

## "THE MOUNTAINEER."

## **EVENING**

RELISHES

Crab Meat Cocktail 25

**Spring Onions 15** 

QUEEN OLIVES 20

MIXED PICKLES 15

Radishes 15

CHOW CHOW 15

**Puree Chantilly 25** 

SOUPS

Consomme Vermicelli 25

FISH

Fillet of Sole, Tartar Sauce 65

**Broiled or Fried Salmon or Halibut 65** 

ENTREES, ROASTS, ETC.

Individual Veal and Ham Pie 65

Spanish Omelet 60

Sweetbread Saute with Mushrooms 65 Spaghetti, Italienne 45

Roast Young Chicken with Dressing 90

CHOPS, STEAKS, ETC.

Broiled or Fried Chicken (Half) 1.25 (20 Minutes)

BACON (THREE) STRIPS 35; (SIX) STRIPS 65 BROILED HAM 65 SIRLOIN STEAK 1.50

LAMB CHOPS (ONE) 45; (TWO) 80

SMALL STEAK 1.00

HAM AND FRIED EGGS 65

BACON AND FRIED EGGS 65

Calf's Liver with Bacon 65

ONE STRIP BACON, WHEN SERVED WITH OTHER ORDERS, 15 CENTS

INDIVIDUAL BAKED BEANS (HOT OR COLD) 35

EGGS

BOILED (ONE) 20; (TWO) 35

SCRAMBLED 35

FRIED (ONE) 20; (TWO) 35

POACHED ON TOAST (ONE) 20: (TWO) 40

OMELETS: PLAIN 45

TOMATO, PARSLEY OR CHEESE 50

JELLY OR HAM 60

COLD MEATS, ETC.

SLICED CHICKEN 80

IMPORTED SARDINES 60 HAM OR TONGUE 75

SALMON, MAYONNAISE 65 WITH POTATO SALAD, 15 CENTS EXTRA

ROAST BEEF OR LAMB 75

SALADS

LETTUCE AND TOMATO 35 COMBINATION 35

WITH FRENCH OR MAYONNAISE DRESSING SLICED TOMATOES 35

SLICED CUCUMBERS 35 ASPARAGUS VINAIGRETTE 45

THOUSAND ISLAND DRESSING 10 CENTS

HEAD LETTUCE 35 CHICKEN 60

1-14

500-8-6-26

## "THE MOUNTAINEER"

## A LA CARTE

#### VEGETABLES

Fresh Asparagus, Drawn Butter 45

FRENCH STRING BEANS 20 CARROTS, VICHY 20 SUGAR CORN 20

NEW GREEN PEAS 20

NEW SPINACH 20

New Potatoes, Maitre d'Hotel 30

#### BRITISH COLUMBIA POTATOES

BOILED OR MASHED 15 FRENCH FRIED OR HASHED BROWNED 25

#### DESSERTS

Peach Pie 20 Apple Pie 20, with Cheese 30 Ice Cream 25 Berry Shortcake 30

**Berries with Cream 35** Vanilla Custard Pudding 20 Special Individual Cake Service 20 Cantaloupe (Half) 30

Sliced Pineapple with Bran Muffins 35

### PRESERVED FRUITS, MARMALADE, JAMS OR JELLIES 25

(IN INDIVIDUAL JARS)

STRAWBERRIES CRABAPPLE JELLY RASPBERRIES

QUINCE JELLY

STRAWBERRY JAM

BRAMBLEBERRY JELLY

RASPBERRY JAM

ORANGE OR GRAPE FRUIT MARMALADE

PRESERVED FIGS 35

INDIVIDUAL COMB OR STRAINED HONEY 25

#### BREAD AND BUTTER SERVICE PER PERSON

TOAST 15

WHITE, RAISIN AND BROWN BREAD 10 HOT BRAN OR CORN MUFFINS 15

ROLLS 15

PINEAPPLE

#### CHEESE WITH CRACKERS 25

CANADIAN CHEDDAR French Roquefort KRAFT

MACLAREN'S IMPERIAL **Swiss Gruyere** 

#### TEA- COFFEE, ETC.

COFFEE, POT 20 (SERVED WITH CREAM OR HOT MILK)

TEA, POT 20

COCOA, POT 25 INSTANT POSTUM 20

HORLICK'S MALTED MILK 20 INDIVIDUAL SEALED BOTTLE MILK 15

FOR BOTTLED AND OTHER BEVERAGES SEE SPECIAL LIST

WAITERS ARE FORBIDDEN TO ACCEPT OR SERVE VERBAL ORDERS PASSENGERS ARE REQUESTED TO INSPECT MEAL CHECK BEFORE MAKING PAYMENT, AND IN CASE OF ANY OVER CHARGE OR UNSATISFACTORY SERVICE, REPORT THE MATTER TO THE STEWARD IN CHARGE OF THE CAR OR TO

> W. A. COOPER, MANAGER,

SLEEPING, DINING, PARLOR CARS RESTAURANTS AND NEWS SERVICE MONTREAL

SOUVENIR COPY OF THIS MENU CARD IN ENVELOPE READY FOR MAILING, MAY BE HAD ON APPLICATION TO THE DINING CAR STEWARD

# Through the Canadian Pacific Rockies

NATURE HAS THROWN up the Canadian Pacific Rockies on so vast a scale that the human mind can with difficulty grasp their greatness — except by some comparison. The "Trans-Canada Limited," fastest Canadian Pacific train, takes twenty-two hours to pass from Cochrane, at the entrance to the Rockies, to Mission, where it enters the coastal plain. The simplest parallel is that of the Swiss Alps, which throw their giant barrier between Italy and France. Two of the best known railway routes across the Swiss Alps are the St. Gothard and the Simplon. It takes an express train five hours to travel from Lucerne to Como, or from Lausanne to Arona.

When, therefore, Edward Whymper, the hero of Matterhorn, described the Canadian Pacific Rockies as fifty Switzerlands thrown into one, he certainly was

guilty of no exaggeration.

The Canadian Pacific Rockies stretch from the Gap practically to Vancouver — nearly six hundred miles of Alpine scenery. Snowy peaks, glaciers, rugged precipices, waterfalls, foaming torrents, canyons, lakes like vast sapphires and amethysts set in the pine-clad mountains — these have been flung together in un-

paralleled profusion.

The Canadian Pacific route through these mighty mountain ranges is in itself a visualization of human triumph over nature. From Calgary, to which it has been steadily climbing since it left Lake Superior, it climbs another three-eighths of a mile to the Great Divide. Thence, following the narrow Kicking Horse Pass, it dips down to meet the majestic Columbia River; then it re-ascends another quarter of a mile to the summit of the Selkirk Range before beginning its threequarter drop to the Pacific. The Spiral Tunnels through the Kicking Horse Pass, the Connaught Tunnel through the Selkirks, are engineering feats of a magnitude matching the obstacles opposed to the passage of the railway. The trip through the Thompson and Fraser canyons is of scarcely lesser interest than the journey through the mountains themselves.