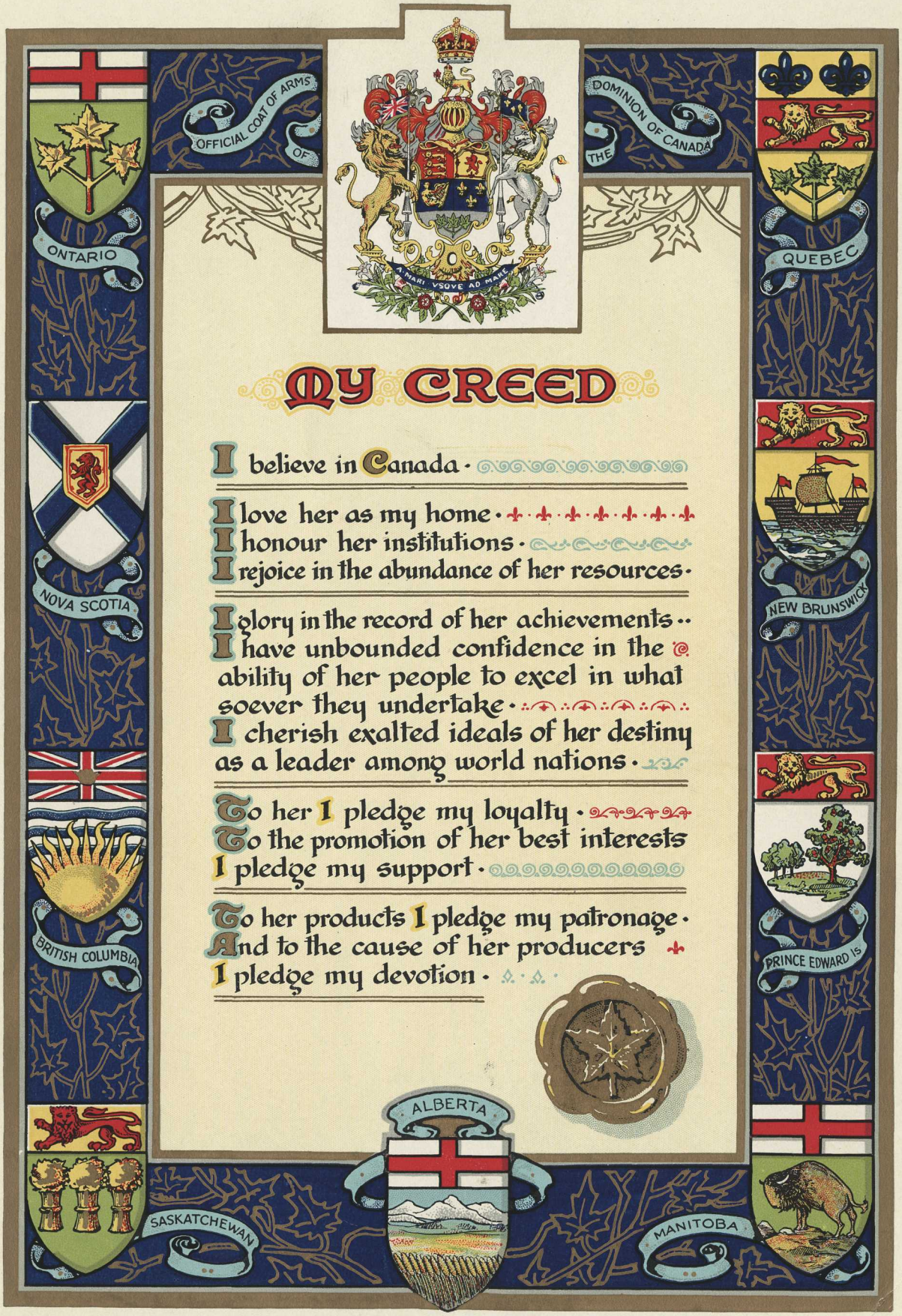

MY CREED

I believe in Canada.

I love her as my home.
I honour her institutions.
I rejoice in the abundance of her resources.

I glory in the record of her achievements..
I have unbounded confidence in the ability of her people to excel in whatsoever they undertake.
I cherish exalted ideals of her destiny as a leader among world nations.

To her I pledge my loyalty.
To the promotion of her best interests I pledge my support.

To her products I pledge my patronage.
And to the cause of her producers I pledge my devotion.

COPIES OF "MY CREED" MAY BE OBTAINED FROM THE HONOURABLE HENRY H. STEVENS, MINISTER OF TRADE AND COMMERCE, OTTAWA, CANADA

KOOTENAY EXPRESS

MID-DAY

A LA CARTE

RELISHES

OYSTERS ON HALF SHELL (6) 50
GRAPEFRUIT COCKTAIL 35 — CRABMEAT COCKTAIL 35
OKANAGAN CELERY 30 — CHOW CHOW 15
MIXED PICKLES 15 — OLIVES 20
TOMATO JUICE 25

SOUPS

PUREE OF SPLIT PEAS 30
AUX CROUTON

FISH

FILET HALIBUT ORLY 70
BROILED SALMON OR COD, MAITRE D'HOTEL 70

ENTREES, ROASTS, ETC.

CHICKEN AND HAM PIE 85
EN CASSEROLE
VEGETABLE DINNER 65 — MUSHROOM OMELET 60
LAMB CUTLET, TOMATO SAUCE 65

CHOPS, STEAKS, ETC.—FROM THE GRILL

BROILED OR FRIED SPRING CHICKEN, HALF 1.25 (20 MINUTES)
"RED BRAND" SIRLOIN STEAK 1.50 — "RED BRAND" SMALL STEAK 1.00
BROILED OR FRIED HAM (FULL CUT) 65 — LAMB CHOPS (ONE) 45 (TWO) 85
HAM ½ CUT WITH 1 EGG 55, WITH 2 EGGS 65 — BACON (3 STRIPS) 35 (6 STRIPS) 65
BACON AND EGGS 65
CALF'S LIVER WITH BACON 75
(Strip of Bacon served with other Orders 15)

INDIVIDUAL POT BAKED BEANS (HOT OR COLD) 35

EGGS, OMELETS, ETC.

BOILED (ONE) 20 (TWO) 35 — SCRAMBLED 35 — FRIED (ONE) 20 (TWO) 35
POACHED ON TOAST (ONE) 20 (TWO) 40
PLAIN 45 — JELLY OR SPANISH 60
CHICKEN OMELET 60 — FRENCH TOAST WITH JELLY 30
TOMATOES WITH BACON 60

VEGETABLES

BOILED OR MASHED POTATOES 20 — NEW SPINACH 20
MACEDOINE 20 — WAX BEANS 20 — STEWED TOMATOES 20
ASPARAGUS WITH DRAWN BUTTER 50

COLD DISHES

IMPORTED SARDINES 60 — CANADIAN SARDINES, FANCY PACK 35
HAM 75 — OX TONGUE 75 — CHICKEN 85
(With Potato Salad 15 cents Extra)

SALADS

(WITH FRENCH OR MAYONNAISE DRESSING)
SLICED TOMATOES 45 — SLICED CUCUMBERS 45
CHICKEN 65 — CRAB 65
HEAD LETTUCE 45 — LETTUCE AND TOMATO 45
(THOUSAND ISLAND DRESSING 10)

IT is with pleasure and pride that we call attention to the desire and willingness of all our employees to give their utmost in service and special attention and they as well as ourselves would appreciate your criticisms as well as your commendations.

KOOTENAY EXPRESS

MID-DAY

A LA CARTE

Continued

DESSERTS

GRAPEFRUIT (HALF) 25 — COMPOTE OF NEW RHUBARB 35
PEACH PIE 20 — BROWN BETTY PUDDING 20
ASSORTED FRESH FRUIT 35
ICE CREAM 25 — SPECIAL INDIVIDUAL CAKE SERVICE 20
ENGLISH PLUM PUDDING, HARD SAUCE 30

MARMALADE, JAMS OR JELLIES 15

(IN INDIVIDUAL JARS)
QUINCE JELLY — BRAMBLEBERRY JELLY — CRABAPPLE JELLY
STRAWBERRY JAM — RASPBERRY JAM
ORANGE OR GRAPEFRUIT MARMALADE

PRESERVED FRUITS 25

(IN INDIVIDUAL JARS)
PINEAPPLE — RASPBERRIES — CHERRIES — STRAWBERRIES

APRICOTS IN SYRUP 25 — PRESERVED FIGS 40
INDIVIDUAL CANADIAN COMB OR STRAINED HONEY 25

BREAD AND BUTTER SERVICE PER PERSON

TOAST 15 — HOT ROLLS, BROWN OR WHITE 15
MILK TOAST 30 — CREAM TOAST 40
WHITE, HOVIS, BROWN AND RAISIN BREAD 15 — RY-KRISP HEALTH BREAD 15

CHEESE WITH CRACKERS 30

CANADIAN CHEDDAR — LOAF — McLAREN'S IMPERIAL
NESTLE'S SWISS GRUYERE — KRAFT — CHATEAU — FRENCH ROQUEFORT

TEA, COFFEE, ETC.

COFFEE, POT 25, SERVED WITH HOT MILK OR CREAM — TEA, POT 25
INSTANT POSTUM 25 — COCOA, POT 25 — BUTTERMILK 15
INDIVIDUAL SEALED BOTTLE MILK 15 — MALTED MILK 20
NESTLE'S MILK FOOD 25 — FLEISCHMANN'S YEAST, PER CAKE 10

PASSENGERS WILL KINDLY REFRAIN FROM SMOKING IN THIS ROOM.

WHEREVER you travel on the Canadian Pacific, you will find the same desire to maintain that excellence of service for which the Company has been noted for over forty years. The seemingly effortless perfection of Canadian Pacific service is simply an infinite capacity for taking pains.

IT will be a great aid to the service and will avoid any possibility of mistakes if passengers will kindly ask for meal order blanks, and upon them will write their orders, because stewards and waiters are not allowed to serve any food without a meal check.

W. A. COOPER, Manager, Sleeping, Dining, Parlor Cars,
Station Restaurants and News Service, Montreal.

1 2 L. K.V. V-7

Souvenir copy of this menu card in envelope, ready for mailing, may be had on application to dining car steward.

CANADIAN PACIFIC

HOTELS

WORLD'S GREATEST TRAVEL SYSTEM

CANADIAN PACIFIC HOTELS

*THE PINES	Digby, N.S.
*LAKESIDE INN	Yarmouth, N.S.
CORNWALLIS INN	Kentville, N.S.
*ALGONQUIN HOTEL	St. Andrews-By-The-Sea, N.B.
McADAM HOTEL,	McAdam, N.B.
CHATEAU FRONTENAC,	Quebec, Que.
PLACE VIGER HOTEL,	Montreal, Que.
ROYAL YORK HOTEL,	Toronto, Ont.
ROYAL ALEXANDRA HOTEL,	Winnipeg, Man.
HOTEL SASKATCHEWAN,	Regina, Sask.
HOTEL PALLISER,	Calgary, Alta.
*BANFF SPRINGS HOTEL,	Banff, Alta.
*CHATEAU LAKE LOUISE,	Lake Louise, Alta.
*EMERALD LAKE CHALET,	Field, B.C.
HOTEL SICAMOUS,	Sicamous, B.C.
HOTEL VANCOUVER,	Vancouver, B.C.
EMPRESS HOTEL,	Victoria, B.C.

*These hotels are open in Summer only

PRINTED IN CANADA

CANADIAN PACIFIC

RAILWAY LINES

WORLD'S GREATEST TRAVEL SYSTEM

ACROSS CANADA

This is a Souvenir of Trip
on
The Route of Scenic Grandeur
and Unsurpassed Service