

CANADIAN PACIFIC RAILWAY COMPANY



Wednesday

Jan. 26th, 1916

ROYAL MAIL STEAMER
"MISSANABIE"

. . . BREAKFAST . . .

Grape Fruit

Oranges

Apples

Bananas

Oatmeal Porridge, Fresh Milk or Syrup

Toasted Corn Flakes

Shredded Wheat

Fried Whitefish

Yarmouth Bloaters

Turned and Boiled Eggs to Order

Grilled Wiltshire Ham

Fried Eggs

Pig's Feet, Piquante Sauce

Veal Cutlets

Chipped Potatoes

To Order

From The Grill (ready in 15 minutes.)

Beefsteak

Calf's Liver and Bacon

COLD BUFFET:

Boiled Fowl

Ox Tongue

Radishes

White and Graham Rolls

Toast

French Muffins

Pilot Bread

Jam

Marmalade

Blended Tea

Coffee

Cocoa

7 Wednesday

Well, I eat a big dinner
last night and went to
bed after playing the
piano for about an hour.

Eat a big breakfast this

AM also and am feeling
fine for the first time.

Took a sedlitz powder
before ~~dinner~~ ^{lunch} today and
eat everything on the bill
of fare; and am waiting

now for dinner tonight
We had life boat drills
today with life belts on
and passed two ships
at noon. will write later.