



Breakfast

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|----|--|---|---------------------------------|----|---------------------|----|----------------|
| 1 | Fresh Hot House Strawberries with Cream | 3 | Sliced Oranges | 4 | Pomeleoes | 5 | Apples |
| 2 | Bananas with Cream | 6 | Fresh Hawaiian Pineapple | 7 | Chilled Papaia | 8 | Watermelon |
| 9 | Cranberry Pulp | 10 | Apple Puree | 11 | Mangoes in Syrup | | |
| 12 | Chilled Orange, Grape Fruit, Pineapple, Sauerkraut and Tomato, Juice | | | | | | |
| 13 | Compote of Prunes | 14 | Preserved Apricots | 15 | Figs in Syrup | | |
| 16 | Baked Apples | 17 | Stewed Fresh Rhubarb | 18 | Egg Plums | | |
| 19 | Oatmeal Porridge | 20 | Farina | 21 | Boiled Rice in Milk | | |
| 22 | Pep | 23 | Post Toasties | 24 | Bran Flakes | 25 | Shredded Wheat |
| 26 | Force | 27 | Grape Nuts | 28 | Corn Flakes | 29 | Puffed Rice |
| | 30 | Puffed Wheat | | | | 31 | All Bran |
| 32 | Fried Kobe Fresh Mullet au Citron | 33 | Turbot Brandade | | | | |
| | 34 | Broiled Bloaters | | | | | |
| | 35 | <i>Special</i> —Onion Soup au Gratin | | | | | |
| 36 | Eggs—Boiled, Fried, Turned, Poached, Scrambled and Shirred | | | | | | |
| 37 | Omelettes—Plain, Cubaine, Parsley, Ham, Cheese, Confiture | | | | | | |
| | 38 | Eggs Country Style | | | | | |
| | 39 | Broiled Canadian Sugar Cured Breakfast Bacon | | | | | |
| 40 | Hashed Duckling with Mushrooms | 41 | Country Black Pudding and Bacon | | | | |
| | 42 | Semolina Cakes, Maple Syrup | | | | | |
| | 43 | Potatoes—Saute, Saratoga, Cottage Fried, Mashed | | | | | |
- To Order:*
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|----|------------------------------------|----|-----------------------------|
| 44 | Grilled Cumberland Ham | 45 | Broiled Wiltshire Bacon |
| 46 | Broiled Shad Roes and Bacon | 47 | Lamb's Kidney a la Maitre |
| 48 | Breaded Lamb's Fries, Tomato Sauce | 49 | Chicken Livers en Brochette |
| 50 | Devilled Saddle of Mutton Bones | 51 | Small Breakfast Steak |
| 52 | Sausage and Mashed Potatoes | 53 | Broiled Tomatoes |
| 54 | Crepinettes Sauce Robert | 55 | French Toast |
- Cold Selection:*
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|----|-----------------------|---|--------------------|---------------|-----------------------------|----|--------------|
| 56 | Prime Sirloin of Beef | 57 | Galantine of Capon | 58 | Veal and Ham Pie | | |
| 59 | Boars Head | 60 | Leicester Brawn | 61 | Pressed Ox Tongue | | |
| 62 | Watercress | 63 | Radishes | 64 | Mustard Cress | | |
| 65 | Vienna & Graham Rolls | 66 | Croissants | 67 | Zwiebacks | 68 | Corn Cakes |
| 69 | Rye Bread Batons | 70 | Soda Scones | 71 | Oatcakes | 72 | Bran Muffins |
| | 73 | Toast: Dry, Buttered, Cinnamon & Melba | 74 | Ryvita Crisps | | | |
| | 75 | Bread: Energen, Malt Fruit, Sun Maid Raisin, Brown & Pulled | | | | | |
| 76 | Scotch Pancakes | 77 | Wholemeal Cakes | 78 | Waffles with Demerara Sugar | | |

Silver Shred, Orange and Grape Fruit Marmalade

Honey in Comb

Honey, Preserves and Hawaiian Fruits

Ceylon, China, Green or Camomile Tea Chocolate Cocoa

Buttermilk

Coffee Kaffee Hag Instant Postum Horlick's Malted Milk Ovaltine

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1. The first part of the book is devoted to a general survey of the history of the world from the beginning of time to the present day.