

SOME OBSERVATIONS ON *Pelomyxa carolinensis* with
SPECIAL REFERENCE TO MERCURY ORANGE SULFHYDRYL
STAINING

by

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ABSTRACT

Cytochemical studies using 1-(4-chloromercuriphenylazo)-naphthol-2 (Mercury Orange), a specific reagent for the detection of sulfhydryl groups, were carried out on the giant multi-nucleated amoeba, Pelomyxa carolinensis. Distribution of -SH groups was compared in normal well-fed organisms, starved amoebas and in sodium arsenite-treated individuals. The hypothesis that spindle fibre formation during mitosis involves, in part, oxidation of -SH groups to -SS- bonds and that peripheral nuclear granules play a role in spindle fibre formation was investigated. Preliminary investigations on mouse and toad muscle fibres were carried out for the purpose of confirming Bennett's results as well as to test the specificity of Bennett's Mercury Orange technique for -SH.

Considerable time was spent in observing the living amoeba. Included in these observations was feeding behaviour, reaction to various stimuli and reproduction.

Prior to the -SH studies, the general morphology of P. carolinensis was investigated in considerable detail using various fixation and staining techniques. Likewise, mitosis in this amoeba was thoroughly studied. Synchronous division of the many nuclei (as observed by Kudo and Schaeffer) was confirmed. Relationship of the amoeba's contour to the stage of nuclear division was studied. This relationship proved helpful in the study of -SH groups in the dividing nucleus since it provided a means of choosing a specifically desired mitotic stage.

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INTRODUCTION

Considerable cytochemical investigations of sulfhydryl groups in various tissues have been performed within recent years. Except for nitroprusside, however, such studies have not been carried out on protozoa and there are no reports of any for Pelomyxa carolinensis. It was the object of the present work to detect and observe the distribution of sulfhydryl groups, by means of a specific cytochemical reagent, in Pelomyxa carolinensis. Conditions were set up whereby -SH distribution could be studied in normal, healthy organisms, as well as in starving and arsenic-poisoned individuals.

In order to assess this amoeba as material for cellular research it was necessary to learn as much as possible about the animal maintained under laboratory conditions, thus considerable time was spent observing living P. carolinensis.

The histological studies were performed for the purpose of becoming acquainted with the internal structure of the animal in order to facilitate the interpretation and evaluation of existing literature as well as my own histological and cytochemical observations. A special interest was taken in the mitochondria of the animal because of the known correlation between sulfhydryl groups, respiratory enzymes and mitochondria in multicellular organisms.

The mitotic studies of fixed material were necessary before further investigation regarding the possible role of sulfhydryl groups in mitosis.

LITERATURE REVIEW

Nomenclature

Considerable confusion exists regarding the nomenclature of the organism used in this study.

Rösel von Rosenhof discovered an organism in 1755 which he called "der kleine Proteus". In 1758 Linnaeus named it Volvox chaos, then renamed it Chaos proteus in 1767. The majority of zoologists considered Volvox a protozoan, therefore, the binomial name of Rösel's "kleine Proteus" is Chaos chaos L.

Dr. A. A. Schaeffer (1937, 1937a), whose cultures I obtained, discovered Pelomyxa carolinensis Wilson in New Jersey. He believed that P. carolinensis, described and named by Wilson (1900) was Chaos chaos and supplied it to Turtox under this name. Turtox now sells this giant amoeba as Chaos chaos. Therefore, the name Chaos chaos has been generally accepted by many despite the objections of certain workers who have studied Rösel's observations. Mast and Johnson (1931; and Mast, 1938) are two such investigators who concluded that Chaos chaos is not identical with Wilson's P. carolinensis but that it is a myxomycete. Kudo (1946, 1952, 1959) who also examined Rösel's paper in conjunction with his own laboratory investigations on P. carolinensis believes that the facts do not support Schaeffer's assumption. He states that, "P. carolinensis is the valid name of the organism described and named by Wilson (1900) and that Chaos chaos

remains an unidentifiable organism of historical interest."

In the present study, this giant amoeba is referred to as Pelomyxa carolinensis Wilson.

P. carolinensis As An Experimental Animal

The nutrient requirements of P. carolinensis are as yet undetermined, therefore it has not been possible to develop axenic cultures of this organism. Kopac (1959) and Prescott (1959) are attempting to solve this problem.

Until recent electron microscopic studies fewer references pertaining to experimental studies on P. carolinensis appear in the literature as compared with some other protozoans, for example paramecium and Amoeba proteus. No reference to histochemical studies could be found. Most of the experimental work has been in connection with behavior, morphological description and physiological investigation.

Vital staining with Neutral Red reveals cytoplasmic granules known as "neutral red bodies" (Andresen 1942, 1945, 1946). These studies have led to the "vacuome" theory reviewed by MacLennan (1941). It is also supported by earlier workers (Hall, 1930; Hall and Loefer, 1930; Nigrelli and Hall, 1930). On the other hand, Goldacre (1950, 1952) and Torch (1959) believe these particles are an artifact of fixation subsequent to staining with neutral red.

Vital staining with Janus Green B carried out by Mast & Doyle (1935 a,b) and Kassell and Kopak (1953) revealed small particles covering the surface of contractile vacuoles. Studies by Torch (1955) and Pappas (1959) have led these workers to believe that these round or oval-shaped bodies are mitochondria. They have observed the detailed structure of individual mitochondria.

Classical studies on the cytology of P. carolinensis have been carried out by Andresen (1942, 1956); Kudo (1946, 1951); Wilbur (1942, 1945) and Torch (1955, 1959). Recent electron microscopic studies on the internal structure of P. carolinensis have extended the classical studies. Much of what was previously observed has been confirmed with the electron microscope. Some of the assumptions have now been turned into facts whilst others have been proven false.

Electron microscopic studies (Borysko & Roslansky, 1959) show that the plasmalemma of P. carolinensis is a single membrane. Pappas (1959) observed the plasmalemma to be approximately 200 Å thick. Fine fibrous extensions extend approximately 1700 Å^o from the surface. The diameter of these filaments is 40 Å^o to 60 Å^o. Earlier workers (Lehmann et al., (1956 a,b); Manni (1956) and Brandt (1958)) had described the plasmalemma as a double-layered membrane but it is now believed that the outer layer represents the minute filaments revealed in Pappas' (1959) studies and that these fine filaments may serve as

sites of adsorption of substances from the surrounding environment. The mechanism for such membrane formation proposed by Andresen (1957) is currently being investigated by electron microscopic studies (Landau, 1959).

Cytoplasmic ground substance appears homogeneous under the light microscope. However, studies with electron microscope, centrifugation studies of homogenates, chromatographic separation and surface chemical properties of proteins, indicate that submicroscopic particulate structures are contained in this ground substance ranging in size from 0.06 to 0.2 microns (Kopac, 1950; Kassel, 1959).

Studies by Kopac (1951) suggest that these submicroscopic components, because of their capacity to undergo fibrillization, may be basically responsible for sol-gel changes involved in amoeboid movement and cytokinesis.

The cytoplasmic inclusions found within P. carolinensis and A. proteus appear to be similar in all respects, with the exception of the nuclei, P. carolinensis, being multinucleate (Torch, 1959). Kudo (1949, 1947, 1954) has described the nuclei and nuclear division in Pelomyxa carolinensis. Hinchy (1937), Schaeffer (1938, 1946) and Short (1945, 1946) have also studied mitosis in this organism.

Electron microscopic studies show a definite double-membrane

structure of the nuclear envelope.

Pores having a diameter of approximately 600 \AA were observed by Pappas (1959) within the nuclear envelope and are believed to be formed when the inner and outer membranes are joined with one another. Since these nuclear pores do not appear to be patent, certain workers feel that they might more appropriately be termed "annuli" (Freider et al, 1956; Rebhun, 1956; Gall, 1956 and Swift, 1956). In the three species of amoebae studied (i.e. A. proteus, H. rysodes and P. carolinensis) the pores occupy 15 to 20 percent of the nuclear surface which is approximately twice that estimated for mammalian cells (Watson, 1955).

Immediately within the nuclear envelope of P. carolinensis is found a loose network of fibrils which are approximately 60 \AA to 70 \AA thick but the depth of this intraperinuclear fibrillar network varies a great deal. Nucleoli are found just within the nuclear envelope whilst within the more central areas of the nucleoplasm are found clusters of helices. At present, studies are in progress concerning the appearance and distribution of these helices during the stages of nuclear division (Pappas, 1959). Electron microscope studies have shown that the peripheral granules (nucleoli) contain small clusters of dense granules (Borysko and Roslansky, 1959).

Torch (1955) carried out a careful study of the mitochondria of P. carolinensis for the purpose of identifying and describing them

as a step toward determining their possible significance.

Borysko & Roslansky (1959) and Pappas (1959) during electron microscopic studies noted a complex internal structure of mitochondria which consists of a system of pleated membranes, numerous small granules and amorphous material. Serial sections indicate that many of the mitochondria are serpentine filaments rather than spheres or rods.

The studies of Torch, as well as that of other workers (Joyet-Lavergne, 1926, 1928, 1929, 1934, 1935; Cowdry & Scott, 1928; and Weiss, 1950), indicate that the mitochondria in protozoa may function in cellular respiration.

Torch (1959) described "crystal vacuoles" around food vacuoles which are referred to as "vacuole refractive bodies" and appear as particles possessing darkened rims surrounding a colourless interior. Brown (1930) and Mast and Doyle (1935) believed them to be Golgi material because they give positive results with osmium techniques. But recent studies on centrifuged material and electron microscopic identification of structures other than these bodies, similar to vertebrate Golgi have led to a new interpretation (Cohen, 1957 and Pappas, 1959). Further, MacLennan (1940) has shown that the Golgi element cannot be identified on the basis of osmium reduction alone. Pappas (1959) noted a thick layer of granular material in close association with the limiting membrane of newly formed

food vacuoles. Older food vacuoles do not possess this granular ring of material around them. Because of this close association with newly formed food vacuoles they have been assigned a digestive role. Mast and Doyle (1935 a, b) are of the opinion that these homogeneous spherical bodies contain fatty acids and other lipids.

Refractive bodies dispersed throughout the cytoplasm are described by Mast and Doyle (1935 a). Each is composed of three morphological components: a relatively fluid cortical layer in which lipids and proteins have been demonstrated, an inner brittle shell and an innermost apparently fluid core. These observations were confirmed by Pappas (1954). Heller and Kopac (1955 a, b; 1956) and Pappas (1954) have been able to demonstrate organic phosphate, calcium and magnesium in relatively high concentration, as well as other minerals in lower concentration, in the fluid portion of these particles.

Fat globules present in the cytoplasm were shown by Mast and Doyle (1935 a) to be composed largely of neutral fat. Pappas (1954) confirmed these findings. Pappas also observed in A. proteus that although the glycogen disappeared after 3 days of starvation, as much as one third of the normal content of lipid droplets still remained in the cytoplasm of most of the organisms at the time of their death due to starvation. In centrifuged amoebas (Torch, 1959) the fat droplets locate themselves at the extreme end of the centripetal pole.

During the initial redistribution of the cytoplasmic components the other inclusions (i.e. crystals, food vacuoles, nuclei and mitochondria) begin streaming towards the centripetal pole but the fat droplets remain relatively stationary and clumped. When redistribution of the cytoplasmic components is completed (approximately one hour) the fat globules can be seen circulating en masse within certain individuals.

Crystals were not seen directly with the electron microscope but Pappas (1959) states that vacuoles that had contained crystals could be readily identified by the absence of embedding material in the space that formerly contained the crystals. These negative images corresponded to the two types of crystals present in the living amoebas, namely, platelike and truncated bipyramidal. Mast and Doyle (1935 b) and Wilbur (1945) believed that these crystals originated in food vacuoles and thus represented a food reserve. However, Andresen and Holter (1945) have shown that in P. carolinensis these bodies do not decrease in numbers during starvation. These workers further claim that the crystals arise in the cytoplasm and are found only incidentally in the food vacuoles as a result of coalescence.

The contractile vacuoles as seen by the electron microscope (Pappas 1959) show a vacuolar membrane surrounded by a densely packed layer of small, round vesicles believed to be secretory in function.

These vesicles in turn are surrounded by mitochondria. Lehmann et al (1946), Bairati and Lehmann (1956) and Pappas and Brandt (1958) have also carried out studies on these vesicles in an attempt to determine their function and relationship to the contractile vacuole. Gatenby et al (1955), Dalton and Felix (1956) and Pollister and Pollister (1957) discuss the contractile vacuoles with respect to the possibility of their representing Golgi apparatus.

Studies of the food vacuoles of P. carolinensis carried out by Borysko & Roslansky (1959) revealed that the lumen of the vacuole is continuous with several long channels that extend radially away from the vacuole for long distances. They postulate that these channels extend to the exterior of the amoeba and thus provide an escape route for water ingested with food organisms.

Arsenic in Relation to Cell Poisoning via -SH

Ehrlich, as early as 1909 thought the toxicity of arsenic was due to a reaction with receptor groups present in the protoplasm. He suggested that the groups involved may be hydroxyl or sulfhydryl.

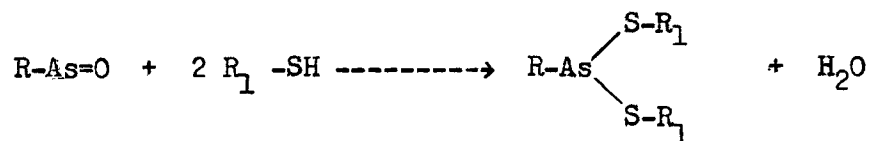
Voegtlin (1925) and co-workers (1923, 1925) while studying the trypaniacidal action of arsenicals in rats, found that arsenicals must be in the tri-valent form (as in arsenoxide $R-As=O$) in order to exert a toxic effect on the cell. When rats were injected with arsenoxide the number of parasites fell. However, if glutathione,

or some other similar -SH compound, was injected together with the arsenoxide the toxic effect could be inhibited. Thus, Voegtlin postulated that the toxicity of arsenoxide on trypanosomes was due to the blocking of -SH groups in the cell. Since then more evidence has accumulated along these lines (Szent-Gyorgyi, 1930; Labes, 1929; Cohen et al, 1931; Rosenthal, 1932; Glahn et al, 1938; Hitchcock, 1946) and in vitro studies show that the toxic effects of arsenic are brought about by inhibition of metabolic enzymes - the pyruvate oxidase system in particular - through the blocking of -SH groups (Pillae, 1938). Peters (1940, 1949) demonstrated the inhibition of the pyruvate oxidase system in vivo. He found an increase in blood pyruvate level at an early stage of arsenic poisoning (lewisite) which he attributed to the effect of arsenic on -SH groups. However, glutathione and similar monothiols could not reverse the effect of lewisite on the pyruvate oxidase system.

Baron (1947 a, b) found that lewisite had the greatest affinity (amongst the trivalent compounds) for -SH groups and inhibited all sulfhydryl enzymes except d-amino acid oxidase, yeast carboxylase and transaminase. Inhibition was reversed by BAL (British anti-lewisite) in all cases.

Stocken and Thompson (1946, 1948) found that arsenic combined with the thiol groups of protein in the ratio: 1 arsenic to 2 -SH groups and hence postulated the "Dithiol Theory" which may

be illustrated as follows:



Whittaker (1947) supports this theory and Danielli (1947) states that BAL reverses the above reaction.

Sulphydryl Groups

Soluble thiol groups, distributed throughout the cell, and fixed sulphydryl groups attached to side chains of proteins, serve important functions in the regulatory mechanisms of cellular respiration as well as in the performance of the processes leading to cell division and growth.

Glutathione, a tripeptide - (γ -glutamylcysteinylglycine) is the most representative example of such soluble thiol groups. The biological functions of glutathione have not yet been definitely established. Functions attributed to this substance date back to 1888 when it was discovered by deRey Pailhade. It was forgotten and rediscovered in 1921 by Hopkins. It was first postulated to be a catalyst for cell respiration. The role of glutathione in regulation of respiration is the result of its low oxidation-reduction potential. Glutathione also exerts a protective or reactivation role towards metabolic enzymes which contain -SH groups in their protein moiety. Whenever these -SH groups are attacked by

destructive agents, glutathione restores them by either withdrawing heavy metal or by reducing the oxidized sulfhydryl group (Barron, 1951).

Some workers in the field of cell division believed that the -SH groups involved belonged to glutathione (Shearer, 1922; Hammett, 1929; Dulzetto, 1931; Rapkine, 1931; Rapkine et al, 1931; Binet and Weller, 1936; Barron et al, 1948; Infantellina and LaGrutta, 1948; Bolognari, 1952; Mazia, 1952, 1954 a, b; 1955; Backstrom, 1956; Stern, 1956). Others felt that both fixed and soluble -SH groups play a part in cell division - probably in spindle formation as well as in plasmotomy (Binet et al, 1937; Ghosh, 1937; Vincent, 1937; Colien, 1938; Williams, 1947; Ecker and Pillemer, 1938; Watkins and Wormall, 1938).

Still others felt that glutathione does not play the leading role but a rather more passive one serving as a respiratory carrier (Mapson and Moustafa, 1956) or as a regulator of the oxidation-reduction level in the cell (Barron et al, 1948) and it was therefore felt that the key to the solution of division activity should be sought for in the sulfhydryl (-SH) disulfide (-SS-) transformation occurring in the complicated protein systems which are required for the formation of the spindle apparatus.

The manner in which -SH groups take part in cell division is poorly understood and the elucidation of this problem is one of

the major tasks of biochemical cytology (Brachet, 1940; 1941; 1957; Mazia and Zimmerman, 1958; Mazia, 1958; 1959; 1960; Zimmerman, 1960), as well as others whose work is referred to below.

Until the work of Saiki (1959) little progress was made in this regard since Rapkine first suggested this function of -SH groups. Saiki employed several methods for quantitative determination of glutathione - among which was the titration method improved by Kuroiwa (1953) as well as the nitroprusside method proposed by Grunert and Phillips (1951). His results showed that glutathione leaves sea urchin eggs within 2 minutes after addition of trichloroacetic acid, indicating that the positive sulfhydryl tests obtained by the many experiments must be due to protein-bound -SH groups of the egg protoplasm. The work of Neufeld and Mazia (1957) and Mazia (1957) falls in line with this concept, for they also found that neither glutathione nor ascorbic acid fluctuate in dividing sea urchin eggs.

Recent cytochemical investigation of the distribution of free sulfhydryl groups in Clypeaster japonicus by Kawamura and Dan, (1958) and Kawamura (1960) also indicate that theories of cell division in which glutathione is instrumental may not be valid.

These workers, as well as Mazia (1961 a, b), now feel that the sulfur-containing groups need not necessarily be fully oxidized -SS- bonds similar to those found in such stable structures

as hair and vulcanized rubber.

Cytochemical Methods for the Detection of -SH Groups

Cytochemical methods for demonstration of -SH groups rely on the fact that sulfhydryls react with almost all protein reagents (Olcott and Fraenkel-Conrat, 1947). That the reaction has occurred is evident upon inspection because of the chromogenic moiety in the reagent. The latter may be an oxidizing agent bearing a reactive halogen group or a reactive heavy metal on its molecule. Such reagents have been sought since the beginning of the century (Glick, 1949; Pearse, 1953, 1960; Barnett and Seligman, 1952, 1953 a, b; 1954 a, b; Brachet, 1957; Baker, 1958; Mellors, 1959; Casselman, 1959; Davenport, 1960).

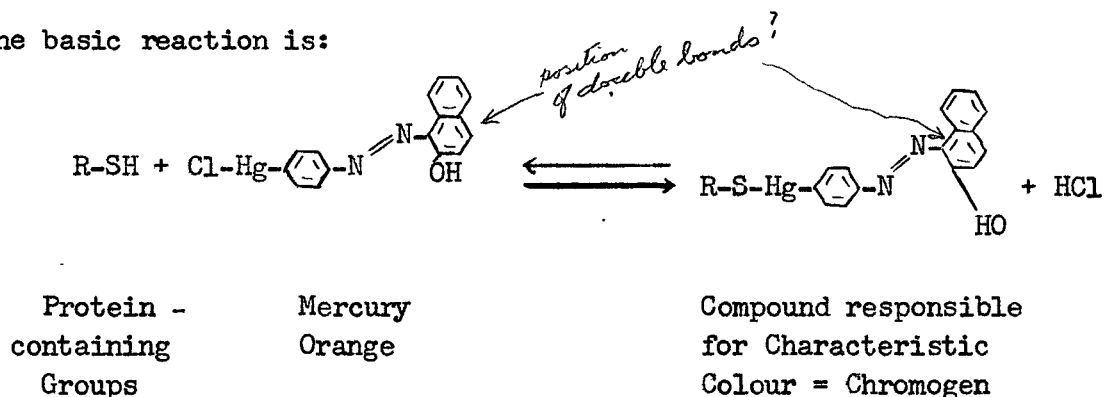
Mörner, in 1902, first used the Nitroprusside reaction for identifying cysteine (Mörner, 1921). Others later employed it to demonstrate sulfhydryl groups in plant and animal material (Gola, 1902; Buffe, 1904; Heffter, 1908). Since then it has been used by many workers (Kaye, 1924; Walker, 1925; Joyet-Lavergne, 1928; Percival and Stewart, 1930; Giroud, 1931; Giroud and Bulliard, 1933; Rapkine, 1934; Bourne, 1935; Lison, 1936; Hammett and Chapman, 1938; Serra, 1946). Some of the aforementioned have modified the original technique in various ways. When thiols react with Nitroprusside in the presence of ammonium hydroxide and ammonium sulfate, a purple colour is produced. Nothing is known of

the chemistry of the reaction, however, this technique has been extensively treated in the literature (Kay, 1924; Walker, 1925; Giroud and Bulliard, 1933; Fugita and Numata, 1939; Serra and Lopes, 1945; Mescon and Flesch, 1952; Rudall, 1952; Adams, 1956; Pearse, 1961).

Golodetz and Unna (1909) used the Ferricyanide method to demonstrate "reduction sites". Chèvremont and Frederic (1943) later applied the in vitro ferric ferricyanide reduction test described by Mason (1930) to the demonstration of thiols in tissue. The method has since been used successfully by Frederic (1949), Yao (1949), Hardy (1952) and Rudall (1952), whilst some workers feel that the need for caution and many controls before safe conclusion can be reached is a considerable disadvantage (Lillie and Burtner, 1953; Findlay, 1955). Barron (1951) points out that the inability of ferricyanide to oxidize all the -SH groups of denatured protein results in an ill-defined end-point in the colour reaction. Adams (1956) has carefully considered the histochemical interpretation of this method.

Bennett (1951) demonstrated thiol groups in certain tissues by means of a red mercaptide-forming sulfhydryl reagent (1-[4-chloromercuriphenylazo]-2-naphthol). This reagent is commonly referred to as Mercury Orange. Bennett and Yphantis (1948) synthesized Mercury Orange while attempting to develop a quantitative

analytical cytochemical method for measuring sulphhydryl content of tissue components too small for conventional microchemical procedures. The technique is a modification of the in vitro phenyl mercuric chloride (p-chloro-mercuri-benzoic acid) sulphhydryl reaction of Hellerman, Perkins and Clark (1933). The red-coloured azo derivative of Hellerman's reagent retains the specificity for mercaptans displayed by phenyl mercuric chloride and also, because of its chromogenicity, acts as an optical tag which delineates the sites where it is bound to tissue components by mercaptide linkage. The basic reaction is:



Since Bennett (1951) first used Mercury Orange for qualitative work certain conditions have come to be appreciated not previously considered which must be met if all, or most, of the -SH groups of a tissue are to be demonstrated cytochemically. Hence, Mercury Orange has not enjoyed the popularity of the Barrnett-Seligman Method (Barrnett et al, 1955; Ravin et al, 1952; Ashbel and Seligman, 1949; Seligman et al, 1949). But, when these conditions are satisfied, Mercury Orange possesses the characteristics of an ideal

1

(I) Reagent (2,2'-dihydroxy-6,6' dinaphthyl disulfide) when used in excess at pH 8.5 reacts with active -SH groups of fixed tissue proteins to form a colourless substance (II) plus by-product (III). The colourless oxidation product (II) is insoluble in both water and ether-alcohol therefore excess reagent (I) as well as by-product (III) can be washed out of the tissue with organic solvents. Subsequent treatment of the tissue with tetrazotized di-orthoanisidine results in the rapid development of a red colour (Monocoupling) or a blue colour (di-coupling) at the site of protein-SH groups (IV). Monocoupling (red or pink) indicates sparse, widely separated -SH groups whereas di-coupling (blue) indicates a greater concentration of -SH groups.

MATERIALS AND METHODS

Cultivation of Amoebas and Parameciums

Cultures of P. carolinensis and P. multimicronucleatum were set up in November, 1958. The amoebas were maintained by subculturing in syracuse watch glasses twice weekly. Approximately 12 amoebas were placed in thoroughly cleaned¹ watch glasses containing fresh stream water and a 1"-long piece of timothy hay. The timothy hay for this purpose was allowed to mature before picking and then dried. Before use, it was boiled in stream water for 10 minutes to kill any undesirable organisms which might be attached thereon. Before placing the small stick of hay into the watch glass, all of the juice was poured off. The cultures were kept at room temperature in diffuse light. The watch glasses were stacked one on top of the other and the top one covered by a clean inverted watch glass. The amount of water in the glass was not sufficient to wet the bottom of the glass placed above it.

An adequate supply of parameciums was kept on hand as a constant source of food for the amoebas by subculturing periodically in a timothy hay infusion. The infusion was made up in wide-mouthed 250-cc Erlenmeyer flasks. The flasks were filled to within 5 - 6 cm of the mouth with fresh stream water into which was placed approximately ten 1-inch sticks of timothy hay. The flask was

1 Distilled water and nitric acid (conc.) 1:1, rinsed several times and dried thoroughly.

covered with a clean inverted 100-cc beaker and the mixture allowed to boil for 15 minutes. After cooling, it was inoculated with approximately 10 cc of a heavy paramecium culture. Within one week to ten days, this culture was ready to use for feeding the amoebas.

Considerable time was necessary before growth in these cultures became luxuriant and it seemed to me that by increasing the amount of timothy hay, it should be possible to develop thicker cultures. But, this did not prove to be the case. An excessive amount of hay had a deliterious effect upon the organisms. Rather than a heavy culture developing, the parameciums failed to multiply appreciably and eventually the infusion became cloudy and contained many dead organisms. The problem, therefore, of providing sufficient food for the amoebas was handled by maintaining a sufficient number of individual flasks of cultures. More hay and water could be added from time to time and, in this manner, cultures were kept in good condition for months.

The parameciums were washed before adding them to the amoeba cultures. A small amount of cotton was placed within a 15-cc conical centrifuge tube and pushed down just beyond the bend; stream water was poured in till it reached the top of the cotton and the remainder of the tube was filled with paramecium culture (Figure 1).

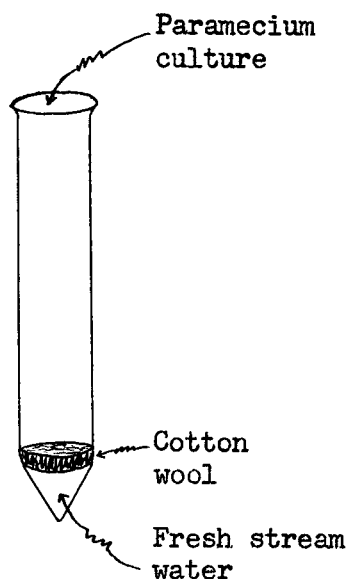


Figure 1 - Method of washing paramecia before feeding to P. carolinensis. A small amount of cotton was placed just beyond the bend of a 15-cc centrifuge tube. Stream water was poured in to top of the cotton and remainder of tube was filled with paramecium culture. Tubes were spun in a hand centrifuge.

The tubes were spun in a hand centrifuge (50 turns of the handle during 2 minutes). If spun too rapidly, the paramecia sent out many trichocysts and died. If spun too slowly, they did not pass through the cotton and therefore failed to become concentrated in the fresh water beneath. When the organisms had been brought down, it was possible to invert the tube without the cotton plug becoming displaced and the old culture fluid, containing only debris, could be poured off. When the cotton was carefully removed, by means of a flamed glass rod, the paramecia were sufficiently clean to be fed to the amoebas.

During routine cultivation of P. carolinensis, 500 to 800 paramecia were added to each watch glass. Five or six watch glasses of amoebas were sufficient to keep on hand for carrying out various studies. During studies on mitosis the feeding procedure

described above, but without removing amoebas from watch glasses, was repeated approximately 4 to 6 hours before the organisms were required. Some water was removed and fresh stream water added. This ensured richly dividing material. To obtain desired stages for experimental purposes the cultures were scanned at intervals during the day and individuals selected according to body form.

Cytological Studies

1. Routine Histological Staining

a) Vital Staining

At the commencement of this study, vital staining was employed in an attempt to observe the living amoebas in more detail. For example, the nuclei in the living organisms were not visible under the stereoscopic binocular microscope nor under low power of the light microscope. High power could not be used without disturbing the animals (i.e. the watch glass could not be placed under the high power objective and it was necessary to transfer the amoebas to a depressed microscope slide).

The first concentration of Neutral Red used was 1:1,000. It proved too strong but the results were interesting.

A 1:100,000 dilution of Neutral Red and a 1:200,000 of Janus Green B (in culture media) was next tried. It is

generally stated that concentrations of this order are non-toxic, however, it seems reasonable that normal physiology must be disrupted to a certain extent by "vital" stains since cells exposed to such staining are eventually killed. Thus, after a few trials, vital staining was abandoned for methods such as phase contrast and water mounts.

b) Permanent Histological Preparations

Routine histological techniques, known to demonstrate particular components of the animal cell were modified in order to render them suitable for the morphological investigation and mitotic studies performed on P. carolinensis (McClung, 1950; Gatenby & Beams, 1951; Ford, 1958; Baker, 1958; Davenport, 1960; Armed Forces Inst. Tech., 1960; Pearse, 1953 and 1961).

The various fixatives used were Bouin's, Schaudinn's, Osmium tetroxide, Formol Saline, Trichloroacetic Acid, Zeigwalner's and Carnoy. Attempts at freezing the amoebas before staining were made using dry ice and liquid air.

Ehrlich's and Heidenhain's iron haematoxylin and Grenacher's Borax carmine were employed for nuclear studies.

Formalin calcium fixation with Sudan Black stain was

used to demonstrate lipids.

For mitochondria, Regaud's Method with Regaud as well as neutral formalin fixation was used. Staining was carried out using Janus Green B, Regaud's Method for mitochondria, Heidenhain's Iron Haematoxylin (Champy Fixative) and Altman's Acid Fuchsin.

In making permanent histological preparations several methods of handling the amoebas were employed.

A modification of Kirby's (1950) Method was used for the first whole mounts that were prepared. The amoebas were allowed to become attached to the bottom of a syracuse watch glass, then most of the water was pipetted off before pouring hot (65°C) Bouin's Fluid onto the amoebas. The first alcohol in the hydration series was poured in with the Bouin's. The animals were then taken through a series of alcohols (85% - 50%). During this procedure the amoebas were pipetted individually and the alcohol was contained in black glass stenders which showed up the white amoebas well. The amoebas in the staining solution could not be seen with the naked eye but when placed on the stage of a dissecting microscope the light passing through the glass from the bottom allowed them to be observed sufficiently well to be handled. After differentiating, the animals were


cleared in clove oil, terpeneol, oil of wintergreen or lilac oil and mounted in Permout.

The above manner of handling the material was adequate for observing characteristic "body" shapes, pseudopods and some cytoplasmic inclusions (i.e. droplets, crystals, vacuoles). However, because of the thickness of the preparations, it was not satisfactory for demonstrating nuclear structure nor for observing mitotic nuclei. Thus, for visualization of the nucleus, both during interphase as well as during the various stages of mitosis, the amoebas were fixed in the shape in which they happened to be at the time. Certain fixatives (formol saline, Schaudinn's, osmium tetroxide and trichloroacetic acid) had an instantaneous effect without being heated. Following fixation, the amoebas were handled by means of pipettes, individually, as described in the previous method. Subsequent to staining they were embedded in small wax blocks, sectioned at 4 u, 5 u and 10 u, mounted on slides which were very clean and therefore required no egg albumin nor PSA. They were then cleared in xylene and mounted in Permout. Ball-point pen lines were drawn beneath the very tiny sections in order to facilitate finding them under the microscope.

Since sectioned material provides preparations of uniform

thickness it seemed necessary to employ it for purposes of comparing intensity of Mercury Orange staining in various stages of mitosis. However, I discovered that the Mercury Orange staining of the cytoplasm was poor. (This is in part due to the fact that Mercury Orange does not produce an intense colour in thin preparations. Although, in the past this was considered to be a disadvantage, it is now believed that this property, rather, indicates the specificity of the reagent (Pearse, 1961). Therefore, in addition to serial sections I also prepared a large number of squashes for mitotic as well as cytochemical study.

Squashes were prepared as follows. One amoeba was placed on a slide in a small drop of culture fluid. Strips of filter paper were used to absorb most of this water. Dropping fixative directly onto the amoeba and then lowering the coverglass damaged the preparation considerably since this resulted in fixation prior to flattening of the animal. Therefore, a method adopted from bacteriological study techniques was employed. A drop of fixative was placed on the coverglass which was inverted and lowered onto the amoeba. Such simultaneous fixation and flattening caused no apparent damage to the internal structures. In many instances the outer limiting membrane of the animal remained intact. For nuclear observations there was no particular



advantage in maintaining an intact membrane, therefore a slight amount of pressure was applied to the coverglass to further flatten the amoeba, while still maintaining intact nuclei. Once the correct degree of flattening was obtained, the coverglass was floated off with whichever fluid the particular method required. With the coverglass floated off, the amoeba remained attached to the slide (or in many instances to the coverglass) and the latter could then be handled in the usual manner during dehydration, staining, clearing and mounting procedures.

2. Cytochemical Methods for Demonstration of -SH Groups

In selecting a suitable cytochemical reagent, certain criteria had to be satisfied by the chromogenic agent:

- (1) The reagent should be specific for thiol groups. It must combine with thiols so as to demonstrate their site but should not react with any other groups in the cell or tissue, or if capable of such binding, convenient methods should be available for detaching the molecules bound non-specifically without removing any from the thiol groups.
- (2) The reagent should be monofunctional. Each molecule should possess only one group through which the molecule might be bound to a tissue component.

- (3) The equilibrium constants of the binding reaction should favour strongly the bound state.
- (4) It should have a relatively small molecular size, so as to minimize steric hindrance to binding.
- (5) The reaction should not be affected by any of the histological procedures necessary for the preparation of permanent microscopic slides.
- (6) The colour should be sufficiently intense to be seen microscopically.
- (7) The colour should remain for a considerable time in order to obtain a stable preparation which can be used as a permanent record of -SH content of the cell.
- (8) The reagent should not destroy the cytological quality of the preparation.
- (9) It should be available in very pure form.

a) Preliminary Experiments with Mercury Orange

Bennett's Reagent, Mercury Orange, (1-(4-chloromercuri-phenylazo)-2-Naphthol) was believed to satisfy all of the above criteria. Nos. (2) to (9) were apparent from the literature and the chemical structure. However, I felt

it desirable to prove No. (1) in our laboratory prior to using it in this study. Preliminary experiments were performed, therefore, on muscle tissue in order to test the specificity of the reagent and to confirm the results of Bennett (1951). Toad and mouse muscle fibres fixed 24 hours in 5% Trichloroacetic Acid, washed and dehydrated, were teased and immersed in the Mercury Orange reagent (a saturated solution in butanol containing 6 mgs/litre). Mouse muscle fibres were left in the solution for 7 hours and toad fibres for 24 hours. Then they were washed in butanol 24 hours, cleared in xylene and mounted in Permount. These served as the controls. The experimental group were fixed similarly but prior to immersion in Mercury Orange they were left in 1%, 5% and 10% sodium arsenite (NaAsO_3) for 24 hours.

b) Application of Mercury Orange to *P. carolinensis*

After confirming Bennett's experiments as above, techniques were developed for adapting this method to *P. carolinensis*. Mercury Orange was used in the same concentrations and solvent as for preliminary muscle experiments (i.e. 6 mgm/litre in butanol). Amoebas taken directly from healthy cultures were fixed with 5% TCA, washed in distilled water, dehydrated and rinsed in butanol, then allowed to remain in Mercury Orange reagent for

varying periods of time (i.e. 3, 4, 8, 24 and 48 hours). They were washed in pure solvent 24 hours, cleared in clove oil, oil of wintergreen or ^{e/}turpineol and mounted in Permunt on clean slides with no mounting media. Some of the amoebas were subjected to sodium arsenite both in the living state and subsequent to TCA fixation, but prior to Mercury Orange staining. Mercury Orange was also applied to "starving" individuals.

The method chosen for the application of arsenic was the direct immersion of the specimen into the test solution. This is a common procedure employed for application of a chemical agent to the living cell for studying its effect but some of the problems involved should be borne in mind. They are: (1) modification of culture media; (2) diffusion of substance into the organism, and (3) chemical solubility of the test substance. The chemical solubility of arsenic was a problem at the outset because I chose As_2O_3 (Arsenic Tri-Oxide). To overcome this, 1 gram of As_2O_3 was added to 10 ml of glycerine. It was hoped that glycerine would be sufficiently inert to have a minimum ^{e/}deleterious effect upon the physiology of the amoeba. The mixture was heated until clear. After cooling, 90 ml of stream water were added to it giving a 1% stock solution. This method was not satisfactory because the

maximum concentration of arsenic which could be used was 1% and it was desired to try concentrations of 1% and greater since concentrations below 1% did not affect the intensity of the -SH stain. Increasing the proportion of glycerine was not desirable since the results would probably be less significant if a great quantity of extraneous substance was introduced along with the arsenic. The soluble sodium salt, sodium arsenite (NaAsO_3) was therefore tried on living material in concentrations of 0.01 gm %, 0.5 gm % and 1.0 gm %. Although some changes were observed at concentrations of less than 1.0 gm %, death of the organisms did not occur - nor was there any difference between these amoebas and untreated ones with respect to sulfhydryl staining. On the other hand, concentrations of 1.0 gm % and above caused disintegration of the membrane and the animals could not be used for cytochemical studies. Thus, it was decided to use 1.0 gm %, 5.0 gm % and 10.0 gm % solutions of sodium arsenite on fixed material, as a means of verifying the specificity of Mercury Orange and to determine whether arsenic has an affinity for -SH in protozoa as has been found in in vitro studies.

In applying Bennett's Mercury Orange method, some sections were prepared as well as many squashes.

For the study of changes in -SH content of P. carolinensis

during nuclear division, the same procedures of feeding and selection of individual amoebas as described for making permanent histological preparations of mitotic stages were used but the cytochemical reagent was used (as described above) in place of routine stains.

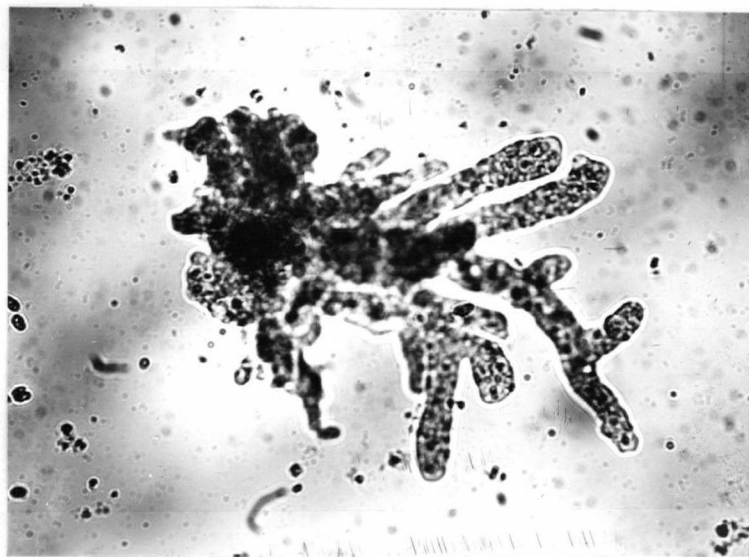


Figure 2 - Photomicrograph of healthy, normal living P. carolinensis placed in clean watch glass containing fresh stream water immediately begins to send out pseudopodia and attaches itself to the substratum. X 95

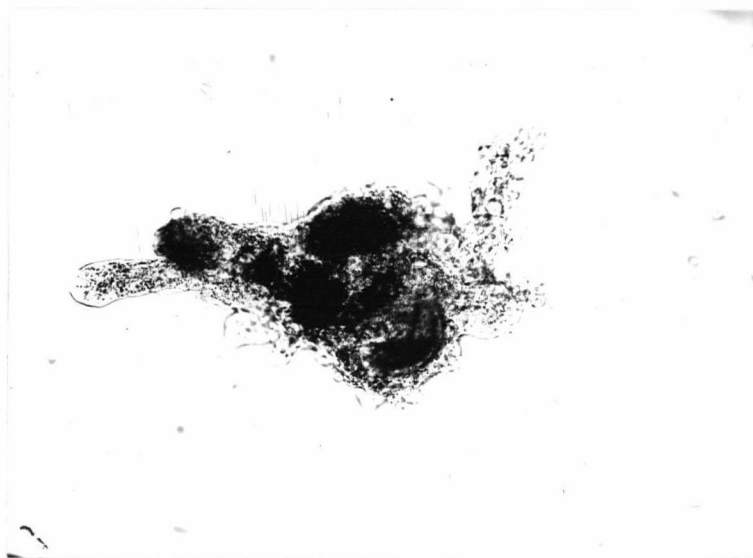


Figure 3 - Once attached to the substratum P. carolinensis begins ingesting food organisms. Recently ingested paramecium in food vacuole is seen here. Note the thin, delicate-appearing membrane of the amoeba compared with the dense, thick, ciliated pellicle of the entrapped paramecium. X 95

OBSERVATIONS & RESULTS

I. LIVING MATERIAL

General Behaviour

Feeding

Unless undergoing mitosis, healthy, normal, living P. carolinensis became attached to the bottom of the glass containing fresh stream water (Figure 2). The amoebas attached themselves whether or not parameciums were added, provided the glassware was meticulously cleaned and dried prior to adding fresh water. If food was withheld indefinitely, however, they became detached once more. Likewise, when the food organisms were depleted or when environmental conditions were not optimum the amoebas became detached once more.

P. carolinensis is a voracious feeder. Almost immediately following attachment to the substratum it began ingesting food organisms. Frequently an individual amoeba was seen to contain several parameciums at one time. Each paramecium was contained in a separate food vacuole (Figure 3) usually, but two parameciums in one food vacuole have been observed. When feeding on smaller protozoa (Chilomonas, Menoidium, Chilodon and Colpittium) one food vacuole contained many

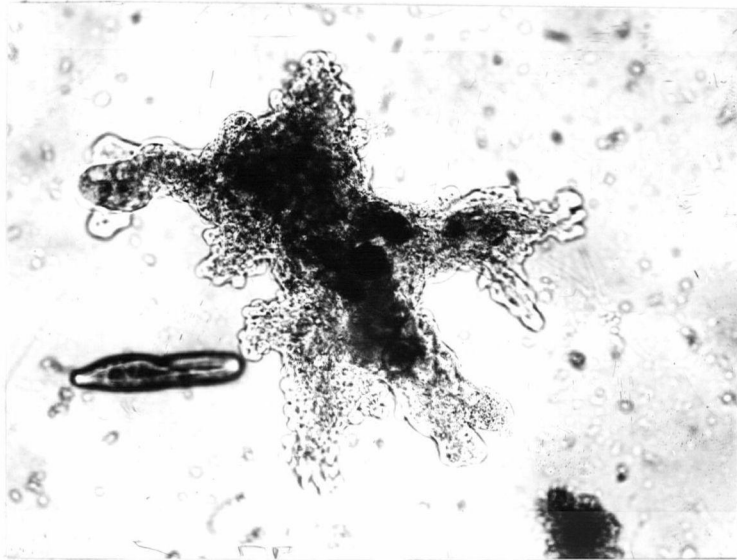


Figure 4 - Photomicrograph illustrates the apparent attraction of paramecium to the amoeba. This phenomenon seems to be a significant factor in feeding of P. carolinensis. X 95

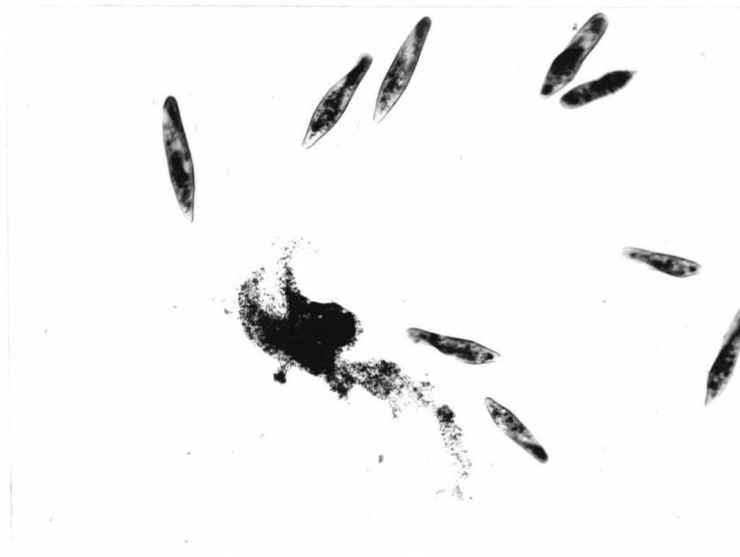


Figure 5 - Paramecia have just been added to the watch glasses containing fresh stream water, a stick of boiled timothy hay and P. carolinensis. The characteristic exploratory behaviour of the paramecia is evident. X 40

organisms but the vacuole remained approximately the same size as those which were formed about one paramecium. Thus, there appears to be an average size that a food vacuole attains.

Although the amoebas move by means of pseudopodia, this movement is too slow to be a significant factor in the pursuit of food. Rather, it was observed that the parameciums are attracted to the amoebas (Figure 4). Parameciums, when first put into a watch glass containing P. carolinensis, swam around exploring various bits of organic material in the culture. In this respect their behavior was similar whether they encountered bits of timothy hay or an amoeba (Figure 5).

All parameciums coming in contact with a groping pseudopod were not ingested. Whether or not ingestion took place depended on a co-ordination of events. The paramecium usually crawled under a part of the amoeba and remained sufficiently long for the amoeba to move its pseudopodia about in a position such that cytoplasm flowed over top of the paramecium completing the vacuole (Figure 6). The paramecium usually did not move away until the bottom of the vacuole began filling in. Once the vacuole was formed the previously almost stationary paramecium began frantic movements

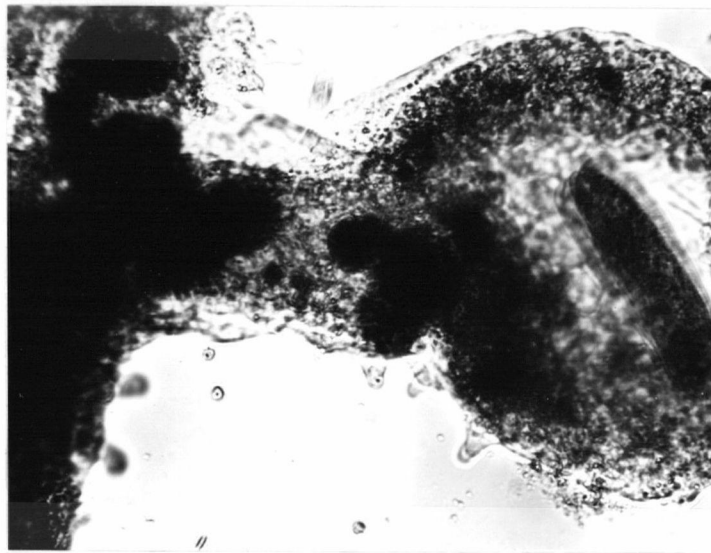


Figure 6 - Newly formed food vacuole. Photomicrograph of living material was taken soon after pseudopodia had surrounded the paramecium, the cytoplasm had flowed over the top, and the "floor" of the food vacuole was forming. The paramecium was stationary at this time as indicated by the clarity of cilia and the fact that it was not yet swimming in a curled position as seen in Figure 3 (i.e. a later stage of food vacuole). X 200

which continued until it was swimming continuously round and round in the vacuole in a curled position corresponding to the round shape of the food vacuole.

An ingested paramecium circled continuously within the new food vacuole for approximately 15 minutes before slowing down. Eventually it became less motile and by 2 to 6 hours was usually in pieces. Upon ingestion of a paramecium, small dark granules in the cytoplasm were seen streaming towards the point of ingestion. On formation of the new food vacuole these granules "lined" its periphery. As digestion of the paramecium progressed the granules diminished in size and by approximately 3 hours could not be detected.

Body Form

Relation to Physiological State

Degenerating amoebas undergo alterations of body form from flat, attached, with surface wrinkles, indicating health and normal function (Figure 2), to a perfect sphere which precedes "death".

Of a less permanent nature is the change in form when it is irritated. When disturbed it tends to round up.

Club-shaped organisms were often seen in older

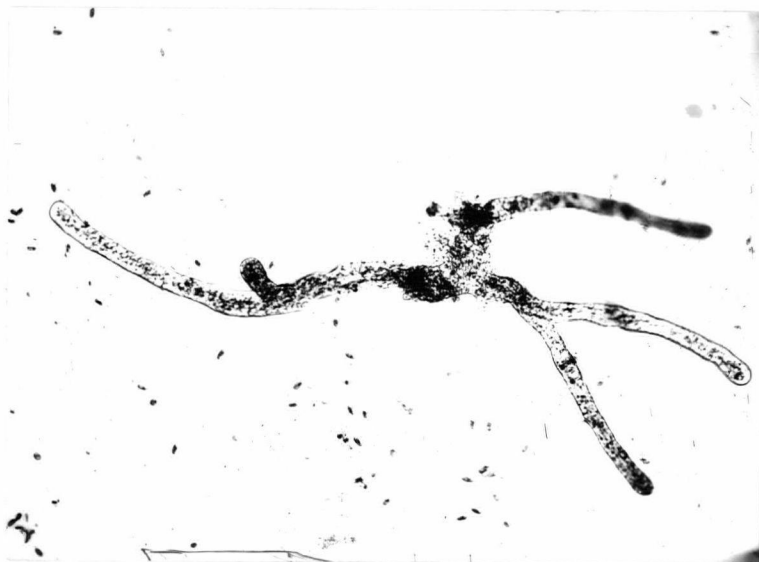


Figure 7 - Photomicrograph of "star-shaped" living P. carolinensis. Individuals of this shape were numerous when food was scarce or absent. X 45

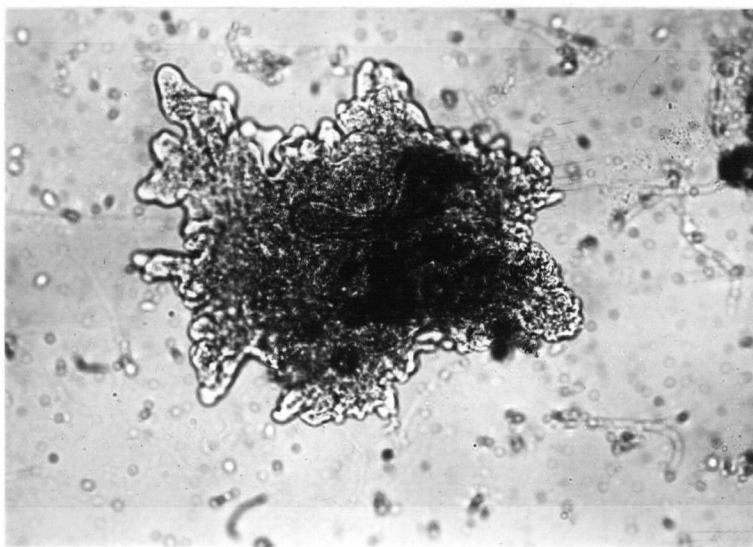


Figure 8 - Living P. carolinensis which has ingested food and is beginning the process of digestion assumes a more compact form. X 95

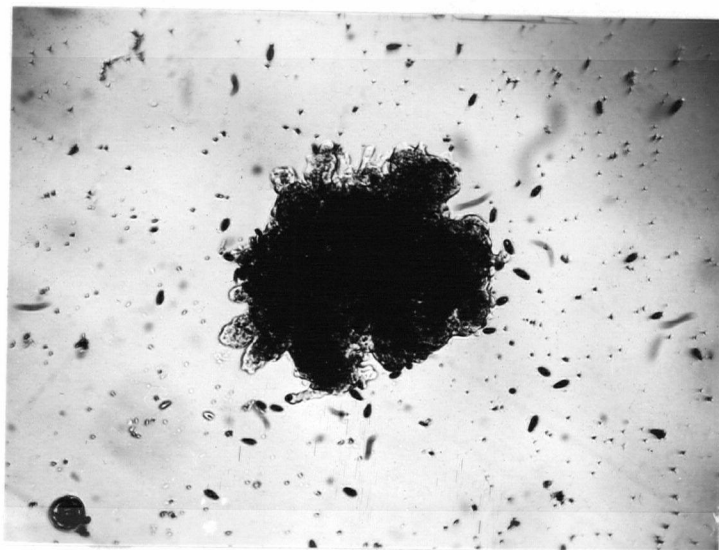
cultures where food was becoming scarce.

Star-shaped amoebas (Figure 7) were numerous when little food remained (i.e. 10 to 20 hours after addition of parameciums) as well as immediately upon transferring organisms from old, barren cultures into fresh cool stream water before any food was given (and before attachment to the substratum).

Amoebas which had ingested food and were beginning the process of digestion assumed a compact form, more or less irregular in outline but tending towards a spherical shape with many short pseudopodia firmly attached to the substratum (Figure 3 and Figure 8).

The type of food organisms influenced the shape of P. carolinensis. When feeding on very small protozoa it was more regular in shape with more rounded contours than when feeding on larger organisms such as parameciums. (Figure 9).

The accumulation of excess waste products seemed to cause death to the amoebas more rapidly than did lack of food. If food was added periodically without changing or adding fresh water, the amoebas soon died in spite of the presence of adequate food. If unhealthy, detached amoebas, tending towards the smooth spherical shape (which signifies degeneration) were removed from



(a)



(b)

Figure 9 - (a) and (b) are photomicrographs of living amoebas to illustrate the compact regular form assumed when feeding on small protozoa.

X 110

their environment and placed into fresh water they immediately spread out and assumed a healthy appearance. The pH of the media in which degenerating individuals were numerous was nearer to alkaline (6.5) than was the pH (5.2) of culture media containing healthy organisms undergoing growth and reproduction.

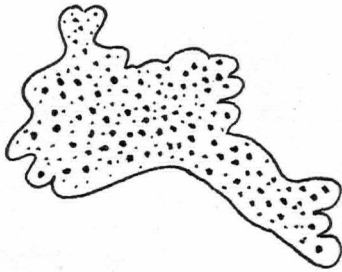
Amoebas put into fresh water without added food organisms gradually decreased in size and became a great deal more transparent. Within 8 to 9 weeks the membrane disintegrated and the small amount of cytoplasm remaining was released. In contrast to this, when an amoeba is exposed to injurious chemicals or other toxic conditions, the membrane breaks down rapidly and the contents are released explosively.

Correlation of Body Form with Mitotic Events

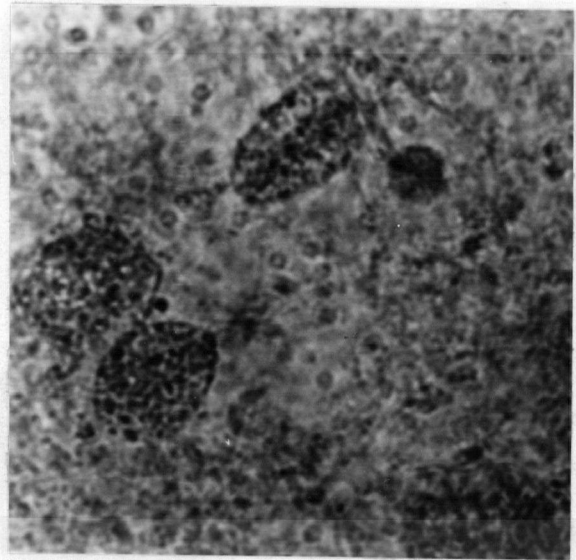
There was another unattached, roughly spherical form, with numerous wart-like pseudopodia which was not due to unfavourable environment. This morphological change occurred, as a rule, in amoebas which had been feeding for some time under healthy environmental conditions. Visible cytoplasmic streaming stopped, or decreased, as did ingestion. But, often one still observed paramecium within food vacuoles of these amoebas.

Amoebas possessing the shape shown in Figure 10 contained early prophase nuclei. This stage was difficult to detect

Body Form

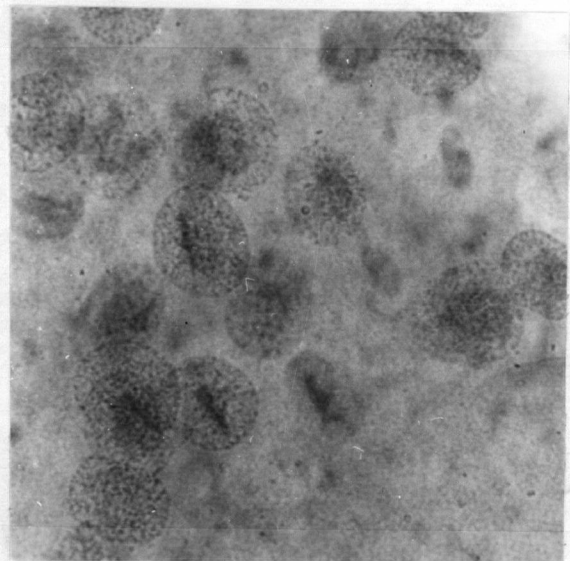
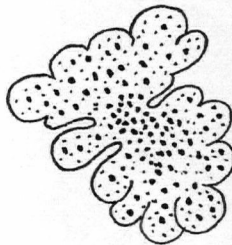


Nuclear Stage



X 1250

(a) Early Prophase



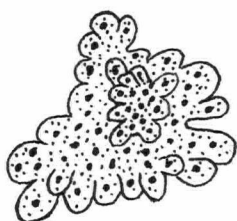
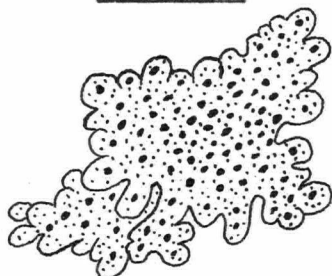
X 500

(b) Late Prophase

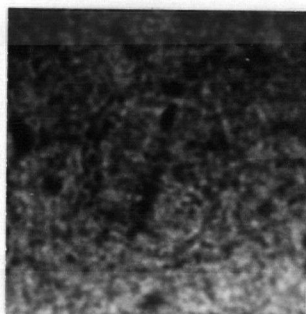
Figure 10 - Amoebas having the shapes shown diagrammatically on the left contained prophase nuclei. Nuclear stages are shown in photomicrographs of histological preparations on the right.

PLATE VII

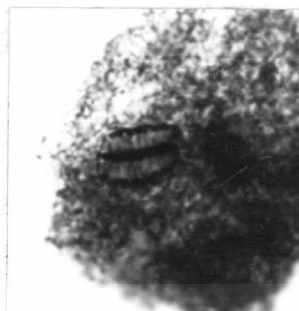
Body Form



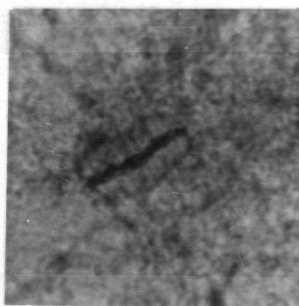
Nuclear Stage



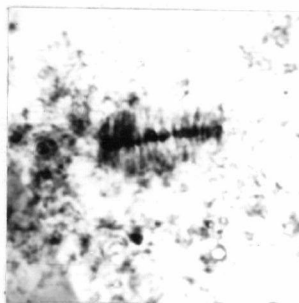
(a) Late prophase to
early metaphase.
X 1500



(b) Early metaphase.
X 800



(c) Early metaphase.
Later than (b).
X 950



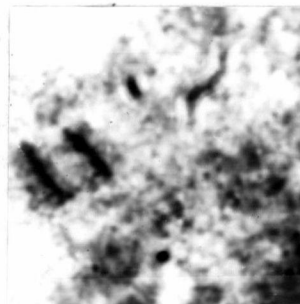
(d) More advanced
metaphase. X950

Figure 11 - Amoebas having the shapes shown diagrammatically on the left contained metaphase nuclei. Nuclear stages are shown in photomicrographs of histological preparations on the right.

PLATE VIII

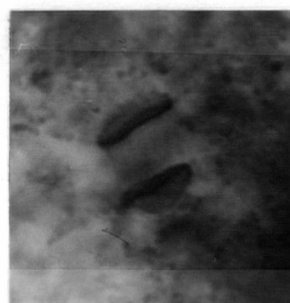
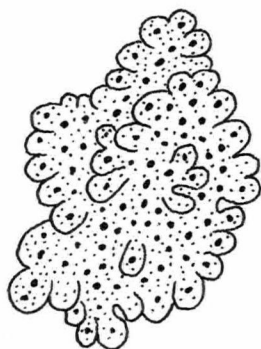
Body Form

Nuclear Stage



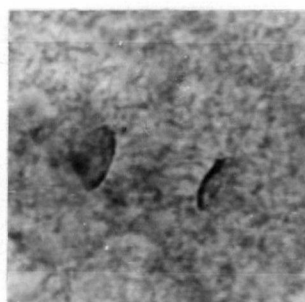
X 1000

(a) Early Anaphase



X 1500

(b) Later Anaphase



X 1200

(c) Late Anaphase

Figure 12 - (a) The most symmetrically spherical and compact form ("berry form") contains early to mid-anaphase nuclei. Very little activity was observed in the pseudopodia during this stage. (b) and (c) Pseudopodia began to change shape and enlarge during late anaphase.

PLATE IX

Body Form

Nuclear Stage

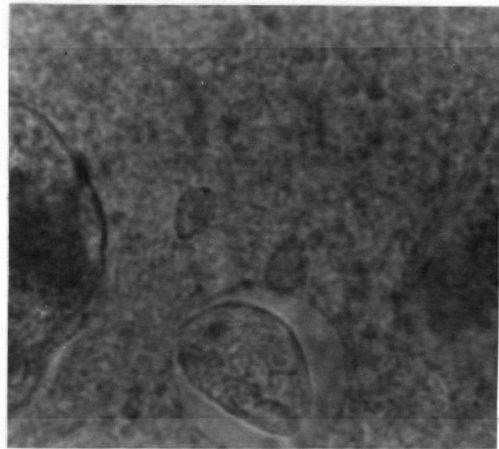
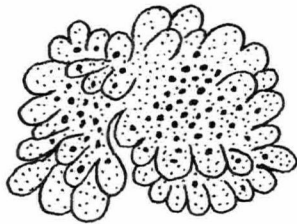


Figure 13 - Telophase. The plates are progressing towards interphase nuclei. Body shape resembles late anaphase.

X 1200

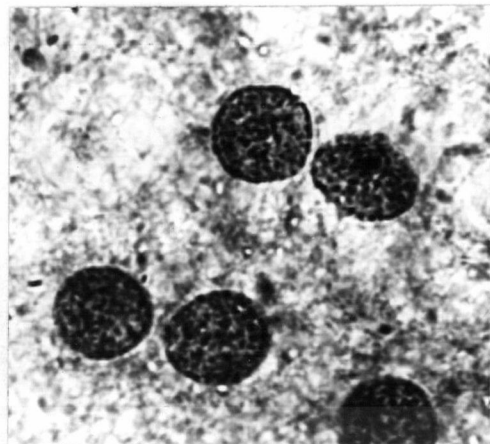
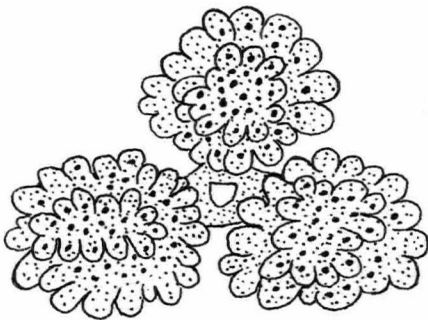


Figure 14 - Interphase. Constriction of the body with cytoplasmic bridges indicates interphase nuclear stage has been reached. Plasmotomy usually follows the above sequence of events but occasionally the constrictions disappear and the amoeba settles down to feed once more.

X 800

with certainty since the shape differed little from elongated forms in which interphase nuclei occur. The body was irregular in outline and the amoeba was fairly spread out. Pseudopodia were rounded and rather short; their size and shape changed slowly. Cytoplasmic streaming was slow and directed towards the centre of the body.

Body form of an amoeba containing late prophase nuclei is shown in Figure 10b. The organism continued to contract and exhibited many short rounded pseudopodia until it became compactly rounded with short, round pseudopodia extending in all directions.

Figure 11 illustrates the shape assumed when the nucleus was undergoing metaphase. The body was contracted still further and very little change could be detected in the numerous, short, round pseudopodia.

The most symmetrically spherical and compact form was exhibited during early anaphase as seen in Figure 12a. It had the appearance of a blackberry.

During late anaphase (Figure 12b and c) pseudopodia began to change shape and enlarge. Increased cytoplasmic activity was noted.

Telophase resembled late anaphase (Figure 13). The body form in which young interphase nuclei occurred was similar to

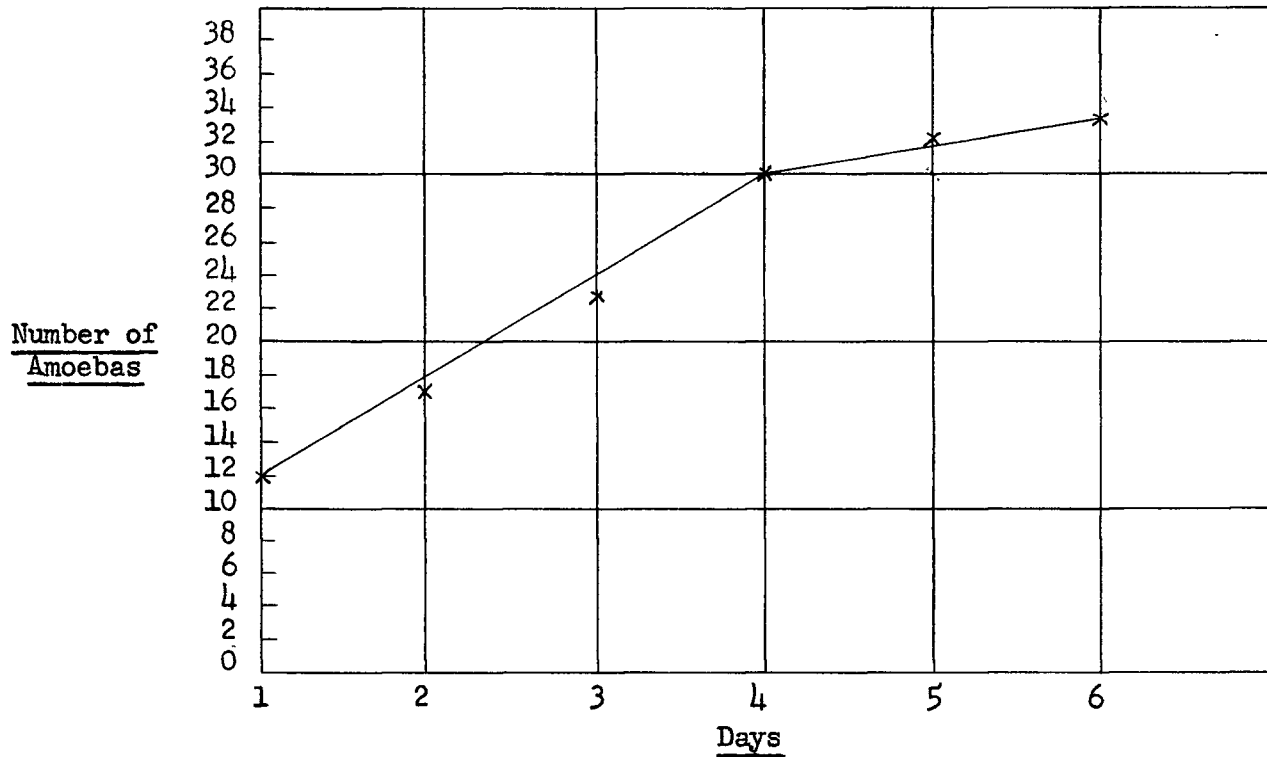


Figure 15 - Within 24 hours, approximately one-quarter of the amoebas underwent plasmotomy into two or three individuals. By the second day, another one-quarter divided, followed by another one-fifth or one-sixth by the third day. After the third day, unless fresh food was added, very few amoebas divided and the remaining individuals assumed an unhealthy appearance.

late anaphase and telophase (Figure 14). In addition, constriction of the body became evident and cytoplasm could be seen streaming back and forth through one or more bridges. Plasmotomy into 2 to 6 daughters usually followed the above observed sequence of events. However, this was not always the case. At times such an individual would settle down and begin feeding once more, then some time later the above events would be repeated before plasmotomy finally occurred.

Conditions which favour Reproduction and Frequency of Mitosis

The nuclear details of dividing amoebas were best observed and recorded by making permanent histological preparations. However, studies of living organisms lead to observations relating to frequency of nuclear division and conditions favouring mitosis and plasmotomy.

No periodicity in division was found. Regardless of the time of day, if 50 to 100 parameciums per amoeba (and fresh water) were added to the culture, the animals went about feeding for approximately 4 to 6 hours, after which time pre-plasmodic individuals (undergoing nuclear division) appeared in abundance. Figure 15 represents the general trend in reproduction of P. carolinensis and is the result of 33 months of observation. Within 24 hours, approximately one-quarter of the amoebas underwent plasmotomy into 2 or 3

individuals. Plasmotomy into 4 to 6 daughters was observed on rare occasions. By the second day another quarter divided, followed by a further one-fifth or one-sixth by the third day. Within three days, therefore, there was generally a two to three-fold increase in organisms and often the yield was greater. After the third day, unless fresh food was added, very few amoebas divided and the remaining individuals assumed an unhealthy appearance.

Division appeared to be related to size of the amoeba in that the interphase period was longer in smaller animals. Body size of parent was not an apparent factor in determining the number of daughters into which it would divide.

Duration of Various Stages of Nuclear Division

These times could not be determined for undisturbed organisms since it was impossible to place the culture dishes under sufficiently high power to observe the nuclei. Therefore, the data appearing in Table 1 applies to organisms which, because of their characteristic shape were believed to be undergoing mitosis. They were removed from the culture glass to microscopic slides for observation as described in Materials and Methods (Page 21)

Table No. 1

AVERAGE DURATION OF MITOTIC STAGES

<u>Mitotic Stage of Nucleus</u>		<u>Average Time Taken</u>
Early Prophase	(Figure 10a)	45 minutes
Late prophase to metaphase	(Figure 10b-11)	8 minutes
Metaphase	(Figure 11)	A few seconds
Anaphase	(Figure 12)	5 minutes
Late anaphase through telophase to interphase	(Figure 12c, through 13 to 14)	30 to 45 min.

Plasmotomy was usually complete within 15 to 25 minutes after the young interphase nuclei appeared. When plasmotomy resulted in more than two amoebas, the event required slightly longer.

The distribution of nuclei amongst the daughters was random, but the variation in size of newly divided amoebas was not great.

II. HISTOLOGICAL STUDIES

Vital Staining

When placed in a concentration of Neutral Red of 1:1,000 a large vacuole began to form at one end of the amoeba. This

was later pinched off. The process was repeated several times during the time the organism remained in the staining solution. Eventually the entire amoeba ruptured and disintegrated. As a rule, when animals were transferred from the stain to fresh water during the vacuole-forming stages existing vacuoles were pinched off and the amoeba appeared normal once more, with respect to form and function. In concentrations of 1:100,000 no immediate toxic effects were observed. The material within food vacuoles stained bright red after 15 to 20 minutes whilst the fluid was coloured pale reddish orange (pH 5 - 6). There also appeared vacuoles of various sizes (2 - 10 μ in diameter) which contained small bright red stained inclusions. The vacuolar fluid was not stained. The number of granules contained within each vacuole varied and did not appear to be correlated with the size of the vacuole. The granules showed very definite Brownian movement. After 3 or 4 days in the staining solution, large vacuoles containing these granules almost completely filled the amoebas, resulting in the occlusion of all other cytoplasmic inclusions. Finally the amoebas began to degenerate.

In material stained with Janus Green B, large spherical structures believed to be contractile vacuoles covered with small, oval-shaped and round particles were observed. These

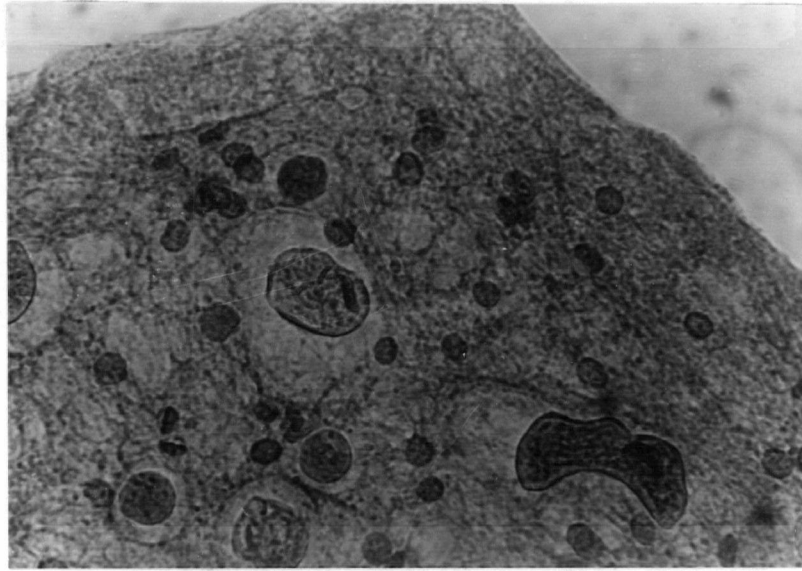


Figure 16 - Schaudinn's Fixation. Note the thin, delicate outer limiting membrane of the amoeba compared with the thick, dense, ciliated pellicle of the ingested paramecium. X 400

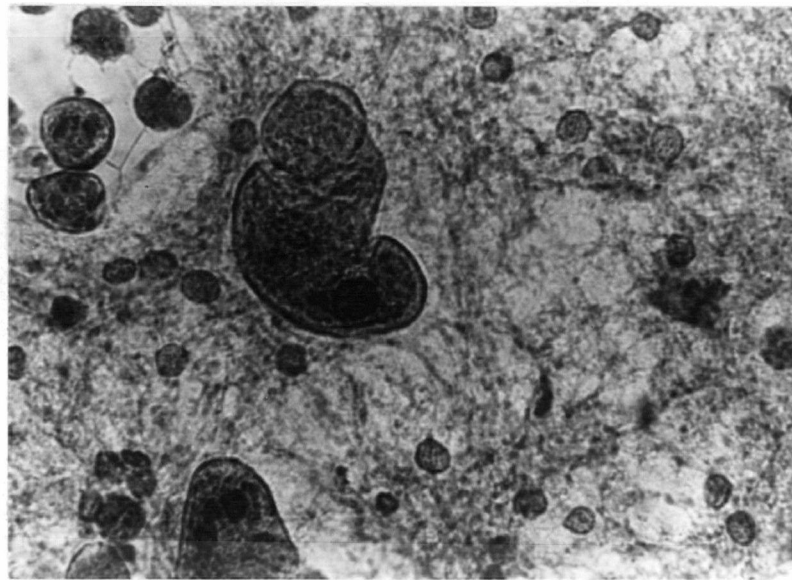


Figure 17 - Schaudinn's Fixation. Appearance of ground substance is somewhat "stringier" than Osmium Tetroxide-fixed and frozen material (Figures 19 and 21) but resembles the latter two methods of fixation more closely than does Bouin's. X 400

are further discussed and illustrated below.

Permanent Histological Preparations

Material fixed with Schaudinn's, TCA and Osmium Tetroxide was superior to that fixed with Bouin's. Using frozen material as a criterion, Osmium Tetroxide caused the least post-fixation changes in the cytoplasm. Heidenhain's Iron Haematoxylin staining gave a somewhat clear picture of nuclear detail than did Grenacher's Borax Carmine, but the latter was satisfactory for making quick preparations for nuclear counts or other studies where detailed observation was not necessary. For such purposes Schaudinn's fixation was used since it eliminated the extreme caution necessary when working with the highly toxic Osmium Tetroxide.

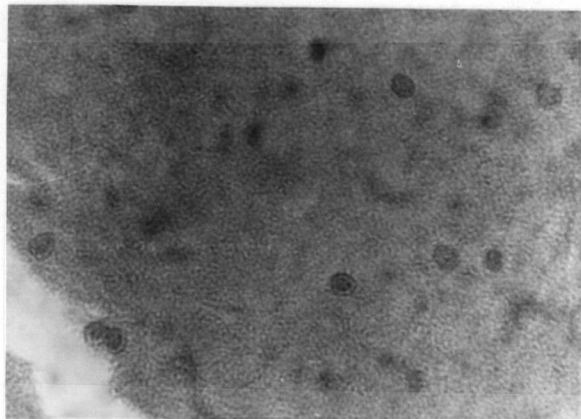
Figures 16 to 38 illustrate some morphological details of P. carolinensis observed in the histological material.

Morphology

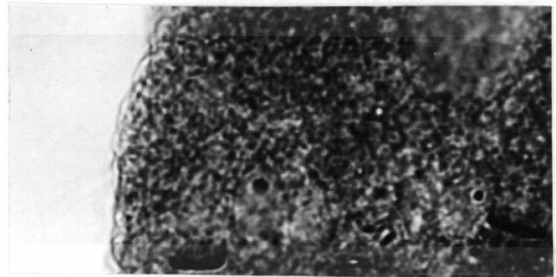
Plasmalemma

Studies with the light microscope revealed little regarding the structure of the outer limiting membrane. It is apparent from Figures 16 and 18b however, that it is a relatively thin, simple membrane compared with the thick, dense, double, ciliated pellicle of the entrapped paramecium.

PLATE XI



(a) X 400



(b) X 1000

Figure 18 - Bouin's Fixation. (a) Cytoplasm appears more dense and fine-grained than is the case with other fixatives tried. Magnification is the same as Figures 16, 17, 19, 20 and 21. (b) Higher magnification. Note the plasmalemma and clear area between the latter and main body of the cytoplasm.

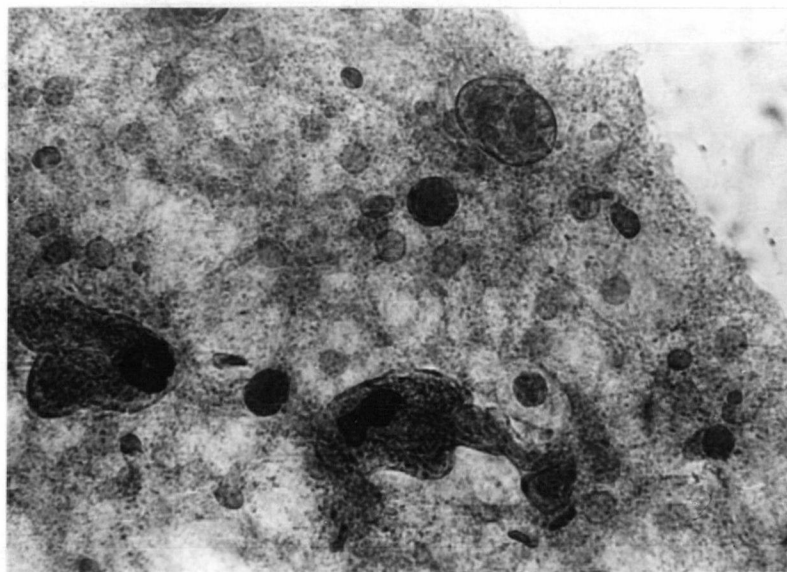


Figure 19 - Osmium tetroxide fixation. Ground substance has a loose appearance. Small granules may be seen adhering to the ground substance. The similarity to frozen material (Figure 21) is striking. X 400

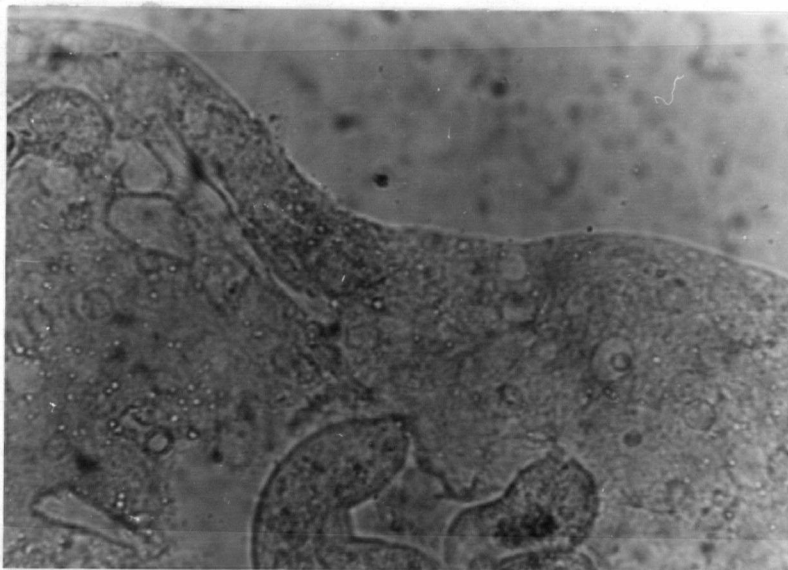


Figure 20 - Trichloroacetic acid fixation. X 400

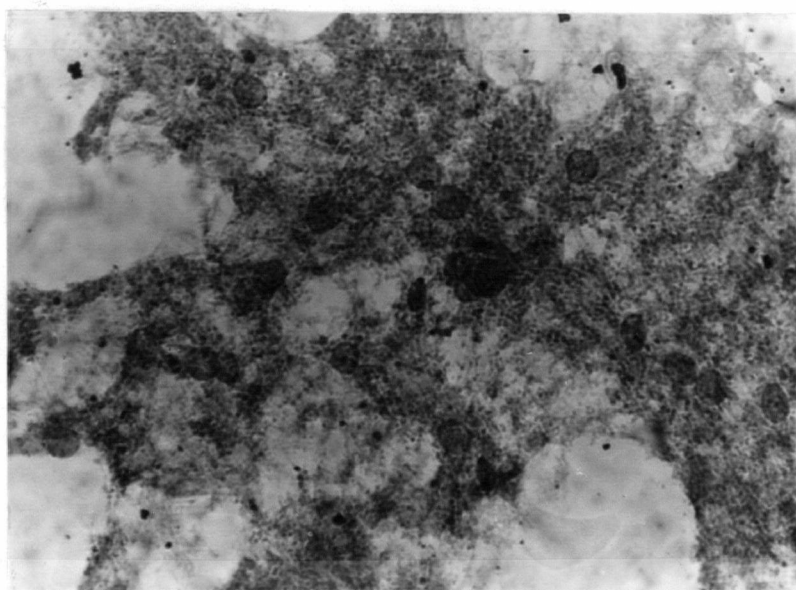


Figure 21 - Frozen preparation closely resembles
living material. X 400

Photomicrographs of living material (Figures 3, 4, 6, 8) also illustrate this comparison. The clear area between plasmalemma and main body of cytoplasm is illustrated - especially in the advancing end of pseudopodia (Figures 3, 4, 6, 7, 8).

Cytoplasmic Ground Substance

There were variations in the appearance of the ground substance depending upon the fixative employed. For example, Bouin's Fluid (Figure 18a) gave a more dense, fine-grained picture than Schaudinn's (Figures 16 and 17), TCA (Figure 20) or Osmium tetroxide (Figure 19). The latter three resulted in a looser appearance with small granules adhering to the ground substance similar to frozen material (Figure 21). It is interesting to compare the fixed material described above with the living cytoplasm (Figure 6).

Cytoplasmic Inclusions

Mitochondria, vacuole refractive bodies, fat droplets, glycogen (carbohydrate), crystals, contractile vacuoles, food vacuoles and nuclei were observed.

Mitochondria - Rod and oval-shaped dark particles observed in living animals under high dry (X450) and oil immersion (X940) were thought to be mitochondria. Other cytoplasmic inclusions which were approximately the same size, resembled these particles. On more careful observation, however, a

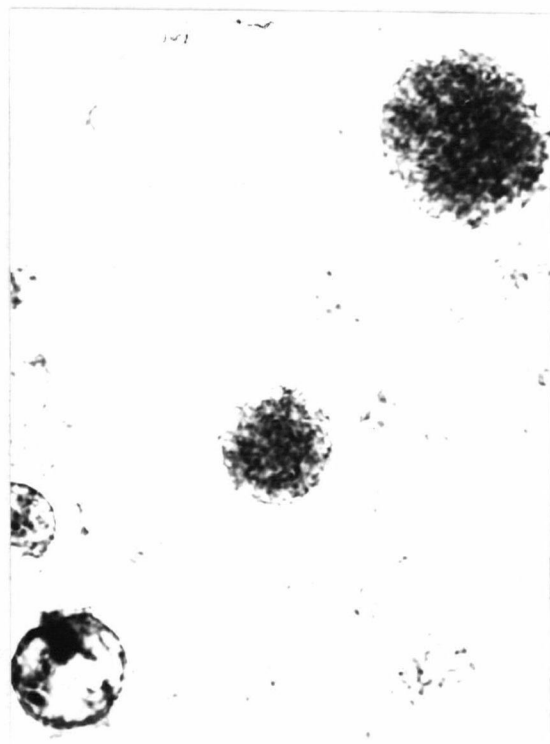


Figure 22 - Characteristic accumulation of mitochondria around contractile vacuoles. Regaud's Method for mitochondria. X 850

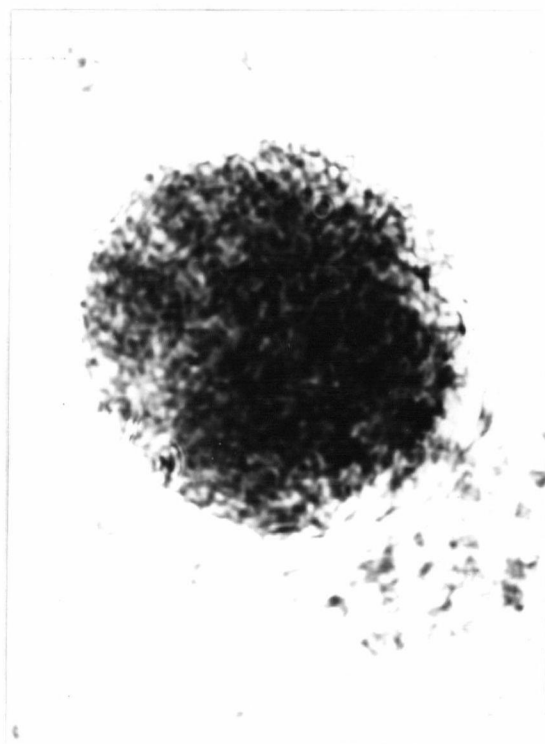


Figure 23 - Higher magnification of figure 22. X 1825

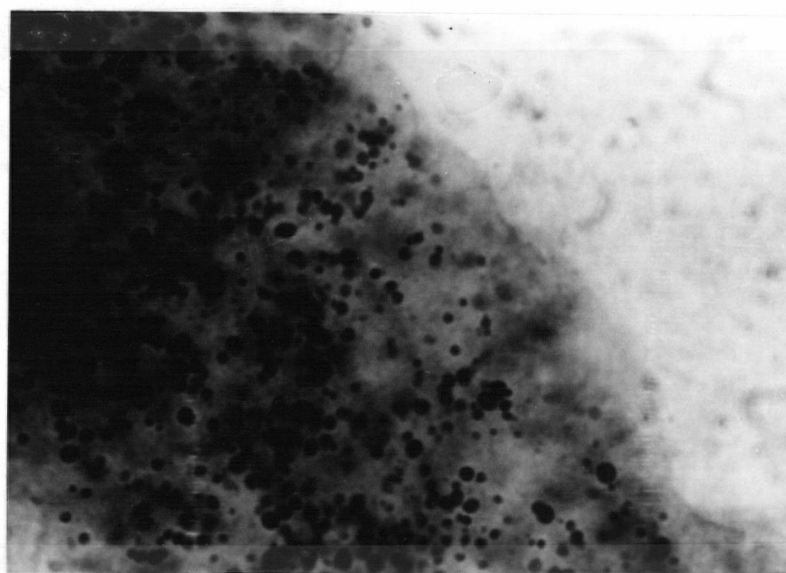


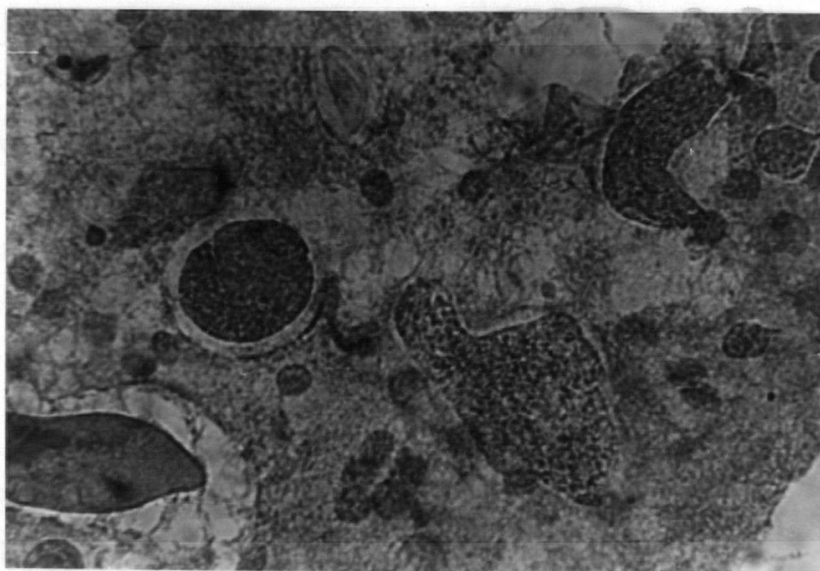
Figure 24 - Fat droplets in *P. carolinensis* are very numerous as seen in this Sudan Black Formol-Calcium preparation. X 400

difference in the refractability between the two types was detected. The latter were highly refractile and appeared bluish-green by transmitted light, whereas those believed to be mitochondria had a refractive index similar to that of the cytoplasmic ground substance and appeared dull. Despite this distinction, it was deemed necessary to employ histological methods specific for mitochondria and thus confirm that the particles were indeed mitochondria. Furthermore, permanent preparations were desired for record purposes.

Although many of the mitochondria were rod-shaped in living amoebas, they appeared round (approximately 1.5 to 2.5 μ in diameter) in fixed material. With Regaud's method, the particles appeared dark grey or black within the lighter grey cytoplasm. Although distributed fairly evenly throughout the cell, their characteristic accumulation in a single layer around the contractile vacuoles was quite apparent (Figures 22 and 23).

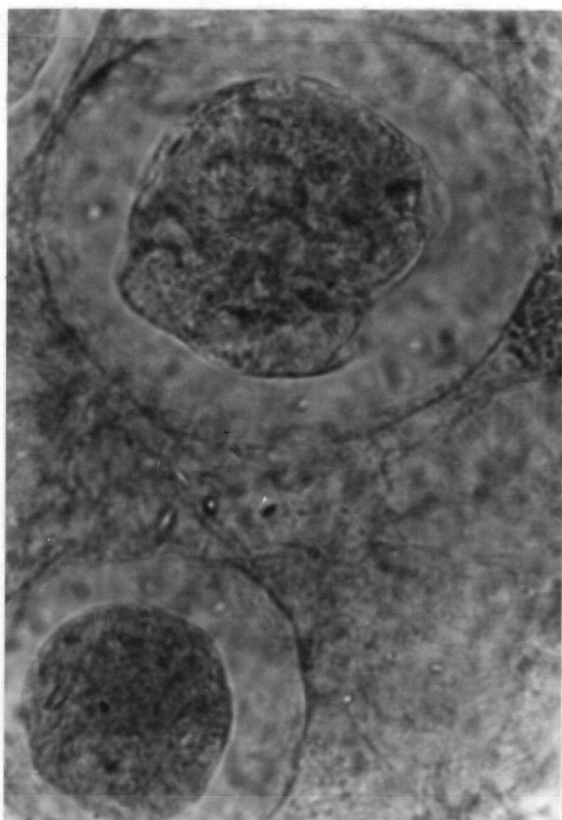
A similar picture to that described above resulted with Heidenhain's Iron Haematoxylin when Champy fixation was used. With osmium chromium fixation, however, the mitochondria stained intensely black. Although this blackening was desirable for observing histological detail, it resulted, in this case, in difficulty in distinguishing the mitochondria from other inclusions of similar size and shape.

Fat Droplets - These inclusions were clearly demonstrated

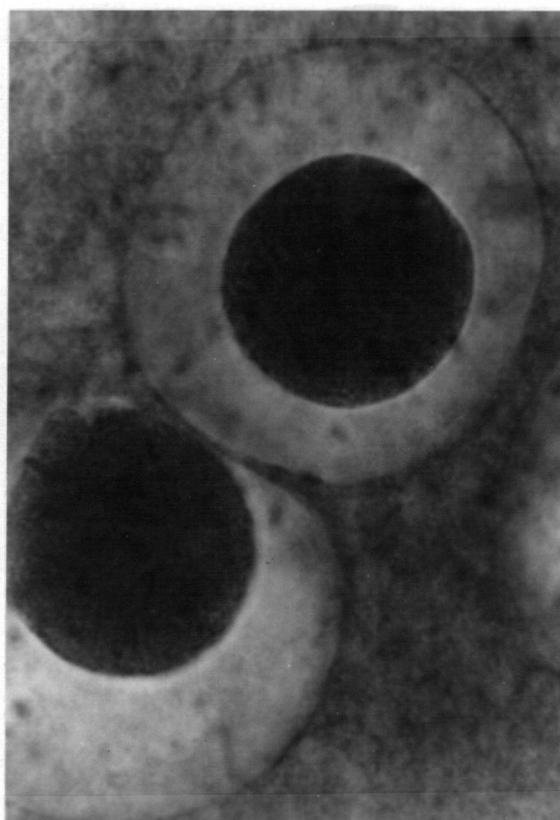


(a)

X 400



(b) X1200



(c) X1200

Figure 25 - Small, dark granules similar to those described in living *P. carolinensis* are seen forming a narrow rim around the periphery of food vacuoles. (a) and (b) were fixed in Schaudinn's (c) was fixed in Bouin's. Staining in all three figures was with Grenacher's Borax Carmine.

by the Sudan Black formol-calcium technique (Figure 24).

Glycogen (carbohydrates) - Since existing histological procedures for detection of "glycogen" are not specific, any carbohydrate material in the food vacuoles as well as in the cytoplasm took the stain when Best's Carmine and Periodic-acid Schiff was used. As might be suspected, less carbohydrate was present in starving individuals.

Contractile Vacuoles - These could be readily identified in the histological preparations because of the surrounding layer of mitochondria, but little else regarding structure or function could be determined.

Food Vacuoles - Small, dark granules, similar to those described in living amoebas, were also seen forming a narrow rim around the periphery of young food vacuoles in fixed material (Figure 25).

Around the older food vacuoles, small, empty vesicles were seen. In starved individuals there remained only a few older vacuoles filled with solid-appearing particles (Figure 44). The appearance of food vacuoles in both normal and starved amoebas is discussed later under Mercury Orange studies (page 56). The membrane of the food vacuoles appeared identical to those surrounding the amoeba itself as well as those surrounding small or large cytoplasmic vesicles (Figures 16a and 18b).

Crystals - These particles, seen both in living (Figure 26)

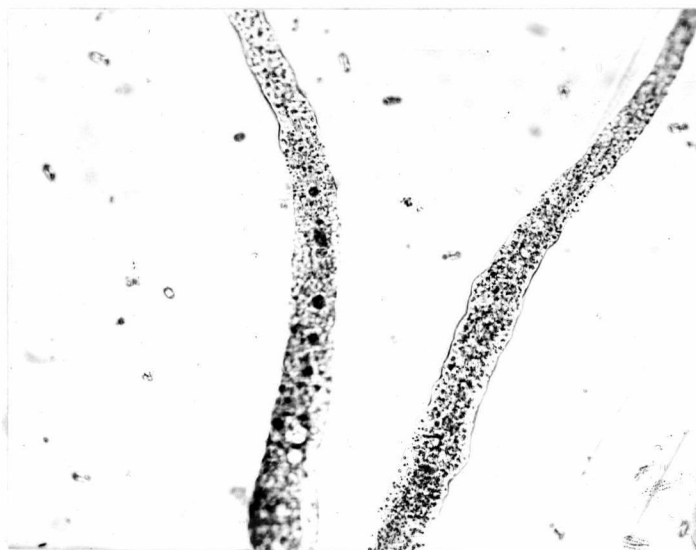


Figure 26 - Crystals seen in living Pelomyxa
carolinensis. X 200

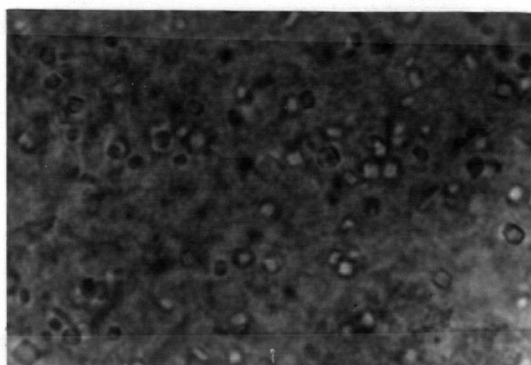


Figure 27 - Crystals seen in Schaudinn's-fixed
material. Size and shape of these crystals is
remarkably uniform. X 1400

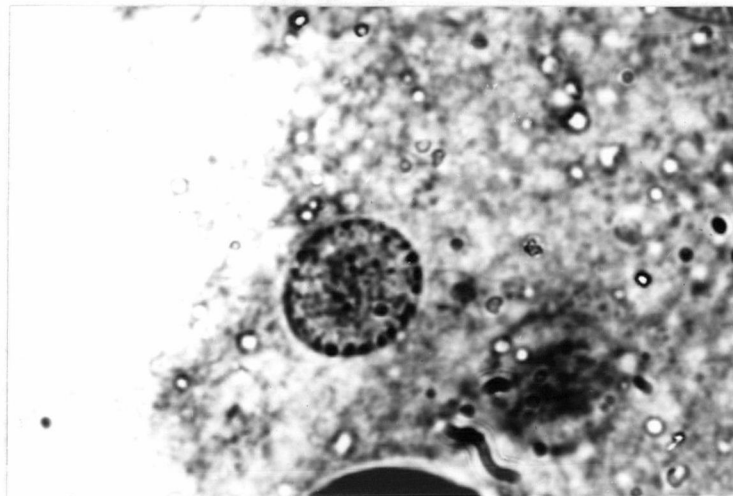


Figure 28 - Large peripheral granules are characteristic of the interphase nucleus. A few granules are also seen distributed throughout the nucleoplasm. Granules stained intensely with Heidenhain's Iron Haematoxylin and with Mercury Orange. X 1500

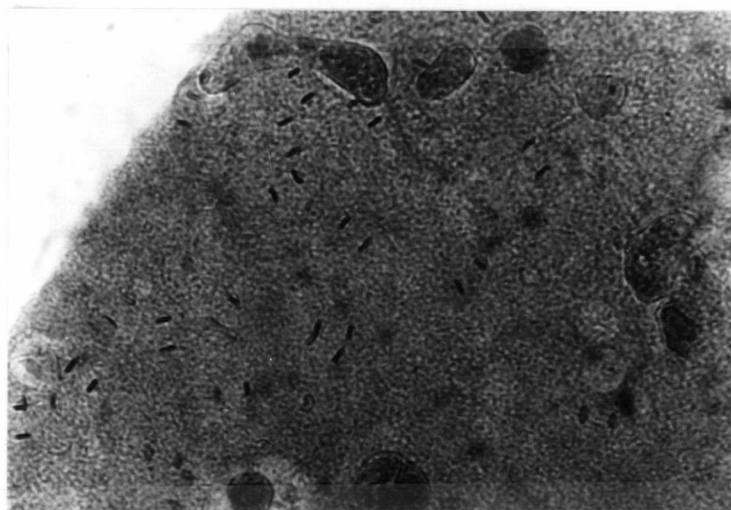


Figure 29 - Nuclear division in P. carolinensis is mitotic. With few exceptions, nuclei undergoing mitosis do so synchronously. This amazing uniformity of timing is well illustrated in anaphase where plates are the same distance apart. X 400

and fixed materials (Figure 27) were better appreciated when observed by phase contrast which showed their crystalline shape, colour and texture very well.

Nuclei - The results of nuclear counts made on 50 amoebas showed that the nuclei contained in any one individual may vary between 75 to 150. The vesicular-shaped nucleus of P. carolinensis was approximately $24 \times 10 \mu$ in diameter. The interphase nucleus was characterized by large granules within it closely applied to the nuclear membrane. In cross-section, these granules appeared as a ring around the periphery (Figure 28). A few of these granules were also distributed throughout the nucleoplasm. Heidenhain's Iron Haematoxylin stained the peripheral granules intensely black whilst the chromatin appeared less intense (Figure 30). The same was true of Mercury Orange Staining. This is discussed later (page 59) and illustrated in Table 3 and Figure 39.

Nuclear Division

Nuclear division in P. carolinensis was mitotic. Except for minor variations on rare occasions, all of the nuclei underwent the same stage of mitosis synchronously. This amazing uniformity of timing is well illustrated in anaphase (Figure 29) where the plates are the same distance apart. In figure 30 are seen 3 nuclei which were slightly more advanced



Figure 30 - Three nuclei in this photomicrograph are in late prophase whilst the others are still in interphase. This phenomenon was very rarely observed. Note the well-staining peripheral granules in most nuclei. Heidenhain's Iron Haematoxylin stain. X 400

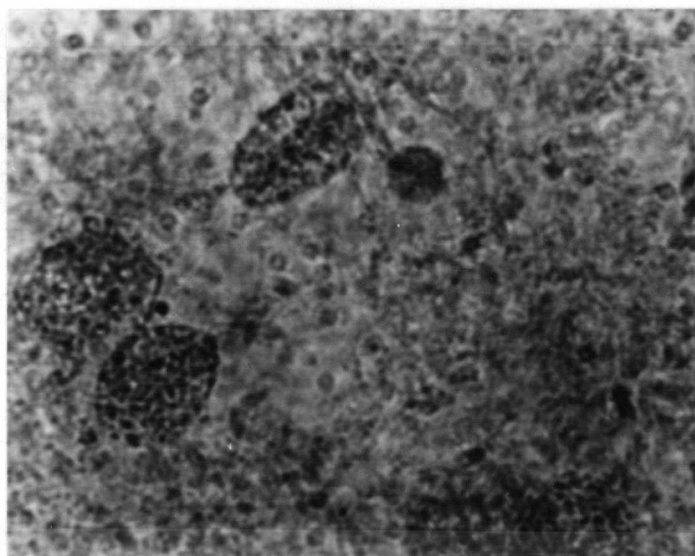


Figure 31 - Early prophase. The beginning of prophase is characterized by migration of the peripheral granules towards the central area. Schaudinn's fixation and Grenacher's Borax Carmine staining. X 1250

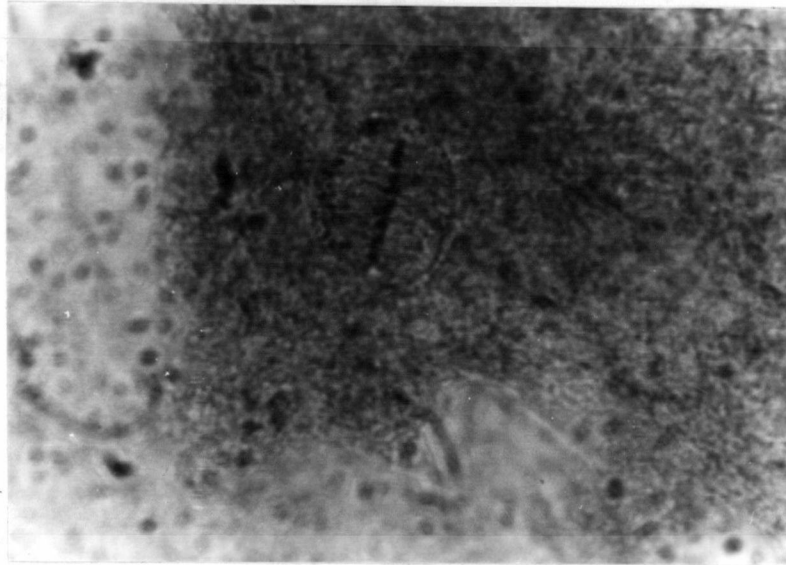


Figure 32 - Late prophase. Some peripheral granules remain close to the nuclear membrane. Schaudinn's fixation and Grenacher's Borax Carmine staining. X 1500

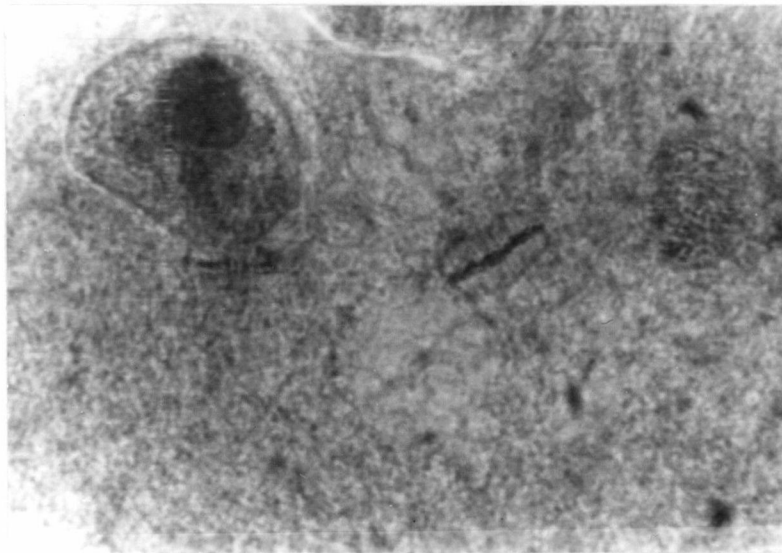


Figure 33 - Early metaphase. Peripheral granules become smaller whilst spindle fibres in close connection with them become more conspicuous. Nuclear membrane is still present. Schaudinn's Fixation and Grenacher's Borax Carmine. X 950

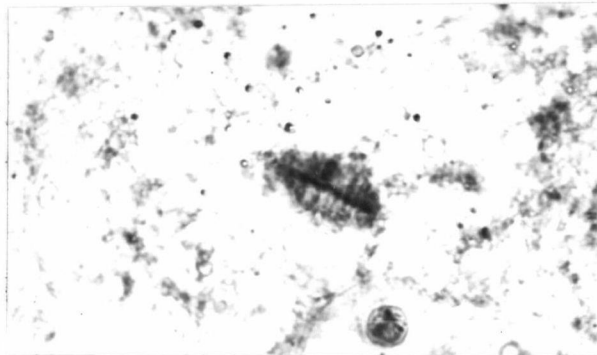


Figure 34 - Metaphase has progressed further than Figure 33. Peripheral granules and nuclear membrane are not seen. Schaudinn's fixation and Grenacher's Borax Carmine Staining. X 950

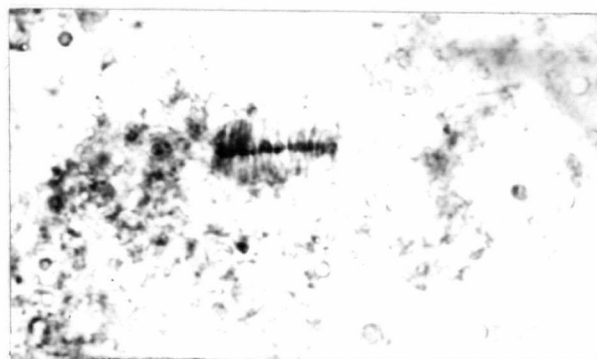


Figure 35 - As metaphase progresses and the nuclear membrane disappears the shape of the mitotic figure changes from ovoid towards rectangular. Schaudinn's fixation and Grenacher's Borax Carmine staining. X 950

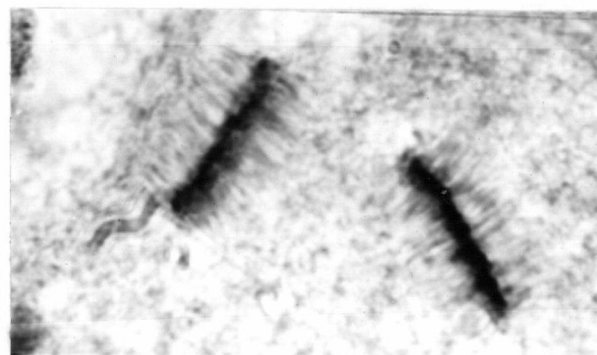


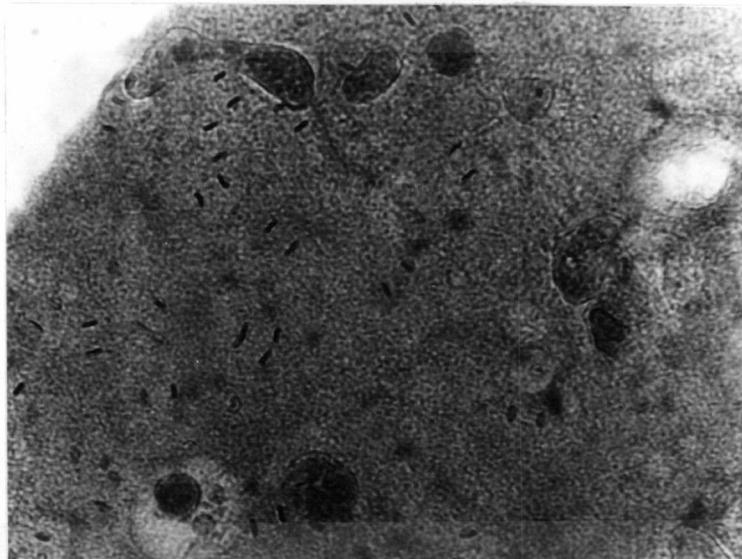
Figure 36 - Late metaphase. Note rectangular shape of mitotic figure, complete lack of peripheral granules and nuclear membrane. Schaudinn's fixation and Grenacher's Borax Carmine staining. X 1750

than the rest. They had progressed to prophase (Figure 31) slightly before the others.

Enlargement of the nucleus prior to mitosis, as described in the literature, was not observed.

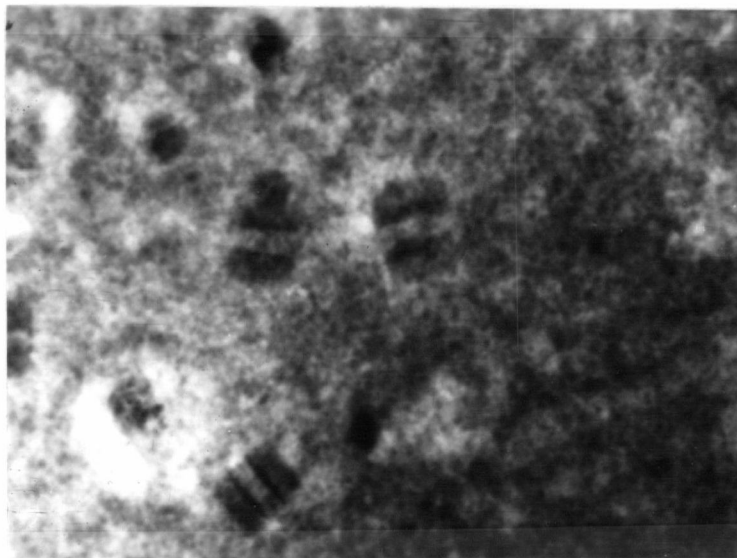
The beginning of prophase was characterized by migration of the large achromatic peripheral granules towards the central area in which chromatin granules and filaments are distributed (Figure 31). Some peripheral granules, however, remained close to the nuclear membrane, until late prophase (Figure 32). As prophase progressed towards early metaphase the achromatin granules became smaller and less distinctly outlined whilst spindle fibres in close connection with them became more and more conspicuous (Figure 33). The fibres were mainly oriented at right angles to the discoid mass of chromatin. At this stage the fibres usually did not reach the nuclear membrane but extended as far as the diminishing peripheral granules.

The nuclear membrane, although thinner, was visible well on into late prophase and very early metaphase (Figures 32 and 33) but disappeared during metaphase. Coincident with the disappearance of the nuclear membrane, the shape of the metaphase figure changed from ovoid to rectangular. This transition is depicted in Figures 34, 35, and 36. The complete lack of peripheral granules was observed in the rectangular figure (Figure 36).



(a)

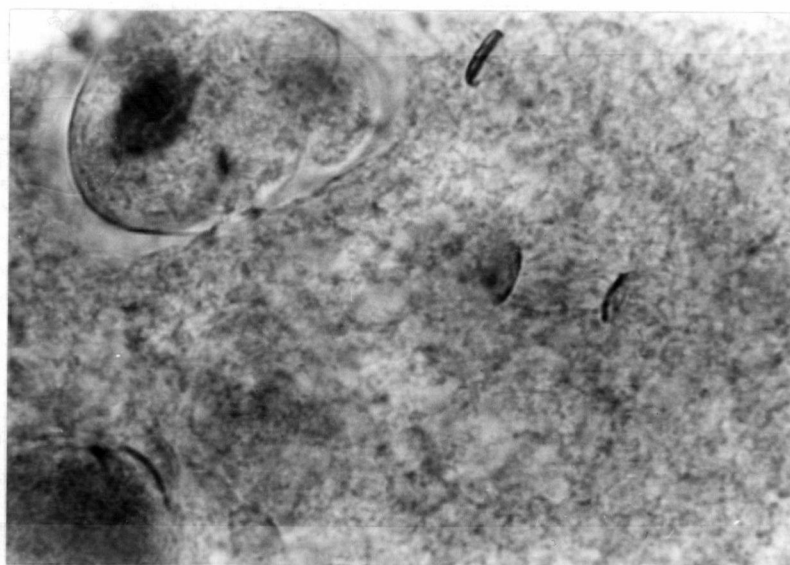
X 400



(b)

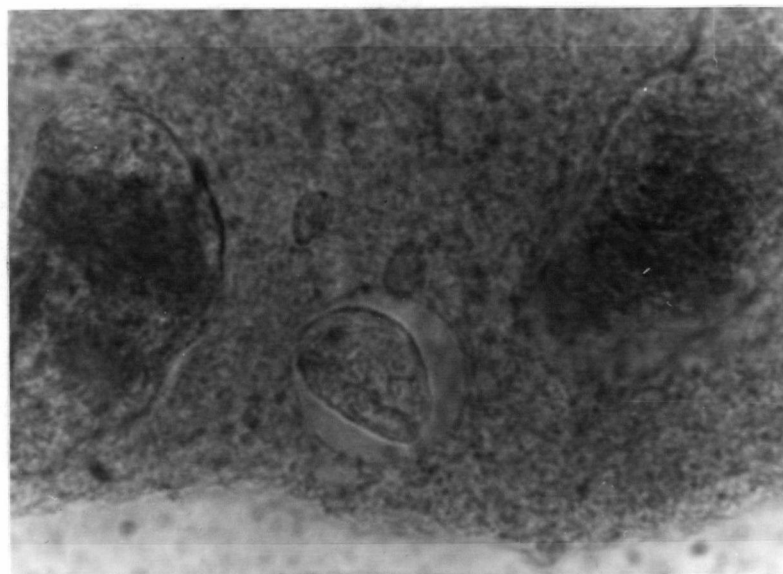
X 1000

Figure 37 - Anaphase. (a) Anaphase discs pull apart in many directions at once. (b) Polar fibres end bluntly during early anaphase and chromatin plates are arranged parallel to each other.



(a)

X 1200



(b)

X 1200

Figure 38 - Late anaphase to telophase. (a) and (b) As the plates pull further apart they appear arched and the polar fibres converge towards a point. As telophase is reached the interphase fibres begin breaking up into granules. Newly formed nuclei are triangular-shaped at first, then oval-shaped, and finally discoid-shaped.

It was interesting to note that the anaphase discs pulled apart in many directions at once (Figure 37a). Although individual chromosomes were too small to be observed singly, much less detail was seen in the chromatin plate during anaphase than at any of the previous stages. Compare metaphase (Figures 33 to 36) with anaphase (Figures 12b, 29, 37 and 38). This was true of all fixatives and stains tried. In the anaphase photo-micrographs the chromosomes often appear as a fused dense mass. As the 2 anaphase plates pulled apart, spindle fibres appeared between them and the previously existing (outer) spindle fibres became the so-called polar fibres. These polar fibres ended bluntly during early anaphase (Figures 12a and 37b) but from late anaphase through telophase the fibres converged towards a point (Figures 12b, 13 and 38). During early anaphase the chromatin plates were arranged parallel to each other (Figures 12a and 37b) but as the plates pulled further apart they became arched (Figures 13 and 38a). As telophase was reached the inter-plate fibres began breaking up into granules. After separating, each plate became surrounded by a delicate membrane. These newly-formed nuclei were irregular in outline (Figures 13, 14 and 38b) triangular-shaped at first, then oval-shaped; and finally they assumed the discoid shape of the interphase nucleus.

As the young nuclei were growing larger the chromatin granules and filaments became less conspicuous whilst the peripheral achromatic granules grew larger and more numerous until the characteristic appearance of the mature interphase nucleus was reached.

III. CYTOCHEMICAL STUDIES

Preliminary Experiments with Mercury Orange on Toad and Mouse Muscle.

Untreated muscle tissues stained reddish-orange whilst arsenic-treated fibres remained colourless when subjected to the sulfhydryl reagent.

Effects of Sodium Arsenite on Living Amoebas

Results of experimental work which was repeated every day for one week appear in Table 2 (a).

Table No. 2 (a)

RESULTS OF TREATING 12 LIVING AMOEBAS WITH NaAsO_3 FOLLOWED BY
MERCURY ORANGE STAINING

Conc. NaAsO_3 (gms%)	Time Exposed	Motility	Shape	Results with M.O. staining (24 hrs.)
0.01	12:00 a.m. to 3:00pm.	Decreased at end of 3 hrs.	Normal	Same as untreated (++++)

Table No. 2 (a) (cont'd)

RESULTS OF TREATING 12 LIVING AMOEBAS WITH NaAsO_3 FOLLOWED BY
MERCURY ORANGE STAINING

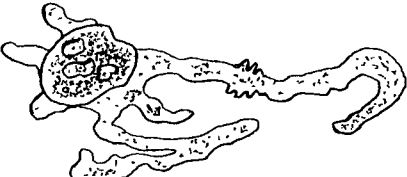
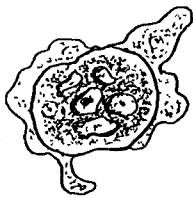

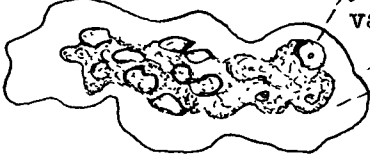

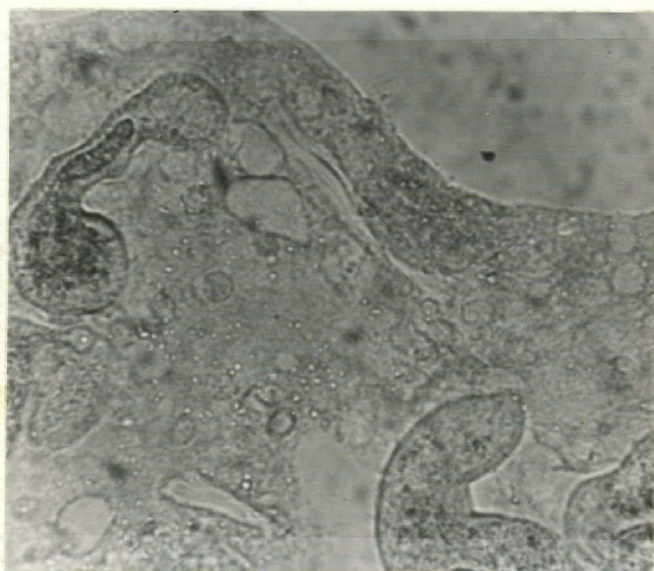
Conc. NaAsO_3 (gms%)	Time Exposed	Motility	Shape	Results with M.O. staining (24 hrs.)
0.5	12:00 a.m.	Immediate increase in cytoplasmic streaming.		
			Pseudopodia began to elongate and assumed bizzare shape.	
	12:20 p.m.	Animal darker in centre as cytoplasm streamed in this direction (similar to mechanical irritation).		
			Tending towards a spherical shape.	
	1:00 p.m.	All the amoebas were well attach- ed to sub- stratum.	Normal	Same as untreated (++++)

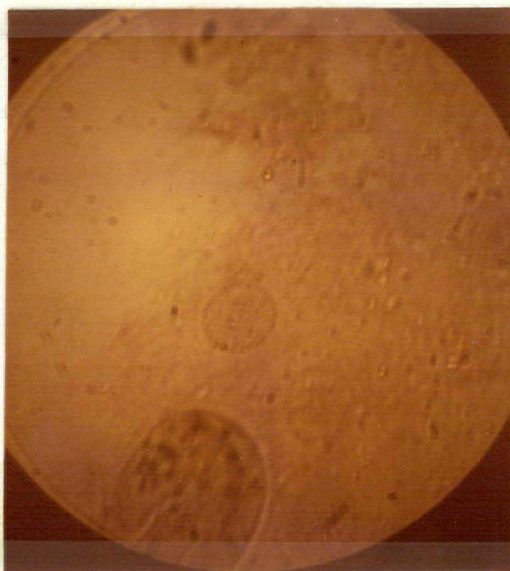
Table No. 2 (a) (cont'd)

RESULTS OF TREATING 12 LIVING AMOEBAS WITH NaAsO_3 FOLLOWED BY
MERCURY ORANGE STAINING

Conc. NaAsO_3 (gms%)	Time Exposed	Motility	Shape	Results with M.O. staining (24 hrs.)
1.0	12:00 a.m.	Immediately became immobile.	Normal	
	12:10 p.m.	Cytoplasm streaming began.	 The few pseudopodia assumed bizzare shapes.	
	12:35 p.m.		 Yellowish vacuoles formed throughout the cytoplasm. Broad, clear area between cytoplasmic inclusions and plasmalemma.	
	1:05 p.m.		 Disintegration of outer limiting membrane and contents of animal flowed out.	Could not be stained.



(a) X 400



(b) X 800

Figure 39 - Normal, well-fed *P. carolinensis* stained with M.O. to demonstrate -SH distribution.

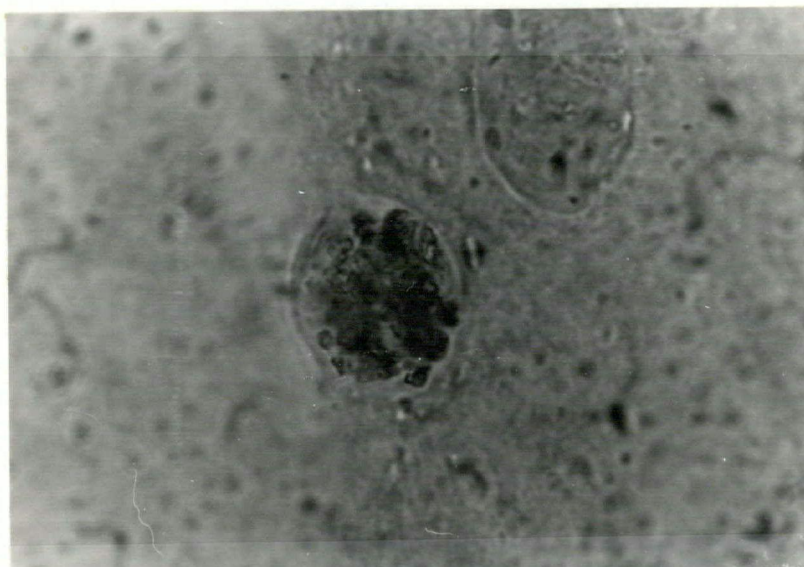


Figure 40 - Small, round food vacuole packed with crystals.
TCA fixation and Mercury Orange Staining. X 1400

Application of the Mercury Orange Method to *P. carolinensis*

Untreated amoebas were coloured orange (4+); those treated with 1 gm% concentrations of arsenic (24 hours) were faintly tinted (+); those immersed in 5 gm% solutions (24 hours) showed only a trace of colour; whilst those subjected to 10 gm% arsenic (24 hours) remained completely colourless (Table 2 (b)).

Table No. 2 (b)

RESULTS OF MERCURY ORANGE STAINING OF *P. carolinensis* TREATED WITH SODIUM ARSENITE (NaAsO_3) PRIOR TO TRICHLOROACETIC ACID FIXATION

Conc. of NaAsO_3	Time Exposed	Color Intensity (M.O. Stain)
Non-treated	0 hours	++++
1 gm%	24 hours	+
5 gm%	24 hours	±
10 gm%	24 hours	0

Using the intensity of colour produced as a criterion, sulfhydryl groups were found uniformly distributed throughout the entire animal but their concentration was greater in some areas. These results (for normal, well-fed amoebas) appear in Figure 39 and Table 3.

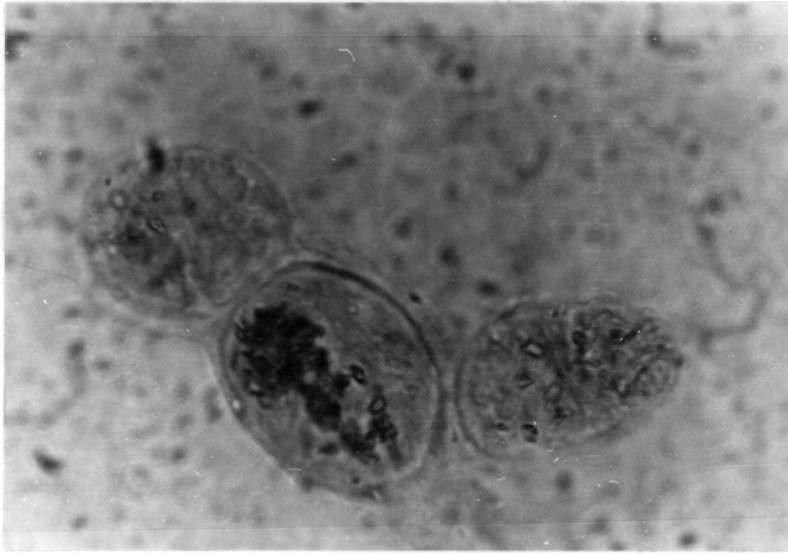


Figure 41 - In this preparation the food vacuoles containing crystals are so close to the surface of the amoeba as to lead one to believe they are being extruded. Trichloroacetic acid fixation and Mercury Orange staining. X 1400

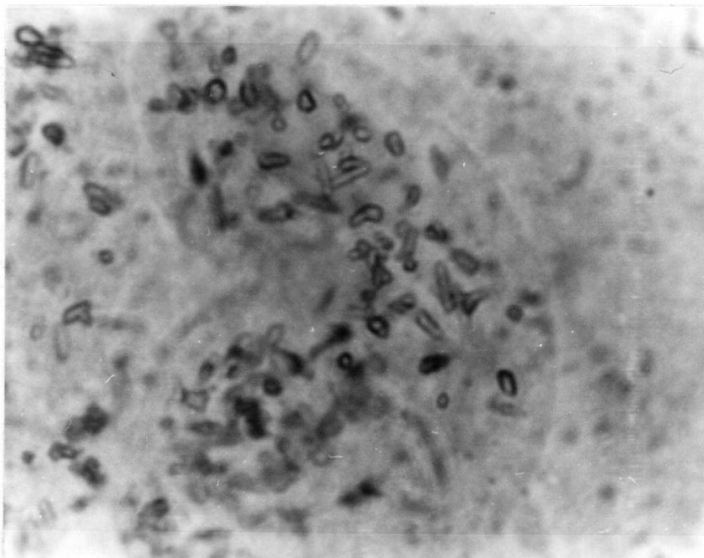


Figure 42 - Crystals seen in a larger food vacuole appear to be limited to the paramecium whose outline can still be seen within a food vacuole. Majority of crystals are rod-shaped. T.C.A. fixation and M.O. staining. X 1400

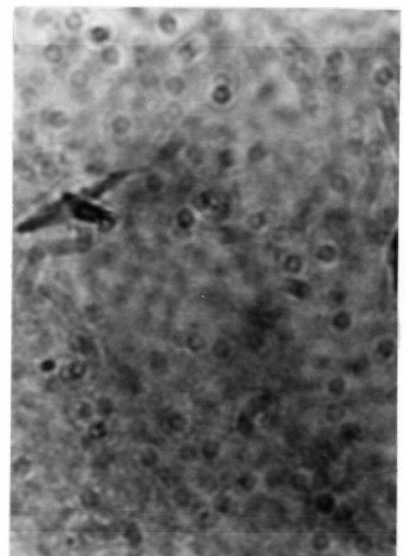


Figure 43 - Crystals scattered about in the cytoplasm are smaller and tend to have a square shape. T.C.A. fixation and M.O. stain. X 1400

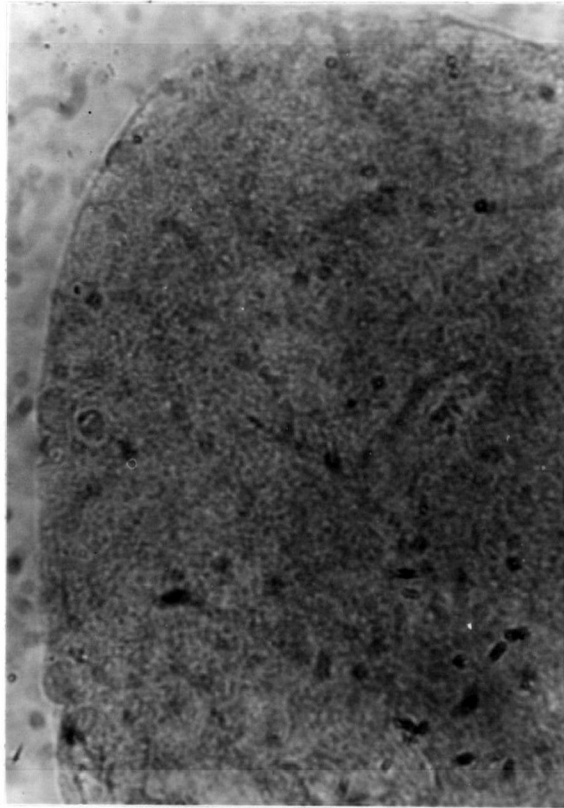


Figure 44 - Starved Pelomyxa carolinensis stained for sulfhydryl groups by Bennett's Mercury Orange method. Much structural detail is seen but ground substance is more intensely stained compared with normal well-fed individuals illustrated in Figure 39. X 400

Table No. 3
MERCURY ORANGE STAINING OF Pelomyxa carolinensis

	<u>Colour Intensity</u>	
	<u>Normal, Well-fed</u> (Figure 39)	<u>Starving</u> (Figure 44)
<u>Plasmalemma</u> (appears as a very narrow line inside of which is a clear area, with the cytoplasm innermost.)	+++	++
<u>Ground substance</u>	++	++++
<u>Cytoplasmic crystals</u>		
Interior	0	0
Rims	++++	++++
<u>Interphase Nuclei</u>		
Nuclear membrane	+++	+++
Peripheral granules	++++	++++
Chromatin	+++	+++
Nucleoplasm	++	+++
<u>Contractile vacuoles</u>		
Interior	+	+
Rims	++++	++
<u>Food Vacuoles</u>		
Food inclusions	++++	Only a few
Crystals* - Interior	0	small vacuoles
- Rims	++++	filled with
- Fluid	0	crystals re-
		mained.

*Some smaller food vacuoles, perfectly round and only
slightly larger than the nuclei were literally "stuffed" with

these rectangular, square, and round-shaped crystals (Figure 40). These smaller food vacuoles were similar to the larger ones in every respect except for the numerous crystals and small, round size of the latter. Similar crystals appeared within the larger, variously shaped food vacuoles but in fewer numbers (Figures 41 and 42).

The crystals described above appeared considerably larger than those scattered about in the cytoplasm (Figure 43). These crystals appeared to be inside the food vacuole and not merely adhering to the outside for they were never seen on the borderline of the vacuole nor were they apparent on nuclei (Figures 39, 40 and 42). In some preparations these vacuoles stuffed with crystals were so close to the surface of the amoeba as to lead one to believe they were being extruded (Figures 40 and 41). Although these crystals were distributed as described above in material stained by other methods, they were never so clearly visible as in Mercury Orange stained individuals. (Compare Figure 39, TCA fixation and Mercury Orange stain with Figure 19, Osmium Tetroxide fixation and Grenacher's Borax Carmine Staining.)

Results for starved amoebas appear in Figure 44 and Table 3, on page 56. Much less structural detail was observed but the ground substance was more densely stained and granular in starved organisms. Food vacuoles were rarely seen and those present were exceedingly small. There were fewer contractile vacuoles, their

rims were paler and they contained crystals only. Nuclei showed up more distinctly in the starved preparations, but peripheral granules were considerably smaller.

Mitotic Nuclei Stained with Mercury Orange

The results of Mercury Orange staining of amoebas undergoing mitosis appear in Table 4 below.

Table No. 4

MERCURY ORANGE STAINING (24 hours) OF DIVIDING NUCLEI in
P. carolinensis

<u>Mitotic Stage</u>	<u>Colour Intensity</u>				
	<u>Nuclear Membrane</u>	<u>Peripheral Granules</u>	<u>Nucleo-plasm</u>	<u>Chromatin</u>	<u>Spindle Fibres</u>
Interphase (Figure 45)	+++	++++	++	+++	0**
Prophase (Figure 46)	++	++	++	+++	0**
Metaphase (Figure 47)	Early + Late _	Early + Late -	Early + 0*	+++(+)	++
Anaphase (Figure 48)	-	-	0*	++++	Polar: +++(+) Inter- disc: ++

* No membrane, therefore, nucleoplasm appears to blend with the rest of the cytoplasm.

** No spindles yet formed.

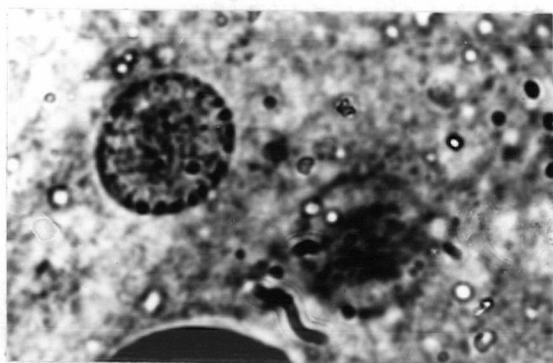


Figure 45 - Interphase nucleus stained with Mercury Orange. Intensely stained peripheral granules indicates abundant -SH groups in these structures. X1500

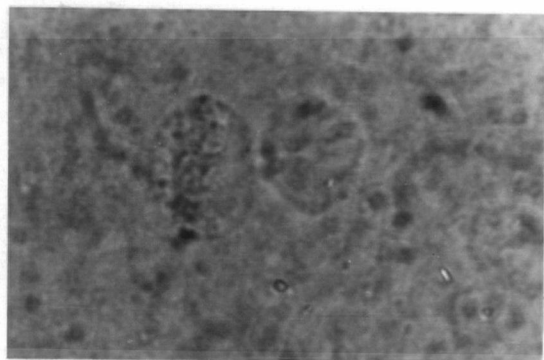


Figure 46 - Prophase nucleus stained with Mercury Orange. Most of the peripheral granules have migrated to the central portion. Prophase nuclei were difficult to detect in these preparations since there was not much contrast between the cytoplasm and the nuclei. X12500

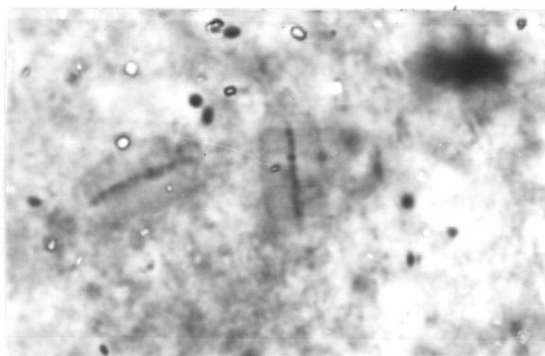


Figure 47 - Metaphase nuclei stained with Mercury Orange. Were it not for the chromosomes, these nuclei would be difficult to detect. X1000

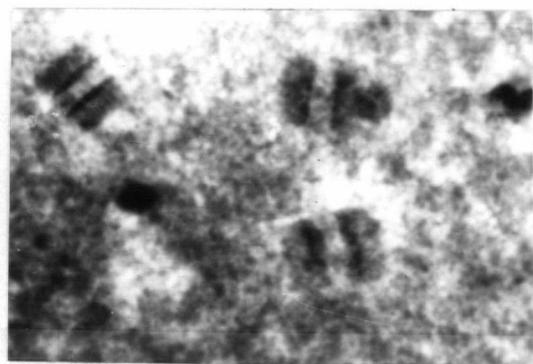


Figure 48 - Anaphase nuclei stained with Mercury Orange. Polar fibres and chromosomes are well seen. Interplate fibres are faintly stained - approximately the same intensity as metaphase spindle fibres. X1000

Interphase nuclei were easily detectable because they were outlined by intensely stained peripheral granules (Figures 39 and 45). Once the peripheral granules had migrated to the centre of the nucleus they did not stain as intensely with Mercury Orange. No granules could be detected by late metaphase and anaphase (Figure 48). Staining of the nuclear membrane was similar to that of the peripheral granules. (Note that by late metaphase and anaphase no nuclear membrane is visible (Figure 48)). Mercury Orange staining of the nucleoplasm of interphase and prophase nuclei was of approximately the same intensity (Figures 45 and 46). In stages where the nuclear membrane was absent, the nucleoplasm could not be detected with certainty. Chromatin staining was approximately the same in interphase and prophase nuclei (Figures 45 and 46). As chromosomes became visible, staining was more intense, with the chromosomes appearing darker in anaphase (Figure 48) than in metaphase (Figure 47). Spindle fibres were never observed in interphase or prophase (Figures 45 and 46). Metaphase and interdisc spindle fibres were faintly stained whilst polar fibres in anaphase were deeply stained (Figures 47 and 48).

DISCUSSION

I. LIVING MATERIAL

General Behaviour

Feeding

The explanation of why parameciums (when added to a watch glass containing fresh culture media and P. carolinensis) swim towards the latter, was not revealed by this study, nor have I found any reference to this phenomenon in the literature. Whether it is due to a "stickiness", or to ionic phenomena of the amoeba's outer membrane, or to the fact that parameciums feed on bacteria in the vicinity of the amoeba is not known.

Kudo (1959) observed parameciums feeding on bacteria around amoebas, and Roslansky (1959) obtained electron photomicrographs of ingested bacteria in paramecium food vacuoles. (The rod-shaped particles which I observed in food vacuoles could be bacteria since they resemble the latter in size and shape and show up extremely well with -SH Mercury Orange staining. However, specific bacterial staining was not carried out, hence I have no positive evidence to indicate that these are indeed bacteria.)

The explanation that parameciums are feeding on bacteria does not account for the apparent struggle to extract themselves voluntarily. However, the apparent struggle may merely be a sluggishness due to abundant food in the vicinity, since parameciums also exhibit a sluggishness around bits of timothy hay.

It is known that many cells have an outer coating of mucoprotein which has an important function in pinocytosis (Halter, 1959; Robertson, 1960). Pinocytosis and ingestion are considered similar phenomena, therefore, the amoeba might well have a "sticky" property which explains why parameciums require some effort to extract themselves from the vicinity of the amoeba. deRobertis et al (1957) states that the cytoplasmic matrix of the amoeba is slightly acidic (pH approximately 6.8) but he makes no reference to the charges on the animal's surface. Parameciums have been observed to move toward the negative pole if placed in an electrical field of direct current. Elliott (1952) attributes this to the fact that externally the paramecium is positively charged but does not suggest the nature of this charge.

Before the answer to the above observations can be found, it will no doubt be necessary to determine the

molecular structure of the cell membrane, generally, and of Paramecium multimicronucleatum and Pelomyxa carolinensis in particular. Although several theories concerning the cell membrane exist, Ponder (1961), in an extensive treatise on the cell membrane, indicates that he is not convinced about structure - or even the necessary existence - of the cell membrane as it is generally described. He feels that "many of the conclusions regarding the cell membrane are based on pre-existing ideas, on unallowable simplifications, as well as on a disregard of both physical chemistry and the results of experiments on the cells themselves."

The observations regarding ingestion and formation of food vacuoles raised these questions:

- (1) Why do parameciums remain stationary while food vacuoles are formed about them; then commence very definite movement?
- (2) How does the amoeba sense the presence of the paramecium and begin deliberate movements directed at surrounding the food with its pseudopodia?

Regarding the first question, the reason for the paramecium remaining stationary while the food vacuole forms about it is not likely to be known until the explanation for the apparent attraction of parameciums to amoebas is found.

Regarding the second part of the first question, there is ample evidence that a change in pH occurs inside the food vacuole (Mast, 1942). This relatively sudden change in the environment could conceivably have a stimulatory effect on the paramecium for it is known that protozoa are sensitive to pH changes in the surrounding media. Parameciums tend to avoid an alkaline environment and to seek an acidic environment (Elliott, 1952).

Mast (1942) investigated the cause of death of living organisms after ingestion and concluded that it was due to a decrease of oxygen in the food vacuoles and not to the acidic environment. He believes the oxygen decrease is due to respiration by the entrapped food organism and the diffusion of oxygen out into the cytoplasm as well as to decreased vacuolar fluid volume.

Regarding the second question above, since ingestion (phagocytosis) is a process very similar to pinocytosis, the essential features of which are similar in all cells, pseudopod formation can be considered analagous to the formation of a recess extending toward the inside of the cell by the sliding along of the membrane once a particle, molecule, or ion has been absorbed on the cell surface (Bennett, 1956). However, the mechanisms underlying this

membrane sliding is not well understood and until more knowledge is acquired regarding the phenomena of pinocytosis and phagocytosis this question cannot be satisfactorily answered.

It is not yet known how the pinocytosed fluid or phagocytosed organisms become assimilated into the cytoplasm. Bennett, 1956, postulated that the vacuolar membrane disintegrates under the influence of cytoplasmic enzymes while others (Prescott, Chapman-Andresen and Holter) feel that the permeability properties of the vacuolar membrane are involved.

Regarding the disintegration of the membrane, it has never actually been seen to disappear by the electron microscope (Holter, 1959 a, b; 1961). Further evidence against regarding membrane disintegration as the sole explanation of assimilation of food into the cytoplasm is found in the work of Andresen and others (1952) who carried out studies on the digestion of P. carolinensis using Carbon¹⁴ - labelled food organisms. They demonstrated that the rapid spread of radio-active glucose throughout the cytoplasm was probably due to membrane permeability rather than to membrane disintegration because radio-activity during subsequent feeding on unlabelled food revealed a period of reduced activity but with persistence of activity

as long as 700 to 800 hours. Similar studies carried out by Cohen recently (1959) on Amoeba proteus, but using colloidal gold, confirmed Andresen's conclusions that food derivatives persist in vacuoles for some time after the original feeding. The plasmalemma of P. carolinensis is notoriously impermeable to many, especially high molecular substances. Chapman-Andresen and Holter (1955) found the cell membrane of this amoeba was almost completely impermeable to glucose. Since the vacuolar membrane originally was part of the cell surface and, according to Brandt (1958) and Marshall et al (1959), preserves the morphological characteristics of the plasmalemma, a permeability theory of assimilation of phagocytosed (or pinocytosed) material should suggest a mechanism for altering the permeability of the plasmalemma once it has become the food vacuole wall. The small, dark granules which I noted streaming towards the point of ingestion (page 37) and later lining food vacuoles (pages 37 and 48) might conceivably be associated with assimilation of food vacuole contents. I believe these granules are identical with those forming the compact layer seen by Pappas (1959) and those studied by Mast and Doyle (1935 a, b). My observations coincide with Horning's (1933) who noted that the incorporated food is brought into intimate contact with some "chondriosomes". He further

states that later a vacuole forms enclosing the food together with adjacent "chondriosomes". However, since the vacuolar membrane is in fact what was plasmalemma prior to phagocytosis, all the granules would have to enter the vacuole at the same point through a narrow opening just before the two free ends join to form a vacuole. I did not observe this and I also found it difficult to determine, from the photomicrographs (Figure 25), whether these granules are inside or on the outside of the membrane. Horner observed the diminishing size and eventual disappearance of the "chondriosomes" as digestion proceeds. This, I also observed to be so. deRobertis (1957) believes that the events described above indicate a hydrolytic type of enzyme action in connection with digestion. The close relationship of the "chondriosomes" to the food vacuoles, therefore, would seem to support the permeability hypothesis of food assimilation.

Body Form

Body form is a reliable indicator of the physiological state of an amoeba at any given time.

The spherical form seems to be the result of gradual withdrawal, in all directions, from injury and therefore occurs when an unfavourable environment envelops the amoeba.

Club-shaped individuals, I believe, indicate that the organism is concentrating its efforts in one direction only in an attempt to reach food or more favourable environment existing some distance away. This agrees with Kudo (1951).

Formation of elongated pseudopodia in all directions as seen in star-shaped organisms where little food remained probably indicates that the environment was not yet sufficiently unfavourable to cause withdrawal of pseudopodia and the amoebas were searching food in all directions. Assumption of a star-shape when removed from old, barren cultures and placed in fresh water might be explained by the fact that no inhibitory influence now prevented pseudopod formation (as when the sphere-shape occurs) hence the amoeba begin seeking food in all directions.

Regarding the more immediate cause of death of amoebas in old cultures, changes in pH of the environment would be expected to have an immediate effect compared with starvation which is a gradual process. That is, the organisms can store food materials but when the internal milieu is disrupted, degeneration occurs fairly rapidly.

The gradual fading away of "starving" amoebas appears to reflect a gradual lack of building materials for normal function and structure much as wasting in multicellular

organisms possessing a negative nitrogen balance. In contrast to this slowly acting (weeks) nutritional effect, the disintegration of organisms exposed to deliterious chemical agents follows rapid (minutes, hours) membrane disruption which can be observed as it is occurring.

Correlation of Body Form with Mitotic Events

Body forms described in Results (page 35) indicated that the nuclei were undergoing mitosis, a fact which was most useful in studying -SH distribution in dividing amoebas since one could choose a desired stage of mitosis with great accuracy. Before dividing, Amoeba proteus has also been observed to round up into a spherical shape with short, blunt pseudopodia all over its surface (Schaeffer, 1946).

Conditions which favour Reproduction and Frequency of Mitosis

The observations regarding periodicity and frequency of mitosis, as well as a study of conditions favouring division were of assistance in obtaining material for later experimental work on -SH groups.

The occurrence and frequency of nuclear division and plasmotomy was correlated with food supply only. Although division appeared to be related to size of the amoeba, this can be interpreted as an aspect of adequate food. Kudo (1949)

believes that, as the number of nuclei in the parent increases, the number of resulting daughters also increases. Perhaps this explains why at times plasmotomy did not follow mitoses of the nuclei, and that often when plasmotomy was deferred until mitosis was repeated, the amoeba divided into more than 2 daughters.

The fact that the variation in size of newly divided amoebas was not great correlates with Prescott's (1959) findings concerning Amoeba proteus. He weighed newly divided amoebas and found that weight variations were insignificant except when division occurred in strong light.

The finding that distribution of nuclei amongst daughter amoebas is random agrees with Kudo (1949) who carried out careful statistical tests in this connection and found that any equal distribution was not significant.

II. HISTOLOGICAL STUDIES

Vital Staining

The formation and pinching off of vacuoles is probably a means of eliminating toxic substances (in this case Neutral Red). This is in agreement with Kassel and Kopac (1953) who exposed organisms to toxic materials. It is, therefore, inferred that the "vital" stain behaved as an injurious chemical material.

The red-stained vacuolar inclusions observed in amoebas exposed to 1:100,000 concentrations of stain are believed analagous to the "neutral red bodies" described by Andresen (1942, 1945 and 1946) and others. Regarding the question as to whether these structures are normal cellular inclusions or whether they represent a response to the stain, I agree with Torch (1959) and others, who believe they are an artifact of vital staining, since they were not seen in any other material. Torch (1959) offers a possible explanation regarding the nature of these particles. He notes that identical structures are formed during staining with other vital dyes (1959 paper refers to unpublished data). Since these structures appear to be lipid in nature he believes they may represent a protective mechanism against the toxicity of the stain. That is, the amoeba might utilize lipid to form an insoluble complex with the dye, thus removing the dye from the cytoplasm. This could explain why neutral red bodies occur only in organisms exposed to dilute solutions, for higher concentrations kill the organisms before the bodies are formed.

The bodies seen covering the contractile vacuoles in organisms stained by Janus Green B are similar to those described by Mast and Doyle (1935, a, b) and Kassel and Kopac (1953). I believe these particles are mitochondria

since Janus Green B is a stain for mitochondria. Studies carried out by Torch (1955) and confirmed by recent electron microscope studies (Pappas, 1959) further support this opinion. Mitochondria in P. carolinensis are further discussed under permanent histological preparations.

Permanent Histological Preparations

That Osmium Tetroxide fixation gave a picture closely resembling frozen material is in keeping with the findings of workers who have studied the action of various fixatives on cultured cells (Bang and Gey, 1959; Palade, 1952; Greider et al, 1958; Borysko and Roslansky, 1959). The fixatives were evaluated by comparing the living cell under phase contrast with the fixed cell under the electron microscope. Best results were obtained with Osmium Tetroxide.

Morphology

Plasmalemma

Although the light microscope is of little assistance in revealing the structure of the outer limiting membrane, this structure has been extensively studied by the electron microscope and is described in detail by the workers referred to in this literature review.

Cytoplasmic Ground Substance

Since material fixed in Schaudinn's, Osmium Tetroxide

and trichloroacetic acid closely resembles frozen preparations it is felt that the former three fixatives give a picture nearer the living state than does Bouin's.

Cytoplasmic Inclusions

Mitochondria - Transformation of mitochondria from rod-shaped in living organisms to round-shaped in fixed material is an occurrence sufficiently invariable to warrant Torch's (1955) regarding it as a criterion of death of the amoeba. Torch (1955) found that in all cases Janus Green B was concentrated in eccentric granules or crescentic areas within the mitochondria. This is interesting in view of recent work on the chemistry of Janus Green B staining. Lazarow and Cooperstein (1953); Cooperstein, et al (1953); Cooperstein and Lazarow (1953) and Showacre (1953) have related colouration by Janus Green B to the presence of cytochrome oxidase within the mitochondria. If this is so, the stained granules or crescentic areas within the mitochondria of P. carolinensis possibly indicate localization of cytochrome oxidase.

The characteristic accumulation of mitochondria around contractile vacuoles leads to speculations regarding the function of mitochondria in P. carolinensis. Most of the knowledge concerning the function of mitochondria was derived from vertebrate studies. Vertebrate mitochondria apparently

contain all the enzymes necessary for the respiration of the cell (Lindberg and Ernster, 1954). Whilst the biochemistry of protozoan mitochondria is virtually unknown it is reasonable to assume that their enzymatic complement does not differ markedly from that of vertebrates. On the basis of morphological studies, Torch (1955) believes that mitochondria in P. carolinensis possibly function in one or more of the following processes:

- 1) accumulation and transport of fluids;
- 2) accumulation and transport of waste products;
- 3) digestion;
- 4) respiration.

No morphological evidence for the first two possibilities exists since there is no difference between the granules surrounding contractile vacuoles and those freely circulating. Likewise, morphological evidence for a digestive function is limited. However, the meagre amount of work done concerning function of protozoan mitochondria points to a probable function concerned with cellular respiration (Joyet-Lavergne, 1926, 1928, 1929, 1934, 1935; Cowdry & Scott, 1928; Weiss, 1950). If this is so, their accumulation in areas of high energy expenditure such as contractile and food vacuoles is understandable.

Contractile Vacuoles - Although these vacuoles could be readily identified in our histological preparations because

of the surrounding layer of mitochondria, little else regarding structure or function could be determined.

Electron microscopic studies of Pappas and Brandt (1958) and Pappas (1959) show that the contractile vacuole is surrounded by a densely packed layer (2 μ thick) of small vesicles which in turn are surrounded by a layer of mitochondria. Pappas estimates the thickness of the contractile vacuolar membrane to be 70 \AA .

Food Vacuoles - The narrow rim of dense small particles probably represents the granular layer of material characteristically found around young food vacuoles observed by the electron microscope (Pappas, 1959). The fact that they are seen around newer food vacuoles, together with my own observations of their migration towards the site of ingestion, suggest they are concerned with digestion. The empty vesicles around older food vacuoles are identical with the vacuole refractive bodies described by Torch (1959). Since they surround older food vacuoles and contain crystals it is possible that they are concerned with waste products. The crystals contained within older food vacuoles, likewise are believed to represent wastes. Because the latter crystals were observed so clearly after Mercury Orange staining, they are further discussed under "Application of Mercury Orange Method to P. carolinensis (page 84).

Crystals - In the past, several workers have speculated on the functional significance of these cytoplasmic crystals. Mast and Doyle (1935a) and Wilber (1945) believe they originate within food vacuoles and hence represent a food reserve. I found that the quantity of these crystals does not decrease in starving P. carolinensis. This agrees with the observation of Andresen and Holter (1945). Further, both these workers and Torch (1955) maintain that the crystals arise in the cytoplasm. The fact that expulsion of crystals is seen in both well-fed and starving individuals suggests that they might be metabolic wastes. Torch (1955) believed they represent an accessory mechanism for excreting nitrogen. At the time that I observed these crystals, no decisive data could be found concerning their nature. Recent data, however, shows conclusively that they are new nitrogen excretion products (Griffin 1959, 1960; Grunbaum et al, 1959). Griffin has positively identified the platelike crystals as carbonyldiurea on the basis of evidence from microanalysis, X-ray diffraction pattern, infrared absorption spectra and petrographic analysis. Grunbaum et al suggest that the bipyramids are not carbonyldiurea but a related substance. Allen (1961) feels that both substances are probably breakdown products of purine metabolism through allantoinic acid.

Nuclei - Although the number of nuclei is usually described as "several hundred", I found fewer (75 to 150). However, it is possible that more were present but not seen because of the difficulty in observing all planes of the amoeba at once.

I believe the granules found at the periphery of the interphase nucleus represent nucleoli and are the same as those described in the electron microscopic studies of Borysko and Roslansky (1959) and Brandt and Pappas (1959). Chalkley, as early as 1936, found that these peripheral granules were basophilic but contained no desoxyribonucleic acid. Their lack of DNA is revealed by the fact that they are Feulgen negative. Their basophilia is evident by their staining reactions with acidified Methyl Green, Geimsa (ultra-marine blue), Grenacher's Borax Carmine, Crystal Violet and Heidenhain's Iron Haematoxylin (dense black granules with the latter stain whilst chromatin stains paler). Electron micrographs of the nucleoli reveal them to be packed with tiny granules which resemble the ribosomes of the cytoplasm. The nucleoli, in fact are known to be rich in ribonucleic acid and appear to be active centres of protein and RNA synthesis (Brachet, 1961). Certain workers estimate the protein content of nucleoli to be between 70% to 85% (Vincent and Huxley, 1954; Nurnberger et al, 1952). Boltus (1954)

found a high content of nucleoside phosphorylase and the DPN-synthesizing enzyme in isolated echinoderm nucleoli. Although nucleoli are not generally believed to contribute to cellular mitosis, the behaviour of these peripheral granules during mitosis suggests that they perform some function in nuclear division, as discussed under mitotic nuclei below.

Nuclear Division

Synchronous mitotic nuclear division in P. carolinensis was first reported by Schaeffer (1937). Short (1945, 1946) and Kudo (1949) observed, as I did, that on rare occasions a few nuclei appeared in more or less advanced stages. This difference, I found was very slight but significant. For example, Figure 30 shows most nuclei in interphase with a few in late prophase. The differences in distance between anaphase plates as noted by Kudo probably does not constitute reliable evidence in this respect since this could be an artifact - i.e. cytoplasm could have been stretched slightly during handling.

Regarding the increase in size of nucleus (up to six times as noted by Schaeffer) which I did not observe, a possible suggestion might be accumulation of additional materials from the cytoplasm for energy or building

materials necessary to produce two nuclei from one. Electron microscopic studies definitely reveal pores in the nuclear membrane of this organism (Pappas, 1959). In P. carolinensis the pores occupy 15 to 20 percent of the nuclear surface which is approximately twice that estimated for mammalian cells (Watson, 1955).

Observations of the behaviour of the peripheral granules during mitosis led me to agree with Kudo who believes that the peripheral granules contribute, in part, to the formation of the mitotic apparatus. Mitochondria in close proximity to the nuclear membrane and peripheral granules has been observed by Brandt and Pappas (1959). These workers feel that the outer membranes of mitochondria and nuclei are continuous during and shortly after nuclear division in P. carolinensis. This lends support to Swanson's (1960) statement that, although the function of the nucleolus other than to manufacture proteins is unknown, the fact that it disappears during cell division leads him to suspect that it may be involved in passing genetic information and materials from nucleus to cytoplasm. In view of the intense staining with Mercury Orange of P. carolinensis' nucleoli, indicating a rich protein sulfhydryl content, it is possible that they represent a means of transfer in the opposite direction as well (i.e. of materials from cytoplasm

to nucleolus to mitotic apparatus). Thus, if the theory that -SH groups contribute to spindle formation is correct (i.e. by oxidation to -SS- or by some other as yet unknown bonding) then these peripheral granules might be the source of such -SH groups. The movement of the peripheral granules towards the central area of the nucleus as prophase begins; the spindle fibres appearing at first to end in the granules; the decrease in size and number of granules concomitant with the appearance of spindle fibres during late prophase and early metaphase and their absence in metaphase and anaphase when the spindle apparatus is fully formed also lends support to this theory. Schaeffer (1937) noted small granules, perhaps from the disintegrating interplate fibres during telophase, coalescing to form the larger peripheral granules of the mature nucleus. These are also seen in Figure 13 of this study.

I believe that the change from oval (in prophase) to rectangular shape assumed by late metaphase is related to the disappearance of the nuclear membrane. The two seem to occur simultaneously. The more indistinct the membrane becomes the more nearly perfectly rectangular becomes the shape of the figure. Perhaps all the spindle fibres can now attain the same length since they are not restricted by the membrane.

The significance of nuclear membrane disappearance is

of interest but to date remains obscure. The answer is unlikely to be found until the membrane's detailed structure is known. Connections between the nuclear membrane and cytoplasmic membrane are evident and observations on the formation of the nuclear membrane at telophase suggest that the membrane is a specialized cytoplasmic structure (Mirsky and Osawa, 1961). Yasuzumi (1959) is of the opinion that it has its origin in the cytoplasmic membrane system. Another picture of nuclear membrane formation at telophase in Yoshida sarcoma cells is provided by Barer et al (1959). It shows vesicles (indistinguishable from the cytoplasmic membrane system) surrounding the chromosomes at telophase which eventually fuse to form a complete nuclear membrane. Lafontaine (1958) also describes membranes around the telophase chromosomes seen in electron micrographs of other cells. The close proximity of these vesicles (apparently parts of the nuclear membrane) to the chromosomes suggests that nuclear membrane breakdown during mitosis could provide structural materials, enzymes, or energy for mitotic apparatus formation. Schaeffer (1937) states that the anaphase discs are pulled apart by protoplasmic streaming. However, since the plates in P. carolinensis separate in many directions simultaneously it would appear that some other force is involved. Kudo (1949) suggests that the interdisc and polar fibres might be responsible for this movement.

Mazia (1961) feels that the poles are pushed apart by the growth of the interdisc fibres. Although this may be descriptively correct, (and is the most likely explanation of the observations in this study) it remains to be explained how the growth of the interdisc spindle is translated into an actual movement of the discs. The electron microscope studies of Porter, Bernard and Dehaven (Mazia, 1961) show that the morphology of the interdisc and polar fibres is similar - but - the latter must lengthen and the former must shorten when the poles move apart. Thus, it seems reasonable that biochemical (and physical) alterations within the interplate fibres are involved. This correlates well with my hypothesis that there is a difference between polar and interplate fibres since Mercury Orange staining is exceedingly faint in the latter compared with the former.

In this study I made no attempt to count chromosomes and thus did not employ special methods for the purpose. As yet no satisfactory method seems to have been employed for this purpose and the results have been extremely variable. For example, Schaeffer (1937) quotes a figure of 2,500; Short (1945, 1956) quotes a figure of 300 and Kudo (1949) believes the number of chromosomes in this organism is approximately 100.

That doubling of the metaphase plate to form two anaphase

plates is the result of fission of chromosomes seems plausible (Figure 37).

Enhanced fusion of chromosomes during anaphase was also observed by other workers (Schaeffer, 1937). It is not possible, by the methods used in this study, to determine whether this enhanced fusion is actual (i.e. chromosomes fused due to physical proximity or chemical alteration) or apparent (i.e. failure of resolution of individual chromosomes due to fixation and staining techniques).

Regarding the bluntly-ending polar fibres, a similar multi-polar appearance of the spindle fibres was observed by Dawson and co-workers (1935) who considered it "due solely to fixation". However, I (and Kudo, 1949) have observed this broad termination of the spindle apparatus in late prophase, metaphase and early anaphase in living organisms under phase contrast.

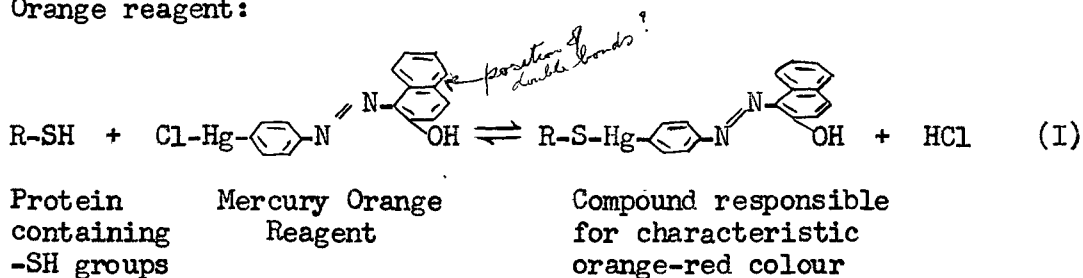
Nowhere in the literature have I found any explanation of why the polar fibres eventually terminate at a common point. I believe the arching of the anaphase plates occurs as the result of the convergence of polar fibres.

III. CYTOCHEMICAL STUDIES

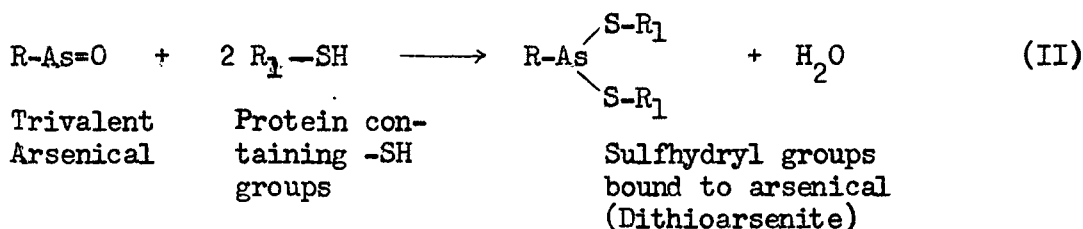
Preliminary Experiments with Mercury Orange on Toad and Mouse

Muscle

The reddish-orange colour of the untreated muscle fibres observed after Mercury Orange staining confirms Bennett's (1951) results which he attributes to the following reaction between sulfhydryl groups and the chlori-mercuri group of the Mercury Orange reagent:



The observation that muscle fibres which were treated with arsenic before Mercury Orange staining failed to become coloured is believed to be due to the binding of the -SH groups by the arsenical according to the Dithiol Theory (Stacken and Thompson, 1946, 1948) as follows:



By thus blocking the -SH groups, reaction between the latter and the chlori-mercuri groups of the Mercury Orange reagent was prevented. These experimental results indicate the specificity of Mercury Orange for -SH groups.

Effects of Sodium Arsenic Tri-oxide on the Living Amoeba

The immediate increase in cytoplasmic streaming noted in organisms which were immersed in an 0.5 gm% solution of arsenic trioxide is likely a protective reaction, whereby the animal is attempting to escape the effects of the toxic environment. However, if one wishes to analyze this behaviour more closely, it is necessary to consider the animal's defence mechanisms in the light of possible phenomena which are taking place at a molecular or ionic level.

For example, the rate of cellular metabolism is presumably increased in order to produce the visible increase in cytoplasmic movement. The increase in metabolism could, in part, be a reflection of increased rate of enzyme production.

Since it is known that the toxic substance (namely arsenic) to which the amoeba was exposed combines with -SH groups, the postulated increase in enzyme production would effectively replace those enzymes which are inactivated as the result of binding by arsenic of -SH groups on the enzyme's active sites.

Application of the Mercury Orange Method to *P. carolinensis*

There was a direct relationship between intensity of colour imparted by Mercury Orange and concentration of arsenic to which the amoeba was exposed (Table 2b). That is, the greater the concentration of arsenic the less intense was the staining.

Since it is known that arsenic (in vitro studies) combines with -SH groups, the results suggest that arsenic combined with the -SH groups of P. carolinensis thus inhibiting the combination of Mercury Orange and -SH taking place. This resulted in less intense staining with Mercury Orange in the arsenic treated amoebas as compared with the controls.

The fact that the experimental results of Mercury Orange staining are qualitative must be borne in mind in their interpretation (Table 3). However, the differences in concentration noted in the various areas are in keeping with some experiments on -SH content in A. proteus (Heller, 1959) and it seems reasonable that a close similarity in this respect exists between the two amoebas. For example, the plasmalemma of A. proteus contains mucopolysaccharides and proteins. The latter probably contain -SH groups. Cytoplasmic ground substance of A. proteus contains -SH proteins that are low in concentration compared with nucleolar concentration. In Pelomyxa carolinensis I also found that the ground substance contained less -SH (2 plus) than did the peripheral granules of the nucleus (4 plus). The mitochondria of A. proteus contain sulfhydryl-containing proteins and the rims of contractile vacuoles in Pelomyxa were 3 plus for -SH groups. This, together with the fact that mitochondria surround these contractile vacuoles would suggest that mitochondria in P. carolinensis also contain -SH since the mitochondria

surrounding contractile vacuoles and those loose in the cytoplasm seem comparable in every way.

That the number of crystals in older food vacuoles is greater than in young food vacuoles suggests they may be wastes or storage material. It is interesting that these crystals show up very distinctly in the Mercury Orange stained amoebas. This seems to be due to the rims being coloured (indicating -SH superficially) thus outlining their structure clearly. Apart from the surface, these crystals probably do not contain -SH in any appreciable amount since the inner portion is colourless in the -SH treated amoebas. Although the size and shape of the food vacuole crystals differed considerably from the cytoplasmic crystals of the amoeba it was interesting that the cytoplasmic crystals, known to be nitrogen excretion products, were also coloured on their surface by the Mercury Orange reagent. (although the intensity of the colour reaction of the cytoplasmic crystals was much paler).

Sulfhydryl distribution in starved individuals differed from that in normal amoebas in that, in the former, the cytoplasmic ground substance was more intensely stained, whereas the rim surrounding the contractile vacuoles was less intensely stained. These results correspond to Heller's (1959) findings in A. proteus. He observed more densely staining cytoplasm and decreased numbers of mitochondria in starving amoebas. The marked decrease in the

number of contractile vacuoles is in keeping with what one would expect as the result of a diminished ingestion of food organisms. The lack of structural detail, likewise, might conceivably be attributed to decreased "raw materials". Perhaps the increased intensity of staining of the nuclei in the starved organisms is due to increased staining of the nucleoplasm corresponding to the darker cytoplasm.

Mitotic Nuclei stained with Mercury Orange

The intense staining of the interphase peripheral granules may be due to the fact that they represent material (containing -SH) which is to be incorporated into the spindle apparatus during mitosis. This is in line with the belief of other workers that the nucleoli contribute to spindle fibre formation (Kudo, 1946; Schaeffer, 1937).

If the theory that oxidation of -SH groups to form -SS- bonds is in part responsible for spindle formation, one would expect anaphase spindle fibres should be the least densely coloured with Mercury Orange staining since presumably the greatest quantity of -SH groups would be oxidized to form -SS- bonds. This was found to be the case with respect to interdisc fibres which were poorly stained. However, polar fibres were very well stained and metaphase fibres were faintly stained. These results suggest that:

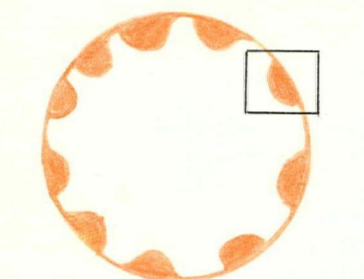
- (1) the interdisc fibres contain many -SS- bonds (or, at any rate, are poor in -SH groups)

- (2) polar fibres are in fact rich in -SH, and
- (3) metaphase spindle fibres contain appreciable amounts of -SH groups.

The fact that the -SH content differs between polar fibres and interdisc fibres may be related to the fact that interdisc fibres are lengthening and polar fibres are shortening during anaphase (Taylor, 1959). According to electron microscopic studies, as the fibres become shorter or longer they do not become thicker nor thinner, nor do they become less straight. Therefore, it is postulated (Mazia, 1961) that the "elongation" might be actually growth in one dimension (the addition of molecules) and "contraction" is in fact shortening due to removal of molecules.

It is quite likely that chemical groups (and/or bonds) other than -SH are also involved in mitotic apparatus formation and although -SS- bonds in fact appear to be significant in spindle formation, they are not likely to be the sole factor. Other workers are also of this opinion. For example, Mazia (1959) at first stressed -SS- bonds but more recently (1961 a, b) attention has been turned to other (poorly understood) bonds involving protein sulfhydryl. Gross (1960) provides convincing evidence of a major role of hydrogen bonds.

The following, highly speculative, explanation is suggested as an explanation of the cytochemical investigations in this study. Since peripheral granules are deeply stained with the

OBSERVATIONHYPOTHESISFigure 49(a)

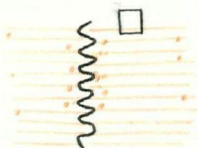
(1) Interphase nucleus showing peripheral granules.

+ Mercury Orange +



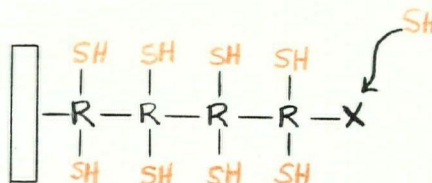
Inset of (1) - A hypothetical peripheral granule containing abundant sulfhydryl groups.

Peripheral granules stain 4 plus, indicating rich -SH content.

Figure 49 (b)

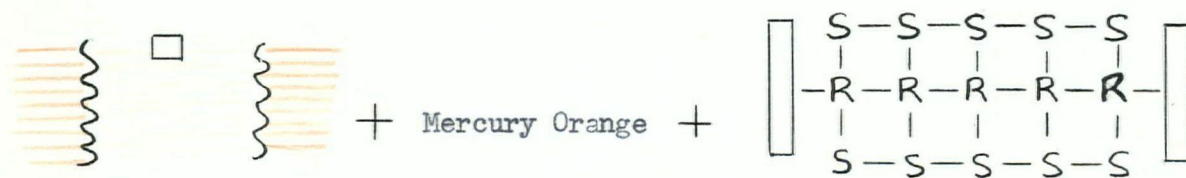
(2) Majority of peripheral granules have migrated centrally. Faintly coloured spindle fibres.

+ Mercury Orange +



Inset of (2) - A hypothetical single metaphase fibre. -SH groups from peripheral granules, which migrate centrally, contribute to mitotic apparatus. -SH attaches at "free" ends so that fibre grows in length but not in thickness. Fibres can shorten by reverse reaction.

Metaphase fibres stain 2 plus, indicating some -SH groups are present.

OBSERVATIONHYPOTHESISFigure 49 (c)

(3) Interdisc spindle
fibres poorly stained.
Polar fibres very
intensely stained.

Inset of (3) - A hypothetical
single interdisc anaphase
fibre. -SH groups have been
oxidized to form -SS- bonds
(or some other form of high
energy sulfur bond). No free
ends on this fibre, therefore
it must grow by cleavage of
internal bonds with addition
of chemical groups. In this
process of cleavage and re-
formation of bonds, chemical
energy to push discs apart is
generated - fibres elongate
but do not thicken. Polar
fibres are actually the meta-
phase fibres (2) above, there-
fore probably structurally
analagous - but contraction
or increased accessibility of
-SH groups results in more
intense staining.

Polar fibres stain
3 plus. Interdisc
fibres stain 1 plus.

sulfhydryl reagent they are doubtlessly rich in -SH groups (Figure 49 a). Their close proximity to the nuclear membrane during interphase might be related to synthetic processes taking place involving raw materials obtained from the cytoplasm. When these granules migrate centrally, sulfhydryl groups are made available to assist in mitotic apparatus formation, but these -SH groups are not yet oxidized to -SS- bonds - therefore metaphase spindles stain faintly with Mercury Orange (Figure 49 b).

As interdisc fibres are formed and elongate, -SH groups are oxidized to -SS- bonds and therefore Mercury Orange staining of these fibres is very faint (Figure 49 c). On the other hand, the polar fibres being structurally analagous to the metaphase fibres, contain -SH groups and therefore stain well with Mercury Orange. The reason for the intense staining may be due to increased accessibility of -SH groups (i.e. soon to become dissociated from the mitotic apparatus) or to the fact that the fibres are "contracting" hence -SH groups are closer together than they were in metaphase.

It is felt that the molecular structure of spindle fibres is in reality much more complicated than postulated in Figure 49. For example, neither large protein molecules nor metal ions have been incorporated into the hypothetical structure of a spindle fibre postulated here.

SUMMARY

1. Although P. carolinensis is a highly specialized structure, I believe it is a fairly good representative of the living cell, and its use as research material for cellular studies is justified. When one considers working with tissue cultures, whether fibroblasts or white blood cells, each is a specialized cell and hence it is difficult to find a single organism or individual mammalian cell which represents all cells.
2. Feeding occurs only when the organism is attached to the substratum. The latter must be clean and the environment "healthy". Feeding habits are of a passive nature in that movement of the amoeba from place to place is not the most significant factor in obtaining food. Rather, food organisms advance towards the amoeba. The explanation of this behaviour is as yet undetermined. The parameciums remain sluggish until the food vacuole is completely formed, then commence violent movement.

Small dark granules surround newly formed food vacuoles but "empty" vesicles surround older food vacuoles. Older food vacuoles contain masses of crystals which are seen clearly with Mercury Orange staining.
3. Environmental conditions (pH) appear to be of greater significance in maintaining a healthy state in P. carolinensis

than does the amount of food.

4. Body form is correlated with physiological state as well as mitotic events.
5. The most satisfactory fixative for histological studies was Osmium Tetroxide but Schaudinn's and TCA were also satisfactory.
6. Results of this work confirmed that arsenic combines with sulfhydryl groups and therefore inhibits metabolic enzymes. Using activity (i.e. cytoplasmic movement) as a criterion, low concentrations had a stimulatory effect and this is believed to indicate that metabolism is temporarily stimulated at the molecular level, in an attempt to cope with destruction of necessary substances. Effects of arsenic in these low concentrations were reversible. Arsenic in concentrations sufficient to cause death invariably damaged the membrane of P. carolinensis resulting in complete dissemination of its contents into the surrounding environment.
7. Frequency of mitosis is apparently related primarily to food supply.

All of the nuclei contained in a given amoeba undergo mitosis synchronously except on rare occasions and then the difference is slight.

Peripheral granules in the nucleus stain intensely with Mercury Orange and appear to give rise to spindle fibres.

8. Mitochondria characteristically surround contractile vacuoles and contain -SH groups. The intensity of colour of the mitochondria diminishes in starved individuals stained with Mercury Orange.
9. The Mercury Orange method for the detection of -SH groups worked well for the material in this study. Mercury Orange as used here is believed to react with free, "masked" and "sluggish" -SH groups indiscriminately. Variation in the distribution of -SH groups was observed in the various structures of P.carolinensis. Sulfhydryl distribution in starving individuals differed from that of normal, well-fed animals. Crystals in food vacuoles showed up very clearly with Mercury Orange stain indicating considerable -SH content.
10. Oxidation of -SH groups, the main source of which may be peripheral granules, to -SS- bonds is believed to contribute, in part, to the formation of mitotic spindles in P.carolinensis. Metaphase and polar (anaphase) fibres are believed to be structurally similar. They are, however, believed to differ structurally (chemically and/or physically) from interdisc anaphase fibres.

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