May 19, 1930

BANFF SPRINGS HOTEL, BANFF SPRINGS, ALTA.

Canadian Pacific

The Expression of a Nation's Character

WORLDWIDE in scope, international in activities, the Canadian Pacific is pre-eminently the expression of a progressive nation's character.

Canadian Pacific rails extend from the Atlantic to the Pacific Ocean, webbing prairies and mountains, reaching out to cities, farms, forests, ranches and mines scattered over a million square miles.

Stupendous record in steel of the daring and genius of a young people who fifty years ago dreamed of transforming a virgin wilderness into a nation—and made their dream come true.

Canadian Pacific Steamships, on all seven seas—Canadian Pacific Telegraphs, carrying messages to world's end and back — Canadian Pacific Express, trusted bearer of goods to the farthest places, with money-orders of worldwide currency — Canadian Pacific Hotels, with guests from all the continents.

Gigantic symbol of the vision, enterprise and spirit of the people of Canada.

BREAKFAST
a la Carte

Monday, May the Nineteenth, Nineteen Hundred and Thirty

FRESH FRUIT

Tomato Juice 35 Sauerkraut Juice 30 Grape Fruit Juice 40 Orange Juice 40
Malaga Grapes 50 Sliced Peaches with Cream 35 Fresh Bartlett Pears 40
Oranges, Sliced 35 Baked Apple 35 Orange, one 20
Grape Fruit, half 40 Bananas Sliced with Cream 35
Stewed Prunes 35 Stewed Rhubarb 35

PRESERVES

Apricot Jam 30 Peach Jam 30 Raspberry Jam 30 Marmalade, Individual 30
Grape Fruit Marmalade 30 Brambleberry Jelly 30 Quince Jelly 30
Crabapple Jelly 30 Strawberry Jam 30 Strained Honey 30 Comb Honey, Individual 35
Fruit in Syrup : Apricots, Pineapple, Figs, Peaches, Pears 40

CEREALS WITH CREAM 35c

Shredded Wheat, Grape Nuts, All Bran, Pep, Corn Flakes, Puffed Rice
Post Toasties, Bran Flakes, Puffed Wheat
HOT—Oatmeal or Cream of Wheat with Cream 30

TOAST, ROLLS, Etc.

Dry Toast 20 Buttered Toast 20 Cinnamon Toast 25 Cream Toast 50
French Toast with Jelly 45 Buckwheat Cakes, Maple Syrup 35
Griddle Cakes, Maple Syrup 35 Hot Biscuits, two 30 Hovis Bread 15
Assorted Breakfast Rolls 20 Corn Muffins 20 Bran Muffins 20 Brioche, Crescent Rolls 25

EGGS

Boiled one 30 Boiled two 50 Fried one 30 Fried, two 50 with Ham or Bacon 85
Poached one 30 two 50 Scrambled three 70 Scrambled with Bacon 85
Shirred, plain two 50 with Chicken Livers 70 with Lamb Kidney 70
Omelettes : Plain 65 Parsley 65 Spanish 85 with Mushrooms 1.00 Jelly 90
Ham or Bacon Omelette 90

Concerts ; One o'clock in Mount Stephen Hall; Four o'clock in Riverview Lounge ; Seven o'clock in Mount Stephen Hall

Specials

Honeycomb Tripe, Creole 85

Grilled Country Sausage and Bacon 90

Lake Winnipeg Goldeye, One 60

BREAKFAST
a la Carte

FISH

Kippered Herring 65 Bloater, Broiled 65 Finnan Haddie, grilled 85 in cream 85
Flounder, Fried 85 Salt Codfish in Cream 85 Grilled Ling Cod 85 Whitefish 85
Halibut Steak 85 Salt Mackerel 85 Salmon Steak 85 Smoked Alaska Black Cod 85
Northern Lake Trout 90 Fried Filet of Sole 90 Codfish Cakes 60 with Poached Egg 70

CHOPS AND STEAKS

Pork Chop, one 70 Ham or Bacon 75 Country Sausages 75 Mutton Chops 1.10
Calf Liver with Bacon 1.00 Lamb Chops, two 1.25 Pork Tenderloin 1.25
English Mutton Chop, one 1.10 Breakfast Steak 1.10 Broiled Chicken, half 1.60
Small Tenderloin 1.60 Small Sirloin Steak 1.40 Bacon, one rasher with order 15
Corned Beef Hash, Brown, plain 80 Corned Beef Hash, Brown, with Poached Egg 95
Chicken Livers with Mushrooms 90 Breaded Veal Chop, Tomato sauce 70
Stewed Kidney, Chasseur 90 Minced Chicken in cream 1.10 Lamb Kidney with Bacon 1.10

POTATOES

French Fried or Saute 35 Hashed in Cream 35 Hashed Brown 35 New Boiled 25
Lyonnaise 35

COFFEE, TEA AND MILK

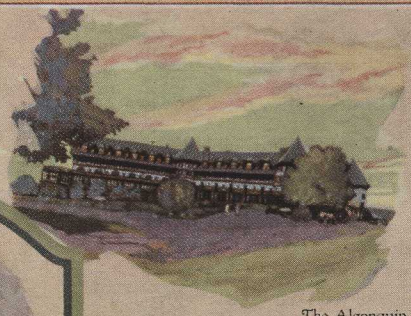
Tea or Coffee 30
Malted Milk 25 Instant Postum 25 Cocoa or Chocolate 35 Kaffee Hag 30
Special Coffee 40 Glass of Milk and Cream 35 Glass of Milk 15
Glass of Cream 45 Individual Bottle of Milk 25

Portions Are Prepared For Service As For One Person Only
Five Cents The Portion Is Added For Service In Rooms

Dancing in the Ball Room To-Night at Nine-Fifteen

CANADIAN PACIFIC HOTELS

The Place Viger
Montreal
Quebec



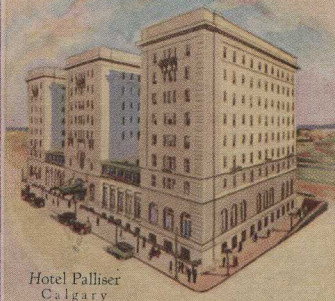
The Algonquin
St. Andrews
New Brunswick

The Royal York
Toronto
Ontario

The Royal Alexandra
Winnipeg
Manitoba

Hotel Vancouver
Vancouver
British Columbia

Banff Springs Hotel
Banff
Alberta

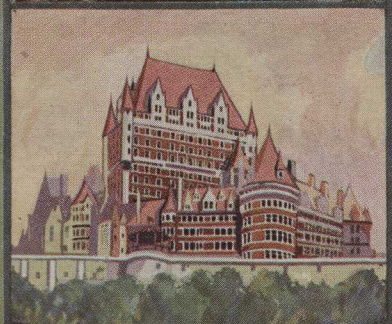


Hotel Palliser
Calgary
Alberta

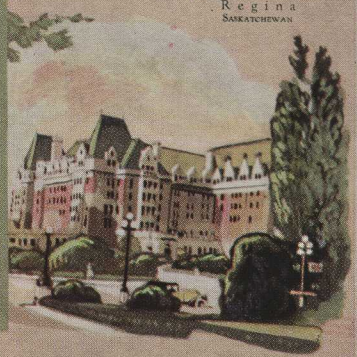
Chateau Lake Louise
Lake Louise
Alberta

Hotel Saskatchewan
Regina
Saskatchewan

Emerald Lake Chalet
Near Field
British Columbia



The Chateau Frontenac
Quebec
Quebec



The Empress
Victoria
British Columbia