Canadian Pacific

Good Morning!

Breakfast

Chilled Grapefruit

Apples Oranges

Chilled Juices : Orange Pineapple

Compotes: Plums, Raisins

Baked Apples

Rolled Oats Oatmeal Porridge

Wheat Flakes Pep Puffed Rice Weet-a-Bix

All Bran Corn Flakes Puffed Wheat

Fried Whitefish with Lemon

Eggs : Boiled, Fried, Turned, Scrambled

Grilled Breakfast Bacon

Fried Liver, Fines Herbes

Puree Potatoes

Wholemeal Griddle Cakes, Maple Syrup

Rolls : White and Graham Toast : White, Brown, Raisin

Breads : Raisin, Brown Muffins : Corn, Bran

Currant Scones

Jams

Marmalades : Silver Shred, Keillers, Chivers

Tea Coffee Cocoa

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