's at 7.30 p.

Annual Meeting

The annual meeting of the Comox Co-Operative Society will be held on
Monday, April 2nd.
at 8 p. m.
in the office of the Comox Creamery Association. All the directors and shareholders are particularly requested to be present.

R. U. HURFORD

P. McBryde's

Bakery and Tea Rooms
Brown's Block, Courtenay
The Best and cheapest bread in the district
14 Loaves for $1, 7 for 50 cts, for 30cts, 2 for 15 cts
We invite anyone to dispute the above advertisement

McBRYDE
The baker of Better Bread Opposite the city hall

Special for Saturday

Shepherd's Breakfast Sausage

The Ideal Sunday Morning Breakfast

SHEPHERD & CO.

Safety First

Go to
FRASER'S
For Fresh Tobacco, Cigars Confectionery and Soft Drinks.
Isabel St. Next Royal Bank

Comox Creamery Butter
55c per lb. this week

Cha s. Simms

Watchmaker Jeweler and Optician
has just received a consignment of
NEW GOODS
suitable for Wedding presents. Wedding rings always in stock at
THE COURTENAY JEWELRY STORE

CHEW "PAY ROLL" TOBACCO

A BRIGHT TOBACCO OF THE FINEST QUALITY 10 CENTS PER PLUG

The Art of Boiling Within

"How would you define diplomacy?"

"Why, diplomacy is the art of conducting a quarrel without becoming visibly angry."

Have a Bottle Handy!

Sloan's Liniment is assigned its place among the trusted family remedies in thousands of medicine closets. Confidence in it is based on the uniform effectiveness with which it banishes the pains of rheumatism, neuralgia, gout, lumbago, sore stiff muscles, bruises, sprains and strains. Cleaner and easier to use than mussy plasters or ointments. It *penetrates* and relieves quickly *without rubbing*.

At all druggists, 25c. 50c. and $1.00.

Sloan's Liniment
KILLS PAIN

The Squire's Sweetheart

BY

KATHARINE TYNAN

WARD, LOCK & CO., LIMITED
London, Melbourne, and Toronto

(Continued.)

"I don't object to his Liberalism," said Hilary, wondering why she should behave as though it were a personal matter. "Plenty of my friends are Liberals, Radicals. He is a sleek hyprocite. He is gradually getting to be a power in Silverdale. He bought up Dobbs, the other grocer, whom we all liked, and ruined him. He is acquiring property rapidly all round the country. He is building rotten cottages for the poor. The things he sells them are bad. But why am I saying all this to you? It can have no possible interest to you."

"Except that he is our landlord. Even if the New Cottage is jerry-built, I keep to the old one, so I have no cause for complaint."

"You keep to the old one?"

"Yes, you see we should be a little congested here. Leo likes to have people down for week-ends, else he would miss London too much. They are generally men and don't give much trouble. We have a woman in from the village. There isn't really much room for servants in these places. You can hear everything that is said through the walls. I love the old cottage. It is a little bit dark, but the walls are thick and deep. One feels really in the country there; here it is suburban."

The kettle boiled and he made the tea. The subject of Mr. Draper was forgotten while he poured the water on the tea in the cold pot from a height, explaining that the great thing was to aerate it.

He carried in the tray as though he had been an old friend of the house, and Dolly followed him with the cakes and bread and butter. She poured out the tea standing by the table, and Hilary carried a cup to Mrs. Edgerton, where she sat once more on the little dais; the child, a lovely little girl of two or three years old, awake now, sat on the hem of her mother's gown and talked to a picture book.

Hilary's tea was highly commended. Dolly described the manner of its making to her brother, with a humorous shyness, poking sly fun at the tea-maker. Her voice was soft and sleepy. It was another aspect of the girl that she had a sense of humor. She did not include her sister-in-law in the jest, nor did Mrs. Egerton laugh when her husband and the Squire did. Plainly there was an understanding between the brother and sister into which the wife did not enter.

Again the subject of Mr. Draper came up unexpectedly. The Squire praised the tea.

"Our landlord's at—five shillings a pound, is it, Louise? Or is it fivepence? I have forgotten."

"Neither," said Mrs Egerton unsmilingly; "it costs two shillings a pound; it is very good tea."

"I am glad he keeps something good, besides the texts all over the shop," said the Squire drily.

"Oh, he's not a bad sort, for a lay preacher," Egerton said lazily. "Are you going to his service on Sunday? It's placarded all over the place. 'Subject: All Men are Liars. Men cordially invited.'"

They all laughed except Mrs. Egerton, who seemed to have no sense of humor, and only looked bewildered.

"Draper's brother-in-law is no end of a smart chap," Mr. Egerton went on. "He's a queer misfit in the Drapers' menage. Not much church or chapelgoing about him. Old Draper will have his hands full to snatch Harry Cooper from the burning."

"Harry Cooper?" the Squire repeated. "I don't know him."

"You must have seen him Walks with a swagger like a dragoon. A drilled man evidently. He doesn't like it talked about. When I suggested that he had been in the army he was obviously annoyed. Said he'd been drilled at school. Prefers to lie low for some reason or another."

Hilary Strangways, watching Dolly Egerton's face, saw her eyes lighten and darken; something furtive, half-fearful, came into its expression. He wondered what could have disturbed her. The face was momentarily fretted as when a crisp wind breaks up the surface of the water.

"Deserter, perhaps," suggested the Squire. And then—"I believe I know him after all. He was at Breakback Hill the night of the accident. Running everything, too, when I arrived there. I remember how I said to myself that he was a trained disciplined man. When the soldiers came on the scene he disappeared. I never connected his disappearance with the soldiers. Now that you mention it—"

"Don't you imagine a good deal Leo?" Dolly asked in a chilly voice. "Mr. Cooper told you he had served for a while in an American regiment when he was there."

"He knows a few things that he never learnt from an American sergeant-major," Egerton answerd. "There's nothing about horses he doesn't know. All sorts of other things too. He's Dolly's right-hand man about the fowl. He does too much for us. You can't offer him money. There's just a bit of a gentleman in him somewhere that forbids that. He has built all Dolly's fowl-houses with his own hands; and he has rigged up the stable. He is just now putting up a garden-shelter for my wife. There was a lot of old wood lying about the place. Louise is ungrateful. She can't bear Cooper, for all he's done for us."

"I wish he would not be so obliging," Mrs. Egerton said in her cold, sweet way. "It is horrid to be obliged by a man who is not your equal and forces obligations upon you."

A wave of color rushed over Dolly's face.

"Shall I take Mr Strangways out to see the cottage, Leo?" she asked, "while you discuss Mr. Cooper. It seems to me that he has laid us under obligations none of us can disregard."

"I wish it had been anyone else," said Mrs. Edgerton.

Lionel Egerton stroked his sister's cheek.

"Hoity-toity, Doll," he said. "We are only discussing Cooper in a perfectly friendly manner, Donna Quixote. None of us forget what he has done for us. Not likely. Yes, by all manner of means show Mr. Strangways the cottage. The Squire and I will follow in a few minutes

He turned to the Squire with an explanation that the Old Cottage was Dolly's country house; whereas they lived in Suburbia.

"She disappears over there every evening after dinner," he said. "Most girls would find it lonely.: Doll has a need for solitude. She has a dog and she occupies herself incessantly. She could do without us very well, only she comes over every day to see after things for my wife, who is not very strong."

"She could not do without you, Leo," said Mrs. Egerton, "nor without Susan. She could do very well without me."

Lionel Egerton's fair, open face clouded perceptibly.

"Let us go and see the cottage," he said. "Stay where you are Louise. I shan't be long. Come with Daddy, Susan."

He held a finger to the miniature child, who was gravely stroking Dash's cheeks. The tall fellow had to bend from his height to hold her finger or rather to let her clasp his big one.

"Poor Dolly!" he said, as he crossed the lawn to the opening in the privet hedge. "She feels it, not having me altogether to herself as she used to have. She would have given up anything for me. I'm glad I made her work at art. She went to the Slade School while we lived in London. Next year I want her to go to Paris."

"She is very beautiful, your sister," said the Squire.

"Yes, she's a very pretty girl. You wouldn't see many prettier. She used to be very gay too, before my marriage. She was rather a madcap thing. Now she is only gay occasionally. She has become very quiet, not a bit like the old Dolly."

The old-fashioned garden was charming. The bulbs were up and in bloom around the vegetable beds. Wallflowers were just bursting into flower. Anemones were brilliant patches of color. The pear and plum were in blossom. The flowering currants were in bloom: The birds singing on all the boughs; and the vegetable beds were packed within their tight border of flowers.

"Dolly is a born countrywoman," Egerton said; "or, she is better than a born countrywoman, for she brings to this the townswoman's fresh delight. All this is hers. She goes in for French gardening, intensive culture, and all the rest of it. Cooper has rigged her up those frames. He does a lot of work for her, for all of us. It is amazing that he should be content to loaf about here—a clever fellow like him. He has been talking of going back to America ever since we came."

Of course it was no business of the Squire's. He had only just met these people for the first time. He knew nothing at all about the man Cooper. But, if he was the same man who had given such valuable help the night of the accident, he was at least fairly young—in full vigor of manhood.

(To Be Continued.)

As Pitt Described It

The situation is precisely that which Pitt in one of his greatest speeches, 116 years ago, described. The nation will echo his words today: "I see no possibility at this moment of concluding such a peace as would justify that liberal intercourse which is the essence of real amity; no chance of terminating the expense or the anxieties of war, or of restoring to us any of the advantages of established tranquillity. As a lover of peace, I will not sacrifice it by grasping at the shadow, when the reality is not substantially within my reach. Why, then, do I refuse peace? Because it is deceptive, because it is perilous, because it cannot exist."—London Daily Mail.

His Besetting Sin

Old John Bates, an Edinburgh upholsterer, was renowned for his silence. People who had been his customers for a generation had, many of them, never heard a word from him, except "Good morning. Five shillings. Thank you. Good day."

A patron one day said to John:

"What's the best kind of mattress?"

"Hair," was the reply.

The patron, some twenty years later had occasion to buy another mattress, and again asked what the best kind was.

"Cotton," said John.

"Cotton!" the patron cried. "Why you told me twenty years ago that hair was the best."

The old man gave a quaint sigh.

"Talking has always been my ruin," he said.—Tit-Bits.

A French aviator has placed a pneumatic buffer in front of the seat of his aeroplane to lessen the shock should he strike the ground heavily.

Good Hunting

A young Swede appeared at the country judge's office and asked for a license.

"What kind of license?" asked the judge "A hunting license?"

"No," was the answer. "Aye tank Aye bane hunting long enough. Aye want marriage license."—Everybody's Magazine.

Gin Pills
FOR THE KIDNEYS

MARTYR TO PAINS IN THE BACK

Halifax, N.S., Jan. 15, 1916.

About *eight months ago* I read your advertisement in one of the Halifax papers offering a free sample of Gin Pills for the Kidneys. *I had* been a martyr for years to intense pains across the back and decided to try Gin Pills. Before I had finished the third box I found myself for the first time in years perfectly free from pain.

Yours sincerely,
Mrs. (Jane) Percy.

All druggists sell Gin Pills at 50c. a box, or 6 boxes for $2.50. Sample free if you write to

NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED
Toronto, Ont. 68

The Only Way

The Irish sergeant had a squad of recruits on the rifle range.

He tried them on the five-hundred-yard range, but none of them could hit the target. Then he tried them on the three-hundred-yard, the two-hundred-yard, and the one-hundred-yard ranges, in turn, but with no better success. When they had all missed on the shortest range he looked around in despair. Then he straightened up.

"Squad attention!" he commanded. "Fix bayonets! Char-r-ge!"—Everybody's.

Counter Check Books

Of Every Description

and for every line of business. Our books are the Standard of Quality and used from Coast to Coast.

We Specialize on CARBON COATED or BLACK BACK BOOKS, and what we make are the best to be had in Canada.

Duplicate and Triplicate Separate Carbon Leaf Books, in all sizes

Duplicate and Triplicate Carbon Back Books, in all sizes

O. K. Special Triplicate Books, patented

Write us for Samples and Prices before placing your next order, or see our agent, the proprietor of this paper.

Waxed Papers and Sanitary Wrappers

FOR ALL PURPOSES

Waxed Bread and Meat Wrappers, plain and printed. Confectionery Wrappers. Pure Food Waxed Paper Rolls for Home Use. Fruit Wrappers, Etc.

Write for Samples of our G. & B. WAXED PAPERS, used as a meat wrapper, It is both grease and moisture proof and most reasonable in price.

Genuine Vegetable Parchment

FOR BUTTER WRAPPERS

We are large importers of this particular brand of paper. Our prices on 8 x 11 size in 1,0M quantities and upwards are very low, considering the present high price of this paper. We can supply any quantity printed "Choice Dairy Butter" from stock. No order too large or too small to be looked after carefully.

Our Machinery and Equipment for Waxing and Printing is the most modern and complete in Canada, and ensures you first-class goods and prompt service.

Appleford Counter Check Book Co.

LIMITED

Hamilton - - Canada

Offices: Toronto, Montreal, Winnipeg, Vancouver

Sore Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Interesting Alternatives

The Paris Gaulois publishes the following statement by a prominent Swiss baker:

"You must hold on and do nothing rash. The depression of the mark is obvious, and more is to come. We know here that your enemies are in a desperate position and that what they have done in Roumania has given them no decisive result, and their chiefs are now reduced to saying: 'We fight only now for our lives.' They know they are done for. Think what the fate of their rulers will be! If victorious they may be assassinated. If vanquished the scaffold awaits them."

AN EXCELLENT MEDICINE FOR LITTLE ONES

Baby's Own Tablets are an excellent medicine for little ones. They sweeten the stomach; regulate the bowels, break up colds and simple fevers, cure constipation and make teething easy. Concerning them Mrs. E. Quinn, Parame, Que., writes:—"Baby was troubled with constipation and nothing helped him till I began using Baby's Own Tablets. They are an excellent medicine for little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

One of Those "Sure Things"

"A friend of mine has a great scheme"

"I can suggest a better one"

"What is it?"

"Don't invest in the scheme."

Minard's Liniment Cures Diphtheria.

German Faith in Terrorism

History and the experiences of the present war prove that Germany's excuse of necessity for using submarines against merchantmen and making no prizes has been purely psychological. In all probability if Germany had clung to the old methods and had observed the old rules of humanity, using submarines merely to menace warships and employing surface vessels to attack commerce, she would be much nearer victory today than she is. The German submarine methods have developed, not from necessity, but apparently because they appealed to the same bent in the official mind which also has shown itself in the use of the Zeppelins and the oppression of Belgium—a mental process which reasoned that victory might most quickly be achieved by terrorism.—Buffalo Express.

HAVE YOU ECZEMA?

Would you like to end that terrible itching, that burning pain; to heal those horrid sores?

You have tried all sorts of fatty ointments, lotions and powders. Put them aside now and give Nature a chance as represented by Zam-Buk.

Zam-Buk is made from herbal essences; is a natural healer. Is not something you have to send to the end of the world for, and pay a heavy price! Every druggist will sell you Zam-Buk and for 50c. only. Just give it a fair trial and incidently give yourself ease by the quickest route. See name on box:—

ZAM-BUK

The Heart of a Piano is the Action. Insist on the

Otto Higel Piano Action

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES And How to Feed

Mailed free to any address by the Author

H. CLAY GLOVER CO., Inc. 118 West 31st Street, New York

Good Old Times

Scarcity of potatoes makes us think of times long ago when the all-important tuber was known only to American Indians and wild swine or other wild animals that grubbed it up. Our Saxon ancestors got along without potatoes, corn, peaches, turkey, rice, bananas, oranges, lemons, sugar and tobacco. No chocolate, bonbons, no cigarettes in those days! No tea or coffee. Was there good butter? Some of us get along without a number of these things, too; but our ancestors were not tantalized by the sight of them heaped up in fascinating shop windows, with impossible prices ticketed on them. There could not have been any H. C. L. problem in such a time. Eggs and milk were probably almost free when our ancestors worried along without a lot of present day luxuries.—London Advertiser

FROST BITES

Easily and Quickly Cured with

EGYPTIAN LINIMENT

For Sale by All Dealers

DOUGLAS & Co. Prop'rs. Napanee, Ont.

Taken at His Word

Sarcastic Father—Julia, that young man Riley has been here three nights in succession, and it has been nearly midnight when he left. Hadn't you better invite him to bring his trunk and make his home with us?

Innocent Daughter—Oh, papa, may I? It is just what he wanted, but he was too bashful to ask you. He'll be delighted when I tell him this evening.

Catarrhal Deafness Cannot be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tuoe. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Cure acts through the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hall's Catarrh Cure. Circulars free. All Druggists, 75c.

F. J. CHENEY & CO., Toledo, O.

His Allegiance

Two huge colored men lived in a precinct at Evansville during a campaign in which a certain politician ran for mayor.

"Who is you fo' anyhow?" asked one of them one morning when he met the other. "How's you goin' to vote in de 'lection?"

"Why, I'se fo' Smith that's who I'se fo'—and you already knowed it. Why you ask me dat?"

"Yes, you's fo' Smith. I know who you's fo' all right. You's fo' Sale; dat's who you's fo'."—Argonaut.

Asthma Cannot Last when the greatest of all asthma specifics is used. Dr. J. D. Kellogg's Asthma Remedy assuredly deserves this exalted title. It has countless cures to its credit which other preparations had failed to benefit It brings help to even the most severe cases and brings the patient to a condition of blessed relief. Surely suffering from asthma is needless when a remedy like this is so easily secured.

The Cult of Militarism

German Psychology so Gross and Perverted That It Has no Parallel in Modern Times

The Germans had for years been preaching the doctrine and the cult of militarism and infusing the virus of organized brutality into the minds of their people. This had not been the act of a small clique or school of men, but their historians, professors, literary men and learned men had been engaged in a conspiracy to produce the result. Books which preached the doctrine of brute force, material arrogance, and world-wide dominion, were circulated and read by hundreds of thousands of people in Germany almost unknown to the people of this country, whose knowledge of German literature had been largely confined to the great writers of the past. After years of this, suddenly war broke out, and we found the revelation of this spirit in the acts and conduct of the people. We now know there was no crime so black, no atrocity so revolting, that would not be perpetrated by the German people, and perpetrated with pride and self-congratulation. We were dealing with a psychology so gross and perverted that it had no parallel in modern times.—Lord Curzon.

Minard's Liniment Cures Garget in Cows.

A rich manufacturer of asbestos took a house just across the street from a sweet-spirited old lady, and his family proceeded to enjoy itself in what seemed to her a very worldly fashion.

But the old lady was never known to speak ill of anyone, even when her neighbors played tennis on Sunday. She only said:

"Dear me! they must have great faith in their asbestos."

Lost His Balance

Octavius—Yes, I had a little balance in the bank, but I got engaged two months ago, and now—. Gerald—Ah, love makes the world go round. Octavius—Yes, but I didn't think it would go round so fast as to make me lose my balance!

Miller's Worm Powders destroy worms without any inconvenience to the child, and so effectually that they pass from the body unperceived. They are not ejected in their entirety, but are ground up and pass away through the bowels with the excreta. They thoroughly cleanse the stomach and bowels and leave them in a condition not favorable to worms, and there will be no revival of the pests.

A Difficult Question

Catherine seemed such a reliable girl that Mrs. Moran had no hesitency in leaving her in charge of the children while she went for a long drive.

"How did they behave during my absence," she asked on her return.

"Beautifully madam," Catherine replied, "but in the end they fought terribly."

"Why on earth did they fight?"

"To decide which was behaving best."

Medical Use of Alcohol

It is very necessary to state definitely that a narcotic such as alcohol, possessing possibilities for the initiation of habits and methods of life which may be productive of infinite evil, should never be self-administered and must only be employed as a therapeutic agent under strict and scientifically directed medical supervision.

Even the generally accepted view that alcohol was desirable if not necessary for the advanced in life, an opinion expressed in the saying that "Wine is the Milk of Old Age," is now being discarded and declared by experts to be "a great and dangerous fallacy."—T. N. Kelynack, M. D.

Thousands of mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

Contractor—I'm employing all the men I need right now.

The Ragged Applicant—Seems to me you could take on me, the little work I'd do—The Siren.

Celluloid wings for aeroplanes, said to be so transparent that they are invisible 300 feet in the air, have been invented by a German engineer.

Wood's Phosphodine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old Veins. Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

THE NEW FRENCH REMEDY. No.1 No.2 No.3.

THERAPION Used in French Hospitals with great success. CURES CHRONIC WEAKNESS, LOST VIGOR & VIM, KIDNEY, BLADDER DISEASES, BLOOD POISON, PILES. EITHER NO. DRUGGISTS or MAIL $1 POST 4 CTS. FOUGERA Co. 90 BEEKMAN ST. NEW YORK or LYMAN BROS. TORONTO. WRITE FOR FREE BOOK TO DR. LE CLERC MED. CO. HAVERSTOCK RD. HAMPSTEAD LONDON ENG. THE NEW DRAGEE IT A TASTELESS FORM OF EASY TO TAKE SAFE AND THERAPION LASTING CURE. SEE THAT TRADE MARKED WORD THERAPION IS ON BRIT. GOVT STAMP AFFIXED TO ALL GENUINE PACKETS.

Will Take 503 Years to Survey Water

It will take 503 years to make a complete survey of the waters of Alaska, California, Washington and Oregon, according to estimates made by Superintendent E. Lester Jones, of the United States coast and geodetic survey. The estimates are based on progress made with the present facilities. It will take 333 years to complete the survey of Alaskan waters and 170 years to chart the waters of Washington, Oregon and California, he says.

SCHOOL days are anxious days for parents as well as for children.

At the most critical time in their lives girls, and boys, too, are subjected to the enormous nervous strain which examinations and excited ambition entail.

To many children this means nervous breakdown, with weakness of the digestive system, headaches, fainting spells, and a run-down condition, which makes them fit subjects for coughs, colds and contagious diseases.

The blood has become thin and watery, and the nerves are being starved, as is evidenced by weakness of the optic nerve and the necessity of wearing glasses

The rational treatment for this condition is Dr. Chase's Nerve Food. While gentle and natural in action, this food cure is wonderfully potent in restoring strength and vigor to the exhausted nervous system.

Experience with many thousands of cases has proven that this restorative treatment is just what pale, weak, nervous children need to build up their systems and to help them back to health and vigor.

Mrs. H. Houston, Highland Grove, Ont., writes: "While attending school my daughter became weak and very much run down. She was frequently troubled with bad fainting spells, and nothing we tried seemed to do her any good. We were advised to try Dr. Chase's Nerve Food, and did so with most satisfactory results. I am pleased to tell you that after using five boxes of the Nerve Food she was completely cured, and has had no return of the fainting spells."

This statement is certified to by Mr. Hamilton Houston, J.P.

50 cents a box, 6 for $2.50, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

Do not be talked into accepting a substitute. Imitations disappoint.

532

Dr. Chase's Nerve Food

The Courtenay Review

And Comox Valley Advocate
A Weeky Newspaper, Pubished at Courtenay, B. C.
N. H. BODEN, Editor and Proprietor
Subscription $1.50 per Year in Advance

THURSDAY MAR, 29, 1917

The dramatic overthrow of pro-German, re actionary and anti-democratic influence in Russia will we think, be followed by a similar but bloodier revolution in Germany It is possible to keep under the aspirations of a people by the bribe of a war of conquest or by the plea of the stress of war but the German cannot be any longer under any delusion concerning the first, while the action of the Russian people must appeal to them. That news will filter through in spite of all the censors, while the casualty lists and the ceaseless stream of wounded and maimed men cannot be censored at all. It is hard to convince even a militarism fed people that an invincible army has had to abandon impregnable positions, held for two years, merely for reasons of strategy When the delayed awakening does come to pass, it will wreak a terrible vengeance upon the ruling caste in the Fatherland

In a four column speech Premier Brewster told the House at Victoria how he was going to do away with the patronage system. The speech was just as clear as mud, and it will be as easy for the camel to go through the eye of the needle as it will be for a Conservative to get a job under the present government,

The City Council held a special meeting on Monday evening to receive the report of Accountant Griffiths, of Victoria' in the matter of the cost price of the Courtenay Electric Light Company, He finds that the total cost of the plant chargeable to the city is $11,168.84 There is a further cost of $2,232.77 which he has not sufficient material on hand to allow, but as portions of which will likely be allowed by the City when the time comes to make the agreement. Thus if the Auditor's figures stand it will cost $12,961, if not it will cost $16,752 It it likely a by-law will be put before the people at an early date.

Comox

We are glad to hear that Mr, J, V. Knight of Point Holmes is not suffering much inconvenience resulting from the runaway of his horse on Sunday last.

Mr. E, Bourne was on a business trip to Vancouver last week.

Mrs. A. Grist returned by Sunday's boat. She expects her husband home in a month's time, He joined the 102nd Batt , and is returning home wounded.

Inspector Haines of the Post Office paid paternal visits to the local post offices last week.

Miss Creeden has been confined to her oom for a few days. She is progressing favorably, and will resume her duties at the school in a few days,

Cut off the eye part of the potato and save for seed, eating the balance—but first catch your potato The science of eating is one of the future—the stomach is going to do less dictating, and the head more.

"Big" Frank from the logging camps is taking a rest at St. Josephs hospital.

Frank Everett, who was a patient at St. Joseph's hospital, has gone to St, Joseph's Hospital, Victoria, for further treatment.

Mack Grant, who underwent an operation on his leg is improving nicely.

An intertainment in aid of the Red Cross and Diocesan mission funds will be held at Martin's hall on Wednesday, April 25th. A matinee will be given at 2,30 p. m. Tea will be served at 15c per head after the performance. In the evening the program will be repeated at 8 o'clock, to be followed by a dance.

Sister Annunciatta one of the nursing sisters of St. Joseph's hospital, died on St Patrick's day, after a lingering illness. The funeral took place on St. Joseph's Day to the Roman Catholic cemetery, The pall bearers were the Sisters of the Institution. Sister Annunciata was the first sister of this Ordee to be buried in the west. In private life she was Miss Williamson of Toronto, and was a graduate of St Eugene's Hospital Cranbrook where she served three years, coming to Comox about two years ago, where her exemplary conduct made her a favorite with all in whom she came into contact.

The cost of living may be very materially lessened and the health of the whole family greatly improved by the following directions given below:

Take a cuptul or so of the finest quality white wheat (the whole grain in its natural state) and soak it in cold water for twenty-four hours Then boil it, or allow it to simmer on the stove during the afternoon and leave it on the stove all night. Heat up for five minutes for breakfast and serve with milk. It forms a perfect and most palatable food, and the best wheat costs only four cents per lb. or $3 50 per 100 lbs.

Campbell's

Easter Opening
Friday Mar. 16
of
Millinery
Easter Neckwear
Dress Goods
Easter Gloves
Ready-to-Wear Garments
Easter Novelties
Campbell's
CUMBERLAND

BEST FAMILY PATENT
ROYAL STANDARD
VANCOUVER CANADA

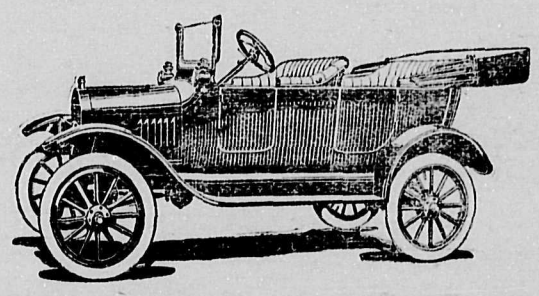
ROYAL STANDARD FLOUR

"The Flour With the Guatantee"
Your money refunded if not the equal of any other flour manufactured, irrespective of Price.

MADE IN BRITISH COLUMBIA

Royal Standard Grain Products Agency
Phone 33, End of Bridge B. Towler, Mgr.

DR. C. H. INKSTER
SURGEON DENTIST
SPECIALIST IN
Crown and Bridge Work
Painless Extraction
Fees Moderate All Work Guaranteed
Office Open Tuesday, January 9th
KING BLOCK
CUMBERLAND, B. C.



Touring $495 ; Runabout $475
F. O. B. Ford, Ont.
E. C. Emde, Dealer for Comox District
Auto, Launch, Motor Cycle, Gas Engine and Bicycle Supplies, Repairing, etc.
THE FORD GARAGE
Phone L46 Courtenay

S. ODA
Ladies and Gent's Tailor
New Spring Goods Now on Hand
McPhee Block - Courtenay

"There's Nothing Gained by Waiting."

Was never truer than to-day with reference to clothing. All the new samples are on hand. Prices cannot go lower for many moons, Why not place your order now ?

I guarantee to fit and satisfy you.

I want nothing but SATISFIED customers.

I will send for your repairs.

R. WILLOUGHBY
Tailor to Women and Men
COURTENAY
Union Bay Road

Speak Easily and Directly Into the Telephone

Even telephone men of long experience are surprised at the greater voice distinctness when speaking directly into the telephone. When you speak directly into the telephone, a lower tone of voice can be used and your friend can hear easily.

Moreover, when you speak lower, the actual tone qualities of your voice are transmitted. When you speak loudly you unconsciously adopt an unnatural tone of voice, with the result that much of that intimacy that should be associated with face-to-face talk is lost.

A close position to the telephone means easy talking and easy hearing.

British Columbia Telephone Co.

Esquimalt & Nanaimo Railway

Easter Holiday Excursion Rates
will prevail on the E. & N.
Good Going on April 4th, 6th and 9th
Final Return April 9, 1917
Fare and One-Fifth for Round Trip
For information regarding your trip to Eastern Canada, the United States, or Europe, please communicate with
Phone R 60 D. B. NICKERSON Agent courtenay,

R. M. GLAZBROOK
ACCOUNTANT
Accounts Audited and Books Kept
Office with Hicks Beach & Field

CIDER MILL
I have just installed a cider mill and am prepared to make cider every day. Bring your apples and cider vessels.
L. DUNHAM.

Sinless Soles Attached
Speechless Tongues inserted
JAMES E. ASTON
Practical Shoemaker and Repair
Next to Hardy & Biscoe

GRAND DISPLAY
at
Willard's Harness Emporium
Fine Showing of Horse Blankets, Lap Rugs, Gloves, Trunks, Suit Cases, Etc.
Harness Repaired Neatly
W. W. WILLARD
Cumberland and Courtenay

PIANO & ORGAN
Tuning and Repairing
W. J. GOARD
Here about April 1
Leave orders at Review office

GRIEVE and DARGIE
Ice Cream
Candies,
Cigars,
Pipes,
Tobaccos
Swan's Old Stand, Courtenay

Love and reason are seldom on speaking terms.

Letter From the Front

To the people of Courtenay, Comox, and Campbell River,
Dear friends;—

I want to thank you one and all on behalf of the boys and myself for what you have done for us since we hit the trenches. We are doing our bit, but the people at home are certainly doing their bit also. The work I am doing is a little different from shoveling snow in Courtenay, and the snowballs I throw are a little harder, but I have just as much fun out of them, but of course you don't want to hold them too long because they may melt, and instead of getting cold they get hot, but they are generally over by Fritz when they get hot,

I will have to close now friends, or you will think I am getting to be an awful boy.

Best regards to all the girls,
Corporal Robert Swanson
Bomber.

COURTENAY TAILOR

We have an Exhibit of a Large Assortment of New Patterns

HANEY T. KUSHIDA

Store Between Bridges

Courtenay

SUTLIFF

Gents' Furnishing Store

We are going to lead while others follow, with

Hart, Schaffer & Max Clothes

We have a full line of Samples to choose from

We would like you to give us a call and see for yourself. We also have a full line of Children's Shoes at all Prices

Remember what we havn't got we will get for you

Sutliff Gents' Furnishing Store

B.C. Coast S.S. Service

Easter Holiday Excursion Rates

Going Dates April 4th, 5th, 6th and 7th, 1917
Final Return April 12th, 1917

Fare and One-Third for Round Trip

SCHOOL VACATIONS

Good going March 28th to April 9th, inclusive
Final Return April 23rd, 1917

Fare and One-Third for Round Trip

Teachers' and Pupils' Certificates can be secured from Agent E, & N. Courtenay

H. W. BRODIE,
General Passenger Agt., Vancouver

FLOUR & FEED

I beg to announce that I have opened a Flour and Feed Store on Mill Street, Courtenay, and will be pleased to supply your needs in

Wheat and Flour, Bran, Shorts
Hay, Straw, etc.

A CALL RESPECTFULLY SOLICITED

Frank Movitz.

COURTENAY, B.C.

On Saturday morning Constables Hannay and McDonald raided a Chinese gambling and opium den at Chinatown, Bevan, They secured a lot of smoking and gambling apparatus, a quantity of money and fifteen Chinks, but very little opium was found. They were haled before Magistrate Bickle, where they were fined from $10 to $50 and costs each. The money and appliances seized were forfeited to the Crown. Again on Wednesday night they visited another Chinese rendezvous at Cumberland Chinatown, where they arrested twenty-eight chinamen who are charged with gambling and frequenting. They will be tried this afternoon by Magistrate Bickle, P. P. Harrison will prosecute for the Crown.

Six chinese will be charged on Friday morning with violating the Lord's Day Act, in keeping their stores open on Sunday.

The British Board of Agriculture have received the following information from the International Agriculture Institute:

The production of potatoes for the current season in France, United Kingdom, Italy, Netherlands Canada, United States and Japan is estimated at 564,219,000 cwt. or 21.4 per cent below the average crop in the years 1909—1913

The Australian wheat crop is 96,863,000 cwt. and increase of 58.5 on the average production in 1909-13.

The areas sown with wheat and rye in France are 10,569,000 acres and 2,046,000 acres respectively. These estimates, as compared with last years acreages, represent decreases of 15 per cent in the case of wheat and 10 per cent in the case of rye.

Good Cows Plus Fifty per cent

The man familiar with with cows may make a fairly close estimate of what any one in a given herd will will give, possibly per day, per month, or per year. Does it follow she is the "best" cow? It depends somewhat on what the owner is after: he may look for a large flow of milk, he may require plenty of cream, or, wisely, he may expect a substantial profit above the cost of feed. So your cows, as a herd may average 6,000 pounds of milk and 200 pounds of fat, but is each one earning a good profit? Cow testing, checking up of each individual, will answer this and many other questions. It will also help, as it has helped many dairymen, to add at least fifty per cent to their income from the same number of cows, because they keep those that are known to be efficient Your average may be 7,000 pounds but in three years you can make it over 10,000 pounds, but it won't unless each one is up to a good standard, Write the Dairy Commissioner, Ottawa, for milk record forms. Your letter does not need a postage stamp.

Your cow that stands in the third stall may have deceived you. When she freshened last June she very likely gave about thirty-five pounds of milk a day and you thought her possibly the best cow out of the eighteen you own But she may have dried off rather early and you have overlooked the fact in the light of her good flow in June: you remember she was 9 yrs, old and a fine looking, quiet cow, easy to keep

Now think of Eliza Jane. homely, 11 years old, who has never made a big record for a day or a week. But recall the fact that she stuck to the job splendidly and gave a fairly goood mess per day right through her ten months.

Two actual records in an Ontario herd by the Dairy Division shew that, with milk at $1 60, cow No. 3 brought in $72.66 from her 4,541 lb. of milk and 148 lb. of fat, but cow No. 14 brought in from her 6,625 lb. of milk and 225 lb. of fat just $106.80. It will pay to keep records of each cow for the full period of lactation. Write for milk record forms, they are free, and find out if some cows you own bring in $34 more income than others.

NOTICE

The Blacksmithing Business carried on by McKenzie & Mooring has been dissolved. The business will be carried on in future by the undersigned, to whom all accounts are payable. First-Class work is still the watchword at this shop.

BEN MOORING

Designed this year it will ornament and enhance the good appearance of the tidiest kitchen in all Canada.

McClary's Kootenay Range

Come in and I'll show you why the Kootenay stays as good as new long after other ranges have to be repaired or replaced.

860

For sale by C. H. Tarbell & Son, Courtenay

Tenders Wanted

Tenders will be received up to the 7th day of April for the buttermilk from the Creamery. Envelopes to be marked "Tender for Buttermilk." The highest or any tender not necessarily accepted.

COMOX CREAMERY ASS'N.
Courtenay, March 29, 1917

Notice of Examination for Assistant Forest Ranger

Examination of applicants to fill the position of Assistant Forest Ranger will be held by the Lands Department as follows: "Campbell River April 17th; Courtenay April 18th."

For information regarding the examination and application forms apply to the Chief Forester, Victoria.

Court of Revision

CITY OF COURTENAY

NOTICE IS HEREBY GIVEN THAT the first sitting of the Court of Revision on the Assessment Roll for 1917, as prepared by the Assessor, will be held at the City Hall, Courtenay, B.C. on Monday, the 30th day of April, 1917, at the hour of 7 o'clock p.m.

Appeals, stating grounds thereof, must be made in writing to the assessor at least ten days previous to the sitting of the Court.

Dated at Courtenay this 20th day of March, 1917.

W. A. W. HAMES,
Assessor

Tenders Wanted

Tenders are wanted for the cutting and filling in of certain portions of Union street as shown on profile on file at the City Hall. For full particulars apply at the City Hall or Chairman of the Works Committee. All tenders must be in the hands of the city clerk on or before Saturday, the 31st day of March, 1917. Lowest or any tender not necessarily accepted.

Dated at Couttenay this 20th day of March, 1917.

W, A. W. HAMES,
City Clerk.

Tenders Wanted

Tenders are wanted by the undersigned for the dressing, painting and erecting of the city flag staff. For full particulars apply at the city hall. Lowest tender not necessarily accepted.

Dated at Courtenay this 20th day of March, 1917.

W. A. W. HAMES,
City Clerk

Publie Notice

NOTICE is hereby given that from and after this date the provisions of the Early Closing By-Law must be strictly observed.

Dated this 14th day of Mareh, 1917,
W. A. W, HAMESs
City Clerk.

HEADQUARTERS FOR

Buggies and Express Wagons

All Rigs Guaranteed and Sold at the Lowest Possible Price

GEORGE B. LEIGHTON

Blacksmith ard Carriage Builder COURTENAY

Presbyterian Church

St. Andrews' Sandwick
Service 2 p.m. Sunday School and Bible Class 3 p. m.
Courtenay
Sunday School and Bible Clas 10:30 a. m. Evening service 7:30 p. m. All welcome

THEED PEARSE

Barrister and Solicitor, Notary Public.

Phone 6 Courtenay

Cumberland Hotel

Good Accomodation Cusine Excellen

Wm. Merryfield
Proprietor

Palace Livery & Feed Stable

Horses and Buggies for Hire a

Terms cash.

We also attend to wood hauling

JAS. CAIRNS & SON
Proprietors
Courtenay Phone 25

Do You READ?

The Courtenay Review
Family Herald and Weekly Star
and the Daily Province
for one year

for $6

First-Class Plumbing

Hot Water and Steamfitting

Jackson & Whittle

Phone 9 Courtenay

APPLY TO
RICHARD CREECH
FOR
Sand and Gravel
Rates Reasonable

EXCELSIOR

INSURANCE **LIFE** COMPANY

Is Issuing a New Policy Contract With Up-to-date Privileges

If you are buying Insurance, see our Policy first

HEAD OFFICE: TORONTO

Men Wanted for the Navy

The Royal Naval Canadian Volunteer Reserve, wants men for immediate service Overseas, in the Imperial Navy

Candidates must be from 18 to 38 years of age and sons of natural born British subjects.

PAY $1.10 per day and upwards. Free Kit. Separation allowance, $20.00 monthly.

Experienced men from 38 to 45, and boys from 15 to 18 are wanted for the CANADIAN NAVAL PATROLS.

Apply to,

The Nearest Naval Recruiting Station or to the Department of Naval Service, OTTAWA.

VETERINARY COURSE AT HOME

Taught in simplest English during spare time. Diploma granted. Cost within reach of all. Satisfaction guaranteed. Have been teaching by correspondence twenty years. Graduates assisted in many ways. Every person interested in stock should take it. Write for catalogue and full particulars . . . **FREE**

London Vet. Correspondence School

Dept. 59 London, Ontario, Can.

More About the H. C. of L.

With all commodities soaring in price, it behoves the buyer to look for full value in every article.

When buying matches specify—

EDDY'S

Their quality is beyond question; but besides this, every box is a generously filled box.

Look out for short-count matches. There are many on the market.

Avoid imposition by always, everywhere, asking for EDDY'S.

Captain Frightened German Cruiser

Commander D. R. Kinneir, of the Pacific Steam Navigation Company, has died suddenly in Liverpool. Early in the war, he distinguished himself by successfully navigating the liner Arega, 8,000 tons, through over a hundred miles of unchartered and dangerous waters in the Straits of Magellan, South America, to escape from a German cruiser, which did not dare to follow him. Thus his daring saved not only his ship, but also the services of 300 French reservists who were on board. For his gallant seamanship Commander Kinneir received the D.S.O. from the King, a gold watch from the French government, and, among other recognitions of his exploit, a silk Union Jack subscribed for by children.

"I am proud to say that my grandfather made his mark in the world," remarked a conceited youth. "Well, I suppose he wasn't the only man in those days who couldn't write his name?" replied his friend.

Won Promotion Through Censor

The devices of the soldier at the front for evading the censor are legion. The carefully thought out arrangement of words to indicate, to the eyes of the initiated, his whereabouts, and the judicious disposal of pinpricks to serve the same worthy purpose, have been practiced everywhere. It was, however, reserved for a certain corporal, in a certain regiment, in a certain place, to make use of the censor to gain promotion. The corporal had ideas of bayonet fighting and, lacking opportunity to win recognition for them, he wrote a long disquisition on the subject to his mother. Within a few days he was orderd to take the whole company in bayonet fighting He was an instant success, got his third stripe, and was placed in charge of that branch of the company's training.—Christian Science Monitor

Rub It in for Lame Back.—A brisk rubbing with Dr. Thomas' Electric Oil will cure lame back. The skin will immediately absorb the oil and it will penetrate the tissues and bring speedy relief. Try it and be convinced. As the liniment sinks in the pain comes out and there are ample grounds for saying that its touch is magical, as it is.

Natural Result

"I understand Blank doesn't stammer so much since he got married"

"Of course not; he gets fewer chances to talk than he used to."

Minard's Liniment Cures Colds, Etc.

Fighting in Clouds

In Flanders men fight underground in trenches and dugouts, while in Italy they battle up in the clouds on mountain tops and passes. On the sides of these mountains trenches have been hewn out of the rock as a defence against the enemy, who are obliged to advance over the open mountain when attacking.

Field guns are got over the gorges by means of cable way, and the wounded are sometimes removed in the same manner. The men have to work amid snow and ice, and at times heavy clouds descend over the mountains.

Often a tremendous explosion occurs, and when the clouds lift they will reveal a mountain from which the top has disappeared. Mining operations have been in progress, and the charge of explosives has altered the face of nature.—Montreal Mail.

"Nobdy c'n say our town ain't literary," said the old cowman. "No?" asked new arrival. "No, 'cause we killed a poet here once, just so we could build a monument to him."

BY OUR BLOOD WE LIVE

If you tire easily, are subject to cold hands or feet—if you catch colds readily or have rheumatic pains—your blood or circulation is probably at fault and you need

SCOTT'S EMULSION

OF THE PUREST COD LIVER OIL

which is nature's easily-assimilated food, to increase your red corpuscles and charge the blood with life-sustaining richness. *Scott's* creates warmth to throw off colds and gives resistance to prevent sickness.

Always Insist on SCOTT'S. Every Druggist has it.

SCOTT & BOWNE, Toronto, Ont. 16-13

Americans Ruin Nervous System

Life Insurance Companies Say Health Is Deteriorating

We Americans, it seems, are little better physically than a race of mollycoddles. Our muscles are flabby from lack of use and our nervous systems and digestive organs are ruined from excesses. We are mostly too fat, and our average span of life is only 40 years. Yet, despite these facts, those discriminating men who write life insurance and have the differentiating of good, bad and indifferent "risks" down to a science, admit that they have written more life insurance upon American risks than upon the people of all the rest of the world put together, though the American population is only about one-fifteenth of the whole.

Those are a few of the facts revealed at the recent meeting in New York of the Association of Life Insurance Presidents. The 200 delegates represented about 80 per cent. of the larger companies of the United States and Canada, which place approximately ninety per cent. of the 24 billion dollars of old time life insurance now in force in this country. —New York Herald.

WOMEN WHO SUFFER

Can Obtain New Health Through the Use of Dr. Williams' Pink Pills

Every woman at some time needs a tonic. At special times unusual demands are made upon her strength. Where these are added to the worry and work which falls to her lot weakness and ill health will follow unless the blood is fortified to meet the strain.

Weak women find in Dr. Williams' Pink Pills the tonic exactly suited to their needs. Most of the ills from which they suffer are due to bloodlessness—a condition which the Pills readily cure. These pills save the girl who enters into womanhood in a bloodless condition from years of misery, and afford prompt and permanent relief to the woman who is bloodless, and therefore weak. Mrs. Wm. H. Wagner, Rosenthal, Ont., writes:—"After the birth of my second child I suffered from troubles which most mothers will understand, without going into details. The doctor who was attending me said an operation would be necessary, but as I dreaded this and as Dr. Williams' Pink Pills had been of great help to my sister, I decided to try this medicine, and I can truly say that after using the pills for some time they made a complete cure and made life more enjoyable than it had been for a long time. I think every woman suffering from the ailments of our sex should give Dr. Williams' Pink Pills a fair trial as I know from my own case the great benefit that follows their use."

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Wiliams' Medicine Co., Brockville, Ont.

Sillicus—In trying to please a woman what is the first thing to do?

Cynicus—Make a fool of yourself over her.

Relief for Suffering Everywhere.—He whose life is made miserable by the suffering that comes from indigestion and has not tried Parmalee's Vegetable Pills does not know how easily this formidable foe can be dealt with. These pills will relieve where others fail. They are the result of long and patient study and are confidently put forward as a sure corrector of disorders of the digestive organs, from which so many suffer.

Seemed a Mistake

"I told Uncle Tom he was getting too old and feeble to attend to business."

"Did he take it kindly?"

"He threw me out of the office."—Answers.

Warts are disfigurements that disappear when treated with Holloway's Corn Cure.

British Derivations

It is interesting to remark that Major-General Sir Frederick Maurice, who was quoted the other day as of opinion that the German peace proposals were a result of the fighting on the Somme, is the son and biographer of Frederick Denison Maurice, the famous English preacher.

In England, also, minister's sons are liable to arrive.

Lloyd George is not a minister's son, but his father was a Unitarian schoolmaster. He got his early education at Llanystymdwy Church school, married a wife from Mynyddednyfed, Criccieth, and lives, when at home, at Brynawelon. Etymologically speaking, these are pretty solemn facts.—Life.

"Do you, Mr. Stacks, think that a rich man can go through the eye of a needle?"

"I don't know. I will, however, admit that my lawyers have dragged me through some very small loopholes."

You'll always have nice clean pantry shelves if you go over them occasionally with

Old Dutch

Daring British Airmen

Attacks on trains are very popular with the British Flying Corps. In spite of the bad weather Lieutenant Owen Taylor Boyd one day descended to within 350 metres in order to drop bombs on a passing train. Lieutenant Gordon Kidd descended from 2,200 metres to 300 for the pleasure of dropping a bomb on a munition train, which caught fire and blocked the line with wreckage. Lieutenant Taylor derailed a troop train. Lieutenant Gordon Gould, attacked during a reconnaissance, was wounded in the leg. In spite of the intense pain he brought down one enemy machine, severely damaged another, and then calmly continued his appointed work.

Fairville, Sept, 30, 1902.

Minard's Liniment Co., Limited.

Dear Sirs.—We wish to inform you that we consider your MINARD'S LINIMENT a verp superior article, and we use it as a sure relief for sore throat and chest. When I tell you I would not be without it if the price was one dollar a bottle, I mean it.

Yours truly,

CHAS. F. TILTON.

No Amateur

Judge—Were you ever arrested before?

Ragles—Honest, now, judge, do I look like I was a bud jest makin' me dayboo.—Columbus Citizen.

Minard's Liniment Cures Distemper.

Visitor—How long are you in for, my poor man?

Prisoner—I don't know sir.

Visitor—How can that be? You must have been sentenced for a definite period of time.

Prisoner—No, sir. Mine was a life sentence.

A new switch to control an automobile's electric lights also serves as an automobile overload circuit breaker and saves the use of a fuse block.

All Wrong

Now, look here, Alice, I know everything. You've been carrying on with another man I even know that his name is Rupert."

"How ridiculous you are! First of all I haven't flirted with anyone, and secondly, his name isn't Rupert!"

From Up Among The Yukon Snows

COMES ADVICE TO SUFFERERS TO USE DODD'S KIDNEY PILLS

Glacier Creek Lady Says They Have Been Her Stand-By for Sixteen Years and She Has Never Known Them to Fail.

Glacier Creek, via Dawson, Yukon, Can., (Special).—"North of fifty-three where doctors are long distances apart and those remedies that are a very present help in time of need are the reliance of the settlers, Dodd's Kidney Pills have established an enviable reputation. Hear what Mrs. A. Armstrong, a well-known resident of this place has to say of them:

"Dodd's Kidney Pills have been my standby for sixteen years," Mrs. Armstrong states. "Both myself and my family have the greatest faith in their medicinal qualities. When any of my friends complain of even a headache I treat them with Dodd's Kidney Pills and they never fail to do good.

"It always gives me pleasure to say a good word for Dodd's Kidney Pills."

Dodd's Kidney Pills cure all kidney ills from bachache to rheumatism, Bright's Disease and heart disease. These troubles come from sick kidneys. That's why Dodd's Kidney Pills cure them.

The Lady Visitor (to friend just married)—So you are not getting tired of studio life, eh?

The Artist's Wife—Good gracious, no! It's most interesting. Jim paints, and I cook. Then the game is to guess what the things are meant for. —London Opinion.

Instant Relief for

LIVER TROUBLE

Dizziness

Constipation

Flatulence

No liver sufferer can fail to benefit from the use of Dr. Cassell's Instant Relief. Its action is natural as nature, sure as science. It is altogether different to ordinary liver stimulants and morning salts. These weaken the liver by forcing it, till it cannot work at all without the daily dose. Dr. Cassell's Instant Relief strengthens the liver and enables the system to cure itself. Then cure is lasting.

Take Dr. Cassell's Instant Relief for constipation, biliousness, torpid liver, sick headache, dizziness, specks before the eyes, flatulence and windy spasms, acidity, heartburn, impure blood, and that dull, heavy feeling which is a sure indication of liver troubles.

Ask for Dr. Cassell's Instant Relief.

Price 50 cents. from all Druggists and Storekeepers,

or direct from the Sole Agents for Canada, Harold F. Ritchie and Co., Ltd., 10, M'Caul-street, Toronto. War tax 2 cents extra.

Dr. Cassell's Instant Relief is the companion preparation to Dr. Cassell's Tablets.

Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, England.

Dr. Cassell's

Instant Relief

LIVER TONICS
ANTACIDS
CARMINATIVES
LAXATIVES

Prepared from

SOME NAVAL LESSONS BRITAIN HAS LEARNED DURING THE GREAT WAR

WAS SEA POWER THAT SAVED THE ALLIED CAUSE

Application of Naval Strategy has been Practically Revolutionized —The Controlling Factor in the Whole War Proved to be the Latent Power of Armored Squadrons

An interesting review of the part that sea-power has played in the war and references to the lessons that naval men have learned is given by the naval correspondent of the New York Herald writing from London. He says that while the principles of naval strategy have been the same for a century, their application has been so altered as to amount almost to a revolution. The first and most obvious teaching is that sea-power has completely justified the confidence placed in it. The lesson here is an old one emphasized afresh. Sea-power has saved the Allied cause. It permits of the time and the creation of the means by which victory will be secured. The use of sea-power is demonstrated not only by the way in which the German merchant ships were swept from the oceans, but also by the manner in which the land and sea forces of the Allies are cooperating in three continents.

No one before the war would have thought that, merely by the threat or influence of the Grand Fleet away in the northern mists, great armies and all that was necessary to maintain and supply them could be moved in security all over the world. That lesson was enforced at the very beginning of the war. It has been maintained, even though an important battle has been fought without that completely decisive result in regard to the smashing of the enemy's fleet which was hoped for. The controlling factor in the whole of the war is the latent power which lies ready at hand in the armored squadrons now commanded by Admiral Beatty. That is the "sure shield" which the Central Powers must break down if they would alter the outcome of the war. Hitherto, both by the campaign of attrition and also by the "enterprise" which was frustrated off the Jutland coast, they have failed to do it, and their more subtle and insidious methods of attacking commerce by submarines, which are having the temporary success of most novel expedients, must also be suppressed in time.

Lessons that were supposed to have been learned in the Russo-Japanese War have been found to be useless or even misleading so far as the present struggle is concerned. For instance, after the Japanese attacks upon the Russians at Port Arthur it was said that torpedo craft would be the real factors in future wars, and it was expected by some that these vessels might be able to break up the Grand Fleet. They have failed not only to live up to the predictions made by their admirers, but to cut any figure at all. Shortly before the war began it is said that the naval world was much disturbed by the large increase of range made by the torpedo and its destructive power. The "deadly accuracy" spoken of three years ago is a myth. In the battle of Jutland there was no real torpedo success and Sir John Jellicoe says that a great number of them were apparently fired. Nor has the mine been much of a factor in the struggle, and it would have achieved much less than has been accomplished had it been employed by a nation adhering to civilized means of warfare. German unscrupulousness, however, has scored some successes with the mine. Neither the mine nor the submarine nor the torpedo can decide this struggle. At best they are mere aids to the battleship.

The writer says: "In the fields of action there is to be seen the interdependence of the naval and military forces. The fleets of nearly all the Allies supply ships to operate with and protect the flanks of their armies. It was the turning of their flank by the Russian fleet which materially helped to force the Turks out of Trebizond and other places in the Caucasus while it was the failure of the German fleet in the Baltic to accomplish a similar purpose that enabled the Russians to maintain their hold on Riga. There is also indicated by the events of the power. It is the mainstay of the Allies enabling them to do many things, but in itself it cannot end the war as they desire it should be ended. The comfortable reflection that 'time and the navy will do the job for us,' which had many sympathizers in the late government is fatal in its tendency, toward inertia and procrastination.

"Turning to the material, the battleship maintains its pre-eminent position in spite of every attempt to threaten its supremacy by mine and torpedo. Care has been taken to protect it from these devices, whose power has thus been nullified. The submarine has not shown itself in any way to be more than a weapon of attrition and not an entirely effective weapon even in that direction. If merchant ships were adequately armed its success as a commerce destroyer would be considerably curbed. Entirely new light has been thrown upon the battle cruiser, which novel type has justified the hopes entertained in regard to it. Connected with this success the war value of speed has been demonstrated. This was shown quite early in the war by the achievements of the German raiders in the outer seas and again when Sturdee's battle cruisers made their swift and silent journey to destroy von Spee's squadrons off the Falklands. It has also been exhibited many times in the North Sea, where and excess of speed on the part of one class of vessel over another has enabled superior armaments to be brought to bear. In the Jutland fight the fast battleships of the Queen Elizabeth type gave splendid results.

Scrupulous Cleanliness

Is the one cast-iron rule in every corner of our bakeries.

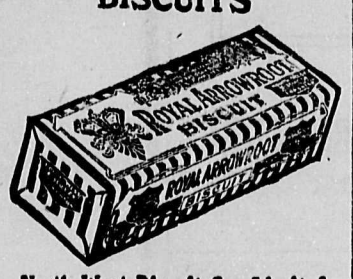
Som-Mor Biscuit

are just as clean as they look, and as wholesome as they are delicious.

In Packages Only.

Equally pure and just the thing for your children, are our

ROYAL ARROWROOT BISCUITS



North-West Biscuit Co., Limited
EDMONTON - ALTA.

Livestock Farming Wins

The Man Who Sticks to Mixed Farming Can be Certain of Success

There are too many farmers who try to be both in and out of livestock—in when livestock is a paying proposition and out when it is not. Others stick strictly to grain farming, and sell the better part of their own or their landlord's farm in the form of grain, a wagon load at a time. The farmer who wins in the long run, however, is he who keeps the number of stock his farm can support and support well, and who is always "in the game" never trying to jump in big when the outlook is unusually bright and out again when things look bad. The in and out business never pays in the long run, the one lucky strike often puts the idea into ones' head that it does, and usually it then takes two or three bad strikes to take it out.

Whenever crops are short and the exclusive grain farmer has little or perhaps nothing to sell, it is then that the farmer with livestock proves his system of farming to be the surest of profits, let come what may. Even though there is little grain to fatten the stock that is to be marketed, it is marketable without being full-fed, and brings in a sum of money that is not to be despised. True, with cattle, the farm must have pasture land or it must be available somewhere close, at a rental that is not exorbitant. With hogs, pasture can be grown from year to year, and the hog raiser should by no means overlook having the best possible and plenty of it, for the more gains that may be secured from pasture the cheaper the hog is produced.—Successful Farmer.

"I shouldn't care to marry a woman who knows more than I do," he remarked.

"Oh, Mr. Sappy," she replied, with a coquettish shake of her fan, "I am afraid you are a confirmed bachelor!"

Various Spheres of Influence in China

European Nations Hold a Big Slice of Celestial Empire

To know something of the portentous possibilities of the British and Russian policies in China one need only think of the vastness of the territories which they have staked out for themselves. Russia claims as her sphere of influence outer Mongolia (1,000,000 square miles), Sinkiang (548,000 square miles) and more than three-quarters of Manchuria (273,000 square miles). These total an area of 1,821,000 square miles. On the other hand, Great Britain claims Tibet (533,000 square miles) Szechuen (218-000 square miles), Kwantung (86,-800 square miles), and the provinces along the lower reaches of the Yangtse River (about 362,000 square miles) making a total of 1,199,800 square miles for the British sphere of influence. In the south, France claims Yunnan (146,700 square miles) as her sphere of interest. Before the war Germany claimed Shan-tung (55,900 square miles), whence she was scheming to expand in various directions.

The chief source of misconception on the part of Americans concerning Far-Eastern affairs lies in their ignorance of Chinese geography. Open the map of China, mark out the spheres of influence established by European powers, and compare them with the Japanese sphere. Then you will begin to wonder why it is you make so much ado about Japan's activities in China. As against England's 1,199,800 square miles, and Russia's 1,821,000 square miles, Japan's sphere of influence consiting of southern Manchuria (90,000 square miles) eastern inner Mongolia (50,-000 square miles), Fu-kien (46,000 square miles), and a portion of Shantung (18,600 square miles), totals 204,600 square miles.—K. K. Kawakami, in the Century.

Japan's Shipbuilding Power

Have Developed Such a Degree of Efficiency That Their Ships Compare Well With the British

Japan as a shipbuilding power is making rapid progress. Mr. Nakabashi Tokugoro, the greatest living authority on the mercantile history of Japan, predicts that for the next three years Japan will make a delve into the needs of the Pacific and place ships on her waters equal to any that can be built out of Great Britain.

Thanks to the demands due to the war, all ship-building yards in Japan have done record work and effected extensions and improvements. The Mitsu Bishi Dockyard, the Kawasaki Dockyard and the Osaka Iron Works are fully equipped for building ships of any size, and each is trying hard to outrival the other in its appointments.

The Japanese naval architects and the workmen in the yards are now practically independent of their western instructors. Formerly their duty lay essentially in copying or converting the models given by British and other foreign masters in the art of shipbuilding.

The war conditions compelled the Japanese engineers to rely on their own resources, and for certain materials which they had formerly obtained exclusively from abroad, they have had to find substitutes, and that in the shortest possible time. They have been taught by experience that a considerable saving could be effected both in the quantity of materials and the amount of labor needed to complete particular sets of work. In fact, they have developed a degree of efficiency essentially their own.

The result is that Japanese ships compare well with English-built ships, not only in cost but in workmanship as well. In the manning and management of ships the crucial experience of the past two years has taught the Japanese owners to economize labor without decreasing the efficiency of the men employed. Before the war, it was common knowledge that a greater number of hands were required in managing a Japanese ship than would be the case were British or other foreign sailors employed. The heavy work they had to go through has unwittingly enhanced the working capacity of the Japanese sailor. Now, instead of three sailors in charge of a donkey engine only one is required on most steamships.

The old farmer, with his seventeen-year-old son, entered the editor's office and said: "This boy of mine wants to go into the literary business. Is there much money in it?" "Well, yes," said the editor, "I've been in it myself for twenty years and—" Whereupon the farmer eyed him from head to foot, glanced around the poorly-furnished office, surveyed the editor once more, and then, turning to his son, said: "Come 'long home, Jim, an' git back to your plowin'."

Young Teddie, who had just begun the study of geography, was told by his aunt that the Mississippi was called by the Indians the "Father of Waters." "You must be mistaken, auntie," said the little fellow. "If it was the 'Father of Waters' it would be Mister Sippi!"

SOME CLEAR FACTS REGARDING THE COMMERCIAL POSITION OF CANADA

ENORMOUS UNDEVELOPED NATURAL RESOURCES

J. S. Dennis, of the Canadian Pacific Railway Company, Predicts A Great Future for Canada, and Expects to See a Population of Fifty Million After the War

Speaking recently before the New York Credit Men's association, J. S. Dennis, assistant to Lord Shaughnessy, president of the Canadian Pacific Railway company, presented some facts relating to Canada and expressed the hope that these would "justify your organization in including us in the list of nations whose credit is good and with whom your neighborly and business relations should be extended." Mr. Dennis' address, in part, follows:

"Canada, as you know, owns and occupies a larger portion of the North American continent than is comprised in the United States.

"At the present time the vast area contained within the boundaries of the Dominion of Canada is occupied by a population of less than 8,000,000 people. Nature, however, has been very bountiful in her gifts of natural resources to the Dominion and the ultimate development of these natural resources will, without question, result in the growth of the north of the international boundary, within a comparatively short time, of a national neighbor whose family will comprise at least 50,000,000 people.

"It is desirable that I should point out certain of the salient features regarding Canada's progress and opportunities for future development.

"Canada has now reached Nationhood in the sense of being admitted to 'senior partnership in the firm of British Empire,' and in the further sense that the name 'Canadian' is now recognized throughout the world as representing the citizen of a virile nationality.

"Conditons in Canada today are more or less affected by the world-wide war in which she is taking a part as a portion of the British Empire.

"Canadian trade is on a sound basis and prosperous conditions exist throughout the Dominion. It is true that a considerable portion of this prosperity is due to the vast expenditures in Canada for war munitions and war supplies and to the enormously increased prices which are being realized for food products, particularly wheat and other grains grown in the western portion of the Dominion; but excluding this fictitious trade prosperity, I may point out that the business of the Dominion shows a healthy growth, as is evidenced by the following figures:

Imports, 1916	$685,000,000
Exports, 1916	1,052,000,000
Bank clearings	10,557,187,917
Railway mileage	35,582
Marine tonage	*932,422

*Tenth place in the world.

"Canada possesses enormous undeveloped natural resources in her fisheries, timber, minerals and water-powers, and, in the western provinces, has probably the greatest area of unoccupied good land avilable for immediate colonization existing, at least on the North American continent. What she needs is increased population, particularly agricultural population, and extension of industrial development to utilize her vast natural resources. The problems connected with the increase of her population and the development of natural resources involve of the re-assimilation of four or five hundred thousand men now engaged in her army, together with the large number of men who, it is expected, will emigrate to Canada from the British army, and also from northern Europe following the close of the war.

"Many different opinions exist as to the matter of immigration to this continent after the war. No one, of course, can foretell what will happen, but if we can be guided by past occurrences, we may expect, and should prepare for a great influx of immigrants.

"In the ten-year period ending in 1914, the immigration to Canada amounted to practically 2,500,000 people, distributed as follows: From Great Britain, 1,000,000; from the United States, 900,000, and the balance from other countries. During that same period we had our greatest era of development, a development, which for rapidity, probably had not previously been reached in any part of the habitable globe.

"The great bulk of this development was made possible by the investment of outside capital; that capital having been obtained largely from Great Britain, France and Holland. It is estimated that in the period 1907-1913 Great Britain invested in Canada $1,500,000,000. With the opening of the war, we were, of course, shut off from these sources and in all probability will be unable to obtain further credit there for a long time after the close of the war, as all the nations engaged in this war will require their money at home to rehabilitate conditions and pay their debts. If we are to be able to extend our industrial devlopment, we can only look to you, as our neighbor south of the international boundary, to provide the money.

"As a result of existing conditions throughout the British Empire, it seems quite certain that at the close of the war we will have preferential trade within the Empire, and, that being the case, Canadian goods will have a tariff preference in all markets of the British Empire, and it seems reasonable to suppose that we will have at least a sympathetic trade preference in the countries that have been allied with Great Britain in the war, which should give Canada a special opportunity for trade extension, especially in the great Empire of Russia, where, without doubt, great opportunites will offer themselves for trade extension."

Mr. Dennis closed with an appeal to American concerns to consider whether it would not be to their advantage to establish branches in Canada and to invest capital here in order to participate in a share of this prosperity present and to come.

Germany Offered Constantinople

Generous With Offers at the Expense of Powers Leagued With Her

A statement is made by General Hanotaux in an article published in the Paris Figaro, in which he asserts that Germany some time ago offered Russia Constantinople and the Dardanelles as the price of a separate peace. This is known in diplomatic circles in Berlin to be accurate according to a wireless despatch.

It is interesting, in the connection, to recall Germany's different attempts to buy a separate peace with one or the other of the allies at the expense of other powers leagued with her.

These may be summarized thus:

Germany offered Russia the Austrian province in Galicia, and subsequently the whole of Galicia; also the Austrian province of Bukowina.

To Italy she offered a large slice of Austrian territory in Southern Tyrol and further south as the price of neutrality. Subsequently Germany offered Rumania the greater part of the Austrian province of Bukowina and a strip of Hungary as the price of Rumanian neutrality, or co-operation with the Central Empires.

The last offer of this kind is the one Hanotaux mentioned.

Pat's Strategy

An Irishman who had walked a long distance, feeling very thirsty and seeing a milkman asked the price of a quart of milk.

"Threepence," replied the milkman.

"Then give me a quart in pints," said Pat

Pat on drinking one pint, asked, "How do we stand?"

The milkman replied, "I owe yer a pint"

"And I owe you one," said Pat, "so we are quits"

TO CHANGE YOUR SKIN!

How to Develop the Highest Degree of Vital, Nervous and Muscular Vigor.

Snakes throw off their outer skin once a year. Human beings change their skin perhaps nine times in a year; that is, they have a new skin about once in six weeks.

The value of a clean skin in maintaining health is not properly understood by the majority of people. Cleanliness is a part of health. You cannot be healthy unless you are clean, not only externally, but also internally.

The blood should also be assisted occasionally, like the skin, in throwing off poisons so that the system may not get clogged and leave a weak spot for disease germs to enter the system. When the blood is clogged we suffer from what is commonly called a cold.

Dr. Pierce's Golden Medical Discovery purifies the blood and entirely eradicates the poisons that breed and feed disease. It thus cures scrofula, eczema, boils, pimples and other eruptions that mar and scar the skin. Pure blood is essential to good health. The weak, run-down, debilitated condition which so many people experience is commonly the effect of impure blood. Doctor Pierce's Golden Medical Discovery not only cleanses the blood of impurities, but it increases the activity of the blood-making glands, and it enriches the body with an abundant supply of pure, rich blood.

Take it as directed and it will search out impure and poisonous matter in the stomach, liver, bowels and kidneys and drive it from the system through the natural channels

It will penetrate into the joints and muscles, and dissolve the poisonous accumulations. Bad blood is driven out. It will furnish you with rich, pure blood full of vital force—the kind that increases energy and ambition, that rejuvenates the entire body

CITY OF COURTENAY

Financial Statement for Year Ending Dec. 31

RECEIPTS

Cash on hand Jan 1st		$ 489 21
Arrears of Taxes 1915		1286.22
Current Taxes		
General	3878 33	
Less rebates	567 37	3310 96
School Taxes		1329 50
Road Tax	130 00	
Dog Tax	80 00	
Pound Fees	11 00	
Trade Licenses	710 50	
Liquor Licenses	500 00	
Police Court fines and costs	98 50	
Government School Grants	1271 25	2801 25
Trust Funds paid in (License Applications)		140 00
Miscellaneous earnings (Refund from Geo. Hume)		30 85
Temporary Bank Loans		5000 00
Total		14387 99

EXPENDITURES

Bank overdraft on Jan 1st	201 47	
Interest paid on temporary loans	196 46	397 93
Repayment of Loans		2600 00

Expense Accounts

Auditing Expense	30 00	
Legal Expense	167 18	
Election Expense	113 25	
Assessment Expense	35 00	
Advertising Expense	63 95	
Stationery Expense	103 20	
Postage, Telegrams and Telephones	110 80	
Dog and Pound Expense	18 00	
Grant to Agricultural Society	100 00	
Other donations	3 50	744 88

Salaries

Municipal Clerk		655 00

Travelling Expenses

Aldermen	57 85	
City Clerk	33 25	91 10

Fire Department

Equipment (Chemical Engine)	348 80	
Maintenance	2 50	
Salaries (Amounts paid for watching bush fires)	100 08	451 38

Police Department

Equipment	11 75	
Maintenance	7 08	
Salaries. City Constable	300 00	
Salaries, Special constables	43 00	361 83
Goal maintenance	22 25	
Witness Fees	45 65	
Salary of Police Magistrate	275 00	342 90

Health Department

Salaries	35 00	
Scavenging	21 90	
Supplies	75	
Hume Hospital Account	40 00	97 65
Amount paid DuCane & Dutcher for advice re Waterworks System	25 00	
Car hire on same account	7 50	32 50

Public Works Department

Street gravelling and grading	1551 98	
Repairs to sidewalks	265 36	
New weigh scales	143 00	
Street lighting expense	495 89	
Street Clearing	33 70	
Clearing Snow	29 55	
Bridge Inspection and Repairs	30 40	2519 88

Municipal Hall Property

New Municipal Hall	478 95	
Rent of Hall	47 00	
Heating and Lighting	28 58	
Janitor and Supplies	28 85	
Insurance on building and contents	15 50	598 88
Municipal Office Furniture	153 35	

Schools

School grounds	53 40	
Furniture	113 40	
Equipment	235 71	
Teachers Salaries	2525 00	
Other Salaries	345 16	
Supplies	11 68	
Fuel	85 00	
Repairs	50 15	
School gardens	12 50	
Rent	71 50	
Insurance	44 00	3547 50
Cost of Light for 10snd Batt	77 22	
Honor Roll	10 00	
Reception of Mr. Perrott	33 00	120 22
Refund of License Application	140 00	
Cash on hand	1164 17	
Bank Credit Balance (General account)	359 89	
Bank Credit Balance (School account)	8 93	
Total		$14387 99

Assets and Liabilities

ASSETS

Cash Balances

Cash on hand	$1164 17	
Bank Credit balance gen, account	787 10	
Bank credit balance, other accts	8 93	$1960 20

Tax Arrears

Arrears of general taxes to Dec. 31st 1915	$1693 77
Arrears gen. taxes, 1916	2019 03
Interest on arrears gen. taxes	135 50
Arrears Govt. School grant	423 75
Arrears Govt. School tax	251 50
Arrears 1916 School taxes	2480 69
	7004 24
Unexpired Insurance 45 87	
Prepaid rent 16 00	61 87

Real Estate, Buildings and Furniture

Municipal hall building	478 95
Municipal hall furniture	307 27
Public School site	1500 00
Public School buildings	2500 00
Public School furniture	539 00
Weigh Scales	219 05
Fire Dept. Equipment	417 90
Police Dept. equipment	10 00
Road making machinery, etc.	25 00
Plank Sidewalks	250 00
	15.273 48

LIABILITIES

Outstanding cheques	427 21
Unpaid bank loans and interest	2414 00
Unpaid warrants, salaries	1065 00
Accounts payable	536 72
Surplus	10830 55
	$15,273 45

Certified correct,
R. M. ALLAN, Auditor
W. A W. HAMES, City Clerk
Dated January 31st, 1017

Appletown, Wis March 27:—Pauline Paul Parthede, the world's champion cow, owned by R. J. Schaefer. is dead. A postmortem examination showed that a darning needle had pierced the heart, Two years ago the animal gave 2888 pounds of butter, She was thirteen years old and won every prize for which she had been entered for some years.

At the present time when our every energy and effort is being put forward to increase the production of food products and make Canada more than ever before a large factor in the winning of the war, one's attention naturally turns to the food stocks available. and the waste evidenced in their handling. With no commodity is waste so apparent as it is in the handling of eggs.

During the past few years special endeavor has been made to bring this matter to the attention of producers and the wholesale trade. This appeal, however, is addressed more particularly to retailers, many of whom do not seem to realize the extreme perishablility of eggs.

It is a common practise at this season of the year for many retailers to advertize the increasing egg supply and the rapidly falling prices, by displaying piles of eggs in their store windows. The eggs thus exposed in many cases come under the direct rays of the sun, and are subjected to a temperature behind the plate glass window of about 100 degrees. The excessive heat resulting causes serious deterioration through evaporation accompanied by loss of flavor. Further at this time of the year a large percentage of the eggs marketed are fertilized, and as it is common knowledge that a temperature of 70 degrees is sufficient to start incubation, the possibility of serious deterioration will readily be seen.

It is good business to advertise, but window displays of eggs defeat the aim of the advertiser, in the resulting deterioration of the eggs causes dissatisfaction among consumers, and so retards consumption. Eggs should be kept in the cleanest. coolest, driest place in the store. removed from mustiness, foul odors, or other sources of contamination,

The food value of eggs, their freedom from waste, the saving of time, labor, and fuel in their preparation, and the favorable way they compare with other alticles of food, places them in an important place in the diet of our people. Now, as never before in the history of the Dominion; the conservation of food supplies must be one of the chief considerations, and the waste now apparent in the handling of eggs, that can be eliminated by careful and more up to-date methods, is a consideration that will appeal to every citizen who has at heart the best interests of his fellow citizens, his country, and the Empire as a whole.

Serve Save Produce

EVERY ONE CAN do something for his country

Some can bear arms
Some can produce food
Some can make munitions
Some can give money

It is the privilege of all to help.

YOU CAN SERVE by Fighting—Working—Saving—Giving

This is NATIONAL SERVICE

Are YOU doing your part?

ALL EYES turn now to the Canadian Farmer, for he can render the Empire SPECIAL SERVICE in this sternest year of the war.

But—our farms are badly undermanned—25,000 men are needed on the land.

With insufficient help, the Man on the Land fights an uphill fight to meet the pressing need for Food.

CITY and TOWN can help.

Municipal Councils, Churches and Schools, and other organizations, both of men and women, can render National Service by directing all available labour to the Land.

Farmers themselves can exchange labour. School boys can assist.

Were you raised on a farm? Can you drive a team? Can you handle fork or hoe? If you can't fight, you can produce. Spend the Summer working on the Farm.

Let every man, woman and child in the Dominion who has access to Land, no matter how small the plot, make it produce Food in 1917.

For information on any subject relating to the Farm and Garden write:—
INFORMATION BUREAU
DEPARTMENT OF AGRICULTURE
OTTAWA

DOMINION
DEPARTMENT OF AGRICULTURE
OTTAWA, CANADA.
HON. MARTIN BURRELL, MINISTER.