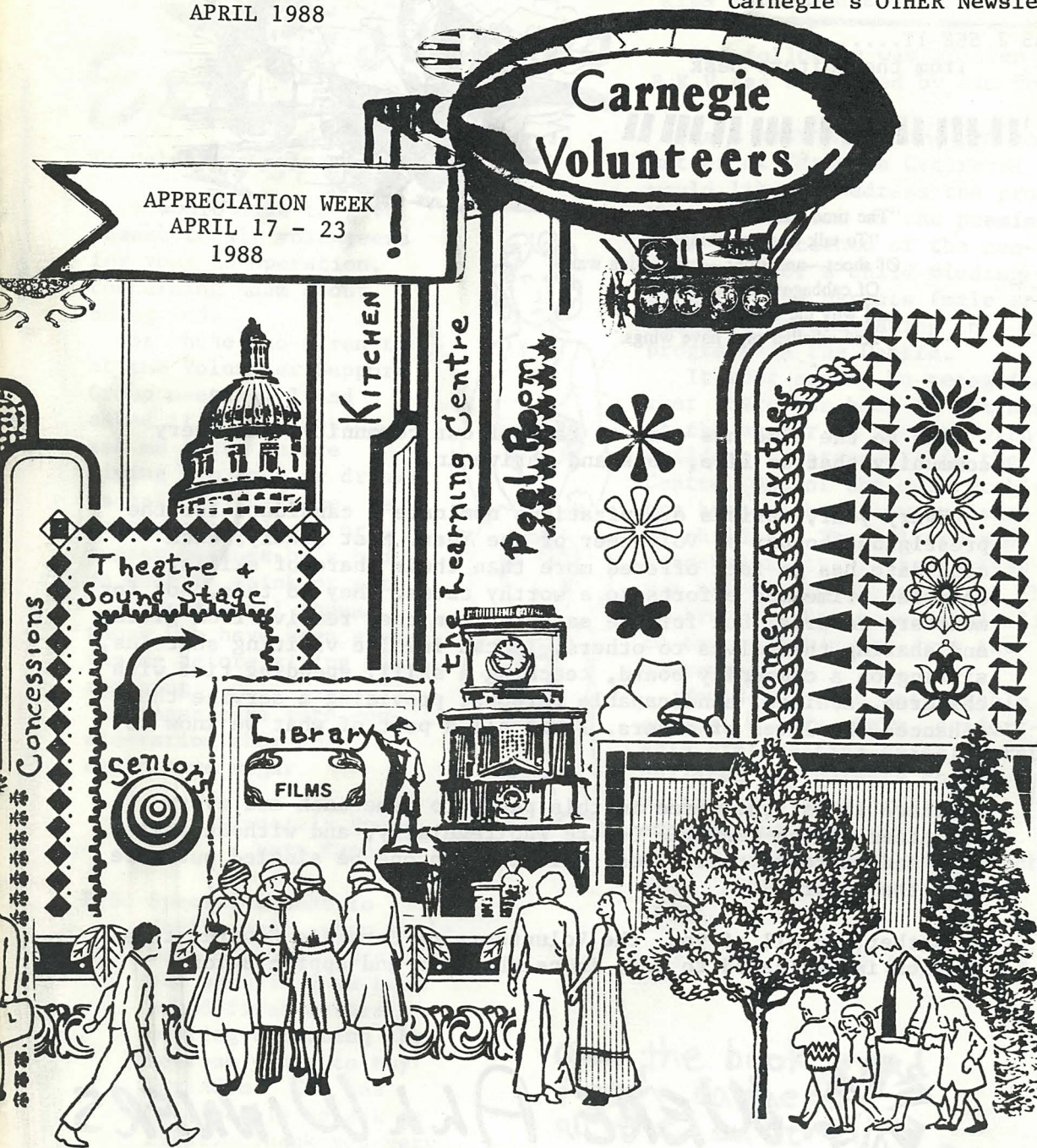


「VOLUNTEER VOICE」

APRIL 1988

Carnegie's OTHER Newsletter



AS I SEE IT.....
from the Editors Desk



"The time has come," the Walrus said,
"To talk of many things:
Of shoes—and ships—and sealing wax—
Of cabbages—and kings—
And why the sea is boiling hot—
And whether pigs have wings."

And so the time has come to talk of our community; this very community that we live, work and thrive in.

Every year, various organizations nominate a candidate for the prestigious honour of Volunteer of the Year. Most likely, each candidate has in fact offered more than their share of skills, energies, time and efforts to a worthy cause. They do this, not for monetary rewards, but for the satisfaction they receive from giving and sharing themselves to others. It can involve visiting shut-ins, sitting on a community board, teaching a skill, spending time with children, seniors, handicapped persons, providing a service that enhances the lives of others. It is all a part of what we know as volunteering.

There is not the space in this paper to name each and every volunteer of the Carnegie Centre who regularly, and without fail give and share of themselves. Neither, can one be singled out more than the others.

Rather, to all of you, the Volunteers of Carnegie Centre, this edition is dedicated to you, in celebration and appreciation.



WE'RE ALL WINNERS

Expressions

To Volunteer Voice:

I would like to give thanks to all volunteers for your co-operation, concerning Adam about being fed.

For those who weren't at the Volunteer Support Group meeting, I had asked if people would ask me first before giving him food or drinks, as half of the time, he goes without lunch or supper because he's had so much to drink or eat.

Once again I thank those who have been asking me before giving him anything.

Please take into consideration that Adam can't have sugar.

Sincerely yours,
Mary Cappell.

P.S. Special thanks to Sheila Bell, when she's been working concession, she sees if I've been asked first before selling something that someone wants to buy for Adam. She has told people to ask me first. Thank you very much for your support.



KIDS AT CARNEGIE

The following was written by B.K.V. as expressed by Jim Post.

As a patron, member and volunteer of Carnegie Centre, I would like to address the problem of children on the premises.

I am concerned of the non-existence of a child-minding area for the parents (male or female), participating in programs in the Centre.

It must surely be recognised that there has been an increase in the number of parents with children visiting within the Centre. One of the main problems has been with the supervision of children. The welfare and responsibility of those children belongs to the parents. The Centre also has a responsibility to the patron/users from the community.

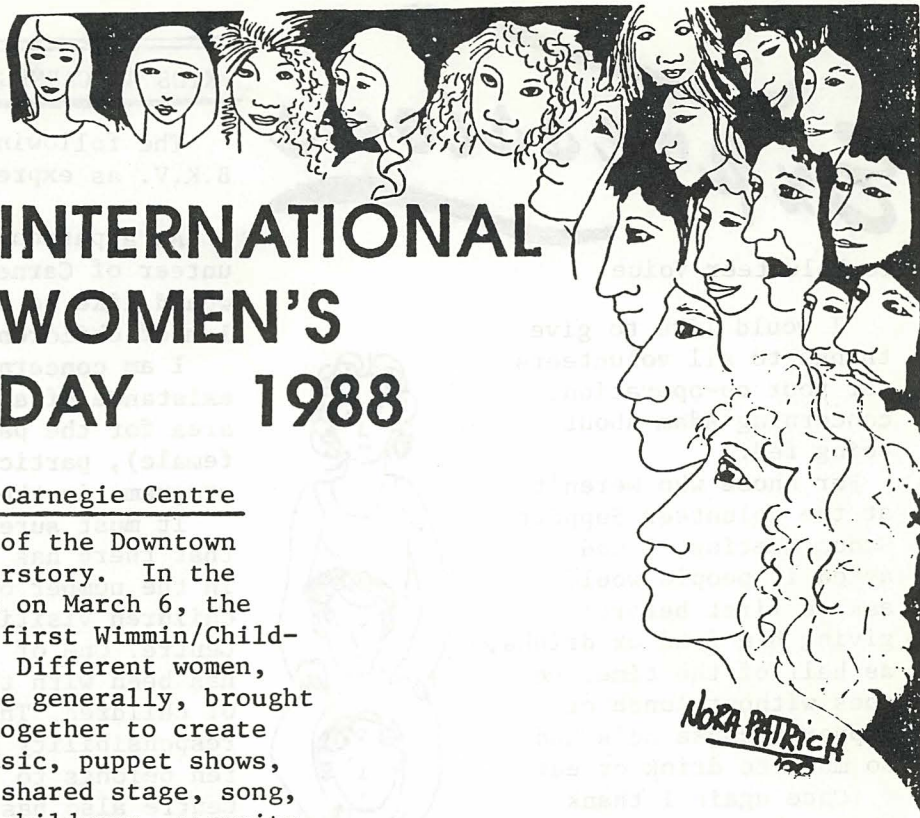
Would it be so unthinkable to suggest a safe, warm, comfortable, interesting space whereby children and parents could participate in a program emphasizing community life styles, recreation, etc., such as a "family drop-in" would offer?

#

open the book, read
from darkness
all the butterflies
RK Penner



INTERNATIONAL WOMEN'S DAY 1988



Women's Week @ Carnegie Centre

Mar.6 Wimmin of the Downtown Eastside make Herstory. In the Carnegie Theatre on March 6, the Centre held its first Wimmin/Children event ever! Different women, from the eastside generally, brought their energies together to create an evening of music, puppet shows, balloons, kids, shared stage, song, laughter, food, childcare, security ...you name it - we had it covered!

It was a cabaret. The best news is that we want more; let this be the first of many!

Megaballoon to all of the women who volunteered their time, labour, expertise, energy & joy.

Mar.6-13 Women in the Downtown Eastside. The 3rd floor art gallery was a space for photo displays and an info table for and about women in the community. It was a blend of resources and faces.

Muchos gracias to those who shared the energy, time and photos. This could become an annual (maybe budgeted???) event....

* Mar.8* I.W.D./88

Carnegie feted one of it's own! Sheila Baxter was guest speaker, expounding on her soon to be published book on women and poverty. "NO WAY TO LIVE" is both a compelling collection of personal stories and a call to action against such conditions.

We were also treated to a display of leather and bead work by Denny.

Submitted by Pam Fleming

PoeTrY

I sort of find it rather funny
 having to proceed through my turns
 all around again. A rather
 unique mix!
 - Funny thing is that the
 struggling and suffering has
 givin me some backbone.
 First you start doing things
 but only later to find that
 they have to change again.

ENOUGH!

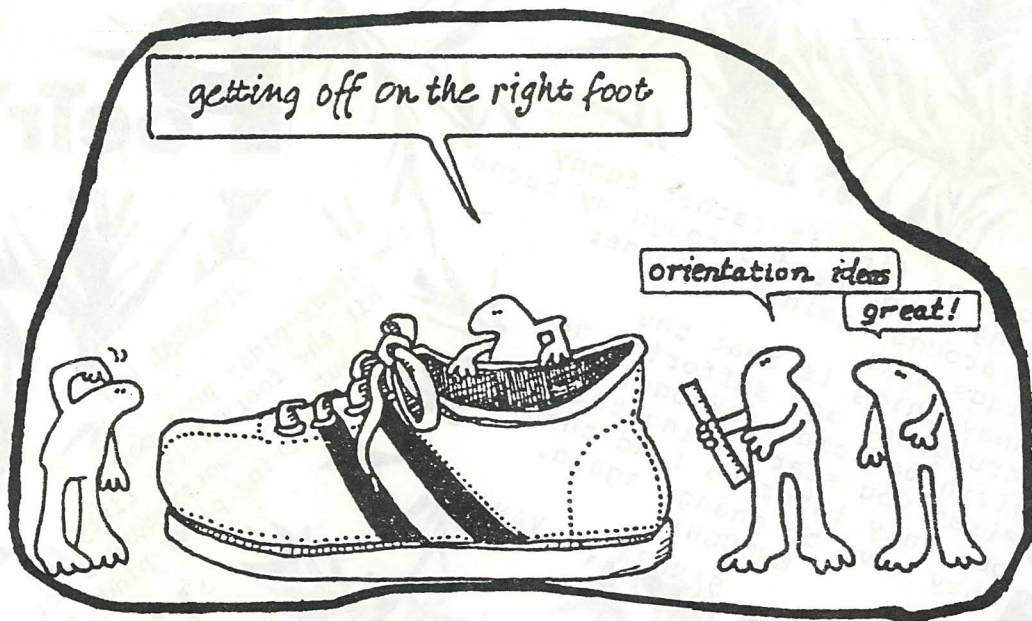
SANDRA M. VANTOL

WIMSICAL WOT?
 the piedy-piddy poot mot
 bit the footy-fotty fitty foo
 but murty-motty morked mot
 putting piedy-piddy poot mot oot

☺ sit...
 in envy of others

☺ watch...
 as time goes by

☺ do...
 nothing



Where would the Carnegie kitchen be without its volunteers? When you consider that most of the work is performed by the incredibly hard working volunteers, the answer is obvious. The patronage would be eating TV dinners and peanut butter sandwiches catered by staff.

Instead, the core of 20 kitchen volunteers lovingly labour over their made-from-scratch, nutritious meals, snacks, desserts, sandwiches and soups. Equally important are the 20 volunteers who operate the coffee concession and the demanding "runner" position. Together they comprise the heart & soul of the entire food service. Where would we be without them?

If you want to become part of the team, just contact any of the second floor staff.

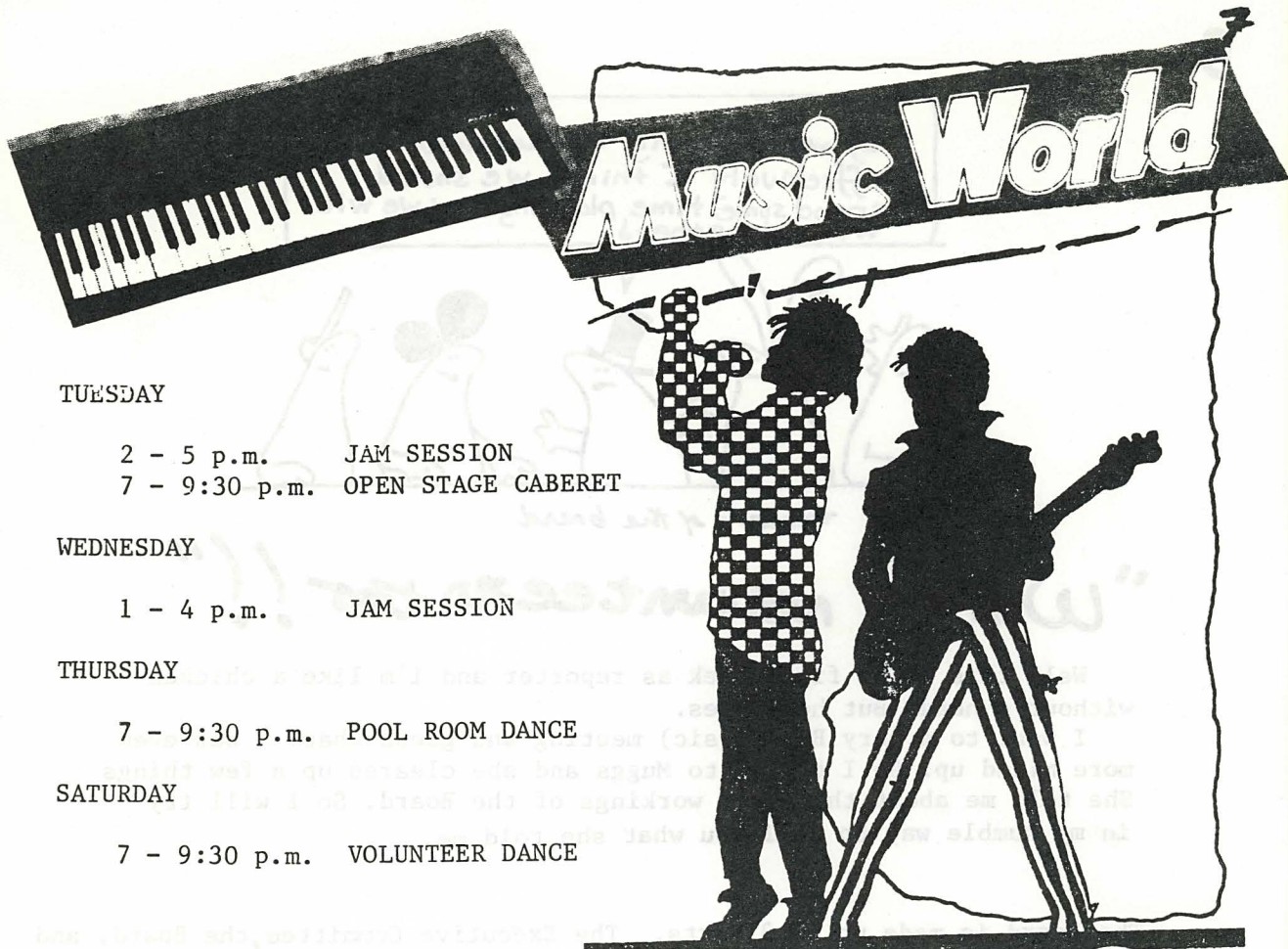
Bruce Jackson
Kitchen Co-ordinator

The Carnegie Community Centre Association named Roy Hubbard for the Parks Board Volunteer of the Year for the Downtown Eastside. His longtime friend, Sheila Bell, will be accepting the award on his behalf.

Paul Taylor has been nominated as Volunteer of the Year for the City of Vancouver.

The Awards Dinner takes place in April at the Hotel Vancouver, at which time all nominees are feted and this prestigious award is bestowed upon a single recipient.

GOOD LUCK, PAUL!!!



TUESDAY

2 - 5 p.m. JAM SESSION
7 - 9:30 p.m. OPEN STAGE CABERET

WEDNESDAY

1 - 4 p.m. JAM SESSION

THURSDAY

7 - 9:30 p.m. POOL ROOM DANCE

SATURDAY

7 - 9:30 p.m. VOLUNTEER DANCE

SPECIAL EVENTS

APRIL 2 (Saturday) Easter Parade & Party. 2-5; under 12 yrs.

APRIL 17-24: Volunteer Recognition Week

Special	Mon., 18th - Seniors Dance
Attractions:	Tues. 19th - Volunteer Dinner, Awards & Cabaret
	Wed. 20th - Bingo
	Thurs. 21st - Volunteer Workshops (daytime)
	Pool Room Dance
	Fri. 22nd - Workshops (daytime)
	Social Evening
	Sat. 23rd - Stage 401
	Sun. 24th - Second Hand Rose//Parade & Fashion Show

If we are going to function effectively I think we should spend some time planning how we will work together!



members of the board

"We're volunteers too!!"

Well this is my first week as reporter and I'm like a chicken without a head. But here goes.

I went to a very BOARD (sic) meeting and guess what? I was even more mixed up. So I talked to Muggs and she cleared up a few things. She told me about the inner workings of the Board. So I will try in my humble way to tell you what she told me.

The Board is made up of 3 parts. The Executive Committee, the Board, and the Committees. Here are the people who are your representatives. Sounds like parliament doesn't it?

Ex - Committee

President
Vice President
Treasurer
Secretary
Member at Large

Muggs Sigurgeison
Lillian Harrison
Bill Decon
Julien Levesque
Danny Korica



Board Members

Belle Mayers
Paul Taylor
Sheila Belle
Peter Sherstobitoff

Norman Mark
Jim Bahen
Sam Snowbeln
Irene Schmidt

Anton Koffman
Joe Boucher

Committee Members

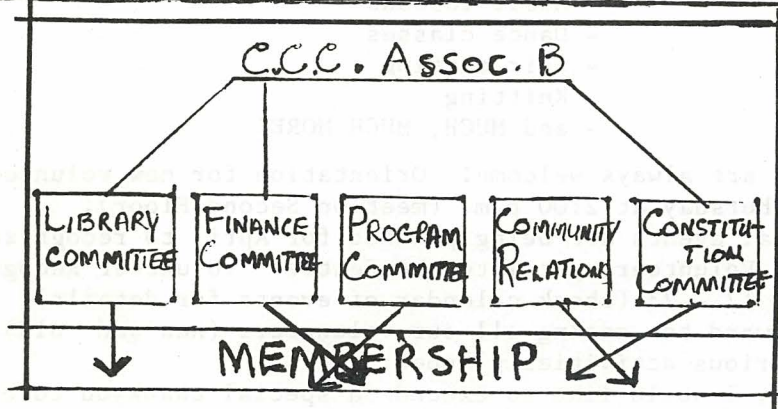
Library	Sam Snowbeln
Finance	Bill Decon
Program	Julien Levesque
Community Relations	Sam Snowbeln
Constitution	Jim Bahen

In order to have a vote any member must attend three meetings in a row. All recommendations must go through the various committees. Eg. Money, policy and action. At which time the Board will act or stall at the monthly Board meeting. The administration also started the Monthly Town Hall meeting.

This is where some of the money goes:

Program and Equipment Budget - \$1,000	Special events Budget \$1,000	Operating costs Budget - \$800
Volleyball Net \$100 Binge food coupons 300 Video rec: poetry 45 Video Camera <u>400</u> \$ 845	\$1,000 to audit costs	Newsletter \$ 400 Learning Centre 380 Telephone, zexoring etc.

CCCA BUDGET FOR THE MONTH OF MARCH 1988



So that's it! Well, not really. If you're interested in your community, come on out, bring your ideas, queries and - get involved too. Lots happening around here! Memberships to Carnegie are \$1.00 a year.

submitted by

Claude Allard



The Carnegie Volunteer Program is one of the most active, enthusiastic and rewarding elements of Carnegie, without which, Carnegie would be unable to service the community of the Downtown Eastside in the fashion which it does.

Numerous volunteers work daily providing all kinds of information, assistance, service, understanding and a sense of fellowship.

Currently over 170 volunteers work side by side with staff to provide the variety of programming and activities which take place.

Some of these activities include:

- Bingo
- Friday night films
- Cabarets and Dances
- Food preparation
- Library assistance
- Learning Centre tutors
- Poster making
- Music lessons
- Dance classes
- Hair cutting
- Knitting
- and MUCH, MUCH MORE!

Volunteers are always welcome! Orientation for new volunteers takes place every Thursday at 2:00 p.m. (meet on Second Floor).

Many special events are being planned for April to recognize all the work that our Volunteers put into the Centre. Volunteer Recognition Week is April 17 - 23 (check calendar of events for details).

I look forward to seeing all our volunteers (new and old) and welcome you to the various activities planned.

In closing, I would like to extend a special thankyou to everyone that has assisted me in "learning my job" and look forward to working with you in the future.

Sincerely Yours,

Donalda Viaud,
Volunteer Co-ordinator

BATTER UP!

LOOKING GOOD!

MAKE HIM PITCH TO YOU!

All euphimisms to that wonderful pasttime, baseball. And lookie here, folks, Carnegie has a team!

The first meeting took place on March 23/88 and fourteen hopefuls turned out. The Slow-Pitch League starts April 30/88, but there's still time to join up for the team. Tryouts are acheduled for April 2 and Jim Post is the man to see. The location and time will be posted. And hey, team spirit means coming out and enjoying the game as spectators too.

Coaching will be with Dennis Ralston.

Play Ball !!



? ? ? ? ? ? ? ? ? ? ? ? ? ? ? ?
Name the Team!

A CONTEST is open to everybody & a prize will be given. Just submit a name for Carnegie's baseball team. These can be left with Donalda.

SCORE BOARD

TRENDSETTERS

IN THE CORNER POCKET

Saturday, March 19th, saw the first Ladies Pool Tournament in over a year! Eight women entered this free event, which alone was a far cry from the lonely lady who came for the last one.

It was a double elimination one; meaning that you played different people each game and had to lose two games before being put out.

The winner of the trophy and the \$10 First Prize. Barb Gudmundson placed 2nd and Colleen won the prize for running the most balls without missing. These latter prizes were \$5 each.

Seniors' Beat

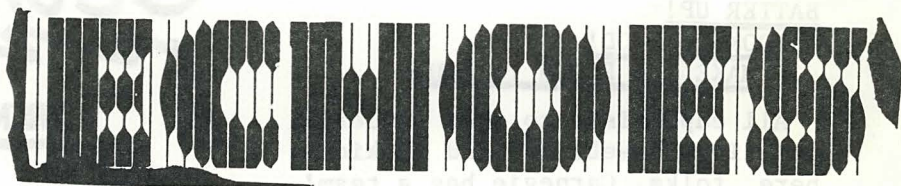
1988

BC
SENIOR
GAMES

ZONE 4

Carnegie Seniors are participating in these games! There have already been qualifying rounds for snooker and the two winners will go to the regional play-offs.

The winners of this next level will go on to the 'Olympics' in Vernon on June 14, 15, and 16.



I AM

The steady beat of not so heavy music filters through the air and rests itself upon my brain, letting myself relax, within myself, as I close my eyes to hallucinate on my eyelids, a rush builds at the base of my spine and climbs to my brain, exploding into a million tiny other rushes, which are sent crescendoing through the rest of my being and I realize that...I am

ORAN

MICMAC HERBAL MEDICINE

SUBMITTED BY MARY BASQUE, C.H.R. ESKASONI, NOVA SCOTIA

Sweet Grass

It is used for prevention of sickness. Every Micmac has some sweet grass in the house.

Strawberry Root – Atoamgeminagsi

Good for diarrhea – steep and give to children to drink. Also good for cramps.

Dogwood Tree – Epsemosi

Good for nerves – steep and drink liquid.

Pumpkin Seeds – Etjotjgl Sginamin

Good for bladder and kidney trouble. Bring water to boil, put in two handfuls of seeds and boil for about 20 minutes. Drink like tea, also known to be good for diabetes.

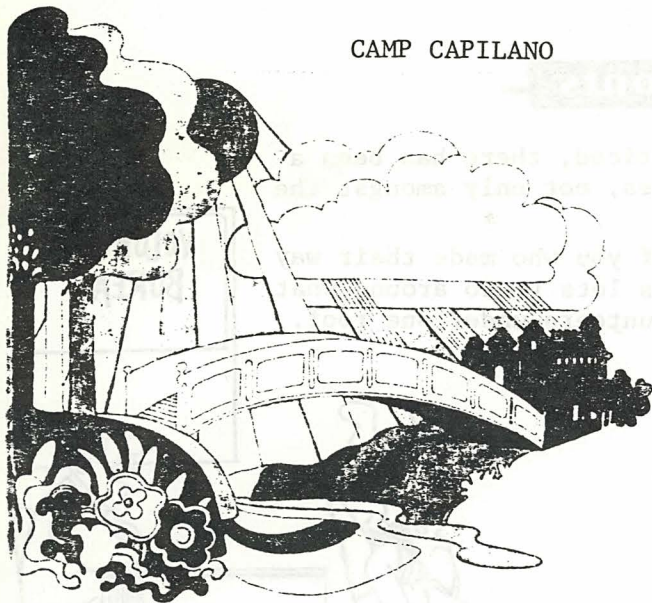
Princess Pine – Pasipgatjitjit

Good for bad flu or cold. It is much better when steeped together with tea berries (Gagatjoman). Drink as tea.



4th Annual International
Pow Wow
Celebration
May 6th, 7th, 8th / 88
at
Trout Lake Community
Centre
John Hendry Park
3350 Victoria Drive
Vancouver
Free Admission
For Information: contact
Wally Awasis
Gordon August
at
874-4231

CAMP CAPILANO



Submitted by Irene Schmidt

This wonderful retreat out in the wilderness happened February 21-24. I did not go out with the group on Sunday, but took the three buses the following morning.

Barney greeted me at the entrance to the campsite. He is the Camp Manager's dog and loves to eat our leftover food. Barney thoroughly enjoyed going on hikes with many of the campers.

A favourite passtime was walking to the Fish Hatchery. Donalda made arrangements for us to go on the Grouse Mountain Skyride for a dollar each.

We had a beautiful sunny day for the grouse Mountain trip. I found it much warmer when we reached the top of the Skyride than it was at the bottom. The view on the way up was breathtaking, and we spent an hour hiking on the trail. Mount Baker and the Lions were magnificent and I felt as if I could reach out and touch them.

13
It was very interesting watching the children ski and just relaxing in a peaceful setting, away from the concrete jungle. We really worked up an appetite and played Bingo after the chores were comple.

Donalda was great at making arrangements for special trips. She contacted the Capilano Suspension ridge receptionist and managed to get the Carnegie campers free admission. A group of us walked down to the bridge the next morning Atiba went with us and it gave her a chance to see how beautiful the surrounding was

We walked across the bridge and hiked on the trails on the other side. There was a pond with two ducks and a great number of rainbow trout. We were thoroughly disappointed in the phoney native artifacts being sold in the gift store at the site.

Phyllis and I came back by bus on Sunday evening and that was a real adventure. While waiting at the Kootenay Loop, a boy about 14 came over and asked us if we were moving - because of our sleeping bags and luggage. When we told him where we'd been, he was astonished! "Camp? Camp? You're crazy!"

I felt as if we were aliens from another planet. Then a bold one asked us for a smoke, and I said, "And you think we're crazy!"

The Parks Board has turned Camp Capilano over to the Greater Vancouver Regional District and they in turn want to lease it to the Elks Club for their exclusive use for the fee of \$1 a year. There will be a public meeting about this, and a lot of centres and schools who send kids to camp regularly are very upset. Donalda has more information.

Newsfronts

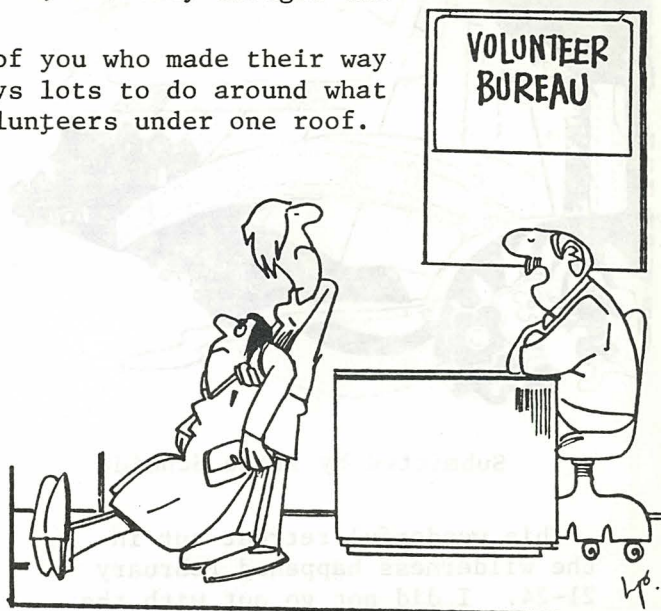
Hi Volunteers! As you may have noticed, there has been a few changes around Carnegie. New faces, not only amongst the volunteers but also with staff

Firstly, a big welcome to those of you who made their way to "Hastings and Main". There's always lots to do around what must be the largest community of volunteers under one roof.

Next, we have two new staff on the 2nd floor that we've come to know as Catriona, Kitchen Program Assistant, and Atiba, the Volunteer Program Assistant.

And we have a very able and caring Donalda, who is our new Volunteer Co-ordinator. Donalda comes to us after spending one and a half years at Thunderbird Community Centre as a Seniors Worker.

She was originally hired as a C.P.A. for Carnegie and made the transition to Co-ordinator in February of this year. Welcome aboard!



ACTUALLY, MISS RYERSON, WE PREFER A LITTLE MORE WILLINGNESS ON THE PART OF WOULD-BE VOLUNTEERS...

The Volunteer Support Group meets every 2nd Tuesday of the month in classroom #2 on the third floor of Carnegie. All volunteers are encouraged to attend. There's bound to be something on the agenda that's of interest to everyone. Bring your ideas, concerns, beefs and bouquets; these must be written up and handed to the Secretary or Chairperson no later than three days before the meeting date, if you want it to be put on the agenda.

Danny Korica held the position of Chairperson to the Volunteer Support Group for one year. For personal reasons, he has decided to relinquish those duties but is still involved as a volunteer in the Carnegie kitchen. Thanks Danny, for your time and efforts to a very demanding job.

Dan Billings was voted in as the new Chairperson at the March meeting. Dan volunteers as an income tax consultant, in the kitchen and has been on the coffee concession.

For a GUARENTEED lively, educational, enjoyable afternoon - come and join in the Volunteer Support Group Meeting. Free coffee!

Say "Hi" To a Volunteer



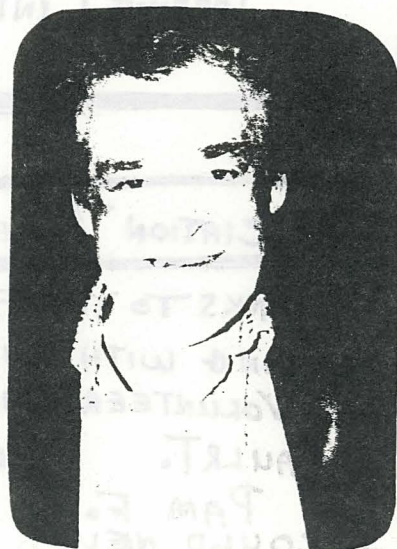
BILL WONG-has been at Carnegie for 16 months in the kitchen, 2nd floor Reception, and Coffee Concession. He will graduate this spring with a certificate as Institutional Aide. Good for you, Bill!



Sheila Baxter - past Association Board member; anti-poverty activist; former

street worker and presently a tutor in the Learning Centre. Whew! What a busy gal!

TED WOLASCHUK- Ted formally worked as machine molder in a foundry and has been a volunteer for about two years. He is the Art Gallery attendant on Wednesdays and Sundays. Ted celebrated hi 66th birthday on March 14th, so the Very Best to you, Ted.





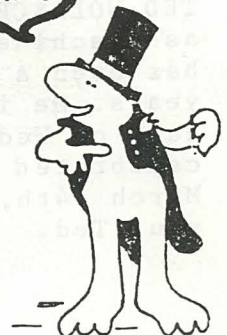
COMING EVENTS FOR APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					¹ Volunteer Popcorn Sale 6 - 9:30 p.m. Lobby	² Stage 401 7 - 9:30 p.m. Theatre
HAPPY EASTER ³	⁴ Seniors Dance 6:30 - 9:30 pm Theatre	⁵ Volunteer Support Group Meeting- 2 p.m. Classroom 2	⁶ Womens' Support Group 3 p.m. Oval Office	⁷ Volunteer Orientation 2:00 p.m. Second Floor	⁸ ↓	⁹ ↓
¹⁰	¹¹	¹² Seniors Meeting 2 p.m. Seniors Lounge	¹³ Seniors Hot Dog Sale 1 - 6 p.m. Lobby	¹⁴	¹⁵	¹⁶
¹⁷	¹⁸	¹⁹ Volunteer Dinner 5 p.m. Theatre	²⁰	²¹	²²	²³
²⁴ DEADLINE VOLUNTEER VOICE SUBMISSIONS	²⁵ ↓	²⁶	²⁷ ↓	²⁸ Watch for APRIL VOLUNTEER VOICE	²⁹	³⁰
	ARROWS	INDICATE WEEKLY EVENTS				

APPRECIATION TIME

THANKS TO THE FOLLOWING FOR
HELPING WITH THIS MONTH'S EDITION OF
THE 'VOLUNTEER VOICE: CLAUDE A.
PAUL RT. RUDY SANDRA V.
PAM F. CLAUDE M.
I COULD NEVER HAVE DONE IT ALONE!!
B.K.V.

THANKS



The UBC Library and UBC Learning Exchange would like to thank the following participant for his contributions to digitizing this community-generated document:

Graham Cunningham

This community-generated work was digitized and deposited to cIRcle, UBC's open access digital repository, as part of the *Digitizing Community Memories* project of the *Making Research Accessible in the Downtown Eastside initiative (MRAi)*. In collaboration with the UBC Learning Exchange and UBC Library, the project provided training and support for community members in the Downtown Eastside to digitize and make openly available community-generated materials. This project aimed to increase access to historic Carnegie Centre publications and preserve these unique materials for years to come.

For more information on this project and the UBC Learning Exchange, please visit learningexchange.ubc.ca

December 7, 2017