

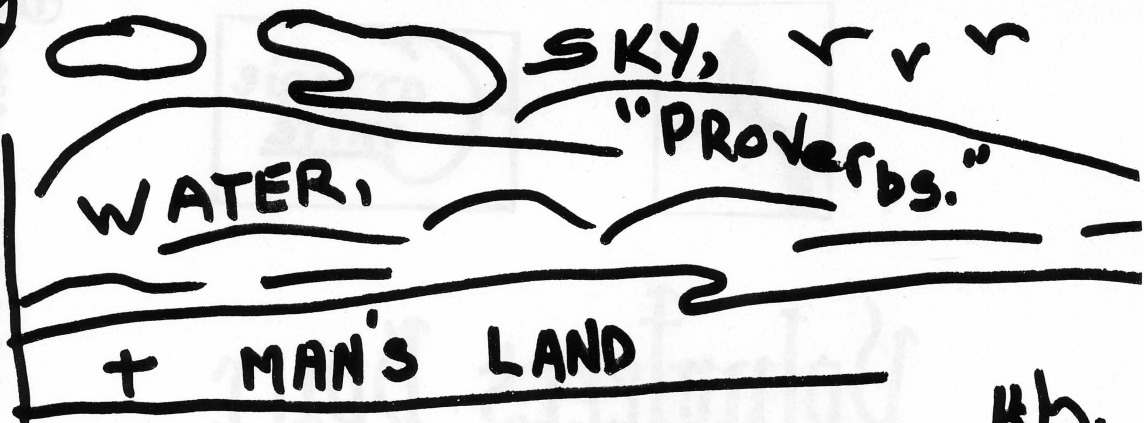


# Volunteer's Voice



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MARCH - 1985.



## The Wisdom of Giving

"They who give have all things," states the Hindu proverb. "They who withhold have nothing."

A Dutch proverb expresses it this way: "The generous man enriches himself by giving; the miser hoards himself poor."

Some give generously who give of their possessions. Others give substantially who share their talents.

Still others give significantly who give of their knowledge, wisdom, counsel and insight.

You are wise to rise to the challenge of Longfellow: "Give what you have. To someone, it may be better than you dare to think."

You can give yourself to your fellow man in a variety of ways. There is a time merely to listen to his problems.

There is another time simply to give of your presence. Often the greatest gift you can bestow on your friend is the assurance of your availability.

Remember the words of Albert Schweitzer:

"You must give some time to your fellow man. Even if it is a little thing, do something for those who have need of help, something for which you get no pay but the privilege of doing it."

You are wise to give while the need is greatest. Ponder the truth in the Italian proverb:

"A gift long expected is sold, not given."

— William Arthur Ward

Submitted BY "KATE" G,

# VOLUNTEER-VOICE WOMENS CENTRE

## 217 MAIN ST

### "EAST MEETS WEST SOCIAL"

Come and learn from your Chinese speaking Sisters.

Thursday, March 14th

1:30-2:30 - Music and Treats

### "PEACE ACTION DAY"

(info. + video) "Women + Peace"

Uncut footage of the women's gathering to stop the cruise in Cole Bay, Sask.

Aug. 1983. Several D.E. Women took part in the gathering.

(Home Video's)

March 26th

12:00-4:00pm

### "HER STORY:"

Delores Fisher recalls Vaudeville and Burlesque.

March 28th

1:00pm

### "W.O.A."

Women on Assistance, an ongoing support group with Shiela Baxter.

Call Centre for further information.

### "NUTRITION"

Nutrition on a small budget by Helen McMullen

March 19th

1:00-2:00p

### "ANNUAL GENERAL MEETING"

March 29th

2:00pm

DESIGNED BY BEWIX GRAPHICS

VOLUNTEER-VOICE

VOLUNTEER-VOICE

"I know something good about you"!

Wouldn't this old world be better if the folks we meet would say "I know something good about you and treat us just that way?

Wouldn't it be find and dandy if each handclasp, fond and true, carried with it this assurance -

"I know something good about you".

Wouldn't life be lots more happy if the good that's in us all were the only thing about us that folks bothered to recall.

Wouldn't life be lots more happy if we praised the good we see? For there's such a lot of goodness in the worst of you and me!

Wouldn't it be nice to practise that find way of thinking too? You know something good about me. I know something good about you?

Author:-

Louis C. Shimon

Everyone is born with a bird in his heart. To free that bird in the heart, what is needed is an unforgettable experience.

Anon

Submitted By: Jim Maloney.

The opinions expressed in the Volunteer Voice are those of the writers and not the Association.



VOLUNTEER VOICE

# NOMINATIONS

FOR  
NEW  
EXECUTES

APRIL 8<sup>TH</sup>

CLRM. II  
7<sup>30</sup> P.M.

Come  
Volunteers.

This is your  
Time.

VOLUNTEER VOICE

5  
VOLUNTEER VOICE

# DINNERS



## DINNERS :-

Sundays:- 5:30 P.m.

Price: — \$3.00 per  
FULL PLATE

Very Scrumptious,  
Very Tummy-yum Good

EVERYONE COME,  
BRING FAMILY AND  
FRIENDS. THANK-YOU.

## MENU.



Irish Stew - "Patrick's DAY."  
Soda Biscuits -  
"LEPRECHAUN Style."

## DESSERT:

Lime Sherbert: -  
'ALA SHAMROCK.'

## Beverage:

Coffee: - UN Irish Whiskey  
Spiked  
Sorry.

Time: - 5<sup>00</sup> P.M. - in Theatre.

March: - 17<sup>th</sup> 1985

Entertainment to follow

DANCE: - 7<sup>00</sup> P.M. - 9:30 P.M.

ALL WELCOME: - Cost: ~~3.00~~ 3.00



### Volunteer Hands

Four (4) hands did a marvelous job on the aspect of where their heart and care is.

The original Breakfast Chefs had made no appearance. So, Dan West and Kung Shun Lau came forward with no hesitation. Thank-you boys very much. Thank-you also Mary Brogan. IT IS NICE to be a Volunteer, but, it is nice also when one commits themselves to do a specific job, and does it, to their best ability. It makes you feel good and everyone around you good.

Please, try to abide by your commital, unless notification is given ahead of time the reason for not making your volunteer committal. Thank-you all again and give a smile, or a "HI"!

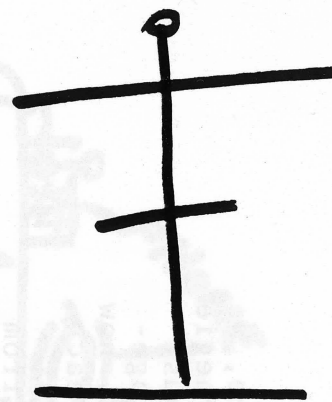
Humble Servant

Vice Chairperson,  
Katherine Galan.

P.S.

Thank-you Val Kalk = "Val. Co-ad"

# T.B. X-RAY



Many of you know that the North Health Unit's Downtown Eastside TB Project set up shop in the Carnegie Basement on February 28 and left on March 6.

During that time an estimated 360 people had chest X-rays as well as skin and sputum tests.

The X-ray machine will be at the Crosswalk ( 41 W. Cordova ) until March 13, at Crabtree Corners (101 E. Cordova) on March 14 and 15, at the Dugout (57, Powell St.) from March 18 to 20, and at the Chinese Cultural Centre (50 E. Pender) on March 21 and 22.

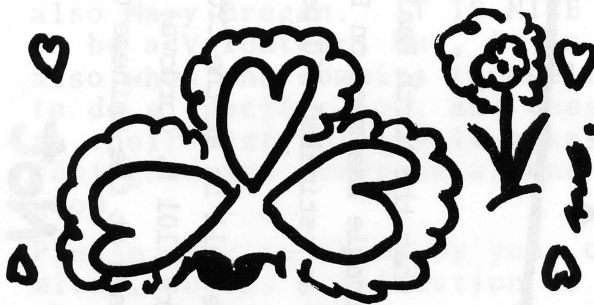
Do Not  
Miss  
Your turn.

Sam Snobelen

## CARNEGIE CENTRE

We love the Carnegie Centre, We  
love to volunteer, yes Carnegie  
is a nice place. But we must  
learn to keep our head's toge-  
ther and watch what we say, how  
we talk, have respect for each  
other's, because we love Car-  
negie, we can't keep away from  
here because we meet people here,  
I know, because I have worked  
here for 2 year's now and I love  
it here. There are some people  
that come into Carnegie that are  
down, and it help's to talk to  
them. I know because Ive been  
down and people have helped me  
just by talking to me. So let  
us keep up the good work, Car-  
negie, we love you.

Susan Adamson

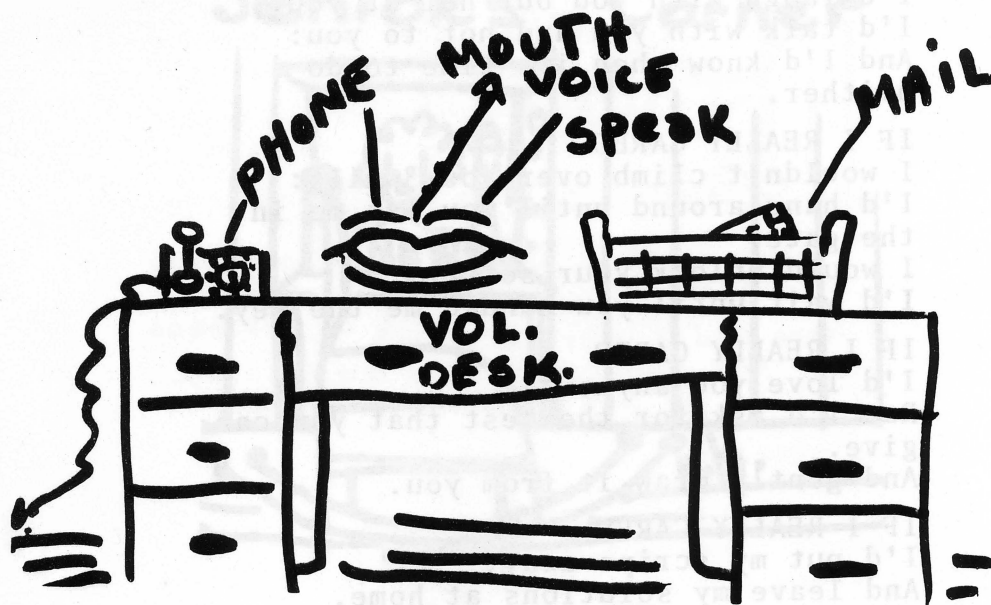


## MINDER - BENDER.

Read forward  
Rats live on no evil star  
Read backward

Submitted by:- Tom Burke





## IF I REALLY CARED

I'd look you in the eyes when you  
talk to me  
I'd think about what you're saying  
rather than what I'm going to say  
next.  
I'd hear your feelings as well as  
your words.

## IF I REALLY CARED

I'd listen without defending;  
I'd hear without deciding whether  
you're right or wrong;  
I'd ask you why, not just how and  
when and where.

## IF I REALLY CARED

I'd allow you inside of me;  
I'd tell you my hopes, my dreams,  
my fears, my hurts;  
I'd tell you where I've blown it  
and when I've made it.

Cont'd  
PAGE 12.

12

IF I REALLY CARED  
I'd laugh with you but not at you:  
I'd talk with you and not to you:  
And I'd know when its time to do  
neither.

IF I REALLY CARED  
I wouldn't climb over your walls:  
I'd hang around until you let me in  
the gate.  
I would unlock your setrets:  
I'd wait until you handed me the key.

IF I REALLY CARED  
I'd love you anyhow:  
But I'd ask for the best that you can  
give.  
And gently draw it from you.

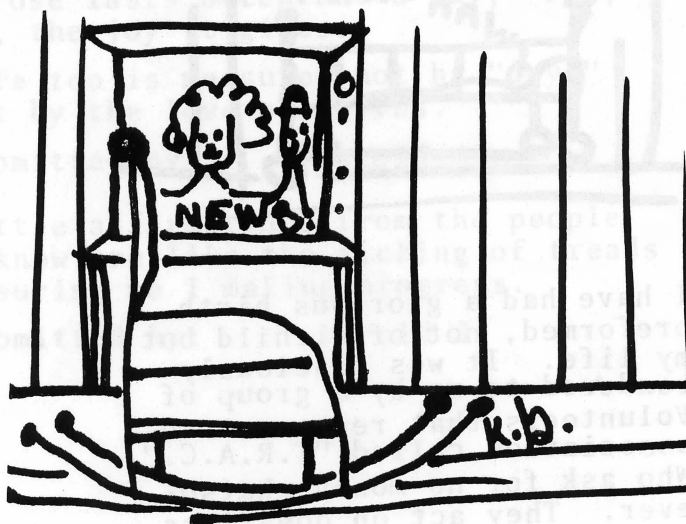
IF I REALLY CARED  
I'd put my scrips away.  
And leave my solutions at home.  
The performances would end.  
We'd be ourselves.

ANON

HAPPY BIRTHDAY  
DON BATEMAN  
MARCH 10<sup>TH</sup>

## Senior's Corner

13



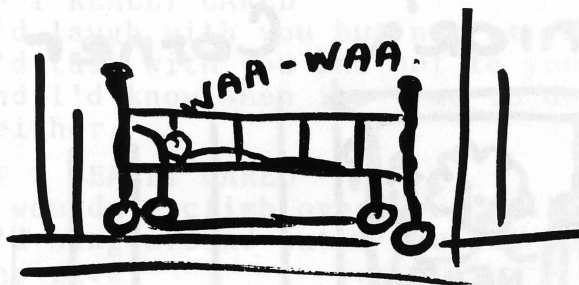
Had the privilege to chat with Mr. Gordon Kovarchuk, who at the age of 68 years, does Volunteer work, by just being around when needed.

Does shopping, takes laundry out for those who can't, takes walks with them. He resides in lodge for Seniors. He tells me the lodge is the only place he works from. This is his way of doing what he calls "my heart and my body, is for those who need my services." Gordon has been at this 6½ years. Seven days a week. He is very happy-go-lucky chap. I would like to have him visit us someday and see our Volunteers at work. This would give to him and us the great feeling of knowing we are in it alone.

So I say for Gordon Kovarchuk, wonderful, thank-you, from all Carnegie Volunteers, Old, young and handicapped.

Editor,

I remain, Katherine Galan.



I have had a glorious birth preformed, not of a child but my life. It was graciously rendered to me by a group of Volunteers that represent an association called "T.R.A.C." Who ask for no money whatsoever. They act on donations, if you can afford, if not, it will not stop them from giving you aid, in your tenancy problems.

I really don't know how I can say, thank-you Dear People, you are the greatest. Only hope, I as a Volunteer also, but in a different capacity can and will give my help to you also, or in your name help others. My life is in your hands, with all my thanks to you, greatest lovers of all Humans.

Volunteers are the most caring heartfelt people.

Thank -you, Thank -you.

Wholeheartedly your humble servant.

Vice Chairperson,  
Katherine Galan.

# VOLUNTEER-VOICE

## A Rose

A rose lasts often but a day, but,  
oh, the joy it gives.

Life too is measured not by "days"  
but by the love one gives.

Submitted by: Harold J.

Little affirmations from the people  
I know are like the ticking of treads  
assuring me I making progress.

Submitted by: Harold J.

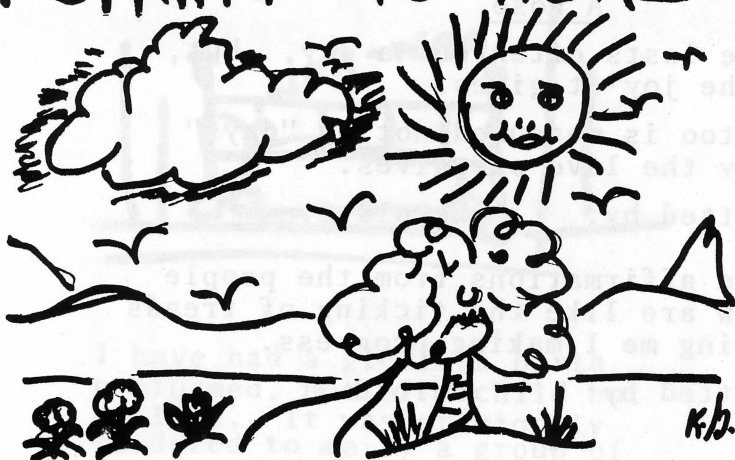


Thankyou for all who open arms to  
welcome me into the circle of love  
surrounding them and theirs.  
Thankyou for all who understand  
that in you we are one family.

Submitted by: Harold J.



# 16 !!! SPRING IS HERE!!!



Springtime is here at Carnegie Centre. The air outside is lighter and brighter and we are so busy. Sometimes it seems that theres no place to even stand.

Theres lots of new faces on the 2nd floor. Several new hardworking Volunteers. And also a new Recreation assistant - Sue Gawin, who started as a volunteer.

New activites on the 2nd floor:

Tues 6-8 Thur 7:30-9:30

Beadwork with Susan Adamson

Sun 7-9 - weightroom for women only  
Supervised by Sue Gawin.

Wed 4-6 - bannock making with  
Ann Wilson and Garnet Ross

Any ideas for new programs?????

Please let me know.

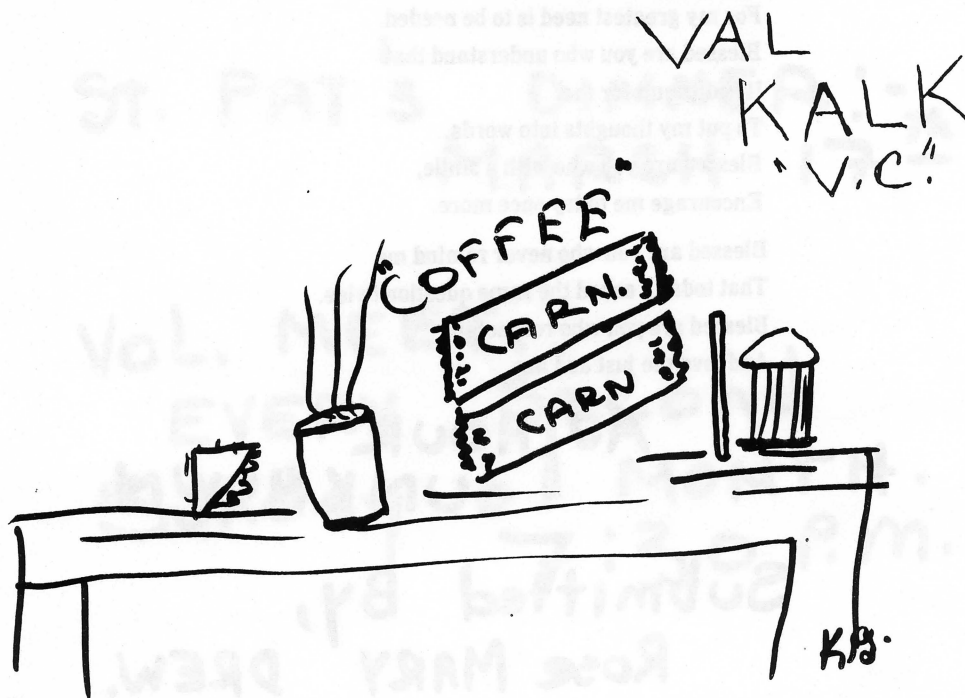
Thanks,

Nancy S.



# Tickets

Volunteers at the reception desk are now issuing "coffee tickets." However, tickets can only be given to volunteers who have their cards signed and numbered by a staff person. This change over is to make it easier for the volunteers to get their tickets and also that a record can be kept of how many tickets are given out. Thanks for your co-operation.



16  
FRIENDS OF HANDICAPPED.

For Friends of the Handicapped:

Blessed are you who take the time

To listen to difficult speech,

For you help me to know that

If I persevere,

I can be understood.

Blessed are you who never bid me to "hurry  
up"

Or take my tasks from me

And do them for me,

For I often need time rather than help.

Blessed are you who stand beside me

As I enter new and untried ventures,

For my failures will be outweighed

By the times I surprise myself and you.

Blessed are you who asked for my help,

For my greatest need is to be needed.

Blessed are you who understand that

It is difficult for me

To put my thoughts into words.

Blessed are you who with a smile,

Encourage me to try once more.

Blessed are you who never remind me

That today I asked the same question twice.

Blessed are you who respect me

And love me just as I am.

AUTHOR  
UNKNOWN.

Submitted By,  
Rose MARY DREW.

VOLUNTEER  
Schedule.

MARCH.

DINNERS: - MARCH 19<sup>TH</sup>DANCE: MARCH - 14<sup>TH</sup> + 28<sup>TH</sup>  
7<sup>00</sup><sub>P.M.</sub> to 9<sup>30</sup><sub>P.M.</sub>ST. PAT'S DINNER: -  
MARCH 17<sup>TH</sup>

VOL. MEET.

EVERY Second

Sunday of MONTH.  
7:30 P.M.

20.

The MONTH OF  
MARCH: —

HAPPY BIRTHDAY

ALL Seniors  
AND

Volunteers

MANY MORE YRS.  
TO GO. LOVE  
"U."

The UBC Library and UBC Learning Exchange would like to thank the following participants for their contributions to digitizing this community-generated document:

**Joseph Sparovec; Debra McNaught**

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November 22, 2017