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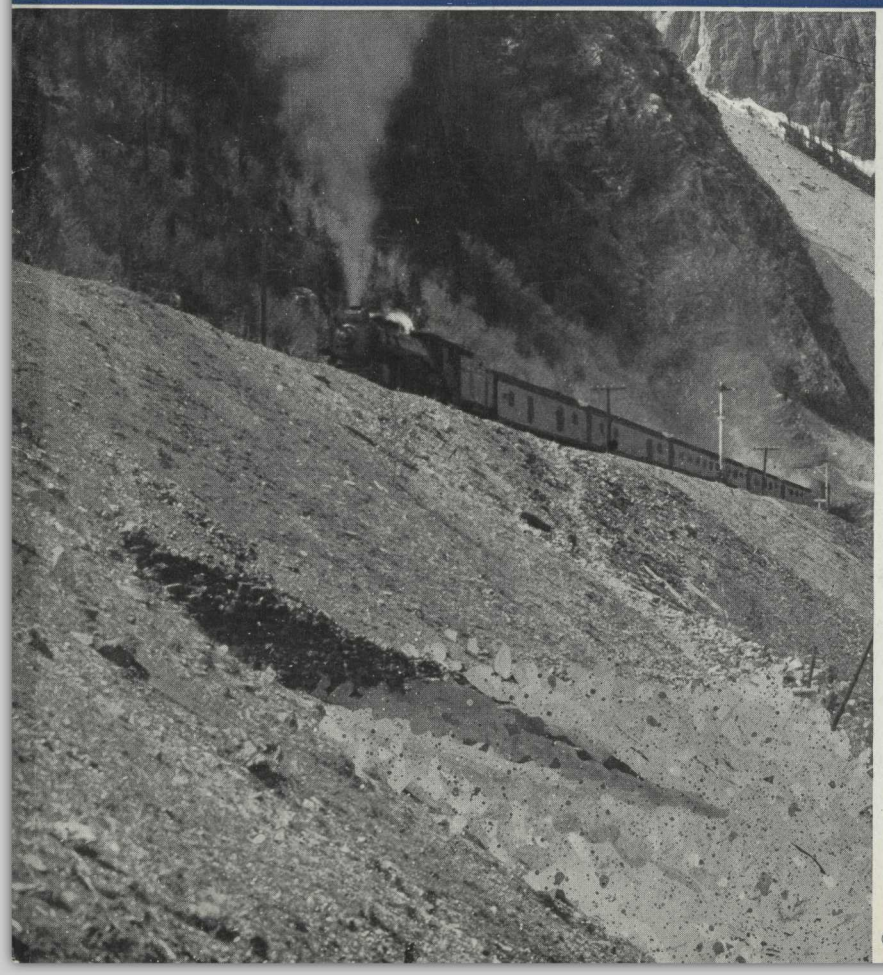
# Through the CANADIAN ROCKIES



## BANFF
## LAKE LOUISE
## EMERALD LAKE
## ALASKA

A CANADIAN PACIFIC PUBLICATION

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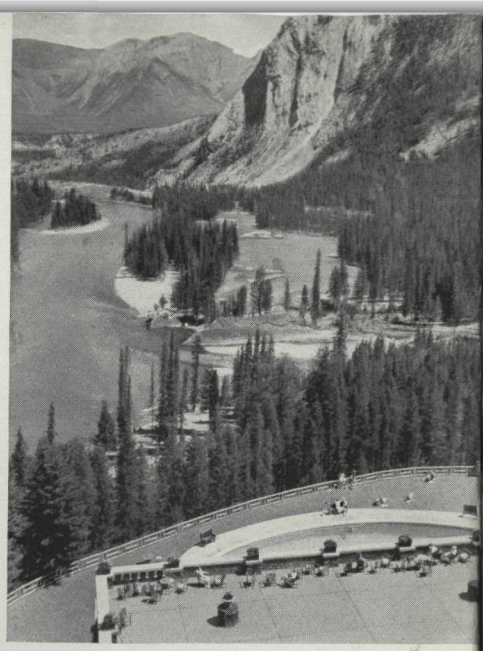

## ..or just loaf and soak up ozone-laden sunshine

Although at Banff Springs Hotel there is everything to suit the tastes of the Nineteen Thirties, also allow yourself ample opportunity to rest on the broad balconies and spacious lawns, admiring the splendor of valley and mountain. Here you may relax in the invigorating mountain air and brilliant Alpine sunshine, chatting with friendly companions or golfers, riders and tennis players back from their sports.

# Banff

## Here Nature built a paradise for play

The Canadian Rockies—Roof Garden of the World—form one of the most remarkable mountain regions known to man. They are the first of five ranges between the prairies and the Pacific Coast which offer nearly 650 miles of spectacular scenery — sky-piercing, snow-crested mountains and glaciers, tumbling waterfalls, foaming torrents, great canyons, and jewelled lakes brilliant in their setting of spruce-clad mountains. In one of the world's most impressive settings, stands baronial Banff Springs Hotel, capital of this vast mountain empire. Warm sulphur and cool fresh-water swimming pools adjoin it. A picturesque 18-hole golf course stretches away from its doors down the beautiful Valley of the Bow. Fast tennis courts flank it, and in the rear are corrals for mountain ponies. Truly, Banff is a paradise built for play, offering sports-life abundant!

## ..where "America's" vacation begins for travellers westward bound

What a thrill as your car swings up the mountain road and sweeps into the great courtyard of Banff Springs Hotel! This modern castle-hotel stands at the confluence of the Bow and the Spray rivers amid a circle of pearly grey, serrated peaks —in a veritable "Valley of the Gods".

Banff Springs Hotel, with its fireproof construction; 600 commodious guest rooms, all with bath; luxurious suites; spacious public rooms; tasteful and varied cuisine, and regal setting is the ultimate in comfort and enjoyment.

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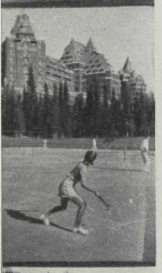
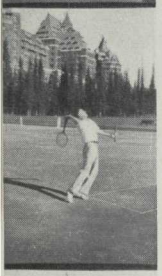
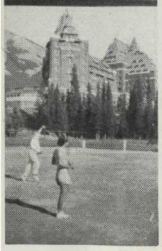
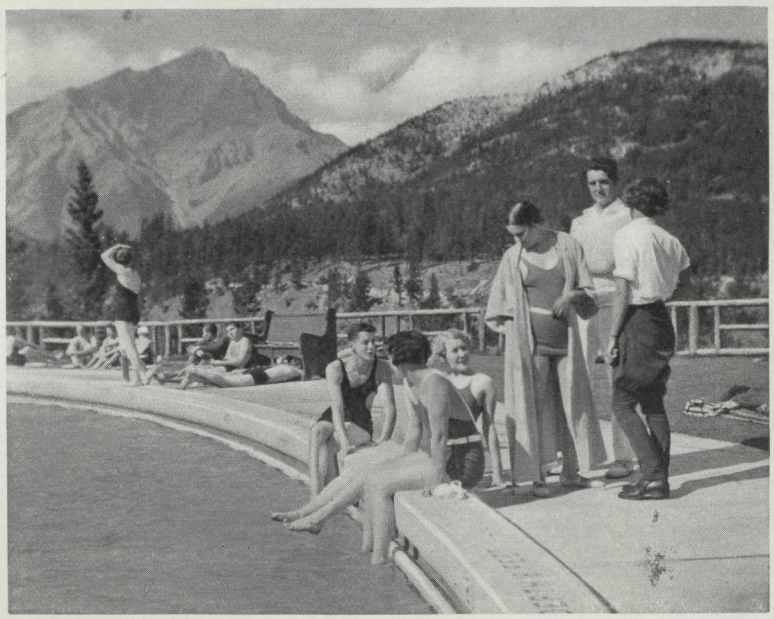






# And what a place to play!

At the hotel there is entertainment all the time. You could be perfectly happy just looking out towards the encircling mountains, watching the swimmers, swimming yourself, playing golf, or studying the cosmopolitan types which you meet at this castle-hotel. For tennis players there are several excellent courts. Adjoining the tennis courts are an excellent badminton court and croquet ground. Equipment for these games can be obtained at the hotel.



Banff Springs Hotel has **two** swimming pools—a beautiful outdoor pool filled with health-giving, warm sulphur water, and a cool, indoor fresh-water pool—ideal for an invigorating plunge. Adjoining the pools is a spacious lawn where the swimmers may relax, laugh, chat and get a sun-tan.

The maximum in golf thrills

# Mile-high golf

Surrounded on all sides by massive peaks, the Banff Golf Course, constructed by the Canadian Pacific, is truly a kingly setting for the Royal and Ancient game. The route of the play, the location of the tees, and the selection of the greens are so arranged as to afford picturesque vistas of the Bow and Spray rivers, alternating with unique views of the surrounding mountains.

6,640 yards long, with a par of 71, it is an eighteen-hole course superbly located on the banks of the Bow River, and guarded by huge bastions of rock, turreted and pinnacled like the fortified castle of old. Starting from within 300 feet of the Banff Springs Hotel it has three sets of tees for each hole, thus providing in reality three courses—long, medium and short—to suit all

# with mountain peaks for bunkers!

types of golfers. The fairways are doubly wide, with two routes to each hole. The "nineteenth hole" is an attractive new $100,000 club house charmingly situated on the banks of the river. Golf clubs can be obtained at the club house. Green fees are moderate.

There has been some brilliant golf on the Banff links, and many well-known golfers have played there. They find the bunkering of the course clever and deceptive, and that the natural water hazards—provided by the Bow and Spray rivers, and by waters cupped at the base of mighty Mount Rundle—demand skill and concentration; but their pleasure is equalled by that of the amateurs. The latter beat a longer and more leisurely course from hole to hole, pause perhaps to watch deer scamper lightly into the bush, and discern perchance the imprints of elk or bear on the immaculate bent-grass fairways. That's why "I've played Banff" is a golfer's proudest boast—there's not only mile-high golfing on a splendid course, but an atmosphere found nowhere else in the golfing world. Competitions are held each year for the Prince of Wales Cup—an open event—and the Willingdon Trophy, for which participants play under club handicaps. These two events are combined in a "Golf Week" which every golfer should note in his diary. Information regarding conditions of entry, dates, etc., may be obtained from any Canadian Pacific agent.

# Ride sky line trails hike..fish..dance

## each moment more interesting than the last

Mention has been made of the sports facilities. To these should be added the joys of riding and hiking along spruce-scented trails in the cool sweet mountain air, meeting colorful characters, scarlet-coated "mounties" and four-gallon-hatted cowboys . . . fishing for cut-throat trout, or canoeing along shady streams and across jewelled lakes. Nature has been prodigal with her gifts and man has opened up roads for their better enjoyment. As a consequence, motoring is a favorite diversion in the Canadian Rockies, and even the shortest trips result in handsome returns in this "Valley of the Gods."

When you return to the hotel, there is a well-equipped Turkish bath awaiting you, popular alike with those who come in after a game of golf or an hour in the saddle. Then, dance after dinner in the great ballroom, listen to an enchanting concert performance, play bridge, swim perhaps, or listen to a nature guide lecture on the lore of flowers and birds, glaciers and mountains. Or you may stroll on the flower-blown terrace, catching the strains of some dreamy waltz from the ballroom, and gazing in wonderment at the Valley of the Bow suffused with luminous moonlight.

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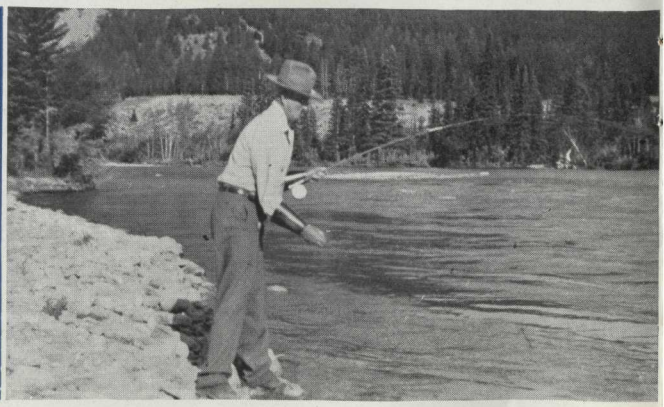

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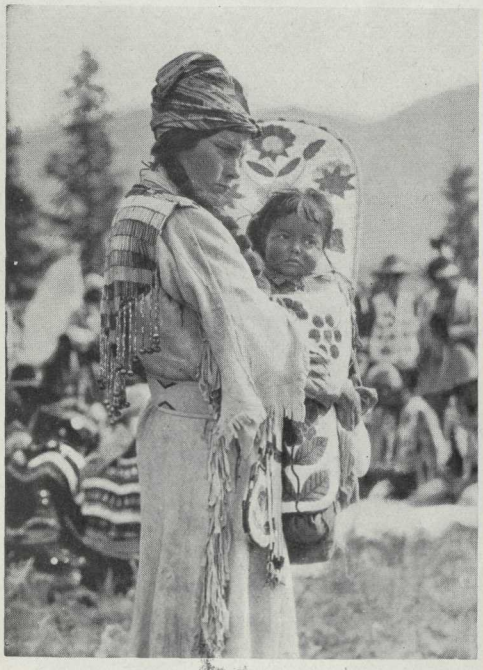
# Indian Days...color...action...and the throb of drums...

Indian Days at Banff is one of the most colorful spectacles on the North American Continent. Between three and four hundred Stoney Indians come from the Morley reserve, 40 miles east of Banff, for their tribal sports. Each morning there is a parade in which the majority of the Indians take part, many fine horses being used. The chiefs are resplendent in gorgeous trappings and head-pieces. Braves and squaws wear creations of white buckskin, beadwork and ermine, and they ride with dignity and poise. Full particulars as to the dates of these celebrations may be obtained from any Canadian Pacific agent.



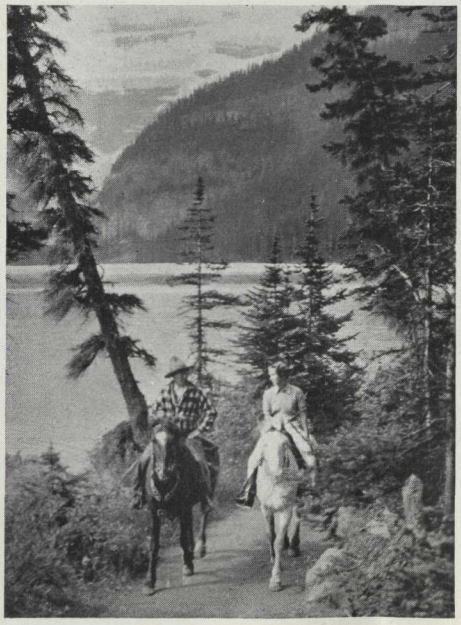
Another frontier-day celebration is the annual Stampede held at Calgary, the gateway to the Rockies. For a week the glories of the Old West are revived in a carnival of frontier sports and contests. Cowboys, Indians, "mounties" and old-timers are all to be seen at this western epic—an event no one should miss.

# LOVELY *Lake Louise*

Off for adventure on the high peaks

The journey from Banff to Lake Louise consists of a fine 40-mile motor trip, or you can travel by rail. The motor road winds for miles along the Bow River. About 16 miles from Banff a stop is made at beautiful Johnston Canyon—16 miles of inspiring mountain scenery. From Johnston Canyon the road continues past the gaunt grey turrets of Castle Mountain to Lake Louise, passing within view of the Ten Peaks and snow-capped Mount Temple.

Lake Louise—probably the finest gem of scenery in the world—bears the liquid music, the soft color notes of its name, almost into the realm of the visible. Nestling 5,680 feet above sea level, amidst an amphitheatre of peaks, Lake Louise is a dramatic palette upon which the Great Artist has splashed His most gorgeous hues, a wonderful spectrum of color. Most exquisitely colored is the lake itself, sweeping from rosy dawn to sunset through green, blue, amethyst, and violet, undershot by gold; dazzling white is the sun-glorified Victoria Glacier, at the farther end; sombre are the encircling spruce-clad, snow-capped peaks that enclose the picture except for the fleecy blue sky overhead. On the margin of this perfect lake, in a wonderful Alpine flower garden, where poppies, violets, columbines, anemones and sheep laurel slope through terraced lawns to the water's edge—the Canadian Pacific has erected its Chateau Lake Louise, a fireproof, modern and luxurious hotel with accommodation for seven hundred guests.



Overlooking Lake Louise is an outdoor swimming pool with an instructor in attendance. Two fine tennis courts adjoin the Chateau, also putting greens and clock golf. There is good boating and trout fishing in the lake.

## Each window frames a mountain paradise

Across the front of the Chateau Lake Louise extends a spacious lounge that commands an uninterrupted view of the Lake through beautiful single-pane windows of enormous size. The dining-room, in the right wing, has similar large windows and the same wonderful view. From the ballroom in the left wing the Lake may be seen through the arches of the cloistered terrace. Thus the visitor may rest, dine and dance without losing sight of the beauty that attracted him hither.

# Moraine Lake

IN THE VALLEY OF THE TEN PEAKS

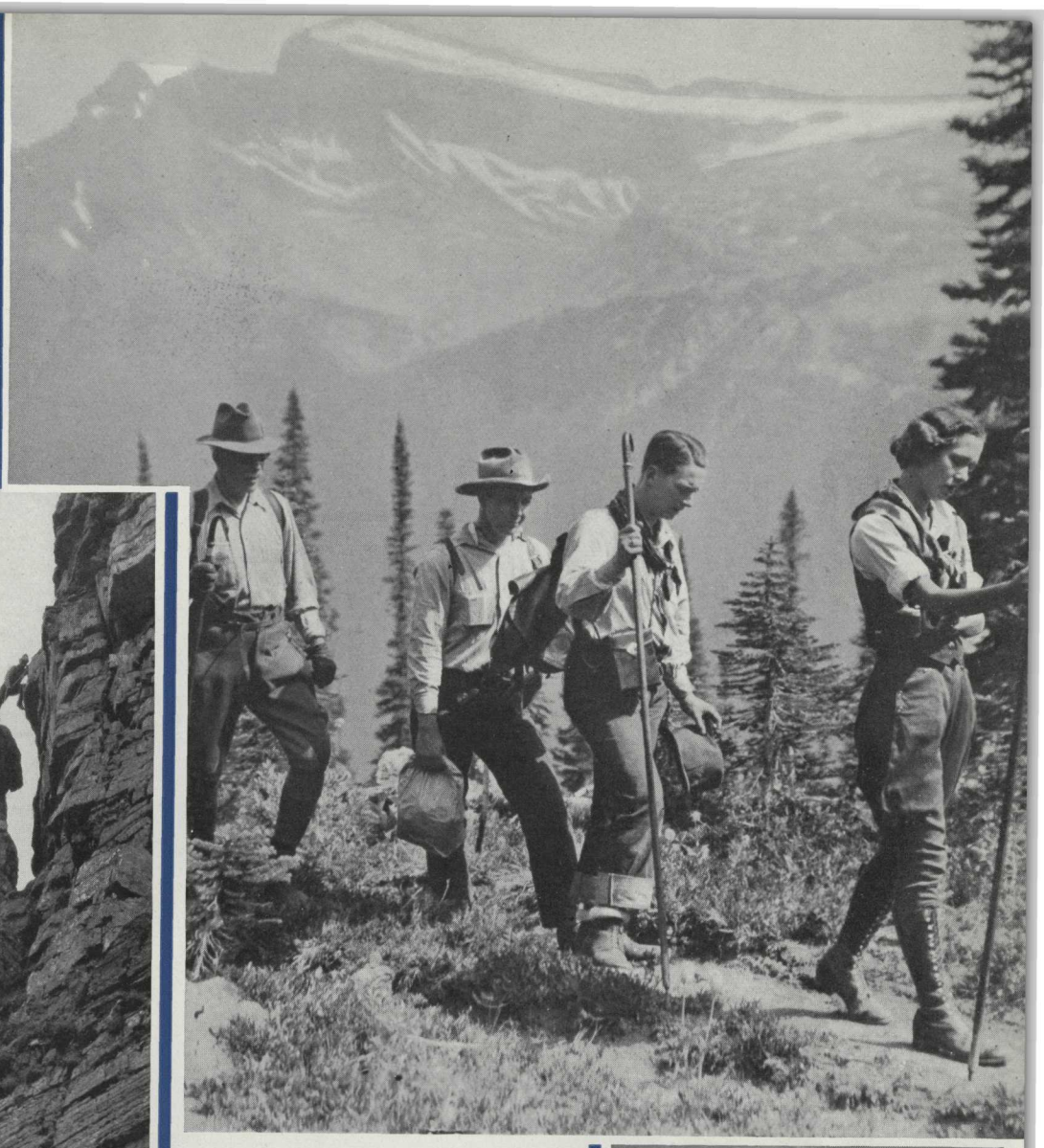
## Where sun-kissed summer meets eternal snow

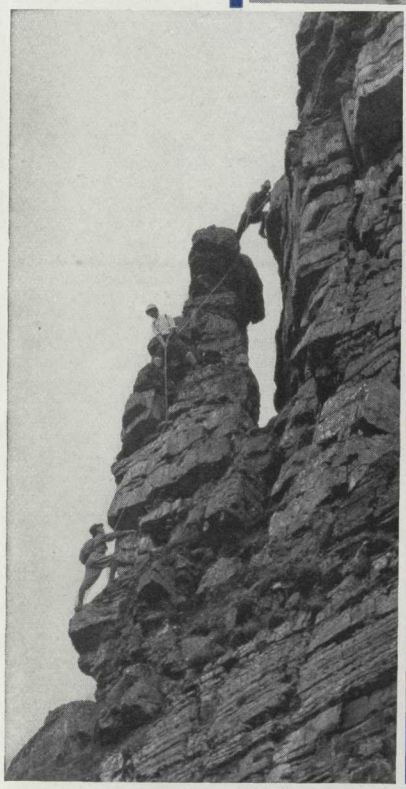
Another "Pearl of the Rockies" is Moraine Lake, 9 miles from Lake Louise. This lovely sapphire lake lies in the Valley of the Ten Peaks, all of which are over 10,000 feet high. Standing apart, as a sort of outpost, is the Tower of Babel, an interesting rock formation of unusual shape. Consolation Lake should also be visited—its waters contain a plentiful supply of trout. At the foot of the lake is Moraine Lake Chalet-Bungalow Camp, an ideal headquarters for hikers and Alpine Climbers. The main building, in its attractive forest setting, contains a bright living- and dining-room. The log cabins are near at hand, providing sleeping accommodation.

Moraine Lake Chalet-Bungalow Camp

Consolation Lake

You can make your stay as SAFE or THRILLING as you like!





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# A hundred trails that lead over the roof of the world . . .

The Canadian Rockies offer to the mountain climber one of the most extensive and interesting of the easily-accessible ranges of the world. This region has been well called "Fifty Switzerlands in One", and with good reason do noted Alpine Climbers—and aspirants to that title—make their way thither from all parts of the world. It has a splendid variety of climbs suited equally to the seasoned Alpinist and the beginner. Competent Swiss Guides are available at the hotels and their services should be arranged for as far in advance as possible. Of course, climbing should be undertaken only with suitable clothes and equipment. The Alpine Club of Canada, which numbers over 600 members, has its headquarters at Banff. Each year it holds a fourteen-day camp in the Canadian Rockies, and welcomes all who have the ambition to climb or are in any way interested in the Mountains.

Mighty Mount Babel ©A.S.N.

On the Roof of the World ©A.S.N.

# Where peaks soar toward the infinite

## Emerald Lake Chalet... intriguingly informal

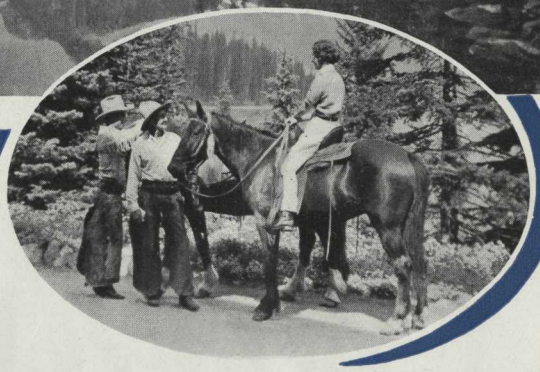
Emerald Lake is not only a popular centre in Yoho National Park — one of the six great national parks served by the Canadian Pacific—but also the axis for excursions to other beauty spots. From Field on the Canadian Pacific main line it is seven miles by motor to Emerald Lake, via a fine road through the hush of a scented spruce-forest. There is a good motor road from Lake Louise to Emerald Lake.

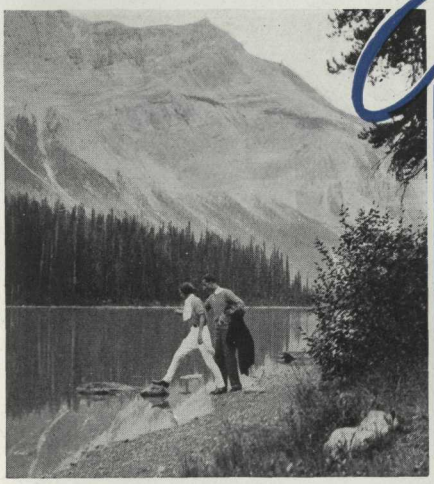
The superb green of Emerald Lake is almost beyond Nature's achievement in any other lake in the Rockies. Tall trees crowd to the water's edge as if to see their perfect reflection, and to see inverted in the emerald mirror the snowy mountain giants that surround the lake.

Emerald Lake Chalet is built of great squared timbers, surrounded by rustic-design bungalows. The settlement now consists of three units—the original Chalet, the Club House and the bungalows. The Chalet is built on Swiss chalet lines, with deep overhanging balconies. The Club House is an especial favorite at nights: either the veranda with its magnificent sunset and moonlight views; or indoors, where dancing, lounging, card-tables, a library and a great log fire provide entertainment for all.

# Emerald

the green jewelled lake





## Cozy bungalows flank the chalet

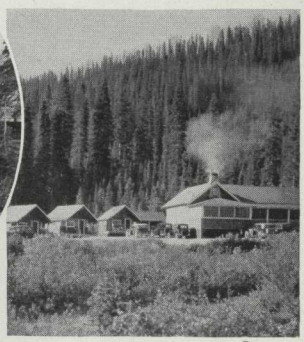
The bungalows are of various sizes, daintily and comfortably furnished, with hot and cold running water, bathrooms, stoves and cupboards. All of them have individual verandas, and the larger ones are "en suite" with connecting doors. Emerald Lake has been stocked with trout, and its vicinity affords many charming excursions on foot or horseback. The slopes along the lake shore are rich in wild flowers. Nearby are fossil beds of unusual interest.

Wapta Chalet-Bungalow Camp

# LAKE O'Hara

## Chalet-Bungalow Camp

# 7 cozy, modern, chalet-bungalow camps



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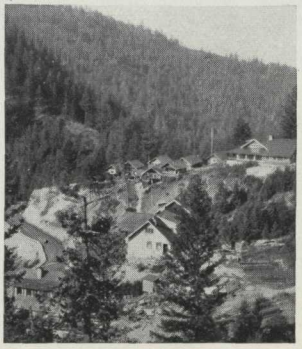
Yoho Valley Chalet-Bungalow Camp

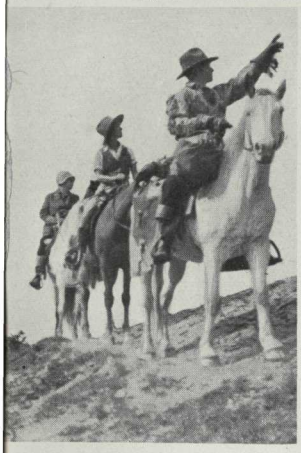
A Chalet-Bungalow Camp consists of a central chalet, with dining-room and lounge, surrounded by comfortable sleeping cabins. While such camps are less formal than the hotels, they have modern conveniences such as electric light, running water, and a homely charm of their own.

Wapta Camp (station—Hector, B.C.), near the Great Divide, stands on the edge of Lake Wapta, the principal source of the Kicking Horse River. From Wapta, Lake O'Hara Camp is conveniently reached by trail (8 miles). There is also another new trail (12 miles) from Lake Louise. O'Hara is considered by some the fairest jewel in the Rockies' crown and won the unstinted affection of John Singer Sargent. Yoho Valley Camp, situated within sight of Takakkaw Falls, well merits its name—for Yoho was the Cree Indian's exclamation of wonder. Radium Hot Springs Camp on the Banff-Windermere Highway is known for the curative properties of its waters. Moraine Lake is located in the majestic Valley of the Ten Peaks. Mount Assiniboine Lodge (lessee: Mr. Erling Strom) is reached by several trail routes from Banff (35 miles), with overnight stop at a half-way cabin. Castle Mountain Camp (lessee: Mrs. H. Pollard) is situated just half way between Banff and Lake Louise (26 miles either way).



Radium Hot Springs Chalet-Bungalow Camp

# TRAIL RIDERS • SKY LINE HIKERS
## of the Canadian Rockies



Up . . . up . . . till only the sky's above

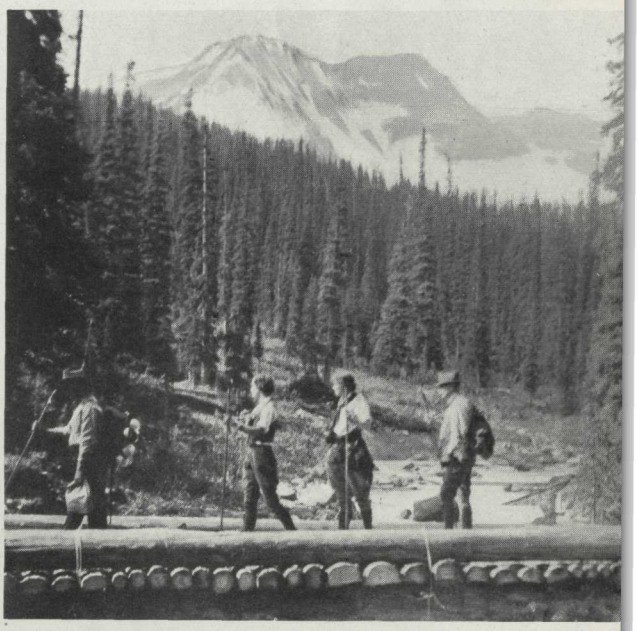
## Majestic trees . . . tumbling waterfalls

For those who wish to get off the beaten path and explore the innermost secrets of the mountains, there are two attractive organizations which extend a hearty welcome to newcomers. One is the "Trail Riders of the Canadian Rockies", the other "The Sky Line Trail Hikers of the Canadian Rockies". The names of the orders describe their purpose. The former has been in existence for eleven years and numbers over 1500 members drawn from Canada, the United States and overseas. They are graded hierarchies, these orders—distinctive buttons showing the mileage ridden being awarded in the case of the Trail Riders, while silver bands on the hiker's alpenstock denote his rating.

## A fairyland of mountains at their feet

"The Sky Line Trail Hikers of the Canadian Rockies" is of more recent but not less vigorous growth than its companion order, "The Trail Riders of the Canadian Rockies." Both, however, are international in scope, knowing neither creed nor profession. In the ranks of both are men and women, young and old, who appreciate the beauty of the mountains, and the wild life and flowers which abound there. Each year a glorious trail ride and trail hike are held . . . with carefully planned itineraries and camp-fire nights. Information as to dates, routes, etc., may be obtained from any Canadian Pacific agent or at the hotels and chalet-bungalow camps.

Trail Riders see winter come and go



Regular trails are easy to follow

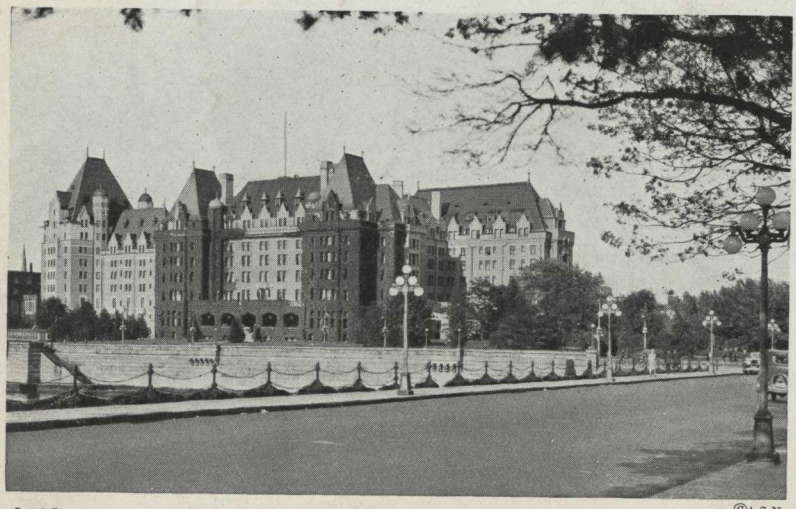
Mighty Taku Glacier—and the "Princess Charlotte" of the Canadian Pacific Fleet.

# *Alaska* A 2,000-Mile, 9-Day Cruise

It is a fitting climax to your journey through the Canadian Rockies—this 2,000-mile, 9-day cruise to Alaska and back. It is a land of flowers, of glaciers, fox farms, salmon, Indians and totem poles. It is the "land of the unsetting sun." For nine days, going and returning, the Canadian Pacific "Princess" liners glide along the almost land-locked "Inside Passage", winding through mountain-hemmed, fjord-like waterways with fascinating Alaskan towns and quaint old settlements as continuous episodes.

Regular sailings are operated from Vancouver (also Victoria and Seattle) and six ports are visited en route. Why not complete your journey through the Canadian Rockies with this cruise? A companion booklet, describing cruises to Alaska more fully, may be obtained from your own travel agent or any Canadian Pacific agent listed opposite.

Hotel Vancouver, Vancouver, B.C. ©A.S.N.



Empress Hotel, Victoria, B.C.

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