

# Canada *since* Confederation

1867 ~ 1927



KICKING HORSE PASS

The Rockies Pierced  
with Spiral Tunnels



# "TRANS-CANADA LIMITED"

## M E N U

### RELISHES

MIXED PICKLES 15

OLIVES 20

CHOW CHOW 15

### READY TO SERVE

Radishes 15  
Sliced Tomatoes 35

Spring Onions 15  
Sliced Cucumbers 35

Consomme Clear 25

Onion Soup, aux Croutons 25

Boiled Lake Superior Trout, Parsley Sauce 65  
Finnan Haddie, Delmonico 65  
Lake Winnipeg Goldeyes 65

Apple Fritter, Canadian Maple Syrup 20  
Chicken Croquettes with June Peas 70  
Baked Stuffed Tomatoes with Bacon 60

Buffalo Saute, Mushroom Sauce 65  
Roast Western Canadian Ham, Cumberland Sauce 85  
Sweetbread Patties 70

Individual Pot Baked Beans (Hot or Cold) 35

Browned New Potatoes 30  
French Fried Potatoes 25  
Hashed Browned Potatoes 25  
Boiled or Mashed Potatoes 15

New Beans 20  
Young Buttered Carrots 20  
Onions in Cream 20  
Spinach 20  
Stewed Tomatoes 20  
Fresh Asparagus with Drawn Butter 45

Hot Corn Bread 15

Cantaloupe (Half) 30  
Strawberries with Cream 35  
British Columbia Stewed Rhubarb 25  
Sago Custard Pudding 20

Berry Shortcake 30  
Ice Cream 25  
Rhubarb Pie 20, with Cream 30  
Special Individual Cake Service 20

### COLD DISHES, SALADS, ETC.

WITH FRENCH OR MAYONNAISE DRESSING

LAKE TROUT, MAYONNAISE 65

IMPORTED SARDINES 60

BEEF 75

OX TONGUE 75

HAM 75

LAMB, MINT SAUCE 75

CHICKEN 80

WITH POTATO SALAD 15 CENTS EXTRA

CHICKEN 60

FRESH FRUIT 50

COMBINATION 35

ORANGE COTTAGE SALAD 35

HEAD LETTUCE 35

LETTUCE AND TOMATO 35

THOUSAND ISLAND DRESSING 10 CENTS

# "TRANS-CANADA LIMITED"

## FROM THE GRILL

Buffalo Sirloin or Tenderloin Steak, Maitre d'Hotel 1.50

Broiled or Fried Chicken (Half) 1.25 (20 Minutes)

Sirloin Steak 1.50

Fried Small Steak 1.00

Lamb Chops (One) 45, (Two) 80

Bacon (Three) Strips 35, (Six) Strips 65

Broiled Ham 65

One Strip Bacon Served with Other Orders 15

## EGGS, OMELETS, ETC.

BOILED (ONE) 20 (TWO) 35  
SCRAMBLED 35  
FRIED (ONE) 20 (TWO) 35

POACHED ON TOAST (ONE) 20 (TWO) 40

OMELETS: PLAIN 45

TOMATO OR CHEESE 50, JELLY OR SPANISH 60

HAM AND FRIED EGGS 65

BACON AND FRIED EGGS 65

## PRESERVED FRUITS, MARMALADE, JAMS OR JELLIES 25

(IN INDIVIDUAL JARS)

PINEAPPLE RASPBERRIES CHERRIES STRAWBERRIES

BRAMBLEBERRY JELLY QUINCE JELLY CRABAPPLE JELLY

STRAWBERRY JAM RASPBERRY JAM

ORANGE OR GRAPEFRUIT MARMALADE

PRESERVED FIGS 35

INDIVIDUAL CANADIAN COMB OR STRAINED HONEY 25

## BREAD AND BUTTER SERVICE PER PERSON

TOAST 15

HOT ROLLS, BROWN OR WHITE 15

RY-KRISP HEALTH BREAD 10

WHITE, BROWN AND RAISIN BREAD 10

## CHEESE WITH CRACKERS 25

CANADIAN CHEDDAR

KRAFT

"MACLAREN'S" IMPERIAL

SWISS "GRUYERE"

LOAF

FRENCH ROQUEFORT

## TEA, COFFEE, ETC.

COFFEE, POT 20 (SERVED WITH HOT MILK OR CREAM)

TEA, POT 20

INSTANT POSTUM 20

COCOA, POT 25

INDIVIDUAL SEALED BOTTLE MILK 15

"HORLICK'S MALTED MILK" 20

NESTLES' MILK FOOD 25

ICED TEA 25

ICED COFFEE 25

## FOR BOTTLED AND OTHER BEVERAGES SEE SPECIAL LIST

## WAITERS ARE FORBIDDEN TO ACCEPT OR SERVE VERBAL ORDERS

PASSENGERS ARE REQUESTED TO INSPECT MEAL CHECK BEFORE MAKING PAYMENT, AND IN CASE OF ANY OVERCHARGE OR UNSATISFACTORY SERVICE, REPORT THE MATTER TO THE STEWARD IN CHARGE OF CAR OR TO

W. A. COOPER

MANAGER

SLEEPING, DINING, PARLOR CARS,

RESTAURANTS AND NEWS SERVICE,

MONTREAL

2 D.W. 7-8 1-6-27-V.



# The Spiral Tunnels

WHEN the original Canadian Pacific line was built through the Rocky Mountains, there was no time for elaborate construction. British Columbia had entered Confederation in 1871 on the Dominion of Canada's promise to establish railway communication between the Pacific Coast and Eastern Canada. To the officers of the Canadian Pacific, which was given the monumental task of building the promised railway, the elimination of heavy grades seemed less important than the speedy linking-up of Canada's isolated provinces.

The steep grades on the section between the Great Divide and Field, B.C., were successfully operated for 24 years without an accident to a passenger train, but by 1908 the increase in density of traffic across the mountains made a reduction of the grades a necessity. The problem was easy to propose — but harder to solve. There was no escape from the pass. Even if tracks could be hung on the precipitous walls of the Yoho Valley, they would be exposed to danger from snow-slides, and the construction and upkeep-cost would be prohibitive. Some other solution had to be found. It was in the famous Spiral Tunnels, opened in August, 1909,

The new line leaves the old a short distance west of Hector, and crosses the Kicking Horse River. Gradually it veers to the south-west, away from the river, and runs straight into the side of Cathedral Mountain. Within the rocky heart of the mountain it turns a circle to the left, passes under itself, and emerges 48 feet lower down, and pointed now towards the north. Past Yoho it turns slightly to the east and crosses the old line. Then it re-crosses the Kicking Horse River, and swings north into Tunnel No. 2 in the side of Mount Ogden. Again it turns, this time to the right, once more passes under itself and is 45 feet lower down when it emerges pointed towards the south-west. For the third time it crosses the Kicking Horse River, and just before it re-joins the old line near Field it passes through a tunnel 170 feet in length.

The old line was 4.1 miles in length and had a maximum grade of 4.5%. The new line is 8.2 miles in length with a maximum grade of 2.2%. Two locomotives of the same type and size as the four used previously can now haul a heavier train up the valley. The total cost of the grade-revision, tunnels and bridges was slightly more than \$1,000,000. The abandoned line was given to the Dominion Government for use as a driving-road. With its superb vistas of the Yoho Valley, the snow-clad mountains and the glaciers, this drive along the rim of the canyon is as delightful as any in the Rockies.

The Spiral Tunnels bear mute but powerful witness to the resourcefulness of Canadian engineers and the never-ceasing efforts of the Canadian Pacific to improve its equipment.

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