WHEN

Ski Trails

CALL . . .

TRAVEL Canadian Pacific

THE DOMINION

Breakfast Suggestions

50 Cents

Tomato, Apple, Pineapple, Grapefruit Juice, Stewed Fresh Rhubarb or Prunes with Cream
or
Cereal with Cream

Rolls Toast Bran or Corn Muffins Marmalade or Jam
Tea Coffee Milk

75 Cents

Tomato, Apple, Pineapple, Orange or Grapefruit Juice
Sliced Orange Baked Apple with Cream
Stewed Fresh Rhubarb or Prunes with Cream
Sliced Banana with Cream Grape Fruit (Half) Cereal with Cream

Shredded Codfish Cakes
Boiled, Fried or Scrambled Eggs
Omelets: Plain, Jelly or Tomato Bacon or Ham with Fried Egg
Grilled Ham or Bacon

Rolls Toast Bran or Corn Muffins Hot Biscuits
Marmalade, Jam or Jelly
Tea Coffee Milk

$1.00

Tomato, Apple, Pineapple, Orange or Grapefruit Juice Sliced Orange
Sliced Banana with Cream
Grape Fruit (Half) Baked Apple with Cream
Stewed Fresh Rhubarb or Prunes with Cream

Cooked or Dry Cereals with Cream

Smoked Lake Winnipeg Goldeye Fried Halibut, Tartar Sauce
Grilled Lake Trout, Maitre D'Hotel Steamed Finnan Haddie, Drawn Butter
Bacon or Ham with Fried Eggs Minced Chicken with Poached Egg
Grilled Lamb Chops Grilled Special C.P.R. Sausages with Bacon
Scrambled Eggs with Sausages Omelet, Country Style
Griddle Cakes with Bacon

Rolls Toast Bran or Corn Muffins Hot Biscuits
Marmalade, Jam or Jelly
Tea Coffee Milk

Waiters are forbidden to serve verbal orders. Passengers will kindly write their order on meal check.
Children under twelve years of age will be served meals at half price, if ordered on special meal check.

T. M. McKEOWN, Manager, Sleeping Dining and Parlor Cars, Montreal.

3-4—Tor. 2-39

THE DOMINION

A la Carte

FRUITS, ETC.

Orange Juice, 20 Pineapple Juice, 20 Grapefruit Juice 20 Tomato Juice, 15
Sliced Banana with Cream, 20 Grape Juice, 20 Sliced Orange, 20
Grape Fruit (Half) 20 Apple Juice, 15 Assorted Fresh Fruit, 25
Stewed Prunes 15, with Cream, 25 Baked Apple 15, with Cream, 25
Stewed Fresh Rhubarb 15, with Cream 25

CEREALS WITH MILK 15, WITH CREAM 25

FISH

Smoked Lake Winnipeg Goldeyes, (1) 40, (2) 70
Grilled Lake Trout, 50 Shredded Codfish Cakes 40, with Bacon, 50
Fried Halibut, Tartar Sauce, 50 Steamed Finnan Haddie, Drawn Butter 50

CHOPS, STEAKS, ETC.—FROM THE GRILL

"Red Brand" Sirloin Steak, 1.25 "Red Brand" Small Sirloin Steak, 1.00
Ham (½ cut) with 1 Egg 45, with 2 Eggs, 55 Sugar Cured Ham Steak, 60
Bacon (3 strips) 30, (5 strips) 50 Bacon and Eggs, 55
Lamb Chops (One) 30, (Two) 55 Broiled or Fried Ham (½ cut) 35, (full cut) 50
Minced Chicken with Poached Egg, 50
Grilled Special C.P.R. Sausages, 40, with Griddle Cakes, 50

Griddle Cakes with Canadian Maple Syrup, 35

EGGS, OMELETS, ETC.

Boiled (One) 15, (Two) 25 Poached on Toast (One) 20, (Two) 35
Scrambled, 30 Fried (One) 15, (Two) 25
Omelets:—Plain, 30 Tomato or Cheese, 40 Asparagus or Spanish, 45

French Fried, Hashed in Cream or Saute Potatoes, 20

MARMALADES, JAMS OR JELLIES

Quince Jelly, 15 Crabapple Jelly, 15 Brambleberry Jelly, 15
Strawberry Jam, 15 Raspberry Jam, 15 Orange or Grapefruit Marmalade, 15
Individual Canadian Strained Honey, 15, Comb Honey, 20
Sliced Pineapple, 20 Preserved Figs 30, with Cream, 40

BREAD AND BUTTER SERVICE PER PERSON

French Toast, Currant Jelly, 35
Toast, 10 Milk Toast, 25 Cream Toast, 35
White, Hovis, Brown and Raisin Bread, 10 Bran or Corn Muffins, 10
White and Graham Rolls, 10 Hot Biscuits, 10

TEA, COFFEE, ETC.

Coffee Pot 20 (served with Hot Milk or Cream)
Tea, Pot 20 Malted Milk, 20
Cocoa, Pot 20 Sanka Coffee, Pot, 20 Instant Postum, 20
Individual Bottle Fresh Buttermilk, 10 Individual Sealed Bottle Milk, 15

FOR *Ski-ing* VARIETY

CANADIAN ROCKIES

All the winter splendor of the Canadian Rockies is in tune with the joy of ski-ing! Crystal clear air, miles of open slopes, and the powder snow that skiers revel in have won the acclaim of enthusiasts who are familiar with mountain ski-areas the world over. Countless miles of towering peaks and dipping valleys offer their snow-clad slopes to the "White thrill" of ski-ing! To ski at all is thrilling but to ski in the Canadian Rockies is an experience that lifts one from the every-day world to a plane of sheer delight.

Banff, Mount Norquay, Sunshine Valley, Mount Assiniboine, Lake Louise and Skoki Valley are popular centres for all who would enjoy the pleasures of this King of Winter Sports.

CHATEAU FRONTENAC and LAC BEAUPORT

Old Quebec City, rich in historic and romantic interest, has long been popular as a winter sports resort. The varied activities centre at the Chateau Frontenac —a modern Canadian Pacific hotel with centuries old traditions. Some twelve miles north of the city, in a picturesque realm of moderate altitude, lies Lac Beauport. Here ideal natural conditions for ski-ing exist, with dry powder snow and slopes and trails protected from cold winds. This section has a network of new ski trails, an intermediate jump and downhill and slalom runs on Mount Murphy, and similar facilities of a championship character on Mount Taylor. Electrically heated ski buses, operated by the Chateau Frontenac management, transport skiers between the hotel and Lac Beauport.

THE LAURENTIANS

The Laurentian mountain district north of Montreal is admirably adapted to ski sport. Suited equally to the beginner and the experienced skier, the Laurentians offer a wide range of runs from easy, gradual slopes to steep, difficult hills that challenge the skill of the expert. 1,000 miles of well-defined trails provide ample facilities for cross-country ski-ing. For further particulars see skiers' maps such as those issued by the Canadian Pacific Railway, which chart the hill contours, villages and other landmarks.

OTHER CENTRES

The Canadian Pacific Railway also provides convenient train service to the Gatineau Hills north of Ottawa, to the St. Maurice Valley via Trois Rivières, the Eastern Townships and other popular ski-ing localities throughout Canada. For information regarding low rail fares, accommodation, etc., communicate with your nearest Canadian Pacific representative or General Tourist Agent, Canadian Pacific Railway, Montreal.

CANADIAN PACIFIC

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