

1 **Elevated Nerve Growth Factor and its Receptor Levels in Endometriotic Tissues are**  
2 **Associated with Deep Dyspareunia**

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17 **Capsule:** We demonstrate the association of nerve growth factor (NGF) and its receptor levels  
18 with deep dyspareunia in women with endometriosis, and the stimulatory effect of NGF on  
19 prostaglandin E2 in endometriotic stromal cells.

20 **Disclosure:** The authors have nothing to disclose.

21 **ABSTRACT**

22 **CONTEXT;** Deep dyspareunia (pelvic pain with sexual intercourse) affects half of women with  
23 endometriosis, but the underlying mechanisms are unclear.

24 **OBJECTIVE:** To investigate whether nerve growth factor (NGF) and its receptor  
25 (TrkA/p75NTR) levels in endometriotic tissues are elevated in women with deep dyspareunia.

26 **DESIGN:** *In vitro* study.

27 **SETTING:** University hospital affiliated research laboratories.

28 **PATIENTS:** 34 women with endometriosis in the posterior pelvic compartment (cul-de-  
29 sac/uterosacrals) were included, either with (n=18) or without (n=16) deep dyspareunia  
30 symptoms which was confirmed by endovaginal ultrasound-assisted palpation on examination.

31 **INTERVENTIONS:** None.

32 **MAIN OUTCOME MEASURES:** Utilizing surgically excised cul-de-sac/uterosacral  
33 endometriosis, expression of NGF/TrkA/p75NTR was examined by immunohistochemistry and  
34 Histoscore. Cultured endometriotic stromal cells (ESCs, n=3) were incubated with/without NGF  
35 and/or Trk inhibitor K252a. Prostaglandin-endoperoxide synthase-2 (PGST-2/COX-2) mRNA  
36 and protein levels were examined by RT-qPCR and Western blot, respectively. Prostaglandin E2  
37 (PGE2) secretion were examined by ELISA.

38 **RESULTS:** NGF/TrkA/p75NTR were expressed in the epithelium and stroma of the cul-de-  
39 sac/uterosacral endometriosis, and were significantly elevated in women with deep dyspareunia  
40 compared to women without deep dyspareunia. NGF immunoreactivity in the stroma was also  
41 significantly associated with deep dyspareunia severity and with nerve bundle density. In

42 cultured ESCs, NGF significantly increased PTGS-2/COX-2 mRNA and protein levels as well as  
43 PGE2 secretion, and these effects could be abolished by pretreatment of K252a.

44 **CONCLUSIONS:** Elevated NGF/TrkA/p75NTR levels may be associated with sexual pain (deep  
45 dyspareunia) in women with cul-de-sac/uterosacral endometriosis. This association may be  
46 mediated by an increase in nerve bundle density and by COX-2 and PGE2 stimulation via Trk  
47 receptor.

48 **Key words:** NGF, TrkA, endometriosis, dyspareunia, prostaglandin E2

49

50 **INTRODUCTION**

51 Endometriosis affects approximately 10% of women world-wide, and is a common cause of  
52 infertility and pelvic pain. It is an estrogen-dependent gynaecological disease that is characterized  
53 by the presence of endometrium-like tissue explants (epithelium and stroma) outside the uterus  
54 (1). The endometriosis explants are often found elsewhere in the pelvic cavity, such as on the  
55 ovaries or in the posterior compartment of the pelvis (the cul-de-sac peritoneal fold between the  
56 uterus and rectum, bordered by the uterosacral ligaments on either side) (2).

57 Endometriosis is a major cause of pelvic pain with sexual intercourse (deep dyspareunia), as  
58 deep dyspareunia is present in half of women with endometriosis (3,4). Deep dyspareunia has  
59 been shown to have a major detrimental impact on women's quality-of-life (5,6). However, the  
60 mechanism of endometriosis-associated deep dyspareunia is still not well understood. Previous  
61 work has shown that endometriosis of the cul-de-sac/uterosacrals is more likely to be associated  
62 with deep dyspareunia, compared to endometriosis of other pelvic sites (7,8). This finding is  
63 consistent with the anatomic location of the cul-de-sac/uterosacrals at the top of the vagina  
64 between the uterus and rectum, which is likely to be contacted during intercourse. However, not  
65 all women with endometriosis of the cul-de-sac/uterosacrals experience deep dyspareunia, and  
66 there can also be heterogeneity in the severity of pain with intercourse (8). Moreover, not all  
67 women with deep dyspareunia respond to the traditional hormonal therapies for endometriosis (9).

68 Thus, additional factors must modulate whether cul-de-sac/uterosacral endometriosis causes  
69 pain with intercourse or not. Possible factors include local inflammation and local neurogenesis  
70 in the endometriotic lesions. Prostaglandin E2 (PGE2) production by prostaglandin-endoperoxide  
71 synthase-2 (PTGS-2/COX-2) is known to a critical inflammatory factor in endometriosis (10). In  
72 addition, we previously showed that in women with cul-de-sac/uterosacral endometriosis, women

73 with deep dyspareunia had an increase in nerve bundle density around the endometriotic lesions,  
74 compared to women without deep dyspareunia (11).

75 Nerve growth factor (NGF) is an important endocrine regulator for neuronal growth, and  
76 plays essential roles in regulating neuronal survival and maturation (12). NGF is known to  
77 contribute to pain associated with variety of medical conditions such as rheumatoid arthritis and  
78 cancer (13). NGF, its high affinity receptor TrkA, and its low affinity receptor p75NTR, have  
79 been immunolocalized in endometriotic tissues (14). Additionally, increased NGF levels have  
80 been found in peritoneal fluid from women with endometriosis compared to women without  
81 endometriosis (15). However, whether NGF and its receptor levels in endometriotic tissues are  
82 associated with endometriosis-related pain, especially deep dyspareunia, is still unknown.

83 In this study, we investigated the role of nerve growth factor (NGF) and its receptors in local  
84 neurogenesis and inflammation. Specifically, we examined the location and expression of NGF,  
85 TrkA and p75NTR in endometriotic tissue from women with cul-de-sac/uterosacral endometriosis,  
86 either with or without deep dyspareunia. We also studied whether this relationship is mediated by  
87 an increase in local nerve bundle density, and whether NGF regulates PTGS-2/COX-2 expression  
88 and PGE2 secretion in cultured endometriotic stromal cells.

89

## 90 MATERIALS AND METHODS

### 91 Study sample and sample collection

92 This study was approved by the Research Ethics Board of the University of British Columbia,,  
93 and involves a retrospective component (H11-02563) and prospectively obtained endometriosis  
94 tissues after informed consent (H11-00536 and H14-03040).

95 The retrospective component of the study has been described in our previous study (11). We  
96 obtained archived endometriosis specimens from laparoscopic excision of cul-de-sac/uterosacral  
97 endometriosis. These patients were divided into two groups: 1) Cases (n = 18) with cul-de-  
98 sac/uterosacral endometriosis who reported the presence of deep dyspareunia (severity rated 1-  
99 10/10), which was objectively reproduced by tenderness on palpation of the cul-de-  
100 sac/uterosacrals by endovaginal ultrasound-assisted pelvic exam prior to surgery (16); and 2)  
101 Controls (n = 16) with cul-de-sac/uterosacral endometriosis who reported the absence of deep  
102 dyspareunia (0/10) and who had no tenderness on palpation of the cul-de-sac/uterosacrals. We  
103 excluded any patients with Stage IV endometriosis associated with obliteration of the cul-de-  
104 sac/uterosacrals by severe endometriosis, as this sub-type of endometriosis is already well known  
105 to be associated with deep dyspareunia (8). Immunohistochemistry for NGF, TrkA and p75NTR  
106 was performed on this retrospective dataset. We also obtained the nerve bundle density from each  
107 case from our previous study (11), which was assessed by immunohistochemistry for the pan-  
108 neuronal marker protein gene product 9.5 (PGP9.5). All experiments were done blinded to the  
109 group (i.e. case or control).

110 In the prospective component of the study, surgically excised endometriosis was prospectively  
111 obtained for primary culture of endometrial stromal cells (ESCs) (n = 3), in order to assess the  
112 effect of NGF on PTGS-2/COX-2 expression and PGE2 secretion.

113

114 **Antibodies and reagents**

115 Rabbit polyclonal antibody against human NGF protein (#2046), rabbit monoclonal antibodies  
116 against human p75NTR protein (#8238, clone D4B3) and human COX-2 protein (#12282, clone  
117 D5H5), and human  $\beta$ -NGF protein (#5521) was purchased from Cell Signaling Technology  
118 (Danvers, MA). Rabbit monoclonal antibody against human TrkA (clone EP1058Y) was  
119 purchased from Abcam (Cambridge, MA). K252a, an inhibitor of Trk family of tyrosine protein  
120 kinases, was obtained from Sigma-aldrich (St. Louis, MO).

121 **Immunohistochemistry**

122 Endometriosis samples were fixed in 4% formaldehyde and embedded in paraffin for  
123 sectioning. Sections were deparaffinized in xylene, rehydrated through gradient ethanol, and  
124 processed for wet heat-induced antigen retrieval in a steamer for 20 min with a modified citrate  
125 buffer (pH 6.1; Dako, Mississauga, ON, Canada). Sections were incubated in 3% H<sub>2</sub>O<sub>2</sub> in  
126 phosphate-buffered saline (PBS) for 30 min at room temperature to quench endogenous  
127 peroxidase, and then blocked with serum-free protein block for 1 hour at room temperature.  
128 Sections were incubated with antibodies against NGF (1:20), TrkA (35ug/ml) and p75NTR (1:20)  
129 overnight at 4°C. Immunoreactivity was detected using the horseradish peroxidase-linked  
130 Envision™ system (Dako, Envision™ + Dual link) and 3,3'-diaminobenzidine chromogen  
131 solution. Exposure time to 3,3'-diaminobenzidine chromogen solution for all slides were 5 min.  
132 Slides were counterstained with Harris hematoxylin (Sigma-Aldrich) for 2 min, dehydrated  
133 through graded ethanol to xylene, mounted in a xylene-based mounting medium, and observed  
134 under a light microscope (Leica, Wetzlar, Germany).

135 Immunohistochemical scoring (Histoscore) was performed as previously described with minor  
136 modifications (17-19). Briefly, all the specimens were scanned under a Leica light microscope at  
137 200× magnification and all fields containing endometriosis glandular epithelial and stromal cells

138 were located. If no more than three fields containing endometriotic tissues were found in each  
139 specimen, all fields were scored. If more than three fields containing endometriotic tissues were  
140 found in each sample, three random fields were scored. The intensity of NGF, TrkA and  
141 p75NTR immunostaining was classified into four categories (0 = negative, 1 = weak, 2 =  
142 moderate, and 3 = strong). Immunostaining was scored in both the glandular epithelial cells and  
143 the stromal cells. The percentage of cells in each cell population with negative, weak, moderate or  
144 strong staining was noted. A Histoscore for each cell population in each field was calculated as  
145 follows: Histoscore =  $0 \times$  percentage of negative staining cells +  $1 \times$  percentage of weak staining  
146 cells +  $2 \times$  percentage of moderate staining cells +  $3 \times$  percentage of strong staining cells. The  
147 Histoscore of each sample was calculated as the mean of the Histoscores from all the scored  
148 fields.

#### 149 **Primary culture of endometriosis stromal cells (ESCs)**

150 The method of isolating and culture primary ESCs has been reported and adopted in our group  
151 (20,21). Endometriotic samples were collected, washed with phosphate-buffered saline (PBS) and  
152 transferred to the laboratory on ice. Fresh endometriotic samples were washed twice with PBS  
153 and dissected to fine pieces using a blazer. The dissected tissue pieces were transferred to a 15ml  
154 Falcon tube and digested with 1mg/ml type I collagenase (Thermo Fisher Scientific, Waltham,  
155 MA) for 60-90 min. Debris and epithelial cells were removed by filtering the digested tissues  
156 using 100  $\mu$ m and 40  $\mu$ m aperture sieves, respectively. Isolated stromal cells were resuspended in  
157 DMEM/F12 medium containing 10% fetal bovine serum and cultured at 37 °C in a humidified  
158 atmosphere containing 5% CO<sub>2</sub>. The purity of ESCs was examined by separately immunostaining  
159 for epithelial marker Cytokeratin 7 (clone OV-TL 12/30, EMDMillipore, Billerica, MA) and  
160 stromal marker Vimentin (ab92547, Abcam). Only cultures that contained more than 99%  
161 Vimentin positive cells were included in our study (data not shown).



162 **Experimental cell culture**

163 Primary endometriotic stromal cells (ESCs) were cultured in phenored-free Dulbecco's  
164 Modified Eagle Medium/F12 medium 1:1 supplemented with 10% FBS and antibiotics (100 U/ml  
165 penicillin and 100 µg/ml streptomycin).  $2 \times 10^5$  cells were seeded in 60 mm diameter tissue culture  
166 dishes 24h before serum starvation. Primary ESCs were incubated with vehicle control (water), or  
167 human  $\beta$ -NGF (50mg/ml) for different times (1h to 24h). Additionally, the primary ESCs were  
168 treated with varying concentrations of  $\beta$ -NGF (0, 1, 10, or 50 mg/ml) for 6h for mRNA collection  
169 or 24h for protein collection. The Trk inhibitor K252a (200nM) was added 1h prior to treatment  
170 with  $\beta$ -NGF (50mg/ml). The cells were maintained at 37°C in a humidified atmosphere with 5%  
171 CO<sub>2</sub>.

172 **RNA extraction and reverse transcription quantitative real-time PCR (RT-qPCR)**

173 RNA was extracted using TRIzol reagent (Thermo Fisher Scientific) and 1 µg of total RNA  
174 was reverse transcribed into first-strand cDNA with a mix of oligo-dT and random primers using  
175 the Applied Biosystems High Capacity cDNA Reverse Transcription Kit (Thermo Fisher  
176 Scientific). RT-qPCR was performed on an Applied Biosystems 7300 Real-Time PCR System  
177 equipped with 96-well optical reaction plates. Each 20 µl reaction contained 1×SYBR Green PCR  
178 Master Mix (Thermo Fisher Scientific), 25ng cDNA and 300 nM of each specific primer. The  
179 primers used were: PTGS-2, 5'-CAA ATT GCT GGC AGG GTT GC-3' (forward), 5'-AGG GCT  
180 TCA GCA TAA AGC GT-3' (reverse); GAPDH, 5'-ATG GAA ATC CCA TCA CCA TCTT-3'  
181 (forward) and 5'-CGC CCC ACT TGA TTT TGG-3' (reverse). The amplification parameters  
182 were 50°C for 2 min, 95°C for 10 min and 40 cycles of 95°C for 15 sec and 60°C for 1 min.  
183 Amplification efficiencies were validated by means of calibration curves, ensuring that the plot of  
184 log input amount vs.  $\Delta$ Cq has a slope  $< |0.1|$ . Each experiment was repeated three times on  
185 different cultures and each sample was assayed in duplicate. A mean value was used for the

186 determination of mRNA levels by the comparative Cq method with GAPDH as the reference  
187 gene and using the formula  $2^{-\Delta\Delta Cq}$ .

### 188 **Western blot analysis**

189 Cells were washed twice in cold PBS prior to being lysed with Cell Extraction Buffer (Thermo  
190 Fisher Scientific). Supernatants were collected following centrifugation at 15,000×g for 15 min  
191 and protein concentrations were quantified using the DC protein assay (Bio-Rad Laboratories,  
192 Hercules, CA). Equal amounts (30 µg) of protein were subjected to 8% SDS-polyacrylamide gel  
193 electrophoresis and transferred to nitrocellulose membranes (GE Healthcare, Little Chalfont,  
194 United Kingdom). Membranes were immunoblotted with primary antibodies against COX-2  
195 (1:1000) or β-actin (0.2µg/ml) overnight at 4°C. Following incubation with horseradish  
196 peroxidase-conjugated secondary antibody (Santa Cruz Biotechnology, Santa Cruz, CA),  
197 immunoreactive bands were detected using enhanced chemiluminescence substrate (ECL,  
198 Thermo Fisher Scientific) and CL-XPosure film (Thermo Fisher Scientific). Films were scanned  
199 and quantified by densitometry using GeneTools software (Syngene, Frederick, MD) and all data  
200 were normalized against β-actin.

### 201 **Prostaglandin E2 (PGE2) enzyme linked immunosorbent assay (ELISA)**

202 Culture supernatants from ESCs were collected and centrifuged at 2000 rpm for 5 min to  
203 remove debris. PGE2 ELISA was performed following the instruction of PGE2 Parameter Assay  
204 Kit (R&D Systems, Minneapolis, MN). The assay was based on the competitive binding of PGE2  
205 in the supernatants with horseradish peroxidase-conjugated PGE2 for limited binding sites on a  
206 mouse monoclonal antibody. Each sample was assayed in duplicate and an average was used as  
207 the PGE2 concentration in a given sample. The concentration of PGE2 in culture supernatants  
208 from control sample was normalized to 1 and all values from treatment groups are relative values  
209 in comparison to control.

210 **Statistical Analysis**

211 Histoscore results are presented as the mean  $\pm$  SD and were analyzed by non-parametric Mann-  
212 Whitney test. Spearman's correlation of nerve bundle density and Histoscore was performed  
213 using SPSS software (IBM Corporation, Armonk, NY). Cell-based experiment results are  
214 presented as the mean  $\pm$  SEM and were analyzed by Student's t-test or one-way ANOVA  
215 followed by Tukey's multiple comparison test using GraphPad Prism 5 software (GraphPad  
216 Software, San Diego, CA). Results are considered significant if  $P < 0.05$ .

217

218 **RESULTS**

219 **Immunolocalization of NGF, TrkA and p75NTR in endometriotic tissues from women with**  
220 **or without dyspareunia**

221 First, we sought to examine the immunolocalization of NGF and its receptors TrkA and  
222 p75NTR in endometriotic tissues from women with deep dyspareunia (cases) or without deep  
223 dyspareunia (controls). NGF protein was immunolocalized in the cytoplasm of both  
224 endometriotic stroma and epithelium from women with deep dyspareunia (Fig 1. A and B) or  
225 without deep dyspareunia (Fig 1. C and D). Additionally, positive immunoreactivities of TrkA  
226 were observed in endometriotic stroma and epithelium from women with (Fig 1. E and F) or  
227 without (Fig 1. G and H) deep dyspareunia. Similarly, p75NTR protein was also  
228 immunolocalized in endometriotic stroma and epithelium from women with (Fig 1. I and J) and  
229 without (Fig 1. K and L) deep dyspareunia.

230 **Elevated NGF, TrkA and p75NTR protein levels in endometriotic tissues from women with**  
231 **dyspareunia.**

232 Next, the immunohistochemistry staining intensities of NGF, TrkA and p75NTR proteins in  
233 endometriotic stroma and epithelium from the 18 cases with deep dyspareunia and the 16 controls  
234 without deep dyspareunia were evaluated using HistoScore methods. Significantly elevated NGF  
235 immunoreactivity was observed in both endometriotic epithelium (Fig 2. A,  $P=0.004$ ) and  
236 endometriotic stroma (Fig 2. B,  $P=0.007$ ) from women with deep dyspareunia compared to the  
237 women without deep dyspareunia. Additionally, the immunoreactivity of TrkA from the women  
238 with deep dyspareunia was significantly increased in endometriotic epithelium (Fig 2. C,  $P=0.004$ )  
239 and endometriotic stroma (Fig 2. D,  $P<0.001$ ) compared to women without deep dyspareunia.  
240 Similarly, significantly increased p75NTR immunostaining intensity was also observed in

241 endometriotic epithelium (P=0.027) and endometriotic stroma (P=0.049) from women with deep  
242 dyspareunia compared to women without deep dyspareunia.

243 **NGF expression in ESCs are correlated with nerve bundle density in endometriotic tissues**  
244 **and severity of dyspareunia**

245 In our previous study, nerve bundle density was assessed in this same cohort. (11). Utilizing  
246 these existing data, we further investigated the correlation between NGF/TrkA/p75NTR  
247 expression and nerve bundle densities in endometriotic tissues, with the nerve bundle density  
248 corrected for the amount of endometriotic epithelium/stroma. As shown in Table 1, the NGF  
249 Histoscore in endometriotic stroma was significantly correlated with higher nerve bundle density  
250 (n=30, P<0.001).

251 We also compared NGF/TrkA/p75NTR expression to the severity of deep dyspareunia  
252 reported by the women (0-10) (Table 1). NGF Histoscores in endometriotic stroma (n=30,  
253 P=0.008), the TrkA Histoscores in endometriotic epithelium (n=30, P=0.048) and endometriotic  
254 stroma (n=30, P=0.005), and the p75NTR Histoscores in endometriotic stroma (n=30, P=0.027)  
255 were significantly correlated with more severe deep dyspareunia (Table 1).

256 **NGF increases PTGS-2 (COX-2) expression and PGE2 secretion in ESCs.**

257 We further investigated whether NGF could stimulate PTGS-2 (COX-2) expression and PGE2  
258 expression in primary cultures for endometriotic stromal cells (ESCs). Primary ESCs were treated  
259 with 50ng/ml NGF at different time points (0, 3, 6, 12 and 24h), and the mRNA levels of PTGS-2  
260 was significantly elevated at 6, 12 and 24h compared to time-matched controls (Fig 3. A).  
261 Treatment of primary ESCs with NGF at concentrations of 10 and 50ng/ml, but not at 1ng/ml,  
262 significantly increased the mRNA levels of PTGS-2 at the 12h time point (Fig 3. B). At the  
263 protein level, 50ng/ml NGF treatment significantly increased COX-2 expression in ESCs at 6, 12

264 and 24h (Fig 3. C). Additionally, COX-2 protein levels were significantly increased at 24h after  
265 treatment of 10ng/ml and 50ng/ml NGF, but not 1ng/ml NGF (Fig 3. D).

266 COX-2 plays important roles in the biosynthesis of PGE2. We further studied whether NGF  
267 could stimulate PGE2 secretion in cultured ESCs. NGF at a concentration of 50ng/ml could  
268 significantly increase the PGE2 protein levels in ESC conditioned medium at 24h after treatment  
269 (Fig 3.E).

270 **Trk inhibitor K252a abolishes NGF induced COX-2 expression and PGE2 secretion.**

271 A pan Trk inhibitor K252a was used to investigate the involvement of Trk in NGF-induced  
272 COX-2 and PGE2 secretion. Pre-incubation of 200nM K252a for 1h significantly attenuated  
273 NGF-induced PTGS-2 mRNA levels (Fig 4. A) and COX-2 protein levels (Fig 4. B) at 12h and  
274 24h after NGF treatment, respectively. Importantly, K252a at 200nM also abolished NGF-  
275 stimulated PGE2 secretion in ESCs at 24h after NGF treatment (Fig 4. C).

276

277 **DISCUSSION**

278 In this blinded study, we reported on the expression of an important neurogenesis-related  
279 factor, NGF, and its receptors TrkA and p75NTR in endometriosis of the cul-de-sac/uterosacrals.  
280 We found that NGF/TrkA/p75NTR expression was significantly higher in women with deep  
281 dyspareunia compared to women without deep dyspareunia. Moreover, we found evidence that  
282 this relationship may be mediated by an increase in nerve bundle density (local neurogenesis) and  
283 by NGF-induced PGE2 expression in cultured endometriotic stroma (local inflammation).

284 Strengths of the study include the rigorous phenotyping of the cases and controls. First, we  
285 focused on endometriosis of the cul-de-sac/uterosacrals, which was previously shown to be the  
286 anatomic location most associated with deep dyspareunia, and excluded advanced Stage (IV)  
287 endometriosis where deep dyspareunia is likely related in part to adhesions. In addition, the  
288 symptom of deep dyspareunia was reproduced objectively by the demonstration of tenderness on  
289 endovaginal ultrasound-assisted palpation of the cul-de-sac/uterosacrals. On the other hand, in  
290 women without deep dyspareunia, there was no tenderness on endovaginal ultrasound-assisted  
291 palpation of the cul-de-sac/uterosacrals. We also had pain severity scores for deep dyspareunia  
292 (0-10). Furthermore, the experiments were done blinded to the phenotypes. On the other hand, a  
293 limitation is that the first component of the study was retrospective, and thus although  
294 immunohistochemistry was feasible on the formalin-fixed paraffin-embedded tissues, we could  
295 not assess RNA expression between the women with and without deep dyspareunia. Similarly,  
296 the cultured endometriotic stromal cells were prospectively obtained from other women, and not  
297 from the same women in the retrospective study.

298 NGF in peritoneal fluid from women with endometriosis has been shown to promote neurite  
299 outgrowth using an *in vitro* chicken dorsal root ganglia culture model (22,23). Additionally, NGF  
300 levels in peritoneal fluid was reported to be elevated in women with more severe dyspareunia

301 after an arbitrary cut-off point was selected to remove all the samples containing low NGF levels  
302 (15). Though the above studies provided evidence about the potential involvement of NGF in  
303 nerve growth and pain in endometriosis, our study is the first to show direct association between  
304 NGF levels and local nerve density in endometriotic tissue from women with deep dyspareunia,  
305 which we found most strongly for NGF expression in endometriotic stroma.

306 Noticeably, our finding of abundant immunoreactivity of NGF, TrkA and p75NTR in  
307 endometrial stroma and epithelium is mostly in consistent with an earlier study by Wang et.al  
308 (14). However, Wang et.al reported that p75NTR was expressed in endometriotic epithelium but  
309 not endometriotic stroma, and we have immunolocalized p75NTR to both tissue types. This  
310 difference may due to diverse sensitivity caused by distinct antibodies used in  
311 immunohistochemistry.

312 Our results also suggest that NGF may stimulate COX-2/PGE2 signaling, which is a critical  
313 component of inflammation-induced pain in endometriosis (1). To our knowledge, our study is  
314 the first to investigate the function of NGF in modulating gene expression in human  
315 endometriotic cells. In agreement with our results, a recent study observed that treatment with  
316 C2C12 muscle cells with NGF resulted in an increase of PGE2 secretion (24). In addition, an  
317 animal study also found that incubation with NGF significantly increased PGE2 secretion using  
318 an *ex vivo* rabbit uterus culture (25). Interestingly, PGE2 has been found to powerfully induce  
319 NGF secretion in mouse astrocytes cells and bone-marrow derived mast cells, suggesting PGE2  
320 could be either upstream or downstream of NGF signals in different cells types (26,27).

321 Though inhibition of NGF-induced COX-2 expression and PGE2 secretion by pre-treatment of  
322 K252a may suggest the involvement of Trk receptors, the potential signaling and transcription  
323 factors that mediates this effect is still largely unknown. For example, NGF has been found to  
324 trigger MAP kinases and AKT phosphorylation though activating TrkA receptor in mouse



325 pheochromocytoma PC12 cells (28). Meanwhile, p75NTR has also been known to be involved in  
326 NGF-induced NF $\kappa$ B signaling in neuroblastoma cells (29). NGF also stimulates transcription  
327 factor AP-1 expression in PC12 cells (30). A previous study has also suggested that AP-1  
328 transcriptionally regulates COX-2 (31). Thus, whether AP-1 transcription factor participates in  
329 NGF-induced COX-2 expression may warrant further investigation.

330 Our study supports future investigation of the role of NGF/TrkA/p75NTR inhibition in the  
331 treatment of endometriosis pain such as deep dyspareunia. Future studies will be performed to  
332 examine whether additional NGF-inhibition approaches, especially therapeutic drugs under  
333 development, could antagonize NGF-induced local neurogenesis and COX-2 expression and  
334 PGE2 secretion in endometriosis. One possibility is tanezumab, an monoclonal antibody against  
335 human NGF, which was found to improve pelvic pain in women with bladder-related pain (32).

336 Taken together, our results indicate that elevated NGF and its receptor levels are found in cul-  
337 de-sac/uterosacral endometriotic tissues from women with deep dyspareunia. NGF expression in  
338 endometriotic stromal cells was also correlated with nerve bundle density and the severity of deep  
339 dyspareunia. Additionally, NGF elicits biological functions in endometrial stromal cells by  
340 stimulating COX-2 and PGE2 production. All of above may suggest that NGF signaling may play  
341 important role in the pathogenesis of endometriosis-related pain such as deep dyspareunia.

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444 **FIGURE AND TABLE LEGENDS**

445 **Figure 1. Immunolocalization of NGF, TrkA and p75NTR in endometriotic epithelium and**  
446 **stroma from women with or without deep dyspareunia.** Representative images showing the  
447 immunolocalization of NGF (A, B, C and D), TrkA (E, F, G and H) and p75NTR (I, J, K and L)  
448 in endometriotic tissues. Specimens from women with or without dyspareunia were labeled as  
449 Cases (n=18) or Controls (n=16), respectively.

450 **Figure 2. Comparison of NGF, TrkA and p75NTR Histoscores in endometriotic epithelium**  
451 **and stroma between women with or without deep dyspareunia.** Dotplot representing the  
452 Histoscore of NGF (A and B), TrkA (C and D), and p75NTR (E and F) in endometriotic  
453 epithelium and stroma between Cases (women with deep dyspareunia, n=18) and Controls  
454 (women without deep dyspareunia, n=16). Results are presented as the mean  $\pm$  SD and analysed  
455 by Mann-Whitney U-test.

456 **Figure 3. NGF induces PTGS-2/COX-2 expression and PGE2 secretion in primary**  
457 **endometriotic stromal cells (ESCs).** Primary ESCs were treated with vehicle control (Ctrl) or  
458 50ng/ml human  $\beta$ -NGF for 1, 3, 6, 12 or 24h, after which PTGS-2/COX-2 mRNA (A) and protein  
459 (C) were examined by RT-qPCR and Western blot, respectively. Additionally, primary ESCs  
460 were treated with  $\beta$ -NGF at different concentrations (0, 1, 10 or 50 ng/ml) for 12h for PTGS-  
461 2/COX-2 mRNA (B) and 24h for PTGS-2/COX-2 protein (D). Moreover, condition medium were  
462 collected at 48h after treatment of primary ESCs with vehicle control or 50ng/ml human  $\beta$ -NGF,  
463 and PGE2 levels (E) in the condition medium were analysed by ELISA. GAPDH and actin were  
464 used to normalize RT-PCR and Western blot results, respectively. Results are presented as the  
465 mean  $\pm$  SEM of three independent experiments (n=3, \*=P<0.05, one-way ANOVA followed by  
466 Tukey's test for A-D, Student's t-test for E).

467 **Figure 4. Trk inhibitor K252a attenuates NGF-induced PTGS-2/COX-2 expression and**  
468 **PGE2 secretion.** Primary ESCs were treated with or without 50ng/ml  $\beta$ -NGF in the absence or  
469 presence of 200nM K252a. PTGS-2/COX-2 mRNA (A) at 12h and protein (B) at 24h were  
470 examined by RT-qPCR and Western blot, respectively. Secreted PGE2 protein levels (C) in  
471 condition medium were examined by ELISA at 48h after co-treatment of  $\beta$ -NGF and K252a.  
472 GAPDH and actin were used to normalize RT-PCR and Western blot results, respectively.  
473 Results are presented as the mean  $\pm$  SEM of three independent experiments (n=3, \*=P<0.05, one-  
474 way ANOVA followed by Tukey's test).

475 **Table 1. Spearman's Correlation between NGF/TrkA/p75NTR Histoscores and intensities**  
476 **of deep dyspareunia as well as nerve bundle densities in endometriotic samples.**

Spearman's correlation	Correlation Coefficient	Significance (2-tailed)	N	Correlation Coefficient	Significance (2-tailed)	N
	Intensity of deep dyspareunia (0-10)			Nerve bundle density (bundles/high powered field)		
NGF Histoscore in endometriotic epithelium	.35	.06	30	.21	.27	30
NGF Histoscore in endometriotic stroma	.47 <sup>**</sup>	.008	30	.56 <sup>**</sup>	.001	30
TrkA Histoscore in endometriotic epithelium	.36 <sup>*</sup>	.048	30	.29	.12	30
TrkA Histoscore in endometriotic stroma	.50 <sup>**</sup>	.005	30	.29	.12	30
p75NTR Histoscore in endometriotic epithelium	.27	.15	30	.11	.57	30
P75NTR Histoscore in endometriotic stroma	.40 <sup>*</sup>	.027	30	-.11	.55	30