

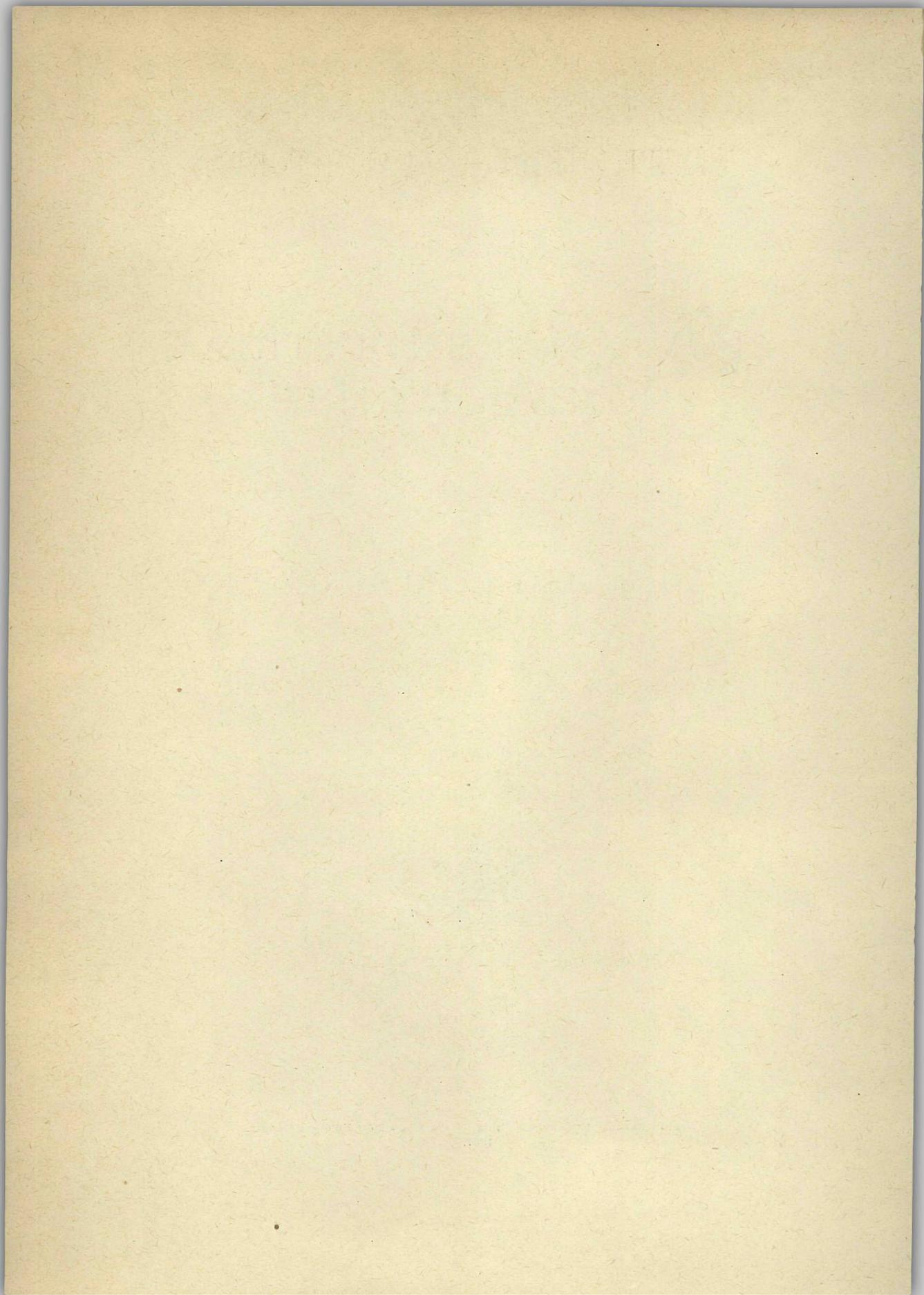
TWENTY-THIRD ANNUAL REPORT
OF THE
PROVINCIAL INDUSTRIAL
HOME FOR GIRLS
OF THE PROVINCE OF
BRITISH COLUMBIA

APRIL 1ST, 1936, TO MARCH 31ST, 1937



PRINTED BY
AUTHORITY OF THE LEGISLATIVE ASSEMBLY.

VICTORIA, B.C. :
Printed by CHARLES F. BANFIELD, Printer to the King's Most Excellent Majesty.
1937.



To His Honour E. W. HAMBER,

Lieutenant-Governor of the Province of British Columbia.

MAY IT PLEASE YOUR HONOUR:

The undersigned has the honour to present the Twenty-third Annual Report of the Provincial Industrial Home for Girls for the year ended March 31st, 1937.

G. M. WEIR,

Provincial Secretary.

*Provincial Secretary's Office,
Victoria, B.C.*

PROVINCIAL INDUSTRIAL HOME FOR GIRLS,
VANCOUVER, B.C., April 1st, 1937.

*The Honourable G. M. Weir, D.Paed.,
Provincial Secretary, Victoria, B.C.*

SIR,—I have the honour to submit herewith Annual Report of the Provincial Industrial Home for Girls, covering the fiscal year April 1st, 1936, to March 31st, 1937.

ANNIE G. WESTMAN,
*Superintendent of the Provincial Industrial
Home for Girls.*

PROVINCIAL INDUSTRIAL HOME FOR GIRLS.

SUPERINTENDENT'S ANNUAL REPORT.

VANCOUVER, B.C., April 1st, 1937.

*Honourable George M. Weir, D.Paed.,
Provincial Secretary, Parliament Buildings, Victoria, B.C.*

SIR,—I have the honour to submit to you and the honourable members of the Legislature the Twenty-third Annual Report of the Provincial Industrial Home for Girls from April 1st, 1936, to March 31st, 1937.

During the past fiscal year there were twenty-five admissions, ranging from 13 to 19 years of age and mentally classified from morons to dull normals. Though committed from many points in the Province, the greater number were sent in from the Vancouver Juvenile Court.

We have had more than usual of the older, more experienced type, who are not so adaptable nor so easily influenced to change their way of thinking and living. There is resentment to break down before an interest in training can be aroused. Their indolent, purposeless attitude is established and some see no necessity for change. The majority of families have been on relief for a long time, and there is either a bitter hopelessness among the parents or a placid acceptance, either one reacting unfavourably on the children. The influence of these older, more hardened girls on the younger, more pliable group has to be reckoned with. The problem of even retaining them after commitment is a serious one, and when they leave without permission, usually other more easily influenced girls go too. We have had thirteen girls run away, with two repeating; their time out ranging from a day to, one instance, three months. With this variety in material it is necessary to use discretion in the granting of privileges and does tend to lessen liberty for all. This should not be used as a gaol, nor a place of punishment, but a training-school, and it is necessary to allow a certain amount of freedom that goes with normal living.

We try to group according to age and experience, but segregation is difficult, though our building is spacious. Greater interest in the various branches has been developed during the year. Almost every girl wants to become a proficient home-maker, and, without exception, ambitious to become better than just an ordinary cook. They are realizing that home-making requires some ability and much training, and are accepting the fact that there is a demand for trained workers in the home and a position is available when they are released. We are also endeavouring to impress on the people who engage our girls that proper living conditions, hours of labour and recreation, and a little more kindly tolerance are necessary if they expect service and loyalty.

While their many classes occupy the greater part of each day, we do not neglect the recreational part of their training. A physical-education director has charge of two periods a week, also a weekly game of basket-ball or baseball after school with the school-teacher is enjoyed. Setting-up exercises for seven minutes directly after prayers each morning, directed by one of the girls, has been of benefit.

The day at the Exhibition, made possible by the kindness of the Board, proved enjoyable to all, with an added thrill for the girls from isolated districts. The Rotary Ice Carnival Committee again sent tickets, and the more deserving group had this delightful experience. The Kiwanians also remembered us when giving their operetta, and it was most enjoyable. The Women's Musical Society, Philharmonic, Red Cross, Child Welfare Society, and Toc H. Auxiliary provided enjoyable evenings during the winter. The Alumnae of the Delta Gamma Fraternity made a presentation of marcelling equipment and electric hair-dryer for our personal hygiene classes which we are establishing. Friends of the staff have kept the girls well supplied with current magazines. All holidays have been observed appropriately, including a Christmas tree with gifts for all. We gratefully acknowledge the kindness of the

W.C.T.U., who supplied individual remembrances; the dinner-party where our girls met the members of the Other Girls' Club; also the treat of fruit and candy supplied by the Salvation Army and large box of candy from the F. W. Woolworth Co., Ltd. The graduates of the Bible Training School have never failed for many years in coming to give the religious-education hour weekly. Our Sunday afternoon services have been supplied by volunteers from the different churches most acceptably, and we are appreciative. Miss White has continued faithfully her classes in first aid and home-nursing, with Dr. Florence Perry taking the examinations. Many references are made in letters from our girls who have been released and to the efficiency and helpfulness of this training, and their gratitude to Miss White for her unselfish interest. We had several enjoyable rides in the truck from the Boys' School, the outstanding one being the day we went to camp at Balmy Beach, near Caulfeild. Through the kindness of the owner, Mr. Smith, we were offered the use of his three cottages for the month of September. Twenty-one girls in all enjoyed at least a few days at camp; this being in every case their first experience. It was camping *de luxe* and not an incident marred the pleasure of the holiday.

Two successive "Open Days" were arranged for this year with both afternoon and evening sessions, averaging seventy-five people at all four. The Home was open for inspection, fancy articles sold, tea served, and on the afternoon and evening of both days the operetta "Robin Hood" was very creditably presented by the choir. For some time we have been saving our money from the sale of lavender, fancy articles, etc., and were at last able to buy a Gerhard Heintzman piano, practically new, with excellent tone and appearance. This has been placed in the large dining-room, where we have most of the programmes that are brought to us. The new radio has certainly been a boon, giving us such a variety, including the daily news and dance programmes.

The Overseas Teachers were interested visitors to the institution, and after inspecting the buildings had tea with us. As usual, the Social Workers' Club held their annual meeting at this Home and the girls excelled themselves in cooking and serving dinner.

Fifteen girls completed their training and were released, positions being found for all, with the exception of four, who were returned to their own homes, where their services were required. A friendly supervision has been maintained and the girls are making a satisfactory readjustment.

In closing, I acknowledge gratefully the courtesy and kindly consideration of the Government departments with whom I have been working.

ESTIMATED VALUE OF VEGETABLES AND FRUIT GROWN ON PREMISES.

VEGETABLES.

Potatoes, 17,000 lb.	\$255.00
Peas, 432 lb.	21.60
Beans, 575 lb.	19.15
Beets, 1,200 lb.	21.00
Vegetable marrow, 525 lb.	10.50
Tomatoes, 1,056 lb.	52.80
Cucumbers, 344	17.20
Cabbage, 471 heads	47.10
Onions, 1,800 lb.	45.00
Onions, green, 69 bunches	2.30
Lettuce, 345 heads	17.25
Corn, 1,675 ears	27.90
Turnips, 2,128 lb.	31.90
Cauliflower, 105 heads	10.50
Carrots, 5,914 lb.	88.70
Parsnips, 600 lb.	9.00
Brussels sprouts, 21 lb.	5.25
Spinach, 60 lb.	3.00

Carried forward \$685.15

ESTIMATED VALUE OF VEGETABLES AND FRUIT GROWN—*Continued.*VEGETABLES—*Continued.*

<i>Brought forward</i>	\$685.15
Celery, 20 bunches	2.00
Manure, 15 loads	60.00
	<hr/>
	\$747.15

FRUIT.

Apples, 600 lb.	\$18.75
Cherries, 160 lb.	16.00
Raspberries, 90 lb.	12.50
Rhubarb, 125 lb.	6.25
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	\$53.50

POPULATION OF HOME, MARCH 31st, 1937.

On roll, March 31st, 1936	31
Girls admitted during year March 31st, 1936, to March 31st, 1937	25
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	56
Released as wards of Juvenile Court	10
Released on becoming 21 years of age	1
Released by Indian Agent	1
Released by Police Magistrate	3
	<hr/>
	15
	<hr/>
Total in Home, March 31st, 1937	41

EXPENSE AND REVENUE STATEMENT OF HOME, MARCH 31st, 1937.

Total inmate-days from March 31st, 1936, to March 31st, 1937	13,106
Gross maintenance <i>per capita</i> cost, one year	\$676.9290
Gross maintenance <i>per capita</i> cost, one day	1.8546
Net maintenance <i>per capita</i> cost, one year	445.8840
Net maintenance <i>per capita</i> cost, one day	1.2216
Operating expenditure by voucher—	
Salaries	12,760.82
Office and school supplies, etc.—	
Postage, office and school supplies	\$290.37
Telephone and telegraph	121.44
	<hr/>
	411.81
Travelling expenses	433.00
Farm operations	868.77
Household equipment (other than furniture)	591.84
Clothing—	
Clothing	\$832.33
Boots and shoes	335.57
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	1,167.90
Janitors' supplies	397.71
Fuel, light, and water—	
Fuel	\$2,479.26
Water	324.95
Light and power	538.55
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	3,342.76
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<i>Carried forward</i>	\$19,974.61

EXPENSE AND REVENUE STATEMENT OF HOME, MARCH 31st, 1937—*Continued.*

<i>Brought forward</i>		\$19,974.61
<i>Operating expenditure by voucher—Continued.</i>		
Provisions—		
Groceries	\$2,949.71	
Meat	1,075.87	
Fish	139.73	
		<u>4,165.31</u>
Medical attendance and hospital supplies—		
Doctor's salary	\$400.00	
Medical supplies	290.77	
Surgery (tonsillectomies, appendectomy, etc.)	320.00	
Dental cost	291.50	
		<u>1,302.27</u>
Good Conduct Fund		85.50
Incidentals and contingencies		202.47
		<u>25,730.16</u>
Total expenditure for year by voucher		\$25,730.16
Maintenance and repairs (expended through Public Works Department)		1,210.54
Inventory, March 31st, 1936		503.57
		<u>\$27,444.27</u>
<i>Less board and rent</i>	\$2,123.40	
<i>Less other receipts</i>		
<i>Less inventory, March 31st, 1937</i>	1,013.18	
		<u>3,136.58</u>
		<u>\$24,307.69</u>
<i>Less Revenue Account (maintenance of inmates)</i>		8,297.34
		<u>\$16,010.35</u>
Net cost of inmates' maintenance to Government		\$16,010.35

LIST OF GIRLS IN HOME, MARCH 31st, 1937.

No.	Place of Birth.	Parentage.	RESIDENCE PREVIOUS TO BEING ADMITTED TO HOME.		Length of Term.
			British Columbia.	Canada.	
			Years.	Years.	
430	Maryfield, Sask.	Scotch, Scotch-Canadian	9	15	Two years.
432	Vancouver, B.C.	English	14½	14½	Sec. 20, J.D.A., 1929.
440	Craik, Sask.	Irish	2	15½	Sec. 20, J.D.A., 1929.
441	Vancouver, B.C.	Scotch	13	13	Sec. 20, J.D.A., 1929.
445	Trail, B.C.	Scotch-Indian strain ..	15	15	Two years.
447	Lytton, B.C.	Scotch-American, Indian	15	15	Three years.
451	Fernie, B.C.	English-Canadian	13	13	Two years.
452	Edmonton, Alta.	Unknown	5	15	Sec. 20, subsec. (3), J.D.A., 1929.
453	Vancouver, B.C.	Polish	13	13	Sec. 20, J.D.A., 1929.
454	Gardington, Man.	Roumanian	8	15	Sec. 20, J.D.A., 1929.
455	Edmonton, Alta.	American-Swedish	15	15	Three years.
456	Vancouver, B.C.	Scotch-English	16½	16½	Sec. 20, J.D.A., 1929.
457	Poland	German	7	7	Sec. 20, J.D.A., 1929 (Recidivist).
458	New Westminster, B.C.	Irish-American	17	17	Sec. 20, subsec. (3), J.D.A., 1929.
459	Edmonton, Alta.	English	11	17½	Sec. 20, subsec. (3), J.D.A., 1929.
460	Victoria, B.C.	Welsh-Canadian	16	16	Sec. 20, J.D.A., 1929.
461	Vancouver, B.C.	Irish-English	15	15	Sec. 20, subsec. (2), J.D.A., 1929.
462	Winnipeg, Man.	Irish-Canadian	2	15	Sec. 20, subsec. (2), J.D.A., 1929.
463	Vancouver, B.C.	English-Scotch	17	17	Sec. 20, subsec. (3), J.D.A., 1929.
464	London, England	German-English	---	19	Sec. 20, subsec. (3), J.D.A., 1929.
465	Vancouver, B.C.	Scotch-Canadian, French-American	10	17	Sec. 20, J.D.A., 1929 (Recidivist).
466	Canora, Sask.	Russian	7	15	Sec. 20, J.D.A., 1929 (Recidivist).
467	Saskatoon, Sask.	English-Norwegian	12	17	Sec. 20, subsec. (3), J.D.A., 1929.
468	Gilbert Plains, Man.	Russian	7	12	Two years.
469	Poland	Polish	11½	11½	Sec. 20, J.D.A., 1929.
470	Brandon, Man.	Canadian-English	13	16	Two years.
471	Vancouver, B.C.	Norwegian-Danish	16	16	Sec. 20, J.D.A., 1929.
472	Moose Jaw, Sask.	Norwegian-English	4 mos.	17	Sec. 20, J.D.A., 1929.
473	Moose Jaw, Sask.	Scotch	4 mos.	17	Sec. 20, J.D.A., 1929.
474	Nanaimo, B.C.	Canadian-English	12	12	Industrial Home for Girls Act.
475	Yorkton, Sask.	Hungarian-Slav	17	17	Sec. 20, J.D.A., 1929.
476	Prince Rupert, B.C.	Scotch-Indian, Indian	16	16	Sec. 20, J.D.A., 1929.
477	Port Alberni, B.C.	Negro	14	14	Sec. 20, J.D.A., 1929.
478	Lucerne, B.C.	Swedish-Indian	14	14	Indeterminate; not less than 3 years.
479	Burnaby, B.C.	West Indian-Negro	17	17	Sec. 20, J.D.A., 1929.
480	Merritt, B.C.	English-Canadian	17	17	Sec. 16, J.D.A., 1908.
481	Rutland, B.C.	Irish-Canadian	16	16	Sec. 20, J.D.A., 1929.
482	Chomberg, Ont.	Irish-Swedish	2½	13	Sec. 20, J.D.A., 1929.
483	New Westminster, B.C.	English-Irish	14	14	Sec. 20, J.D.A., 1929.
484	Winnipeg, Man.	Irish-American, English	15	15	Industrial Home for Girls Act.
485	DesJarlais, Alta.	Ukrainian	10	15	Sec. 20, J.D.A., 1929.

NATIONALITY OF PARENTS.

English (both)	2	Irish-American	2
Scotch (both)	2	Irish-Canadian	2
Irish (both)	1	Irish-English	1
German (both)	1	Irish-Swedish	1
Negro (both)	1	Norwegian-Danish	1
Polish (both)	2	Norwegian-English	1
Roumanian (both)	1	Scotch-American, Indian	1
Russian (both)	2	Scotch-Canadian, French-	
Ukrainian (both)	1	American	1
Unknown (both)	1	Scotch, Scotch-Canadian	1
American-Swedish	1	Scotch-Indian, Indian	1
Canadian-English	2	Scotch-Indian strain	1
English-Canadian	2	Scotch-English	1
English-Scotch	1	Swedish-Indian	1
English-Irish	1	Welsh-Canadian	1
English-Norwegian	1	West Indian-Negro	1
German-English	1		—
Hungarian-Slav	1	Total	41

WHERE GIRLS WERE BORN.

British Columbia	21	England	1
Alberta	4	Poland	2
Saskatchewan	7		—
Manitoba	5	Total	41
Ontario	1		

OFFENCES COMMITTED.

Incorrigible	29	Vagrancy	1
Theft	2		—
Sexual immorality	9	Total	41

PLACES OF APPREHENSION.

Ashcroft	1	Pouce Coupe	1
Burnaby	4	Port Coquitlam	1
Creston	1	Saanich	1
Fort St. John	1	Trail	1
Kelowna	1	Vancouver	24
Lytton	1	Victoria	1
Montney	1		—
Nanaimo	1	Total	41
Penticton	1		

LENGTH OF SENTENCE.

Sec. 20, J.D.A., 1929	22	Indeterminate; not less than	
Sec. 20, subsec. (2), J.D.A.,		three years	1
1929	2	Three years	2
Sec. 20, subsec. (3), J.D.A.,		Two years	5
1929	6		—
Sec. 16, J.D.A., 1908	1	Total	41
Industrial Home for Girls Act	2		

AGES OF GIRLS IN HOME.

13 years	6	18 years	---
14 years	5	19 years	1
15 years	12		---
16 years	7	Total	41
17 years	10		

RELIGIOUS STATISTICS.

Baptist	2	Roman Catholic	11
Bible Student	1	Salvation Army	1
Church of England	8	United Church	14
Christian Science	1		---
Four Square Gospel	1	Total	41
Lutheran	2		

GIRLS AND THEIR PARENTS.

Number who have both parents living	29
Number who have both parents dead	1
Number who have father living and mother dead	2
Number who have mother living and father dead	7
Number who are adopted	2

Total	41

Of the above, the parents of 9 girls are separated; 1 is divorced, with father remarried. Several have established homes and families although not remarried.

STAFF OF OFFICIALS.

The following is the present staff of officials:—

Superintendent and Nurse	Mrs. Annie G. Westman.
Clerk and Commercial Teacher	Miss Margaret W. Sibbald.
Teacher	Miss Marion D. Tulloch.
Teacher and Supervisor	Miss Ayra E. Peck.
First Assistant	Mrs. Agnes C. Oxley.
Linen-keeper	Miss Katherine M. Smith.
Attendant (Sewing Supervisor)	Miss M. E. Murray.
Dietitian	Miss Myrtle Moar.
Engineer and Janitor	Claude S. Gardner.
Gardener	Henry Philip.

All of which is respectfully submitted.

ANNIE G. WESTMAN,
Superintendent.

MEDICAL OFFICER'S REPORT.

Mrs. A. G. Westman,
*Superintendent, Provincial Industrial Home for Girls,
 Vancouver, B.C.*

DEAR MADAM,—The following medical report applies to the period from April 1st, 1936, to March 31st, 1937:—

Calls made by physician	49
Patients seen by physician, including treatments	328
Complete physical examination	32
Patients in isolation for Neisser infection	11
Smears taken for Neisser infection	225
Blood tests for Kahn and Wasserman	61
Treatment for syphilis intravenously	61
Girls treated for syphilis intravenously	5
Lysol treatments for Neisser infection	693
Argyrol and silver nitrate treatments for Neisser infection	200
Urine tests	41
X-rays	3
Chest Clinic	4
Goitre cases treated daily	3
Basal metabolism	3
Admitted to Vancouver General Hospital	6
Tonsillectomy	2
Appendectomy	1
Fracture of tibia and fibula	1
Pneumonia	2
Examination by eye specialist	8
Glasses provided	8

The general health of the girls has been very good. Each girl on admission receives a complete physical examination and is kept in quarantine for fourteen days.

All of which is respectfully submitted.

MARY B. CAMPBELL,
Medical Officer.

DENTIST'S REPORT.

Mrs. A. G. Westman,
*Superintendent, Provincial Industrial Home for Girls,
 Vancouver, B.C.*

DEAR MADAM,—During the past year each new girl has been examined and necessary dental work done for all.

Practically all the girls entering this Home have had no dental treatment prior to coming here. As the result of this condition, the mouths have a great many infected teeth and other dental defects to remedy.

The following report applies to the period from April 1st, 1936, to March 31st, 1937:—

Visits to dentist	16
Number of girls seen	50
Amalgam fillings	64
Cement fillings	47
Extractions	22
Cleanings	11
Novacaine administrations	42
Repairing plate	1
Upper denture	1

All of which is respectfully submitted.

STANLEY McQUEEN, D.M.D.

SCHOOL-TEACHER'S REPORT.

Mrs. A. G. Westman,
Superintendent, Provincial Industrial Home for Girls,
Vancouver, B.C.

DEAR MADAM,—The following report applies to the period between April 1st, 1936, to March 31st, 1937:—

Morning Class (9 a.m. to 12 noon).—The average monthly attendance was 7 and the total time 2,638 hours.

The morning class is for girls capable of doing Grades I. to VII. work, the time being divided between academic and hand-work.

In spring, summer, and fall, gardening replaces hand-work. This year the redecorating of the gymnasium was a successful project undertaken by the morning class.

Afternoon Class (1 p.m. to 4 p.m.).—The average monthly attendance was 11 and the total time 5,444½ hours.

The regular Grade VIII. curriculum is followed. Successful pupils are recommended to high school.

The girls displayed keen interest throughout the year.

MARION D. TULLOCH,
School-teacher.

GENERAL REPORTS.

DEAR MADAM,—During the year April 1st, 1936, to March 31st, 1937, the work started in the previous year in correspondence instruction was carried on, with twelve girls enrolled, of whom nine were in Grade IX. and three in Grade X. Of these, all received papers in English literature, social studies, grammar and composition, and hygiene. In addition, nine enrolled in Home Economics (CC) I. and one in Art. The work must of a necessity be individual as the girls are entering or leaving the class at any time during the year, so all are at varying stages of the work. During the year one Grade X. pupil completed all subjects and wrote her examinations with satisfactory results.

AYRA E. PECK,
School-teacher and Supervisor.

DEAR MADAM,—During the year April 1st, 1936, to March 31st, 1937, eight girls were enrolled in the Commercial Correspondence Course. One girl who enrolled the previous year finished her training at Pitman's Business College, receiving her diploma; also silver pin for typewriting and bronze pin for speed in shorthand.

The girls have been very interested in their work, especially typewriting, and this should be helpful later on if they obtain work in a small hotel or restaurant.

MARGARET SIBBALD,
Clerk and Commercial Teacher.

DEAR MADAM,—The training on main floor is varied, comprising as it does the care of library, sitting-rooms, assembly-room, and the large dining-room where tables accommodating four are attractive in their white-linen covers centred with flowers in season. In the serving-room adjoining, the cafeteria has proven very satisfactory, allowing a choice on the part of the girl, and practically no waste of food. Here also they are taught the proper method of washing dishes, care of towels, etc.

AGNES CRAIG OXLEY,
First Assistant.

DEAR MADAM,—All the girls have been very interested in the knitting class this year; very few of whom have had any previous training along this line.

They completed 31 sweaters, 27 suits, 2 afghans, and 4 cushions, also a large rug. A cap or hat, also a purse, was made to match each suit.

AGNES CRAIG OXLEY,
First Assistant.

DEAR MADAM,—The entire laundry for the Home during the year has been done by thirty-five girls, under supervision.

The number working at one time averages seven, and the work is progressive, the newcomers taking charge of the girls' clothes and working up to care of staff uniforms.

The number of articles which pass through their hands weekly averages 825, making a total for the year of 45,724. Working-hours for the year, 6,604.

This training fits the girls for posts in commercial laundries, or entire charge of laundry in a private home.

KATHERINE SMITH,
Linen-keeper.

DEAR MADAM,—Community singing is still an enjoyable feature of evening recreation; some of the girls respond readily to invitations to sing a solo, recite, or dance, to entertain the others. This helps to give them confidence when taking part in a concert to which the public is invited.

On December 1st and 2nd a group of twelve girls gave four performances of an operetta in costume, "Robin Hood." They had worked hard and willingly, getting a great deal of enjoyment out of the rehearsals, so the two matinees and evening performances were carried through with great credit to themselves and enjoyment to their audiences.

We are indebted to Miss Sylvia Mould for her kind and able assistance in directing the old English folk-dances.

KATHERINE SMITH,
Director of Music.

DEAR MADAM,—During the past year sixteen girls received a full training in the sewing-room; 1,208 garments were made, 271 articles were made for the dormitory floor, 94 for the dining-room, and necessary dressings for the medical floor.

Every girl, regardless of being in the regular sewing class, is taught to mend her own clothes and to make simple garments, including the taking of accurate measurements and cutting out clothes from patterns.

In teaching hem-stitching, embroidery, and crocheting, many attractive pieces of fancy work were made. These were sold at our Open Day.

M. E. MURRAY,
Sewing Supervisor.

DEAR MADAM,—During the year twenty girls received training in the preparation, cooking, and serving of food.

Besides the every-day kitchen routine, they were taught bread-making, preserving, and pickling. During the year 7,488 loaves of bread were made, 735 quarts of fruit were preserved, and 350 quarts of pickles were made.

The poultry department provided 3,119 dozen of eggs, 71 hens weighing 603 lb., 25 cockerels weighing 193 lb., 12 turkeys weighing 229 lb., and 1 goose weighing 12 lb.

Several of the girls prepared and served guest dinners under supervision. Menu-planning played an important rôle in their training.

MYRTLE MOAR,
Dietitian.

VICTORIA, B.C.:

Printed by CHARLES F. BANFIELD, Printer to the King's Most Excellent Majesty.

1937.