Some Factors Affecting the Frequency and Status of University Students' "Dating" Behavior

bу

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Members of the Department of

Psychology

The University of British Columbia
April, 1960

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Abstract

The object of this study was to investigate the relationship of various factors affecting the frequency and status of "dating" behavior. The techniques used were (a) a Subjective Survey, to obtain item possibilities for the Questionnaire and to define terms; (b) a specially constructed Questionnaire, to explore the relationship between a wide variety of personal characteristics of young people and their frequency and status of dating; (c) the Guilford-Zimmerman Temperament Survey and a separate section requiring each subject to report his "dating" behavior, to explore relationships between 10 personality traits and the frequency and status of dating.

The findings may be divided into three sections. The Subjective Survey defined the terms "date" and "go steady" and established popular conceptions of the infrequent, frequent and "go steady" types of "dater". The Questionnaire findings found 46 separate items to be significantly related to frequency of dating. Briefly summarized the items could be classified under the following headings: (a) physical factors; (b) clothes; (c) automobiles; (d) active and passive activities (athletics, dancing, listening to jazz); (e) moral factors (smoking, drinking) and (f) previous "dating" experience. The Guilford-Zimmerman Temperament Survey and the special section on "dating" behavior found three traits, A-Ascendance, F-Friendliness, S-Sociability, significantly related to the frequency of dating in females; and two traits, G-General Activity and S-Sociability, significantly related to the frequency of dating in males.

The writer's Theory of Normal-Neurotic Sexual Choice was formulated in an attempt to explain some unexplored areas in the field.

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CHAPTER 1

INTRODUCTION AND STATEMENT OF THE PROBLEM

Probably since the beginning of recorded time, man has puzzled over the mysteries of mating. Only recently has the social scientist explored this problem.

What makes mating the focal point of such interest?

The answer possibly stems from the breadth and universality of the problem. The process of mating is related to such social problems as divorce, prostitution, sexual perversion and bachelorhood; to such institutions as the church, the family, the school system and the work situation; to such universal and everyday happenings as the birth and raising of children; to such academic problems as adolescent development and personality theory.

The understanding of mating is of prime concern to the marriage counsellor, the school teacher, the preacher, the parent and, of course, the unmarried and married.

The crux of the problem involves the question of sexual choice: what factors determine an individual's choice of mate?

In North America, the mate-choice question is further complicated by the peculiar, recent Western World phenomenon called "dating". To understand the mate-selection system, one must first understand the date-selection system.

It is the principal aim of this study to investigate the relationship of various factors affecting the frequency and

status of dating behavior.

A Subjective Survey was employed to define terms and obtain item possibilities for use in a questionnaire. A questionnaire was constructed and used to explore the relationship between a wide variety of personality and activity characteristics of young people and their frequency and status of dating. A personality test (the Guilford-Zimmerman Temperament Survey) was utilized to explore relationships between personality traits and dating behavior.

CHAPTER 11

THEORETICAL BACKGROUND AND RELEVANT STUDIES

Just when the scientific analysis of sexual behavior commenced is difficult to ascertain. If one means science in the narrowest of terms, that is, showing definite reproduceable results, then the analysis has hardly started. But, if one is more lax and takes science in broad terms, sexual behavior was probably first studied scientifically in the late 19th Century. Granted, an interest in sex may be traced to the dawn of recorded history (Lewinsohn, 1958, pp. 2-4). But, it was not until the time of Charles Darwin, Sigmund Freud and Havelock Ellis that sex came under scientific scrutiny. It was not until 1904 that the study of adolescent behavior was put on empirical foundations with the work of G. Stanley Hall (1904). 1929 marked the first theory of dating (Waller, 1937); 1958, the first laboratory studies of love (Harlow, 1958).

Since the field of study is so young, an attempt to classify the various theories, studies, scraps and pieces into a system for further research and analysis has been made. The classification is based on (a) the theorist's proposed mode of selection (eg. sexual stimulation) and (b) the scientific approach used (biological, sociologi-

cal, anthropological, psychological). Table 1 is a condensation of the various theories.

TABLE 1

1. Pre-destination theory

This category is reserved for the non-scientific theories, held by laymen, that choice has a "mystical-magical" basis - the individual just meets the so-called "right one" and immediately "falls in love".

The Westerner's traditional theory of mating is embodied in this predestined, "one person" theory.

The theme appears in varying forms — in novels, movies, songs, even everyday speech. The basic idea is that there is only one person meant for another.

2. "Promiscuity"

This category takes in theories postulating that choice is completely random — that no laws are operant in mate selection.

Many of the early scientific theories stem from attempted explanations of family evolution. Bachofen cited in Groves and Groves (1934, pp. 8-17), Morgan (1878) and McLennan (1886, 1896) each proposed somewhat similar explanations. Each saw man beginning in a promiscuous state and gradually moving from group to

TABLE 1
PRINCIPAL DATING-MATING THEORIES

| System of Selection | Description | Author(s) |
|------------------------|--|--|
| 1. "Predestination" | 'only one' person meant for another | Folklore |
| 2. "Promiscuity" | Basically promiscuous, mate indiscriminately | Bachofen Morgan McLennan |
| 3. "Simple biological" | Aesthetic preference | Darwin |
| | Simple sensory stimula- tion | Ellis |
| | Mate to complete maleness, femaleness | Weininger |
| 4. "Socio-biological" | Discrepancy between biological-emotional maturation. Mate to relieve sex tensions. | Davis Groves Brooks |
| 5. "Social" | Assortative mating (homogamy, propinquity); likes attract, spatial proximity | Galton Schiller |
| | Dating is positive; learn how to get along. | Lowrie Burgess Locke Blood |
| | Dating is negative; functionless | Waller Herman |
| 6. "Empathy" | Role-playing; learn to interpret behavior of the other (emotional emphasis) | Vernon Stewart Groves Groves LeMasters |
| 7. "Personality" | Dominance drive; mate to dominate | Adler |
| | Parental image; uncon- sciously seek mate who resembles opposite sex parent | Freud |
| | Complementary needs; opposites attract | Winch |

(Continued)

TABLE 1

PRINCIPAL DATING-MATING THEORIES

(Continued)

| System of Selection | Description | Author(s) |
|---------------------|--|------------------------------|
| | Preferential mating; pick person who has admired characteristics | Fleege Hollings= worth |
| 8. "Integrative" | Merging of several theories | Bossard Boll |

individual marriage. Their major assumption was that man is basically promiscuous and therefore will mate with any member of the opposite sex available. Man became monogamous when he switched from being a hunter to being a farmer.

Lewinsohn (1958, p. 14) discusses this 19th Century controversy:

No one knows what the position was in prehistoric times, but analogies from among the surviving primitive peoples show monogamy to be the practice...in most primitive hordes, which possess only vestiges of tribal organization.

One value of Bachofen, Morgan and McLennan's theorizing is the suggestion that sexual choice may be purely random and not scientifically lawful.

3. "Simple biological"

This category includes theories having a biological basis to sexual choice as opposed to a sociological or psychological basis.

Charles Darwin, who revitalized evolutionary theory by proposing the ideas of "survival of the fittest" and "natural selection", also presented a unique system of mate selection. He (1859, p. 97) believed that man and animals selected mates on the

basis of aesthetic preferences. His postulates raise the problem of beauty.

Havelock Ellis (1904) opposed Darwin's views, arguing that both human and animal mate selection rested on simple sensory stimulations (touch, smell, hearing, vision) and that the one you "loved" was the one who was most capable of stimulating these senses.

An interesting contribution to the biologicallyslanted interpretations was the physical, almost
"one person" theory proposed by Otto Weininger. He
believed that people were compesed of degrees of
maleness and femaleness. His principal postulate
was that:

For true sexual union it is necessary that there come together a complete male (M) and a complete female (F), even although in different cases the M and F are distributed between the two individuals in different proportions.

(Weininger, 1932-5, p. 29)

For example, if a male were 3/4 male, 1/4 female; then his proper mate would be 1/4 male, 3/4 female. Extreme maleness would seek out extreme femaleness and so on.

The important ramification of Weininger's theory is that theoretically it accounts for relative beauty.

Interestingly enough, however, Weininger rejected Darwin's aesthetic factor arguing that aesthetic preferences involve judgments void of sexuality. Weininger believed the attraction was physicalsexual.

In an intriguing analysis using evolution theory, he traced the complete maleness-femaleness theme through the plant and animal kingdoms. He thought the law was widespread — eg. the mating of bisexual plants, etc.

He postulated that sterility and divorce occupied when a wrong pair mated — a childless marriage was a loveless one. As a final complication, Weininger theorized that the selection system probably underwent change with age. This was logical since the system was biologically based.

4. "Socio-biological"

This category includes theories which incorporate biological and sociological systems of sexual choice.

Probably as a reaction to the 19th Century's extreme biological emphasis, 20th Century investigators leaned toward the social aspects of the problem.

Some, however, retained certain physiological leanings.

Davis (1955) is a prime example of this sociobiological approach. He reasoned that mating involves (1) a marital choice brought about by personal attachment coupled with a (11) frustration of sex leading to repression, which forces one to marry to relieve sexual

tensions. Davis stated also that our society is undergoing continual change with the result that systems of choice may be changing.

Williams (1959), another sociologist, agreed almost completely with Davis and added that: (a) in American Society no true ceremonies help the transition from adolescence to adulthood; (b) the youth has a careermarriage conflict; (c) it is difficult for the youth to break from parental authority and security.

Davis' presentation parallels the 1934 hypothesis of Groves and Brooks (1934, pp. 257-272), who applied a physiological basis to a trial-and-error process of learning in mating-dating. They stated that since the sexual functions reach maturity early while the intellectual functions mature late, the choice of mate is apt to be determined by sex preferences unguided by intellect.

5. "Social"

This category includes theories which postulate sociological determinants to be of primary importance to sexual choice as compared to biological or psychological determinants.

Malinowski (1927), Margaret Mead (1949), Blum (1953) and others asserted that courtship was dependent on culture. They stressed customs, goals, personal relationships and beliefs. Their work led to the comparative analysis of cultural sex behaviors.

In North America, the culture-oriented thinkers attempted to define the limits of marital possibilities. There are, of course, limitations; eg. (Woods, 1959, p. 343) Negroes can marry whites in only 18 American states. The group, however, were more interested in the subtle determining forces. This led to the theories of homogamy — tendency to marry peoples like ourselves; and propinquity — tendency to marry people in spatial proximity to ourselves. Actually, the theories of homogamy and propinquity could best be grouped under assortative mating (Baber, 1939, p. 143), the "conscious or unconscious tendency of an individual to select a mate having certain characteristics similar to his own."

Up to now we have mingled mating and dating selection together as if they were one. The question, of course, was soon to arise: Loes one pick a date by the same standard as he would pick a mate? Since the answer still eludes us, both mate and date selection enter our analysis.

Willard Waller shook the foundations of all previous theory in 1929 when he proposed that there was a distinct difference between courtship and dating.

Waller's definitions were based on the individual's attitudes.

Courtship was (Waller in Wilson & Kolb, 1949, p. 611):

The set of processes of association among the unmarried from which, in time, permanent matings usually emerge...excludes those associations which cannot normally eventuate in marriage — as between Negro and white...

Dating, on the other hand, was a dalliance process (Waller in Wilson & Kolb, 1949, p. 612); a thrill-seeking, exploitative relationship. According to Waller, the criteria of date selection included such things as dancing ability, physical attractiveness, neat appearance, smooth manners, access to an automobile, popularity with the peer group, etc.

Mating came when the time and circumstances were appropriate. Cultural conditioning through suggestions and examples gave rise to the romantic ideal within the person. The individual was frustrated through the dalliance process of dating; the frustration heightened the impulse to be married; a person presented himself or herself and marriage followed.

Thus, to Waller, the individual dated for thrills and married when bored with the dalliance dating system.

Waller postulated also the dating-mating of socially rejected people. Those who didn't fit the dating criterion, who were not physically attractive, not well-dressed, etc., eventually flocked together

and mated.

An intriguing aside that Waller postulated was his theory of least interest (Waller in Wilson & Kolb, 1949, p. 617): "that person controls who is less interested in the continuation of the affair."

Waller's theories led to a host of studies. Pro and con opinions were advanced. Basically, he had set forth a "dating is negative" theory, which saw dating as having no useful function as a preparation for mating.

R. D. Herman (1956) supported the "dating is negative" approach, by emphasizing the "Go-Steady Complex". He reasoned that random dating gave one only a superficial knowledge of people, and was therefore not an adequate preparation for marriage. Going steady", on the other hand, served several functions: (1) it allowed social security for a date (predictability); (2) it removed one from the discomfort of competing for dates; (3) it was less exploitive and gave the individual a real chance to interact with someone.

A "dating is positive" theory was proposed by Lowrie (1951). He acknowledged Waller's exploitative side as a possibility, but considered dating to serve a positive learning function. (Obviously learning does occur. The real problem is to determine: what is

learned and how is it learned?) Waller believed dating only teaches one to date. Herman followed the idea that since we are a monogamous society; monogamy in dating was the only true training for mating. Lowrie (1951, p. 336): hypothesized that there was:

a gradual, almost unconscious development from the customs of our courtship whereby young people obtain the training and experience needed for sensible selection of mates.

Burgess and Locke (1945, 1951) saw dating as an end in itself, having many positive functions. They maintained that personal values were replacing older sacred and sociological values in dating; eg. getting along with people, rating among the peer group, etc. Davis (1955) opposed this view, maintaining that the mores have changed, not the individual's personal values.

Blood (1955, 1956) was another "dating is positive" theorist. Blood hypothesized that students preferred an exploitative-free system which was casual, friendly and easy-going. He believed dating was dependent on maturity, intelligence, affectionate behavior and other factors reflecting good human relations. Thus, Blood refuted the early beliefs of Margaret Mead, Geoffrey Gorer and Waller cited in

Wilson and Kolb (1949), that dating taught one only to date and didn't lead to good mate selection. Blood believed that the dating pattern was very complex due to heterogeneous groupings, but it was still very functional.

One should note that a moral trend crept into the Wallerian question. Since each investigator, from Margaret Mead onward, was subtly trying to throw light on why Americans divorce more often than anyone else, they focussed on the preliminaries to mating — some seeking the good; some, the bad aspects.

6. "Empathy"

This category includes theories which emphasize the importance of learning how to sympathically understand the role of the other.

Another set of theorists seemed more interested in the actual learning that took place in dating. Of these, Vernon and Stewart (1957) considered empathy a key factor. Empathy is the ability to play a role, that is, to understand the position, feelings and wants of the other.

Groves and Groves (1947, p. 362) earlier had outlined the selection basis of dating as being dependent
on personality needs — the individual coming to
recognize, accept and partially meet the other's demands. E. H. Groves had earlier supported a socio-

biological approach. (See page 10)

LeMasters (1957, pp. 100, 113-4), who supported Lowrie's positive learning theory by stating that dating teaches one the skills necessary in our urban, mobile society, believed also that the ability to interpret the other's behavior was essential to healthful marital adjustment.

7. "Fersonality"

This category includes theories which postulate personality or psychological determinants as the primary selective factors as compared to theories which emphasize biological determinants.

Paralleling all the sociologically-emphasized developments were certain psychologically-oriented approaches. To outline their progress to the present, one must go back again to the 19th Century.

Sigmund Freud, like Bachofen, Morgan and McLennan, was interested in family evolution. Freud (in Brill, 1938) saw man arising from a primal horde in antiquity to a position where patriarchal rule reigned. At birth, the individual showed primal narcissism, sexuality was uncontrolled. Socialization was the gradual limiting of this primary sex drive and its channeling through a series of physical focal points—oral, anal and, finally, genital. The individual couldn't attain a satisfactory sex adjustment or marriage unless the genital stage was reached.

Thus, to select normally the individual had to reach the genital stage. Secondly, however, the individual unconsciously would seek a mate resembling the parent of the opposite sex (Freud in Kirkpatrick, 1937).

Alfred Adler, another psychoanalysta, postulated a dominance drive, which had an organic basis. He (Adler, 1924) argued that the ultimate goal of everyone was to obtain complete masculinity. In relation to mating, he considered the yielding of self in a heterosexual relationship only an indirect way of attaining domination over another.

It should be noted that Freudian theory emphasizes the biological and the abnormal. A complete understanding of the Freudian and Neo-Freudian view-points on mating-dating would require considerable time and space. A thorough analysis of the psycho-analytic approach to sex would be a separate study in itself. Since this is only a general survey, only Freud and Adler's views were presented as examples of the psychoanalytic viewpoint.

A theory involving a synthesis of the sociological and psychological viewpoints was developed by Winch. His theory of complementary needs (1955, 1958) is summarized by LeMasters (1957, p. 248):

> While recognizing that mateselection has been found to

be homogamous with respect to numerous social characteristics (religion, socioeconomic status, etc.)...with respect to individual motivation (or at the psychic level) mate-selection tends to be complementary rather than homogamous.

Winch asked the important question: why does one pick such-and-such an individual from within the limited range of homogamous possibilities? Certainly one may marry within his religion, his race, his educational group; but what are the factors that determine choice within these limits?

Another personality-criented theory to oppose assortative mating analysis was the theory of preferential mating (Baber, 1939, p. 145):

the conscious or unconscious choice of a mate because of certain desirable characteristics, whether or not these are possessed to any marked degree by the one doing the choosing.

In relation to very early dating and "crushes", Hollingsworth (1928) and Fleege (1945) take the preferential mating approach. They see these attachments as a kind of affection involving jealousies and demands. Fleege believes that the "crush" is a projection of an ideal because the object just happens to possess a few admired traits.

8. "Integrative"

This category includes theories attempting to merge all three aspects — biological, sociological and psychological — into an integrated explanation of sexual choice.

With so many opposing views, so many investigators attempting to answer so many different sets of questions, there was obviously room for synthesis. An example of this is the presentation of a series of interesting comments on American dating patterns by Bossard and Boll (1958, pp. 54-68). They believed that dating (dancing, parties) didn't have the same atmosphere as marriage (sitting at home), thus agreeing with Waller et al. Dating behavior is still changing from that of a generation ago, agreeing with Blood et al. Sex is forbidden resulting in loneliness and marriage may result out of this desperation or loneliness, agreeing with Davis, Groves and Brooks. Bossard and Boll state also that marriage is a status-achieving device, agreeing with Waller again; and that women are taught "the art of retreat that subtly beckons", agreeing with Margaret Mead et al.

Relevant Studies

We now turn to a consideration of research relevant to each of the eight foregoing approaches to date-mate selection.

1. "Pre-destination"

The pre-destination theory postulated that only one person suited another. The basis of selection was both psychological and physiological; but tended to ignore sociological aspects. Most social scientists regard the traditional theory as myth. Hurlock (1955, p. 17) writes:

few adolescents find the happiness from their romantic experiences that they have dreamed of since their fairy-tale days, when all romances ended happily and the couple 'lived happily ever after.'

The pre-destination theory stresses an important point — that, perhaps, there are only a few suitable partners for any one person. LeMasters hints this when he states (1957, p. 59):

Of the millions of potential partners in the world, or in the United States, we will... get to know only a few. The real problem is to choose the most compatible person available to us.

LeMasters quotes a study (1957, p. 60) where girls who had dated 70 or more boys considered only five as suitable marriage partners.

An important criticism of the pre-destination

theory is that apparently one can marry the "wrong" one, especially in certain cultural settings. Bossard and Boll state (1958, p. 12): "Approximately one-half of all divorces reported in the world each year are granted in the United States."

Other investigators have pointed out that the selection based on predestination can be ineffective. Eurgess and Cottrell (1939) report that 21.5% of their married sample admitted being unhappy; Lang (1932) found 15.8% of his sample defining themselves as unhappy; Popenoe's study cited in Bossard and Boll (1958, p. 13) sampled 20,000 people married more than five years, found between 20 and 40% unhappy. In addition, LeMasters (1957, p. 55) writes: "many husbands can enjoy their wives sexually and still not enjoy being married to them."

2. "Promiscuity"

Bachofen (in Groves and Groves, 1934), Morgan (1878) and McLennan (1886, 1896) argued that man started in a group marriage state and moved through polygamy to monogamy. Their hypothesis seems to suggest that the more primitive tribes even today should be shading toward the earlier forms of marriage. LeMasters (1957, p. 26) lists the number of societies presently practicing the different forms: monogamy, 43; polygyny, 193; polyandry, 2; group marriage, 0. He goes on to state that the polygynic societies were all basically monogam-

ous, however, due to economic conditions.

Woods (1959, pp. 38-41) presents an important point when she states that both polyandry and polygyny probably arise out of an imbalanced sex ratio. In other words, multiple marriage probably may stem from a shortage of males or females; not necessarily because man is basically promiscuous.

In the 1920's, Katharine Davis (1929) reported only 7% of 2,000 women sampled admitted premarital relations. This does not seem to support promiscuity theory. People have argued, however, that Kinsey's findings (1948, 1953) support promiscuity theory. But his findings are difficult to interpret. For example: Kinsey reported that over 50% of the females sampled did not have premarital relations. This may be interpreted as being either for or against promiscuity theory.

Man may have been promiscuous in the beginning, but the evidence suggests that promiscuity is probably a resultant of several factors: unbalanced sex ratio, marital maladjustment, cultural patterning, rather than being some inborn drive.

It is probably unsound to ask whether man is basically promiscuous or not. It would be better to ask: what are the biological, sociological and

psychological factors leading to promiscuity?3. "Simple Biological"

Very little research work is relevant to the simple biological approaches of Darwin, Ellis and Weininger.

Many studies (Woods, 1959) reveal that both sexes rate physical attractiveness as an important factor influencing both date and mate selection.

The findings of comparative psychologists would reflect negatively on a biological-based theory.

Young gives the general point-of-view by stating

(Young in Stone, 1955, p. 119):

as mammals have evolved, psychic and cultural factors have become more important, while the importance of purely hormonal factors have decreased...

Nissen (in Stone, 1955, pp. 446-7) found "The general rule (that) the stronger male (got) most of the females." This questions Weininger's theory, which would seem to favor a one-to-one selection basis, not one animal gaining extreme favorable status.

4. "Socio-biological"

Kingsley Davis (1955), Groves and Brooks (1934) proposed the theory of American social codes holding the biological urges in check too profoundly, resulting in a marriage to relieve sexual tension.

Bossard and Boll (1958), who formulated an integrated

approach, agreed with the marriage-out-of-loneliness scheme. Davis added the theme of rapid cultural change.

That the age of sexual maturation and the age of marital possibility are not in conjunction in our society is an easily accepted fact. Any North American comparison of physiological findings regarding age at onset of puberty with statistical records of age at first marriage would reveal marked discrepancies.

That rapid social change has occured is also markedly evident (Woods, 1959): a rapid population increase, especially in Western States; a movement from rural to urban economy; a continual residential mobility (20% of U.S. citizens move within one year); three wars and two depressions; an increase in female population; a tremendous increase in percentage of adolescents in schools; a marked extension in the average length of life — the list could go on and on. No one would dispute these facts. One would also agree that the 20th Century American urban family is far less a functional unit than the 19th Century rural family.

The question posed by the socio-biological approach is: does one marry due to sex tensions and loneliness?

Ehrmann (1955, pp. 48-53) found sexual conquest a definite reason for the middle class male to date the lower class female. This tends to support socio-

biological thinking.

LeMasters' earlier cited finding (1957, p. 55)
that: "many husbands can enjoy their wives sexually and
still not enjoy being married to them" also supports
the socio-biological approach.

5. "Social"

(a) Assortative Mating

Assortative mating is one area where considerable evidence has been gathered. The principles of homogamy and propinquity seem to operate. The following is a brief summary of the more significant studies:

Schiller (1932) found people mated homogamously regarding physical traits (age, height, weight, hair and eye color); and mental traits (association reactions, arithmetic reasoning, information and opinions). No evidence was found for order of birth, number of siblings, vocabulary, temperamental or emotional traits. Schiller's study may be criticized in that his group was already married — that is, he did not study those who were rejected.

Smith and Greenberg Monane (1953) found that for dates, the educated preferred the educated; the highly intelligent, the highly intelligent.

Burgess and Wallin (1944) found some correlation for height. Baber (1939, p. 81) reports that the deaf tend to marry the deaf. He also found general intelli-

gence to be a homogamic factor.

Winch (1955) found American wives resembled their husbands in race, religion, socioeconomic status and intelligence. Groves and Groves (1947, p. 336) cite Mitchell's study which demonstrated that Vassar graduates married childhood friends 26% of the time. They cite (1947, p. 337) Marvin's study also, which used a sample of 49,000 and found that there was a 2.8 times better than chance possibility that one would marry someone in the same occupation. He found also that 90% of Bryn Mawr graduates married college graduates and that 60% married professional people. Bossard (1940) showed that there is a marked trend to marry someone within six blocks of one's residence. Kennedy (1942-3) found marked ethnic endogamy. centages for her sample ran: Negroes, 100%; Jews, 100%; Italians, 80%; British Americans, 77%.

Partridge (1934) found propinquity to be a factor even in the selection of friends.

Evidence for the success of assortative mating is given by investigating what happens when homogamy isn't a factor in marriage. Regarding religion, Bossard and Boll (1958, pp. 87-88) state:

Between two and three times as many marriages result in divorce and separation in Roman Catholic-Protestant unions than when the couples are of the same faith.

In regard to color differences:

the out-married have a higher divorce rate than the in-married.

(Baber, 1939, pp. 162-3)

The evidence establishes assortative mating as a definite sociological fact.

(b) Dating is positive in function

Blood was the major theorist postulating that dating had positive functions. In his 1955 study he asked college subjects to check norms about date selection they thought to be in existence. He found that they tended to mark personality items as being more important (93% support) than Wallerian items (55% support). His data, however, may be interpreted in either way. For example: 98% of his female sample wanted their dates to be neat in appearance; 90% wanted them to dress appropriately; 50% wanted them to dance well. These are all Wallerian factors.

It is the writer's opinion that Blood's data reveals that: (1) people do not wish to define themselves as mercenary regarding dating because only 6% checked that their date should have plenty of money; 17%, that their date needed a car. (2) Blood's data support rather than refute Waller's theory because males wanted females:

neat in appearance (100%), appropriately dressed (94.7%), having polished manners (70.5%) and dancing skills (57.6%). (3) It particularly hints that Waller's dalliance process operates since the Wallerian choice items were rated higher for casual than serious dates: dancing ability was rated important by 54.7% for a casual date and 33.7% for a serious date. Waller would say the change in emphasis was due to the attitude change from thrill-oriented to courtship-oriented.

In his 1956 study, Blood used a questionnaire technique and claimed further support for his theories. He found the following to be important in date selection:

(1) is pleasant and cheerful; (2) has a sense of humor;

(3) is a good sport; (4) is natural; (5) is considerate;

(6) is neat in appearance.

The different interpretations of Blood's work stem from the following: in his 1955 study, he asked subjects to check: (1) the norm they thought to be in existence; (2) the way they dated in regard to the norm; (3) the way they would date for a marriage mate. His findings showed a tendency for the answers from the third group (marriage-oriented) to follow his theorizing: eg. for the item "dance well", the perceived norm was 70.1%; the casual date, 49.3%; and the serious date, 29.1%. Statistically significant changes were shown for dancing, manners, socially prominent and fraternity

items.

Blood interpreted these changes in favor of his casual, well-rounded personality approach. On the other hand, his findings could be interpreted to demonstrate that American College youth believe other's dates are chosen on trivial criteria, but their own dates are not, especially when marriage is a serious possibility.

Lowrie (1951) put forth perhaps the most comprehensive comparison of dating theories. His findings may be summerized as follows: 41% of boys and 39% of girls supported "affection" and "selection of mate" as the reason they dated; 28% of boys and 39% of girls gave "learning to adjust" and "gaining poise and ease" as the reasons they dated; 30% of boys and 20% of girls gave Wallerian reasons for their dating. Lowrie's data revealed definite support for the learning approach and moderate support for Waller's exploitative element.

In a later study, Lowrie (1956) found four factors affected dating frequency: (1) sex: females date more than males; (2) age: older people date more than younger; (3) age at which dating begins: earlier "dater" dated more; (4) dating status: "going steady" group dated more than random "daters".

(c) Dating is negative in function

Much of what was discussed under positive dating theory obviously dealt with negative dating theory.

The dating is positive theorists would have difficulty explaining the American divorce rate (Lewinsohn, 1958, p. 397) which has rapidly accelerated in the past 60 years: eg. 1890, one divorce to every 18 marriages; 1945, one divorce to every four marriages. Kinsey's finding (1948) that 40% of the males sampled were unfaithful to their wives supports negative dating theory and questions positive dating theory. The studies, cited on page 21, concerning marital unhappiness, also cast doubt on dating is positive theory.

Crist (1953) used a personal, structured interview technique to investigate high school dating. He divided his sample into lower levels (grade 9) and upper levels (grades 10-12). His major findings were that (a) dating was not marriage-oriented (85.2% of students rarely, or never considered dates as possible mates); (b) the lower level group commenced dating because it was socially expected; (c) 50% of the subjects reported that their first date was not enjoyable because of shyness, etc.; (d) "going steady" was a matter of social convenience offering security, increased status and relief from competition problems. Crist supports Waller in that early dating is definitely not courtship. He also supports positive learning theory in that early dating is a socialization process.

Smith (1952, pp. 312-7) replicated Waller's

initial research. Although Smith found that rapid social change in the economic and moral spheres had made some of Waller's original items obsolete, he did find general support for the "Rating-Dating" Complex.

Norms rated highest by both sexes were: (a) manners, appearance; (b) dance well; (c) physical attractiveness; (d) good clothes. Smith's study is one of the most important for Wallerian students.

Le Masters (1957, pp. 60-112) criticized Blood's method of asking questions: eg. "What qualities do you look for in a good date?" LeMasters contended that this elicits the answer to the question: "What should you look for?" not "What do you actually look for?" LeMasters believed that observation, used by Waller, or interview techniques produced more reasonable results. Using the latter technique, he interviewed hundreds of students and found (1957, p. 105) an extremely superficial criteria for dating selection: (a) clothes; (b) physical shape; (c) smile; (d) hair style, etc.

In the final summary of his findings (1957, p. 113), LeMasters agreed with Waller's exploitative theory, stating: "Some persons do not have this ability to control emotion (they therefore can) often be exploited and hurt". He agreed also with "empathy" theory, postulating that the ability to interpret the other's behavior

correctly was essential otherwise one could be easily hurt or led astray.

Pressey and Robinson (1944) found support for Waller's theory when they sampled an adolescent group. The girls valued (a) appearance, (b) grooming, (c) good manners and (d) good dancers; the boys valued (a) good manners, (b) good talkers, (c) good dancers, etc.

Waller's exploitative element gained more support from Kirkpatrick and Kanin's study (1957) on male sex aggression. Their study revealed that 55.7% of 291 girls reported they were offended during one college year at some level of erotic intimacy. The following percentages of offence were given: very early date, 48.5%; regular or steady date, 43.3%; pinned, engaged, 8.2%. Kirkpatrick and Kanin concluded (1957, p. 58):

There is evidence on one campus suggesting that in courtship relationships there is a progressive pattern of exploitation, involvement, ambivalent resistance, awareness of shared stigma and reduced reliance upon institutional controls with corresponding stress on control within the dyadic relationship.

Kirkpatrick and Caplow (1945), using a questionnaire technique, found (p. 119):

some evidence men undergo increasing relative maladjustment because of their double burden of matefinding and mate-supporting.

They concluded, however, that there was no evidence the men protected themselves by having the casual attitude to dating suggested by Waller. There was no real trend when subjects were asked: "Did you worry about becoming too involved?" Kirkpatrick and Caplow reported also that about 50% claimed no adjustment problems after the affair ended. Waller had postulated that there would be progressive fear of involvement after each breakup, that breakup would have fierce emotional hurt. How Kirkpatrick and Caplow's findings reflect on this is debatable.

Ausubel refutes Waller's position that fear of involvement and emotional hurt from old affairs lessened a person's ability to love. He stated that there was an (1954, p. 427) "increasing degree of affectional success in successive love affairs."

This supports "dating is positive" learning theory.

But, Byrd's evidence (1956, pp. 26, 41) that second marriages are less enduring than first marriages questions Ausubel's conclusion.

Herman (1955) presented the other "dating is negative" theory when he supported the "Going Steady Complex". Herman used a questionnaire and term essay technique with college students. He found that (pp. 36-40) "going steady" was the preferred norm (45% "went steady"). He concluded that there

were two types of "going steady": (a) marriage-oriented, usually non-university bound students, and (b) dalliance-oriented, usually university bound students. Some support was found for this two-type hypothesis: only 24% of the university bound students ever considered marrying their "steady". Herman concluded that "going steady" was usually less exploitive than the dalliance, random dating phenomenon.

6. "Empathy"

Vernon and Stewart (1957, pp. 48-52) made a very important contribution to the literature when they studied the role of empathy in dating. They asked college students the following questions about a recent date: (1) their satisfaction in each of 14 areas; (2) their guess of their partner's satisfaction. The 14 areas included the following: money, sex, manners, etc. They found that the more dates with a person, the higher the degree of empathy. In other words, the "go steady" group were able to interpret their partner's feelings far better than the casual dating group.

Vernon and Stewart put one limitation on their findings: the result may be due to degree of involvement rather than empathy itself.

This study reflects on the views of both Waller and Herman. Casual, random dating may perhaps be functionless. "Going steady" may be one way of

learning to interact, to understand a member of the opposite sex.

7. "Personality"

(a) Adler's dominance drive

Very little work has been done on Adler's postulate that people marry to dominate. Martinson (1955) demonstrated that with other things being equal such as age, sex, intelligence, position in family, nationality, father's occupation and amount of education, persons who marry demonstrate greater feelings of ego deficiency than do those who remain single. Byrd (1956, pp. 28-9) comments on this, believing the findings may apply only to early marriage: that is, to persons who marry right after high school graduation.

(b) Freud's parental image

Several studies have investigated Freud's theory that a person married an individual resembling the parent of the opposite sex.

Kent (1951) asked college students to write mental images of their mothers. Six weeks later, they were asked to list traits they wanted in their wives. Kent found the findings correlated significantly.

Strauss (1946) found similar evidence for engaged girls. The prospective grooms bore physical resemblances to the girls fathers. Their opinions and

beliefs were not significantly similar. The girls themselves resembled the men's mothers in personality and temperament.

Woods (1959, p. 341) reported that there is a tendency to select mates like the parent image with respect to physique, opinions, personality likes and dislikes.

Schiller (1932) suggested that homogamic factors are operant in marriage selection: the husband resembled the wife and the wife's father; the wife also resembled the husband's mother. This supports Freud as well as homogamy theory and suggests that the two approaches may be two ways of looking at the same marital selection process.

Hamilton and McGowan (1930) found that 17% of their male cases married women physically like their mother and that 94% of this group were happily married. Only 33% of a control group were happily married.

(c) Winch's complementary needs

Winch (1958) believed that complementary needs were operant in mate-selection at the psychic level. He granted that at the social level homogamic factors probably operated in mate-selection.

Winch (1958, p. 109-114) used three techniques —

(1) a "need" interview, which was content-analyzed by
two independent researchers, (2) a case-history interview. (3) the Thematic Apperception Test — to develop

personality pictures of 25 couples. He found general support for his theory, especially regarding traits like deference-dominance, abasement-dominance and abasement-hostility.

Ktsanes (1955) and Roos (1956) independently factor analyzed the ratings of these 50 subjects on 44 sub-variables. Roos emerged with four factors; Ktsanes, six. Commenting on their work, Winch (1958. p. 130) stated that their findings suggest "that complementariness may be stated in part at least in terms of achievement and passivity, of nurturance and dependence, of dominance and deference."

The rigorous scientific controls used in Winch's research is commendable, but a larger sample than 50 is needed before any definite conclusions may be drawn.

(d) Hollingsworth, Fleege - preferential mating

This theory rests between assortative mating and Winch's theory. Some support for the theory that one picks a person who has admired characteristics was supplied by McCormick and MacRory's study (1944). The traits checked by 93 "steadies" as desirable in an opposite sex partner tended to correlate with traits possessed by their "steady". These traits also correlated highly with traits desired by those who were not "going steady" as well.

8, "Integrative"

Some evidence suggests that the inter-relationship between the biological, the sociological and the psychological should be studied very carefully when one is considering the analysis of dating behavior.

For example: numerous studies have investigated the relationship between physical characteristics, on the one hand, and personality and social development on the other. Terman (1926) and Reals (1938) found that good health led to better psychological development; that leaders had good health and above average strength. Frazier and Lisonbee (in Seidman, 1955) showed that young adolescents have a marked concern for bodily development, each sex wishing to fit the socially-desired image for their respective sex more accurately; girls wanted to be shorter, boys wanted better body proportions, more weight, etc. Jones and Bayley (in Seidman, 1953) revealed that early maturing boys tended to be attractive; wellbuilt, muscular, athletic and very attentative to personal grooming while late-maturers were more expressive, fiery, uninhibited. Cruce (1953, p. 427) provides a comprehensive list of physical traits that affect personality; the better physical speciman tending to have the better personality.

The foregoing survey of empirical findings probably gives most support to Wallerian, assortative mating and learning theories of date-mate selection.

The present study was not intended as a test of any of these theories. Rather it was an attempt to find empirical relationships between the frequency and status of dating behavior on the one hand, and personality characteristics and activities on the other. The intention then was to relate the findings to existing theories.

CHAPTER 111

PROCEDURE

In order to investigate the relationship of various factors affecting the frequency and status of dating behavior, three separate techniques were employed. Each used a different group of subjects, who remained anonymous throughout.

The first, a Subjective Survey asking for essaystyle answers, was used to define terms and obtain item possibilities.

The second, a Questionnaire constructed mainly on the basis of the Subjective Survey findings, was used to explore the relationships between a wide variety of personal characteristics of young people and the frequency and status of dating.

The third, the Guilford-Zimmerman Temperament Survey, administered together with a questionnaire regarding dating behavior was used to explore relationships between the 10 personality traits of the Guilford-Zimmerman Temperament Survey on the one hand, and frequency and status of dating on the other.

1. Construction and Administration of the Subjective Survey

In order to define terms and to obtain relevant items for the Questionnaire, a Subjective Survey was employed.

Three questions were derived on the bases of:

(a) nine informal interviews with friends; (b) a

listing of pertinent material from novels, plays,

movies and (c) a reading of the psychological literature.

The Subjective Survey consisted of three questions: (1) a definition of a "date", (2) a definition of "going steady", (3) the subject's opinion regarding the differences between people with varying dating patterns. Three forms of question three were employed. The one (Form A) found to give the most useful answers was used most frequently. See Appendix A.

Forty-eight volunteer subjects were used. Aside from a deliberate effort to get people from various walks of life, no attempt at randomization was made.

The sampling included different: (a) religious groups (Protestants, Roman Catholics, Jews); (b) age levels (14-60); (c) sexes (fairly evenly distributed); (d) educational levels (grammar school to college graduates); (e) heterosexual status groups (those not dating; those dating, "going steady," engaged, married). There was a shortage of both married men and older men: and married adolescents.

From this material: (a) the most commonly accepted definitions of a "date" were established; (b) the

group's popular conceptions of the infrequent and frequent "dater" and the person "going steady" were derived; (c) a list of relevant factors for inclusion in the Questionnaire were selected.

2. Construction, Administration, Statistical Treatment of the Questionnaire

The Questionnaire was constructed mainly on the basis of the factors derived from the Subjective Survey. See Appendix B.

This phase of the study had three aspects: (a) to obtain information about the subject's personal characteristics, activities and dating behavior; (b) to divide the subjects into categories on the basis of their frequency and status of dating; (c) to test for significant relationships between these dating categories and each personal characteristic and activity item.

Questionnaire Construction

In obtaining information about the subject's personal characteristics and activities, there were four inter-related considerations: the need for brevity and objectivity; the ease of administration and statistical analysis.

In order to permit subjects to answer a relatively large number of questions in the least possible time, each item could be answered by placing a check in one of several alternative spaces. This method also allowed rapid tabulation and calculation of results.

To gain a certain degree of objectivity, items pertaining to behavioral facts were stressed. For example: How many hours do you study per week?

0-10 __ 11-20 __ Over 20 __ rather than: Do you study much? Yes __ No __

Through application of these criteria — brevity, objectivity, ease of administration and analysis — 57 items were constructed to form the Questionnaire. Fifty-one required check-space answers: six required two or three word answers.

To obtain information regarding the subject's dating behavior, a separate section of seven questions was added to the Questionnaire. See Appendix B. The first five of these questions were concerned with the determination of the subject's dating status ("steady" or "non-steady"). He was asked: (1) whether he "went steady" or not; (2) if so, how long; (3) if he had ever "gone steady" previously; (4) if so, when; and (5) what "going steady" meant to him. The last question was used to see if his definition of "going steady" agreed with the popular definition obtained in the Subjective Survey.

The last two questions were concerned with the frequency of the Subject's dating. He was asked: (6) how many dates he had in the past year; (7) to fill in a detailed account of his past month's dating (when,

where, who with?). The subject's dating partner was kept anonymous: F1, F2, F3, etc. being used to indicate different individuals. A calendar for the past month was provided to aid the subject in recalling specific dates.

Questionnaire Subjects

The Questionnaire subjects were taken from four of a possible seven sections of the Introductory Psychology course. This would appear to be a fairly representative sample of first year Arts and Science since approximately three-fifths of the students in this Faculty take Introductory Psychology. The sex ratio for the sampled groups was approximately the same as for the Faculty of Arts and Science and for the entire university (male: female: 3:1). See Appendix B.

The Questionnaire was administered during the last week of February and the first week of March, 1959.

The Questionnaire was completed by 569 subjects. Discards, including Negro, Chinese and married students, numbered 136. Three papers were discarded due to obvious vulgarity and excessive humor not conducive to reliable answers. The eligible subjects numbered 430 white, unmarried students — 162 females and 268 males.

Before administration of the Questionnaire, the subjects were requested to be as truthful as possible in spite of the fact that many of the items were highly personal. See Appendix D (b) for complete instructions.

Determination of dating categories

(a) males

Two principal criteria were used to sort the 268 male subjects into four categories on the basis of frequency and status of dating: (a) whether the subject defined himself as "going steady" (in terms of the definition derived from the Subjective Survey) or being engaged: (b) the number of dates reported in the past month and/or year. The detailed reports of dating for the past month were considered more accurate than the estimate of the past year's dating. Wherever possible the former was used instead of the latter.

A total of 79 males, defining themselves as "going steady" or being engaged, were assigned to Group IV. The dating averages for the remaining 189 were determined as 3.17 dates in the past month and 2.95 dates per month for the past year. These norms were used to split the 189 into three groups:

(1) very infrequent, (11) average, (111) very frequent "daters". See Table 2 for detailed description of these four groups.

TABLE 2

(b) females

Two criteria were used to sort the 162 female

Table 2

Description of, and Criteria for,
the Dating Categories (Groups) employed in
analysis of Questionnaire, and
Frequency of Cases in each Category.

MALES Description Criterion N Group Monthly Dates Past 12 Months 0-1/month0-12/month73 very infrequent 1 2-4/month13-59/month11 average 76 3+/month very frequent 40 111 "steadies" define selves as "going steady" 17 <u>79</u> Total N 268 FEMALES Description Criterion Group <u>N</u> Monthly Dates 0-3/month44 infrequent A 4+/month 64 frequent В C "steadies" define selves as "going steady" 54 Total N 162

subjects into three categories on the basis of frequency and status of dating: (a) whether the subject defined herself as "going steady" or being engaged; (b) the number of dates reported in the past month. The responses on the past year estimate were very scattered, making the determination of cut-off points impossible.

A total of 54 females, defining themselves as "going steady" or being engaged, were assigned to Group C. The dating averages for the remaining 108 subjects were determined as 4.98 dates in the past month and 4.91 dates per month for the past year. The past month norm was used to split the 108 into two "non-steady" groups: (A) infrequent and (B) frequent "daters". Three dates per month was the cut-off point. See Table 2 for detailed description of these three groups.

Statistical Treatment of the Questionnaire

The responses of male groups 1, 11, 111 and 1V were compared on each item of the Questionnaire using Chi-square analysis (McNemar, 1949; Edwards, 1954). Relationships were regarded as significant if they reached the .05 level of confidence.

The responses of female groups A, B and C were similarily compared on each item of the Questionnaire using Chi-square analysis. Again, relationships were regarded as significant if they reached the .05 level

of confidence.

The other six Questionnaire items were summarized in the form of averages (eg. mean number of times per month Group 1 washed car).

3. Administration and Statistical Treatment of the Personality Test

In order to explore the relationships between personality variables and the frequency and status of dating the Guilford-Zimmerman Temperament Survey was administered to a separate group of 99 subjects. At the same time, these subjects were asked to complete the separate section of the Questionnaire regarding dating behavior. See page 43.

The Guilford-Zimmerman Temperament Survey is designed to measure 10 personality traits: G-General Activity, R-Restraint, A-Ascendance, S-Sociability, E-Emotional Stability, O-Objectivity, F-Friendliness, T-Thoughtfulness, P-Personal Relations and M-Masculinity (Guilford and Zimmerman, 1949, pp. 5-8).

Administration of Personality Test

A total of 99 white, unmarried subjects, 52 male and 47 female, were tested in small groups under supervision. The subjects were all volunteers. The majority were from first and second year Psychology courses. Mean ages were 20.45 years for the males; 19.34 years for the females.

The testing was given during the middle two weeks

of March, approximately three weeks before final examinations and a week after the Questionnaire was administered.

Subjects were instructed to fill in the Guilford-Zimmerman Temperament Survey first, then proceed to the attached questions regarding their dating behavior.

They were requested to be as truthful as possible.

See Appendix C (a) for complete instructions.

Determination of dating categories

. .

(a) males

The 52 males were split into two groups -- M-Alphas or frequent "daters"; M-Betas or infrequent "daters".

The males' dating averages were determined to develop cut-off points: the "non-steadies" averaged 2.35 dates for the past month and 1.89 dates per month for the past year.

Three dates in the past month and/or 20 dates in the past year were set as the cut-off points. See Table 3.

TABLE 3

(b) females

The 47 females were split into two groups — F-Alphas or frequent "daters"; F-Betas or infrequent "daters".

The females! dating averages were determined to

TABLE 3

DATING CATEGORIES FOR USE WITH THE GUILFORD-ZIMMERMAN TEMPERAMENT SURVEY

A

| <u>Males</u> | | | |
|----------------|-------------|--|----|
| Group | Description | Criterion | N |
| M-Alpha | frequent | (a) defined selves as going steady | 27 |
| | | (b) 3 or more dates during past month | |
| M-Beta | infrequent | 0-2 dates during past month; 20 or less dates during past year | 25 |
| | | n | 52 |
| | | <u>B</u> | |
| <u>Females</u> | | | |
| F-Alpha | frequent | (a) defined selves as going steady | 25 |
| | | (b) 7 or more dates during past month | |
| F-Beta | infrequent | 6 or less dates during past month | 22 |
| , | | n | 47 |

develop a cut-off point: "steadies" averaged 8.88 dates during the past month and seven dates per month for the past year; "non-steadies" averaged 6.08 dates for the past month and 4.31 dates per month for the past year. Seven dates during the past month was set as the cut-off point. See Table 3.

Statistical Treatment

The responses of the two male groups M-Alphas and M-Betas were compared on each trait of the Guilford-Zimmerman Temperament Survey using t-score analysis (McNemar, 1949; Guilford, 1942). Relationships were regarded as significant if they reached the .05 level of confidence.

The responses of the two female groups F-Alphas and F-Betas were compared on each trait of the Guilford-Zimmerman Temperament Survey using t-score analysis. Relationships were regarded as significant if they reached the .05 level of confidence.

CHAPTER 1V

THE RESULTS

As will be recalled, the procedure involved the use of three techniques: (a) Subjective Survey; (b) Questionnaire; (c) Guilford-Zimmerman Temperament Survey and a section regarding dating behavior.

1. Results of Subjective Survey

The Subjective Survey was employed to define terms and to obtain item possibilities. The analysis of the Subjective Survey established popular definitions for the terms: "a date" and "going steady". They were:

"A date": a definite pre-arrangement and mutual agreement between members of the opposite sex to do something together.

: not a chance or casual meeting, such as a boy meeting a girl at a dance and taking her home.

"Going Steady": the mutual agreement of a couple to date one another exclusively.

The definition of a "date" was incorporated in the section regarding dating behavior for use in the Questionnaire and with the Guilford-Zimmerman Temperament Survey. The definitions of both a "date" and "going steady" aided in the assignment of subjects

to the various dating categories.

To obtain item possibilities, the group's popular conceptions of persons having different frequency and status of dating were derived.

In brief, the infrequent "dater" was seen as (a) the shy, sensitive, insecure person or (b) the aggressive, independent, negativistic individual. The infrequent "dater" lacked social skills and personal possessions conducive to dating (appropriate clothes, a car, etc.).

The frequent "dater" was either (a) the mature, confident, flexible, friendly person or (b) the insecure, aggressive type. The frequent "dater" was athletic, attractive, graceful and skillful socially. They possessed such things as a convertible, fine clothes, etc.

The "going steady" person was subdivided into four personality types: (a) the misfit seeking security; (b) the possessive, self-centered, demanding individual; (c) the docile, non-aggressive person; and (d) the mature, confident, friendly person, who had found his/her "true love". The person "going steady" was considered to fall between the infrequent and frequent "daters" regarding personal possessions and social skills.

2. Results of the Questionnaire

The Questionnaire was employed to test for significant relationships between the various dating categories and each personal characteristic and activity item.

For a more detailed analysis of Questionnaire results, see Appendix E.

of the 51 check-type items the following significantly differentiated between the four male dating categories — (1) infrequent, (11) average, (111) frequent, (1V) "steadies" — at the .01 level of confidence: physical health (item 11), wearing desert boots (item 39), playing on athletic team (item 48), water skiing (item 46), playing billiards (item 46), skiing (item 46), jive (item 44), tango (item 44), listening to jazz (item 45), preferring musicals (item 54), money spent on entertainment (item 29), time spent on entertainment (item 24), regular access to automobile (item 30), drinking (item 41), having "gone steady" previously (item 60).

Of the 51 check-type items the following significantly differentiated between the three female dating categories — (A) infrequent, (B) frequent, (C) "steadies" — at the .01 level of confidence: listening to jazz (item 45), jive (item 44), smoking (item 40), having "gone steady" previously (item 60).

Items that significantly differentiated between the four male dating categories at the .02 level of confidence were: physical attractiveness (item 15), wearing a suit (item 39), wearing a white shirt and tie (item 39), swimming (item 46).

The item that significantly differentiated between the three female dating categories at the .02 level of confidence was: number of years intend to spend at university (item 16).

Items that significantly differentiated between the four male dating categories at the .05 level of confidence were: physique (item 12), wearing an athletic crest (item 39), wearing suede shoes (item 39), waltz (item 44), rhumba (item 44), preferring westerns (item 54), smoking (item 40).

Items that significantly differentiated between the three female dating categories at the .05 level of confidence were: ice-skating (item 46), rhumba (item 44), tango (item 44), going to movies (item 52), money spent on entertainment (item 29), whitewalls (item 34), drinking (item 41), first year at UBC or not (item 20).

Items that tended toward significance (.10 level of confidence) were: (a) for males: age (item 2), duckbill haircut (item 38), wearing Ivy League clothes (item 39), wearing semi-drapes (item 39),

grade 12 grade (item 17), number of subjects taking at UBC (item 19), first year at UBC or not (item 20); (b) for females: height (item 4), foxtrot (item 44), samba (item 44), time spent on entertainment (item 24), soft-top or hard-top convertible (item 34).

Of the factors which differentiated significantly amongst the various dating categories, inspection of the chi-square table revealed the following trends: (a) frequency of dating in males tended to be positively related to endorsement of the items: health (10); muscularature (11); physical attractiveness (15); going out for entertainment (24); regular access to an automobile (30); wearing desert boots (39), suede shoes (39), white shirt and tie (39); drinking (41); skiing (46); playing billiards (46); water-skiing (46); playing on athletic team (48); and preferring musicals (54). (b) frequency of dating in both males and females tended to be positively related to: spending money on entertainment (29); dancing ability, jive (44), tango (44), foxtrot (44), samba (44); and previous experience of "going steady" (60).

- (c) frequency of dating in females tended to be positively related to going to the movies (52); smoking (40) tended to increase with frequency of dating in females for the infrequent and frequent dating groups; but the female "steadies" tended to smoke far less.
- (d) both male and female average and frequent dating groups tended to listen to jazz (45) while both male

and female "steadies" did not endorse this item.

As regards to the six other questions that were treated separately, the following differences were found by inspection of the frequencies. The data were not amendable to treatment by chi-square:

- (a) washing and vacuuming of car increases with frequency of dating;
- (b) frequent "daters" commence dating at a younger age;
- (c) infrequent "daters" tend not to go to drive-ins;
- (d) the dating pattern of a same-sex sibling tends to be followed;
- (e) female "only" children tend to "go steady";
- (f) only 48% of male "go steadies" had previously "gone steady"; but 78% of female "go steadies" had previously "gone steady".

For detailed analysis and statistical support for these findings, see Appendix \mathbb{E}_{\bullet}

3. Results of the Personality Test

Of the 10 Guilford-Zimmerman Temperament Survey traits, the following significantly differentiated between the two male dating categories (frequent and infrequent "daters"): G-General Activity at the .05 level of confidence and S-Sociability at the .01 level of confidence. Male frequent "daters" were higher than male infrequent "daters" on both G-General Activity and S-Sociability.

| | | |
|-------|---|--|
| Table | 4 | |

Table 4

Comparison of Frequent (M-Alpha) with

Infrequent (M-Beta) Male Dating Groups on the 10 traits

of the Guilford-Zimmerman Temperament Survey

| | · | Males | | • | |
|--------------|------------------------|-----------------------|----------------------|--------|-------|
| Trait | Description | M-Alpha Mean Score | M-Beta Mean Score | † - | sign. |
| G | General Activity | 16.67 | 13.32 | 2.14 | .05 |
| R | Restraint | 15.15 | 16.36 | .89 | n.s. |
| A | Ascendance | 15.11 | 12.96 | 1.58 | n.s. |
| S | Sociability | 20 .33 | 14.84 | 3.06 | .01 |
| E | Emotional Stability | 16.88 | 14.72 | 1.43 | n.s. |
| 0 | Objectivity | 18.67 | 17.20 | 1.08 | n.s. |
| F | Friendliness | 15.30 | 14.48 | .56 | n.s. |
| T | Thoughtfulness | 18.44 | 19.32 | .64 | n.s. |
| P | Personal Relations | 16.81 | 18.08 | .84 | n.s. |
| \mathbf{M} | Masculinity | 20.52 | 18.24 | 1.94 | n.s. |

Of the 10 Guilford-Zimmerman Temperament Survey traits, the following differences were significant at the .01 level of confidence: female frequent "daters" were higher than female infrequent "daters" on S-Sociability and A-Ascendance. At the .05 level of confidence, the female frequent "daters" were significantly lower than the female infrequent "daters" on F-Friendliness.

Table 5

Thus, according to the definitions of these traits offered by Guilford-Zimmerman, the frequent male "dater" as compared to the infrequent male "dater" was seen as: setting a rapid pace of activities, energetic, busy, productive, efficient, hurrying, quick in action, enthusiastic, lively, liking speed, having many friends and acquaintances, entering into conversations, liking social activities, seeking social contacts and limelight.

According to the definitions of these traits offered by Guilford-Zimmerman, the frequent female "dater" as compared to the infrequent was seen as: having many friends and acquaintances, entering into conversations, liking social activities, seeking social contacts and limelight, self defensive, exhibiting leadership habits, no hesitation to speaking with individuals or in public, persuading others, being conspicuous, bluffing, hostile, belligerent, resentful, resistant to domination, desiring to dominate, having contempt for others and ready to fight.

For more detailed analysis, see Tables 4 and 5.

Table 5

Comparison of Frequent (F-Alpha) with

Infrequent (F-Beta) Female Dating Groups on the 10 traits

of the Guilford-Zimmerman Temperament Survey

Females

| Trait | Description | F-Alpha Mean Score | F-Beta Mean Score | t _ | sign. |
|-------|------------------------|-----------------------|----------------------|--------------|-------|
| G | General Activity | 16.24 | 13.82 | 1,38 | n.s. |
| R | Restraint | 16.20 | 17.50 | .74 | n.s. |
| A | Ascendance | 16.04 | 8.86 | 4.15 | .01 |
| ន | Sociability | 19.92 | 14.00 | 3 .38 | .01 |
| E | Emotional Stability | 15.60 | 12.41 | 1.88 | n.s. |
| 0 | Objectivity | 15,64 | 15.32 | .23 | n.s. |
| F | Friendliness | 15.08 | 18.18 | 2.30 | .05 |
| T | Thoughtfulness | 20.80 | 19.82 | .77 | n.s. |
| P | Personal Relations | 16.24 | 17.68 | .97 | n.s. |
| M | Masculinity | 11.68 | 11.23 | .35 | n.s. |

CHAPTER V

DISCUSSION OF RESULTS

1. Discussion of the Subjective Survey Results

Analysis of the Subjective Survey reveals that
the popular conception regarding individuals who have
different dating patterns consists of two main aspects:
(a) materialistic factors (possession of automobile,
appropriate clothes, etc.; (b) personality factors
(maturity and getting along well with people).

The emphasis on materialistic aspects lends support to Waller's theory, while the emphasis of maturity and social skills supports the various learning approaches to dating behavior (Lowrie, Blood, Burgess, Locke, Vernon and Stewart).

2. Discussion of the Questionnaire Results

Support for (a) the biological-based; (b)
Wallerian and (c) learning theories of dating was
provided by the Questionnaire data.

- (a) The biological-based theories were supported to some extent by the finding that frequency of dating was positively related to such physical factors as health (item 11), attractiveness (item 15) and physique (item 12) for males.
- (b) Waller's dalliance dating theory was upheld by the findings that frequency of dating was positively related to clothes (item 39), sports activities

(item 46, item 48), dancing (item 44), automobiles (item 30) for males: and dancing (item 44) and automobiles (item 34) for females. The car cleanliness (item 33) and car ownership indices (item 30) also support Wallerian theory: (a) the frequent "dater" tending to wash and vacuum his car more often and (b) the frequent "dating" group tending to own more cars.

(c) Using a learning approach, Lowrie (1956) found that the frequent "dater" tended to start dating younger than the infrequent "dater". This was supported by the data concerning age of first date (item 47). For details see Appendix D (c).

The learning theories were also supported by the tendency for the frequency of dating behavior to be positively related to previous experience of "going steady". An apparent exception to this general rule is found in the male "steadies" (Group IV) who had an incidence of previous "steady" experience considerably below that of the frequent "daters" (Group III). See Appendix D (c).

Recently the question of whether dating behavior is related to academic performance has been raised by many educators. The findings indicate that there is no significant relationship between frequency of dating and academic performance either at the Grade 12 or

first year university level.

It would seem valuable to list, at this point, findings from the Questionnaire which have not previously been reported in the literature on dating behavior.

It is true that some of these findings have been reported in rather general fashion, but not in the specific detail given here.

- (a) that physical attributes (physical health, attractiveness, physique) are positively related to frequency of dating;
- (b) that specific items of clothes (wearing desert boots, a suit, suede shoes, white shirt and tie and an athletic crest) are all related to frequency of dating;
- (c) that specific dances (jive, tango, waltz, rhumba) are positively related to frequency of dating:
- (d) that certain likes-dislikes (listening to jazz, preferring musical and western movies) are related to frequency of dating;
- (e) that smoking and drinking are positively related to frequency of dating;
- (f) that specific athletic activities (swimming, skiing, ice-skating, playing billiards and water-skiing) are positively related to frequency of dating;

- (g) that vacumming and washing of a car increases with frequency of dating;
- (h) that the dating pattern of a same-sex sibling tends to be followed;
- (i) that female "only" children tend to "go steady". See Appendix E (f).

3. Discussion of Personality Test Results

The Personality test findings question the popular opinion that personality variables are the most important factors related to the frequency and status of dating. Out of a possible 10 Guilford-Zimmerman Temperament Survey traits, only two were significant for men; three for women. Three of these traits (S-Sociability, A-Ascendance, G-General Activity) are uncomfortably intercorrelated. Guilford and Zimmerman (1949, p. 6) report the following intercorrelations: S-Sociability and A-Ascendance, +61; S-Sociability and G-General Activity, +35; G-General Activity and A-Ascendance, +34. It might well be that one basic factor, underlying S-Sociability, A-Ascendance, G-General Activity, is related to the frequency and status of dating.

The Personality test findings support learning and Adlerian approaches to the study of dating be-

A learning approach was supported by the finding

that frequency of dating was positively related to S-Sociability. The frequent "dater" was sociable, had many friends, entered into conversations easily, like social activities and sought social contacts.

The Adlerian approach was supported by (a) the negative relationship between frequency of dating in females and F-Friendliness (the frequent female "dater" being more domineering and hostile); and (b) the positive relationship between frequency of dating and A-Ascendance in both males and females.

CHAPTER V1

A PROPOSED THEORY OF SEXUAL CHOICE

In Chapter 11 various approaches and theories to the dating-mating problem were discussed. Each of these have received some support from research. The Wallerian and learning approaches particularly were reinforced by the present study.

However, since none of these seem yet to offer a final solution to this problem, it was felt that it might be valuable to develop one further theoretical formulation.

The Theory of Normal-Neurotic Sexual Choice

With reference to Table 1 in which various theories and approaches were classified, the Theory of Normal-Neurotic Sexual Choice would be placed in the sub-section on personality in the psychological category (7).

The following is a brief outline of the major aspects of this theory.

The normal sexual choice occurs when the person can: manipulate the subtle social barriers adequately to mate with the opposite sex member who is most physiologically and psychologically compatible. He is then fully capable of realizing his sexual potential with this most-compatible mate.

A "neurotic" sexual choice occurs when the person

seriously fails to attain this pattern of normal adjustment.

It may be concluded then that very few people ever attain completely normal mating adjustment and, therefore that there are degrees of normal-neurotic dating and mating.

The scientific determination of whether a choice was normal or "neurotic" depends on a careful study of the personality of the individuals involved, which includes analysis of the total motivational pattern of the man and the woman, plus analysis of the nature of their interaction.

The main points of the theory are:

- (a) The extension of emotional affection involves the danger of rejection and consequent ego damage.
- (b) The amount and extent of possible ego damage is proportional to the amount and extent of desire (the more the desire, the more the possible ego damage);
- (c) The theme of possible rejection is learned very early in life during the child-parent, child-sibling adjustment phase and is reinforced in American culture by the dating system which stresses intermittent rejection.
- (d) Added to this basic theme are the forces that negatively influence normal choice. These may be either social (eg. romantic myth) or biological

- (eg. insufficient sex hormone).
- (e) A second theme is the problem of social and personal perception. Firstly, the individual making a normal sexual choice must adequately perceive the implicit and explicit social meanings involved in dating a person who would not be defined as a "proper mate" (eg. a Negro person dating a white person). Secondly, he must adequately understand his own motives.
- (f) The same overt form of action may be a normal or "neurotic" choice the normal choice is rational and mature, balancing emotion and intellect; the "neurotic" choice is frustration-instigated, fear-driven and anxiety-laden, often using defense mechanisms to hide conflicting motivations from self.
- (g) A normal appearing marriage relationship may be the result of a normal or "neurotic" sexual choice.

 If normal, the couple have actually chosen their preferred mates. If "neurotic", either one or both have not, but they may get along superficially adequately since they no longer fear ego damage in competition for a preferred choice.
- (h) It is the opinion of the writer that the mechanism of sexual choice in contemporary American society tends to be more "neurotic" than normal.
- (i) A normal person may divorce. An individual may marry "neurotically"; realize this "neurotic" choice; find the preferred choice; divorce and marry the

preferred one. Or a person may marry normally; gradually build a fear of hurt; divorce; and marry a lesser choice "neurotically".

Thus, the "neurotic" choice may be found in any of our earlier defined dating groups:

- (1) infrequent dating group: the "neurotic" choice protects the person from ego damage because he simply does not date. This form of adjustment involves two repressions of the sex urge itself and of sex desire for any particular person.
- (2) average dating group: if the individual uses a "neurotic" choice, he never allows the relationship to go beyond a trivial, light phase; no deep attachment is ever formed.
- (3) frequent dating group: if the person uses a heurotic choice in this group, he always has more than one person available to date. If one rejects him, there is always a second possibility.
- (4) the "go steady" group: the "neurotic" choice here involves "going steady" in the Wallerian pattern of the dating of rejected types. (See page /2)

The central theme throughout is that the person taking the "neurotic" choice does so because he has learned that the price of competition is rejection.

Therefore, he defends himself against possible rejection. The "neurotic" reaction usually contains some form of denial of desire for the preferred person.

An example may make the theory's basic assumptions clearer:

N has a choice between two members of the opposite sex: A, the most desired one; B, the less desired one. If N makes a "neurotic" choice, he may come to date or mate with B since B cannot hurt N's self esteem as much as A. The usual rationalizations, repressions, etc., occur during the process.

Often, N will start out with a normal choice and pick A; but because N is over-anxious or over-desiring, he will tend to force A away from him. In the next similar situation N is less likely to choose his preferred choice.

How does this theory fit with other theories cited in Chapter 11?

It questions pre-destination theory because dating is seen as selective on either a conscious or unconscious level. There may be one person that is more compatible than another; but whether there is just one compatible person is highly debatable. It is more likely that certain people are compatible in one way, while other people are compatible in other ways.

It agrees somewhat with Darwin's aesthetic preference, Ellis' simple sensory stimulation and Weininger's maleness-femaleness theories; in that, these theories may describe some of the criteria for

normal choice. It queries any biological basis for promiscuity, believing promiscuity to be rather a result of a "neurotic" rather than a normal sexual dating pattern. It agrees with Davis' socio-biological approach, in that the customs of our society tend to contribute to the development of "neurotic" sexual choice.

It agrees with assortative mating theories, in that occupational, residential propinquity, etc. are some of the social limits in which normal or "neurotic" choices operate.

It agrees with process learning theory in that empathy is one of the interactive processes that bring the couple together whether the choice is normal or "neurotic".

It is apparent that much investigation is required to test the Theory of Norma 1-Neurotic Sexual Choice.

The following section is an attempt to outline some suggestions for further research, growing out of this theory and the others cited in Chapter 11.

CHAPTER V11

POSSIBLE RESEARCH

All the research possibilities could not be outlined in the space available. The following is only a sample of what seem to be some of the best possibilities.

1. Determination of Actual Behavior

The principal need is the development of more adequate measuring devices. Since every correlation will eventually be made against frequency and status of dating, every available technique should be used to determine the person's actual behavior. This survey used a questionnaire technique; it could be repeated with an improved questionnaire using more refine measurements on a larger sample. A carefully developed interview technique would seem to offer even better possibilities.

Another approach would involve investigating real life situations either through watching various kinds of mixed-sex gatherings through a one-way screen, or through participant observation.

2. Retest of Waller's Dalliance Hypothesis

(a) Through a longitudinal study of the dating behavior or several individuals it could be ascertained whether or not there is a tendency to select successive partners in terms of higher social status, better automobiles,

more appropriate clothes, etc. In addition, those that are rejected as partners should have a lower rating of all such Wallerian variables than those accepted.

- (b) A preliminary separate study to develop more precise Wallerian variable measurement would probably be needed. This would require the development of rating scales to be used on a larger sample to determine the prestige the group actually gave different Wallerian variables: for example, 1959 Mercury Montclair vs.

 1957 Buick Century hard-top; what criteria are used to determine the "best dancer"?
- (c) To match individuals on relevant Wallerian variables (automobile, ability to dance, etc.) and then investigate the non-Wallerian factors (eg. personality traits, propinquity, etc.) which operate to produce sexual choice.

3. The Physical-Psychological Factors

This and numerous other studies have supported the conclusion that physical characteristics are important in the frequency and status of dating. The material cited on pages 3/38 suggested the interaction of three variables: (a) onset of pubertal characteristics; (b) degree of maleness-femaleness of these characteristics and (c) the effect this pubertal reaction has on the individual's personality. It emphasizes also the role of health and the interaction of physical and

psychological factors. This would, of course, open up many interesting studies.

For example: Factors contributing to physical attractiveness could be studied by having subjects respond favorably or unfavorably to varying silhouettes of male and female figures. Hair color, eye color, relative heights could be similarly studied as independent variables. The long range goal is to develop the culture's images of male and female beauty.

Another approach would be to develop a scale elaborating in considerable detail the activity items on the Questionnaire. Still another would be to correlate various aspects of the individual's medical history and health status with frequency and status of dating.

4. Developmental Factors

Developmental studies, analogous to those done by Gesell on children (1957), need to be carried out with adolescents and young adults. We now have no exact knowledge of the rate and nature of the development of social skills and motor coordination and skills. Presumably the stage of development of an individual may have an important bearing on his dating behavior.

5. The Sociological Factor

(a) Propinquity theory probably needs re-examination since the automobile may have caused residential proximity to be of less importance now than it was when the original studies were completed.

- (b) It might be profitable to hold certain homogamous factors constant in order to see if psychological variables operated. For example: Is choice made on the basis of parental image, preferential mating or complementary needs, etc. when one chooses between possible dates in the same profession, locale, religion, etc.? Hollingshead (1949) found social class a distinquishing factor. What selective factors operate within a social class?
- (c) Sub-cultural studies analogous to Hollings-head's Elmtown (1949) and Whyte's Street Corner Society (1955) are needed in order to investigate the possibility that differences in dating patterns exist in various sub-cultures.
- (c) The problem of sub-cultures brings in the influence of cross-cultural dating. A careful study of the type of person who dates out of his group (eg. white with Negro) and what happens to this person socially, etc., would probably bring profitable information.
- (d) Wood (1959) and Waller (1938) maintain that sex ratios affect the dating pattern. The hypothesis might be forwarded: that different patterns would arise in university faculties with different sex ratios.

For example: at the University of British Columbia (See Appendix B) engineering, medical and commerce students might date differently than the Arts students studied in this investigation.

6. The Factors of Social Influence

- (a) From the Questionnaire data on sibling's ages and activity, there is a suggestion that child-sibling and parent-child relations are important. The two significant variables seem to be the dating activity of the sibling and the attitudes of parent and child.
- (b) From the discrepancies on the entertainment questions (item 24), (item 29), there is a hint that two important variables may operate: the attitudes and activities of same-sex friends; the extent the subject actually searches for a dating partner. Does he or she go to places where he/she can meet the opposite sex?

Riesman's (1955) hypothesis that the character of American people is formed chiefly by the example of their peers and contemporaries suggests that samesex friends may exert important influences here.

It is hoped that in the near future all these areas might be subjected to intensive investigation.

In terms of priorities, the writer's preference would be to study the influence of physical factors (attractiveness, coordination, musculature) in relation to frequency and status of dating.

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APPENDIX A

SUBJECTIVE SURVEY

Psychological Survey (Boy-Girl Courtship Relations)

- 1. How would you define a date? Give an example of what is not a date (in your opinion).
- 2. What does the teen-age term "going steady" mean?
- 3. (A) What are the important differences (economic, social, likes dislikes, possessions, personality, etc.) between the following four groups for males and for females:

17-19 year-olds who: (a) don't date

(b) date occasionally

(c) date frequently (4

(about once a month)

to 8 times per month)

(d) "go steady"

(a) who "go steady"

(b) who date frequently

with those
(c) who don't date

(c) Compare your friends
(a) who date, but don't

"go steady"

(b) who "go steady"

(c) who don't date

What differences do you see between these groups?

either one of APPENDIX B

QUESTIONNAIRE

Confidential

| strictly confidential. Every precaution will be taken to protect your identity and privacy. Check appropriate space for the following items: |
|--|
| 1. Sex: Male Female |
| 2. Age: 16 & under 17-18 19-20 Over 20 |
| 3. Race: White Other |
| 4. Hoight: Undor 5'7" 5'7"-5'10" 5'11"-6'2" 6'3" & Over |
| 5. Weight: Under 140 141-160 lbs 161-179 lbs 180 & Ovor |
| 6. Eye Color: Blue Brown Other |
| 7. Hair Color: Blonde Brown Brunette Red |
| 8. Is your hair naturally: Straight Curly Inbetween |
| 9. Complexion: Dark Medium Fair |
| 10. Marital status: Single Engaged Married Other |
| ll. Physical health: Excellent Average Poor |
| 12. Physique: Muscular Slightly Muscular Average Non-muscular |
| 13. Do you wear glasses? Don't Part-time Full-time |
| 14. Do you suffer from any physical defect? Yes No |
| 15. Where would you rank yourself on physical attractiveness? |
| High Above average Average Below Average Low |
| 16. Providing you pass, how many years do you intend spending in |
| tniversity? One Two Three Four Five More than five |
| 17. Final average grade obtained, Grade 12: A _ B _ C+ _ C _ C |
| 18. Average UBC grade this Christmas: Failure Pass Second First |
| 19. Number subjects taking: Five Six Other |
| 20. Is this your first year at UBC? Yes No |
| 21. Not counting lectures, how many hours per week do you spend doing UBC |
| homework? Less than 10 10-20 21-30 31-40 Over 40 |
| 22. Including labs, how many hours per week do you actually spend in |
| lectures? Less than 10 11-15 16-21 Over 22 |
| 23. Where do you spend the majority of your hours studying? At home |
| UBC library In company of friends, but not in library Other |
| 24. How many days of the week do you go out for entertainment? |
| None One Two Three Four Five Six Seven |
| 25. Do you presently have: a part-time job an allewance |
| a scholarship other means of remuneration |
| 26. How many summer vacations have you worked? None One Two |
| More than Two |

| - 1 • | Do you presently live. At nome on campus other, |
|------------|---|
| 28. | Do you pay toard and/or room? Yes No |
| 29. | How much do you spend per month on entertainment? |
| | Under \$5 \$5-10 \$11-20 \$21-30 Over \$30 |
| 30. | Do you have regular access to an automobile? Yes No |
| 31. | Year of automobile: 1942 & older 1946-49 1950-52 1953-54 |
| | 1955-56 1957-58 1959 |
| 32. | Indicate make and style: |
| | |
| 33. | How many times in the past year was the automobile: |
| | washed cut-polished simonized vacuumed |
| 34. | Check spaces appropriate to automobile: |
| | soft-top convertible hard-top convertible customized |
| | whitewalls power equipment radio heater sun-visor |
| | automatic continental kit V-3 engine 6-cylinder engine |
| 35. | Condition of automobile: Good Average Poor |
| 36. | Have you ever owned a motorcycle? Yes No |
| 37. | Hew do you get to UEC? Car Bus Bicycle Walk Other |
| 38. | Check, if in the past four years you have had: pempadour a beard |
| | moustache side-burns crewcut duckbill cut |
| 39. | Check, if in the past four years you have ever frequently worn any of |
| | the following to school classes, social functions, work, etc.: |
| | Ivy league clothes Windbreaker/sweater with athletic team crest |
| | White cloth jacket Leather windbreaker Cap/hat Golf hat |
| | Hawaiian shirt Suit White shirt and tie sport-jacket |
| | Cowboy hat loafers oxfords cowboy boots jet boots |
| | white bucks suede shoes jeans drapes semi-drapes |
| | desert boots |
| 40. | Smoking habits: Don't Smoke occasionally Smoke frequently |
| | Cigarettes Cigars Pips |
| 41. | Drinking habits (alcoholic consumption): Den't Very &ccasionally |
| | Occasionally Frequently |
| 42. | Do you swear, Don't Very Occasionally Occasionally |
| | Frequently |
| 43. | Are you able to dance? Yes No |
| 44. | If yes, can you: jive waltz square dance folk dance |

| ; | foxtrot rhumba tango samba Indicate other(s) |
|-----|---|
| 45. | Type of music you listen to: None Classical Semi+classical |
| | Western Popular Rock'n'roll JazzOther |
| 46. | Which of the following do you participate in: swimming bowling |
| | skiing ice-skating roller-skating billiards tennis |
| | golf water-skiing hunting fishing drawing |
| | painting writing singing playing musical instrument |
| | photography Other(s) |
| 47. | How old were you when you went out on your first date? |
| 48. | Have you played on an athletic team in the past year? Yes No |
| 49. | Have you been on the executive of any club, organization in the past |
| | year? Yes No |
| 50. | Do you attend religious services? Don't Occasionally Frequent |
| 51. | Aside from school reading, how many novels did you read in the past |
| | year? None 1-5 6-10 11-20 Over 20 |
| 52. | Approximately how many movies did you attend in the past year? |
| | None 1-10 11-20 21-40 Over 40 |
| 53. | Approximately what percentage of these movies attended were at |
| nt. | drive-ins?% |
| 54. | In regard to movies, check preferences: Musicals Drama Comedy |
| | Westerns War pictures Mystery-crime Other |
| 55. | Are you parents: living together divorced separated |
| | remarried one dead both dead |
| 56. | Indicate what occupational group your gainfully-employed parent would |
| | fit: business executive professional small business |
| | white collar skilled manual semiskilled unskilled |
| 57. | Indicate number of siblings who fit appropriate columns below: |
| | Number Age(s) Number Number Number not |
| | engaged steady dating dating |
| | sister(s) |
| | brother(s) |
| | 220002137 |
| | |
| | |

| | | | -4- | | | |
|--|----------------|------------------|--|--|--|--|
| 58. Do you presently "go steady"? Yes No 59. If so, how long have you been "going steady"? 60. Have you ever gone steady? Yes No 61. If so, indicate age(s) went steady? 62. What does the term "go steady" mean to you? | | | | | | |
| - | | · BOST | eady mean to you: | | | |
| 63. <i>i</i> | Approxima | tely how many da | tes have you had in the past 12 months? | | | |
| | The follo | owing chart is t | o be used to summarize your dating behavior | | | |
| _ | | | st four weeks. A calendar for the past four r convenience. A date is defined as a pre- | | | |
| | | | mbers of the opposite sex to attend some | | | |
| func | tion or te | ake part in some | activity (dance, show, sitting at home). | | | |
| Inst | ructions: | | | | | |
| Colu | mn One: Fo | or males, indica | te females you went out with, by Fl, f2, etc | | | |
| | P | or females, indi | cate males you went out with, by M1, M2, etc | | | |
| | ie | | male and you went out with Alice, mark Fl, rk F2, then Alice, mark Fl again. | | | |
| Colw | mn Two: In | ndicate day of w | eek you went out. Sat. Feb. 7 | | | |
| Colu | | | y where you went, what activity took part in ck hall; movie, capitol, "Auntie Mame" | | | |
| | no went ith | 2) day | 3) where went, what activity took part in | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | i | | | | | |
| | | | | | | |

(if you need more space, use the back of this page)

APPENDIX C

SEX RATIOS: MALES TO FEMALES; UNIVERSITY OF BRITISH COLUMBIA, 1958-59

| Classification | <u>Ma</u> | <u>le</u> | Female | |
|------------------------|-----------|-----------|--------|-------|
| , | n | % | n | % |
| University total | 7,134 | 71.7 | 2,816 | 28.3 |
| Arts and Science total | 3,292 | 73.1 | 1,213 | 26.9 |
| first year | 1,559 | 72.9 | 580 | 27.1 |
| second year | 882 | 76.1 | 277 | 23.9 |
| third year | 513 | 71.1 | 208 | 28;9 |
| fourth year | 338 | 69.5 | 148 | 30:5 |
| Nursing | | 00.0 | 224 | 100.0 |
| Home Economics | | 00.0 | 198 | 100.0 |
| Education | 563 | 38.9 | 882 | 61.1 |
| Social Work | 32 | 40.0 | 48 | 60.0 |
| Pharmacy | 90 | 72.0 | 35 | 28.0 |
| Physical Education | 100 | 76.9 | 30 | 23.1 |
| Graduate Studies | 471 | 82.5 | 100 | 17.5 |
| Agriculture | 136 | 87.2 | 20 | 12.8 |
| Medicine | 195 | 91.5 | 18 | 8.5 |
| Law | 239 | 94.8 | 13 | 5.2 |
| Architecture | 112 | 95.7 | 5 | 4.3 |
| Commerce | 576 | 96.5 | 21 | 3.5 |
| Engineering | 1,064 | 99.6 | 4 | .4 |
| Forestry | 140 | 100.0 | | 00.0 |

(UBC Calendar, 1959-60, pp. 513-15)

APPENDIX D

INSTRUCTIONS: (A) FOR SPECIAL SECTION ON DATING BEHAVIOR FOR USE WITH THE GUILFORD-ZIMMERMAN TEMPERAMENT SURVEY; (B) FOR USE WITH QUESTIONNAIRE

Instructions for the special section on dating behavior for use with the Guilford-Zimmerman Temperament Survey.

Subjects were instructed to fill in the Guilford-Zimmerman Temperament Survey first, then proceed to the special section on dating behavior:

We are asking you to fill in this questionnaire—
it's part of a research project being done by the
department. You will notice there are two pages and
a booklet. Would you please turn to the mimeographed
second page, which is marked page four. You will see
it is about dating. Do the first sheet first then
fill in this page as truthfully as you can.

"Now, turn back to the first page. (Hold up booklet) Before marking this first page, which is an answer page, please read the instructions on the cover of this question booklet. (See that subjects read Guilford-Zimmerman Temperament Survey instructions)."

Instructions for use with Questionnaire

"We are asking you all to fill in this questionnaire it's part of a research project being done by the department. We know that some of the questions will seem very personal to you — but please bear with us and do the best you can. You're not required to put your name on the questionnaire.

"As you can see, it's about dating — something that concerns almost all of you — so I hope you'll treat this seriously and realize we need all types of people to answer this — those who go out ten times a month and those who don't go out — all we ask is that you answer it as truthfully as you can.

"I don't think you'll find the hour a total loss — being a subject in a psychological study can be a rewarding experience — it may help you understand some of the problems involved — and you'll have the full knowledge you have made a real contribution to science.

"If you make an error while checking the items, just circle in your mistake and put the check in the right place and continue on.

"This questionnaire was designed for males — so we hope the girls won't be offended by maleoriented questions. Please make sure you have four

pages. If you meet any problems while answering it, just raise your hand and Mr. M---, who is supervising this research, or one of his assistants will help you.

"If Mr. M--- is fortunate enough to get the data analyzed in time, he will probably come back and tell you about it in April."

"Thank you."

APPENDIX E

QUESTIONNAIRE RESULTS: (A) CHI-SQUARES OBTAINED
(B) AUTOMOBILE ANALYSIS; (C) AGE, FIRST DATE; (D)
DRIVE-IN ATTENDANCE; (E) PREVIOUS "STEADY" EXPERIENCE;
(F) FAMILY INFORMATION

Chi-squares obtained on Questionnaire

Males Females Item Description Chi-Level of Chi-Level of square Sign. square Sign. 2 Age 11.61 .10 3.26 .20 .76 4.60 .10 4 height ns 5 5.75 1.81 ns weight ns 3.31 6.81 ns 6 eye color ns hair color 2.21 4.21 7 ns ns 3.67 8 hair texture 3.34 ns ns 9 complexion 3.32 .20 ____ 10 health 18,56 .01 1.80 ns 9.17 .05 3.06 11 physique ns 2,52 13 5.74 glasses ns ns 14 physical defect 1.91 .20 ____ 15 attractiveness 10.42 .02 3.04 ns 16 years intend to spend at univ. .20 9.02 11.77 .02 17 grade 12 mark 11.32 .10 .78 ns 18 UBC mark .77 .55 ns ns .20 5.92 .10 4.13 19 subjects 20 6.53 .10 6.89 .05 first year 4.26 4.81 21 hours study ns ns .20 22 3.83 lectures attend 5.21 ns 23 1.77 5.29 where study ns ns

| · | | Males | | <u>Fe</u> | males |
|------------|--------------------------------|----------------|----------------|----------------|----------------|
| Item | Description | Chi- square | Level of Sign. | Chi- square | Level of sign. |
| 24 | entertainment time spent on | 26.95 | .01 | 9,26 | .10 |
| 25 | employment | 11.10 | ns | 3.07 | ns |
| 26 | vacations worked | 3.07 | ns | 1.42 | ns |
| 27 | where live | 3.36 | ns | 3,57 | ns |
| 28 | pay room/board | 1.59 | ns | .45 | ns |
| 29 | money spent on entertainment | 44.03 | .01 | 5.99 | .05 |
| 3 0 | automobile access | 26,23 | .01 | .57 | ns |
| 31 | year of automobile | 4.06 | ns | 1.91 | ns |
| 32 | see page /02 | | | | |
| 33 | see page /02 | | | | |
| 34 | convertible | .70 | ns | 4.94 | .10 |
| | whitewalls | 5.52 | .20 | 6.85 | .05 |
| | radio | 5.52 | .20 | 2.78 | ns |
| | sun-visor | 1.15 | ns | 2.36 | ns |
| | power equipment | 1.99 | ns | | |
| | heater | .75 | ns | | |
| | automatic | .51 | ns | 2.85 | ns |
| | V-8 engine | 2.92 | ns | | |
| | 6-Cylinder engine | 3.22 | ns | 1.50 | ns |
| 35 | condition of auto. | 2.05 | ns | .07 | ns |
| 36 | motorcycle | .20 | ns | | |

| | | Mal | es | Females | | |
|------|---------------------|----------------|----------------|----------------|----------------|--|
| Item | Description | Chi- square | Level of Sign. | Chi- square | Level of Sign. | |
| 37 | transport to UBC | 2.49 | ns | 2.58 | ns | |
| 38 | beard | 2.43 | ns | | | |
| | crewcut | 2.04 | ns | | | |
| | duckbill cut | 7.11 | .10 | | | |
| 39 | Ivy League clothes | 6.87 | :10 | 1.00 | ns | |
| | athletic crest | 9.39 | 05 | | | |
| | leather windbreaker | 1.03 | ns | | | |
| | Hawaiian shirt | 5.29 | ns | | | |
| | suit | 10.74 | .20 | | | |
| | white shirt/tie | 11.27 | .02 | | | |
| | sport jacket | 5.40 | .20 | | | |
| | loafers | 4.96 | .20 | | • • • | |
| | oxfords | 4.86 | .20 | | | |
| | white bucks | 4.77 | .20 | 2.97 | ns | |
| | suede shoes | 9.80 | .05 | 2.15 | ns | |
| | j eans | .12 | ns | | | |
| | semi-drapes | 6.75 | .10 | | w | |
| | desert boots | 12.40 | .01 | | | |
| 40 | smoking | 11.16 | .05 | 17.26 | .01 | |
| 41 | drinking | 22.57 | .01 | 9.19 | .05 | |
| 42 | swearing | 6.15 | ns | 5.45 | ns | |
| 43 | dancing | .85 | ns | | | |
| 44 | jive | 22.42 | .01 | 14.03 | .01 | |

Males Females Item Level of Description Chi-Chi-Level of Sign. square square Sign. 9.25 .05 44 waltz square dance 4.78 .20 1.29 ns folk dance 7.71 .10 1.01 ns foxtrot 21.55 .01 5.96 .10 rhumba 8.42 .05 6.67 .05 6.12 .05 tango 11.77 .01 5.94 5.82 :10 .20 samba 45 prefer classical .25 .44 music ns ns 1.42 .82 semi-classical ns ns 5.15 .20 western 3.16 .76 popular ns ns rock'n'roll 2.58 ns 1,20 ns 9.27 .01 12.83 .01 jazz 46 swimming 11.00 .02 .53 ns 4.09 .90 bowling ns ns 15.36 .01 .62 ns skiing 9.05 :05 .09 ns ice-skating roller-skate 1.72 2,10 ns ns 14.11 .01 billiards 6.22 .20 2.41 ns tennis 2.10 ns 1.46 ns golf 3.17 18.58 .01 ns water-skiing

1.19

ns

hunting

| | | <u>Mal</u> | Males | | males |
|-----------|-----------------------------------|----------------|----------------|----------------|----------------|
| Item | Description | Chi- square | Level of Sign. | Chi- square | Level of Sign. |
| 46 | fishing | .83 | ns | .37 | ns |
| | drawing | | | 2.09 | ns |
| | painting | 4.13 | .20 | | |
| | singing | 1.65 | ns | .15 | ns |
| | writing | .40 | ns | | |
| | play musical instrument | 4.61 | ns | 2.42 | ns |
| • | photography | 5.21 | .20 | 2.26 | ns |
| 47 | see appendix E(c), page | ge 103 | | | |
| 48 | athletics | 15.75 | .01 | 1.14 | ns |
| 49 | club executive | 5.96 | .20 | . 48 | ns |
| 50 | religious service attendance | 8.49 | ns | 6.30 | .20 |
| 51 | number novels read | 7.61 | ns | 3.07 | ns |
| 52 | number movies attend | 6.82 | ns | 11.45 | .05 |
| 53 | see appendix $E(d)_{,p}$ | ge 103 | | | |
| 54 | prefer musicals | 12.97 | .01 | 1.61 | ns |
| | drama | .67 | ns | 2.37 | ns |
| | wes terns | 8.61 | .05 | | |
| | war movies | 4.81 | .20 | 1.14 | ns |
| | mystery-crime | 1.15 | ns | 2.37 | ns |
| 55 | parental marital sta us | 2.82 | ns | 2.77 | ns |
| 56 | parental occupa- tional status | 14.50 | ns | 13.18 | ns |
| 57 | see page /03 | | | | |
| 60 | previous steady experience | 26.71 | .01 | 20.15 | .01 |

Items 32-33: ANALYSIS OF AUTOMOBILE QUESTIONS

Make, style, type of automobile were not significant (item 32). The Car Cleanliness Index is determined by dividing the total number of times washed (cut-polished, etc.) by the number of subjects answering each question (item 33). The Car Ownership Index is determined by dividing the number of cars by the number of subjects (item 32).

| Males | | | | Car Cleanliness Index | | | |
|-------------|---|----------------------|--------|-----------------------|-----------|----------|--|
| Grou Des | - | & ription | Washed | Cut- Polish | Simonized | Vacuumed | |
| 1 | - | very in- frequent | 12.83 | 1.67 | 3.63 | 8.76 | |
| 11 | - | average | 20.72 | 2.59 | 3.35 | 15.14 | |
| 111 | - | frequent | 22.70 | 1.67 | 3.68 | 19.91 | |
| ıv | - | "steadies" | 21.58 | 2.17 | 3.05 | 18.50 | |
| | F | emales | | | | • | |
| A | - | infrequent | 13.58 | 2.50 | 3.37 | 6.62 | |
| В | _ | frequent | 14.55 | 2.40 | 3,86 | 8.50 | |
| C | - | "steadies" | 13.61 | 3.67 | 1.62 | 15.10 | |

Males Car Ownership Index

| Groupc&r: Description | N of cars | N of subj. | Index | Subj. with 2 or more cars |
|--------------------------|-----------|------------|-------|---------------------------|
| 1 - very in- frequent | 36 | 73 | .49 | 0 |
| ll - average | 60 | 76 | .79 | 5 |
| 111 - frequent | 38 | 40 | .95 | 5 |
| lV - "steadies" | 72 | 79 | .91 | 5 |
| Females | | | | |
| A - infrequent | 23 | 44 | .52 | 2 |
| B - frequent | 36 | 64 | .56 | 5 |
| C - "steadies" | 24 | 54 | .44 | 3 |

Item 47: Age, First Date

| | | Males | X Age |
|-----------|---|--|----------------------------------|
| 11 111 | - | very infrequent average very frequent steadies | 15.01 14.33 13.13 13.97 |
| | | <u>Females</u> | $\overline{\underline{X}}$ Age |
| В | - | infrequent frequent steadies | 14.68 13.22 13.44 |

Item 53: Drive-in Attendance

The drive-in attendance index was determined by: (a) multiplying the percentages by 100; (b) totalling each group's responses; (c) dividing by the number of subjects answering.

| | ļ | <u>Males</u> | Attendance Index | Fem | ales | Attendance Index |
|-----|---|--------------|---------------------|-----|------------|---------------------|
| 1 | _ | infrequent | 3.9 | | infrequent | 5.9 |
| 11 | - | average | 14.3 | B - | frequent | 8.8 |
| 111 | _ | frequent | 14.6 | C - | steadies | 8.2 |
| 17 | _ | steadies | 12.5 | | | |

Item 60: Previous "Steady" Experience

| Males | | <u>Females</u> | |
|------------------------|-------------------------------|------------------------|-------------------------------|
| Group - description | % reporting Previous "steady" | Group - description | % reporting Previous "steady" |
| levery in- frequent | 42% | A-infrequent | 35% |
| 11-average | 69% | B-frequent | 67% |
| lll-very frequent | 85% | C-steadies | 78% |
| lV-steadies | 48% | | |
| to | tal: 55% | to | tal: 62% |

TABLE 11

Item 57 - FAMILY INFORMATION

| | | <u>M</u> a | les | | | | |
|----------------------|-----------|------------------|-----------------|----------------------|--------------|-----------------------------|--|
| | F | Family Structure | | | Family Order | | |
| Group Description | | % having: | | % 'Only" Children | | X Age: <u>S</u> <u>B</u> | |
| l - very i freque | | 61.6 | 16 | . 4 | 19.8 | 1 19.96 | |
| 11 - averag | e 5719 | 59.2 | 18.4 | | 17.4 | 9 18.83 | |
| 111- very freque | ent 50.0 | 62.5 | 12.5 | | 17.3 | 5 20.76 | |
| 1V - steadi | .es 55.7 | 65.8 | 12.6 | | 18.2 | 3 19.69 | |
| | HETEROSEX | UAL ACT | NA YTIVI | D STA | rus | | |
| Group Description | Marri | | Going Steady | | | Not <u>Dating</u> | |
| • | • | Sisters | | | | | |
| l - very i | | 7 | 7.2 | 26 | . 1 | 28.9 | |
| 11 - averag | ge 29. | 7 | 6.2 | 31 | .2 | 32.8 | |
| lll- very freque | ent 32: | 4 | 5.4 | 16 | .2 | 45.9 | |
| 1V - steadi | ies 38. | 5 | 8.9 | 12 | .8 | 41.0 | |
| | | | Brothe | rs | | | |
| l - very i | | 7 | 3.7 | 31 | .2 | 32.5 | |
| 11 - averag | ge 30. | 5 | 6.1 | 28 | .0 | 26.8 | |
| lll- very freque | ent 34. | 1 | 15.9 | 36 | . 4 | 11.4 | |
| 1V - stead | ies 24. | 7 | 13.4 | 3 2 | .9 | 31.9 | |

^{# -} percentages do not necessarily add to 100% due to not answering groups.

TABLE 11
FAMILY INFORMATION
(continued)

| Fe | ma | 1 | es |
|----|----|---|----|
| | | | |

| | Family Structure | | Family Order | |
|----------------------|---|----------------------|-------------------------------------|--|
| Group Description | % having: \underline{S} \underline{B} | % "Only" Children | \overline{X} Age: \underline{B} | |
| A- infrequent | 55.8 65.1 | 6.9 | 19.28 20.25 | |
| B- frequent | 57.8 64.1 | 11.0 | 17.45 16.65 | |
| C- steadies | 42.5 50.0 | 29.6 | 14.38 16.00 | |

Heterosexual Activity and Status

| Group <u>Description</u> | Percentage: Married <u>Engaged</u> | Going Steady | Dating Randomly | Not Dating |
|-----------------------------|--|-----------------|--------------------|---------------|
| | | Sisters | | |
| A- infrequent | 27.7 | 8.3 | 27.7 | 36.1 |
| B- frequent | 18.2 | 12.7 | 30.9 | 34.5 |
| C- steadies | 9.7 | 9.7 | 38.7 | 41.9 |
| | | Brothe | rs | |
| A- infrequent | 40.0 | 10.0 | 30.0 | 20.0 |
| B- frequent | 10.9 | 9.0 | 36.4 | 43.6 |
| C- steadies | 18.6 | 6.9 | 20.9 | 53.5 |
| | | | | |

S= Sister

B= Brother