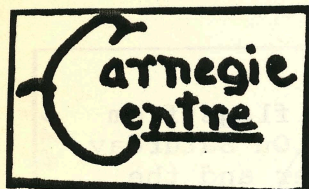


Nov 83
NTEER VOICE VOLUNTEER VOICE



Volunteers Voice

VOLUNTEER VOICE VOLUNTEER VOICE

IF WE ARE ON STRIKE AND CARNEGIE IS CLOSED
SOME INFORMATION FOR YOU

SOME EFFORTS HAVE BEEN MADE TO DECLARE CARNEGIE AN "ESSENTIAL SERVICE." IF IT WAS DECLARED AN ESSENTIAL SERVICE, THAN THE BUILDING WOULD NOT CLOSE DUE TO ANY STRIKE. HOWEVER, THIS IS NOT LIKELY TO OCCUR AT THIS TIME.

SO, VOLUNTEERS AND INDIVIDUALS ARE TRYING TO SET-UP SOME ALTERNATE SERVICES FOR YOU. AT THIS TIME VOLUNTEERS WILL WORK OUT OF FIRST UNITED CHURCH at 320 EAST HASTINGS NEAR GORE (ONE BLOCK EAST OF CARNEGIE). COFFEE, FOOD AND SOME RECREATION WILL BE PROVIDED. VOLUNTEERS ARE NEEDED. PHONE 681-8365 FOR FURTHER DETAILS IF THERE IS A STRIKE.

HARBOR LIGHTS ON CORDOVA STREET BETWEEN COLUMBIA AND ABBOTT HAVE A 24 HOUR DROP - IN. COFFEE AND PEOPLE TO LISTEN TO YOU WILL BE AVAILABLE. THE OFFICE IS JUST BEFORE THE "TRAVELLERS HOTEL."

EMERGENCY INCOME ASSISTANCE IS LOCATED IN THE ITALIAN CULTURAL CENTER AT 3075 SLOCAN. (12th AND SLOCAN).

THERE WILL BE MORE PLACES THAT INFORMATION AND SERVICES WILL BE SUPPLIED BUT THIS IS HOW IT STANDS AT THE MOMENT.

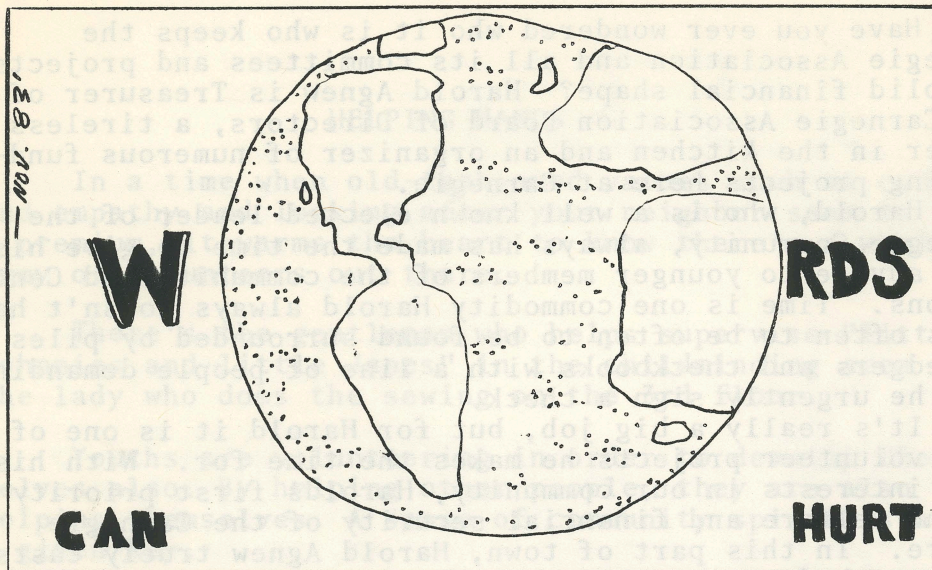
Nov 83

VOLUNTEER VOICE VOLUNTEER VOICE

LIFE OF A VOLUNTEER BY HAROLD JOHNSON

Starting with Friday, I went to pick up flags from the EUROPEAN CONSULATES for folk fair. On Saturday I started putting up flags in the theater and the platforms for the seating and setting up the chairs on the platforms and adjusting the spotlights on the flags and for the performers and working in the kitchen and working all day Sunday in the kitchen. On Monday i put all the platforms back in the underground parking lot and stacking them up and losing my set of keys down the elevator shaft so that I had to borrow another set of elevator keys and taking down the flags to deliver back to the consulates on Tuesday. On Tuesday morning I wrapped cookies for the Volunteer cookie sale caper and took the flags back to the consulates. THEN I had to develop two pictures for the VOLUNTEERS of the month and told by NANCY SWEEDLER TO WRITE SOMETHING FOR THE VOLUNTEER VOLUNTEER VOICE. So I wrote about what I did today. I wrote it out first then i typed it out. THIS INSANE BLAB BY HAROLD JOHNSON. EXCUSE ME FROM THE TYPING AND ERRORS FROM THE INSANE TYPIST. HAROLD JOHNSON.

This edition of the Volunteer
Voice has been put together
by Jim Gorman, Ron Sostad,
and Nancy Sweedler and to
all those who submitted
articles and cartoons,
thank you.



THE PROBLEM WITH COMMUNICATION

Learning to communicate is very important for the volunteer. Communication is a form of creating rather than just sending ideas or messages.

Assuming what someone is going to say and do can be the most inherent problem in relation to the volunteer and staff.

People react to what is said, or to what we thought was meant by what was said, due to filters, opinions and prejudices.

Because we live in a world of words, perhaps we think we have no need to study the effect words have on you and your nervous system. People are destroyed physically and mentally by words every day--people who could have avoided many problems had they understood more about what words do.

RON SOSTAD

Have you ever wondered who it is who keeps the Carnegie Association and all its committees and projects in solid financial shape? Harold Agnew is Treasurer of the Carnegie Association Board of Directors, a tireless worker in the kitchen and an organizer of numerous fund-raising projects here at Carnegie.

Harold, who is a well known elected leader of the Carnegie Community, always has made the time to give his sage advice to younger members of the community and Centre patrons. Time is one commodity Harold always doesn't have. He is often to be found surrounded by piles of ledgers and checkbooks with a line of people demanding that he urgently sign a check.

It's really a big job, but for Harold it is one of many volunteer projects he makes the time for. With his many interests in our community, Harold's first priority is the welfare and financial security of the Carnegie Centre. In this part of town, Harold Agnew truly casts a giant shadow.

TOM CROWE

A friend is someone who understands you,
A friend is someone who you can talk to.
A friend is someone who treats you in a
Very special way.
And when it comes to say good-bye,
They leave teardrops in your eyes.

Harold Johnson

HELPING HANDS

In a time when old-fashioned values such as courtesy and empathy and looking after your neighbor seem to be at a premium, it warms the heart to know there's a whole army of volunteers out there.

There's the gentleman who helps supervise "little Johnnies and little Janes" in the childminding area and the lady who does the sewing on the 3rd floor.

Youths are volunteering in order to develop themselves also. By helping other people, they are also helping themselves. A sense of community spirit is also a given key.

Young people, often slammed by their elders as self-centered and lacking in humanitarian instincts are proving their critics wrong. The youth rummage sale held in February, 1983 was a success as well as the weekly youth dinners.

Some become involved as a requirement of probational rulings but other youths do so on their own initiative. Many youths between the ages of 13 and 26 do volunteer work for sheer pleasure. Volunteer work is a way for students to check out career opportunities. They also feel useful. After all, if the youths weren't getting something good out of it, they wouldn't do it. That seems to be the bottom line in volunteerism today

Rayleen Solvason
Youth Worker

VERY WARM CONGRATULATIONS TO SUSAN ADAMSON AND KATHERINE GALAN WHO ARE THE VOLUNTEERS OF THE MONTH OF NOVEMBER. THEY HAVE ALSO BEEN ELECTED PRESIDENT AND VICE-PRESIDENT OF THE SENIORS. BOTH OF THESE FINE WOMEN HAVE BEEN DEDICATED TO CARNEGIE, AND WISHES FOR SUCCESS IN THEIR NEW POSITIONS COME FROM US ALL!!!

The fourth annual East Side Folk Festival has successfully come and gone. The response from the public was excellent. One person went so far as to say "It was the best day I've had in twenty years".

To organize and put on such an event for free the Carnegie Centre relied heavily on volunteer help.

Needless to say, the volunteer group came through with flying colors. Their hard work and dedication to the success of the Folk Festival was invaluable; truly a difficult job well done. Hats off to the volunteers !

THIS IS WHAT VOLUNTEERING IS ALL ABOUT: GIVE TIME EFFORT, RESPECT AND A GREAT FEELING OF ACCOMPLISHMENT OF ONE'S SELF TO YOU AND YOUR FELLOW PERSONS. LOVE, IN BEING ABLE TO SAY, "HEY! I'M NOT A VEGETABLE OR A HAS-BEEN. IT TAKES GUTS, LOVE AND WANTING, FREELY FOR ALL."

Katherine Galan

SUSAN ADAMSON

Everyone knows the warm smile and cheery good nature of Susan Adamson, a most extraordinary Carnegie Centre volunteer.

Not many volunteers can say as she does: "Since I started coming here, I've only missed six days of work. And sometimes I put in from 10:00 in the morning until 9:30 at night." Susan started coming to the Centre July 6, this year.

Peeling potatoes at the time she was interviewed, Susan works many of her hours in the kitchen. At other times she can be found selling coffee or busy at other necessary work.

Of all this activity she says: "It helps me to forget I'm diabetic." She says she is able to control her diabetes with pills, without taking daily shots of insulin.

Susan has had other health problems. After a fall on some stairs resulted in a slipped disc, she has had two back operations. "They didn't think I was going to walk after the last one," she says, but she proved the experts wrong.

It was the need for medical treatment that brought Susan from the Ahousaht area, near Tofino, where she was born that brought her to Vancouver on April 1st this year.

Susan has been on the Community Involvement Program and will receive her last CIP cheque in December. "I spend \$46 a month taking the bus down here every day," she says. However, she expects to continue her work at the Centre even without CIP help. For that reason, she allowed herself to be voted in as Senior's President for a six-month period, starting in October.

ERIC ERICKSON

VOLUNTEER RUMMAGE SALE

The volunteer committee held a rummage sale on October 29th, 1983. All who participated considered it a great success. We gathered together at 7:30 a.m. at the Ovaltine Cafe. When I arrived, Katherine Galan, John Barney and Jeffrey Marshall were already having their second cup of coffee. Soon after, in came Martin Baker and Peter Shersibitoff. At 8:00 sharp we went over to Carnegie and began to set up for the sale. In no time at all everything was in place thanks to several dedicated volunteers who had worked in the days before the sale, to put everything in order. Katherine had spent endless hours sorting, repairing and sewing clothes for the sale; Peter S. had put up posters around the neighborhood, advertising the sale; Gunther Zott had baked three cakes to be sold; John Barney helped with all aspects of preparing for the sale and was a constant support; Rayleen Solvasen and Jeffrey Marshall tagged articles for the sale. On the day of the rummage sale we all worked together for many hours. Susan Adamson joined us to sell some goods.

At the end of the day the money was counted and over \$200.00 was made on the sale. We worked hard, had a good time and felt that our labours were worthwhile.

Thanks go also to the Free Spirit Music Guild who played melodic music for several hours.

NANCY SWEEDLER

CHILD MINDIN'

What are we doing? Trying to be a positive, accepting, non-violent, non-sexist resource for the children of our community.

CHILD MINDIN' still desperately needs more volunteers as we would like to offer this service every day, any time we're needed but we can spread ourselves so thin; much of what we do hardly seem enough.

We try to allow as much freedom of choice as does not conflict that freedom for others--not an easy ballance that.

This is about a third of the original artical, so as not to hog space.

G. McLeod

Everything drips and sparkles with sundrops.
And the sun warms me after the cool rain,
Refreshing rain.
The gentle breeze wipes away the grey clouds.
And shakes the drips away from my head.
Me? I am a leaf on the tree on the edge of the
Clearing.

Harold Johnson

LEARNING CENTRE NEWS

A warm hello is extended to the Carnegie Community from myself, Cam DeLong. I'm looking forward to working with Alan Creighton-Kelly, other members of the staff, and especially the volunteers.

I will be trying to start a Learning Resource Centre in Classroom 1, from 4:30 p.m., Monday to Friday. We will try to make the Centre a Drop-in type of educational facility, both open and relaxed in atmosphere.

It is our long term goal to make the Learning Resource Centre self-sufficient, which means we will be needing 15 - 20 volunteer tutors. These people will eventually supervise the Centre.

If you are confident in either your basic English or Math skills and enjoy working with people, we are in need of your volunteer services! We will be providing, in the future, workshops focussing on tutoring skills and orientation. If you are at all interested, see me, Cam DeLong, in classroom 1 between 4:30 and 10:00 p.m., or Alan Creighton-Kelly in the 3rd floor Rec. Office.

CAM DELONG

The views and opinions expressed in cartoon or written which appear in the Volunteer Voice are the expressed views and opinions of the authors and not those of the Carnegie Community Centre or the Volunteer Committee of the Carnegie Centre.

Coming Events

Nov. 13th - Volunteer Meeting 7:30 p.m.

Elections for:

Vice - Chairman

Secretary

Treasurer

Editor the Volunteer Voice

Nov. 15th - Volunteer Dinner - Theatre

5P.M.

Menu:

Spaghetti and Meatballs

garlic bread

Salad

dessert

Dec.4th - Volunteer Meeting and Small

Party -- Meeting 7:30

Menu for Volunteer Party:

petit sandwiches

special cookies

ice cream

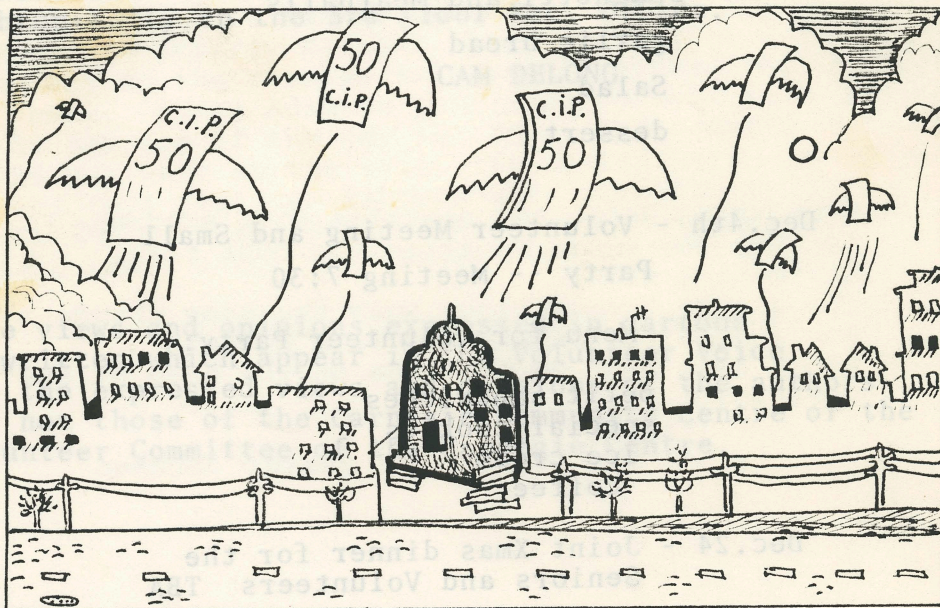
coffee

Dec.24 - Joint Xmas dinner for the

Seniors and Volunteers TBA

Life is like a road full of ups and downs. When something goes wrong, its like a hole in the road. You have to fill in that hole with a solution and ' continue walking Life's road until you come to a sharp curve of discouragement. Talk to someone about it and you will find it easier to get around that curve. Once you're around that curve you can see a straight stretch. Things seem better. Now you don't have a worry in the world. You're walking along thinking and everything is alright. Then you come to the bumpiest part which is depression. You don't know which way to turn. Talk with someone about your feelings and you will find peace within yourself again and you will be able to continue your journey on the road of life.

Ed White



MONEY FLIES OUT OF C.I.P. VOLUNTEERS POCKETS

The UBC Library and UBC Learning Exchange would like to thank the following participants for their contributions to digitizing this community-generated document:

Joseph Sparovec; Debra McNaught

This community-generated work was digitized and deposited to cIRcle, UBC's open access digital repository, as part of the *Digitizing Community Memories* project of the *Making Research Accessible in the Downtown Eastside initiative (MRAi)*. In collaboration with the UBC Learning Exchange and UBC Library, the project provided training and support for community members in the Downtown Eastside to digitize and make openly available community-generated materials. This project aimed to increase access to historic Carnegie Centre publications and preserve these unique materials for years to come.

For more information on this project and the UBC Learning Exchange, please visit learningexchange.ubc.ca

November 22, 2017